

SUN VIEWS

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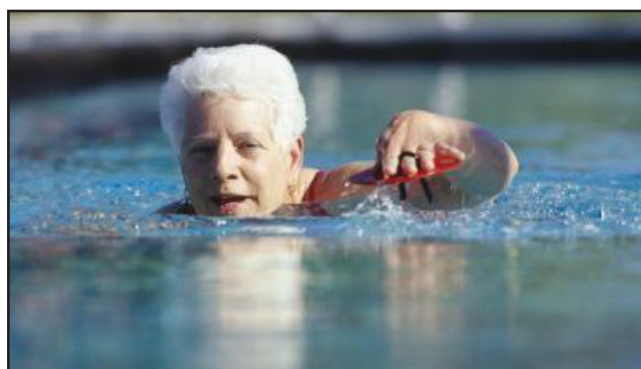
SUN CITY
ARIZONA
RECREATION CENTERS
OF SUN CITY

Maintaining “Healthy Swimming” Standards

Safe and healthy swimming is one of the hallmarks at RCSC's seven recreation centers and Cardholders and their guests are a key component to healthy pool and spa sanitation.

While all recreational pool facilities must comply with Maricopa County Department of Environmental Health rules and regulations, RCSC goes above and beyond those requirements to ensure the wellbeing of swimmers, bathers and walkers alike that use the pools and spas.

Although public health code requires only one reading each day to test for chlorine, alkaline and PH levels, RCSC goes even further by testing four times per day at each of the RCSC Center's pools and spas. Chemicals may need to be added and adjustments are made as necessary to maintain correct water balance.



In addition, all RCSC pools and spas are equipped with Ultra Violet (UV) Light Systems which not only reduce the amount of chlorine needed but quickly sterilize or eliminate any bacteria in the water. During this process, pool water is channeled through a full pipe UV System and is sanitized before returning to the pool or spa.

But all the chemicals, treatment and testing can't keep all of the pools healthy and sanitary all of the time. Swimmers must be active participants in helping with these efforts.

With the continued help and support from Cardholders and their guests, RCSC will be able to maintain healthy swimming pools and spas for everyone's enjoyment by following these simple guidelines:

- Don't swim if you have diarrhea. Doing so can spread germs and make other people sick!
- Stay out of the water for at least two weeks after symptoms disappear.
- Avoid getting pool water in your mouth; and if you do, don't swallow.
- Always practice good hygiene. Onsite showers are required before entering any swimming pool or spa.
- Take frequent bathroom breaks and thoroughly wash your hands after using the restroom.
- If you see fecal matter, immediately report it to the on-duty Facility Attendant so that proper measures can be taken.

RCSC staff are responsible for all pool maintenance and sanitation management. Certified Pool Operators are on-staff at all RCSC Centers whose responsibilities include water testing and equipment maintenance. In addition, there are now five members on RCSC staff who have successfully completed the required testing and have received their Aquatics Facility Operator Certification ensuring our that facilities continue to be operated for your utmost enjoyment and protection by providing clean and sanitized aquatic facilities for all Cardholders and their guests.

“With everyone's continued commitment to keeping RCSC pools clean, Healthy Swimming in Sun City AZ is here to stay!” remarked Jim Wellman, RCSC Assistant General Manager.

More information regarding healthy swimming can be found online at the Center for Disease Control website: <http://www.cdc.gov/healthywater/swimming/>.

Note: RCSC Cardholders are reminded that the Sundial pools and fitness facilities are closed for renovation through mid-September. Please use other centers for your aquatic and fitness needs and enjoyment.

there are some things you would rather NOT share...



Shower before swimming.

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Cardholder Services

Lakeview Center

Monday - Friday

8:30 am to 4:00 pm

First Saturday of each month

9:00am to noon



Want a Bigger Voice in Sun City AZ?

Run for the Board; RCSC Candidate Packets Now Available

Several RCSC Members have already stepped up and are committed to giving back to the community by picking up candidate packets for the upcoming Board of Directors elections. Don't miss your opportunity to make a real and lasting difference in Sun City AZ.

Meanwhile, many who have already picked up candidate packets are busy visiting various clubs and events, collecting the required signatures from fellow Members. There will be three vacancies to fill in this year's December election, with each being a three year term.

Candidate packets are still available and those interested in obtaining a packet must make this request in person at the Lakeview Corporate/Board Office (lower level) and present their RCSC Member card. The deadline for packet submissions is noon on Friday, September 30, 2016.

Requirements to become a RCSC Board candidate:

- Must be at least fifty-five (55) years of age;
- Must not be related by marriage or birth to any other member of the Board, Sr. Management Staff, or Board Candidate;
- Must be a Deeded Real Estate Owner of property in Sun City, Maricopa County, Arizona;
- Must be a Member in good standing;
- Must reside in Sun City, Arizona and be available at least ten (10) months of the year;

- Must meet the requirements to hold an Arizona liquor license (RCSC holds liquor licenses which require Board officers to be included on the licensing);
- Must be eligible and available to serve a three (3) year term; and
- Must be available to attend Board Candidate Orientation(s).

Candidates must also submit a fully completed RCSC petition, signed by 100 or more Members in good standing, along with all other forms provided in the RCSC Candidate Packet.

A successful candidate will:

- Have a strong desire to serve Sun City;
- Be fair and courteous;
- Use good common sense;
- Have good communication skills;
- Be willing to work as part of a team;
- Ability to prioritize - both policy and projects - which will have the greatest benefit for the most members; and
- Be willing and able to dedicate the necessary hours to be an effective Director.

Candidates will be introduced at both the October and November Board meetings and candidate forums that will be held in the fall. Forum locations and dates will be announced at a later time.

For more information, please contact the Board Office at 623-561-4620 or email boardoffice@sunaz.com.

RCSC Proudly Announces the 2017 Sundial Concert Series

The great entertainment continues as we proudly announce the line-up for the 2017 Sundial Concert Series. We'll continue to have reserved seating in the Sundial Auditorium for all of these great shows so there's no more need to arrive early and wait in line! Relax and enjoy these fantastic performances at an unbelievable price – all right here in Sun City AZ!

Season tickets will be available to RCSC Cardholders only for \$154 (that's just \$14/show) and will be sold from November 1-30 only at the Lakeview Clubs Office or by phone (623-561-4660) using Visa, MasterCard or Discover (no voice mail or email orders accepted). Single Concert Ticket Sales to RCSC Cardholders only will begin Thursday, December 1, 2016; tickets will be \$17 per person for individual shows. Beginning January 2, 2017, non-RCSC Cardholders may purchase tickets (depending upon availability) for \$20 per person. Please note that tickets are transferable but that all ticket sales are final; no exchanges or refunds.

Journey Unauthorized
Wednesday, January 11, 2017 at 7pm

Tribute to The Righteous Brothers
Wednesday, January 25, 2017 at 7pm

Strait Country - George Strait Tribute
Wednesday, February 1, 2017 at 7pm

The "Original" Grass Roots
Wednesday, February 8, 2017 at 7pm

Fairchild Blues - Blues Brothers Tribute
Wednesday, February 15, 2017 at 7pm

Yesterday – Beatles Tribute
Wednesday, February 22, 2017 at 7pm

Desperado – Eagles Tribute
Wednesday, March 1, 2017 at 7pm



Bee Gee's Gold
Wednesday, March 8, 2017 at 7pm


Bobby Wilson (Son of Legendary Jackie Wilson)
Wednesday, March 15, 2017 at 7pm

Tina Turner Tribute by Cookie Watkins
Wednesday, March 22, 2017 at 7pm

The Heart of Rock & Roll – Huey Lewis Tribute
Wednesday, Marcy 29, 2017 at 7pm




** Season Tickets are transferrable for those not able to attend all shows!





Great entertainment
for a great price!

Season Ticket Sales
Begin on November 1



Please note: We will no longer be having gourmet food vendors prior to ticketed Sundial concerts. RCSC Cardholders are welcome to bring their own beverages and snacks to these shows.

Please respect others by arriving early so that there will be adequate time to be seated prior to the show start time. Those arriving late may not be seated once the show has begun.

Dive-In Movie



& Ice Cream
Social

Saturday, August 13
Mt. View Pool

Fun begins @ 6pm; Movie begins @ Dusk
featuring DreamWorks "Home"



Free for RCSC Cardholders & their escorts guests
Children are encouraged to attend!

When Oh, a loveable misfit from another planet, lands on Earth and finds himself on the run from his own people, he forms an unlikely friendship with an adventurous girl named Tip who is on a quest of her own. Through a series of comic adventures with Tip, Oh comes to understand that being different and making mistakes is all part of being human. And while he changes her planet and she changes his world, they discover the true meaning of the word HOME.

Rated: PG | 93 minutes

Cast: Jim Parsons, Rihanna, Steve Martin, Jennifer Lopez, Brian Stepanek

Please be prepared to show your RCSC Member or Privilege Card; no key fobs accepted!



Corporate Office

Lakeview Center
10626 W. Thunderbird Blvd.
623-561-4600

www.sunaz.com
www.suncityaz.org

Member Services (Clubs) Office

Lakeview Center
623-561-4660

Cardholder Services Office

Lakeview Center
623-561-4603

Recreation Centers

Bell Center: 623-876-3040
16820 N. 99th Ave.

Fairway Center: 623-876-3044
10600 W. Peoria Ave.

Lakeview Center: 623-561-4675
10626 W. Thunderbird Blvd.

Marinette Center: 623-876-3054
9860 W. Union Hills Dr.

Mountain View Center: 623-876-3042
9749 N. 107th Ave.

Oakmont Center: 623-876-3046
10725 W. Oakmont Dr.

Sundial Center: 623-876-3048
14801 N. 103rd Ave.

Sun Bowl Amphitheatre
10220 N. 107th Ave.
(weather recording)
623-972-6014

Softball Field
10220 N. 107th Ave.

Duffeland Dog Park
14610 N. Del Webb Blvd.

Sun City Visitors Center
1-844-4 SUN CITY or 623-977-5000
Located in the Bell Center at
16824 N. 99th Ave.

Renovations May Cause Some Restrictions

Due to closure of the Sundial pool and fitness areas (renovations continue through mid-September), RCSC Cardholders are advised that access may be limited at other facilities in order to accommodate all scheduled club and class activities. Oakmont and Fairway will be most impacted and Cardholders are advised to contact these Centers in advance to confirm open swim availability. We appreciate your cooperation and understanding as we strive to meet the needs of all during this period.

Throughout August, Cardholders should also note that the Movies will continue to be shown on Wednesdays in the Sundial East Hall while the Marinette Auditorium, kitchen and restrooms are under renovation. This work should be completed in early September. All club

activities normally held in this Auditorium have been rescheduled or relocated during this period.

Several other renovation projects are continuing and RCSC Management and staff are working diligently to inform Cardholders of any impacts that may occur. It is strongly advised that Cardholders sign-up to receive RCSC News Email Alerts at suncityaz.org under the Recreation Centers tab, in order to get the most accurate and up-to-date information regarding these and other projects as they occur over the next several months.

Labor Day Holiday Changes CHS Saturday Hours

RCSC Cardholders are reminded that Cardholder Services will be closed the first Saturday in September in observance of Labor Day; however, the office will be open on Saturday, September 10 from 9:00a.m. to noon for your convenience.

Cardholder Services is located on the lower level of the Lakeview Center. Normal office hours are Monday through Friday from 8:30a.m. to 4:00p.m.

In addition, all RCSC Offices and the Sun City Visitors Center will be closed on Monday, September 5, 2016 in observance of this holiday as well.

All recreation centers will be open normal operating hours on Labor Day, with summer hours ending at close of business, September 5.

Golf Report

Pro Shops

Total rounds for May were flat compared to prior year; however, revenue did increase. The percentage of public play year-to-date has increased slightly from prior year; year-to-date public play represents 5.7% of total rounds played. For the year 173,353 rounds have been played on our courses.

With longer daylight hours, this is the time of year we like to remind our residents that “After 5:00pm” cards are available for purchase in the pro shops. The cards allow residents to play after pro shops are closed for the day. Cards are sold for \$44 to RCSC Cardholders and for \$12 to RCSC Cardholders that purchase the surcharge pass on an annual basis. Please remember to carry your “After 5:00pm” card during your round as they serve as your receipt should a Ranger be on duty. Irrigation start times vary by the efficiency of each course’s irrigation system, this time of year they are set for as late a start as possible.

In addition to the “After 5:00pm” cards, range balls are also available after hours for those holding a range card. Range cards are sold in various increments and allow the holder to utilize the range ball machines and bypass the pro shop counter. Range balls will not be available after hours on days the range is closed early for clean pick.

Golf Courses

The Lakes East renovation project is well underway, with the irrigation portion running ahead of schedule. The main line has been laid around the entire course and lateral lines have been placed around the entire back nine. The week of June 27 lateral line work began on holes #1, #2 and #3. Landscaping work has begun near the restrooms on hole #14 and progress from there towards the front 9. Plans for the project are on display in the Lakes East/Lakes West pro shop for those interested in the project.

The lake renovation on Willowbrook is progressing according schedule. The lake liner began installation on June 23 and is scheduled to be finished June 30. The next steps of the project are to install the new pump station, tie into the irrigation system, concrete the shoreline, install the lake aerators/fountains and tie all components into the electrical panel. The new pump is scheduled to be online mid-July. The Willowbrook lake renovation is an integral piece of the Willowcreek/Willowbrook irrigation project scheduled for 2017. Unfortunately, this project has had significant impact on the course conditions for both Willowcreek and Willowbrook. The sudden change from mild May temperatures to temperatures in excess of 115 degrees brought a sudden and harsh transition. With only one pump station online our ability to combat this sudden

transition is greatly diminished. You are probably asking yourself, “Didn’t they know it was going to be hot in June?” We did and we knew we would have challenges with watering, but also knew that completing this part of the project early was the safest route to take long term. The irrigation project for Willowcreek/Willowbrook will include 18 new greens that also need to be planted during the warmest part of the year and need to be fully planted by mid-July to ensure they have enough time to become established prior to dormancy in the fall. No one on the golf staff is happy with the conditions on Willowcreek/Willowbrook, but we would be much less happy if a delay in the project next year would have impacted the total renovation.

Though the Willowcreek/Willowbrook water issues were anticipated, the other courses have had their share of unplanned water issues. South has had two separate issues with a well pump, that greatly diminished our ability to water, the issue is resolved though watering of the extreme perimeters of the course is still reduced to allow our lake levels to normalize. North had an issue with a 400 amp breaker to a well pump. North is particularly vulnerable due to only having one source of water. Water to the course needed to be reduced to allow the lake level to normalize. As with South, the areas that suffer the most are the extreme perimeters, greens will always be given the highest priority. Quail experienced an issue with a 60hp pump station motor, also resulting in diminished watering. Our water issues, coupled with a harsh transition, have resulted in extremely dry conditions.

Snack Shops

Snack shop hours have now changed to summer operating hours and now close at 1:00pm. The pro shops have a limited selection of beverages and snacks available for sale after the snack shops close.

We remind everyone that alcohol consumed on the courses is required by law to be purchased through the snack shop or the pro shop. In addition, we are required by law to remove a patron should the patron drink to the point of obvious intoxication. If asked to leave, the patron must do so within 30 minutes. We want everyone to have a good time, but ask that you do so in a responsible manner for your safety as well as others.

Lawn Bowl and Grounds

Our summer agronomic practices began the week of June 20 with green aerification. An important part of this summer’s program is reestablishing the turf in the wear areas of the Bell greens and laser leveling the green to remove the uneven draw in several of the rinks. The leveling will be completed by Barkshire Laser Leveling.



RCSC’s 8 Golf Courses

Lakes East: (623) 876-3023
Closed for Renovation

Lakes West: (623) 876-3020
10433 Talisman Rd

North: (623) 876-3010
12650 N. 107th Ave.

South: (623) 876-3015
11000 N. 103rd Ave.

Willowbrook: (623) 876-3033

Willowcreek: (623) 876-3030
10600 N. Boswell Blvd.

Quail Run: (623) 876-3035
9774 W. Alabama Ave.

Riverview: (623) 876-3025
16401 N. Del Webb Blvd.

RCSC’s 5 Snack Shops

Menu Available at
sunaz.com/snack-shops/

August Snack Shop Hours
Open Daily 6am - 1pm



Volunteer Ranger Program

For more information about joining our program, please contact Chris Linam, Pro Shop Manager, at 623-876-3025 or email at clinam@sunaz.com. Next meeting is Thursday, September 29 at 1pm in Talisman Hall.

Remaining 2016 Aerification Dates Courses will be closed

Greens Aerification/Fairway Verticutting

Monday - Thursday	July 25-28	Willowcreek
Thurs, Fri & Mon, Tues	July 28-29 & Aug 1-2	Riverview



Course Consulting Service
ON-SITE VISIT REPORT



Check it out online at
www.suncitygolfing.com
under the “Resources” tab

Upcoming Bowling Tournaments

Century Doubles at Bell Lanes

Sunday, August 14, 2016

Qualifying • 9am | Finals • Noon | Entry Fee: \$50

Open to any USBC Certified Member | Doubles Partners Ages Must Total 100

No-Tap Tournaments at Lakeview Lanes

Every Saturday at 4:45pm • Cost: \$11

Colored Pins | 3-6-9 Pots | Mystery Scores

** All bowlers must be signed up no later than 2pm on the day of the tournament.*

Summer No-Tap Tournaments at Bell Lanes

July 31 & August 28 at 1pm • Cost: \$12

High Game | 3-6-9 Pots | Mystery Scores

RCSC Bowling Centers Locations & Hours

Summer Bowling Hours & Rates Now in Effect

Lakeview Lanes
10502 W. Thunderbird Blvd.
623-876-3055

Monday-Saturday: 8am-8pm | Sunday: Noon-6pm

Billiards at Lakeview
Lanes, too!



Darts, Shuffleboard &
Billiards at Bell Lanes!

Bell Lanes
16810 N. 99th Ave.
623-876-3050

Monday-Saturday: 8am-8pm | Sunday: Noon-7pm

Summer Bowling Rates - Cardholders: \$1.90 | Guests: \$2.15 (per Game)

Bell Lanes Closed August 22-28

Sun City AZ bowlers are advised that Bell Lanes will be closed from Monday, August 22 through Sunday, August 28, 2016 while underlayment is replaced under each lane to prevent the cracking of the synthetic lane panels.

This closure also effects darts, shuffleboard and billiards at Bell Lanes. Memo's Bistro will remain open. Bowlers and pool players are encouraged to visit Lakeview during this period. All functions at Bell Lanes will open for business as usual on Monday, August 29.

We appreciate your patience and understanding as we complete this important and necessary RCSC maintenance project.

Fridays = FUN DAY at Lakeview Lanes

Cost: \$10 per person
Fun starts at Noon
Color Pins = \$\$\$ + Prizes

Get signed up today!

Get ready for some great times this fall at both RCSC Bowling Centers.

Pick a day, pick a time, pick a center - we've got lots of league options for you to choose from.

Stop by either Lakeview or Bell Lanes and get signed up today.

Team & individual spaces still available!

"One of the advantages bowling has over golf is that you seldom lose a bowling ball."
- Don Carter



Memo's Bistro

Inside Bell Lanes
623-933-8261

**** Wednesday & Friday ****

All-You-Can-Eat Alaskan Cod Fish Fry
with Cole Slaw & Potato Wedges

\$9.99

RESTAURANT HOURS:
M-F: 7am-8pm; Sa & Su: 7am-2pm

George's Lakeview Cafe

Restaurant Hours:
M-Sat 7am-8pm; Sun 7am-6pm
Inside Lakeview Lanes
623-876-3057

From our Family to Yours!
\$1.29 Coffee
with any Breakfast, Lunch or Dinner

Fish 'n Chips \$8.99
9 Ounces of Cod, Coleslaw & Potato
Wednesday & Friday



RCSC Travel & Tours

Make your plans now to get-away!

RCSC works exclusively with tour providers who offer travel opportunities that promise to meet or exceed your expectations. With safety and comfort in mind, each trip is planned to the last detail, ensuring your experience is a memorable one. Detailed itineraries for each trip are available that include all information on travel arrangements, which meals are provided (if applicable), tours scheduled and the like. Whether your getaway includes a flight across the country or a leisurely motorcoach ride to one of the area's outstanding tourist attractions, you'll find traveling with RCSC tours a great value for your vacation dollar!

Tours can be purchased Monday through Friday in the Lakeview Clubs Office or by phone from 8:30am to 4:00pm. Visa, MasterCard, Discover, cash or checks accepted. Tours are for RCSC Cardholders and their guests only. Cardholders should have member card available, must accompany each trip and may purchase a maximum of six tickets. Day tours depart from Bell Center. All tours are non-refundable. Please inquire about trip cancellation protection offered by All Aboard America (AAA) and Free Spirit Vacations (FSV) for overnight tours. Call 623-561-4660 for more details or visit www.sunaz.com/travel where you can now find the complete itinerary for every trip!

Overnight Trips

August 29-September 1, 2016 (Monday-Thursday)
Pageant of the Masters | AAA
\$799pp double | \$1,099pp single |
\$200pp deposit

September 15-18, 2016 (Thursday-Sunday)
USA Fleet Week – San Diego and Yuma | FSV
\$625pp double | \$825pp single | \$100pp deposit

September 29 – October 3, 2016 (Thursday-Monday)
Boston & New Hampshire | AAA
\$2,195pp double | \$2,495pp single | Includes airfare | \$250pp deposit;
balance due August 19



October 4-7, 2016 (Tuesday-Friday)
2016 Albuquerque Balloon Fiesta | AAA
\$845pp double | \$1,145pp single | \$200pp deposit;
balance due September 1

October 18-20, 2016 (Tuesday-Thursday)
ENCORE Free Spirit Vacations Birthday Bash | FSV
\$395pp double | \$450pp single | \$100pp deposit;
balance due September 9

October 22-25, 2016 (Saturday-Tuesday)
Saint Michael and A Day in the Life of Navajo | FSV
\$695pp double | \$985pp single | \$100pp deposit;
balance due September 7



Visit www.sunaz.com/travel for a complete list of tours and more information including full itineraries

Day Tours

September 7, 2016 (Wednesday)
Verde Valley Wine Trail | AAA
Depart 8:00am | Return 4:30pm (est)
\$99pp

September 9, 2016 (Friday)
Musical Instrument Museum | FSV
Depart 9:00am | Return 9:00pm (est)
\$99pp

September 11, 2016 (Sunday)
A Cowboy Western Evening at Handlebar J | AAA
Depart 9:00am | Return 9:00pm (est)
\$99pp

September 26, 2016 (Monday)
The New OdySea Aquarium – An Oceanic Adventure in Scottsdale | AAA
Depart 10:15am | Return 3:00pm (est)
\$90pp



October 2, 2016 (Sunday)
San Diego Padres vs Arizona Diamondbacks | AAA
Depart 10:15am | Return 4:30pm (est)
\$77pp

October 3, 2016 (Monday)
Enjoy the Day in Algodones, Mexico | AAA
Depart 7:00am | Return 8:30pm (est)
\$80pp

October 9, 2016 (Sunday)
Apple Annie's in Wilcox | FSV
Depart 8:00am | Return 6:00pm (est)
\$99pp

October 12, 2016 (Wednesday)
Lunch at Tonto Grill in Cave Creek & Wine Tasting
Depart 11:45am | Return 4:45pm (est)
\$99pp

October 18, 2016 (Tuesday)
Tonto Natural Bridge near Payson | AAA
Depart 7:30am | Return 5:00pm (est)
\$99pp

November 1, 2016 (Tuesday)
Verde Canyon Railroad | AAA
Depart 9:00am | Return 7:30pm (est)
\$181pp



Copies of itineraries can be requested in the Lakeview Club Office, Monday-Friday from 8:30am-4:00pm and are also available online at www.sunaz.com/travel.
Single residents can request their name be added to a list for "sharing a room by gender" with another resident for overnight tours.

A Moment with President Schroeder -

Remember Back When...

Remember back when you were a kid and summers seemed to last forever? When gas was fifty cents a gallon and you could get a loaf of bread for a quarter? And can you remember how excited you were to be old enough to move to Sun City AZ and the thrill you experienced when you found the perfect retirement home?

While for many moving away from family, friends and long-time neighbors is sometimes difficult, there was so much to do here in our new found oasis. With over 120 clubs it was tough to figure out which ones to join. And every recreation center offered a variety of fitness, swimming and sport options we only needed to decide where we felt most comfortable. Hello, good morning and how do you do – all with friendly new faces that welcomed you everywhere you went.

Soon visitors started arriving and we shared the excitement of this virtual playground for adults – where every day offers something thrilling and new. Oftentimes, relatives and friends decide that they, too, want to be part of Sun City AZ and find homes of their own.

Then we start to get into the rhythm of Sun City and find our own routines. Snowbirds fly away and year-round residents begin to breathe a little easier, so to speak. The fitness centers and grocery stores are less crowded. Despite the heat, plenty of clubs stay open over the summer months, affording us the opportunity to try something new.

But sooner or later, life changes. The aches and pains creep in. We begin to get complacent, finding faults and weaknesses in our community and with each other.

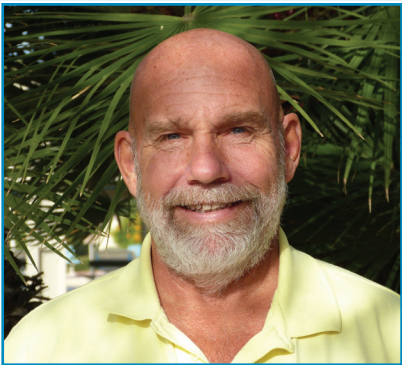
What would it take for you to get back to those “feel good” days?

Look around. Sun City AZ has greatly improved over the past few years. Recreation centers have been renovated and the list of amenities continues to grow. Not a month goes by that there isn’t a free event or concert offered for you to enjoy besides the ability to golf a different course every day of the week. Or go bowling, boating or fishing. We continue to be the best value for your retirement dollar of anywhere in the country. Life is full of controversy and conflicts and on many topics, we can just agree that we disagree. But you shouldn’t just take your ball and go home.

Nothing is perfect and neither are we. Do ordinary things extraordinarily well. Lend a hand, get involved and be part of the solution if something bothers you.

Being happy does not mean everything is perfect. It means that you have decided to look beyond the imperfections.

And lastly – if we wait until we’re ready, we’ll be waiting for the rest of our lives. So just do it. There is no time like the present. Enjoy life and start living.



Dan Schroeder
RCSC Board President



- 2016 RCSC Board of Directors
- Phone: 623-561-4620
- email: boardoffice@suncityaz.org
- Dan Schroeder, President**
- email: dschroeder@suncityaz.org
- Rich Hoffer, Vice President**
- email: rhoffer@suncityaz.org
- Carol Lawry, Secretary**
- email: clawry@suncityaz.org
- Michael Kennedy, Treasurer**
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- Peter Lee, Director**
- email: plee@suncityaz.org
- Ida Eisert, Director**
- email: ieisert@suncityaz.org
- Gary Cotten, Director**
- email: gcotten@suncityaz.org
- Ron Smith, Director**
- email: rsmith@suncityaz.org
- Jerome Walczak, Director**
- email: jwalczak@suncityaz.org



“Neighbors Helping Neighbors”

For the past 30 years, The Sun City Foundation, a 501(c)3 corporation, has had the privilege of supporting Recreation Centers of Sun City, Inc. Members who have outlived their resources through assistance with RCSC annual property assessments and transportation. Find out what we’re all about by calling 623-561-4600.

The Sun City Foundation is currently looking for volunteers and regularly meets on the 2nd Thursday of each month at 1pm (except July and August) in the Lakeview Center Board Room.

Make the commitment to join a committee!

The RCSC Board of Directors routinely seeks the input of concerned Members and a great way to start getting involved is by joining an RCSC Committee. Interested Members are encouraged to attend one the these committee meetings and see what it’s all about!

Please confirm specific meeting dates and times at www.sunaz.com/corporate/ under “Board & Committee Meetings.” All committees meet in the Lakeview Center Board Room (upper level) or check the September issue of SunViews for next scheduled meeting dates and times.

- Bowling Committee - 1st Thursday at 9am
- Club Organization Committee (COC) - 2nd Wednesday at 9am
- Election Committee - 3rd Wednesday at 9am
- Entertainment Committee - 4th Tuesday at 1:30pm
- Finance & Budget Committee - Tuesday at 9am (schedule varies)
- Golf Advisory Committee - 2nd Thursday at 8:30am
- Insurance Committee - 9am (day and schedule varies)
- Lawn Bowling Advisory Committee - 2nd Tuesday at 1pm
- Outreach & Communications Committee - 2nd Tuesday at 9:30am
- Properties Committee - 2nd Tuesday at 9am

This Month @ The Board

There are no Board or Committee Meetings during the month of August

NEXT MEETING:

Board/Member Exchange

Monday, September 12

Lakeview Social Hall #3 @ 6pm

Management Updates

Financial Report:

We have completed May 2016 well within our operating and capital budget. Every division has operated better than budget year-to-date.

Bowling:

In August, Bell Lanes is scheduled to replace the underlayment for the bowling lanes. The current underlayment has too much flex which is causing some lane panels to crack. The cost of the project is \$25,000.

Summer maintenance is being performed at both bowling centers by the RCSC bowling mechanics. Maintenance includes rebuilding major components and lubrication. The maintenance will ensure proper operation for the upcoming fall season.

Recently the United States Bowling Congress (USBC) performed inspections on all RCSC bowling lanes, approaches, foul lights and pinspotting. There were a few minor issues at each center which will be resolved before the beginning of the fall season.

Cardholder Services:

Payments on past due assessments decreased in May compared to the last 2 months. Overall accounts receivables increased by 2% in May and was most affected by the increase in Over 30 day balances. April assessments went 30 days past due at a 5.3% rate while March assessments went 60 days past due at a 1.9% rate. The latter is the lowest 60 day past due rate for assessments in the last 4 years and is particularly impactful due to March being the highest billing month of the year. Payments from our third party collections firm continued to be strong in May and year to date payments total \$107,834 which impacts the overall accounts receivables positively.

In May, property transfer related balances decreased by 2.3% and lender owned related balances decreased by 11%. Outstanding balances related to property transfers represent approximately 53% of all receivables due and 52% of past due balances.

Payments made by Cardholders through the online RCSC Web Portal in May totaled \$83,372. This dropped again for the second month but continues to be up significantly from 2015 monthly payments. Year to date web portal payments total \$433,572.

Trustee sale notices on Sun City properties increased to 50 properties at the end of May. The number of properties owned by lending institutions decreased slightly this month to 25 properties.

Preservation and Improvement Fees collected in May were \$829,700, which is \$269,700 over the amount budgeted. Year to date PIF fees are \$3,593,100, which is \$1,104,600, or 44%, over budget for the year. The year to date total is up 24% from 2015. Again a reminder that

we intentionally budget PIF income very conservatively to assure that we have the cash on hand for any planned project as we remain debt free.

Human Resources:

The voluntary CPR/AED/First Aid training classes that RCSC provides to employees are well underway. In the 6 classes held so far, 57 individuals have been trained and have received certification cards. The next two classes will be held July 22 and several classes are scheduled for August.

Audit of the RCSC Employees 401(k) Plan for the calendar year 2015 is in process. This is the first audit conducted since transferring the Plan from Nationwide to Fidelity in May 2015. This audit requires incorporating information from both investment companies.

Employee hiring is an ongoing process and year to date 46 individuals have been newly hired with 30 of those being residents of Sun City AZ. RCSC recruits from surrounding areas as well. The part time positions offered are attractive to individuals living in retirement communities.

Member Services:

The Neil Diamond Tribute show originally scheduled for Wednesday, June 15, was moved to June 29 due to construction delays at Sundial Auditorium. I have to say it was worth the wait. The show was fantastic, especially displayed on our four new video screens. The new screens brings the total to six large screens in the auditorium. There truly is not a bad seat in the house.

The 38th annual “Ring That Bell” ceremony will take place at Bell Recreation Center social halls at 9:00am on July 4. Lunch will be served at 11am for \$3, which includes a hot dog, chips and bottled water. Afterward, you can spend the afternoon dancing, playing games, winning prizes and enjoying free cake. Free bowling, billiards, shuffleboard and darts will be available at the Bell Center from 11am-2pm. Come out and help support the Sun City Foundation, the RCSC Management Team’s 2016 designated charity.

The full 2017 line-up will be released in July 2016. Season tickets will be available to RCSC Cardholders only and only during the month of November 2016. Individual tickets will be available in December 2016 to RCSC Cardholders only. Remaining tickets will be available to both cardholders and non-cardholders beginning in January 2017.

General:

For those who may not be aware, the monthly management reports are available on our website www.sunaz.com under the corporate tab. Also, if you have not done so already, please sign up on the RCSC email list where you can designate topics of interest and stay in the loop with RCSC news alert emails!

Financial Report

Period Ending - May 2016
For a more detailed financial statement, please visit www.suncityaz.org/financials

BALANCE SHEET

For the Period Ending May 31, 2015

	Current Y-T-D	Prior Y-T-D
<i>Unrestricted Funds:</i>		
Cash Invested/On Hand/In Bank	8,524,377	8,931,690
Cash Reserves	2,500,000	2,500,000
Sub-Total Unrestricted	11,024,377	11,431,690
<i>Restricted Funds:</i>		
PIF/Capital Reserve	8,805,478	13,789,953
Total Cash & Investments	19,829,855	25,221,643
<i>Other Current Assets:</i>		
Accounts Receivable	2,368,133	2,373,130
Deposits & Prepaids	1,653,550	1,505,296
Inventory	82,964	85,252
Total Current Assets	23,934,502	29,185,321
<i>Fixed Assets:</i>		
Land, Improvements, Buildings	82,338,058	79,592,108
F, F & E and Vehicles	26,131,201	24,598,186
Less: Accumulated Depreciation	(58,129,015)	(54,295,621)
Work In Progress	19,103,215	8,193,367
Total Fixed Assets	69,443,459	58,088,040
TOTAL ASSETS	\$93,377,961	\$87,273,361

Current Liabilities:

Accounts Payable and Other	1,700,314	1,140,401
Deferred Income	7,060,816	6,995,605
Pre Billed Assessments	1,724,423	1,626,552
Total Current Liabilities	10,485,553	9,762,558

Other Liabilities:

Lease Purchase	19,515	52,290
Total Liabilities	10,505,068	9,814,848

Net Worth:

Current Net Worth	82,872,893	77,458,513
TOTAL LIABILITIES and NET WORTH	\$93,377,961	\$87,273,361

STATEMENT OF INCOME AND EXPENSES

For the Period of May 31, 2015

	Current Y-T-D	Prior Y-T-D
<i>Operating Income:</i>		
Property Assessments	4,527,989	4,466,695
Transfer & Access Fees	324,889	333,531
Privilege & Guest Cards	403,852	385,621
Food / Liquor Sales	332,929	314,803
Bowling Fees	310,499	295,311
Golf Fees	2,738,486	2,787,272
Cart Rentals	108,378	129,593
Merchandise Sales	90,351	98,051
Activities Income	225,073	176,165
Rental Income	115,300	137,924
Contributions	10,930	8,915
Miscellaneous Income	65,740	15,307
Total Operating Income	9,254,416	9,149,188
<i>Cost of Sales:</i>		
Total Cost of Sales	304,191	328,117
Gross Income	\$8,950,225	\$8,821,071
<i>Operating Expenses:</i>		
Salaries and Wages	2,873,499	2,612,383
Payroll Taxes and Benefits	796,881	641,856
Repairs and Maintenance	969,515	1,381,574
Utilities Expense	964,382	961,980
General Operating Expenses	722,929	777,454
Total Operating Expenses	6,327,206	6,375,247
Net Operating Income	\$2,623,019	\$2,445,824
Other Income:	36,125	363,861
<i>Other Expenses:</i>		
Property Taxes	68,884	49,941
Insurance	180,454	176,506
Other	14,858	24,384
Net Income Before Depreciation	2,394,948	2,558,854
Depreciation:	1,619,165	1,580,463
NET INCOME / (LOSS)	\$775,783	\$978,391

RCSC Management Reports are presented at RCSC Board of Directors meetings each month, posted on the website at www.suncityaz.org (under the Recreation Centers), and are sent via email to RCSC Cardholders who have signed up to receive RCSC News Alert Emails. These reports were presented to the Board on June 30, 2016.

Project Updates

General Information

- As I begin this report, I would like to recognize and congratulate Barry Masloff, Centers Operations Manager, for completing 5 years of dedicated service at the Recreation Centers of Sun City.
- Preparations are underway to complete the following work at Sundial: Remodel the men's shower room, replace the pool/spa epoxy deck coating, deep clean the pools and spas, install new fans in the fitness center, replace the Facility Attendant station counter top and rebuild the large pool filtration system. In order to complete this work, the lower level of Sundial Center will be closed from July 11, 2016 through September 16, 2016. Occasional progress reports will be emailed to cardholders who are registered to receive RCSC Centers email updates. Additionally, updates will be included in upcoming Building and Infrastructure Board reports for July 2016 and August 2016. These reports will be posted on the RCSC website at www.suncityaz.org.
- The Building and Infrastructure Department is in the process of launching a new web based work order and preventative maintenance tracking software called "Facility Dude." The new software will help resolve communication issues, provide a way to track preventative maintenance and significantly reduce administrative time by the Building and Infrastructure Coordinator. The software will also be used to report landscaping issues to the Grounds Department. The software is expected to go on-line the week of July 4, 2016.
- Re-roofing and fascia repairs of all RCSC on-course restrooms is now completed. Replacement toilets and lavatories were received from our vendor the week of June 20, 2016. The RCSC plumber is now beginning to replace these bathroom fixtures at all RCSC on-course restrooms. Lastly, bids are being requested for the twelve new hollow metal doors needed at various course restrooms. Contractor for roof repairs was DFG Builders. (Cost to Date- \$24,104)

Oakmont Center

- The Oakmont renovation project is essentially completed with only rain gutters and the two patio restrooms, which still need to be outfitted with plumbing fixtures and toilet partitions. Contractors for this project include Ken McIntyre Construction and Accel Electric. (Cost – \$387,323)

Mt. View Center

- The interior painting of the Mt. View auditorium and vestibule was completed the week of June 20, 2016. Contractor was Exquisite Painting. (Cost – \$10,500)
- The metal shade canopy by the swimming pool was also repainted the week of June 20, 2016. Contractor was Exquisite Painting. (Cost – \$1,585)

Fairway Center

- The three dry wells connected to the Fairway Storm water system require some minor repairs and a thorough inside cleaning. This work is scheduled for July 7 and 8. Contractor is Torrent Industries. (Cost – \$3,900)

Lakeview Center / Duffeeland Dog Park

- The building permit for the two shade canopies at Duffeeland Dog Park has now been issued and the contractor is currently fabricating the shade structures. Installation will commence in July 2016. Contractor is USA Shade. (Cost – \$18,496)
- The installation of the new light fixtures on the Lakeview Mini Golf Course is now completed. The new LED fixtures offer much better light and will save energy for the RCSC. Completed by the RCSC Skilled Trades Electrician. (Approximate Cost – \$2,400, after APS rebate)
- Contractor proposals continue to be delayed for remodeling the east Lakeview Lanes restrooms and the upstairs restrooms by the red entrance at Lakeview Center.
- New flooring has now been installed in the Lakeview Sew N Sew club room. The new flooring replaces deteriorated vinyl tile and will reduce RCSC labor costs

associated with waxing the old floor. Contractor was Resource Flooring. (Cost – \$19,136)

- The Lakeview Sew N Sew clubroom has received a fresh coat of paint, including the built-in wall cabinets. Contractor is Exquisite Painting. (Cost – \$8,785)
- The asphalt roadway, leading up to the upper gazebo, at Hillside Park is completed. Contractor was Regional Paving. (Cost – \$9,975)
- Replacement of bollard lighting circuits, conduit and wiring for the roadway to the upper gazebo has been completed. Contractor was Accel Electric. (Cost \$18,812)
- A 7.5 ton HVAC unit which serves Lakeview Billiards was replaced and a 2.5 ton HVAC unit which serves the women's shower room was also replaced. Contractor was Custom Cooling. (Cost – \$10,700 and \$5,500 respectively)

Quail Run Golf Course

- The block wall, which runs around the inside perimeter of the Quail Run golf course, has now been re-painted and a couple of locations on the Grand Avenue side of this wall have also been re-painted. Contractor was Ken McIntyre Construction. (Cost – \$15,744)

Bell Center

- Three new steel base cabinets with stainless steel counter tops and sinks have been installed in the Bell Silvercraft Club. RCSC Skilled Trades Department completed the demolition of the existing base cabinets. The contractor was Wasserstrom & Sons for construction and installation of the new cabinets and counter tops. (Cost – \$10,876)
- Two new sets of very long, wood base cabinets and new stainless steel counter tops and sinks were installed in the Bell Crafts Club. RCSC Skilled Trades Department completed the demolition, construction and installation of the new base cabinets. The contractor was Wasserstrom & Sons for construction and installation of the new stainless counter tops and sinks. (Estimated Cost – \$7,750)
- Contractor proposals continue to be delayed for the complete remodeling of the Bell Library restrooms, west Bell Lanes restrooms and Clubs restrooms.
- The Bell Craft Club has now been re-painted. Completed by the RCSC Skilled Trades painter. (Estimated Cost – \$400)
- New flooring has now been installed in the Bell Craft room. The new flooring replaces existing deteriorated vinyl tile and will reduce RCSC labor costs associated with waxing the old floor. Contractor was Resource Flooring. (Cost – \$15,493)

Sundial Center

- The auditorium and east/west halls are now equipped with new LED lighting which includes web-based electronic dimming controls. The auditorium stage front has also received a facelift including new projection screens mounted at strategic points in the auditorium. Completed by the RCSC Audio/Video Team and contractors Accel Electric and Ken McIntyre Construction. (Cost – \$155,250)
- The maple hardwood flooring in the auditorium and east/west halls was screened and recoated with polyurethane. Contractor was Enmar Flooring. (Cost – \$16,192)
- A 12.5 ton HVAC unit which serves the SilverStones club was replaced. Contractor was Custom Cooling. (Cost – \$20,682)

Riverview Pro / Lakes E/W Snack Shop

- A new stainless steel counter with stainless top and a new condiment counter with stainless steel top were fabricated and installed at the Lakes East/West Snack Shop. Completed by the RCSC Skilled Trades Department and contractor Wasserstrom & Sons. (Cost – \$7,204)

(continued on page 11)



OUR feature this month is the Friends Bookstore.

Before the Maricopa County Library District operated our Sun City Libraries, the Friends had a few shelves for sale books in the Bell Library computer room (now the North Wing meeting room). After the transition to the Library District, the Friends requested that the Hoover Room be used for a bookstore. The County agreed, and provided some of the old shelving following the Bell Library remodel. That initiated Books Around the Corner, since you had to go down the hall and around the corner to get to it.

PRIDE caused us to want to continually improve; and demand caused us to want expand.

As more residents learned of the Bookstore, donations of used books increased. By reducing workroom space, expansion of store space was possible for new shelving. Through the cooperation of the Library District and RCSC, two additional spaces were provided. The Friends created the Gathering Place as a quiet reprieve from the Bell Library. A storage room was made available for the ever increasing book donations. A Bookstore map was added to assist in finding the category being sought, namely: paperbacks, history and politics, civil war, Kennedy, nonfiction, fiction, spiritual, biography, large print, Christian fiction, horror, sci-fi, mysteries, computer, dictionaries, games, collectables, sports, medical, home repair, travel, self-help, crafts, children books, cookbooks, diet books, gardening, animals, large books, westerns, Arizona and the Southwest, magazines, art, old books, oversize books, finance, music, CDs, DVDs, VHS tapes, puzzles. Not only is the collection comprehensive, the prices are very reasonable.

IS your curiosity up enough to come pay us a visit?

For those of you who haven't found us, we are in the Bell Library. Upon entering, stay to the left, go all the way to the back, down the hallway, and find us behind the last door on your right. It really is "just around the corner" of the Library. Each month has a special sale. Our August special is a store wide half price sale the week of August 15 through 20. Don't forget our bookmark design contest. Entry forms are at the Bookstore. Win a \$20 Bookstore gift certificate! Keep up with our Bookstore activities on our web site, suncitylibraryfriends.org.

BOOKS AROUND THE CORNER

is the Friends main source of revenue. Our mission is to "enhance the community through support for Sun City Libraries." We have no paid staff, only volunteers. When you make a purchase, the monies are used to supplement Library supplies, equipment, or programs. August library programs sponsored by the Friends, along with all Bell and Fairway programs, are listed <http://www.mclidaz.org/>. Click on Events along the top of the page, and go to Sun City or Fairway. If you can't make it to the Bookstore because of a disability, call us at 602-651-2014 to connect with a Book Buddy who can deliver Library materials to your home. The Sun City Friends aim to please you. You should aim to please us, by coming to see our pride.



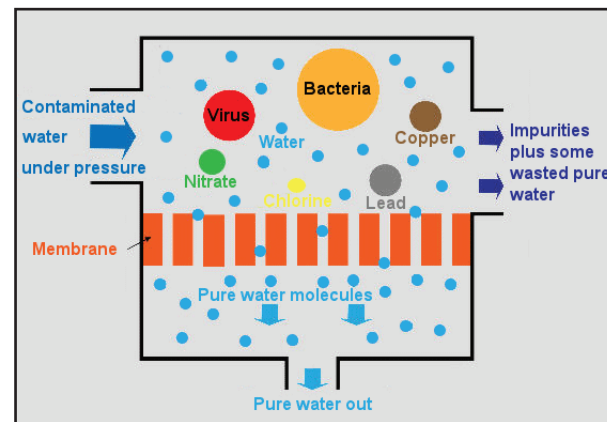
Water Conservation

Reverse Osmosis Can Have You Going in Circles

So you're looking to get the best drinking water available but you are concerned about what bottled water waste is doing to the environment. And you should be. Each day in the US more than 60 million plastic water bottles are simply thrown away. Though many recycle (which is a good thing), most of these end up in landfills or littering the streets, parks and waterways of America.

Single-serving disposal water bottles cost a lot of money, as much as 10,000 times more than tap water. But the prices to the environment is even more staggering when you consider that the manufacturing, transport and disposal of these bottles in the United States alone requires more than 15 million barrels of oil annually, enough to fuel 100,000 cars for a year.

With all good intentions, someone suggests that you looking into a "Reverse Osmosis" system for your home. Hmmmm....This might be interesting since reverse osmosis is used in a variety of situations, from desalination of brackish water, to washing windows, even to make maple syrup, believe it or not. The process is proven to work. However, sorry to say, there is a "however."



Compared to usage in commercial processes, reverse osmosis in the home is not as efficient due to a deficiency of back pressure and the inability to create it. A unit used in the home only recovers between 5% and 15% of the water entering the system. For example, a unit that delivers five gallons of treated water daily can discharge back into the system anywhere from 20 to 90 gallons of wastewater (containing toxins, heavy metals, and

bacteria among other things) per day. Because they have the capacity to generate the necessary high pressure, large scale industrial or municipal systems typically recover around 80% of the water entering a system. That's a big difference; however (again), one must consider the amount of wastewater and the concentration of the waste created by the discharge; where it can be reused or whether it can be reused; and/or the amount of "turn-around" time for processing the discharge back into potable water.

Before running out and purchasing an "RO system" for your home, be sure to do a little research. Consider what wastes are being returned to the environment and how much you could be adding to your water bill by getting those five gallons of treated water if the system you select washes another 20-90 gallons down the drain. In addition, the reverse osmosis process can also remove many healthy, naturally occurring minerals in water which provide a good taste to water and but also serve vital functions in our body. Removal of some of these trace minerals and elements can actually be unhealthy. Some people actually refer to water treated by reverse osmosis as "dead water" since all minerals - both good and bad - are removed in this process.

Others believe that you can add these trace minerals back into reverse osmosis water but these drops or supplements may be more harmful than what is currently in your tap water. It may actually be that drinking filtered tap water is the best way to go since city water is highly regulated and tested for safety. It may be most cost effective to consider filtering systems such as those in many refrigerators nowadays and/or water pitchers and sink attachments.

Water is vital to human survival and it is especially important to stay hydrated in the summer heat here. Many also find that the benefits of electrolytes, found in sports drinks, improves blood chemistry and muscle function but since these drinks contain sugars and calories, you may want to elect for merely water with electrolytes that is readily available in most supermarkets.

Be water-wise and make every drop count. Simply put - we literally cannot survive without it!

Project Updates

(continued from page 9)

Willowcreek/Willowbrook Golf

- Twelve new outdoor ceiling fans were installed at the snack shop patio and at the outdoor area east of the pro shop. Some of these fans were replacements while others required electrical to be run to them. Contractor was Accel Electric. (Approximate Cost – \$4,200)
- The parking lot and golf cart area at WC/WB has been crack sealed and seal coated. Contractor was Ace Asphalt. (Cost – \$16,250)

Skilled Trades Department

- The RCSC Skilled Trades Department completed 211 work orders during the last two weeks of May 2016 and the first two weeks of June 2016.

Centers Operations

- Now that summer has arrived, the annual upkeep of the floors in RCSC club rooms has started. This mainly pertains to the small number of vinyl composition (VCT) floors located throughout the centers. Some floors will be stripped and waxed, while others will be cleaned and polished.
- A new floor machine has recently been purchased and is currently being used at Bell Center. Instead of using a round pad that spins, this machine has a square pad that works like a hand-held sander. It is being used to clean in hard-to-reach places, shower floors, restroom floors, and lobby areas. It cleans, strips, scrubs, and even does the baseboards. There has been a noticeable difference in the appearance of the areas where this machine has been utilized.
- All 50 state flags hanging in the auditorium at Mountain View have been hand washed by staff. This was a great time to accomplish this task as the room was closed for painting.



Free Movies *

Wednesdays at Sundial East Hall
Saturdays at Mountain View
Afternoons at 2pm
Evenings at 7pm

To find out "What's Playing?"
1) Sign up for Movies & Events emails at sunaz.com and a list will be sent to you on the last Wednesday of each month;
2) Log onto the RCSC Web Portal; or
3) Pick up a flyer from the Lakeview Clubs Office (please be prepared to show your RCSC Card). All movies are projected onto a screen from a DVD.

FREE RCSC Events are paid for by RCSC Cardholders and are therefore intended for RCSC Cardholders and their escorted guests only. Your cooperation and understanding is greatly appreciated!

ALWAYS
FREE
POPCORN!
NOW
SERVING
BOTH
SALTED &
UNSALTED

Now with FM Transmission at all locations!
Bring your device and tune to 99.1 FM.

PLEASE NOTE: Movies in August on Wednesdays will be in Sundial East Hall.

FEELING LUCKY?



Casino Sun City

Saturday, September 17, 2016 • 4 to 7:30pm
Sundial Auditorium

Join us for an early evening of fabulous fun, action & excitement!

We'll have all of your favorite table games and best of all - \$500 in free chips for you to play! When you're broke, the fun is over! Play poker, black jack, roulette, craps and more!

Beer, Wine & Bloody Marys will be available for purchase from Cocktail Servers during this event; no outside alcohol will be allowed!

Take a chance, step right up and place your bet. You'll feel lucky to have such an evening of fun!

Free for RCSC Cardholders & their escorted guests
Be prepared to show your RCSC Member or Privilege Card for entry; key fobs not accepted!

Sun City Visitors Center

See all that Sun City AZ has to offer!

Join our volunteer guides on a walking tour of the Bell Recreation Center & take a ride on our 12-passenger bus to see all seven RCSC recreation centers with quick stops at Viewpoint Lake & Sundial Center (if time allows), Duffeeland Dog



Park, the Sun Bowl, Banner Boswell Medical Center and shopping areas. Learn more about our great community service organizations in just two short hours! Space is limited and pre-registration is required! Please note that the tour cannot to accommodate wheelchairs.

Stop by the Sun City Visitors Center located in the Bell Center on 99th Avenue just south of Bell Road for more information. Please register online at www.suncityaz.org under the "Learn More" tab or call 623-777-1191 to sign up!

Reserve your seat for a Sun City AZ Bus Tour today!

Summer Hours: Monday-Friday • 8:30am to 4:00pm
No Saturday hours June through September; Closed Sundays

Sun City Gives Back

Sew N Sew, Creative Quilters Show Pride, Give Thanks

Every once in a while a club room needs to be renovated. And just like at home, it's a big job requiring lots of coordination and much effort by many.

The scope of work needs to be determined and the money needs to be in the budget. Bids need to be secured and contractors selected. Coordinating with club members on scheduling the project must occur.

But before any work can really start, the room must be readied which involves the removal of everything that's not nailed, down so to speak. Club supplies, tools and machines, coffee pots and coffee cups, tables and chairs. With limited storage space and many items belonging to club members, everyone pitches in to pack up, painstakingly moving boxes and bins into homes and garages for safekeeping.

Members of the Sew N Sew Club and Creative Quilters at Lakeview worked diligently to get their space ready for the big day. With many away for the summer, it's the ideal time for such a project but it also means fewer people here to help. However, that did not deter this determined group.

The excitement of new paint and flooring in their space, new and improved lighting along with several safety upgrades created an atmosphere of cooperation and comradery.

Soon the space was a flurry of workers – removing the old flooring then painting walls and cabinets. New flooring was installed together with new ceiling fans and dimmer controlled lighting. Utility staff made certain the all was clean and within six weeks, the club room was totally back in service.

Yet still, this project was not yet complete.

To show their appreciation, a luncheon invitation was sent to members of the RCSC staff that included this poem authored by acting Sew N Sew secretary Anita Gikas:

We love our new room you helped create,
Sew.....come for some lunch and a piece of cake!
Come by when you can, you don't have to spend!
For a job well done, now let's have some fun!

This offer of gratitude was graciously accepted and incredibly thoughtful. Words cannot express what this gesture meant to those invited, seeing firsthand club members' satisfaction and pride.

"The Lakeview Sew N Sew and Creative Quilters club members were a pleasure to work with as we planned and executed this remodel together. While this was not really necessary, I personally want to thank them for expressing their appreciation by inviting RCSC staff to stop by and partake of their potluck lunch!" stated RCSC Assistant General Manager Jim Wellman.

Thanks Sew N Sew and Creative Quilters for truly giving back! Sew....enjoy! It was our pleasure to help see this project through to completion with you!



Attention: RCSC Chartered Clubs

Showcase the good deeds and charitable work your club does for local, state and national organizations/causes in SunViews!

"Sun City Gives Back" highlights a different club each month. Let us know what you're doing so we can let others know!

Submit entries for consideration to Joelyn Higgins via email to jhiggins@suncityaz.org or call 623-561-4616 for more information.

Welcome to RCSC Club Events

We've reorganized the Clubs Events and Announcements that appear in SunViews each month so that it's easier to find the activities you're looking for. Clubs are welcome to submit information to this section every month and should include the date, time and location of the event along with cost and contact information. Let us know what you think by sending an email to sunviews@sunaz.com.

Page 13	General Information, New Interest Groups, Other Interests
Page 14	Cards, Games and Social Clubs
Page 15	Sports & Outdoors; Monitored Activities
Page 16-17	Fitness, Health
Page 18-19	Club Directory
Page 20-21	Arts & Crafts, Performing Arts
Page 22	Dances
Page 23	Educational Classes

General Information

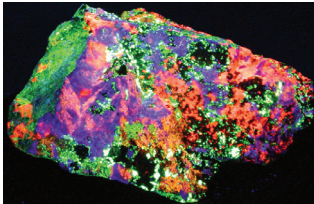
Submit Your Club Events by email to: sunviews@sunaz.com
All submittals must be received no later than close of business on the 5th day of the month for the next month's edition. Please include the date, time and location of the event along with cost and contact information. If you need assistance, please contact Joelyn Higgins, Communications and Marketing Coordinator, at 623-561-4616.

Home Delivery of SunViews
Did you know you can start and stop home delivery of SunViews while you're out of town? Simply contact the Sun City Independent Circulation Department at 623-445-2831 or email to nkilpatrick@newszapc.com And don't forget - another way you can stay in the know is by getting SunViews online at www.sunaz.com.

NOTICE: To confirm meeting times and places, please contact your club.

General Interest/Museums

Sun City Rockhounds Mineral Museum
Sun City Rockhound Club meetings are suspended until October.
Summer Hours for the Mineral Museum at Sundial:
Saturdays 10:00am-1:00pm May through September
FMIC 623-428-6442 or email scrockmuseum@gmail.com
Come check out our Florescent Room!



Model Railroad Club at Fairway
The Sun City Model Railroad Club, located in the Fairway Recreation Center at 107th and Peoria invites all retired and former railroad employees to join us for donuts, coffee and memories during an Open House on Thursday, 8/11 from 9-11am. Club membership open to RCSC Cardholders only.
Regular Summer Hours: Thursdays 10a-2pm through 9/30

Del Webb Sun Cities Museum
Next to Oakmont Center
May 16 - September 14
By Appointment Only - Call 623-974-2568 or email to staff@DelWebbSunCitiesMuseum.org

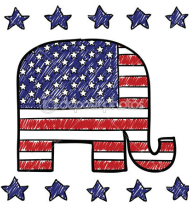


Political Clubs

Sun City Democratic Club
Join the Sun City Democratic Club every first Thursday in Fairway at 6pm. The program on 8/4 (6pm) is all about how to present points factually with passion and persuasion. We will work on short, cogent statements to tell our story and promote our candidates based on facts and in a polite manner. Every Monday, a convivial group of Democrats and Independents meet for coffee at Starbucks at 99th Ave and Bell at 9am. The Sun City Democratic Club is open to both Democrats and Independents, and all RCSC members and their escorted guests. We are very active and involved in the Sun City Community. Email us at: suncitydemocraticclubofaz@gmail.com



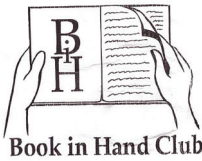
Sun City Republican Club
No meetings during July and August. **How To Get Involved:** Go to West Valley Republican Office, 10050 W Bell, Suite 26, Sun City 85351; call 623-977-4532; visit www.azgop.org, or email suncitygopclub@gmail.com, LD21AZGOP.org, www.AZGOP.ORG, or Google your favorite candidate for Info.



Other Interests

Community Garden
We meet October through May on the 3rd Saturday from 9-11am. Join us each month to help improve the community garden or just have a tour and see what we are all about. Start planning your garden now! Located west side of EPCOR water plant on Northwest corner of 91st Ave & Greenway. Bringing you own work gloves, rakes and shovels is helpful. Garden plots available to RCSC Cardholders in the Sun City Community Garden. Please call 623-875-5921 or visit the Garden Club Office at Oakmont for more information.

Book in Hand Club
The Book in Hand Club is a group of well-read people with a variety of opinions and life experiences that foster great conversation. Jeri Hauff monitors the discussions. The book club meets year round at 1pm second Fridays in Room 217 of Fairway Center. Books include fiction, non-fiction, biography, classics and an occasional fantasy. "Every book we read, we take something from," says President Ashley Hibbard. There are no dues. Sun City residents must present a current recreation card. Books selected by consensus.
Aug: A Brief History of Phoenix by John Talton;
Sept: The Woman Who Would Be King by Kara Cooney.
Fairway Branch Library reserves copies from the Maricopa County Library system for members with library cards a month in advance. FMIC 623-933-7361.



Armchair Photo Explorers Club
We meet every Wed at Fairway AZ Room 1. Show at 7pm: doors open at 6:30pm. Please arrive early to sign in and be seated before show begins. Club open to all RCSC Cardholders; membership dues: \$3. Cardholders welcome to attend three times before joining. Escorted guests welcome; must pay \$2 each visit. First Wed each month coffee & cookies served. FMIC - Ron Yankowski 623-476-2881. So, come and join us for our adventures. We have a blast!

Sun City RV Club
The RVers have moved north & migrated to cooler temps. We will meet again once the days turn cooler in October. But remember, we are a group of people who enjoy potlucks, card games, day trips, rallies and RV caravans. No RV is required for membership. Sun City RV Club is for RCSC Cardholders and escorted guests only. The club meets October-April. Our next potluck and caravan (October) will be at Sundial. Caravans provide the latest information on planned outings, (like when the temps get too hot and we leave for cooler places). We hope to see you in the fall. Visit www.scazrvclub.com for further information or Call Judy 623-444-4224.



Cards & Games

Duplicate Bridge (ACBL)

Club closed from 8/8 - 8/28 due to construction at Lakeview. Please check our web site (scdbc.com) for the actual opening date. Regular summer games scheduled every Monday, Thursday, Friday and Sunday at 1pm for the first week in August. Players should plan to arrive by 12:45 to find a table. Doors open at 12:15. The Club is fragrance free. Please be considerate of your fellow players. FMIC Paul Weader, Club Manager, at 928-240-0341, or pweader@hotmail.com. Check out our web page at SCDBC.com.

One Partner Bridge

One Partner Bridge is the largest contract bridge club. Meets Thursday 6:45-9:30pm in Lakeview Social Hall #1. Partners required. If you need a partner, please contact Andy at (623) 933-7972. Annual membership: \$3. Each evening costs \$1 per couple, which goes into evening's prize fund. Annual surprise: "free play" night is given. All grand slams rewarded & designated small slams also paid. Birthdays celebrated with cookies. If you wish to come for an evening, the cost is \$1 for RCSC Cardholders; \$2 for escorted guests, plus the \$1 prize fund.

Saguaro Bridge

Saguaro Bridge meets Fridays, 6:45-9:30pm at Lakeview Social Hall #1. Must have partner, please call Eleanor at 623-583-2785 if you need a partner. \$3 and current RCSC Member Card required to join; .50 Cents each night for prize fund. Come visit and try it out for \$1. We'll have fun!

Kachina Bridge

Play bridge? Interested in getting into the game? Come join us! Don't let duplicate bridge scare you; we will help. We are a non-sanctioned duplicate bridge club that meets on Monday and Thursday (play once or twice a week) at Sundial 12:15-4pm. Closed July and August. Annual membership: \$10 to all RCSC Cardholders in good standing (covers both days); plus \$2 each play for prizes. We welcome players to visit to see how duplicate bridge is played. No partner, don't worry. FMIC Sharon at 623-251-4858 or Lee 974-0237.

Monday Night Pinochle

We play both single & double deck pinochle. Monday 8/1 & 8/8 at Fairway AZ 1 6:30pm. Arrive 6:15pm. Membership dues \$3/year w/valid RCSC card. Play fee: 50 cents/evening. Escorted guests pay \$2/evening plus \$1 play fee. Punch cards or daily card accepted. FMIC Kim at 623-251-4155

Oakmont Pinochle Club

Play Pinochle at Oakmont on Tuesday & Saturday. Tuesday play: 1pm; players must be present no later than 12:45pm. Saturday play: 11:30am; players must be present no later than 11:15am. FMIC Mrs. Tommie Crudo 623-876-1895 or Ralph DePollo at 623-977-3278.

8/2, 8/6 & 8/9 at Fairway AZ Room #4.

Mixed Cards

Like to play cards? Join us Saturdays at Oakmont. Games begin 6:30pm. Annual Dues: \$3; \$.50 a night to play. Singles welcome, or bring partner. We play both single & double deck. Club open to all RCSC Cardholders. FMIC Bea or Pat 623 933-1953. **Saturday 8/6 at Fairway AZ Rm #4**

Euchre Club

The Euchre Club meets on the 1st & 3rd Tuesday from 1-4pm in Sundial East Hall; Tuesdays 6-9:30pm at Fairway Arizona Rooms 2-4. Beginners welcome. FMI please call Fred at 314-374-4530.



Bunco Broncos

We've outgrown our Oakmont "corral" and have moved to a new location at Fairway, Arizona Rooms 1 & 2. We still meet 4th Monday every month year round. Join us for an afternoon of fun! Doors open 11:45am, play at 12:30pm. Must be an RCSC Cardholder to join. Annual membership \$3; \$2 to play. FMIC 602-526-3495 or 326-7055.

Backgammon Club of Sun City

We welcome all levels of players. Classes offered to help from basic play to more advanced strategies. Meet 1st & 3rd Thurs 7-9pm & every Saturday from 1-5pm at Lakeview Social Hall #3. Lessons available 2nd & 4th Saturdays at 1pm, Lakeview Social Hall #3. FMIC John 623-229-9887

Mah Jongg

Due to renovations, Mah Jongg is on the move! Find us Sundays and Tuesdays 12-4pm in Sundial West Hall; Thursdays 6-9pm in Sundial East Hall; Entire month of August. Contact Susan at 910-1271 or Linda at 240-9586.



Social



Michigan Friends in Sun City Club

Happy Summering to Michigan Friends in Sun City club members. Many of you are back home in Michigan but many of you

remain here; so, those of us here will do a few things together until you return! Jot down these dates and watch your email for updates. Newbies are welcome along with friends and guests.

Thurs 8/25: Potluck Lunch at Cassady's Camp Verde home plus a visit to the Verde Valley Archaeology Museum. Minimal walking at both locations. This is a joint potluck with the Central Arizona Michigan Friends Club. Bring a Michigan-themed food item. RSVP, questions/reservations to Cheryl Cassady, Michigan Friends in Sun City Club by August 20; michigan2arizona@cox.net or call/text Cheryl; 623-910-1522.

Sun City Singles Social Club

Club welcomes single Sun City seniors with current RCSC card (visitors). Guests (without RCSC card) need to be single & escorted by a club member. Annual membership fee: \$6.

Club Pot Luck meets first Friday every month: 5:45pm; bring food to feed 10-12.

Game Night every third Friday: 5:45pm, may bring snacks to share.

BYO drink for each activity. Location: Fairway AZ Rm #4.

Weekly activities:

Saturdays: Breakfast, Royal Café, 8:45am. Wednesdays: Billiards, Lakeview Lanes, 1pm.

August Activities:

Tues 8/2: Lunch, Oriental House, 11001 N 99th Ave, 11:30am
Fri 8/12: Lunch, The Pirate Cove, 12313 NW Grand Ave El Mirage, 11:30am
Fri 8/12: Indoor Shuffleboard, Bell Center, 6:30pm
Mon 8/15: Dinner, Coco's, 9801 W Bell Rd, 5pm
Wed 8/17: Lunch, JiMichael's, 13019 N 103rd Ave, 11:30am
Sun 8/21: Dinner, Portofino West, 12851 W Bell Rd, 5pm
Fri 8/26: Dinner, Memo's 16820 N 99th Ave Bell Center, 5pm; Darts to follow, Bell, 6pm
Tues 8/30: Lunch, IHOP, 10603 W Olive (107th & Olive), 12pm

FMI and list of more activities visit www.simplesite.com/myclub or contact Ellen 623-583-2307 or Janet 1-615-574-9960.

Sun City Women's Social Club

Gathering place at Lakeview for women to play cards (canasta, bridge or poker) or board games (Rummikube or Mexican Train). Hours: Daily 10am-4:30pm. FMIC 480-249-0862.

New England Club

Happy Summer and safe travels to all who travel - for those who stay here during the summer, the club still has get-togethers (for lunch or breakfast) at local restaurants and other activities. FMIC Barbara at 815-6722 or Betty at 583-3912



NextGen

NextGen is a social club designed to be operated by Sun City residents younger than 67, but open socially to all RCSC Cardholders. Meetings held at Bell Social Halls on the first & third Wednesdays unless posted otherwise. Annual dues: \$5. Proof of age & valid RCSC card required.

Learn more about monthly activities by visiting the website calendar <http://www.nextgensuncity.org> & use activity link www.signupgenius.com. NextGen offers a wide variety of activities year-round. May calendar includes golf, bowling, card games, happy hour, breakfast gathering, pool party, shuffleboard and more. Great place to meet new friends and have fun no matter what your interests!

Must be member, visitor (RCSC Cardholder), or escorted guest to participate. For more information, (email) nextgen@gmail.com or visit nextgensuncity.org.



Sports & Outdoors

Note - Shuffleboard & Dart Players:
Bell Lanes will be completely closed from August 22-28. Bell Billards wiil also not meet during this time.

Dart Club at Bell Lanes
5 leading-edge, soft-tip, electronic dart boards, preset games, 1-8 players. House darts available or use yours. All skill levels welcome. **Club Play:** Mon: Game Night, 5:30-8p; Tue: Count-Up 5:30-8p; Wed: Monitor's Choice 5:30-8p; Thu: Ladies 2-4pm. **Practice:** 1st & 3rd Sat 1-3pm. Arrive 15 min early to sign in & allow for team formation. FMIC Jerry Ida 623-875-4523; Bob Howicz 630-531-0391; Judy Clark 623-760-6926. Membership open to all RCSC Cardholders.

Bell Shuffleboard Club
Come play the "Quarters Game" withBell Shuffleboard Thursdays at 1pm (12:45 sign in). Bring two quarters & you could go home with four quarters. What will you do with all that money? Come join us. Never played shuffleboard? We will teach you. FMIC Dennis 623 972-3169.

Sun City Lawn Bowling Clubs
Closed for Summer. FMIC Len 623-974-3214/ Micky 928-852-6991. website: www.bowlsaz.com

Sundial Shuffleboard Club
The really warm daytime temps getting to you? Cool off with the Sundial Shuffleboard Club on Thursday evenings at 5:45 (play at 6p) at Bell Center. Inside temp can be cool so wear comfy attire. Safe shoes are recommended; to have a good time is required. If you don't know how to play just come early for a quick lesson. All equipment is furnished and all RCSC cardholders and their escorted guests are welcome. FMI contact Russ (623) 208-9921.

Bocce Club of Sun City
Gee whiz, it is August already. Where is the summer going? Before you know it, it will be September and Bocce Ball Club play will begin again. In the meantime, it is still just too warm.

Following is the schedule for August (which has not changed from last month).

Open Play - Tuesdays & Thursdays @ 8:30a
Friday night 25 cent Play - 7p. Note: Sunday open play is not scheduled during August.

Appropriate, modest attire is required at the courts. The courts are available to all RCSC cardholders in good standing and their escorted guests.

FMI or to schedule a lesson contact Dennis (623) 693-2881 or Edith (623) 271-0092.

Synchronized Swimming
Do you love the water but walking and lap swimming isn't for you? Come try the synchronized swimming and learn things you never thought you could do. We do dolphins, spearfish, cat-linas, kips, surface dives and more. Join in the fun M-W-F from 8-10am at Lakeview Pool. FMIC Nancy at 623-238-8608

Senior Softball
Open practice at Sun Bowl field Su/M 6:30a, League play: Tu/Th 8a. New players M 8:30a; Summer sessions: Aug-Sept. FMIC 623-444-9402 or 503-351-2036 or www.azsrsoftball.com

Fun Water Volleyball Club
Plays M & W noon-2pm; F & Su 2-4pm at Oakmont Pool. Annual membership \$10. RCSC Card required. For those who are able to compete in a fast-paced sport with like-minded & friendly people. FMIC 623-377-5091 or email WVCoFSC@gmail.com

Pickleball Club
Looking for a new sport? Sun City Pickleball Club would love to introduce you to the game & teach you how to play. "Pickleball" is more than a game with a funny name. It's a great way to exercise, work on balance, hand-eye coordination & a great way to meet new people. You don't have to be an athlete to enjoy the game, but you can find all the competition you might want. This could be your new sport! Club membership open to all RCSC Cardholders. Introductory Class: Mon 11:30am-1pm Call Peter (575)779-1154 to enroll. Couples Play & Grab a Bite Night: Fri 5pm. Check our website suncitypickleballclub.org or Facebook page (Sun City Pickleball Club). FMIC Dave Sinclair (623)322-3420 (Club President)

Conservation & Sportsmen Club
Hunting, Fishing & Shooting Sports. Weds, 7:30am, Trap & Skeet Shooting, Ben Avery Shooting Range (Les: 623-876-8714). Fri, 7:30am, Rifle & Pistol Shooting, Ben Avery Shooting Range.

New members always welcome. FMIC call Bob, 630-531-0391

Monitored Activities					
Basketball		Jogging / Walking Track		Table Tennis	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Indoor		Bell Center: M,W, F: 6a-10a, 3p-9p; Tu: 6a-10a, 12p-9p; Sa: 6a-10a, 12p-9p; Su: 8a-1p, 3p-8p	
Billiard Tables		Fairway Center	M-Sa 5a-9p; Su: 8a-8p	Tennis	
Bell Lanes	M-Sa: 8a-8p; Su: Noon-8p	Sundial Center	Daily 6a-8a	Bell Center: 623-977-3325 M-Sa: 6a-9p; Su: 8a-8p	
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p	Outdoor		Lakeview Center: 623-561-4676 M-Sa: 6a-8p; Su 8a-7p	
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p	Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Mountain View: 623-876-3042 M-Sa: 6a-8p; Su 8a-7p	
Bingo		Sun Bowl	Dawn to Dusk	Swimming Pools - Open Swim Hours	
Sundial Center	No Bingo - June, July, August - Resumes 9/1/16	Library (602) 652-3000		Bell Center - 18+ only:	
Boating/ Fishing		Bell Center	M: 9a-7p; Tu-Sa: 9a-5p	Lap pool: M-Sa:5a-9p; Su: 8a-8p; Closed for class: M-F 7a-9a	
Lakeview Center	M-Sa: 6a-8p; Su: 8a-7p (or Dusk)	Fairway Center	M-F 9a-4p	Walking Pool: M-Sa: 5a-9p; Su 8a-8p	
Bocce Courts		Mini Golf		Fairway Center	
Sundial Center	M-Sa: 6a-9p; Su: 8a-8p	Bell Center	M-Sa: 6a-9p; Su: 8a-8p	Lap Pool: M,W, F,Sa: 5a-9p; Tu & Th 5a-3p, 4p-9; Su 8a-8p	
Bowling Lanes		Lakeview Center	M-Sa: 6a-8p; Su: 8a-7p	Walking Pool: M,W,F,Sa: 5a-9p; Tu & Th 5a-3p, 4p-9; Su 8a-8p	
Bell Lanes	M-Sa: 8a-8p; Su: Noon-7p	Mountain View Center	M-Sa: 6a-8p; Su: 8a-7p	Lakeview Center	
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p	Sundial Center	M-Sa: 6a-9p; Su: 8a-8p	M-Sa: 6a-8p, Su: 8a-7p; Closed for class: M, W, F: 8a-10a	
Dog Parks		Pickleball		Children's Pool Hours for Ages 4-15 yrs: Daily 4p - Close;	
Duffeeland	May thru Sept: 6am-8pm Closed last Wed/month for Maintenance	Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Marinette Center	
Darts		Mountain View: Outdoor	M-Sa: 6a-8p; Su: 8a-7p	M-Sa: 6a-9p, Su: 8a-8p; Closed for class: M, T, Th, F: 8-9a	
Bell Center	M-Sa: 8a-8p; Su: Noon-8p	Racquetball		Children's Pool Hours for Ages 4-15 yrs - Daily 1p - 4p	
		Bell Center Courts A & B	M,W,F: 5a-10a, 3-9p; Su 8a-8p Tu & Th: 5a-5p; Sa: 5a-7a; 12-9p	Mountain View Center	
Fitness Centers		Shuffleboard		M-Sa: 6a-8p; Sun: 8a-7p;Closed for Class: M,Th:8a-10a; 5:30p-6:30p T,F 8a-9a; 5:30p-6:30p	
Bell Center - 18+ only	M-Sa: 5a-9p; Su: 8a-8p	Bell Lanes: Indoor	M-Sa: 8a-8p; Su: Noon-8p	Children's Pool Hours for Ages 4-15 yrs - Daily 10a - 1p	
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p	Lakeview: Outdoor	Daily 6a-8p; Su 8a-7p	Oakmont Center	
Lakeview Center	M-Sa: 6a-8p; Su: 8a-7p	Spas		M: 6-8:45a, 10a-12p, 2-8p; Tu: 6a-8:45a, 9:45a-4:30p, 5:30p-8p;	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Bell Center - 18+ only	M-Sa: 5a-9p; Su: 8a-8p	W:6a-12p, 2-8p; Th:6a-8:45a, 10a-8p F:6-8:45a, 9:45a-2p, 5:30p-8p;	
Mountain View Center	M-Sa: 6a-8p; Su: 8a-7p	Fairway Center	M-Sa: 5a-9p; Su: 8a-8p	Sa: 6a-8p; Su: 8a-2p, 4-7p	
Oakmont Center	M-Sa: 6a-8p; Su: 8a-7p	Lakeview Center	M-Sa: 6a-8p; Su: 8a-7p	Sundial Center - 18+ only	
Sundial Center - 18+ only	M-Sa: 6a-9p; Su: 8a-8p	Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Large Pool:	
Sundial Fitness Closed 7/11-9/16		Mountain View Center	M-Sa: 6a-8p; Su: 8a-7p	7/1 - 7/10: M-Sa: 6a-9p	
Horseshoe Courts		Oakmont Center	See Pool Hours	Su: 8a-8p	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Sundial Center - 18+ only	M-Sa: 6a-9p; Su: 8a-8p	Exercise Pool:	
Mountain View Center	M-Sa: 6a-8p; Su 8a-7p	Sundial Spa Closed 7/11-9/16 for Renovations			
		Both Large & Exercise Pools Closed 7/11-9/16 for Renovations			
		7/1 - 7/10: M-W-F,Sa: 6a-9p			
		Tu & Th: 6a- 12p; 2p-9p; Su: 8a-8p			

Fitness & Fitness Classes

Aqua Suns

Do you love the water but walking and lap swimming isn't for you? Come try the synchronized swimming and learn things you never thought you could do. We do dolphins, spearfish, catalinas, kips, surface dives and more. Join in the fun M-W-F from 8-10am at Lakeview Pool. FMIC Nancy at 623-238-8608 Swim Annual Club membership: \$3.

Oakmont Ladies Exercise Class

Join us for low impact exercise designed for women over 50. Tues & Fri 8am-9am. Annual Membership Dues: \$5 - 3 free trial visits. FMIC 573-579-5320.

Swim Club Announcement

Sun City Swim lessons have moved to Lakeview from 8:30-10am on M, W, F. Beginning & intermediate classes available, along with advanced group workout. Annual fee: \$3 per RCSC cardholder. FMIC Tere Kearney 623-583-5894.

Zumba Fitness Club

Zumba fuses Latin rhythms and easy to follow fitness moves to create a dynamic full body workout. It keeps you moving & grooving & makes fitness fun. The hour includes a warm-up, cardio workout, and cool-down. Mondays: Bell Social Halls 11:30am-12:30pm, Debbie Reiss, Instructor; Tuesdays: Sundial West Hall 6:30-7:30pm, Debbie Reiss, Instructor; Wednesdays: Bell Social Halls 11:30-12:30pm Debbie Reiss, Instructor; Thursdays: Sundial West Hall 6:30-7:30pm Jeff Larsen, Instructor. Saturdays: Sundial West Hall 8:30-9:30am, Sherry Possner, Instructor. Cost: \$3 per class session. Annual Membership: \$5 FMIC Jan at 623-972-0099.

Stretch & Slim

Crank up your metabolism, strengthen your heart, & have a blast in our 9am class. We do a variety of the new "HIT intervals"-short "bursts" of medium cardio alternating with brisk (or boosted) walking DVDs. Hand weights & bands are used along with cardio every other day for toning. 8am class is lower intensity using DVDs to incorporate cardio & strength training to build a strong body & alert mind. Classes: Mon-Sat in Bell Aerobics room (across from Fitness Center). Come enjoy 3 free sessions before joining. Annual Fee: \$5. Extra \$2 Guest Fee. Guests must be accompanied by RCSC Cardholder. FMIC Donna 623-628-4401

Dance for Fitness

With a current RCSC Membership you may enjoy three free sessions with us. Can't beat that deal, and then you may join for only a \$5 annual fee. Come once, twice, or three times a week (whatever fits your schedule). We have no per-lesson fee. Classes meet on Tuesday at Bell, Wednesday at Sundial and Friday at Mt. View and all classes are from 9-10am. FMIC Penny at 623-933-7021 & Donna at 515-975-1683

Aqua Fitness Club

Meets M/TH or T/F for 8-week sessions at Marinette, Mt View & Oakmont (no Sundial; under renovation). Qualified instructors teach three classes of varying intensities: Free Standing; Poolside & Aqua Stretches. No swimming involved; members stand in waist/chest-deep water. All classes "Co-ed;" must be an RCSC Cardholder to join club. Annual Dues: \$5; \$15 per eight-week session. Registration held by lottery; "Try It Before You Buy It" allows you to attend any class to see if it fits your needs. FMI please visit aquafitnesssuncity.com or call Nancy 623-330-4242

Sun City Tai Chi Club

Summer Classes: All of our classes are ongoing & open to all RCSC members & their escorted guests. Wear comfortable clothes & shoes, & join us. No pre-registration required. All classes \$3 for members & visitors. Escorted guests must pay \$5 per class. Club membership: \$5 annually. Intro to Tai Chi 108 Yang Style Class is intended for new students who have never done Tai Chi before; is also meant for new students with prior Tai Chi experience (until they learn the form used by our club). Tuesdays, 6pm, Lakeview Social Hall #2; and Thursdays, 11:30 am, Bell Social Hall #2. As skill levels improve students can progress to more advanced classes. FMIC sctaichi@yahoo.com.

Bell Aerobics

Come join this friendly group for a complete 45-minute workout of gentle stretching on Monday, Wednesday and Friday at 8, 9, or 10am at Bell Social Hall. Membership is \$3/year with valid RCSC card; there are no class fees. There will also be a holiday potluck social in December for all club members. Looking forward to having you join us as club meets year-round. FMIC Brenda at 623-455-1818.

Hatha Yoga

Our Yoga Club meets at Sundial in the Yoga Club room. Classes are multi-level and do not assume prior yoga experience; all classes taught by certified instructors. Please arrive 15-20 minutes before a Mat class and bring a yoga mat, small blanket or a beach towel, your current RCSC card, \$3 class fee and \$5 yearly membership. Wear loose, comfortable clothing for a warm environment. Refer to our website for more information: <http://hathayogaclub.org>

Yoga Mat classes:

Mon: 8:30-10am & 6:30-8pm*
Tues: 8-9:30am, 10-11:30am & 1-2:30pm (Beginner)
Wed: 8:30-10am & 6:30-8pm*
Thurs: 8-9:30am (Beginners) & 10-11:30am
Fri: 9-10:30am
Sat: 8-9:30am & 10-11:30am

*evening classes

Chair Class* Times: Pre-registration & pre-payment required for chair yoga classes.
Wednesday: 10:30-11:45am; Thursday & Friday: 1-2:15pm

*FMIC Carlyn for Chair classes: 623-972-9602



Now Offering Group Classes

- Introduction to Stability Ball
5 Mondays starting August 1, 11:30am-12:30pm
Fairway Music Room, \$50
- Self Defense for Women
5 Mondays starting August 1, 1:00-2:00pm
Fairway Music Room, \$50
- Body Weight Bootcamp
5 Tuesdays starting September 6, 6:00-7:00am
Multi-Use Room (by Bell Lawn Bowl), \$50
- Kettlebell Workouts
4 Wednesdays starting September 7, 2:00-3:00pm
Bell Aerobics Room, \$40
- Train for Powerlifting Competition
Wednesdays year-round, starting August 3, 7:00-8:30pm
Bell Weight Room, \$40/month
- Call 623-696-6820 for more information or to pre-register and pre-pay

Tips from Get Fit for Life -
Strength Exercises for Runners

“Runners are a breed all their own”, states fitness professional Jane Fortier. “Their dedication to a sport that appears quite boring (putting one foot in front of another) is amazing. It takes an individual who is mentally tough and physically fit. A runner focuses on running farther, faster and more efficiently, while staying injury free. Any adult who uses running for their exercise routine, should incorporate other exercises into a workout plan, besides just running.”

Strength training is an important form of exercise for serious runners and recreational exercisers. Not only does it help to build lean muscles that power the body through the run, it fires-up the metabolism to help with weight control and it activates osteoblasts, which strengthen bones against age-related deterioration. A solid strength training program can help a runner develop balanced musculature, which leads to greater power and fewer injuries.

The following four strength exercises are a must for any adult who runs:

- **Squats:** These are the single most effective exercise to strengthen the lower body. Squats target the quadriceps, hamstrings, hips, hip flexors, glutes and core. When done properly, they can prevent knee pain and injury. There are a variety of squat exercises to choose from, depending on equipment available and fitness level.
- **Lateral Movements:** Since runners move primarily in one direction, it is important to train their bodies through other planes of movement. Lateral moves help improve often neglected muscles, like hip adductors and abductors. Strengthening these areas will improve joint stability, balance, and injury prevention. There are many exercises to choose from, depending on the exercise environment and equipment available.
- **Pushups:** The upper body is often neglected by adults who prefer to run, for exercise. A strong upper body is essential for overall fitness and powerful movement. Pushups are an efficient strength exercise to build chest, shoulders and core, in one move. Chest/bench presses will achieve the same results, if appropriate equipment is on hand.
- **Planks:** A runner is only as strong as their core – abs, obliques, lower back and hips. These muscles, which wrap around the torso like a corset, help balance and support every step. Strong abdominals and lower back will improve running posture and breathing. Planks train every muscle in the core. There are many Plank variations, depending on fitness level and space available.

Get Fit for Life personal trainers are experts at designing “sport specific” workouts for Sun City exercisers. Each client’s program is different, because of individual needs, goals and issues. To find out more about personal training services, call 623-696-6820.



The Plie' Squat is just one of the many strength exercises Mark Corirossi uses, to prepare his body for his favorite aerobic workout – running.

**LaTouch Wellness Massage Therapy Shares...
Combat Aging with Massage & Bodywork**

Whether you're a boomer who is running a marathon or running after your grandchildren, you know that growing older doesn't necessarily mean growing old. If you have a desire to stave off the effects of aging, then the preventative and restorative nature of massage and energetic bodywork might be just what the body ordered.

Reducing Stress: Everyone experiences stress caused by a reaction to physical, chemical, emotional or environmental factors. However, each person experiences and feels it in different amounts and reacts to it in different ways. When we suffer constant, or chronic, stress it can cause the body to remain in high gear for extended periods of time, which causes breathing and heart rate to speed up and blood pressure to rise.

While it's unknown if stress itself can increase the risk for cardiovascular disease, it may affect other risk factors and behaviors, such as high blood pressure, smoking, physical inactivity and overeating. Experts say the majority of disease we encounter today is associated with stress and it is also a huge factor in premature aging of the body. Researchers say chronic stress weakens the immune system as well.

Massage encourages the release of oxytocin, a stress-reducing hormone in the body that activates the parasympathetic nervous system and its relaxation response. Massage also decreases beta brainwave activity, increases dopamine and serotonin levels, and reduce cortisol levels, all of which are linked to decreased stress.

Squashing the Pain: Part of the natural aging process, unfortunately, involves dealing with aches and pains. Just as at the age of 40 the eye sight begins to go and at the 50 hearing loss becomes a factor. You might find that a day of gardening requires greater recovery time afterward, or a golf outing brings on back pain never experienced before. Even though pain is a constant source of grief for an aging body, the practice of receiving massage on a consistent basis can make a big difference. There are many benefits to those who make a commitment to regular massage and energetic body work. Listed here are just a few of the benefits:

- Improves range of motion and reduces pain
- Increases circulation, allowing the body to pump more oxygen and nutrients into tissues and vital organs
- Reduces swelling and scar tissue; Reduces recovery time from injury/surgery
- Releases endorphins, the body's natural painkiller, thereby reducing the need for medications

Aging, obviously, is a process none of us can avoid. As Benjamin Franklin said, “When you're finished changing, you're finished.” Turn the inevitability of aging into a positive process of change and let massage and bodywork help you along the journey.

LaTouch Wellness MassageTherapy, located in the Fairway Recreation Center offers Swedish, Deep Tissue and Sports Massage, Aroma Therapy, Reflexology and Reiki Energy Healing Sessions. Many of these services can be combined into 1, 1-1/2, or 2 hour therapeutic sessions. Please contact Laura at (623) 201-0378 to schedule your appointment today or visit our website at www.LaTouchWellness.com.

Group Equipment Demos
On hiatus until September

Member Fitness & Massage Services



Get Fit for Life
Fitness Training
623-696-6820

Sundial Center
Free Spirit Massage
623-225-8582

Bell Center
Jan Najera
623-521-0771
Lisa McCoy
623-210-2707

Fairway Center
Laura Moore
623-201-0378
latouchwellness@
massagetherapy.com

Club Directory

Art and Craft Clubs			Stitchers: BC 972-8491	Tu 9a-3p, W 9a-noon, F 9a-2p
Artists by the Lake: LV 877-9366 or 623-810-9112	T 1-4p, W 9a-4p, Th 9a-noon		Woodworking: BC 974-6058	M-F: 8a-4p; Sa: 8a-noon Tu 4-8p when staffed
Artistic Stained Glass: BC 974-4765	M-F 8a-3:30p, Sa 8a-1p, M,W,Th 5-8:30p		Woodworking: FW 972-4385	M, Tu, Th 8a-12p; W & F 12-4p
Artistic Weavers & Fiber Artists: OM 974-6108	M-F 9a-noon		Woodworking: LV 933-2355	M-F: 8a-2p
Calligraphy: SD 210-9137	Closed for Summer Mem Mtg: 9/2 9-10a		Card and Game Clubs	
Camera Guild: SD 293-8824 & 360-461-4801	T, W, Th 9a-noon		500: FW 979-8676 Instruction Available	M 5:30-10p, FW AZ Rm 3&4
Carvers: LV 388-3051	Th, Sa: 7:30a-noon SH #3; Items on display & for sale during club hours.		Backgammon: LV 623-229-9887	1st & 3rd Thursday 7-9p;Sa noon-5p Member Mtg 1st Sa noon-1p LV SH#3
Ceramics & Porcelain: FW 972-5818	M-F 8a-12p		Bunco Broncos: FW 602-526-3495 or 326-7055	4th M noon-3:30p FW 1 & 2
Ceramics & Porcelain: LV 933-8118	Th,F 9-1p		Canasta: OM 566-6408	F: 10a-3p OM Aud Aug 5 at Bell Multipurpose Rooms
Ceramics: BC 974-6750 or 623-972-4182	M-F 9a-3p New! Thurs 5:30-9p		Euchre: FW 314-374-4530	Tu: 6-9:30p, FW AZ Rms 2, 3 & 4 1st/3rd Tu1-4p SD East Hall
Ceramics: OM 319-431-5242	Closed August		Mah Jongg: MC Susan 623-910-1271	Tu noon-4p, SD West Hall
China Painting: FW 623-256-6784	M, W, Th & F 9a-noon; T, 9a-3p		Linda 623-240-9586	Th 8/4-8/25 Relocated SD East Hall 6-9p Su 8/7-8/28 relocated SD West Hall 12-4p
Clay Club: LV 933-0899	M-Thu, 8:30a-8:30p; F & Sa, 8:30a-4:30p		Mixed Cards: OM 623-933-1953 (Bea)	Please contact club for times and location
Clay Corner: MC 977-3167	M,T,W 8a-9p; Th,F 8a-5p Sa: 9a-5p		Mixed Cribbage: LV 594-0797	Tu 1-4p; W 5:30p-9:30p, LV SH #3 8/30 Cancelled due to elections
Crafts: BC 974-3497	M-Sa 9a-3p; W,Th 6-9p		Monday Night Pinochle: OM 251-4155 (Kim)	M 6:30-9:45p, OM Aud; 8/1 & 8/8 5:15-10p FW AZ #1 8/29 Cancelled due to elections
Crafts: SD 977-5494	M 8a-1p & Th 8a-11a		Pinochle: OM 977-3278	Tu 10:00a-4:30p Sa 9:30a-3:30p Tu 8/2, 8/8 10a-4:30p FWAZ#4 Sa 8/6 9:30a-3:30p FW AZ#4 8/30 Cancelled due to elections
Creative Quilters: LV 623-251-0124	M & F 8a-4p; Tu & W 9a-3p		Contract Bridge Clubs	
Friendship Quilters: BC 602-625-6761	M-Th-Sa: 9a-3p; M 5-8p; W 12-8p		Card Sharks: LV 933-7972	M: 6:00-10:00p LV SHs 1 & 2 at Arizona Room 1-2 8/8, 15, 22, 29
Grandmothers: OM 876-2016	Closed for Summer		One Partner: LV 623-933-7972	Th: 6:00p-9:30p LV SHs 1 & 2 at Arizona Room 1-2 8/11, 18, 25
Handweavers / Spinners: SD 933-0397	Closed for Summer		Saguaro: LV 466-6567	F: 6:15p-9:45p LV SHs 1 & 2 at Arizona Room 1-2 8/12, 19, 26
Knitters: FW 972-9736	F: 8:30a-2:30p		Wednesday Afternoon: OM 977-2871	W: 12:30-3:30p, OM Aud at FW AZ#4 8/3 & 8/10
Lapidary: BC 977-1803	M,T,Th,F,Sa 8a-noon, W 6-9p		Thursday Afternoon: OM 933-9671	Th: 12:30p-3:30p OM Aud at FW AZ #4 8/4
Jewelry at OM 319-431-3563	W-F 8a-12p		Friday Afternoon: FW 933-9671	F, noon-4:00p FW AZ 3
Leathercraft: MC 594-6591	M-F 8a-11:30p		Duplicate Bridge Clubs	
Metal: BC 974-8206	M, Wed-Sa 8a-4p, Tu 8a-8p Member Mtg 8/8 9-11:00a MPRs		Duplicate (ACBL) 928-240-0341	M, Th & F 1-4:30p; Su 1-4:30p LV SH No meetings 8/8-8/29
Needle Arts / Crafts: OM 972-2609	Th: 8a-11:30a Aug 4 at FW AZ #3		Kachina: SD	Closed for Summer
Palo Verde Artist: SD 933-7572	M-Su: 9a-5p		Sharon Henrich 623-251-4858	
Sew-n-Sew: LV 977-9460 - www.sewnsew.info	Boutique Sales, Sewing & Donations Tu, Th, Sa 9:30a		Lee Bone 623-974-0237	
Silver Stones: SD 623-349-8840	Tu, W, Thu 8a-noon Closed for Floor Cleaning 8/21-8/27			
Silvercraft: BC 933-8442	M-Sa 8a-3:30p if monitor is available			
Sterling & Stones: FW 977-2208	M-F 8a-4p; Sa 8a-noon			

Dance Clubs		
Ballroom Dance: BC SH 623-387-6731; 623-533-6236	Dance Su 7-9:30p (Lessons 6:30p w/pd admission)Group LessonsM&Th:7-9p BC	
Bell Tea: BC 933-8873	Closed for Summer Return 9/7 Mike Carollo	
Classic Rock Dance Club: FW 628-4400	Dance 1st & 3rd Sat 6:00-9:00pm FW AZ Rms Summer Beach Party on Saturday 8/6	
Country Dance Club: SD 242-9535 or 972-5127	Sa 8/6, 8/20, 6:30-9:30pSD; W, 6-9pOM 8/3 LV SH#1, W+K2 6-9p	
Friday Night Dance: SD 623-215-8718	F: 7p-10p	
Karaoke & Dance Club: BC 209-380-8029	Karaoke/Dance 8/6 & 8/20; 6:30-9:45p	
Line Dance: SD 623-972-5127 or 231-557-6555	Tu and Thu 10a-1p, SD Aud	
Rockin' Thru The Years: BC 332-7894	Sa: 6:30-10p 8/13, 8/27 8/13 Pizza & Dance	
Squares: BC 875-2642 (Mary Sue)	Closed for Summer May 1- November 1	
Suncity Squares@q.com Sun City Poms: MC	Cancelled for August	
602-392-4242 scpoms@yahoo.com		
Tip-Top Dance: MC 974-9830	MTTB-T, TH thru 8/25 Relocated to MV Pilates Mat M&F 1p BC Aerobics Rm All Others Closed in August	
Educational Clubs		
Apple Macintosh: SD 933-5300 sunmacs.org	Closed 8/1-9/12 Next General Meeting: 11/12	
Life Long Learning: FW 623-533-5756	Classes resume in October	
PC Computer Club: FW 933-8953	M-F 8a-noon	
Spanish Club: FW SunCitySpanishClub@gmail.com	See Class Page for Schedule or Bulletin Board at Fairway	
Fitness Clubs		
Aerobic: BC 455-1818	M, W, F: 8a, 9a, 10a	
Aqua Fitness Club aquafitnesssuncity.com	Registration 8/27 7:00a SD Aud Classes in session	
Nancy 623-330-4242	Call club in reference to club hours	
Dance for Fitness 623-933-7021 or 515-975-1683	Closed during August	
Handi-Capables: SD 933-6515	Closed for August	
Hatha Yoga: SD www.hathayogaclub.org	Check communications board at Sundial classroom for details	
Ladies Exercise: OM 573-579-5320	Tu & F: 8-9a	
So Grand Exercise: FW 977-6885	M, W, F 7:30-9:00a	
Stretch and Slim: BC 628-4401	M-Sa 8a, 9a	
Tai Chi: FW 623-972-6159	LV SH#3 Tu 6-7p; BC SH#2 Th 11:30a-12:30p Member Mtg 8/11, BC 1-2p	
Zumba Fitness: 623-972-0099	BC: M & W, 11:30a-12:30p SD: Tu 6:30p-7:30p Thu 6:30-7:30p; Sa 8:30-9:30a SD West; 8/27 in Bell SH	

Hobby Clubs	
Armchair Photo Explorers: FW 933-0791	No Meeting
Best Friends Dog Club: FW 266-6905	Closed for Summer
Duffeeland Dog Park-Talisman 928-221-6052	
Garden: OM 875-5921	M, W, F: 9a-12p
Model Railroad: FW 271-8223	Summer hrs. May 1-Sept 30 Th 10-2pm
Model Railroad Museum: FW 974-2846	Aug 1 - Sept 30: Th 10a-2p
Rockhounds: SD 974-0550	No Meeting
Mineral Museum: SD 428-6442	Summer Hours: Sa: 10a-1p
RV Club: SD 602-616-4835	Closed for Summer
Stamp Club: MC 974-9943	Closed for Summer
Vintage Vehicles 503-522-0029	
Performing Arts Clubs	
Chamber Orchestra: FW 933-1568	Closed for Summer
Choraliars: FW 933-7202 (Carol)	Closed for Summer
Concert Band: FW 972-4767	Closed for Summer
Handbell Ringers: FW 933-6645	Closed for Summer
Piano: SD 876-0645	Closed for Summer
Players Theater: MV 920-988-7339	
Readers Ensemble: LV 974-3384	Fridays 1-4p LV 2&3
Rhythm Ramblers: FW 876-8464	Closed for Summer
Ukulele: FW 594-6591	Summer Strummers Thu 3-5p FW Music
Women's Chorus: FW 480-236-1602	Closed for Summer
Political Clubs	
Democratic:FW 623-977-4660	1st Thurs 4:30-8:30p FW AZ Rm 1&2
Republican: SD 713-557-5800 suncitygopclub@gmail.com	Closed for Summer
Social Clubs	
Book in Hand: FW 933-7361	2nd Fri 12:30-3p FW Rm 217
Gourmet Social: OM 920-716-2862	Closed for Summer
Men's: SD 977-5116	M-Sa 7a-4p, Clubroom@SD

Michigan Friends In SC michigan2arizona@cox.net 623-910-1522	TH 8/25 - Potluck Lunch at Camp Verde; RSVP by 8/20
New England: LV 815-6722	Closed for Summer
NextGen: FW 314-423-0123	Social Mtg Thurs, 12:30-4p BC MPRs and Weds, 6:30-9:30p, BC SHs
Sun City Hospitality: MC 933-5158	Friendship Corner (974-4529) Sa 11a 8/6 LV SH #2; at Talisman 8/13, 20, 27 Chess Wed/Thur 1p LV SH#3 Remainder Closed for Summer
Singles Social Club: FW 615-574-9960	Potluck 1st Fri, 6-9p FW AZ 3&4 Game Night 3rd Fri, 6-9p FW AZ 3&4
Wisconsinin Club:SB 623-242-6318	
Women's: LV 480-249-0862	Sun-Sat 10:30a-4p LV Clubroom
Sport Clubs	
Billiards: Bell Billiards Room 315-806-0068	Instruction, Friday 8:30-11a BC Billiards Tournaments, Wed 8a-1p BC Billiards
Billiards: LV Billiards Room 602-319-0783	Ladies M & Sa: 8:45-10:30a, Th:9:52 11:30a, Couples W: 6-7:30p; Men Singles M & F: 8a-12p Men Doubles Tu & Th: 8a-12p Fridays 7p
Bocce: SD 271-0092	
Conservation/Sportsmen: LV 612-741-5923	Closed for Summer
Dart Club 623-875-4523 or jerome_ida@hotmail.com	M/Tu/W 5:30-7:30p; 1st & 3rd Sa 1-3pm
Lawn Bowls: BC 972-3248	Sun, Mon, Wed, Fri Party 8/12 12:30p BC MPR-B
Lawn Bowls: FW & MV 933-5066	T/Th/Sa FW 6:30p, MV 6p
Lawn Bowls: LV City Club) 583-0625	(Sun Closed for Summer
Lawn Bowls: LV 974-3214	T/Th/Sa 7-9a, 7-9p
Lawn Bowls: OM 792-5202	Closed for Summer
Mini-Golf: LV 217-2290	Closed for Summer
Pickleball pickleball.suncity@gmail.com	Open Play M/Tu/W/Thu 5-9 MC Crts M/W/F 9-11a Tu/Thu 4-7p MV Crts
Check for additional times	
Racquetball Club: BC 986-1754	Mon/Wed/Fri 11a-1p,Sa 11a-1p, plus M/W/F 1-3p, T/Th 5:30-7:30p, Sa 7-9a
Shuffleboard Bell: BC 623-972-3169 - Dennis	Mon/Tu/Fri 1-4p BC Courts
Shuffleboard Outdoor: LV 688-4823	Closed for Summer
Shuffleboard Sundial: BC 208-9921	Wed 1-3p, Thu 1-3p, 6-8p
Six Shooters-Horseshoe: MC 505-7465	Tu/Thu 7:30-10:30p, Wed 6:30p MC

Softball (Senior): Sun Bowl 623-444-9402 or 503-351-2036 www.azsrsoftball.com	Open Practice Su/M 6:30a, New players M 8:30a,League Play Tu/Th 8a
Swim Lessons: LV 583-5894	Wed 8-10a LV Pool
Swimmers Master: BC 876-1233	Mon-Fri 7-9a BC Lap Pool
Swimmers Synchronized: LV 583-5894	Mon/Wed/Fri 8-10a LV Pool
Table Tennis: BC 875-9991	M-W-F 9a-3p; Su 1-3p
Tennis: BC Joe: 623-251-3969 jvolson@loretel.net	Call Club for Times, Locations
Water Volleyball: OM 377-5091	Fri, Sun 2-4p; Mon, Wed 12-2p @ OM

Club Directory Key:	
M = Monday	BC = Bell Recreation Center
Tu = Tuesday	FW = Fairway Recreation Center
W = Wednesday	LV = Lakeview Recreation Center
Th = Thursday	MC = Marinette Recreation Center
F = Friday	MV = Mountain View Recreation Center
Sa = Saturday	OM = Oakmont Recreation Center
Su = Sunday	SD = Sundial Recreation Center
a = A.M. & p = P.M.	SB = Sun Bowl
All area codes are 623 unless otherwise noted.	

Important Dates for Clubs to Remember!

- August
- 5 SunViews submissions due for September
 - 10 Guest Attendance Register & guest fees due

- September
- 5 SunViews submissions due for October
 - 10 Guest Attendance Register & guest fees due

- October
- 1 Club Membership Roster due
 - 5 SunViews submissions due for November
 - 10 Guest Attendance Register & guest fees due

- November
- 6 SunViews submissions due for December
 - 10 Guest Attendance Register & guest fees due

- December
- 5 SunViews submissions due for January
 - 10 Guest Attendance Register & guest fees due
 - 31 RCSC Chartered Club Officers Form BP:12-3

Clubs & Activities Office

623-561-4660

email: clubs@suncityaz.org

RCSC Clubs & Activities: There’s something for everyone! Why not join a club this summer?

Arts & Crafts

Oakmont Needle Arts & Crafts

Sun City's hidden Jewel of a Club-a place to learn basic knitting, crocheting and embroidery. Every Thursday of the month, mentors are available to get you started on your adventure into needle arts. Every fourth Thursday members show and tell current or completed projects. Come to Oakmont Auditorium any Thursday, 8-11:30am to learn, socialize and enjoy jokes and treats. FMIC Phyllis 972-2609.

Lakeview Ceramics

We offer classes in ceramics, porcelain & stoneware. Beginners Workshop on Wednesdays 9am-1pm; get one-on-one instruction. Club hours: Mon 9am-3pm, and Tues-Fri 9am-1pm. Tuesday evening classes no longer available. Annual Membership: \$5 w/current RCSC card. FMIC 623-974-5979 or stop by. Visitors (RCSC Cardholders) are always welcome. If you are looking for a relaxed place to do your ceramics, porcelain, or stoneware, this club is ideal for you.



Creative Quilters

Meet on second floor at Lakeview. The Quilting Room Is Now Open for Quilting Activities. Members Will Find New, Bright And Light Paint, New Floors, New and Greatly Improved Lighting And New Fans.

Regular Club Hours:

Mon and Fri: Open Sewing 8am-4pm
Tues and Wed: Open Sewing with Sew N Sew to 3pm
Friday: Business meetings, announcements, programs 9:30am
Boutique items available for purchase during Club hours.

Upcoming Events:

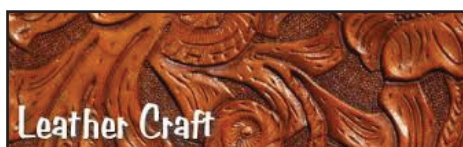
August 5 Show and Tell
August 19 Program
August 26 Featured Quilter

Stash Busters Class: Mon 8/15; \$2 per session. This class is regularly scheduled the third Monday of the month and includes instructions/demonstration of a block designed to use fabrics from your stash. Fall Quilt Camp: October 18-20

Upcoming Classes: A Beginning Quilting Class is planned for November. Watch our news items and stop by the Club room to look at the class book for more details as they become available. Membership/participation open to all RCSC cardholders

Learn Leather Craft

Sun City Leather Club is open to all RCSC members. Annual Dues: \$10. Beginner classes held Tues/Thurs, 8am. Learn carving, stamping, garment and construction. Lessons, patterns and tools furnished. We meet at Marinette; winter hours: 8am-2:30pm; summers hours: 8am-noon, Mon-Fri. Learn to make all kinds of leather goods, from belts to purses, holsters and even mini saddles. It's a great group of people and a wonderful craft. FMIC 623-594-6591 or 623-933-8831.



SewNSew Club

Membership open to all RCSC cardholders: \$5 annual dues.

August 2-4: Sewing/Quilt Camp 8a-4p in Sew&Sew club room. Dottie Kirby and Mary Page
Boutique & Open Sewing: Tues & Sat 9:30-3p; Thurs: 11:30-3p.

Boutique sales include doll clothes to fit the American Girl Doll. SewNSew appreciates fabric donations that help us serve our community. Donations accepted during open sew times.

Certification required for all machine use. Sign up in club room for:

Brother sewing machine: 1 3-hour class; cost \$6
Baby Lock Imagine Serger jet-threading machine: 1 3-hour class; cost \$6
Baby Lock Embroidery machine: 2 3-hour classes; cost \$12
Cover Stitch Machine: 1 3-hour class; cost \$6
Heavy Duty machine for bulky fabrics: 1 3-hour class; cost \$6

Sewing classes on topics requested by members are scheduled; See reservation list in club room for specifics. Reference materials, club patterns and embroidery designs available to members during open sewing hours. FMIC 977-9460 or <http://www.sewnsew.info/>

Lakeview Woodworkers

Many beautiful wood crafts to see; come take a look! You brave men & women who summer here might consider tapping into your creative-self & creating something with your own hands. It's a wonderful feeling (& the woodshop is cool). We always make a lot of sawdust & usually something special to show for it. Our club is a fun & happy place; members always willing to help. We're open Mon-Fri 8a-4p & Sat 8a-12p. Summer hours: Mon-Sat 8a-12p. Annual Membership: \$20. FMIC 623-933-2355

Bell Craft Club

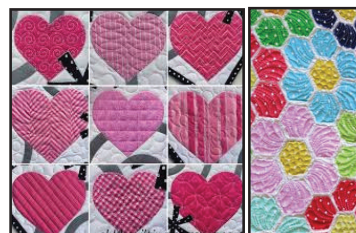
open Mon-Sat 9am-3 pm, and Thurs 6pm-9pm. Many different classes/workshops available, including (but not limited to): Bead weaving, Greeting Cards (4), Copper Enameling (2), Placemats, Candle making, Quilling & Cross Stitch, Painting, Plastic Canvas, Knitting, Crocheting, Silk Flowers, Craft Beading, Polymer Clay, and Brazilian Dimensional Embroidery. All classes taught by active members. If you have a craft you think others would enjoy, become a member and teach. Boutique open to all for purchase of unique handcrafted gifts made by our members. General Meetings second Thurs, Sept- May. Annual Dues: \$10. New members joining July 1-Dec 31: \$5. All regularly scheduled classes free to club members. Membership open to all current RCSC Cardholders. FMIC 623-974-3497.

Fairway Knitters

Knit and crochet items for the military, care centers, and school children as well as for the homeless of Phoenix and other charities. Join us any Friday 8:30am-2:30pm. Club provides the yarn, you provide your time and skill, and we all have fun learning from each other. We meet in AZ Room 4 at Fairway. Annual membership is \$3. FMIC 623-972-9736.

Camera Guild

Exciting classes, social events, competitions & Grab (your camera) & Go outings. Club Room, Sundial (2nd floor). Contact club for details. We love to share ideas. FMI visit cameraguildsuncity.org



Friendship Quilters

Friendship Quilters was built on friendship and the common interests of quilting and creating projects with fabric. We welcome new members of all levels and interest, from novice to expert. Many members have found lifetime friends at the club. We encourage you to stop by the Bell Craft Village, Quilting room, on one of our meeting days. Come in and sit with us and enjoy our contemporary version of the "Quilting Bee". Mon, Thurs & Sat: 9am-3pm; plus 5pm-8pm Mon; and Wed: 12-8pm; Annual dues: \$5. Membership/participation open to all RCSC cardholders. Introduction to Quilting class begins in early January and runs for five weeks, watch for more information in the fall. Our website: www.friendshipquilters.us

Happy Hearts

Needed: Yarn for our veterans. "Happy Hearts" at Bell Craft Club donate their time to make lap robes and afghans for our Veterans. These donated items are distributed to needy Veterans throughout the area by the American Legion and Auxiliary. To help with the growing need, we are reaching out to the community requesting yarn donations to assist us with our cause. Please call 480-299-3316 for donation location. Thank you for your assistance, and our deeply felt appreciation to our Veterans for their service.

Sun City Clay Club at Lakeview

We are open and active. Our free summer workshops have been well attended and enjoyed by all participants. It is always fun to try a new project, learn a new technique and have a good time socializing with fellow members. Free summer classes continue through September. If you are interested in learning about working with clay, stop in for a tour of our clubrooms and sign up for a beginning class in hand-building. Our teachers are knowledgeable and members are friendly and helpful. FMIC 623-933-0899 or visit during club hours. Summer hours: Tues-Thurs: 8:30am-8:30pm; Fri-Sat: 8:30a-4:30pm. www.suncityclayclub.com

Marinette Clay Corner

We are busy this summer creating our "Yard Art" pieces, which continue to be a success. The option of building a pole from pieces of your choosing makes each piece unique. Stop and visit us, we are happy to assist you in building your own personalized piece! Some Clay Corner members are "Snow Birds," but many stay during those hot summer months. Thank you to all those who stay and build these pieces, which contributes to the success of the Club. Fun Shops scheduled for the summer include classes for making lizards, bird-houses, embellishments for your pottery, and table top water fountains. If you are a member of Marinette Clay Corner, be sure to sign up for one or more of these Fun Shops. If you would like to join Marinette Clay Corner stop by and talk to one of our members. Please remember Marinette Clay Corner Club membership is available for all RCSC cardholders.

Current (Summer) hours:

Mon-Wed: 8a-9p
Thurs-Fri: 8a-4p
Sat: 9a-5p
Sun: Closed

Visit marinetteclaycorner.org for additional information or call 623-977-3167

Arts & Crafts (continued)



Sun City Calligraphy Society
Summer schedule continues into August, when the club closes for the entire month. The first General Meeting after summer is Friday, 9/2 at 9am in Club's Sundial meeting rooms. Come in and catch up on what's been happening; what new classes and events are planned for fall. Public sales of our beautiful and creative handmade greeting cards start again in September during regular club hours. Samples of cards for sale are displayed in club case at Sundial anytime, so come by and see what our members are creating. If you wish to participate in any club events, membership is open to all RCSC cardholders. FMIC John Staggs at 623-210-9137.

Artistic Weavers/Fiber Artists
The Artistic Weavers and Fiber Artists' Club at Oakmont is open from 9am-noon, Tuesdays-Fridays from May through September. Members will be working on knitting, crocheting, loom weaving and basketry projects throughout the summer. Stop by the club room to purchase a handcrafted item, to see what's happening, or just to say "Hi." We'd love to have you join us!

Oakmont Ceramics
Annual Dues: \$5
Club hours: Mon-Thurs, 8am-3pm; Tues 5:30-9pm; New Hours! Sat 9am-1pm; closed on Fridays. Oakmont Ceramics has expanded its hours to meet our members' needs. Whether you are a beginner or advanced ceramist, Oakmont Ceramics, The Friendly Club is for you. See Sign-up sheets in Club for special classes/workshops. FMIC 623-363-3908 or come by the Club during Club hours.

Bell Silver Craft Club
You are invited to visit our fully, professionally equipped silver craft workshop & sales room. We offer beginning classes in basic silver work, introducing students to silvercrafting fundamentals. We also offer lost wax casting classes, turning wax models into beautifully cast silver or gold, and classes in chainmaille for stunning bracelets & necklaces. Other specialty classes/demonstrations offered throughout the year. Feel welcome to tour our club & see the possibilities. Jewelry sales store hours: Monday-Saturday 9am-3 pm. Silver-crafting hours: Monday-Saturday 8am-3:30pm. We are located right around the corner from the visitors center at Bell. FMIC 623-933-8442.

Fairway Ceramics & Porcelain Club
It's not too soon to think about gifts for the Fall holidays soon to be upon us. Perhaps "ghostly" accents for Halloween or a special centerpiece for the Thanksgiving table. All Guests/Visitors invited to enter a free monthly drawing for an awesome door prize. Come take a quick tour & have a cup of coffee! Fun classes are low-cost: air-brushing, clay lifting, glazing, brushstrokes, decorating with translucents, Zentangle, underglaze pencil, clay building, overglaze application, stoneware and many others. All skill levels welcome. Annual membership (Jan-Dec) \$10 per RCSC cardholder; family memberships for 2 (same address) \$15. Basic orientation helps new members get started in a friendly, encouraging environment. Greenware, tools and supplies available for purchase on site. New molds of wall-hangings, mushrooms, dramatic showpieces with carved-in pueblitos, bird-houses, and casseroles and more. Summer Hours (June-Aug): 8-Noon, Mon-Fri. FMIC 623-972-5818, or Dott McDaniel 623-748-3313. Located on Fairway 2nd floor.

Bell Metal Club
Love metal? Love art? Come to Bell Metal Club to be innovative and artistic with metal! Not only can you work with metal, we can fix and replace your garbage can lids or make your mailbox secure by adding a locking security box. We have all the equipment to cut, weld and machine metal; we even build small engines. Come visit our shop and/or join us Monday-Saturday, 8am-4pm. Membership is open to all RCSC Cardholder and is \$10 per year. Call us to see if we can repair or fix your broken metal items. FMIC 623-974-8206.

Artists by the Lake
Meets in Lakeview Art Room. New classes have begun for watercolor, drawing, acrylics, oils, pastels, & general art classes. FMIC Janene Geisner 623-810-9112.

Artistic Stained Glass at Bell
Open weekdays: 8am - 3:30pm Mon-Fri; 8am-1pm Sat; and 5-8:30pm on Mon, Wed, Thurs. Come in and visit to see all the great work happening there and sign up for a beginner's class.

Sun City China Painting
Try a different kind of art work that's purely artistic yet practical. All RCSC Cardholders are invited to stop in Fairway (Room 217) to learn more and to see the many kinds of art work used on china and china-like surfaces, such as tiles. There are many places where hand-painted tiles can be used. FMIC 623-256-6784 after 4pm.

Bell Ceramics
Ceramics Club of Bell Center is for beginner-through-advanced ceramists. Classes offer various techniques including: stains, oils, glazes, underglazes, chalk, clay add on, banding, carving and more. Annual Membership: \$7 (RCSC card required). Additional fees for classes from \$8-\$20. Each club member must volunteer if they wish to use club kilns, take classes, or sell finished pieces in club store. (Store has greenware, paints, and other supplies for sale.) Members can choose from over 1,300 molds for their ceramic projects. On a "Summer Trial" Ceramics is open every Thursday from 5:30-9pm. Please stop by and show us you are interested in attending during these hours. FMIC 974-6750 (club room)

Grandmothers & Friends
Grandmother & Friends meet Mondays at Oakmont, 9am, for workshops where we make favors etc. for various area charities. We also create placemats (and other crafts) made from recycled greeting cards (generously donated to our club) for the Arts & Crafts Festival and other events. Social meetings second Monday each month at noon. FMIC Shirley: 623-876-2016



Fairway Woodworking
Come take a look around. Join us and enjoy a great club and rewarding hobby in a large club room containing the latest equipment and tools. Summer Hours (May 2 thru Oct 3): Monday, Tuesday, Thursday - 8am to noon Wednesday & Friday - Noon to 4pm FMIC 972-4385

Handweavers & Spinners Guild
Classes held Oct-May at Sundial. Class Schedule: Mon 9am-12pm Beading; Tu 9am-12pm Shirret; Rug Weaving Tu 12-3pm; Tatting Tu 1-9pm; Beg weaving Wed 9am-12pm & 1-3pm Intermediate; Hardanger, Th 9 am-noon; Th 12-3pm Inkle and Spinning; Fri 9-3 Basket Weaving. Gen mtg: First Mon, 1pm. FMIC Guild room phone 623-933-0397.

Performing Arts

The Sun City Players
The Sun City Players Community Theater welcomes you to their 2016-2017 season.

Season tickets cost \$25 and go on sale 8/1 on our website: www.suncityplayercommunitytheater.org. Tickets for individual plays cost \$10 and are available online starting 9/20. All performances are at Mountain View Recreation Center, 9749 107th Avenue, Sun City. For more information, email suncityplayersboxoffice@gmail.com.

The season opens 10/28 with The Dixie Swim Club. Five women form a close friendship in college and agree to meet once each year to exchange updates of their lives. It is a play that is funny, tender, and unfailingly honest. Watch for details of the romance Chapter Two, by Neil Simon, which opens 1/13/2017. The spring musical is A Bag Full of Miracles. It is a touching, tender story with comedic and romantic highlights by author Tom Northam, and opens 3/17/2017.

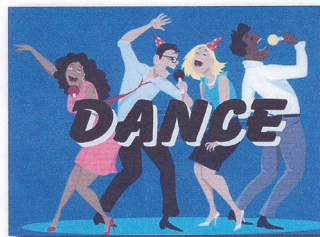
Sun City Choraliers
The Choraliers of Sun City are looking for those experienced choral singers who want to sing good choral literature in a small ensemble setting. The Choraliers are under the capable direction of Jane Brambilla who has over forty years of successful vocal experience. The Choraliers are an auditioned group which performs approximately twenty times from December to April. Rehearsals are Mondays starting September 12th at 8:30-11am at the Fairway second floor music room. So if you are looking for a place to satisfy your musical fulfillment please stop in to listen to us, or check out our website www.suncitychoraliers.com.

Readers' Theater Ensemble
Readers' Theater Ensemble encourages acting & oral reading. We give short plays at various organizations. Meetings are workshops to help improve talents. We do not memorize; we read from scripts. If you are shy, we can help you gain confidence. We meet every Friday at noon in Lakeview Social Halls 2-3. Come observe; don't be surprised when you decide to keep coming back. FMIC 623-972-4580. Open to all RCSC Cardholders. Annual dues: \$1.

Dances

Sun City Karaoke and Dance Club

Come to the newest club located in Bell Social Halls and open to all RCSC cardholders and escorted guests interested in singing and dancing. Karaoke fan? Bring in your favorite USB/CD+G or MMC Card and we will play it for you. If you would like to sing to the club's music, there is much to choose from. Annual membership: \$7. Admission: Guests \$5 / Members \$3. Doors open 6:30pm; singing and dancing 7-9:45pm. We meet every first and third Saturday nights with a few exceptions. Please check our schedule on the website at www.sunaz.com/karaoke-club or FMIC President Bill at 209-380-8029 or email at karaoke.suncity@yahoo.com. We hope to see you there.
August Karaoke-Dances: Saturday 8/6 & 8/20.



Rockin' Thru the Years – Saturday Nite Fever

Only dance club dedicated to Classic Rock And Roll, Disco, DooWop and Country Rock. We have our own sound system and use 2 different DJs to play music from the 50s thru today. Will play requests as long as they fall in R&R genre. Singles & couples welcome; No Dress Code! We furnish cups & ice; BYO snacks & favorite beverage. Admission: \$3/members; \$5/escorted guests. Annual RTTY membership: \$3 w/valid RCSC Membership. Remember: No partner or dance lessons needed to enjoy dancing to R&R & Disco. Dances at Bell; Doors open 6:30pm; dance 7-10pm. FMIC 623-332-7894 or visit website at rockinthrutheyears.com. We play videos with your music on our 10' x 5' video screen!

Saturdays: 8/13 - DJ Ryan Blair; 8/27 - DJ Ryan Blair



Sun City Friday Night Dance Club

Singles and couples invited to join us for social & ballroom dancing at Sundial, Fridays 7-10pm. Whether you love to slow dance, are an accomplished ballroom dancer, or somewhere in between, you'll enjoy dancing to some of the best live music in the Valley. Free dance lesson with paid admission: 6:20pm. No partner required for lesson; Students rotate so everyone has an opportunity to dance. We also have a couple "Mixers" and a couple of "Line Dances". Admission: \$5/members; \$7/guests. Enjoy socializing and making new friends. Be comfortable, but please - no jeans, shorts, pullover shirts, hats, tennis shoes or flip flops. Coffee, ice and cups provided. FMIC Bob (623) 215-8718 or visit our website at: www.suncitysinglesdanceclub.com. Open to all RCSC Cardholders and their escorted guests.

August Dates: 8/5 The Breeze; 8/12 Bob Roppolo; 8/19 Mike Carollo; 8/26 Pizzazz

Classic Rock Dance Club

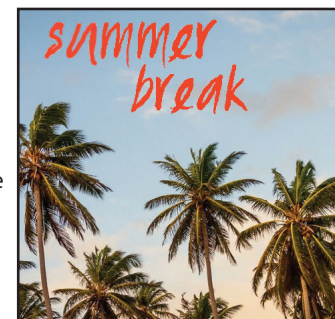
Join us for our First Annual Summer Beach Dance Party on Saturday 8/6 at Fairway. DJ Ron West plays the greatest classic rock n roll beach videos & dance songs throughout the night. Saturday 8/20: DJ John Phillips rocks the house with classic 1950s-70s rock n roll oldies. Cookies, cups, ice, & napkins provided, BYOB. Doors open 5:30pm, dancing 6-9pm. Singles and couples welcome. Dress casual or dress up, open to RCSC cardholders and escorted guests. Annual club membership: \$3 w/valid RCSC membership. Admission: \$3/Members; \$5/ escorted guests. FMI visit sunaz.com/classic-rock-dance-club/ or call Donna 623-628-4401/360-350-8160



Bell Tea Dance

Bell Tea is currently closed for the Summer but returns in September. Please join us for our First Dance of the Season on 9/7 with Mike Carollo. Thereafter, dances on Wednesdays from 2-4pm at Bell. Music provided by local keyboard artists. Dances consists of Foxtrots, Waltzes, Latin, Swing and Rock; two mixers and line dance included. Coffee, tea & cookies provided. Singles welcome. Admission: \$4/Club Members, \$6 Escorted Guests. FMIC 623-933-8873.

Please join us for our next dance on 9/7 with Mike Carollo



Sun City Ballroom Dance Club at Bell



Change is in the air! Through October, Mike Corolla performs for the first Sunday dance each month. Frank Romani performs for your pleasure for all other Sunday dances. Dances held at Bell Social Hall every Sunday evening from 7-9:30pm throughout the year. Dances open to all RCSC cardholders and escorted guests. Please join us for a fun evening. Dancers of all levels of accomplishment welcome. We dance all year round on a beautiful dance floor in air conditioning.

Annual club membership: \$3. Dance: Members \$4; escorted guests \$6.

Free Dance Lesson: 6:30 pm, before Sunday dance with paid admission. Coffee, ice and cups supplied; bring your own snacks. Visit www.suncityballroomdanceclub.com FMI

Sun City Line Dance Club at Sundial

Line Dance is happy to be back at Sundial for all dances starting 7/5! We enjoyed Lakeview's hospitality, but it will be nice to dance in a newly refurbished auditorium. We dance every Tues & Thurs, 10a-1p, with lessons 15 minutes before the dance. Our quarterly Night Line Dance is 7/30 at Sundial. "Line Dance Teach" at 6:30pm, dance from 7-9:30pm. Members, Visitors and Escorted Guests all welcome. Serving cookies & water; BYOB. There is space for couple dancing and Partner Pattern dancing. DJ is a local instructor everybody knows & enjoys. For future planning, August dances are every Tues & Thurs at Sundial, 10a-1p.

Sun City Squares

Closed for the Summer Season (May thru October). We will begin dancing again in November 2016. Check back here and at <http://sunaz.com/sun-city-squares/> for more information about lessons and dancing this fall. Have a great summer!

Country Dance Club at Sundial



Come dance with us on the first and third Saturdays in August. Both dances are from 6:30-9:30pm. Doors open 6pm. Admission: \$3/members and \$5/escorted guests. There is something for everyone; a good mix for couples, couples pattern, & line dancing. Dress casual or dress up, country or otherwise. Cups & ice provided; bring your own drinks & snacks. FMIC 623-972-5127 or visit www.countrydanceclubsc.com.

8/6 at Sundial and 8/20 at Sundial

Dances Lessons

Tip Top Dance Club

All classes suspended for August except Moving to the Beat and Pilates. Moving to the Beat: Low Impact Aerobics Dance Class to get you ready for future dance classes - Tues & Thurs 1pm; Pilates Mat Class: Mon, 1-2pm Bell Aerobics Room. All classes return in September with tap classes at all levels; men and women welcome. Beginners: Mon 10am; Intermediate: Tues 9am; Non-Performing: Wed 9am; Advanced Tap: Tues 10:15 & Fri 10am; Advanced Variety: Mon 8:45am & Fri 9am; Annual membership: \$10. Tap Class fee \$12 monthly. Moving to the Beat \$3 per class. Open to all RCSC Cardholders and their escorted guests. Marinette Social Hall; FMIC Christine 623-322-3138

Sun City Ballroom Dance Club Group Ballroom Dance Lessons

Monday and Thursday evenings at Bell Social Hall

Mon: 6 pm - Cha Cha; 7 pm - Foxtrot; 8 pm - East Coast Swing
Thurs: 6 pm - NC 2-step; 7 pm - Waltz; 8 pm - Tango

Cost per lesson: \$5 members; \$7 escorted guests. FMIC Kat 623-387-6731 or Julie 623-533-6236 or visit www.suncityballroomdanceclub.com



Educational Classes



Computer Club of Sun City

Our members come here to share computer knowledge and experiences, including current Microsoft Operating Systems, Chromebooks, Android Smartphones

and tablets in a fun social environment. This includes Windows 10, the internet, mobile devices, media, home, office and social. Members of the Club can come anytime that we are open and use our computers in the Member's Lab to check email, read the news and visit favorite websites. They use our scanner to scan their important documents, precious old pictures, prints, slides and negatives. Classes, special interest group discussions and presentations are both interesting and educational.

We have two entire classrooms equipped with Windows 10 computers and many classes using Microsoft 10 are scheduled. Classes are usually announced at least two weeks before and require club membership. You'll need to come to the club to pre-registration. Register early as they do fill up fast!

All RCSC cardholders are welcome to join the fun! In August, you can join by attending a short "Join Us" presentation on any Wednesday. Come in anytime between 9a to 10:30a. It only takes a few minutes to join! Come to our club for more information, or visit our Club Website: www.firstsuncity.com

The Computer Club of Sun City is on the 2nd floor of the Fairway Recreation Center
Summer Hours: Mon - Sat: 8am to Noon.

First Week

Android Devices SIG, August 1 at 9a
Operating System, Windows 10 Class, August 1, 2 and 3rd from 9a to 11a
Round Table Discussion, August 5 at 9a

Second Week

Internet Email SIG, August 8 at 9a
Computer Clinic, August 12 at 9a
Investors SIG, August 13 at 9a

Third Week

Android for Beginners SIG, August 14 at 9a
Computing 101 Class, August 16, 17 and 18 from 9a to 11a
Android Workshop, August 17 at 9a
Computer Clinic, August 19 at 9a

Fourth Week

Microsoft Windows SIG, August 22 at 9a
Windows 10 Workshop, August 24 at 9a
Computer Clinic, August 26 at 9a



Spanish Club - El Círculo Español

As always, the Spanish club is active. Join us during the summer every Wednesday from 1-2:30pm in room 133 Fairway for a fun, relaxed class for all levels. Handouts provided. We also have monthly get-togethers at various events and restaurants. We always try to carpool.

October 20: Class Registration and Meeting.

Annual Membership: \$7; includes as many classes as you like. Many social events allow members to bring a guest. FMI SunCitySpanishClub@gmail.com or visit Sunaz/Spanish-club/ or 623-466-5011



Life Long Learning

The Lifelong Learning Club of Sun City offers learning opportunities for residents presented by volunteer instructors who bring a lifetime of teaching, learning and experience in many facets of life. Membership is open to all RCSC Cardholders.

Classes are held at Fairway Recreation Center. Annual dues of \$20 allow club members to attend up to 15 classes each semester and must be paid upon registration. Also required is a valid picture RCSC ID card. FMI 623-533-5756



SunMacs Computer Club

We are currently closed August 1 - September 12 for our Summer Break. Summer hours (when our club is open only in the mornings) are Tuesday and Thursday, 8:30 - 10:30am, and begin on May 3 and end on October 27. Our next General Meeting will be on Saturday, November 12. Topic will be announced later. Visit our website . . .

P.S. We're always looking for suggestions of programs you really want and need in our monthly-meeting programs. Please let us know what you'd like!

We specialize in assisting our members with Apple Products and Software. Located at Sundial; RCSC card required for membership. Annual dues: \$20 single/\$30 couple. We offer Classes, Round Tables and Socials free to club members. Some classes require pre-registration. Visit www.sunmacs.org or our club room (933-5300) FMI



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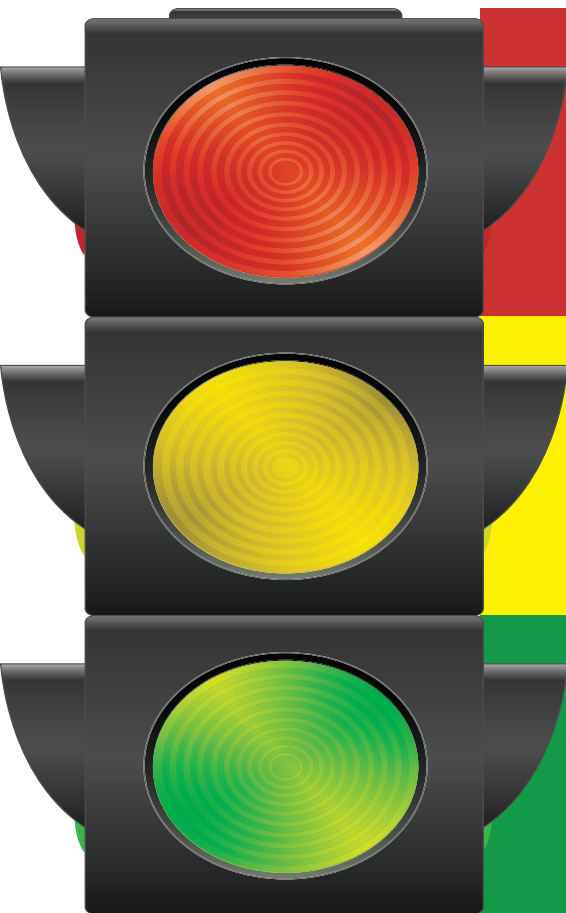
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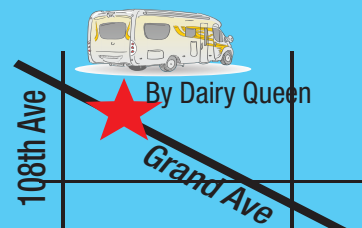
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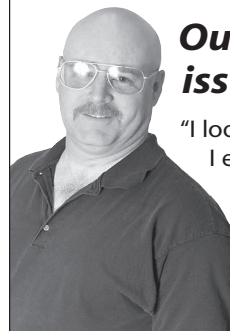
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2016 Fall Sun Bowl Concerts

Free for RCSC Cardholders and their Escorted Guests*

Faded Jeans

Sunday, September 25, 2016 at 7pm

This energetic, five-piece band promises to start the 2016 Fall Sun Bowl Concert Series with a performance that will keep the audience dancing throughout the show and calling for more at the end of the night! Faded Jeans has something for everyone – from classic rock, R&B, pop and oldies to funk, rockabilly and the blues! As they say, "Nothin' Fits like Faded Jeans!"



RealTones

Sunday, October 2, 2016 at 6:30pm

Sun City AZ favorites, The RealTones, will be back with all the memorable hits from the 50s through the 80s, pleasing the audience with tunes that promise to keep the dance floor jumping! For the RealTones, the fun begins on stage. For the audience, the fun begins the moment the music starts with this crowd-pleasing band!



Johnny Cash Tribute

Sunday, October 9, 2016 at 6:30pm

James Garner's Tribute to Johnny Cash celebrates the life and music of the Man in Black with strong conviction and stunning accuracy. Garner and his band faithfully recreate Cash's biggest hits, such as "Folsom Prison Blues," "I Walk the Line" and "Ring of Fire," incorporating historical accounts and personal anecdotes about America's most beloved singer-storyteller in this not-to-be-missed musical event. The show promises to be a fun, classy and toe-tapping trip down memory lane honoring Johnny Cash's life and music, and the boom-chicka-boom sound of his signature band, the Tennessee Three.



CC Ryder Express

Sunday, October 16, 2016 at 6:30pm

Another great local band that guarantees a superb evening of entertainment, specializing in music from the 1950s through today's hits including the timeless classics to jazzy saxophone numbers and just about everything in between. Get to the Bowl and get in the mood for an incredible night of song and dance.



The Southwest Surfers – Beach Boys Tribute

Sunday, October 23, 2016 at 6:30pm

Get ready for a spectacular evening of oldies and surfin' tunes as the Southwest Surfers bring their unforgettable Beach Boys tribute to Sun City AZ. So "Hang on Sloopy" and "Help Me Rhonda" – we're gonna have some "Fun, Fun, Fun" tonight until Daddy takes the T-bird away!



Heartbeat

Sunday, October 30, 2016 at 6:30pm

Direct from Tucson, this great band returns to Sun City AZ for an encore show featuring the greatest top-40s rock and roll hits with music from the 60s, 70s and 80s – just the way you remember it. This show is certain to be a blast from past!



Company B: Veterans USO Show – Andrews Sisters Tribute

Sunday, November 6, 2016 at 6pm

Company B's tribute to The Andrews Sisters is extraordinary! Their passion for entertaining spans for nearly two decades and has been internationally recognized. Brimming with energy, excitement and camaraderie, these three ladies bring the 40's era back to life with some of the finest music ever recorded. These 'Sweethearts of the USO' are certain to captivate all who attend this special tribute to our veterans event with the rich vocal blend that only true sisters have. Their "can-do" singing style is truly distinctive and this show promises to be one heck of an impressive evening as you sing along to these great hits. You won't believe your ears!



Mark these dates on your calendar today and plan to spend some great evenings of fun under the stars with this superb line-up of concerts at the Sun Bowl!

* Be prepared to show your RCSC Member or Privilege Card (with photo) for entry; no key fobs accepted.

Free RCSC Events are paid for by RCSC Cardholders and are therefore intended for RCSC Cardholders and their escorted guests only. Your cooperation and understanding is greatly appreciated!



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