

SUN VIEWS

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SUN CITY
ARIZONA
RECREATION CENTERS
OF SUN CITY

Senior Olympics in Sun City

Sun City plays host this year to three categories for the Arizona Senior Olympics, giving us the opportunity to showcase RCSC facilities to seniors from throughout the state and a chance to cheer on the participants in a variety of sporting events.



The Bocce courts at Sundial Center kicked off the start of the games here when more than 120 competitors came to Sun City during the week of February 16-20. Many brought family and friends, with attendance swelling for certain matches to over 200. Bocce Senior Olympics will return to Sundial next year, so plan to catch the action if you missed it this year.

March brings more Olympic events when the Sun City Starrs swim club hosts the Swimming Relays at Bell Center on Saturday, March 7. Over 90 swimmers and their supporting families are expected to attend.

The entire pool area at Bell will be closed on this day from 7:30a.m. to 3:00p.m. However, spectators are welcome to come out and see how the competition unfolds.

This same weekend (March 7-8), the Sun City Billiard Club at Lakeview Lanes will host the Billiards single 8-ball competition. Men will play on Saturday and Women on Sunday in two categories – 50-65 years and 65+ years (subject to change depending upon number of participants).

RCSC Cardholders wishing to play billiards this weekend are encouraged to use either Bell Lanes or Fairway Center billiards rooms.

If you're looking for more sports-related fun this month, don't forget about Del Webb Days on Saturday, March 21 from 3:00p.m. to 9:00p.m. where you can really get your game on! (See story on page 2).



Best of Sun City 2014 | 2015 Now Available

RCSC Members attending this year's Annual Membership Meeting last month were the first in the community to get copies of "The Best of Sun City 2014 | 2015" hot off the press!

While the progress of projects is communicated throughout the year in the Assistant General Managers Report presented each month at the RCSC Board of Directors meeting, posted online at www.suncityaz.org under the Recreation Centers and printed in SunViews, this annual yearbook gives us one more opportunity to remind residents and those looking to move to Sun City AZ what makes this place so special.

This year's book includes more on the Marinette Center renovation project as we anticipate its grand re-opening. The Oakmont Pool upgrade has proven to be a haven for Cardholders and the newly formed Water Volleyball Club continues to add new members. The Viewpoint Lake fish habitat project will forever change the Sun City AZ environment and could not have happened without the dedicated volunteers who came together to help make it happen. Tennis players will soon have state-of-the-art courts for years to come with the renovation project at Bell Center. And while golfers lament the closure of RCSC courses, the end result at North has been a resounding "thumbs-up" while Riverview goes through a similar renovation this year. Adding electronic display signs at various locations throughout the community has helped to get the word out about upcoming events to all. And speaking of events, we've taken a look back at some of the great shows over the past year and have included a calendar so you know what's coming up.

Copies of "The Best of Sun City" are available at RCSC Corporate and Cardholder Services Offices at Lakeview, the Sun City Visitors Center at Bell and online at www.suncityaz.org. Get your copy today and share with others what those of us living here already know.



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Emails, sign up at:
www.sunaz.com

Email addresses
remain confidential

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Cardholder Services
Lakeview Center
Monday - Friday
8:30 am to 4:00 pm
1st Saturday of the month
9:00 am to noon

SUN CITY ARIZONA

Corporate Office

Lakeview Center
10626 W. Thunderbird Blvd.
623-561-4600

www.sunaz.com
www.suncityaz.us

Member Services (Clubs) Office

Lakeview Center
623-561-4660

Cardholder Services Office

Lakeview Center
623-561-4603

Recreation Centers

Bell Center: 623-876-3040
16820 N. 99th Ave.

Fairway Center: 623-876-3044
10600 W. Peoria Ave.

Lakeview Center: 623-561-4675
10626 W. Thunderbird Blvd.

Marinette Center: 623-876-3054
9860 W. Union Hills Dr.

Mountain View Center: 623-876-3042
9749 N. 107th Ave.

Oakmont Center: 623-876-3046
10725 W. Oakmont Dr.

Sundial Center: 623-876-3048
14801 N. 103rd Ave.

Sun Bowl Amphitheatre
10220 N. 107th Ave.
(weather recording)
623-972-6014

Softball Field
10220 N. 107th Ave.

Duffeland Dog Park
14610 N. Del Webb Blvd.

**To Report a NON-911
RCSC Related Emergency
Please Call: 602-336-4100**

Get Your Game On at Del Webb Days

With spring training upon us, it's time for you to "get your game on" and gather with family, friends and neighbors at Sun City's 3rd Annual Del Webb Days on Saturday, March 21, 2015 at the Sundial Center. Join us as we celebrate Sun City's most treasured assets – you, our residents – at this annual party-time for all ages celebration.

Relive the past and rejoice in our future during this spectacular fun-filled event that is free for RCSC Cardholders and their escorted guests. We start off the afternoon at 3:00pm with an array of sports-themed games that are sure to test your abilities and bring back memories. Meanwhile, there will be gourmet vendor food trucks on hand selling their wares for your dining pleasure.

The excitement continues inside when Mary Jo Johnson takes to the Sundial Auditorium stage from 4:30 to 6:00p.m. with her repertoire of classic standards, easy listening tunes and plenty of humor mixed in along the way. Then get ready to dance the night away when Sun City welcomes back the Affinity Band from 7:00 to 9:00p.m. If you saw them at the Sun Bowl, you



3rd Annual Del Webb Days

Saturday, March 21, 2015 - 3-9pm
Sundial Recreation Center

know how good the party will be, and if you missed them their first time here, this is your second chance.

And just like at the ballpark – we'll have special refreshments for purchase to wet your whistle such as beer, wine and bloody marys (no outside alcohol allowed at this event).

So come get your game on and join in the fun! Traditions start at Del Webb Days! You won't want to miss it!



SPRING FUN FAIR 2015

**SATURDAY, MARCH 28TH
9 - 3
SUNDIAL RECREATION CENTER**

Line Dance Demonstration - 11am to noon

Lapidary, Calligraphy, Fiber Arts &
Photography Demonstrations

Weaving & other Fiber Arts, Jewelry, Crafts
plus Photos For Sale

Fun Fair for All Ages!

Wisconsin Day Picnic MARCH 5, 2015 Thursday



10:00-3:00
SUN BOWL
Sun City, AZ
Tickets are only \$8.00

Beer, Brats,
Chips, Soda
Hotdogs,
Prizes & fun for all.

The Public is invited to attend
Sponsored by: Wisconsin Club; RCSC
www.wisconsinday.org

Palo Verde Art Club



ART SHOW & SALE

Friday & Saturday
March 27th & 28th
9am to 3pm

PALO VERDE ART ROOM
Sundial Rec Center
103rd & Boswell

Demo Day

Willowcreek Golf Course

Monday, March 9, 2015

9:00am to 2:00pm



See the latest and greatest products
from the manufacturers you know and trust!

SUN CITY
ARIZONA
RECREATION CENTERS
OF SUN CITY

**DANCING WITH THE
SUN CITY
STARS**

2015

BEN BONNIE JAY

DONNA SCOTT JONIA

FRIDAY MARCH 27, 2015
SUNDIAL AUDITORIUM
7:00 P.M. DOORS OPEN @ 6:00 P.M.
TICKETS: FREE
THIS EVENT IS FREE FOR RCSC CARDHOLDERS AND THEIR ESCORTED GUESTS ONLY!

April Showers in March Mixed Couples Golf Tournament

Thursday, March 26 - Para Mutual Dinner* at Mountain View

Friday, March 27 - Couples Best Ball at Willowcreek

Saturday, March 28 - Couples Chapman at North

Followed by Awards Dinner* at Mountain View - 6pm

Double Shotgun Starts - 7:45am and 12:15pm both days!

Cost: \$95 per Couple (Green & Cart Fees Extra)

*Dinner Guests - \$15 per person per night

Checks payable to Tom Laak (must include guest dinners)

Entry Deadline: March 18 - Limited to 120 Couples

Submit entry form to starters at any RCSC Sun City Golf Course (except Quail Run)

FMIC: Tom Laak (623-875-3660) or Herb Swanson (623-974-4473)

Frank Comaianni Annual Charity Golf Tournament Saturday March 21, 2015

Willowcreek Golf Course - 8am Shotgun Start

Cost: \$35 per golfer + green & cart fees

Men's 4 man scramble (limited to the first 144 paid entries)



Sponsored by the St Elizabeth Seton Knights of Columbus Council 12144
Proceeds used to send Kids to St. Joseph's Youth Camp

Lunch and awards ceremony will be at St. Elizabeth Seton Church Hall, 9728 W. Palmaras Drive in Sun City, AZ immediately after golf. Lots of pizza, chicken wings, refreshments, and prizes! Winners will be announced and prizes will be awarded.

Entry forms available at all RCSC Sun City golf courses. For more information, please call Tom 623-249-0189. Entries must be returned to the Willowcreek Golf Course Starter no later than March 16, 2015.

Golf Report

Pro Shops

Rounds for December continued the year long trend, posting the highest number of rounds played in a year since 2007. Rounds played at our executive courses in December, were the highest recorded total since at least 2006. For the year a total of 320,481 rounds were played throughout RCSC golf courses, representing a 5.45% increase over prior year.

On February 12th, Lakes East/Lakes West will be hosting the 7th Annual Teal Ribbon Tournament. The event is open to ladies and men and no handicap is required. It is a 9 hole event with a 9:30 shotgun start and a Texas Roadhouse catered lunch follows play at Sundial. The keynote speaker will be Tracy E. Crane, MS, RD, University of AZ Cancer Center, LlvES Study Coordinator, Research Specialist. She will report on the clinical trial the event has helped fund which now exceeds 475 patients on this study and how support is invaluable as funding is so difficult to secure for lifestyle studies. Entry forms are available at each clubhouse and may be turned in to the starters at any golf course.

Snack Shops

Total revenue for the snack shops exceeded budget by \$4,900, capping off a great year. We thank everyone for their support of the snack shops.

Golf Courses

To date the Riverview project is moving according to schedule, with shaping complete on nine holes. Drainage is complete on five holes and the irrigation mainline is complete on four holes. The renovation to the lake on hole #3 (old #12) is in process, the finished product will be deeper and lined, providing a stable source for irrigation water. Tree work throughout the course is expected to be completed by January 23.

Beginning the last week in January, we will begin the drilling of a new well at Lakes West Golf Course. The first stage will be mobilization which will include sound abatement structures and the drilling of a pilot hole. Once drilling has commenced the rig will run 24 hours a day until completed, which is expected to be approximately one week. The well is expected to be completed in mid-March. Other work related to the project (lake lining, site construction and pump installation) will begin mid-February. This portion of the project will end mid-March, at which time the final pump selection will be determined. Lead time on the pump is several months, leading to an expected start to normal pumping to begin in July.

At this time all regulation courses have received "The Spryte" laser finder system. The Sprytes are placed at the top of the flagstick and are designed for easy access from any angle. We decided to install the Sprytes at the other regulation courses following a trial period at Willowcreek.

This report by Brian Duthu, RCSC Director of Golf & Grounds, was presented to the RCSC Board of Directors at their monthly meeting on January 29, 2015.



Free Golf Clinics in March Saturdays at Lakes West

**No registration required!
Open to all Sun City residents!
Men - Women - Junior Golfers Welcome!**

If you're looking to improve your game or just beginning, come join us! Want to lower your score? Fix your slice? Or just hit the ball square? Sun City Resident PGA and LPGA Professionals will be on hand to help!

March 17 at 9:30am - Ball Flight Demo (Bring driver or 3 wood)

March 14 at 9:30am - Golf Swing Fundamentals (Bring 7 iron)

March 21 at 9:30am - Chipping, Approach Shots (Bring 8 iron, pitching or sand wedge)

March 28 at 9:30am - Putting (Bring putter and a ball - 50% of your score)

**Register now for
Spring 2015 sessions
of the "Get Golf Ready"
program**

\$99.00 includes 4 group lessons, and the 5th lesson being a round of golf. Lessons held at Willowcreek Golf Course unless otherwise posted. There will be a variety of days and times. Sessions are limited to 8 students for each group, so be sure to sign up early.

Sign up today!

**GET
GOLF
READY**

**Contact: Sue Presta
@ 623-876-8419 or
spresta@sunaz.com**



Upcoming Sessions - March-May 2015

March 2015

Golf Professional: Bob Jennings (final day of play at Willowbrook)
Mondays & Wednesdays, play on Friday - March 2, 4, 9, 11 at 2:00 pm and, Friday, March 13 - play a round of golf at 2:00 pm (Meet at 1:30 pm)

Golf Professional: Sarah Bakefelt (final day of play at Lakes East)
Wednesdays & Thursdays, play on Friday - March 11, 12, 13, 18 at 11:00 am and, Friday, March 20 - play a round of golf at 11:00 am (Meet at 10:30 am)

April 2015

Golf Professional: Bob Jennings (final day of play at Willowbrook)
Mondays & Wednesdays, play on Friday - April 6, 8, 13, 15 at 2:00 pm and, Friday, April 17 - play a round of golf at 2:00 pm (Meet at 1:30 pm)

Golf Professional: Sarah Bakefelt (final day play at Lakes East)
Wednesdays & Thursdays, play on Friday - April 8, 9, 10, 15 at 11:00 am and, Friday, April 17 - play a round of golf at 10:30 am (Meet at 10:00 am)

April/May 2015

Golf Professional: Sarah Bakefelt (final day of play at Lakes East)
Wednesdays & Thursdays, play on Friday - April 29, 30, May 1, 6 at 10:00 am and, Friday, May 8 - play a round of golf at 10:00 am (Meet at 9:30 am)



RCSC's 8 Golf Courses

Lakes East: (623) 876-3023
Lakes West: (623) 876-3020
10433 Talisman Rd

North: (623) 876-3010
12650 N. 107th Ave.

South: (623) 876-3015
11000 N. 103rd Ave.

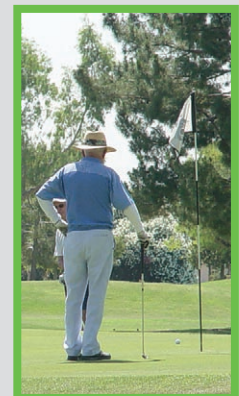
Willowbrook: (623) 876-3033
Willowcreek: (623) 876-3030
10600 N. Boswell Blvd.

Quail Run: (623) 876-3035
9774 W. Alabama Ave.

Riverview: (623) 876-3025
16401 N. Del Webb Blvd.
Closed for renovation

RCSC's 5 Snack Shops
Menu Available at
sunaz.com/snack-shops/

March Snack Shop Hours
Open Daily 6am - 5pm



Volunteer Ranger Program

For more information about joining our program, please contact Chris Linam, Pro Shop Manager, at 623-876-3030 or email at clinam@sunaz.com. Next meeting is Thursday, March 26 at 1:00pm at Talisman Hall.

SCBA January 2015 High Scores

Men's High Game

Ken Kuhfuss	300
Alan Wagner (2)	300
Angelo Colaianne	299
John Babbitt	297
Jack McKay	290
Dick Hale	290
H. Knuppenburg	290
W. Wiesniewski	289
Gary Studdard	289
Bill Slinkard	289
Lloyd Johnson	289
Mike Knudson	288
Perry Hatter	287
Steve Vosgier	287
Bruce Lamb	280
Matt Silvers	280
Fred Jones	280

Mens' High Series

Alan Wagner	826
Mike Knudson	777
Fred Jones	770
Lloyd Johnson	758
John Babbitt	752
Dick Hale	748
Perry Hatter	747
W. Wiesniewski	744

Mik Gallery	741
Bruce Lamb	741
Matt Silvers	740
Roger Beebe	739
Dave Salsman	736
Chuck Morgan	732
Pat Crowley	731
Randy Johnson	730
Bob Fenty	729
"Choc" Higa	728
Robert Hayden	728
Johnny Gonzales	728
Mike Frederichs	727
Jack McKay	727
Bill Slinkard	725
Dave Wherry	724
Don Cook	723
Roger Althaus	720
Fritz Haverstick	718
Paul Plante	717
F. Laberge	717
F. Glendenning	714
Cal Shirey	712
Larry Ely	711
Tim Walker	709
Gary Studdard	709
Skip Westerling	708
Bill McDonald	707
Bill Gollmer	707
Brian Stano	706

Women's High Game

S. Braverman	289
Lynda Bettini	268
Sandy Nardone	259
Juli Bayer	258
Julie Pratt	256
Andrea Lewis	255
Marsha Beebe	247
Cori Larsen	244
Jacqueline Smith	237
Julie Subica	237
Marcia Kelsey	233
Linda Case	232
Georgia Perry	231
Vera McFadden	229
Barb Daniels	226
Sandy Sery	226
N. Donielson	232
Barbara Mazur	225

Women's High Series

Lynda Bettini	749
S. Braverman	738
Juli Bayer	738
Jacqueline Smith	716
Julie Pratt	688
Sandy Nardone	659
Andrea Lewis	647
Cori Larsen	637
Barb Daniels	633
Barb Mazur	626
Julie Subica	624
Linda Case	623
Marcia Beebe	600



27th Annual Sun City Open

It's hard to believe it's been almost a year since the last Sun City Open.!

Beginning April 25, 2015, the Recreation Centers of Sun City (Bell Lanes and Lakeview Lanes) will host the 27th Annual Sun City Open.

The 2014 tournament was the most successful ever with 64 team entries!

Entry fee is only \$20.00 per person per event and we still put almost \$11 of that entry into the prize fund! Sun City offers a safe environment, ample parking, consistent lane conditions, clean bowling centers, clean restrooms and even covered parking! As always, we will be using our high scoring house pattern for all of the events.

We enjoy seeing bowlers from all over the state every year and we hope to see you all again this year!

Entry forms can be picked up at either RCSC Bowling Center or may be downloaded at www.sunaz.com and click on the Bowling tab.

Sun City Bowling Group

The Sun City Bowling Group is looking for new members. The group meets the second Sunday of every month at 10:00a.m. at Lakeview Lanes. Join us for fun and a chance to win prize money. Each month, we bowl a variety of games including No-Tap, Ten Pin and Bowling Bingo. The group meets once per month from September through May and at the end of the season, the group travels to Laughlin or Las Vegas for a year end tournament. Cost is only \$10. Contact Linda McCaffrey at 623-221-2658 or stop by any second Sunday and see what fun we have.

RCSC Bowling Centers
Locations & Hours

Lakeview Lanes
10502 W. Thunderbird Blvd.
623-876-3055
Monday-Saturday: 8am-8pm | Sunday: Noon-6pm



Bell Lanes
16810 N. 99th Ave.
623-876-3050
Monday-Saturday: 8am-9pm | Sunday: Noon-8pm

Winter Bowling Rates - Cardholders: \$2.40 | Guests: \$2.65 (per Game)

Sun City Bowling Association

No-Tap Doubles Tournament
Lakeview Lanes
Saturday, March 7, 2015
Squad Times: 9am and 1pm
\$34 per Couple

Open to all SCBA member that are 50 years of age or older



RESTAURANT HOURS:
M-F: 7am-8pm; Sa & Su: 7am-2pm

Memo's Bistro

Inside Bell Lanes
623-933-8261

We're here to serve you!

** Early Bird Breakfast Specials **
\$4.99
Monday thru Friday
7:00 to 9:00 am

George's
Lakeview Cafe

Restaurant Hours:
M-Sat 7am-8pm; Sun 7am-6pm
Inside Lakeview Lanes

623-876-3057

From our Family to Yours!

99¢ Coffee
with any Breakfast, Lunch or Dinner

Fish 'n Chips \$7.99
Two Pieces of Cod, Coleslaw & Potato
Wednesday and Friday



Architect's Report

Riverview Renovation Update

by Gary Brawley
ASCGA Associate

Weather has been good to us again this winter. Although a little rain is nice, it does slow construction down. With that, overall construction is on schedule, if not trending a little ahead.

Earthwork and shaping is progressing and I am very pleased with what is taking form on the golf course. The challenge I have with Riverview is to create something different, but follow the overall criteria that I have been directed by the RCSC Board of Directors to achieve with the golf course. I am on-site almost every day working alongside the shapers to make any small changes in the field that I feel will enhance the character of the golf course. We are paying special attention to the shaping of the bunkers to make sure the shape of the bunker surrounds will tie-in with the final sand lines that we are trying to achieve. The good thing in working with Wadsworth Golf Construction is the lead shaper will be lead for the bunker crew so he will be able to see the vision all the way through. In addition, he is one of the best bunker guys I have ever worked with in the industry.

Irrigation installation is also on schedule but there is a lot of work still ahead of the crews. They are working on getting the new mainline distribution installed so that we can fully charge the new irrigation system using the new mainline. This is important as temperatures are warming up and we can start growing grass once we have water. Wadsworth Golf will be sending a crew back through the golf holes that are complete with irrigation and work on cleaning those holes up.

Both new pump stations have been installed with the east station completely up and running and the west station waiting for an upgrade to the power supply before we can charge that system.

We have tested all the sand for the greens and Wadsworth will soon start to install the drainage, gravel layer in the green complexes. They also will soon be installing sand on the tee surfaces, working towards grassing in June.



New irrigation pump station and motors being set at Riverview Course.

Learning to Golf

Golfing - It's all about having fun!

by Sarah Bakefelt
LPGA Class "A" Teaching Professional

So you're on the first tee, and you tee your ball up. Your first swing misses the ball. But you say, "That's okay," and pick your ball up and throw it down the middle of the fairway. You go to your ball and tee it up again. You take your 5 iron since the woods are longer, and you feel better with an iron right now. You take one practice swing and get up and hit the ball.

It gets in the air to the right and goes behind a tree. Okay, now you go and throw your ball out in the fairway. You tee it up again, take your fir iron and one practice swing, then swing and hit the ball.

Boy, this is fun! I can learn and not get frustrated. I can throw it out from a tree. If I miss the ball totally, I get to throw it down the fairway. I get to tee the ball up anywhere I want while playing. Our group moves right along and everyone has more fun. Others may tell me I'm not playing real golf and I just smile and say "that's ok, I'm having fun."

When I can hit the ball consistently, I can stop teeing up anywhere and stop throwing the ball, but I'll be a better player because I have learned etiquette, how to move on the golf course and how to take care of the course. Anyway, what is a score or a handicap? I'm not going to be graded on it!

A quote from Harvey Penick's Little Red Book is very good advice, "No pretty woman can miss a single shot without a man giving her some poor advice. A husband should never try to teach his wife to play golf or drive a car. A wife would never try and teach her husband to play bridge."

The beginner golfer has a lot of fears about not being good enough to play the game of golf. Pick a reason you want to play – for family, exercise, sunshine, and friends. It gets you away from the rat race and outside enjoying the fresh air.

Golf is a family sport. Sometimes members of a family may be going in all different directions. Why not do something together? Get your grandchildren involved; it teaches them so much. If you are a young family all of you can get involved.

I grew up in a golfing family and appreciate what my parents did by including the whole family. Enjoy the company and the time you're together and forget about your bad shots and all of life's worries. Don't live in the past. Just look at the next shot and forget about the bad shots. Life is short - enjoy it.

Do just that when you are playing golf. Don't let everyone you are playing with give you advice. If you're having trouble, ask a golf professional to get the help you need. I've always told my students that if they need help just ask so they won't be totally confused after being told ten different things they're doing wrong by ten very helpful players on the course.

Start with putting two clubs down for your swing path and start with the shortest club you have then work your way up to the longer clubs. On each shot, pretend you are playing. Stand behind the ball, pick a target and take your practice swing while focusing on that target. Take your time in set up and grip correctly then clear your mind and just hit the ball.

Most mistakes happen before you ever hit the ball in your set up and routine. If you are careful in your set up, chances are greater that the ball will get in the way of your swing.

Remember - whatever your hobby or occupation might be, you didn't learn it without first learning the basics. With patience and time and doing it over and over again. So if you want to learn the game of golf, take lessons, practice at the range and play without trying to fix your swing. Advice is great but not while you're playing.

Remember this is a game, have fun be that 12-year-old kid again. Just hit the ball, go find it and hit it again.

Sarah Bakefelt's series on "Learning to Golf" will continue in next month's edition of the SunViews. Sarah has over 35 years of teaching experience at all levels. She currently teaches golf and resides in Sun City.



CAN/AM Tournament

Thursday, March 12, 2015

South Golf Course - 12:30pm Shotgun Start

Canadians vs. Americans; 2-man best ball tournament
Dinner at Fairway Center by Texas Roadhouse following play

\$30 Entry Fee (Twilight Green & Cart Fees)
Entry forms available at all RCSC Pro Shops



A Moment with President Schroeder:

Volunteering - It's Good for You!

Are you looking for a way to meet new friends and get healthy at the same time? Trying to find some activity in your life that is rewarding and fulfilling?

Opportunities to volunteer in Sun City AZ are all around. Whether one elects to run for the RCSC Board of Directors or to help out by acting as a monitor in their favorite club, you have made a commitment to give back to the community and studies are confirming that volunteering not only improves your mental health but may actually help you live longer.

By being a volunteer, you're never alone. Whether you choose to lend a hand in the field of your prior career or are venturing into new pursuits, volunteering helps to build your self-confidence and self-esteem which gives you a more positive outlook on life in general.

Studies show that those who volunteer suffer less from depression than their peers. Being active and feeling a sense of accomplishment has proven to alleviate many of the symptoms associated with depression. It also enables you to increase your social circle, giving you a broader support group.

Volunteering also helps to put life in perspective. It's true – the grass is sometimes greener on the other side of the fence (so to speak) but there's normally somebody worse off. Helping those less fortunate not only lifts their spirits, it helps to lift yours as well. Many find satisfaction volunteering at local schools or churches.

It has been said that those in Sun City AZ give their "time, talents and treasures" to make this the greatest retirement community in the country. Since the early days, there has been a reliance on volunteer assistance and contributions and this legacy continues today.

But the real secret is that by giving of ourselves we get so much more in return.

While aging is merely a fact of life, volunteering can keep us from getting old. Research suggests that the benefits of volunteering may be more significant for older adults than for younger people. The fact that retirees show greater benefits than non-retired adults would suggest that volunteering has real, positive value.

Older volunteers are also more likely to have less difficulty with complex activities later in life. Daily routine tasks such as driving a car or grocery shopping are shown to have improved when adults remain active and engaged through activities such as volunteering..

In fact, recent studies have even shown that those who volunteer were actually one-fifth less likely to die within the next four to seven years on average.

When everyone gives a little, a whole lot can be accomplished. So the next time you've got the opportunity to volunteer, help out and help yourself at the same time.



Dan Schroeder
RCSC Board President



2015 RCSC Board of Directors
Phone: 623-561-4620
email: boardoffice@sunaz.com

Dan Schroeder, President
email: dschroeder@sunaz.com

Ron Jesse, Vice President
email: rjesse@sunaz.com

Carol Lawry, Secretary
email: clawry@sunaz.com

Michael Kennedy, Treasurer
email: mkenney@sunaz.com

James Brasher, Director
email: jbrasher@sunaz.com

David Wieland, Director
email: dwieland@sunaz.com

Peter Lee, Director
email: plee@sunaz.com

Ida Eisert, Director
email: ieisert@sunaz.com

Rich Hoffer, Director
email: rhoffer@sunaz.co

This Month at the Board - March 2015

****PLEASE NOTE:** This schedule was current at the time of press, however all dates are subject to change. For the most up-to-date information, check sunaz.com or pick up an updated copy of "This Month at the Board" from the Corporate Office.

Board/Member Exchange with Agenda	9:00AM	Monday	March 9, 2015	Lakeview Social Hall #3
Regular Board Meeting	7:00PM	Thursday	March 26, 2015	Sundial Auditorium
Committee Meetings:				
Bowling Committee	9:00AM	Thursday	March 5, 2015	Lakeview Board Room
Outreach & Communication Committee	9:00AM	Tuesday	March 10, 2015	Lakeview Board Room
Club Organization Committee (COC)	1:00PM	Wednesday	March 11, 2015	Lakeview Board Room
Golf Advisory Committee	8:30AM	Thursday	March 19, 2015	Lakeview Board Room
Lawn Bowling Committee	12:30PM	Tuesday	March 24, 2015	Lakeview Board Room
Entertainment Committee	1:30PM	Tuesday	March 24, 2015	Lakeview Board Room
Properties Committee	9:00AM	Tuesday	March 31, 2015	Lakeview Social Hall #2

The following committees do not have meetings scheduled for this month: Elections, Finance & Budget, Properties

Updates

Financial Report:

We have ended 2014 well within our operating and capital budget. Here are some of the highlights of budget variances in 2014: large positive variances in income were sale of water credits (\$184k), transfer fees (\$334k) and golf division (\$220k); we also had significant positive variances in wages, taxes and benefits in the golf and grounds division (\$777k) primarily created by budgeting full benefits for each staff member in maintenance as we had no history to draw from with no previous employees in golf or grounds maintenance; and we actually had a negative variance in repairs and maintenance (\$349k) which was to be expected as we caught up with previous years repair and maintenance projects. If you have attended the annual membership meetings in the past, you have heard me talk about how it works with repairs and maintenance projects in that we keep the money budgeted and therefore dedicated for these projects until the projects are completed or canceled, as we do with operating capital projects as well. This ensures that these needed projects are completed. With all of this being said, I think the most exciting financial news of all is that the Golf Division for the first time since 2000, ended the year in the black! And the success in the golf division led to a big positive variance (\$44k) in gross income in the food service division which also came down to their bottom line. AND all of this was accomplished with the North golf course and snack shop closed! I have to tell you that I am really excited about where we are financially and physically, I don't think there is another 55+ community out there that could compete with us in either category! And we are not done yet, we still have more to do and we will continue to keep our eye on keeping Sun City AZ unique in almost every sense – culturally, environmentally, socially and in value with exceptional recreational and social facilities.

Cardholder Services:

Payments on past due assessments were down again in December and well below the monthly average by 30%. As a result, past due assessments increased in December by 3%. November billings went past due at a rate of 5.5% and October balances went 60 days past due at a rate of 5.7%. The latter 60 day increase was the highest since October last year. For the past three years the 60 day rate for October has spiked well above other months of the year.

Total accounts receivables were relatively unchanged in December despite the lower past due balance payments. In December we saw a 2% decrease in property transfer related balances and a 6% increase in lender owned related invoices. Outstanding balances related to property transfers continue to represent 53% of all receivables due and past due balances.

Overall accounts receivables due at the end of 2014 increased by 1.7% compared to the end of 2013 balances. Past due balances increased by 9.7% over the end of 2013 with the over 90 day balances increasing the most. A significant area of increase has continued to be in the fees related to past due accounts. The increases in these areas over shadow the reduction in other areas. Compared to the end of 2013, the outstanding balances related to property transfers decreased by 19% although the fees related to past due balances increased in 2014.

In 2014 cardholders increased online payments over 2013 by 25% and over 2012 by 7%. Approximately 5% of payments were made online through the web portal in 2014. We hope to see this increase dramatically in 2015. If you do not have a Cardholder login, please make sure to get one as it not only gives you the opportunity to pay your assessments online, it allows you to vote in Board elections if you are eligible, book tee times and get email news alerts specifically chosen to fit your interests.

Trustee sale notices on Sun City properties increased slightly to 49 properties at the end of December. The number of properties owned by lending institutions decreased in December and is also now at 43 properties.

Preservation and Improvement Fees collected in December totaled \$551,500 which is \$275,500 over the amount budgeted. PIF fees collected in 2014 were \$6,914,376 which is \$2,978,376 over budget for the year. Again a reminder that we intentionally budget PIF income very conservatively to assure that we have the cash on hand for any planned project as we remain debt free.

Bowling:

Courtesy of Columbia 300 (bowling equipment manufacturer) and the Bowling Division offered all RCSC league bowlers a chance to win a new bowling ball. The drawing was held on January 12, 2015 and the winner was Bill Diethart.

Human Resources:

Along with many other changes, the Occupational Safety and Health Act (OSHA) has brought changes to the standard annual requirement to post Form 300A injury and illness summary logs. It has also brought certain changes to the OSHA reporting requirements for major injuries and illnesses going forward. RCSC has been logging and posting the summary of the previous year's injuries in employee work areas from February 1, through April 30 each year.

The revised OSHA rule modifies the types of injuries and illnesses that require reporting to the Agency. The newly revised rule retains the requirement to report workplace related fatalities within eight hours, it also adds the requirement to report individual work-related inpatient hospitalizations, amputations or losses of an eye within 24 hours. Under the new rule, RCSC reported a hospitalization

early in January to the Agency. Previously reporting was only required for three or more employees injured in the same accident.

On another note, H.R. is in the process of working with the 401(k) plan administrator to complete the valuation for the 2014 calendar year in preparation for the annual audit that is required for filing the I.R.S. form 5500.

General:

For those who may not be aware, the monthly management reports are available on our website www.sunaz.com under the Corporate tab. Also, if you have not done so already, please sign up on the RCSC email list where you can designate topics of interest and stay in the loop with RCSC news alert emails!

This report by RCSC General Manager Jan Ek was presented to the RCSC Board of Directors at their monthly meeting on January 29, 2015.

Financial Report

Period Ending - December 2014
For a more detailed financial statement, visit www.sunaz.com/financials

BALANCE SHEET			STATEMENT OF INCOME AND EXPENSES		
For the Period Ending December 31, 2014			For the Period of December 31, 2014		
	Current Y-T-D	Prior Y-T-D		Current Y-T-D	Prior Y-T-D
<i>Unrestricted Funds:</i>			<i>Operating Income:</i>		
Cash Invested/On Hand/In Bank	9,010,248	6,376,991	Property Assessments	10,845,338	10,534,341
Cash Reserves	2,500,000	2,500,000	Transfer & Access Fees	727,735	768,291
Sub-Total Unrestricted	11,510,248	8,876,991	Privilege & Guest Cards	788,203	739,401
<i>Restricted Funds:</i>			Food / Liquor Sales	604,832	570,461
PIF/Capital Reserve	9,649,346	13,683,115	Bowling Fees	647,617	629,759
Total Cash & Investments	21,159,594	22,560,106	Golf Fees	4,986,936	4,756,391
<i>Other Current Assets:</i>			Cart Rentals	188,237	184,534
Accounts Receivable	2,454,269	2,631,141	Merchandise Sales	182,178	161,790
Deposits & Prepaids	1,734,577	1,658,244	Activities Income	337,252	333,820
Inventory	96,497	86,837	Rental Income	327,579	363,893
Total Current Assets	25,444,937	26,936,328	Contributions	31,238	37,540
<i>Fixed Assets:</i>			Miscellaneous Income	209,955	148,492
Land, Improvements, Buildings	81,383,182	79,174,177	Total Operating Income	19,877,100	19,228,713
F, F & E and Vehicles	25,696,971	23,997,157	<i>Cost of Sales:</i>		
Less: Accumulated Depreciation	(56,509,850)	(52,715,158)	Total Cost of Sales	628,891	606,763
Work In Progress	13,331,445	4,950,169	Gross Income	\$19,248,209	\$18,621,950
Total Fixed Assets	63,901,748	55,406,345	<i>Operating Expenses:</i>		
TOTAL ASSETS	\$89,346,685	\$82,342,673	Salaries and Wages	6,492,811	4,646,200
<i>Current Liabilities:</i>			Payroll Taxes and Benefits	1,647,028	1,143,784
Accounts Payable and Other	1,997,063	879,104	Repairs and Maintenance	3,526,265	6,462,968
Deferred Income	6,418,870	6,524,585	Utilities Expense	2,483,584	2,522,550
Pre Billed Assessments	1,722,785	1,593,861	General Operating Expenses	2,177,760	1,188,654
Total Current Liabilities	10,138,718	8,997,550	Total Operating Expenses	16,327,448	15,964,156
<i>Other Liabilities:</i>			Net Operating Income	\$2,920,761	\$2,657,794
Lease Purchase	33,470	65,240	<i>Other Income:</i>		
Total Liabilities	10,172,188	9,062,790		473,452	115,240
<i>Net Worth:</i>			<i>Other Expenses:</i>		
Current Net Worth	79,174,497	73,279,883	Property Taxes	118,412	141,162
TOTAL LIABILITIES and NET WORTH	\$89,346,685	\$82,342,673	Insurance	429,141	360,117
			Other	102,612	9,203
			Net Income Before Depreciation	2,744,048	2,262,552
			Depreciation:	3,820,558	3,757,790
			NET INCOME / (LOSS)	(\$1,076,510)	(\$1,495,238)

Project Updates

General Centers Projects and Information

• The electronic sign project continues to progress with all signs now installed. Both Mt. View signs and the Sun Bowl sign are now on-line. Boring work for electrical to signs at Oakmont, Lakeview, Bell and Marinette is underway. The entire project is expected to be completed by late February 2015. Contractors are Bootz and Duke Signs and Accel Electric. (PIF Cost – \$850,775)

Viewpoint Lake / Duffeeland

• Approximately 500 pounds of Rainbow Trout were released into Viewpoint Lake on December 22, 2014. Many happy anglers have stopped me just to share their wonderful trout fishing experience. Eric Swanson, RCSC Viewpoint Lake consultant, is currently rounding up volunteers to hang the "Fingerling Fortress" habitat from homeowner docks. In the meantime, Eric is looking into how the pea gravel spawning beds will be installed since the RCSC row boats will not handle the weight of the gravel. (Dates for this work will be set up once equipment is obtained.) The Thread Fin shad (forage fish) are still delayed but Eric thinks we will get an order of Shad in a couple of months.

• A meeting was held on January 20, 2015 to discuss Duffeeland dog park improvements with officers of the recently chartered Dog Park Club. This meeting was very constructive and resulted in an agreement of RCSC proposed improvements with some minor additions and variations. An early May 2015 construction shutdown of the dog park was agreeable to all club officers.

Bell Center

• Concrete on nine of the ten tennis courts is now poured and under the 30 day cure clock prior to the epoxy coating application. The 10th court to the South will be the last concrete court poured as the contractor continues to work his way out of the construction area. The first 20' colored walkway, between the North courts, is poured and the South 20' colored concrete walk is being formed for concrete. Mini golf hole #4 will be re-carpeted as soon as the carpet material arrives from the mill. The tennis project includes demolition of the current (8) tennis courts and the installation of (10) new tennis courts. The new updated complex will also include a shaded gathering area, courtside canopies, water and electric to each court, tables and benches for spectators and planters in the common areas. Contractors include Lloyd Sports Engineering as architect and project manager and Sunland Sports as the building contractor. (PIF Cost – \$1,778,074)



• A new Darts area will be constructed soon just outside the billiards room at Bell lanes. The new designated area will host five new Arachnid Galaxy III dart machines. The machines use plastic tipped darts which will be available to cardholders at the bowling desk. Cardholders may also use their own plastic tipped darts but no metal tipped darts will be allowed in this game area. (Cost – \$35,000)



Marinette Center

• Concrete is completely poured for the track, single ply roofing is being applied on the pavilion, pavilion fencing is being installed, the spa steel fence is installed, concrete walks are being formed and poured, fitness carpet is being installed, ladder to the roof of pavilion is installed, lobby furniture is ordered, mansard roofs on existing buildings will be re-tiled the week of February 9 and cardio /

strength equipment to be set in fitness center January 27, 2015. One problem we are having is getting APS to set the new electrical transformer. Another concern is getting the concrete slabs, which are shaded by the pavilion, above 55 degrees on a day to day basis so the colored concrete coating can be applied. The Marinette Center expansion and renovation project includes a 4,000 s.f. fitness center, rubberized outdoor walking track, a total of 20 Pickleball courts, an outdoor spa, a thermal solar system for pool water pre-heating, tankless water heaters for the showers, new doors and windows and exterior stucco of all remaining buildings. Contractors include: CCBG Architectural, Robert Porter Construction and Aquatic Builders. (PIF Cost – \$4,709,422)

Fairway Center

• Since I have had several cardholders request a small ramp in the fire lane just west of the bike racks I have cleared this with the Sun City Fire marshal and approved this installation. Construction of the new ramp will commence soon. Contractor is Ken McIntyre Construction. (Cost -\$3,048)

Mountain View Center

• Due to safety concerns, the concrete entry and a portion of the sidewalks leading into the breezeway and Facility Attendants station has been demolished and is currently being replaced with new walkways. Contractor is Ken McIntyre Construction. (Cost – \$13,505)

Riverview Pro Shop Building

• While the Riverview golf course is shutdown for renovations, the pro shop / snack shop building will also see renovations of its own. Improvements include new covered patios off the East and South sides of the existing building, a fire sprinkler system, parapet wall, roofing work and some interior renovations. Contractors include Ken McIntyre Construction, Accel Electric and CCBG Architectural. (Cost – \$524,236)

Willowcreek / Willowbrook Pro Shop Building

• The four outside entrance areas leading into the pro shop and snack shop are in need of some new flooring material. After looking for a suitable exterior product, I believe the RCSC has finally located one. The installation of this material will commence as soon as we receive the product from the manufacturer. Contractor is Baker Brother Carpeting. (Cost – \$3,207)

Skilled Trades Department

• The RCSC Skilled Trades department completed 177 work orders during the last two weeks of December 2014 and the first two weeks of January 2015. In 2014 the RCSC skilled Trades department completed a total of 1595 work orders plus routine maintenance and repair work by the fitness technician and pool mechanic, which was not a part of the work order system. Congratulations Skilled Trades for a very productive 2014!



Centers Operations

• Due to frequent relocations of chairs for large Sundial events the RCSC has purchased an additional 206 chairs for Sundial auditorium.

This report by RCSC Assistant General Manager Jim Wellman was presented to the RCSC Board of Directors at their monthly meeting on January 29, 2015.

Friends of the Library

You know what March brings, don't you? How about SPRING! And then – Summer! You cannot beat the Arizona in the Spring! Probably the best season anywhere! Not hot and not cold. I don't think it ever really gets cold in Arizona, even though I know some people who would argue with me. I wore long pants for only a week this past year. Some people would say we have only two seasons in Arizona - hot and not too hot.

Did you check out the great book sale at the Friends of the Library Book Store last month? All non-fiction books were 1/2 price – all month! Hope you stocked up.



March brings St. Patrick's Day and do we have books concerning Ireland! How about tax day? We have a selection of Susie Orman books and others to help you with your taxes. In addition, the Book Store has a large selection of Sci-Fi books and I know Mary Anne will have a sale during the month.

Talking about the Book Store. We would like to take this time to give a very large "Thank You" to those of you who have donated books, magazines, CDs, DVDs, VHS tapes and puzzles to the book store. The sale of these items allows us to turn around and help needy individuals and associations with purchases and donations! We are a non-profit organization so we are always looking to help others.

If anyone is reading this, do not forget about our Book Buddy Program, please! We have a host of volunteers that pick-up and deliver items to people in the Sun City area. There is no charge for this service and we are very willing to help those needing our service. Please call the Book Store at 602-651-2014 and ask for Judy, our director of this program. We are waiting to help.

Talking about the library, the Fairway Library is having an "Arizona Pioneer Women" Program on Tuesday, March 24 at 1:00pm. During the Depression, over 144 women who arrived in Arizona between 1850 and 1890 spoke of their journeys and situations to the Federal Writers Project. Do not miss this one. It promises to be very interesting and informative.



Daisy Bunny will be at the Library on Friday, March 27 at 10:00am. What would Easter be without Mrs. Easter Bunny? Stories, games, songs and lots of fun. Bring the kids!

The Bell Library is having several programs concerning computers during March. On March 6, 13, 20 and 27 from 1:00 to 2:30pm, the Library is conducting the ABC's of Computers. Four hands-on classes on Windows 7 operating system is designed to teach you how to use, understand and navigate on your computer. Please register for this program as space is limited. On Wednesday, March 11 from 10:00 to 11:30am, the Bell Library will have a basic estate planning program. Wills and Trusts will be discussed. On Thursday, March 12 from 2:00 to 4:30pm we'll have the American Movie Masters conducting their program, "Strangers in a Strange Land." Join Jeremy Carr in viewing and discussing classic movies. This 3-part series will focus on European directors. Sounds very interesting and informative.

Both Libraries will have the normal monthly programs throughout March. Please call the Fairway Library at 602-652-3000 or the Bell Library at 602-651-2014 for dates, days and times.

Water Conservation

Investigate Tips on Your Own

For more than a year, we have provided strategies to help you save water and eventually save money, too. Perhaps it's time to do a little water investigation on your own.

For some interesting reading about greywater recycling (how to utilize your washer or dishwasher water) try <http://www.sustainablebabysteps.com/greywater-recycling.html>. While there, click the link "water conservation tips" or go to their other page <http://www.sustainablebabysteps.com/water-conservation.html> for some general water conservation tips.

The National Geographic has some interesting tips on water conservation at <http://environment.nationalgeographic.com/environment/green-guide/quizzes/>. You'll find some great quizzes relating not only to "Bathroom Green" and "Laundry Green," but many "green ideas" that could lead to you saving some "green" in the long run!

The United States Geological Surveys (USGS) offers information on many aspects of water, along with pictures, data, maps, and an interactive center where you can give opinions and test your water knowledge. Check it out at <http://water.usgs.gov/edu/>.

Finally, the Grace Communication Foundation at <http://gracelinks.org/> highlights the connections between food, water and energy, promoting a sustainable future through their projects.

There are many sources out there to see how you stack up in conserving our natural resources. Don't forget, where our water is concerned, every drop counts!



SUN CITY HOME OWNERS ASSOCIATION OPEN AIRE MARKET

MARCH 16, 2015

9:00 A.M. – 1:00 P.M.

**SUNDIAL RECREATION CENTER
14801 N 103RD AVENUE**

This annual event offers participating vendors the opportunity to introduce themselves to residents "face to face." This year's event will be a fun day for all with large and small businesses participating, a farmer's market, a Red Cross Blood Drive and fun, food and music for all to enjoy. The event will begin at 9:00 a.m. on Monday morning with SCHOA providing coffee and pastries and food trucks with breakfast and lunch offerings. Vendors will be available til 1:00 p.m. The SCHOA Board and Staff will be on hand to meet and spend time with residents. Music will be provided for the duration of the event. Enjoy a day of fun with friends and neighbors!

FOR MORE INFORMATION CONTACT: 623 974 4718, EXT. 211

Sun City China Painting



Sun City China Painting Club is one of the first founded clubs in Sun City. Today it has a membership of over 60 and growing. We are an active club with free beginner classes. Those interested will be informed of the basic material required to set up your work area mixing of china paint and how to prepare your work for firing. That is just the beginning.

Classes: “Pointellism” the technique of using a pen nib or toothpick to dot in the design with colors of traditional “China Painting” is done painting roses, fruit and other still life subjects on plates. All materials, china paints, brushes, paint media, pallet knife and much more is available at the club for purchase.

The next General Meeting is March 25, 2015 in the club room at 10:30AM. An International theme potluck will follow the meeting, a 50/50 raffle will be held and a Bunco game will be played.

Club membership/participation is open to all RCSC Cardholders. “Come join us for the fun of “Creative Firing Art” and find out the delight of over glaze painting (China Painting). For those of you that water color paint you will be right at home with china painting on porcelain. Sun City China Painting Club looks forward to meeting all that are interested in “Contemporary Porcelain Painting.”

Club hours are Monday through Friday from 9:00am to noon in Room 207 at the Fairway Recreation Center. Annual dues \$5. For more information, please call 623-432-3296.

Shown above: Silk screen plate and cookie jar, Dresser box, Deco Plate, Butterfly Lidded Box, Trivet Tile, Spoon Rest.

Hatha Yoga Club

It’s hard to ignore the yoga buzz. Maybe you’ve been asking yourself what’s up with yoga—it’s been around for a long, long time. Why do we hear so much about it NOW?

Until recently, a traditional yoga practice included positions performed either on a mat on the floor, or in a standing position. But what about those of us who can’t exercise from the floor? What if it’s not possible to get on hands and knees or sit in a cross-legged position?

Chair yoga could be the answer. Providing all of the benefits of a traditional practice, chair yoga allows practitioners to perform the postures from a chair rather than from the floor.

To keep up with the popularity of chair yoga, the Hatha Yoga Club has added an additional skill level to their chair classes. Now, you can participate in either a Level 1 or a Level II class.

Carlyn Haun, Program Coordinator, explained that Level 1 meets the requirement of the less active student, while Level II is directed at those who have practiced yoga longer.

For information about our spring classes, call Carlyn Haun at 623-972-9602.

WHERE:	Sundial
SCHEDULE:	Monday and Wednesday, 10:30 to 11:45 a.m. Thursday/Friday 1:00-2:15 p.m.
CALL:	(623) 972-9602 Pre-payment and pre-registration required.
COST:	\$25 for a 6-week session \$5 annual club membership

Fairway/Mountain View Lawn Bowls Club

Perhaps the most famous historical game took place in 1588, with legend claiming that Sir Francis Drake insisted on finishing a game of bowls at Plymouth even as the invading Spanish Armada approached.

LAWN BOWLING....an ancient game with it's modern game originating in Scotland, now played in over 40 countries by all ages. The objective is to roll the biased “bowls” so that they stop close to the target ball called a “jack”. Bowls are designed to travel a curved path and this bias is caused by the shape of the bowl. Regulations determine the minimum bias allowed, and the range of the size of the bowl but within these rules bowlers can and do choose bowls to suit their own preference.

It's a fun social game, physically easy, and addictive! No dress codes or commitments at Fairway and Mountain View

Greens or at Oakmont Lawn Bowling. We'd love to have you try it out with us. We offer free lessons and equipment to use while learning and there is new or affordable used equipment available for purchase when you join us. Mountain View club bowls on Tuesday, Thursday and Saturday in the morning. Oakmont Lawn Green bowls on the alternate days of Monday, Tuesday, Friday and Sunday. Stop by any green. We are always looking for new friends and we'd love to let you “roll a bowl” or call 623-466-6793 for more information.

Our grass greens are some of the best in the country and the Fairway Green is the state-of-the-art artificial green. The 'carpet' always gives a true line and accurate reflection of one's delivery.

Check out Sun City Lawn Bowls Clubs website at www.bowlsaz.com. And come enjoy a few hours with us in the beautiful weather.



Sun City Camera Guild



Members pictured left to right are: Pam Bair, Kathleen McAteer, Carolyn Ferrell, Nicole MacIntosh, Barbara Danz, Lari Ott, Carol Elliott and BJ Ferreira.

The above members of the Camera Guild of Sun City recently participated in a photo shoot at the Arizona Balloon Classic through the Grab (your camera) and Go program offered to our members. Field trips have included the Butterfly Pavilion, National Senior Pro Rodeo in Wickenburg, and the Civil War Re-enactment at the Pioneer Living History Village. Members also took a four day trip to California in January. It provided opportunities to photograph monarch butterflies, the Hearst Castle, whale watching and viewing elephant seals.

Competitions are vital to our Club. Members submit prints and projected images which are presented to a panel of judges. Winning images receive ribbons. We have three levels of competition, novice, intermediate and advanced. Competitions are held on the 3rd Saturday from October through April in the East Hall of Sundial Auditorium at 9 am. Competitions sponsored by The Arizona Camera Club Counsel, The Photographic Society of America, and The Grand Canyon International Competition. Several Guild members have taken leadership roles in these state and international competitions.

The Guild offers beginning to advanced educational classes for a small fee. Fellowship is a highlight at our weekly dinners. Camera Guild is open to all RCSC cardholders in good standing. Annual dues are \$20 plus \$5 for each additional member living at the same address. Visit our website at www.cameraguildofsuncity.org and the Club Room from 9:00am to noon Monday through Friday (October through April) on the upper level of Sundial.

Sun City Line Dance Club

The Sun City Line Dance Club was founded in the 1950s! It is an active club of over 600 members, the largest club in the country. The club provides exercise, social time and new friendships. Come dance with us and join in the fun.

Line Dancing is a form of both physical and mental exercise. It helps improve muscle tone and coordination, increases energy level, increases memory skills, reduces stress levels and makes one feel good.

Dance Sessions are held every Tuesday and Friday from 10:00 a.m. to 1:00 p.m. Beginning dance steps are taught from 9:45 a.m. to 10:00 a.m. Progressive dances for Beginning, Improved (Secondary) and Intermediate are from 10:00a.m. to 1:00 p.m.

We normally meet in the Sundial Auditorium and at the Mountain View Recreation Center when necessary. Music includes various American and Latin rhythms to keep things lively. And we occasionally plan a few parties following our dance sessions.

Membership is open to all RCSC Cardholders and our annual dues are \$5. Admission to each dance session is \$2 for club members and \$5 for escorted guests.

Dress Code is casual and comfortable and you'll want dance shoes that slide easily.

Bell Billiards Club

The newly formed Bell Billiards Club is not just for beginning players, although it's the ONLY place in Sun City to receive any lessons. The Club also offers 14.1, One-Pocket and 3-Cushion Billiard Challenges for the bolder players. The last Challenge (14.1) has just been completed; Rich H took First Place (\$92) and donated it back to the club. He said it was the most fun he has had playing pool in years! Our Challenge Matches are limited to 8 players (\$20 each) per Challenge. All players are rated according to skill and game know-how. Just stop in and sign up. Challenges are filled on a First Come/First Serve format.

On Wednesdays, we hold our weekly "6" and under "Round Robin" 8-Ball tournament. This tournament is designed for players who want to play on an even field and is limited to 17 players. The entry fee is \$5. RCSC Cardholders have priority over guests and other non-resident players. Play begins at 8:30a.m. every Wednesday.

On Mondays from 8:30 to 11:00a.m. we provide hands on "basic training." Anyone interested in personal help playing pool is welcome. For those wanting to work alone, we have several videos via the Club computer for you to watch and learn on your own!

Bell Billiards Club is open to all RCSC Cardholders. All this and more for only a \$10 annual Membership fee!

Sun City Women's Chorus



After a highly successful holiday concert, the Women's Chorus is now busy rehearsing for their April show "Spring Song". The group was the first chartered musical club in Sun City and has been performing for over 50 years. The 70 members come from many states and Canada. Their musical backgrounds are diverse including formally trained voices, former music and band teachers, church choir members and ladies who simply love to sing. They are constantly adding new songs to their repertoire and are always looking for new members to join their friendly group. An audition is not required, but the ability to read music is very helpful. Their Director is Jane Higgs; their Accompanist is Rhonda Vogt. For more information call Sandy at 933-7647.

The Spring Concert will be at 2pm, Sunday, April 12, at Sundial Auditorium. You will hear some old favorites like "New York, New York"; the 50's classic "Lollipop"; and "Forty-Second Street" as well as several new pieces. The Chorus will be joined by guest performer, Dan Reed, on trumpet as well as a 7-member combo. Tickets will be available from all Chorus members as well as one hour before the show at the Sundial Box Office. Price is \$5.



Pictured above are the 2015 Officers of the Sun City Line Dance Club: President, Walter Christenson; Vice-president, Laura Williams; Secretary, Sara Mardell; Treasurer, Miki Smith and Caller, Janet Wallace, Mesa.

Sun City Rockhounds



The Sun City Rockhound Club was started in 1963. The original concept was conceived by three men lounging at the Oakmont Pool pondering what else they might do to enjoy Arizona winters. Club membership is open to all RCSC cardholders.

Monthly meetings are held at the Fairway Rec Center October through May. They include a short business meeting, a speaker on a rock-related subject, and a social hour where attendees are encouraged to share personal rock adventures. Visitors are welcome.

The Rockhound Club members began the Mineral Museum at Sundial in 1990. The beautiful collection was donated by club members over the decades and is on display for visitors to enjoy at no cost. The fluorescent mineral room rivals any in the South-western United States. Fluorescent minerals are ones which have the property known as "fluorescence". They are amazing to view under ultra violet light when illuminated in a dark room. A "must see" for kids of all ages.

Members who volunteer in the Mineral Museum are invited to join in on monthly field trips into the hinterland of Arizona and nearby states in search of minerals and gems in the great outdoors. This winter we featured Museum Talks by members for members on specific topics such as: Why Rocks Fluoresce, Rock Identification, What You Can Do With Your Rocks at a Lapidary Club. Details about club events are shared at the Rockhound Club meetings.

Meetings: Second Thursday, 7:00pm, Fairway Rec Center, Arizona Rooms 1 & 2

Mineral Museum at Sundial Center Open: Monday, Tuesday, Wednesday and Friday 10:00am-3:00pm; Saturday 10:00am-1:00pm. For info: scrockmuseum@gmail.com

Chess Club

Chess is all about life. It teaches and rewards those qualities we most aspire to in life, such as critical thinking, imagination, memory and discipline.

Best of all, it's a lot of fun. There's no greater joy in life than a scintillating, challenging well-played game of chess.

Come join us and experience the thrill, the excitement, the great sense of satisfaction and pleasure that you'll enjoy from playing the world's number one thinking game - Chess.

Chess has earned the title of the "Game of Kings" for many good reasons - let us prove it to you. We have all levels of players, from beginner to expert.

If you have never played before, come and let us teach you. If you played a long time ago, come and let us bring you up speed. We will make you very happy, regardless of your skill level.

The Chess Club meets in the Lakeview Center Social Room #3 on Wednesdays and Thursdays from 1:00 to 4:00p.m.

Senior Softball



Come join in the fun at the Sun Bowl Softball Field! Haven't played for 30 years or more? Never? Don't have a glove? No problem, there's always an extra. Drop by the field, check out the bulletin board and chat with someone.

Start getting serious on Monday at 8:00a.m. with the Green Team (rookie) practices. New players must participate twice before team assignment. Need more time to get in shape? Keep attending until you're ready. Note: The Green Team may change to Wednesdays so check the bulletin board.

Join the Sun City Senior Softball Club anytime; pay registration fee, dues, attend Green Team practices, then get a uniform and team assignment. A valid RCSC recreation card is required.

Currently there are 34 League teams (six Co-ed, six Seventies and one Women's). Fall and Spring league sessions include Snowbirds. Three summer sessions accommodate year-rounders vacation schedules. Leagues play Monday, Tuesday, Thursday and Friday from 8:30a.m. to 4:00p.m. Co-ed plays Friday mornings, Seventies on Saturday mornings and the Hot Flashes Women's team play Saturday afternoons. Teams play with Sun City West players under a reciprocal agreement and use both Sun Bowl and Liberty Softball Fields in SCW.

Bell Ceramics Club



The Bell Ceramics Club offers membership to interested Sun City residents with a current RCSC card at a yearly \$7 fee. Located in the Bell Recreation Center, the Club features beginning ceramic classes as well as classes for the more advanced ceramist or hobbyist. Classes teach various techniques such as banding, carving, and airbrushing. Also in classes students learn to use various underglazes, glazes, stains, oils, lusters and decals.

Bell Ceramics has a gift shop, open to the public, with reasonable prices and beautiful pieces crafted by members. You'll find southwest, seasonal pieces; night lights, magnets, ear rings, pins, vases, plates, cookie trays, canisters, decorative pieces and more. Special orders can be done upon request.

Club hours are Monday through Friday 8:00 am to 3:00 pm; Monday evenings 5:30 to 8:30 pm and Saturdays from 8:00 am to noon. Club telephone is 623-974-6750

Oakmont Lapidary & Silvercraft



You know you are old when ... Your daughter moves to Sun City, gets an RCSC card and joins Oakmont Lapidary and Silvercraft Club.

Proud fathers Don Clingerman, Bob Hager and Merle McDonald have been delighted to have their daughter's become members of the club.

Master Craftsman Don Clingerman has had the pleasure of teaching his daughter, Patti Headrick, the intricacies of bezels (soldering and polishing silver).

Rock Star Bob Hager has taught his daughter, Carol Hager, lapidary (cutting and polishing stones).

Fascinating Faceter Merle McDonald educated his daughter, Kathy Foster, on faceting (the fine art of sparkling gems).

The Oakmont Lapidary and Silvercraft Club is located across from Fry's Grocery at 10725 West Oakmont Drive. Classes are available to RCSC Cardholders, upon request, in lapidary, silver, faceting, glass fusion, beading and wire wrap. Stop by the club to sign up for a class or visit our jewelry sales room.

Bell Stitchers

Bell Stitchers is a club whose main objective is to sew clothing for needy children. These outfits are distributed 3 times a year, spring, fall and at Christmas to three local schools and the Aqua Fria Food & Clothing Bank.

All club members are volunteers. We sew the outfits, as well as miscellaneous products to provide the funds for sewing accessories needed throughout the year. Some of those items include doll outfits to fit 18 inch dolls (American Girl size), potato bags, microwave bowls, scrubbies, and baby items. Most are available year round from the club room. If you're looking for reasonably priced wares made in the USA, please stop by and see what we have to offer.

We are always in need of sewers and would love to give you a tour of our club room and all the equipment available for members to use. If you prefer, you can sew at home. Each new member brings fresh ideas and keeps the clothes we make up to date and the items we make to sell current. Membership is limited to RCSC Cardholders and dues are \$3 a year.

Winter hours are Tuesday from 9:00am to 3:00pm, Wednesday from 9:00am to noon and Friday from 9:00am to 2:00pm. Join us for a cup of coffee/tea, cookies and lively conversations at our 10:00 break time. We are located in the craft village at the Bell Recreation Center.

Most of the clothing made is done through the generosity of donations. If you have any sewing material (especially cottons) and/or supplies, our club would be glad to recycle them. Call Brenda 623-203-2456, Mary Jane 623-583-7160, or Caroline 623-875-4992, for additional information.



Armchair Photo Explorers

Come explore the world with us! Every Wednesday, through slide and video shows taken by club members and guests, we travel to a new destination in that beautiful world of ours. From mountains to seashores, we explore wonderful scenery and the different cultures of the world. We've been to Africa, Japan and South America among many destinations. In March we will explore Baja, Alberta and the Pacific Northwest.

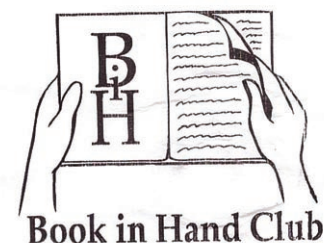
If you are a traveler, it is fun to explore the places you have been from a different perspective, and if you haven't traveled, it is a way to see places you have only heard about.

We meet every Wednesday evening at Fairway Center, Arizona Room 1, on the main floor. The show starts at 7:00p.m., the doors open at 6:30p.m. Please arrive early to sign in and be seated before the show begins. Our club is open to all RCSC Cardholders, and membership dues are only \$3 a year. Guests are welcome to attend three times before joining. On the first Wednesday of the month we serve coffee and cookies.

Book in Hand Club

If variety is indeed the spice of life, then members of the Book in Hand Club have a spicy spring ahead of them.

The Book Club, which meets at 1 p.m. 2nd Fridays in Room 217 of Fairway Center, has selected the following books: March: The Orphan Train by Christine Kline; April: Cutting for Stone by Abraham Verghese; May: The Night Circus by Erin Morgenstern; and June: The Book Thief by Markus Zusak.



Maricopa County Fairway Branch librarians order the books a month in advance for those with county library cards. New club members must present a valid RCSC membership card when they attend their first session.

Book in Hand Club President Jeri Hauff conducts lively discussions in which members participate, representing many points of view.



The Nationally Acclaimed Sun City Concert Band is open to all talented musicians who love the Concert Band music repertoire. The 110 member Sun City Concert Band begins its season in September and continues through April of each year. Rehearsals are Tuesdays, 9:00a.m. at the Fairway Recreation Center, second floor music room.

Featured each concert season is the Annual Sousa Concert, with a special professional guest artist as soloist. Cassandra Norvile Klaphake, artistic producer and co-founder of the Arizona Broadway Theater will be performing at this year's event on Sunday, March 1 at 2:00p.m. and 7:00p.m. at the Sundial Auditorium. Tickets are \$8 and can be purchased in the Sundial Lobby through February 28 from 9:00a.m. to 1:00p.m. or at the box office prior to each performance.

Please call 623-972-4767 for further information.

Artistic Stained Glass

Top Ten Stained Glass Facts:

10. The earliest known glass artifacts are Egyptian and date back to 1350 BC, but the Romans were the first to produce transparent glass, it enabled them to admire the color of their wine.

9. For almost 500 years, from the end of the 14th century until the 19th, no glass was made in China. Now it is the world's largest producer, controlling 34 per cent of the global market.

8. The Venetian island of Murano is still the center of Venice's glass making industry. The glass furnaces of Venice were moved to the island in 1291, to reduce the risk of setting fire to the city. Here, inspired by migrant Islamic craftsmen, Venetians learnt to make the finest glass in the world, giving them a monopoly that has lasted for centuries.

7. In America, the stained glass movement began with William Jay Bolton, who made his first window for a church in New York in 1843. No other American practiced the art professionally until Louis Comfort Tiffany and John La Farge began working with stained glass near the end of the 19th century.

6. The technology for making glass dates back at least 5,000 years, and some form of stained glass was used in European Christian churches by the third or fourth century A.D.

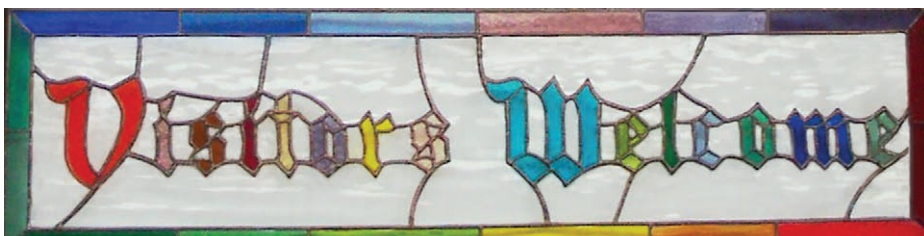
5. In 1887, Kokomo Opalescent Glass Company began production in Kokomo Indiana. In 1889 they won a gold medal at the Paris World Exposition for their multi-colored window glass.

4. The largest stained-glass window in the world is at Kennedy International Airport in New York. It can be seen on the American Airlines terminal building and measures 300 feet long by 23 feet high.

3. The recipe for producing colored glass involves the addition of a metal to the glass. This is accomplished by adding powdered oxide, sulfide or other compound to the glass while it is molten.

2. Perhaps the best example of 'colored glass' is "cobalt blue" which is produced by adding cobalt oxide to the glass melt. "Ruby" and "cranberry glass" are produced by the addition of gold and "Egyptian blue" is produced by the addition of copper.

1. THE ARTISTIC STAINED GLASS CLUB at the Bell Recreation Center is open weekdays from 8:00-3:30 Mon-Fri, 8:00-1:00 Sat, 5:00-8:30 Mon,Wed,Thurs. Come in and visit to see all the great work happening there and sign up for a beginner's class.



Take a tour and see all Sun City AZ has to offer!

See all seven RCSC recreation centers, area shopping centers and learn more about our great community service organizations in just two short hours! Tours are currently offered on Wednesdays and Thursdays and pre-registration is required.

Please contact the Sun City Visitors Center located in the Bell Recreation Center at 99th Ave & Hutton Drive by calling 623-977-5000 or visit scvc@suncityaz.org to sign up today!



Lakeview Lawn Bowls Club

If you have ever been walking down by the lake behind the Lakeview Center and noticed men and women rolling balls along a curved trajectory on the green, they are participating in a fun social game with a rich history dating back centuries.



The game is "Lawn Bowls" and there are games scheduled at the Lakeview Lawn Bowls Club seven times each week. No appointment is necessary and casual clothing is fine for daily play.

Lawn Bowls is an easy game to play but it will challenge you to achieve the skills required if you aspire to become a top player. The strategy is similar to a sport played on ice called curling. Once you give it a try, be forewarned- it can be addictive. If you enjoy the out-

doors and mingling with some of the nicest people in Sun City you will love this sport. Each game is played in a team format with each team being made up by a random draw for partners. You never know who you will be playing with until just moments before each game begins. Just come at the club time any day.

Loaner equipment is available for new bowlers and coaches will conduct free introductory sessions scheduled at your convenience. You can stop by the Lakeview Lawn Bowls Clubhouse any time you see anyone bowling at the facility and sign up for instruction. Or call 623-974-3214 or Email: hitch9@yahoo.com.

Better yet, check out our website at www.bowlsaz.com where you can also sign up for instruction. See you on the green!

Free Movies *

Wednesdays at Marinette
Saturdays at Mountain View
Afternoons at 2pm
Evenings at 7pm



To find out "What's Playing?"

1) Sign up for Movie and Events emails at sunaz.com and a list will be sent to you on the last Wednesday of each month;
2) Log onto the RCSC Web Portal;
or 3) Pick up a flyer from the Clubs Office (please be prepared to show your RCSC Card). All movies are closed-captioned for the hearing impaired and projected onto a screen from a DVD.

FREE RCSC Events are paid for by RCSC Cardholders and are therefore intended for RCSC Cardholders and their escorted guests only. Your cooperation and understanding is greatly appreciated!

ALWAYS

FREE
POPCORN!

NOW
SERVING
BOTH

SALTED &
UNSALTED

2015 Winter/Spring Sundial Concert Series

Tickets are still available for the remaining shows in the amazing Winter/Spring 2015 Sundial Concert Series! These ticketed events offer a great evening of entertainment and a superb opportunity to spend a night out with friends.

Doors open one hour before each show; Gourmet food vendors arrive 1-1/2 hour before showtime for your dining pleasure. New video projection screens now guarantee that every seat in the house is a great seat!

Tickets for all Sundial shows are \$13 for RCSC Cardholders; \$15 for the General Public. Tickets may be purchased at the Lakeview Clubs Office or by calling 623-561-4660 (Visa, MasterCard only). For more information and YouTube links of the bands scheduled to perform (if available), visit our website at www.sunaz.com/concerts.

Neil Sedaka Legacy by Terry Davies

Tuesday, March 3, 2015 at 7pm

Terry Davies returns to Sun City in this hit-filled tribute to the timeless music of Neil Sedaka, whose body of work has been part of the pop music culture for over 55 years. This show touches on all phases of Neil's career and promises to deliver the nostalgic hits of this great era. This will be one incredible show!

Todd Oliver & Friends

Friday, March 13, 2015 at 7pm

Have you ever met a talking dog, a real talking dog? Get ready because when comedian and ventriloquist Todd Oliver takes the stage you'll meet his very funny companions - Irving and Lucy. When these little dogs get behind the microphone, they turn everyday K9 experiences into knockout comedy. See for yourself why this outrageous act has everyone howling for more.

One of These Nights – The Eagles Tribute

Wednesday, March 18, 2015 at 7pm

Relive the magic of this timeless music as One of These Nights returns to Sun City with their accurate reproduction of the Eagles studio recordings and live performances. You'll experience all of the great hits such as "Desperado," "Take It Easy," and "Hotel California" and many of the solos greats from Don Henley, Glen Frey and Joe Walsh. This show is guaranteed to rock the house!

Harmik as Tom Jones

Wednesday, March 25, 2015 at 7pm

Tom Jones is a legend and an icon in the entertainment world. His popularity has spanned nearly 40 years and doesn't seem to be waning. As long as Jones remains popular in the hearts of his many fans, so too will this top impersonator. Harmik has become synonymous with Tom Jones. He is internationally recognized and praised as the #1 Jones look and sound alike in the world. This show promises to be absolutely fantastic and one that must be seen by everyone!

Friday Night Singles Dance

When was the last time that you attended a dance? Did you have fun? What was your favorite dance? Jitterbug, or maybe the Waltz? The Jitterbug is now called the Swing. Whether it's the Swing, Waltz, Foxtrot, or any of the Latin dances, we still do it all, at the beautiful Sundial Auditorium.



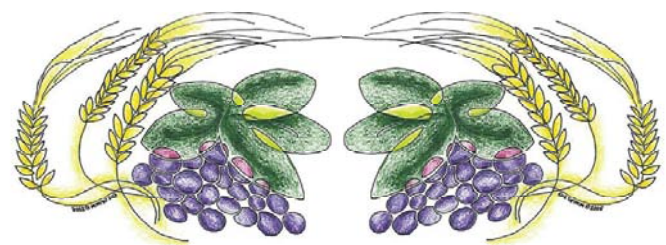
When you step through the door, you will probably be reminded of some of the great ballrooms of long ago. Sundial has one of the best dance floors in the entire Valley. And talk about music - this is where singles and couples come to hear some of the best live dance music in the region. Whether you love to slow dance or you are an accomplished ballroom dancer, or somewhere in between, you will love the Sundial Ballroom.

Friday evening dances begin with a Foxtrot at 7:00pm and usually end with a Waltz, at about 9:45pm. If you are a beginner or would like to learn a few new steps, we encourage you to take the free dance lesson offered before each dance. The 50 minute lesson begins at 6:00pm. Admission cost is \$5 for members and \$7 for escorted guests. Annual club membership/participation is \$3 and is open to all RCSC Cardholders.



Not only is dancing good for you both mentally and physically, but it is fun and easy to learn. It is also a great way to socialize and make new friends. Dances are normally held every Friday night throughout the year. But this year, due to other RCSC commitments for the auditorium, we will not have dances on March 13 and March 27. For more information, please call Bob at 623-215-8718 or visit our website at: suncitysingles-danceclub.com

Sun City Farmers Market at Bell Center



Thursdays from 9am to 1pm

~ Fruits & Vegetables direct from the Fields ~
~ Fresh Baked Goods ~ Homemade Salsas, Jams & Dips ~
~ Breakfast & Lunch by The Links Restaurant ~
~ RCSC Clubs (Arts, Crafts & More) ~

~ Sorry, No pets are allowed at the Market ~

Garden Club of Sun City

Live & Silent Auction

Saturday, March 7 - 11am to 4pm

Lakeview Center

Social Halls 1 & 2

Everyone is welcome to attend!

Merchandise Viewing
11am to 1:30pm

Silent Auction Winners
announced prior to live auction
beginning at 2pm

Bid on household goods, theme baskets,
collectibles, antiques and more!

Hot Dog Lunch available for purchase 11:30am to 1:30pm



Tips for Seniors from Daily Fitness -

Exercise Improves Your Golf Game

Bernie Stender enjoys the game of golf. He decided to get stronger for the game, and improve his overall level of fitness. Bernie knew strength and flexibility were necessary to consistently execute proper golf mechanics. These were the areas he wanted to concentrate on. With the help of personal trainer, Jane Fortier, Bernie began to workout at the Fairway Fitness Center. Jane developed an exercise regimen that focused on all muscles involved in the game of golf. The Low Row is one of the many exercises Bernie uses to strengthen upper back muscles, so important for an effective golf swing. Bernie has discovered that exercise not only improves his golf game, but his quality of life.

"There are 32 major muscle groups involved in the golf swing," states Fortier, a fitness specialist with Daily Fitness. A good golfer needs to look beyond the latest \$500 Driver that's on the market, and concentrate on the engine that is going to move that driver – and that engine is YOUR BODY! Your body dictates your golfing ability. If you want to improve your swing, speed, power and accuracy, you need to improve the body that executes the swing. This can be done through an exercise program that focuses on three important areas: Aerobic Capacity, Muscle Strength, and Body Flexibility. Aerobic exercise will improve stamina & endurance, vital to completing 18 holes of golf; Weight Training will strengthen and build muscle tissue, key to gaining club head speed; and Stretching Exercises will improve range of motion and flexibility, essential for a powerful and fluid swing. All three of these areas, and additional golf-specific exercises, can be incorporated into a 12-Session training Program. Appropriate exercise can improve a golfer's outlook, game score, and enjoyment of the sport."

Daily Fitness trainers specialize in teaching individuals how to exercise safely and effectively. They tailor programs to fit clients' needs and goals. To find out more about personal training services, call 623-256-7901, or visit www.DailyFitnessLLC.com.



Bernie Stender focuses on upper back musculature, as he works out at the Fairway Fitness Center.

LaTouch Wellness Massage Therapy Shares...

Discover the Benefits of Swedish Massage

For many people, massage and bodywork are a critical part of their health and wellness strategy—medical professionals are increasingly embracing this idea. In a recent online survey, massage devotees talked about their commitment to regular massage therapy. Many defined their experiences as:

"My monthly reset button"
"Helping me to reducing stress"
"Relieves aches and pains and increase endorphins."

Swedish massage is based on concepts of anatomy and physiology, as opposed to energy work on "meridians" as in Asian massage systems. Most people get a 30-60 minute Swedish massage, but 90-120 minutes gives the therapist more time to work the muscle tissue and achieve optimum results.

Before the massage, the therapist will ask you about any injuries or conditions that he or she should know about. Things you want to tell a therapist include areas of pain, discomfort, allergies, joint replacements, surgeries, and medications you are currently taking. If you are ill, wait until you feel better before getting a massage.

A Swedish massage can be slow and gentle, or more vigorous, depending on the therapist's personal style and your preference. You can also tell them up front if you prefer light or firm pressure. During a Swedish massage you undress to your comfort level and you lie on a massage table. There is a drape or sheet covering your entire body. The therapist uncovers only the part of the body he/she is working on. This is called Draping and Arizona is very strict with Draping Rules. The therapist will incorporate various massage techniques that include effleurage, kneading, friction, stretching and tapping. Therapists will check in with you periodically concerning your comfort level and it is important to let the Therapist know if you feel uncomfortable at any time. Everyone wants you to have a beneficial and rewarding session.

The Mayo Clinic notes that massage therapy can be used to help manage pain. Swedish massage sessions can target specific areas of pain especially the knee, neck and shoulder. It can be used to manage the chronic pain that accompanies conditions like arthritis and fibromyalgia and can help make many painful conditions more bearable. It also helps to improve circulation; it facilitates the flow of essential nutrients and oxygen to your body. Massage has been shown to reduce depression by activating the relaxation response and by improving sleep patterns.

We offer Swedish Massage, Deep Tissue Massage, Sports Massage, Aroma Therapy, Reflexology Techniques and Reiki Energy Healing Sessions. In upcoming articles we will continue to elaborate on the benefits of the different types of complimentary therapeutic services. Please contact Laura at (623) 201-0378 to schedule your appointment or visit our website at www.LaTouchWellness.com for additional information.



March Fitness Equipment Group Demonstrations

Bell Center	Wednesday, March 4 at 11:30 am with Dick
Sundial Center	Wednesday, March 11 at 11:30 am with Dick
Fairway Center	Wednesday, March 18 at 11:30 am with Jane

Member Fitness & Massages Services

Sundial Center
Free Spirit Massage
623-225-8582

Bell Center
Jan Najera
623-521-0771
Lisa McCoy
623-210-2707

Fitness Training
Daily Fitness
623-256-7901
dailyfitnessllc.com



Tai Chi
with Steve
623-256-4045

Fairway Center
Laura Moore
623-201-0378
latouchwellness@massagetherapy.com



Welcome to RCSC Club Events!

We’ve reorganized the Clubs Events and Annoucements that appear in SunViews each month so that it’s easier to find the activities you’re looking for.

Clubs are welcome to submit information to this section every month and should include the date, time and location of the event along with cost and contact information.

Let us know what you think by sending an email to sunviews@sunaz.com.

Page 18	General Information, Performing Arts, Politics, Other Interests
Page 19	Cards, Games and Social Clubs
Page 22	Arts & Crafts
Page 23	Dances, Dance Lessons
Page 24	Educational Classes
Page 25	Fitness & Fitness Classes, Sports & Outdoors

General Information

Home Delivery of SunViews

Did you know you can start and stop home delivery of SunViews while you’re out of town? Simply contact the Daily News-Sun Circulation Department at 623-977-8347 or email to pfreedman@yourwestvalley.com. And don’t forget - another way you can stay in the know is by getting SunViews online at www.sunaz.com.

Submit Your Club Events by email to: sunviews@sunaz.com

All submittals must be received no later than close of business on the 5th day of the month for the next month’s edition. Please include the date, time and location of the event along with cost and contact information. If you need additional assistance, contact Joelyn Higgins, Communications and Marketing Coordinator, at 623-561-4616.

Performing Arts

Sun City Concert Band Annual Sousa Concert

The Sun City Concert Band presents its annual Sousa Concert on Sunday, 3/1 at 2pm & 7pm at Sundial. The concert is in the style of the famous Sousa band which gave over 3,500 concerts in just seven years. Our guest soloist is Cassandra Norvile Klaphake, the artistic producer and co-founder of the Arizona Broadway Theatre (celebrating their 10 year anniversary). An award-winning actress and musician, Cassandra holds a Master of Music Degree in Voice from the New England Conservatory and has performed with opera companies and symphonies both nationally and abroad. Cassandra will sing selections from some of your favorite musicals and the band will perform some of Sousa’s outstanding works. Tickets: \$8; on sale at Sundial Lobby through Saturday, 2/28 from 9am-1pm, and at the box office before each performance. For notices of future concerts, please send your email address to ronjean1212@gmail.com

Political

Sun City Republican Club

The Sun City Republican Club hosts a Pot Luck dinner for members and escorted guests on 3/16. The club will furnish the meat course; members are asked to bring side dishes, enough for 8 people. Plates, utensils and napkins will be provided. An open discussion meeting will follow. Escorted Guests must pay \$2 fee.

Sun City Democratic Club

The Sun City Democratic Club will show the documentary film “The Koch Brothers Exposed: 2014 edition” at the meeting on Thurs 3/5, announced Carolyn Modeen, Program Chair. The film explores who the Koch brothers are, the industries they control, where their money is going, who their money is hurting, as well as how much they made during the campaigns that led up to the 2014 elections. The meeting is at Fairway at 6:30pm. A social period with coffee and cookies begins at 6pm. All Democrats and Independents are invited to attend.

Other Interests

Sun City Rockhounds

The Sun City Rockhound Club meets Oct-May, 7pm, 2nd Thursday at Fairway, Arizona Room 1. Members and escorted guests welcome to attend. Come hear an interesting speaker and find out about the Field Trip (held 3rd Thursday of each month). Rockhound Mineral Museum at Sundial: We have the best Florescent Rock display in the Southwest! Open Mon-Wed & Fri 10-3pm and Sat 10am-1pm when volunteers are available. Please call to be sure we are open beforehand - 623-972-1772.

Stamp Club Meeting and Appraisals

Annual Public Auction on Monday, 3/2 at our regular Stamp Club meeting at Mari-nette. Auction open to public; anyone can bid on stamps, covers and other philatelic items. Items available for viewing at 6pm; bidding at 7pm after a short business meet-ing. Everyone welcome; there are sure to be many interesting and unusual items at this auction. FMIC Mike at 623-974-9943 or Doris at 623-875-1778. Even if you do not want to bid, plan to attend to see what stamps are in demand and what stamps collec-tors want. In any case, it will be an interesting night!

Book In Hand Club

The Book in Hand Club meets at 1pm 2nd Fridays year-round in Room 217 at Fairway. Books are chosen by consensus and include both fiction and non-fiction titles. Books on reserve at the Fairway Branch for members with Maricopa County Library cards. Open to all RCSC Cardholders; present card at first meeting.

Titles for Spring:
March: The Orphan Train by Christine Kline
April: Cutting for Stone by Abraham Verghese
May: The Night Circus by Erin Morgenstern
June: The Book Thief by Markus Zusak



Armchair Photo Explorers Club

Meets every Wednesday at Fairway Center, Arizona Room 1. Doors open 6:30pm; show starts at 7pm. Please arrive early to sign in and be seated before the show begins. Club open to all current RCSC cardholders. Annual Dues: \$3. May attend three times before joining. On first Wednesday of month we serve coffee and cookies.
3/4 Baja: An adventurer’s trip down the Baja Peninsula including both land and sea areas plus many birds. Presented by Cindy Marple;
3/11 September In Alberta: Visit Banff, the Ice Field Highway, Jasper, Waterton Lakes, Kananaskis country and other places. Presented by Ed Linneman;
3/18 The Pacific Northwest: A wonderland of uncompromised beauty encompassing Washington, Oregon and Idaho Travelogue Club tape

Community Garden Open House/Work Day

Join us on the 3rd Saturday of each month to help improve the community garden or just have a tour and see what we are all about.
Day: 3rd Saturday (October through May)
Time: 9-11 am
Where: West side of EPCOR water plant on Northwest corner of 91& Greenway
Bringing you own work gloves, rakes and shovels would be helpful



Games

Duplicate Bridge (ACBL)

The Sun City Duplicate Bridge Club (ACBL) hosts an ACBL wide Senior Pairs game on Mon 3/2. Players receive hand records and analysis booklet. All players must be at least 60 years of age unless they have played in a previous senior pairs game. Promotional game on Monday, 3/30. Both games will be an extra \$1per player. For the rest of the month, the SC Duplicate Bridge Club (ACBL) will meet for regular games on Mon and Thurs at 1pm at Lakeview Social Hall One during March. Please arrive by 12:45pm to get your table. The club has a fragrance-free policy. Please be considerate of your fellow players by not wearing any fragrance. FMIC Randy Asendorf 623-249-5887.

One Partner Bridge

One Partner Bridge is the largest contract bridge club. Meets Thursday 6:45-9:30pm in Lakeview Social Hall #1. Partners required. If you need a partner, please contact Eleanor at (623) 583-2785. Annual membership: \$3. Each evening costs \$1 per couple, which goes into evening's prize fund. Annual surprise: "free play" night is given. All grand slams are rewarded and designated small slams are also paid. Birthdays celebrated with cookies. If you wish to come for an evening, the cost is \$1 for RCSC Cardholders; \$2 for escorted guests, plus the \$1 prize fund.

Kachina Bridge

Played bridge? Interested in getting into the game? Come join us! Don't let duplicate bridge scare you; we will help. We are a non-sanctioned duplicate bridge club that meets on Monday and Thursday (play once or twice a week) at Sundial 12:15-4pm. Closed July and August. Annual membership: \$10 to all RCSC members in good standing (covers both days); plus \$2 each play for prizes. We welcome players to visit to see how duplicate bridge is played. No partner, don't worry - call Kitty at 623-933-6466. FMIC Sharon at 623-251-4858.

Bunco Broncos

Bet your booty it'll be a blast with the Bunco Broncos! All it takes is a willingness to indulge in a few laughs and tons of fun. Bring two bucks and you'll be betting on a bodacious bucking bronco bash...throw those dice parder and join us. If this is your first rodeo, no worries.. we'll still send you back to your bunkhouse with a smile on your face. We meet at the Oakmont "Ranch" (social hall) on the 4th Monday of each month. Doors open at noon; play starts at 12:30. FMIC 328-5327 or 972-1035.

Saguaro Bridge

Saguaro Bridge meets Fridays, 6:45-9:30pm at Lakeview Social Hall #1. Must have partner, please call Eleanor @623-583-2785 if you need a partner. \$3 and current RCSC Member Card required to join; .50Cents each night for prize fund. Come visit and try it out for \$1. We'll have fun!

Chess Club

Lessons for beginners and challenge for the advanced player. Lakeview Social Hall #3 on Wed or Thurs from 1-4pm.



Mah Jongg

Come Play Mah Jongg - Tuesdays 12-4pm at Sundial; Sundays12-4pm & Thursdays 6-9pm at Marinette. FMIC Susan at 623-910-1271 or Linda at 623-240-9586

Oakmont Pinochle Club

Lakeview and Oakmont Pinochle Clubs have merged and the club is now called Oakmont Pinochle. We meet at the Oakmont Auditorium on Tuesdays at 11:30am and Saturdays at 9:30am.

Monday Night Pinochle

We play both single and double deck at Oakmont every Monday at 6:30pm. Arrive by 6:15pm. Membership dues \$3/ year with valid RCSC card. Play fee is 50 cents/evening. Non-members/guests pay \$2/evening plus play fee of \$1. Punch cards or daily card accepted. FMIC Kim at 623-251-4155 or Monies at 623-875-0421.

Backgammon Club of Sun City

We welcome all levels of players. Classes offered to help from basic play to more advanced strategies. Meets 1st and 3rd Thurs 7-9pm at Lakeview Social Hall #3; 1st Sat 1-5pm. Call 623-640-7211 to arrange for lessons.

Mixed Cards

Like to play cards? Join us Saturdays at Oakmont. Games begin at 6:30pm. Annual Dues: \$3; \$.50 a night to play. Singles welcome, or bring a partner. We play both single and double deck. Club is open to all RCSC Cardholders. FMIC Bea or Pat 623 933-1953.

Social

Michigan Friends in Sun City

Inaugural General Membership Meeting Saturday, March 7 at 9:30 am in the Marinette Auditorium . New Members (residents of Sun City only) must bring your RCSC card and \$5 annual membership dues for 2015. Coffee provided by the Board. A casual social lunch will follow at Royal Cafe; 12noon. \$7.50 all inclusive. Questions? Email Cheryl at michigan2arizona@cox.net

New England Club

3/14/15 - Time for another social get together. In honor of St Pat's Day we are having a New England Boiled dinner: Corned Beef & cabbage. potatoes, carrots. Social time at 5pm with appetizers and fun conversations, business meeting at 5:30 and dinner at 6pm. After dinner and dessert we will play some games. We are a social club and meet in Lakeview Social Hall 1 on the 2nd Saturday of the month. We have many fun activities planned and have a lot of fun together, and you do not have to be from New England to join us. FMIC Barbara at 815-6722 or Bob at 583-3912.

Sun City Woman's Social Club

Gathering place at Lakeview for women to play cards (canasta, bridge or poker) or board games (Rummikube or Mexican Train). Hours: Daily 10am-4:30pm. FMIC 623-760-3293.

Sun City Singles Social Club

Single seniors with a current RCSC card welcome to join. Annual membership fee is \$6. Guests need to be single and escorted by a club member. Club meets on the first Friday (Pot Luck 5:45pm) bring food to feed 10-12 people. Third Friday (Game Night 5:45pm) can bring snacks for people to share, also bring your own drink for each activity, will be at Fairway Center room #4. Weekly activities: Breakfast at Royal Café 8:45am Saturdays. Golf on Mondays FMIC Jim at 623-242-7279. Billiards on Wednesdays 1pm at Lakeview Lanes. Other March activities: Tues 3/3 at 11:30am - Hayashi Hibachi 13823 W Bell (south side of road). TH 3/12 at 1pm - Mini golf at Bell. TH 3/19 at 2pm - Bocce at Sundial. Fri 3/27 at 4:30pm - Fish fry at Coco's 10243 W. Grand Ave. Check our website at www.simplesite.com/myclub. FMIC Ellen (623-583-2307) or Traci (623-640-4713).

NextGen

NextGen is a social club designed to be operated by Sun City residents younger than 67, but is open socially to all RCSC Cardholders. Meetings are held the first and third Wednesdays of the month at Bell Social Hall, unless posted otherwise. Dues are only \$5 per year. Proof of age and a valid RCSC card are required.

Wed, March 4th. Regular NextGen meeting, 7 p.m., Bell Rec Center Social Hall. Thur, March 12th. Dolly Steamboat Cruise. Arrive 11:30 a.m. at Canyon Lake Marina and Campground parking lot. 1 ½ hour narrated nature cruise begins at noon. Call 480/827-9144 for reservations. \$20 for seniors. Lunch at Tortilla Flats afterwards. Sat 3/14 - Golf at Lakes East. Tee times beginning at approx. 10 a.m. Sun 3/15 - Bowling at Bell Lanes. 1:15 p.m. Mon 3/16 - Cubs vs. Padres at Peoria Stadium, 1 p.m. Tue 3/17 - St. Patrick's Day Dinner at Tivoli Gardens in Surprise, 5 p.m. Wed 3/18 - NextGen meeting, 7 p.m., Bell Center Social Hall Mon 3/23 - Breakfast at Coco's, 9801 W Bell, 9 a.m. Mon 3/23 - Texas Hold'um. Bell Rec Multipurpose Bldg, 1 p.m. Wed 3/25 - Shuffleboard at Bell. 4:30 p.m. Dinner afterwards at Memos. Mon 3/30 - KC Royals vs. TX Rangers, Surprise Stadium, 1:05 p.m. Tailgate at 11a.m. Tue, March 31 - Taco Tuesday at Salty Senorita, 8011 W Paradise Lane in Peoria. 6 p.m. Happy Hour till 7 p.m. Karaoke 7-9 p.m. Seating outdoors. Must be member, visitor, or escorted guest to participate. To learn more or to sign up for any activity, check our website calendar <http://www.nextgensuncity.org> and use the activity link www.SignUpGenius.com. Dates , times subject to change. Please check our website for current information. FMI nextgensc@gmail.com.

Sun City RV Club

A fun group of people who enjoy potlucks, card games, day trips, and RV caravans. No RV required! Open to all RCSC Cardholders; must have desire to enjoy fun times with a great group. Monthly potluck 5:30pm, 4th Tues at Sundial - bring dish to share (10-12 people), utensils & beverage; or drop by Monthly Caravan meeting. March Meeting changed to Wed, 3/25, 9:30am at Sundial. Cards & games at Bell Multipurpose Rm B every 2nd Wed & 3rd Tues from 5-9pm. Upcoming Caravans/Rallies: Quartzsite, Wickenburg, Verde Canyon, Chloride, Lake Pleasant, Page/Antelope Valley. Future Day Trips (car pools, no RV required!): AZ Opry, Arcosanti. Additional trips in planning stages. FMIC Judy 623-444-4224.

Take some time to get-away! Overnight or just for the day!

Tours can be purchased Monday through Friday in the Lakeview Clubs Office or be phne from 8:30am to 4:00pm. Visa, MasterCard, cash or checks accepted. Tours are for RCSC Cardholders and their guests only. Cardholders should have member card available, must accompany each trip and may purchase a maximum of six tickets. Day tours depart from Bell Center. Tours are non-refundable. Please inquire about trip cancellation protection offered by All Aboard America (AAA) and Free Spirit Vacations (FSV) for overnight tours. Call 623-561-4660 for more details or visit www.sunaz.com/travel

Overnight Trips

March 24-26, 2015 (Tuesday-Thursday)
Tour of Antelope Canyon & Monument Valley | AAA
\$585pp double | \$745pp single

A long time ago, herds of pronghorn antelope roamed freely in Antelope Canyon, which explains the canyon's English name. It is not known exactly when people first discovered Antelope Canyon. According to local Navajos, who have lived here for some time, the canyon and the LeChee area were places where cattle grazed in winter. To older Navajos, entering a place like Antelope Canyon was like entering a cathedral. They would probably pause before going in, to be in the right frame of mind and prepare for protection and respect. This would also allow them to leave with an uplifted feeling of what Mother Nature has to offer, and to be in harmony with something greater than themselves. It was, and is, a spiritual experience. Please join us for this incredible journey to Antelope Canyon and to the magnificent Monument Valley!



April 14 – 17, 2015 (Tuesday-Thursday)
Rocky Point, Mexico | AAA
\$435pp double | \$599pp single | \$150pp deposit; balance due March 6

Fun in the Sun, South of the Border! Join the fun south of the border in Beautiful Rocky Point, Mexico! It is located on the beautiful Sea of Cortez just 66 miles from the U.S. border. Americans frequent Rocky Point to enjoy the soft sandy beaches, gorgeous sunsets and the fresh ocean breezes.



and stream cutting that created the colorful sheer cliff walls. Learn about the settlers who built pit houses, planted crops and raised families over the years. At the Petrified Forest National Park, you'll see the many places significant to history and culture, including the Painted Desert Inn National Historic Landmark and the Rainbow Forest Museum. On our return to the Valley we have lunch at another historic landmark, The La Posada Hotel in Winslow. Experience Arizona's past and present!

April 22-24, 2015 (Wednesday-Friday)
Canyon de Chelly & Petrified Forest National Park | AAA
\$456pp double | \$565pp single

Learn the history of Canyon de Chelly National Monument which was authorized in 1931 by President Herbert Hoover in large measure to preserve the important archeological resources that span more than 4,000 years of human occupation. Experience millions of years of land uplifts

April 25 – 27, 2015 (Saturday-Monday)
Ronald Reagan Presidential Library | AAA
\$435pp double | \$599pp single | \$150pp deposit; balance due March 6

Travel with us to southern California as we will visit our beloved 40th President, Ronald Reagan's Presidential Library in Simi Valley. The Library's holdings include over 60 million pages of documents, over 1.6 million photographs, a half million feet of motion picture film, tens of thousands of audio and video tape and over 40,000 artifacts. We'll also visit the Getty Villa in Pacific Palisades, which recreates ancient Rome and Greece with beautiful architecture, art and gardens. Our hotel during our visit will be the beautiful Ayres Hotel in Hawthorne, CA.

May 12-15, 2015 (Tuesday – Friday)
Travel to Zion, Bryce Canyon & Arches National Parks | AAA
\$745pp double | \$1,035pp single | \$150pp deposit; balance due March 25

This tour is sure to please everyone as you'll see some of the most photographed scenery in the world. You'll discover landscape of contrasting colors, landforms and textures unlike any other. In Zion, follow the paths where ancient native people and pioneers walked. Gaze up at massive sandstones cliffs of cream, pink, and red that soar into blue skies. In Bryce, you'll experience the odd shaped pillars of rock left standing from the forces of erosion. An array of plants and animals will enchant you as you absorb the rich history of the past and enjoy the excitement of present day adventures. At the Arches National Park, you will visit and discover a landscape of contrasting colors, landforms and textures unlike any other in the world. The park has over 2,000 natural stone arches, in addition to hundreds of soaring pinnacles, massive fins and giant balanced rocks. This red rock wonderland will amaze you with its formations and inspire you with its sunsets. A true adventure awaits you at all three national parks.



May 12-18, 2015 (Tuesday-Monday)
Spring in the Ozarks | FSV
\$1,995pp double | \$2,295pp single | Airfare Included | \$400pp non-refundable deposit; balance due March 27

Travel to Branson, Eureka Springs, Little Rock, Fort Smith and Bentonville, Arkansas. Voted by Travel and Leisure Magazine as one of the top twelve destinations in the world to visit, Bentonville is home to Crystal Bridges, Museum of American Art; a place that the American spirit, the power of Art and beauty of the natural landscape come together. This tour also includes four high-energy shows in Branson, lunch at the Marlsgate Plantation and a trip to the Clinton Library.



Day Tours



March 15, 2015 (Sunday)
Menopause the Musical at the Palms Theatre | AAA
Depart 11:00am | Return 5:30pm (est)
\$99pp

Come Join Our Sisterhood! This hilarious musical parody, staged to classic tunes from the '60s, '70s and '80s, will have you cheering and dancing in the aisles. See what millions of women worldwide have been laughing about for over 10 years! Set in a department store, four women with seemingly nothing in common but a black lace bra on sale, come to find they have more to share than ever imagined. The all-female cast makes fun of their woeful hot flashes, forgetfulness, mood swings, wrinkles, night sweats and chocolate binges. A sisterhood is created between these diverse women as they realize that menopause is no longer "The Silent Passage," but a stage in every woman's life that is perfectly normal.

April 7, 2015 (Tuesday)
Algodones, Mexico | AAA
Depart 7:00am | Return 8:30pm (est)
\$68pp

We will stop at a fast food restaurant in Gila Bend in the morning for breakfast (on your own). The motorcoach will stop in Gila Bend on the return as well. We should arrive at the border about 11:30a.m. We'll park on the U.S. side and walk about 100 yards to cross the border into Mexico. In Algodones you will have four (4) hours to spend bargaining, shopping or just enjoying the different culture. We have plenty of room in our coach's luggage bays to bring home your purchases. There are several nice restaurants in Algodones for lunch. Valid passport or passport card required to enter Mexico.



April 9, 2015 (Thursday)
Sabino Canyon in Tucson | AAA
Depart 8:30am | Return 6:30pm (est)
\$90pp



Sabino Canyon tour offers a narrated, educational tour into the foothills of Santa Catalina Mountains. The trams have nine stops along the tour with several restroom facilities and picnic grounds located near Sabino Creek. The tram turns around at Stop #9 and heads back down to the Visitors Center, at which point riders may remain on board and/or hike back down while enjoying the panorama of cottonwoods lining the creek below. You will have a few hours to explore the canyon on your own, so take your time and enjoy your box lunch at your leisure at one of the many picnic areas while in the canyon.

April 25, 2015 (Saturday)
Pump Boys and Dinettes at the Palms Theatre | AAA
Depart 11:00am | Return 5:30pm (est)
\$99pp

The pump boys sell high octane fuel on North Carolina's Highway 57 and the sassy dinettes run the Double Cupp diner next door. Between changing tires and baking pies, the gang performs a rousing, down-home mix of country western, rock 'n' roll and blues in this charming tale of friendship, romance and life's simple pleasures. Come on in and let good American folk melt your troubles away with a generous serving of great music and foot-stomping fun.



May 1, 2015 (Friday)
Tonto Natural Bridge | AAA
Depart 7:30am | Return 5:00pm (est)
\$90pp

Join us for the day as we venture through the town of Payson on our way to Tonto Natural Bridge Park. It is unique among natural bridges in that it is formed of travertine. Most bridges are either in sandstone, as witness Rainbow Bridge and other natural bridges in Utah, or in hard limestone, such as the famous Natural Bridge in Virginia. Before returning to the Valley arrangements have been made for lunch at a local restaurant. Sit back and relax in the largest Ponderosa Pine Forest in the world. This stunning, off the beaten path of Arizona's back country was made most famous by author Zane Grey.

Diamondbacks Baseball Games

All tickets located in lower level, Section 111

April 6, 2015 (Monday)
Arizona Diamondbacks vs San Francisco Giants | AAA
Depart 5:30pm | Return 10:30pm (est)
\$82pp

Opening Day at Chase Field! Come see the World Champion San Francisco Giants play against your Arizona D-Backs on Opening Day at Chase Field. Great seats, great fun, so come out and enjoy the sights and sounds of the game and cheer on your favorite team!

May 24, 2015 (Sunday)
Arizona Diamondbacks vs New York Mets | AAA
Depart 11:45am | Return 5:30pm (est)
\$75pp

June 7, 2015 (Sunday)
Arizona Diamondbacks vs New York Mets | AAA
Depart 11:45am | Return 5:30pm (est)
\$75pp

July 19, 2015 (Sunday)
Arizona Diamondbacks vs San Francisco Giants | AAA
Depart 11:45am | Return 5:30pm (est)
\$75pp

August 30, 2015 (Sunday)
Arizona Diamondbacks vs Oakland Athletics | AAA
Depart 11:45am | Return 5:30pm (est)
\$75pp

Arts & Crafts

Fairway Woodworking

To celebrate their 50th Anniversary, Fairway Woodworking hosts an open house on Sat, March 21, from 9am-2pm. Refreshments served. Come take a look around. If you are so inclined, join us and enjoy a great club and a very rewarding hobby in a large club room containing the latest equipment and tools.

Palo Verde Artists

The Palo Verde Art Club's Annual Art Show and Sale is Sat and Sun March 27-28 from 9am-3pm in the Palo Verde Art Room at Sundial. Club Members compete for ribbons in several categories and Show Attendees choose their favorite for the coveted "People's Choice" Award. Paintings and drawings in a variety of media including oil, acrylics, watercolor and pastels will be for sale to the public. Don't miss this opportunity to purchase original Fine Art at reasonable prices! Admission and parking are free.



SewNSew Club

Program/meetings: Thurs 9:30-11am on 3/5 Show & Tell, 3/12, 3/19, 3/26 Workshop
Anita Goodesign Mach.Embroidery Class Wed March 4; 9am-4pm. Sign-up at Sun-ValleyQuilts (under SewNSew).
Garment Special Interest Group (SIG) - 3/11 9:30-11:30a
Machine Embroidery Project 9:30am-1pm Wed 3/18 Mach.Embroidery SIG 1pm -3pm.
Certification required for all machine use. Sign up in club room for:
Brother sewing machines 51- 3-hour class - cost \$6
Baby Lock Imagine Serger - jet threading machine
1- 3-hour class - cost \$6
Baby Lock Embroidery machine
2- 3-hour classes -cost \$12
Cover Stitch Machine
1- 3-hour class - cost \$6
Heavy Duty machine for bulky fabrics
1- 3-hour class - cost \$6
Sewing classes on topics requested by members are scheduled. See reservation list in club room for specifics.
Open club room with boutique sales and donations accepted: Tues & Sat 9:30am-3pm and Thurs 11:30am-3pm.

Fairway Ceramics & Porcelain

March heralds the arrival of spring; a great time to explore your creative side. Come by our Ceramics and Porcelain Club Room, we'd love to show you around our. Annual dues: \$10 per RCSC cardholder. Many classes free; some require a nominal fee. All skill levels welcome: newcomer, beginner, intermediate and advanced. One-on-one orientation introduces new members to basics in a friendly encouraging environment. Greenware, paints, and glazes available for purchase on-site. Hours: M- F, 9am- 3pm. You can also call us at 623-972-5818. Located on 2nd floor of Fairway. Come for a visit, a tour, or a cup of coffee. We would love to meet you!



Lakeview Ceramics

Lakeview Ceramics & Porcelain Club finished a class called "Zentangle." "Zen" meaning to relax; Tangle is the doodle-type art. How many of us have drawn on paper to pass the time? That's "Zentangle." Stoneware is another media Lakeview Ceramics is adding to their program. Tues, Thurs, and Fri are available to pour Stoneware. Come start a new hobby (or restart an old one) and socialize with fun people. A current Recreation card and \$5 are the only requirements. FMIC 974-5979.

Grandmothers & Friends

We are an arts, crafts and social club meeting at Oakmont Center on Monday mornings from 9-11am for our workshops; 2nd Monday of the month at noon for social events. Won't you come join us? New members are always welcome. Your used greeting cards are always welcome as we use these all year long to create beautiful works of art.

Bell Metal Club

Love metal? Love art? Come to Bell Metal Club to be innovative and artistic with metal! Not only can you work with metal, we can fix and replace your garbage can lids or make your mailbox secure by adding a locking security box. We have all the equipment to cut, weld and machine metal; we even build small engines. Come visit our shop and/or join us Monday-Saturday, 8am-4pm. Membership is open to all RCSC Cardholder and is \$10 per year. Call us to see if we can repair or fix your broken metal items. FMIC 623-974-8206.

Handweavers & Spinners Guild

Winter hours of 9am-3pm begin October 2014 & continue through April 2015. Other classes offered:
Mon - Beading 9-12; Bobbin Lace - 1-3
Tues - Rug Weaving/Shirett 9-12; Tatting 1-3
Wed - Classes or loom projects 9-3
Thurs- Hardanger - 9-12; Inkle and Spinning - 12-3
Fri - Basket Weaving - 9-3
Annual membership: \$10 for RCSC Cardholders. FMI visit our Guild room at Sundial or call 623-933-0397.

Marinette Clay Corner

Yes, Marinette Clay Corner is Open! Please join us for our Spring Fair on Friday, 3/20 and Saturday, 3/21. Doors open 8am-4pm on Fri and 8am-3pm on Sat. This is a great opportunity to purchase unique items from our artists. Fry Bread Tent, homemade cookies, punch and raffle tickets available for purchase. A wonderful opportunity to see Wheel and Hand Building Demos, giving you great insight on how items are created from a block of clay. Our members would love share their knowledge. You may just be inspired to join our Club!



Learn Leather Craft

Carving-Stamping-Garment-Construction. Join the Leather Craft Club of Sun City; open to all current RCSC members. Annual Dues: \$10. Beginners welcome. Lessons, patterns and tools furnished. Beginner classes are Tues. Located at Marinette. Winter hours 8am-2:30pm; summer hours 8am-12pm, Mon-Fri. We make all types of leather goods from holsters, belts and purses to clothes and mini saddles. A fun group of people and a great craft. Come check us out! FMIC 623-594-6591 or 623-933-8831.

Artistic Weavers & Fiber Artists

Next Beginning Loom Weavers' Class: January 6-24, 9a-Noon, Tues, Thurs, and Saturdays. Intermediate Loom Weaving and Inkle Weaving Classes will follow in February. Coiled basket making: Mon, 9a-3p. Spinning Lessons available on Wednesdays. Basket Weaving: Fridays, 9a-3p. Regular club hours at Oakmont are: 9a-3p, M-F. Annual membership: \$12; open to all RCSC cardholders. Stop by our clubroom for details, we'd love to have you join us.

Sun City Clay Club at Lakeview

Always liked and been curious about pottery and how it's made? Come join us for our ongoing classes and workshops in handbuilding, wheel, sculpture and mosaic. These are offered both daytime and evenings and many are free to Clay Club members. Drop by the club to see lists of available classes and get in on the fun. New Hours: M-Th, 8:30am-8:30pm; F & Sa 8:30am-4:30pm. FMIC 623 933 0899 or visit www.suncityclayclub.com

Artistic Stained Glass at Bell

Open weekdays: 8am - 3:30pm Mon-Fri; 8am-1pm Sat; and 5-8:30pm on Mon, Wed, Thurs. Come in and visit to see all the great work happening there and sign up for a beginner's class.

Bell Craft Club

Bell Craft Club is open Mon-Sat 9am-3pm, and Thurs 6pm-9pm. Scrapbooking class Sat: 9am-3pm. Happy Hearts group knits and crochets for our military veterans and other charities; meets Fri noon-3pm; members gather their projects, do stitching, planning, and socializing. Yarn donations welcome.

We offer many different classes and workshops available, including (but not limited to): Bead weaving (3 classes), Greeting Cards (4), Copper Enameling (2), Placemats, Candle making, Quilling & Cross Stitch, Painting, Plastic Canvas, Knitting, Crocheting, Silk Flowers, Craft Beading, Polymer Clay, and Brazilian Dimensional Embroidery.

All classes are taught by active members. If you have a craft you think others would enjoy, become a member and teach others. Boutique open to all for purchase of unique handcrafted gifts made by our members. General Meetings are second Thurs, Sept-May. Annual Dues: \$10. New members joining July 1-Dec 31: \$5. All regularly scheduled classes free to club members. Membership open to all current RCSC cardholders. FMIC 623-974-3497.



Fairway Knitters

The Fairway Center Knitters Club hosts its semi-annual White Elephant Raffle on March 27 in AZ Room #4 at Fairway. Raffle tickets are 10 for \$1.00. "Shopping" will be from 9-9:45am. and drawings begin at 10am. Open to members and their escorted guests. Guest fee is \$2.00. FMIC 623-972-9736.

Dances

Sun City Line Dance

March Spring Party and Dance at Sundial on Tuesday, March 17 - A party for our club-members who stay in Arizona all year and a farewell for our Winter Visitors.
Dance Schedule: 9:45am-10am Beginner Dance lessons; 10am-12:30pm Our regular line dance with beginners, improved and some intermediate dancing. Lunch served after the dance, starting at 12:30pm. Dance Cost: Members/\$2; RCSC Guests/\$3; and escorted Guests/\$5. Lunch Cost: Club Members/\$3 and Guests/\$4. FMIC: Walter 623-972-5127

Rockin’ Thru the Years – Saturday Nite Fever

The only club dedicated to Classic Rock and Roll, Disco, DooWop & Country Rock, with our own sound system and three DJs to play music from the 50s thru today. Will play requests that fall in R&R genre. Singles/couples welcome; No Dress Code. We furnish cups & ice; BYO snacks & drinks. Admission: \$3/members; \$5/guests. Annual RTTY membership: \$3 with valid RCSC member card. Doors open 6:30pm; Dance 7-10pm at Bell. Remember, you don’t need a partner or to take lessons to enjoy dancing to R&R and Disco! FMIC 623-332-7894 or visit our website at <http://sunaz.com/rockin-thru-the-years-dance-club/>
March Schedule: 3/14 - DJ Jamee Soulz; 3/21- Our St. Patricks Day Dance; 3/28 DJ Jamee Soulz;

Sun City Ballroom Dance Club at Bell

The Sun City Ballroom Dance Club meets in the Bell Center Social Hall every Sunday evening throughout the year, with the exception of Easter and Thanksgiving/Christmas Holidays. Please join us for fun and exercise.
Dance: Sundays 7-9:30pm; Lesson at 6:30 included with paid admission. Dance mixers, raffle, drawing for free passes. Cups, ice and coffee provided or BYOB.
Cost \$4/members; \$6/escorted guests. Membership: \$3 to all RCSC Card Holders. FMIC 623-755-8129 and 623-387-6731 or visit our website at www.suncityballroom-danceclub.com

Tip Top Dance Club

Think Fred Astaire and Ginger Rogers tapping thier way across the floor. Tip Top is busy; just finished a show at Arizona Broadway Theater and areplanning our member/guest Christmas party at Palm Brook Country Club and Annual Variety Show for Feb 22, 2015. Classes open to all RCSC cardholders. Annual membership: \$10. Beginning, Intermediate and Advanced, plus All That Jazz classes held at Marinette. Beginner Class: Mon - 10am; Instructor: Pat - Cost: \$10 per month
Intermediate Class: Tues - 9am & 10am; Instructor: Diana - Cost: \$10 per month
Technical Tap: Wed - 8:30 am; Instructor: Joey - Cost: \$10 per month
Advanced Class: Mon - 8:30am & Wed - 10am; Instructor: Jackie - Cost: \$15 per month
Theater Dance: Fri - 8:30am; All That Jazz: Tues & Thurs - 1pm; Instructor: Kim - Cost: \$5 per class; FMIC Jackie Shuton (623)875-1849 or Christine (623)322-3138.

Sun City Friday Night Singles Dance Club

Singles and couples invited to join us on Friday evenings from 7-10pm for social and ballroom dancing at Sundial. Enjoy some of the best live music in the Valley, for great dancing whether you love to slow dance, are an accomplished ballroom dancer, or somewhere in between. Free dance lesson with paid admission at 6:00pm. Partner not required for lesson; Students rotate so everyone has an opportunity to dance. We also have a few “Mixers” and “Line Dances”. Admission: \$5/members; \$7/escorted guests. Enjoy socializing and the opportunity to make new friends. Be comfortable, but please - no jeans, shorts, pullover shirts, hats, tennis shoes or flip flops. Coffee, ice and cups provided. FMIC Bob (623) 215-8718 or visit our website at: www.suncitysinglesdance-club.com. Open to all RCSC Cardholders and their escorted guests.
3/6 Midnight Moon; 3/13 No Dance; 3/20 Two Amigos; 3/27 No Dance

The Country Dance Club at Sundial

Come dance with us! Saturdays at 7pm 3/7 at Sundial; and 3/21 at Fairway. Doors open 6pm; free dance lesson w/admission from 6:30-7pm. Admission: \$3/members; \$5/escorted guests. There will be something for everyone; a good mix for couples, couples pattern, and line dancing. Dress casual or dress up, country or otherwise. BYO drinks and snacks; cups and ice provided. FMIC 623-242-9535 or 623-972-5127 or visit our website at www.countrydanceclubsc.com
3/7 Line Dance Lesson at Sundial; 3/21 Couples East Coast Swing Lesson at Fairway

Rhythm Ramblers March Dance

Enjoy an afternoon of dancing with the Rhythm Ramblers. The “Big Band Sound” is here! The Band performs from 2:30- 4:30pm, Tuesday, March 10 at Sundial Auditorium. Admission: \$4 for current RCSC cardholders and \$6 for escorted guests/visitors. Dress is casual. Bring drinks and snacks. Cups, ice and napkins provided. Please note: The Rhythm Ramblers will perform the second Tuesday in March. Mark your calendars for March 10.

Bell Tea Dance

The Bell Tea Dance Club sponsors dances on Wednesday afternoons at Bell from 2-4pm. Music provided by local keyboard artists; Mike Carollo, Manuel Dorantes, Bob Roppolo and Bobby Freeman. Dance board consists of Foxtrots, Waltzes, Latin, Swing and Rock; two mixers and a line dance included. Coffee, tea and cookies provided. Singles welcome. Admission: \$4/club members; \$5/guests. FMIC 623-933-8873.
3/4 Mike Carollo; 3/11 Manuel Dorantes; 3/18 Bob Roppolo; 3/25 Bobby Freeman

Sun City Squares

Tu: Round Dance Workshop Phase III & IV, 3-5pm; Larry Sperry, Cuer.
Tu: Regular Dance: 6:30-7pm Pre-Rounds; 7- 9pm Mainstream/Plus Square Dance; Dee Dee Dougherty, Caller; Larry Sperry, Cuer Jan, Feb, Mar. Dances open to RCSC Cardholders and escorted guests. FMIC 623-930-7513 or 623-875-2642 or email: SUNCITYSQUARES@q.com.

Dance Lessons

Sun City Ballroom Dance Club

Dances:
Sundays: 7-9:30pm - Lesson at 6:30pm included
Cost \$4/members; \$6/ Escorted Guests

Lessons	
Mon	1pm - Fox Trot
Mon	2pm - East Coast Swing
Mon	7pm - International Fox Trot
Mon	8pm - International Rumba
Thurs	5:30pm - American Tango
Thurs	6:30 - American Beginning Waltz
Thurs	7:30pm - American Intermediate Waltz

Cost Per Lesson: \$5/members; \$7/Escorted Guests.
Membership: \$3to all RCSC Card Holders.
FMIC 623 - 755-8129 or visit our website at www.suncityballroomdanceclub.com.

Sun City Friday Night Dance Club

Group dance classes are now being offered on Mondays at Sundial and Wednesday evenings at Marinette.

Lessons - Sundial West Wing
Mon6pm: FoxTrot, International Beginner
Mon 7pm:Cha-Cha, International Beginner

Lessons - Marinette Center
Wed 5:30: Cha-Cha, American Beginner
Wed 6:30: Waltz, American Beginner
Wed 7:30: Waltz, International Intermediate

Cost per lesson: \$5/Members
\$7/Escorted Guests
Membership: \$3 to all RCSC Cardholders
FMIC Bob 623-215-8718

Sun City Squares Plus Lessons

Beginner Round Dance: Fri 4-6pm
Beginner Square Dance: Fri 6:30-8:30pm
Round Dance Workshop: Tues 3-5pm
Phase III & IV in Jan-Mar
FMIC 623-875-2642 or 623-930-7513



Educational Classes

Computer Club of Sun City

Computer Club of Sun City is located on the 2nd floor of the Fairway Recreation Center. Our members come here to share computer knowledge and experiences, including Microsoft Windows 7, Windows 8, Android Smartphones and Tablets in a fun social environment. We also cover the many products of Google including Web, Mobile, Media, Geography, Home & Office, and Social.

Classes, special interest group discussions and presentations are both interesting and educational. RCSC cardholders are welcome to join the fun! All we ask is that you attend a short Join Us Signup presentation at specified times throughout the month. Please come to our club for more information.

You can also check the club website (www.firstsuncity.com) or phone 623-933-8953 to find a convenient time to join. Club members have full use of our computers, printers, scanners and internet connections at their leisure during club hours.

Hours: M-Fr 8a-4p, Sat 8a-12p 623-933-8953

First Week's Events

- Android Devices SIG on March 2 at 9a
- File Explorer in Windows 8 Class on March 2, 3 & 4 from 9a-11a
- Windows 7 Operating System on March 2, 4 and 6 from 9a-11a
- Computing 101 in Windows 8.x Class on March 2, 3 and 4 from 1p to 3p
- Round Table Discussion on March 6 at 9a

Second Week's Events

- Internet/Email SIG on March 9 at 9a
- Club Intro in Windows 8.x Class on March 9 from 9a to 11a
- Operating System in Windows 8.x Class on March 9, 10, 11 and 12 from 9a-11a
- Club Intro in Windows 7 Class on March 10 from 9a-11a
- All things Google SIG on March 10 at 1pm
- Computing 101 in Windows 7 Class on March 11, 12 & 13 from 9a-11a
- Excel Beginners Class on March 10, 11, 12 & 13 from 1p-3p
- Computer Clinic SIG on March 13 at 9a
- Investors SIG on March 14 at 9a

Third Week's Events

- Android for Beginners SIG on March 16 at 9a
- Windows Explorer in Windows 7 Class on March 16, 17 and 18 from 9a to 11a
- Speak and Listen to your Computer SIG on March 16 at 1p
- Computing 101 in Windows 8.x Class on March 17, 18 & 19 from 9a to 11a
- Facebook Basics Class on March 17, 18, 19 and 20 from 1p to 3p
- Android Workshop on March 18 at 1p
- Computer Backup & Recovery SIG on March 19 at 9a
- Monitor Training on March 19 at 11a
- Computer Clinic SIG on March 20 at 9a

Fourth Week's Events

- Windows 7 and 8 SIG on March 23 at 9a
- Roboform Class on March 24, 25, 26 and 27 from 9a to 11a
- All Things Google SIG on March 24 at 1p
- Computer Clinic SIG on March 27 at 9a
- Investors SIG on March 28 at 9a



SunMacs Computer Club

Membership meeting on Saturday March 14 in the Sundial West Hall. Coffee and treats beginning at 8:30am -Business Meeting at 9:00am, followed by "A Terrific Apple Product You Should Know About: Apple TV." Mac experts tell us that many things are still mysteries to many Apple fans and users. Two of the "most mysterious" are iCloud and Apple TV, so come to our March meeting, and learn! Our March meeting program is all about Apple TV and the miracles of streaming. Most of us still don't know how terrific it is! Come & learn. CJ Crow from Mac Media will be back to teach and demonstrate all the things you can do with Apple TV. We're all Apple fans & users, and we're the target market for this amazing product, so come & learn all about it!

Wear your name tag and renew your membership (Bring your RCSC card) for 2015 if you have not already done so.

We specialize in Apple Products & Software. Located at Sundial; hours M-Th; 8:30-10:30 & 12:30-2:30, See Calendar for any Friday sessions. RCSC card required; Annual dues: \$20 single/ \$30 couple.

We offer Classes-Round Tables-Socials-Help Sessions, free to club members. Some require pre-registration. Visit www.sunmacs.org or our club room for a schedule of classes and events. FMIC (623) 933-5300



Spanish Club - El Círculo Español

El Círculo Español, or the Spanish Club offers a variety of classes to learn Spanish 3 days a week. Annual Membership Dues are \$7.00.

All classes are free to club members. Members may take more than one class and students do not need to know any Spanish for the beginner classes. Students may register when they attend class. Spanish speakers are also welcome to join. They can help students, attend the conversation class or just attend the social functions which are for all members.

Besides the classes we have various social functions. In December we had our Christmas party with our elections of officers for the new year. In January we will have a dinner at Biblano's and we are going to see a Spanish Flamenco Dance performance.

Class Schedule: An asterisk denotes that the class has already begun, but feel free to join in. All classes are at Fairway Recreation Center.

Beginner Level 1:

*Mon 9-11:00 George LeBlanc Room 129
 *Mon 11 - 12:50 pm Marisa Drake Room 129
 *Mon 6:30 - 8:30 pm Etta Marcus Arizona Room 1 (Oct-Dec).
 Room 129 (Jan-Apr.)

*Wed 2:00 - 4:00 pm Lidwina Erikson Room 129
 *Thu 9:00 - 10:30 am John Dunn Room 133

Beginner Level 2:

*Mon 1-3 pm George LeBlanc Room 129
 *Wed 12-2pm Lidwina Erikson Room 129

Intermediate Level 1

*Wed 8-10 am Al Houdek Room 129

Intermediate Level 2

*Wed 10am - 12pm Al Houdek Room 129

Intermediate Conversation

*Thu 10:30 am-12pm Barbara Christensen Rm 133

Check out our bulletin board at Fairway near classroom 129 or pick up our flyer at Sun City Visitor's Center at Bell. For more information, email SunCitySpanishClub@gmail.com or visit our web site at <http://sunaz.com/spanishclub> and go to the class page for the schedule. You may also call 623-466-5011.



Fitness & Fitness Classes

Zumba Fitness Club

Zumba fuses Latin rhythms and easy to follow fitness moves to create a dynamic full body workout. It keeps you moving & grooving & makes fitness fun. The hour includes a warm-up, cardio workout, and cool-down. Mondays: Bell Social Halls 11:30am-12:30pm; Tuesdays: Sundial West Hall 6:30-7:30pm; Wednesdays: Bell Social Halls 11:30-12:30pm; Thursdays: Marinette Auditorium 6:30-7:30pm. Debbie Reiss, Instructor. Cost: \$3 per class session. FMIC Jan at 623- 972-0099.

Hatha Yoga

Multi-level Yoga Classes: Bring yoga mat and small blanket or beach towel. All yoga classes are held in the Sundial Aerobics Room. Please arrive 15 minutes early to register and pay the \$3 fee. RCSC Cardholders only. Club Membership \$5 annually. FMIC 623-974-3360.

M: 8:30-10am & 6:30-8pm
Tu: 8am-9:30am
Tu: 10-11:30am
W: 8:30-10am & 6:30-8pm
Th: 8-9:30am Beginners' Yoga
Th, F & Sa: 10-11:30am; Sa 8-9:30am
Chair Yoga Class:
M & W: 10:30-11:45am
Th, F: 1:00-2:15pm



Preregistration & Prepayment are required for Chair Yoga ONLY. FMIC 623-972-9602 or visit www.sunaz.com/activities/clubs/

Dance for Fitness

With a current RCSC Membership you may enjoy three free sessions with us. Can't beat that deal, and then you may join for only a \$5 annual fee. Come once, twice, or three times a week (whatever fits your schedule). We have no per-lesson fee. Classes meet on Tuesday at Bell, Wednesday at Sundial and Friday at Mt. View and all classes are from 9-10am. FMIC Penny at 623 933-7021 & Donna at 515 975-1683

The Aqua Fitness Club

The Annual Appreciation Party for Aqua Fitness Club members is 3/5, 1pm at Sundial. The Aqua Fitness Club presents water aerobic classes at several Sun City pools. Co-ed, each session is 8 weeks long, twice a week, mornings and evenings. Club Members must be RCSC members to participate. For more information, call Alice at 623.876.8627 or Debra at 606.465.4528.

Bell Aerobics

Come join this friendly group for a complete 45-minute workout of gentle stretching on Monday, Wednesday and Friday at 8:00, 9:00, or 10:00am at Bell Social Hall. Membership is \$3/year with valid RCSC card; there are no class fees. There will also be a holiday potluck social in December for all club members. Looking forward to having you join us as club meets year-round. FMIC Brenda at 623-455-1818.

Oakmont Ladies Exercise Class

Join us for low impact exercise designed for women over 50. Tues & Fri 8am-9am. Annual Membership Dues: \$5 - 3 free trial visits. FMIC Dee 933-0936.

Sun City Tai Chi Club

Classes - \$3 for all RCSC Cardholders and their escorted guests – open enrollment beginning classes, no experience necessary. Closed Intermediate classes for qualified students.

RCSC Cardholders may attend and pay for two classes before being required to pay the \$5 membership dues. Escorted guests without an RCSC punch card or daily pass must pay an additional \$2 per class.

Tai Chi Classes

Fairway Arizona Room: Mon 9:15am

Bell Social Hall 2: Thur 11:30am & 12:45pm; Fri 12:30pm

Meditation/Alignment Class:

Fairway Arizona Room: Mon 10:20am Fee: \$2

If interested in chair Tai Chi for those with physical limitations or evening class, please call 623-972-6159 or e-mail SCTaiChi@yahoo.com

Event: Membership Meeting, March 12, 2-3 pm: Tao Sifu Franklin Wood speaks on "The Physics and Science of the Movement in Tai Chi" and how it works in everyday life.

Sports & Outdoors

Bocce Club of Sun City

Tri-Cities Tournament:

The Club plays in the Tri-Cities Bocce Tournament in Sun City Grand on Sat 3/21 at 9am and continuing through the afternoon. This yearly tournament rotates among Sun City, Sun City West and Sun City Grand. Come out and watch your teams in action.

Tournaments: M, Tu, W & F, 3/2-6, 1pm & 3/9-4/3, 10am

2 Person Team Tournament: Th, 3/12-4/2, 10am

New Member Tournament: Th, 3/5, 1pm

Open Play: Th, 3/5, 1pm & 3/12-4/2,

10am; Su, 3/1-29, 2pm

Friday Night 25¢, F, 3/6, 6pm, & 3/13-4/3, 7pm

Playoffs: Sa, 3/7, 1pm & Sa, 4/4, 10am

Board Meeting: M, 3/2, 5:30pm

FMIC: Edith 623-271-0092 or Mike 623-242-9899

Bocce Club / Free Lessons

Keith: 623-760-6927; Bruce:623-972-2543

Bob: 623-875-5116; Edith: 623-271-0092

Sun City Lawn Bowling Clubs

Pick a time & place that works for you and joins us! M, W, F, 9am or 1:45pm at Bell Green or Oakmont Green. T, TH, Sat, 9am or 1:45pm at Mt. View Green or Lakeview Green; or Fairway Green at 1:45pm. We have many fun tournaments & social events. Free lessons. Open to all RCSC Cardholders. FMIC Len 623-974-3214 or Micky 928-853-3945. Check our website: www.bowlsaz.com

Sundial Shuffleboard Club

Next Member Meeting Tues, 3/10 at Sundial. Social hour: 4:30/5pm. Pot luck dinner; club provides meat, coffee and tea or BYO beverage. General meeting followed by fun events & 50/50 drawing. RCSC Guests welcome. If you haven't signed up, call Russ 208-9921 or Ruby 974-0635. If you haven't renewed your membership yet, give us a call & come to the meeting.

Sun City Senior Softball Club

Due to increased interest & athleticism of players, there are three slow-pitch softball leagues, with varying ability leavels. Mixed teams (men and women) play daily 8:30am- 4pm (except Wed) Also, Specialty Leagues for Co-ed and women's teams. American League has 10 teams; highly competitive and lots of action. New 12-team Central League has slightly lower level of play, but is competitive. The National League consists of 10 teams playing a more recreational form of softball, where competition is friendly & fun. FMIC: 623-243-7576 or email: McSoftball@prodigy.net or www.azsrsoftball.com

Conservation & Sportsmen's Club

Saturday 2/28: **Fishing Derby:** Great Prizes from Cabela's. All contestants included in drawing for Overnight Casino trip. Catch bass, catfish, trout and pan-fish. We clean what you catch! Open and free to all RCSC members and escorted guests. Bring your fishing rod! 9am-12pm; Viewpoint Lake Dock at Lakeview Center.

Wed 3/11: Monthly Social Dinner – 4:40 pm; Location TBD

Thurs 3 /12: Dead Horse Ranch Fishing

Trip – 7am; Lakeview Carpool

Thurs 3/19: Membership Meeting – 9am

(Board meets at 7:30am) Lakeview

Sat 3/28: Fish Fry Fundraiser – 12pm

(Tickets available soon) Lakeview

New members always welcome. FMIC

Wally 612-741-5923

Pickleball

The fastest growing sports for seniors, great exercise for all levels and lots of fun. The Club offers introductory lessons and Skills and Drills workshops. Group times suggested for different levels of play. Times suggested for different ability levels to play comfortably. If there is not a group for you, contact us and we will try to accommodate any level/group. Club membership/participation open to all current RCSC Cardholders.

Open Play (all levels): Mon-Sat, 7-11am or Mon-Thurs, 4-7pm

Introductory Class: Mon, 11:30am-1pm (To make sure we have enough teachers and equipment, call Peter 575-779-1154)

Beginners/Novice: Tues & Thurs, 2-4pm

Couples Play & Grab a Bite: Fri 5pm

Times subject to change. Check bulletin boards or www.suncitypickleballclub.org or call Dave Sinclair at 623-322-3420

Sun City Billiard Club

is sponsoring the Arizona Senior Olympics for Billiards at Lakeview. Play from 8am- 4pm on March 7 for Men and March 8 for Ladies. The billiards room at Lakeview Lanes will not be available to RCSC Cardholders during this competition; however, Bell Lanes billiards will remain available to RCSC Cardholders.

Fun Water Volleyball Club

Plays M-W-F & S 2-4pm at Oakmont Pool. Annual membership \$5. Enjoy the benefits of getting exercise, meeting friendly people & laughing (which is probably the best thing for your health). RCSC card required to join but try it out as a visitor for one session. To join, please come between 1:30-2pm. FMIC 623-523-3449 or email gary@homeinfoplease.com. If fun, exercise, new friends & laughter are your goals, you couldn't make a better choice.

2015 Spring Sun Bowl Concerts

Experience a wonderful evening of spectacular entertainment with family and friends at Sun City's open-air amphitheater located on 107th Avenue just south of Peoria Avenue.

All Sun Bowl are free* for RCSC Cardholders and their escorted guests only. Bring a lawn chair or blanket and relax under the stars with this great line-up of shows.

Gourmet food vendors arrive 1-1/2 hours prior to each performance for your dining pleasure. We're looking forward to seeing you at the Bowl!

The Chicago Experience with Kenny Cetera **Sunday, March 15 at 6:00pm**

Kenny Cetera, with his eight piece band that includes a prominent horn section, authentically recreates the classic hits of Chicago. Brother of legendary Chicago front man Peter Cetera, Kenny was a vocalist on Chicago 17, which is the supergroup's best selling album. Between Kenny's energetic performance, his authentic band and that genuine Cetera voice, The Chicago Experience promises to be a super evening of entertainment.

Through the Years with Peter, Paul and Mary **Sunday, March 22 at 6:00pm**

Rick, Ron and Mary perform the great hits from the folk era such as "This Land is Your Land," "Lemon Tree," "If You Could Read My Mind," "Mrs. Robinson," and "Scarborough Fair" just to name a few. Turn back the clock to a time of social upheaval, new beginnings, and "songs in the park."

Soul Solution **Sunday, March 29 at 6:00pm**

The "Soul Solution" promises premier live entertainment and a great night of music. The diverse mix of band members combine their talents to provide an unforgettable evening of R&B, Rock, Motown, Funk, Disco, Dance, Country, Latin, Reggae and even a touch of the Blues!

Tribute to Brooks & Dunn **Sunday, April 5 at 6:30pm**

With a true passion and love for their music, this show has incorporates every small detail of an original Brooks & Dunn live performance. So put on your boots and jeans and come re-live your favorite memories – or make some new ones – while being entertained in true Brooks & Dunn fashion!

Sun City Concert Band **& Special Appearance by The Sun City Women's Chorus** **Wednesday, April 8 at 6pm**

Relax under the stars as the Sun City Concert Band takes to the Sun Bowl stage with "Voices & Winds of Spring," including a special appearance by the Sun City Women's Chorus. This concert promises the very best from our very own! Please note special day and time for this performance –Wednesday at 6pm!

Time in a Bottle - A Very Special Tribute to **Jim Croce, Carol King, James Taylor & Dan Fogelberg** **Sunday, April 12 at 6:30pm**

"Time in a Bottle" re-creates the best of the Soft Rock era, featuring the hits of James Taylor, Carole King, Jim Croce, Neil Young, Dan Fogelberg, America, Cat Stevens, Van Morrison, Harry Chapin, Gordon Lightfoot, Judy Collins, Bread and others! "Time in a Bottle" promises to will rock you gently so sit back, relax and enjoy this tribute to a special era in rock's history!

'56 - A 50's Rock & Roll Revue **Sunday, April 19 at 6:30pm**

What if Chuck Berry, Jerry Lee Lewis, Johnny Cash, Roy Orbison, Gene Vincent, Eddie Cochran, Carl Perkins and even Elvis were gonna be playing right here in Sun City at our very own Sun Bowl? It would be one who that you would not want to miss! So put on your glad-rags and grab your best gal or guy -'56 is here and they're gonna rock the house!

ABBA FAB **Sunday, April 26 at 6:30pm**

ABBA's record breaking string of hits is timeless and continues to thrill audiences of all ages. There's no generation gap here; just memorable music and memories – and ABBA FAB covers them all! There's no doubt that the ABBA FAB vibe is infectious! Their vocals and musicianship are second to none. ABBA fans love it and new ABBA fans are created at every show.

Revisiting the Orbison Years - A Roy Orbison Tribute **Sunday, May 3 at 7:00pm**

An unbelievable transformation complete with the looks, voice and feel of the magnificent Roy Orbison. Come see Mark Barnett as he performs classic hits like "Only The Lonely," "Crying," "Pretty Woman," "In Dreams," "Running Scared," "Blue Angel," "You Got It," "Blue Bayou," and many others. An absolutely stunning show and one you won't want to miss!

The Realtones **Sunday, May 10 at 7:00pm**

This well-established, polished and professional five piece band knows exactly what Sun City likes – great dance music! If "good time oldies" is what you like, The Realtones promise you'll get tons of memorable hits from the 50s, 60s and even a few from the 70s that will get you on your feet. Come on down to the Sun Bowl and dance the night away!

Visit our website at www.sunaz.com/concerts to hear YouTube links (if available) of these top-rated performers.

*Please note: FREE RCSC Events are paid for by RCSC Cardholders and are therefore intended for RCSC Cardholders and their escorted guests only.

Early reservation of seating space at the Sun Bowl is not allowed and chairs nearest the stage are reserved for those individuals arriving by buses only. Smoking is only permitted in the parking lot around the Sun Bowl.

In the event of inclement weather, shows are moved to Sundial Auditorium, 103rd Avenue and Boswell Boulevard. For a recorded message regarding venue change, call 623-972-6014.



Monitored Activities



Billiard Tables	
Bell Lanes	M-Sa: 8a-8p; Su: Noon-7p
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p

Bingo	
Sundial Center	Doors Open: Th @ 5p. Bingo 6:30p \$7 for all 18 games w/3 special games Open to the public.

Boating/ Fishing	
Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p (or Dusk)

Bocce Courts	
Sundial Center	M-Sa: 6a-9p; Su: 8a-8p

Bowling Lanes	
Bell Lanes	M-Sa: 8a-8p; Su: Noon-7p
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p

Fitness Centers	
Bell Center	M-Sa: 5a-9p; Su: 8a-8p
Fairway Center 18+ only:	M-Sa: 5a-9p; Su: 8a-8p
Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p
Marinette Center	Closed for renovation
Mountain View Center	M-Sa: 6a-7p; Su: 8a-7p
Oakmont Center	M-Sa: 6a-7p; Su: 8a-7p
Sundial Center	M-Sa: 6a-9p; Su: 8a-8p

Horseshoe Courts	
Marinette Center	Closed for renovation
Mountain View Center	M-Sa: 8a-7p; Su 8a-7p

Jogging / Walking Track	
Indoor	
Fairway Center: 18+ only	M-Sa 5a-9p; Su: 8a-8p
Sundial Center	Daily 6a-8a

Outdoor	
Marinette Center	Closed for renovation
Sun Bowl	Dawn to Dusk

Library (602) 652-3000	
Bell Center:	M: 9a-7p; Tu-Sa: 9a-5p
Fairway Center	M-F 9a-4p

Mini Golf	
Bell Center:	M-Sa: 6a-9p; Su: 8a-8p
Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p
Mountain View Center	M-Sa: 6a-7p; Su: 8a-7p
Sundial Center	M-Sa: 6a-9p; Su: 8a-8p

Pickleball	
Marinette Center	Closed for renovation
Mountain View: Outdoor:	M-Sa: 6a-7p; Su: 8a-7p

Racquetball	
Bell Center Courts A & B	M,W,F: 5a-10a, 3-9p; Su 8a-8p Tu & Th: 5a-5p; Sa: 5a-7a; 12-9p

Shuffleboard	
Bell Lanes - Indoor:	M-Sa: 5a-9p; Su: Noon-8p
Lakeview - Outdoor:	Daily 6a-7p; Su 8a-7p

Spas	
Bell Center 18+ only:	M-Sa: 5a-9p; Su: 8a-8p
Fairway Center 18+ only:	M-Sa: 5a-9p; Su: 8a-8p
Lakeview Center:	M-Sa: 6a-7p; Su: 8a-7p
Marinette Center:	Closed for renovation
Mountain View Center:	M-Sa: 6a-7p; Su: 8a-7p
Oakmont Center 18+ only:	See Pool Hours
Sundial Center 18+ only:	M-Sa: 6a-9p; Su: 8a-8p

Swimming Pools - Open Swim Hours	
Bell Center 18+ only:	
M-Sa:5a-9p; Su: 8a-8p; Closed for class: M-F 7a-9a	
Fairway Center 18+ only:	
Lap Pool:	M-Sa: 5a-9p; Su 8a-8p
Walking Pool: M-Sa: 5a-9p; Su 8a-8p	

Lakeview Center	
M-Sa: 6a-7p, Su: 8a-7p; Closed for class: M, W, F: 8a-10a	
Children's Pool Hours for Ages 4-15 yrs: M-Sa 3-7p; Su 3-7p	

Marinette Center	
Closed for Renovation	
Mountain View Center	
M-Sa: 6a-7p; Sun: 8a-7p; Closed for Class: M,Th: 8a-10a; T,F 9-10a	

Children's Pool Hours for Ages 4-15 yrs - Daily 10a - 2p	
Oakmont Center 18+ only:	
M: 6-8:45a; 9:45a-2p; 4-7p; W & F: 6a-2p; 4-7p	

Tu, Th, Sa: 6a-8:45; 9:45a-7p	
Su: 8a-2p, 4-7p	
Sundial Center 18+ only:	

Large Pool:	Exercise Pool:
M: 6-8a, 10a-6p, 7-9p	M: 6-10a, 12-4p, 6-9p
T: 6-8a, 10a-9p	T: 6-10a, 2-4p, 7-9p
W: 6-8a, 10a-9p	W: 6a-9p
Th: 6-8a, 10a-6p, 7-9p	Th: 6-10a, 2-4p, 6-9p
F: 6-8a, 10a-9p	F: 6-10a, 12-4p, 7-9p
Sa: 6a-9p	Sa: 6a-9p
Su: 8a-8p	Su: 8a-8p

Table Tennis	
Bell Center: M,W, F: 6a-10a, 3p-9p; Tu: 6a-10a, 12p-7p;	
Th: 6a-9p; Sa: 6a-10a, 12p-9p; Su: 8a-1p, 3p-8p	

Tennis	
Bell Center: 623-977-3325 Closed for Renovation	
Lakeview Center: 623-561-4676 M-F: 10:30a-7p	
Marinette Center: 623-876-3054 - Closed for renovation	
Mountain View: 623-876-3042 M,F, Sa: 10:30a-7p; W 12:30-7p	
T, Th: 7:30a-7p, Su: 8a-7p	

Club Directory

Art and Craft Clubs

Art Club: LV		M-F 9a-4p
877-9366 or 583-7116		Member Mtg: 1st Tu 11a-3p SH#1
Artistic Stained Glass: BC	M-F	M-F: 8a-3:30p, Sa 8a-1p, M, W, & Th 5-974-4765
		Member Mtg 3/12 9-10a
Artistic Weavers & Fiber Artists:		M-Sa 9a-3p: M 5:30-8:30p
974-6108		Member Mtg 3/27 9a-12p
Calligraphy: SD		Thu & Fri 9-11a
594-6591		Member Mtg: 1st F 9a-11a
Camera Guild: SD		M-F 9a-noon
293-8824 & 360-461-4801		Member Mtg: 3/7 8:30-11:30a East Hall
Carvers: LV		Th, Sa: 7:30a-12p SH #3; Carved items
388-3051		on display & for sale during club hours.

Ceramics & Porcelain: FW		M-F 9a-3p
972-5818		
Ceramics & Porcelain: LV		M-F 9a-1p, Tu 5:30-9p
933-8118		Member Mtg: 9-10a
Ceramics: BC		M-F 8a-3p; M-F 5:30-9p; Sa: 8a-noon
974-6750		Member Mtg: 2nd F 9-10a
Ceramics: OM		M-Thu 8a-3p
319-431-5242		Mbr Mtg 2nd Tu 9:30-11:30a OM Aud
China Painting: FW		M-F 9a-noon
623-256-6784		
Clay Club: LV		M-Th 8:30a-8:30p, F-Sa 8:30a-4:30p
933-0899		Member Mtg 3/5 8a-12p SH#1
Clay Corner: MC		M-F 8a-9p Sa: 9a-5p
977-3167		Mem Mtg 2nd W 9-11a
		Spring Open House 3/19,20 8a-3p

Crafts: BC		M-Sa 9a-3p; W,Th 6-9p
974-3497		Member Mtg 2nd Thu 1-3p
Crafts: SD		M 8a-1p & Th 8a-11a
977-5494		
Creative Quilters: LV		M & F 8a-4p; Tu & W 9a-3:30p
815-1289		
Friendship Quilters: BC		M 9a-8, W 12p-8p, Th & Sa 9a-3p
933-3084		
Grandmothers: OM		Social Mtg: 2nd M 12-2p OM Aud
583-9575		Workshop 1st, 3rd Mon 9-11a
Handweavers / Spinners: SD		M-F 9a-3p; Mbr Mtg 1st Mon 1-3p
933-0397		Potluck 3/16 12:30-2p
Knitters: FW		F: 8:30a-2:30p
878-2117		Auction 3/27
Lapidary: BC		MTThF 8a-3p W 8a-12p,6-9p Sa 8a-12p
977-1803		Member Mtg 3/10 9-11a MPR-B
Lapidary / Silver: OM		M-F 9a-3p, Tu 6-9p
319-431-3563		Member Mtg 3/3 9a
Leathercraft: MC		M-F 8a-2:30p
594-6591		
Metal: BC		M-Sa 8a-4p
974-8206		Member Mtg 2nd M 9-10:30a MPRs
		Annual BBQ 3/17 9:30a-3p LV SH#1
Needle Arts / Crafts: OM		Th: 8a-11:30a
972-2609		

Palo Verde Artist: SD		M-F: 9a-5p
933-7572		Member Mtg 1st M 12-2:30p E Hall
Sew-n-Sew: LV		Tu & Sa, 9:30a-3p; Th 11:30a-3p
977-9460 or www.sewnsew.info		Boutique Sales, Sewing & Donations
Silver Stones: SD		M-Sa 8a-3p
972-1484		Member Mtg 3/9 9-11a, SD East Hall
Silvercraft: BC		M 8a-9p; Tu-Sa 8a-3:30p
933-8442		Member Mtg 3/13 9:30a
Sterling & Stones: FW		M-F 8a-4p; Sa 8a-12p
977-2208		Member Mtg 2nd M 11a-2p AZ Rms1,2
Stitchers: BC		Tu 9a-3p, W 9a-noon, F 9a-2p
972-8491		Member Mtg 2nd Tu 12:30-1:30p
Woodworking: BC		M-F: 8a-4p; Sa: 8a-12p
974-6058		Member Mtg 4th Tu 9-11a
Woodworking: FW		M-F: 8a-4p, Sa 8a-noon
972-4385		Member Mtg 2nd Tu 12-1p FW-133
Woodworking: LV		M-F: 8a-4p, Sa 8a-noon
933-2355		Member Mtg 1st Tu 9-10:30a



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Card and Game Clubs		
500: FW	M 5:30-10p, FW AZ Rm 3&4	
979-8676	3/23 Spring Fling Potluck 4-10p	
Backgammon: LV	Mon, Sat 1-5p, LV Soc Hall #3	
640-7211		
Bunco Broncos: OM	4th M 11:30p-3:30p	
328-5327	Potluck	
Canasta: OM	F: 10a-3p	
566-6408	OM Auditorium	
Chess: LV	W, Th: 1p-4p	
977-6315	LV Social Hall 3	
Euchre: FW	Tu: 6:30p-9:30p, FW AZ Rms 2, 3 & 4	
695-5229	Club Banquet 3/10 4:20p	
Mah Jongg: MC	Tu 12-4p, SD West Hall	
Susan 623-910-1271	Th 6-9p, Su 12-4p MN Soc Hall	
Linda 623-240-9586		
Mixed Cards: OM	Sa 6:30-9:30p	
623-933-1953 (Bea)	OM Aud	
Mixed Cribbage: LV	Tu 12p-4p; W 6:30p-9:30p, LV SH #3	
842-3462	Member Mtg/Pizza Party 3/18, 4:30p	
Monday Night Pinochle: OM	M 6:30-9:45p, OM Aud	
875-4465		
Pinochle: OM	Tu 11:30a-5p Sa 9a-3p OM Aud	
388-4372		

Contract Bridge Clubs

Card Sharks: LV	M: 6:00-10:00p
933-7972	LV Social Halls 1 & 2
Grand Slam: MC	Tu: 6:30-9:30p, MC Aud
875-7136	3/31 Member Mtg/Bridge
One Partner: LV	Th: 6:00p-9:30p
466-6567	LV Social Hall 1
Saguaro: LV	F: 6:15p-9:45p
466-6567	LV Social Hall 1 & 2
Wednesday Afternoon: OM	W: 12:30-3:30p, OM Aud
533-9567	Lessons 1/14-3/19 Call for time, location
Thursday Afternoon: LV	Th: 12:30p-3:30p
933-3968	LV Social Hall3
Friday Afternoon: FW	F: 12:30p-3:30p, FW AZ Rm 3
972-5063	FW AZ Rm 3

Duplicate Bridge Clubs

Duplicate (ACBL)	LV Social Hall 1&2: M & Th: 1-4:30p
875-7136	
Kachina: SD	M & Th 12:15-4p SD West Hall
251-4858	

Dance Clubs

Ballroom Dance: BC	Dances Su 7-9:30p, Th 7-9p BC
623-755-8129	BC Social Hall
Call for lesson days, times and locations	
Bell Tea: BC	Wednesdays 2-4p
933-8873	BC Soc Halls
Country Dance Club: SD	Sa 6:30-9:30p, 3/7 SD Aud,
242-9535 or 972-5127	3/21 FW AZ Rms
Line Dance: SD	Tu 10a-1p, Fri 1:30-4p SD Aud
972-5127 or 238-9686	3/17 Dance & Club Party
Rockin' Thru The Years: BC	Sa: 6:30-10p 3/14, 3/21, 3/28
332-7894	Mbr Mtg @ 3/28 Dance BC Soc Halls
Singles: SD	F: 7p-10p, SD Auditorium
210-4087	No dances 3/13, 3/27
Squares: BC	Dance, Tu 6-9p BC
875-2642 (Mary Sue)	Lessons Tuesdays 2p, Fridays 4p BC
suncitysquares@q.com	
Sun City Latin Dance	MC: M 5p-9p, BC: Su 12-4p
308-4880	2nd/4th W 6-9p
Sun City Poms: MC	Practice M/F MC Aud, T/Th MC Soc Hall
602-392-4242 scpoms@yahoo.com	Call for Class Times
Tip-Top Dance: MC	M,Tu,W,F: 8a-12p, T/Th 1-2:30p MC SH
974-9830	Member Mtg 3/9 10:30a-12p MC Aud

Educational Clubs

Apple Macintosh: SD	M-Th 8:30-10:30a, 12:30-2:30p,
933-5300	sunmacs.org
See Calendar for Friday Sessions	
Gen Mtg 3/14 8:30-10:30a West Hall	
Life Long Learning: FW	Classes in Session
218-6631	See Club Office for Schedule
PC Computer Club: FW	M-F 8a-4p, Sa 8a-noon
933-8953	
Spanish Club: FW	See Class Page for Schedule or Bulletin
466-5011	Board at FW; Mbr Mtg 3/31 11a FW 1&2

CLUB DIRECTORY

Fitness Clubs		
Aerobic: BC	M, W, F: 8a, 9a, 10a	
455-1818	BC SH 1 & 2	
Aqua Fitness Club	Appreciation Party 3/4 11a SD Aud	
876-8627	Call club in reference to club hours	
Dance for Fitness	BC: Tu 9-10a; SD: W 9-10a; MV: F 9-10a	
(623)933-7021or (515)975-1683	Member Mtg W, 3/11, 10-11a , SD	
	3/27 Relocated to LV SH 2&3	
Handi-Capables: SD	SD: wm wtr excrcs pool: Tu, Th 12-2p	
933-6515	Soc Mtg 1st M: 12:30p at FW AZ 1&2	
	Club Party 3/2 12:30p FW 1&2, & Music	
Hatha Yoga: SD	M/W 8:30-10a, 6:30-8p, Tu 8-9:30a,	
974-3360	10-11:30a, Th/Sa 8-9:30a, 10-11:30a,	
	F 10-11:30a Chair Yoga Classes:	
	M/W 10:30-11:45, Th/F 1-2:15p	
Ladies Exercise: OM	Tu, F: 8a-9a	
933-0936	OM Aud	
So Grand Exercise: FW	M, W, F: 7:30a-9a	
977-6885	FW AZ 1 & 2	
Stretch and Slim: BC	M-Sa 8-9a, 9:15-10:15a	
533-4215		
Tai Chi: FW	M 9-11a FW AZ Rm #3	
972-6159	Th 11:30-2p, F 12:30-3p, BC SH #2	
Zumba Fitness:	M11:30-12:30p BC; Th6:30-7:30p, MC Aud	
323-559-4688	Tu 6:30-7:30p, SD WH, W 11:30-12:30 BC	

Hobby Clubs

Armchair Photo Explorers: FW	FW: W, 7:00p , AZ #1
933-0791	Member Mtg; 1st W, 7:00p
Auto Restoration Club	Member Mtg; 3rd Tu 1p, LV SH#2
815-0234	
Best Friends Dog Club: FW	TA: M & W 8a-12p; Th & F 8a-11p
261-5502	Member Mtg 3rd Tu 8:30a
Garden: OM	M, W, F: 9a-12p
875-5921	Member Mtg: SD East Hall: 1st Tu: 8:30a-
Model Railroad: FW	M-F, 1-3:30p; S,10a-2p
974-2846	AZ Div Nat'l Model RR Meeting, 3/14
	First Floor Meeting Rm 133, 8-4p

Model Railroad Museum: FW	M-F, 1-3:30p; S,10a-2p
974-2846	
Rockhounds: SD	Member Mtg, FW AZ #1&2 3/19 7-9:30p
974-0550	Show & Tell, 3/26, 12-2p
Mineral Museum: SD	M, Tu, W, F: 10a-3p; Sa: 10a-1p
972-1772	
RV Club: SD	Caravan Meeting: F, 3/25
602-616-4835	SD West Hall, 9-11a, Club Picnic 3/20
	Pot Luck:Tu 3/24, SD Aud, 5-9p
Stamp Club: MC	Member Mtg: 1st M, 6:30p
974-9943	MC Aud

Performing Arts Clubs

Chamber Orchestra: FW	W: 9-11a
933-1568	Music Room
Choraliers: FW	M: 8-11a
933-7202	Music Room
Concert Band: FW	Tu: 8:30-11:30a Music Room
972-4767	Sousa Concerts 3/1, SD Aud
Handbell Ringers: FW	F: 8:00a-12p
933-6645	Music Room
Organ & Keyboard	Second Tuesday 6:30-9p
602-369-4242	SD Auditorium
Piano: SD	3rd F, 8:30a-12p, SD Aud
876-0645	
Players Theater: MV	General Mtg. 3rd M: 7p
476-7358	MV Auditorium
Readers Ensemble: LV	F 12p-4p
974-3384	LV SH #2 & 3
Rhythm Ramblers: FW	Rehearsals: Tu, 12-4:00p
876-8464	
Ukulele: FW	Th 3-5p
974-3360	FW Music Room
Women's Chorus: FW	Th: 8:45a-11a
933-7647	Music Room

Political Clubs

Democratic:FW	1st Th 6:30-8:30p, FW AZ 1 & 2
977-0980	BBQ 3/15 1-5p, OM Aud/Patio
Republican: SD	3rd M: Open @ 6:30p Mtg: 7-8:30p
322-5101	SD East Hall

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Social Clubs		
Book in Hand: FW	2nd F: 1-2:30p	
	FW: China Painting Room 217	
Gourmet Social: OM	2nd & 4th Sun: 4:30-7:30p	
920-716-2862	OM Auditorium	
NextGen: FW	1st/3rd Wed 6:30p BC Soc Halls	
314-423-0123	4th Wed 4:30p BC Shuffleboard Cts	
Men's: SD	M-Sa: 7a-4p	
977-5116		
New England: OM	2nd Sa; 5-8p	
738-7021	LV SH#1	
Sun City Hospitality: MC	Pizza/Games: 2nd F: 5p (876-8714)	
933-5158	Picnic 3/27 11:30a Quail Run Gazebo	
	Euchre: 1st & 3rd: Tu: 1p	
	Partners Bridge: 2nd/4th Tues 6:30p	
	Bridge: Wed, 12:15.	
	Friendship Corner (974-4529) Sa 11a	
Singles Social Club: FW	1st F: 6p potluck, 3rd F: 6p games	
583-2307	FW AZ Rms 3/4	
Wisconsin Club:SB	Contact President	
623-242-6318		
Women's: LV	Daily: 10a-4:30p	
623-760-3293	Mbr Mtg 3/11 12-1p, Club Room	

Sport Clubs

Billiards: LV Billiards Room	Ladies M & Sa: 8:45-10:30a, Th:9:45a-
602-319-0783	11:30a, Couples W: 6-7:30p;
	Men Singles M & F: 8a-12p,
	Men Doubles Tu & Th: 8a-12p
Bocce: SD	Open Play: M-F 10a, Su 2p, F 6p
271-0092	Playoffs 3/7, 10a
Conservation/Sportsmen: LV	General Mtg: 3rd Th 9a
612-741-5923	LV Social Hall 1
Lawn Bowls: BC	M,W, F, Su
972-3248	
Lawn Bowls: FW & MV	FW: Tu, Th, Sa
933-5066	MV: Tu, Th, Sa
Lawn Bowls: LV (Sun City club)	M
583-0625	
Lawn Bowls: LV	Tu, Th, Sa
974-3214	
Lawn Bowls: OM	M, W, F & Su
792-5202	
Mini-Golf: LV	Member Mtg; 2nd Tu 10-11a
217-2290	LV SH #1
Pickleball	MC: Closed for renovation
pickleball.suncity@gmail.com	MV: Outdoor Play M, W, F 9-11p

Racquetball Club: BC	BC Crt #1: M,W,F: 11-3p
986-1754	BC Crt B
	BC Crt #1: Tu, Th 5:30-7:30p;
	BC Crt #1: Sa 7-9a, 9-10a, 10a-12p
	BC Crt #2: Same days & times as Crt #1
	A-B-C Rotating Doubles
Senior Softball: SB Field	Su: Open practice 7-10a
399-8055	M: Open practice 7-9a; New players 9-11a
	Tu, Th, F: League play 8a-5p
	Sa: 70's League play 9a-1:30p

Shuffleboard Bell: BC	M, Tu, F: 12p-4p
337-4515	
Shuffleboard Outdoor: LV	M, W, F: 1-4p
688-4823	
Shuffleboard Sundial: BC	Th 7p - Arrive 6:45p
208-9921	Th 6:45-9p; Member Meeting 3/10, 5p SD
Six Shooters-Horseshoe: MC	MC - Closed for renovation
505-7465	
Swim Lessons: LV	Annual fee \$3 W: 8:30-10a
583-5894	All RCSC Cardholders Welcome
Swimmers Master: BC	M-F: 7a-9a
876-1233	
Swimmers Synchronized: LV	M, W, F: 8a-10a
583-5894	
Table Tennis: BC	M, W & F: 10a-3p; Tu: 10a-12p, 7-9p;
875-9991	Sa: 10a-12p; Su: 1p-3p
Tennis: BC	Call Club for Times, Locations
293-2013	
maggieveazie@hotmail.com	
Water Volleyball: OM	Su, M, W, F: 2-4p
523-3449	

Club Directory Key:

M = Monday	BC = Bell Recreation Center
Tu = Tuesday	FW = Fairway Recreation Center
W = Wednesday	LV = Lakeview Recreation Center
Th = Thursday	MC = Marinette Recreation Center
F = Friday	MV = Mountain View Recreation Center
Sa = Saturday	OM = Oakmont Recreation Center
Su = Sunday	SD = Sundial Recreation Center
a = A.M. & p = P.M.	SB = Sun Bowl
All area codes are 623 unless noted.	



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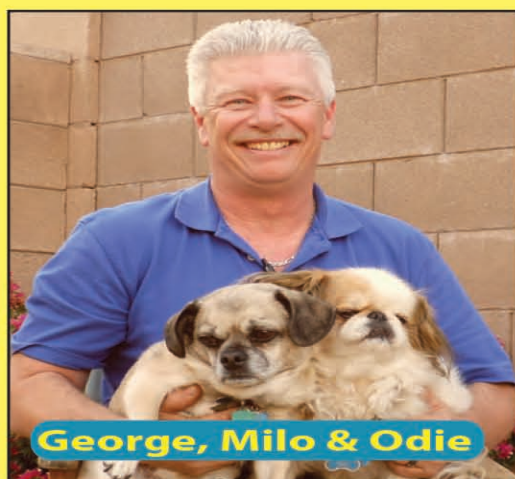
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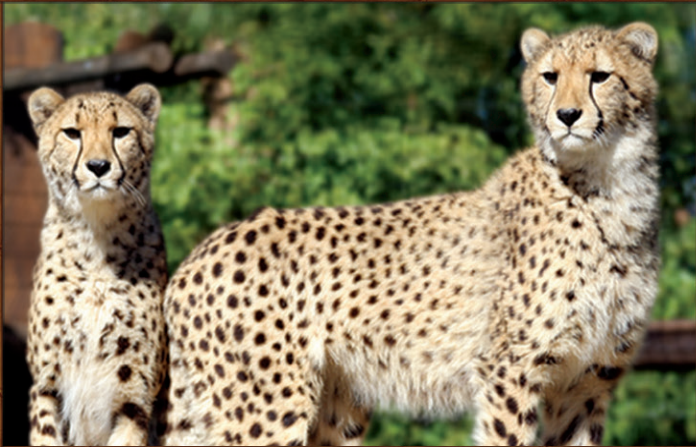
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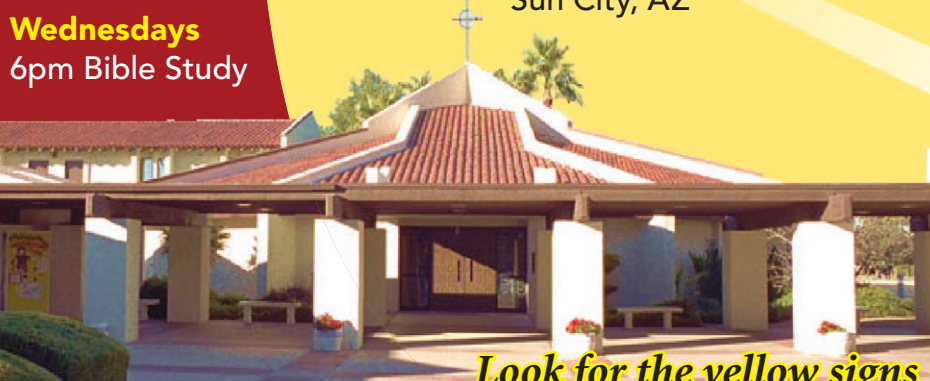
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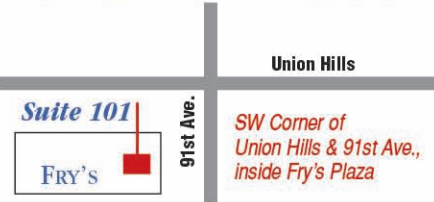
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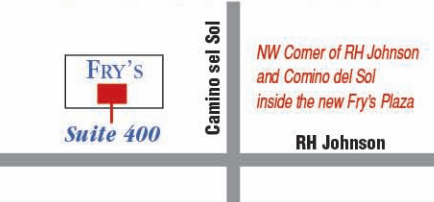
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