

SUN VIEWS

ISSUE # 151 • MAY 2014 • A PUBLICATION OF THE RECREATION CENTERS OF SUN CITY, INC.

SUN CITY
ARIZONA
RECREATION CENTERS
OF SUN CITY

DWSCS Takes Center Stage at Sundial



Clockwise from top left: The contestants of 2014 Dancing with the Sun City Stars; last year's winner RCSC GM Jan Ek; 2014 DWSCS winner Sandra Ferrara and partner; cheers from the audience and stage as winner is announced.



The crowd filled the Sundial Auditorium once again as the latest "Dancing with the Sun City Stars" show was about to begin.

All of the "stars," selected by lottery from members of various RCSC dance clubs, spent several hours the prior week practicing with their much younger partners from the Utah Ballroom Dance Company and those efforts were evident as each couple took to the stage and flawlessly performed their perfected routines. After a brief intermission, members of the UBDC delighted the audience with a great display of choreography that included astonishing twirls, dips and flips.

In the end, the audience vote separated two of the contestants by only six votes. When the winner of the competition was announced, "Barbie Girl" Sandra Ferrara from the Sun City Ballroom Dance Club cha-cha-ed her way across the stage to claim the mirror ball trophy from last year's winner, RCSC General Manager Jan Ek.

Who will be the winner next year?

Last of the Spring Sun Bowl Concerts



House Of Steel Sunday, May 4, 2014 at 7:00pm

House of Steel, built around core members Mike and Teriney "T" Smith, perform a dazzling variety of country, pop, rock, R&B and Motown music. "T" is renowned as a superlative vocalist who also possesses a dynamic stage personality. Mike has appeared in "Guitar Player Magazine" as one of the Top Ten Steel Guitarists thirteen times. Combining these accomplished professionals creates a delightful show that is a supreme blend of entertainment and expertly performed music.

Surfin' Safari – The Ultimate Tribute to the Beach Boys Sunday, May 11, 2014 at 7:00pm

Imagine: the Beach Boys live, in concert and in their prime – the incomparable vocal harmonies, the rolling back beat of Dennis Wilson's drums, the soaring surf guitar of Carl Wilson, and the brilliance of Brian Wilson's music. Surfin' Safari successfully combines these elements in a tribute band that takes great care to preserve the Beach Boys' musical integrity and to honor them in a show that delivers "fun, fun, fun 'til Daddy takes the T-bird away."



All Sun Bowl concerts are free to RCSC Cardholders and their invited guests only. Gourmet food trucks are on-site 1-1/2 hours prior to show time for your dining pleasure. Please note that seating in front of the stage is reserved for guests arriving by bus. No early reserving of lawn seating areas is allowed. We thank you for your cooperation.

Stay in the loop!
Get RCSC News Alert
Emails, sign up at:
www.sunaz.com

Email addresses
remain confidential

INDEX

Events Entertainment	Page 01
Features	Page 02
Golf	Page 03
Golf	Page 04
Bowling	Page 05
Events Entertainment	Page 06
Board News	Page 07
Management	Page 08
Management	Page 09
Community News	Page 10
Community News	Page 11
Club Events	Page 12
Club Events	Page 13
Classes	Page 14
Club Events Classes	Page 15
Mother's Day Special	Page 16-17
Monitored Activities	Page 18
Club Directory	Page 19
Tours Trips	Page 32

Cardholder Services
Lakeview Center
Monday - Friday
8:30 am to 4:00 pm
1st Saturday of the Month
9:00 am to Noon

SUN CITY ARIZONA

Corporate Office

Lakeview Center
10626 W. Thunderbird Blvd.
623-561-4600

www.suncityaz.us

Member Services (Clubs) Office

Lakeview Center
623-561-4660

Cardholder Services Office

Lakeview Center
623-561-4603

Recreation Centers

Bell Center: 623-876-3040
16820 N. 99th Ave.

Fairway Center: 623-876-3044
10600 W. Peoria Ave.

Lakeview Center: 623-561-4675
10626 W. Thunderbird Blvd.

Marinette Center: 623-876-3054
9860 W. Union Hills Dr.

Mountain View Center: 623-876-3042
9749 N. 107th Ave.

Oakmont Center: 623-876-3046
10725 W. Oakmont Dr.

Sundial Center: 623-876-3048
14801 N. 103rd Ave.

Sun Bowl Amphitheatre
10220 N. 107th Ave.
(weather recording)
623-972-6014

Softball Field
10220 N. 107th Ave.

Duffeeland Dog Park
14610 N. Del Webb Blvd..

**To Report a NON-911
RCSC Related Emergency
Please Call: 602-336-4100**

Easter at the Sun Bowl was a BLAST!



Both the young and the young hearted celebrated Easter with the time-honored tradition of the Sun Bowl Easter Egg Roll in which 150 children scooped up 1,000 eggs containing 90 prizes and candy in record time. The petting zoo from On Raven's Wings in New River allowed all to come face-to-face with llamas, donkeys, goats, sheep and rabbits while Mrs. Bunny was kept busy making balloon figures for the little ones.



Coming next month in SunViews

Let's not forget about

Was your father someone special to you? Taught you to fish or work on cars? We want to hear about the great men in your life - whether it's your dad, grandpa, son or nephew - who just so happens to be a great dad. We'll publish the entries received in a special section in the June edition of Sun Views.

Please email your thoughts and comments about that special man in your life to sunviews@sunaz.com and you're encouraged to include a photo with your entry. Please limit your submittal to 200 words if possible and entries must be received no later than Friday, May 16.

A drawing from all entrants will be held and the winner will receive two complimentary tickets (\$40 value) to our Father's Day Omelet Breakfast and Fishing Derby to be held on Sunday, June 15 at the Lakeview Center Social Hall and Patio (see page 6 for more details).



North Golf Course Renovation Project Architect's Report

by Gary Brawley
Senior Golf Architect, Tripp Davis and Associates

Over the past couple of weeks, Tripp Davis has made two visits to the North Golf Course to review the ongoing renovation work.

During the first visit Tripp Davis and Senior Golf Architect Gary Brawley spent much of the time working with Wadsworth Golf Construction's specialized bunker crew on the methodology and concept for the bunker edges, sand faces, points of access, desired finished look and long term maintenance of the bunker edges. Wadsworth Golf's crew leader started by taking the direction provided and building a portion of the bunker under the eye of both Tripp and Gary and then followed up by building the rest of the bunker for review by Tripp and Gary at days end.



During the second visit, Tripp Davis and Kyle Downs came from the Norman, Oklahoma office to join Gary Brawley and the TDA team worked to finish the front nine greens. Finishing the greens is a unique attribute that Tripp Davis personally does on every project, believing that the execution of the minor details in a green are what make the difference between good and great greens. Gary and Kyle work alongside Tripp and are constantly checking sand depths on the greens to insure that the science behind the construction method of the green is not compromised. In addition, Gary and Kyle are checking the percentage of slope on the greens to make sure that the desired slopes are being constructed and the designed strategic variety of future hole locations is being achieved.

Upon completion of the green surfaces by Tripp Davis, Wadsworth Golf will begin to work on the placement of the bunker liner, bunker sand and then the finish preparation of the areas of work in anticipation of planting.

Next month we will provide an updated summary of construction and provide additional information regarding the amount of work involved in the finish preparation of the golf course prior to planting.



Hole In One at Quail Run Golf Course



February 20 was a blustery Saturday at Quail Run Golf Course; so windy, in fact, that team play standings were cancelled for the day. However, this didn't stop Wanda Lens from the Willowcreek Niners and the rest of her foursome, Emma Johnson (Willowcreek), Joan Thorn (Willowbrook) and Jeanne Hosher (Willowbrook) from playing. When Wanda stepped up to the number seven tee box with her seven wood, the 85-year-old fired off an ace, driving the ball 86 yards right to the dance floor and into the cup for the hole-in-one. What did Wanda have to say about her first hole-in-one? "I hope it doesn't take another 85 years to get another one!"

2014 Aerification Dates - Golf Course will be Closed

Fairways Aerification			
Monday - Tuesday	May 19-20	Willowcreek	
Thursday - Friday	May 22-23	Willowbrook	
Thursday - Friday	June 5-6	Riverview	
Monday - Tuesday	June 9-10	Lakes West	
Thursday - Friday	June 12-13	Lakes East	
Monday	June 16	Quail Run	
Thursday - Friday	June 19-20	South	
Greens Aerification			
Monday - Tuesday	July 7-8	Willowbrook	
Thursday - Friday	July 10-11	Willowcreek	
Monday - Tuesday	July 14-15	Quail Run	
Thursday - Friday	July 17-18	South	
Monday - Tuesday	July 21-22	Lakes East	
Thursday - Friday	July 24-25	Lakes West	

2014 Overseed Schedule - Golf Course will be Closed

Course	Overseed	Opens	Cart Path Until
North (Not Greens)	Sept 22	Oct 11	Oct 30
Willowcreek	Sept 22	Oct 11	Oct 30
Quail Run	Sept 22	Oct 11	Oct 30
South	Oct 6	Oct 25	Nov 13
Lakes East	Oct 6	Oct 25	Nov 13
Lakes West	Oct 20	Nov 8	Nov 27
Willowbrook	Oct 20	Nov 8	Nov 27

Register now for May sessions of the "Get Golf Ready" program.

Just \$99.00 includes 4 group lessons, and the 5th lesson being a round of golf. There will be a variety of days and times. Sessions are limited to 8 students for each group, so be sure to sign up early.

Sign up today!

GET
GOLF
READY

Contact:
Sue Presta @ 623-876-8419
spresta@sunaz.com or
Brian Duthu @ 623-876-3053
bduthu@sunaz.com

Upcoming Sessions - May 2014

May 2014 - Last Class for the Season!
Golf Professional: Sarah Bakefelt (lessons & final day play at Lakes East)
Wednesdays & Thursdays, Play on Friday - May 7, 8, 14, 15 at 10:00 am and, Friday, May 16 - Play a round of golf at 10:00 am (Meet at 9:30 am)



RCSC's 8 Golf Courses

Lakes East: (623) 876-3023
Lakes West: (623) 876-3020
10433 Talisman Rd

North: (623) 876-3010
Closed for Renovation
12650 N. 107th Ave.

South: (623) 876-3015
11000 N. 103rd Ave.

Willowbrook: (623) 876-3033
Willowcreek: (623) 876-3030
10600 N. Boswell Blvd.

Quail Run: (623) 876-3035
9774 W. Alabama Ave.

Riverview: (623) 876-3025
16401 N. Del Webb Blvd.

RCSC's 5 Snack Shops
Menu Available at
sunaz.com/snack-shops/

May Snack Shop Hours
Open Daily 6am - 3pm



Volunteer Ranger Program

For more information about joining our program, please contact Chris Linam, Golf Shops Manager, at 623-876-3030 or email at clinam@sunaz.com. Next meeting: Thursday, May 29 at 1:00pm at Talisman Hall.

Riverview Golf Course Closure Announced

Closely following the timeline of the North Golf Course project, Riverview will close this coming December for renovation.

The Riverview green committee had approved the master plan developed by Gary Brawley of Tripp Davis and Associates in 2012, prior to the decision to move up the North Renovation project.

The major focus of the renovation project will be the greens at Riverview. Prior to the development of the master plan, the greens went through an extensive surface analysis, using GPS technology a 2' x 2' grid was set up on each green. The GPS unit was programmed to take a ground shot every 2' or approximately every second. Upon collection of nearly 1,500 points per green, the data was imported into the most advanced surface modeling software on the market for analysis. This data was used in developing plans for greens that will allow for 60% of the putting surfaces to be suitable for pin locations, which is the USGA recommendation.

One of major changes will be hole #12. The green on this hole will be moved farther west, which will bring the lake more into play.

In addition to green work, bunker renovation will also be a major focus. The bunkers will be redesigned, drainage redone and new bunker sand added. Tees will be renovated as well.

To honor our commitment agreement with the Arizona Department of Water Resources, the entire irrigation system at Riverview will be redesigned and replaced. This will ensure that water will be used in the most efficient manner possible.



In this artists' rendition of the proposed hole #12 at Riverview, the fairway will be expanded to leave room for a second shot to be played away from the water and golfers will have the opportunity to save par with a chip and putt.

You're Never Too Old to Golf!

Most of us move to Sun City knowing we're in the second half of our lives, and that's OK. And for many, age is truly just a number and each year becomes more special and precious.



But for Don Smitherman, reaching the milestone of 100 years means the anticipation to live to be 110! In celebration of his life, over 200 friends and family members traveled to Sun City recently from around the country and around the globe to wish him well.



Mr. Smitherman spent his early years on a farm in Kansas and served in the Army during World War II. His faith in God, love of the outdoors and commitment to family has never wavered. Marriage to his first wife, Ruth, lasted 66 years. In addition to their two children, their family grew to include five grandchildren and four great-grandchildren. Throughout Ruth's battle with Alzheimer's disease (which included much time

in a care facility), Don visited every day; they ate an evening meal together and he tucked her into bed each night.



But upon Ruth's passing, Don was not ready to give up on life. He attended dances each week at the senior center near his home in Colorado and was soon introduced to Marlene; their first dance had them both sensing "this was meant to be."

This romance quickly blossomed and Don and Marlene became "partners forever" at a beautiful ceremony at Unity Spiritual Center in Sun City. Upon proposing, Marlene questioned if she would need to give up golf. "No, I'll just learn how to play," was Don's reply. There was also a stipulation that she would never ask him to play cards, which she continues to do on a regular basis with her lady friends.



At the ripe young age of 90, Don decided to get serious about golf and took a few lessons with a Pro. He now spends three days a week on the courses here in Sun City – and does quite well. He does sit-ups every morning and climbs 17 flights of stairs for exercise during the months they're in Colorado.

And of course, they still go dancing!



SCBA March 2014 High Scores

Mens High Game		Tim Walker	769	Barb Daniels	254
Jim Reeks	300	Fred Jones	760	Cori Larson	244
John Kaus	300	D Altschaeffel	757	Danielle Burke	243
Robert Hayden	298	John Kaus	751	Darlene Spiva	234
Alan Wagner	290	Gary Burke	749	Julie Subica	233
David Hurley	288	Bill Gollmer	739	Vangie Berry	230
George Bradbury	286	Dick Ohnstad	734	Cheryl Brown	228
Ken Kuhfuss	286	John Babbitt	733	Saundra Hanson	227
"Skip" Lynn	280	Bill Slinkard	731	Julie Calcaterra	225
Mike Barcus	280	Matt Davirro	730	Vera McFadden	225
Ron Prekker	280	Womens High Game		Womens High Series	
Mens High Series		Jacqueline Smith	265	Jacqueline Smith	714
David Hurley	802	Juli Bayer	258	Cori Larson	645
Rich Slager	793	Carmen Rooker	254	Barb Daniels	645
Mike Barcus	786	Barb Daniels	254	Julie Subica	636
		Carmen Rooker	254		

Summer Time = Practice Time

Your bowling league has ended for the season, your friends are going on vacation or to their summer residences. What are you going to do?

Summer is a great time to get a head start on improving your bowling skills for the next fall bowling season. It's the time to work on those bowling items that gave you trouble. You will probably take some time to practice, practice, practice. Summer is a great time to do your practicing during a short season league as most of the leagues are only 12 weeks in length.

Lakeview and Bell Lanes have the league for you. We have doubles, trios, and four-person teams, mixed, men and women bowling leagues. You can choose either traditional ten-pin bowling at either RCSC Bowling Center or a No-Tap League at Lakeview Lanes on Friday evenings.

Beginning the week of May 12, RCSC Bowling Centers are also offering a new league called Flex Doubles. Get yourself a partner (it doesn't matter if it's a man or a woman) and bowl three games at your team's leisure anytime during the scheduled week.

Here is how it works - You and your partner will bowl three games any day or time of the week and you can bowl your scores at either Lakeview or Bell Lanes. The scores you bowl will be matched against the team you are scheduled to bowl. You can pick a different bowling center each week or bowl all of your games at the same center.

For more information, call RCSC League Coordinator Di Tormanen at 623-561-4656.

Bell Lanes

16810 N. 99th Ave.
623-876-3050

May 1 – August 31

Monday–Saturday 8am–8pm
Sunday noon–7pm



Lakeview Lanes

10502 W. Thunderbird Blvd.
623-876-3055

Year-Round

Monday–Saturday 8am–8pm
Sunday noon–6pm



Memo's Bistro

Inside Bell Lanes
623-933-8261

Welcome Back Winter Visitors!

**** Early Bird Breakfast Specials ****
\$4.99
Monday thru Friday
7:00 to 9:00 am

RESTAURANT HOURS:
M-F: 7am-8pm; Sa & Su: 7am-2pm

Columbia 300 Demo Days At Lakeview Lanes



Nearly 40 Sun City area bowlers came out to Lakeview Lanes on Saturday, April 12 to try out the latest offerings from bowling ball manufacturer Columbia 300. With up to five hours of free bowling and tips from the representatives, everyone enjoyed an afternoon of fun times and good bowling!



George's Lakeview Cafe

Hours:
M-Sat 7am-8pm; Sun 7am-6pm
Inside Lakeview Lanes

623-876-3057

From our Family to Yours!

99¢ Coffee
with any Breakfast, Lunch or Dinner



Fish 'n Chips

Two Pieces of Cod, Coleslaw & Potato
Wednesday and Friday

\$6.99

And Still the Band Played On...

By Bill Pearson
RCSC Board Director

Virtually all of us who live in Sun City find ways to pass our time. The variety of options is endless and what amazes me is we tend to live in a vacuum, too often not seeing (or in this case, not hearing) the myriad of other things going on around us.

It's one of reasons I love Sun City. Because when we open our eyes and step outside our comfort zone, we find people engaged in aspects of life that are quite spectacular. Perhaps there is no better example of that than the Sun City Concert Band.

I've never played an instrument, but I love music. Unfortunately most of it comes from the radio or an MP3 player. Like many of us though, I do like to attend special events that have become Sun City's hallmark.

Of late, I made a point to stop in on the John Philip Sousa Concert at Sundial and also the joint concert that was supposed to mark the return of the Sun City Concert Band to the Sun Bowl. I was excited to see them get back to that venue and especially given the fact that the Sun City Women's Choir would be performing with them.

Unfortunately, our weather didn't cooperate and they were moved inside, again to the Sundial Auditorium. The performance was well attended and as always, an absolute musical treat. That was no surprise to me or anyone else in the crowd; Sun City musical groups have been bringing joy to listeners practically since our inception.

The origins of the Sun City Concert Band go back to 1979 when a handful of musicians began playing in Clancy Wolf's garage. As word spread, they quickly outgrew the space and moved to Sun City Christian Church choir room. The growth of the group has continued throughout the years and now numbers in excess of 100 band members. Currently, the Sun City Concert Band meets in the Fairway Music Room.

They truly are a Sun City staple and for anyone who hasn't heard them, you owe it to yourself to make a point to attend a concert. Louis Armstrong once said, "Musicians don't retire, they stop playing when there's no more music in them." If that's the case, the Sun City Concert band will be around for years to come, because clearly, they have a lot more music in them.



Bummer! Unfortunately, the recent concert was moved due to weather, but that didn't stop attendees from having a great time. Adding to their enjoyment, the Sun City's Women's Choir joined in on the fun and was a show-stopper. Hopefully the RCSC Board will invite the Concert Band back for a special fall show at the Sun Bowl.

Mother's Day Brunch Buffet

Sunday, May 11 - 10am to 1pm

Lakeview Social Hall & Patio by the Lake

Tickets \$45.00 (includes tax and gratuity)

Limited seating - Only 250 tickets will be sold

Tickets now on sale at the Lakeview Clubs Office

CARVING STATION

Herb Roasted Prime Rib

Honey Cured Ham

Cranberry-Sage Roulade

(Cranberry sage stuffed oven roasted chicken breast)

OMELET STATION

Omelets made to order with ingredients including bacon, ham, cheddar cheese, onions, bell peppers, olives, mushrooms, tomatoes and pico de gallo

BRUNCH SELECTIONS

Apple wood Smoked Bacon ~ Sausage Patties ~ Scrambled Eggs

French Toast ~ Pancakes

Roasted Red Potatoes ~ Green Beans Almandine

Salmon Fillet w/ Mango Chutney

Chicken Champignon

(Pan seared Breast Topped with a Creamy Mushroom Wine Sauce)

SALAD BAR

Traditional House Salad

Caesar Salad

Fresh Fruit Salad

Broccoli Ham Salad

Green Apple Salad

DESSERT STATION

New York Style Cheese Cake

Gourmet Carrot Cake

Chocolate Cake

Key Lime Tarts

Lemon Tarts

DRINKS

Fresh squeezed Orange Juice ~ Fresh Brewed Coffee

Lemonade & Iced Tea

Meal prepared and served by the Links Restaurant

SPECIAL FATHER'S DAY EVENT

*More Than Just A
Camp Style Breakfast...*

OMELET STATION

Made to order - Choice of ingredients:
bacon, ham, cheddar cheese, onions,
bell peppers, olives, mushrooms,
tomatoes and pico de gallo

BREAKFAST SELECTIONS

Biscuits and Gravy

Potato Casserole

French Toast | Pancakes

Bacon | Sausage

Fresh Fruit

DESSERT STATION

Cinnamon Rolls

Assorted Danish

DRINKS

Fresh squeezed Orange Juice

Fresh Brewed Coffee

Lemonade & Iced Tea

Father's Day Omelet Breakfast

Sunday, June 15 - 7am to 11am

Lakeview Social Hall & Patio by the Lake

COME AND JOIN IN OUR FISHING DERBY

Bring your fishing pole, bait and appetite - The only cost for this event is the meal

Limited seating (Only 150 tickets will be sold)

Tickets \$20 (Includes Tax and Gratuity)

Tickets now on sale at the Lakeview Clubs Office

Meal prepared and served by the Links Restaurant

A Moment with President Brasher - Miracles Without Debt

When I was fortunate enough to become one of the nine Directors on the Board of RCSC in 2012, I had no idea of the fantastic organization in which I was to contribute my time and effort. Having lived in Sun City full or part-time since 1999, I knew of the many amenities. Great golf courses at reasonable fees were becoming even better; the seven recreation centers spread throughout the community offered pools, fitness centers, athletic opportunities; club facilities, and more things of which I knew nothing. As perhaps the majority of Sun City residents did, I had never given much thought to what was behind all of these opportunities to enjoy our leisure time.

After joining the Board of Directors I learned of what greatness an organization can accomplish with proper direction and leadership. Past Boards had formulated a plan to institute a Preservation Improvement Fund which was based on a fee charged to every new property purchase and/or transfer. For nearly fifteen years this PIF fund has been responsible for the many major improvements to the infrastructure of Sun City. The Fund has netted millions of dollars which the RCSC Board of Directors and Management have used judiciously to renovate and improve our facilities. PIF funds can only be used to fund improvements which cost over \$300,000 dollars and have a life expectancy of 15 years or more. Using these funds resulted in the remodeling of Bell Recreation Center; construction of our new Fairway Recreation Center; the current Oakmont pool renovation project; the expected improvements to Marinette Recreation Center and the Bell Tennis Center to be undertaken this year; and the soon to be reopened Bell Lawn Bowl Greens project.

In addition, due to problems with Viewpoint Lake leakage and our negotiations with the Arizona Department of Water Resources, PIF funds are being used annually to replace irrigation systems to improve water utilization on our golf courses. What a better usage of funds than trying to once again replace the lake's liner (which didn't work well the first time!).

All of the above major reconstruction projects would have necessitated a major debt or assessment of residents without our



James Brasher
RCSC Board President

Preservation Improvement Fund. In Sun City's over fifty years of existence, special assessments have been avoided – a credit to managerial excellence.

In addition to the Preservation Improvement Fund for major projects an organization the size of the Recreation Centers of Sun City must have an operating budget to carry on the business of the Corporation on an annual basis. Funds for operating expenses are based primarily on the annual assessment levied on every Sun City property. These operating expenses include items such as utilities, maintenance expenses, salaries of our over 300 employees, repairs, vehicle and equipment expenses, operating supplies, and a myriad of other expenses necessary to conduct operations of a large non-profit corporation.

A recent publication of RCSC entitled "The Best of Sun City AZ 2013/2014" which has been distributed since January contains on Page 21 a comparison of community fees for similar senior adult communities. One can readily see that the Board and Management are using our residents' fees judiciously and that we continue to have the most amenities for the most reasonable fees of similar communities.

Attention to detail by RCSC Management and Staff will ensure that we who live here will continue to enjoy the "Miracles of Sun City Without Debt."

Volunteers Needed for Properties Committee

RCSC Board is looking for RCSC Members who are interested in volunteering to serve on the Properties Committee. Members of the Committee are assigned to either a center or a golf course and a property inspection is conducted quarterly. If interested, please contact the Board office at 623-561-4600 or boardoffice@sunaz.com for more information. Thank you!

Election Survey Update

As of press time, 92 responses have been received. Sixty-nine were not interested in running for the Board; not interested, not in Sun City 10 months each year, involved with other activities and still working were reasons given. Twenty-three members expressed interest and have been contacted.

If you haven't taken the Election Survey (or you do not currently receive RCSC emails) please refer to Page 10. You may submit your response directly to the Board Office at Lakewiew.



2014 RCSC Board of Directors
Phone: 623-561-4620
email: boardoffice@sunaz.com

James Brasher, President
email: jbrasher@sunaz.com

Linda Lindquist, Vice President
email: llindquist@sunaz.com

Carole Martinez, Secretary
email: cmartinez@sunaz.com

David Wieland, Treasurer
email: dwieland@sunaz.com

Bill Pearson, Director
email: bpearson@sunaz.com

Ron Jesse, Director
email: rjesse@sunaz.com

Michael Kennedy, Director
email: mkenney@sunaz.com

Peter Lee, Director
email: plee@sunaz.com

Dan Schroeder, Director
email: dschroeder@sunaz.com

This Month at the Board

****PLEASE NOTE: This schedule was current at the time of press, however all dates are subject to change. For the most up-to-date information, check sunaz.com or pick up an updated copy of "This Month at the Board" from the Corporate Office.**

Board/Member Exchange with Agenda	9:00AM	Monday	May 12, 2014	Lakeview Social Hall #3
Regular Board Meeting	9:00AM	Thursday	May 29, 2014	Sundial Auditorium
Committee Meetings:				
Bowling	9:00AM	Thursday	May 1, 2014	Admin Conf Room
Elections	1:00PM	Wednesday	May 7, 2014	Lakeview Board Room
Outreach & Communication	8:30AM	Tuesday	May 13, 2014	Lakeview Board Room
COC	1:00PM	Wednesday	May 14, 2014	Lakeview Board Room
Golf Advisory	8:30AM	Thursday	May 15, 2014	Lakeview Board Room
Lawn Bowling	1:00PM	Tuesday	May 20, 2014	Lakeview Board Room
Entertainment	1:30PM	Tuesday	May 27, 2014	Lakeview Board Room

The following committees do not have meetings scheduled for this month: Insurance, Properties, and Finance & Budget.

Updates

For those who heard/read my report last month, I talked about the interest other communities have shown in how we are accomplishing all that we are without incurring any debt. We plan to tell many others as well about Sun City’s success as we are working on a marketing project at this time which will produce a 3-4 minute interstitial video of interest used to fill between programs to be broadcast over PBS throughout the next year. Plus we will also produce a 30 second TV commercial which will be broadcast primetime 50 times in select cities and a 5-6 minute education documentary about Sun City AZ which we can use however we choose to promote Sun City AZ. We want others to know that our sense of community that was the foundation for Sun City AZ for the past 50-plus years is the spirit that still thrives here today!

Financial Report:
While I make this comment consistently every month, I doubt that anyone gets tired of hearing that we have ended the month well within our operating and capital budget year-to-date. The fact that we do this month after month, year after year has a lot to do with our ability to state that we have the most facilities for the lowest annual property assessment of any community in the U.S. today! Last month I reported: “Golf’s positive variance in its net operating excess is impressive and if this trend continues, we may see one of the best years ever in the golf division!” This month is even more impressive! Thanks to good weather and good management, our golf division has ended February with the largest positive variance to budget in my tenure.

Cardholder Services:
January billings went past due at a reduced rate of 5.9% which is the lowest rate in the past year. December balances went 60 days past due at slightly higher than average rate, although as a percentage, less of the 30 day balances went to 60 days past due than average. Total accounts receivable balance decreased again in February and is down by almost 5% for the year. This was the largest two month decrease in total accounts receivable in 2 years. Outstanding balances related to property transfers now represent 58% of all receivables due and 57% of past due balances.

Trustee sale notices on Sun City properties decreased in February due to a decrease in foreclosure activity and now is 39 for the end of February. The number of properties owned by lending institutions increased to 71 this month.

Resale transactions continued to be strong in February resulting in Preservation and Improvement Fees (PIF) being collected in February totaling \$525,000, which is 51% more than budget. Year-to-date PIF fees are

\$1,090,100, which is \$490,100 over budget for the year. Remember that we intentionally budget PIF fees conservatively to assure that sufficient cash is on hand when PIF projects are scheduled so we can pay as we go and remain debt free.

Bowling Centers:
The bowling department is in the process of issuing contracts to all fall leagues to reserve lanes for the upcoming season, lock prices for the season, and ensure that all RCSC policies are understood. All leagues will see an increase of \$0.15 per game per bowler. At \$2.40 per game, RCSC still has the best value in the Phoenix metropolitan area.

The bowling department is also in the process of preparing for summer league startups which primarily start in May. This year several different types of leagues will be available: a pattern league where bowlers bowl on different lane patterns,

a No-Tap league where if bowlers knock down nine pins it counts as a strike, and a Flex league where bowlers can bowl anytime lanes are available and not be committed to bowl at a certain time or on a certain day.

Columbia 300, a bowling ball manufacturer will have a Demo Day at Lakeview Lanes on April 12. Bowlers will have the opportunity to test new equipment and speak with representatives from Columbia 300. More information is available at the bowling centers.

For the past 25 years, the RCSC bowling centers have hosted the Sun City Open Bowling Tournament. This year, the 26th annual Sun City Open will be held at both RCSC centers on the weekends of April 26 and May 3. The tournament is open to all bowlers fifty years of age and older statewide and beyond.

Human Resources:
The March safety meeting focused on the new Globally Harmonized System of Classification & Labeling of Chemicals. As part of the Right to Know Standard (HCS), employers must have a written program, a list of hazardous materials in the workplace, Safety Data Sheets (SDS) for each chemical and acknowledgement of employee training. HCS Pictogram posters of hazardous chemicals were distributed to each work location for required on-site posting.

We have begun the 401(k) Plan valuation for the 2013 calendar year. Upon completion an independent auditor will audit the Plan and the IRS Form 5500 will be filed.

The employment section of the Corporation’s website and Intranet has been updated to include any changes including the addition of the golf maintenance staff.

Financial Report		
Period Ending - February 2014		
For a more detailed financial statement, visit www.sunaz.com/financials		
BALANCE SHEET		
For the Period Ending February 28, 2014		
	Current Y-T-D	Prior Y-T-D
Unrestricted Funds:		
Cash Invested/On Hand/In Bank	8,361,763	8,825,605
Cash Reserves	2,500,000	2,500,000
Sub-Total Unrestricted	10,861,763	11,325,605
Restricted Funds:		
PIF/Capital Reserve	13,451,753	11,677,451
Total Cash & Investments	24,313,516	23,003,056
Other Current Assets:		
Accounts Receivable	2,979,498	2,869,071
Deposits & Prepaids	1,631,543	284,423
Inventory	83,706	88,388
Total Current Assets	29,008,263	26,244,938
Fixed Assets:		
Land, Improvements, Buildings	79,174,177	75,708,171
F, F & E and Vehicles	23,997,157	23,420,949
Less: Accumulated Depreciation	(53,341,654)	(50,236,533)
Work In Progress	6,687,476	3,990,775
Total Fixed Assets	56,517,156	52,883,362
TOTAL ASSETS	\$85,525,419	\$79,128,300
Current Liabilities:		
Accounts Payable and Other	1,500,289	875,327
Deferred Income	6,486,980	6,186,100
Pre Billed Assessments	2,386,020	2,335,275
Total Current Liabilities	10,373,289	9,396,702
Other Liabilities:		
Lease Purchase	60,108	89,960
Total Liabilities	10,433,397	9,486,662
Net Worth:		
Current Net Worth	75,092,022	69,641,638
TOTAL LIABILITIES and NET WORTH	\$85,525,419	\$79,128,300
STATEMENT OF INCOME AND EXPENSES		
For the Period of February 28, 2014		
	Current Y-T-D	Prior Y-T-D
Operating Income:		
Property Assessments	1,769,044	1,738,786
Transfer & Access Fees	114,000	115,500
Privilege & Guest Cards	196,777	195,641
Food / Liquor Sales	128,755	115,023
Bowling Fees	138,725	139,576
Golf Fees	1,236,660	1,082,605
Cart Rentals	52,733	48,897
Merchandise Sales	42,207	33,251
Investment Income	0	135
Activities Income	89,226	90,824
Rental Income	63,015	96,640
Contributions	5,315	4,510
Miscellaneous Income	9,646	65,149
Total Operating Income	3,846,103	3,726,537
Cost of Sales:		
Total Cost of Sales	139,481	137,018
Gross Income	\$3,706,622	\$3,589,519
Operating Expenses:		
Salaries and Wages	906,219	710,643
Payroll Taxes and Benefits	210,346	180,517
Repairs and Maintenance	640,221	926,477
Utilities Expense	425,935	334,333
General Operating Expenses	354,975	142,820
Total Operating Expenses	2,537,696	2,294,790
Net Operating Income	\$1,168,926	\$1,294,729
Other Income:	293,516	16,498
Other Expenses:		
Property Taxes	23,255	24,235
Insurance	74,852	76,016
Other	5,915	6,084
Net Income Before Depreciation	1,358,420	1,204,892
Depreciation:	626,497	671,544
NET INCOME / (LOSS)	\$731,923	\$533,348

Updates

Member Services:

Del Webb Days was a blast! Hundreds came out to enjoy the games, the shows and the gourmet food trucks! You do not want to miss this free event for RCSC Cardholders and their invited guests, so mark your calendars now for next year, it will be the third Saturday in March!

The Sun Bowl Spring Series began Sunday, March 16 and what a way to start off the season with an Eagles tribute! Likely the largest crowd in Sun City AZ history, the 7,000 in attendance enjoyed every minute of it!

Project Updates

General Centers Projects and Information

The card access equipment for the Fairway installation has arrived. Meetings are being scheduled with dedicated clubs at Fairway to discuss the new systems and their room access needs and concerns. Once these discussions are completed and the software installed on the RCSC server, the installation of equipment will commence. This is expected to take place in early April 2014. The East entry door will also be addressed at that time and cardholders wishing to use that entrance will be notified about how to obtain their access clearance. Contractor is Multi Card Company. (Phase 1 Cost – \$52,000)

Mt. View Center

Concrete was poured for the (7) new pickleball courts at Mt. View on Tuesday March 18, 2014. Prior to the concrete pour, additional work had to be done to remove (5) large building footings buried years ago, replace electrical feeds to the Mt. View sign and flagpole light that was wired underground with romex wire, upgrade the fencing to accommodate wind loading for wind screens and install a trench drain to properly drain the existing tennis courts and the south side of the new pickleball courts. The cost of this additional work is reflected in the adjusted cost below. Please remember now that the post tensioned concrete is poured, there is a 28 day waiting period for the concrete to cure before the final colored top coatings can be applied. In the meantime, the contractor will be setting up the court lighting, pouring the small gathering area and doing some fencing work. The two tennis courts at Mt. View will remain open for tennis play and pickleball players are asked to use the Marinette Center courts during this construction. Contractors are Sunland Sports and CCBG Architectural. (Cost – \$288,580)

Recently a plugged sewer line was discovered at the restrooms by the Lawn Bowling green. This sewer line was damaged during the installation of one of the solar carport posts. The contractor for the solar project was notified and the line was repaired at no cost to the RCSC.

Oakmont Center

The Oakmont pool, spa and equipment room project continues to progress well. The pool structural steel has been installed and the shot-crete work is expected to be complete this week. The footings and stem walls for the equipment room addition are completed and the concrete floor is about ready to be poured. During this work it was discovered that the north canopy wall has internal damage and structural issues. The fire system piping, which runs through this area is also a concern to the Sun City Fire Department. It was also determined that the footing on the South block wall was not structurally sound. Due to these conditions, the RCSC has decided to remove this north canopy wall and install a block and steel wall in its place. The South block wall will also be removed and a new block wall constructed. Due to this additional work the adjusted cost for this project is shown below. Contractors to date include CCBG Architectural, K.L. McIntyre Construction and Aquatic Builders. (Cost – \$620,855)



Lakeview Center

Construction of the upper and lower ramps for the east (red) entrance at Lakeview Center is completed and the ramps are expected to open for use sometime after the final inspection on Tuesday March 25, 2014. The improved ramps are expected to benefit cardholders and their guests by having a more gradual slope making access to the Lakeview facility much easier.

Cardholders and guests will also enjoy the new bicycle parking area equipped with bike security loops. Contractor is Ken McIntyre Construction. (Cost – \$120,975)

The Lakeview patio, located off the East side of the social halls is being resurfaced with an epoxy coating resembling flagstone. The resurfaced patio will provide a much nicer area for social gatherings such as the Mother's Day Brunch to be held May 11. Contractor is Desert Rose. (Cost – \$9,502)

Irrigation replacement on the Lakeview Hillside Park (Mountain) will commence April 15, 2014. The park will be closed to all cardholders and guests (including fishing) for about 6 weeks. The irrigation improvements will ensure that water reaches all plants and trees in the park thus making this setting more beautiful than it already is. Contractors are AAA Landscaping and Marvin Mills Irrigation. (Cost – \$100,000)

Riverview Pro Shop

A new standing seam metal roof is being installed on the Riverview cart barn. The new roof will match the one put on the pro shop last year. Contractor is Starkweather Roofing. (Cost – \$12,198)

Bell Center

Architectural drawings are now submitted to Maricopa County Planning and Development for the new Bell tennis project. Bid packets are being sent out to contractors and proposals are expected back in about 3 weeks. Once received, the project will be submitted to the RCSC bid commission for final approval. The project includes demolition of the current (8) tennis courts and pushing out some of the existing block walls in preparation for (10) new tennis courts. The new updated complex will also include a shaded gathering area, court-side canopies with benches, water and electric to each court, tables and benches for spectators and planters in the common areas. Contractor to date is Lloyd Sports Engineering.



The replacement of (7) monument signs and installation of (2) additional monument signs is now completed. The new backlit signs are positioned around the center in front of each activity area. Contractor was Tag Team Signs. (Cost – \$39,710)

Two new shade sails will be installed in April at the Bell Lawn Bowl facility. The labor and materials cost for these shade sails has been generously donated to the RCSC. Contractor is Sun City Awning. (Cost – \$9,057)

Final preparations are underway for the re-opening of the Bell Lawn Bowl greens on Monday April 14, 2014. The new greens were constructed using Tiff Dwarf Bermuda grass and are expected to offer many years of Lawn Bowling enjoyment to cardholders and their guests.

Marinette Center

The Marinette expansion project plans have been returned to Maricopa County Planning and Development Department with the required changes and corrections and we are waiting to hear back from them. The building plans have also been sent out for Contractor proposals. Once the proposals are returned, in about three weeks, the project will be submitted to the RCSC bid commission for final approval. Contractor to date is CCBG Architectural.

On Monday March 10, 2014 the Marinette China Painters were relocated to Fairway Center and merged with the Fairway China Painters. The china painting clubs were very cooperative and a pleasure to work with, resulting in a very smooth transition.

Sun Bowl Ballfield

A new roof will be installed soon on the Ballfield restroom building. The new roof will replace the current one which is leaking and not properly vented. Contractor is Starkweather Roofing. (Cost – \$3,458)

Skilled Trades Department

The RCSC Skilled Trades department completed 97 work orders during the last half of February and the first half of March 2014. This total does not include other routine and specialized work completed outside of the work order system.

Grounds Department

The RCSC Grounds team has been working very hard to keep all Sun City properties looking spectacular. Even while short-handed they still managed to cut all grass at centers locations, cut and maintain the Sun Bowl Ballfield and Amphitheatre, mow, clean and roll the Lawn Bowling greens, kill off and haul away dead grass and weeds from the Sun Bowl retention area, prune and trim bushes and trees at various locations, perform a full day of clean up and maintenance at Duffeland Dog Park and repair irrigation problems.



Running for the RCSC Board of Directors

If you have responded to this year's election survey sent recently by email, we thank you for your input. Please do not respond again. If you have not already done so, here's another opportunity! We value you input and look forward to your reply. Responses to this survey will be tallied and the information shared with Members.

Three of the nine directors have their terms end every December, and candidates are sought. For the past few years, we had exactly the number of candidates as positions open or fewer candidates than positions available. In 2013, however, we sent out a similar survey and ended up with eight candidates running for three open positions.

What are the candidate requirements? According to Article VIII, Section 4 of the RCSC Corporate Bylaws, an eligible candidate for election to the Board of Directors shall satisfy all the following requirements:

- Must be at least fifty-five (55) years of age;
- Must not be related by marriage or birth to any other member of the Board, Sr. Management Staff, or Board Candidate;
- Must be a Deeded Real Estate Owner of property in Sun City, Maricopa County, Arizona as well as a resident of Sun City;
- Must be a Member in good standing;
- Must reside in Sun City, Arizona and be available at least ten (10) months of the year;
- Must meet the requirement to hold an Arizona liquor license; and
- Must be eligible and available to serve a three (3) year term; and
- Must attend Board Candidate Orientation(s).

We want to continue that success and have another excellent slate of candidates for the December 2014 election. Thank you for your participation and input!

If you would like to complete this survey, answer each question and deliver a copy to the Board Office at the Lakeview Center, 10626 W. Thunderbird Blvd, Sun City, 85351. Please call 623-561-4620 if you have any questions. All responses should be received no later than COB Friday, May 16, 2014.

1. Have you ever thought about running for the RCSC Board of Directors?
- ☐ Yes
☐ No
2. If your answer is "No" – think about why you have not stepped forward and mark a reason(s) below that would apply:
- ☐ No one ever asked me.
☐ I don't feel I have the necessary background.
☐ I am too busy with my retirement interests and/or work.
☐ I am not interested in being on a board.
☐ I believe it would take too much time and effort.
☐ Other (explain below)
3. Would you allow us to contact you to set up an informal discussion with a current board member to find out about what is involved in running, the time commitment, background required, etc.?
- ☐ Yes
☐ No
4. If yes, please provide your contact info:
- Name: _____
Home Phone: _____
Cell Phone: _____
Email Address: _____

Right Plants Can Help Save Water

Xeriscape (pronounced "Zeer-i-scape") is a form of landscaping that utilizes native plants and has been around since, well forever, if you think about it. However, it was the City of Denver's water department where the Xeriscape concept was coined and trademarked in the late '70s and early '80s, a time when the City needed landscaping that was more eco-friendly to their drought-stricken area.



Valentine Emu Bush

Xeriscaping is exactly what's happening in Sun City, thanks to the help of the Sun City Prides. The ornamental orange trees that have lined the medians on Del Webb Boulevard for nearly 50 years are coming out and drought resistant plants such as Lantana, Ocotillo, Little Johns, blue Agave, Fairy Dusters, Valentine Emu bushes and a mixture of cactus are replacing them. These new plants are all native to the area, thus require lower amounts of water.

While some of the older fruit trees are declining in appearance, suffering from bark bleeding (a disease that promotes the growth of wood-rotting fungi) and drop sour, inedible fruit at the end of the season, water conservation is still the primary force driving this landscape change. According to one source, mature citrus trees can soak up as much as 135 gallons of water per day. Another source states that if the ground around the tree is dry to the touch, then the tree needs water. Still another suggests to water only every five to seven days in the summer and ten days in the winter, but in copious amounts. Any way you look at it, that's a lot of water.

Comparative to the 135 gallons of water a day for a fruit tree, Lantana will use approximately one-half to one gallon of water per day, depending on soil type and weather; and Ocotillos take very little water once established, and not much between planting and establishing.

Xeriscaping can actually reduce landscape water usage by more than 60% and if done correctly, can be lush, colorful and easy to care for. There are seven principles to the Xeriscape concept: Planning and designing, limiting turf areas, selecting and zoning plants appropriately, improving the soil, using mulch, efficient irrigation and maintaining the landscape.

So if you're considering changing out some tired fruit trees or other landscaping that is looking rather shaggy and takes a lot of water, visit www.azwater.gov, type "plants" in the site search, and enjoy the wealth of information on drought tolerant plants. Then perhaps you should take a drive up Del Webb Boulevard and see how the Sun City Prides have not only helped beautify our Sun City, but how they are helping to conserve water for future generations. You may be able to borrow some Xeriscape design ideas and help do your part in water conservation.



Ocotillo



**Sun City Farmers Market
at Bell Center**

**Thursdays
8am until 1pm**

**Last Day of Season
May 29**

Friends of the Library

Despite recent headlines such as “Sun City Could Lose Libraries” and “Sun City libraries lease talks underway,” we are pleased that after several meetings with Maricopa County Library District and RCSC officials, along with Supervisor Clint Hickman, the Friends of the Library can proudly announce that the Sun City Libraries at both the Bell and Fairway Recreation Centers will continue to operate as normal for our patrons and customers. We truly appreciate everyone’s concern and support during these negotiations and look forward to continuing to offer Sun City residents the programs and services they have come to enjoy and appreciate.

All of you people holding your breath, you can let it out now and relax!

Here’s a run-down of programs for the month of May.

At the Bell Library:

- Friday, May 2 from 10:00 to 11:00a.m. - Nick Hahn will be discussing his book, “The Manchurian Tales”
- Monday, May 5 from 10:00a.m. to noon - The Master Gardeners will be back to provide one-on-one information on growing plants in the desert
- Tuesdays, May 6, 13, 20 and 27 from 11:30a.m. to 12:30p.m. OR 12:45-1:45p.m. - Join Tai Chi Master Franklin Wood for an introduction to this amazing martial art practiced both for defense training and its health benefits
- Wednesday, May 14 from 10:00 to 11:00a.m. - The Society for Financial Awareness will present “Transitioning into Retirement.” *Registration is required.*
- Wednesday, May 21 from 9:30a.m. to 2:30p.m. - The Northwest Valley Options Investors will meet while the stock market is open and will place live trades in real money or simulated accounts and will discuss ways to deal with the trade as the situation changes. Sounds very interesting!
- Wednesday, May 28 from 10:00a.m. to noon - “A Healthier You, Naturally” will be presented by health expert, Dr. Gayle Eversole.
- All book clubs will meet throughout the month. Please contact the Library at 602-652-3000 for days and times.
- Any time the Library at Bell is open, stop in the Friends of the Library’s Bookstore Around the Corner (shown below) and check out the bargains.



At the Fairway Library:

- All book clubs will meet as usual. Contact the Library at 602-652-3000 for dates and times.

All Ages:

- Monday, May 5 from 10:00 to 11:00a.m. - Un Corazón Flamenco Performance Co. is well versed in Flamenco mysteries, depth and intensity, and its Spanish, Gypsy and North African connections. They create living, passionate Flamenco, different every time. Join us in Arizona Room #3. Co-sponsored with the Friends of the Sun City Libraries.

Adults:

- Tuesdays, May 6 from 10:00 to 11:00a.m. and May 13 from 9:30 to 10:30a.m. - iPad e-Reader Assistance. Learn how to download library eBooks on your iPad. Pre-register at the customer service desk.
- Wednesdays, May 7 from 9:30 to 10:30a.m. and May 14 1:00 to 2:00p.m. - Kindle e-Reader Assistance. Learn how to navigate your Kindle and download library eBooks. Pre-register at the customer service desk. Users wanting to download an eBook should know their Amazon.com e-mail and password account!

Remember! All Maricopa County Libraries will be closed on May 26 in observance of Memorial Day

Tips for Seniors from Daily Fitness... Is My Exercise Program Age-Appropriate?

This question was on Mike Feist’s mind, when he consulted with personal trainer, Dick Fortier. Mike enjoyed hiking and swimming, but wasn’t sure if that was enough exercise for an active aging adult. After consulting with Fortier, Mike learned that a more comprehensive approach was needed.

“As the human body ages, certain physiological changes take place in tissues, bones and joints,” explains Fortier. “These changes lead to decreased stamina, loss of muscle tissue, and diminished flexibility. A good exercise program for someone over the age of 50 would have three parts to it: Aerobic exercise, Resistance exercise and Stretching.”



Above: Dick Fortier monitors progress, as Mike Feist works through an aerobic interval on the recumbent bicycle at Bell Fitness.

- Aerobic exercise involves continuous motion, for an extended period of time, challenging the heart and lungs. The Sun City Fitness Centers have six machines for aerobic exercise. Each can be used in different ways to benefit cardio-vascular and cardio-respiratory health. Doing so improves stamina & endurance.
- Resistance exercise focuses on individual muscle groups, taking them to fatigue through repetitions. If resistance exercise is done correctly, muscle strength improves and new tissue is formed. Because muscle moves the body and dictates metabolism, it is vital for balance, mobility and weight management, as the body ages. After age 50, it’s important to do a balanced assortment of Resistance exercises, with appropriate breathing, form and rest segments.
- Stretching major muscle groups is imperative, because flexibility decreases as muscles tighten and shorten with age. This phenomenon adversely affects posture, gait, and other biomechanical movements.”

An age-appropriate workout regimen is vital for an active aging adult. Daily Fitness personal trainers are excellent at developing such a workout. They customize exercises to fit individual needs & issues and teach the correct way to execute those exercises. To find out more about working with a Daily Fitness professional, call 623-256-7901.

May Fitness Equipment Group Demonstrations

Bell Center	Wed May 07 at 11:30 am with Dick
Sundial Center	Wed May 14 at 11:30 am with Dick
Fairway Center	Wed May 21 at 11:30 am with Jane

Member Fitness Services

Fitness Training	Massage - Bell	Massage - Fairway	Tai Chi
Daily Fitness 623-256-7901	United Therapists Services 623-972-4924	Laura Moore 623-201-0378	with Steve 623-256-4045

Lakeview Ceramics

Lakeview Ceramics & Porcelain Club welcomes new members, men or women; no experience necessary. We have something for everyone; beginner classes, porcelain instruction and weekly workshops featuring various techniques. May workshops will revisit techniques taught over past year; this could include majolica, dry brushing and using stamps to make overall designs. Porcelain instruction available Mon & Wed. Air brushing on 2nd & 4th Fridays. Lakeview Ceramics takes part in Farmers Market on Thurs mornings at Bell. Club hours: 9am-1pm, Mon-Fri; Tues evenings 5:30-9pm. Annual dues: \$5. Next Membership meeting: Thursday May 8, 9am in clubroom. FMIC 974-5979 during club hours.

Fairway Knitters

Knit and crochet items for veterans, the homeless of Phoenix and other charities. Join us any Friday between 8:30am and 2:30pm. The club provides the yarn, you provide your time and skill, and we all have fun learning from each other. We meet in AZ Room #4 at Fairway. FMIC 623-972-9736.

Rockhound Mineral Museum Sundial

Summer Hours (May - September)
Saturdays 10am to 1pm

Grandmothers & Friends

We are an arts, crafts and social club meeting at Oakmont Center on Monday mornings from 9 to 11am for our workshops; 2nd Monday of the month at noon for social events. Won't you come join us?

Book In Hand Club

Meets 1pm second Fridays year-round in Room 217 at Fairway. Books are chosen by consensus and include both fiction and non-fiction titles. Selected books are put on reserve at the Maricopa County Fairway Branch for members with Maricopa County Library cards. Upcoming Titles: May-"The Tenth of December" by George Saunders; June-"Year of Wonders" by Geraldine Brooks; July-"The Sandcastle Girls" by Chris Bohjalian; August-"Levis & Lace: Arizona Women Who Made History" by Jan Cleere; and September-"Days of Infamy" by Harry Turtledove.



Model Railroad Museum Fairway

Summer Hours (May - September)
Wednesdays 10am to 2pm

The Country Dance Club at Sundial

Come dance with us! Country dances at Sundial, Saturday May 3 & 17. Doors open 6pm; Free dance lesson w/admission 6:30pm; Dance 7pm. Our primary focus is country music and dance, however, our D.J. may occasionally play other requested dance music, including a good mix for couples, couples pattern, and line dancing. Dress up; dress casual, country or otherwise. Admission: \$3 Members/\$5 Guests. Bring your own drinks and snacks, cups and ice provided. We look forward to dancing with you and having some fun! FMIC 623-242-9535 or 541-999-7533.

Rockin' Thru the Years – Saturday Nite Fever at Bell

The only dance club dedicated to Classic Rock and Roll, Disco, DooWop and Country Rock, using professional sound system and DJs to play music from the 50s thru today. You don't have to have a partner or take dance lessons to enjoy dancing to R&R and Disco. We will play requests that fall in the R&R genre. Singles welcome. Casual dress. Bring your own drinks and snacks; cups and ice furnished. Admission: \$3/members; \$5/guests. Annual membership \$3 with valid RCSC member card. Doors open 6:30pm; dance 7-10pm. FMIC 623-332-7894 or visit our website www.rockinthrutheyears.com.

May Dates: 5/3, DJ Bryan Jurenec; 5/17, DJ Jamee Soulz; 5/31, DJ John Phillips

Sun City Friday Night Singles Dance Club

Enjoy a fun filled Friday evening dancing and socializing at Sundial. Ballroom dances open to all RCSC cardholders and their invited guests. Couples welcome. Admission: \$4 members, \$6 guests. Live ballroom music for your dancing pleasure from 7-10pm. Free lessons at 6pm. Coffee and ice provided. FMI visit our website: www.suncitysingles-danceclub.com.

5/2 Three Amigos; 5/9 Midnight Moon (Country Western); 5/16 Mike Carollo; 5/23 Bobby Freeman (Memorial Day); 5/30 Rich Howard Orchestra.



Sun City Ballroom Dance Club at Bell

Dances – Sundays and Wednesdays 7-9:30pm at Bell Center Social Hall 54th Anniversary Celebration Sunday May 25. Free Dance Lessons 6:30-7pm; Dance 7-9:30pm. \$4 Members; \$6 Guests Best music in the Valley provided by our dance instructor Frank Romani, celebrating 22 years with us. Open to all RCSC Cardholders and guests. Annual membership \$3. FMIC (623)842-3917 or visit our website at www.suncity-ballroomdanceclub.com

Bell Tea Dance

Come dance to live music every Wednesday, 2-4pm at Bell. Singles welcome. May Schedule: 5/7 Mike Carollo; 5/14 Manuel Dorantes; 5/21 Bob Roppolo; 5/28 Bobby Freeman. Coffee, cookies, ice and water furnished. Members \$4; Guests \$5. FMIC 623-933-8873

Sun City Variety Dance Club at Sundial

Join the latest dance club at Sundial for a fun-filled Saturday evening as we trip the light fantastic with a variety of dance tunes, line dances and mixers to live music. Singles and couples welcome. Club membership: \$3. Dance Admission: \$4/ members; \$6/guests. Cups and ice provided; BYO treats. Doors open 6:30pm. Dance 7-9:30pm. West Coast Swing lessons by Dwight and Sandy Nelson available from 4:30-6:30pm for \$5/hour. FMIC Ron at 623-266-6966 or visit www.suncityvarietydanceclub.com.

May Dance Schedule: 5/10 & 5/24 Mike Carollo.

Sun City Line Dance at Sundial

Ice Cream Social (ice cream and fancy desserts) Tuesday, May 20. Dance Schedule: 9:45am - Dance steps; 10am-Noon Beginning dances; 12-1pm- Intermediate and Advanced dances. July - Vacation month; August - resume dances. Caller: Janet Wallace; FMIC Walter, 623-972-5127

Sun City Democratic Club

The Sun City Democratic Club welcomes everyone to a social get-together/ cookout 2-7pm Sunday May 4 at Oakmont. Public Office Candidates have been invited to attend. Menu includes hamburgers, hot dogs, grilled chicken and condiments. Guests are invited to bring side dishes, salads, beverages and desserts. Please RSVP to Mikki Smith 623-933-0152.



Sun City Republican Club

The Sun City Republican Club Meets on the 3rd Monday each month at Sundial. Registration: 6:30pm; Meeting: 7pm. Guest speakers such as Business Leaders and State Representatives join our mission to inform and educate Republicans and Independents. Everyone welcome to attend all meetings; non members without a current RCSC card must pay \$2 fee.

NextGen

NextGen is a social club designed to be operated by Sun City residents younger than 67, but open socially to all RCSC cardholders. The NextGen Club meets 7pm, first Tuesday and third Thursday of month at Fairway, unless posted otherwise. Annual dues: \$5. Proof of age and valid RCSC card required.

Friday 5/2: First Friday Movie Club; Harkins Theater, Park West Shopping Center, then meet 4-5pm for dinner at Blu Burger Grill.

Tuesday 5/6: Cinco de Mayo potluck/ recipe exchange at NextGen meeting 6pm.

Saturday 5/10: Golf at Quail Run, 11am.

Wednesday 5/14: Shuffleboard at Bell Center Bowling Alley. 5pm; Dinner following at Memo's.

Sunday 5/18: Bowling at Bell Lanes, 1:15pm.

Wednesday 5/21: Pool party at Oakmont. 5:30-9pm. Bring dinner to BBQ & BYOB.

Thursday 5/22: Regular Meeting 7pm, Fairway

Thursday 5/29 Happy Hour, Saddle Ranch (Glendale) 5pm.

To sign up, check our website calendar <http://www.nextgensuncity.org> and use the activity link www.SignUpGenius.com. Dates and times subject to change. Please check website calendar for current information. FMI nextgensc@gmail.com

Performing Arts

Summer Soiree - Piano Club

Summer Soiree begins on stage at Sundial for all RCSC members May 16 and every third Friday of the month through September. Small, intimate group with light refreshments. FMIC Inga Boice, 623-876-0645.



Jammin' Jazz Session

Jazz – Swing – Blues. Jammin' Jazz Session will continue to meet third Thursday of each month at Fairway, 6pm. Musicians/vocalists interested in fun, improvisational evenings should come play/sing with us or just come and enjoy listening. FMIC Guy Dobbins, 623-221-8997. Have a great time playing together with fellow musicians.

Sun City Players

The production of "Glorious" at Mountain View continues through May 4. This is a "don't miss" production that promises laughs galore. Tickets for "Glorious" are \$10. Visit www.suncityplayerscommunitytheater.org for more information.



Submit Your Club Events by email to: sunviews@sunaz.com

All submittals must be received no later than close of business on the 5th day of the month for the next month's edition. Please include the date, time and location of the event along with cost and contact information.

Sports & Fitness/Outdoors

Bocce Club of Sun City

Tournaments: M, Tu, W & F, 5/2-30, 9am
Open Play: Su, 5/4-25, 2pm; Th, 5/1-29, 9am; F, 5/2-30, 7pm
Playoffs: Sat, 5/31, 9am, Sundial Courts
Come out and enjoy games, coffee and donuts.
FMIC: Bob 309-236-1898 or Edith 623-594-4173

More Arts & Crafts

Marinette Clay Corner

A huge thanks to everyone who worked our Spring Sale, and the more than 500 wonderful customers who made this two day event so successful. If you were unable to attend, please remember we have many wonderful items available for purchase in our Club, or visit our Fall Sale at Sundial on Nov 28-29. Our one of a kind items are made by our members. General Meetings held on 2nd Wed each month at Marinette, 8:30am social, 9am meeting. Join our club and come play in the clay. Summer hours: Mon-Wed 8am- 9pm, Thurs & Fri, 8am-4pm, and Sat 9am-5pm. FMIC 623-977-3167.

Sun City Camera Guild

New Camera Guild website: www.cameraguildduncity.org. Check it often to learn about Guild activities. During the summer/early fall months we will prepare to host the Arizona Camera Club Council's Fall Roundup on November 8. The roundup provides opportunities for Camera Clubs from Arizona to have competitions and educational seminars. The Guild obtained a new microscope and will also offer Extreme Macro Photography. A tutorial on the web site assists members in learning how to use the microscope. The club room will be open June-September, 9am-noon and upon request of a member any weekday when at least one monitor or member will occupy the Club room.

Palo Verde Artisits

Next and last meeting for season Mon 5/5, at noon with social in Sundial East Auditorium, followed by meeting and demonstration. Please bring your RCSC card. A good time to renew your club membership (\$10 annually). Summer Hours: Art room, Mon-Fri; open painting: Tues & Fri, 9am-12pm; portrait class every Thurs, 1pm.

Bell Lawn Bowls Grand Reopening!



The lawn bowling community was out in full force as they celebrated the grand reopening of the greens at Bell Center on April 16.

With a new BBQ fired up and hamburgers on the menu, a great evening of bowling returned to the renovated greens, closed since April 2013.

More information about lawn bowling can be found at: www.bowlsaz.com/



Sports Classes

Bocce Club

Free Lessons
Bob 309-236-1898
Edith 623-594-4173
Keith 623-760-6927

Bowling Lessons

Individual Bowling Lessons – \$10.00 – 1 Hour
Call Di Tormanen (623) 561-4656 for more information
or email bowling@sunaz.com

Dart Players Wanted

Looking to form a Dart Club and need signatures. Please contact Jerry Ida at 623-875-4523 or email JEROME_IDA@HOTMAIL.COM for more info.

Swim Club Announcement

Sun City Swim Club Lessons are currently being held outdoors at Lakeview pool.
Lessons from 8:30-10am. Beginning, intermediate and advanced classes available.
Annual fee: \$3; RCSC Membership required.

Arts & Crafts Classes

Bell Craft Club

Bell Craft Club: Annual dues \$10. Classes are member taught, free, and open to club members, who must be current RCSC members. Drop by and pick up a schedule. Winter Club hours are 9am-3pm Mon thru Sat, and 6-9pm Wed & Thu. General Meetings second Thursdays, Sept thru May. Club phone number 623-974-3497.
New Member Orientation: The schedule is on the bulletin board in the classroom. (Next; Thu 1pm Oct 31)
Happy Hearts: Knitting and crocheting for veterans and charity, Fri noon-3pm
Beading: Beginning – Thu 9am-noon
Intermediate – Thu noon-3pm.
Advanced – Mon 9am-noon
Beading Workshop – Thu noon-3pm.
Greeting Cards: Rubber Stamping, Mon noon-3pm
Card Embroidery, Wed noon-3pm and 6-9pm
Parchment Craft, Fri 9am-noon.
Copper Enameling:
Advanced – Wed 9am-noon
Beginning – Thu 6-9pm
Placemats: Mon 9am-11:30am
Candle making: Tue 9am-noon
Scrapbooking: Sat 9am-3pm Drop-in
Quilling: Tue 9am-noon
Sewing workshop: Tue 12-3pm,
Serge lessons available.
Acrylic Painting class & workshop: Tue noon-3pm
Plastic Canvas workshop: Tue noon-3pm
Knitting: Wed 9am-noon
Crocheting: Wed 12:30-3pm
Silk flowers: Thu 9am-noon
Craft Beading and Crafts workshop: Thu noon-3pm
Brazilian Dimensional Embroidery: Fri 9am-noon
Open Workshop for all: Wed 6-9pm

Artistic Weavers & Fiber Artists

Through May, our Weavers Club hours are Monday-Friday 9am-noon. Located at Oakmont.
Basket weavers meet on Mondays and Fridays.
Spinners will continue to meet on Wednesdays, stop in to learn more.
Loom weavers, knitters and crocheters are welcome throughout the week.
Membership open to all RCSC members; annual dues \$10. We'd love to have you join us!

Arts & Crafts Classes

Sew 'N' Sew Club

contact sewnsew.info
Program/meetings: Thursdays 9:30-11am on 5/1 Show & Tell, 5/8, 5/15, 5/22, 5/29.
Garment Special Interest Group (SIG) - 5/14 from 9:30-11:30am
Embroidery SIG Wednesday 5/21 1-3pm (machine embroidery.)
Certification required for all machine use. Sign up in clubroom for:
Brother sewing machines
1– 3-hour class – cost \$6
Baby Lock Imagine Serger – jet threading machine
1– 3-hour class – cost \$6
Baby Lock Embroidery machine
2– 3-hour classes –cost \$12
Cover Stitch Machine
1– 3-hour class – cost \$6
Heavy Duty machine for bulky fabrics
1– 3-hour class – cost \$6
Sewing classes on topics requested by members are scheduled. See reservation list in clubroom for detailed specifics.
Open clubroom with boutique sales and donations accepted: Tuesday & Saturday 9:30am-3:30pm and Thursday 11:30am-3:30pm.



Sun City Handweavers & Spinning Guild

Summer Hours for May, June, July and September.
Classes Offered:
Monday: Beading 9am-Noon
Tuesday: Guild room closed
Wednesday: Loom weaving 12-3pm
Thursday: Inkle loom weaving 12-3pm
Friday: Basket weaving 9am-noon
The room will be closed for the month of August.
The Guild room is located at Sundial.
FMIC 623-933-0397

Fairway Ceramics & Porcelain

Have you explored the world of Ceramics? There is joy and satisfaction in creating items that are beautiful, functional, and just plain fun! Annual dues: \$5 per RCSC cardholder. Many classes are free; some require a nominal fee. All skill levels welcome: newcomer, beginner, intermediate & advanced. One-on-one orientation introduces new members to the basics in an encouraging, friendly environment; guidance available as needed. Greenware & supplies available for purchase, also beautiful finished pieces suitable for gifts. Visit us Mon-Fri between 9am-3pm or FMIC 623-972-5818. Located on 2nd floor of Fairway. We would love you to come by for a visit and a cup of coffee.

Dance Lessons

Sun City Squares Plus Lessons

Bell Center Social Hall
Closed from 5/1-11/4. Our first dance of the season will be November 4. Watch for announcement on Beginner Square Dance Lessons in November! FMIC Marilyn 623-930-7513 or Mary Sue 623-875-2642

Tip Top Dancers

Come join us for a fun way to exercise! Classes for beginners through advanced. We also perform for many clubs and organizations.
Tap dance Classes at all Levels
Advanced: Mondays, 8:30am-Kelley
Beginners: Mondays, 10am-Pat
Performing Class: Tuesdays, 9am-Diana
Intermediate Tap: Tuesdays, 10am-Diana
All That Jazz: Tuesdays, 1pm-Kim
Advanced Technical Tap: Wednesdays, 8:30am-Joey
Performing Class: Wednesday, 10am-Kelley
All That Jazz: Thursday, 1pm-Kim
Theater Dance: Friday, 8:30am-Joey
All Classes held at Marinette Social Hall. Men & Women Welcome. \$10/Annual Dues.
FMIC Christine 623-322-3138

Sun City Ballroom Dance Club

We got rhythm! Help us celebrate two special anniversaries on Sunday, May 25, 2014 at Bell. While May marks 54 years of dancing for the Club, our dance instructor Frank Romani will also be recognized for providing 22 years of exciting dance music and skill building dance lessons. Open to all RCSC card holders and guests. Singles and couples welcome. \$4/members; \$6/guests. Music and free half hour dance lesson at 6:30pm. Social dancing from 7-9:30pm. Mixers and line dancing included. FMIC (623)842-3917 or visit our website at www.suncityballroomdanceclub.com

Lesson Schedule

Monday Afternoon Lessons
One hour lesson - 12-1pm Fox Trot – (\$4/Guests \$6)
One hour lesson - 1- 2pm East Coast Swing (\$4/Guests \$6 per lesson)
Wednesday Night Lesson & Social Dancing
One hour Rumba lesson 6-7pm
Social dancing 7-9pm (\$4/\$6 Guests)
Thursday Night Lessons
5:30-6:30pm - Beginners Waltz
6:30-7:30pm - Intermediate Waltz
\$4 Members/\$6 Guests per lesson.
For Monday evening lessons call (623) 842-3917
Visit our website at www.suncityballroomdanceclub.com.



Games

Backgammon Club of Sun City

We welcome all levels of players. Classes offered to help from basic play to more advanced strategies. Meets 1st and 3rd Thurs 7-9pm at Lakeview Social Hall #3; 1st Sat 1-5pm. Call 623-640-7211 to arrange for lessons.

Duplicate Bridge (ACBL)

The Sun City Duplicate Bridge Club (ACBL) hosts a Unit Wide Game on Thursday, May 1 at 1pm in Lakeview Social Hall #1. Regular games are scheduled each Monday and Thursday afternoon at 1pm for the remainder of the month. The club has a fragrance-free policy. Please be considerate of your fellow players by not wearing any fragrance. FMIC Randy Asendorf at 623-249-5887.

Pinochle Club of Lakeview

Meets Tuesdays at 1pm in Social Room #1 and plays single deck pinochle. We are a fun group and all we ask is that you have a valid RCSC card. Yearly dues \$3; play costs 50 cents for an afternoon of fun and socializing. Play starts promptly at 1pm; arrive by 12:45pm. No need to bring a partner. FMIC Tommie at 623-876-1895

Chess Club

Lessons for beginners and challenge for the advanced player. Lakeview Social Hall #3 on Wed or Thurs from 1-4pm.

One Partner Bridge

Lakeview Center, Thursdays, 6:45-9:30pm
Bring your partner. \$1 per couple.

Monday Night Pinochle

We play both single and double deck at Oakmont every Monday at 6:30pm. Arrive by 6:15. Membership dues \$3/year with valid RCSC card. Play fee is 50 cents/evening. Non-members/guests pay \$2/evening plus play fee of \$1. Punch cards or daily card accepted. FMIC Kim at 623-251-4155 or Monies at 623-875-0421.

Mah Jongg

If you enjoy playing cards, chances are you will enjoy playing Mah Jongg. It is a fun and entertaining game using tiles instead of cards. The purpose, somewhat like gin rummy, is to create a hand with a specific arrangement of suits and numbers. We meet at Marinette of Sundays noon-4pm and Thursdays from 6-9pm; also at Sundial on Tuesdays noon-4pm. FMIC Janis at 623-875-3969.

Sun City Woman's Social Club

Gathering place at Lakeview for women to play cards (canasta, bridge or poker) or board games (Rummikube or Mexican Train). Hours: Daily 10am-4:30pm. FMIC 623-760-3293.

Fitness Classes

Zumba

ZUMBA is a cardiovascular exercise class that burns 400-800 calories an hour. It keeps your body moving and your heart pumping. ZUMBA fuses Latin rhythms and easy-to-follow fitness moves for a full body workout. Lose weight while you have FUN! Daily Fitness offers one EVENING program in ZUMBA.

- EVENING classes are held all year long on Tuesdays from 6:30-7:30pm at Sundial West Hall;

All classes are \$5 each. You may try a class for \$5; subsequent attendance requires a 4-Class Workout Pass that can be purchased for cash at any ZUMBA Session. For further information, call Jane at 623-696-6820.



Hatha Yoga

Multilevel Yoga Classes: Bring a yoga mat and a small blanket or beach towel. All yoga classes are held in the Sundial Aerobics Room. Please arrive 15 minutes early to register and pay the \$3 fee, RCSC Cardholders only. Club Membership \$5 annually. FMIC 623-974-3360.

M: 8:30-10am & 6:30-8pm
 Tu: 8am-9:30am
 Tu: 10-11:30am
 W: 8:30-10am & 6:30-8pm
 Th, F & Sa: 10-11:30am

Chair Yoga Class:

M & W 10:30-11:45am
 Th 1:00-2:15pm
 Preregistration & Prepayment are required for Chair Yoga ONLY.
FMIC 623-972-9602 or visit www.sunaz.com/activities/clubs/

Dance for Fitness

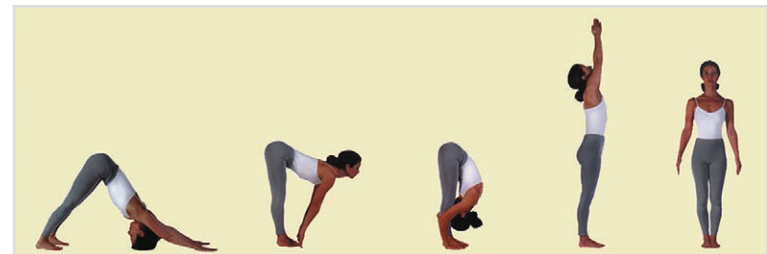
With a current RCSC Membership you may enjoy three free sessions with us. Can't beat that deal, and then you may join for only a \$5 annual fee. Come once, come twice, or come three times a week (whatever fits into your schedule). We have no per-lesson fee. The classes meet three times a week; Tuesday at Bell Center, Wednesday at Sundial Center, and Friday at Mountain View Center. All classes are from 9-10am. FMIC Jan Smeal, President at 602-403-1339 or Jerry Wilson at 253-820-5453.

Bell Aerobics

Come join friendly residents for a complete 45-minute workout of gentle stretching on Monday, Wednesday and Friday at 8:00am, 9:00am, or 10:00am at Bell Social Hall.

Membership is \$3/year with valid RCSC card; there are no class fees.

There will also be a holiday potluck social in December for all club members. Looking forward to having you join us as club meets year-round. We never close. FMIC Brenda at 623-977-1149.



Educational Classes

Computer Club of Sun City

The Computer Club of Sun City is located on the 2nd floor of the Fairway Recreation Center. Our members come here to share computer knowledge and experiences, including Windows 7, Windows 8 and 8.1, Android Smartphones and Tablets in a fun social environment. Classes, special interest group discussions and presentations are provided. RCSC cardholders can join us by attending a short Join Us Signup presentation at specified times throughout the month. Check the club website (www.firstsuncity.com) or phone the club at 623-933-8953 for information. Use of club's computers, printers, scanners and internet connections are available to all club members during club hours

Hours: M-Sat 8a-12p 623-933-8953

Special Interest Group Discussions (SIGs) FREE: Open to members.

Round Table Discussion 5/2 at 9a
 Android Devices 5/5 at 9a
 Computer Clinic 5/9 and 5/23 at 9a
 Investors 5/10 and 4/26 at 9a
 Internet/Email 5/12 at 9a
 Genealogy 5/14 at 9a
 Monitor Training 5/15 at 11a
 Technology 5/16 at 9a
 Android for Beginners 5/19 at 9a
 Computer Back Up and Recovery 5/22 at 9a



Classes:

Offered to members only: pre-registration required
 How to pre-register for classes: www.firstsuncity.com under Classes
 Check our web-site calendar (www.firstsuncity.com) for late additions to the class list.

Free classes:

Club Intro - Windows 8/8.1 on 5/2 from 9a to 11a
 Club Intro - Windows 7 on 5/20 from 9a to 11a

Classes listed below are \$5 each subject

Computing 101 in Windows 8/8.1
 5/5, 5/6, 5/7 from 9a to 11a

Windows Explorer in Windows 7
 5/6, 5/7, 5/8 from 9a to 11a

File Explorer in Windows 8/8.1
 5/14, 5/15, 5/16 from 9a to 11a

Windows 8/8.1 Operating System
 5/19, 5/20, 5/21, 5/23 from 9a to 11a

Computing 101 in Windows 8/8.1
 5/27, 5/28, 5/29 from 9a to 11a



SunMacs Computer Club

General Membership Meeting on Saturday May 10 in the Sundial West Hall. Coffee and treat at 8:30am; Business meeting at 9am.

We asked several Apple experts "What's the one thing iPad, iPhone & Mac users don't know enough about that they should?" and "What do you get the most questions about?" That's our "mystery topic" for May! Our presenter will again be "CJ," the popular Sales Manager for Mac Media. Don't miss this meeting!

We specialize in Apple Products & software. Located at Sundial; hours M-Th 8:30-10:30 & 12:30-2:30 also 1st and 2nd F 12:30-2:30pm. RCSC card required; Annual dues are \$20 single/\$30 couple.

Classes-Round Tables-Socials-Help Sessions are available free to club members; some require pre-registration, visit www.sunmacs.org or club room for schedule. FMIC (623) 933-5300.

"An investment in knowledge pays the best interest."

- Benjamin Franklin

Spanish Club - El Círculo Español

Classes are on Mondays and Wednesdays in Room #129 and on Thursdays in Room #133 at Fairway. Students can join at any time. Check out our Bulletin Board at Fairway near the Class Room or pickup our Flyer at SC Visitor Center at Bell. FMIC email SunCitySpanishClub@gmail.com

To Mom With Thanks

To a lady who, with five children and living on our Dad's half pay because of the depression, I will be forever grateful. She taught us to be responsible in our world.

Learn about Faith & keep it.
If you do a job, do it right or not at all.
Always think of the other person. That is hard to find in our world now.
Make do with what you have.

Don't waste anything. Save it, always. The tablespoon of veggies that were left over, was added to the bowl in the "icebox" to be used in stew.
Repair that rip or hole in our clothing before it gets too big to be fixed.
Made cornmeal mush for our dinner on Saturdays so we could have an egg on Sunday morning.

Grow what you can even if it is just in a pot. Every little bit helps. Walk or bicycle; a car was a luxury, not used for every little jaunt. No whining allowed or we were given something to whine for.

Everyone had to help even if there was just one more thing to be done. When working on community projects, which everyone did, you arrived early even if you had baby sat or worked the night before. You don't expect the Government to take care of you, EVER! If you don't expect - you won't be disappointed.

Yes, Mom you taught us right. Life wasn't easy then and has never been easy for me yet. If I "have" and another person doesn't, I share. It may just be a pot of soup but I will share until I die. Just as you did.

Thank you for teaching me good Human values. I can move forward to the next life knowing that I did the best I could.

Your loving daughter, Gwen

A Tribute to Clara, My Mom

By the example of her dedication to family, mom taught us responsibility, to work hard, to take pride in work and to enjoy life and success. Her patriotic spirit taught us love of country with the rights we enjoy that shouldn't be taken for granted. Her commitment to marriage and family taught the beauty of loving relationships. Her charity and being there when needed taught concern for others. By loving the outdoors, she taught awareness of our environment and to respect nature. By her example of saving, she taught us not to waste. By her involvement with community, she exemplified volunteerism, friendliness, and that working with others makes our world a better place. By attending church with us, she taught the meaning and importance of God. Her vast knowledge was evidence of the importance of being life long learners. Her bright smile, quick wit and happy laughter brought joy to others. Because mom organized family photos, we can remember family heritage. Her yummy homegrown, home-cooked meals taught us healthy eating habits. She checked homework, taught good manners, mended clothes and taught many life lessons enhancing our quality of life. She was a model for me as a mom. Because of HER my life is rich and full.

Jean Klein



I had a great mom. She always supported me through the tough times but there was a bad one and she was there. When my youngest daughter was a Senior in high school, she was in an accident caused by a drunk driver. She was in a coma on life support for 2-1/2 weeks then moved to the trauma floor for another three weeks still in a coma.

It's not like the movies where someone wakes up and is OK. It takes a long time to come out of a coma. We were lucky to get her into Dodd Hall at OSU (we lived in Ohio then) which is one of the top rehab hospitals in the country. I had to work to pay bills but Mom flew back (she lived in Hawaii) and went to her therapy sessions with her every day. I would go after work and stay with her for three hours then drive home where mom would have dinner for me. Long days for both of us as I had to be at work at 7a.m. Erin was there for 2-1/2 months and Mom was my rock. She would fill me in on how Erin had done in her sessions. She had to learn everything all over again - and I mean everything, walking, talking, math, writing, reading, everything. Mom stayed until Erin came home.

I was so grateful and told her so many times. Mom is gone now and I miss her every day but I have great memories.

Susan Major (Daughter of Constance Major)


Mama only went to the sixth grade. But that didn't slow her down a bit when it came to counting your hand in a Cribbage game. She could glance at a hand, either yours or hers, and tell you emphatically what the count was. One was almost afraid to argue with her.

Mama taught us all how to play Cribbage...her children, grandchildren, nieces and nephews, all of us little people. Sometimes the struggle to add the points caused consternation and hesitation, but Mama waited through it all, letting you take your time. If you got it wrong she would count through the points with you. Needless to say, she didn't have that kind of patience for adult opponents. They were on their own, and if one missed a point or two, she gleefully pegged them to her own score.

It was a badge of honor when you managed to beat Mama, but most of all, the chest swelled with pride to know that you could actually count and add your own hand. Mama passed on that nearly lost art of counting your Cribbage hand quickly and accurately. The tradition continues, though Mama is gone. I'm sure she is watching, though.

M. Kay Howell





A Mother's Inspiration

"How ya doing today, Mom?" I asked, forcing cheerfulness into my phone voice. My bedridden mother, her leg in traction and her mangled foot trying its best not to be amputated, had survived a near fatal head-on car crash in which a sleepy driver had crossed the highway median. With ribs and clavicle broken, each breath was painful to her, yet childlike enthusiasm filtered through the words between the wheezes: "They moved me to a window.... I saw a ladybug....I thanked God....They gave me ice cream... .I gave some to the ladybug...."

A love of God and an appreciation and respect for his creations had always enriched my mother's life, and her example has inspired mine. Now as a member of Banner Olive Branch's VIPs (Visually Impaired People) and Sun City's Handi-Capables, with her ready smile, she encourages others to do what they can despite some limitations. When she says she'll pray for you, it's not just a matter of speech; I hear her each morning while she exercises on her stationary bike. And while she's not feeding ice cream to ladybugs anymore, she does put out water for the quail and other birds and the cottontails, and she still thanks God.

By Joyce Stoffers
Proud daughter of Elizabeth Workun

My mother, Sun City resident Sandra L. Smith, is a valuable and irreplaceable person in my life. She has taught me the value of knowing to never give up on anything. She has defeated cancer several times since the early 70s and has shown me that with the right attitude that you can conquer all. By putting your best foot forward and believing in yourself and having faith in God and your family and friends. She has shown me that one person can make a difference. I wouldn't be where I am today without her.

Lisa Stewart

My mother, at age 20, was disowned by her father for eloping with a man he felt was beneath her status. In a nationality that arranged marriages and took the female children out of school after the 8th grade, mother had to accept her father's rule.

I was fifteen when grandfather passed. Mother was then able to ask her brothers for help to escape the abusive marriage. With the help of her sister and brothers, mother supported us while getting her GED then going to nursing school. She became a Geriatric nurse at the age of 39 passing with the top grades.

She was a live in nurse and all her patients were seniors. Their families loved mother! She was an honorable woman loved and trusted by every person she came into contact with.

She retired at 62 but was always ready and able to nurse family members who needed her expert "tender loving care". Mother had a great sense of humor and enjoyed good jokes. She never complained about her aches and pains, passed at the age of 87 quietly in her sleep.

Her name: Thelma Cecelia (nee Antoon) Faris - my mother!

Respectfully submitted by:
Anna Thompson

Monitored Activities



Billiard Tables	
Bell Lanes	M-Sa: 8a - 9p; Su: Noon - 7p
Lakeview Lanes	M-Sa: 8a - 8p; Su: Noon - 6p
Fairway Center	M-Sa: 5a - 9p; Su: 8a - 9p

Bingo	
Sundial Center	Doors Open: TH @ 5p. Bingo 6:30p \$7 for all 18 games w/3 special games. Open to the public.

Boating/ Fishing	
Lakeview Center	M-Sa: 6a - 7p; Su: 8a - 7p

Bocce Courts	
Marinette Center	M-Sa: 6a - 7p; Su: 8a - 7p
Sundial Center	M-Sa: 6a - 9p; Su:8a - 8p

Bowling Lanes	
Bell Lanes	M-Sa: 8a - 9p; Su: Noon - 8p
Lakeview Lanes	M-Sa: 8a - 8p; Su: Noon - 6p

Fitness Centers	
Bell Center	M-Sa: 5a - 9p; Su: 8a - 8p
Fairway Center 18+ only:	M-Sa: 5a - 9p; Su: 8a - 8p
Lakeview Center	M-Sa: 6a - 7p; Su: 8a - 7p
Marinette Center	M-Sa: 6a - 7p; Su: 8a - 7p
Mountain View Center	M-Sa: 6a - 7p; Su: 8a - 7p
Oakmont Center	M-Sa: 6a - 7p; Su: 8a - 5p
Sundial Center	M-Sa: 6a - 8p; Su: 8a - 8p

Horseshoe Courts	
Marinette Center	M-Sa: 6a - 7p; Su 8a - 7p
Mountain View Center	M-Sa: 8a - 7p; Su 8a - 7p

Jogging / Walking Track	
Indoor	
Fairway Center: 18+ only	M-Sa 5a - 9p; Su: 8a - 8p
Sundial Center	Daily 6a - 8a

Outdoor	
Marinette Center	M-Sa 6a - 7p; Su 8a - 7p
Sun Bowl	Dawn to Dusk

Library (602) 652-3000	
Bell Center:	M: 9a - 7p; Tu-Sa: 9a - 5p
Fairway Center	M-F 9a - 4p

Mini Golf	
Bell Center:	M-Sa: 6a - 9p; Su: 8a - 8p
Lakeview Center	M-Sa: 6a - 7p; Su: 8a - 7p
Marinette Center	M-Sa: 6a - 7p; Su: 8a - 7p
Mountain View Center	M-Sa: 8a - 7p; Su: 8a - 7p
Sundial Center	M-Sa: 6a - 8p; Su: 8a - 8p

Pickleball	
Marinette Center	M-Sa: 6a - 7p; Su: 8a - 7p
Mountain View: Outdoor:	MV: Outdoor courts closed for recon- struction; will reopen approx. 5/1

Racquetball	
Bell Center	Court A Daily: 7p - 9p Court B Su, M, W, & F: 6a-1p & 3-9p Tu, Th, & Sa: 6a-5p & 7-9p

Shuffleboard	
Bell Lanes - Indoor:	M-Sa: 8a - 9p; Su: Noon - 8p
Lakeview - Outdoor:	Daily 7a - 7p

Spas	
Bell Center 18+ only:	M-Sa: 5a - 9p; Su: 8a - 8p
Fairway Center 18+ only:	M-Sa: 5a - 9p; Su: 8a - 8p
Lakeview Center:	M-Sa: 6a - 7p; Su: 8a - 7p
Marinette Center:	M-Sa: 7a - 7p; Su: 8a - 7p
Mountain View Center:	M-Sa: 6a - 7p; Su: 8a - 7p
Oakmont Center 18+ only:	M/T/Th/F/Su 10a-5:30p; W/Sa 6a-5:30p
Sundial Center 18+ only:	M-Sa: 6a - 8p; Su: 8a - 8p

Swimming Pools	
Bell Center 18+ only:	
Lap Pool: M-F: 5 - 7a; 9a - 9p; Sa 5 - 9p; Su 8a - 8p; Closed for class: Daily 7a-9a	
Walking Pool: M-Sa: 5a - 9p; Su 8a - 8p	
Fairway Center 18+ only:	
Lap Pool: M-Sa: 5a - 9p; Su 8a - 8p	
Walking Pool: M-Sa: 5a - 9p; Su 8a - 8p	
Lakeview Center	
M-Sa: 6a-7p, Su: 8a-7p; Closed for class: M, W, F: 8a-10a	
Children's Pool Hours for Ages 4-15 yrs - M-Sa 4 - 7p; Su 4 - 7p	
Marinette Center	
M: 10a-4p; T: 9a-7p; W: 730a-4p; 530-7p; TH: 10a-630p; F; 9a-4p; 530-7p; Sa: 6a-7p; Su: 8a-4p; 530-7p	
Children's Pool Hours for Ages 4-15 yrs	
Su, M, W & Th: 1-3:30p; Tu, Th & Sa: 1-4p	
Mountain View Center	
M-S:6a-7p;Su: 8a-7p; Closed for Class: M,Tu, Th, F 8a-10a	

Children's Pool Hours for Ages 4-15 yrs - Daily 10a-1p
Oakmont Center 18+ only:
Pool closed, under construction
Sundial Center 18+ only:

Large Pool: M-Sa: 6a-9p; Su: 8a-8p; Closed for class: M, T, Th & F: 8a-9a
Exercise Pool: M-Sa: 6a-9p; Su: 8a-8p; Closed for Class: M, Tu, Th, & F: 9a-10a; T & Th 12p-2p
12-2p; Th:4/3, 4/10, 4/17 only 10a-12p; 4-5p; Th: 4/24 only 12-2p; F: 4/4, 4/11, 4/18 only 10a-12p; 4-7p; Rest of month regular hours

Table Tennis	
Bell Center: M,W, F: 6a-12p, 3p-9p; Tu: 6a-10a, 12p-8p; Th: 6a-8p; Sa: 6a-10a, 12p-9p; Su: 8a-1p, 3p-8p	

Tennis	
Bell Center: 623-977-3325	M-Sa: 6a-8p; Su: 8a-8p
Lakeview Center: 623-561-4676	M-Sa: 7:30a-7p; Su: 8a-7p
Marinette Center: 623-876-3054	M-Sa: 6a-7p; Su 8a-7p
Mountain View: 623-876-3042	M-Sa: 7:30a-8p; Su: 8a-8p



Club Directory

Art and Craft Clubs	
Art Club: LV	Tu & W: 9a-noon; Th: 9a-4p
877-9366 or 583-7116	Summer hrs: May-Sept
Artistic Stained Glass: BC M-F	M-F: 8a-3:30p, Sa 8a-1p, M, W, & Th 5-8:30p
974-4765	
Artistic Weavers & Fiber Artists:	Tu-F: 9a-noon
974-6108	Summer hrs: May-Sept (Closed Aug.)
Calligraphy: SD	Th & F 9a-11a
594-6591	Membership Meeting: 1st F 9a
Camera Guild: SD	Tu, W, Th: 9a-noon
293-8824 & 360-461-4801	Summer hrs: May-Sept
Carvers: LV	Th, Sa: 7:30a-12p SH #3; Carved items
388-3051	On display & for sale during club hours.
Ceramics & Porcelain: FW	M-F 9a-1p; Tu nights 5:30-9p
972-5818	Membership Meeting: Th 5/18 10a
Ceramics & Porcelain: LV	M-F 8a-3p, M 5:30-9p, Sa: 8a-noon
933-8118	Membership Meeting: F 5/9 9a
Ceramics: BC	M-Th 8a-3p; F 8a-12p
974-6750	General Mtg: Tu 5/13 10a
Ceramics: OM	M, Th, F 9a-12p
319-431-5242	
China Painting: FW	M, Th, F 9a-12p
875-9179	General Mtg: Th 4/17 10a
Clay Club: LV	Tu, Th, F, Sa 8a-3p
933-0899	Summer hrs: May-August
Clay Corner: MC	M-F: 8a-9p; Sa: 9a-5p
977-3167	Marinetteclaycorner.org Mbrship \$15
Crafts: BC	M-Sa 9a-3p; W & Th 6-9p;
974-3497	General Mtg: Th 5/8 1p BC SH #1
Crafts: SD	M 8a-1p & Th 8a-11a
977-5494	
Creative Quilters: LV	M & F 8a-4p; Tu & W 9a-3:30p
815-1289	
Friendship Quilters: BC	M 9a-8p; Th & Sa 9a-3p; W 12p-8p
933-3084	
Grandmothers: OM	Social Mtg 2nd M 12p-2p
583-9575	Auditorium
Handweavers / Spinners: SD	M, Tu, F 9a-12p; W & Th 12p-3p
933-0397	Summer hrs: May, June, July, Sept
Knitters: FW	F: 8:30a-2:30p
878-2117	
Lapidary: BC	M-F 9a-noon; W 6-9p; Tu & Th 12p-3p
977-1803	Summer hrs: May-Sept
Lapidary / Silver: OM	W-F:8a-noon
319-431-3563	Summer hrs: May-Sept
Leathercraft: MC	M-F: 8a-11:30a
594-6591	Summer hrs: May-Sept
Metal: BC	M-Sa 8a-4p
974-8206	Membership Meeting 2nd M 9a
Needle Arts / Crafts: OM	Th: 8a-11:30a
972-4331	
Palo Verde Artist: SD	M-F: 9a-4p
933-7572	General Mtg: 1st M 12p SD East Hall
Sew-n-Sew: LV	Boutique Sales, Sewing & Donations Tu & Sa 9:30a-3:30p; Th 11:30a-3:30p
517-410-7269 www.sewnsew.info	
Silver Stones: SD	M-Sa 9a-noon
972-1484	Summer hrs: May 5 - Sept 27
Silvercraft: BC	M 7a-9p; Tu-Sa 7a-4p
933-8442	
Sterling & Stones: FW	M-Th 8a-4p; F 7a-4p; Sa 8a-12p
977-2208	
Stitchers: BC	Tu 9a-3p, W 9a-12p, F 9a-1p
972-8491	
Woodworking: BC	M-F: 8a-4p; Sa: 8a-12p
974-6058	
Woodworking: FW	M-F: 8a-noon
972-4385	Summer hrs: May-Sept
Woodworking: LV	M-F 8a-noon
933-2355	

Card and Game Clubs		
500: FW	Every M 6:30p	
695-5229	Instruction Available FW AZ Rm 3&4	
Backgammon: LV	1st & 3rd Th: 6-9p; 1st Sa 1-5p	
640-7211	LV Social Hall 3	
Bunco Broncos: OM	4th M: 12:30p-3:30p	
328-5327	OM Auditorium	
Canasta: OM	F: 10a-3p	
972-0107	OM Auditorium	
Chess: LV	W, Th: 1p-4p	
977-6315	LV Social Hall 3	
Euchre: FW	Tu: 6:30p-9:30p	
695-5229	FW AZ Rm 3 & 4	
Mah Jongg: MC	MC Social Hall: Su: 12p-4p; Th: 6p-9p; SD	
875-3969	West Hall: Tu: 12p-4p	
Mixed Cards: OM	OM Aud: Sa 6:30p	
815-9221		
Mixed Cribbage: LV	Tu: 12:15p-3:30p; W: 6:15p-9p	
842-3462	\$3 to join/\$.50 to play LV Social Hall 3	
Monday Night Pinochle: OM	M 6:15-10p	
875-4465	OM Auditorium	
Pinochle: LV	At LV SH #2: Tu 5/6	
388-4372	At LV SH #1: Tu 5/13, 5/20, 5/27	
Saturday Pinochle: OM	Sa 9:30a-3:30p-OM Auditorium	
518-4133		
Contract Bridge Clubs		
Card Sharks: LV	M: 6:45p-9:20p	
933-7972	LV Social Hall #1 & 2	
Grand Slam: MC	Tu: 6:45p-9:30p	
875-7136	MC Auditorium	
One Partner: LV	Th: 6:45p-9:30p	
466-6567	LV Social Hall 1	
Saguaro: LV	F: 6:45p-9:30p	
466-6567	LV Social Hall 1 & 2	
Wednesday Afternoon: OM	W: 12:30p-4p	
533-9567	OM Auditorium	
Thursday Afternoon: LV	Th: 12:30p-3:30p	
933-3968	LV Social Hall 2	
Friday Afternoon: FW	F: 12:30p-3:30p	
972-5063	FW AZ Rm 3	
Duplicate Bridge Clubs		
Duplicate (ACBL)	LV Social Hall 1 & 2: M, Th 1-5p	
875-7136		
Kachina: SD	SD West Hall: M, Th: 12:15p-4p	
251-4858		
Dance Clubs		
Ballroom Dance: BC	\$4 mem / \$6 gst on W: 5:30p-9p	
842-3917	BC Social Hall	
Bell Tea: BC	W: 2-4p	
933-8873	BC Social Hall 1 & 2	
Country Dance Club: SD	1st & 3rd Sa: 7-10p	
242-9535 or 541-999-7533	Sa 5/3 & 5/17 @SD Auditorium	
Line Dance: SD	SD: Tu, Th: 10a-1p; 1st Tu: 9:30a-12:30p	
972-5127 or 480-201-1496	MV: Last Th 10a-12p 5/29 ONLY	
Rockin' Thru The Years: BC	Sa: 6:30-10p 5/3, 5/17, 5/31	
332-7894		
Singles: SD	F: 7p-10p SD Auditorium	
210-4087		
Squares: BC	Tu 6:30-7p Pre Rounds	
875-2642 (Mary Sue)	7-9p Mainstream/Plus Square Dance	
suncitysquares@q.com	Tu Starts 11/5 6:30-7p Pre Rounds	
	7-9p Mainstream/Plus Square Dance	
Sun City Latin Dance	MC: M 5p-9p	
308-4880	BC: Su 12p-4p	
Sun City Poms: MC	MC: M, Th, F: 7:30a-11a	
602-392-4242	scpoms@yahoo.com	
Tip-Top Dance: MC	Bgng W: 10a-11a, Intmdt Tu:9a-10:30a,	
974-9830	Adv M: 8:30a-10a, F: 8:30a-10a	
Educational Clubs		
Apple Macintosh: SD	Summer hrs begin 5/19: Tu & Th only	
933-5300	sunmacs.org	
	8:30-10:30a	
	Gen Mtg: Sa 5/10 8:30a SD West	
Life Long Learning: FW	No classes during summer	
218-6631		
PC Computer Club: FW	M-Sa 8a-12p	
933-8953	Summer hrs: M-Sa	
Spanish Club: FW	Summer hrs W: 12:30-2:30p	
466-5011	June, July & Aug	
	Room 133	

Fitness Clubs		
Aerobic: BC	M, W, F: 8a, 9a, 10a	
977-1149		
Aqua Fitness Club	Next Registration Summer I:	
876-8627	Sa 4/12 8:30a SD Auditorium	
Dance for Fitness	BC: Tu 9-10a; SD: W 9-10a;	
602-403-1339 OR 253-820-5453	MV: F 9-10a	
Handi-Capables: SD	SD wm wtr excrs pl: Tu, Th 12-4p	
933-6515	Soc Mtg 1st M: 12:30p at FW AZ 1&2	
Hatha Yoga: SD	M & W: 8:30a-10a, 6:30p-8p;	
974-3360	Tu 8a-9:30a & 10a-11:30a;	
	Tu, Th, F, & Sa: 8-9:30a,10a-11:30a	
Ladies Exercise: OM	Tu, F: 8a-9a	
594-0937		
So Grand Exercise: FW	M, W, F: 7:30a-9a	
977-6885		
Stretch and Slim: BC	M-Sa 8-9a	
533-4215	M-F: second class 9:15-10:15a	
Hobby Clubs		
Armchair Photo Explorers: FW	Club Closed for Summer: May, June	
933-0791	July, August and September	
Best Friends Dog Club: FW	Club Closed for Summer: May, June	
261-5502	July, August and September	
Garden: OM	M, W, F: 9a-12p	
875-5921	Meet: SD East Hall: 1st Tu: 8:30a-11a	
Model Railroad: FW	No Membership Meetings May, June	
974-2846	July, August or September	
Model Railroad Museum: FW	W 10a-2p	
602-999-3884	May - Sept	
Rockhounds: SD	No Membership Meetings May, June	
974-0550	July, August or September	
Mineral Museum: SD	Sa only: 10a-1p	
972-1772	Summer hours	
RV Club: SD	Pancake Breakfast: F 5/2 7a-10a	
974-8675	SD East Hall	
Stamp Club: MC	Mbr Mtg M 5/5 6:30p	
974-9943	MC Social Hall	
Performing Arts Clubs		
Chamber Orchestra: FW	Closed for Summer: May-August	
933-1568		
Choraliers: FW	M: 8:30a-11a 5/5, 5/12 only	
815-8403	Closed for Summer: May-August	
Concert Band: FW	Tu: 9-11a 5/6, 5/13 only	
972-4767	Closed for Summer: May-August	
Handbell Ringers: FW	Closed for Summer: May-July	
933-6645		
Piano: SD	3rd F: 9a-12p	
876-0645		
Players Theater: MV	General Mtg. 3rd M: 7p	
476-7358	MV Auditorium	
Readers Ensemble: LV	F 12p-4p	
974-3384	LV SH #2 & 3	
Rhythm Ramblers: FW	Closed for Summer: May-Sept	
876-8464		
Ukulele: FW	Th 3-5p	
974-3360	FW Music Room	
Women's Chorus: FW	Closed for Summer: May-August	
933-7647	Music Room	
Political Clubs		
Democratic: FW	Closed for Summer: June-July	
977-0980		
Republican: SD	3rd M: Open @6:30pm Mtg: 7-8:30p	
322-5101	SD East Hall	

Social Clubs		
Book in Hand: FW	2nd F: 1-2:30p	
	FW: China Painting Room 217	
Gourmet Social: OM	Closed for Summer: May-August	
972-9059		
NextGen: FW	Summer hours: 3rd Th 7-10p	
314-423-0123	FW AZ Room 1 & 2	
Men's: SD	M-Sa: 7a-4p	
977-5116		
New England: OM	2nd Sa 4-8p	
738-7021	LV SH #1	
Newcomer Hospitality: MC	Pizza/Games: 2nd F: 5p (876-8714)	
933-5158	Potluck/Games Last F: 5p	
	Euchre: 1st & 3rd: Tu: 1p	
	Partners Bridge: 2nd & 4th Tu 6:45p	
	Bridge: W 12p	
	Friendship Corner (974-4529) Sa 11a	
Singles: OM	1st F: 6p potluck, 3rd F: 6p game night OM	
322-5540	Auditorium	
Women's: LV	Daily: 10a-4:30p	
933-7699		
Sport Clubs		
Billiards: LV Billiards Room	Ladies M & Sa: 8:45-10:30a, Th:9:45a-	
602-319-0783	11:30a, Couples W: 6-7:30p;	
	Men Singles M: 8a-12p,	
	Men Doubles Tu & Th: 8a-12p	
Bocce: SD	Open Play: Th 9a, Su 2p& F 7p	
875-5116		
Conservation/Sportsmen: LV	General Mtg 3rd Th: 9a	
612-741-5923	LV Social Hall 1	
Lawn Bowls: BC	Su, M, W, F: 7:30a-7:30p	
583-4432	Summer hrs: April-Sept	
Lawn Bowls: FW & MV	Tu, Th, Sa: 7p-10p	
972-3248	Summer hrs: May-Sept	
Lawn Bowls: LV (USLBA)	M: 12p-4p	
875-6919		
Lawn Bowls: LV	Tu, Th, Sa: 7-9a, 7-9p	
977-6559	Summer hrs: April-Oct	
Lawn Bowls: OM	Closed for Summer: May-Sept	
875-4653		
Mini-Golf: LV	General Mtg: 2nd Tu 10-11a	
217-2290	LV Social Hall 1	
Pickleball	MC: Night play M-Th 5:30-8p Crts 5-12	
215-4228	MC: Day play M, W, F 1-3p Crts 1-12	
	MV: Indoor play M, W, F 1-3p	
	Summer hrs: May-Sept	
Racquetball Club: BC	BC Crt #1: M,W,F: 10a-1p until 5/15	
986-1754	BC Crt B	
	only & 1-3p	
	BC Crt #1: Tu, Th 5-7p;	
	BC Crt #1: Sa 7-9a, 10a-12p	
	BC Crt #2: Same days & times as Crt	
	#1; A-B-C Rotating Doubles	
Senior Softball: SB Field	Su: Open practice 7-10a	
399-8055	M: Open practice 7-9a; New players 9-11a	
	Tu, Th: League play 7:30a-11:30a	
	Sa: 70's League play 8a-11a	
	M, Tu, F: 12p-4p	
Shuffleboard Bell: BC		
337-4515		
Shuffleboard Outdoor: LV	M, W, F 1-4p	
688-4823	LV SH #1	
Shuffleboard Sundial: BC	Club Play @ BC: Th 5:45p	
208-9921	(due to BC Closing at 8p)	
Six Shooters-Horseshoe: MC	Tu, Th, Sa: 8:30a-12p	
505-7465		
Swim Lessons: LV	Annual fee \$3	
583-5894	All RCSC Cardholders Welcome	
Swimmers Master: BC	M-F: 7a-9a	
876-1233		
Swimmers Synchronized: LV	M, W, F: 8a-10a	
583-5894		
Table Tennis: BC	M, W & F: 11a-3p; Tu & Th: 7-9p;	
875-9991	Sa: 10a-12p; Su: 9a-3p	
Tennis: BC	At Lakeview - Drop In 8-10a	
293-2013	BC Crts: Sa Luck of the Draw 1-3p	
maggieveazie@hotmail.com	BC Crts: W eves. Drop In 6-7:30p	
	Intermediate Level Every Day	
Water Volleyball: MC	Moved to MC Pool	
972-1584	Su, M, W, F: 4:00-5:30p	
Club Directory Key:		
M = Monday	BC = Bell Recreation Center	
Tu = Tuesday	FW = Fairway Recreation Center	
W = Wednesday	LV = Lakeview Recreation Center	
Th = Thursday	MC = Marinette Recreation Center	
F = Friday	MV = Mountain View Recreation Center	
Sa = Saturday	OM = Oakmont Recreation Center	
Su = Sunday	SD = Sundial Recreation Center	
a = A.M. & p = P.M.	SB = Sun Bowl Recreation Center	
All area codes are 623 unless noted. Recreation Center Addresses are listed on page 2. To report changes to the Club Directory contact the Clubs Office 623-561-4660. For more information on RCSC Chartered Clubs visit: sunaz.com/clubs/		

We are here to give you a helping hand...



"Serving in the Northwest Valley Since 1990"



Meet our Staff

Lt to Rt Standing: Shelley Ouimette, Scheduling Coordinator, Mary Jo Cuttall, RN, Natalie Henrichsen, Sales & Marketing **Lt to Rt Seated:** Sandra Vega, Staffing, Lola Judy, Owner, Dot Scheer, RN, Janice Grady, Office Manager

Sun Cities CareGivers

provides help with personal care, household chores, transportation to appointments, exercises, good nutrition and, most importantly, makes it possible for people to stay in their own home.

Companion/Homemaker:

Assists with household chores & errands

Personal Care Attendant:

Assists with personal care needs

Certified Nurse's Aide:

Assists with doctor/nurse supervised care needs

Registered Nurse:

Sets up medication and supervises usage

FREE In-Home Consultation!
With mention of this ad

All Clients Are Nurse-Managed

'Always know who you are doing business with. A life depends on it.'

Sun Cities CareGivers

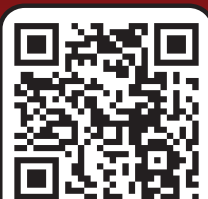
623.974.2397

13203 N. 103rd Ave. Ste. F6, Sun City



For a complete listing of our rates and services visit us at www.sccaregivers.com

Insured • Bonded • References & Licensed Verified • Background Checks



QR CODE
Scan with your
Smart Phone!

Coming Soon to MIM Music Theater



Loudon Wainwright III

Thursday, May 8 | 7:30 p.m.

Tickets: \$34.50–\$42.50

This folk-inspired singer has nurtured a cult success since 1970 with his candid, humorous take on the world and himself.



Cassandra Wilson:

"Blue Light 'til Dawn"

Sunday, May 11 | 6:00 & 8:00 p.m.

Tickets: \$37.50–\$47.50

A genre-crossing contemporary jazz singer whose flexible voice and creative style make for powerful performances.



Reunion – The Legend Continues: Jim and Gary Pike with Ric de Azevedo

May 12 & May 13 | 7:00 p.m.

Tickets: \$47.50–\$62.50

Referred to by *Billboard Magazine* as the "greatest romantic ballad vocal group of all time." Performing Lettermen favorites.



"All We Are Saying" – Bill Frisell Explores the Music of John Lennon

Saturday, May 17 | 7:30 p.m.

Tickets: \$42.50–\$47.50

Featuring Greg Leisz, Jenny Scheinman, Tony Scherr, and Kenny Wollesen

2014 Concert Season sponsored in part by



To Purchase Tickets:

- Order online at MIM.org
- Call 480.478.6000
- Visit MIM's Ticket Office

4725 E. Mayo Blvd., Phoenix
(Corner of Tatum & Mayo Blvds., just south of Loop 101)

MIM MUSIC
THEATER
Located in the Musical Instrument Museum

Every 2 seconds someone's identity is stolen.

That's why AARP launched the Fraud Watch Network—to help you fight back against fraud and identity theft. Join us for a complimentary dinner featuring a panel of experts. You'll learn about how to spot the latest scams so you can avoid being victimized.

"Learn How to Protect Yourself from ID Theft & Fraud" Event

Thursday, May 8, 2014 | 5:30 p.m. to 8:00 p.m.

Glendale Civic Center | 5750 W Glenn Drive | Glendale, AZ 85301

Seating is limited. Registration is required. Register online at <http://aarp.cvent.com/azfwnglendale> or call 1-877-926-8300.

Visit aarp.org/fraudwatchnetwork for more information.



Watchdog Alerts / Tips & Resources / Free for Everyone



SOLAR MYTH BUSTER



Tom Lammie

Myth 1 - Solar is too expensive. In reality, using Arizona sunshine to make your own electricity is always cheaper than paying the power company. The only question is, do you want to save a little or save a lot.

Myth 2 - Leasing a solar system is the only way to go. Everyone's financial situation is different, which is why Sun Valley Solar offers many financing options including low interest loans and leases.

Myth 3 - All solar installers are the same. All you have to do is go on the BBB (Better Business Bureau) website and read some reviews to know this isn't true.

Get the facts! It's free to find out the truth about solar. Call Tom today at 480-361-6041 and see how much you will save.

SUNPOWER
ELITE DEALER



SUN VALLEY SOLAR
SOLUTIONS

Solar Electricity for Home and Business
www.svsolutions.com
480-361-6041



Porcellos Are Buying Now!!!

GUARANTEED TO MEET OR BEAT ANY REASONABLE OFFER

Porcello Estate Buyers will be in your area buying and would like to take this opportunity to invite you to come see us and receive a generous CASH offer. The time to sell is now, when you have knowledgeable buyers with over 110 years of experience. Stop by and say hello...let one of our experts educate you about today's market value of your personal possessions.

WE PAY CASH!!!

4 DAY BUYING EVENT!

When: Thursday, May 8th thru Wednesday May 14th

WE PAY CASH!!!



WE NEED WE NEED

Large Diamonds, Rolex, Patek Philippe & Cartier watches. Named Pieces such as Tiffany, Cartier, Van Cleef & Arpels and other Fine Jewelry.

Cash for Diamonds



- 1/3 Carat..... up to \$500
- 1/2 Carat.... up to \$1,400
- 1 Carat up to \$7,000
- 2 Carat up to \$20,000
- 3 Carat up to \$30,000
- 4 Carat up to \$50,000
- 5 Carat ... up to \$125,000

We also buy precious gemstones including Rubies, Sapphires, Emeralds.

Cash for Jewelry



Cash for Estate Jewelry



All Estate Jewelry Wanted! Antique jewelry, rings, necklaces, earrings & more. We also buy all forms of Platinum!

Cash for Watches

ROLEX



OMEGA



CARTIER



We buy all types of Watches! Rolex, LeCoultre, Cartier, Patek Philippe, Hamilton and other pocket watches.

Cash for Coins

Nationally known Numismatists will be onsite to evaluate your coins.

We buy all Collector Coins, U.S. and Foreign, including the list below, but not limited to:



Do not clean your coins

- 1794 Half Cent\$125 to \$4,300
- 1793 Chain Cent\$2,200 to \$10,000
- 1856 Flying Eagle Cent\$1,900 to \$10,800
- 1877 Indian Cent\$320 to 3,150
- 1937-D Buffalo (3-Legged)\$175 to \$1,000
- 1885 Liberty Nickel\$150 to \$850
- 1916-D Mercury Dime\$220 to \$4,800
- 1804 Draped Bust Quarter\$900 to \$3,500
- 1916 Standing Liberty Quarter ..\$1,100 to \$10,000
- 1878-S Seated Half Dollar\$4,000 to \$30,000
- 1893-S Morgan Dollar\$400 to \$23,000

Cash for Gold and Silver Coins



- \$1.00 U.S. Gold \$70 to \$5,000
- \$2.50 U.S. Gold \$75 to \$5,000
- \$3.00 U.S. Gold \$300 to \$7,500
- \$4.00 U.S. Gold up to \$100,000
- \$5.00 U.S. Gold up to \$5,000
- \$10.00 U.S. Gold up to \$10,000
- \$20.00 U.S. Gold up to \$15,000
- \$20.00 High Relief up to \$25,000
- \$1.00 Silver (1935 & previous)..... up to \$10,000
- \$5.00 Silver (1969 & previous)..... up to \$400
- \$25 Silver (1964 & previous)..... up to \$250
- \$10 Silver (1964 & previous)..... up to \$150

Do not clean your coins

Cash for Gold, Silver and Platinum



All Gold Jewelry and Scrap Gold 8Kt to 24Kt Wanted!

Almost everyone has an old class ring or broken chain in a drawer or safe deposit box. Bring them in and turn them into cash.

- Class Rings..... up to \$100
- Wedding Bands..... up to \$100
- Bracelets..... up to \$1000
- Watch Cases up to \$700
- Necklaces up to \$1,500
- Charms up to \$1,500

Broken Chains, Dental Gold, Scrap Gold bring in for cash offer

Cash for Gold & Silver Bullion, American Eagles & Paper Currency



Cash for Sterling Silver

All Sterling Silver Wanted!

...including tea sets, trays, knives, forks, spoons, and serving pieces.



We are not scrappers. We appreciate fine jewelry. We are professional jewelry, watch, coin and silver buyers.

Porcello Estate Buyers

FAMILY OWNED & TRUSTED FOR 60 YEARS AND 3 GENERATIONS STRONG.

1-800-317-5510

www.porcelloestatebuyers.com

Awarded highest rating with



Lic#1698503

THUR, 5/8

PEORIA WESTBROOK VILLAGE LAKES RECREATION CENTER
19251 N. WESTBROOK PARKWAY
PEORIA, AZ 85382

(MULTI PURPOSE ROOM)
10AM-5PM

Lic#20007152

SUN, 5/11

SURPRISE WINDMILL INN & SUITES
12545 W. BELL ROAD
SURPRISE, AZ 85378

(SUN CITY WEST ROOM)
10AM-5PM

Lic#1011722

MON, 5/12

SUN CITY GRAND SONORAN PLAZA
19753 N. REMINGTON DRIVE
SURPRISE, AZ 85374

(MESQUITE ROOM)
11AM-4PM

Lic#1011722

WED, 5/14

SUN CITY SUN CITY HOA
10401 W. COGGINS DR.
SUN CITY, AZ 85351

(COMMUNITY ROOM)
9AM-2PM

Golden Door Chapel
Celebrating
50 Years
of Serving the West Valley!

advantage
FUNERAL & CREMATION SERVICES

Golden Door Chapel
11211 W. Michigan Ave. • Youngtown, AZ 85363
623-979-7111



NOW HIRING

Divine Care

Adult Day Program (DTA)
Kids After-School Program (DTT)
Kids Summer Program (DTS)

Serving Individuals with Special Needs
Home and Community Based Services
Respite, Habilitation and Attendant Care

Training Center
Direct Care Worker (DCW), Article 9, First Aid,
CRP, Incident Writing, Medication

14423 W. McDowell Rd. • G104 Goodyear, AZ 85395
623-547-4829 • www.divinecare.org

Thrifty Joe's Books & Music

6020 W. Bell Rd, Ste 104 • Glendale • 602.547.2540

VIDEO GAMES
VINYL RECORDS
CDs
DVDs
BOOKS

We Buy & Sell • Cash paid • Call for buying hours
www.thriftyjoesbooksandmusic.com

Check Out Our Daily Specials!
Consignments accepted by appointment only.
Stop in and pick up a copy of our guidelines - We'll schedule an appointment.
New Summer Items Arriving Daily!
We do estate buyouts for better brand clothing

Consigning Women

Monday-Saturday • 9am-4pm
10712 West Bell Road, Sun City
623-933-0034 • www.consigningwomenaz.com

SUN CITY MECHANICAL LLC
A/C CONDITIONING - HEATING - PLUMBING

The value of honest is priceless.

FREE Service Call!
No Trip or Diagnostic Fee with Repair

IT'S THAT TIME OF YEAR AGAIN!
CALL FOR YOUR SPRING CHECK-UP! **Only \$34.95**

Some restrictions apply. Call for details.

WWW.SUNCITYMECHANICAL.COM
623-214-2366

AC ROC 241763 • AC ROC 219613 • PL ROC 256771 • PL ROC 248350

Proudly offering Home Performance with ENERGY STAR whole-house check-ups only \$99. (a \$400 value)

JOIN OUR CLUB MEMBERSHIP
Our club membership is a savings program for only \$99 per year on AC, heating & plumbing services. Free plumbing agreement with all AC Agreements. Contact us For Details.

DUCT TESTING \$100
APS Rebate -\$75
YOUR COST \$25
PLUS - Receive up to \$325 from APS for repairs.

Bundle a New A/C System with a New Water Heater
Save \$200
Some restrictions apply. Call for details.
Expires 5-1-2014.

\$25 OFF
NEW GARBAGE DISPOSAL
Must mention coupon at time of scheduling. Some restrictions apply. Expires 5-1-2014.

Bundle a New A/C System with Your Neighbor and You Each
Save \$250!
Some restrictions apply. Call for details.
Expires 5-1-2014.

Now Open Saturdays 8AM-12PM

Non Commissioned Technicians. **RUUD** **ACCREDITED BUSINESS** **Angie's list**

11121 W MICHIGAN AVE., YOUNGTOWN, AZ 85363

www.suncitymechanical.blogspot.com
Find us on Facebook for EXTRA Money Saving Specials@
www.facebook.com/SunCityMechanicalllc



ARE YOU IN HEARING DENIAL?

Hearing Denial #1:
"I hear fine. Everyone mumbles."
WE CAN HELP!

Paradise Hearing is THE low cost leader for advanced hearing technology! We carry hearing aids with all the latest features including: connectivity to television and cell phones, remote controls, and remote microphones! From basic hearing aids to the most advanced hearing technology, Paradise Hearing has it for LESS!

- Better Hearing Made Affordable
- 0% Financing Available
- 2 Year Warranty on All Hearing Aids
- Local Repair Service
- Free Hearing Evaluation
- 1 Year full trade-in value. Switch to any other size, type or model of equal value, upgrade and only pay the difference! Call today to schedule your **FREE Hearing Evaluation!**

ENTRY LEVEL DIGITAL HEARING AIDS as low as \$495!

- Computer programmed
- Multi channel sound processing
- Up to 4 memories



\$495
FULL SHELL



\$595
CANAL



\$695
COMPLETELY
IN CANAL

BEHIND THE EAR, OPEN FIT TECHNOLOGY FOR ONLY \$795!

Revolutionary design provides an unbelievably natural, smooth sound. Advanced technology enables better understanding in noisy environments. Open ear fitting enables your own voice to be heard naturally.

- Now includes direct ional microphones for better performance in noise.
- Now with 4 channels and 8 bands.
- Unbelievable price!



\$795
OPEN FIT

No Tax, No Extra Charges • Includes 2 Year Warranty

TIRED OF CHANGING BATTERIES?

Rechargeable Hearing Aids for only \$995.

Never Buy Batteries Again!
FREE Charger with Purchase of 2



LOOKING FOR THE VERY LATEST FEATURES?

Our Premium Wireless Technology is only \$1495!

Available in any size or style! Get a free television streamer with any premium wireless hearing aid set. Just plug it in to your television and hear the audio directly in your ears. No neckloop required! A \$450 value!



Offers Good Through May 31, 2014.

Customer Service: How Can Paradise Hearing Help You?

ALL OF OUR HEARING AIDS COME WITH A **2 YEAR WARRANTY**, covering both parts and labor. Even after the 2 year warranty we never charge our clients for cleaning, adjusting or reprogramming. After the two year warranty, we perform **timely and affordable repairs**. Since we manufacture and repair in-house, any repairs or adjustments are done promptly. Years down the road, if your hearing changes, we will reprogram the hearing aids for your loss at that time and it is **free of charge!**

PARADISE HEARING

MESA
5540 E. Broadway
480-830-4685

PRESCOTT
623 Miller Valley Rd.
928-443-1668

N. SCOTTSDALE
8880 E. Via Linda - Suite 108
480-661-1529

COTTONWOOD
905 Cove Parkway - Suite 101
928-634-0039

N. PHOENIX
2941 W. Bell Rd.
602-564-0601

SUN CITY
14816 Del Webb Blvd.
623-875-7323

CHANDLER
1256 W. Chandler Blvd. - Ste 21
480-726-3889

YUMA
11411 S. Fortuna Rd.
928-345-2373

SUN CITY WEST
13565 West Camino Del Sol
623-546-1061

Visit www.hearingdenial.com

COLUMBIA ParCar ARIZONA

The World's First ...

- Pickle Ball • Estate Sale • Grocery •
- Bocci Ball • Bridge • Volunteer •
- Bowling • Quilting Club • Bridge •

... Car



www.columbiaparcaraz.com

Columbia ParCar Arizona
13525 Camino Del Sol, Sun City West
623-974-4584



Independent SPIRIT

“When Mom and Dad came to me and said, ‘We want to live OUR lives, OUR way,’ we knew exactly what they meant and where they wanted to be.”

Freedom Plaza is a place where independent spirits take flight. And as a Life Care Community, Freedom Plaza guarantees accommodations for the rest of your life, even if your financial resources are exhausted through no fault of your own.

Call 1-888-484-0686 to schedule your personal visit.



FREEDOM PLAZA

BROOKDALE SENIOR LIVING

ALL THE PLACES LIFE CAN GO™

FREEDOM PLAZA PEORIA
A Life Care Community

13373 North Plaza del Rio Boulevard | Peoria, AZ 85381
brookdale.com

ALL THE PLACES LIFE CAN GO is a Trademark of Brookdale Senior Living Inc., Nashville, TN, USA. 51141EF-RDP15-0114 SW



El Dorado of Sun City

Condominiums



Enjoy Independent Living with all the benefits and control of ownership.

Current condominium prices start at \$59,000

Low monthly HOA fee includes:

- * One meal a day in our elegant dining room
- * Weekly housekeeping with linen service
- * Chauffeured transportation, both scheduled and by reservation
- * Health, fitness and activity programs
- * ...and so much more

Call us today to schedule a tour
623-972-3000
www.eldoradosc.com
10330 W. Thunderbird Blvd., Sun City





PALM VEIN CENTER

EXCELLENCE IN VEIN CARE

Varicose Veins, Spider Veins?

Leg pain, swelling, or discomfort?

Call Now for a Free Screening

- Covered by most insurance
- 45-minute office-based procedure
- Minimal recovery
- We accept Medicare



16944 W. Bell Rd., Suite #603, Surprise, AZ • (623) 201-4777
www.palmveincenter.com

www.BellMarPlaza.com

BELL MAR SURPRISE

BARNABY STREET SHOPPES

FUN SHOPPING HERE!

BELL MAR SURPRISE

THE FRIENDLY MERCHANTS

COME SEE OUR SHOPS AND THE NEW POST OFFICE

LOCATED AT 114TH & BELL RD (AVE OF THE ARTS)

IN SURPRISE, AZ NEXT TO THE 5 & DINER DELUXE

NEW HOURS: MON -SAT 10AM TO 5PM

www.barnabystreetshoppes.com

Local First ARIZONA

Do you have Denture Problems? Call the Expert

A-Z DENTURE CENTER

Over 30 years experience, lab on site. Same day repair and relines while you wait. Quality one custom craft dentures & partials. Implant expert, Satisfaction Guaranteed. Emergency Hours Available. Call for a Free Consultation



Custom Crafted Denture \$699* each **or** **10% Off* On All Services**

*Must Present Coupon at 1st Visit



623-214-7898

19082 N. RH Johnson Blvd., Sun City West, AZ

www.azdenturecenter.com

I Consistently provide an UN-PARALLELED LEVEL OF SERVICE

Mary Murphy
REALTOR®
Life Member Presidents Round Table
(623) 680.4978
m3murph@msn.com



Recipient of Multiple Professional Awards

Sun City Grand

New Listing!

15820 W. Clear Canyon Drive
(Grand - L. to Sunrise - L. on Mountain View to L. on Clear Canyon)
Popular Palo Verde, in a quiet cul-de-sac, has an expanded front patio with an outstanding view of Desert Springs Golf Course. An 18x12 bonus room has been added. Some plantation shutters. Rear yard is very private. Security doors. Three bedrooms, 2 baths. 2,089 sq. ft. \$269,000



.....

If you are thinking of selling your home, **NOW IS THE TIME!**
Our inventory is VERY low. Call me. I'll give you an analysis of your homes worth. I'm here all summer!

Thanks, Mary Murphy

"My Client's Interest Is My Only Interest"

MLS

KEN MEADE REALTY

FULL TIME 12 Months a Year

True Value®

START RIGHT. START HERE.®

Great Deals and Huge Savings in Every Department!

including: ♦ Electrical ♦ Paint ♦ Plumbing ♦ Lawn & Garden

\$5 OFF

any \$25 In-Store Purchase

Not valid with any other offers. Sale items excluded. Expires 5/31/14. Code: SunViews

Sun City • 15400 N. 99th Avenue

623-815-5200

Your feet aren't supposed to hurt!

An Owner's Guide to Feet

Q. My best friend says I need to go to Foot Solutions to help my aching feet feel better. Why would she send me there?

A. Foot Solutions is staffed by highly trained pedorthic experts who will conduct a thorough foot, gait and balance assessment. They have become renowned for their success in alleviating many types of pain and also improving performance and wellness!

Q. Are they doctors?

A. No. While many have Certified Pedorthists and Certified Master Shoe Fitters on staff, ALL associates are extensively trained in lower limb conditions and appropriate footwear and/or arch support solutions.

Q. What is a pedorthic expert or Certified Pedorthist?

A. A pedorthic expert is highly trained in the function of the foot and proper supports and footwear. A Certified Pedorthist has trained extensively and passed national tests to be qualified to assess and fill doctors' prescriptions.

Q. What is involved with the foot, gait and balance assessment and what does it cost?

A. First the associate seats you and asks you to fill out a brief worksheet about your discomfort and any relevant medical info. After removing shoes and socks they look for any abnormalities by gently touching and flexing each foot. Every callus, bump, scar and discoloration is noted. After closely observing how you stand and walk, they conduct an amazing balance test. Finally, they use sophisticated digital mapping technology to create a topographical map of each foot! This is just part of their service and there are absolutely no fees or obligations, just a lot of caring, sharing and information!

Q. What does all this information tell me?

A. It might tell you that you have normal feet that are a bit tired because of overwork or poorly fitted shoes. It might indicate that you are one of the vast majority of Americans that are over-pronators. You may also have circulatory problems, balance issues, compromised/fallen arches, bunions, hammertoes, or diabetic related issues. Plantar fasciitis may also be the culprit! We don't diagnose, so you may be

referred to your doctor or a recommended Podiatrist.

Q. I have heard of over-pronation, but what does it mean and why is it a concern?

A. Over-pronation is usually hereditary and occurs at the joint below the ankle joint. It causes the leg to rotate inward creating torque to the knee, hip and back joints. Recent studies even show that patients with TMJ (jaw pain) have flat feet or impaired arches! Bunions and arthritis of the big toe may also be the result of the pressure of over-pronation. Obviously, if the foundation of your skeletal system (your feet) is even mildly impaired, the results may impact the rest of your body.



Q. What is Planter Fasciitis?

A. Planter Fasciitis is often referred to as "heel pain" or "heel spurs". It is caused by inflammation of the connective tissue between the heel and the bones of the ball of the foot. It is usually caused by the over stretching of this tissue due to poor support while standing and walking on hard surfaces. Ice, stretching, and arch support will usually eliminate this painful condition.

Q. My feet are fine, but my back, (ankles, knees or hips) hurt. Can you help?

A. Very often proper footwear and support will greatly improve back, knee and/or hip pain. Proper use of footwear relieves impact shock, better controls movement within the joints and improves posture.

Q. Does this mean I have to start wearing "ugly" orthopedic shoes?

A. Of course not! Foot Solutions brings fashion to function and function to fashion! They carry an extensive line of shoes for work, dress, casual and sport. Every shoe and sandal is carefully selected with appearance and specific function in mind. Most shoes and sandals will even accept arch supports and orthotics.

Q. What are orthotics and who needs them?

A. Orthotics are worn by athletes who want to prevent injury, people with foot, knee, hip or back pain, people who need better balance, and people who just want to be comfortable all the time. Foot Solutions carry over the counter, medical grade arch supports but they are best known for their highest quality, state of the art, custom orthotics. They are so proud of their craft, every pair comes with a satisfaction guarantee!

Q. I'm diabetic, what does that have to do with my feet?

A. Diabetic feet are extremely susceptible to infection, neuropathy (nerve pain, tingling, or numbness) and poor circulation. If you are on Medicare (Non HMO) you may be entitled to a pair of shoes and 3 pairs of cushioned inserts provided by the Medicare Diabetic Therapeutic Shoe Bill. Ask your Foot Solutions associate for more details. Foot Solutions also carries socks and other products to care for all diabetic feet.

Q. I have hard to fit feet. Can Foot Solutions help me?

A. Foot Solutions' master shoe fitters can fit almost any foot, from the smallest to the longest, narrowest to extremely wide. They are happy to modify any shoe to completely fit the first time they are worn. They know your foot should never be used to break in a shoe!

The Right Arch Support

Will:

Reduce/Eliminate Foot Discomfort Caused by Planter Fasciitis, Neuromas, Heel Spurs, Bunions, Arthritis, Corns, Achilles Tendonitis, Hammertoes and other common disorders

Ease Lower Back Pain

Improve Knee/Hip Function & Reduce Arthritic Pain Improve Balance

• Perform comfortably

• Superior New Technology!



The Right Shoe

Proper footwear is an integral part of any comprehensive foot care plan. The Foot Solutions staff, trained in Foot Pathology and proper fitting shoes, will help you make choices that will support your foot care plan or simply offer comfort and style.

Footbeds are removable and almost any orthotic can be fitted into our shoes and sandals

Many Styles and Colors Available



Finn Comfort
Made in Germany

FOOT SOLUTIONS.
Step into the perfect fit

Visit Foot Solutions today
for an experience you will never forget!

Glendale/Peoria • 623.776.0430
6750 W. Thunderbird Rd., Ste. 106



- FREE Foot Analysis
- FREE Gait Analysis
- FREE Foot Scan

You'll Love The Experience

\$20 OFF

Any Purchase Over \$100

OR 10% OFF

Whichever is Greater

Not valid with any other offer.
Must present coupon for redemption. One per customer.
Does not apply to previous purchases or orders.
Expires 5/31/14.



NEED A PLUMBER?

Always On Time 24/7

5-YEAR GUARANTEE



ADA Height, Elongated, Luxury, Low Water Consumption, 1.6 Gallon Flush Toilet. With Self-Cleaning Bowl, and a five-year, Trouble-Free, Won't Clog or We will Fix it Free Guarantee.

602-357-2069

\$329 ~~\$679~~

Cannot be combined with any other offers.

**CALL
& SAVE!**

~~10%~~ **20%**

SENIOR DISCOUNT
602-357-2069

Cannot be combined with any other offers.

**CALL
& SAVE!**

**Any Drain
Cabled Any Time**

\$79 ~~\$199~~

It Drains or it's FREE!

602-357-2069

Cannot be combined with any offers. With Proper Access.

**CALL
& SAVE!**

**Complimentary
Sewer Camera
Inspection**

\$0 ~~\$294~~

**With Any Mainline
Sewer Stoppage**

602-357-2069

Ask Tech for Details. Cannot be combined with any other offers.

**CALL
& SAVE!**

**Plumbing
Coupon**

\$100 off

**A repair of \$400 or more!
2-Year warranty on most repairs**

602-357-2069

Cannot be combined with any other offers.

We Will Beat Any Competitors Written Offer!

Valley Wide Service

100% Money Back Guarantee


602-357-2069

www.rooterheroplumbing.com/phx



ROC # 275291














ZAVOS HEARING

AIDS & AUDIOLOGY

Douglas S. Zavos Au.D.
Doctor of Audiology
Doctorate Degree Arizona School of Health Science
Master's Degree California State University, Long Beach
Bachelor Degree Arizona State University
Serving Sun City and Surprise over 12 years








Buy one package of Rayovac Mercury free Batteries and get one **FREE** (8pack)

\$25.00 OFF any in-house repair over \$100.00


Warranty Renewal Any Make Any Model **\$159.00**
1 year and must be in good working condition

Trade In Your Old if you are not happy with your current devices, get them out of the drawer and bring them in



Like Us

13967 W Grand Ave. Suite 105
Surprise, AZ 85374
(623) 266-3003
www.zavoshearing.com • info@zavoshearing.com





We Install & Replace Wind Turbines

The best way to fight high energy costs is with more insulation

FREE INSPECTION WITH THIS AD

Sun Cities Insulation



Serving The Valley Since 1978

623-972-7649

Listed With Homeowners Association & P.O.R.A.
ROC# 087351



LIMITED TIME OFFER

\$49

Exam, Cleaning, & Digital X-Rays

New patients only. Coupon must be presented to receive discount. Offers may not be combined. Periodontic treatments excluded

OVER \$200 SAVINGS

New Patients & Emergencies Welcome
Mon - Fri and 6:30 am Appointments Available

OFFERING COMPREHENSIVE DENTAL CARE INCLUDING IMPLANTS

\$150 OFF ANY MAJOR TREATMENT
*Over \$1,000 In Treatments
New patients only. Coupon must be presented to receive discount. Offers may not be combined. Periodontic treatments excluded.

ASK ABOUT OUR ONE VISIT CROWNS

FREE SECOND OPINION
New patients only. Coupon must be presented to receive discount. Offers may not be combined. First opinion treatment plan & current x-rays required.



Matthew E. Wessel, D.D.S.
Zachary Gilbertson, D.M.D.
Edward Byers, D.D.S.

Visit us at www.SunCityAZDentist.com
CALL TODAY!
623-972-2156
10615 W. Thunderbird Blvd. Ste. B-500 • Sun City, 85351
Located next to Boswell Hospital

OVER 100 GOLF CARS IN STOCK



New 2014 Street Speed Yamaha's from \$7,375

Desert Golf Cars

Sun City West
14755 W. RH Johnson Blvd.
Sun City West, AZ 85375
(623) 584-8461
M-F 8am - 4:30pm Sat: 9-1

Sun City/Youngtown
11212 W. Wisconsin Ave.
Youngtown, AZ 85363
(623) 977-7131
M-F 7:30am-5pm

www.DesertGolfCars.com



Benevilla™
Cultivating Caring Communities

Supporting Independence

HOME DELIVERED MEALS
HANDYMEN | GROCERY SHOPPING

Nourishing Caregivers

ADULT CENTERS | RESPIRE
CAREGIVER SUPPORT GROUPS

Building Community

INFORMATION & REFERRAL
VOLUNTEER OPPORTUNITIES

To discover what Benevilla means to you, call **623-584-4999** or visit our website at www.benevilla.org.



Birt's Bistro
cafe • catering • bookstore



BREAKFAST

Weekdays 7 AM - 11 AM

LUNCH

Weekdays 11 AM - 3PM

623-584-0065

www.BirtsBistro.org



\$5.99 Breakfast

2 eggs, 2 bacon or sausage, 2 multigrain pancakes or toast, fresh baked muffin & cup of coffee or juice.

Present coupon before ordering. One coupon per person. Tax & gratuity not included. Dine in only. May not be combined with any other offer. M-F. Expires 9/30/14. SCS



Waddell Family Dentistry

623-889-6000

Complete Dental Services

Introducing the Chao Pinhole Surgical Technique™
A New Breakthrough Gum Recession Treatment

Call today for your FREE Consultation!



**BEFORE
PROCEDURE**



**AFTER
PROCEDURE**

**All-On-4 Implants &
Hybrid Dentures**
Providing Stronger Support



New Patient Special

\$49

Includes:
Exam X-Ray,
Cleaning &
Consultation

In absence of gum disease. Does not apply with insurance or any other offer. New Patients only. Must present coupon. Limited time offer. Some restrictions apply.

\$500*

Implants or Invisalign™

*Restrictions apply.

13954 W. Waddell Rd, #112 • Surprise, AZ 85379 • www.azceredds.com



Club Car

Recalculating

Turn right into Club Car

Head toward greener, less expensive neighborhood vehicles like the Precedent® golf car at Club Car's Spring Sales Event.

\$500 OFF
ANY NEW CLUB CAR

OR

0% FOR 12 MONTHS

Finance offer: Applies to new 2013-2014 models only; Close out cash: Applies to new 2011-2014 models only. Good thru 05/31/14

We also have LOTS of used cars in stock, \$100 off any used car PLUS check out our USED CAR SPECIALS OF THE WEEK for BIG discounts. Specials change weekly.

\$500 OFF
ANY NEW STAR ELECTRIC VEHICLE IN STOCK

Good thru 05/31/14



The West Valley's Only FACTORY AUTHORIZED StarEV Dealer

• New • Used • Rebuilt • Gas & Electric Models
• Sales, Service, Repairs, Parts & Accessories, Pick-Up & Delivery

Southwest Golf Cars

proud to offer two great brands of golf & neighborhood vehicles providing exceptional value and performance

Serving the Valley since 1975

NEW CAR FINANCING - 6 MOS NO INTEREST

MANY FINANCE PLANS AVAILABLE FOR NEW & USED CARS

Goodyear Location
14175 W. Indian School Rd., Ste. 08
Litchfield & Indian School
in the Safeway Center
Hours M-F 9-4 Sat 9-3
623-536-5625

Sun City West
13901 W. Camino del Sol
(E of Grand, just S of Meeker)
Hours M-F 8-4:30 Sat 9-3
623-584-0591

Sun City Golf Cars • Youngtown
11124 Youngtown Ave.
(1/2 mile S of Grand, off 111th Ave)
Hours M-F 8-4:30
623-977-3100

www.swgolfcars.com

WE BEAT THE BIG BOX STORES!



The Refacing Specialist

Best Quality
Best Prices
Best Service



- Free Sink with Countertop
- Free In-home Estimates
- Kraftmaid and Quality Showroom
- Granite, Quartz and Solid Surface Countertops at affordable prices
- Ask about no interest financing with Cambria
- Free soft close hinges on kitchen reface
- Complete Bathroom Remodeling

www.kachinakitchens.com

13930 Camino Del Sol, Suite 103
Sun City West, AZ 85375
623-537-9828



KraftMaid
IT BECOMES YOU.™

Listed with PORA
Licensed • Bonded • Insured
ROC 225346

NEW PATIENT
SPECIAL

\$49

Exam, X-Rays, Consultation
& Oral Cancer Screening

Does not apply with insurance or any other offers. New patients only.
Restrictions may apply. Must present coupon. Limited time offer.

SENIORS
SPECIAL
CLEANING

\$50

Cosmetic cleaning by our hygienist,
must be 55+ & new patient only

Does not apply with insurance or any other offers. New patients only.
Restrictions may apply. Must present coupon. Limited time offer.

SECOND
OPINION

FREE

Not only will we match other
coupons, we will beat them
with quality and service!

Cannot be combined with insurance or any other discount. Must bring Treatment
Plan & X-ray from other office. Some restrictions apply. Limited time offer.

SUN CITIES
DENTURE SPECIAL

10% Off

Sun City West/Grand
Residents Only

Cannot be combined with insurance or other discounts. New patients only. Must show
proof of residence. Restrictions may apply. Must present coupon. Limited time offer.

“tender touch of a woman dentist...”

ADA studies have shown that 72% of Americans feel more at ease with a woman dentist!
We are the #1 preferred dentist for Sun City residents and winter visitors – USC Top Dentist.

A Tender Dental Care www.azplusdental.com

20+ years of combined experience serving seniors



Pain-free dentistry provided by Dr. Pollard & Dr. Wang, and our super friendly dental professional. Both doctors are honored graduates of top dental school USC.

We accept most PPO plans & discount plans. Discount rate for seniors.

All locations conveniently located
next to your local Fry's & Basha's

PEORIA / SUN CITY

623-487-1888

Suite 101

FRY'S

91st Ave.

Union Hills

SW Corner of
Union Hills & 91st Ave.,
inside Fry's Plaza

SUN CITY WEST

623-556-2828

Suite 133

BASHA'S

Meeker

RH Johnson

SW Corner of
Meeker & RH Johnson,
inside Basha's Plaza

Upcoming Overnight Trips & Day Tours

Tours can be purchased Monday through Friday in Clubs & Activities Office at Lakeview Center or by phone from 8:30am to 4:00pm. Visa, MasterCard, cash or checks accepted. Tours are for RCSC Cardholders and their guests only. Cardholders should have member card available, must accompany each trip and may purchase a maximum of six tickets. All day tours depart from Bell Center. Tours are non-refundable. Please inquire about trip cancellation protection offered by All Aboard America (AAA) and Free Spirit Vacations (FSV) for overnight tours. Call 623-561-4660 for more details.

Overnight Trips

June 1-4, 2014 (Sunday - Wednesday)

San Francisco, Tiburon, Napa Valley | All Aboard America

\$1,499 pp double | \$1,820 pp single | \$300 pp deposit: balance due April 25
(\$150 is non-refundable due to airline policy unless trip cancellation protection is purchased)



Besides time to enjoy San Francisco, you will also visit Tiburon, where you can experience hiking, biking, boating, historical tours and lots of other activities. Tiburon is known for some of the best dining (from homemade fudge to gourmet restaurants) and the most beautiful views in the Bay area. What is a trip to California complete without spending time in verdant Napa Valley? This excursion is sure to relax and refresh. Price includes airfare.

June 10-13, 2014 (Tuesday - Friday)

Northern Arizona and Grand Canyon Adventure | Free Spirit Vacations
\$695 pp double | \$875 pp single | \$100 pp deposit; balance due April 25

Witness the spectacular beauty of the Grand Canyon, from flora and fauna, to remarkable sunsets. The first night finds you at the Hotel Aspen in Flagstaff. The next morning after breakfast you're whisked away to Williams, where you board the historic Grand Canyon Railway. Overnight at the impressive Canyon Plaza Resort and dining at "Big E Steakhouse." Depart for colorful Page the next morning, for an afternoon of smooth-water, full-canyon rafting on the Colorado. On the third day there's an expedition at Antelope Canyon before returning home. R/T, lodging, two breakfasts, one dinner, Grand Canyon Railway from Williams to the Grand Canyon, float trip on Colorado River and tour of Antelope Canyon included.



June 22-26, 2014 (Sunday - Thursday)

Sierra Nevada Journey | Free Spirit Vacations
\$795 pp double | \$995 pp single | Includes Airfare | \$400 pp deposit: bal due May 8



"Old Town" Sacramento is just the beginning of great tour that includes overnight at the Vagabond Inn and time on your own to discover the Transcontinental Railroad Museum. From there, it's through Donner Pass via Amtrak to the Sierra Nevada Hotel where you are at your leisure to appreciate the sights and sounds of Reno. Relax on the MS Dixie as the cruise explores Lake Tahoe, then visit picturesque Virginia and Carson Cities before returning to Reno. Tour Includes all transportation, lodging and sightseeing in Lake Tahoe, Virginia and Carson Cities.

June 24-27, 2014 (Tuesday - Friday)

Broadway in the Desert and Parks | Free Spirit Vacations
\$575 pp double | \$695 pp single | \$100 pp deposit: balance due May 9

This trip takes you to the elegant CasaBlanca Resort in Mesquite, after a tour of the Hoover Dam on the way. Two day tours, one at the Valley of Fire State Park and the other at Zion National Park, are followed by performances of Disney's Little Mermaid and The Wizard of Oz at the famed Tuacahn Amphitheater, also known as "Broadway in the Desert." R/T transportation, accommodations, and reserved seating for performances are included.



July 2-5, 2014 (Wednesday - Saturday)

Celebrate the Fourth of July in San Diego | All Aboard America
\$945 pp double | \$1350 pp single | \$200 pp deposit; balance due May 26

San Diego's average midsummer temperature is usually in the mid 70's. Why not celebrate the 4th of July in the comfort of ocean breezes? This is a four day/three night tour that includes daily breakfast, nightly cocktails and an optional day trip to wine country. The 4th of July incorporates a Bay Cruise with dinner and fireworks display. Don't forget to bring a light jacket or sweater and comfortable walking shoes are a must.



July 25 - August 2, 2014 (Friday - Saturday)

Holland America Alaska Explorer aboard MS Westerdam | Free Spirit Vacations
\$1,999 pp double (inside) | \$2,350 pp double (outside) | \$2,950 pp double (balcony) | \$350 pp deposit: balance due April 25

The beauty is unfaltering from Juneau to Puget Sound to Southeast Alaska during this seven night cruise aboard Holland America's MS Westerdam. Watch massive glaciers calve in Glacier Bay and explore Sitka's Russian legacy, as well as the Ketchikan's Native Alaskan culture. Last port of call is Victoria, British Columbia. Price includes roundtrip airfare from Phoenix to Seattle, one night pre-cruise accommodation in Seattle, ship transfers, seven-night cruise, meals and entertainment onboard ship, taxes and fees.



Day Tours & Theater Trips

May 8, 2014 (Thursday)

Burt & Me at Palms Theater (includes buffet lunch) | All Aboard America
Depart 11:00am | Return 5:00pm (est) | \$99pp

May 18, 2014 (Thursday)

Diamondbacks vs LA Dodgers | All Aboard America
Depart 11:45am | Return 4:00pm | \$69pp

June 3, 2014 (Tuesday)

Hollywood's Costumes with lunch at the Phoenix Art Museum | All Aboard America
Depart 10:30am | Return 4:00pm (est) | \$89pp

June 7, 2014 (Saturday)

Prescott Territorial Arts & Crafts Festival | All Aboard America
Depart 8:30am | Return 4:00pm | \$60pp

June 21, 2014 (Saturday)

The Miracle Worker at Hale Centre Theatre/Dinner at Organ Stop Pizza | AAA
Depart 1:30pm | Return 3:00pm (est) | \$90pp

June 22, 2014 (Sunday)

Diamondbacks vs San Francisco Giants | All Aboard America
Depart 11:45am | Return 5:30pm (est) | \$69pp

Copies of the itinerary can be requested for overnight tours/cruises in the Lakeview Club Office Monday through Friday 8:30am to 4:00pm. Single residents can request their name be added to a list for "sharing a room by gender" with another resident for overnight tours in the Lakeview Club Office. Visit www.sunaz.com/travel/ for a complete listing of overnight trips, day tours and more information.