SUNVIEWS

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Marinette Center Now Fully Open to Cardholders

Marinette Center opened to RCSC Cardholders on March 23, 2015 after nearly nine months of extensive renovation that has Sun City's northern-most recreation center getting much attention and praise. A Grand Opening celebration is being planned for later this fall.



The line started forming early in anticipation of the 8:00a.m. opening as RCSC Cardholders were eager to see the renovated Marinette Center.

The Marinette renovation included expansion of the fitness center (to 4,000 square feet), 20 pickleball courts (of which eight are now covered) along with adjacent patio areas, relocation of the spa to outdoors, thermal solar system for pool water pre-heating, tankless water heaters for showers, water softening system, new doors and windows, and stucco on the exterior of the buildings.

Due to temperature concerns it took a few more weeks to complete the surfacing on the rubberized outdoor walking track, restricting access to the half-court basketball area and horseshoes. Cardholders are reminded that sports equipment is available at the Facility Attendant Station for their use.





Above: One recent morning found a lone walker using the new walking track, while basketball and horseshoes (left) remained idle. The fitness center's treadmills were at full capacity (below).





The state-of-the-art fitness center has been receiving rave reviews along with the pickleball pavilion and outdoor patio areas where the most common comment upon entering was simply, "Wow!" Have you been to the "new" Marinette yet?





The pool area at

Marinette now

includes outdoor

spa and shower

area along with

areas for RCSC

Cardholders to

relax and enjoy

time by the pool.

additional seating

Bell Darts Area Now Open



RCSC recently installed electronic dart boards in the Bell Bowling Center, just inside the 99th Avenue entrance. The soft-tip dart machines are free for Cardholders and darts are available at the check-in desk. The newly formed Dart Club recently held a Saturday afternoon introductory session that was well attended and will be getting together for informal dart shoots over the summer before formalizing play in the fall. Contact Jerry Ida at (623) 875-4523 for more information.

Stay in the loop!
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Emails, sign up at:
www.sunaz.com

Email addresses remain confidential

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Cardholder Services
Lakeview Center
Monday - Friday
8:30 am to 4:00 pm
1st Saturday of the month
9:00 am to noon



Corporate Office

Lakeview Center 10626 W. Thunderbird Blvd. 623-561-4600

www.sunaz.com www.suncityaz.org

Member Services (Clubs) Office

Lakeview Center 623-561-4660

Cardholder Services Office

Lakeview Center 623-561-4603

Recreation Centers

Bell Center: 623-876-3040 16820 N. 99th Ave.

Fairway Center: 623-876-3044 10600 W. Peoria Ave.

Lakeview Center: 623-561-4675 10626 W. Thunderbird Blvd.

Marinette Center: 623-876-3054 9860 W. Union Hills Dr.

Mountain View Center: 623-876-3042 9749 N. 107th Ave.

Oakmont Center: 623-876-3046 10725 W. Oakmont Dr.

Sundial Center: 623-876-3048 14801 N. 103rd Ave.

Sun Bowl Amphitheatre

10220 N. 107th Ave. (weather recording) 623-972-6014

Softball Field

10220 N. 107th Ave.

Duffeeland Dog Park

14610 N. Del Webb Blvd.

To Report a NON-911 RCSC Related Emergency Please Call: 602-336-4100



Get out of the heat!



Get on the dance floor!

Wednesday, June 17, 2015 Sundial Auditorium 7pm; Doors open 6pm

Southern Arizona's Most Popular Oldies Rock Band

Like a musical time machine & your favorite classic rock station

Heartbeat plays it all!
Rock & Rock • British Invasion • Surfin' Sound • Motown
The greatest music from the 50s, 60s, 70s and 80s

FREE for RCSC Cardholders & their escorted guests only!

Be prepared to show your RCSC Member or Privilege Card (no key fobs)

Gourmet food vendors arrive 1-1/2 hours prior to show time

Club Officer Refresher Session

Thursday, May 21 at 10am

Fairway Arizona Room #1

- Have questions about your duties?
- Are you covering for an officer over the summer?
- Policy changes?

This is your opportunity to learn more!

Board Candidate Packets Available Next Month

While the RCSC Board of Director elections may be months away, it is not too early to begin thinking about giving back to the community by becoming a candidate for upcoming Board vacancies. There will be three vacancies to fill in this year's December election, with each vacancy being a 3-year term.

Candidate packets will be available for pick-up on Wednesday, June 3, 2015. Those interested in obtaining a packet must make this request in person at the Corporate/Board Office at Lakeview Center (lower level) and present their RCSC Member card. The deadline for packet submissions is no later than noon on Friday, October 2, 2015.

Requirements to become a RCSC Board candidate are:

- Must be at least fifty-five (55) years of age;
- Must not be related by marriage or birth to any other member of the Board, Senior

Management Staff, or Board Candidate;

- Must be a Deeded Real Estate Owner of property in Sun City, Maricopa County, Arizona;
- Must be a Member in good standing;
- Must reside in Sun City, Arizona and be available at least ten (10) months of the year;
- Must meet the requirements to hold an Arizona liquor license (RCSC holds liquor licenses which require Board officers to be included on the licensing);
- Must be eligible and available to serve a three (3) year term; and
- Must be available to attend Board Candidate Orientation(s).

Candidates must also submit a fully completed RCSC petition, signed by 100 or more Members in good standing, along with all other forms provided in the RCSC Candidate Packet.

A successful candidate will:

- Have a strong desire to serve Sun City;
- Be fair and courteous;
- · Use good common sense;
- Have good communication skills;
- Be willing to work as part of a team;
- Ability to prioritize policy and projects; which will have the greatest benefit for the most members; and
- Be willing and able to dedicate the necessary hours to be an effective Director.

Candidates will be introduced at both the October and November Board meetings and at two candidate forums that will be held in the fall. Forum locations and dates will be announced at a later time.

For more information, please contact the Board Office at 623-561-4620 or email boardoffice@sunaz.com.



Jonia Howard & Brian Gonzalez



Bonnie Sears & Anthony Whipple



Donna Anderson & Joey Williams



Jay Shearman & Haley Wyatt



cott Root & Chandler Moss



Ben Roloff & Dani Dunmire

Dancing with the Sun City Stars 2015

Dancing with the Sun City Stars 2015 provided a great evening of entertainment and the chance of a lifetime for those selected to compete for the coveted mirror ball trophy. Congratulations to Sun City resident Donna Anderson and her Utah Ballroom Dance partner Joey Williams on their outstanding performance.

The esteemed judges provided somewhat humorous commentary and feedback on each routine, but the final decision was based on the audience vote.

Thanks to all for a fun night!





Golf Report

Pro Shops

February rounds played for all courses posted the 2nd highest total since 2009 and posted 462 more rounds than last year. Year-to-date rounds remain behind the prior year (due to January weather). Despite January performance year-to-date, rounds remain on pace with the prior eight year average.

The first annual Can/Am event was well attended with 100 participants. The field was evenly split with 50 participants each, representing America and Canada. In the end the American team prevailed by a margin of 26 strokes. Participants enjoyed a Texas Roadhouse catered dinner following play at the Fairway Center. The second annual event has already been scheduled for March 10, 2016; we are hoping to have a full field of patriotic participants.

The demo day on March 9 proved successful, with over \$1,000 in sales for the day. Well over 100 golfers came out to test equipment from Orlimar, Mizuno, Wilson and Cleveland. We thank everyone for their attendance and remind everyone that we can match prices on current year equipment with most vendors, which supports golf in Sun City.

We have scheduled our first night golf event of the season for April 25, at Lakes East Golf Course. Check-in will begin at 6:00 p.m., dinner will be served at 6:30 p.m., and play will begin at 7:30 p.m. The cost of the event is \$30 (includes dinner, first night golf ball, night golf accessories, prizes and more). Applicable green fees will be paid on the day of play. Sign-up sheets are available at each pro shop.

Snack Shops

Additional play and good weather continue to help snack shop performance as well. Total revenue for the month was \$5,187 ahead of budget. We continue to thank everyone for their support of the snack shops.

Golf Courses

The Riverview project remains on schedule, with irrigation complete on the front nine and in process on the back nine. Gravel blankets for the greens are in place on the front nine. We have taken advantage of the warm weather and have begun irrigating areas of disturbance from the construction wherever possible. Full grassing will begin late May or early June, once stable summer temperatures are reached. Grassing will be complete in July.

The new well at Lakes West has completed the airlift and development stage and the large rigging has been taken down. The next stage will be testing and determining the proper pump size for the new well. Once this process is complete, the pump will be ordered and work will begin on the required infrastructure.

We received test results back for the lake on hole 17 at the South Course. The brown tint is a result of type of pennate diatom named Achnanthes. The algae is brown in color and can result in a change of water color if found in significant numbers. We have contacted our lake specialist to provide treatment.

Check out the Architect's Report for the latest on Riverview See Page 6

2015 AERIFICATION DATES

Golf Course will be Closed

Fairways Aerification

Monday - Tuesday	May 18-19	South
Thursday	May 21	Quail Run
Thursday - Friday	June 4-5	North
Monday - Tuesday	June 8-9	Lakes West
Thursday - Friday	June 11-12	Lakes East
Monday - Tuesday	June 15-16	Willowcreek
Thursday - Friday	June 18-19	Willowbrook

Greens Aerification

Monday - Tuesday	July 6-7	South
Thursday - Friday	July 9-10	Quail Run
Monday - Tuesday	July 13-14	North
Thursday - Friday	July 16-17	Lakes West
Monday - Tuesday	July 20-21	Lakes East
Thursday - Friday	July 23-24	Willowcreek
Monday - Tuesday	July 27-29	Willowbrook

2015 OVERSEED SCHEDULE

Golf Course will be Closed

Course	Overseed	Opens	Cart Path Until
North	October5	October 24	November 6
Lakes West	October5	October 24	November 6
Willowbrook	October5	October 24	November 6
Quail Run	October5	October 24	November 6
Riverview (Not Greens)	October 26	November 14	November 28
Lakes East	October 26	November 14	November 28
Willowcreek	October 26	November 14	November 28
South	October26	November 14	November 28

Father's Day Golf Tournament

Father/Son or Father/Daughter

Hawaiian Attire Encouraged - Limited to the first 36 teams

Sunday, June 21 at North Golf Course



6:00 a.m. Check-in Begins 6:30 a.m. Breakfast 7:30 a.m. shotgun

Format: Team 2-Person Scramble



Entry Fee: \$30 per Person Entry Fee (Green Fees Paid Day of Play)

Cost includes Continental Breakfast, Skill Prizes, Tee Prizes & More!

** Hawaiian Vacation Opportunity for Hole in One (Hole #12) **

Event will be flighted and handicapped Callaway Division for golfers without USGA Handicap

Sign-up sheets at all RCSC golf course pro shops

Entry Deadline: Friday, June 12

*** Please return entry form and payment to Lakes East/Lakes West Pro Shop ***

Make Checks Payable to: RCSC

Questions or Concerns:
Please contact Director of Golf, Brian Duthu at 623-876-3053





RCSC's 8 Golf Courses

Lakes East: (623) 876-3023 Lakes West: (623) 876-3020 10433 Talisman Rd

> North: (623) 876-3010 12650 N. 107th Ave.

> South: (623) 876-3015 11000 N. 103rd Ave.

Willowbrook: (623) 876-3033 Willowcreek: (623) 876-3030 10600 N. Boswell Blvd.

Quail Run: (623) 876-3035 9774 W. Alabama Ave.

Riverview: (623) 876-3025 16401 N. Del Webb Blvd. Closed for renovation

RCSC's 5 Snack Shops

Menu Available at sunaz.com/snack-shops/

May Snack Shop Hours Open Daily 6am - 3pm



Volunteer Ranger Program

For more information about joining our program, please contact Chris Linam, Pro Shop Manager, at 623-876-3030 or email at clinam@sunaz. com. Next meeting is Thursday, May 28 at 1:00pm at Talisman Hall.

SCBA March 2015 High Scores

Men's High Game Randy Johnson 30	Robert Hayden Tim Walker D Bert Wells	733 730 730	Women's High Game Kathy Crowley	278
Robert Hayden 30 Mike Friedrichs 30		723 723	Juli Bayer Jacqueline Smith	267 268
"Frenchy" Laberge 30		722	Denise Matich	265
Lloyd Johnson 30	0 W. Wisniewski	722	Lynda Bettini	248
Alan Wagner 29 Mitch Kelsev 28		722 721	Barb Daniels Julie Subica	244 243
Mitch Kelsey 28 Roger Althaus 28		717	Barb Mazur	238
Jerry Raisanen 28	8 Bob Meli	716	S. Braverman	237
Henry Schrader 28 Patrick Knight 28	, , , , , , , , ,	716 715	Sandy Sery Vera McFadden	234 230
	O Roger Beebe Mike Marranca	713	Julie Pratt	226
Mens' High Series	Bob Fenty	712	Shirley Trapp	226
Martin Purnell 77	Roger Althaus	707	Sandy Nardone	225
Fred Jones 76	Patrick Knight Mike Napier	707 705	Carol Kiser Nancy Aldis	225 225
Don Schadt 76	Lloyd Johnson	703	Alice Miller	225
Bruce Lamb 75 Frenchy Laberge 75	9 John Marvel	704		
Jack McKay 75	IOA RAGUARO	704 703	RO	WW L
Cal Shirey 75	0 Nick Pluhowsky	703		WV -
William Slinkard 74	/ Mike Gallery ´	702		
Warren Riemer 74 John Babbitt 74	Scott Hecke	702		
Mike Friedrichs 73	Dave Kulka	702		60
Rich Matich 73	Don Wolverton Larry Neb	700 700		4
Fritz Haverstick 73	7	700		

	Women's High Series	
278	Jacqueline Smith	1/33
267	Lynda Bettini	725
268	Cori Larsen	669
265	Andrea Lewis	659
248	S. Braverman	654
244	Juli Bayer	642
243	Kathy Crowley	634
238	Sandy Nardone	634
237	Sandy Sery	631
234	Barb Daniels	626
230	Dai D Dai ileis	020



RCSC Bowling Centers Locations & Hours

Lakeview Lanes 10502 W. Thunderbird Blvd. 623-876-3055

Monday-Saturday: 8am-8pm | Sunday: Noon-6pm

Summer Hours & Rates Effective May 1

Joe Serv



Dart Boards now at Bell Lanes!

Bell Lanes 16810 N. 99th Ave. 623-876-3050

Monday-Saturday: 8am-8pm | Sunday: Noon-7pm

Summer Bowling Rates - Cardholders: \$1.90 | Guests: \$2.15 (per Game)



RESTAURANT HOURS: M-F: 7am-8pm; Sa & Su: 7am-2pm

Memo's Bistro

Inside Bell Lanes **623-933-8261**

We're here to serve you!

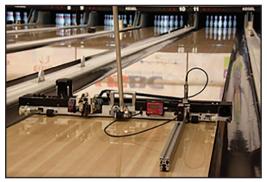
** Early Bird Breakfast Specials **
\$4.99

Monday thru Friday 7:00 to 9:00 am

Bowling Lane Mapping Project Update

Perhaps the most controversial area in the sport of bowling is lane conditioning patterns and how they affect lane play and the scoring pace of any tournament or league-play session. Some of the inconsistencies from week-to-week and day-to-day have nothing to do with the oil pattern, but can be attributed to other factors such as the lane surface, lane shape, other bowlers, temperature, dew point, barometric pressure, humidity, etc. Most of these factors are beyond our control.

Each year the United States Bowling Congress (USBC) performs an annual inspection of the bowling lanes. Each lane is measured at three different points for cross-tilt, depressions and crowns. USBC regulations require these measurements to be 40/1000 of an inch or less. USBC does not measure topography. The shape (topography), of the surface can dramatically change the bowling ball motion. Technology is evolving all the time, and via reports and graphs



produced by Kegel LaneMapper[™] (see photo), it has become possible to study topographical conditions of bowling lanes in an easy understandable and readable way. The Kegel LaneMapper[™] is able to measure crowns, depressions, crosswise tilts, and lengthwise level to an accuracy of 1/1000″. Kegel LaneMapper[™] can measure at any distance interval and across every board, including the pin deck area; and can record 744 measurements in about 12 minutes per lane. This is almost 70 times the number of measurements taken during the annual USBC lane inspection.

On April 20, 2015 Lane Analytics began the task of mapping the lanes at both RCSC Bowling Centers. Lane Analytics suggests lifting the panels and shimming under the original wood lane and panels to level the entire lane surface which will make the lanes play more consistent from day to day and lane to lane. The project did not require closing of the bowling centers.

In light of all of this, it is important to remember that bowling has always been about repeating good shots and accuracy, but it is also about "reading lanes" and making the right moves. Today, perhaps more than ever before, there are more choices to consider. There are far more lane surfaces, lane oils, bowling balls, and types of bowlers that can alter the bowling environment around you.

If you would like more information about Lane Mapping and the Kegel LaneMapper™ please visit www.kegel.net and select "Lane Precision" from the menu.

Upcoming Party or Event?

Why not have RCSC Bowling Staff help you plan a Bowling Party for your group or organization? Reasonable group rates available!

Contact: Randy Johnson 623-876-3055, Denise Matich 623-876-3050 or Vicki Eber 623-876-3055 for more information

George's Lakeview Cafe

Restaurant Hours:

M-Sat 7am-8pm; Sun 7am-6pm Inside Lakeview Lanes

623-876-3057

From our Family to Yours!

99¢ Coffee with any Breakfast, Lunch or Dinner

Fish 'n Chips \$7.99

Two Pieces of Cod, Coleslaw & Potato Wednesday and Friday



Architect's Report

Riverview Renovation Update



by Gary Brawley ASCGA Associate

Wow, it seems like only yesterday that we started construction and now we are a couple of weeks until we start grassing.

Shaping of the golf features is complete and the lead shaper is now working on the construction of the bunkers. I personally paint all bunker lines and work closely with the shaper to make sure we get the site lines, lines of play out of fairway bunkers and depths correct.

The last couple of holes of irrigation are being completed. We are now completely running off of the new irrigation system and no longer rely on the old system to deliver water. The new west lake is filled and pump station is operable.

Greensmix is being installed on the balance of the greens and the contractor is soaking the profile to remove any pockets and voids before finishing the greens prior to planting. I will also closely review all the green surfaces, checking the slopes on all the greens to make sure the construction of the intended pinnable areas is correct. This is also our last opportunity to make any minor changes to the surface that will improve the playing experience.

Although the existing grass is growing and it looks like we could start planting today, we really want to wait until the soil temperatures reach a three day period in which it remains above 70 degrees. Bermuda grass likes it hot and humid so it is important to wait so we are not wasting time and effort and nursing the grass along until it is ready to really jump.

The golf maintenance staff has a good plan for the grow-in of the golf course so as soon as the temperatures heat up I think everyone will see a big difference.

Photo Above: Shaping of the new practice greens at the Riverview Golf Course.



Lawn Bowling News

Mrs. T Goes the Extra Mile for Sun City

by Bill Pearson Former RCSC Board Director

Around the RCSC's offices she is lovingly known as Mrs. T; but on the lawn bowling greens, everyone simply calls her Helen. She has been a regular on Sun City greens since the mid 1970s. Helen and her husband both took a liking to the game of bowls, got lessons at Oakmont and began what has now become a storied secondhalf lifetime of involvement with lawn bowling.



Back in those early days when Helen started bowling, there was some 1,400 bowlers in Sun City. Club's were open every day and competed with one another for bowlers. Over the years, the game has evolved. Now club's work together with each having assigned days and bowlers moving about if they want to bowl every day. The numbers of bowlers has dropped, most likely because there is so much to do in Sun City. Like every club, the competition to attract new members is an ongoing challenge.

Those challenges are ever present and ongoing, and the commitment to keep the game alive is something lawn bowlers understand. Helen has made that commitment for 40+ years; and what makes Helen's efforts different rings out in that old adage: "Put your money where your mouth is." She has epitomized the values behind Sun City in that she has donated near on a half a million dollars to maintain the lawn bowls buildings, the care of the greens and the outside social areas. When a piece of equipment is needed; she is quick to write a check to cover the cost. Virtually every lawn bowl club has benefitted from her generosity.



But those monetary donations only tell half the story. Because beyond the checkbook, Helen has added so much more to the game. On the other side of 90, Helen still plays, stills gives back at tournaments, at special club fun days, and especially during open club bowling. Her "treats" are almost as legendary as the cash donations she has made. And they don't stop on the bowling green. General Manager Jan Ek noted how Helen often stops by the offices and "brings things we shouldn't be eating."

On March 30, approximately 150 lawn bowlers gathered at the Bell lawn bowling green's to honor and celebrate Helen; both as a long

time bowler and for the incredible efforts she has made to keep lawn bowling alive and flourishing in Sun City. The breakfast saw RCSC board members and staff present to share with the lawn bowling community a chance to recognize this diminutive first lady of lawn bowling. A plaque honoring her was installed on the Bell bowls building, but more importantly the recipients of her generosity had the chance to collectively say "thank you."

Sun City is the kind of place that exists only because of what people living here are able and willing to give back to make it something special. In Helen's case, she's gone that extra mile and for that the community and especially lawn bowlers owe her a debt of gratitude.



A Moment with President Schroeder:

Hey Neighbor - It's That Time of Year!

As the temperature rise, things begin to change around Sun City. We notice more RVs in front of homes for their allotted 72 hours as folks pack up their belongings and head off to places north and east where cooler climes await.

Those of us who stay in Sun City AZ year-round also notice the decrease in traffic (except along Bell Road of course) and find that grocery shopping is not quite the burden it seemed to be back during spring training. Parking spaces are easier to find and getting a table at a restaurant no longer requires a wait.

Most of us get our chores and errands taken care of early in the morning and spend our afternoons enjoying club activities in air-conditioned comfort or just relaxing at home. Summer residents also get extra time at most of the recreation centers as we stay open an hour later where the swimming pools offer respite from the day.

And while the Sheriff Posse's Vacation Watch program gives peace of mind to those away by checking on their homes, don't forget that your year-round neighbors are doing the same thing for you every day - keeping their eyes and ears open to what goes on in your absence around the neighborhood.

It's just one example of "neighbor helping neighbor" in Sun City AZ and one of the many things that make this a very special place.

Whether one offers to pick up milk and bread, provide a ride to a doctor's appointment or just check up to see if everything is OK, many of us help our neighbors in ways both big and small. It's what we do now while we are able in the hopes that when our time comes, we'll get help from those living around us in return.

Most of us move to Sun City AZ and enjoy the good life. Many of us continue to work or volunteer; we participate in activities that keep our minds and bodies strong. We decided to live here knowing that Sun City is a great value and that we can make the most of our retirement funds.

But for some of our neighbors who may have outlived their monetary resources, there is help available. The Sun City Foundation, founded in 1986, started as an idea from Sun City residents who wanted to help their neighbors and was created to "promote and enhance the enjoyment of retirement for RCSC members" that need financial assistance with their annual property assessment fees and/or local transportation needs. Their slogan "Neighbors Helping Neighbors" is as fitting now as it was back then.

If you or someone you know is struggling financially, the Sun City Foundation may be able to provide assistance. In order to qualify, appli-

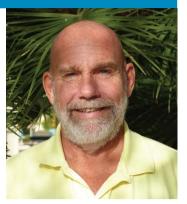
cants must be a homeowner and resident for at least five years, the Sun City home is the only residence, must be at least 70 years of age, and income must not exceed 150% of the current Federal Poverty Level. Please call 623-561-4600 if you need assistance or would like more information.

Funding for the Foundation comes from neighbors just like you and me. Over the years, many of you have donated or made provisions in your estate planning to include The Foundation as a beneficiary. Your neighbors thank you for your generosity.

Now go ahead and enjoy your summer! We'll be watching out for you, neighbor!



RCSC Board is looking for RCSC Members who may be interested in volunteering to serve on the Properties Committee. Members of the Committee are assigned to either a center or a golf course and a property inspection is conducted quarterly. Inspectors are currently needed for Mountain View and Sundial Centers. If interested, please contact the Board office at 623-561-4600 or boardoffice@ sunaz.com for more information. Thank you!



Dan Schroeder RCSC Board President

SUN CITY ARIZONA

2015 RCSC Board of Directors Phone: 623-561-4620 email: boardoffice@sunaz.com

Dan Schroeder, President email: dschroeder@sunaz.com

Ron Jesse, Vice President email: rjesse@sunaz.com

Carol Lawry, Secretary email: clawry@sunaz.com

Michael Kennedy, Treasurer email: mkennedy@sunaz.com

James Brasher, Director email: jbrasher@sunaz.com

David Wieland, Director email: dwieland@sunaz.com

Peter Lee, Director email: plee@sunaz.com

Ida Eisert, Director email: ieisert@sunaz.com

Rich Hoffer, Director email: rhoffer@sunaz.co

This Month at the Board - May 2015

**PLEASE NOTE: This schedule was current at the time of press, however all dates are subject to change. For the most up-to-date information, check sunaz.com or pick up an updated copy of "This Month at the Board" from the Corporate Office.

Board/Member Exchange with Agenda Regular Board Meeting	9:00AM 9:00AM	Monday Thursday	May 11, 2015 May 28, 2015	Lakeview Social Hall #3 Sundial Auditorium
Committee Meetings:	2.00/ W	marsaay	Way 20, 2013	Janaan Adartonam
Bowling Committee	9:00AM	Thursday	May 7, 2015	Lakeview Board Room
Outreach & Communication Comittee	9:00AM	Tuesday	May 12, 2015	Lakeview Board Room
Lawn Bowling Committee	1:00PM	Tuesday	May 12, 2015	Lakeview Board Room
Club Organization Committee (COC)	1:00PM	Wednesday	May 13, 2015	Lakeview Board Room
Elections Committee	1:00PM	Wednesday	May 20, 2015	Lakeview Board Room
Golf Advisory Committee	8:30AM	Thursday	May 21, 2015	Lakeview Board Room
Entertainment Committee	1:30PM	Tuesday	May 26, 2015	Lakeview Board Room

The following committees do not have meetings scheduled for this month: Finance & Budget, Insurance, Properties

Updates

Financial Report:

As is customary, we have ended February 2015 well within our operating and capital budget. Despite remaining slightly under budget in golf revenue, the golf division would be under budget overall except for repair and maintenance (R&M) expenses related to an issue with the 103rd Avenue well that put the golf division over their budget in R&M by \$68k at the end of February. This may be potentially remedied by insurance claims but, at this time, it reflects as operating expense. All other divisions have ended February 2015 within their respective operating budgets.

Cardholder Services:

Payments on past due assessments were lower in February compared with January. Past due assess ments still decreased in February by over 3%. January billings went past due at a rate of 3.4% and December balances went 60 days past due at a rate of 2.4%. Both of these are the lowest rates ever for these balances. Past due annual property assessments are at their lowest level since January will be scheduled by the end of April for 2013. Payments from our third party collections firm have totaled \$24,712 year-to-date in 2015. This is 40% of the total collected in all of 2014 and five times the amount collected for the same time period last year.

Total accounts receivable increased in February by 1.5% with the increase being mostly attributed to property transfers. In February, property transfer related balances increased 4% and lender owned related balances increased 7%. Outstanding balances related to property transfers now represent 54% of all receivables due and past due balances.

Payments made by Cardholders through the online RCSC Web Portal in February totaled \$53,754. This is again the highest monthly total for online payments with March payments tracking greater than this amount. The online payment process is fully integrated with payments made through the web portal being posted to Cardholder accounts immediately. This is a great convenience option for Cardholders and allows for payments to be made outside of our regular office hours.

Trustee sale notices on Sun City properties decreased to 47 properties at the end of February. The number of properties owned by lending institutions stayed relatively unchanged in February and is now at 42 properties.

Preservation and Improvement Fees continued the strong start for 2015 and \$462,000 was collected in February, which is \$114,000 over the amount budgeted. Year-to-date PIF fees are \$947,000 which is \$347,000 over budget for the year. Again, a reminder that we intentionally budget PIF income very conservatively to assure that we have the cash on hand for any planned project as we remain debt free.

Bowling:

Replacements of masking units, which are panels in front of the pinsetters, were approved for the

Bowling Operations Randy Johnson met with the Bowling Committee on March 5, 2015 and presented the available designs for the upcoming installation. The Commit- As the months of renovation and constructee and Randy agreed that the "Southwest" tion work at Marinette Center drew to a design would blend with the décor at both **RCSC** Bowling Centers.

The cost of the masking replacements is approximately \$25k and will be ordered at the end of April 2015 so that installation can begin during the summer season. Installation will be performed by the technical staff of the bowling center for a cost savings of \$3,500.

Replacement of the lane underlayment (support under the synthetic lanes panels) at Bell Lanes was also approved for the 2015 operating capital budget. Bids have been requested and hopefully the project installation in late summer of 2015. The replacement of the underlayment will

2015 operating capital budget. Director of require closing Bell Lanes for a period of seven to ten days.

Human Resources:

close and opening of the center became a reality, H.R.'s priority task was to assist with staffing. RCSC's normal practice during a closure is to find positions within the corporation for employees whose jobs are temporarily eliminated and provide the option to return upon re-opening. With appropriate planning by the supervisory staff, all employees who wanted to remain working were placed in positions at various RCSC facilities and now have the option to return to their original facility. Returning those employees to their former positions means recruiting and hiring for the positions now being vacated, as well as finding additional staff for the renovated and expanded facility. In the past two weeks we have added 18 individuals to RCSC staff.

Total number of new hires year-to-date is 34. Currently there are 369 employees on staff, both part- and full-time.

General:

For details about upcoming events and entertainment please refer to our newsletter the SunViews, our electronic signs, online at www.suncityaz.org under the Recreation Centers and in our weekly email blast titled "Your Sun City AZ Week." If you are not receiving the SunViews inside a free edition of the Daily News-Sun in your driveway on the last Thursday each month, please contact the newspaper for delivery, or if you prefer, you can always pick one up at any one of our centers. Also, if you have not done so already, please sign up on the RCSC email list where you can designate topics of interest and stay in the loop with RCSC news alert

Financial Report

BALANCE SHEET

Period Ending - February 2015 or a more detailed financial statement, visit www.sunaz.com/financials

	Current	Prio
	Y-T-D	Y-T-[
Unrestricted Funds:		
Cash Invested/On Hand/In Bank	10,345,462	8,350,306
Cash Reserves	2,500,000	2,500,000
Sub-Total Unrestricted	12,845,462	10,850,306
Restricted Funds:		
PIF/Capital Reserve	7,496,068	13,424,266
Total Cash & Investments	20,341,530	24,274,572
Other Current Assets:		
Accounts Receivable	2,999,921	3,057,381
Deposits & Prepaids	1,734,511	1,631,543
Inventory	87,534	83,706
Total Current Assets	25,163,496	29,047,202
Fixed Assets:		
Land, Improvements, Buildings	81,383,182	79,174,177
F, F & E and Vehicles	25,696,971	23,997,157
Less: Accumulated Depreciation	(57,159,081)	(53,341,654
Work In Progress	16,482,114	6,687,476
Total Fixed Assets	66,403,186	56,517,156
TOTAL ASSETS	\$91,566,682	\$85,564,358
Current Liabilities:		
Accounts Payable and Other	1,810,064	1,529,677
Deferred Income	6,416,815	6,486,980
Pre Billed Assessments	2,507,975	2,386,020
Total Current Liabilities	10,734,854	10,402,677
Other Liabilities:		
Lease Purchase	27,940	60,108
Total Liabilities	10,762,794	10,462,785
Net Worth:		
Current Net Worth	80,803,888	75,101,573
TOTAL LIABILITIES and NET WORTH	\$91,566,682	\$85,564,358

STATEMENT OF INCOME AND EXPENSES

For the Period of February 28, 2015 Current Prior Y-T-D Y-T-D Operating Income: Property Assessments 1,782,799 1,769,044 Transfer & Access Fees 106,689 114.000 Privilege & Guest Cards 196,777 208,711 Food / Liquor Sales 136,422 128,755 **Bowling Fees** 142.502 138,725 Golf Fees 1,208,861 1,236,660 Cart Rentals 50.599 52,733 Merchandise Sales 35,788 42,207 Activities Income 129,230 89.226 56,086 63,015 Rental Income Contributions 7.580 5.315 Miscellaneous Income 4,383 9,646 3.869.650 3,846,103 Total Operating Income Cost of Sales: Total Cost of Sales 132.575 139.481 Gross Income \$3,737,075 \$3,706,622 Operating Expenses: 1,022,522 906,219 Salaries and Wages 210,346 Payroll Taxes and Benefits 311,649 328.538 641.219 Repairs and Maintenance **Utilities Expense** 398,017 425,271 292.268 354.975 **General Operating Expenses** 2,352,994 2,538,030 **Total Operating Expenses** Net Operating Income \$1.168.592 \$1,384,081 Other Income: 19,060 293,516 Other Expenses: **Property Taxes** 25,166 23,255 74,852 Insurance 72.181 Other 5.943 5,915 Net Income Before Depreciation 1,299,851 1.358.086 Depreciation: 649,231 626,497 NET INCOME / (LOSS) \$650,620 \$731,589

Project Updates

General Centers Projects and Information

• The electronic sign project is now complete. Electronic sign project contractors included: Bootz and Duke Signs, Accel Electric and the RCSC Information Technology Department. (PIF Cost – \$850,775)

Viewpoint Lake / Duffeeland

• Eric Swanson, RCSC Viewpoint Lake consultant, is currently working with volunteers to install pea gravel in the shallow water around the perimeter of Viewpoint Lake. These gravel sites will be used by fish for spawning purposes. This particular habitat process is moving very slowly due to the weight of the gravel and slow boat speeds required

to maintain a safe delivery to each location on the lake. A spring fish delivery is set up for April and May 2015. Fish deliveries will include channel catfish, largemouth bass, copper-nose bluegill, red-ear sunfish and white amur; threadfin shad are not available so we will be building up bluegill population. If you would like to volunteer for the Viewpoint Lake habitat project please call the RCSC corporate office at 623-561-4600 and add your name and phone number to our volunteer list.



• Assembly of contractor bid materials is still underway for the Duffeeland project. The bid materials will be sent to various contractors so they can bid their respective portion of the project. Currently, the target date for commencement of this project is May 2015.



Bell Center

• The Bell tennis courts are completed except electrical transformer and breaker panel work and coating of the three South courts. Coating of these courts was to commence March 19 but due to the rains, had to be rescheduled again. As soon as the electrical work is complete, we will begin calling for Maricopa County and Sun City Fire inspections. Hole #4 on the mini golf course was reopened

to cardholders this month. The tennis project includes demolition of (8) tennis courts and installation of (10) new tennis courts. The new updated complex will also include a shaded gathering area, courtside canopies, water and electric to each court, tables and benches for spectators and planters in the common areas. Contractors include Lloyd Sports Engineering as architect and project manager and Sunland Sports as building contractor. (PIF Cost – \$1,778,074)



Marinette Center

•Marinette Center re-opened on Monday, March 23, 2015. This included all areas except the track, basketball and horseshoes due to application of the rubberized track coating which is estimated to take about four weeks. Contractors for this project include: CCBG Architectural, Robert Porter Construction, Regional Paving and Aquatic Builders. (PIF Cost – \$4,709,422)

Sun Bowl Amphitheatre

• Eight concrete tire blocks were removed around the restrooms building and breakaway post bollards were installed. This was done to prevent tripping since the cardholder traffic around the restrooms and food area is heavy. This work was completed by the RCSC Skilled Trades Department. (Material Cost – \$800)

Riverview Pro Shop Building

• The Riverview patio project continues to move forward with grading completed, wall footings poured and block work nearing completion. During removal of a section of the old patio, it was discovered that the meeting room on the South end of the building was formerly a covered patio with columns placed on a slab, with no footings. This means that a portion of the walls must be removed in order to pour new footings, which will properly support the new roof structure. Final approval was given by Epcor Water for the new Riverview fire line connection to their water main. Project improvements include new covered patios off the East and South sides of the existing building, a fire sprinkler system, parapet wall and roofing work, ceiling replacements, new lighting, new flooring and other interior renovations. Contractors include Ken McIntyre Construction, Accel Electric and CCBG Architectural. (Cost – \$524,236)

Willowcreek / Willowbrook Pro Shop Building

• The four outside entrances leading into the pro shop and snack shop have been repaired. Contractor was Baker Brothers Carpeting. (Cost – \$3,207)

Skilled Trades Department

• The RCSC Skilled Trades department completed 120 work orders during the last two weeks of February 2015 and the first two weeks of March 2015. The RCSC skilled Trades department also assisted with preparing Marinette Center for its re-opening.



Lake Management Plan Stays on Track with Fish Delivery

Volunteers have been hard at working building and placing fish habitat into View-point Lake under the guidance of consultant Eric Swanson. Pea gravel has been added around the perimeter of the lake to provide spawning areas and additional hanging habitat has been placed on docks around the lake.

A delivery of fish stock from Arkansas arrived last month to further enhance the sport fishing opportunities for RCSC Cardholders. The chart to the right shows the species, size and amounts that have been stocked.

Bluegill and redear sunfish should be "voluntarily" released throughout the spring and summer. By keeping more adult sunfish of 5-7 inches in the lake during the April through August spawning seasons, we will be able to substantially increase the population of these sport fish and food fish (for bass) in the lake. Currently, Viewpoint Lake fishing regulations allow for 5 bluegill and/or redear sunfish per day.

All largemouth bass under 13 inches must be released immediately per current Viewpoint Lake regulations. Anglers may keep one bass 13 inches and over daily (we encourage release of these higher quality bass as an act of "recycling" fish for future enjoyment).

• •		
Fish Species	Size	Amount
Channel Catfish	1.5 - 2.0 pounds	1,000 pounds (650 fish)
Largemouth Bass	4 - 6 inches	1,500 fish
Bluegill (coppernose)	4 - 5 inches	1,400 fish
Redear Sunfish	4 – 5 inches	1,600 fish
White Amur (triploid)	12 – 14 inches	120 fish

Friends of the Library

The Friend's of the Sun City Libraries held their Annual Volunteer Appreciation Dinner on March 19, 2015 at the Palmbrook Country Club. The Friend's President, Tom Everitt, welcomed those in attendance which included Board Members, Mary Anne McDonald, the Book Store Manager, Library representatives and 55 volunteers. Santo Maglio, a Bell Library employee, surprised most in attendance by displaying his very professional ability at the piano. In addition to working at the Library, Santo plays the piano every Saturday night at Tommy V's, an Italian restaurant in Old Town Scottsdale. Who knew that Santo was such an accomplished piano player? Way to go, Santo!

Tom mentioned that there are 85 volunteers working in the Book Store, both County Libraries and as Book Buddies! These individuals volunteered 9,645 hours in 2014! He also mentioned the donations to the Sun City Libraries, expenditures such as the new shelving, and the programs supported by the Friends.

The highlight of the evening was the recognition of two retiring volunteers, Lorraine Prestin (19 years) and Jean Tallar (30 years). Wow! Forty-nine years of combined volunteering by only two individuals! Who says one person cannot make a difference? Many thanks to Lorraine and Jean for their devotion and help throughout the years! Enjoy retirement!

One other person was recognized for her many, many years of service, especially 2014. Mary Anne McDonald was our "Volunteer of the Year" for 2014. During 2014, our volunteers averaged 104 hours. Mary Anne volunteered 895 hours of her time to the Book Store and Libraries! If you are trying to figure out what that means, it means she spent 37.3 days at the Library last year! And that is 9% of the total hours volunteered in 2014. There is not enough "Thank You's" for Mary Anne, the Friend's Book Store Manager. She has done an outstanding job!

Summer is coming and many individuals leave Sun City for cooler places during the next four months. However, Judy is always looking for "Book Buddies" to help homebound individuals. If you know someone needing this service, please call the Book Store at 602-651-2014 and we would be more than happy to provide assistance.

Guess what's in May? How about Mom's Day! The Book Store will have their Annual Mother's Day book sale from May 4 through May 9. All women authors will be half-price for those six days. So save your money and you will be able to purchase all those books that you have been wanting!

Don't forget the special programs available in May at both Libraries.

At Bell Library:

"The ABC's of Computers" on May 1, 8, 15, and 22 from 1:00 to 2:30pm - A different program will be presented each session.

Taos Artists and the American Art Story on May 13 from 1:00 to 2:30pm

"The Peace Corps Opportunities for 50+ Americans" on May 19 from 3:00 to 4:30pm

"The Beatles-From Liverpool to Abbey Road" on May 22 from 1:00 to 3:000pm

"Europe on a Budget" by Terry Mindham will be held on May 29 from 1:00 to 2:00pm "Beginning Genealogy" on May 8 from 9:30 to 11:00am

Please call the Bell Library at 602-652-3000 for information and other programs.

At Fairway Library:

A visit with bestselling author John Lescroat on May 8 at 4:00pm. He will be talking about his newest novel "The Fall." This will be held in the Arizona Rooms 2-4 so make a note on your calendar. Should be very interesting!

Library favorite Jan Sandwich will be honoring veterans' old and young with a compilation of patriotic songs on May 20 at 10:00am. This program will be in Arizona Room 3.

Zentangle Workshop on May 28 at 10:00am. Artist Jane Eileen will lead this fun workshop and demonstration. Class size is limited so registration is required.

Please call Fairway Library at 602-652-3000 for information and other May programs.

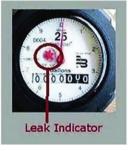
Water Conservation

Check Your Home for Water Leaks

We have mentioned in many of our water articles about how repairing a leaky faucet or toilet not only saves money on water bills, but also helps conserve water. But what about those leaks you don't see? How would you know if your irrigation system has a small leak? Here is one sure way to check for a leak in your home or in your irrigation.

Step 1: Start by turning all water-using appliances off, both inside and outside your home, including: sinks, tubs, washing machines, pool auto-fillers and all other appliances that use water. Turn off the controller to your irrigation system and manually close the two double check valve assembly (DCVA) to isolate the irrigation system.



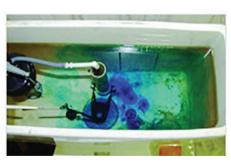




Step 2: Remove the lid to the water meter box and lift the meter's protective cover. Meters are usually equipped with either a red disc or a silver and black disc, commonly called a "leak indicator." If this is spinning, there is a leak in your system. If your meter is not equipped with an indicator, simply watch the meter dial hand. If it's moving, there is a leak; if the dial hand is still, make note of its position and check the meter in ten minutes. If the dial hand remains in the same position, your system is intact and no leaks are present. Movement illustrates a slow leak and you should continue with the following steps.

Step 3: Locate the main shut-off valve to the house (usually located near the meter box). Turn off the valve. By turning on a faucet inside the house, you should be able to drain the pipes, causing the flow to the faucet to stop. If water continues flowing from the faucet after several seconds, the shut-off valve is not working.

Step 4: Turn off the faucet if necessary and return to the meter. If the leak indicator is still moving, it means there is a leak between the meter and the customer-side shut-off valve. If the water is still flowing inside at the tap but the meter is not moving, you could have a leak the shut-off valve and the house. Check toilets, washing machines, faucets and other possible places for any leak.





To check your toilets, simply add a few drops of food coloring to the tank while the reservoir is still filling following a fresh flush. Wait about 15-20 minutes and check the bowl. If the food coloring has bled through to the bowl, the flapper valve needs replacing.

Checking your home for leaks not only saves you money right now, it also helps to preserve this precious resource for generations to come!



Sun City Gives Back -

Fairway Ceramics Brings Joy to Luke Elementary Students

The Fairway Ceramics & Porcelain Club coordinated a two-phase project with the three third grade classes at Luke Elementary School, helping over 75 children create unique marbled ceramic eggs in time for their Spring break.

In February, President Paul Sigwalt and other Club members visited with Principal Amalia Garcia to ask if such a project might be possible. Those present proposed that each child could make 2 eggs, and the size of the project immediately tripled when Ms. Garcia informed those present that there were three 3rd Grade classes. The number of eggs the Club would need to pour and fire in preparation skyrocketed to over 150!



Above: Evi Ammeson with rinsed egg; Right: Shaving cream close-up

Each pair of eggs was numbered inside, so that the right eggs could be returned to the correct

student. The Club teams also assisted the class room teachers, Sue Bartram, Lori Murphy, and Ellen Turner, to decorate a slightly larger egg for themselves. After a few minutes, students and teachers carefully rinsed their eggs and Club members prepared them for transport back to the Club.



Club members were very busy over the next couple of weeks glazing the decorated eggs and getting them fired at 1700 degrees Farenheit in the Club kilns. Several extra eggs were also prepared by Club members, in case some children had been absent during the first visit.

On Monday, March 23, fourteen Club volunteers returned to Luke Elementary, with each student's two eggs in a baggie with Easter greetings from the Club. The completed eggs were stunning, in swirls of pastels, or in



Shaving cream fun

colors bright and bold, like agate or jade. The students and teachers were thrilled with the results, and proudly posed for more pictures with their beautiful treasures.

The Club had also prepared three ceramic floppy-eared bunnies, which were awarded to one student in each class by the teachers drawing winning tickets. Upon leaving the campus, Club members presented a large marbled egg to Principal Garcia, who said she would place it in the school's display cabinet. The students, teachers, and Principal all enthusiastically invited the Club to return.

Luke Elementary School serves Luke Air Force Base and the surrounding community. The majority of the



Winner of one of the bunnies

students are children of military families, which was one of the reasons the Club reached out to this school. Many of these children experience the frequent absence of the military parent, often over holidays, and it was the hope of Club members that this project would bring some delight and joy to the students. Students are also often living far from their grandparents, and many Club members are, in fact, grandpas and grandmas. The students' warm response and frequent spontaneous hugs made this experience very worthwhile and memorable to the Club members, as well.



Above: Karlene Watson, Barb Florence, and Cris Coleman help students get started. Left: Mary Jo Kaler gives instruction.



Longest Day Raises Awareness & Funds in Fight Against Alzheimer's Disease

The four Bridge Clubs of the Sun Cities are uniting for the second annual "The Longest Day" to raise money for the Alzheimer's Association for research and care.

The Longest Day is a game and fundraising campaign that is a joint effort of the American Contract Bridge League (ACBL) of North America and the Alzheimer's Association. So every ACBL bridge club in North America will be participating in this effort to raise money to cure Alzheimer's disease, a terrible tragedy that touches virtually every family.

Donation forms are available at all sessions of the four Bridge Clubs of the Sun Cities: Sun City Duplicate Bridge, Kiva West Duplicate Bridge of Sun City West, Sun City Grand Bridge, and Corte Bella Bridge. Donations can also be made through the website: http://act.alz.org/goto/SunCitiesBridge.

The Longest Day campaign will culminate in a joint Sun Cities Bridge Clubs sanctioned ACBL Bridge Session on Sunday, June 21, 2015 at the Lakeview Recreation Center.

Bridge players are invited to reserve their seats through your Sun Cities Bridge Club or contact Ellie Workman at 623-975-4069 to RSVP. All session fees will be donated to the Alzheimer's Association. The game fee will be \$5 per person. Registration will be from 1:00 to 1:20p.m. The game will run from 1:30 to 5:00p.m. Refreshments will be provided.

In addition to the funds raised at the games, the ACBL is donating all of the table fees to the Alzheimer's Association. Bridge clubs all across North America hold special games in support of this worthy endeavor on this day.

Research has shown that mental activity, such as bridge, can play a role in reducing the effects of Alzheimer's.

Last year, the first year of this campaign, the four Sun Cities Bridge Clubs raised more than \$3,600 from contributions and entry fees for the game.

Last of the Spring Sun Bowl Concerts

Experience a wonderful evening of spectacular entertainment with family and friends at Sun City's open-air amphitheater located on 107th Avenue just south of Peoria Avenue.

All Sun Bowl are free* for RCSC Cardholders and their escorted guests only. Bring a lawn chair or blanket and relax under the stars with this great line-up of shows. RCSC Member or Privilege Cards with photo must be presented upon request (no key fobs accepted) to gain admittance to free RCSC events. Your understanding and cooperation is greatly appreciated!

Gourmet food vendors arrive 1-1/2 hours prior to each performance for your dining pleasure. We're looking forward to seeing you at the Bowl!

The Coral Paradise Band - A Jimmy Buffett Tribute Sunday, May 3 at 7:00pm

"Margaritaville" is a state of mind, to be sure. Relaxing on a tropical beach, warm sand between your toes, cool drink in your hand, shrimp beginnin' to boil. The Coral Paradise Band promises to transport you to this very special place with this Jimmy Buffett tribute and Caribbean show.



The Realtones Sunday, May 10 at 7:00pm

This well-established, polished and professional five piece band knows exactly what Sun City likes – great dance music! If "good time oldies" is what you like, The Realtones promise you'll get tons of memorable hits from the 50s, 60s and even a few from the 70s that will get you on your feet Come on down to the Sun Bowl and dance the night away!



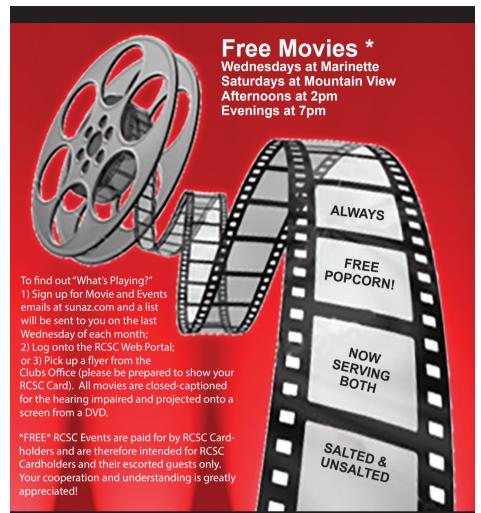
Visit our website at www.sunaz.com/concerts to hear YouTube links (if available) of these top-rated performers.

*Please note: FREE RCSC Events are paid for by RCSC Cardholders and are therefore intended for RCSC Cardholders and their escorted guests only.

Early reservation of seating space at the Sun Bowl is not allowed and chairs nearest the stage are reserved for those individuals arriving by buses only. Smoking is only permitted in the parking lot around the Sun Bowl.

In the event of inclement weather, shows are moved to Sundial Auditorium, 103rd Avenue and Boswell Boulevard. For a recorded message regarding venue change, call 623-972-6014.





Sun City Farmers Market at Bell Center

Thursdays from 9am to 1pm

 \sim The Market closes at the end of May \sim



~ Breakfast & Lunch by The Links Restaurant ~ ~ RCSC Clubs (Arts, Crafts & More) ~

~ Sorry, No pets are allowed at the Market ~

Tips for Seniors from Daily Fitness -

Common Misconceptions about Exercise

"When we work with clients, we often hear misconceptions about exercise," states personal trainer Dick Fortier. The ones heard most often include:

- Stretching before exercise is important! "Warming-up" is important before exercise because it increases blood flow to the muscles. This can be done with simple leg lifts & arm circles, or a 5-minute casual walk on the treadmill. Flexibility stretching, which involves holding a stretch, is more effective and safer if done after exercise, when muscle tissue is warm and pliable. Stretches that are held (static stretching) lengthen and de-stabilize fibers, making them less prepared for the strain of a tough workout.
- the strain of a tough workout.

 Above: Daily Fitness trainer, Dick Fortier, records weight, settings, and cadence, as Robert Forbes is introduced to strength exercise at Bell Fitness.
- fat! Doing ab crunches will firm up abdominal muscles, but will not specifically burn belly fat. "Building muscle anywhere burns fat everywhere." A full body workout that builds muscle everywhere will be more effective in reducing belly fat, than a workout that focuses only on abdominal muscle tissue.
- You have to lift a lot of weight to build muscle! As an aging adult, the technique and form you use when lifting is more important than the amount of weight you lift. Taking muscle fibers to fatigue requires an understanding of the concentric, isometric and eccentric motions of the lifting muscle, and the importance of cadence with these motions. As muscle gains strength and mass, additional weight can be added to challenge it further.
- Exercise turns fat into muscle! Reducing body fat and increasing muscle mass are individual processes. These processes can occur simultaneously, if an individual is exercising correctly. A well-designed program that includes both strength training and cardio exercise will result in more "lean weight" and less "fat weight," over a period of time.

Daily Fitness trainers dispel the myths and misconceptions of exercise, and create effective workout programs for clients. To find out more, call 623-256-7901 or visit DailyFitness LLC.com.

May Fitness Equipment Group Demonstrations

Bell Center Sundial Center Marinette Center Fairway Center Wednesday, May 6 at 11:30 am with Dick Wednesday, May 13 at 11:30 am with Tom Wednesday, May 13 at 11:30 am with Dick Wednesday, May 20 at 11:30 am with Jane

Member Fitness & Massage Services

Sundial Center

Free Spirit Massage 623-225-8582

Bell Center

Jan Najera 623-521-0771 Lisa McCoy 623-210-2707

Fitness Training

Daily Fitness 623-256-7901 dailyfitnessllc.com



Tai Chi

with Steve 623-256-4045

Fairway Center

Laura Moore 623-201-0378 latouchwellness@ massagetherapy.com

LaTouch Wellness Massage Therapy Shares... What is Energy Healing?

Have you ever asked yourself that question? Energy healing is a type of body work that regulates the life energy force that lives in the body. A very popular type of energy work that is available is called Reiki a modality that is offered at LaTouch Wellness.

Reiki is a generic Japanese word meaning universal life force energy. There is a life force called "qi or ki" energy that animates our body. When this energy becomes blocked and stagnates, discomfort and disease begins to manifest within the body. The application of Reiki energy work assists in stimulating the flow of this vital energy throughout the body restoring balance and harmony.

The Science behind Reiki.

Atoms are the building blocks of matter that makes up all living things such as plants, animals, the air and even you! Your body contains a variety of cells originating from the smallest unit of matter, atoms which are composed of protons and electrons each with an electromagnetic energy force running through them. Each of these atoms vibrates at a specific frequency based on the available energy within the body. The body becomes out of balance from different external causes such as eating toxic substances, breathing pollution, exposure to a negative energetic environment as well as how we process information in our thinking and feeling body, our general attitude. The Life Force Energy nourishes the organs and cells of the body, supporting them in their vital function making it important to maintain a healthy balanced life.

The practice of Reiki is gaining acceptance in hospitals, care centers and community health facilities throughout the world because of the healing benefits that Reiki as a healing modality offers as a complimentary therapy to traditional medicine. Dr. Mehmet Oz, a cardiovascular surgeon, introduced into the operating room at Presbyterian Medical Center in New York City during open heart and heart transplant surgeries. Reiki will improve the results of all medical treatments, acting to reduce negative side effects; shorten healing time; reduce and eliminate pain reduce stress and help create overall wellbeing.

At LaTouch Wellness we are committed to offering you healing practices that with enhancing your health and wellbeing body, mind and spirit. Introducing Reiki as a holistic therapy complimentary therapy that will help to promote self-healing on physical, mental, emotional and spiritual levels. Laura Moore owner of La Touch Wellness Massage is a Reiki Master trained in the Usui Reiki tradition.

LaTouch Wellness Massage Therapy is located within the Fairway Recreation Center. We offer Swedish Massage, Deep Tissue Massage, LaStone Massage, Sports Massage, Aroma Therapy, Reflexology Techniques, and Reiki Energy Healing Sessions. Many of these services can be combined into your one hour, 1-1/2 hour or 2 hour therapeutic session. In the upcoming articles we will elaborate on the many benefits of the different types complimentary therapeutic services. Please contact Laura at (623) 201-0378 to schedule your appointment today! Visit our website at www.LaTouchWellness.com for additional information.

All RCSC Offices will be closed on Monday, May 25, 2015 in observance of Memorial Day All RCSC Recreation Centers will be open

normal operating hours.



Welcome to RCSC Club Events

We've reorganized the Clubs Events and Annoucements that appear in SunViews each month so that it's easier to find the activities you're looking for.

Clubs are welcome to submit information to this section every month and should include the date, time and location of the event along with cost and contact informa-

Let us know what you think by sending an email to sunviews@sunaz.com.

- General Information, Performing Arts, Politics, Other Interests Page 14
- Cards, Games and Social Clubs Page 15
- Page 16 Arts & Crafts
- Page 17 Dances, Dance Lessons
- Page 20 **Educational Classes**
- Fitness & Fitness Classes, Sports & Outdoors Page 21

General Information

Home Delivery of SunViews

Did you know you can start and stop home delivery of SunViews while you're out of town? Simply contact the Daily News-Sun Circulation Department at 623-977-8347 or email to pfreedman@yourwestvalley.com. And don't forget - another way you can stay in the know is by getting SunViews online at www.sunaz.com.

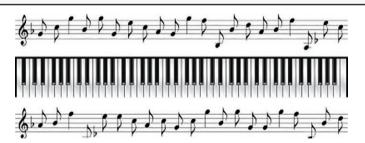
Submit Your Club Events by email to: sunviews@sunaz.com

All submittals must be received no later than close of business on the 5th day of the month for the next month's edition. Please include the date, time and location of the event along with cost and contact information. If you need additional assistance, contact Joelyn Higgins, Communications and Marketing Coordinator, at 623-561-4616.

Performing Arts

Summer Soiree

Fridays beginning in May (5/15), The Piano Club of Sun City begins their "Summer Soiree" programs at Sundial Auditorium, 9:30am. Open to RCSC Cardholders and their escorted guests. FMIC 623-583-4084.



Political

Sun City Democratic Club

Come one, come all! Meet other democrats, share a meal and good conversation, and welcome the spring season at the Sun City Democratic Club's Annual Spring Fling dinner on Thursday, May 7, 6pm at Fairway. Dinner (a buffet including pulled pork, chicken wings, side dishes, salads and vegetarian selections) served at 6:30pm. Feel free to BYOB. Tickets are \$5 per person. RSVP to Shirley McAllister at sunmacaz@cox. net or telephone 623-556-6777.

Sun City Republican Club

May Meeting hosts two guest speakers, Jean McGrath and John Heep, both working to better Community Colleges in Maricopa County. They will discuss ways to curb rising costs to taxpayers and how to ensure all students receive a quality education. Join us for an informative evening at Sundial, Monday, 5/18 for 6:30pm social & 7pm meeting.

Other Interests

Sun City Rockhounds

The Sun City Rockhound Club meets Oct-May at 7pm, 2nd Thursday of each month at Fairway Center, Arizona Room 1. Members and escorted guests welcome to attend. Come hear an interesting speaker and find out about the Field Trip (held 3rd Thursday of each month). Rockhound Mineral Museum at Sundial: We have the best Florescent Rock display in the Southwest! Open Mon-Wed & Fri 10-3pm and Sat 10am-1pm when volunteers are available. Please call to be sure we are open beforehand - 623-972-



Armchair Photo Explorers Club

Meets every Wednesday at Fairway Arizona Room 1. Doors open 6:30pm; show starts 7pm. Please arrive early to sign in and be seated before show begins. Club open to all current RCSC Cardholders. Annual Dues: \$3. May attend three times before joining (\$2 per visit). On first Wednesday of month we serve coffee & cookies.

May 6 – Ethiopia: A nature program showing the preserved wild lands of Southern Ethiopia and comparing them with the devastation in the North. (Club)

May 13 – Amazing Antarctica: Concentrating on King Penguins and ice bergs with a few other penguins sneaking in. Presented by Loeymay Lange.

May 20 – Story of America: A picture history depicting the gestation and birth of a nation. (A Travelogue Club tape)

May 27 – South and East from Pakistan: In this unusual program, travel from the famed Kyber Pass into Pakistan, India, Southeast Asia, and the Philippines. (Club) October 7 - Birds of Paradise: A look at some of the Birds of Paradise in their Papua-New Guinea home and the people who live with their influence. (Club)

Book In Hand Club

We're a group of well-read people with a variety of opinions and life experiences that foster great conversation. We like to take something from every book we read, sometimes making our discussions quite lively. The book club meets year round, 1pm, second Fridays in Room 217 at Fairway. Books include fiction, non-fiction, biography, classics and an occasional fantasy. The club has no dues. Sun City residents must present a current recreation center card. Refreshments served on occasion. Books selected by consensus.

May: Cutting for Stone by Abraham Verghese;

June: The Book Thief by Markus Zusak;

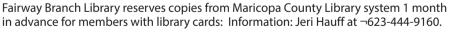
July: Alexander Hamilton by Ron Chernow;

August: The Supremes at Earl's All-You-Can-Eat by Edward Moore:

September: Z: a Novel of Zelda Fitzgerald by Theresa Anne

Fowler

October: Our Mutual Friend by Charles Dickens.



Book in Hand Club

Stamp Club Meeting

May 4 completes the first half of our Stamp Club meetings for the year and we return to our usual place in Marinette Social Hall. Business meeting begins at 7pm, followed by club auction. Items for the auction should be ready for viewing by 6:30pm (items arriving late have less exposure time). Be sure to come as it will be a long time until our next meeting on Monday, 9/7. Open to all RCSC Cardholders. Please come and see what the Stamp Club is all about!

Community Garden Open House/Work Days

Join us on the 3rd Saturday of each month to help improve the community garden or just have a tour and see what we are all about.

Day: 3rd Saturday (October through May)

Time: 9-11 am

Where: West side of EPCOR water plant on Northwest corner of 91st Ave & Greenway Bringing you own work gloves, rakes and shovels would be helpful

Games

Duplicate Bridge (ACBL)

Sun City Duplicate Bridge Club (ACBL) hosts a Unit Wide Game on Monday, 5/11 in Social Hall One at Lakeview. There is no extra charge for this game. Regular games scheduled each Monday and Thursday afternoon at 1pm for the remainder of the month. Please arrive by 12:45 to check in and find a table. The club has a fragrance-free policy. Please be considerate of your fellow players by not wearing any fragrance. FMIC Randy Asendorf at 623-249-5887.

One Partner Bridge

One Partner Bridge is the largest contract bridge club. Meets Thursday 6:45-9:30pm in Lakeview Social Hall #1. Partners required. If you need a partner, please contact Eleanor at (623) 583-2785. Annual membership: \$3. Each evening costs \$1 per couple, which goes into evening's prize fund. Annual surprise: "free play" night is given. All grand slams are rewarded and designated small slams are also paid. Birthdays celebrated with cookies. If you wish to come for an evening, the cost is \$1 for RCSC Cardholders; \$2 for escorted guests, plus the \$1 prize fund.

Kachina Bridge

Played bridge? Interested in getting into the game? Come join us! Don't let duplicate bridge scare you; we will help. We are a non-sanctioned duplicate bridge club that meets on Monday and Thursday (play once or twice a week) at Sundial 12:15-4pm. Closed July and August. Annual membership: \$10 to all RCSC members in good standing (covers both days); plus \$2 each play for prizes. We welcome players to visit to see how duplicate bridge is played. No partner, don't worry - call Kitty at 623-933-6466. FMIC Sharon at 623-251-4858.

Bunco Broncos

Bet your booty it'll be a blast with the Bunco Broncos! All it takes is a willingness to indulge in a few laughs and tons of fun. Bring two bucks and you'll be betting on a bodacious bucking bronco bash...throw those dice parder and join us. If this is your first rodeo, no worries.. we'll still send you back to your bunkhouse with a smile on your face. We meet at the Oakmont "Ranch" (social hall) on the 4th Monday of each month. Doors open at noon; play starts at 12:30. FMIC 328-5327 or 972-1035.



Social

Saguaro Bridge

Saguaro Bridge meets Fridays, 6:45-9:30pm at Lakeview Social Hall #1. Must have partner, please call Eleanor @623-583-2785 if you need a partner. \$3 and current RCSC Member Card required to join; .50Cents each night for prize fund. Come visit and try it out for \$1. We'll have fun!



Mah Jongg

Come Play Mah Jongg - Tuesdays 12-4pm at Sundial; Sundays12-4pm & Thursdays 6-9pm at Marinette. FMIC Susan at 623-910-1271 or Linda at 623-240-9586

Oakmont Pinochle Club

Lakeview and Oakmont Pinochle Clubs have merged and the club is now called Oakmont Pinochle. We meet at the Oakmont Auditorium on Tuesdays at 11:30am and Saturdays at 9:30am.

Monday Night Pinochle

We play both single and double deck at Oakmont every Monday at 6:30pm. Arrive by 6:15pm. Membership dues \$3/ year with valid RCSC card. Play fee is 50 cents/evening. Non-members/guests pay



\$2/evening plus play fee of \$1. Punch cards or daily card accepted. FMIC Kim at 623-251-4155 or Monies at 623-875-0421.

Backgammon Club of Sun City

We welcome all levels of players. Classes offered to help from basic play to more advanced strategies. Meets 1st & 3rd Thurs 7-9pm at Lakeview Social Hall #3; 1st Sat 1-5pm. Call 623-640-7211 to arrange for lessons.

Mixed Cards

Like to play cards? Join us Saturdays at Oakmont. Games begin at 6:30pm. Annual Dues: \$3; \$.50 a night to play. Singles welcome, or bring a partner. We play both single and double deck. Club is open to all RCSC Cardholders. FMIC Bea or Pat 623 933-1953.

Michigan Friends in Sun City

Lunch at Bobbie's Cafe (Sun City) Saturday 5/2, 11:30am; order off menu. Please contact Cheryl Cassady at michigan2arizona@cox.net if meeting us there; restaurant needs final count three days prior. The Easter Potluck Lunch was a big success at Lakeview with 60+ members and escorted visitors and guests sharing homemade goodies. The club meets again Saturday 6/6 for a mystery lunch trip. Stay tuned via email, for clues.

New England Club

May 9 is our last meeting of the season, time to wish everyone a happy summer and safe travels. Social time: 5pm; business meeting: 5:30; dinner (Pot Luck): 6pm. We have some great cooks in our club, so we know dinner will be delicious. Meeting at Lakeview Social Hall 1. FMIC Barbara 815-6722 or Bob 583-3912,

Sun City Woman's Social Club

Gathering place at Lakeview for women to play cards (canasta, bridge or poker) or board games (Rummikube or Mexican Train). Hours: Daily 10am-4:30pm. FMIC 623-760-3293.

Sun City Singles Social Club

Single seniors with a current RCSC card welcome to join. Annual membership fee is \$6. Guests must be single and escorted by a club member.

Club meets on the first Friday (Pot Luck 5:45pm) bring food to feed 10-12 people. Third Friday (Game Night 5:45pm) can bring snacks for people to share, also bring your own drink for each activity, will be at Fairway Center room #4. Weekly activities:

Saturdays 8:45am: Breakfast at Royal Café. Mondays: Golf, FMIC Jim 623-242-7279. Wednesdays: Billiards at Lakeview, 1pm. Thurs 5/7: Bocce Ball at Sundial, 7pm; Tues 5/12: Lunch, T&J Asian Cuisine 8877 N. 107 Ave (107 & Olive by IHOP) 11:30am Thurs 5/14: Mini Golf, Bell, 7pm, Sun 5/17: Dinner, Black Bear Diner, 6039 W Bell, Glendale, 4:30pm Fri 5/22: Lunch, Culver's 8271 W Ludlow Dr (83rd & Thunderbird), Peoria, 11:30am.

Additional info / activities found on club web site, www.simplesite.com/myclub FMIC Ellen 623-583-2307 or Traci 623-640-4713

NextGen

NextGen is a social club designed to be operated by Sun City residents younger than 67, but open socially to all RCSC Cardholders. Meetings held first & third Wednesdays of the month at Bell Social Halls, unless posted otherwise. Annual dues: \$5. Proof of age and valid RCSC card required.

Monday, 5/4: Pool Party, Bell, 5:30pm; Bring snack to share and your own drinks (no glass)

Wednesday, 5/6: NextGen Meeting, Cinco de Mayo Potluck, Bell Social Hall, 6pm. Bring dish to share (if possible, enough to serve 8)

Saturday, 5/9: Golf at Quail Run. Tee times begin around 10am

Wednesday, 5/13: Happy Hour & Trivia at Irish Wolfhound, 1681 N. Litchfield Rd, Surprise. Dinner at 6:30pm; Trivia at 7:30pm

Thursday, 5/14: Texas Holdem, Bell Multipurpose, 1pm sharp

Sunday, 5/17: Bowling at Bell Lanes, 1:15 sharp

Monday, 5/18: Texas Holdem Bell Multipurpose, 1pm sharp

Wednesday, 5/20: NextGen Meeting, Bell Social Hall, 7pm; Trivia Night!

Monday, 5/25: Breakfast at IHOP, (8359 W. Bell Road, Peoria) 9am

Wednesday, 5/27: Shuffleboard at Bell, 4:30pm; Dinner afterwards at Memos

Must be member, visitor (RCSC Cardholder), or escorted guest to participate. To learn more or to sign up for activities, check our website calendar http://www.nextgensuncity.org and use the activity link www.SignUpGenius.com. Dates/times subject to change. Please check our website for current information. FMI nextgensc@gmail.com.

Sun City RV Club

A fun group of people who enjoy potlucks, card games, day trips, and RV caravans. No RV required! Open to all RCSC Cardholders who want to have fun with a great group. Monthly potluck 5:30pm, fourth Tuesday at Sundial - bring dish to share (10-12 people), utensils & beverage: or drop by Monthly Caravan meeting every fourth Friday 9:30am at Sundial. Cards & games at Bell Multipurpose Room B, every second Wednesday & third Tuesday from 5-9pm. Upcoming Caravans/Rallies: Verde Canyon, Lake Pleasant, Page/Antelope Valley, Additional trips in planning stages. FMIC Judy 623-444-4224.

Take some time to get-away! Overnight or just for the day!

Tours can be purchased Monday through Friday in the Lakeview Clubs Office or by phne from 8:30am to 4:00pm. Visa, MasterCard, cash or checks accepted. Tours are for RCSC Cardholders and their guests only. Cardholders should have member card available, must accompany each trip and may purchase a maximum of six tickets. Day tours depart from Bell Center. Tours are non-refundable. Please inquire about trip cancellation protection offered by All Aboard America (AAA) and Free Spirit Vacations (FSV) for overnight tours. Call 623-561-4660 for more details or visit www.sunaz.com/travel

Overnight Trips

July 3-6, 2015 (Friday – Monday) Celebrate the Fourth of July in San Diego | AAA \$1,095pp double | \$1,475pp single \$200pp deposit; balance due June 1

Imagine 70 miles of sun-drenched coast, an inviting majestic ocean, and a year-round daily forecast of 70 degrees, and you'll understand why San Diego is all about fun and the best place to visit. Take a break from the Arizona summer heat and discover top attractions such as the San Diego Zoo, Sea World and Seaport Village... All the while relaxing and let us do the driving!

August 4-7, 2015 (Tuesday-Friday) **Durango and Silverton | FSV** \$675pp double | \$895pp single | \$100pp deposit; balance due June 19

Colorful Colorado is ancient, elaborate Anasazi Cliff Dwellings, Colorful Colorado is high wide plains where the American Cowboy came of age. Join us on our journey to Durango and Silverton and discover all of this and more. Highlights include the Durango Silverton Narrow Gauge Railroad and Mesa Verde National Monument.

August 14-16, 2015 (Friday-Sunday) Del Mar Horse Racing | FSV \$575pp double | \$825pp single | \$100pp deposit; balance due June 30

Let's go where the "surf meets the turf"- the exciting Del Mar Race Track. Enjoy a day of thoroughbred racing at its finest. Your lunch is included. Spend two nights in beautiful La Jolla and enjoy the surf along with the Birch Aquarium at Scripps.



California Coastal Tour | AAA \$1,865pp double | \$2,550pp single | Includes Airfare | \$200pp deposit; balance due July 3

Roundtrip airfare to/from Phoenix Sky Harbor to Burbank, California, where our private motorcoach will take us up the coast to Santa Barbara. From there, we will travel along Highway 101, with majestic ocean views of the Pacific while passing through small towns such as Santa Ynez, Solvang, San Luis Obispo, Carmel, and Monterey. This is the perfect time of year to take in the sunshine and learn about the rich history of the California coast. Our return flight will be from San Jose. Please come and join us as we "cruise" the gorgeous California coastline!

August 24-26, 2015 (Monday-Wednesday) Pageant of the Masters | AAA \$775pp double | \$1,025pp single | \$200pp deposit; balance due July 24

Pageant of the Masters is the Festival of Arts' crowning jewel and arguably one of the most unique productions in the entire world. It is world-renowned in the artistry and theatrical illusion of living pictures. For those who do not know, this is a ninety minute stage show of "living pictures" – incredibly faithful art re-creations of classical and contemporary works with real people posing to look exactly like their counterparts in the original pieces. The 2015 Pageant promises to be a breathtaking, playful and joyous journey, in search of that most mysterious of treasures.

October 6-9, 2015 (Tuesday-Friday) 2015 Albuquerque Balloon Fiesta | AAA \$835pp double | \$1,199pp single | \$200pp deposit; balance due September 1



Please come and join us for the most spectacular internationally acclaimed event – The 2015 Albuquerque International Balloon Fiesta! Stay at the gorgeous Embassy Suites Hotel & Spa. Close to heaven . . . far from the ordinary.

November 11-17, 2015 (Wednesday-Tuesday) Red Rock Pickleball & Canyon Country | FSV \$1,660pp double | \$2,094pp single | \$1,554pp triple | \$100pp deposit; balance due August 25

In addition to magnificent sightseeing in Lake Powell, Grand Canyon, Bryce and Zion National Parks and Monument Valley Tribal Park, there will be two mornings of pickleball in beautiful St. George, Utah. A professional pickleball instructor from SOUP (Southern Utah Pickleball Association) will offer optional clinics for beginners to advanced players. Take advantage of a clinic or join local players for drop-in play.

December 7-11, 2015 (Monday-Friday) New York City Holiday | FSV \$2,899pp double | \$3,949pp single | **Includes Airfare** \$750pp deposit; balance due October 7

Highlights of this fantastice tour of the Big Apple include Greenwich Village, Wall Street, Christmas Spectacular at Radio City Music Hall, tour of the Statue of Liberty and a Broadway show! Experience the city that never sleeps with this holiday tour of a lifetime!



Day Tours

June 13, 2015 (Saturday) **Prescott Territorial Arts & Crafts Festival | AAA** Depart 7:30am | Return 4:30pm (est) \$65pp

The Arts & Crafts Festival in Prescott has a 25+ year history and has remained a most popular visitor attraction. Join us at the Courthouse Plaza where there will be live music on stage and a variety of vendors surrounding the city block. Whether its crafts, jewelry, clothing, home décor or other specialty items, you are sure to enjoy your Prescott experience.

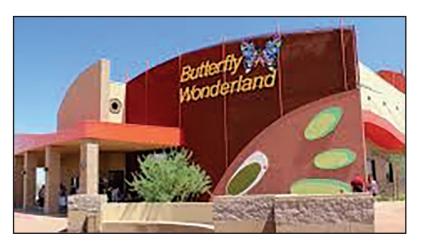
June 20, 2015 (Saturday) All Shook Up at the Palms Theatre | AAA Depart 10:30am | Return 5:30pm (est) \$99pp



nspired by and featuring the songs of Elvis Presley. It's 1955, and into a square little town in a square little state rides a guitar-playing roustabout who changes everything and everyone he meets in this hip-swiveling, lip-curling musical fantasy that'll have you jumpin' out of your blue suede shoes with such classics as "Heartbreak Hotel," "Jailhouse Rock," and "Don't Be Cruel."

June 26, 2015 (Friday) **Butterfly Wonderland | AAA** Depart 8:30am | Return 12:30pm (est)

Butterfly Wonderland takes flight as one of the newest attractions in the Valley with a highly innovative, indoor rainforest environment featuring the largest butterfly pavilion in America. You'll be welcomed into a magnificent, lush, rainforest environment where thousands of butterflies from around the world fly freely, alighting on fragrant flowering plants and, quite possibly, on a friendly visitor's shoulder or finger. It is a particular point of pride for the location of Butterfly Wonderland to be within the Salt River Pima-Maricopa Indian Community, where reverence for the natural world is so integral to the culture.

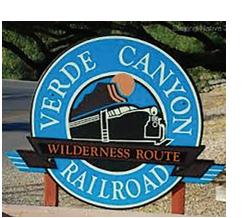


June 30, 2015 (Tuesday) **Musical Instrument Museum | AAA** Depart 11:30am | Return 3:45pm (est)

MIM displays more than 6,000 instruments collected from nearly 200 countries and territories around the world. Most displays are enhanced by state-of-the-art audio and video technologies that allow quests to see the instruments, hear their sounds, and observe them being played in their original contexts – performances that are often as spectacular as the instruments themselves. What's more, all guests are invited to play instruments from around the world in the "Experience Gallery." The collection also includes instruments from music icons such as John Lennon, Taylor Swift, Elvis Presley, Carlos Santana, and many more in the "Artist Gallery." Lunch will be on own at the excellent MIM Café Allegro prior to our guided tour this afternoon.

October 22, 2015 (Thursday) The Verde Canyon Railroad | AAA Depart 9:00am | Return 7:30pm (est) \$175pp First Class | \$125 pp Coach

The casual grace of train travel never goes out of style. From the moment you step aboard the fully-restored vintage train, you are whisked back to a time of luxurious and leisurely train travel. This four-hour excursion takes you on a 20-mile journey through 100 years of history. FP7 locomotives, two of only 10 remaining in North America, are the muscle that pulls the renovated consist of cars.



Diamondbacks Baseball Games All tickets located in lower level. Section 111

May 24, 2015 (Sunday) Arizona Diamondbacks vs Chicago Cubs | AAA Depart 11:45am | Return 5:30pm (est) \$75pp

June 7, 2015 (Sunday) Arizona Diamondbacks vs New York Mets | AAA Depart 11:45am | Return 5:30pm (est) \$75pp

July 19, 2015 (Sunday) Arizona Diamondbacks vs San Francisco Giants | AAA Depart 11:45am | Return 5:30pm (est) \$75pp

August 30, 2015 (Sunday) Arizona Diamondbacks vs Oakland Athletics | AAA Depart 11:45am | Return 5:30pm (est) \$75pp

September 13, 2015 (Sunday) Arizona Diamondbacks vs Los Angeles Dodgers | AAA Depart 11:45am | Return 5:30pm (est) \$75pp

Arts & Crafts

Fairway Woodworking

Come take a look around. Join us and enjoy a great club and rewarding hobby in a large club room containing the latest equipment and tools. FMIC 972-4385



SewNSew Club

SewNSew Club, LV contact sewnsew.info Program/meetings: Thursdays 9:30 – 11am on 5/7

Show & Tell, 5/14, 5/21, 5/28 Workshop Anita Goodesign Mach.Embroidery Class Wed. May 6th 9:00 - 4:00. Sign-up at Sun-ValleyQuilts (under SewNSew). Garment Special Interest Group (SIG) –

5/13 9:30 – 11:30 Garment Design SIG 5/13 noon – 3:30 Serger SIG 5/19 9:30 – 11, followed by serger project until 3:30.

Machine Embroidery SIG 5/20 9:30 - 11 followed by embroidery project 11a–3:30p.

Certification required for all machine use. Sign up in club room for:

Brother sewing machines51 – 3-hour class – cost \$6

Baby Lock Imagine Serger – jet threading machine

1– 3-hour class – cost \$6 Baby Lock Embroidery machine 2– 3-hour classes –cost \$12 Cover Stitch Machine 1– 3-hour class – cost \$6 Heavy Duty machine for bulky fabrics

1– 3-hour class – cost \$6 Sewing classes on topics requested by members are scheduled.

See reservation list in club room for specifics.

Open club room with sewing, boutique sales (including 18" doll clothes) and donations accepted: Tuesday & Saturday 9:30 – 3:00 and Thursday 11:30 –3:00.

Lakeview Ceramics

Lakeview Ceramics & Porcelain offers classes in ceramics, porcelain & stoneware. Beginners Workshop on Wednesdays 9am-1pm; get one-on-one instruction. Club hours: Mon 9am-3pm, and Tues-Fri 9am-1pm. Tuesday evening classes no longer available. Annual Membership: \$5 w/current RCSC card. FMIC 623-974-5979 or stop by. Visitors (RCSC Cardholders) are always welcome.

Fairway Ceramics & Porcelain

May and summer are firmly here; a great time to explore your creative side inside air conditioned comfort! Come by our Ceramics and Porcelain Club; we'd love to show you around. Annual membership: \$10 per RCSC cardholder. Many classes free; some require a nominal fee. All skill levels welcome: newcomer, beginner, intermediate and advanced. One-onone orientation introduces new members to basics in a friendly, encouraging environment. Greenware, paints, glazes & other supplies available for purchase on-site. Hours: Mon-Fri, 9am-10pm. FMIC 623-972-5818. Located on 2nd floor of Fairway. Come for a visit, a tour, or a cup of coffee. We would love to meet you!

Sun City Clay Club at Lakeview

Curious about pottery & how it's made? Visit Sun City Clay Club & learn what fun it can be. New members welcome. One day workshops offered twice monthly June-Sept; generally free to members & a wonderful way to socialize, cool off, and learn something new. Currently creating clay cactus for donation to Sun City Prides median beautification project - an ongoing endeavor as we need more cactus. Also, workshops for members to make bowls for the "Empty Bowl" event in October. SCCC has participated in this event for 25 years and donates a minimum of 200 bowls. Stop by and check out all the activities. Pottery on display/for sale during club hours. FMIC 623-933-0899 or visit updated website at suncityclayclub.com. Current hours: M-Th 8:30am-8:30pm, F & Sa, 8:30am-4:30pm.

Palo Verde Art Club

Like Portraits? Learn to create them yourself! "Oh, but, I can't draw people," you say? Well, maybe you really can & just don't know it. There's no better way to learn to draw shapes & shadows than practicing on the human face. And if you've always wanted to capture your friends and family in artwork, why not start now? Palo Verde Art Club's Portrait Group, open to all RCSC Cardholders, meets weekly year-round in their Art Room at Sundial Rec Center with a live model to practice drawing and painting skills and share techniques. We invite you to join us each Thursday afternoon from 1-3pm. Club Membership is only \$10 per year; each Portrait session \$3. FMIC 623-551-0402. We hope you'll become a part of our fun group soon!

Artistic Stained Glass at Bell

Open weekdays: 8am - 3:30pm Mon-Fri; 8am-1pm Sat; and 5-8:30pm on Mon, Wed, Thurs. Come in and visit to see all the great work happening there and sign up for a beginner's class.

Learn Leather Craft

Carving-Stamping-Garment-Construction. Join the Leather Craft Club of Sun City; open to all current RCSC members. Annual Dues: \$10. Beginners welcome. Lessons, patterns and tools furnished. Beginner classes are Tues. Located at Marinette. Winter hours 8am-2:30pm; summer hours 8am-12pm, Mon-Fri. We make all types of leather goods from holsters, belts and purses to clothes and mini saddles. A fun group of people and a great craft. Come check us out! FMIC 623-594-6591 or 623-933-8831.



Marinette Clay Corner

Yes, we are open! Whether you're a professional artist or haven't touched clay since kindergarten, you'll find Marinette Clay Corner an exciting place to be! we have wheels for pot throwing, rollers for slab and hand-building and kilns for firing clay creations. Instructors provide a generous selection of classes/workshops where members improve their expertise & expand artistic horizons. Yard Art & one-of-a-kind pieces of pottery for sale. Stop and visit us! Located at Marinette; FMIC 623-977-3167. Annual Dues: \$15; great orientation classes to get you started and members who are willing to help. Check out http://www.marinetteclaycorner.org/ for the latest information on activities. Open 8am-9pm Mon-Fri & 9am-5pm Saturday. Closed Sunday.

Handweavers & Spinners Guild

Winter hours of 9am-3pm begin October 2014 & continue through April 2015. Other classes offered:

Mon - Beading 9-12; Bobbin Lace - 1-3 Tues - Rug Weaving/Shirett 9-12;

Wed - Classes or loom projects 9-3 Thurs-Hardanger - 9-12;

Tatting 1-3

Inkle and Spinning - 12-3

Fri - Basket Weaving - 9-3 Annual membership: \$10 for RCSC Cardholders. FMI visit our Guild room at Sundial or call 623-933-0397.

Fairway Knitters

Knit / crochet items for veterans, the homeless of Phoenix & other charities. Join us any Fri, 8:30am-2:30pm. Club provides yarn, you provide your time & skill, & we all have fun learning from each other. We meet in AZ Room #4 at Fairway. Free to RCSC cardholders; Escorted guests: \$2. FMIC 623-972-9736.

Bell Metal Club

Love metal? Love art? Come to Bell Metal Club to be innovative and artistic with metal! Not only can you work with metal, we can fix and replace your garbage can lids or make your mailbox secure by adding a locking security box. We have all the equipment to cut, weld and machine metal; we even build small engines. Come visit our shop and/or join us Monday-Saturday, 8am-4pm. Membership is open to all RCSC Cardholder and is \$10 per year. Call us to see if we can repair of fix your broken metal items. FMIC 623-974-8206.

Bell Craft Club

Open Mon-Sat 9am-3 pm, and Thurs 6pm-9pm. Scrapbooking class Sat: 9am-3pm. Happy Hearts group knits & crochets for our military veterans & other charities; meets Fri noon-3pm; members gather their projects, stitch, plan, and socialize. Yarn donations welcome.

Many different classes and workshops available, including (but not limited to): Bead weaving(3), Greeting Cards (4), Copper Enameling (2), Placemats, Candle making, Quilling & Cross Stitch, Painting, Plastic Canvas, Knitting, Crocheting, Silk Flowers, Craft Beading, Polymer Clay, and Brazilian Dimensional Embroidery.

All classes taught by active members. If you have a craft you think others would enjoy, become a member and teach. Boutique open to all for purchase of unique handcrafted gifts made by our members. General Meetings second Thurs, Sept- May. Annual Dues: \$10. New members joining July 1-Dec 31: \$5. All regularly scheduled classes free to club members. Membership open to all current RCSC cardholders. FMIC 623-974-3497.



Grandmothers & Friends

Grandmother & Friends meet Mondays at Oakmont, 9am, for workshops where we make favors etc. for various area charities. We also craft placemats (and other crafts) made from recycled greeting cards (generously donated to our club) for the Arts & Crafts Festival. Social meetings are second Monday each month at noon. FMIC Shirley: 623-876-2016

Artistic Weavers & Fiber Artists

Coiled basket making: Mon, 9a-3p.
Spinning Lessons available on Wed.
Basket Weaving: Fridays, 9a-3p Regular club hours at Oakmont are: 9a-3p, M-F.
Annual membership: \$12; open to all RCSC cardholders. Stop by our clubroom for details, we'd love to have you join us.

Dances

Rockin' Thru the Years - Saturday Nite Fever

Only club dedicated to Classic Rock and Roll, Disco, DooWop & Country Rock. We have our own sound system & use 3 different DJs to play music from the 50s thru today. Will play requests within R&R genre. Singles/couples welcome; No Dress Code. We furnish cups & ice; BYO snacks & drinks. Admission: \$3/members; \$5/escorted guests. Annual RTTY membership: \$3 with valid RCSC member card. Doors open 6:30pm; Dance 7-10pm at Bell. Remember, you don't need a partner or lessons to enjoy dancing to R&R and Disco! FMIC 623-332-7894 or visit http://sunaz.com/rockin-thru-the-yearsdance-club/

> May Schedule: 5/9 - DJ Jamee Soulz; 5/23 - DJ Ryan Blair; 5/30 - DJ Jamee Soulz (Beach Music)

The Country Dance Club at Sundial

Come dance with us! Saturday, 5/2 and 5/16, from 7-9:30pm at Sundial. Doors open 6pm; free dance lesson w/admission from 6:30-7pm. Admission: \$3/members; \$5/ RCSC & escorted guests. There will be something for everyone; a good mix for couples, couples pattern, and line dancing. Dress casual or dress up, country or otherwise. Bring your own drinks & snacks; cups & ice provided. FMIC 623-242-9535 or 623-972-5127 or visit www.countrydanceclubsc.com



Sun City Line Dance

We are back to Tuesdays & Thursdays! 10am-1pm; Membership open to all RCSC Cardholders. Annual Dues: \$5. Free beginner dance lesson with paid admission: Members/\$2; RCSC Cardholders/\$3; Escorted Guests/\$5. FMIC: Walter 623-972-5127

Sun City Friday Night Singles Dance Club

Singles & couples invited to join us for social & ballroom dancing at Sundial, Friday evenings, 7-10pm. Enjoy some of the best live music in the Valley whether you love to slow dance, are an accomplished ballroom dancer, or somewhere in between. Free dance lesson w/paid admission: 6pm. No partner required for lesson; students rotate so everyone has an opportunity to dance. We also have a few "Mixers" and a couple of "Line Dances". Admission: \$5/members; \$7/escorted guests. Enjoy socializing and the opportunity to make new friends. Be comfortable, but please - no jeans, shorts, pullover shirts, hats, tennis shoes or flip flops. Coffee, ice & cups provided. FMIC Bob (623) 215-8718 or visit our website at: www.suncitysinglesdanceclub.com. Open to all RCSC Cardholders and their escorted guests.

May Dates: 5/1 - Manuel Dorantes; 5/8 - Rich Howard; 5/15 - Mike Carollo; 5/22 - Mike & Manuel; 5/29 - Bob Roppolo

Tip Top Dance Club

Think Fred Astaire and Ginger Rogers tapping thier way across the floor. Classes open to all RCSC cardholders. Annual membership: \$10. Beginning, Intermediate and Advanced, plus All That Jazz. Classes held at Marinette. Beginner Class: Mon - 10am; Instructor: Pat - Cost: \$10 per month Intermediate Class: Tues - 9am & 10am: Instructor: Diana - Cost: \$10 per month Technical Tap: Wed - 8:30 am; Instructor: Joey - Cost: \$10 per month Advanced Class: Mon - 8:30am & Wed - 10am; Instructor: Jackie - Cost: \$15 per month Theater Dance: Fri - 8:30am; Moving to the Beat (Formerly "All that Jazz"): Tues & Thurs - 1pm; Instructor: Kim - Cost: \$5 per class; FMIC Jackie Shuton (623)875-1849 or Christine (623)322-3138.

Sun City Ballroom Dance Club at Bell

Gotta Dance! Gotta Sing! Gotta Do That Party Thing! Come take lessons at our dance club at Bell so you can have your choice of partners when you go out to party. Dance every Sunday 7-9:30 pm; Free lesson 6:30pm w/paid admission; dance mixers, raffles, drawing for free passes. Ice, coffee & cups provided - BYOB. Open to all RCSC cardholders and escorted guests. Cost: \$4 and \$6. Music and lessons provided by professional DJ & instructors. Annual Club Membership is \$3. FMIC: 623-755-8129; . 623-387-6731 or visit www.suncityballroomdanceclub.com

Bell Tea Dance

The Bell Tea Dance Club sponsors dances on Wednesday afternoons at Bell from 2-4pm. Music provided by local keyboard artists; Mike Carollo, Manuel Dorantes, Bob Roppolo and Bobby Freeman. Dance board consists of Foxtrots, Waltzes, Latin, Swing and Rock; two mixers and a line dance included. Coffee, tea and cookies provided. Singles welcome. Admission: \$4/club members; \$6/guests. FMIC 623-933-8873.

5/6 Mike Carrolo; 5/13 Manuel Dorantes; 5/20 Bob Roppolo; 5/27 Bobby Freeman

Sun City Squares

Closed May 1 - November 10

First dance for the season: November 10

Dee Dee Dougherty, Caller Doug Dodge, Cuer Nov, Dec, Apr Larry Sperry, Cuer Jan, Feb, Mar

Dances open to RCSC Cardholders, Visitors and Escorted Guests.

Dance Lessons

Sun City Ballroom Dance Club

Lessons

Thur 6pm

Mon 6pm Cha Cha Mon 7pm Fox Trot

Mon 8pm Swing

Night Club 2-Step Waltz 1 Thur 7pm Thur 8pm Waltz 2

Cost per lesson: \$5 members: \$7 escorted Guests Info: 623-755-8129; 623-387-6731 or visit our Website: www.suncityballroomdanceclub.com

Sun City Friday Night Dance Club

Group dance classes are now being offered on Mondays at Sundial and Wednesday evenings at Marinette.

Lessons - Sundial Mon. 6pm - FoxTrot Mon. 7pm - Cha-Cha

Lessons - Marinette Center Wed. 5:30 - East Coast Swing

Wed. 6:30 - Waltz

Cost per lesson: \$5/Members

\$7/ Escorted Guests

Free dance lesson is offered every Friday night with paid admission to the dance, at the Sundial.

Membership: \$3 for all RCSC Cardholders FMIC Bob 623-215-8718 or visit our website at: www. suncitysinglesdanceclub.com



Sun City Squares Plus Lessons

Beginner Square Dance Lessons start November 6, 6:30 - 8:30 Friday Plus Workshop 8:30 to 9:30 Fridays If you ANGEL for lessons the workshop is free. Dennis Farrar, Caller/Instructor Contact Information: SUNCITYSOUARES@g.com Marilyn: 623-930-7513 or Mary Sue: 623-875-2642

Educational Classes



Computer Club of Sun City

The Computer Club of Sun City is located on the 2nd floor of the Fairway Recreation Center. Our members come here to share computer knowledge and experiences, including all current Microsoft Windows Operating Systems, Chromebooks, Android Smartphones and Tablets in a fun

social environment. We also cover the many products of Google including Web, Mobile, Media, Geography, Home & Office, and Social.

Classes, special interest group discussions (SIGs) and presentations are both interesting and educational. SIGs and Presentations are free to club members.

Would you like to join? All RCSC cardholders are welcome to join the fun! All we ask is that you attend a short Join Us Signup presentation on any Wednesday or Friday anytime between 9 and 10:30a. Please come to our club for more information. Club members have full use of our computers, printers, scanners and internet connections at their leisure during club hours. Club Hours in May: M - Sat 8a-12p 623-933-8953

First Week's Events

- Round Table Discussion on May 1 at 9a
- · Web Team Meeting on May 2 at 9a

Second Week's Events

- · Android Devices SIG on May 4 at 9a
- File Explorer in Windows 8 Class on May 4, 5 and 6 from 9a to 11a
- Computer Clinic SIG on May 8 at 9a
- Investors SIG on March 9 at 9a

Third Week's Events

- Club Intro in Windows 8.x Class on May 11 from 9a to 11a
- Internet/Email SIG on May 11 at 9a
- Club Intro in Windows 7 Class on May 12 from 9a to 11a
- Computing 101 in Windows 7 Class on May 13, 14 and 15 from 9a to 11a
- Computer Clinic on May 15 at 9a

Fourth Week's Events

- Android for Beginners SIG on May 18 at 9a
- Windows Explorer in Windows 7 Class on May 18, 19 and 20 from 9a to 11a
- Computing 101 in Windows 8.x Class on May 19, 20 and 21 from 9a to 11a
- Android Workshop on May 20 at 9a
- Monitor Training on May 21 at 11a
- Computer Clinic on May 22 at 9a

All events are subject to change. Check our Club calendar page for current information here: http://www.firstsuncity.com/Calendar/calendar.html



SunMacs Computer Club

Membership meeting on Saturday May 9 in the Sundial West Hall. Coffee and treats beginning at 8:30am

-Business Meeting at 9:00am, followed by "Everything You've Wanted to Know from a Speaker Who Knows it All" - a meeting you surely won't want to miss!

Our speaker for this meeting is one of the most knowledgeable people I've met – on "all things Apple" – a long-time Apple employee & expert who's made highly-rated presentations for numerous other Apple user groups. You name it; this speaker knows it! He's excited to be the presenter for our May General Meeting, so come prepared to (1) take notes!, (2) listen intently and enthusiastically, and (3) ask any question, about "anything Apple" – & (4) hear a dynamic speaker you'll rave about!

Wear your name tag to facilitate check in and getting to know fellow club memebers.

We specialize in Apple Products & Software. Located at Sundial; hours M-Th; 8:30-10:30 & 12:30-2:30, See Calendar for any Friday sessions. Summer hours begin Mon, May 18; Tues & Thurs only 8:30-10:30am thru Oct 16. RCSC card required; Annual dues: \$20 single/\$30 couple.

We offer Classes-Round Tables-Socials-Help Sessions, free to club members. Some require pre-registration. Visit www.sunmacs.org or our club room for a schedule of classes and events. FMIC (623) 933-5300





Spanish Club - El Círculo Español

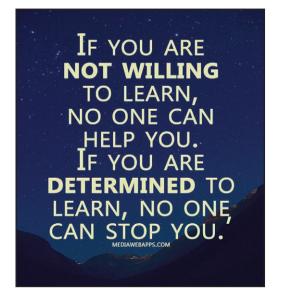
El Circulo Español, or the Spanish Club offers a variety of classes to learn Spanish 3 days a week. Annual Membership Dues are \$7.00.

During the summer we offer "All Levels Practice and Conversation" sessions on Wednesdays in Room 133 Fairway Center during the months of June, July and August from 1 to 2:30pm.

All classes are free to club members. Members may take more than one class and students do not need to know any Spanish for the beginner classes. Students may register when they attend class. Spanish speakers are also welcome to join. They can help students, attend the conversation class or just attend the social functions which are for all members.

Besides the classes we have various social functions. In December we had our Christmas party with our elections of officers for the new year. In January we had a dinner at Bibliano's and we went to a Spanish Flamenco Dance performance.

Check out our bulletin board at Fairway near classroom 129 or pick up our flyer at Sun City Visitor's Center at Bell. For more information, email SunCity SpanishClub@gmail.com or visit our web site at http://sunaz.com/spanishclub and go to the class page for the schedule. You may also call 623-466-5011.



Fitness & Fitness Classes

Zumba Fitness Club

Zumba fuses Latin rhythms and easy to follow fitness moves to create a dynamic full body workout. It keeps you moving & grooving & makes fitness fun. The hour includes a warm-up, cardio workout, and cool-down. Mondays: Bell Social Halls 11:30am-12:30pm; Tuesdays: Sundial West Hall 6;30-7:30pm; Wednesdays: Bell Social Halls 11:30-12:30pm; Thursdays: Marinette Auditorium 6:30-7:30pm. Debbie Reiss, Instructor. Cost: \$3 per class session. FMIC Jan at 623-972-0099.

Hatha Yoga

Multi-level Yoga Classes: Bring yoga mat and small blanket or beach towel. All yoga classes are held in the Sundial Aerobics Room. Please arrive 15 minutes early to register and pay the \$3 fee.

RCSC Cardholders only. Club Membership \$5 annually. FMIC 623-974-3360.

M: 8:30-10am & 6:30-8pm

Tu: 8am-9:30am

Tu: 10-11:30am

W: 8:30-10am & 6:30-8pm Th: 8-9:30am Beginners' Yoga

Th, F & Sa: 10-11:30am; Sa 8-9:30am

Chair Yoga Class:

M & W: 10:30-11:45am

Th, F: 1:00-2:15pm

Preregistration & Prepayment are required for Chair Yoga ONLY. FMIC 623-972-9602 or visit www.sunaz.com/activities/clubs/

Dance for Fitness

With a current RCSC Membership you may enjoy three free sessions with us. Can't beat that deal, and then you may join for only a \$5 annual fee. Come once, twice, or three times a week (whatever fits your schedule). We have no per-lesson fee. Classes meet on Tuesday at Bell, Wednesday at Sundial and Friday at Mt. View and all classes are from 9-10am. FMIC Penny at 623 933-7021 & Donna at 515 975-1683

The Agua Fitness Club

The Aqua Fitness Club presents water aerobic classes at several Sun City pools. Co-ed, each session is 8 weeks long, twice a week, mornings and evenings. Club Members must be RCSC members to participate. For more information, call Alice at 623.876.8627 or Debra at 606.465.4528.

Bell Aerobics

Come join this friendly group for a complete 45-minute workout of gentle stretching on Monday, Wednesday and Friday at 8:00, 9:00, or 10:00am at Bell Social Hall. Membership is \$3/year with valid RCSC card; there are no class fees. There will also be a holiday potluck social in December for all club members. Looking forward to having you join us as club meets year-round. FMIC Brenda at 623-455-1818.

Oakmont Ladies Exercise Class

Join us for low impact exercise designed for women over 50. Tues & Fri 8am-9am. Annual Membership Dues: \$5 - 3 free trial visits. FMIC Dee 933-0936.

Sun City Tai Chi Club

Announcing summer & evening classes! While other clubs slow down – we'll be going strong! Tai Chi combines intense mental focus with deliberate, graceful movements to improve strength, agility & balance. Beginning Tai Chi classes are open enrollment; join any time & take any class. No experience necessary, just wear comfortable clothes & shoes; arrive 15 minutes early to register. We also offer intermediate classes for those who have taken beginning classes & have sufficient experience, providing the opportunity to advance Tai Chi knowledge & experience, & eliminating the need to start at the beginning each new season.

Fees: \$3/per class for RCSC members. Additional \$2 Escorted Guests Fees. Membership fees: \$5/Year

Beginning Tai Chi Classes – 1 hr Fairway, AZ Rm 3; Mon 9:15am. Lakeview, Social Hall 2; Tues 6pm. Bell, Social Hall 2; Thurs 11:30am, Frid 12:30pm.

Meditation Class - Fairway, AZ Rm 3; Mon 10:30-11am (fee \$2).

FMIC: 623-972-6159, Email: sctaichi@yaoo.com. Web Site: http://sctaichi.wix.com/sctai-chi-club

Sports & Outdoors

Bocce Club of Sun City Tournaments & Open Play

Tournaments: M, Tu, W & F, 5/1-29, 9am Open Play: Th, 5/7-28, 9am; Su,

5/3-31, 2pm

Friday 25¢ Night: F, 5/1-29, 7pm FMIC: Edith 623-271-0092

Fundraiser

F, 5/15, 4-7pm at Peter Piper Pizza

Plavoffs

Sa, 5/2, 9am, Sundial Courts Sa, 5/30, 9am, Sundial Courts Come out and enjoy games, coffee and donuts.

Free Lessons

Keith: 623-760-6927; Bruce:623-972-2543

Bob: 623-875-5116; Edith: 623-271-0092



Sun City Lawn Bowling Clubs

Pick a time & place that works for you and joins us! M, W, F, 9am or 1:45pm at Bell Green or Oakmont Green. T, TH, Sat, 9am or 1:45pm at Mt. View Green or Lakeview Green; or Fairway Green at 1:45pm. We have many fun tournaments & social events. Free lessons. Open to all RCSC Cardholders. FMIC Len 623-974-3214 or Micky 928-853-3945. Check our website: www.bowlsaz.com

Sun City Senior Softball Club

Due to increased interest & athleticism of players, there are three slow-pitch softball leagues, with varying ability leavels. Mixed teams (men and women) play daily 8:30am-4pm (except Wed) Also, Specialty Leagues for Co-ed and women's teams. American League has 10 teams; highly competitive and lots of action. New 12-team Central League has slightly lower level of play, but is competitive. The National League consists of 10 teams playing a more recreational form of softball, where competition is friendly & fun. FMIC: 623-243-7576 or email: McSoftball@prodigy.net or www. azsrsoftball.com

Conservation & Sportsmen's Club

Wednesday, 5/13, 4:30pm: Monthly Social Dinner, Location TBD Thursday, 5/21, 9am: Membership Meeting at Lakeview New members always welcome. FMIC Wally 612-741-5923

Swim Club Announcement

Sun City Swim Club Lessons have moved outdoors to the Lakeview pool. Lessons from 8:30-10am. Beginning and intermediate classes available, along with an advanced group workout. Annual Membership fee: \$3 for any current RCSC cardholder.

Pickleball

The fastest growing sports for seniors, great exercise for all levels and lots of fun. The Club offers introductory lessons and Skills and Drills workshops. Group times suggested for different levels of play. Times suggested for different ability levels to play comfortably. If there is not a group for you, contact us and we will try to accommodate any level/group. Club membership/participation open to all current RCSC Cardholders.

Open Play (all levels): Mon-Sat, 7-11am or Mon-Thurs, 4-7pm

Introductory Class: Mon, 11:30am-1pm (To make sure we have enough teachers and equipment, call Peter 575-779-1154) Beginners/Novice: Tues & Thurs, 2-4pm Couples Play & Grab a Bite: Fri 5pm Times subject to change. Check bulletin boards or www.suncitypickleballclub.org or call Dave Sinclair at 623-322-3420



Fun Water Volleyball Club

Plays M & W noon-2pm and F & Su 2-4pm at Oakmont Pool. Annual membership \$5. Enjoy the benefits of getting exercise, meeting friendly people & laughing (which is probably the best thing for your health). RCSC card required to join, but try it out as a visitor for one session. FMIC 623-523-3449 or email gary@homeinfoplease.com. If fun, exercise, new friends & laughter are your goals, you couldn't make a better choice.



Basketball	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Billiard Tables	
Bell Lanes	M-Sa: 8a-8p; Su: Noon-7p
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p
Bingo	The state of the s
Sundial Center	Doors Open: Th @ 5p. Bingo 6:30p
	\$7 for all 18 games w/3 special games
	Open to the public.
Boating/ Fishing	open to the public.
Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p (or Dusk)
Bocce Courts	the state of the s
Sundial Center	M-Sa: 6a-9p; Su: 8a-8p
Bowling Lanes	The state of the s
Bell Lanes	M-Sa: 8a-8p; Su: Noon-7p
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p
Dog Parks	
Duffeeland	May thru Aug: M-Su: 6a-7p
	Closed last Wed/month for Maintenance
Darts	closed last Wea/Honer for Flamethanee
Bell Center	M-Sa: 8a-8p; Su: Noon-7p
Fitness Centers	11 Sa. oa op, Sa. Noon 7 p
Bell Center - 18+ only	M-Sa: 5a-9p; Su: 8a-8p
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p
Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Mountain View Center	M-Sa: 6a-7p; Su: 8a-7p
Oakmont Center	M-Sa: 6a-7p; Su: 8a-7p
Sundial Center - 18+ only	M-Sa: 6a-9p; Su: 8a-8p
Horseshoe Courts	14-3a. 0a-эр, 3u. 0a-ор
Marinette Center	M Car 6a On: Cur 9a 9a
Mountain View Center	M-Sa: 6a-9p; Su: 8a-8p
	M-Sa: 8a-7p; Su 8a-7p
Jogging / Walking Track	
Indoor	M Co Fo One Cur 9c On
Fairway Center Sundial Center	M-Sa 5a-9p; Su: 8a-8p
Outdoor	Daily 6a-8a
Marinette Center	M Car 6a One Cur 8a 9a
Sun Bowl	M-Sa: 6a-9p; Su: 8a-8p Dawn to Dusk
	Dawii tu Dusk
Library (602) 652-3000	M: 02 7p; Tu S2: 02 Fp
Bell Center	M: 9a-7p; Tu-Sa: 9a-5p
Fairway Center	M-F 9a-4p
Mini Golf	M Car 6a Oni Ciri 9a 0a
Bell Center	M-Sa: 6a-9p; Su: 8a-8p
Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p
Mountain View Center	M-Sa: 6a-7p; Su: 8a-7p
Sundial Center	M-Sa: 6a-9p; Su: 8a-8p
Pickleball	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
	M-Sa: 6a-9p; Su: 8a-8p M-Sa: 6a-7p; Su: 8a-7p

4 //	
Shuffleboard	
Bell Lanes: Indoor	M-Sa: 5a-9p; Su: Noon-8p
Lakeview: Outdoor	Daily 6a-7p; Su 8a-7p
Spas	
Bell Center - 18+ only	M-Sa: 5a-9p; Su: 8a-8p
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p
Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Mountain View Center	M-Sa: 6a-7p; Su: 8a-7p
Oakmont Center	See Pool Hours
Sundial Center - 18+ only	M-Sa: 6a-9p: Su: 8a-8p
Swimming Pools - Open S	Swim Hours
Bell Center - 18+ only:	d for class. M E 7a 0a
M-Sa:5a-9p; Su: 8a-8p; Closed	u for class: M-F 7d-9d
Fairway Center	. C O O.
Lap Pool: M-Sa: 5a-9p;	
Walking Pool: M-Sa: 5a-9p;	Su 8a-8p
Lakeview Center	
M-Sa: 6a-7p, Su: 8a-7p;	Closed for class: M, W, F: 8a-10a
Children's Pool Hours for Age	es 4-15 yrs: Daily 4 - 7p;
Marinette Center	
• • • • • • • • • • • • • • • • • • • •	Closed for class: M, T, Th, F: 8-9a, 5-7p
Children's Pool Hours for Age	es 4-15 yrs - Daily 1 - 4pm
Mountain View Center	
M-Sa: 6a-7p; Sun: 8a-7p;	
Children's Pool Hours for Age	es 4-15 yrs - Daily 10a - 1p
Oakmont Center	
M: 6-8a, 10a-12p, 2-7p; Tu 8	₹ Th 6a-8a, 10a-7p;
W: 6a-12p, 2-7p; F: 6-8a, 10)a-2p, 4-7p; Sa: 6a-7p
Su: 8a-2p, 4-7p	
Sundial Center - 18+ only	
Large Pool:	Exercise Pool:
M: 6-9a, 10a-9p	M: 6-10a, 12-4p, 5-9p
T: 6-8a, 9a-9p	T: 6-10a, 2-5p, 6-9p
W: 6-9p	W: 6a-9p
Th: 6-9a, 10a-9p	Th: 6-10a, 2-4p, 6-9p
F: 6-8a, 10a-9p	F: 6-10a, 12-5p, 6-9p
Sa: 6a-9p	Sa: 6a-9p
20.0	

Su: 8a-8p **Table Tennis**

Bell Center: M,W, F: 6a-10a, 3p-9p; Tu: 6a-10a, 12p-7p; Th: 6a-9p; Sa: 6a-10a, 12p-9p; Su: 8a-1p, 3p-8p

Tennis

Bell Center: 623-977-3325 Closed for Renovation Lakeview Center: 623-561-4676 M-F: 10:30a-7p

Mountain View: 623-876-3042 M,F, Sa: 10:30a-7p; W 12:30-7p T, Th: 7:30a-7p, Su: 8a-7p

Su: 8a-8p



M,W,F: 5a-10a, 3-9p; Su 8a-8p

Bell Center Courts A & B



Club Directory

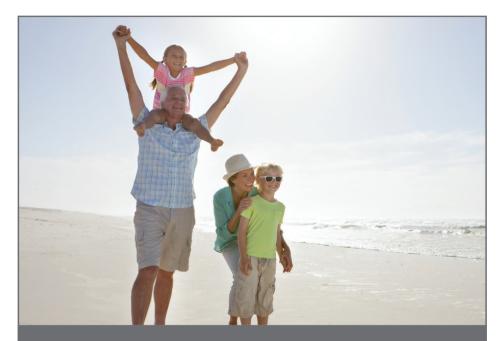
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M-F 9a-4p Member Mtg: 1st Tu 11a-3p SH#1 M-F: 8a-3:30p, Sa 8a-1p, M, W, & Th 5-
Tu-F 9a-12p
Thu & Fri 9-11a Member Mtg: 1st F 9a-11a
T, W, Th 9a-noor
Th, Sa: 7:30a-12p SH #3; Carved items on display & for sale during club hours
M,W,F 9a-3p, T,Th 9a-12p
M-F 9a-1p, Tu 5:30-9ր Member Mtg: 9-10a
M-F 9a-3p; M-F 5:30-9p; Sa: 9a-noor Member Mtg: 2nd F 9-10a
M-Thu 8a-3p Mbr Mtg 2nd Tu 9:30-11:30a OM Aud M-F 9a-noor
M-Th 8:30a-8:30p, F-Sa 8:30a-4:30p
No May mtg;Pottery sales during club hours M-W 8a-9p; Th&F 8a-4p; Sa 9a-5p When Monitors are available
M-Sa 9a-3p; W,Th 6-9p Member Mtg 2nd Thu 1-3p
M 8a-1p & Th 8a-11a
M & F 8a-4p; Tu & W 9a-3:30p
М 9a-8p, W 12p-8p, Th & Sa 9a-3p
Social Mtg: 2nd M 12-2p OM Aud Workshop 1st, 3rd, 4th Mon 9-11a
M,F 9a-12p; W,Th 12-3p Mbr Mtg 1st Mon 1-3p
F: 8:30a-2:30p
M,T,Th,F,Sa 8a-12p, W 6-9ր
W-F 8a-12p
М-F 8а-11:30р
M, Wed-Sa 8a-4p, Tu 8a-8p Member Mtg 2nd M 9-10:30a MPRs
Th: 8a-11:30a
M-F: 9a-5ր Member Mtg 1st M 12-2:30p E Hal
Tu & Sa, 9:30a-3p; Th 11:30a-3p Boutique Sales, Sewing & Donations
M-Sa 8a-12p
M-Sa 8a-3:30p if monitor is available
M-F 8a-4p; Sa 8a-12p
Tu 9a-3p, W 9a-noon, F 9a-2p Member Mtg 2nd Tu 12:30-1:30p
M-F: 8a-4p; Sa: 8a-12p Member Mtg 4th Tu 9-11a
M-F: 8a-12p
M-F: 8a-4p, Sa 8a-noor

Card and Come Clube	
Card and Game Clubs	
500: FW 979-8676	M 5:30-10p, FW AZ Rm 3&4 Instruction Available
979-0070 Backgammon: LV 640-7211	Mon, Sat 1-5p, LV Soc Hall #3
Bunco Broncos: OM 328-5327	4th M 12:30p-3:30p OM Auditorium
Canasta: OM	F: 10a-3p
566-6408 Euchre: FW	OM Auditorium Tu: 6:30p-9:30p
695-5229 Mah Jongg: MC	FW AZ Rm 3 & 4 Tu 12-4p, SD West Hall
Susan 623-910-1271 Linda 623-240-9586	Th 6-9p, Su 12-4p MN Soc Hall
Mixed Cards: OM 623-933-1953 (Bea)	Sa 6:30-9:30p OM Aud
Mixed Cribbage: LV 842-3462	Tu 12p-4p; W 6:30p-9:30p, LV SH #3
Monday Night Pinochle: OM 875-4465	M 6:30-9:45p, OM Aud
Pinochle: OM 388-4372	Tu 11:30a-5p Sa 9a-3p OM Aud
Contract Bridge Clubs	
Card Sharks: LV 933-7972	M: 6:00-10:00p LV Social Halls 1 & 2
933-7972 Grand Slam: MC 875-7136	Tu: 6:30-9:30p, MC Aud
One Partner: LV 466-6567	Th: 6:00p-9:30p LV Social Hall 1
Saguaro: LV 466-6567	F: 6:15p-9:45p LV Social Hall 1 & 2
Wednesday Afternoon: OM 533-9567	W: 12:30-3:30p, OM Aud
Thursday Afternoon: LV 933-3968	Th: 12:30p-3:30p LV Social Hall3
Friday Afternoon: FW 972-5063	F: 12:30p-3:30p FW AZ Rm 3
Duplicate Bridge Clubs	
Duplicate (ACBL)	LV Social Hall 1&2: M & Th: 1-4:30p
875-7136 Kachina: SD	M & Th 12:15-4p SD West Hall
251-4858 Dance Clubs	
Ballroom Dance: BC	Dances Su 7-9:30p, Th 7-9p BC
623-755-8129; 623-387-6731 Bell Tea: BC	Call for lesson days, times and locations Wednesdays 2-4p
933-8873 Country Dance Club: SD	BC Soc Halls Sa 5/2, 5/16, 6:30-9:30p, SD Aud
242-9535 or 972-5127 Line Dance: SD	Tu and Thu 10a-1p, SD Aud
972-5127 or 238-9686	Thu 5/28 FW AZ Rooms Special Dance 5/30 7p SD Aud
Rockin' Thru The Years: BC 332-7894	Sa: 6:30-10p 5/9, 5/23, 5/30 BC Soc Halls
Singles: SD 210-4087	F: 7p-10p SD Auditorium
Squares: BC 875-2642 (Mary Sue)	Closed for Summer May 1- November 1
suncitysquares@q.com Sun City Latin Dance	MC: M 5p-9p, BC: Su 12-4p
308-4880 Sun City Poms: MC	2nd/4th W 6-9p Practice M/F MC Aud, T/Th MC Soc Hall
602-392-4242 scpoms@yahoo.com Tip-Top Dance: MC	Call for Class Times M,Tu,W,F: 8a-12p, T/Th 1-2:30p MC SH
974-9830	
Educational Clubs Apple Macintosh: SD	M-Th 8:30-10:30a, 12:30-2:30p,
933-5300 sunmacs.org	See Calendar for Friday Sessions 5/18-10/16, T/Th 8:30-10:30a only Gen Mtg 5/9 8:30-10:30a West Hall
Life Long Learning: FW 218-6631	Classes resume in October
PC Computer Club: FW 933-8953	M-F 8a-noon check line 157
Spanish Club: FW 466-5011	See Class Page for Schedule or Bulletin Board at Fairway
1 00-0011	or bulletin board at Fairway

CLUB DIRECTORY		
Fitness Clubs		
Aerobic: BC	M, W, F: 8a, 9a, 10a	
455-1818 Aqua Fitness Club	BC SH 1 & 2 Classes in session	
876-8627	Call club in reference to club hours	
Dance for Fitness	BC: Tu 9-10a; SD: W 9-10a; MV: F 9-10a	
(623)933-7021or (515)975-1683		
Handi-Capables: SD	SD: wm wtr exrcs pool: Tu, Th 12-2p	
933-6515 Hatha Yoga: SD	Soc Mtg 1st M: 12:30p at FW AZ 1&2 M/W 8:30-10a, 6:30-8p, Tu 8-9:30a,	
974-3360	10-11:30a, Th/Sa 8-9:30a, 10-11:30a,	
Ladia Funcia OM	F 10-11:30a Chair Yoga Classes: M/W 10:30-11:45, Th/F 1-2:15p	
Ladies Exercise: OM 933-0936	Tu, F: 8a-9a OM Aud	
So Grand Exercise: FW 977-6885	M, W, F: 7:30a-9a FW AZ 1 & 2	
Stretch and Slim: BC 533-4215	M-Sa 7a, 8a, 9a, 10a, Mon Eve 6p	
Tai Chi: FW	M 9-11a FW AZ Rm #3	
972-6159	Th 11:30-2p, F 12:30-3p, BC SH #2	
Zumba Fitness: 323-559-4688	M11:30-12:30p BC; Th6:30-7:30p, MC Aud Tu 6:30-7:30p, SD WH, W 11:30-12:30 BC	
Hobby Clubs		
Armchair Photo Explorers: FW	FW: W, 7:00p , AZ #1	
933-0791 Best Friends Dog Club: FW	Member Mtg; 1st W, 7:00p	
261-5502		
Garden: OM	M, W, F: 9a-12p	
875-5921 Model Railroad: FW	Member Mtg: SD East Hall: 1st Tu: 8:30a- W, 10-2pm	
974-2846	VV, 10 Др.	
Model Railroad Museum: FW 974-2846	M-F, 1-3:30p; S,10a-2p	
Rockhounds: SD	Member Mtg, FW AZ #1&2 5/14 7-9:30p	
974-0550 Mineral Museum: SD 972-1772	Sa: 10a-1p	
RV Club: SD	Pancake Breakfast, SD, 5/1, 7-12p	
602-616-4835 Stamp Club: MC	Member Mtg: 1st M, 6:30p	
974-9943	MC Aud	
Vintage Vehicles 928-600-9739	Please contact club for details	
Performing Arts Clubs		
Chamber Orchestra: FW	W: 9-11a	
933-1568 Choraliers: FW	Music Room Rehearsals, M: 8:30-11a	
933-7202 (Carol)	FW 2nd floor Music Room	
	Membership renewals: January	
Concert Band: FW 972-4767	Closed for Summer	
Handbell Ringers: FW	Closed for Summer	
933-6645	0 0 1 0 1 5 0 0 10	
Piano: SD 876-0645	Summer Soiree 3rd F: 9:30a-12p	
Players Theater: MV 476-7358	General Mtg. 3rd M: 7p MV Auditorium	
Readers Ensemble: LV	F 12p-4p	
974-3384 Rhythm Ramblers: FW	LV SH #2 & 3 Rehearshals: Tu, 12-4:00p	
876-8464		
Ukulele: FW 974-3360	Th 3-5p FW Music Room	
974-3360 Women's Chorus: FW 933-7647	Closed for Summer	
Political Clubs		
Democratic:FW	General Meeting: 1st Th 6:30-8:30p	
977-0980	FW AZ Room 1 & 2	
Republican: SD 322-5101	3rd M: Open @ 6:30p Mtg: 7-8:30p SD East Hall	

FW: China Painting Room 200-716-2862 NextGen: FW 1st/3rd Wed 6:30 p &C Soc 4th Wed 6:30 p &C Soc 5th Medical Park Park Park Park Park Park Park Park		PAGE 2
Gourmet Social: OM	Social Clubs	
Gourmet Social: OM	Book in Hand: FW	2nd F: 1-2:30p
NextGen: FW 314-423-0123 4th Wed 4:30p BC Soc 4th Wed 4:30p BC Soc 4th Wed 4:30p BC Soc 314-423-0123 4th Wed 4:30p BC Suffileboard BC MRR-A 12 Mrs. SD 3rd Mon BC Mrs. SD 3rd Mrs. SD 3rd Mrs. SD 4rd Mrs.		FW: China Painting Room 217 Closed for Summer
Men's: SD	NextGen: FW	1st/3rd Wed 6:30p BC Soc Hall: 4th Wed 4:30p BC Shuffleboard Cts
Michigan Friends In SC New England: OM 738-7021 Sun City Hospitality: MC 933-5158 Sun City Hospitality: MC 933-5158 Pizza/Games: 2nd F- 5p (876-8) 934-5158 Pottuck/Games Last Euchre: 1st 3 3rd: T Partners Bridge: Dark May-4 Briendship Corner (974-4529) Sc 1st F: 6p pottuck, 3rd F: 6p gs 683-2307 FW AZ Rm Wisconsin Club:SB 623-242-6318 Wimmers: LV 623-760-3293 Sport Clubs Billiards: Ebell Billiards Room 315-806-0068 Billiards: LV Billiards Room 602-319-0783 Mc 8-11a Lessons tables 1,2,3; W: 8 315-806-0068 Billiards: LV Billiards Room 602-319-0783 Conservation/Sportsmen: LV 612-741-5923 Dart Club 623-875-4523 or playoffs 5/2 & 5/3 Dart Club 823-875-4523 or playoffs 5/2 & 5/3 Dart Club 823-875-4523 or playoffs 5/2 & 5/3 Dart Club 833-6065 Lawn Bowls: LV (Sun City club) 833-6056 M.W. 1, 17 974-3214 Lawn Bowls: LV (Sun City club) 833-0625 Lawn Bowls: LV (Sun City club) 833-74-515 Shuffleboard Dutdoor: LV 886-1754 BC Crt #1: Sa 7-9a, 9-10a, 10a BC Crt #2: Same days & times as C Samors Sportnonized: LV Swimmers Master: BC BC Crt #1: Sa 7-9a, 9-10a, 10a BC Crt #2: Same days & times as C Swimmers Master: BC BC Crt #2: Same days & times as C Swimmers Master: BC BC Crt #2: Same days & times as C Swimmers Master: BC BC Crt #2: Same days & times as C Swimmers Master: BC BC Crt #2: Same days & times as C BC Crt #1: Sa 7-9a, 9-10a, 10a BC Crt #2: Same days & times as C BC Crt #2: Same days & times as C BC Crt #2: Same days & times as C BC Crt #2: Same days & times as C BC Crt #2: Same days & times as C BC Crt #2: Same days & times as C BC Crt #2: Same days & times as C BC Crt #2: Same days & times as C BC Crt #2: Same days & times as C BC Crt #2: Same days & times as C BC		3rd Mon BC MPR-A 12:30p M-Sa: 7a-4p
New England: OM		Contact club for time & place
Sun City Hospitality: MC 933-5158 Pizza/Games: 2nd F. 5p (878-5) 933-5158 Pottuck/Games Last Euchre: 1st & 3rd: T Partners Bridge: Dark May-Friendship Comer (974-4529) St Bridge-Dark May-Friendship Comer (974-4529) St 983-2307 Wisconsin Club: SB 6023-242-6318 Women's: LV 623-760-3293 Sport Clubs Billiards: Bell Billiards Room 115-500-0068 Billiards: LV Billiards Room 902-319-0783 Mr. 8-11a Lessons tables 1,2,3; Wr. 8 11:30a, Couples Wr. 6-7 Men Singles Na F. 8a Men Doubles Tu & Th: 8a Men Doubles	•	2nd Sa; 5-8p LV SH#
Partners Bridge: Dark May-Bridge: Dark	Sun City Hospitality: MC	Pizza/Games: 2nd F: 5p (876-8714 Potluck/Games Last F: 5p
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S83-2307 FW AZ Rm Contact Pres	Singles Social Club: FW	Friendship Corner (974-4529) Sa 11a
## Summers LV Daily: 10a-4 ## Summers LV Daily: 10a-4 ## Summers LV Daily: 10a-4 ## Summers Material Club: BC BC Crt #1: Sa 7-9a, 9-10a, 10a	583-2307	FW AZ Rms 3/4 Contact Presiden
Sport Clubs Billiards		Daily: 10a-4:30
Billiards: Bell Billiards Room 315-806-0068 Billiards: LV Billiards Room 602-319-0783 Ladies M & Sa: 8:45-10:30a, Th:9 11:30a, Couples W: 6-7 Men Singles M & F: 8a Men Doubles Tu & Th: 8e Open Play: M-F 9a, Su 2p, f Playoffs 5/2 & 5/3 Conservation/Sportsmen: LV 612-741-5923 Dart Club 623-875-4523 or perome_ida@hotmail.com Lawn Bowls: BC 972-3248 Lawn Bowls: FW & MV 933-5066 Lawn Bowls: LV (Sun City club) 583-0625 Lawn Bowls: LV 974-3214 Lawn Bowls: LV 974-3214 Lawn Bowls: LV 974-3214 Lawn Bowls: LV 974-3214 Lawn Bowls: LV 976-3290 Pickleball Dickleball suncity@gmail.com Racquetball Club: BC 986-1754 BC Crt B BC Crt #1: M, W, F: 10 BC Crt #1: Sa 7-9a, 9-10a, 10a BC Crt #1:	623-760-3293	
### State		
### 11:30a, Couples W: 6-7 Men Singles M & F: 8a	315-806-0068	M: 8-11a Lessons tables 1,2,3; W: 8a-1p
Men Doubles Tu & Th: 8a		Ladies M & Sa: 8:45-10:30a, Th:9:45a 11:30a, Couples W: 6-7:30p
Playoffs 5/2 & 5/3		Men Doubles Tu & Th: 8a-12
612-741-5923		Open Play: M-F 9a, Su 2p, F 7p Playoffs 5/2 & 5/30, 9a
Dart Club 623-875-4523 or jerome_ida@hotmail.com Lawn Bowls: BC	· ·	General Mtg: 3rd Th 9a LV Social Hall 1
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### BC Crt ## BC Crt ## BC Crt ## BC Crt ##: Tu, Th 5:30-7 ### BC Crt ##: Sa 7-9a, 9-10a, 10a ### BC Papi Pactice 7-9a; New players ### BC BC Crt ##: Sa 7-9a, 9-10a ### BC Papi Pactice 7-9a; New players ### BC BC Crt ##: Sa 7-9a; Papi Pacical Papi Pacical ### BC Crt ##: Sa 7-9a; Papi Papi Pacical ### BC Crt ##: Sa 7-9a; Papi Papi Papi Papi Papi Papi Papi Papi		Please contact club for times
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583-5894 All RCSC Cardholders Welc Swimmers Master: BC M-F: 7 876-1233 Swimmers Synchronized: LV 583-5894 Table Tennis: BC M, W & F: 10a-3p; Tu: 10a-12p, 5875-9991 Sa: 10a-12p; Su: Tennis: BC Call Club for Times, Loca 293-2013 maggieveazie@hotmail.com Water Volleyball: OM M & W 12-2p; F & Su 523-3449 Club Directory Key: M = Monday BC = Bell Recreation Center Tu = Tuesday FW = Fairway Recreation Center Tu = Tuesday LV = Lakeview Recreation Center Th = Thursday MC = Marinette Recreation Center	505-7465	
### 1876-1233 Swimmers Synchronized: LV	583-5894	All RCSC Cardholders Welcome
583-5894 Table Tennis: BC M, W & F: 10a-3p; Tu: 10a-12p, Sa: 10a-12p, Su: Tennis: BC 293-2013 Call Club for Times, Loca 293-2013 maggieveazie@hotmail.com M & W 12-2p; F & Su 523-3449 Club Directory Key: M = Monday M = Monday BC = Bell Recreation Center Tu = Tuesday FW = Fairway Recreation Center W = Wednesday LV = Lakeview Recreation Center Th = Thursday MC = Marinette Recreation Center	876-1233	M-F: 7a-9a M, W, F: 8a-10a
### Sa: 10a-12p; Su: Tennis: BC	583-5894	M, W & F: 10a-3p; Tu: 10a-12p, 7-9p
293-2013 maggieveazie@hotmail.com Water Volleyball: OM	875-9991	Sa: 10a-12p; Su: 1p-3 Call Club for Times, Locations
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	•	•
F = Friday MV = Mountain View Recreation Cent	•	MC = Marinette Recreation Center
0. 0.1 1.	•	MV = Mountain View Recreation Center
Sa = Saturday OM = Oakmont Recreation Center Su = Sunday SD = Sundial Recreation Center	•	
Su = Sunday SD = Sundial Recreation Center a = A.M. & p = P.M. SB = Sun Bowl		
All area codes are 623 unless noted.		

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JASON BRAUNSTEIN

Senior Vice President - Financial Advisor Senior Portfolio Manager - Portfolio Focus Private Client Group

16150 N. Arrowhead Fountains Center Dr. Suite 300 | Peoria, AZ 85382 (623) 334-2614

www.rbcwmfa.com/jason.braunstein/



RBC Wealth Management

There's Wealth in Our Approach.™

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A Community Newsletter PAGE 25



OFFERING COMPREHENSIVE DENTAL CARE INCLUDING IMPLANTS

\$150 OFF ANY MAJOR TREATMENT *Over \$1,000 In Treatments

New patients only. Coupon must be presented to receive discount. Offers may not be combined. Periodontic treatments excluded.

GRANDDENTAL

Matthew E. Wessel, D.D.S. Dr. Matthew F. Cichowski, D.D.S. ASK ABOUT OUR ONE VISIT CROWNS FREE SECOND

New patients only. Coupon must b presented to receive discount. Offers may not be combined. First opinion treatment plan & current x-rays required.

Visit us at www.SunCityAZDentist.com CALL TODAY!

623-972-2156

10615 W. Thunderbird Blvd. Ste. B-500 • Sun City, 85351 Located next to Boswell Hospital



The Value of Honesty is Priceless® Featuring FRIGIDAIRE

AIR CONDITIONING - HEATING - PLUMBING



Spring/Summer Check: Up only \$3.495

SPECIAL 3 ton 13 Seer package heat pump \$3,999



Gary Ferguson, Founder/Owner
Katie Ferguson, Office Manager/Daughter
A Family Owned Company

- 10 Year Comfort Quality Pledge
- If compressor fails within 10 years, your system is replaced, not repaired
- The only manufacturer in the industry that offers this incredible warranty
- Rated very high on consumer magazine
- Up to \$1,300 in factory rebates
- \$245 APS rebate (not available on 13 Seer units)
- Free estimates & second opinions
- \$99 per year maintenance club Call For Details (includes both A/C & plumbing)

\$250 Off new unit install (14 Seer or higher system) Must mention coupon at time of scheduling.

new water heater install
Must mention coupon at time of scheduling.
Some restrictions apply. Expires 5/31/15

Angles list

Some restrictions apply. Expires 5/31/15

Find us on Facebook for EXTRA Money Saving Specials@

WWW.SUNCITYMECHANICAL.COM 11121 W. MICHIGAN AVE. YOUNGTOWN, AZ 85363

*All unit installations include stand, elbow, thermostat, electrical disconnect with fuses, drain, and case of filters

FIND YOUR CENTER

UPCOMING SHOWS

Steve Tyrell

THU, 4/2 · 7:30PM TICKETS START AT \$38

> Bringing the American Songbook to life

Chris Botti

TUES, 4/7 · 7:30PM SOLD OUT!

Chanticleer

THU, 4/9 · 7:30PM TICKETS START AT \$25

An orchestra of voices



928-684-6624 * DEWPAC.ORG

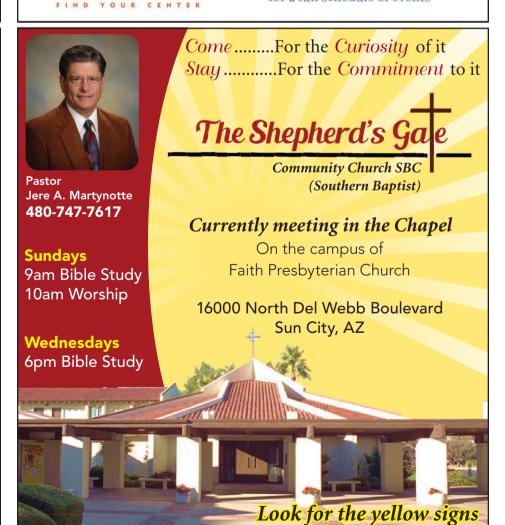


DEL E. WEBB CENTER

FOR THE PERFORMING ARTS

THE WEST VALLEY'S PREMIER PERFORMING ARTS CENTER

Visit dewpac.org for a full schedule of events



PAGE 26 SUNVIEWS • MAY 2015

We are here to give you a helping hand...



Serving the Northwest Valley since 1990!



Meet Our Staff

Standing L to R: Sandy Vega, Staffing, Shelley Ouimette, Scheduling Coordinator, Mary Jo Cuttell, RN, Kay Spofford, RN, Natalie Henrichsen, Sales & Marketing Seated L to R: Janice Grady, Office Manager, Dot Scherr, RN, Lola Judy, Owner, Jane Keys, Memory Care Specialist

Sun Cities CareGivers

provides help with personal care, household chores, transportation to appointments, exercises, good nutrition and, most importantly, makes it possible for people to stay in their own home.

Companion/Homemaker:Assists with household chores & errands

Personal Care Attendant: Assists with personal care needs

Certified Nurse's Aide:

Assists with doctor/nurse supervised care needs

Registered Nurse:

Sets up medication and supervises usage

FREE In-Home Consultation!

with mention of this ad.

All Clients Are Nurse-Managed

"Always know who you are doing business with. A life depends on it."

Sun Cities CareGivers



623.974.2397

13203 N. 103th Ave. Ste. F6, Sun City

For a complete listing of our rates and services visit us at www.sccaregivers.com

Insured • Bonded • References & Licensed Verified • Background Checks



A Community Newsletter PAGE 27



the Advantage Difference













Alzheimer's Research Study

Doctors at the Banner Sun Health Research Institute are conducting a clinical trial using an investigational therapeutic device.

This study involves non-invasive, transcranial magnetic stimulation (TMS) and cognitive exercises in the NeuroAD chair for 6 weeks.

We are recruiting participants ages 60-90 with mild to moderate Alzheimer's disease.

For more information please contact Zoran Obradov at

Phone: 623-832-6526

Email: zoran.obradov@bannerhealth.com

PAGE 28 SUNVIEWS • MAY 2015





You have a choice.



For hospice and palliative care, tell your healthcare provider you choose Hospice of the Valley.

602.530.6900 or HOV.ORG

Comfort and dignity as life nears its end







Low monthly HOA fee includes:

- * One meal a day in our elegant dining room
- * Weekly housekeeping with linen service
- * Chauffeured transportation, both scheduled and by reservation
- * Health, fitness and activity programs
- * ...and so much more





Call Linda Oines to schedule a tour
623-972-3000

www.eldoradosc.com 10330 W. Thunderbird Blvd., Sun City

Enjoy Independent Living with all the benefits and control of ownership.

Current condominium prices start at \$45,000



PAGE 29 **A Community Newsletter**



Over 30 years experience, lab on site. Same day repair and reline while you wait. Quality one custom craft dentures & partials. Implant expert, Satisfaction Guaranteed. **Emergency Hours Available** Call for a Free Consultation



Custom Crafted Denture

On New Dentures

*Must Present Coupon at 1st Visit

*Must Present Coupon at 1st Visit



623-214-7898 19082 N. RH Johnson Blvd., Sun City West, AZ www.azdenturecenter.com

Can you no longer cook for yourself? Have you had surgery recently?

Benevilla's Meals on Wheels is the answer!

Hot, fresh meals from the Birt's Bistro kitchen delivered fresh to your door.

> 623-584-4999 Benevilla.org





16752 N Greasewood St | Surprise | 623-584-4999



Birt's is open 7 days a week! Daily 7AM - 3PM **Extended Hours**

Wed & Fri 7AM—7PM

\$4.99 Breakfast Special

2 eggs, 2 bacon or sausage, choice of toast.

Present coupon before ordering. One coupon per person. Tax & gratuity not included. Dine in only. May not be combined with any other offer. No substitutions. 7AM-11AM. Expires 5/31/15 SV

16752 N Greasewood St | Surprise | 623-584-0065



SALES • SERVICE • INSTALLATION • CARPORT ENCLOSURES





Offer expires 5/30/15 Installed + Tax

16 x 7 Garage Doors



plus tax. *Includes removing existing door & reconnecting

existing opener. Offer expires 5/30/15



ENTRE/MATIC

SPRING Maintenance Special



Garage Door Tune-Up (Must Mention Ad)

*Tighten hinges, lube and/or adjust door, springs & opener. Limited service area. Offer expires 5/30/15



ANY GARAGE

COUPON



With this ad

Installed

Hours: Mon.-Fri. 8-5 • Sat. 8-12 LIC #ROC 161375 | HOA • COA • PORA



9008 N. 99th Avenue (99th Avenue & Olive)

Operational Doors & Openers On Display! Visit us at www.makemydoor.com

PAGE 30 **SUNVIEWS • MAY 2015**









\$500 BONUS CASH on 2014 & 2015

(discounts expire 5-30-15)

\$250 OFF ALL PRE-OWNED CARS IN STOCK (discounts expire 5-30-15)

Club Car

AUTHRORIZED STAR EV DEALER PLUS, UP TO

ANOTHER \$1050 OFF

Gas & **Electric Models**

CLOSE-OUT Additional

New • Used • Rebuilt • Sales

Service • Repairs • Parts • Batteries • Accessories

Southwest Golf Cars

13901 Camino del Sol Sun City West • 623-584-0591 (1/2 mile E of Grand, Just S of Meeker)



Sun City Golf Cars

11124 W. Youngtown Ave. Youngtown • 623-977-3100 (1/2 mile S of Grand, Off of 111th Ave.)

SW Valley location in Goodyear on the SW corner of Indian School & Litchfield Rd. in the Safeway Center • Stop by to check us out! 623-536-5625 www.swgolfcars.com

1975-2015 SERVING THE VALLEY FOR 40 YEARS



13039 N. 103rd Ave.

A \$96 Value



FREE A/C Performance Check and

\$250ff A/C Recharge or Repairs

REGULAR

MON. & TUES.

Must present coupon 11am-8pm, Exp. 5/31/15



THURS., SAT. & SUN

11am-8pm. Exp. 5/31/15



×*********

Any Major

INTERNAL AUTOMATIC

TRANSMISSION REPAIR

BEER, WINE

& COCKTAILS

Dine in or Take Out 7 Days a Week **Breakfast • Lunch • Dinner**

A Community Newsletter PAGE 31

New Patient Special \$49

Exam, X-Rays, Consultation & Oral Cancer Screening

Does not apply with insurance or any other offers. New patients only. Restrictions may apply. Must present coupon. Limited time offer.

SENIORS SPECIAL CLEANING

Cosmetic cleaning by our hygienist, must be 55+ & new patient only

Does not apply with insurance or any other offers. New patients only.

Restrictions may apply. Must present coupon. Limited time offer.

SECOND OPINION FREE

Not only will we match other coupons, we will beat them with quality and service!

Cannot be combined with insurance or any other discount. Must bring Treatment Plan & X-ray from other office. Some restrictions apply. Limited time offer.

SUN CITIES DENTURE SPECIAL 100/0 Off

Sun City West/Grand Residents Only

Cannot be combined with insurance or other discounts. New patients only. Must show proof of residence. Restrictions may apply. Must present coupon. Limited time offer.

"tender touch of a WOMAN DENTIST..." you'll feel at EASE.

We are the preferred dentist for Sun City residents and winter visitors - USC Top Dentist.

A Tender Dental Care



Pain-free dentistry provided by our gentle dentist and our super friendly dental professional. Our doctors are honored graduates of top dental school, USC and University of Michigan.

CALL NOW FOR AN APPOINTMENT

We accept most PPO plans & discount plans. Discount rate for senior.

40+ years of combined experience serving seniors

www.azplusdental.com

If you live in Surprise, Sun City Grand, Sun City, Sun City West, Corte Bella, Sun City Festival or Peoria, we are just minutes away, so call us today!









Honor Mom with Brunch on the Patio at Lakeview Center

Buffet -style Menu

- · Omelet Station
- · French Toast
- · Pancakes
- · Fresh Fruit
- · Bacon & Sausage
- · Chicken Champignon
- · Green Bean Almandine
- · Au Gratin Potatoes
- · Danish & Muffins
- · Assorted Desserts
- · Coffee, Tea & Juices



This event is open to the general public. Please join us for this special affair honoring very special people our moms!

* Price includes tax and gratuity.

Catering provided by The Links Neighborhood Grill

Sunday, May 10, 2015 10am to 1pm

Tickets: \$25 per person *
Available at the Lakeview Clubs Office

Reservations are required and only 200 tickets will be sold!