SUNVIEWS

ISSUE #175 • MAY 2016 • A PUBLICATION OF THE RECREATION CENTERS OF SUN CITY, INC.

Rough Often Difficult to Keep Green

Spanning 1,100 acres within six miles, just about everywhere you go in Sun City AZ, you're bound to cross one of our eight golf courses. And that also means there are several thousand "golf course property" homes which enjoy the peace and view that comes with these prime locations. While RCSC is committed to water conservation and turf reduction on our golf courses, good grass on the courses is a big part of the landscaping that homeowners bordering these golf courses truly value.

Growing grass in the Phoenix area is much different than other areas of the country. All homes bordering RCSC courses are planted with bermuda grass, which can tolerate summer temperatures, and is allowed to go dormant in the winter months. As temperatures rise in the spring it begins to emerge from dormancy, begins to turn green and produce seed heads. However, it does not begin to actively grow nor produce stolons (or runners) until overnight lows are consistently in the 60 degree range. In addition, bermuda grass is not shade tolerant and there may be some areas near homes where it might appear somewhat unsightly during certain periods.

Overseeding is a lawn maintenance process that RCSC golf maintenance crews must address each year as we transition from summer grass to winter grass.

Should you notice green grass underneath trees this time of year, what you are likely seeing is winter rye grass, which is a cool season grass and much more shade tolerant. Rye grass is seeded in the fall for those wishing to have green grass during the periods of bermuda dormancy, generally October through May. Rye grass is also seeded throughout the "in play" areas of our golf courses

RCSC Board Holds Night Member Exchange on Monday, May 9

Looking to hear from Members that work full-time or have other daytime commitments, the RCSC Board of Directors will hold an evening Board/Member Exchange on Monday, May 9 at 6:00pm in the Lakeview Recreation Center, Social Hall 3.

Board/Member Exchanges are typically held on the second Monday each month (except July and August). While the Board normally hosts two evening Board Meetings during the year, this is the first Member/Exchange to be held after hours. Many Members request that evening meetings be held on occasion since they are unable to attend during the day and this affords working Members the opportunity to come and share their concerns with the Board.

The meeting agenda will be available online at www.suncityaz.org under Recreation Centers, Corporate.

Social Hall #3 is located on the upper level of the Lakeview Center at 10626 W. Thunderbird Blvd. in Sun City.

(tee boxes, fairways and greens), but is not seeded in the rough areas. It would be far too costly to overseed and maintain the roughs throughout the winter nor is RCSC allotted enough water by the Arizona Department of Water Resources to do so.

Though the roughs may not be actively growing, they do produce seed heads that grow much taller than the plant and become unsightly if allowed to grow, which is why RCSC golf maintenance crews must mow the rough this time of year. It may sometimes appear that crews are merely mowing dirt and oftentimes golf course property owners might feel that mowing these areas is unnecessary.



Since the bermuda has not fully begun to grow, it does not use as much water as it will later in the year. The golf course superintendents currently have systems set to water at reduced levels on a nightly basis. As temperatures rise and the bermuda begins to absorb more water, these percentages and/or frequencies will be increased. The goal throughout all of the courses is to get the rough areas as healthy as possible going into the fall, to help absorb the increased traffic that occurs in the winter months. By the end of the dormant season, these areas have received a lot of traffic and are thin and weak, particularly in areas that do not fully develop due to environmental conditions. As we move into May, watering will be increased and the bermuda will begin to recover.

With renovations to Willowcreek/Willowbrook scheduled to begin in April 2017, the perimeters of those courses will receive much needed attention in the form of turf reduction. This work will significantly reduce the amount of water used on a yearly basis by installing low water usage landscaping around the perimeters of these courses. Lakes East will be undergoing a similar transition this year, slated to be completed in October. The water savings at Willowbrook alone is estimated to be over 35 million gallons per year.

> Do You Want A Bigger Voice in Sun City AZ?

Candidate Packets Available on June 1 See Page 3 for more information



Stay in the loop! Get RCSC News Alert Emails, sign up at: www.sunaz.com

Email addresses remain confidential

INDEX

News	Page 01
News Events	Page 03
Golf	Page 04
Bowling	Page 05
Golf Bowling	Page 06
Board News	Page 07
Management	Page 08-09
Community News Events	Page 10-12
Club Events	Page 13-14
Monitored Activites	Page 15
Fitness Health	Page 16-17
Club Directory	Page 18-19
Club Events	Page 20-22
Classes	Page 23
Tours	Page 24
Community News	Page 25
Events	Page 36

Cardholder Services Lakeview Center Monday - Friday 8:30 am to 4:00 pm First Saturday of the month 9:00am to noon

We are here to give you a helping hand...



Serving the Northwest Valley since 1990!



Meet Our Staff Standing L to R: Diana Swens, Staffing; Kay Spofford, RN; Shelley Ouimette, Scheduling Coordinator; Mary Jo Cuttell, RN; Natalie Henrichsen, Sales and Marketing.

> Sitting L to R: Janice Grady, Office Manager; Lola Judy, Owner; Jane Keys, Memory Care Specialist; Dot Scherr, RN.

Sun Cities CareGivers

provides help with personal care, household chores, transportation to appointments, exercises, good nutrition and, most importantly, makes it possible for people to stay in their own home.

Companion/Homemaker: Assists with household chores & errands

Personal Care Attendant:

Assists with personal care needs

Certified Nurse's Aide:

Assists with doctor/nurse supervised care needs

Registered Nurse:

Sets up medication and supervises usage

FREE In-Home Consultation! with mention of this ad.

All Clients Are Nurse-Managed

"Always know who you are doing business with. A life depends on it."

Sun Cities CareGivers 623.974.2397



13203 N. 103rd Ave. Suite F6, Sun City

For a complete listing of our rates and services visit us at www.sccaregivers.com



Insured • Bonded • References & Licensed Verified • Background Checks

RCSC Candidate Packets Available June 1

While the RCSC Board of Director elections may be months away, it is not too early to begin thinking about giving back to the community by becoming a candidate for upcoming Board vacancies. There will be three vacancies to fill in this year's December election, with each being a three year term.

Candidate packets will be available for pick-up on Wednesday, June 1, 2016. Those interested in obtaining a packet must make this request in person at the Corporate/Board Office at Lakeview Center (lower level) and present their RCSC Member card. The deadline for packet submissions is no later than noon on Friday, September 30, 2016.

Requirements to become a RCSC Board candidate:

- Must be at least fifty-five (55) years of age;
- Must not be related by marriage or

birth to any other member of the Board, Sr. Management Staff, or Board Candidate:

- Must be a Deeded Real Estate Owner of property in Sun City, Maricopa County, Arizona;
- Must be a Member in good standing; Must reside in Sun City, Arizona and be available at least ten (10) months of the year;
- Must meet the requirements to hold an Arizona liquor license (RCSC holds liquor licenses which require Board officers to be included on the licensing);
- Must be eligible and available to serve a three (3) year term; and
 Must be available to attend Board
- Candidate Orientation(s).

Candidates must also submit a fully completed RCSC petition, signed by 100 or more Members in good standing, along with all other forms provided in the RCSC Candidate Packet.

A successful candidate will:

- Have a strong desire to serve Sun City;
- Be fair and courteous;
- Use good common sense;
- Have good communication skills;
- Be willing to work as part of a team;
 Ability to prioritize policy and projects; which will have the greatest
- benefit for the most members; and
 Be willing and able to dedicate the necessary hours to be an effective Director.

Candidates will be introduced at both the October and November Board meetings and candidate forums that will be held in the fall. Forum locations and dates will be announced at a later time.

For more information, please contact the Board Office at 623-561-4620 or email boardoffice@sunaz.com.

Spring 2016 Sun Bowl Shows

Free for RCSC Cardholders & their escorted guests

Johnny K & Kompany



Sunday, May 1 • 7pm

Get ready once again for a super dance show at the Sun Bowl that includes all of the great music from the 50s, 60s and 70s. Johnny K promises to bring back the good times with some of your favorite oldies like Stand By Me, Unchained Melody, Rock Around the Clock, Proud Mary, Brown Eyed Girl and more. With an unforgettable vibe that will take you back to a time when life was simple, Sun City AZ welcomes this fantastic band back for an encore performance!



Yesterday Once More Sunday, May 8 • 7pm

Here's the last chance to dance it up before summer really arrives in Sun City AZ with this sure-to-please oldies band. You want it, they play it – from doo-wop to Motown – in a repertoire of hits that spans the 50s and 60s along with a little British invasion on the side.

Bring your lawn chair or blanket and be prepared to show your RCSC Member or Privilege Card (with photo) for entry; no key fobs accepted.

Gourmet food vendors arrive 1-1/2 hours before the show. All Sun Bowl shows are equipped with FM simulcast at 96.1 FM. Bring your device & headphones so as not to disturb your neighbors.

The Sun Bowl is located on 107th just south of Peoria Ave. Rain Location: Sundial Auditorium at 103rd & Boswell; call 623-972-6014 for recorded message.



Corporate Office Lakeview Center 10626 W. Thunderbird Blvd. 623-561-4600

www.sunaz.com www.suncityaz.org

Member Services (Clubs) Office Lakeview Center 623-561-4660

Cardholder Services Office Lakeview Center 623-561-4603

Recreation Centers

Bell Center: 623-876-3040 16820 N. 99th Ave.

Fairway Center: 623-876-3044 10600 W. Peoria Ave.

Lakeview Center: 623-561-4675 10626 W. Thunderbird Blvd.

Marinette Center: 623-876-3054 9860 W. Union Hills Dr.

Mountain View Center: 623-876-3042 9749 N. 107th Ave.

Oakmont Center: 623-876-3046 10725 W. Oakmont Dr.

Sundial Center: 623-876-3048 14801 N. 103rd Ave.

Sun Bowl Amphitheatre 10220 N. 107th Ave. (weather recording) 623-972-6014

Softball Field 10220 N. 107th Ave.

Duffeeland Dog Park 14610 N. Del Webb Blvd.

Sun City Visitors Center 1-844-4 SUN CITY or 623-977-5000 Located in the Bell Center at 16820 N. 99th Ave.

EVENTS

PAGE 4

GOLF

SUNVIEWS • MAY 2016

Golf Report

Pro Shops

With the help of leap day, February rounds played for all courses posted the 2nd highest total since 2009 and posted 248 more rounds than last year. Year-to-date rounds remained mostly flat compared to prior year with 257 additional rounds played. Total rounds for the year are slightly behind our ten year average.

We have scheduled our first night golf event of the season for April 23 at Lakes East golf course. Check-in will begin at 6:00pm, dinner will be served at 6:30pm and play will begin at 7:30pm. The cost of the event is \$30; your fee includes dinner, first night-golf ball, night-golf accessories, prizes and more! Applicable green fees will be paid on the day of play. Sign-up sheets will be available at each pro shop.

The 2016 Can/Am event increased participation over its inaugural year with 120 participants registered to play. Participants proudly displayed their love for their respective countries through their attire and golf cart decorations. The American team retained the cup, edging out the Canadian team for the second consecutive year. A Pebble Beach vacation and a golf cart provided by Desert Golf Cars were available for a hole-in-one but went unclaimed. We hope to have a full field in 2017 and invite everyone to come and join the fun.

We have recently acquired the use of a Ping fitting cart. Our members will soon be able to schedule Ping club fittings through our teaching professionals. Please look for announcements in the very near future and we remind everyone that we can match prices offered by the "big box" stores on most current model golf equipment. Please contact Brian Duthu or Chris Linam at Riverview Golf Course for your special orders.

Snack Shops

Good weather and the extra day in February proved beneficial to our Snack Shop revenue as well; Snack Shops exceeded budget by \$6,415. We thank everyone for their continued support.

Golf Courses

The unseasonably warm weather has begun to bring the Bermuda grass out of dormancy. To take advantage of the extra growing season we have begun to water the roughs sparingly. In addition to Bermuda, unwanted grasses are also beginning to grow in the rough areas. Though the growth rate in these areas is not significant, they do require occasional mowing.

2016 Aerification Dates Courses will be closed

Fairways Aerification

Monday - Tuesday Thursday Thursday – Friday Monday – Tuesday Thursday – Friday Monday - Tueday Thursday - Friday Monday – Tuesday May 23-24 May 26 June 2-3 June 6-7 June 9-10 June 13-14 June 16-17 June 20-21

Greens Aerification/Fairway Verticutting

Tuesday - Friday Thurs, Fri & Mon, Tues Monday - Thursday Thurs, Fri & Mon, Tues Monday - Thursday Thurs, Fri & Mon, Tues Monday - Thursday Thurs, Fri & Mon, Tues

	-
July 5-8	9
July 7-8 & 11-12	. (
July 11-14	1
July 14-15 & 18-	-19 L
July 18-21	L
July 21-22 & 25-	-26 \
July 25-28	١
July 28-29 & Au	g 1-2 F

Divot repair tools are now available at each golf course and are provided free of charge. The tools are provided to encourage our members and guests to repair ball marks on the green.

Following are tips to properly fix a ball mark:

- 1. Close the gap/hole with putter by patting down the ball mark.
- 2. Insert divot tool on the high side behind ball mark and push the back toward the center.
- 3. Do not pull up, twist or lift with the tool.
- 4. Push both sides of the ball mark into the center.
- 5. Gently tap the surface down with putter.
- 6. Never use loosened turf for repair

Lakes East will close May 2 to begin it's irrigation project and is expected to remain closed through overseeding. As part of the project, an additional 10 acres of turf have been identified for reduction. During renovation, the large decorative rock will be replaced with quarter minus sized gravel and will be



South Quail Run North Lakes West Lakes East Willowcreek Willowbrook Riverview

> South Quail Run North Lakes East Lakes West Willowbrook Willowcreek Riverview

a playable surface. The decision to "play it as it lies" has not been determined. The current planting will also be replaced with drought tolerant plants that will also provide a much improved color palette.

Lawn Bowl and Grounds

Jim Wellman has presented a finalized plan to replace the awning at the Bell Center greens. The new awning will be shifted to the south and have a lower peak. The new position will not cast a shadow onto the North green.

Regular mowing and rolling of greens has started. Beginning in April the greens will be aerified using a solid tine. Solid tine aeration opens the soil without removing a core. It's an effective way to increase gas exchange and drainage at the root and is less stressful to the turf than core aeration.

Grounds crew are performing normal spring time maintenance at all centers. This has been an exceptionally good spring for weed growth. The grounds crew has been constantly treating weeds as they appear on a regular basis. The fast growing nature of weeds often gives the appearance that the culling of weeds has been neglected, rest assured the grounds crew will not be far behind.



RCSC's 8 Golf Courses

Lakes East: (623) 876-3023 Lakes West: (623) 876-3020 10433 Talisman Rd

> North: (623) 876-3010 12650 N. 107th Ave.

South: (623) 876-3015 11000 N. 103rd Ave.

Willowbrook: (623) 876-3033 Willowcreek: (623) 876-3030 10600 N. Boswell Blvd.

Quail Run: (623) 876-3035 9774 W. Alabama Ave.

Riverview: (623) 876-3025 16401 N. Del Webb Blvd.

RCSC's 5 Snack Shops Menu Available at sunaz.com/snack-shops/

May Snack Shop Hours Open Daily 6am - 3pm



Volunteer Ranger Program

For more information about joining our program, please contact Chris Linam, Pro Shop Manager, at 623-876-3025 or email at clinam@sunaz. com. Next meeting is Thursday, May 26 at 1pm in Talisman Hall.

BOWLING

Upcoming Bowling Tournaments

Century Doubles at Lakeview Lanes

Sunday, May 15, 2016 Qualifying • 9am | Finals • Noon | Entry Fee: \$50

Open to any USBC Certified Member | Doubles Partners Ages Must Total 100

No-Tap Tournaments at Lakeview Lanes

Every Saturday at 4:45pm Cost: \$11 Colored Pins | 3-6-9 Pots | Mystery Scores

Summer No-Tap Tournaments at Bell Lanes

Last Sunday in May, June, July & August at 1pm Cost: \$12 High Game | 3-6-9 Pots | Mystery Scores

RCSC Bowling Centers Locations & Hours

Summer Bowling Hours & Rates Start on May 1

Lakeview Lanes 10502 W. Thunderbird Blvd. 623-876-3055 Monday-Saturday: 8am-8pm | Sunday: Noon–6pm

Billliards at Lakeview Lanes, too! Darts, Shuffleboard & Pool also at Bell Lanes!

Bell Lanes 16810 N. 99th Ave. 623-876-3050 Monday-Saturday: 8am-8pm | Sunday: Noon–7pm

Summer Bowling Rates - Cardholders: \$1.90 | Guests: \$2.15 (per Game)



RESTAURANT HOURS: M-F: 7am-8pm; Sa & Su: 7am-2pm

Memo's Bistro

Inside Bell Lanes 623-933-8261

** Wednesday & Friday ** All-You-Can-Eat Alaskan Cod Fish Fry with Cole Slaw & Potato Wedges \$9.99

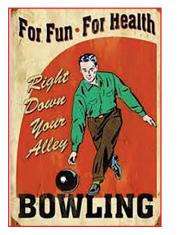
SCBA March 2016 High Scores

Men's High Game Warren Riemer 300 Fred Jones 300 Cal Shirey 299 298 Choc Higa Tom Bright 290 Gary Demeny 289 289 Larry Ely Keith Hicks 289 Lloyd Johnson Sr 289 Larry Gray 288 Hank Schrader 288 Bruce Lamb 287 Tom Adamowich 286 John Marvel 286

Men's High Series

Gary Demeny 787 Charlie Price 785 Fred Jones 782 Greg Poteete 782 John Marvel 780 Bruce Lamb 779 Alan Wagner 776 Larry Ely 774 Cal Shirey 769 Mike Friedrichs 758 Jim Lunnie 758 Tom Bright 754 Chet Sharpe 754 Matt Silvers 751 Nick Pluhowsky 750 Glenn Rienecker 749 **Terry Stubblefield 746** Choc Higa 743 F. LaBerge Sr. 743 Dave Dunn 742 **Rick Williams** 742 Perry Hatter 741 740 Steve Vosgier Tim Walker 739 Fritz Haverstick 738 Donald Cook 737 Warren Riemer 735 Mike Knudston 734 Lloyd Johnson, Sr 731

Dana Barrette 730 John Gonzales, Jr. 728 Donald Meyer 728 Gary Demeny 727 Gary Burke 725 Robert Havden 725 Dick Ohnstad 725 Ken Kuhfuss 721 Roger Beebe 720 Darrell Lewis 719 **Rich Matich** 718 Mike Gallery 717 Jerry Raisanen 717 Chuck Rehbock 717 Dan Wolverton 716 Farl Lucas 715 Michael Coleman 714 David Haley 712 Martin Purnell 711 Tom Adamowich 710 Angelo Colaianni 710 Chuck Morgan 710 **Ray Temple** 709 **Roger Althaus** 704 Mark Echeverria 704 John VanDrie 704 **Keith Hicks** 703 Dan Hammer 701 Sam Giordano 700



Women's High Game S. Braverman 300 Brenda Burns 277 Cori Larsen 267 Vera Mcfadden 266 Barbara Daniels 258 Andrea Lewis 256 Lynda Bettini 255 Renee Hawkins 247 J. Smith 247 Juli Bayer 246 C Brown-Hayden 246 Barbara Bonner 238 Rose Alfaro 237 Julie Pratt 237 Sonja Echeverria 236 Sandy Nardone 236 Bunny Coleman 234 Dianne Krouse 234 Georgia Perry 234 Ziggy Weir 234 Dee De La Vega 233 R, Gennarelli 229 Rose Alfaro 227 Kathy Crowley 227 Annette Kail 225

Women's High Series

S. Bravermann	741
Lynda Bettini	728
Andrea Lewis	722
Brenda Burns	714
Jacqueline Smith	686
Cori Larsen	683
Juli Bayer	680
Barbara Daniels	675
Vera McFadden	669
Kathy Crowley	654
Sandy Nardone	654
Barbara Bonner	636
Julie Pratt	630
Rose Alfaro	628
Annette Kail	633
Alice Miller	611

Get out of the heat! Join a Summer Bowling League! Sign-up today! League play starts in May.

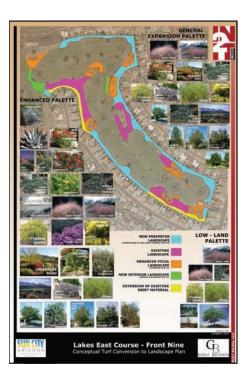
George's Lakeview Cafe

Restaurant Hours: M-Sat 7am-8pm; Sun 7am-6pm Inside Lakeview Lanes 623-876-3057 From our Family to Yours! \$1.29 Coffee with any Breakfast, Lunch or Dinner **Fish 'n Chips \$8.99** 9 Ounces of Cod, Coleslaw & Potato Wednesday & Friday



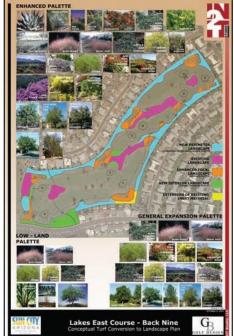
Water Conservation Efforts Kick-Off

Work begins in May on the Lakes Golf Course, marking the beginning of further water conservation efforts being implemented by the Recreation Centers of Sun City. Below are the turf conversion to landscape plans prepared by Gary Brawly Golf Design and In2lt Studio. Full-scale drawings are posted for viewing by RCSC Cardholders at the Lakes Golf Course Pro Shop on Talisman Road.



Also starting this month at Willowbrook Golf Course is work on the lake and pump station. No course closure is anticipated, although there may be some noise disruption associated with the general construction process.

We appreciate your patience and cooperation with these on-going efforts to enhance our courses and conserve water for the future in Sun City AZ.



Take a **GOLF** Lesson

Sun City resident PGA & LPGA Professionals are available to help you - whether you're just getting started or looking to you improve your game!

Business Cards are located in all RCSC Sun City AZ golf pro shops. Call to schedule an appointment. Both private and group lessons are available.

- Billy Edmondson 602-625-7050
- Sarah Bakefelt 623-875-3418
- Bob Jennings 602-463-4533
- Bob Day 602-818-1470

It's never too late to learn somthing new! Get started today!

Beat the Heat - Go Bowling

The calendar might only say May, but once the temperature hits the triple digits (if it hasn't already), it's time to head to the RCSC bowling centers to beat the heat!

Bowling is a great sport that offers many health benefits to those who play regularly which can contribute to a healthier lifestyle overall. It's a very good form of relaxation; it helps you to socialize and reduce stress and acts as a stimulus for your competitive nature.

Stretching and warming up before you start bowling is highly recommended. Even if you only bowl once a week, you'll be lifting your ball, twisting, walking and swinging with every frame. Bowling also helps you burn fat. A game of bowling can burn any-where between 170 to 300 calories pending upon your weight and how much effort you use.

For many, bowling is less sport and more social. While improving your game might be your ultimate goal, spending some time at the bowling center with family or friends is a great way to stay out of the heat and have fun at the same time. Some psychologists recommend that making new friends (which you're bound to do when bowling) can actually improve heart muscles and increase your longevity.

And don't forget – heat can also play havoc with your equipment. If you don't have a locker to store your bowl at the bowling center remember to bring it into the house. Leaving a bowling ball in a hot garage is just as bad as leaving it in the trunk of the car.

As always, RCSC bowling staff are on-hand to help you get started. If improving your game is your ultimate goal, lessons are available as well (for a nominal fee).

Yes, we know it's getting hot outside. But being at the bowling centers is very, very cool!



RCSC BOARD OF DIRECTORS

PAGE 7

A Moment with President Schroeder -In My Humble Opinion: Slow Down! Take Time to Smell the Roses!

Very few of us were born with a silver spoon in our mouth. We have worked hard all our lives, scrimping and saving to get where we are today. Residing in a comfortable, affordable home with endless possibilities for ways to enjoy our days. Some of us may still be working while others may be having financial or medical difficulties that cause life to be stressful and sometimes downright unpleasant.

But what some of us fail to realize at times, that despite our age, circumstances or limitations, the world includes more than just us.

In Sun City AZ, we truly believe that everyone is equal and all should be able to partake in the activities that they find pleasurable. Sometimes, however, member's expectations are impossible to fulfill. There is sometimes a sense of entitlement and that it should be "my way or the highway."

Fairness and respect are the forces that rule and regulate many of the activities in our community. Whether it is the use of equipment at a club, presenting your RCSC Member or Privilege Card to gain access to free events and concerts or play on the golf course, keeping in mind the requirements and the impact your actions have on others is paramount.

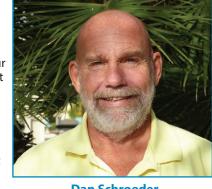
Be kind and let the person behind you in the grocery line with only one or two items go ahead of you. Realize that taking the time to smell the roses is a blessing, not a curse. What is the hurry? Slow down and live! Next time you're out for a walk, say hello to those you pass and give a wave to the cars driving by.

The RCSC Board of Directors, along with management and staff, value member comments and opinions. But just because something is not your "cup of tea" so to speak, doesn't make it wrong for others to find it enjoyable.

IMHO (which stands for "in my humble opinion") is one of those abbreviations that has crept into mainstream usage and could be seen as a "gentle disclaimer" that while your opinion may be important to you, the world won't stop or change because

of something you don't care for.

Some of the time, we really do need to bite our tongues and think about who is on the receiving end. As irritating as phone solicitors may be, they are just normal people like you and me doing a job. Think about that the next time you want to let somebody know how you really feel. Did that person really



Dan Schroeder RCSC Board President

make the rule or are they just the messenger?

If you really want to change things, be a part of the solution. Volunteer. Help make a difference instead of merely complaining.

Stop. Think. Be kind. Even if it is just your humble opinion, sometimes it is best to just keep it to yourself.

Why not join a Board Committee?

No matter what your background or interest, chances are there's a place for you at the table as a member of an **RCSC Committee!**



Stop by the Board Office to learn more and give back to the community. Do your part and become involved!

Lakeview Social Hall #3

Lakeview Board Room

Lakeview Social Halls #1-2

This Month @ The Board - May 2016

**PLEASE NOTE: All dates are subject to change. For the most up-to-date information, check suncityaz.org or pick up a copy of "This Month @ The Board" from the Corporate Office.

Board/Member Exchange **Regular Board Meeting**

Lawn Bowling Committee

Golf Advisory Committee

Entertainment Committee

Club Organization Committee (COC)

Committee Meetings:

Bowling Committee

Elections Committee

Monday, May 9, 2016 @ 6:00pm Thursday, May 26, 2016 @ 9:00am

Tuesday, May 5, 2016 @ 9:00am Outreach & Communications Committee Tuesday, May 10, 2016 @ 9:30am Wednesday, May 11, 2016 @ 1:00pm Tuesday, May 17, 2016 @ 1:00pm Wednesday, May 18, 2016 @ 1:00pm Thursday, May 19, 2016 @ 8:30am Tuesday, May 31, 2016 @ 1:30pm

Lakeview Board Room Lakeview Board Room

The following committees do not have meetings scheduled for this month: Finance & Budget, Insurance and Properties

SUN CITY ARIZONA

2016 RCSC Board of Directors Phone: 623-561-4620 email: boardoffice@suncityaz.org

Dan Schroeder, President email: dschroeder@suncityaz.org

Rich Hoffer, Vice President email: rhoffer@suncityaz.org

Carol Lawry, Secretary email: clawry@suncityaz.org

Michael Kennedy, Treasurer email: mkennedy@suncityaz.org

Peter Lee, Director email: plee@suncityaz.org

Ida Eisert, Director email: ieisert@suncityaz.org

Gary Cotten, Director email: gcotten@suncityaz.org

Ron Smith, Director email: rsmith@suncityaz.org

Jerome Walczak, Director email: jwalczak@suncityaz.org

Meeting Announcement



Thursday, May 12, 2016 1:00pm - Lakeview Board Room

> "Neighbor Helping Neighbor" Find out what we're all about!



Management Updates

Financial Report:

We have completed February 2016 well within our operating and capital budget. Every division net operations year to date before depreciation is better than budget. One of the most frequently asked questions about our financial operations is how the photovoltaic ("PV") solar systems have worked out.

There is a full article on the front page of the SunViews today, but as a matter of record all PV solar systems have been online, functioning and producing electricity as of September 2013. The weather obviously makes a considerable difference in the amount of energy used and produced, which is evident in the comparisons between 2014 and 2015. Nonetheless, these first full two years of PV solar production provides good information that our projections were sound.

In 2014, the PV solar produced 3,951,496 kWh of electricity at a value of \$479,356.95 for the year. RCSC received \$189,211.01 in APS rebates for a total savings of \$668,567.96. The solar lease cost RCSC \$578,283.00, for a net savings to RCSC of \$90,284.96.

In 2015 the PV solar produced 3,783,354 kWh of electricity at a value of \$483,182.61 for the year. RCSC received \$181,404.78 in APS rebates for a total savings of \$664,587.39. The solar lease cost remained the same at \$578,283.00, for a net savings to RCSC of \$86,304.39.

As electricity costs rise, the savings extended to RCSC with the production of electricity by the PV solar systems will also increase.

Bowling:

Starting the last Sunday of May, Bell Lanes will begin the monthly summer no-tap bowling tournaments. The tournaments will be held the last Sunday of each month and end the last Sunday of September with a Scotch Doubles tournament. All bowlers are welcome whether USBC certified or not.

The bowling division recently held their annual league officers appreciation tournament. League officers are an integral part of bowling and the bowling division hosts the tournament every year to show RCSC's appreciation for all of the hard work the officer's perform throughout the year. All bowling league officers were invited to participate for cash prizes and drawings for three different bowling balls.

Cardholder Services:

Payments on past due assessments increased slightly in February but were still below the monthly average for the past 12 months. Overall accounts receivables decreased by 1% with the Over 90 Day balances decreasing the most – indicating that payments outpaced the aging of invoices this month. Both the Over 30 Day and Over 60 Day categories saw net increases in February. Payments from our third party collections firm continued strong in February and year-to-date payments total \$33,292. While there was a larger amount of payments received this did not impact total accounts receivable balances as several of the large payments were from former property owners.

In February, property transfer related balances decreased by 2% and lender owned related balances decreased by 27%. The cyclical nature of these balances continue to show that they are dynamic over time. Outstanding balances related to property transfers continues to represent approximately 53% of all receivables due and past due balances.

Payments made by Cardholders through the online RCSC Web Portal in February totaled \$86,811. This is the highest monthly payment total for online payments. Year-to-date web portal payments total \$154,707.

Trustee sale notices on Sun City AZ properties decreased to 41 properties at the end of February. The number of properties owned by lending institutions decreased again this month to 32 properties. The latter of these is the lowest total tracked in the past 4 years.

Preservation and Improvement Fees collected in February were \$539,100, which is \$73,600, or 16%, over the amount budgeted. Year to date PIF fees are \$1,074,600, which is \$269,600 over budget for the year and up 14% from 2015. Again a reminder that we intentionally budget PIF income very conservatively to assure that we have the cash on hand for any planned project as we remain debt free.

Human Resources:

H.R., I.T. and Accounting have been working on reporting requirements of the Affordable Care Act (ACA) over the past few months. As a large employer, RCSC is required to document all employees eligible to receive health care coverage by a monthly breakdown. This includes access to health care coverage in the workplace and information about the quality of coverage offered. Forms are required to be filed with the IRS and sent to every employee who, according to the ACA rules, is deemed to be full-time. Submitting the forms timely avoids any penalties the IRS may impose. This is the first year the ACA has required filing of the forms.

Twenty-two individuals have been hired to fill job openings at RCSC year to date. Four of the individuals are fulltime and the remaining eighteen are part-time.

Member Services:

On Wednesday, March 2 the Roy Orbison tribute played to a sold out crowd. Many people tried to get tickets at the last minute and there were just none to be had. It was an incredible story and performance!

The following Wednesday, March 9 we had yet another full house. Over 40 members of the United States Air Force Band of the Golden West took the stage for 90 minutes of some of the finest orchestral music from the west coast.

(continued on page 11)

RCSC Management Reports are presented at RCSC Board of Directors meeting each month, posted on the website at www.suncityaz.org (under the Recreation Centers), and sent via email to RCSC Cardholders who have signed up to receive RCSC News Alert Emails. These reports were presented to the Board on March 31, 2016.

Financial Report

Period Ending - February 2016 For a more detailed financial statement, please visit

ww.suncityaz.org/financials

BALANCE SHEET		
For the Period Ending February 29, 2016		
	Current	Prior
	Y-T-D	Y-T-D
Unrestricted Funds:		
Cash Invested/On Hand/In Bank	9,072,292	10,345,462
Cash Reserves	2,500,000	2,500,000
Sub-Total Unrestricted	11,572,292	12,845,462
Restricted Funds:		
PIF/Capital Reserve	11,052,449	7,496,068
Total Cash & Investments	22,624,741	20,341,530
Other Current Assets:		
Accounts Receivable	3,069,320	2,999,921
Deposits & Prepaids	1,739,920	1,734,511
Inventory	119,460	87,534
Total Current Assets	27,553,441	25,163,496
Fixed Assets:		
Land, Improvements, Buildings	95,499,900	81,383,182
F, F & E and Vehicles	26,600,970	25,696,971
Less: Accumulated Depreciation	(61,147,629)	(57,159,081)
Work In Progress	8,336,296	16,482,114
Total Fixed Assets	69,289,537	66,403,186
TOTAL ASSETS	\$96,842,978	\$91,566,682
Current Liabilities:		
Accounts Payable and Other	1,469,020	1,810,064
Deferred Income	6,684,663	6,416,815
Pre Billed Assessments	2,584,400	2,507,975
Total Current Liabilities	10,738,083	10,734,854
Other Liabilities:		
Lease Purchase	0	27,940
Total Liabilities	10,738,083	10,762,794
Net Worth:		

Current Net Worth	86,104,895	80,803,888
TOTAL LIABILITIES and NET WORTH	\$96,842,978	\$91,566,682

STATEMENT OF INCOME AND EXPENSES For the Period of February 29, 2016

	Current	Prior
Operating Income.	Y-T-D	Y-T-D
Operating Income:	1 0 6 1 4 0 6	4 702 700
Property Assessments	1,861,406	1,782,799
Transfer & Access Fees	106,538	106,689
Privilege & Guest Cards	216,034	208,711
Food / Liquor Sales	146,886	136,422
Bowling Fees	152,810	142,502
Golf Fees	1,337,937	1,208,861
Cart Rentals	52,949	50,599
Merchandise Sales	38,968	35,788
Activities Income	165,263	129,230
Rental Income	58,170	56,086
Contributions	7,413	7,580
Miscellaneous Income	3,501	4,383
Total Operating Income	4,147,875	3,869,650
Cost of Sales:		
Total Cost of Sales	158,893	132,575
Gross Income \$3,98		\$3,737,075
Operating Expenses:		
Salaries and Wages	1,105,513	1,022,522
Payroll Taxes and Benefits	348,052	311,649
Repairs and Maintenance	307,583	328,538
Utilities Expense	422,213	398,017
General Operating Expenses	292,395	292,268
Total Operating Expenses	2,475,756	2,352,994
Net Operating Income	\$1,513,226	\$1,384,081
Other Income:	23,018	19,060
Other Expenses:		
Property Taxes	24,875	25,166
Insurance	72,181	72,181
Other	(5)	5,943
Net Income Before Depreciation	1,439,193	1,299,851
Depreciation:	647,680	649,231
NET INCOME / (LOSS)	\$791,513	\$650,620

Project Updates

General Information

Contractor proposals are currently being received for roof and building repairs for fifteen "on course" restrooms at RCSC golf courses.

Oakmont Center / North Pro and Snack Shops

- The Oakmont renovation project is well underway with all the building exterior siding removed. Items we found that need to be corrected include: minor termite damage in the northeast corner of the Weavers Club room, aluminum electrical wiring, electrical wiring done incorrectly, galvanized plumbing pipes, improper or missing framing components, missing wall insulation and dry rot around the Facility Attendants office. Currently the electrical wiring repairs and termite repairs are completed. In addition, a full pre-treat of the building's foundation and lower framing has been done. Next steps include the replacement of galvanized plumbing piping, installation of new wiring for walkway lighting, replacement of missing insulation and installation of new windows and doors.
- The Oakmont project also includes exterior weatherization and stucco of all remaining buildings, rework of soffits and fascia boards, new gutters and downspouts, some sidewalk replacements, installation of an ADA ramp into the Lapidary/Silver club, remodel of the two restrooms by the auditorium and patio repairs. Contractor for this project is Ken McIntyre Construction. (Cost – \$288,000)
- A 7.5-ton and a 10-ton split mechanical (HVAC) systems with gas heaters were replaced at the North Pro and Snack shops. The new Trane systems were required to fit into the "tight closet" where the former 23 year old units were installed. Contractor was Custom Cooling. (Cost \$23,373)

Mountain View Center

• The Mini Golf course at Mt. View has been completely re-carpeted. Contractor was Floors at the Arizona Design Center. (Cost – \$31,330)

Fairway Center

• The dust collector at Fairway woodworking had the primary and secondary filters replaced. Contractor was Air Energy Systems and Services. (Cost – \$5,451)

Lakeview Center / Duffeeland Dog Park

- Two new 4' x 8'Tennis practice hitting boards were constructed and installed on tennis court #1. Contractor was the RCSC Skilled Trades Department. (Cost – \$100)
- Two new shade canopies and a water fountain will be installed in April at Duffeeland Dog Park. Contractor is USA Shade. (Cost – \$18,496)
- Four new LED flood lights have been ordered for the Lakeview mini golf course. The new light fixtures will be installed by the RCSC Skilled Trades electrician. (Cost – \$1,000)
- Contractor proposals are currently being received for remodeling of the east Lakeview Lanes restrooms and the upstairs restrooms by the red entrance at Lakeview Center.

Quail Run Golf Course

- A section of powder coated steel fencing was installed to replace some unsightly fencing by the #1 tee box. Contractor was Sav-On-Fence. (Cost \$2,400)
- The block wall which runs around the perimeter of the Quail Run golf course is being spot repaired and repainted on the golf course side. The contractor is also repairing and repainting a few unsightly sections of the same wall on the Grand Avenue side. Contractor is Ken McIntyre Construction. (Cost \$15,744)
- Contractor bids are currently being received for some remodeling work on the Quail Run Ramada structure. The work includes: replacement of all fascia boards, installation of a new ceiling and replacement of the rusted out florescent light fixtures with LED recessed lighting. The aforementioned improvements are needed to keep the structure in good repair, improve lighting and stop the pigeons from roosting in the pocket areas where the roof trusses and the walls come together

Bell Center

 The wood support structure from which the 2,080 pound Liberty Bell hangs has been replaced using a new white oak beam constructed by the Bell Woodworking Club in accordance with the structural engineer's requirements. Thanks to Bell Woodworking for donating their labor to construct the specialized beam. Contractors were Starling-Madison-Loftquist (structural engineer), Ken McIntyre Construction and Bell Woodworking. (Cost – \$4,700)

- The second set of bi-parting doors at Bell Lanes on the 99th Avenue side of the building were rebuilt by replacing the motor, gear box, controller, drive belts, brackets, idler tensioner, new sensors and other needed hardware. Contractor was Vortex Industries, Inc. (Cost – \$4,934)
- The pole lights on the 18th hole at Bell mini golf were replaced with LED fixtures. Contractor was Accel Electric. (Cost – \$5,601)
- Three new steel base cabinets with stainless steel counter tops and sinks have been ordered for the Bell Silvercraft Club. Contractor is Wasserstrom & Sons. (Cost – \$10,876)
- Two new sets of very long wood base cabinets are being constructed and new stainless steel counter tops and sinks have been ordered for these cabinets. The new cabinets and counter tops will be installed in the Bell Crafts Club. Contractors are Wasserstrom & Sons and the RCSC Skilled Trades Department. (Estimated Cost – \$5,736)
- Wall repairs are currently underway for a water damaged section of wall by the Bell social hall kitchen. Contractor is DFG Builders. (Cost \$2,687)
- Warranty cool decking repairs around both pools and outdoor spa are being scheduled at this time. Contractor is Spartan Concrete. (No cost to RCSC)
- Contractor proposals are currently being received for complete remodeling of the Bell Library restrooms, west Bell Lanes restrooms and Clubs restrooms.

Riverview Pro / Lakes E-W Snack Shop

- New window tinting has been applied to the west facing windows at Riverview Pro Shop. Contractor was All Pro Window Tint. (Cost – \$975)
- A new stainless steel counter with stainless top and a new condiment counter with stainless steel top are being fabricated for the Lakes East/West Snack Shop. Contractor is Wasserstrom & Sons. (Cost – \$7,204)

Marinette Center

• The Marinette pool and spa have been shut down from Monday, March 21 through Sunday, April 3 for warranty cool decking repairs. Contractor is Spartan Concrete. (No cost to RCSC)

Skilled Trades Department

- A new Ford F-150 pickup was purchased to replace a worn out 1998 Dodge pickup. The new pickup was also outfitted with a roof rack and cross-body box. Dealer was Sanderson Ford and equipment vendor was Auto Safety House. (Cost – \$28,517)
- The RCSC Skilled Trades Department completed 281 work orders during the last two weeks of February 2016 and the first two weeks of March 2016.

Centers Operations

- During the past month we have been playing a different radio station at Sundial pool and fitness center due to cardholder requests for something different than 94.5 KOOL FM. That station is 92.7 FM. Sundial is currently the only location with a digital tuner and was used for testing and cardholder input. This FM station is more 60's oriented, playing artists like The Beatles, Tommy James and the Shondell's, The Righteous Brothers and Sly and the Family Stone with very few commercial interruptions. All great stuff! So far cardholder response has been very positive. If response stays strong for this station, we will look at purchasing additional digital receivers for the other centers. Stop by and listen when you get a chance.
- New Rol-Dri seamless sponge roller water remover units have been installed at the Marinette pickleball courts. These units will help in getting play safely started during times when rain and water need to be removed from the playing surface.
- Now that the weather is getting warmer during the day, a game of mini golf in the evening at Bell would be a lot of fun and much cooler. New LED lights have been installed near the 18th hole which has made a big difference in the visibility. Not only is it easier to see, but the bulbs will last much longer and are far cheaper to operate than the old light fixtures. Bell mini golf is open until 9:00pm Monday through Saturday and until 8:00pm on Sunday.
- Congratulations to the following employees for their RCSC anniversary milestones: Bob Becker 5-years; Jan Dallai, Rich Grieves, Sharon Johnson and Anita Dahl 10-years; and Bob Stephenson 15-years.

COMMUNITY NEWS



BREAKING NEWS

Volunteer of the Year: At the 2016 Volunteer Appreciation Dinner, Mildred Stevens was named the Friends Volunteer of the Year. Mildred has been volunteering for the Friends for 19 years, and has logged over 7,000 hours during that time. She still works three days a week in Books Around the Corner. The Annual Banquet honored the 85 volunteers who gave 10,206 hours during 2015. Friends, an all volunteer organization, uses volunteers in its Bookstore, Book Buddy program, the Bell and Fairway Libraries, and on its Board of Directors. Mildred Stevens is pictured with Friends President, Marcia Davis (right).

Friends of the Libraries

News from



BREAKING NEWS

Book Sales: The Mother's Day Book Sale will be Friday, May 6, and Saturday, May 7. All books with women authors will be half price. May will also feature a special tabletop sale featuring World War I and II and Abraham Lincoln books. Sales are only possible because of the generous donations to Books Around The Corner from Sun City AZ citizens. Thank you!

BREAKING NEWS

New Officers: At the Friends Board of Directors annual meeting, new officers were elected. Marcia Davis moved from Vice President to President. Judy Wannamaker is the new Vice President. Pat Bates assumed the secretary's job. Sue Painter continues as treasurer. Because of six-year Board term limits, the Board is always looking for new members. Please consider joining these Library supporters. Applications are available at Books Around the Corner, or at www.suncitylibraryfriends.org.

BREAKING NEWS

Book Buddy: The Friends Book Buddy Program has a host of volunteers who pick up and deliver books, DVDs, etc. to people in the Sun City AZ area who cannot get to either Library. There is no charge. If you know of someone who could use this delivery service, or are interested in volunteering, call the Bookstore at 602-651-2014. Leave your name and number. We need patrons and volunteers. Please consider this manner of giving back to your community.

BREAKING NEWS

May Library Programs: There are just too many great programs being offered in May to list here. To get program details, go to the MCLD website, http://www.mcldaz.org/.

BROKEN NEWS

None of the preceding news items are really breaking, since copy for SunViews must be submitted well in advance. This "Breaking News" thing seems to be the latest gimmick to get our attention on television. Did you just get sucked in again? You see, it works!

Water Conservation

Water & Electricity Don't Mix; Or Do They?

Everyone knows that water and electricity don't mix, but when it comes to conservation, they do make smart bedfellows. Did you know that turning off a light can help conserve water? Power plants use thousands of gallons of water, requiring more water on average to generate the electricity that lights our rooms, powers our computers, TVs, and household appliances than the total amount of water we use in our homes for everyday tasks - washing dishes, laundry, showering, toilets, watering lawns, etc. So when we say the average household uses approximately 80-100 gallons per person per day, it doesn't include the water we use in an electrical footprint.

A power plant takes water from rivers, lakes and aquifers and loses immense amounts to evaporation. Just the tiny amount of electricity it takes to power one 60 watt incandescent light bulb evaporates 3,000 to 6,300 gallons of water annually. How many 60 watt light bulbs are burning in your home on any given evening? Could you do with

one less? Two? How many times do you leave your television on while "just running up to the corner store," or found in the morning you forgot to turn off the light over the stove?

Conserving our water for generations to come only begins with managing the obvious: leaks, appliances, shorter showers and "mellowing" the toilet." Hidden water usage needs as much attention to preserve our world's natural resources for our children's children. If that doesn't work for you, just think of the money you'll save by not only conserving water, but also that you will save by practicing conservation of electricity as well.



How many lights do you see on in this kitchen photo? How much water is being wasted? We count 12 fixtures wasting possibly over 75,000 gallons of water.



PAGE 11

Updates

(continued from page 8)

The Sun Bowl spring series began Sunday, March 13 with the highly requested sounds of House of Steel. Fifteen minutes into the show the dance floor was rockin' non-stop.

On Wednesday, March 16 we were back at Sundial with The Garth Guy. This show was loaded with talent as Dean Simmons performed one Garth Brooks hit after another. Two standing ovations let us know that this show was definitely worth the wait.

On Saturday, March 19 we held our first Senior Prom, dancing to the Realtones. Everyone was beautifully dressed in gowns, party dresses, tuxes and even tails. Elegant "Enchanted Evening" props were placed throughout the auditorium for memorable photo opportunities. A King and Queen were chosen, and the queen delighted in her reign. So many commented that they can't wait to do it again next year.

The following evening, we were back at the Sun Bowl, as Sun City AZ came alive with Jumpin' Jack Flash, a Rolling Stones Tribute. The bowl was packed, as was the dance floor. It was very entertaining to watch the authentic moves, sounds and mannerisms of Mick, Keith and the rest of the Stones.

On Wednesday, March 23 we were back at Sundial with Tonight's the Night, a tribute to Rod Stewart! Rob Cahill is one of the top-rated Rod Stewart tribute artists on the circuit today. He is another artist whose stage presence, sound and mannerisms are so true to the original artist that it's uncanny.

On Saturday morning March 26 we returned to the Sun Bowl as kids of all ages came to hunt for some of the 4,000 stuffed eggs that were laid out throughout the bowl. There was candy, prizes, face painting, pony rides and a petting zoo. Families had so much fun as laughter and excitement filled the air and they made Easter time memories.

On Easter morning, the United Church of Sun City celebrated with hundreds of worshipers during our annual Sunrise Service at the Sun Bowl. What a beautiful and glorious way to celebrate Easter!

The evening of Easter at the Sun Bowl we welcomed the original Kingsmen. From the moment they first voiced those infamous words "Louie Louie," they were launched into America's mainstream rock and roll conscience and they've never looked back. The Kingsmen sounded better than ever. You can easily understand why Sun City AZ is The Original Fun City!

General:

For those who may not be aware, the monthly management reports are available on our website www.sunaz.com under the corporate tab. Also, if you have not done so already, please sign up on the RCSC email list where you can designate topics of interest and stay in the loop with RCSC news alert emails!

Sun City Farmers Market

Bell Recreation Center • East Parking Lot Thursdays • 9am to 1pm



Fresh has never tasted so good! ** Sorry, NO pets are allowed at the market! ** Last day of the season is May 26 • Returning October 6



Now with FM Transmission at all locations! Bring your device and tune to 96.1 FM.

PLEASE NOTE: The movie on Saturday, June 18 will be in Lakeview Social Halls 1-2. Also, movies in July & August on Wednesdays will be in Sundial East Hall. There will be no movie on Wednesday, July 20.



NextGen Serves Up Hope for St. Vincent de Paul



Twenty-two members from the RCSC chartered club, NextGen, lent a helping hand at the Henry Unger Memorial Dining Room on Saturday, April 2, 2016. This dining room is part of St. Vincent de Paul and is located in Downtown Phoenix. The NextGen volunteers worked with two other groups to serve 561 meals to those in need and helped with a wide variety of jobs including serving food, cleaning tables, beverages, trash removal, greeting clients and making popcorn. Everyone pitched in on final clean up. Thanks NextGen for giving back to the community!

Sun City Gives Back

Fairway Knitters Give Cozy Comfort to Many

Fairway Knitters have been donating handmade items throughout the valley and around the world for many years. It's the purpose of their being, so to speak.

Charities that receive these knitted and crocheted items run the gamut from nursing homes and hospitals, to local schools and formal organizations such as the Salvation Army, Phoenix Rescue Mission, Hopi Indian Reservation and soldiers overseas.

With donated yarn or purchased supplies, they craft all sorts of objects that bring comfort to others – lap robes, afghans, hats, mittens, scarves, slippers, shawls, toys and baby blankets, sweaters and booties – all for the pleasure of giving them away.

The club meets every Friday at Fairway. They share new methods and techniques as they form new friendships along with 100's of items for donation each year. While it is estimated that the value of their donated items last year was over \$7,000, its true worth is priceless.

Some club members have been knitting for years, others are new to the craft. Their friends and families have enough to last them for years. And besides, it just feels good to give to those in need. Thank you, Fairway Knitters, for the comfort you bring to others.

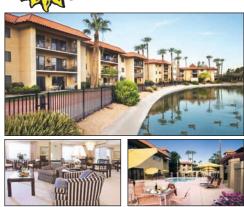






Fairway Knitters Neva Shumaker, Cyndy Dobbins and Linda Thompson recently delivered many handcrafted items to the Immanuel Campus of Care in Peoria, with ICC staff member Tyler assisting.

El Dorado of Sun City Condominiums

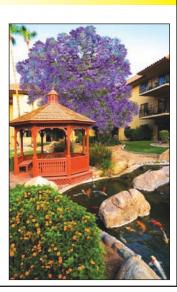


Low monthly HOA fee includes:

- * One meal a day in our elegant dining room
- * Weekly housekeeping with linen service
- * Chauffeured transportation, both scheduled and by reservation
- * Health, fitness and activity programs
 * Some condominiums available for lease

Call Drew Seargent to schedule a tour 623-972-3000 www.eldoradosc.com 10330 W. Thunderbird Blvd., Sun City

Enjoy Independent Living with all the benefits and control of ownership. Current condominium prices start at \$45,000





Clockwise: Knitters items for sale will soon be on display in their new hallway case at Fairway. Sometimes it takes two - one to make the hat and one to make the flower. Many Knitters projects "support our troops or medical needs such as hats for premmies. Yarns are often donated to the club for member use.





The best things in life are made by hands.









Wednesday, June 15, 2016 Sundial Auditorium

Show: 7pm; Doors open at 6pm General Admission Seating

Free for RCSC Cardholders & their escorted guests!

Be prepared to show your RCSC Member or Privilege Card for entry; no key fobs accepted!

CLUB EVENTS

Welcome to RCSC Club Events

We've reorganized the Clubs Events and Annoucements that appear in SunViews each month so that it's easier to find the activities you're looking for. Clubs are welcome to submit information to this section every month and should include the date, time and location of the event along with cost and contact information. Let us know what you think by sending an email to sunviews@sunaz.com.

- Page 13 General Information, New Interest Groups, Other Interests
- Page 14 Cards, Games and Social Clubs
- Page 15 Sports & Outdoors; Monitored Activities
- Page 16-17 Fitness, Health
- Page 18-19 Club Directory
- Page 20-21 Arts & Crafts, Performing Arts
- Page 22 Dances
- Page 23 Educational Classes

General Information

Sun City Rockhounds Mineral Museum at Sundial

The Sun City Rockhound Club meetings are suspended until October. Summer Hours for the Mineral Museum at Sundial: Open Saturdays 10:00am-1:00pm May through September FMIC 623-428-6442 or email scrockmuseum@gmail.com

Del Webb Sun Cities Museum Next to Oakmont Center May 16 - September 14 By Appointment Only - Call 623-974-2568 or email to staff@DelWebbSunCitiesMuseum.org





Model Railroad Club at Fairway Summer Hours: Wednesdays from 10am-2pm May 1 - September 30

Home Delivery of SunViews

Did you know you can start and stop home delivery of SunViews while you're out of town? Simply contact the Daily News-Sun Circulation Department at 623-977-8347 or email to pfreedman@yourwestvalley.com. And don't forget - another way you can stay in the know is by getting SunViews online at www.sunaz.com.

Submit Your Club Events by email to: sunviews@sunaz.com

All submittals must be received no later than close of business on the 5th day of the month for the next month's edition. Please include the date, time and location of the event along with cost and contact information. If you need assistance, please contact Joelyn Higgins, Communications and Marketing Coordinator, at 623-561-4616.

New Interest Groups

Looking for Birders

Looking to form a club specializing in field trips to identify birds, raise community awareness, enjoy nature and have fun educational classes with ornithological themes. Beginners to advanced birders are welcome. As an experienced former Audubon field trip leader and birding instructor for Parks and Recreation, I can lay the foundation for the field, classroom and research library infrastructure. No experience needed! You'll love discovering the joys of birding! Contact Tom or Helen Locascio at 623-977-4992 or locascio2000@hotmail.com



Native American Flute

If you are interested in the music of the Native American flute (for flute players and those who simply want to listen), please contact Linda Schonewald at 425-308-4310 or email tomandlinda12@yahoo.com

Political Clubs

Sun City Democratic Club

The Sun City Democratic Club meets 6pm first Thursday monthly at Fairway. Reservations required for the Cinco de Mayo Fiesta on 5/5. Contact club at suncitydemocraticclubofaz@ gmail.com. We meet all summer. You are encouraged to bring a non-perishable food item to our meeting for the Food Bank. Join the coffee group every Monday, 9am, at Starbucks on 99th Avenue & Bell. We are a lively group! Meet like-minded

people and make new friends. For more information read the full newsletter at http://hubpages.com/@nmlady. All RCSC members and escorted guests welcome.



Book in Hand Club

Sun City Republican Club

Meeting: 5/16, Sundial East Hall at 6:30pm-8:30pm. Great Agenda and Special Guest Speakers: KFNX Conservative Radio Hosts of Chips and Salsa Show, Jorge Ortiz Sr. and Alice Lara will entertain.

Then Dr. Kelli Ward, candidate for AZ US Senate (J. McCain opponent) will speak and answer questions. All current RCSC cardholders and their escorted guests welcomed. Contact: Patti Thompson 713-557-5800 suncitygopclub@gmail.com and suncitygopclub.com

Other Interests

Book in Hand Club

The Book in Hand Club is a group of well-read people with a variety of opinions and life experiences that foster great conversation. Jeri Hauff monitors the discussions. The book club meets year round at 1pm second Fridays in Room 217 of Fairway Center. Books include fiction, non-fiction, biography, classics and an occasional fan-

tasy. "Every book we read, we take something from," says President Ashley Hibbard. There are no dues. Sun City residents must present a current recreation card. Books selected by consensus.

May: Room by Emma Donoghue;

June: The Rosie Project by Graeme Simsion; July : The Rent Collector by Camron Wright;

Aug: A Brief History of Phoenix by John Talton;

Sept: The Woman Who Would Be King by Kara Cooney.

Fairway Branch Library reserves copies from the Maricopa County Library system for members with library cards a month in advance. FMIC 623-933-7361.

Community Garden Open House/Work Days

Join us on the 3rd Saturday of each month to help improve the community garden or just have a tour and see what we are all about. Start planning your garden now! Day: 3rd Saturday (October through May) Time: 9-11 am. Where: West side of EPCOR water plant on Northwest corner of 91st Ave & Greenway. Bringing you own work gloves, rakes and shovels would be helpful. Garden plots are available to RCSC Cardholders in the Sun City Community Garden. Please call 623-875-5921 or visit the Garden Club Office at Oakmont for more information.

Armchair Photo Explorers Club

May explores: The British Isles; North to Alaska; Memories of Asia; Around Moab, in Utah; the Antarctica; California Missions; Around the Pyrenees; East Asia; and Lands of the Navajo. We meet every Wed at Fairway AZ RM1. Show at 7pm: doors at 6:30pm. Please arrive early to sign in and be seated before show begins. Club open to all RCSC cardholders; membership dues: \$3. Cardholders welcome to attend three times before joining. Escorted guests welcome: must pay \$2 each visit. First Wed each month coffee & cookies served. FMIC - Ron Yankowski 623-476-2881. So, come and join us for our adventures. We have a blast!

Sun City RV Club

A fun group of people who enjoy potlucks, card games, day trips, rallies, & RV caravans. No RV required for membership. Club open to RCSC Cardholders; escorted guests welcome. Meets October-April. FMIC Judy 623-444-4224 or visit www.scazrvclub.com

Stamp Club

The next meeting of the Stamp Club will be held Monday, 5/2 at Marinette, our last meeting before our summer vacation. Be sure to come at 6:30pm to view the items for auction. The meeting starts at 7pm. Newcomers welcome. Following this May meeting our next meeting will be on Monday, 9/5. Mark your calendars now and get your stamps and items ready for the start of the Fall season. FMIC Doris 623-875-1778.

PAGE 14

SUNVIEWS • MAY 2016

Cards & Games

Mah Jongg Come Play Mah Jongg Tuesdays 12-4pm at Sundial; Sundays12-4pm & Thursdays 6-9pm at Marinette. Contact Susan at 910-1271 or Linda at 240-9586.



One Partner Bridge

One Partner Bridge is the largest contract bridge club. Meets Thursday 6:45-9:30pm in Lakeview Social Hall #1. Partners required. If you need a partner, please contact Eleanor at (623) 583-2785. Annual membership: \$3. Each evening costs \$1 per couple, which goes into evening's prize fund. Annual surprise: "free play" night is given. All grand slams rewarded & designated small slams also paid. Birthdays celebrated with cookies. If you wish to come for an evening, the cost is \$1 for RCSC Cardholders; \$2 for escorted guests, plus the \$1 prize fund.

Saguaro Bridge

Saguaro Bridge meets Fridays, 6:45-9:30pm at Lakeview Social Hall #1. Must have partner, please call Eleanor at 623-583-2785 if you need a partner. \$3 and current RCSC Member Card required to join; .50 Cents each night for prize fund. Come visit and try it out for \$1. We'll have fun!

Kachina Bridge

Play bridge? Interested in getting into the game? Come join us! Don't let duplicate bridge scare you; we will help. We are a non-sanctioned duplicate bridge club that meets on Monday and Thursday (play once or twice a week) at Sundial 12:15-4pm. Closed July and August. Annual membership: \$10 to all RCSC Cardholders in good standing (covers both days); plus \$2 each play for prizes. We welcome players to visit to see how duplicate bridge is played. No partner, don't worry. FMIC Sharon at 623-251-4858 or Lee 974-0237.

Mixed Cards

Like to play cards? Join us Saturdays at Oakmont. Games begin 6:30pm. Annual Dues: \$3; \$.50 a night to play. Singles welcome, or bring partner. We play both single & double deck. Club open to all RCSC Cardholders. FMIC Bea or Pat 623 933-1953.



Duplicate Bridge (ACBL)

The Sun City Duplicate Bridge Club (ACBL) has a busy May with three GW STaC games and two Unit Wide Games held at Lakeview Social Hall One. GW STaC games on Mon, 5/2; Thurs, 5/5; & Fri, 5/6. There is an extra one dollar charge for these games. Unit Wide Games on Mon, 5/9 & Thurs, 5/19. Regular games scheduled every Mon, Thurs & Fri at 1pm. Doors open at 12:15; players should arrive by 12:45 to find a table. Club is fragrance free. Please be considerate of your fellow players. FMIC Paul Weader, Club Manager, at 928-2400341, or pweader@hotmail.com. Check out our web page at SCDBC.com.

Oakmont Pinochle Club

Play Pinochle at Oakmont on Tuesday and Saturday. Tuesday play: 1pm; players must be present no later than 12:45pm. Saturday play: 11:30am; players must be present no later than 11:15am. FMIC Mrs. Tommie Crudo 623-876-1895 or Ralph DePolo at 623-977-3278.



Bunco Broncos

We've outgrown our Oakmont "corral" and have moved to a new location at Fairway, Arizona Rooms 1 & 2. We still meet 4th Monday every month from September to June, closed July and August. Join us for an afternoon of fun! Doors open 11:45am, play at 12:30pm. Must be an RCSC Cardholder to join. Annual membership \$3; \$2 to play. FMIC 602-526-3495 or 326-7055.

Backgammon Club of Sun City

We welcome all levels of players. Classes offered to help from basic play to more advanced strategies. Meet 1st & 3rd Thurs 7-9pm & every Saturday from 1-5pm at Lakeview Social Hall #3. Lessons available 2nd & 4th Saturdays at 1pm, Lakeview Social Hall #3. FMIC 575-441-7076 or 623-933-0146.

Euchre Club

The Euchre Club is pleased to announce it has added two additional days a month of play. Please join us at the Marinette Auditorium on 1st and 3rd Tuesdays each month from 1-4pm. Beginners welcome. FMI please call Fred at 314-374-4530.

Monday Night Pinochle

We play both single & double deck at Oakmont every Monday; 6:30pm. Arrive 6:15pm. Membership dues \$3/year w/ valid RCSC card. Play fee: 50 cents/evening. Escorted guests pay \$2/evening plus play fee of \$1. Punch cards or daily card accepted. FMIC Kim at 623-251-4155

Social



Michigan Friends in Sun City Club Happy May to our Michigan Friends in Sun City, Escorted Guests, and Visitors!

Mystery Breakfast Trip, Tuesday 5/17, 8:30

am. Clues: Three words w/four letters each; uspr face leno. Unscramble away! Meet in the Bell parking lot at the corner of 99th Ave & Hutton to caravan. Pay on your own at restaurant. RSVP to michigan2arizona@ cox.net by May 13 or sooner.

Chartered RCSC club in March 2015 to promote social interaction between people who previously lived &/or seasonal residents of Michigan. Activities held both at Rec Centers & at outside locations. Escorted guests & visitors always welcome! Cheryl Cassady, Club President 623 910.1522

NextGen

NextGen is a social club designed to be operated by Sun City residents younger than 67, but open socially to all RCSC Cardholders. Meetings held at Bell Social Halls on the first & third Wednesdays unless posted otherwise. Annual dues: \$5. Proof of age & valid RCSC card required.

Join us at our regular meetings: Wed, 5/4: NextGen Meeting & Potluck; Bell Social Hall, 6pm

Wed, 5/18: NextGen Meeting; Bell Social Hall, 7pm

Learn more about monthly activities by visiting the website calendar http://www. nextgensuncity.org & use activity link www.signupgenius.com. NextGen offers a wide variety of activities year-round. May calendar includes golf, bowling, card games, happy hour, breakfast gathering, pool party, shuffleboard and more. Great place to meet new friends and have fun no matter what your interests!

Must be member, visitor (RCSC Cardholder), or escorted quest to participate. For more information, (email) nextgen@ gmail.com or visit nextgensuncity.org.



Sun City Women's Social Club

Gathering place at Lakeview for women to play cards (canasta, bridge or poker) or board games (Rummikube or Mexican Train). Hours: Daily 10am-4:30pm. FMIC 480-249-0862.

New England Club Last New England Club meeting for the season is 5/7, at Lakeview Social Hall #1. Social time: 5pm, with appetizers; business meeting: 5:30; and dinner at 6pm. Please bring your own place setting and what you want to drink; coffee provided by the club. Dinner is Pot Luck. With the great cooks in our club, we know everything will be delicious. This is our

time to wish everyone a Happy Summer and safe travels. For those who stay here during the summer, the club still has get-togethers (for lunch or breakfast) at local restaurants and other activities. FMIC Barbara at 815-6722 or Betty at 583-3912



Sun City Singles Social Club

Sun City Singles Social Club welcomes single Sun City seniors w/current RCSC card. Guests must be single & escorted by club member. Annual dues: \$6. Club meets first Friday monthly: Pot Luck 5:45pm (bring for 10-12 people). Third Friday (Game Night 5:45pm) can bring snacks to share; byo drink for each activity, Fairway AZ Rm #4.

Weekly activities:

Saturdays: Breakfast at Royal Café, 8:45am Wednesdays: Billiards at Lakeview Lanes

building1pm.

May Activities for 2016

Thursday 5/5: Bocce Ball at Sundial, 7pm. Tuesday 5/10: Lunch at Olive Garden, 7889 W Bell Rd at 11:30am.

Thursday 5/12: Mini Golf at Bell Rec Center at 7:00pm.

Sunday 5/15: Dinner at Ajo Al's, 7458 W Bell Rd., 4:30pm.

Thursday 5/19: Bocce Ball at Sundial, 7pm. Saturday 5/21: Dinner at Best China, 8987 W Olive Ave, 5:30pm.

Thursday 5/26: Mini Golf at Sundial, 7pm.

Friday 5/27: Dinner at Memo's, 16820 N 99th Ave (inside Bell Lanes) 4:30pm, Darts to follow at Bell, 6pm.

FMI and list of activities cn the club web site, www.simplesite.com/myclub or contact Ellen 623-583-2307 or Janet 1-615-574-9960.

PAGE 15

Sports & Outdoors



Fun Water Volleyball Club

Plays M & W noon-2pm; F & Su 2-4pm at Oakmont Pool. Annual membership \$10. RCSC Card required. For those who are able to compete in a fast-paced sport with likeminded & friendly people. FMIC 623-377-5091 or email WVCofSC@gmail.com

Sundial Shuffleboard Club

Bring your friends on Thurs at 6:45p for 7p play on indoor courts at Bell Center. Our intent is to have a good time. Court fees are 25 cents, but you have a chance to win it (or double) back. What a deal! All equipment furnished & quick lessons available; just come a bit earlier. Comfortable attire is recommended but it must be modest & appropriate. Watch for announcement of summer hours (Club play time will be earlier). With good attendance, we'll play all summer. FMI contact Russ at 623-208-9921 or Chuck at 623-256-1158.

Senior Softball

Open practice at Sun Bowl field Su/M 7a, New players M 8:39a; Summer sessions: April-May, June-July, Aug-Sept. FMIC 444-9402 or 503-351-2036 or www.azsrsoftball. com

Bocce Club of Sun City

May Day! May Day! Bocce players be aware of the changing schedule for the month of May. This schedule is also posted at the Club house and Edith generally sends out numerous e-mails so no reason to be uninformed.

Open play: Sun, May 1, 8, 15 & 22; 2p. Yes, even on Mother's Day.

Club tourney: Mon, May 2, 9, 16 & 23; 9a. Club tourney: Tues, May 3, 10, 17 & 24; 9a. Club tourney: Wed, May 4, 11, 18 & 25; 9a. Open play: Thur, May 5, 12, 19 & 26; 9a. Club tourney: Fri, May 6, 13, 20 & 27; 9a. Friday 25 cent play: May 6, 13, 20 & 27; 7p. Club closed: Sat May 7, 14 & 21 Daily tourney play off: Sat, May 28, 9a. Special Event

Club fund raiser: Fri 5/20 at Peter Piper Pizza, 4-7p; followed by 25 cent play, 7p. Bring friends and family for pizza at 91st & Peoria, then have them join you for Bocce. Appropriate, modest attire is required at courts. Spectators welcome during club play but please be respectful. We request cell phones be turned off or placed on vibrate. If you must make or receive a call please step out of hearing range. Free lessons by appointment Keith: 623-760-6927 Dennis: 623-693-2881 Edith: 623-271-0092 or FMI

Outdoor



Pickleball Club Looking for a new sport? Sun City Pickleball Club would love to introduce you to the game & teach you how to play.

"Pickleball" is more than a game with a funny name. It's a great way to exercise, work on balance, hand-eye coordination & a great way to meet new people. You don't have to be an athlete to enjoy the game, but you can find all the competition you might want. This could be your new sport! Club membership open to all RCSC Cardholders. Introductory Class: Mon 11:30am-1pm Call Peter (575)779-1154 to enroll. Couples Play & Grab a Bite Night: Fri 5pm. Check our website suncitypickleballclub.org or Facebook page (Sun City Pickleball Club). FMIC Dave Sinclair (623)322-3420 (Club President)

Dart Club at Bell Lanes

5 leading-edge, soft-tip, electronic dart boards, preset games, 1-8 players. House darts available or use yours. All skill levels welcome. **Club Play:** Mon: Cricket, 5:30-8p; Tue: Count-Up 5:30-8p; Wed: Monitor's Choice 5:30-8p; Thu: Ladies Only 2-4pm. **Practice:** 1st & 3rd Sat 1-3pm. Arrive 15 min early to sign in & allow for team formation. FMIC Jerry Ida 623-875-4523; Bob Howicz 630-531-0391; Judy Clark 623-760-6926. Membership open to all RCSC Cardholders.

Conservation & Sportsmen Club Hunting, Fishing & Shooting Sports.

Every Wed: 8am, Trap & Skeet Shooting at Ben Avery (Les: 623-876-8714). Every Fri: 8am, Rifle/Pistol Shooting; Ben Avery

Wed, 5/11: Social Dinner, 4:30p, Location TBD

Thurs, 5/19: Monthly meeting w/ speaker, Lakeview SH, 9-11am. Visitors & escorted guests welcome.

Mon, 5/23: Sporting Clays, Ben Avery 9am. New members always welcome. FMIC Bob, 630-531-0391

Bell Shuffleboard Club

Bell Shuffleboard is proud to announce Thursdays have been added to our weekly schedule. Beginning 4/1 at 1pm (12:45 sign in) we will play the "Quarters Game." Bring two quarters & you could go home with four quarters. What will you do with all the money? Come join us. Never played shuffleboard? We will teach you. FMIC Dennis 623 972-3169.

Sun City Lawn Bowling Clubs

M,W,F, 8:30am&1:45pm at Bell or Oakmont greens. T, TH, Sat, 8:30am&1:45pm at Mt. View or Lakeview greens. Many fun tournaments & social events. Free lessons. Open to RCSC Cardholders. FMIC Len 623-974-3214/ Micky 928-852-6991. website: www.bowlsaz.com

Monitored Activities

Outdoor	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Sun Bowl	Dawn to Dusk
Library (602) 652-3000	
Bell Center	M: 9a-7p; Tu-Sa: 9a-5p
Fairway Center	M-F 9a-4p
Mini Golf	
Bell Center	M-Sa: 6a-9p; Su: 8a-8p
Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p
Mountain View Center	M-Sa: 6a-7p; Su: 8a-7p
Sundial Center	M-Sa: 6a-9p; Su: 8a-8p
Pickleball	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Mountain View: Outdoor	M-Sa: 6a-7p; Su: 8a-7p
Racquetball	
Bell Center Courts A & B	M,W,F: 5a-10a, 3-9p; Su 8a-8p
	Tu & Th: 5a-5p; Sa: 5a-7a; 12-9p
Shuffleboard	
Bell Lanes: Indoor	M-Sa: 8a-9p; Su: Noon-8p
Lakeview: Outdoor	Daily 6a-7p; Su 8a-7p
Spas	
Bell Center - 18+ only	M-Sa: 5a-9p; Su: 8a-8p
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p
Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Mountain View Center	M-Sa: 6a-7p; Su: 8a-7p
Oakmont Center	See Pool Hours
Sundial Center - 18+ only	M-Sa: 6a-9p: Su: 8a-8p
Table Tennis	
)a, 3p-9p; Tu: 6a-10a, 12p-7p;
Bell Center: M,W, F: 6a-10	
Bell Center: M,W, F: 6a-10 Sa: 6a-10a, 12p-9p; Su: 8	a-1p, 3p-8p

Mountain View: 623-876-3042 M-Sa: 6a-7p; Su 8a-7p

Swimming Pools - Open Swim Hours Bell Center - 18+ only Lap poolM-Sa:5a-9p; Su: 8a-8p; Closed for class: M-F 7a-9a Walking Pool: M-Sa: 5a-9p; Su 8a-8p Fairway Center Lap Pool: M-Sa: 5a-9p: Su 8a-8p Walking Pool: M-Sa: 5a-9p; Su 8a-8p Lakeview Center M-Sa: 6a-7p, Su: 8a-7p; Closed for class: M, W, F: 8a-10a Children's Pool Hours for Ages 4-15 yrs: Daily 4p - Close; Marinette Center M-Sa: 6a-9p, Su: 8a-8p; Closed for class: M. T. Th. F: 8-9a Children's Pool Hours for Ages 4-15 yrs - Daily 1p - 4p Mountain View Center M-Sa: 6a-7p; Sun: 8a-7p;Closed for Class: M,Th:8a-10a; 5:30p-6:30p T.F 8a-9a: 5:30p-6:30p Children's Pool Hours for Ages 4-15 yrs - Daily 10a - 1p Oakmont Center M: 6-8:45a, 10a-12p, 2-7p; Tu: 6a-8:45a, 9:45a-4:30p, 5:30p-7p; W:6a-12p, 2-7p; Th:6a-8:45a, 10a-7p F:6-8:45a, 9:45a-2p, 5:30p-7p; Sa: 6a-7p; Su: 8a-2p, 4-7p Sundial Center - 18+ only Large Pool: Exercise Pool: M: 6-9a, 10a-9p M: 6-10a, 12-4:30p, 5:30p-9p T: 6-8a, 9a-9p T: 6-10a, 12-5p, 6-9p W: 6-9p W: 6a-9p Th: 6-10a, 12p-4:30p, 5:30p-9p Th: 6-9a, 10a-9p

F: 6-10a, 12-9p

Sa: 6a-9p

Su: 8a-8p

F: 6-8a, 10a-9p

Sa: 6a-9p

Su: 8a-8p

Basketball	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Billiard Tables	
Bell Lanes	M-Sa: 8a-9p; Su: Noon-8p
Lakeview Lanes	M-Sa: 8a-7p; Su: Noon-6p
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p
Bingo	
Sundial Center	Doors Open: Th @ 5p. Bingo 6:30p
	\$7 for all 18 games w/3 special games
	Open to the public. Last Session: 5/19
Boating/ Fishing	
Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p (or Dusk)
Bocce Courts	
Sundial Center	M-Sa: 6a-9p; Su: 8a-8p
Bowling Lanes	
Bell Lanes	M-Sa: 8a-8p; Su: Noon-7p
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p
Dog Parks	
Duffeeland	October: M-Su: 7a-6p
	Closed last Wed/month for Maintenance
Darts	
Bell Center	M-Sa: 8a-9p; Su: Noon-8p
Fitness Centers	
Bell Center - 18+ only	M-Sa: 5a-9p; Su: 8a-8p
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p
Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Mountain View Center	M-Sa: 6a-7p; Su: 8a-7p
Oakmont Center	M-Sa: 6a-7p; Su: 8a-7p
Sundial Center - 18+ only	M-Sa: 6a-9p; Su: 8a-8p
Horseshoe Courts	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Mountain View Center	M-Sa: 6a-7p; Su 8a-7p
Jogging / Walking Track	
Indoor	

Fairway Center Sundial Center M-Sa 5a-9p; Su: 8a-8p Daily 6a-8a

Fitness & Fitness Classes

Aqua Suns

Can you swim? Are you tired of swimming laps, but love being in the water? Sun City Aqua Suns are looking for new members to teach synchronized swim skills. They work out M, W, F at the Lakeview pool, from 8-10am. Come by the pool and learn floating patterns and other synchro techniques. Swim Annual Club membership: \$3.

Dance for Fitness

With a current RCSC Membership you may enjoy three free sessions with us. Can't beat that deal, and then you may join for only a \$5 annual fee. Come once, twice, or three times a week (whatever fits your schedule). We have no per-lesson fee. Classes meet on Tuesday at Bell, Wednesday at Sundial and Friday at Mt. View and all classes are from 9-10am. FMIC Penny at 623-933-7021 & Donna at 515-975-1683

Oakmont Ladies Exercise Class

Join us for low impact exercise designed for women over 50. Tues & Fri 8am-9am. Annual Membership Dues: \$5 - 3 free trial visits. FMIC Dee 933-0936.

Zumba Fitness Club

Zumba fuses Latin rhythms and easy to follow fitness moves to create a dynamic full body workout. It keeps you moving & grooving & makes fitness fun. The hour includes a warmup, cardio workout, and cool-down. Mondays: Bell Social Halls 11:30am-12:30pm; Tuesdays: Sundial West Hall 6;30-7:30pm; Wednesdays: Bell Social Halls 11:30-12:30pm; Thursdays: Marinette Auditorium 6:30-7:30pm. Debbie Reiss, Instructor. Saturday class: 8:30-9:30am, Marinette Auditorium, Sherry Possner, Instructor. Cost: \$3 per class session. Annual Membership: \$5 FMIC Jan at 623-972-0099.

Hatha Yoga

Our Yoga Club meets at Sundial in the Yoga Club room. Classes are multi-level and do not assume prior yoga experience; all classes taught by certified instructors. Please arrive 15-20 minutes before a Mat class and bring a yoga mat, small blanket or a beach towel, your current RCSC card, \$3 class fee and \$5 yearly membership. Wear loose, comfortable clothing for a warm environment. Refer to our website for more information: http://hathayogaclub.org

Yoga Mat classes:

Mon: 8:30-10am, 10:30-12:00am & 6:30-8pm* Tues: 8-9:30am, 10-11:30am & 1-2:30pm (Beginner) Wed: 8:30-10am & 6:30-8pm* Thurs: 8-9:30am (Beginners) & 10-11:30am Fri: 8-9:30am & 10-11:30am Sat: 8-9:30am & 10-11:30am *evening classes



Chair Class* Times: Pre-registration & pre-payment required for chair yoga classes. Wednesday: 10:30-11:45am; Thursday & Friday: 1-2:15pm *FMIC Carlyn for Chair classes: 623-972-9602

Stretch & Slim

Crank up your metabolism, strengthen your heart, & have a blast in our 9am class. We do a variety of the new "HIT intervals"-short "bursts" of medium cardio alternating with brisk (or boosted) walking DVDs. Hand weights & bands are used along with cardio every other day for toning. 8am class is lower intensity using DVDs to incorporate cardio & strength training to build a strong body & alert mind. Classes: Mon-Sat in Bell Aerobics room (across from Fitness Center). Come enjoy 3 free sessions before joining. Annual Fee: \$5. Extra \$2 Guest Fee. Guests must be accompanied by RCSC Cardholder. FMIC Donna 623-628-4401

Aqua Fitness Club

Meets M/TH or T/F for 8-week sessions at Marinette, Mt View, Oakmont & Sundial. Qualified instructors teach three classes of varying intensities: Free Standing; Poolside & Aqua Stretches. No swimming involved; members stand in waist/chest-deep water. All classes "Co-ed;" must be an RCSC Cardholder to join club. Annual Dues: \$5; \$15 per eight-week session. Registration held by lottery at Sundial; "Try It Before You Buy It" allows you to attend any class to see if it fits your needs. FMIC Alice 623.876.8627

Swim Club Announcement

Sun City Swim lessons have moved to Lakeview from 8:30-10am on M, W, F. Beginning & intermediate classes available, along with advanced group workout. Annual fee: \$3 per RCSC cardholder. FMIC Tere Kearney 623-583-5894.

Sun City Tai Chi Club

All of our classes are ongoing & open to all RCSC members & their escorted guests. Wear comfortable clothes & shoes, & join us. No pre-registration required. All classes \$3 for members & visitors. Escorted guests must pay \$5 per class. Club membership: \$5 annually.

Foundations for Tai Chi & Balance Class - teaches very basic movements related to Tai Chi; develops balancing & centering your movements. Mondays, 9am, Fairway, AZ Room #3.

Qi Gong Class - an ancient Chinese system that integrates physical postures, breathing techniques & focused intention. Mondays, 10:15, Arizona Room #3.

Intro to Tai Chi 108 Yang Style Class –introduction to the beginning of 108 Yang Style movements. It is intended for new students who have never done Tai Chi before; is also meant for new students with prior Tai Chi experience (until they learn the form used by our teacher and our club). Tuesdays, 6pm, Lakeview Social Hall #2; and Thursdays, 11:30 am, Bell Social Hall #3.

As skill levels improve students can progress to more advanced classes.

Bell Aerobics

Come join this friendly group for a complete 45-minute workout of gentle stretching on Monday, Wednesday and Friday at 8, 9, or 10am at Bell Social Hall. Membership is \$3/year with valid RCSC card; there are no class fees. There will also be a holiday potluck social in December for all club members. Looking forward to having you join us as club meets year round. FMIC Brenda at 623-455-1818.

SUN CITY VISITORS CENTER

New to Sun City AZ? See all we have to offer!

Join our volunteer guides on a walking tour of the Bell Recreation Center and take a ride on our 12-passenger bus to see all seven RCSC recreation center with quick stops at Viewpoint Lake and Sundial Recreation Center (if time allows), Duffeeland Dog Park, the Sun Bowl, Boswell Medical Center, area shopping centers and learn more about our great community service organizations in just two short hours! Up to nine bus tours are offered monthly. Space is limited and pre-registration required! Please note that the tour is unable to accommodate wheelchairs.

Stop by the Sun City Visitors Center located in the Bell Recreation Center on 99th Avenue just south of Bell Road for more information. Please register online at www. suncityaz.org under the "Learn More" tab or call 623-777-1191 to sign up!

Reserve your seat for a Sun City AZ Bus Tour today!



NEW Hours!

Monday-Friday • 8:30am to 4:00pm

Saturday • 8:30am to noon

Closed Saturdays during holiday weeks No Saturday hours June through September; Closed Sundays

FITNESS | HEALTH

A Community Newsletter

Fitness Tips for Seniors -Condition the Body for Golf



"Golf is a game that requires physical conditioning, just like any other sport," states Jane Fortier, personal trainer and co-owner of Get Fit for Life. "Hitting a golf ball consistently and effectively calls for coordinated muscle control, as well as good game mechanics".

"Thirty-two major muscles are involved in the full swing," Fortier continues. "The leg muscles (quadriceps, hamstrings, gluts, and calves) play a major role in balance and 80% of swing power. The hips initiate movement down into the ball, while the mid-section (abdominals, obligues and erector spinae) transfer force from the legs into the torso, for appropriate acceleration. The upper torso (pectorals, latissimus dorsi, and deltoids) produce the actual swing action and play a huge role in club head speed. The arms (biceps, triceps and forearms) control the accuracy of the club head, on impact with the ball. A good Resistance Exercise Program is a key element for golf conditioning."

Above: Mary Pat Esposito works on physical conditioning for golf, using the full body strength workout she learned from trainer Jane Fortier

Research reveals that 50% of golf injuries could be prevented with proper conditioning programs. Studies go on to show that golfers who suffer an injury, will heal 40-70% faster, if they have been involved in a consistent physical conditioning program prior to the injury. And finally, golf statistics reveal that golfers who are involved in regular Resistance Exercise have lower golf handicaps, than their counterparts at similar skill levels.

Get Fit for Life trainers are experts at designing a balanced Resistance Exercise Program for golfers. Trainers specialize in teaching individuals how to exercise safely and effectively. They tailor programs to fit client needs and issues. To find out more about personal training services in Sun City facilities, call 623-696-6820.

May Equipment Group Demos

Bell Center Marinette Center Fairway Center Wednesday, May 4 at 11:30 am with Dick Wednesday, May 11 at 11:30 am with Dick Wednesday, May 18 at 11:30 am with Jane

NOTE: Pre-registration is required for group equipment demonstrations. Please sign-up with the Facility Attendant at the appropriate fitness center. Space is limited.

Member Fitness & Massage Services

Sundial Center Free Spirit Massage 623-225-8582

Bell Center Jan Najera 623-521-0771 Lisa McCoy 623-210-2707



Fairway Center Laura Moore 623-201-0378 latouchwellness@ massagetherapy.com

LaTouch Wellness Massage Therapy Shares... The Benefits of Guided Imagery

We all have issues in our tissue, which is to say, we store emotions in our bodies. Where else could they possibly be? The energy of traumatic emotions can be stored in our body tissues (primarily muscles and fascia) until it can be released. These stored traumatic emotions typically lead to pain and progressively erode a body's health. When we combine the practice of bodywork with verbal therapy in the form of guided imagery, we can successfully begin to eliminate trapped traumatic emotions.

Guided imagery, by definition, is a process or program of directed thoughts and suggestions that guide your imagination toward a relaxed, focused state. Based on the concept that your body and mind are connected and using all of your senses, the body seems to respond as if what you are being guided to imagine is real. These guided visualization techniques can be combined with certain types of therapeutic bodywork; such as reflexology, reiki, acupressure and lymphatic massage to offer a complete experience toward positive health and wellness.

When we make a regular practice of clearing negative thought patterns from our minds, it is better than waiting and dealing with it once it has developed into a physical or mental disease. Guided imagery scripts can be pre-recorded, addressing specific conditions. Our mind is our most precious possession. We think with

our conscious mind and whatever we habitually think sinks into our subconscious mind, which then creates according to the nature of our thoughts. Our bodies can then begin to reflect our subconscious mind. In Louise L. Hay's book, "You Can Heal Your Life," she states that the body like everything else in life is a mirror of our inner thoughts and beliefs. Hay offers a list of Probable Mental Patterns that can



contribute certain illnesses within the body and she also offers Positive Thought Patterns or Affirmations that can be used to promote health and well-being. Implementing these affirmations in a guided imagery session can be a very beneficial practice for improving both physical and mental health.

LaTouch Wellness Massage Therapy can offer Guided Imagery in combination with the above mentioned bodywork therapies. Located within the Fairway Recreation Center, LaTouch also offers Swedish Massage, Deep Tissue Massage, LaStone Massage, Sports Massage, Aroma Therapy, Reflexology Techniques, and Reiki Energy Healing Sessions. Many of these services can be combined into your one hour, 1-½ hour or 2 hour therapeutic session. Please contact Laura at (623) 201-0378 to schedule your appointment today! Visit our website at www.LaTouchWellness.com for additional information.

Did you know?

Water can intensify perfumes & colognes!?

Think twice before giving yourself that extra spritz or two before heading off to the pool.

Your fellow swimmers will thank you!



PAGE 18

SUNVIEWS • MAY 2016

Art and Craft Clubs	
Art Club: LV 877-9366 or 623-810-9112 Artistic Stained Glass: BC	T 1-4p, W 9a-4p, Th 9a-noor Member Mtg: 1st Tu 11a-3p SH#1 M-F 8a-3:30p, Sa 8a-1p, M,W,Th 5-8:30p
974-4765 Artistic Weavers & Fiber Artists: OM	M-F 9a-noon
974-6108 Calligraphy: SD 210-9137	M, Thu & Fri 9-11a; W, 1-3p Member Mtg 1st F 9-10a
Camera Guild: SD 293-8824 & 360-461-4801	T, W, Th 9a-noon
Carvers: LV 388-3051	Th, Sa: 7:30a-noon SH #3; Items on display & for sale during club hours.
Ceramics & Porcelain: FW 972-5818	Member Mtg: 5/2 9-11a
Ceramics & Porcelain: LV 933-8118	M-F 9a-1p
Ceramics: BC	M-F 9a-3p; M 5:30-9p
974-6750 or 623-972-4182 Ceramics: OM	Member Mtg: 2nd F 9-10:30a M-Thu 8a-3p; Tu, Thu 5:30-9p, Sa 9a-1p
319-431-5242	Mor Mtg 2nd Tu, 10:00-Noon
China Painting: FW 623-256-6784	M, W, Th & F 9a-noon; T, 9a-3p
Clay Club: LV	M-Thu, 8:30a-8:30p; F & Sa, 8:30a-4:30p
933-0899	Member Mtg 5/5 8a-12p LV SH#1
Clay Corner: MC 977-3167	M-W 8a-9p; Th&F 8a-4p; Sa 9a-5p
Crafts: BC	M-Sa 9a-3p; W,Th 6-9p
974-3497	Member Mtg 5/12 1-3p BC SH#1
Crafts: SD 977-5494	M 8a-1p & Th 8a-11a
Creative Quilters: LV 623-251-0124	M & F 8a-4p; Tu & W 9a-3:30p
Friendship Quilters: BC	M 9a-8p, W 12p-8p, Th & Sa 9a-3p
602-625-6761	Mem Mtg: 5/4
Grandmothers: OM	Social Mtg: 2nd M noon-2p OM Aud
876-2016	Workshop 1st, 3rd, 4th, 5th Mon 9-11a
Handweavers / Spinners: SD 933-0397	M,F 9a-12p; W,Th 12-3p Mbr Mtg 1st Mon 1-3p
Knitters: FW 972-9736	F: 8:30a-2:30p
Lapidary: BC 977-1803	M,T,Th,F,Sa 8a-noon, W 6-9p
Lapidary / Silver: OM 319-431-3563	W-F 8a-12p
Leathercraft: MC 594-6591	M-F 8a-11:30p
Metal: BC	M, Wed-Sa 8a-4p, Tu 8a-8p
974-8206 Needle Arts / Crafts: OM 972-2609	Member Mtg 5/9 8-11:00a MPRs Th: 8a-11:30a
Palo Verde Artist: SD	M-Su: 9a-5p
933-7572	Member Mtg 5/2 noon-2:30p E Hall
Sew-n-Sew: LV	Tu, Thu & Sa, 9a; Boutique Sales, Sewing
977-9460 or www.sewnsew.info	& Donations Accepted Meeting Thu 9:30-11a
Silver Stones: SD	Meeting Thu 9:30-11a M-F 8a-3p; Sa 8a-noor
623-349-8840 Silvercraft: BC	M-Sa 8a-3:30p if monitor is available
933-8442 Sterling & Stones: FW	M-F 8a-4p; Sa 8a-noon
977-2208	μι-ι σα- τ μ, σα σα-110011

Sterling & Stones: FW	M-F 8a-4p; Sa 8a-noon	
977-2208		Dance Clubs
Stitchers: BC 972-8491	Tu 9a-2p, W 9a-noon, F 9a-2p Member Mtg 5/11 10-10:30a	Ballroom Dance: BC SH 623-533-6236
Woodworking: BC	M-F: 8a-4p; Sa: 8a-noon	623-387-6731
974-6058	Tu 4-8p when staffed	Bell
	Member Mtg 5/24 8-10a	- 93
Woodworking: FW 972-4385	M, Tu, Th 8a-12p; W & F 12-4p	Classic Rock Dance Club 628-4401
Woodworking: LV 933-2355	M-F: 8a-4p, Sa 8a-noon	Country Dance Club: SD 242-9535 or 972-5127
Card and Game Clubs		Friday Night Dance: SD 623-215-8718
500: FW	M 5:30-10p, FW AZ Rm 3&4	Line Da
979-8676 Instruction Available		623-972-5127 or 231-55
Backgammon: LV	1st & 3rd Thursday 7-9p;Sa noon-5p	Rockin' Thru The Years:
640-7211	Member Mtg 1st Sa noon-1p LV SH#3	332-7894
Bunco Broncos: FW	4th M noon-3:30p FW 1 & 2	Squa
602-526-3495 or 326-7055		875-2642 (Ma
Canasta: OM	F: 10a-3p OM Aud	suncitysquares
566-6408		Sun City Poms: MC
Euchre: FW	Tu: 6-9:30p, FW AZ Rms 2, 3 & 4	602-392-4242 scpoms@yał
314-374-4530	1st/3rd/5th Tu1-4p MN Aud	Tip-Top Dance: MC
Mah Jongg: MC	Tu noon-4p, SD West Hall	
Susan 623-910-1271	5/24, 5/31 Relocated to MN Aud	974-9830
Linda 623-240-9586	Th 6-9p, Su noon-4p MC Soc Hall	Educational Clubs
Mixed Cards: OM 623-933-1953 (Bea)	Sa 6:30-9:30p OM Aud	Apple Macintosh: SD
Mixed Cribbage: LV	Tu 1-4p; W 5:30p-9:30p, LV SH #3	933-5300 sunmacs
594-0797		Life Long Learning: FW
Monday Night Pinochle: OM	M 6:30-9:45p, OM Aud	623-533-5756 PC Computer Club: FW
251-4155 (Kim)	Tu 10:005 4:205 Sc 0:205 2:205	933-8953
Pinochle: OM	Tu 10:00a-4:30p Sa 9:30a-3:30p	Spanish Club: FW
977-3278		SunCitySpanishClub@gmail.c
Contract Bridge Clubs		Fitness Clubs
Card Sharks: LV	M: 6:00-10:00p LV SHs 1 & 2	Aerobic: BC
933-7972		455-1818
Grand Slam: MC	Tu: 6:30-9:30p, MC Aud	Aqua Fitness Club
875-7136	TI 0.00 0.00 IV/011 4.0.0	876-8627
One Partner: LV	Th: 6:00p-9:30p LV SHs 1 & 2	Dance for Fitness
623-815-9703	F: 6:15p-9:45p LV SHs 1 & 2	(623)933-7021or (515)97
Saguaro: LV 466-6567		Handi-Capables: SD 933-6515
Wednesday Afternoon: OM 977-2871	W: 12:30-3:30p, OM Aud	Hatha Yoga: SD 623-583-2577
Thursday Afternoon: OM 933-9671	Th: 12:30p-3:30p OM Aud	Ladies Exercise: OM 933-0936
Friday Afternoon: FW 933-9671	F, noon-4:00p FW AZ 2	So Grand Exercise: FW 977-6885
Duplicate Bridge Clubs		Stretch and Slim: BC 628-4401
Duplicate (ACBL) 928-240-0341	M, Th & F 1-4:30p; LV SH	Tai Chi: FW 672-6159
SCDBC.com Kachina: SD	M & Th 12:15-4p SD West Hall	Zumba Fitness:

Lee Bone 623-974-0237

	Club Dire	ctory
ince Clubs		Hobb
Iroom Dance: BC SH	Dance Su 7-9:30p (Lessons at 6:30p);	Armcha 933-07
3-533-6236 3-387-6731	Group Lessons-M & Th 7-9p BC	Best Fr 266-69
Bell Tea: BC 933-8873		Duffee 928-22
ssic Rock Dance Club: FW 3-4401	Dance 1st & 3rd Sat 6:00-9:00pm FW AZ Rms	Garder 875-59
untry Dance Club: SD 2-9535 or 972-5127	Sa 5/7, 5/21, 6:30-9:30pSD; W, 6-9pOM	Model 271-82
day Night Dance: SD	F: 7p-10p	Model 974-28
3-215-8718 Line Dance: SD	Tu and Thu 10a-1p, SD Aud	Rockh
23-972-5127 or 231-557-6555 ckin' Thru The Years: BC 2-7894	5/24, 5/31 Relo to FW, 5/26 Relo to MV Sa: 6:30-10p 5/14, 5/28	974-05 Minera 428-64
Squares: BC 875-2642 (Mary Sue) suncitysquares@q.com	Closed for Summer May 1- November 1	RV Clu 602-61
n City Poms: MC	Practice M/F MC Aud, T/Th MC Soc Hall	Stamp 974-99
-392-4242 scpoms@yahoo.com	Call for Class Times	Vintage
-Top Dance: MC	M,Tu,W,F: 8a-12p, T/Th 1-2:30p MC SH Pilates Mat F 1p BC Aerobics Rm	503-52 Perfo
1-9830		Chamb
lucational Clubs		933-15 Choral
ole Macintosh: SD	T & Th only; 8:30-10:30a	933-72
3-5300 sunmacs.org b Long Learning: FW 3-533-5756	Member Mtg 5/14 8:30-10:30a Classes resume in October	Conce 972-47 Handb
Computer Club: FW 3-8953	M-F 8a-noon	933-66 Piano:
anish Club: FW CitySpanishClub@gmail.com	See Class Page for Schedule or Bulletin Board at Fairway	876-06 Player: 920-98
ness Clubs		Reade
obic: BC 5-1818	M, W, F: 8a, 9a, 10a	974-33 Rhythr 876-84
ua Fitness Club 5-8627	Classes in session Call club in reference to club hours	Ukulel 594-65
nce for Fitness 3)933-7021or (515)975-1683	BC: Tu 9-10a; SD: W 9-10a; MV: F 9-10a	Wome 480-23
ndi-Capables: SD 3-6515	SD: wm wtr exrcs pool: Tu, Th noon-2p Soc Mtg 1st M: 11:30 at FW AZ 1&2	Politi
tha Yoga: SD	M & W, 7a-8:30p; Tu/Thu/F, 7a-3:00p;	Democ

Hobby Clubs Armchair Photo Explorers: F 933-0791 Best Friends Dog Club: FW 266-6905 Duffeeland Dog Park-Talism 928-221-6052 Garden: OM 875-5921 Model Railroad: FW 271-8223 Model Railroad Museum: FV 974-2846 Rockhounds: SD 974-0550 Mineral Museum: SD 428-6442 RV Club: SD 602-616-4835

Stamp Club: MC 974-9943 Vintage Vehicles 503-522-0029

and an Orach

Performing Arts Clul

Chamber Orchestra: FW
933-1568
Choraliers: FW
933-7202 (Carol)
Concert Band: FW
972-4767
Handbell Ringers: FW
933-6645
Piano: SD
876-0645
Players Theater: MV
920-988-7339
Readers Ensemble: LV
974-3384
Rhythm Ramblers: FW
876-8464
Ukulele: FW
594-6591
Women's Chorus: FW
480-236-1602

itical Clubs

Democratic:FW 977-0980 Republican: SD 713-557-5800 Patti (Felker) Thompson suncitygopclub@gmail.com

Social Clubs

Sa, 7a-1p

Tu & F; 8-9a

M, W, F 7:30-9:00a

M-Sa: 7a, 8a, 9a, 10a M-F 5-7p

FW: M, 9-10a & 10:15-11:15a

Member Mtg 5/12, BC 1-2p

BC: Th 11:30a-12:30p,LV SH#3 Tu 6-7p

BC: M & W, 11:30a-12:30p, SD: Tu 6:30p-

7:30p, MC: Thu 6:30-7:30p & Sa, 8-9:30a

Book in Hand: FW 933-7361 Gourmet Social: OM 920-716-2862 Men's: SD 977-5116

M-Sa 7a-4p, Clubroom@SD

RCSC Clubs & Activites: There's something for everyone! Why not join a club this summer?

		Michigan Friends In SC		Softball (Senior): Sun Bowl	Open Practice Su/M 7a, New Players M 9a
FW		michigan2arizona@cox.net		623-444-9402 or 503-351-2036	League Play T/Th/F, 70's League Sa 8:30a
1 00	FW: W, 7:00p , AZ #1 Member Mtg; 1st W, 7:00p	New England: LV	Dinner Mtg 2nd Sat 4-8p LV SH#1	www.azsrsoftball.com	
V	Closed for Summer	815-6722		Swim Lessons: LV	Wed 8-10a LV Pool
		NextGen: FW 314-423-0123	Social Mtg Thurs, 12:30-4p BC MPRs and Weds, 6:30-9:30p, BC SHs	583-5894	Man Eri 7 0a DC Lan Daal
man		314-423-0123	and weds, 0.50-3.50p, DC 5113	Swimmers Master: BC 876-1233	Mon-Fri 7-9a BC Lap Pool
		Sun City Hospitality: MC	Pizza/Games: 2nd F: 5p (876-8714)	Swimmers Synchronized: LV	Mon/Wed/Fri 8-10a LV Pool
	M, W, F: 9a-12p	933-5158	Potluck/Games Last F: 5p	583-5894	
	Member Mtg: SD East Hall: 5/3: 8-11a		Friendship Corner (974-4529) Sa 11a	Table Tennis: BC	M-W-F 9a-3p; Su 1-3p
	W, 10-2pm		Chess Wed/Thur 1p LV SH#3	875-9991	
=W	May 1- Sept 30: W 10a-2p	Singles Social Club: FW	Remainder closed for summer Potluck 1st Fri, 6-9p FW AZ 3&4	Tennis: BC Joe: 623-251-3969	Call Club for Times, Locations
	, , , ,	615-574-9960	Game Night 3rd Fri, 6-9p FW AZ 3&4	jvolson@loretel.net	
	Party, FW AZ #1&2 5/12 5-8p	Wisconsin Club:SB		Water Volleyball: OM	Fri, Sun 2-4p; Mon, Wed 12-2p @ OM
		623-242-6318		377-5091	
	Sa: 10a-1p	Women's: LV 480-249-0862	Sun-Sat 10:30a-4p LV Clubroom	Club Directory Key:	
	Pancake Breakfast, SD, 5/6, 8a-12p	Sport Clubs		M = Monday	BC = Bell Recreation Center
		Billiards: Bell Billiards Room	Instruction, Mon 8:30-11a BC Billiards	Tu = Tuesday	FW = Fairway Recreation Center
	Marshar Mars 4-4 M. C.O.	315-806-0068	Tournaments, Wed 8a-1p BC Billiards	W = Wednesday	LV = Lakeview Recreation Center
	Member Mtg: 1st M, 6:00p	Billiards: LV Billiards Room	Ladies M & Sa: 8:45-10:30a, Th:9:49	Th = Thursday	MC = Marinette Recreation Center
		602-319-0783	11:30a, Couples W: 6-7:30p;	F = Friday	MV = Mountain View Recreation Center OM = Oakmont Recreation Center
			Men Singles M & F: 8a-12p	Sa = Saturday Su = Sunday	SD = Sundial Recreation Center
he		2 02	Men Doubles Tu & Th: 8a-12p	a = A.M. & p = P.M.	SB = Sun Bowl
bs		Bocce: SD 271-0092	Mon-Fri 9a, Fri 7p, Sun 2p	All area codes are 623 unless	
	Closed for Summer	Conservation/Sportsmen: LV	Sat Playoff 5/28 9a Member Mtg 3rd Thurs 7a-12p	otherwise noted.	
	Closed for Summer	612-741-5923			
	Closed for Summer	Dart Club 623-875-4523 or	Tu/W 5:30-7:30p; 1st & 3rd Sa 1-3pm		
	Closed for Summer	jerome_ida@hotmail.com		Important Dates	s for Clubs to Remember!
		Lawn Bowls: BC	Sun, Mon, Wed, Fri		
	Closed for Summer	972-3248	Mem Day Party 5/30 12:30p BC MPRs		
		Lawn Bowls: FW & MV	T/Th/Sa FW 6:30p, MV 6p	May	national and from home of
	Summer Soiree 5/20 9:30a SD Aud	933-5066			missions due for June ance Register & guest fees due
	Mamber Mars Wed On 10n MV Aud	Lawn Bowls: LV(Sun City club)	Closed for Summer		N or IRS Form 990-EZ & Arizona
	Member Mtgs Wed 9a-12p MV Aud	583-0625	T/Th/Co. 7.00. 7.00	State Form 99	
	Fridays 1-4p LV 2&3	Lawn Bowls: LV 974-3214	T/Th/Sa 7-9a, 7-9p	State Form 39	uue
	······································	Lawn Bowls: OM	Closed for Summer	June	
	Closed for Summer	792-5202			missions due for July
		Mini-Golf: LV	Member Mtg 2nd Tu 9-11a LV SH#1		ance Register & guest fees due
	Thursdays 3-5p FW Music Rm	217-2290	Tournament 5/11 8a BC		
			Tournament 5/25 8a SD	July	
	Closed for Summer	Pickleball	Open Play M/Tu/W/Thu 5-9 MC Crts		missions due for August
		pickleball.suncity@gmail.com	M/W/F 9-11a Tu/Thu 4-7p MV Crts	11 Guest Attenda	ance Register & guest fees due
		Check for additional times			
	1st Thurs 4:30-8:30p FW AZ Rm 1&2	Racquetball Club: BC 986-1754	Mon/Wed/Fri 11a-1p,Sa 11a-1p, plus M/W/F 1-3p, T/Th 5:30-7:30p, Sa 7-9a	August	
•		300 1134	beginning May 15		missions due for September
	3rd Monday 6-9p SD East Hall	Shuffleboard Bell: BC	Mon/Tu/Fri 1-4p BC Courts	10 Guest Attenda	ance Register & guest fees due
		623-972-3169 - Dennis			
				September	
m		Shuffleboard Outdoor: LV	Mon/Wed/Fri 1-4p		missions due for October
		688-4823		10 Guest Attenda	ance Register & guest fees due
	2nd Fri 12:30-3p FW Rm 217	Shuffleboard Sundial: BC	Wed 1-3p, Thu 1-3p, 6-8p		
		208-9921		October	
	Closed for Summer	Six Shooters-Horseshoe: MC	Tu/Thu 7:30-10:30p, Wed 6:30p MC		ship Roster due
		505-7465		5 SunViews sub	missions due for November

10 Guest Attendance Register & guest fees due

Clubs & Activities Office 623-561-4660 email: clubs@suncityaz.org

Arts & Crafts



SewNSew Club

Meetings every Thurs: 9:30-11a. May events 5/4 Show & Tell followed by potluck; Membership open to all RCSC cardholders: \$5 annual dues.

Boutique & Open sewing:

Tues & Sat 9:30-3p; Thurs:11:30-3p. Boutiques sales include doll clothes to fit the American Girl Doll.

SewNSew appreciates fabric donations that help us serve our community. Donations accepted during open sew times.

Special Interest Groups (SIG): Machine Embroidery SIG: Every Wednesday 9a-3p (and open sewing) Garment Design SIG: 4/14 noon-3p Certification required for all machine use. Sign up in club room for: Brother sewing machine:

1 3-hour class-cost \$6 Baby Lock Imagine Serger jet-threading machine: 1 3-hour class: cost \$6 Baby Lock Embroidery machine:

2 3-hour classes: cost \$12 Cover Stitch Machine:

1 3-hour class: cost \$6

Heavy Duty machine for bulky fabrics: 1 3-hour class: cost \$6

Sewing classes on topics requested by members are scheduled. See reservation list in club room for specifics. Reference materials, club patterns and embroidery designs available to members during open sewing hours.

FMIC 977-9460 or http://www.sewnsew. info/

Fairway Knitters

Knit and crochet items for the military, care centers, and school children as well as for the homeless of Phoenix and other charities. Join us any Friday 8:30am-2:30pm. Club provides the yarn, you provide your time and skill, and we all have fun learning from each other. We meet in AZ Room 4 at Fairway. Annual membership is \$3. FMIC 623-972-9736.

Sun City China Painting

Try a different kind of art work that's purely artistic yet practical. All RCSC Cardholders are invited to stop in Fairway (Room 217) to learn more and to see the many kinds of art work used on china and china-like surfaces, such as tiles. There are many places where hand-painted tiles can be used. FMIC 623-256-6784 after 4pm.

Oakmont Needle Arts & Crafts

Sun City's hidden Jewel of a Club-a place to learn basic knitting, crocheting and embroidery. Every Thursday of the month, mentors are available to get you started on your adventure into needle arts. Every fourth Thursday members show and tell current or completed projects. Come to Oakmont Auditorium any Thursday, 9-11am to learn, socialize and enjoy jokes and treats. FMIC Phyllis 972-2609.

Camera Guild

Exciting classes, social events, competitions & Grab (your camera) & Go outings. Club Room, Sundial (2nd floor). Contact club for details. We love to share ideas. FMI visit cameraguildsuncity.org

Artistic Stained Glass at Bell

Open weekdays: 8am - 3:30pm Mon-Fri; 8am-1pm Sat; and 5-8:30pm on Mon, Wed, Thurs. Come in and visit to see all the great work happening there and sign up for a beginner's class.

Lakeview Ceramics

We offer classes in ceramics, porcelain & stoneware. Beginners Workshop on Wednesdays 9am-1pm; get one-on-one instruction. Club hours: Mon 9am-3pm, and Tues-Fri 9am-1pm. Tuesday evening classes no longer available. Annual Membership: \$5 w/current RCSC card. FMIC 623-974-5979 or stop by. Visitors (RCSC Cardholders) are always welcome. If you are looking for a relaxed place to do your ceramics , porcelain, or stoneware, this club is ideal for you.

Fairway Woodworking

Come take a look around. Join us and enjoy a great club and rewarding hobby in a large club room containing the latest equipment and tools. Summer Hours (May 2 thru Oct 3): Monday, Tuesday, Thursday - 8am to noon Wednesday & Friday - Noon to 4pm FMIC 972-4385

Lakeview Woodworkers

Many beautiful wood crafts to see; come take a look! Those brave men & women who summer here might consider tapping into your creative-self & creating something with your own hands. It's a wonderful feeling (& the woodshop is cool). We always make a lot of sawdust & usually something special to show for it. Our club is a fun & happy place; members always willing to help. We're open Mon-Fri 8a-4p & Sat 8a-12p. Summer hours: Mon-Sat 8a-12p. Annual Membership: \$20. FMIC 623-933-2355

Bell Craft Club

Open Mon-Sat 9am-3 pm, and Thurs 6pm-9pm. Scrapbooking class Sat: 9am-3pm. Many different classes/workshops available, including (but not limited to): Bead weaving, Greeting Cards (4), Copper Enameling (2), Placemats, Candle making, Quilling & Cross Stitch, Painting, Plastic Canvas, Knitting, Crocheting, Silk Flowers, Craft Beading, Polymer Clay, and Brazilian Dimensional Embroidery. All classes taught by active members. If you have a craft you think others would enjoy, become a member and teach. Boutique open to all for purchase of unique handcrafted gifts made by our members. General Meetings second Thurs, Sept- May. Annual Dues: \$10. New members joining July 1-Dec 31: \$5. All regularly scheduled classes free to club members. Membership open to all current RCSC Cardholders. FMIC 623-974-3497.

Lakeview Art Club

Meets in Lakeview Art Room. New classes have begun for watercolor, drawing, acrylics, oils, pastels, & general art classes. FMIC Janene Geisner 623-810-9112.

Handweavers & Spinners Guild

Classes held Oct–May at Sundial. Class Schedule: Mon 9am–12pm Beading; Tu 9am–12pm Shirret; Rug Weaving Tu 12-3pm; Tatting Tu 1-9pm; Beg weaving Wed 9am-12pp & 1-3pm Intermediate; Th 12–3pm Inkle and Spinning; Fri 9-3 Basket Weaving. Gen mtg: First Mon, 1pm. FMIC Guild room phone 623-933-0397.

Learn Leather Craft

Sun City Leather Club is open to all RCSC members. Annual Dues: \$10. Beginner classes held Tues/Thurs, 8am. Learn carving, stamping, garment and construction. Lessons, patterns and tools furnished. We meet at Marinette; winter hours: 8am-2:30pm; summers hours: 8am-noon, Mon-Fri. Learn to make all kinds of leather goods, from belts to purses, holsters and even mini saddles. It's a great group of people and a wonderful craft. FMIC 623-594-6591 or 623-933-8831.

Grandmothers & Friends

Grandmother & Friends meet Mondays at Oakmont, 9am, for workshops where we make favors etc. for various area charities. We also create placemats (and other crafts) made from recycled greeting cards (generously donated to our club) for the Arts & Crafts Festival and other events. Social meetings second Monday each month at noon. FMIC Shirley: 623-876-2016

Happy Hearts

Needed: Yarn for our veterans. "Happy Hearts" at Bell Craft Club donate their time to make lap robes and afghans for our Veterans. These donated items are distributed to needy Veterans throughout the area by the American Legion and Auxiliary. To help with the growing need, we are reaching out to the community requesting yarn donations to assist us with our cause. Please call 480-299-3316 for donation location. Thank you for your assistance, and our deeply felt appreciation to our Veterans for their service.



Sun City Calligraphy Society

General meeting on 5/6, 9am in club's Sundial meeting rooms. Demonstration of "Itty Bitty Helpful Card Making Tips" to follow; given by Carol Arinno. Cards for sale to the public during regular club hours, Thurs & Fri, 9-11am. Card samples showcased in club display at Sundial anytime. Members have time to work on Love Cards, practice writing, & work on personal projects during regular club hours. If you wish to participate in club events, membership open to all RCSC cardholders. FMIC John Staggs 623-210-9137.

Creative Quilters

- Located on second floor at Lakeview. Club Hours: Mon & Fri: 8am-4pm - Open sewing Tues & Wed: 9am-3pm - Open sewing with Sew N Sew Quilting technique open discussions: Mondays 9am Friday Business meeting, announcements, programs: 9:30am Boutique items available for purchase during club hours Upcoming events "Stash Busters" - includes instructions & demonstration of a block for using your stash: Mondays, 5/2 & 5/16. \$2 per session. Reoccurring class each 1st & 3rd Mondays Show and Tell: 5/6 Monthly Business Meeting: 5/13 Program: 5/20
- Featured Quilter: 5/27 Membership/participation open to all
- RCSC Cardholders

Arts & Crafts (continued)

Oakmont Ceramics Annual Dues: \$5

Club hours: Mon-Thurs, 8am-3pm; Tues 5:30-9pm; New Hours! Sat 9am-1pm; closed on Fridays. Oakmont Ceramics has expanded its hours to meet our members' needs. Whether you are a beginner or advanced ceramist, Oakmont Ceramics, The Friendly Club is for you. See Sign-up sheets in Club for special classes/workshops. FMIC 623-363-3908 or come by the Club during Club hours.

Artistic Weavers/Fiber Artists

The Artistic Weavers and Fiber Artists' Club at Oakmont is open from 9am-noon, Tuesdays-Fridays from May through September. Swedish Weaving lessons offered on Fridays from 9am-noon throughout May. Members will be working on knitting, crocheting, loom weaving and basketry projects throughout the summer. Stop by the club room to purchase a handcrafted item, to see what's happening, or just to say "Hi." We'd love to have you join us!

Bell Metal Club

Love metal? Love art? Come to Bell Metal Club to be innovative and artistic with metal! Not only can you work with metal, we can fix and replace your garbage can lids or make your mailbox secure by adding a locking security box. We have all the equipment to cut, weld and machine metal; we even build small engines. Come visit our shop and/or join us Monday-Saturday, 8am-4pm. Membership is open to all RCSC Cardholder and is \$10 per year. Call us to see if we can repair of fix your broken metal items. FMIC 623-974-8206.

Fairway Ceramics & Porcelain Club

Spring is quickly becoming summer; an ideal time to explore indoor hobbies and make beautiful, fun items. Join us at Fairway Ceramics & Porcelain Club! All guests & visitors invited to enter a free monthly drawing for an awesome door prize. While there, have a cup of coffee and take a tour; we would love to meet you! Classes are fun and low-cost: airbrushing, clay lifting, glazing, brushstrokes, decorating w/translucents, Zentangle, underglaze pencil, clay building, overglaze application, & many other techniques. We welcome all skill levels. Annual membership (Jan-Dec): \$10 per RCSC cardholder; family memberships (at the same address): 2 for \$15. Basic orientation helps new members get started in a friendly, encouraging environment. Greenware, tools, and supplies available for purchase on site. May Hours: 9am-3pm, Mon-Fri. FMIC 623-972-5818, or Dott McDaniel at 623-748-3313. Located on 2nd floor of Fairway.

Sun City Clay Club at Lakeview

Located on upper level at Lakeview. Open to all RCSC cardholders. Member meeting on 5/5 in Lakeview Social Hall. Social and snacks: 9am; meeting: 9:30am. New members welcome and invited to join with or without prior experience. We have great teachers and friendly, helpful members to get you started. Workshops available for those who wish to enhance their pottery skills. Stop in, tour our club rooms and find out about upcoming classes and events. We have pottery items on display and for sale. Visit our updated website at www. suncityclayclub.com. Club hours Mon-Thurs, 8:30am-8:30pm; Fri-Sat, 8:30am-4:30pm.



Bell Silver Craft Club

You are invited to visit our fully, professionally equipped silver craft workshop & sales room. We offer beginning classes in basic silver work, introducing students to silvercrafting fundamentals. We also offer lost wax casting classes, turning wax models into beautifully cast silver or gold, and classes in chainmaille for stunning bracelets & necklaces. Other specialty classes/demonstrations offered throughout the year. Feel welcome to tour our club & see the possibilities. Jewelry sales store hours: Monday-Saturday 9am-3 pm. Silver-crafting hours: Monday-Saturday 8am-3:30pm. We are located right around the corner from the visitors center at Bell. FMIC 623-933-8442.

Marinette Clay Corner

All items (for your home or as gifts) created by members of Marinette Clay Corner Club; one of a kind works of art, including our famous "Yard Art." Examples displayed at both Bell & Marinette pools. We also donated Yard Art for the beautification of Del Webb. We are open 6 days a week, Mon–Friday, 8am–9pm & Sat 9am-5pm, and always have items available for purchase. FMIC 623-977-3167 or visit marinetteclaycorner.org

Performing Arts



Readers' Theater Ensemble

Readers' Theater Ensemble encourages acting & oral reading. We give short plays at various organizations. Meetings are workshops to help improve talents. We do not memorize; we read from scripts. If you are shy, we can help you gain confidence. We meet every Friday at noon in Lakeview Social Halls 2-3. Come observe; don't be surprised when you decide to keep coming back. FMIC 623-972-4580. Open to all RCSC Cardholders. Annual dues: \$1.

Sun City Choraliers

Looking for experienced choral singers who want to sing good choral literature in a small ensemble setting. The Choraliers have traditionally sung lighter choral music like Broadway, spirituals and some pop tunes. By adjusting the musical direction of the group to include other musical styles such as Renaissance, vocal jazz, blues, and gospel we hope to expand the group membership to include YOU. The Choraliers, under the capable direction of Jane Brambilla who has over forty years of successful vocal experience, are an auditioned group which performs approximately twenty times from December-April. Rehearsals: Mondays starting 9/12, 8:30-11am at Fairway music room (second floor). So if you are looking for a place to satisfy your musical fulfillment please stop in to listen to us, or check out our website wwwsuncitychoraliers.com.



Sun City Players

Monthly meetings 3rd Monday of month, 7pm at Mt. View. Terrific entertainment featured after a short business meeting. All events open to RSCS Cardholders & their escorted guests. FMIC 623-972-9421.

Piano Club

Have you ever heard that May is National Bike Month? Neither did I, but since this is the last Piano Club Program until next September, our pianists are planning something special. Pedal yourself over to Sundial Friday, 5/20 to hear some great piano music. (Besides bicycles, walking, golf carts and even driving are allowed.) Admission is free to RCSC Cardholders. Escorted guests are very welcomed. Come join us for musical fun, fellowship and maybe a laugh or two. The Piano Club meets the third Friday at 9:30a, October through May, at Sundial. A variety of senior classes are offered year 'round. FMIC Kathrene Allen 623-792-7266.



SUNVIEWS • MAY 2016

Dances

Sun City Friday Night Dance Club

Singles and couples invited to join us for social & ballroom dancing at Sundial, Friday evenings, 7-10pm. Whether you love to slow dance, are an accomplished ballroom dancer, or somewhere in between, you'll enjoy dancing to some of the best live music in the Valley. Free dance lesson with paid admission: 6:20pm. No partner required for lesson; Students rotate so everyone has an opportunity to dance. We also have a couple "Mixers" and a couple of "Line Dances." Admission: \$5/members; \$7/escorted guests. Enjoy socializing and the opportunity to make new friends. Be comfortable, but please - no jeans, shorts, pullover shirts, hats, tennis shoes or flip flops. Coffee, ice and cups provided. FMIC Bob (623) 215-8718 or visit our website at: www.suncitys-inglesdanceclub.com. Open to all RCSC Cardholders and their escorted guests.

May Dates: 5/6 Bobby Freeman; 5/13 Manuel Dorantes; 5/20 Mike Carollo; 5/27 Bob Roppolo - 5/27



Sun City Ballroom Dance Club at Bell

The weather is heating up, but it's cool in Bell Social Hall. Sun City Ballroom Dance Club meets every Sunday evening for dancing and socializing throughout the year (except Christmas 2016). Weekly dance from 7-9:30pm. Free dance lesson 6:30pm w/paid admission; music & lessons provided by professional DJ and instructor. Dance open to all RCSC cardholders and escorted guests; all levels of proficiency welcome. Please join us for a fun evening. Annual membership: \$3. Members: \$4; escorted guests: \$6. Coffee, ice & cups supplied; byo snacks. FMIC Kat 623-387-6731 or Julie 623-533-6236 or visit: www.suncityballroomdanceclub.com

Sun City Line Dance Club at Sundial

We dance every Tuesday and Thursday, 10am-1pm at Sundial with exceptions. TH, April 28 we will be at Fairway, 10am-1pm. Annual Membership is \$5; open to all RCSC Cardholders. Dance Fee: \$2 Members, \$3 Guests and Visitors, RCSC Guest Fee \$2. Saturday Night Line Dance on 4/30 at Sundial - Lesson at 6:30pm; Dance 7-9pm FMIC Walter 623-972-5127 or Lana 231-557-6555 or visit our website at www.suncityline-danceclub.com

Country Dance Club at Sundial

Come dance with us on the first and third Saturdays in May at Sundial. Both dances from 7-9:30pm. Doors open 6pm; free dance lesson w/admission 6:30-7pm. Admission: \$3/ members and \$5/escorted guests. There is something for everyone: a good mix for couples, couples pattern, & line dancing. Dress casual or dress up, country or otherwise. Cups & ice provided, bring your own drinks & snacks. FMIC 623-972-5127 or visit www.countrydance-clubsc.com.

May Dates: 5/7 - line dance lesson; 5/21 - Couples pattern dance lesson



Sun City Squares

Closed for the Summer Season (May thru October). We will begin dancing again in November 2016. Check back here and at http://sunaz.com/ sun-city-squares/ for more information about lessons and dancing this fall. Have a great summer!

Bell Tea Dance

Dances on Wednesdays from 2-4pm at Bell. Music provided by local keyboard artists. Dance consists of Foxtrots, Waltzes, Latin, Swing and Rock; two mixers and line dance included. Coffee, tea & cookies provided. Singles welcome. Admission: \$4/Club Members, \$6 Escorted Guests. FMIC 623-933-8873. **May Dates:**

5/4 Mike Carrolo; 5/11 Manuel Dorantes; 5/18 Bob Roppolo; 5/25 Bobby Freeman



Rockin' Thru the Years – Saturday Nite Fever

Only dance club dedicated to Classic Rock And Roll, Disco, DooWop and Country Rock. We have our own sound system and use 2 different DJs to play music from the 50s thru today. Will play requests as long as they fall in R&R genre. Singles & couples welcome; No Dress Code! We furnish cups & ice; BYO snacks & favorite beverage. Admission: \$3/members; \$5/escorted guests. Annual RTTY membership: \$3 w/valid RCSC Membership. Remember: No partner or dance lessons needed to enjoy dancing to R&R & Disco. Dances at Bell; Doors open 6:30; dance 7-10pm. FMIC 623-332-7894 or visit website at rockinthrutheyears.com.

We play Videos with your music on our 10ft X 5ft video screen. Saturdays: 5/14 - DJ Jamee Soulz; 5/28 - DJ Ryan Blair

Classic Rock Dance Club

DJ Dustin Bates is sure to rock the house. Join us for some good, old time Classic Rock & Roll music from the 50s-70s at Fairway on Saturday, 5/7 & 5/21. Doors open 5:30pm; dancing 6-9pm. Annual Club dues: \$3, open to RCSC Cardholders. Dance admission: \$3/members; \$5/escorted guests. Casual attire, byo drinks & snacks; cups & ice provided. Singles & couples welcome. FMIC 623-628-4401 or 360-350-8160 or visit sunaz.com/classic-rock-dance-club



Dances Lessons

Tip Top Dance Club

Tap classes at all levels; men and women welcome. Beginners: Mon 10am; Intermediate: Tues 9am; Non-Performing: Wed 9am; Advanced Tap: Tues 10:15 & Fri 10am; Advanced Variety: Mon 8:45am & Fri 9am; Moving to the Beat: Low Impact Aerobics Dance Class that will get you ready for future dance classes - Tues & Thurs 1pm. Annual membership: \$10. Tap Class fee \$12 monthly. Moving to the Beat \$3 per class. Open to all RCSC Cardholders and their guests. Marinette Social Hall; FMIC Christine 623-322-3138



Sun City Ballroom Dance Club Group Ballroom Dance Lessons

Monday and Thursday evenings at Bell Social Hall

Mon:	6 pm – Cha Cha;	Thurs: 6 pm – NC 2-step;	
	7 pm - Foxtrot;	7 pm – Waltz;	
	8 pm – East Coast Sw	ing 8 pm – West Coast Swing	I

Cost per lesson: \$5 members; \$7 escorted guests. FMIC Kat 623-387-6731 or Julie 623-533-6236 or visit www.suncityballroomdanceclub.com

Educational Classes



Computer Club of Sun City

Our members come here to share computer knowledge and experiences, including current Microsoft Operating Systems, Chromebooks, Android Smartphones

and tablets in a fun social environment. This includes Windows 10, the internet, mobile devices, media, home, office and social. Members of the Club can come anytime that we are open and use our computers in the Member's Lab to check email, read the news and visit favorite websites. Our scanner can scan your important documents, precious old pictures, prints, slides and negatives. Classes, special interest group discussions and presentations are both interesting and educational. Classes require club membership and pre-registration at the club. Register early as they do fill up fast!

We are preparing our members for Microsoft's new operating system - Windows 10. We have two entire classroom equipped with Windows 10 and many classes using Microsoft 10 are scheduled. Classes on current Windows versions (Windows 7 and Windows 10) are being taught.

All RCSC cardholders are welcome to join the fun! In May you can join by attending a short "Join Us" presentation on any Wednesday from 9a to 10:30a. It only takes a few minutes to join! Come to our club for more information, or visit our Club Website: www.firstsuncity.com

The Computer Club of Sun City is on the 2nd floor of the Fairway Recreation Center

Hours: M-F, 8am to 4pm, Sat: 8am to Noon.

First Week Android Devices SIG, May 4 at 9a Round Table Discussion, May 6 at 9a

Second Week

File Explorer using Windows 10 Class, May 9, 10 and 11 from 9a to 11a Internet Email SIG, May 9 at 9a

CLASSES

Computer Clinic, May 13 at 9a

Investors SIG, May 14 at 9a

Third Week

Android for Beginners SIG, May 16 at 9a Computing 101, May 17, 18 and 19 from 9a to 11a

Android Workshop, May 18 at 9a

Android Workshop, May 18 at 9a

Computer Backup and Recovery SIG, May 19 from 9a to 10:30a Monitor Training, May 19 at 11a

Computer Clinic, May 20 at 9a

. . ,

Fourth Week Microsoft Windows SIG, May 23 at 9a Computer Clinic, May 27 at 9a



Summar Summer 10:30 beg our Sumr

SunMacs Computer Club

Summer hours, when our club is open only in the mornings on Tuesday and Thursday, 8:30 - 10:30 begin on May 3 and end on October 27. We are closed from August 1 - September 12 for our Summer Break. Our next General Meeting will be on Saturday, November 12. Topic will be announced later. Visit our website ...

P.S. We're always looking for suggestions of programs you really want and need in our monthlymeeting programs. Please let us know what you'd like!

We specialize in assisting our members with Apple Products and Software. Located at Sundial; RCSC card required for membership. Annual dues: \$20 single/\$30 couple. We offer Classes, Round Tables and Socials free to club members. Some classes require pre-registration. Visit www.sunmacs.org or our club room (933-5300) FMI

¡Hola!



Spanish Club - El Círculo Español

There are exciting changes coming to the Spanish club! On Mondays beginning October we will have a 3pm introductory Spanish class. This is the perfect way to begin learning in a fun and relaxed environment. There are about 10 other class selections from which to choose that include watching and discussing a Spanish mystery series, conversation for all levels, and classic book instruction. The fun never stops. There is a Spanish conversation class starting in June for all levels. We not only have social outings in the summer, but throughout the year!

Membership dues: \$7 and any classes can be taken. Many social events allow members to bring a guest. FMI SunCitySpanishClub@gmail.com or visit Sunaz/Spanishclub/ or 623-466-5011

Life Long Learning

The Lifelong Learning Club of Sun City offers learning opportunities for residents presented by volunteer instructors who bring a lifetime of teaching, learning and experience in many facets of life. Membership is open to all RCSC Cardholders.

Classes are held at Fairway Recreation Center. Annual dues of \$20 allow club members to attend up to 15 classes each semester and must be paid upon registration. Also required is a valid picture RCSC ID card. FMIC 623-533-5756

Knowledge is like a garden; if it is not cultivated, it cannot be harvested.

RCSC Travel & Tours

Make your plans now to get-away!

RCSC works exclusively with tour providers who offer travel opportunities that promise to meet or exceed your expectations. With safety and comfort in mind, each trip is planned to the last detail, ensuring your experience is a memorable one. Detailed itineraries for each trip are available that include all information on travel arrangements, which meals are provided (if applicable), tours scheduled and the like. Whether your getaway includes a flight across the country or a leisurely motorcoach ride to one of the area's outstanding tourist attractions, you'll find traveling with RCSC tours a great value for your vacation dollar!

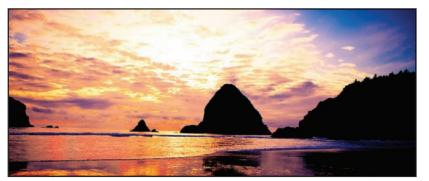
Tours can be purchased Monday through Friday in the Lakeview Clubs Office or by phone from 8:30am to 4:00pm. Visa, MasterCard, Discover, cash or checks accepted. Tours are for RCSC Cardholders and their guests only. Cardholders should have member card available, must accompany each trip and may purchase a maximum of six tickets. Day tours depart from Bell Center. All tours are non-refundable. Please inquire about trip cancellation protection offered by All Aboard America (AAA) and Free Spirit Vacations (FSV) for overnight tours. Call 623-561-4660 for more details or visit www.sunaz.com/travel where you can now find the complete itinerary for every trip!

Overnight Trips

June 19-25, 2016 (Sunday-Saturday) Discover Glacier National Park | FSV \$1,975pp double | \$2,630pp single | \$1,795pp triple | Air NOT included | \$500pp deposit; balance due April 19

July 17-22, 2016 (Sunday-Friday) Oregon's Natural Wonders | FSV \$1,795pp double | \$2,250pp single | Air included | \$500pp deposit; balance due May 17







August 15-19, 2016 (Monday-Friday) Broadway Meets the National Parks – Tuacahn and Brighams Playhouses | FSV \$595pp double | \$725pp single | \$100pp deposit; balance due July 1

> Visit www.sunaz.com/travel for a complete list of tours and more information including full itineraries

Day Tours

June 6, 2016 (Thursday) Meet Chef Jen of Natura Spice in Sedona | AAA Depart 9:00am | Return 5:00pm (est) \$99pp

June 7, 2016 (Tuesday) Verde Valley Wine Trail | AAA Depart 8:00am | Return 4:30pm (est) \$99pp

June 9, 2016 (Thursday) Arcosanti with Lunch in Cottonwood | FSV Depart 8:00am | Return 5:00pm (est) \$99pp

June 11, 2016 (Saturday) Prescott Territorial Arts & Crafts Festival | AAA Depart 7:30am | Return 4:30pm (est) \$69pp

July 17, 2016 (Sunday) Los Angeles Dodgers vs Arizona Diamondbacks | AAA Depart 11:45am | Return 5:30pm (est) \$77pp



August 9, 2016 (Tuesday) Williams and Bearizona | FSV Depart 7:30am | Return 6:00pm (est) \$99pp

August 20, 2016 (Saturday) My Fair Lady with Lunch at VinciTorio's | AAA Depart 10:30am | Return 5:30pm (est) \$99pp (Tickets must be purchased by July 1)

September 9, 2016 (Friday) Musical Instrument Museum | FSV Depart 9:00am | Return 9:00pm (est) \$99pp



October 9, 2016 (Sunday) Apple Annie's in Wilcox | FSV Depart 8:00am | Return 6:00pm (est) \$99pp

Copies of itineraries can be requested in the Lakeview Club Office, Monday-Friday from 8:30am-4:00pm and are also available online at www.sunaz.com/travel. Single residents can request their name be added to a list for "sharing a room by gender" with another resident for overnight tours.



Mark Baker Sets Sights Beyond Sun City AZ Uke Club Musical Director Takes to the Highway - Again!

It all started at our local variety show in 2010. Mark was entertaining and decided we needed another club in Sun City - a Ukulele Club. Pretty much the rest is history. During these last 5-1/2 years our club has grown to almost 80 members and has performed in numerous gigs for clubs and various venues around our community.

In case some of you weren't aware, Mark is not a newcomer to the performing scene. His past includes performances with the New Christy Minstrels and with Celine Dion in Seattle. Locally, he has performed at the Spirit of Christmas in Chandler, served as lead instructor at the Tempe Aloha Festival and has had numerous private gigs on his own. This summer he will be performing at the opening ceremony in July for the Transamerica Cycling ride in Missoula, MT. This, of course, is tied to what many believe might be his proudest accomplishment so far, his very own song, "Till the Highway Turns to Sea," that he wrote and published about his bike ride from Sun City, AZ to St. Augustine, FL.

Mark spent three years traveling back and forth to Canada to receive his James Hill Ukulele teaching certification. Because of this he has been successful helping all age groups learn and love to play the ukulele. He has given workshops locally as well as in New Mexico, Texas, California, Colorado, and Washington. Mark is truly joining the ranks of the "renowned" ukulele instructors and Kimo Hussey has chosen to be Mark's mentor.

Mark has groomed many members in the Sun City Ukulele Club to have the confidence and skills to





go out on their own or form smaller groups to also do performances. I know that Mark is very proud of this club and his accomplishments here but now it's time for him to move on to fulfill other dreams and take advantage of opportunities that have risen out of his dedication and passion of this beautiful instrument and the natural talent that he was blessed with.

We love you Mark and know that you will always return to your roots here. You will be welcomed with open arms and know that as students and friends, we are proud of you! Good luck, thank you, and we love you!

Special thanks to Vicky Miller for sharing this speech she presented at Mark's final meeting. The Ukulele Club also presented Baker with a plaque of appreciation and honorary lifetime membership in the club.









RECEIVE A \$200 DISCOUNT WHEN YOU JOIN US ON OUR APRIL, MAY, OR SEPTEMBER TOUR DATES

EXPERIENCE THE COPPER CANYON

*Please call us direct for special pricing and availability

A Closer Look TOURS Operating Copper Canyon tours for over 30 years

Call Today 602.938.0951 www.acloserlooktours.com

SUNVIEWS • MAY 2016

We invite you to be our guest for lunch and tour our friendly "Village" 10000AUE VELAGE



The comforts of home, with the amenities of a resort Welcome Home to Wooddale Village A Sun City Retirement Community Wooddale Village is a beautiful resort-style retirement community located in Sun City, offering the finest in services, amenities, and healthy life-

Wooddale Village is a beautiful resort-style retirement community located in Sun City, offering the finest in services, amenities, and healthy lifestyle. This community offers spacious one and two bedroom apartment homes with views of lush, green courtyards lined with trees, water features and ponds. Residents who choose Wooddale Village as their home enjoy the freedom of living a carefree lifestyle that keeps them young at heart.

Wooddale Village 8 UN CITY (623) 933-1313

18616 N. 99th Avenue, Sun City (just north of Union Hills) www.wooddalevillage.com



SUNVIEWS • MAY 2016

PAGE 28

BRAND NEW Assisted Living & Memory Care

So many reasons to

....on your toes...in your heart

Caring, Responsive Staff Executive Chef-prepared Meals Licensed Nurse, 7 Days a Week Short-term Respite Stays

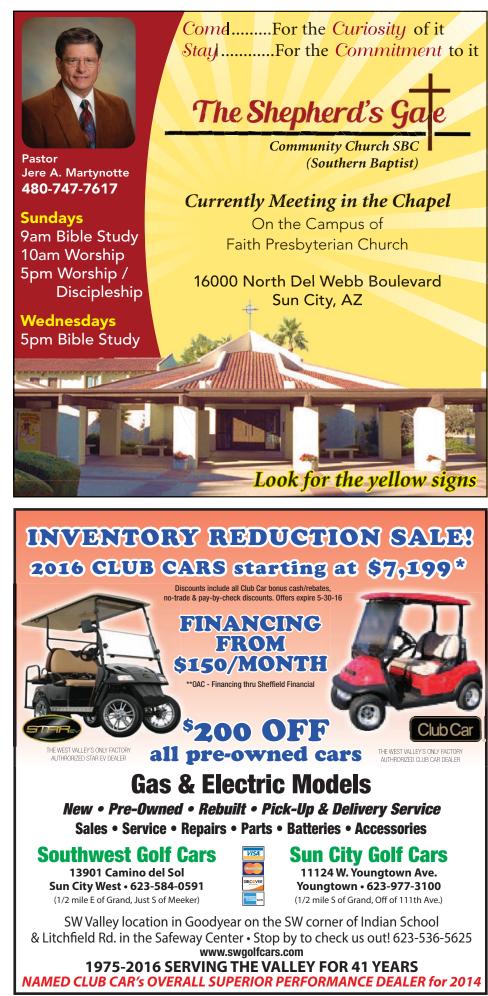
MorningStar

ASSISTED LIVING & MEMORY CARE at ARROWHEAD

623.321.5150 21432 N. 75th Ave | Glendale MorningStarSeniorLiving.com

anci

PAGE 29





Enjoy a Long, Happy Retirement

Dreaming about retirement is easy. Preparing financially for your ideal lifestyle, however is often more complex. As your professional wealth manager, I have the experience, tools and resources to help you accomplish your goals. Throughout all stages of your life.

Call today for a complimentary consultation.



JASON BRAUNSTEIN

Senior Vice President – Financial Advisor Senior Portfolio Manager – Portfolio Focus Private Client Group 16150 N. Arrowhead Fountains Center Dr. Suite 300 | Peoria, AZ 85382 (623) 334-2614 www.rbcwmfa.com/jason.braunstein/





There's Wealth in Our Approach.™

© 2015 RBC Wealth Management, a division of RBC Capital Markets, LLC, Member NYSE/FINRA/SIPC. PAGE 30

SUNVIEWS • MAY 2016



"Purchase or lease any new (previously untitled) Subaru and receive a complimentary factory scheduled maintenance plan for 2 years or 24,000 miles (whichever comes first.) See Subaru Added Security Maintenance Plan for intervals, coverages and limitations. Customer must take delivery before 12-31-2016 and reside within the promotional area. At participating dealers only. See dealer for program details and eligibility."



Sun Health at Home

Your Wellbeing, Your Plan, Your Home

Introducing *Sun Health at Home™*, a new "continuing care at home" program offering highly personalized support and coordinated services to help you remain in your home safely and confidently as you age.

A New Approach to Plan For Long-Term Needs

Protection From the Rising Cost of Long-Term Care

Highly Personalized Support and Services

Peace of Mind for You and Your Family

Multiple Options to Fit Your Needs

An Established, Trusted and Reliable Partner

Upcoming Discovery Seminar Dates:

May 2, 2016, May 5, 2016 May 18, 2016, May 19, 2016

To attend a no-obligation Discovery Seminar, call 623-227-HOME (4663) or click SunHealthatHome.org.



Become a Sun Health at Home Founders' Club Member

If you are thinking about joining Sun Health at Home, now is the time! Founding members will **receive 5% off their membership fee** plus other exclusive gifts and benefits.

*Medical and financial eligibility must be completed by June 30, 2016.

Life Gets Nild Here.

Introducing new rides in the new Adventureland including an exhibitating 100 foot high Vertigo Swing, exciting family Roller Coaster, breathtaking Soaring Eagle Zip Line and a fun Flying Scooter. All centered around new exhibits featuring Bears, Buffalo, Javalinas, Bobcats, Mountain Lions, monkeys and more.



Arizona's Ultimate, Year-Round Family Fun Destination. Arizona's Largest Collection of Exotic Animals.

Northern Ave. and the 303 Freeway 623-935-WILD (9453) • WildlifeWorld.com

Follow us @Wildlife World Zoo

You

550ff Admission Per Person \$20 Value (Limit 4)

Safari Train Ride • Soaring Eagle Zip Line • Australian Boat Ride • Kids Carousel • Flying Scooter • Safari Tram Ride Wildlife Skyride • Roller Coaster • Vertigo Swing • Log Flume Ride and Shows!

SUNVIEWS • MAY 2016



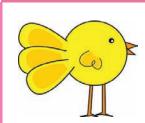


*MSRP excludes destination, taxes, title and registration fees. Starting at price refers to the base model, optional equipment not included. A more expensive model may be shown. Pricing and offers may change at any time without notification. To get full pricing details, visit Moore Chrysler Jeep.

PAGE 36

EVENTS

SUNVIEWS • MAY 2016



Easter Fun at the Sun Bowl • 2016

There was lots of fun to be had at the Sun Bowl this Easter season when hundreds of children participated in the annual RCSC Easter Egg Hunt with 4,000 candy and prize filled eggs for all. It was wonderful to see several generous chlidren share with others who weren't as quick. Thank you! Blessed with beautiful spring weather the following morning, the faithful joined with the congregation from United Church of Sun City whose splendid chorus filled the air with praise and worhip for those who chose to come out and greet the day with this long-standing community tradition.































