

SUN VIEWS

ISSUE #179 • SEPTEMBER 2016 • A PUBLICATION OF THE RECREATION CENTERS OF SUN CITY, INC.

SUN CITY
ARIZONA
RECREATION CENTERS
OF SUN CITY

Warm Days, Cool Evenings and Fun Forecast for Fall

The dog days of summer continue into September here in Sun City AZ and the snowbirds will be flocking back before we know it. For those of us who managed to survive the heat, there were plenty of good times, including two great shows indoors at Sundial and a fun-filled evening Dive-In Movie at Mountain View.

And there's more fun to be had as we get ready for fall to return and temperatures to dip back into the 90s with pleasant evenings on the patio along with the return of neighbors and friends.

If you're feeling lucky, Casino Night returns on Saturday, September 17 in the Sundial Auditorium, where you'll enjoy all of your favorite table games like black jack, poker and roulette. We'll be serving beer, wine and bloody marys - so remember, no outside alcohol allowed. We also plan to have bottled water, food and snacks available for purchase.

As September draws to a close we'll kick off the Fall Sun Bowl series with an encore performance by "Faded Jeans," on Sunday, September 25. This energetic, five-piece band recently won the "Battle of the Bands" competition held at the Talking Stick Casino. This should be a sure-to-please show with great tunes certain to keep the audience on their feet. We'll have superb entertainment for you every Sunday evening (along with gourmet food vendors for your dining pleasure). An additional show has just been added to end the season on November 13 when we bring you "The Platters" with Tyrone Sweet. A definite must-see show.

And as always, all free events are for RCSC Cardholders and their escorted guests only, so be prepared to show your Member or Privilege Card (no key fobs accepted).

In addition to the Sun Bowl shows, October brings the Sun City AZ Fall Festival where we'll have carnival games, prizes and fun for all! "Yesterday Once More" will provide entertainment in the Sundial Auditorium from 5:30 to 7pm with some great music to wrap up a great day.

Well hello, Fall! We're glad you're back!



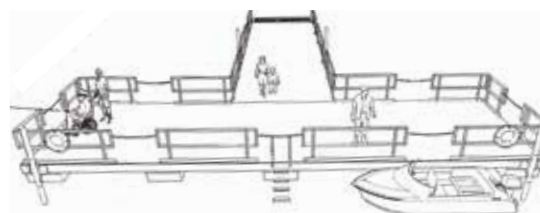
A great time was had by all at the Dive-In Movie & Ice Cream Social at Mt. View. Plans are underway for "Splash Fridays" in August 2017, geared more towards adults as several cardholders have requested. Stay tuned for more details.



Smooth Sailing Ahead at Viewpoint Lake

In our continuing efforts to improve, update and enhance RCSC facilities for Cardholders and their guests, work will be completed early this fall on a new dock for Viewpoint Lake near the mini-golf facility monitor's station as depicted here.

In addition, the crews will soon be installing decorative steel fencing at strategic access points leading up to the Hillside Park area in order to ensure that the comfort and safety of RCSC Cardholders continues to be maintained while also keeping watercraft secure during non-operating hours at Lakeview Center.



Above: Artist's rendition of the new dock planned for Viewpoint Lake will have space for 10 boats when installation is complete later this month. RCSC Cardholders will now have access to all four paddleboats and two row boats. A motorized rescue boat will also be docked at this location. In addition, there will be four slips available where boaters can tie-up and come ashore for short periods of time.

Stay in the loop!
Get RCSC News Alert
Emails, sign up at:
www.sunaz.com

Email addresses
remain confidential

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Cardholder Services Lakeview Center

Monday - Friday
8:30 am to 4:00 pm

September Saturday Hours:
(September 10)
9:00am to noon

RCSC Proudly Announces the 2017 Sundial Concert Series

The great entertainment continues as we proudly announce the line-up for the 2017 Sundial Concert Series. We'll continue to have reserved seating in the Sundial Auditorium for all of these great shows so there's no more need to arrive early and wait in line! Relax and enjoy these fantastic performances at an unbelievable price – all right here in Sun City AZ!

Season tickets will be available to RCSC Cardholders only for \$154 (that's just \$14/show) and will be sold from November 1-30 only at the Lakeview Clubs Office or by phone (623-561-4660) using Visa, MasterCard or Discover (no voice mail or email orders accepted). Single Concert Ticket Sales to RCSC Cardholders only will begin Thursday, December 1, 2016; tickets will be \$17 per person for individual shows. Beginning January 2, 2017, non-RCSC Cardholders may purchase tickets (depending upon availability) for \$20 per person. Please note that tickets are transferable but that all ticket sales are final; no exchanges or refunds.

Journey Unauthorized
Wednesday, January 11, 2017 at 7pm

Tribute to The Righteous Brothers
Wednesday, January 25, 2017 at 7pm

Strait Country - George Strait Tribute
Wednesday, February 1, 2017 at 7pm

The "Original" Grass Roots
Wednesday, February 8, 2017 at 7pm

Fairchild Blues - Blues Brothers Tribute
Wednesday, February 15, 2017 at 7pm

Yesterday – Beatles Tribute
Wednesday, February 22, 2017 at 7pm

Desperado – Eagles Tribute
Wednesday, March 1, 2017 at 7pm

Bee Gee's Gold
Wednesday, March 8, 2017 at 7pm

Bobby Wilson (Son of Legendary Jackie Wilson)
Wednesday, March 15, 2017 at 7pm

Tina Turner Tribute by Cookie Watkins
Wednesday, March 22, 2017 at 7pm

The Heart of Rock & Roll – Huey Lewis Tribute
Wednesday, March 29, 2017 at 7pm

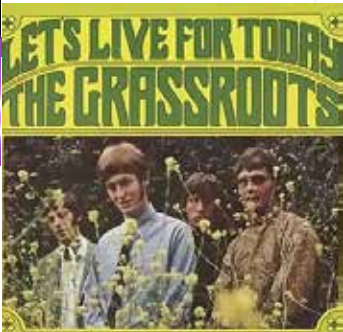
** Season Tickets are transferrable for those not able to attend all shows!



Season Ticket Sales
Begin on November 1



Great entertainment
for a great price!



Please note: We will no longer be having gourmet food vendors prior to ticketed Sundial concerts. RCSC Cardholders are welcome to bring their own beverages and snacks to these shows.

Please respect others by arriving early so that there will be adequate time to be seated prior to the show start time. Those arriving late may not be seated once the show has begun.



Step right
this way!
Good times
for all!



Yesterday Once More
In the Sundial Auditorium for
your dancing pleasure
from 5:30-7pm

SUN CITY
ARIZONA

Fall Festival

Friday, October 21, 2016
Sundial Recreation Center

4-7pm

Fun for
everyone!

- Carnival Games & Prizes
- Gourmet Food Vendors
- Beer, Wine & Bloody Marys available for purchase
- NO outside alcohol allowed at this event!

Free for RCSC Cardholders
& their escorted guests!

** Please be prepared to present your RCSC Member or Privilege Card upon request.

Want a Bigger Voice in Sun City AZ?

Run for the Board; RCSC Candidate Packet Deadline Approaches

You've still got time to step up and give back to the community by becoming a candidate for the RCSC Board of Directors elections. Don't miss your opportunity to make a real and lasting difference in Sun City AZ.

As usual, there will be three vacancies to fill in this year's December election, with each being a three year term. Directors whose terms will expire at the end of 2016 are Dan Schoeder, Michael Kennedy and Peter Lee.

Candidate packets are still available and those interested in obtaining a packet must make this request in person at the Lakeview Corporate/Board Office (lower level) and present their RCSC Member card. The deadline for packet submissions is noon on Friday, September 30, 2016.

Requirements to become a RCSC Board candidate:

- Must be at least fifty-five (55) years of age;
- Must not be related by marriage or birth to any other member of the Board, Sr. Management Staff, or Board Candidate;
- Must be a Deeded Real Estate Owner of property in Sun City, Maricopa County, Arizona;
- Must be a Member in good standing;
- Must reside in Sun City, Arizona and be available at least ten (10) months of the year;
- Must meet the requirements to hold an Arizona liquor license (RCSC holds liquor licenses which require Board officers to be included on the licensing);

- Must be eligible and available to serve a three (3) year term; and
- Must be available to attend Board Candidate Orientation(s).

Candidates must also submit a fully completed RCSC petition, signed by 100 or more Members in good standing, along with all other forms provided in the RCSC Candidate Packet.

A successful candidate will:

- Have a strong desire to serve Sun City;
- Be fair and courteous;
- Use good common sense;
- Have good communication skills;
- Be willing to work as part of a team;
- Ability to prioritize - both policy and projects - which will have the greatest benefit for the most members; and
- Be willing and able to dedicate the necessary hours to be an effective Director.

Candidates will be introduced at both the October and November Board meetings and candidate forums that will be held in the fall. Forum locations and dates will be announced at a later time.

For more information, please contact the Board Office at 623-561-4620 or email boardoffice@sunaz.com.

CHS Saturday, Centers Hours Change with Labor Day

RCSC Cardholders are reminded that Cardholder Services (CHS) will be closed the first Saturday in September in observance of Labor Day; however, the office will be open on Saturday, September 10 from 9:00a.m. to noon for your convenience.

In addition, all RCSC Offices and the Sun City AZ Visitors Center will be closed on Monday, September 5, 2016 in observance of this holiday as well.

All recreation centers will be open normal operating hours on Labor Day, with summer hours ending at close of business, September 5.

Beginning on Tuesday, September 6, 2016, Cardholders are advised that the following centers will once again close at 7pm: Lakeview, Mountain View and Oakmont. All other Recreation Centers will continue to be open until 9pm: Bell, Fairway, Marinette and Sundial (once renovation is complete later this month).



Corporate Office

Lakeview Center
10626 W. Thunderbird Blvd.
623-561-4600

www.sunaz.com
www.suncityaz.org

Member Services (Clubs) Office

Lakeview Center
623-561-4660

Cardholder Services Office

Lakeview Center
623-561-4603

Recreation Centers

Bell Center: 623-876-3040
16820 N. 99th Ave.

Fairway Center: 623-876-3044
10600 W. Peoria Ave.

Lakeview Center: 623-561-4675
10626 W. Thunderbird Blvd.

Marinette Center: 623-876-3054
9860 W. Union Hills Dr.

Mountain View Center: 623-876-3042
9749 N. 107th Ave.

Oakmont Center: 623-876-3046
10725 W. Oakmont Dr.

Sundial Center: 623-876-3048
14801 N. 103rd Ave.

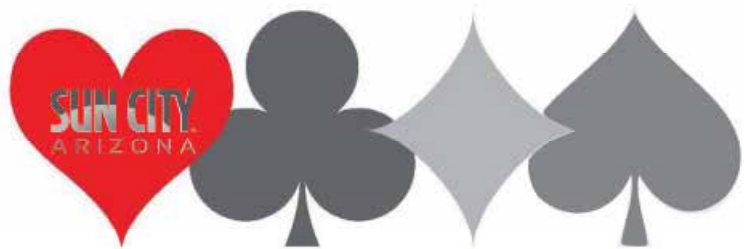
Sun Bowl Amphitheatre
10220 N. 107th Ave.
(weather recording)
623-972-6014

Softball Field
10220 N. 107th Ave.

Duffeland Dog Park
14610 N. Del Webb Blvd.

Sun City Visitors Center
1-844-4 SUN CITY or 623-977-5000
Located in the Bell Center at
16824 N. 99th Ave.

FEELING LUCKY?



Casino Sun City

Saturday, September 17, 2016 • 4 to 7:30pm
Sundial Auditorium

Join us for an early evening of fabulous fun, action & excitement!

We'll have all of your favorite table games and best of all - \$500 in free chips for you to play! When you're broke, the fun is over! Play poker, black jack, roulette, craps and more!

Beer, Wine & Bloody Marys will be available for purchase from Cocktail Servers during this event; no outside alcohol will be allowed!

Take a chance, step right up and place your bet. You'll feel lucky to have such an evening of fun!

Free for RCSC Cardholders & their escorted guests
Be prepared to show your RCSC Member or Privilege Card for entry; key fobs not accepted!

Golf Report

Pro Shops

Once again this year we will be participating in Patriot Golf Day. Patriot Golf Day was organized, with the help of PGA of America, to raise funds for the Folds of Honor Foundation. The money raised is used to fund scholarships for spouses and children of military service men and women killed or disabled while serving our country. Starters will be collecting donations through the pro shops from August 30th through September 5th. In addition to our normal fundraising efforts, we will be hosting a Skins game on September 2nd, open to all golfers, proceeds from the event will be added to our fundraising efforts. The event will begin at 7:00 a.m., at Lakes West, with a shotgun start.

Courses

By August 2, aerification and de-thatching of fairways will be complete. This year we closed longer to allow time for maintenance crews to dethatch fairways. Dethatching removes the winter grasses that held on the longest and took over weaker spots in the fairways. The South course was the first to complete the process and the bare areas of the fairways have nearly all filled in.

The greens on the North course were the hardest by the combination of transition and water issues. The winter over-seeding had taken over many areas of the greens and left no turf when it checked out. The best solution to have prevented this would have been to not overseed the greens for this past season, however this would have led to subpar conditions for the winter season. As poor of condition as the greens at North are in, they will recover without the need of reseeding. The areas that are weak now will be the weakest going into overseeding. We are exploring all options to not repeat this process next year, including overseeding options.

The Lakes East project continues and is on schedule. Irrigation installation was on pace to be finished the week of July 25th. The next phase will be cleanup of disturbed areas and testing of the system before final development of the irrigation program. Landscape installation is nearly completed on the back 9 and has begun on the front 9. The project will finish on time.

The pump station and lake work on Willowbrook has been completed and the pump station is online. It was difficult to manage the installation of the pump station (during the heat of the summer) and maintain course conditions. We appreciate everyone's patience during the process, having a reliable source of water online during the construction next year, will help ensure the success of the renovation. The new pump station is capable of providing an additional 700 GPM. We are awaiting a breaker for the fountains. Once received the fountains will be brought online. The bare areas of dirt that were removed from the lake are being prepped for sprigging.

Snack Shops

We invite all of our residents to try our snack shops for breakfast or lunch. The snack shops open daily at 6:00 a.m. and are open for lunch through 1:00 p.m. for the summer months.

Lawn Bowl

The Bell Greens have been top dressed and laser leveled by Barkshire Laser Leveling. Prior to the topdressing, areas that were slow to grow in, were sodded. The greens will remain closed until they have grown in. The greens will be heavily watered and fertilized to aid in their growth.

Tee Time Booking Changes

RCSC is excited to launch awaited changes to the tee time booking process through the RCSC Web Portal.

With this update, RCSC Cardholders will be able to make changes to tee time bookings through the web portal. Previously players were required to contact the pro shop to make changes to a booking.

Specifics for the updated functionality of the web booking process will be communicated when the update is released.

To make sure you're receiving up-to-date information about Sun City AZ Golf, RCSC recreation centers and upcoming events, sign up to receive RCSC News Alert Emails at www.suncityaz.org today!



RCSC's 8 Golf Courses

Lakes East: (623) 876-3023
Closed for Renovation

Lakes West: (623) 876-3020
10433 Talisman Rd

North: (623) 876-3010
12650 N. 107th Ave.

South: (623) 876-3015
11000 N. 103rd Ave.

Willowbrook: (623) 876-3033
Willowcreek: (623) 876-3030
10600 N. Boswell Blvd.

Quail Run: (623) 876-3035
9774 W. Alabama Ave.

Riverview: (623) 876-3025
16401 N. Del Webb Blvd.

RCSC's 5 Snack Shops

Menu Available at
sunaz.com/snack-shops/

September Snack Shop Hours
Open Daily 6am - 1pm



Volunteer Ranger Program

For more information about joining our program, please contact Chris Linam, Pro Shop Manager, at 623-876-3025 or email at clinam@sunaz.com. Next meeting is Thursday, September 29 at 1pm in Talisman Hall.



Free for Sun City Residents & their guests!

Open to Men & Women; Junior golfers welcome!

No registration required!

If you're looking to improve your game or are just beginning to play.
If you want to lower your score, fix your slice or just hit the ball square.
Come out and join us – We can help!

First week of clinic will be at Riverview Putting Green:

- Saturday, October 29 @ 9:30am – Putting (Bring putter & a ball – 50% of your score)

Last three clinics will be at Lakes West Driving Range:

- Saturday, November 5 @ 9:30am – Chipping, approach shots (Bring 8 iron, pitching or sand wedge)
- Saturday, November 12 @ 9:30am – Golf swing fundamentals (Bring 7 iron)
- Saturday, November 19 @ 9:30am – Ball Flight Demo (Bring driver or 3 wood)

Sun City Resident PGA & LPGA Professional will be on-hand to help!

- | | |
|-------------------|---------------------|
| • Sarah Bakefelt | Phone: 623-875-3418 |
| • Billy Edmondson | Phone: 602-625-7050 |
| • Bob Jennings | Phone: 602-463-4533 |
| • Bob Day | Phone: 602-818-1470 |

Business Cards are located in all RCSC golf pro shops. Call for an appointment.

Course Consulting Service
ON-SITE VISIT REPORT



Check it out online at
www.suncitygolfing.com
under the "Resources" tab

10 Interesting Facts About Bowling

The first well known indoor bowling lanes were built in New York City in 1840 and by the end of the 1800s there were more than 200 bowling alleys in New York City alone. In addition to just play bowling, people also used these alleys as gambling centers.

Bowling was first played with nine pins in the USA, but because the game was associated with gambling and drinking it was outlawed. Somebody added a tenth pin to keep the sport alive.

Bowling balls were made out of wood until the early 1900s. Today, bowling balls are mostly made out of polyester or plastic and weight between 6 and 16 pounds.

Most bowlers in the world can be found in the USA where the United States Bowling Congress (USBC) currently has more than 2.5 million members.

The largest bowling center is the Inazawa Grand Bowl in Japan which has 114 lanes. However (probably) the world largest bowling center of all time was the Tokyo World Lanes Bowling Center which had a total of 512 lanes.

A bowling lane is 18.2 meters (around 60 feet) long from the foul line to the headpin. It costs around \$100, 000 to buy one bowling lane.

Bowling is played professionally on the Professional Bowlers Association tour (commonly called the PBA tour), which was established in 1958. As of 2015, the most successful player on the PBA tour is Walter Ray Williams Jr. with 47 tour titles.

Bowling is the number one participation sport in America and the US bowling market alone is a 6 billion US dollar per year industry.

The first 300 game in a televised PBA event was rolled by Jack Biondolillo in the Tournament of Champions.

The origins of bowling can be traced back 4,000 years back to Rome and Greece. However, modern bowling has some of roots in old German religious ceremonies, where a pin was placed at the end of a long lane and was then tried to be knocked over by rolling a rock towards the pin. If the pin was knocked over, their sins were absolved.

RCSC Bowling Centers

Winter Bowling Hours & Rates

Return on September 1

Lakeview Lanes

10502 W. Thunderbird Blvd.
623-876-3055

Monday-Saturday: 8am-8pm
Sunday: Noon-6pm

Billiards at Lakeview Lanes, too!

Bell Lanes

16810 N. 99th Ave.
623-876-3050

Monday-Saturday: 8am-9pm
Sunday: Noon-8pm

Darts, Shuffleboard & Billiards at Bell Lanes!



Winter Bowling Rates - Cardholders: \$2.40 | Guests: \$2.65 (per Game)

Mixed Scotch Doubles Tournament

Grab a partner!

Sunday, September 25

1pm @ Bell Lanes

Cost: \$20 per Team

One Man, One Woman per Team; Bowl 4 Games



What is Scotch Doubles?

Scotch Doubles Bowling is when two bowlers work together to bowl four games. The woman rolls the first ball the first game and the man will roll the spare. No one throws two shots in a row! In Game 2, the man throws the first ball, and the woman the second! It switches again for the next two games. It really is a "team" effort and a whole lot of fun!

Optional Mystery Score!

Open to all Bowlers 50 years of age or older

Limited to 64 Teams

Bowlers will use 2015/2016 Book Average (21 games or more). If no 2015/2016 Book, Bowlers will use 2014/2015 Book Average (21 games or more). If no Book Average, Bowlers will use 2016 summer average (21 games or more); all others will use 220 average. All Averages Must Be Verifiable. Handicap will be 90% of 440, which will then be divided in half for each game since each bowler is only bowling half a game.



RESTAURANT HOURS:
M-F: 7am-8pm; Sa & Su: 7am-2pm

Memo's Bistro

Inside Bell Lanes
623-933-8261

**** Wednesday & Friday ****

All-You-Can-Eat Alaskan Cod Fish Fry with Cole Slaw & Potato Wedges

\$9.99

George's Lakeview Cafe

Restaurant Hours:
M-Sat 7am-8pm; Sun 7am-6pm

Inside Lakeview Lanes
623-876-3057

From our Family to Yours!

\$1.29 Coffee
with any Breakfast, Lunch or Dinner

Fish 'n Chips \$8.99

9 Ounces of Cod, Coleslaw & Potato
Wednesday & Friday



RCSC Travel & Tours

Make your plans now to get-away!

RCSC works exclusively with tour providers who offer travel opportunities that promise to meet or exceed your expectations. With safety and comfort in mind, each trip is planned to the last detail, ensuring your experience is a memorable one. Detailed itineraries for each trip are available that include all information on travel arrangements, which meals are provided (if applicable), tours scheduled and the like. Whether your getaway includes a flight across the country or a leisurely motorcoach ride to one of the area's outstanding tourist attractions, you'll find traveling with RCSC tours a great value for your vacation dollar!

Tours can be purchased Monday through Friday in the Lakeview Clubs Office or by phone from 8:30am to 4:00pm. Visa, MasterCard, Discover, cash or checks accepted. Tours are for RCSC Cardholders and their guests only. Cardholders should have member card available, must accompany each trip and may purchase a maximum of six tickets. Day tours depart from Bell Center. All tours are non-refundable. Please inquire about trip cancellation protection offered by All Aboard America (AAA) and Free Spirit Vacations (FSV) for overnight tours. Call 623-561-4660 for more details or visit www.sunaz.com/travel where you can now find the complete itinerary for every trip!

Overnight Trips

October 4-7, 2016 (Tuesday-Friday)
2016 Albuquerque Balloon Fiesta | AAA
\$845pp double | \$1,145pp single | \$200pp deposit;
balance due September 1

October 18-20, 2016 (Tuesday-Thursday)
ENCORE Free Spirit Vacations Birthday Bash | FSV
\$395pp double | \$450pp single | \$100pp deposit;
balance due September 9



October 22-25, 2016 (Saturday-Tuesday)
Saint Michael and A Day in the Life of Navajo | FSV
\$695pp double | \$985pp single | \$100pp deposit;
balance due September 7

October 29-November 5, 2016 (Saturday-Saturday)
Gone with the Quilt Tour in Houston | FSV
\$2,750pp double | \$1,999 single | Airfare NOT included |
\$100pp deposit; balance due September 13

November 21-25, 2016 (Monday-Friday)
Thanksgiving in Savannah, Georgia | AAA
\$1,899pp double | \$2,240pp single | \$250pp
deposit; balance due October 5

December 6-8, 2016 (Tuesday-Thursday)
Dickens Festival & It's a Wonderful Life | FSV
\$375pp double | \$450pp single | \$100pp
deposit; balance due October 21

December 10-11, 2016 (Saturday-Sunday)
North Pole Experience | FSV
\$299pp double | \$350pp single | \$100pp deposit; balance due October 26



Visit www.sunaz.com/travel for a complete list of tours and more information including full itineraries

Day Tours

October 2, 2016 (Sunday)
San Diego Padres vs Arizona Diamondbacks | AAA
Depart 10:15am | Return 4:30pm (est)
\$77pp

October 3, 2016 (Monday)
Enjoy the Day in Algodones, Mexico | AAA
Depart 7:00am | Return 8:30pm (est)
\$80pp



October 9, 2016 (Sunday)
Apple Annie's in Wilcox | FSV
Depart 8:00am | Return 6:00pm (est)
\$99pp

October 12, 2016 (Wednesday)
Lunch at Tonto Grill in Cave Creek & Wine Tasting
at Winery 101 | AAA
Depart 11:45am | Return 4:45pm (est)
\$99pp

October 18, 2016 (Tuesday)
Tonto Natural Bridge near Payson | AAA
Depart 7:30am | Return 5:00pm (est)
\$99pp

November 1, 2016 (Tuesday)
Verde Canyon Railroad | AAA
Depart 9:00am | Return 7:30pm (est)
\$181pp

November 3, 2016 (Thursday)
Valley of the Sun Tour | AAA
Depart 9:00am | Return 4:15pm (est)
\$50pp

November 9, 2016 (Wednesday)
Things Go Better with Coke, Art & Lunch | FSV
Depart 9:00am | Return 5:00pm (est)
\$99pp



November 9, 2016 (Wednesday)
Wrigley Mansion Tour with Lunch at
Geordie's | AAA
Depart 9:45am | Return 2:30pm (est)
\$109pp

November 11, 2016 (Friday)
Dolly Steamboat Cruise & Lunch at Tortilla Flat | AAA
Depart 9:30am | Return 6:00pm (est)
\$105pp

Copies of itineraries can be requested in the Lakeview Club Office, Monday-Friday from 8:30am-4:00pm and are also available online at www.sunaz.com/travel.
Single residents can request their name be added to a list for "sharing a room by gender" with another resident for overnight tours.

A Moment with President Schroeder -

Pet Responsible Owners - Take Note!

As we age in place, our lives change. For many of us, family pets have been part of that package. Seems every farm where I grew up in Iowa had a resident mouser or an inquisitive feline who managed to find dinner in a fishbowl. Whether pure bred or pooch, standard or stray, there was typically a dog to fetch the ball even if there were no other kids around to play.

But our lives change. If we are fortunate, retirement may include the freedom to travel where and when we please. While we may have been pet owners in our previous lives, some elect to keep the nest empty just a while longer as they see the world.

Owning a pet is a big responsibility, whether it's when we were eight or at 78. But the rewards and benefits are huge. Especially for seniors. But so are the responsibilities.

Pets provide companionship. Many seniors suffer from loneliness and boredom, which may in turn lead to depression and health issues. Having a pet means having something to take care of (besides yourself) who will always be there and love you unconditionally. Pets don't worry about tomorrow and help give us structure and purpose.

Statistics have shown that pet owners have less stress and lower blood pressure. Taking Fido for a daily walk ensures that you're getting out of the house. And a little exercise. You'll have the opportunity to meet other pet owners when you visit the vet's office or the dog groomer. You'll even have a chance to get out and meet your neighbors.

Dog owners right here in Sun City AZ have several other options as well including the Duffeland Dog Park and the Best Friends Dog Club, where there are opportunities to socialize (both you and your pet) or participate in canine training, such as obedience and agility.

Many hospitals and nursing facilities often use dogs for patient rehabilitation. There are also volunteer avenues you can explore including area shelters or providing a foster home for pets.

Besides the very basics of pet care – feeding, watering and providing a few toys and treats – you'll want to make sure your

pet is spayed or neutered. Maricopa County offers reduced licensing for seniors, too. Where you pet's health is concerned, many local veterinary clinics offer affordable care.

And while we hate to leave them at home, that's truly where they belong when you're out running errands. Every summer we hear stories of pets left in cars which never have a happy ending. Our pets provide a certain degree of protection (burglars tend to steer clear of homes with barking dogs) which won't do any good if they are in the shopping basket at Fry's or Safeway (also a no-no by the way).

Despite wishing that the entire world loved our pets as much as we do, it's just not so. Whether we want to call it pet-friendly, pet-welcoming or pet-tolerant, the truth of the matter is that the American with Disabilities Act as well as Arizona Revised Statute allow only for service animals on Recreation Centers of Sun City properties. Neither emotional support nor therapy animals qualify. These restrictions apply to all RCSC facilities including the Sun Bowl, Hillside Park at Lakeview and the Sun City Farmers Market at Bell Center.

Every day is a blessing. For many, every day with a pet is precious. Make sure others know you have a pet (whether it's a dog, cat, bird or fish) at home should there be a medical emergency. The same as we make our final plans, don't forget to include your pet in that process.

I suppose there could be a pet snake or lizard out there perhaps.

So as we say in Sun City AZ, "If you're alone or bored, just blink and you'll find something to do and someone to be with." And Sun City AZ pet owners never go home to an empty house.



Dan Schroeder
RCSC Board President



2016 RCSC Board of Directors
Phone: 623-561-4620
email: boardoffice@suncityaz.org

Dan Schroeder, President
email: dschroeder@suncityaz.org

Rich Hoffer, Vice President
email: rhoffer@suncityaz.org

Carol Lawry, Secretary
email: clawry@suncityaz.org

Michael Kennedy, Treasurer
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This Month @ The Board - September 2016

****PLEASE NOTE: All dates are subject to change. For the most up-to-date information, check suncityaz.org or pick up a copy of "This Month @ The Board" at the Lakeview Corporate Office.**

Board/Member Exchange	Monday, September 12, 2016 @ 6:00pm	Lakeview Social Hall #3
Regular Board Meeting	Thursday, September 29, 2016 @ 9:00am	Sundial Auditorium
Committee Meetings:		
Bowling Committee	Thursday, September 1, 2016 @ 9:00am	Lakeview Board Room
Outreach & Communications Committee	Tuesday, September 13, 2016 @ 9:30am	Lakeview Board Room
Lawn Bowling Committee	Tuesday, September 13, 2016 @ 1:00pm	Lakeview Board Room
Club Organization Committee	Wednesday, September 14, 2016 @ 1:00pm	Lakeview Board Room
Golf Advisory Committee	Thursday, September 15, 2016 @ 1:00pm	Lakeview Board Room
Elections Committee	Wednesday, September 21, 2016 @ 1:00pm	Lakeview Board Room
Entertainment Committee	Tuesday, September 27, 2016 @ 1:30pm	Lakeview Board Room
The following committees do not have meetings scheduled this month: Finance & Budget, Insurance and Properties		



“Neighbors Helping Neighbors”

The next Sun City Foundation meeting will be held on Thursday, September 8, 2016 at 1pm in the LakeviewCenter Board Room.

Management Updates

Financial Report:
Since there is no monthly Board meeting in the month of July, I will include the Treasurer’s Report information in my monthly report. The balance of unrestricted funds as of June 30, 2016 was \$11,420,743 which includes a \$2.5M cash reserve. Restricted funds include the Preservation and Improvement Fund (PIF) and the Capital Reserve Fund. As of June 30, 2016, PIF had a balance of \$7,372,883 plus \$764,500 collected in June that was transferred into the PIF account the first part of July 2016. The Capital Reserve Fund had a balance of \$5,000,044 as of June month end.

We have completed our second quarter well within our operating and capital budget year-to-date. Matter of fact, every division has a net operating positive variance from budget.

Bowling:
Both bowling centers will be installing lane bumpers. Two lanes will be installed at each center. The lane bumpers will make the bowling experience more enjoyable for young children because the bumper will not allow the bowling ball to fall into the gutter. The cost of the project is \$6,000 and should be completed by late August.

Bell Lanes will be closing August 22-28 for installation of the bowling lanes underlayment. No bowling leagues will be affected by the closure. The current underlayment has too much flex which is causing some lane panels to crack. The cost of the project is \$25,000.

Cardholder Services:
Payments on past due assessments increased in June and were the highest level so far this year. Overall accounts receivables increased by just under 1% in June and was most affected by the increase in Over 60 day balances. This reflects the increased Over 30 day balances in May continuing to age to 60 days past due. May assessments went 30 days past due at a 4.8% rate while April assessments went 60 days past due at a 2.6% rate. Payments from our third party collections firm in June trailed the last two months and year to date payments total \$127,950.

In June, property transfer related balances increased by almost 6% and lender owned related balances decreased by 25%. This was the fifth month in a row lender owned balances have decreased. Outstanding balances related to property transfers represent approximately 56% of all receivables due and 54% of past due balances.

Payments made by Cardholders through the online RCSC Web Portal in May totaled \$81,542. Year to date web portal payments total \$515,114, which are up 38% YTD compared with 2015. The improvements to the web portal payment process implemented in June 2015 have positively impacted the use of this payment process.

Trustee sale notices on Sun City properties decreased to 39 properties at the end of June. The number of properties owned by lending institutions decreased again this month to 19 properties.

RCSC Management Reports are presented at RCSC Board of Directors meetings each month (except July and August), posted on the website at www.suncityaz.org (under the Recreation Centers), and are sent via email to RCSC Cardholders who have signed up to receive RCSC News Email Alerts. These reports were prepared at the end of July 2016.

Preservation and Improvement Fees collected in June were \$764,500, which is \$260,500, or 52%, over the amount budgeted. Year to date PIF fees are \$4,357,600 which is \$1,365,100, or 46%, over budget for the year. The year to date total is up 21% from 2015. Again a reminder that we intentionally budget PIF income very conservatively to assure that we have the cash on hand for any planned project as we remain debt free.

Human Resources:
Employee voluntary CPR/AED/and First Aid training classes for the month of August have been scheduled and distributed to all employees. The schedule is also posted in all work sites on employee bulletin boards. Four classes are scheduled and alternate between morning and afternoon classes and include a weekend class.

We are in the process of updating forms and other employee notices to comply with changes in labor laws such as Wage & Hour, Family Medical Leave and others as they occur.

Recently, forms and procedures required for reporting employee on-the-job illnesses and injuries have been updated. The new forms require an immediate on the spot inspection of the work area and documentation of any comments provided by witnesses. The information will assist in any forthcoming internal accident investigations. RCSC is proactive in managing the care of employees injured on the job as well as cost control.

Member Services:
The full 2017 line-up was released this month. It is posted on our website and is be available at the Lakeview Recreation Center in the Clubs Office. Season tickets will be available to RCSC Cardholders only and just during the month of November 2016. Individual tickets will be available in December 2016 to RCSC Cardholders only. Beginning January 2017 remaining tickets will be available on a first come, first served basis to RCSC Cardholders and non-Cardholders.

The 38th annual “Ring the Bell” ceremony was held at Bell Recreation Center on July 4. Each year the crowd gets bigger. Lunch was served at 11am and all 600 hot-dogs were sold. Proceeds from this event go to this year’s RCSC Management Team’s charity of choice, the Sun City Foundation. A great time was had by all!

Be sure to join us in August at the Mountain View Pool for our annual Dive-In Movie and Ice Cream Social. The movie will begin at dusk and the ice cream will be served at 6pm. This is a free event for RCSC Cardholders and their escorted guests only.

General:
For those who may not be aware, the monthly management reports are available on our website www.sunaz.com under the Corporate tab. Also, if you have not done so already, please sign up on the RCSC email list where you can designate topics of interest and stay in the loop with RCSC news alert emails!

Financial Report

Period Ending - June 2016
For a more detailed financial statement, please visit www.suncityaz.org/financials

BALANCE SHEET			
For the Period Ending June 30, 2016			
	Current Y-T-D	Prior Y-T-D	
Unrestricted Funds:			
Cash Invested/On Hand/In Bank	8,920,743	7,796,509	
Cash Reserves	2,500,000	2,500,000	
Sub-Total Unrestricted	11,420,743	10,296,509	
Restricted Funds:			
PIF/Capital Reserve	13,137,427	8,979,930	
Total Cash & Investments	24,558,170	19,276,439	
Other Current Assets:			
Accounts Receivable	2,295,929	2,223,041	
Deposits & Prepaids	1,675,185	1,579,424	
Inventory	103,675	82,073	
Total Current Assets	28,632,959	23,160,977	
Fixed Assets:			
Land, Improvements, Buildings	95,499,900	82,338,058	
F, F & E and Vehicles	26,600,970	26,131,201	
Less: Accumulated Depreciation	(62,806,385)	(58,507,013)	
Work In Progress	10,656,612	19,886,358	
Total Fixed Assets	69,951,097	69,848,604	
TOTAL ASSETS	\$98,584,056	\$93,009,581	
Current Liabilities:			
Accounts Payable and Other	1,469,893	1,234,902	
Deferred Income	7,262,618	6,968,144	
Pre Billed Assessments	1,593,740	1,541,471	
Total Current Liabilities	10,326,251	9,744,517	
Other Liabilities:			
Lease Purchase	0	16,672	
Total Liabilities	10,326,251	9,761,189	
Net Worth:			
Current Net Worth	88,257,805	83,248,392	
TOTAL LIABILITIES and NET WORTH	\$98,584,056	\$93,009,581	
STATEMENT OF INCOME AND EXPENSES			
For the Period of June 30, 2016			
	Current Y-T-D	Prior Y-T-D	
Operating Income:			
Property Assessments	5,746,252	5,452,851	
Transfer & Access Fees	422,602	394,789	
Privilege & Guest Cards	475,224	461,957	
Food / Liquor Sales	379,416	364,867	
Bowling Fees	350,891	342,623	
Golf Fees	3,250,030	2,989,449	
Cart Rentals	120,361	115,060	
Merchandise Sales	106,815	98,253	
Activities Income	293,043	230,475	
Rental Income	143,185	131,963	
Contributions	15,807	12,130	
Miscellaneous Income	10,457	67,681	
Total Operating Income	11,314,083	10,662,098	
Cost of Sales:			
Total Cost of Sales	370,616	326,785	
Gross Income	\$10,943,467	\$10,335,313	
Operating Expenses:			
Salaries and Wages	3,646,722	3,401,754	
Payroll Taxes and Benefits	1,063,261	944,885	
Repairs and Maintenance	1,761,654	1,274,024	
Utilities Expense	1,250,886	1,171,907	
General Operating Expenses	936,060	815,484	
Total Operating Expenses	8,658,583	7,608,054	
Net Operating Income	\$2,284,884	\$2,727,259	
Other Income:	45,327	46,625	
Other Expenses:			
Property Taxes	74,790	83,457	
Insurance	287,584	226,360	
Other	(15)	17,828	
Net Income Before Depreciation	1,967,852	2,446,239	
Depreciation:	2,306,436	1,997,163	
NET INCOME / (LOSS)	(\$338,584)	\$449,076	

Project Updates

General Information

- The Building and Infrastructure Department launched the new web based work order and preventative maintenance tracking software on Wednesday June 27, 2016. The new software will help resolve communication issues, provide a way to track preventative maintenance and significantly reduce administrative time by the Building and Infrastructure Coordinator. The software will also be used to report landscaping maintenance work to the Grounds Department.
- Replacement toilets and lavatories were received from our supplier the week of June 20, 2016. To date the RCSC plumber has replaced the on-course lavatories and toilets at all four restrooms at Riverview, two restrooms at North and two restrooms at Lakes East. It has been determined that only eight hollow metal doors need replacement at the on-course restrooms. Contractor selected for these door installations is D.H. Pace. (Cost – \$7,800)

Oakmont Center

- The Oakmont renovation project is now completed. Contractors for this project included Ken McIntyre Construction and Accel Electric. (Cost – \$387,323)
- Preparations are underway to remove the stage, construct a section of wall, construct a new ceiling and install new LED lighting in the Oakmont auditorium.

Fairway Center

- Repairs were made and new batteries installed in all the music room emergency lights. Contractor was Accel Electric. (Cost – \$3,509)

Lakeview Center / Duffeeland Dog Park

- The building permit for the two shade canopies at Duffeeland Dog Park has now been issued and the contractor is currently scheduling the shade structures for installation. Contractor is USA Shade. (Cost – \$18,496)
- The remodeling of the east Lakeview Lanes and the upstairs restrooms at Lakeview Center will be postponed until 2017 since restroom proposals are coming in at a much higher cost than budgeted.
- A new floating dock has been ordered for Viewpoint Lake. The new dock will accommodate RCSC's existing boats with a couple of additional spaces for other lake boats and future growth. The new dock is expected to be installed in October 2016. Contractor is Floatation Systems. (Cost – \$62,996)

Bell Center

- Renovation of the clubs restrooms will commence on August 4, 2016. Cardholders and guests are encouraged to use the restrooms inside Bell Lanes or the Social Halls during this renovation. Contractor is DFG Builders. (Cost – \$94,892)
- Contractor proposals continue to be delayed for the complete remodeling of the Bell Library restrooms.
- The remodeling of the west Bell Lanes restrooms will be postponed until 2017 since restroom proposals are coming in at a much higher cost than budgeted.
- The automatic door going into the lobby at Bell fitness required some repairs. Contractor was D.H. Pace. (Cost – \$1,236)

Sundial Center

- A new mini split cooling system was installed in the piano room at Sundial. Contractors were Custom Cooling and Accel Electric. (Cost – \$7,081)
- The Sundial Pool and spa decking is being resurfaced. Contractor is Hardscape Resurfacing, Inc. (Cost – \$80,800)
- Repairs are underway in the Men's shower room. Contractor is DFG Builders. (Cost – \$175,000)
- Two new large horizontal sand filters and a new 15hp pump are being installed

in the Sundial equipment room. This new equipment will filter water for the large swimming pool and the hot water return system for the five rooftop dehumidifiers. Contractor is Aquatic Builders. (Cost – \$50,000)

Marinette Center

- Preparations are underway to remodel the auditorium, main restrooms and kitchen at Marinette Center. More specific information will be provided in next month's report.

Grand Avenue Property

- The RCSC officially closed on the Grand Avenue property located at 10415 Grand Ave on Tuesday July 19, 2016. At this time the previous owner is clearing out the restaurant equipment and the RCSC is securing the property, trimming the landscaping, repairing the irrigation and cleaning up the grounds.

North Golf Course

- A 120' section of 4" "rotted out" sewer line is being replaced at the on-course restrooms at hole #4. Contractor is Sunland Plumbing. (Cost – \$6,725)

Skilled Trades Department

- The RCSC Skilled Trades Department completed 284 work orders during the last two weeks of June 2016 and the first two weeks of July 2016.

Centers Operations


- Congratulations to Bernie Scheible and Paul Tucker on their recent five-year anniversaries with the RCSC. Bernie works at Sundial and Paul works at Willowbrook/ creek golf facility.
- The Fairway Rec Center recently acquired a new set of risers with an accompanying set of stairs for the music room. The Ukulele Club recently held a concert in that room and having the musicians higher than floor level really added to the enjoyment of everyone attending. These risers will be available for use by any club utilizing that room in the future.

Find the
hero
in you.

Give blood. Save lives.

Save the lives of people like Rob...

As a Phoenix Police Officer, Rob was shot in the line of duty. Doctors needed 158 blood transfusions to save his life. Donors like you make that happen. Schedule your appointment today.



To read his full story and others, visit ArizonaHero.com

Sun City Visitors Center Blood Drive


Now Two Days to Give! Wednesday & Thursday, September 7-8, 2016

8:00 am to 12:30 pm

Bloodmobile in Loading Zone

Contact the Sun City AZ Visitors Center at 623-977-5000 or visit www.BloodHero.com (Sponsor Code: suncity)

Give blood 3 times a year!
1-877-UBS-HERO (827-4376)
www.UnitedBloodServicesAZ.org



United Blood Services
Find the hero in you.



News from Friends of the Libraries

If you took Latin back in high school, you learned that septem meant seven. Likewise, octo was eight, novem was nine, and decem was ten. That being the case, how did our ninth, tenth, eleventh, and twelfth months get misnamed? They weren't, until the Caesar's adjusted the ten month calendar to twelve months by slipping in July (for Julius) and August (for Augustus). That pushed September back to the ninth month.

Only those of us fascinated by word origins would care about such an unimportant fact. It is those kind of interesting facts, however, that one gets from reading. With so much today on the internet, some question the need for books. They say that those of us of Sun City age are a tad old fashioned to still lean on books for our reading. Maybe it is because we got started at about the age of this little guy pictured here. Maybe it is because we just like the feel of real paper when we turn the page, rather than holding onto a rigid screen. Maybe it is because we just can't give up old habits. Maybe it is because we like our reading light over our shoulder, not in our face. Maybe it is because (probably the real reason) we love to go to a good used bookstore and just browse.

That type of browsing leads us to finding books with those interesting facts, those fascinating characters, those memory reminders, those relaxing buddies. When we find the gems we love, we don't have to press "print." They are already in our hands. What a deal!

At Books Around The Corner for all of September, both cookbooks and paper books are half price! Many WWII, Civil War and large print books are still available. All those other creative notions offered by a wide variety of gently used bundles of information are also on shelves awaiting your purchase. Of course, you can just browse. If you don't find what you want, ask one of our friendly volunteers; or, wait until next week when new materials have been shelved. If you want to learn how we operate, attend the next Friends Board meeting on Thursday, September 8, at 9:30am in the Bell Library North Wing room.

When live action is needed, our Libraries are your source. The following special programs are being offered at the Bell Library. All require preregistration:

- Windows 10 Workshop, Friday, September 9 or 23, 1:00-3:00pm
- Basics of Stocks, Bonds & Mutual Funds, Wednesday, September 14, 10:00-11:30am
- RX Matters, Friday, September 16, 10:00-11:30am
- Taskforce Against Senior Abuse, Thursday, September 29, 10:00-11:30am

Fairway is also offering two Windows 10 workshops on September 8 and 22 at 1:00pm.

Hope this has inspired you to visit our Libraries and Bookstore. You are guaranteed at least septem ideas, if not nine!



Water Conservation

Remembering the Many Ways to Save

There is no reason why we can't have fun while discussing all the things we need to be doing to conserve water, but in a few short years, it could, and probably will, be a very serious problem. And not just in Arizona, but all over our magnificent country and beautiful world. The things discussed in these few paragraphs month after month need to be set in motion.

How many hints, tips, or ideas can you name from memory? Did you remember:

1. Check irrigation, toilets and sinks for leaks?
2. Turn off taps completely?
3. Only do full loads of laundry and/or adjust washing machine levels accordingly?
4. Turn off the tap while brushing your teeth?
5. Wash vegetables and fruit in a bowl instead of under running water?
6. Use the water from washing your vegetables for watering plants or flushing the toilet?
7. Save water from boiling vegetables to start broth for soups or gravies? This can be frozen until there is enough.
8. Discard ice cubes in plants?
9. Catch water while warming your shower and use it to flush toilets, water indoor/outdoor plants or use for cleaning/mopping floors?
10. Try a military shower where simply turning off the water while washing your hair can save upwards of 150 gallons per month?
11. Turn off unnecessary lights?

How many more can you think of that are not listed here? There are numerous others!

Honestly, how many of these items have you implemented? Would you be willing to try just one and add a new one each month or even every couple months? Are you willing to step up and begin changing your lifestyle so that generations to come will have ample fresh water? Small steps, no matter how small, are a great place to start.

Try just once, especially in the summer when the weather and water are so hot, taking a military shower. Wet, turn off the water, soap up, turn the water on and rinse. You can do the same with washing your hair. This originated on navy ships to help conserve fresh water reserves. It is rumored that even today some soldiers are trained to keep the water flow under two minutes!

If you have an older model dishwasher that requires pre-rinsing, put a small amount of water in the sink to swish/rinse your silverware and dishes before adding to the machine. Then you can hold that load until the dishwasher has enough dishes in it to run. Some models come with a short pre-rinse cycle. Better yet, newer models don't require "pre-rinsing" at all. According to some researchers, you can actually waste upwards of 6,000 gallons annually by pre-rinsing dishes. Many of today's dishwasher detergents actually need food particles on the dishes to help get them clean. If the food particles aren't there, the detergent has nothing to adhere to and merely washes away down the drain. Scrape off the major gunk and let your dishwasher do its magic.



Keep "plugging away" at this water-saving thing - and the sooner the better. The real truth of the matter is that "Every Drop DOES Count!" so start doing what needs to be done today.



Every Drop Counts!
Do your part to help conserve!





SUN CITY

ARIZONA

FARMERS

MARKET

THURSDAYS


Bell Center

9am-1pm

Fresh Fresh Fruits & Vegetables
Baked Goods | Jams & Jellies
Pastas & Pickles | Spices
RCSC Clubs

Sorry, no pets are allowed on RCSC properties!

The market returns to Bell on October 6



Free Movies *

Wednesdays at Sundial East Hall**
Saturdays at Mountain View
Afternoons at 2pm
Evenings at 7pm

To find out "What's Playing?"
1) Sign up for Movies & Events emails at sunaz.com and a list will be sent to you on the last Wednesday of each month;
2) Log onto the RCSC Web Portal; or
3) Pick up a flyer from the Lakeview Clubs Office (please be prepared to show your RCSC Card). All movies are projected onto a screen from a DVD.

FREE RCSC Events are paid for by RCSC Card-holders and are therefore intended for RCSC Cardholders and their escorted guests only. Your cooperation and understanding is greatly appreciated!

ALWAYS
FREE
POPCORN!

NOW
SERVING
BOTH

SALTED &
UNSALTED

Now with FM Transmission at all locations!
Bring your device and tune to 99.1 FM.


** NOTE: Wednesday movies continue at Sundial East Hall during Marinette Auditorium renovation.

Sun City AZ Visitors Center

Thinking about moving to Sun City AZ? Let us show you around!


Join fun and knowledgeable Sun City AZ Visitors Center volunteer guides on a tour throughout the 14.8 square miles we call "The Original Fun City!"

The tour begins with a walk through of Bell Recreation Center. Then, from the air-conditioned comfort of our 12-passenger tour bus, view six more recreation centers, the beauty of Viewpoint Lake, eight golf courses, Duffeeland Dog Park, the Sun Bowl open-air amphitheater, housing options, and community services and organizations.



Pre-registration is required. Register online at www.suncityaz.org under the "Learn More" tab or call 1-844-4 SUN CITY to sign up. Relax and let us do the driving!

For more information about the amenities, activities, and affordability of Sun City AZ, stop by the Sun City AZ Visitors Center located at the north end of Bell Recreation Center at 16820 N. 99th Ave.



Reserve your seat for a Sun City AZ Bus Tour today!

Hours: Monday-Friday • 8:30am to 4:00pm
Open Saturdays 8:30am-noon (October through May only)
Closed Sundays

Sun City Gives Back

"Happy Tapping Feet" Still Keeping Beat to the Music

Sun City AZ visionary and developer Del Webb once said, "Concrete, lumber and steel make the buildings but people make the community." This continuing series of feature articles highlighting the many ways in which "Sun City Gives Back," allows us the opportunity to salute the spirit of volunteerism and the Sun City AZ active adult lifestyle by giving recognition to special club members.

Sun City Line Dance Club has a real treasure—and her name is Jewel Ainsworth.

At 96 years young, she is still dancing regularly at the club, every Tuesday and Thursday from 9:45 a.m. to 1:00 p.m. in the Sundial Auditorium. Jewel exemplifies the fact that dancing truly is a lifetime sport.

Jewel joined Sun City Line Dance Club twenty years ago. But the fact of the matter is she has been dancing since she was a little girl in the early 1920s. While her Dad played the accordion, her Mom would swing her around and dance with her. Dancing is in her to the very core. She describes her feet as "happy tapping feet" when they hear music. She's been an active Line Dance Club member since 1996. Before that, she was a performer in Leilani's Hawaiian Dance performing group, and she has performed in numerous shows in and around Sun City over the years. Even on the Sun Bowl stage!



Originally from Wisconsin, Jewel moved to California when World War II started. After the Pearl Harbor attack, Jewel became an airplane spotter, and also worked as a time-keeper on the graveyard shift for a shipbuilding company in the harbor of Los Angeles, California. Eventually she met a U.S. Navy Sailor who was stationed at a Naval testing station for guided missiles. When she met his family and they saw her "happy tapping feet" moving whenever she heard music, they said she was a "hoochie coochie girl." But that didn't deter her sailor beau, and eventually

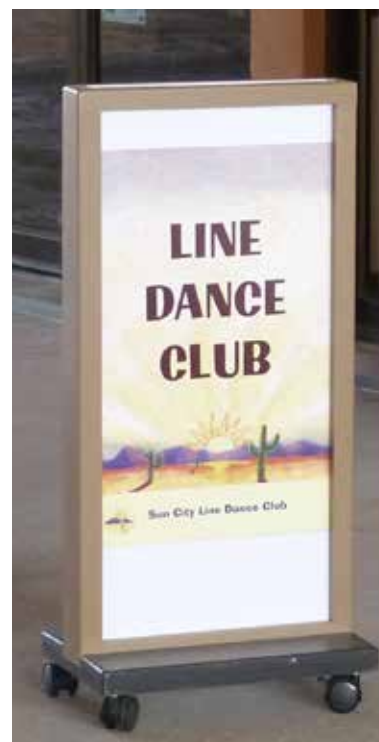
she and Lloyd Ainsworth were married. After living in California, Ohio, and Illinois, Jewel and Lloyd moved to Sun City on January 3, 1974. Although now a widow, Jewel still lives in their original Sun City home.

Jewel is in charge of signing up new dance club members and club member renewals. In addition to her volunteer job, and in order to get warmed up before each class, she arrives early and walks 12 times around the outer edge of the Sundial ballroom.



Honoring our veterans is also very important to Jewel, and she regularly displays at her table at line dances various patriotic photos, poems, and other memorabilia to honor veterans. According to the Guinness Book of World Records, the Sun City Line Dance Club is the largest in the world, and Jewel keeps busy with member sign-ups and renewals for the club.

Our 96-years-young Jewel Ainsworth truly is a dancing treasure!



Sundial Men's Club

Bingo Play Resumes on September 1

Bingo is back in Sun City AZ beginning on Thursday, September 1 in the Sundial Auditorium. So far this year, the Sundial Men's Club has donated \$15,600 to local organizations from our bingo proceeds.

This year's recipients to date include: Recreation Center of Sun City (\$4,600); Valley View Food Bank, Olive Branch Senior Center, Sun City Community Assistance Network (SCCAN), Sunshine Services, Sun City Meals on Wheels, Sun City Prides, The Sun City Sheriff's Posse, Sun City Foundation, Sun City Condo Owners Association, Sun City Homeowners Association and Sun City Residents Action Program were each given \$1,000.

The Men's Club members volunteer their time to provide bingo games every Thursday at 6:30 pm in the Sundial Auditorium. It still only cost \$7.00 to play all 18 games including the three special games. The bingo games are open to all RCSC Cardholders and the general public 18 years old or older.

Play bingo and support these great organizations. Another way that Sun City Gives Back!

Attention: RCSC Chartered Clubs

Showcase the good deeds and charitable work your club does for local, state and national organizations/causes in SunViews! "Sun City Gives Back" highlights a different club each month. Let us know what your club is doing so we can let others know!

Submit entries for consideration to Joelyn Higgins via email to jhiggins@suncityaz.org or call 623-561-4616 for more information.

Welcome to RCSC Club Events

We've reorganized the Clubs Events and Announcements that appear in SunViews each month so that it's easier to find the activities you're looking for. Clubs are welcome to submit information to this section every month and should include the date, time and location of the event along with cost and contact information. Let us know what you think by sending an email to sunviews@sunaz.com.

Page 13	General Information, New Interest Groups, Other Interests
Page 14	Cards, Games and Social Clubs
Page 15	Sports & Outdoors; Monitored Activities
Page 16-17	Club Directory
Page 18-19	Fitness, Health
Page 20-21	Arts & Crafts, Performing Arts
Page 22	Dances
Page 23	Educational Classes

General Information

Submit Your Club Events by email to: sunviews@sunaz.com
All submittals must be received no later than close of business on the 5th day of the month for the next month's edition. Please include the date, time and location of the event along with cost and contact information. If you need assistance, please contact Joelyn Higgins, Communications and Marketing Coordinator, at 623-561-4616.

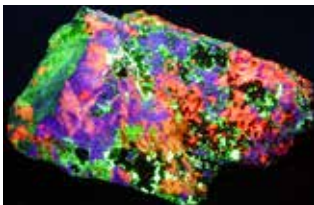
Home Delivery of SunViews
Did you know you can start and stop home delivery of SunViews while you're out of town? Simply contact the Sun City Independent Circulation Department at 623-445-2831 or email to nkilpatrick@newszapc.com And don't forget - another way you can stay in the know is by getting SunViews online at www.sunaz.com.

NOTICE: To confirm meeting times and places, please contact your club.

General Interest/Museums

Sun City Rockhounds Mineral Museum
Sun City Rockhound Club meetings are suspended until October.

Summer Hours for the Mineral Museum at Sundial:
Saturdays 10:00am-1:00pm May through September
FMIC 623-428-6442 or email scrockmuseum@gmail.com
Come check out our Florescent Room!



Model Railroad Club at Fairway
Located in the Fairway Recreation Center at 107th and Peoria. Club membership open to RCSC Cardholders.
Regular Summer Hours: Thursdays 10a-2pm through 9/30



Del Webb Sun Cities Museum
Next to Oakmont Center
May 16 - September 14
By Appointment Only - Call 623-974-2568 or email to staff@DelWebbSunCitiesMuseum.org
September 15 - May 15
Monday, Wednesday, and Friday 1:00 to 4:00 p.m.



Political Clubs

Sun City Democratic Club
Join the Sun City Democratic Club every first Thursday at Fairway at 6pm. Ice Cream Social on 9/1, 6pm. Enjoy your ice cream while meeting and getting to know our candidates. Bring your friends and neighbors. DO know who and what you are voting for! Every Monday a convivial group of Democrats meet for coffee at Star Bucks at 99th Avenue and Bell, 9am. The Sun City Democratic Club is open to both Democrats and Independents, and all RCSC members and their escorted guests. We are very active and involved in the Sun City Community. Email us at: suncitydemocraticclubofaz@gmail.com



Sun City Republican Club
The Republican Club of Sun City is excited to feature State Senator Debbie Lesko at our 9/19 meeting. Ms. Lesko speaks regarding her experiences attending the National Republican Convention in Cleveland, Ohio. The Club meets at Sundial East Hall. Social time begins at 6:30pm; the program begins at 7pm. We look forward to welcoming RCSC cardholders and their escorted guests. Attend, socialize and hear your Senator speak.



Other Interests

Community Garden
We meet October through May on the 3rd Saturday from 9-11am. Join us each month to help improve the community garden or just have a tour and see what we are all about. Start planning your garden now! Located west side of EPCOR water plant on Northwest corner of 91st Ave & Greenway. Bringing you own work gloves, rakes and shovels is helpful. Garden plots available to RCSC Cardholders in the Sun City Community Garden. Please call 623-875-5921 or visit the Garden Club Office at Oakmont for more information.

Book in Hand Club
The Book in Hand Club is a group of well-read people with a variety of opinions and life experiences that foster great conversation. Jeri Hauff monitors the discussions. The book club meets year round at 1pm second Fridays in Room 217 of Fairway Center. Books include fiction, non-fiction, biography, classics and an occasional fantasy. "Every book we read, we take something from," says President Ashley Hibbard. There are no dues. Sun City residents must present a current recreation card. Books selected by consensus.
Sept: The Woman Who Would Be King by Kara Cooney.
Fairway Branch Library reserves copies from the Maricopa County Library system for members with library cards a month in advance. FMIC 623-933-7361.



Armchair Photo Explorers Club
We meet every Wed at Fairway AZ Room 1. Show at 7pm: doors open at 6:30pm. Please arrive early to sign in and be seated before show begins. Club open to all RCSC Cardholders; membership dues: \$3. Cardholders welcome to attend three times before joining. Escorted guests welcome; must pay \$2 each visit. First Wed each month coffee & cookies served. FMIC - Ron Yankowski 623-476-2881. So, come and join us for our adventures. We have a blast!

Sun City RV Club
The RVers have moved north & migrated to cooler temps. We will meet again once the days turn cooler in October. But remember, we are a group of people who enjoy potlucks, card games, day trips, rallies and RV caravans. No RV is required for membership. Sun City RV Club is for RCSC Cardholders and escorted guests only. The club meets October-April. Our next potluck and caravan (October) will be at Sundial. Caravans provide the latest information on planned outings, (like when the temps get too hot and we leave for cooler places). We hope to see you in the fall. Visit www.scazrvclub.com for further information or Call Judy 623-444-4224.



Cards & Games

Duplicate Bridge (ACBL)

Active September schedule with two International Fund Club Championship games, a Unit Wide Game and Club Championships games. International Fund Club Championship games held Friday, 9/16 and Sunday, 9/18. Extra \$1 charge for these games. Unit Wide Game held Mon, 9/19 and Club Championship Games held Thurs, 9/22; Fri, 9/23; Sun, 9/25 and Mon, 9/26. We also host an Ice Cream Social on 9/25 to celebrate the last Sunday game for the season. Regular summer games scheduled every Monday, Thursday, Friday and Sunday at 1pm. Players should plan to arrive by 12:45pm to find a table. Doors open: 12:15pm. Club is fragrance free; please be considerate of your fellow players. Check out our web page at SCDBC.com. FMIC Paul Weader 928-240-0341 or pweader@hotmail.com.

One Partner Bridge

One Partner Bridge is the largest contract bridge club. Meets Thursday 6:45-9:30pm in Lakeview Social Hall #1. Partners required. If you need a partner, please contact Andy at (623) 933-7972. Annual membership: \$3. Each evening costs \$1 per couple, which goes into evening's prize fund. Annual surprise: "free play" night is given. All grand slams rewarded & designated small slams also paid. Birthdays celebrated with cookies. If you wish to come for an evening, the cost is \$1 for RCSC Cardholders; \$2 for escorted guests, plus the \$1 prize fund.

Saguaro Bridge

Saguaro Bridge meets Fridays, 6:45-9:30pm at Lakeview Social Hall #1. Must have partner. Contact Andy at 623-933-7972 if you need a partner. \$3 and current RCSC Member Card required to join; .50 Cents each night for prize fund. Come visit and try it out for \$1. We'll have fun!

Monday Night Pinochle

We play both single and double deck pinochle. Contact club for September location! Arrive 6:15pm. Membership dues \$3/ year w/valid RCSC card. Play fee: 50 cents/ evening. Escorted guests pay \$2/evening plus \$1 play fee. Punch cards or daily card accepted. FMIC Kim at 623-251-4155

Euchre Club

The Euchre Club meets on the 1st & 3rd Tuesday from 1-4pm in Sundial East Hall; Tuesdays 6-9:30pm at Fairway Arizona Rooms 2-4. Beginners welcome. FMI please call Fred at 314-374-4530.

Oakmont Pinochle Club

Play Pinochle on Tuesday & Saturday. Tuesday play: 1pm; players must be present no later than 12:45pm. Saturday play: 11:30am; players must be present no later than 11:15am. FMIC Mrs. Tommie Crudo 623-876-1895 or Ralph DePolio at 623-977-3278. **Contact club to confirm location!**

Kachina Bridge

Play bridge? Interested in getting into the game? Come join us! Don't let duplicate bridge scare you; we will help. We are a non-sanctioned duplicate bridge club that meets on Monday and Thursday (play once or twice a week) at Sundial 12:15-4pm. Annual membership: \$10 to all RCSC Cardholders in good standing (covers both days); plus \$2 each play for prizes. We welcome players to visit to see how duplicate bridge is played. No partner, don't worry. FMIC Sharon at 623-251-4858 or Lee 974-0237.



Mixed Cards

Like to play cards? Join us Saturdays - Contact club to confirm location! Games begin 6:30pm. Annual Dues: \$3; \$.50 a night to play. Singles welcome, or bring partner. We play both single & double deck. Club open to all RCSC Cardholders. FMIC Bea or Pat 623 933-1953.

Bunco Broncos

We've outgrown our Oakmont "corral" and have moved to a new location at Fairway, Arizona Rooms 1 & 2. We still meet 4th Monday every month year round. Join us for an afternoon of fun! Doors open 11:45am, play at 12:30pm. Must be an RCSC Cardholder to join. Annual membership \$3; \$2 to play. FMIC 602-526-3495 or 326-7055.

Backgammon Club of Sun City

We welcome all levels of players. Classes offered to help from basic play to more advanced strategies. Meet 1st & 3rd Thurs 7-9pm & every Saturday from 1-5pm at Lakeview Social Hall #3. Lessons available 2nd & 4th Saturdays at 1pm, Lakeview Social Hall #3. FMIC John 623-229-9887

Mah Jongg

Due to renovations, Mah Jongg is on the move! Contact Susan at 910-1271 or Linda at 240-9586 to confirm locations. Three week class: Nov. 4, 11, 18 at Marinette from 1-4pm. Contact Janis at 623-261-3621.



Social



Michigan Friends in Sun City Club

Happy Summer to Michigan Friends in Sun City, both here for the summer and back home in Michigan. Those who stay in town

try to get together monthly. We'll be back in the swing of things with everyone later in the Fall.

Mark your calendars for Monday, September 26. We'll meet up at 9:15am for breakfast at Mimi's Cafe on Bell Road near Arrowhead Towne Center. Pay there. Please RSVP by September 20 to Cheryl Cassidy, Michigan Friends in Sun City Club President, michigan2arizona@cox.net or call/text Cheryl 623.910.1522.

Sun City Women's Social Club

Gathering place at Lakeview for women to play cards (canasta, bridge or poker) or board games (Rummikube or Mexican Train). Hours: Daily 10am-4:30pm. FMIC 480-249-0862.

New England Club

Happy Summer and safe travels to all who travel; for those who stay here during the summer, the club still has get-togethers (for lunch or breakfast) at local restaurants and other activities. FMIC Barbara at 815-6722 or Betty at 583-3912



Sun City Singles Social Club

Sun City Singles Social Club welcomes single Sun City residents with a current RCSC card (visitors). Guests (without RCSC card) need to be single and escorted by a club member. Annual membership fee: \$6.

The club meets every month on the first Friday (Pot Luck 5:45pm) bring food to feed 10-12 people. Third Friday (Game Night 5:45pm) can bring snacks for people to share, also, bring your own drink for each activity, location will be at Fairway Center room #4.

Weekly Activities:

Saturdays: Breakfast at Royal Café, 8:45am. Wednesdays: Billiards, Lakeview Lanes 1pm

September Activities:

Thurs 9/8: Mini Golf, Sundial, 7:30pm.
Fri 9/9: Dinner, Bobbie's, 15472 N 99th Ave & Greenway, 5pm.
Sun 9/11: Dinner, Texas Roadhouse, 16079 Arrowhead Fountains, 5pm.
Thurs 9/15: Bocce Ball, Sundial, 7pm.
Tues 9/20: Lunch, P.F. Chang's, 16170 N 83rd Ave, 11:30am.
Thurs 9/22: Mini Golf, Bell, 7pm.
Fri 9/23: Indoor Shuffleboard, Bell, 6:30pm.
Tues 9/27: Breakfast, Lone Spur Café, 9780 W Northern Ave #1110, 9:30am.
Thurs 9/29: Bocce Ball, Sundial, 7pm.
Fri 9/30: Dinner, Bennie's Burgers, 10001 W Bell Rd, 5pm.
Fri 9/30: Darts, Bell at 6pm.

Additional information and list of more activities can be found on the club web site, www.simplesite.com/myclub or contact Ellen 623-583-2307 or Janet 1-615-574-9960.

NextGen

NextGen is a social club designed to be operated by Sun City residents younger than 67, but open socially to all RCSC Cardholders. Meetings held at Bell Social Halls on the first & third Wednesdays unless posted otherwise. Annual dues: \$5. Proof of age & valid RCSC card required.

Learn more about monthly activities by visiting the website calendar <http://www.nextgensuncity.org> & use activity link www.signupgenius.com. NextGen offers a wide variety of activities year-round. May calendar includes golf, bowling, card games, happy hour, breakfast gathering, pool party, shuffleboard and more. Great place to meet new friends and have fun no matter what your interests!

Must be member, visitor (RCSC Cardholder), or escorted guest to participate. For more information, (email) nextgen@gmail.com or visit nextgensuncity.org.



Sports & Outdoors

Dart Club at Bell Lanes

5 leading-edge, soft-tip, electronic dart boards, preset games, 1-8 players. House darts available or use yours. All skill levels welcome.



Club Play: Mon: Game Night, 5:30-8p; Tue: Count-Up 5:30-8p; Wed: Monitor's Choice 5:30-8p; Thu: Ladies 2-4pm. **Practice:** 1st & 3rd Sat 1-3pm. Arrive 15 min early to sign in & allow for team formation. FMIC Jerry Ida 623-875-4523; Bob Howicz 630-531-0391; Judy Clark 623-760-6926. Membership open to all RCSC Cardholders.

Bell Shuffleboard Club

Come play the "Quarters Game" with Bell Shuffleboard Thursdays at 1pm (12:45 sign in). Bring two quarters & you could go home with four quarters. What will you do with all that money? Come join us. Never played shuffleboard? We will teach you. FMIC Dennis 623 972-3169.

Fun Water Volleyball Club

Plays M & W noon-2pm; F & Su 2-4pm at Oakmont Pool. Annual membership \$10. RCSC Card required. For those who are able to compete in a fast-paced sport with like-minded & friendly people. FMIC 623-377-5091 or email WVCofSC@gmail.com

Bocce Club of Sun City

Summer is waning and the fall/winter Bocce Club schedule will soon be picking up pace. Be sure to review the entire month of September's schedule so you don't miss the upcoming tournament play that starts 9/26.

Open play: Tues 9/6, 13 & 20; 8:30am
Open play: Thurs 9/1, 8, 15 & 22; 8:30am
Open play: Sun 9/25; 2pm
Open play: Thurs 9/29; 10am
Fri Night 25 cent play: 9/2, 9, 16, 23 & 30; 7pm
Club Tourney Play: 9/26, 27, 28 & 30; 10am
Club closed: Sat 9/3, 10, 17 & 24
Club closed: Sun 9/4, 11, & 18
Club closed: Mon 9/5 & 19/9
Board meeting: Mon 9/12 in Club House; 5:30pm

Appropriate, modest attire required at courts. Spectators welcome during Club play, but we ask you are respectful to participants. Everyone, please turn your cell phones to vibrate and leave the immediate area if you must take or make a call. All RCSC card holders in good standing are eligible to join the Club. Escorted guests of RCSC card holders may participate in Open play.

Free lessons - by appointment:

Keith: 623-760-6927

Dennis: 623-693-2881

Edith: 623-271-0092 or FMI

Synchronized Swimming

Do you love the water but walking & lap swimming isn't for you? Come try synchronized swimming and learn things you never thought you could do - dolphins, spearfish, catalinas, kips, surface dives and more. Join the fun M-W-F from 8-10am at Lakeview Pool. FMIC Nancy 623-238-8608

Sun City Lawn Bowling Clubs

Closed for Summer. FMIC Len 623-974-3214 or Micky 928-852-6991. Website: www.bowlsaz.com

Senior Softball

Open practice at Sun Bowl field Su/M 6:30a, League play: Tu/Th 8a. New players M 8:30a; Summer sessions: Sept. FMIC 623-444-9402 or 503-351-2036 or www.azsrssoftball.com

Sundial Shuffleboard Club

Don't let the fact that we play at Bell confuse you. We are the Sundial Shuffleboard Club. We play on Thursdays at 6pm (through Sept.) It's good to enjoy a cool evening after such a sweltering day. Come join us. The object of Shuffleboard is to score more points than your opponent(s) and the object of the Sundial Club is for you to have a good time. If you need practice or assistance in how to play the game, arrive no later than 5:30. FMI call Russ (623) 208-9921.

Pickleball Club

Looking for a new sport? Sun City Pickleball Club would love to introduce you to the game & teach you how to play.



"Pickleball" is more than a game with a funny name. It's a great way to exercise, work on balance, hand-eye coordination & a great way to meet new people. You don't have to be an athlete to enjoy the game, but you can find all the competition you might want. This could be your new sport! Club membership open to all RCSC Cardholders. Introductory Class: Mon 11:30am-1pm Call Peter (575)779-1154 to enroll. Couples Play & Grab a Bite Night: Fri 5pm. Check our website suncitypickleballclub.org or Facebook page (Sun City Pickleball Club). FMIC Dave Sinclair (623)322-3420 (Club President)

Conservation & Sportsmen Club

Hunting, Fishing & Shooting Sports. Weds, 7:30am, Trap & Skeet Shooting, Ben Avery Shooting Range (Les: 623-876-8714). Fri, 7:30am, Rifle & Pistol Shooting, Ben Avery Shooting Range.

Wednesday, 9/14, 4:30pm Dinner at Royal Cafe at 10793 W. Grand Ave.

New members always welcome. FMIC Bob, 630-531-0391

Monitored Activities - Fall Hours Reflected Below - Effective 9/6/2016

Basketball		Horseshoe Courts		Table Tennis	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Bell Center: M,W, F: 6a-10a, 3p-9p; Tu: 6a-10a, 12p-7p;	
Billiard Tables		Mountain View Center	M-Sa: 6a-7p; Su 8a-7p	Sa: 6a-10a, 12p-9p; Su: 8a-1p, 3p-8p	
Bell Lanes	M-Sa: 8a-8p; Su: Noon-8p	Jogging / Walking Track		Tennis	
Lakeview Lanes	M-Sa: 8a-7p; Su: Noon-6p	Indoor		Bell Center: 623-977-3325 M-Sa: 6a-9p; Su: 8a-8p	
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p	Fairway Center	M-Sa 5a-9p; Su: 8a-8p	Lakeview Center: 623-561-4676 M-Sa: 6a-7p; Su 8a-7p	
Bingo		Sundial Center	M-Sa only: 6a-8a	Mountain View: 623-876-3042 M-Sa: 6a-7p; Su 8a-7p	
Sundial Center	Doors Open: Th @ 5p. Bingo 6:30p \$7 for all 18 games w/3 special games	Outdoor		Swimming Pools - Open Swim Hours	
Boating/ Fishing		Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Bell Center - 18+ only:	
Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p (or Dusk)	Sun Bowl	Dawn to Dusk	Lap pool: M-Sa:5a-9p; Su: 8a-8p; Closed for class: M-F 7a-9a	
Bocce Courts		Library (602) 652-3000		Walking Pool: M-Sa: 5a-9p; Su 8a-8p	
Sundial Center	M-Sa: 6a-9p; Su: 8a-8p	Bell Center	M: 9a-7p; Tu-Sa: 9a-5p	Fairway Center	
Bowling Lanes		Fairway Center	M-F 9a-4p	Lap Pool: M-Sa: 5a-9p;Su 8a-8p; Closed for Class: T/Th 9/1-9/15 3-4p	
Bell Lanes	M-Sa: 8a-8p; Su: Noon-8p	Mini Golf		Walking Pool: M-Sa: 5a-9p;Su 8a-8p; Closed/Class: T/Th 9/1-9/15 3-4p	
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p	Bell Center	M-Sa: 6a-9p; Su: 8a-8p	Lakeview Center	
Dog Parks		Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p	M-Sa: 6a-7p, Su: 8a-7p; Closed for class: M, W, F: 8a-10a	
Duffeeland	May thru Sept: 6am-8pm Closed last Wed/month for Maintenance	Mountain View Center	M-Sa: 6a-7p; Su: 8a-7p	Children's Pool Hours for Ages 4-15 yrs: Daily 4p - Close;	
Darts		Sundial Center	M-Sa: 6a-9p; Su: 8a-8p	Marinette Center	
Bell Center	M-Sa: 8a-8p; Su: Noon-8p	Pickleball		M-Sa: 6a-9p, Su: 8a-8p; Closed for class: M/Th: 9a-10a	
Fitness Centers		Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Children's Pool Hours for Ages 4-15 yrs - Daily 1p - 4p	
Bell Center - 18+ only	M-Sa: 5a-9p; Su: 8a-8p	Mountain View: Outdoor	M-Sa: 6a-7p; Su: 8a-7p	Mountain View Center	
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p	Racquetball		M-Sa: 6a-7p; Sun: 8a-7p; Closed for Class: M/Th:9-10a; T/F: 9-10a	
Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p	Bell Center Courts A & B	M,W,F: 5a-10a, 3-9p; Su 8a-8p Tu & Th: 5a-5p; Sa: 5a-7a; 12-9p	Children's Pool Hours for Ages 4-15 yrs - Daily 10a-1p	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Shuffleboard		Oakmont Center	
Mountain View Center	M-Sa: 6a-7p; Su: 8a-7p	Bell Lanes: Indoor	M-Sa: 8a-9p; Su: Noon-8p	M-Sa: 6a-7p, Su: 8a-7p; Closed for class: Su/F 2-4p; M/W 12-2p;	
Oakmont Center	M-Sa: 6a-7p; Su: 8a-7p	Lakeview: Outdoor	Daily 6a-7p; Su 8a-7p	Beginning 9/19 Closed for Class: M,Tu,Th,F 9-10a	
Sundial Center - 18+ only	M-Sa: 6a-9p; Su: 8a-8p	Spas		Sundial Center - 18+ only	
Sundial Fitness Closed Through 9/16		Bell Center - 18+ only	M-Sa: 5a-9p; Su: 8a-8p	Large Pool: Reopens 9/17	
Horseshoe Courts		Fairway Center	M-Sa: 5a-9p; Su: 8a-8p	Exercise Pool: Reopens 9/17	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p	M-Sa: 6a-9p; Su: 8a-8p	
Mountain View Center	M-Sa: 6a-7p; Su 8a-7p	Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	M-Sa: 6a-9p; Su: 8a-8p; Closed for	
		Mountain View Center	M-Sa: 6a-7p; Su: 8a-7p	Closed for Classes:M/Th 8-10a;	
		Oakmont Center	See Pool Hours	Classes: M/Th 10a-12p; 4:30p-5:30p;	
		Sundial Center - 18+ only	M-Sa: 6a-9p; Su: 8a-8p	M/Th 5:30-6:30p; T/F: 8-9a	
		Sundial Spa Closed Through 9/16 for Renovations		T/F: 10a-12p; 4:30-6:30p; T-Th: 12-2p	
		Sundial Spa Closed Through 9/16 for Renovations		Large Pool & Exercise Pool Closed through 9/16 for Renovations	

Fitness & Fitness Classes

Aqua Suns

Do you love the water but walking and lap swimming isn't for you? Come try the synchronized swimming and learn things you never thought you could do. We do dolphins, spearfish, catalinas, kips, surface dives and more. Join in the fun M-W-F from 8-10am at Lakeview Pool. FMIC Nancy at 623-238-8608 Swim Annual Club membership: \$3.

Oakmont Ladies Exercise Class

Join us for low impact exercise designed for women over 50. Tues & Fri 8am-9am. Call club to confirm location! Annual Membership Dues: \$5 - 3 free trial visits. FMIC 573-579-5320.

Swim Club Announcement

Sun City Swim lessons have moved to Lakeview from 8:30-10am on M, W, F. Beginning & intermediate classes available, along with advanced group workout. Annual fee: \$3 per RCSC cardholder. FMIC Tere Kearney 623-583-5894.

Bell Aerobics

Come join this friendly group for a complete 45-minute workout of gentle stretching on Monday, Wednesday and Friday at 8, 9, or 10am at Bell Social Hall. Membership is \$3/year with valid RCSC card; there are no class fees. There will also be a holiday potluck social in December for all club members. Looking forward to having you join us as club meets year-round. FMIC Brenda at 623-455-1818.

Dance for Fitness

With a current RCSC Membership you may enjoy three free sessions with us. Can't beat that deal, and then you may join for only a \$5 annual fee. Come once, twice, or three times a week (whatever fits your schedule). We have no per-lesson fee. Classes meet on Tuesday at Bell, Wednesday at Sundial and Friday at Mt. View and all classes are from 9-10am. FMIC Penny at 623-933-7021 & Donna at 515-975-1683

Stretch & Slim

Crank up your metabolism, strengthen your heart, & have a blast in our 9am class. We do a variety of the new "HIT intervals"-short "bursts" of medium cardio alternating with brisk (or boosted) walking DVDs. Hand weights & bands are used along with cardio every other day for toning. 8am class is lower intensity using DVDs to incorporate cardio & strength training to build a strong body & alert mind. Classes: Mon-Sat in Bell Aerobics room (across from Fitness Center). Come enjoy 3 free sessions before joining. Annual Fee: \$5. Extra \$2 Guest Fee. Guests must be accompanied by RCSC Cardholder. FMIC Donna 623-628-4401

Aqua Fitness Club

Meets M/TH or T/F for 8-week sessions at Marinette, Mt View & Oakmont (no Sundial; under renovation). Qualified instructors teach three classes of varying intensities: Free Standing; Poolside & Aqua Stretches. No swimming involved; members stand in waist-deep water. All classes "Co-ed;" must be an RCSC Cardholder to join club. Annual Dues: \$5; \$15 per eight-week session. Registration held by lottery; "Try It Before You Buy It" allows you to attend any class to see if it fits your needs. FMI please visit aquafitnesssuncity.com or call Nancy 623-330-4242

Zumba Fitness Club

Zumba fuses Latin rhythms and easy to follow fitness moves to create a dynamic full body workout. It keeps you moving & grooving & makes fitness fun. The hour includes a warm-up, cardio workout, and cool-down. Mondays: Bell Social Halls 11:30am-12:30pm, Debbie Reiss, Instructor; Tuesdays: Sundial West Hall 6:30-7:30pm, Debbie Reiss, Instructor; Wednesdays: Bell Social Halls 11:30-12:30pm Debbie Reiss, Instructor; Thursdays: Sundial West Hall 6:30-7:30pm Jeff Larsen, Instructor. Saturdays: Sundial West Hall 8:30-9:30am, Sherry Possner, Instructor. Cost: \$3 per class session. Annual Membership: \$5 FMIC Jan at 623-972-0099.

Sun City Tai Chi Club

"The History of Tai Chi" kicks off our special events season. Adam Montoya, a certified Tai Chi teacher, shares his deep understanding of the mind and body connection while teaching us the history of this ancient form of flowing martial arts. Event open to all RCSC cardholders and their escorted guests Thursday, 10/13, 2-3pm in Bell Social Hall #2. Pre-register by 9/26. Cost: RCSC cardholders: \$7; escorted guests: \$9. Cost Day of Event: \$10 & \$12 respectively. Make checks to: Sun City Tai Chi Club; deliver to any class or mail to 11851 N Thunderbird Rd., Sun City, AZ 85351. Check must be received by 10/6 for registration purposes. Adam is also teaching two new classes: "Tai Chi Form 8" starting Monday, 10/3 at Fairway AZ Rm 3 @ 9am & 10:15am (2 classes). Classes provide introduction to Tai Chi & fundamental steps to help as you progress to future classes. All RCSC Cardholders welcome anytime as registration is open. Beginner classes available at Lakeview in SH 2 @ 6pm on Tuesdays; at Bell Social Hall 2 @ 11:30am on Thursdays. New students are always welcome. FMI visit sctaiichi@yahoo.com.

Summer Classes: Our classes are ongoing & open to all RCSC Cardholders & their escorted guests. Wear comfortable clothes & shoes. No pre-registration required. Each class is \$3 for RCSC Cardholders & \$5 for escorted guests. Club membership: \$5 annually. Intro to Tai Chi 108 Yang Style Class is intended for new students who have never done Tai Chi before; also for new students with prior Tai Chi experience (until they learn the form used by our club). Tuesdays @ 6pm, Lakeview Social Hall #2; and Thursdays @ 11:30 am, Bell Social Hall #2. As skill levels improve students can progress to more advanced classes. FMIC sctaiichi@yahoo.com.

Hatha Yoga

Club meets at Sundial in the Yoga Club room. Classes are multi-level and do not assume prior yoga experience; all classes taught by certified instructors. Please arrive 15-20 minutes before a Mat class and bring a yoga mat, small blanket or a beach towel, your current RCSC card, \$3 class fee and \$5 yearly membership. Wear loose, comfortable clothing for a warm environment. Refer to our website for more information: <http://hathayogaclub.org>

Yoga Mat classes:

Mon: 8:30-10am & 6:30-8pm*
Tues: 8-9:30am, 10-11:30am & 1-2:30pm (Beginner)
Wed: 8:30-10am & 6:30-8pm*
Thurs: 8-9:30am (Beginners) & 10-11:30am
Fri: 9-10:30am
Sat: 8-9:30am & 10-11:30am
*evening classes

Chair Class* Times: Pre-registration & pre-payment required for chair yoga classes.

Wednesday: 10:30-11:45am; Thursday & Friday: 1-2:15pm

*FMIC Carlyn for Chair classes: 623-972-9602



Now Offering Group Classes

- **Body Weight Bootcamp**
5 Tuesdays starting September 6, 6:00-7:00am
Multi-Use Room (by Bell Lawn Bowl), \$50
- **Kettlebell Workouts**
4 Wednesdays starting September 7, 2:00-3:00pm
Bell Aerobics Room, \$40
- **Train for PF Chang Marathon - Run, Walk (1/2 or full)**
Mondays & Thursdays starting September 19, 6:00pm for 4 months
Meet at Sun Bowl, \$80/month, \$300 package payment
- **Train for Powerlifting Competition**
Wednesdays year-round, 7:00-8:30pm
Bell Weight Room, \$40/month
- **Learn a Home Workout (for Seniors with Limitations)**
4 Tuesday starting September 20, 4:00-5:00pm
Bell Fitness Center, \$40
- Call 623-696-6820 for more information or to pre-register and pre-pay

Tips from Get Fit for Life -
Are Your Workouts Getting Results?

"If your workouts aren't getting the results you want, one of the following pitfalls might be the problem," states Jane Fortier, fitness professional for Get Fit for Life.

#1. You're not working hard enough: When you exercise, your body adapts and becomes more efficient at doing the same exercises. Over time, the cardio/strength workout that was so challenging, becomes easy to do. Your body needs to be pushed again beyond its comfort zone. Whether you increase frequency, duration, intensity or change the entire exercise routine, you need to switch things up. Working harder and in different ways will challenge the body again, and improve results.



Mary Russell uses strength and cardio variations she learned from trainer Jane Fortier, to insure positive results from her workouts.

#2. You are working too hard: Yes, you can actually work too hard and too much. If you push hard with every workout, and never take a day off, you run the risk of breaking muscle down instead of building it up. If you always feel tired and sore, have unexplained headaches, insomnia or lack of motivation, you may be overtraining. If this is the case, give your body 3-5 days off, then slowly build back, allowing at least one day of rest each week.

#3. You are only doing cardio exercise: Cardio is important for calorie burning, but a proper exercise plan includes cardio, strength training and flexibility. By doing just cardio you strengthen your cardiovascular system, but you won't be changing body composition by building muscle. Strength exercise, twice a week, will build muscle, decrease body fat and improve bone density. Stronger muscles will allow you to perform more efficiently with your cardio exercise.

#4. You sit all day: Sure, you work out regularly, but what you do the rest of the day matters a lot. If you put in a solid exercise session only to sit at a desk, lounge in a recliner watching TV, or read the afternoon away, you may be undoing all of your hard work at the gym. Try to include more physical activity into all areas of your life. Go for a walk, choose to stand whenever possible, park your car further away, do yard work or house cleaning that keeps you in motion. Don't sabotage your gym workout by being sedentary the rest of the day.

If you need help with switching-up your strength workout, accelerating your cardio output, or just approaching exercise from a different perspective, contact Get Fit for Life. Working with a personal trainer will provide new insights for improving exercise results. Call 623-696-6820 for information on services in the Sun City Fitness Centers.

LaTouch Wellness Massage Therapy Shares...
The body, mind & spirit connection

Our well-being encompasses all our parts, not just the physical body. When our emotions are in turmoil or our mind is bombarded with obsessive negative thoughts our health may be compromised. It is important to create balance in our life by nurturing the whole person, which includes mental, emotional, spiritual and the physical aspects of ourselves.

Our thoughts and emotions has an affect on the different chemicals that are produced within the body. It is important to maintain the appropriate chemical balance within our bodies for optimal health and well-being. Emotions are energy in motion, when we encounter stressful situations or experience negative emotions, if not totally resolved, this energy can become trapped within the body, causing pain, discomfort and eventually disease.



Nurturing the whole person involves addressing these negative mental and emotional states. In her book "Heal Your Body" Louise L. Hay offers thought provoking insight into how our attitudes and beliefs can manifest on a physical level.

We here at LaTouch Wellness are interested in assisting you with improving your health and well-being, body, mind and spirit. Our Wellness Sessions consists of evaluating some of the root causes of your discomforts and then we will address these discoveries with a combination of our Wellness Services which include:

- *Reiki Energy Healing* which helps to regulate and balance the universal life force energy within our bodies.
- *Aromatherapy* uses essential oils to promote healing on all three levels, physical, emotional and spiritual.
- *Reflexology* is the practice of applying pressure to specific points on the feet and hands to influence the health of corresponding parts of the body.
- *Guided Imagery* has the ability to tap into our trapped negative thought patterns and emotions and assist us in releasing them.

LaTouch Wellness will be conducting a Facebook contest offering a complimentary Wellness Session go to: <https://www.facebook.com/LaTouchWellness> to enter.

LaTouch Wellness Massage Therapy is located within the Fairway Recreation Center. We offer Swedish Massage, Deep Tissue Massage, LaStone Massage, Sports Massage, Aroma Therapy, Reflexology, Acupressure, Reiki Energy Healing and Guided Imagery Sessions. Please contact Laura at (623) 201-0378 to schedule your appointment today! Visit our website at www.LaTouchWellness.com for additional information.

September - Group Equipment Demos

Bell Center	Wednesday, September 7 @ 11:30am with Dick
Marinette Center	Wednesday, September 14 @ 11:30am with Dick
Fairway Center	Wednesday, September 21 @ 11:30am with Jane

Note: Pre-registration is required for group equipment demonstrations. Please sign up with the Facility Attendant at the appropriate fitness center in advance as space is limited.

Member Fitness & Massage Services

 623-696-6820	Sundial Center Free Spirit Massage 623-225-8582 Bell Center Jan Najera 623-521-0771 Lisa McCoy 623-210-2707	Fairway Center Laura Moore 623-201-0378 latouchwellness@ massagetherapy.com
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Arts & Crafts

Oakmont Needle Arts & Crafts

Sun City's hidden Jewel of a Club—a place to learn basic knitting, crocheting and embroidery. Every Thursday of the month, mentors are available to get you started on your adventure into needle arts. Every fourth Thursday members show and tell current or completed projects. Currently meeting at Fairway AZ Rm 3, Thursdays, 8-11:30am. Come: learn, socialize and enjoy jokes and treats. FMIC Phyllis 972-2609.

Lakeview Ceramics

Club hours: Mon-Fri 9am-1pm. News for September: Wed 9/14: "Magic Metallic" class. Sign-up sheet in club room. You can choose any piece you would like to finish in copper-patina and bring it to the class in Bisque. We offer classes in Ceramics, Porcelain and Stoneware! Annual Membership: \$5; open to all RCSC Cardholders. Come and check us out!

SewNSew Club

Membership open to all RCSC Cardholders: \$5 annual dues. Boutique & Open sewing Tues & Sat 9:30-3p; Thurs:11:30-3p. 9/8 Show & Tell, 9/13: Quilted Purse Preparation, 10:30a 9/15: Quilted Purse Class, 9a-4p 9/22 & 9/29: Boutique Workshop, 9:30a-3p Boutique sales include doll clothes to fit the American Girl Doll. SewNSew appreciates fabric donations that help us serve our community. Donations accepted during open sew times. Certification required for all machine use. Sign up in club room for: Brother sewing machine: 1 3-hour class; cost: \$6 Baby Lock Imagine Serger jet-threading machine: 1 3-hour class; cost: \$6 Baby Lock Embroidery machine: 2 3-hour classes; cost: \$12 Cover Stitch Machine: 1 3-hour class: cost: \$6 Heavy Duty machine for bulky fabrics: 1 3-hour class; cost: \$6 Sewing classes on topics requested by members are scheduled. See reservation list in club room for specifics. Reference materials, club patterns and embroidery designs available to members during open sewing hours. FMIC 977-9460 or <http://www.sewnsew.info/>

Fairway Knitters

Knit and crochet items for the military, care centers, and school children as well as for the homeless of Phoenix and other charities. Join us any Friday 8:30am-2:30pm. Club provides the yarn, you provide your time and skill, and we all have fun learning from each other. We meet in AZ Rooms 3 & 4 at Fairway. Annual membership is \$3. FMIC 623-972-9736.

Learn Leather Craft

Sun City Leather Club is open to all RCSC Cardholders. Annual Dues: \$10. Beginner classes held Tues/Thurs, 8am. Learn carving, stamping, garment and construction. Lessons, patterns and tools furnished. We meet at Marinette. Winter hours: 8am-2:30pm; summers hours: 8am-noon, Mon-Fri. Learn to make all kinds of leather goods, from belts to purses, holsters and even mini saddles. It's a great group of people and a wonderful craft. FMIC 623-594-6591 or 623-933-8831.

Creative Quilters

The Quilting Room on the 2nd floor of Lakeview is now open Quilting Activities. Check out our newly remodeled club room where members will find new, bright and light paint, new floors, new & greatly improved lighting and new fans.

Regular Club Hours:

Mon and Fri: Open Sewing 8am-4pm
Tues and Wed: Open Sewing with Sew N Sew to 3pm
Friday: Business meetings, announcements, programs 9:30am
Boutique items available for purchase during Club hours.

Upcoming Events:

Fall Quilt Camp: October 18-20
Upcoming Classes: A Beginning Quilting Class is planned for November. Watch our news items and stop by the Club room to look at the class book for more details as they become available. Membership/participation open to all RCSC Cardholders

Sun City China Painting

Try a different kind of art work that's purely artistic yet practical. All RCSC Cardholders are invited to stop in Fairway (Room 217) to learn more and to see the many kinds of art work used on china and china-like surfaces, such as tiles. There are many places where hand-painted tiles can be used. FMIC 623-256-6784 after 4pm.



Lakeview Woodworkers

Many beautiful wood crafts to see; come take a look! You brave men & women who summer here might consider tapping into your creative-self & creating something with your own hands. It's a wonderful feeling (& the woodshop is cool). We always make a lot of sawdust & usually something special to show for it. Our club is a fun & happy place; members always willing to help. We're open Mon-Fri 8a-4p & Sat 8a-12p. Summer hours: Mon-Sat 8a-12p. Annual Membership: \$20. FMIC 623-933-2355

Bell Ceramics

Ceramics Club of Bell Center is for beginner-to-advanced ceramists. Classes offer various techniques including: stains, oils, glazes, underglazes, chalk, clay add on, banding, carving & more. Annual Membership: \$7 (RCSC card required). Additional fees for classes from \$8-\$20. Each club member must volunteer if they wish to use club kilns, take classes, or sell finished pieces in club store. (Store has greenware, paints, and other supplies for sale.) Members can choose from over 1,300 molds for their ceramic projects. On "Summer Trial" Ceramics is open every Thursday from 5:30-9pm. Please stop by and show us you are interested in attending during these hours. FMIC 974-6750 (club room)

Marinette Clay Corner

Welcome back Snow Birds! Summer was busy thanks to volunteers who taught Fun Shops free of charge. More classes for members in September; sign up before they're filled. We made Yard Art all summer, so we have large inventory and selection of items for sale (member-made). Stop by for help in building your own one-of-a-kind yard art piece; ample pottery to choose from, including many cactus pieces. Thanks to all members who continue to build Yard Art; you have made our Club successful. Come visit; we are happy to give you a tour. Once again we will have our items for sale at the Sundial Arts & Crafts Festival, 11/25 & 11/26. Our tables will be full!

Winter Hours effective 9/1:

Sept 1 - Apr 30
M-F 8a-9p
Sat. 9a-5p
Closed Sundays.
FMIC 623-977-3167, or check out our website: marinetteclaycorner.org. There must always be a minimum of two members present in the club for it to be open. Temporary schedule changes may occur per RCSC and/or Marinette Facility Management directive for special events, maintenance activities, etc. Please remember, Marinette Clay Corner membership is available to all current RCSC cardholders.

Sun City Clay Club at Lakeview

Reminder to Clay club members: club meeting is Thursday, 9/1 in Lakeview SH1; social and goodies at 9am, meeting at 9:30am. Free summer workshops were fun and enjoyed by all. Classes for beginning potters start soon; workshops continue for those with experience. The majority of our members never worked with clay until deciding to try something new and then joined our club. Come learn to work clay and create something with your own hands. It is exciting and fulfilling. Check out how much fun we have. Club Hours: Tues-Thurs, 8:30am-8:30pm; Fri-Sat, 8:30am-4:30pm. Information and upcoming events posted on our website, www.suncityclayclub.com. FMIC 623-933-0899.

Bell Metal Club

Love metal? Love art? Come to Bell Metal Club to be innovative and artistic with metal! Not only can you work with metal, we can fix and replace your garbage can lids or make your mailbox secure by adding a locking security box. We have all the equipment to cut, weld and machine metal; we even build small engines. Come visit our shop and/or join us Monday-Saturday, 8am-4pm. Membership is open to all RCSC Cardholder and is \$10 per year. Call us to see if we can repair or fix your broken metal items. FMIC 623-974-8206.

Artistic Stained Glass at Bell

Open weekdays: 8am - 3:30pm Mon-Fri; 8am-1pm Sat; and 5-8:30pm on Mon, Wed, Thurs. Come in and visit to see all the great work happening there and sign up for a beginner's class.

Camera Guild

Exciting classes, social events, competitions & Grab (your camera) & Go outings. Club Room, Sundial (2nd floor). Contact club for details. We love to share ideas. FMI visit cameraguildsuncity.org

Happy Hearts

Needed: Yarn for our veterans. "Happy Hearts" at Bell Craft Club donate their time to make lap robes & afghans for our Veterans. These donated items are distributed to needy Veterans throughout the area by the American Legion and Auxiliary. To help with the growing need, we are reaching out to the community requesting yarn donations. Please call 480-299-3316 for donation location. Thank you for your assistance, and our deeply felt appreciation to our Veterans for their service.

Fairway Woodworking

Come take a look around. Join us; enjoy a great club and rewarding hobby in a large club room containing the latest equipment and tools. Summer Hours (May 2 thru Oct 3): Monday, Tuesday, Thursday - 8am to noon Wednesday & Friday - Noon to 4pm FMIC 972-4385

Artists by the Lake

Meets in Lakeview Art Room. New classes have begun for watercolor, drawing, acrylics, oils, pastels, & general art classes. FMIC Janene Geisner 623-810-9112.

Handweavers & Spinners Guild

Classes held Oct-May at Sundial. Class Schedule: Mon 9am-12pm Beading; Tu 9am-12pm Shirret; Rug Weaving Tu 12-3pm; Tatting Tu 1-9pm; Beg weaving Wed 9am-12pp & 1-3pm Intermediate; Hardanger, Th 9 am-noon; Th 12-3pm Inkle and Spinning; Fri 9-3 Basket Weaving. Gen mtg: First Mon, 1pm. FMIC Guild room phone 623-933-0397.

Arts & Crafts (continued)

Sun City Calligraphy Society

As the heat of Summer comes to a close, the Calligraphy Society of Sun City opens their doors again. The first general meeting of the fall is Friday, September 2, 9am, in the club's Sundial meeting rooms. The clubroom is open 9-11am on Thursdays and Fridays for making Love Cards or working on personal projects. Special Workshop: Thursday, September 29: "Make a Paste Card," lead by Linda Wilson. Friday September 30 April Olson gives a "Basics of Tangling" class. Membership open to all RCSC cardholders. FMIC John Staggs 623-210-9137.



Oakmont Ceramics

Annual Dues: \$5
Club hours: Mon-Thurs, 8am-3pm; Tues 5:30-9pm; New Hours! Sat 9am-1pm; closed on Fridays. Oakmont Ceramics has expanded its hours to meet our members' needs. Whether you are a beginner or advanced ceramist, Oakmont Ceramics, The Friendly Club is for you. See Sign-up sheets in Club for special classes/workshops. FMIC 623-363-3908 or come by the Club during Club hours.



Friendship Quilters

Friendship Quilters was built on friendship, the common interests of quilting and creating projects with fabric. We welcome new members of all levels and

interest, novice to expert. Many members have found lifetime friends at the club. We encourage you to stop by the Bell Craft Village, Quilting room, on one of our meeting days. Come enjoy our contemporary version of the "Quilting Bee". Mon, Thurs & Sat: 9am-3pm; plus 5pm-8pm Mon; and Wed: 12-8pm; Annual dues: \$5. Membership/participation open to all RCSC cardholders. Intro to Quilting class begins in January and runs for five weeks, watch for more information in the fall. visit: friendshipquilters.us

Bell Silver Craft Club

You are invited to visit our fully, professionally equipped silver craft workshop & sales room. We offer beginning classes in basic silver work, introducing students to silvercrafting fundamentals. We also offer lost wax casting classes, turning wax models into beautifully cast silver or gold, and classes in chainmaille for stunning bracelets & necklaces. Other specialty classes/demonstrations offered throughout the year. Feel welcome to tour our club & see the possibilities. Jewelry sales store hours: Monday-Saturday 9am-3 pm. Silver-crafting hours: Monday-Saturday 8am-3:30pm. We are located right around the corner from the visitors center at Bell. FMIC 623-933-8442.

Fairway Ceramics & Porcelain Club

So summer's behind us, kinda. Come deal with the last of the summer heat by pursuing a hobby in air-conditioned comfort! Don't forget about making special gifts for the upcoming Holidays - centerpiece for the Thanksgiving table or unique gifts for friends/family members. Many opportunities! Escorted Guests & Visitors invited to enter a free monthly drawing for an awesome door prize. Fun, low-cost Classes: air-brushing, clay lifting, glazing, brushstrokes, decorating with translucents, Zentangle, underglaze pencil, clay building, overglaze application, stoneware, and more. All skill levels welcome. Annual membership: \$10 per RCSC cardholder; family memberships: (2 at same address) \$15. Basic orientation helps new members learn in our friendly, encouraging environment. Greenware, tools, supplies available for purchase on site. New molds include wall-hangings, mushrooms, showpieces with carved-in pueblos, birdhouses, & casseroles et.al. Hours: 9a-12p Monday-Friday. FMIC 623-972-5818, or Dott 623-748-3313. Located on the 2nd floor at Fairway.

Artistic Weavers/Fiber Artists

The Artistic Weavers and Fiber Artists' Club at Oakmont is open from 9am-noon, Tuesdays-Fridays from May through September. Members will be working on knitting, crocheting, loom weaving and basketry projects throughout the summer. Stop by the club room to purchase a handcrafted item, to see what's happening, or just to say "Hi." We'd love to have you join us!

Grandmothers & Friends

Currently closed for September. Grandmother & Friends normally meet Mondays at Oakmont, 9am, for workshops where we make favors etc. for various area charities. We also create placemats (and other crafts) made from recycled greeting cards (generously donated to our club) for the Arts & Crafts Festival and other events. Social meetings second Monday each month at noon. FMIC Shirley: 623-876-2016

Bell Craft Club

Open Mon-Sat 9am-3 pm, and Thurs 6pm-9pm. Many different classes/workshops available, including (but not limited to): Bead weaving, Greeting Cards (4), Copper Enameling (2), Placemats, Candle making, Quilling & Cross Stitch, Painting, Plastic Canvas, Knitting, Crocheting, Silk Flowers, Craft Beading, Polymer Clay, and Brazilian Dimensional Embroidery. All classes taught by active members. If you have a craft you think others would enjoy, become a member and teach. Boutique open to all for purchase of unique handcrafted gifts made by our members. General Meetings second Thurs, Sept- May. Annual Dues: \$10. New members joining July 1-Dec 31: \$5. All regularly scheduled classes free to club members. Membership open to all current RCSC Cardholders. FMIC 623-974-3497.

Performing Arts



Sun City Choraliers

The Choraliers of Sun City are looking for experienced choral singers who want to sing good choral literature in a small ensemble setting. On Monday 9/12 we begin rehearsing music for the 2016 holiday concert season, which includes a mixture of international holiday songs and the more familiar traditional music of the season. An auditioned group, under the capable direction of Jane Brambilla who has over forty years of successful vocal experience, the Choraliers perform approximately twenty times from December to April. Rehearsals are from 8:30-11am at Fairway in the second floor music room. So if you are looking for a place to satisfy your musical fulfillment please stop in to listen to us, or check out our website www.suncitychoraliers.com.

Piano Club

Wouldn't it wonderful to learn to play those favorites songs tucked in your memory and have friends gathered around your piano singing? Now's the time to check out the Piano Club. Starting early October, we offer a variety of piano courses especially designed for beginners to moderate players and beyond. Over 300 students since 1999 are proof that it's never too late to begin. Our students range from age 55-95, so take that first step by calling Kathrene at 623-792-7266. She will see you have all the information to begin learning while having the time of your life. Ask about our three gifted and gentle teachers. No piano or Keyboard? No problem! You can borrow one of ours. Concerned that you won't like the classes? No problem! Attend your first class, and if you are not as excited as virtually all our students are, your tuition will be refunded. Tuition? Classes are one hour each for 8 weeks with tuition from \$140 - \$160 total. So what are you waiting for? Call Kathrene now at 623-792-7266.

The Sun City Players

The Sun City Players Community Theater welcomes you to their 2016-2017 season. Season tickets cost \$25 and go on sale 8/1 on our website: www.suncityplayerscommunitytheater.org. Tickets for individual plays cost \$10 and are available online starting 9/20. All performances are at Mountain View Recreation Center, 9749 107th Avenue, Sun City. For more information, email suncityplayersbox-office@gmail.com.

The season opens 10/28 with The Dixie Swim Club. Five women form a close friendship in college and agree to meet once each year to exchange updates of their lives. It is a play that is funny, tender, and unfailingly honest.

Watch for details of the romance Chapter Two, by Neil Simon, which opens 1/13/2017.

The spring musical is A Bag Full of Miracles. It is a touching, tender story with comedic and romantic highlights by author Tom Northam, and opens 3/17/2017.



Readers' Theater Ensemble

Readers' Theater Ensemble encourages acting & oral reading. We give short plays at various organizations. Meetings are workshops to help improve talents. We do not memorize; we read from scripts. If you are shy, we can help you gain confidence. We meet every Friday at noon in Lakeview Social Halls 2-3. Come observe; don't be surprised when you decide to keep coming back. FMIC 623-972-4580. Open to all RCSC Cardholders. Annual dues: \$1.



Dances

Sun City Karaoke and Dance Club

Love to dance? Karaoke fan? Come to Sun City's newest Club in Bell Social Halls, open to RCSC Cardholders & their escorted guests. Bring your favorite USB/CD+G or MMC Card & we'll play it for you. Or, check out the club's multitude of music. Doors open: 6:30pm; Dancing and Singing: 7-9:45pm. Dance Admission: Members: \$3; Visitors and Escorted Guests: \$5 Annual Membership: \$4. We meet 1st & 3rd Saturday nights with a few exceptions; one of them being September. (We meet on 9/3 only and are closed 9/17; but join us again 10/1 & 10/17!) Check schedule at sunaz.com/karaoke-club. FMIC Bill 209-380-8029; or email karaoke.suncity@yahoo.com Hope To See You There!

Upcoming Karaoke-Dances: Saturday 9/3 & 10/1



Rockin' Thru the Years – Saturday Nite Fever

Only dance club dedicated to Classic Rock And Roll, Disco, DooWop and Country Rock. We have our own sound system and use 2 different DJs to play music from the 50s thru today. Will play requests as long as they fall in R&R genre. Singles & couples welcome; No Dress Code! We furnish cups & ice; BYO snacks & favorite beverage. Admission: \$3/members; \$5/escorted guests. Annual RTTY membership: \$3 w/valid RCSC Membership. Remember: No partner or dance lessons needed to enjoy dancing to R&R & Disco. Dances at Bell; Doors open 6:30pm; dance 7-10pm. FMIC 623-332-7894 or visit website at rockinthrutheyears.com. We play videos with your music on our 10' x 5' video screen!

Saturdays: 9/10 - DJ Ryan Blair; 9/24 - DJ Ryan Blair



Sun City Friday Night Dance Club

Singles and couples invited to join us for social & ballroom dancing at Sundial, Fridays 7-10pm. Whether you love to slow dance, are an accomplished ballroom dancer, or somewhere in between, you'll enjoy dancing to some of the best live music in the Valley. Free dance lesson with paid admission: 6:20pm. No partner required for lesson; Students rotate so everyone has an opportunity to dance. We also have a couple "Mixers" and a couple of "Line Dances". Admission: \$5/members; \$7/guests. Enjoy socializing and making new friends. Be comfortable, but please - no jeans, shorts, pullover shirts, hats, tennis shoes or flip flops. Coffee, ice and cups provided. FMIC Bob (623) 215-8718 or visit our website at: www.suncitysinglesdanceclub.com. Open to all RCSC Cardholders and their escorted guests.

September: 9/2 Bobby Freeman; 9/9 Manuel Dorantes; 9/16 Mike Carollo; 9/23 Rich & Brad; 9/30 Mike & Manuel

Sun City Ballroom Dance Club at Bell



Change is in the air! Through October, Mike Corolla performs for the first Sunday dance each month. Frank Romani performs for your pleasure for all other Sunday dances. Dances held at Bell Social Hall every Sunday evening from 7-9:30pm throughout the year. Dances open to all RCSC cardholders and escorted guests. Please join us for a fun evening. Dancers of all levels of accomplishment welcome. We dance all year round on a beautiful dance floor in air conditioning. Annual club membership: \$3. Dance: Members \$4; escorted guests \$6. Free Dance Lesson: 6:30 pm, before Sunday dance with paid admission. Coffee, ice and cups supplied; bring your own snacks. Visit www.suncityballroomdanceclub.com FMI

Sun City Line Dance Club at Sundial

Line Dance is happy to be back at Sundial for all dances and happy to dance in a newly refurbished auditorium. We dance every Tues & Thur, 10a-1p, with lessons 15 minutes before the dance. Members, Visitors and Escorted Guests all welcome. Serving cookies & water; BYOB. There is space for couple dancing and Partner Pattern dancing. DJ is a local instructor everybody knows & enjoys. **September dances are every Tues & Thurs at Sundial, 10a-1p with the exception of 9/29 at Fairway AZ rooms 1-4.**

Sun City Squares

Closed for the Summer Season (May thru October). We will begin dancing again in November 2016. Check back here and at <http://sunaz.com/sun-city-squares/> for more information about lessons and dancing this fall. Have a great summer!

Country Dance Club at Sundial



Come dance with us on the first and third Saturdays in September. Both dances are from 6:30-9:30pm; Doors open 6pm. Admission: \$3/members and \$5/escorted guests. There is something for everyone; a good mix for couples, couples pattern, & line dancing. Dress casual or dress up, country or otherwise. Cups & ice provided; bring your own drinks & snacks. FMIC 623-972-5127 or visit www.countrydanceclubsc.com.

**September 3 at Sundial
September 17 at Bell – couples dance lesson**

Classic Rock Dance Club



September 3, DJ John Phillips; October 1 & 15 DJ Roy O'Dell Gray Sr. Both DJs Rock the House with 50s, 60s & 70s classic Rock N Roll at Fairway (at Peoria & 107th). Doors open 5:30pm; Dancing 6-9pm. BYOB, cookies, cups, ice & napkins provided. Singles & Couples welcome; casual or dress up. Open to all RCSC Cardholders and their escorted guests (escorted guests must be 18 years or older). Remember to invite your friends as all members and escorted guests are always welcome. Annual Membership: \$3 w/valid RCSC card. Dance Admission: \$3/Members; \$5/Escorted Guests and RCSC Visitors. FMIC DONNA 623-628-4401/360-350-8160 or visit sunaz.com/classic-rock-dance-club. Remember, our only dance in September is 9/3. You know you want to be there!

Bell Tea Dance

Please join us for our First Dance of the Season on Wed 9/7 with Mike Carollo. All dances on Wednesdays from 2-4pm at Bell. Music provided by local keyboard artists. Dances consists of Foxtrots, Waltzes, Latin, Swing and Rock; two mixers and line dance included. Coffee, tea & cookies provided. Singles welcome. Admission: \$4/ Club Members, \$6 Escorted Guests. FMIC 623-933-8873.

September Schedule: 9/7 - Mike Carollo; 9/14 Bobby Freeman; 9/21 Manuel Dorantes; 9/28 Bob Roppolo



Dances Lessons

Tip Top Dance Club

Tap Dance Classes: All Levels, Men & Women Welcome

Starting 9/12/16: Monday: Advanced Variety: 9am, Jackie; Tap 2: 10:15am, Denise
Tuesday: Tap 1: 9am, Denise; Advanced Tap: 10:15am, Dallas
Wednesday: Non- Performing: 9am, Joey
Friday: Advanced Variety: 9am Jackie; Advanced Tap: 10:15am, Dallas
Monday & Friday: Pilates Class 1-2pm, Bell Aerobics Room Kim
Tuesday & Thursday: Moving to the Beat, 1-2pm; Marinette, Kim

Classes Held At Marinette Social Hall or Bell Aerobics Room. Open to all RCSC Cardholders and their escorted guests. FMIC Christine (623) 322-3138

Sun City Ballroom Dance Club Group Ballroom Dance Lessons

Monday and Thursday evenings at Bell Social Hall

Mon: 6 pm – Cha Cha; 7 pm – Foxtrot; 8 pm – East Coast Swing
Thurs: 6 pm – NC 2-step; 7 pm – Waltz; 8 pm – Tango

Cost per lesson: \$5 members; \$7 escorted guests. FMIC Kat 623-387-6731 or Julie 623-533-6236 or visit www.suncityballroomdanceclub.com



Educational Classes



Computer Club of Sun City

Our members come here to share computer knowledge and experiences, including current Microsoft Operating Systems, Chromebooks, Android Smartphones and tablets in a fun social

environment. This includes Windows 10, the internet, mobile devices, media, home, office and social. Members of the Club can come anytime that we are open and use our computers in the Member's Lab to check email, read the news and visit favorite websites. They use our scanner to scan their important documents, precious old pictures, prints, slides and negatives. Classes, special interest group discussions and presentations are both entertaining and educational.

We have two entire classrooms equipped with Windows 10 computers and many classes using Microsoft 10 are scheduled. Classes are usually announced at least two weeks before and require club membership. You'll need to come to the club to pre-registration. Register early as they do fill up fast.

Workshops. Workshops offer a new form of learning experience for Club members. They are focused, informal, hands-on, and with smaller groups. Topics of the Workshops are targeted to a specific topic and will be related to PCs or Android Devices. Tables are arranged for members to use with their own laptop, tablet, or phone.

All RCSC cardholders are welcome to join the fun! In September, you can join our Club by attending a short "Join Us" presentation on any Wednesday or Friday. Come in anytime between

9a to 10:30a. It only takes a few minutes to join! Come to our club for more information, or visit our Club Website: www.firstsuncity.com

The Computer Club of Sun City is on the 2nd floor of the Fairway Recreation Center
Summer Hours: Mon - Sat: 8am to Noon.

First Week

Round Table Discussion on Sept 2 at 9 am
Windows 10 Workshop, Sept 8 at 9 am
Computer Clinic on Sept 9 at 9 am
Investors SIG on Sept 10 at 9 am

Second Week

Internet Email SIG, Sept 12 at 9a
Operating System, Windows 10 Class, Sept 12, 13, 14 and 16 from 9a to 11a
Computing 101 Class, Sept 13, 14 and 15 from 9a to 11a
Backup and Recovery SIG, Sept 15 from 9a to 10:30a
Monitor Training, Sept 15 from 11a to Noon
Computer Clinic, Sept 16 at 9a

Third Week

Android for Beginners SIG, Sept 19 at 9a
File Explorer using Windows 10 Class, Sept 19, 20 and 21 from 9a to 11a
Android Beginners Workshop, Sept 21 at 9a
Computer Clinic, Sept 23 at 9a
Investors SIG, Sept 24 at 9a

Fourth Week

Microsoft Windows SIG, Sept 26 at 9a



Spanish Club - El Círculo Español

Although summer classes have ended, the Spanish Club still has these upcoming events:

Tuesday 9/27: 5pm; outing to Rio Mirage Café, 12245 West Santa Fe Lane, El Mirage, AZ, email RSVP SunCitySpanishClub@gmail.com or 623-974-0906

Thursday 10/20 - 5:30pm: class signup/general member meeting; Fairway Arizona Rooms 1 & 2

Tentative 2016-2017 Class Schedule: Classes begin October at Fairway classroom except as noted
Beg Conversation: Mon 9a-11a; Starts 11/7

Inter Conversation: Mon 11am-12:50pm; Starts 10/24
Beg Lvl 1: Text* (Chap 1-14) Mon 11am-12:50pm; Starts 1/9/17

Beg Lvl 2: Handouts; Mon 1-3pm; Starts 10/24

Inter Spanish: Handouts; Mon 3-5pm; Starts 10/24

Drop-In Workshop: Tues 10-11:30am; Starts 1/3/17 (Rm 133)

Beg Lvl 2: Text* (Chap 15-27) Wed 8-10am; Starts 11/2; Videos: "Destinos" (ep.1) Wed 12-2pm; Starts 11/9

Beg Lvl 1: Text* (Chap 1-14) Wed 2-4pm; Starts 1/4/17
Beg Lvl 3: Text* (Chapter 28-38) Thur 9-10:30am; Starts 1/5/17 (Rm 133)

Inter Conversation: Thur 10:30am-noon; Starts 10/27

***Text Info:** Spanish Made Simple by Eugene Jackson & Antonio Rubio; Revised by Judith Nemethy

Class Pre-requisites:

Beg Lvl 1: Anyone

Beg Lvl 2: Recent class experience;

Inter Lvl 1: Some knowledge of basic tenses;

Inter Lvl 2: Comfortable w/simple speaking & reading (literature);

Int Conversation: Conversation w/occasional use of dictionary

Annual Membership: \$7; includes as many classes as you like. Many social events allow members to bring a guest. FMI SunCitySpanishClub@gmail.com or visit Sunaz/Spanish-club/ or 623-466-5011

*Beg = Beginning; Inter = Intermediate



SunMacs Computer Club

We are currently closed August 1 - September 12 for our Summer Break. Summer hours (when our club is open only in the mornings) are Tuesday and Thursday, 8:30 - 10:30am, begin on May 3 and end on October 27. Our next General Meeting will be on Saturday, November 12. Topic will be announced later. Visit our website . . .

P.S. We're always looking for suggestions of programs you really want and need in our monthly-meeting programs. Please let us know what you'd like!

We specialize in assisting our members with Apple Products and Software. Located at Sundial; RCSC card required for membership. Annual dues: \$20 single/\$30 couple. We offer Classes, Round Tables and Socials free to club members. Some classes require pre-registration. Visit www.sunmacs.org or our club room (933-5300) FMI

Life Long Learning

The Lifelong Learning Club of Sun City offers learning opportunities for residents presented by volunteer instructors who bring a lifetime of teaching, learning and experience in many facets of life. Membership is open to all RCSC Cardholders.

Classes are held at Fairway Recreation Center. Annual dues of \$20 allow club members to attend up to 15 classes each semester and must be paid upon registration. Also required is a valid picture RCSC ID card. FMI 623-533-5756

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Thank you for the important info you cover on local matters that all Sun City West residents should know. I appreciate a local newspaper that my Wall Street Journal is unaware of.

William Cliff, Sun City West

We really appreciate you news coverage - keep up the good work!

Barbara Pitney, Sun City West

We have had this paper many years and enjoy every Wednesday.

Jane & Michael Chabak, Sun City West

We have advertised in the Independent for the past seven years. Over half of our business is generated because our customers read The Independent.

Susan Proctor, Cool Blew



Last season, our audience grew by more than 10% and I am able to say with certainty that your publications played a large role in our success. Our patrons often mention that they came across news of the West ValleySymphony while reading the Independent.

Leslie Fountain, President West Valley Symphony

The Independent is filled with community news, interesting articles and letters, and appealing color. We know that it is faithfully read, because of the response we have had from our advertising. Much of our growth can be attributed to the Independent, where we have advertised consistently throughout the years.

Ben Ahmann, Owner Design Array Garage Door Store

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Pete Markoutsis, JiMichael's Restaurant

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A UNIQUE COMMUNITY SERVICE NEWSPAPER

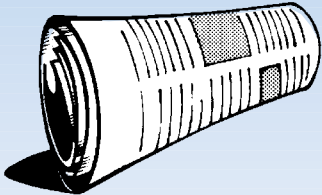
OUR MISSION

Our mission is to bring good journalism to the communities we serve. We try to provide citizens with the knowledge they need to participate fully in the community. This includes covering meaningful issues and trends, publicizing community activities and showing people how they can get involved.



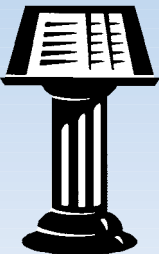
OUR GOAL

We want to provide each of our communities with the best newspaper the market can support. Each newspaper strives to be among the best of its size and type in the nation.



OUR STANDARDS

As a community institution, we strive to use good journalism to bring out the best in the community and its people. As a business, we are committed to achieving success on the high road, maintaining high ethical standards and seeking win-win relationships. As an employer, we encourage our people to develop their full potential.



OPEN DOOR POLICY

With many newspapers, it's hard to get something published in the paper. We essentially follow a policy of "if you get it to us and it's legitimate community news, we'll get it in." In fact, involving the community in routine news-gathering allows our editors to spend more time covering critical local issues and facilitating the community's discussion of those issues.



OPINIONS PAGE

Our opinion pages belong to the community. Everybody's views are welcomed. The editors do not push their own views on the community; instead they encourage the community's discussion of issues and seek out a broad range of opinions. To return to the values of the American Revolution, the newspapers offer a public forum in which citizens can express their opinions anonymously (edited to keep the discussions as open as possible, within the bounds of fair play). There are also letters to the editor and guest commentaries from experts on various topics.



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Meet Our Staff

Standing L to R: Diana Swens, Staffing; Kay Spofford, RN; Shelley Ouimette, Scheduling Coordinator; Mary Jo Cuttell, RN; Natalie Henrichsen, Sales and Marketing.

Sitting L to R: Janice Grady, Office Manager; Lola Judy, Owner; Jane Keys, Memory Care Specialist; Dot Scherr, RN.

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2016 Fall Sun Bowl Concerts

Free for RCSC Cardholders and their Escorted Guests*

Faded Jeans

Sunday, September 25, 2016 at 7pm

This energetic, five-piece band promises to start the 2016 Fall Sun Bowl Concert Series with a performance that will keep the audience dancing throughout the show and calling for more at the end of the night! Faded Jeans has something for everyone – from classic rock, R&B, pop and oldies to funk, rockabilly and the blues! As they say, "Nothin' Fits like Faded Jeans!"



RealTones

Sunday, October 2, 2016 at 6:30pm

Sun City AZ favorites, The RealTones, will be back with all the memorable hits from the 50s through the 80s, pleasing the audience with tunes that promise to keep the dance floor jumping! For the RealTones, the fun begins on stage. For the audience, the fun begins the moment the music starts with this crowd-pleasing band!



Johnny Cash Tribute

Sunday, October 9, 2016 at 6:30pm

James Garner's Tribute to Johnny Cash celebrates the life and music of the Man in Black with strong conviction and stunning accuracy. Garner and his band faithfully recreate Cash's biggest hits, such as "Folsom Prison Blues," "I Walk the Line" and "Ring of Fire," incorporating historical accounts and personal anecdotes about America's most beloved singer-storyteller in this not-to-be-missed musical event. The show promises to be a fun, classy and toe-tapping trip down memory lane honoring Johnny Cash's life and music, and the boom-chicka-boom sound of his signature band, the Tennessee Three.



CC Ryder Express

Sunday, October 16, 2016 at 6:30pm

Another great local band that guarantees a superb evening of entertainment, specializing in music from the 1950s through today's hits including the timeless classics to jazzy saxophone numbers and just about everything in between. Get to the Bowl and get in the mood for an incredible night of song and dance.



The Southwest Surfers – Beach Boys Tribute

Sunday, October 23, 2016 at 6:30pm

Get ready for a spectacular evening of oldies and surfin' tunes as the Southwest Surfers bring their unforgettable Beach Boys tribute to Sun City AZ. So "Hang on Sloopy" and "Help Me Rhonda" – we're gonna have some "Fun, Fun, Fun" tonight until Daddy takes the T-bird away!



Heartbeat

Sunday, October 30, 2016 at 6:30pm

Direct from Tucson, this great band returns to Sun City AZ for an encore show featuring the greatest top-40s rock and roll hits with music from the 60s, 70s and 80s – just the way you remember it. This show is certain to be a blast from past!



Company B: Veterans USO Show – Andrews Sisters Tribute

Sunday, November 6, 2016 at 6pm

Company B's tribute to The Andrews Sisters is extraordinary! Their passion for entertaining spans for nearly two decades and has been internationally recognized. Brimming with energy, excitement and camaraderie, these three ladies bring the 40's era back to life with some of the finest music ever recorded. These 'Sweethearts of the USO' are certain to captivate all who attend this special tribute to our veterans event with the rich vocal blend that only true sisters have. This show promises to be one heck of an impressive evening as you sing along to these great hits. You won't believe your ears!



The Platters with Tyrone Sweet

Sunday, November 13, 2016 at 6pm

Another show added! Bring those sweet memories from another era back as Sun City AZ welcomes one of the most successful vocal groups ever – with 40 singles on the Billboard Hot 100 charts between 1955-1967. Oooh what a night this promises to be!



* Be prepared to show your RCSC Member or Privilege Card (with photo) for entry; no key fobs accepted.

Free RCSC Events are paid for by RCSC Cardholders and are therefore intended for RCSC Cardholders and their escorted guests only. Your cooperation and understanding is greatly appreciated!



Gourmet Food Vendors arrive 1-1/2 hours prior to each show for your dining pleasure. Don't forget to bring your lawn chair or blanket!

Rain Location:

Sundial Auditorium at 103rd & Boswell Blvd.

For information regarding rain location and a recorded message, call 623-972-6014.