

SUN VIEWS

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SUN CITY
ARIZONA
RECREATION CENTERS
OF SUN CITY

Stay in the Know – Even on the Go!

As we head into summer, many escape the Arizona heat and Sun City AZ goes into a different mode.

Seeking shade becomes a high priority and swimming pools fill with Cardholders merely wishing to keep cool. “Stay hydrated,” is now the oft-stated mantra as we become hypersensitive to heat-related ailments. Stores are less crowded and getting a table at your favorite restaurant doesn’t come with an hour plus wait time. Patio misters hiss with cooling vapors while iced beverages are paired with lighter meals. We check in on our neighbors and keep an eye out for suspicious activity in your absence.

Many RCSC Clubs remain open over the summer and members enjoy the extra elbow room now available to work on their projects. We tend to get our exercise, chores and errands done earlier in the day and spend afternoons in air-conditioned comfort.

Keeping you entertained remains a high priority and we’ve got two great shows in store for you indoors at Sundial. In June we bring back Rollie Stevens for an encore performance and then it’s Jim Westover and the Promised Land Band in July with an “Elvis from Hawaii” tribute. If you’re in town, you’re sure to enjoy these “very cool” concerts, both of which are free for RCSC Cardholders and their escorted guests (turn to page 3 for more information).

Yes...life in Sun City AZ goes on even when you’re gone. But being out of town doesn’t mean you need to be out of touch. SunViews is always available for viewing online (<http://suncityaz.org>).

RCSC Board to Hold Evening Exchange Meeting on Monday, May 8

Looking to hear from Members that work full-time or have other daytime commitments, the RCSC Board of Directors will hold an evening Board/Member Exchange on Monday, May 8 at 6:00pm in the Lakeview Recreation Center, Social Hall 3.

Board/Member Exchanges are typically held on the second Monday each month (except July and August) and these sessions afford Members the opportunity to come and share their concerns directly with the Board.

The meeting agenda will be available online at www.suncityaz.org under RCSC/Board and Committee Meetings. Members can also receive meeting agendas directly by signing up for RCSC News Email Alerts via the Web Portal login.

In addition, RCSC Members are reminded that all Board Meetings and Board/Member Exchanges are now recorded and videos can be viewed on the RCSC YouTube channel.

Social Hall #3 is located on the upper level of Lakeview Center at 10626 W. Thunderbird Blvd. in Sun City.

org/rcsc/presscommunications/) and RCSC News Email Alerts are another great way to stay in the know. Manage your email preferences through the RCSC Web Portal and you can get as much or as little information as you please while you’re away.

Another option is to visit us on social media (Facebook, Twitter and Instagram) any time you want to see what we’re up to here simply by going to the suncityaz.org website and clicking on the icons located at the bottom of the home page. And depending upon your schedule, you can view RCSC Board Meetings and Board/Member Exchanges on the Sun City AZ YouTube channel; just remember that the Board does not meet in July and August.

Enjoy the summer! Whether you’re in town or traveling, Sun City AZ remains just a click away!

RCSC Offices Closed in Observance of Memorial Day; No Saturday Hours at SCVC

All RCSC Offices (Corporate, Human Resources, Cardholder Services and Clubs & Activities) and the Sun City AZ Visitors Center at Bell Center will be closed on Monday, May 29, 2017 in observance of Memorial Day.

The Sun City AZ Visitors Center will also be closed on Saturday, May 27, 2017 in observance of this holiday. In addition, the SCVC will resume their summer schedule and will no longer be open on Saturdays, from June through September.

All Recreation Centers (fitness, pools, spas), Bowling Centers and RCSC Sun City AZ Golf Courses will be open normal operating hours for Cardholder use and enjoyment over the Memorial Day weekend.

Memorial Day weekend is also the start of summer hours at several RCSC recreation centers (see box below). Hours over the summer at all other recreation centers remain the same.

RCSC Summer Hours

for Lakeview • Oakmont • Mountain View

Memorial Day weekend through Labor Day weekend

Begin on Saturday, May 27, 2017

Sunday 8am-7pm | Monday-Saturday 6am-8pm

Stay in the loop!
Get RCSC News Alert
Emails, sign up at:
www.suncityaz.org

Email addresses
remain confidential

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Connect with Sun City AZ



Last of the 2017 Spring Sun Bowl Concerts

Free for RCSC Cardholders & their escorted guests!



Join us for the remaining shows in this annual tribute to spring as we welcome RCSC Cardholders and their escorted guests to the final Spring 2017 Sun Bowl Concerts. Bring your lawn chair or blanket and have your RCSC Member or Privilege Card for entry (no key fobs accepted). Come early and enjoy offerings from gourmet food vendors who arrive 1-1/2 hours prior to each show. Or bring your own! Either way, plan for a great evening of entertainment every Sunday evening as we bring these great acts to the Sun Bowl stage. The Sun Bowl is located on 107th Ave. just south of Peoria Ave.

Jumping Jack Flash – Rolling Stones Tribute
Sunday, April 30 at 6:30pm

“Let’s Spend the Night Together” at the Sun Bowl with this repeat performance which promises all of the high energy antics and super stage presence in this great tribute to who many say are the rock & roll icons of music history – The Rolling Stones.



Doo-Wah Riders
Sunday, May 7 at 7pm

We’ll end the Spring 2017 Sun Bowl concert series with a little bit ‘o country as the Doo-Wah Riders come back to Sun City AZ for this final show of the season. Possessing the rare combination of many years’ experience and youthful drive, this band defines their sounds as “high energy country with a Cajun twist.” Tight musicianship and powerful arrangements of both classic and original songs make them favorites where ever they go! Ooo-eeee!!



PLEASE NOTE: In the event of inclement weather, shows are moved indoors to the Sundial Auditorium at 103rd & Boswell Blvd. For information regarding rain relocation and a recorded message, call 623-972-6014.

Thanks for making it another great season! See you back in the fall!



Casino Sun City Returns

Saturday, September 9, 2017 *
4 to 7:30pm
Sundial Auditorium

More tables! More action! More fun & excitement!

Free for RCSC Cardholders & their escorted guests only!

* Please note date change!

Want A Bigger Voice in Sun City AZ?

RCSC Candidate Packets Available June 1

While the RCSC Board of Director elections may be months away, it is not too early to begin thinking about giving back to the community by becoming a candidate for upcoming Board vacancies. There will be three vacancies to fill in this year's December election, with each being a three year term.

Candidate packets will be available for pick-up on Thursday, June 1, 2017. Those interested in obtaining a packet must make this request in person at the Corporate/Board Office at Lakeview Center (lower level) and present their RCSC Member card. The deadline for packet submissions is no later than noon on Friday, September 29, 2017.

Requirements to become a RCSC Board candidate:

- Must be at least fifty-five (55) years of age;
- Must not be related by marriage or birth to any other member of the

Board, Senior Management Staff, or Board Candidate;

- Must be a Deeded Real Estate Owner of property in Sun City, Maricopa County, Arizona;
- Must be a RCSC Member in good standing;
- Must reside in Sun City, Arizona and be available at least ten (10) months of the year;
- Must meet the requirements to hold an Arizona liquor license (RCSC holds liquor licenses which require Board officers to be included on the licensing);
- Must be eligible and available to serve a three (3) year term; and
- Must be available to attend Board Candidate Orientation(s).

Candidates must also submit a fully completed RCSC petition, signed by 100 or more RCSC Members in good standing, along with all other forms provided in the RCSC Candidate Packet.

A successful candidate will:

- Have a strong desire to serve Sun City, AZ;
- Be fair and courteous;
- Use good common sense;
- Have good communication skills;
- Be willing to work as part of a team;
- Ability to prioritize - policy and projects - which will have the greatest benefit for the most members; and
- Be willing and able to dedicate the necessary hours to be an effective Director.

Candidates will be introduced at both the October and November Board meetings and candidate forums that will be held in the fall. Forum locations and dates will be announced at a later time.

For more information, please contact the Board Office at 623-561-4620 or email boardoffice@suncityaz.org.

**Corporate Office**

Lakeview Center
10626 W. Thunderbird Blvd.
623-561-4600

Hours: Monday - Friday 7:30am to 4pm

www.suncityaz.org

Member Services (Clubs) Office

Lakeview Center

623-561-4660

Hours: Monday - Friday 8:30am to 4pm

Cardholder Services Office

Lakeview Center

623-561-4603

Hours: Monday - Friday 8:30am to 4pm

1st Saturday each month: 9am to noon

Recreation Centers

Bell Center: 623-876-3040

16820 N. 99th Ave.

Fairway Center: 623-876-3044

10600 W. Peoria Ave.

Lakeview Center: 623-561-4675

10626 W. Thunderbird Blvd.

Marinette Center: 623-876-3054

9860 W. Union Hills Dr.

Mt. View Center: 623-876-3042

9749 N. 107th Ave.

Oakmont Center: 623-876-3046

10725 W. Oakmont Dr.

Sundial Center: 623-876-3048

14801 N. 103rd Ave.

Sun Bowl Amphitheatre

10220 N. 107th Ave.

(weather recording)

623-972-6014

Softball Field

10220 N. 107th Ave.

Duffeeland Dog Park

14610 N. Del Webb Blvd.

Sun City Visitors Center

1-844-4 SUN CITY or 623-977-5000

Located in the Bell Center at

16824 N. 99th Ave.

Stay cool & be entertained at Sundial this summer!



Rollie Stevens

Wednesday,
June 7, 2017
@ 7pm

Sundial
Auditorium

Sun City AZ welcomes back this prolific songwriter & Phoenix firefighter for a great summer evening of cool, country entertainment indoors at the Sundial.

Rollie Stevens writes & sings about the West that he truly loves. As a youngster, he was greatly influenced by the songs of Marty Robbins, the king of Western ballads. Even though Rollie has now developed his own smooth singing style, he has often been compared to this legendary performer.

Rollie has won both Best New Male Vocalist award & Songwriter of the Year award from the Arizona Country Music Association for his song "Middle of a Heartache," co-written by Rose Diehl.

Rollie can impersonate almost any singer. Engelbert, Tom Jones, Dean Martin, Merle Haggard, Walter Brennan, and on and on "you never know what's coming out of me. I don't." And neither do we! Come & find out!

Free for RCSC Cardholders & their escorted guests

Be prepared to show your RCSC Member or Privilege Card; no key fobs.
General Admission Seating • Doors open @ 6pm



**Elvis
from
Hawaii
Tribute**



**Jim Westover &
The Promised Land Band**

Wednesday, July 19, 2017 @ 7pm
Sundial Auditorium

Free for RCSC Cardholders & their escorted guests

Be prepared to show RCSC Member or Privilege Card; no key fobs.
General Admission Seating • Doors open @ 6pm



Golf & Grounds Report

Pro Shops

February 2016 was a banner year with the help of good weather and leap year. February 2017, on the other hand, suffered with wet weather and posted the fewest number of rounds played during the month in the last four years. Coupled with a wet January, year-to-date rounds are at the lowest level since 2013.

The 2017 Can/Am event was well attended again this year, though down slightly from the 120 participants the year prior. Golfers from both countries proudly displayed their country's colors and flags during their round. The Canadian team won the cup in their 3rd try, winning 12 matches to the American team's 10 matches. Low net scores were divided between Americans and Canadians, with each country paying men and ladies winners. The men and ladies divisions were then broken down into four flights. We thank everyone that participated and look forward to 2018 and a full field.

We have scheduled our first night golf event of the season for April 15th at Lakes East Golf Course. Check-in will begin at 6:00 p.m., dinner will be served at 6:30 p.m. and play begins at 7:30 p.m. The event filled the maximum number of participants in a little over week after entries were made available. We look forward to a fun night under the stars.

The USGA will be updating rules on January 1, 2019. In advance of this change, the USGA has already released proposed changes in an effort to gather the feedback of golfers. The rules will be finalized in 2018, giving the USGA ample time to gather this feedback. In order to better educate Sun City AZ golfers on the upcoming changes, our resident USGA official, Missy Jones, has offered to do two formal presentations. The presentations are scheduled for Tuesday, April 4th and Wednesday, April 26th at the Fairway Center. The presentations will be held in Arizona Rooms 3 and 4 and will begin at 8:30 a.m. Both rooms will be set up to accommodate 200 persons.

Golf Courses

Beginning April 10th slow release fertilizer application will begin at Willow. We utilize an outside contractor for this application, which utilizes large tender trucks. The vendor is familiar with the golf courses and works with the golf superintendents to avoid damaging irrigation. This process is the most efficient way for this application. The process will be completed April 21st at South. The applications begin early enough in the morning to avoid disrupting play.

The combination of wet weather and unseasonably warm temperatures has spurred bermuda growth. Watering of the roughs has begun. Though the rough is not growing at a substantial rate, we have begun to mow these areas to keep them clean. There are some unwanted grasses in the rough areas that grow at a faster rate, mowing helps to keep the rough height even.



Register now for upcoming sessions of the "Get Golf Ready" program.

\$99 includes 4 group lessons, with the 5th lesson being a round of golf. Lessons held at Willowcreek Golf Course (unless otherwise noted). There are a variety of days and times, so pick the class that best fits your schedule. Sessions are limited to 8 students for each group, so be sure to sign up early!

Upcoming Sessions • April-May

April-May 2017 (Last class of season)

Golf Professional: Sarah Bakefelt (all lessons & final day of play at Willowbrook)
Wednesdays, Thursdays and Fridays - April 26, 27, 28, May 3 at 10:30am and Friday, May 5 - Play a round of golf at 9am; Second Group at 11am (Meet at 10:30am)

Contact Chris Linam @ 623-876-8419 or email to: clinam@suncityaz.org

Snack Shops

Snack shop sales in February were affected by the reduced number of rounds, with sales missing budget by \$4,813. On a positive note, savings in cost of sales and total expenses allowed the Snack Shops to post a \$196 positive variance to net operating excess.

Lawn Bowling/Grounds

During the last Lawn Bowling Committee meeting, options were presented to the committee to address the irregularities that exist at the Bell Center and Lakeview Center greens. The plan recommended to the committee was to use the funds from a held over Lawn Bowling project to correct issues on the Lakeview Greens, as the funds are sufficient for this project. The Bell greens will be budgeted for a more aggressive fix in 2018 that will address issues on the end rinks on both greens that are affecting the bias of the bowls.

Weeds still remain a priority and an issue at all centers, though they are becoming less prolific. Grassy areas are beginning to transition and are in need of additional watering. We are careful not to overwater areas that are part of our busy entertainment schedule. Landscape plants have started to grow and are trimmed as needed.



RCSC's 8 Golf Courses

Lakes East: (623) 876-3023
Lakes West: (623) 876-3020
10433 Talisman Rd

North: (623) 876-3010
12650 N. 107th Ave.

South: (623) 876-3015
11000 N. 103rd Ave.

Willowbrook: (623) 876-3033
Willowcreek: (623) 876-3030
10600 W. Boswell Blvd.

Quail Run: (623) 876-3035
9774 W. Alabama Ave.

Riverview: (623) 876-3025
16401 N. Del Webb Blvd.

RCSC's 5 Snack Shops

Menu Available at
suncityaz.org/golf/snack-shops/

May Snack Shop Hours
Open Daily 6am - 3pm



2017 RCSC Course Maintenance Schedule

Fairway Vericutting:

Thursday & Friday, May 11-12 • North
Monday, May 15 • Quail Run
Thursday & Friday, May 18-19 • South
Monday & Tuesday, May 22-23 • Lakes West
Thursday & Friday, May 25-26 • Lakes East
Thursday & Friday, June 1-2 • Riverview
Monday & Tuesday, June 5-6 • Willowcreek
Thursday & Friday, June 8-9 • Willowbrook

Fairway Aerification:

Monday & Tuesday, June 12-13 • Riverview
Thursday, June 15 • Quail Run
Monday & Tuesday, June 19-20 • South
Thursday & Friday, June 22-23 • Lakes West
Monday & Tuesday, June 26-27 • Lakes East
Thursday & Friday, June 29-30 • North
Thursday & Friday, July 6-7 • Willowcreek
Monday & Tuesday, July 10-11 • Willowbrook

Greens Aerification:

Thursday & Friday, July 13-14 • Riverview
Monday, July 17 • Quail Run
Thursday & Friday, July 20-21 • South
Monday & Tuesday, July 24-25 • Lakes West
Thursday & Friday, July 27-28 • Lakes East
Monday & Tuesday, July 31-Aug 1 • North
Thursday & Friday, Aug 3-4 • Willowcreek
Monday & Tuesday, Aug 7-8 • Willowbrook

Overseed Schedule:

- Riverview, Lakes West, Willowbrook and South • Closes October 9 & Opens October 28 • Cart Path Only until November 10
- North, Lakes East, Willowcreek and Quail Run • Closes October 23 & Opens November 11 • Cart Path Only until November 24

Volunteer Ranger Program

For more information about joining our program, please contact Chris Linam, Pro Shop Manager, at 623-876-8419 or email clinam@suncityaz.org. Next meeting is Thursday, May 25, 2017 at 1pm in Talisman Hall.

March 2017 High Scores

MEN'S HIGH GAME				WOMEN'S HIGH GAME			
Kevin Gawelko	300	Dan Wolverton	297	Lynda Bettini	300	Bev Spinck	241
Bill Spiva	300	Mike Rapaport	290	Brenda Burns	300	Annette Kail	232
John Babbitt	299	Kevin Gawelko	289	Julie Subica	278	Sandy Hanson	229
Glenn Rienecker	298	Johnny Gonzales	285	Lois Hale	268	Chris Gonos	227
Gary Werner	298	Don Meyer	280	ShirleyBraverman	255	Kathy Crowley	226
MEN'S HIGH SERIES				Jacqueline Smith	247	Vera Mcfadden	226
Bill Spiva	813	Don Meyer	725	Juli Bayer	242	Carol Blaze	225
Glenn Rienecker	796	Dick Ohnstad	725	Nancy Donielson	242		
John Babbitt	789	Robert Hayden	724	WOMEN'S HIGH SERIES			
Chuck Rehbock	787	Tom Adamowich	722	Lynda Bettini	784	Dee Dee Garrett	626
Fred Jones	779	Terry Stevenson	720	Brenda Burns	748	Annette Kail	623
Johnny Gonzales	773	Bob Fenty	718	Juli Bayer	697	Mary Dengler	614
Larry Beranek	772	Joe Abel	717	Julie Subica	695	Darlene Spiva	608
Bruce Lamb	760	Fred Glendenning	717	Shirley Braverman	683	Chris Gonos	607
John VanDrie	747	Richard Grudzien	715	Jacqueline Smith	657	Alice Van Gordon	606
Lloyd Johnson Sr.	745	George Cameron	714	Kathy Crowley	637	Vera Mcfadden	605
Jeff Kulpins	745	Mike Knudson	713	Bev Spinck	629		
Ken Kuhfuss	739	Dale Stoltenow	713				
Frenchy Laberge	737	Dan Wolverton	731				
Gary Werner	743	Gary Demeny	712				
Roger Althaus	740	Cal Shirey	712				
Art Phillips	738	Richard Argust	711				
Raymond Kennedy	735	Mike Merryman	710				
Roger Beebe	734	Mike Friedrichs	709				
Richard Slager	733	Matt Silvers	708				
Brian Stano	733	Harry Green	707				
Gary Studdard	733	John Marvel	707				
Tim Gothro	732	Rich Matich	706				
Brian Lawlor	729	Alan Wagner	705				
Scott Satterlee	728	Fritz Haverstick	704				
David Haley	727	Jim Bungard	703				
Larry Spitali	727	Fred Fulmer	701				



Get signed up today!



Bowling Leagues

Get ready for some cool times this summer at both RCSC Bowling Centers.

Pick a day, pick a time, pick a center - we've got lots of league options for you - both team & individual spaces available!

Stop by either Lakeview or Bell Lanes and get signed up today.

George's Lakeview Cafe

From our Family to Yours!

Spaghetti & Meatballs \$6.99
Add Soup or Salad for \$1.00
Sunday & Monday - 1pm to Close

Fish 'n Chips \$8.99
9 Oz. Cod or Walleye, Coleslaw & Potato
Wednesday & Friday



**Hours: M-Sat 7am-8pm;
Sun 7am-6pm**
Inside Lakeview Lanes
623-876-3057

29th Annual SUN CITY Open Tournament

ARIZONA

April 29-30 & May 6-7 @ Lakeview & Bell Lanes

All squads start at 10am

Cost/Bowler: \$20/Event • All Events: (Optional) \$4

Open to all USBC Certified Bowlers 50+ years old

- Low cost lineage - more to the prize fund!
- No price increase!
- Optional Scratch Event!
- Kegel Lane Walker!
- Kegel Fire Lane Conditioner!
- House Pattern – No Surprises!
- Brunswick ProLane!
- Lanes conditioned between each squad!
- Clean, state of the art, high-scoring bowling centers!
- Easy access from freeways!
- Standings posted on web promptly!
- Ample parking at both centers!
- Bowlers welcome from other states and associations!
- No USBC transfer fees!

Entry forms are online at www.suncityaz.org under the Bowling tab
For more info call 623-561-4652 or email suncityopen@suncityaz.org

RCSC Bowling Centers

Lakeview Lanes

10502 W. Thunderbird Blvd.
623-876-3055

Monday-Saturday: 8am-8pm
Sunday: Noon-6pm

Billiards at Lakeview Lanes, too!

Bell Lanes

16810 N. 99th Ave.
623-876-3050

Monday-Saturday: 8am-8pm
Sunday: Noon-7pm

Darts, Shuffleboard & Billiards at Bell Lanes!



Year-Round Bowling Rates - Cardholders: \$2.65 | Guests: \$2.90 (per Game)

The restaurant space at Bell Lanes is currently under renovation!

Watch this space for the grand opening of George's Cafe at Bell coming in Summer 2017!

Same great food with two Sun City AZ locations!

RCSC Travel & Tours

Make your plans now to get-away!

RCSC works exclusively with tour providers who offer travel opportunities that promise to meet or exceed your expectations. With safety and comfort in mind, each trip is planned to the last detail, ensuring your experience is a memorable one. Detailed itineraries for each trip are available that include all information on travel arrangements, which meals are provided (if applicable), tours scheduled and the like. Whether your getaway includes a flight across the country or a leisurely motorcoach ride to one of the area's outstanding tourist attractions, you'll find traveling with RCSC tours a great value for your vacation dollar!

Tours can be purchased Monday through Friday in the Lakeview Clubs Office or by phone from 8:30am to 4:00pm. Visa, MasterCard, Discover, cash or checks accepted. Tours are for RCSC Cardholders and their guests only. Cardholders should have member card available, must accompany each trip and may purchase a maximum of six tickets. Day tours depart from Bell Center. All tours are non-refundable. Please inquire about trip cancellation protection offered by All Aboard America (AAA) and Free Spirit Vacations (FSV) for overnight tours. Call 623-561-4660 for more details or visit www.suncityaz.org/travel where you can now find the complete itinerary for every trip!

Overnight Trips

May 9-11, 2017 (Tuesday-Thursday)
Lake Powell with Canyon Adventure Boat
Tour & Jeep Tour of Antelope Canyon | AAA
\$678pp double | \$849pp single

May 11-17, 2017 (Thursday-Wednesday)
Holland Tulip Fest & Mackinac Island | FSV
\$2,825pp double | \$3,775pp single |
Includes airfare | \$700pp deposit



June 26-29, 2017 (Monday-Thursday)
Durango & Mesa Verde & Choice of Silver-
ton Railroad Train Ride or Rafting Trip | AAA
\$599pp double | \$946pp single | \$200pp
deposit; balance due May 26

July 1-2, 2017 (Saturday-Sunday)
An Evening with the Stars and the 84th
Annual Hopi Festival in Flagstaff | FSV
\$240pp double | \$325pp single

July 3-6, 2017 (Monday-Thursday)
Celebrate the 4th in San Diego | AAA
\$999pp double | \$1,399pp single | \$150pp
deposit; balance due June 1



August 17-25 2017 (Thursday-Friday)
WA State Waterways & Nat'l Parks | FSV
\$2,575pp double | \$3,650pp single |
\$100pp deposit; balance due July 3



**You'll find more great
tours & trips online at
www.suncityaz.org/recreation**

October 9-12 2017 (Monday-Thursday)
Northern California National Parks &
Wonder Valley Ranch | FSV
\$1,695pp double | \$3,1825pp single |
\$600pp deposit; balance due August 29



October 10-13, 2017 (Tuesday-Friday)
2017 Albuquerque Balloon Fiesta | AAA
\$885pp double | \$1,185pp single | \$200pp
deposit; balance due Sept 10
**Reservations must be made 90 days in
advance of departure!**



March 6-7, 2018 (Tuesday-Wednesday)
Yuma and Algodones Overnight | FSV
\$145pp double | \$199pp single



Day Tours

May 13, 2017 (Saturday)
No Time for Sergeants | AAA
Depart 11:00am | Return 6:30pm (est)
\$105pp



May 14, 2017 (Sunday)
McCormick Ranch Champagne Brunch | AAA
Depart 9:30am | Return 3:00pm (est)
\$99pp

May 17, 2017 (Wednesday)
Granite Creek Winery with Lunch | AAA
Depart 10:00am | Return 4:30pm (est)
\$99pp



June 9, 2017 (Friday)
Classic Homes Tour with Lunch | FSV
Depart 9:00am | Return 5:00pm (est)
\$99pp

June 10, 2017 (Saturday)
Prescott Arts & Crafts Festival | AAA
Depart 8:30am | Return 4:30pm (est)
\$65pp



June 15, 2017 (Thursday)
Tonto Natural Bridge near Payson | AAA
Depart 7:30am | Return 5:00pm (est)
\$99pp

**Turn to page 12 for sporting
events/tours!**



Copies of itineraries can be requested in the Lakeview Club Office, Monday-Friday from 8:30am-4:00pm and are also available online at www.suncityaz.org/recreation/activities.
Single residents can request their name be added to a list for "sharing a room by gender" with another resident for overnight tours.

Space on tours is very limited! Make your reservations with RCSC Travel & Tours today!

A Moment with President Hoffer -

Give Them a Pat on the Back!

You may not spend much time noticing them. They do their jobs in almost total anonymity, and yet, they are there for us all the time, twelve months of the year. They may give you a smile, or a nod as you make your way to the pool or the spa, or help you at the golf course or the bowling alley. They are of course, the employees of the Recreation Centers of Sun City, Incorporated!

I've been amazed at the work of our employees over the past couple of years. Our Senior Management team is one of the best I've seen in any industry. The amount of hours these folks put in just to make sure that we are all able to enjoy our retirement is the most fascinating thing out there. I have personally been in the Board Office as early as 4am, and as late as midnight, and there have been several times I have seen our employees there toiling away.

Oh, I'm not going to tell you that they don't make mistakes, or that they don't have bad days; they're human after all. But to see the dedication, the desire to help, the teamwork, the ability to make sure that the job gets done is uncanny. Anyone that has spent time in pretty much any industry, and then watches these employees has to come away shaking their head in awe. I can tell you that after spending 35 years in what I considered a "fun job," I don't think I ever was able to muster the kind of love of job that I've seen out of our RCSC personnel.

The amazing thing is, they don't do it for love of money. Yes, they do make a living out of it, but whether they are a Facilities Attendant, or a Starter at a golf course, or one of the senior brass, they have a deep, unending desire to help people enjoy their retirement years. In my mind, that's impressive as can be. Very few watch the clock. Fewer still are grumpy, or sour when you have a question. These are folks that truly want to make a difference in your life. And for the vast majority of them, they do.

When you consider that the RCSC only employs about 375 people...part and full time...and that's to run all of our facilities pretty much every day of the year, the amount of work these people do is stunning!

So do me a favor - next time you're at an RCSC facility, and you see someone wearing one of those really crazy looking Hawaiian shirts, stop them and say, "Thank you!" They certainly deserve it!



Rich Hoffer
2017 RCSC Board President

NEW for 2017!
Meet with The Board
One-on-One; No Hassles, No Crowds! Share your ideas!

Come and discuss your individual situation or concerns at the next session of Meet with The Board:

- Friday, May 19, 2017 - 1 to 3pm
- By appointment only from 2-3pm - Call 623-561-4600 to schedule a meeting time (limited to 10 minutes)
- Lakeview Board Office (Lower Level)



- 2017 RCSC Board of Directors
- Phone: 623-561-4620
email: boardoffice@suncityaz.org

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This Month @ The Board - May 2017
****PLEASE NOTE: All dates are subject to change. For the most up-to-date information, check suncityaz.org or pick up a copy of "This Month @ The Board" at the Lakeview Corporate Office.**

Board/Member Exchange	Monday, May 8, 2017 @ 6:00pm	Lakeview Social Hall #3
Regular Board Meeting	Thursday, May 25, 2017 @ 9:00am	Sundial Auditorium
Committee Meetings:		
Bowling Committee	Thursday, May 4, 2017 @ 9:00am	Lakeview Board Room
Ad Hoc Long Range Planning Committee	Friday, May 5, 2017 @ 11:00am	Lakeview Board Room
Outreach & Communications Committee	Tuesday, May 9, 2017 @ 9:00am	Lakeview Board Room
Club Organization Committee	Wednesday, May 10, 2017 @ 10:00am	Lakeview Board Room
Lawn Bowling Committee	Tuesday, May 16, 2017 @ 1:00pm	Lakeview Board Room
Elections Committee	Wednesday, May 17, 2017 @ 1:00pm	Lakeview Board Room
Golf Advisory Committee	Thursday, May 18, 2017 @ 8:30am	Lakeview Board Room
Ad Hoc Long Range Planning Committee	Friday, May 19, 2017 @ 11:00am	Lakeview Board Room
Entertainment Committee	Tuesday, May 30, 2017 @ 1:30pm	Lakeview Board Room

The following committees do not have meetings scheduled this month: Finance & Budget, Insurance and Properties

Sun City Foundation



"Neighbors Helping Neighbors"

The next Sun City Foundation meeting will be held on Thursday, May 11, 2017 at 1:00pm in the Lakeview Center Board Room.

Management Updates

Financial Report:

We have operated within our operating and capital budget year to date. Each financial division has ended February 2017 in a positive variance from budget, regardless of the fact that again all of the divisions, excluding bowling, had less income than budgeted for the month.

All divisions except golf ended in a positive net operating variance from budget year-to-date. However, although golf’s revenue fell short by \$103k year-to-date, net operating variance only fell short by \$26k.

Bowling:

As fall leagues are nearing the end of their season and the bowling centers are preparing contracts for the 2017/2018 season, all leagues were notified of price increases and contract changes. League contracts are created for the purpose of guaranteeing league pricing, start times and number of lanes used. The contracts also notify leagues of all bowling and RCSC corporate policies and procedures.

Each season we provide all team captains with an information sheet for each bowler on their team. Captains are asked to verify that all contact information is correct. Beginning this season, we are encouraging bowlers to provide their email addresses so they can be notified of any information pertaining to their league including the league start, end, and meeting dates. Previously, we relied on league officers to contact bowlers, however, we feel the new system will be more efficient and reliable by putting the bowling centers in direct contact with all league bowlers.

Cardholder Services:

Payments on past due assessments continued positive in February at 11.5% of past due balances with net past due balances having the largest monthly decrease in almost a year. While total accounts receivable increased by 1.7% in February the overall past due balances decreased again in February by 11.2%. The reduction in past due balances was again offset by a larger increase in current category receivables. January assessments went 30 days past due at a 5% rate, which is back below the average for the past 12 months after a spike in January. December assessments went 60 days past due at a 3.7% rate which continues to be higher than the prior 12-month average.

Payments from our third-party collections firm were lower in February with the year to date total of \$30,480 being below the 2016 year to date total by 8.5%.

Payments made by Cardholders through the online RCSC Web Portal also continued strong in February with payments totaling \$100,149 from 236 property owners.

In February, property transfer related balances increased by 1% and lender owned related balances decreased by 18%. Outstanding balances related to property transfers represent approximately 55% of all receivables due and 52% of past due balances. Trustee sale notices on Sun City properties held steady at 50 properties at the end of February. The number of properties owned by lending institutions decreased again this month to 12 properties. While the number of properties owned by lenders is extremely low compared to 2016, the number of properties with trustee sale notices is up by 22% in February from last year which may result in increased lender owners later in 2017.

Human Resources:

The Bureau of Labor Statistics through the U.S. Department of Labor requires certain employers to annually participant in a survey providing information on occupational injuries and illnesses. Their purpose is to provide the Department of Labor with accurate information about the safety record of American workplaces. RCSC is a selected employer and we recently provided required information including: annual average number of employees, total hours worked by all employees and information on each work related injury/illness in 2016.

During the first quarter of 2017, RCSC has hired 18 individuals. Eighteen others have left the company for various reasons.

Last week the Director of H.R. met with a Senior Risk Control Consultant from Travelers, RCSC’s workers compensation insurance provider. The consultant reviews RCSC’s work practices regarding employee safety and provides guidance in maintaining a safe environment.

Member Services:

March is by far the busiest month for Events and Entertainment here in Sun City AZ and we did this month up right. One of These Nights, the #1 Eagles tribute band started off the month, followed by the 5th annual Dancing with the Sun City Stars, Las Vegas Bee Gee’s Gold, Sam Morrison’s tribute to Bob Seger with Turn the Page, Bobbie Brooks Wilson (son of late, great Motown legend Jackie Wilson), Rob Caudill as Rod Stewart, Las Vegas performer Cookie Watkins as Tina Turner, the Eric Clapton Experience, and we closed out the month with the Heart of Rock & Roll a Huey Lewis tribute.

As we continue to enjoy the great weather at the Sun Bowl in April, remember that all shows in April begin at 6:30 pm. This Sunday, April 2, we welcome another hit Las Vegas show as we present the Doobie Brothers Tribute band.

On Saturday, April 8 at the Sundial Auditorium we will host the second annual Sun City Senior Prom with a Masquerade Ball theme. So find a mask, dress to impress and join us at the Prom. Music will be provided

(continued on next page)

Financial Report

Period Ending - February 2017
For a more detailed financial statement, please visit www.suncityaz.org/financials

BALANCE SHEET

For the Period Ending February 28, 2017

	Current Y-T-D	Prior Y-T-D
<i>Unrestricted Funds:</i>		
Cash Invested/On Hand/In Bank	9,302,790	9,069,554
Cash Reserves	2,500,000	2,500,000
Sub-Total Unrestricted	11,802,790	11,569,554
<i>Restricted Funds:</i>		
PIF/Capital Reserve	15,588,426	11,049,659
Total Cash & Investments	27,391,216	22,619,213
<i>Other Current Assets:</i>		
Accounts Receivable	3,036,806	3,070,268
Deposits & Prepaids	1,669,044	1,739,920
Inventory	117,355	119,460
Total Current Assets	32,214,421	27,548,861
<i>Fixed Assets:</i>		
Land, Improvements, Buildings	102,199,026	95,499,900
F, F & E and Vehicles	27,951,033	26,600,970
Less: Accumulated Depreciation	(65,692,581)	(61,147,629)
Work In Progress	5,717,188	8,336,296
Total Fixed Assets	70,174,666	69,289,537
TOTAL ASSETS	\$102,389,087	\$96,838,398
<i>Current Liabilities:</i>		
Accounts Payable and Other	1,227,021	1,469,020
Deferred Income	6,992,647	6,684,663
Pre Billed Assessments	2,753,796	2,584,400
Total Current Liabilities	10,973,464	10,738,083
<i>Other Liabilities:</i>		
Lease Purchase	0	0
Total Liabilities	10,973,464	10,738,083
<i>Net Worth:</i>		
Current Net Worth	91,415,623	86,100,315
TOTAL LIABILITIES and NET WORTH	\$102,389,087	\$96,838,398

STATEMENT OF INCOME AND EXPENSES

For the Period of February 28, 2017

	Current Y-T-D	Prior Y-T-D
<i>Operating Income:</i>		
Property Assessments	1,926,075	1,861,406
Transfer & Access Fees	159,975	106,538
Privilege & Guest Cards	228,949	216,034
Food / Liquor Sales	139,617	146,886
Bowling Fees	148,645	152,810
Golf Fees	1,314,829	1,337,937
Cart Rentals	47,423	52,949
Merchandise Sales	33,262	38,968
Activities Income	143,169	165,263
Rental Income	63,907	58,170
Contributions	6,972	7,413
Miscellaneous Income	4,312	3,501
Total Operating Income	4,217,135	4,147,875
<i>Cost of Sales:</i>		
Total Cost of Sales	139,338	158,893
Gross Income	\$4,077,797	\$3,988,982
<i>Operating Expenses:</i>		
Salaries and Wages	1,236,989	1,105,513
Payroll Taxes and Benefits	356,582	348,052
Repairs and Maintenance	367,088	307,584
Utilities Expense	429,307	422,213
General Operating Expenses	240,566	292,397
Total Operating Expenses	2,630,532	2,475,759
Net Operating Income	\$1,447,265	\$1,513,223
Other Income:	15,373	31,782
<i>Other Expenses:</i>		
Property Taxes	24,982	24,875
Insurance	79,782	72,181
Other	1,269	1,241
Net Income Before Depreciation	1,356,605	1,446,708
Depreciation:	708,528	647,680
NET INCOME / (LOSS)	\$648,077	\$799,028

RCSC Management Reports are presented at RCSC Board of Directors meetings each month (except July and August), posted on the website at www.suncityaz.org (under the RCSC tab), and are sent via email to RCSC Cardholders who have signed up to receive RCSC News Email Alerts. These reports were presented to the Board at the meeting on March 30, 2017.

Project Updates

General Information

Have you noticed that the RCSC has completed several lighting upgrades at its recreation centers clubrooms, restrooms, parking lots, activity areas and the Riverview pro shop? Some lighting installations that really stand out include the Sundial auditorium, Sundial parking lot and various club rooms such as Bell Crafts, Lakeview Sew N Sew and Sundial Palo Verde Artists just to name a few. This year, LED lighting will replace the florescent tubes under all solar carports and light up the Bell mini-golf course like never before. Several restroom remodels will also incorporate LED lighting into their 2017 renovations.

Sundial Center

- The broken tile cap on the block walls leading into the mall area, from the east and west parking lots has been removed and new colored 16”x8”x4” block has been installed. This repair is now complete. Contractor was Ken McIntyre Construction (cost – \$10,060).
- Construction is now underway at the eleven (11) Sundial bocce courts. Repair and maintenance work includes removing the old turf, re-leveling the courts, installing new turf and painting the block borders around each court. Contractor is Ken McIntyre Construction (cost – \$111,700).

Willowcreek / Willowbrook Pro / Maintenance

- A new counter top with drawers was recently installed under the new aluminum bulletin boards outside the Willowcreek/Willowbrook pro shop. Contractor was the RCSC Skilled Trades cabinetmaker (cost – \$160).
- The Willowcreek/Willowbrook/Skilled Trades maintenance building is progressing very nicely. Completion is expected in April 2017 after APS completes a transformer cutover. Contractors include Doege Construction (formally DVP Professional Builders), CCBG Architectural and Bunger Steel (PIF Cost – \$1,881,825).

Bell Center

- A new Facility Attendant “Welcome” desk with quartz top has been installed in the Fitness Lobby. Contractors were Lee’s Countertops and the RCSC Skilled Trades cabinetmaker (cost – \$3,350).
- New parking lot handicap signs and posts have been installed in the east lot. Contractor was the RCSC Skilled Trades Facility Maintenance Technician (cost – \$1,800).
- The Bell Lanes east restrooms are scheduled for renovation which includes new sheetrock, paint, tile, counter tops, toilets, urinals, partitions, flooring, lighting, exhaust fans and doors. The restrooms will close to Cardholder use and demolition will commence April 17, 2017. Contractor is Doege Development (cost – \$120,026).
- Cool decking repairs were done under warranty on the Bell pool deck. The repairs took the week of March 20th to complete and the pools and outdoor spa were re-opened on March 27, 2017.
- The hexagonal kiosk between the library and the Visitor Center has been demolished (actually it pretty much fell down) and a new triple faced block information wall finished in rock and stucco is being erected. The wall will incorporate three LED lighted 60” x 48” outdoor bulletin boards. The wall is part of the Visitor Center remodel and paid for by the estate of Leta J. Lyon Murphy. Contractor is Ken McIntyre Construction.

Lakeview Center

- New vertical window blinds and arcadia door blinds were installed in Social Halls 1-3 in early March 2017. Contractor was Budget Blinds (cost – \$3,552).
- Eight water line tiles were replaced on the Lakeview pool and caulking was applied where needed under the pools cantilever edge. Contractor was Poolman, LLC (cost – \$485).

Fairway Center / Quail Run Pro Shop

- Two conventional 100 gallon water heaters are being replaced with two new “Rinnai” tankless style water heaters coupled with two 119 gallon storage tanks. Contractor is Sunland Plumbing (cost – \$21,854).
- The Fairway walking track is scheduled for repairs and recoating the week of April 17, 2017. Contractor will be Dynamic Sports Construction (estimated cost – \$35,000).

- Bid requests have been sent out for a new Quail Run monument sign which will be set between two existing brick columns. The sign will be illuminated using LED strips within the sign cabinet. Designs for two very different signs are currently being circulated at Quail Run for golfer input.
- Parts are currently on order to replace the two damaged brass cow tongue drains, sign post and stucco repair on the south side of the Fairway library. The damage occurred by a driver who lost control of their vehicle.

Skilled Trades Department

- The RCSC Skilled Trades Department completed 260 work orders during the last two weeks of February 2017 and the first two weeks of March 2017.

Centers Operations

- A purchase of eight (8) stools and two (2) tables has been made for the billiards room at the Bell Center. The cost was just under \$2,500.
- Congratulations to Leon Smeaton for his recent 10-year anniversary with the RCSC. He has been an essential part of the staff at Quail Run Golf Course all these years.
- A new Clarke Scrubber was recently purchased for use in the Sundial locker rooms and rest rooms. The sqaure pad makes it very easy to clean corners.

Conclusion

This board report will be the last one I give in person as Assistant General Manager. As per my request, I will be moving into my new RCSC position as Building and Infrastructure Manager on April 1, 2017. At this time, I would like to say that I have thoroughly enjoyed attending RCSC Board meetings for the last 12-1/2 years and have been amazed by the lively discussions coupled with statements of admiration and appreciation between a bazillion Board of Directors and Cardholders alike. As I take on this new pursuit I do so with respect and gratitude for all fellow Sun Citian’s who care deeply about this community and work harmoniously to keep Sun City AZ the BEST retirement community on the planet! May God bless all of you and be sure to say hi when you see me out and about at all of the wonderful RCSC facilities.

Management Updates

(continued from previous page)

by Johnny K and Kompany. This event is free for RCSC Cardholders and their escorted guests; however, we are limiting the attendance to 500 people so you must get a ticket in advance at the Lakeview Clubs & Entertainment Office no later than this coming Monday, April 3.

The next night, Sunday, April 9 we will welcome to the Sun Bowl stage Mogollon, the Premier Country Rock Entertainment Group of the West!

Then on Saturday morning, April 15 at the Sun Bowl is our very popular annual Easter Egg Hunt separated by age groups. We’ll also have face painting, a petting zoo and pony rides so bring your grandchildren and celebrate with us.

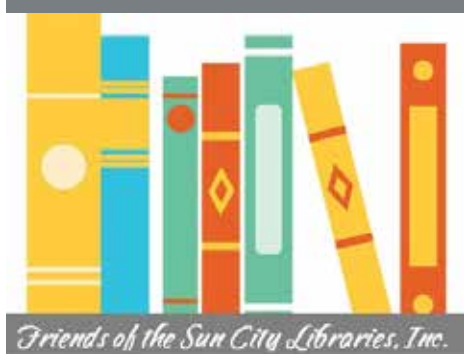
On Easter Sunday we hold our annual Sunrise Service at the Sun Bowl. Presented by Pastor Brady Abel of the United Church of Sun City, the service begins promptly at 7am. Please remember to bring your own lawn chair for this special Sun City AZ tradition.

That same evening, April 16 we welcome to the Sun Bowl stage Savor, a Santana Tribute and on Sunday, April 23 the Hamptons. We close out the month on Sunday, April 30 with the ever popular Rolling Stones Tribute band Jumping Jack Flash!

Remember, all Sun Bowl shows are free for RCSC Cardholders and their escorted guests. Be sure to have your RCSC Member or Privilege Card (with photo) at each of these events as key fobs are not accepted.

General:

For those who may not be aware, the monthly management reports are available on our website www.suncityaz.org under the RCSC tab. Also, if you have not done so already please sign up on the RCSC email list where you can designate topics of interest and stay in the loop with RCSC news alert emails!



News from Friends of the Libraries

The Merry, Merry Month of Can

The other day I was in a store, and the clerk said, "Can I help you?" My reply was, "How would I know?" He looked at me as though I were crazy. Although he could be partially correct, I was trying to use this as a teachable moment. Any dictionary would have told him "can" is defined as "be able to" while "may" is defined as "expressing permission." He should have asked, "May I help you?" My explanation may not change his misuse of the English language. In fact, it is probably more accurate to say, "My explanation can not (cannot) change his misuse of the English language. Enough of this; welcome to the merry, merry month of May.

The Friends Volunteer Appreciation Dinner was the merriest of events. This annual showing of appreciation for the nearly 100 Friends volunteers was highlighted by some very special recognitions. The Friends Board of Directors, Board Advisors, and Library staff of both Libraries were introduced and thanked for a job well done.

Sue Painter, who completed her six year term on the Board, was recognized for her service as treasurer, Board member, and Bookstore volunteer. She ranks at or near the most volunteer hours each year. Before serving on the Board, Sue was the RCSC representative to the Friends Board. Sue said she had no intention of leaving the Friends. She will continue to assist with financial affairs and to work in the Bookstore.

One seldom gets to retire twice; but Mildred Stevens did. After her working days, she started volunteering for the Friends. Mildred retired from her "job" with the Friends in 2016 with over 7,000 hours of service in her 20 years of volunteer service. Likewise, Norma Hoffman retired as a Friends volunteer with 20 years of service. She worked in the library, as well as Books Around the Corner. Both women were honored at the Appreciation Dinner.

Each year, the Friends recognize their Volunteer of the Year at the Annual Dinner.

This year three were identified:

- Karl Watjen (left) was named the Library volunteer of the year;
- Monica Fallon (center) was honored as the Book Buddy volunteer of the year; and
- Janet Fanning (right) was the Bookstore volunteer of the year.



The Appreciation Dinner festivities concluded with entertainment by the Sun City Ukulele Club. This lively organization is the definition of a merry, merry group!

Add to your May merriment at Books Around the Corner. The half price author of the month is Martha Grimes. If that doesn't cheer you, drop by just to see our new art work, or our comfortable newly upholstered chairs. If you are looking for books (duh), keep an eye out for new book stickers identifying "Local Authors" and "Signed by Author."

MAY the Friends ask you to join us this month? Hope your answer is, "Yes I CAN!"

Water Conservation

Let's Test (and Re-test) Our Water Knowledge

- To find a leak in a toilet:
 - Put dye (a few drops of food coloring will do) in the toilet bowl, wait 15 minutes, and if color seeps into the tank, there is a leak.
 - Draw a line in the tank; if water level goes over the line, there is a leak.
 - Put dye (a few drops of food coloring will do) in the tank, wait 15 minutes, and if color leaks into the bowl, there is a leak.
 - The only leak you have to worry about in a toilet is the supply line, and that will drip on the floor so there is no need for placing dye in tanks or bowls.

Sorry if we fooled you with tanks and bowls, but the correct answer is C. Put a few drops of food coloring into the TANK. If you don't have food coloring and have no reason to purchase any, check with your water company. Sometimes they offer free "Audit Kits" that contain dyes for running this simple little test along with other items that can help conserve water and money.

- True or False: Thawing frozen foods under hot, running water is extremely "water efficient" and safer than all other modes of defrosting.

Come on! This was in a recent article. Not only does thawing foods under running water waste copious amounts of water, but it could also be harmful to you by encouraging bacteria growth in the thawing foods.

- How much of Earth's water is potable and accessible to humans?

- 3%
- 45%
- 1%
- 2.5%

We used this same question last year, so here's a refresher: while about 2.5% is fresh, potable water, only about 1% is accessible for direct human consumption. Remember the polar ice caps and some deep, underground aquifers make more than half of our fresh water unobtainable.



- True or False: Blackwater is a great way to water vegetable and flower gardens.

If you recall, greywater and blackwater are two separate things. Blackwater can include raw sewage (urine and feces) as well as food particles (full of bacteria) and is unsuitable for irrigation or reuse for any purpose. Greywater, such as that from laundry machines or floor mopping is fine for reuse on your flower and vegetable gardens.

- True or False: The best way to dispose of old paint, glue and solvents is to rinse them down the sink or flush them down the toilet.

That is definitely false. Paints, glues and solvents, along with motor oil, lubricants and antifreeze are hard on pipes, watershed and wildlife. These types of products should be taken to an "Eco Station" or other appropriate disposal facility. Even disposed of on the ground, these pollutants can creep into ground water or down rain sewers.

Little steps are good. Lots of little steps can turn into an unbelievable amount of conserved water. Water footprints can be modified to show that you care not only for our planet, but for your grandchildren and their future generations. There is much truth to that familiar saying:



Every Drop Counts!

Do your part to help conserve!



Easter at the Sun Bowl = Fun for Everyone



Above: The chickens were busy laying eggs in preparation for this year's Easter Egg Hunt at the Sun Bowl.



Face painting, petting zoo and prizes rounded out the festivities, which included great Easter sing-along music for the children.



Sun City Gives Back Volunteers Helped to Bring Easter Joy to Children of All Ages

Between the 10 volunteers who stuffed 6,000 eggs for the Sun Bowl Easter festivities and Girl Scouts from Troop 2259 in Peoria who earned Community Service badges by helping Sundial Men's Club assemble nearly 700 baskets that were distributed by Valley View Food Bank, Easter joy was plentiful for many this year! Thanks everyone! God bless you!



RCSC Travel & Tours

Cheers to the Home Team!

Tours can be purchased Monday through Friday in the Lakeview Clubs Office or by phone from 8:30am to 4:00pm. Visa, MasterCard, Discover, cash or checks accepted. Tours are for RCSC Cardholders and their guests only. Cardholders should have member card available, must accompany each trip and may purchase a maximum of six tickets. Day tours depart from Bell Center. All tours are non-refundable. (See page 6 for more tour information).

June 29, 2017 (Thursday)
Arizona Diamondbacks vs. St. Louis Cardinals | AAA
Depart 10:45am | Return 5:30pm (est)
\$77pp

July 9, 2017 (Sunday)
Arizona Diamondbacks vs Cincinnati Reds | AAA
Depart 11:45am | Return 5:30pm (est)
\$77pp

August 13, 2017 (Sunday)
Arizona Diamondbacks vs Chicago Cubs | AAA
Depart 11:45am | Return 5:30pm (est)
\$77pp

August 18, 2017 (Friday)
Arizona Cardinals Training Camp | FSV
Depart 11:00am | Return 5:00pm (est)
\$99pp



Sun City Gives Back

Bell Ceramics Helps Homeless with Socks

In addition to the time Bell Ceramics enjoys painting and socializing with friends, they don't forget the needy, homeless individuals and families. They recently took up a collection and donated over 120 pairs of socks for men, women and children.

Stop by the club room at Bell Monday through Friday from 9am to 3pm, Thursday evenings 5:30 to 9pm or Saturdays from 9am to noon to find out more! Bell Ceramics is open to all RCSC Cardholders.



Hey! Sun City Gives Back!

RCSC Chartered Clubs:
Let others know about the good deeds you do!

Showcase the good deeds and charitable work your club does for local, state, national and global organizations/causes in SunViews!

"Sun City Gives Back" highlights a different club each month. Let us know what your club is doing so we can let others know!

Submit entries for consideration to Communication & Marketing Coordinator Joelyn Higgins via email to jhiggins@suncityaz.org or call 623-561-4616 for more information.

SUN CITY

ARIZONA FARMERS MARKET

THURSDAYS
Bell Center
9am-1pm

Fresh Fresh Fruits & Vegetables
Baked Goods | Jams & Jellies
Pastas & Pickles | Spices
RCSC Clubs

Sorry, no pets are allowed on RCSC properties!

Last day of the season is May 25.

See you back in the fall!

FREE MOVIES*

Wednesdays @ Marinette;
Saturdays @ Mountain View
2pm & 7pm

To find out "What's Playing?" 1) Sign up for Movies & Events emails at suncityaz.org & a list will be sent to you on the last Wednesday of each month; 2) Log onto the RCSC Web Portal; or 3) Pick up a flyer from the Lakeview Clubs Office (please be prepared to show your RCSC Card). All movies are projected onto a screen from a DVD.

FREE RCSC Events are paid for by RCSC Cardholders & are therefore intended for RCSC Cardholders & their escorted guests only. Your cooperation and understanding is greatly appreciated!

Now with FM Transmission at all locations!
Tune your device to 99.1 FM.

Always
FREE
Popcorn

Now
serving
BOTH

Salted &
Unsalted

Welcome to RCSC Club Events

We've reorganized the Clubs Events & Annoucements that appear in SunViews so that it's easier to find the activities you're looking for. Clubs are welcome to submit information to this section every month and should include the date, time and location of the event along with cost and contact information.

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General Information, New Interest Groups, Other Interests/Hobbies

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Cards, Games and Social Clubs

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Sports & Outdoors; Monitored Activities

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Club Directory

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Fitness, Health

Page 20-21

Arts & Crafts, Performing Arts

Page 22

Dances

Page 23

Educational Classes

General Information

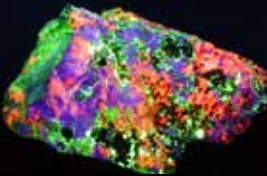
Home Delivery of SunViews

Did you know you can start & stop home delivery of SunViews while you're out of town? Simply contact the Sun City Independent Circulation Dept at 623-445-2831 or email to nkilpatrick@newszap.com.

General Interest/Museums

Sun City Rockhounds Mineral Museum

Hours of Operation:
May thru September: Saturdays only 10am-1pm
October thru April: 10am-1pm; Closed Thursday and Sunday
FMI email scrockmuseum@gmail.com or call 623-428-6442 during museum hours. Come check out our fluorescent room!





Model Railroad Club at Fairway

Located in the Fairway Recreation Center at 107th and Peoria.
Club membership open to RCSC Cardholders.
Open to the Public (May - Sept) Thursdays Only 10am-2pm

Del Webb Sun Cities Museum

Next to Oakmont Center
Beginning May 15 (thru Sept 13) Museum Tours
by appointment only (6 or more). Please call 623-974-2568
Admission: FREE! Donations Welcomed



New Interest Groups

Whisper Ball

Looking for RCSC Cardholders interested in Whisper Ball, a game similar to Racquetball & played on same courts. The only thing you need is white soled shoes; safety glasses & racquets available at Bell Courts monitor station. If you enjoy a game that requires hand-eye coordination but is safer, quieter and slower, Whisper Ball could be the ticket. FMI Rick Steiner 412-419-9578 or stop by Bell Racquetball, 1:30pm, Tues or Thurs & give it a try.

Political Clubs

Sun City Republican Club

Special May Meeting with Guest Speaker Larry Schweikart, Tues 5/16 at Sundial East Hall. Social: 6:30pm; Meeting/Speaker: 7pm. Mr. Schweikart is NYT #1 bestselling author of "A Patriot's History of the United States," and more recently "How Trump Won." All club members, RCSC Visitors and escorted guests welcome. Annual Club Membership: \$5. Escorted Guests must pay \$3 to attend each meeting. FMI visit www.suncitygopclub.com, email suncitygop-club@gmail.com or Patti 713-557-5800

Sun City Democratic Club

Sun City Democrats meet monthly (every first Thursday) 6pm year around at Fairway. Next meeting: 5/4, an informational & working meeting where everyone may select an action group of which to become a part. Tables available for each hot button issue; representing many action groups that attend events as well as call and write on important issues. Club also meets every Monday morning at Starbucks (99 Ave & Bell). This is convivial group not only discusses issues but makes plan with like mined people. See you at our monthly and/or weekly meeting. RCSC cardholders and escorted guests invited. FMI Email suncity-democraticclubofaz@gmail.com

Other Interests/Hobbies

Community Garden

We meet Oct-May every 3rd Sat, 9-11am. Join us to help improve the community garden or just have a tour & see what we are all about. Start planning your garden now! Located west side of EPCOR water plant on NW corner of 91st Ave & Greenway. Bring your own work gloves, rakes & shovels. Garden plots available to RCSC Cardholders in Sun City Community Garden. FMI 623-875-5921 or visit Garden Club Office at Oakmont.

Fairway Readers Club (formerly Book in Hand)

Meet 1pm second Fri, Rm 217 at Fairway. Jeri Hauff moderates discussions. No annual dues; club meets year round. Books chosen by consensus. May Reading: The River of Doubt – Theodore Roosevelt's Darkest Journey, by Candice Millard. Some books available on reserve at Fairway Branch Library a month in advance for those w/library cards. Members must present valid RCSC card at first session. FMI 623-933-7361.

Armchair Photo Explorers Club

May explores: A Taste of Scenic and Historical Italy, a two week bus tour. American National Parks, Yellowstone; Oaxaca Mexico; Polynesia. Shows begin 7pm; doors open 6:30pm at Fairway AZ Rms 1 & 2. Please arrive early to sign in and be seated before show begins. Club open to all RCSC cardholders; membership dues: \$3. Cardholders may attend three times before joining. Escorted guests welcome: \$2 each visit. Coffee and cookies served first Wednesday each month. Closing May 31 for the cold cruel weather of summer. FMI Ron Yankowski 623-476-2811. Join us for our adventures.

Sun City Stamp Club

No meetings June, July, Aug. Normally meet 7pm first Mon every month in Marinette Social Hall. Set up/inspection of auction stamps: 6:30pm. All RCSC Cardholders & escorted guests welcome. New & old stamps from all countries available at auctions, books & albums at excellent values, 50% or more of current catalogue prices. Join us to start/improve your collection. FMI contact: Mike O'Neill 623- 866-2058 mshane2009@prodigy.net; Bernard Heath 623-977-2332 BCstamps@cox.net; Wayne McKenzie 480-249-1278 Wayne.Mck@shaw.ca

Best Friends Dog Club of Sun City

BFDC celebrates the love of dogs with pet-friendly activities, training opportunities & shared friendship. We meet in Fairway AZ Rooms every 3rd Tues, Oct-April (people only). Social hour: 9am; Meeting: 9:30am. We exchange ideas, info & often have a guest speaker. We offer an extensive program of dog (& people) training classes. Other activities include dog walks (parks & shaded neighborhoods), brunch with dogs & Yappy Hour. We have an annual Holiday (people only) party & a seasonal picnic (Bark in the Park w/dogs). We welcome new members & new ideas! FMI, class schedules & upcoming activities, visit www.bestfriendsdogclub.org or call 480-524-6893. Annual member dues: \$5; open to all RCSC Cardholders.

Sun City RV Club

A group of people who enjoy potlucks, card games, day trips, rallies, and RV caravans. No RV required! Open to RCSC Cardholders & escorted guests only. Club meets Oct-April & goes dark for summer (many club members leave for cooler climes). Final spring event: Members Pancake Breakfast 5/5, 8-10am, Sundial. **Next Fall meeting: Sept 26**, 5:30pm, monthly potluck at Sundial. Entertainment for **October** potluck (10/24, 5:30pm, Sundial) is "Dan Reed proudly presents a Variety of Music & Jazz Standards." BYO eating utensils, paper plates, drink & a dish to share with 10-12 people. October Caravan Meeting: Fri 10/27, 9:30am at Sundial. Caravan meetings are for latest information on planned outings; donuts & coffee supplied. Club hosts card games at Bell MPR B 5-9pm on Wednesdays. . FMI www.scazrvclub.com or call Judy 623-444-4224.

Sun City Birding Club

This new club specializes in field trips to: identify birds, raise community awareness, enjoy nature & holds fun, educational classes with ornithological themes. Beginning to advanced birders welcome. No experience needed! You will love discovering the joys of birding! FMI Tom Locascio at 623-977-4992 or locascio2000@hotmail.com

Vintage Vehicle Club of Sun City

Love vehicles? This club is for you. Open to all RCSC Cardholders to restore, preserve, maintain, modify or build all cars, trucks, tractors, motorcycles, etc. including antiques, classics, customs, hot rods & more. Professionals, amateurs or those who simply like to socialize about cars. Car shows, cruise-ins, tours & charitable work are a few activities. Working toward a garage in Sun City where we can meet, work, learn & socialize. We meet October-April, 1pm, 3rd Tues each month, Lakeview SH2. **We meet all summer for:** Breakfast mtg every Thurs, 8am, Bobbie's Café, 15472 N 99th Ave; Cruise-in every Wed, 5-9pm, McDonalds 99th & Bell. FMI visit www.vintagevehiclesofsuncity.com, email vvsuncity@outlook.com or call (509)430-1625.

Cards & Games



Sun City Duplicate Bridge (ACBL)

Special games scheduled May 1, 4, 5, 22, 25, & 26; games to benefit ACBL Grass

Roots Fund (extra master points for those pairs who place). Silver points available 5/8, 11, & 12 (District 17 STaC), & Unit Wide game 5/19. Card fees (all games): \$2 members; \$4/\$5 guests. No extra charge for special games! SCDBC games Mon, Thur, & Fri at Lakeview, SH 1 & 2. Game: 1pm, Doors open: 12:15pm; arrive by 12:45pm. Partner required. Remember: club is fragrance free. FMI contact Paul Weader at 928-240-0341 or visit: scdbc.com.

Hand and Foot Club

New Kid On The Block! Hand & Foot, a variation of Canasta, is played with 4-6 standard decks, ideally designed for 4 players, however 6 players can play by forming teams. Usually, number of decks is one more than number of players. May schedule: Lakeview SH 1 & 2, every Wed 6-9:30 pm; Sign in by 5:50pm. Annual Membership: \$4. Open to all RCSC Cardholders. FMIC: Edith Truitt (623) 271-0092 or Camilla Kuberka (623) 972-0673

Euchre Club

Euchre Club meets on Tuesday from 6-9:30pm in Fairway AZ Rms; 1st & 3rd Thurs 1-4pm at Talisman. Beginners welcome. FMIC 623-533-5705

Mixed Cribbage Club

Every Tues 1-4pm & Wed 6:30-9:30pm in Lakeview Social Hall 3. No Partner needed. Open to all RCSC Cardholders. Cost \$3 to join & .50¢ to play. RCSC Cardholders may play 3 times as visitor. Arrive 15 minutes early to sign in & find a table. FMIC Marvin: 623-594-0797 or Dianne: 408-799-9040.

One Partner Bridge

Meets Thurs 6:45-9:30pm, Lakeview SH #1. Partners Required! If you need a partner, contact Andy: (623) 933-7972. Annual membership: \$3. Cost \$1 per couple, which goes into evening's prize fund. Annual surprise: "free play" night. All grand slams rewarded & designated small slams paid. Birthdays celebrated w/cookies. If you wish to come for an evening, cost is \$1 (RCSC Cardholders); \$3 escorted guests, plus \$1 prize fund.

Saguaro Bridge

Meets Fridays, 6:45-9:30pm at Lakeview SH#1. Must have partner. Contact Andy at 623-933-7972 if partner needed. \$3 & current RCSC Member Card required to join; .50¢ each night for prize fund. Try it out for \$1. We'll have fun!

Oakmont Pinochle Club

Play on Tues & Sat from 12-4pm; arrive at 11:30am to sign in & find a table. FMIC Mrs. Tommie Crudo 623-876-1895 or Ralph DePolio 623-977-3278.

Kachina Bridge

Play bridge? Interested in getting into the game? Join us! Don't let duplicate bridge scare you, we'll help. We are a non-sanctioned club that meets Mon & Thurs (Play once or twice a week) at Sundial 12:15-4pm. Annual membership: \$5 for RCSC Cardholders plus \$2 each play for prizes. We welcome players to visit & see how duplicate bridge is played. No partner? Don't worry. FMIC Sharon 623-251-4858; Lee 974-0237. Summer hours vary; call FMI.

Monday Night Card Sharks Bridge

Meets Mon 6:45-9:30pm at Lakeview SH 1 for a social evening of contract bridge. Must have a partner. Contact Andy at (623) 933-7972. \$3 and RCSC Membership card require to join. 50¢ each night for prize fund. Try us out. RCSC cardholders visiting the club pay \$1 plus 50¢ to evening's prize fund for the evening. We have fun & would love to have you join us.

Monday Night Pinochle

Like to play pinochle? Can't get four people together? Perfect Answer: Come to Oakmont, Mon. 6pm (register), play 6:15pm for a great evening! Singles welcome; no partner needed. Play single or double deck. Annual membership: \$3; plus 50¢ nightly. Escorted guests: \$3.50. RCSC visitors: \$1. Prizes awarded accordingly. After six hands, individual scores added, winners advance. Losers stay but do not play each other. This allows playing each game with a different partner & a great social time. Come join us. FMIC 623-972-3263.

Mah Jongg

Game Play Sundays at Marinette SH 12-4pm; Tuesdays at Sundial WH 12-4pm, Thursdays at Marinette SH 6-9pm. FMIC Linda 632-240-9586 or Sue 623-933-4823

Backgammon Club of Sun City

We welcome all levels of players. Meet every Saturday from 1-5pm at Lakeview SH #3. FMIC John 623-229-9887 or Don 623-933-0146

Mixed Cards

Meets at Oakmont every Saturday. Doors open 6:15pm; play begins at 6:30pm sharp. We play Pinochle, Bid Euchre and Progressive Hand & Foot (or other games of choice). Bring your own refreshments or to share. Weekly fee: 50 cents; yearly membership \$3. Non-member/RCSC Cardholder (Visitor) is additional \$1; escorted guests \$3. FMIC Bruce (719)671-9043 or Lil (623)972-1703

Bunco Broncos

Hey Pard'ner, we meet at Fairway AZ Rms 1-2, 4th Monday every month. Join us for an afternoon of fun! Doors open 11:45am, play at 12:30pm. Open to all RCSC Cardholders. Annual membership \$3; \$2 to play. FMIC 602-526-3495 or 326-7055.

Social



Michigan Friends in Sun City Club

Hello Michigan Friends, Visitors and Escorted Guests! Here are May and June activities for us!

Fri 5/5 5pm: Pineaire Patio Potluck at Casady's Condo. Details will be emailed!

Cancelled Tues 5/9: Detroit Tigers vs. Arizona Diamondbacks Game (cancelled due to no sign ups)

Wed 5/17 3pm: Monthly Social Time at Bell MPR (Lawn Bowl Bldg). Bring your drinks/snacks to share

Mon 6/12 9:30am: Chompies at Arrowhead, Breakfast; RSVP **necessary** by 6/8.

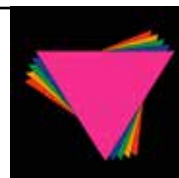
Activity updates emailed to club (paid) members. Visitors & Escorted Guests: Join Us, just \$5 a person! Pick up a brochure at Sun City Visitors Center & send it in. Many of us are around in summer and meet at local restaurants for chow and chatter.

Michigan Friends in Sun City Club
c/o Bell Rec Center Mailbox
16820 N. 99th Avenue
Sun City, AZ 85351

michigan2arizona@cox.net
Cheryl Hall Cassady, Club President
Michigan Friends in Sun City
call/text 623. 910.1522 or email

LGBT Club of Sun City

Next Meeting: TH 5/11
Oakmont Auditorium
Meet 6-7p; Social 7-8:30p
FMIC 623-363-1123



Sun City Women's Social Club

SCWSC is a wonderful club that provides unlimited opportunities for women who enjoy playing cards & board/table games with other Sun City women. Club is open to RCSC Cardholders only 7 days a week, 9:30am-4:30pm on 2nd floor at Lakeview. Always looking for additional members to join us in Bridge, Mahjong, Hand & Foot, Canasta, poker, Texas hold-em & many other games. Annual Membership: \$10. Please come meet our fun group of women. FMIC 480-249-0862.



New England Club

Next Meeting: May 13, Lakeview SH1. This meeting is Pot Luck. Social: 5pm; Meeting: 5:30pm; Dinner: 6pm. Lots of fun!

FMIC Ann 623-875-4641 or Lucille 623-271-8906.

NextGen

NextGen is a social club operated by Sun City residents for RCSC Cardholders. Meetings are held the first and third Wednesdays of the month at Bell Social Hall unless posted otherwise. The NextGen club operates year round. Dues are \$5 annually. A valid RCSC card is required.

Upcoming activities include Ponytail cards, Texas Hold'Um, 9-Hole Golf Scramble, Happy Hour, Hike, Bike Ride, Shuffleboard & Dinner, Breakfast Get-together, Potluck Meeting & Trivia. To learn more and/or to sign up for any activity, check our website calendar at <http://www.nextgensuncity.org> & use the activity links for www.SignUpGenius.com. Dates, times & locations subject to change. Please check our website calendar for current information. FMI inquire at nextgensc@gmail.com.

Must be member, visitor or escorted guest to participate.



Sun City Singles Social Club

Sun City Singles Social Club welcomes single Sun City residents with a current RCSC card (visitors). Guests (without RCSC card) need to be single & escorted by a club member. Annual membership fee: \$6.

Club meets monthly on first Friday (Pot Luck 5:45pm) bring food to feed 10-12 people. Third Friday (Game Night 5:45pm) can bring snacks for people to share; also, bring your own drink for each activity. Location: Fairway AZ room #4.

Weekly Activities:

Saturdays: Breakfast at Brothers Family Restaurant 8:45am.
Weds: Billiards, Lakeview Lanes, 1pm

May Activities:

Thur, 5/4: Bocce Ball, Sundial, 7pm.

Thur, 5/11: Mini Golf, Mt View 6:30pm; after Mini Golf, Mighty Moo's Ice Cream 11122 W Alabama Ave in Youngtown.

Thur, 5/18: Bocce Ball, Sundial, 7pm.

Mon, 5/22: Lunch, Fuddrucker's 7704 W Bell Rd, 11:30am.

Thur, 5/25: Mini Golf, Sundial, 7pm.

Fri 5/26: Dinner, Peoria Café, 8405 W Peoria Ave, 4:30pm.

Fri 5/26: Darts, Bell Center, 6:30pm.

Tue 5/30: Dinner, Cabin Whiskey Grill, 9868 W Northern Ave, 5:30pm.

Additional information/activities available on club web site, www.simplesite.com/myclub or contact Ellen 623-583-2307 or Janet 615-574-9960.

Sports & Outdoors

Bocce Club of Sun City

As of this writing (early April) our Bocce Courts are under reconstruction. Maybe you've driven by & taken a peek. If so, you can see there is progress being made but as with most construction projects, completion date is not yet set.

We appreciate your patience and are confident you'll appreciate the wait once you get to play on the new courts. But with summer just around the corner play will be limited even after courts are completed, until the full fall schedule resumes.

Edith is very faithful in keeping us informed via email & will continue to do so regarding progress of the courts. If you have pertinent questions, you may email her at etkylady178@gmail.com. Please, no phone calls. Thanks again for your patience & understanding.

Conservation & Sportsmen Club

Hunting, Fishing & Shooting Sports.
Weds: 8am, Trap & Skeet Shooting, Ben Avery Shooting Range (Les: 623-876-8714)
Fri: 8am, Rifle & Pistol Shooting (Ben Avery)

Club open to RCSC Cardholders; New members always welcome. FMIC Bob, 630-531-0391

**Club Play:**

Mon: Game Night, 5:30-8p;
Tue: Count-Up 5:30-8p;
Wed: Monitor's Choice 5:30-8p;
Thu: Ladies 2-4pm.

Practice: 1st & 3rd Sat 1-3pm. Arrive 15 min early to sign in & allow for team formation.

FMIC Andrew Esaena 480-284-0904; Bob Howicz 630-531-0391; Judy Clark 623-760-6926. Membership open to all RCSC Cardholders.

Bell Shuffleboard Club

We play every Mon, Tues, Fri: Start time: 1pm; finish by 3:30pm. If you wish to join us, please show up a few minutes early to sign in for assigned court & starting position. We play three games, getting a new partner each game. Our courts are very fast with a slight curve, making it challenging to score. Instructors available to help you learn the rules. FMIC Dennis 623-972-3169, or just stop by & check us out during regular play.

Swim Club Announcement

Sun City Swim lessons now at Lakeview pool. Lessons start 8:30am until 10am and include beginning lessons and intermediate classes, along with an advanced group workout. Annual fee: \$3 for any RCSC cardholder. FMIC Tere Kearney 623-583-5894.

Sundial Shuffleboard Club

Thursday evenings leaving you with nothing to do but watch re-runs on TV? Better come to Bell and join the Sundial Shuffleboard Club for evenings of fun instead. Club play begins at 7pm (until the Center closes earlier for summer) so be there by 6:45 to get signed in and pay your 25 cents. That's all you need, because all equipment is furnished and you can get a quick lesson (if you haven't played before) for free. Wow, what a deal! And to top that, annual membership dues are only \$2.50 per person. All RCSC cardholders in good standing are welcome to join our club. If you are not yet a member but wish to try us out, you may do so before joining. Members may also escort a guest. FMIC Russ 623-208-9921.





www.SunCityPickleballClub.org

Sun City Pickleball Club

Club remains active even as summer approaches and seasonal residents return home. Residents who are RCSC cardholders can stop by either venue (7 courts at Mt View; 20 at Marinette, including 8 indoor) and get a look at this court/paddle sport no matter time of year, but Mon, Wed & Fri 8am-noon, during spring season are busiest open-play periods & the best opportunity to get acquainted. Lighted courts for evening play. Free introductory lessons & loaned equipment available. Clinics at all levels provided. You don't need a partner, just come to the courts, check out the competition and join the fun. The Sun City Pickleball Club has grown steadily since becoming a chartered club in 2003, now over 800 members strong. Annual membership: \$10. Everything you want to know about Sun City Pickleball Club is available at the new & improved website: suncitypickleballclub.org

Monitored Activities

Basketball		Jogging / Walking Track		Table Tennis	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Indoor		Bell Center: M,W, F: 6a-10a, 3p-9p; Tu: 6a-10a, 12p-7p; Sa: 6a-10a, 12p-9p; Su: 8a-1p, 3p-8p	
Billiard Tables		Fairway Center		Tennis	
Bell Lanes	M-Sa: 8a-8p; Su: Noon-7p	Sundial Center		Bell Center: 623-977-3325 M-Sa: 6a-9p; Su: 8a-8p	
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p	Outdoor		Lakeview Center: 623-561-4676 M-Sa: 6a-7p; Su 8a-7p	
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p	Marinette Center		Mountain View: 623-876-3042 M-Sa: 6a-7p; Su 8a-7p	
Bingo		Sun Bowl		Swimming Pools - Open Swim Hours	
Sundial Center	Doors Open: Th @ 4:30p. Bingo 6:15p \$7 for all 18 games w/3 special games Open to the Public	Library (602) 652-3000		Bell Center - 18+ only:	
Boating/ Fishing		Bell Center		Lap pool: M-Sa:5a-9p; Su: 8a-8p; Closed for class: M-F 7-9a	
Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p (or Dusk)	Fairway Center		Walking Pool: M-Sa: 5a-9p; Su 8a-8p	
Bocce Courts		Mini Golf		Fairway Center	
Sundial Center	M-Sa: 6a-9p; Su: 8a-8p	Bell Center		Lap Pool: M-Sa: 5a-9p;Su 8a-8p;	
Bowling Lanes		Lakeview Center		Walking Pool: M-Sa: 5a-9p;Su 8a-8p;	
Bell Lanes	M-Sa: 8a-8p; Su: Noon-7p	Mountain View Center		Lakeview Center	
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p	Sundial Center		M-Sa: 6a-7p, Su: 8a-7p; Closed for class: M, W, F: 8a-10a	
Dog Parks		Pickleball		Children's Pool Hours for Ages 4-15 yrs: Daily 4p - Close;	
Duffeeland	May - September 6am-8pm Closed last Wed/month for Maintenance	Marinette Center		Marinette Center	
Darts		Mountain View: Outdoor		M-Sa: 6a-9p, Su: 8a-8p;	
Bell Center	M-Sa: 8a-8p; Su: Noon-7p	Racquetball		Closed for Class: M, Tu, Th, F: 8-9am	
Fitness Centers		Bell Center Courts A & B		Children's Pool Hours for Ages 4-15 yrs - Daily 1p - 4p	
Bell Center - 18+ only	M-Sa: 5a-9p; Su: 8a-8p	Shuffleboard		Mountain View Center	
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p	Bell Lanes: Indoor		M-Sa: 6a-7p; Sun: 8a-7p; Closed for Class:	
Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p	Lakeview: Outdoor		M & Th: 8-10a & 5:30-6:30p Tu & F: 8-9a & 5:30-6:30p	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Spas		Children's Pool Hours for Ages 4-15 yrs - Daily 10a-1p	
Mountain View Center	M-Sa: 6a-7p; Su: 8a-7p	Bell Center - 18+ only		Oakmont Center	
Oakmont Center	M-Sa: 6a-7p; Su: 8a-7p	Fairway Center		M-Sa: 6a-7p,Su: 8a-7p; Closed for class: Su: 2-4p;	
Sundial Center - 18+ only	M-Sa: 6a-9p; Su: 8a-8p	Lakeview Center		M: 9-10a; 12-2p Tu: 9-10a; W: 12-2p; Th: 9-10a F: 9-10a; 2-4p	
Horseshoe Courts		Marinette Center		Sundial Center - 18+ only	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Mountain View Center		Large Pool: M-Sa: 6a-9p; Su: 8a-8p;	
Mountain View Center	M-Sa: 6a-7p; Su 8a-7p	Oakmont Center		Closed for Class: M & Th: 9-10a	
		Sundial Center - 18+ only		Exercise Pool: M-Sa: 6a-9p; Su: 8a-8p;	
				Closed for Class: M: 10a-12p; 4:30-5:30p;	
				Tu: 10a-2p; Th: 10a-2p; 4:30-5:30p; F: 10a-12p	

Art and Craft Clubs

Artists by the Lake: LV
877-9366 or 623-810-9112
Artistic Stained Glass: BC
974-4765
Artistic Weavers & Fiber
Artists: OM 974-6108
Calligraphy: SD
210-9137
Camera Guild: SD
cameraguildsuncity.com
Carvers: LV
388-3051
Ceramics & Porcelain: FW
972-5818
Ceramics & Porcelain: LV
933-8118
Ceramics: BC
974-6750 or 623-972-4182
Ceramics: OM
623-680-8474
China Painting: FW
623-256-6784
Clay Club: LV
933-0899
Clay Corner: MC
977-3167
Crafts: BC
974-3497
Crafts: SD
(815)315-2387
Creative Quilters: LV
623-251-0124
Friendship Quilters: BC
602-625-6761
Handweavers / Spinners: SD
933-0397
Knitters: FW
602-469-2505
Lapidary: BC
977-1803
Jewelry at Oakmont
623-322-4595
Leathercraft: MC
594-6591
Metal: BC
974-8206
Needle Arts / Crafts: OM
972-2609
Palo Verde Artist: SD
623-551-0402
Sew-n-Sew: LV
977-9460 - www.sewnsew.info
Silver Stones: SD
623-349-8840
Silvercraft: BC
933-8442
Sterling & Stones: FW
977-2208

Stitchers: BC
972-8491
Woodworking: BC
974-6058
Woodworking: FW
972-4385
Woodworking: LV
933-2355

Card and Game Clubs

500: FW
623-974-5615 (Erma)
Backgammon: LV
623-229-9887
Bunco Broncos: FW
602-526-3495 or 326-7055
Canasta: OM
623-444-8690 (Melissa)
Euchre: FW
623-533-5705
Hand and Foot Club
623-271-0092
Mah Jongg: MC
Sue 480-369-4441
Mixed Cards: OM
719-671-9043 Bruce or
623-972-1703 Lil
Mixed Cribbage: LV
594-0797
Monday Night Pinochle: OM
623-972-3263
Pinochle: OM
Gladys: 623-876-1895

Contract Bridge Clubs

Card Sharks: LV
933-7972
One Partner: LV
623-815-9703
Saguaro: LV
623-933-7972
Wednesday Afternoon: OM
977-2871
Thursday Afternoon: OM
933-9671
Friday Afternoon: FW
933-9671

Duplicate Bridge Clubs

Duplicate (ACBL)
928-240-0341
SCDBC.com
Kachina: SD
Sharon Henrich 623-251-4858
Lee Bone 623-974-0236

T&F: 9a-2p BC, W: 9a-12p BC
5/10 Mem Mtg
M-F: 8a-4p, T: 4-8p, S:8a-12p BC
Mem Mtg 5/30 Club Room
M,T,Th:8a-12p, W/F:12-4p FW
5/9 Mem Mtg
Summer Hours: M-Sa: 8a-2p LV
5/2 Mem Mtg

500: FW
623-974-5615 (Erma)
Backgammon: LV
623-229-9887
Bunco Broncos: FW
602-526-3495 or 326-7055
Canasta: OM
623-444-8690 (Melissa)
Euchre: FW
623-533-5705
Hand and Foot Club
623-271-0092
Mah Jongg: MC
Sue 480-369-4441
Mixed Cards: OM
719-671-9043 Bruce or
623-972-1703 Lil
Mixed Cribbage: LV
594-0797
Monday Night Pinochle: OM
623-972-3263
Pinochle: OM
Gladys: 623-876-1895

Card Sharks: LV
933-7972
One Partner: LV
623-815-9703
Saguaro: LV
623-933-7972
Wednesday Afternoon: OM
977-2871
Thursday Afternoon: OM
933-9671
Friday Afternoon: FW
933-9671

Duplicate (ACBL)
928-240-0341
SCDBC.com
Kachina: SD
Sharon Henrich 623-251-4858
Lee Bone 623-974-0236

Dance Clubs

Ballroom Dance: BC SH
623-387-6731; 623-533-6236
Bell Tea: BC
933-8873
Classic Rock Dance Club: FW
623-628-4401
Country Dance Club: SD
623-242-9535 or 623-972-5127
Friday Night Dance: SD
623-215-8718
Karaoke & Dance Club: MC
209-380-8029
Line Dance: SD
623-972-5127 or 231-557-6555
suncitylinedancedclub.facebook
Rockin' Thru The Years: BC
332-7894
Squares: BC
875-2642 (Mary Sue)
suncitysquares@q.com
Sun City Poms: MC
602-392-4242
scpoms@yahoo.com
Tip-Top Dance: MC
933-3947

Educational Clubs

Apple Macintosh: SD
933-5300
Life Long Learning: FW
623-533-5756
623-533-5756
PC Computer Club: FW
933-8953
Spanish Club: FW
SunCitySpanishClub@gmail.com

Fitness Clubs

Aerobic: BC
455-1818
Aqua Fitness Club
aquafitnessuncity.com
Nancy: (623)330-4242
Terry: (619)818-4380
Dance for Fitness
623-933-7021 or 515-975-1683
Handi-Capables: SD
933-6515
Hatha Yoga: SD
www.hathayogaclub.org
Ladies Exercise: OM
573-579-5320
So Grand Exercise: FW
977-6885
Stretch and Slim: BC
623-4401
Tai Chi: BC, LV & FW
Phone: Elisa (480)710-8497
email:sctaichi@yahoo.com
sctaichi.wix.com/sc-tai-chi-club
See website for class times,
details, & special events
Zumba Fitness:
623-972-0099

110 Form, QiGong & Introduction to Tai
Chi Movement
BC:M&W Zumba Gold 11:30a-12:30p,
SD: Tu Zumba Gold 6:30p-7:30p; Zumba
Fitness MC: Th6:30-7:30p; Sa, 8:30-9:30a

Hobby Clubs

Armchair Photo Explorers: FW
476-2811
Best Friends Dog Club: FW
480-524-6893
bfcdsuncity@gmail.com
Sun City Birding Club:
Tom: 623-977-4992
locascio2000@hotmail.com
Duffeeland Dog Park-Talisman
928-221-6052
Garden: OM
875-5921
Model Railroad: FW
271-8223
Model Railroad Museum: FW
974-2846
Rockhounds: SD
srockmuseum@gmail.com
Mineral Museum: SD
623-428-6442
RV Club: SD
(623)444-4224
Stamp Club: MC
623-866-2058
Vintage Vehicles
(509)430-1625

Performing Arts Clubs

Chamber Orchestra: FW
933-1568
Choraliers: FW
933-7202 (Carol)
Concert Band: FW
972-4767
Handbell Ringers: FW
623-876-1101
Piano: SD
623-792-7266 (Kathrene)
Players Community Theater: MV
shayob2@yahoo.com
SunCityPlayersCommunityTheater.org
Readers Ensemble: LV
974-3384
Rhythm Ramblers: FW
876-8464
Ukulele: FW
594-6591 Sept-June
398-0483 June- Sept
Women's Chorus: FW
480-236-1602

Political Clubs

Democratic:FW
623-977-4660
Republican: SD
713-557-5800
suncitygopclub@gmail.com

Social Clubs

Fairway Readers: FW
933-7361
Gourmet Social: OM
920-716-2862

LGBT of Sun City: OM Aud
(623)363-1123
Men's: SD
977-5116
Michigan Friends In SC
michigan2arizona@cox.net
New England: LV
623-875-4641
NextGen: BC
806-759-9723
Sun City Hospitality: MC
933-5158
Singles Social Club: FW
615-574-9960
Wisconsin Club:SB
623-242-6318
Women's: LV
480-249-0862

2nd Th every month
Mtg: 6-7p; Social 7-8:30p
Club offers social events during summer
M-Sa 7a-4p, M 6-9p Poker
Social Time: 3rd W 3-5p BC MPRs
Mtg/Pot Luck 5/13 5-8p LV SH #1
Potluck Mtg 1st W, 6p BC SHs
Social Mtg 3rd W, 7p BC SHs
Partners Bridge 2nd/4th W; 6:30-9p MC SH
Cards/Games Every Sa: 11a-5p MC SH
BOD Mtg, 2nd W, 9:30-11a MC Aud
Potluck 1st F, 6-9p FW AZ 3&4
Game Night 3rd F, 6-9p FW AZ 3&4
W 7a-1p; Lessons: F 8-11a
Club Golf Tu & F: 11a-4p BC Billiards
Ladies: M &Sa: 8:45-10:30a;
Th 9:45-11:30a; Couples W 6-7:30p
Mens Singles M&F 8a-12p; Tu&Th 8a-12p
Ladies League Snooker: F: 1-2:30pm
May 1-26 M-F 9a; May 5-26 F 7p;
May 7-21 Su 2p; Sa 5/27 Playoffs 9a
Mem Mtgs Sept-May,
3rd Th LV SH1 9-10:30a
M-T-W 5:30-8p; Th 2-4p;
1st & 3rd Sa 1-3p
Su/M/W/F 7:30-9:30a, 7-9p
Party 5/29 1-4p
T/Th/Sa 9a-12p, 1:45-4p, 7-10p MV
M 6:30-9:30p Lady Lawn Bowlers
Closed for Summer
Tu/Th/Sa: 7a-9a; 7p-9p
Times may vary w/temps
Closed for Summer
Mem Mtg 2nd Tu - Sept - May LV SH#1
Tournaments: 2nd & 4th Wed Sept-May
Until May 15 M-F 7-9a, T/Th 4-9p MV
pickleball.suncity@gmail.com
T/W/F/Sa 8a-2p, M-W 4-8p, Th 8a-8p MC
After May 15 T/Th 4-9p MV
M-Th 7-10a MC
M/W/F 1-3p, T/Th 5:30-7:30p, Sa 8-10a
W/Sa 11a-1p thru 5/14
M-Tu-F 12-4p; Th 12-2:30p
M/W/F 1-4p, thru May 12

Racquetball Club: BC
986-1754
Shuffleboard Bell: BC
623-972-3169 - Dennis
Shuffleboard Outdoor: LV
688-4823

Shuffleboard Sundial: BC
208-9921
Softball (Senior): Sun Bowl
623-444-9402 or 503-351-2036
www.azsrsoftball.com
Swim Lessons: LV
583-5894
Swimmers Master: BC
876-1233
Swimmers Synchronized: LV
583-5894
Table Tennis: BC
875-9991
Tennis: BC
Summer Contact:505.206.2315
jvolson@loretel.net
Joe: 623-251-3969
Water Volleyball: OM
377-5091

W, 1-3p; Th 5:30-8p; Sa 1-3p
Open Practice Su/M 7a, New Players M 9a
League Play T/Th 7a
W 8:30-10a LV
M-F 7-9a BC Lap Pool
M-W-F 8-10a
M/W/F 10a-3p; Tu 10a-12p, 7-9p;
Sa 10a-12p; Su 1-5p
Social Dbls: Sa 1-3p BC; Skills/Drills Sa
9-11a BC; DropInDbls M-F 8:30-10:30a LV
Men's DropInDbls: M-W-F 8:30-10:30a BC
Womens DropInDbls:M/F/Sa8:30-10:30aMV
Mixed Drop-in Dbls: W 6:30-8:30p, BC
F, Su 2-4p; M, W 12-2p @ OM
BC = Bell Recreation Center
FW = Fairway Recreation Center
LV = Lakeview Recreation Center
MC = Marinette Recreation Center
MV = Mountain View Recreation Center
OM = Oakmont Recreation Center
SD = Sundial Recreation Center
SB = Sun Bowl
a = A.M. & p = P.M.
All area codes are 623 unless otherwise noted.

Important Dates for Clubs to Remember!

May
5 SunViews submissions due for June
10 Guest Attendance Register & guest fees due
15 IRS Form 990-N or IRS Form 990-EZ & Arizona
State Form 99 due

June
5 SunViews submissions due for July
10 Guest Attendance Register & guest fees due
15 IRS Form 990-N or IRS Form 990-EZ & Arizona
State Form 99 due

July
5 SunViews submissions due for July
10 Guest Attendance Register & guest fees due

Clubs & Activities Office

623-561-4660
email: clubs@suncityaz.org

Office Hours: 8:30am to 4pm

Fitness & Fitness Classes

Sun City Tai Chi Club
Welcome Summer! The approaching season brings changes to Sun City Tai Chi. After a year of informative classes & wonderful special events, we had a gala potluck & auction to usher in changes & say adieu to our snowbird members. Some classes to be consolidated reflecting lighter summer participation. For those attending Thursday classes at Bell, Friday classes will join you. Golf Tai Chi closed until season returns. Monday morning classes at Fairway remain the same as do Tuesday evening Qi Gong class at Lakeview. The new schedule, open to RCSC cardholders and escorted guests, is as follows:

108 Yang style Tai Chi: Second Section, Thursday, 11:30am-12:30pm; Bell, SH 2. Open to those who know section 1

108 Yang style Tai Chi: Third Section, Thursday, 12:45-1:45pm, Bell, SH 2. Open to those who know sections 1 & 2.

108 Yang style Tai Chi: Beginners, Thursday, 2-3pm, Bell SH 2. Open to all

8 Form: Monday, 9-10am; Fairway AZ Rm 3, Open

24 Form: Monday, 10:15-11:15am, Fairway AZ Rm 3, Open

Qi Gong: Tuesday, 6-7 pm, Lakeview, SH 2, Open

Practice for 108 Section 3: Monday, 2-3pm, Bell SH 2 Open only to those in Sec. 3

Practice for 108 Sections 1 & 2: Monday, 3-4pm Bell SH 2 Open to all 108 students

FMI visit: sctaichi.wixsite.com/sc-tai-chi-club or call 480-710-8497

Oakmont Ladies Exercise Class
Join us for low impact exercise designed for women over 50. Tues & Fri 8am-9am. Call club to confirm location! Annual Membership Dues: \$5 - 3 free trial visits. FMIC 573-579-5320.

Hatha Yoga
Club meets at Sundial in the Yoga Club room. Classes are multi-level and do not assume prior yoga experience; all classes taught by certified instructors. Please arrive 15-20 minutes before a Mat class and bring a yoga mat, small blanket or a beach towel, your current RCSC card, \$3 class fee and \$5 yearly membership. Wear loose, comfortable clothing for a warm environment. Refer to our website for more information: <http://hathayogaclub.org>

Yoga Mat classes:
Mon: 8:30-10am, 10:30am-12pm, & 6:30-8pm*
Tues: 8-9:30am, 10-11:30am & 1-2:30pm (Beginner)
Wed: 8:30-10am & 6:30-8pm*
Thurs: 8-9:30am (Beginners) & 10-11:30am
Fri: 9-10:30am
Sat: 8-9:30am & 10-11:30am
*evening classes

Chair Class* Times: Pre-registration & pre-payment required for chair yoga classes.
Monday: 1-2:15pm
Wednesday: 10:30-11:45am; Thursday & Friday: 1-2:15pm
*FMIC Carlyn for Chair classes: 623-972-9602



Swim Club
Sun City Swim lessons are at Lakeview pool. Lessons start 8:30am (until 10am) and include beginning lessons and intermediate classes, along with an advanced group workout. All classes taught by excellent teachers. Annual membership: \$3 for any RCSC Cardholder. Annual fee: \$3 for any RCSC cardholder. FMIC Tere Kearney 623-583-5894.

Aqua Fitness Club
Meets M/TH or T/F at Marinette, Mt. View, Oakmont & Sundial pools. Qualified instructors teach three classes of varying intensities: Free Standing; Poolside & Aqua Stretches. No swimming involved; members stand in waist/chest-deep water. All classes “Co-ed;” must be an RCSC Cardholder to join. Annual Dues: \$5; \$15 per eight-week session. “Try It Before You Buy It” allows you to attend any class to see if it fits your needs. FMI please visit aquafitness-suncity.com or call Nancy 623-330-4242 or Terry 619-818-4380.

Aqua Suns
Do you love the water but walking & lap swimming isn’t for you? Come try the synchronized swimming & learn things you never thought you could do. We do dolphins, spearfish, cat-linas, kips, surface dives & more. Join in the fun M-W-F from 8-10am at Lakeview Pool. FMIC Nancy at 623-238-8608. Swim Annual Club membership: \$3.

Dance for Fitness
With a current RCSC Membership you may enjoy three free sessions with us. Can’t beat that deal, and then you may join for only a \$5 annual fee. Come once, twice, or three times a week (whatever fits your schedule). We have no per-lesson fee. Classes meet on Tuesday at Bell, Wednesday at Sundial and Friday at Mt. View and all classes are from 9-10am. FMIC Penny at 623-933-7021 & Donna at 515-975-1683

Bell Aerobics
Come join this friendly group for a complete 45-minute workout of gentle stretching on Monday, Wednesday and Friday at 8, 9, or 10am at Bell Social Hall. Membership is \$3/year with valid RCSC card; there are no class fees. There will also be a holiday potluck social in December for all club members. Looking forward to having you join us as club meets year-round. FMIC Brenda at 623-455-1818.

Zumba Fitness Club
Zumba fuses Latin rhythms & easy to follow fitness moves to create a dynamic full body workout. It keeps you moving & grooving & makes fitness fun. The hour includes a warm-up, cardio workout, & cool-down.

Mon: Bell Social Halls, **Zumba Gold**, 11:30am-12:30pm, Debbie Reiss, Instructor;
Tues: Sundial West Hall, **Zumba Gold**, 6:30-7:30pm, Debbie Reiss, Instructor;
Wed: Bell Social Halls, **Zumba Gold**, 11:30am-12:30pm Debbie Reiss, Instructor;
Thurs: Marinette Aud, **Zumba Fitness**, 6:30-7:30pm; Jeff Larsen, Instructor.
Sat: Marinette Aud, **Zumba Fitness**, 8:30-9:30am, Jeff Larson, Instructor.

Cost: Members: \$2 per class; Visitors \$2 per Class; Escorted Guests \$4 per Class.
Annual Membership: \$5
FMIC Jan at 623-972-0099.

Tell us why you love Sun City AZ!



Why not help spread the word like these people are doing right now at www.suncityaz.org? Submit your written testimonial about why you love Sun City AZ (200 words or less) along with your photo to sunviews@suncityaz.org. Let us know where you moved from, how long you’ve lived here and whether you are a full-time or seasonal resident. We would love to hear from you!



Tips from Get Fit for Life -

Three Reasons to Love Strength Exercise

"Strength Exercise is a valuable tool for active aging adults," states Jane Fortier, co-owner of Get Fit for Life. "It should be part of every senior's arsenal for personal fitness. Continued research by the National Institute of Health and numerous university medical studies supports the following three reasons for falling in love with Strength Exercise!"



Above: Chris and Suzanne Roberts were introduced to Strength Exercise by Trainer Jane Fortier, and they LOVE their weekly workouts at Fairway Fitness.

It Makes Losing Weight Easier – Love That!

Since muscle is active tissue (unlike fat, which is inert), it requires energy to be maintained. Starting in the 30s, most people (especially women) lose half a pound of muscle a year. After age 60, this rate of loss doubles. Regular strength exercise can preserve muscle throughout the lifespan and rebuild lost tissue. Strength training can provide up to a 15% increase in metabolic rate, which is helpful for weight loss and long-term weight control. For every additional pound of muscle the body gains, it will burn an additional 50 calories a day. Consistent and correct strength exercise, two to three times a week, can result in a gain of 1-2 lbs of muscle and loss of 3-4 lbs of fat, over an 8-week period. The more muscle a body has, the more food that body can burn - without gaining weight.

It Reduces the Effect of Certain Health Risks – Love That!

Strength exercise improves Osteoporosis. When muscles are stressed, the bones they are connected to are stressed as well. This activates "osteoblasts" – cells that build bone density. A strength exercise program that includes muscles connected to the hips, spine and pelvis will help to improve bone density in these areas, commonly affected by Osteopenia and Osteoporosis. Strength exercise reduces the risks of Diabetes. Adult onset (type 2) Diabetes is a growing problem, with over 15 million Americans suffering from the condition. Strength training increases glucose utilization by 23 percent in just four months. As muscles contract and relax, during exercise, they use sugar (glucose) available in the blood stream for energy. Exercise reduces blood sugar levels and decreases the amount of insulin needed for glucose management. Strength exercise reduces Resting Blood Pressure levels. Tests reveal that people who strength train shift from the high-normal RBP category to the normal RBP level. Strength exercise improves the ability of the heart to work, allowing it to pump more blood with less effort. Less effort results in less force (or pressure) on individual arteries.

It Makes Life More Enjoyable – Love That!

Chronic depression can be improved with strength exercise. When strength training is coupled with counseling, clinical depression symptoms improve faster. Sleep patterns become more stable, when a person strength trains. Exercisers fall asleep quicker, sleep more deeply, awaken less often and sleep longer. As a body ages, muscle mass decreases, causing skin to sag and wrinkle. Strength exercise can fight age-related muscle loss and help to maintain a more youthful physique. Building muscle makes everyday activities, such as lifting grandchildren, carrying groceries, and working in the yard much easier. Being in shape builds confidence and self-esteem, and definitely improves quality of life.

Get Fit for Life personal trainers are experts at creating safe and effective Strength Exercise programs, based on needs, goals and medical issues. To find out more about working with a personal trainer, call 623-696-6820 or visit Get Fit for Life, Sun City on Facebook.

LaTouch Wellness Massage Therapy Shares... Therapeutic Swedish Massage Has Many Benefits

For many people, massage and bodywork are a critical part of their health and wellness strategy—an idea medical professionals are increasingly embracing. In a recent online survey, massage devotees talked about their commitment to regular massage therapy. Many of them would define massage as, "My monthly reset button, helping me to reducing stress, relieve aches and pains and increase endorphins."

Swedish massage is based on the Western concepts of anatomy and physiology, as opposed to energy work on "meridians" in Asian massage systems. Most people get a 30-60 minute Swedish massage, but 90-120 minutes gives the therapist more time to work the muscle tissue and achieve results.

Before the massage, the therapist should ask you about any injuries or conditions that he or she should know about. Things you would want to tell a therapist include areas of pain, discomfort, any allergies, joint replacements, surgeries, and medications you are currently taking. Its best not get a massage if you are ill.

A Swedish massage can be slow and gentle, or more vigorous, depending on the therapist's personal style and your preference. You can also tell them up front if you preference for light or firm pressure. During a Swedish massage you generally undress to your comfort level and lie on the massage table under a sheet covered from the neck to your toes. The therapist uncovers only the part of the body he/she is working on. The therapist will incorporate various massage techniques that include effleurage, kneading, friction, stretching and tapping. Usually the therapist will check in with you periodically concerning your comfort level; if there is anytime you feel uncomfortable please let your therapist know. They want you to have a beneficial and rewarding session.



Swedish massage sessions can target specific areas of pain like knee, neck and shoulder discomfort, or it can be used to manage the chronic pain that accompanies conditions like arthritis and fibromyalgia. Swedish massage can help make many painful conditions more bearable. Swedish massage also helps to improve circulation; it facilitates the flow of essential nutrients and oxygen to your body.

LaTouch Wellness is located within the Fairway Recreation Center. Please contact Laura at (623) 201-0378 to schedule your appointment today.

Group Equipment Demos in May

Bell Center	Wednesday, May 3 @ 11:30am with Dick
Marinette Center	Wednesday, May 10 @ 11:30am with Dick
Fairway Center	Wednesday, May 17 @ 11:30am with Jane

Note: Pre-registration is required for group equipment demonstrations. Please sign up with the Facility Attendant at the appropriate fitness center in advance as space is limited.

Member Fitness & Massage Services

 <p>Get Fit for Life Fitness Training 623-696-6820</p>	<p>Sundial Center Free Spirit Massage 623-225-8582</p> <p>Bell Center Jan Najera 623-521-0771 Lisa McCoy 623-210-2707</p>	<p>Fairway Center Laura Moore 623-201-0378 latouchwellness@ massagetherapy.com</p>
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Arts & Crafts

Oakmont Needle Arts & Crafts

Sun City's hidden Jewel of a Club; a place to learn basic knitting, crocheting & embroidery. Every Thurs, mentors start you on your adventure into needle arts. Every fourth Thurs members show & tell current/completed projects. We meet at Oakmont, Thurs, 8-11:30am. Come: learn, socialize & enjoy jokes & treats. FMIC Phyllis 972-2609.



SewNSew Club

Membership open to all RCSC cardholders: \$5 annual dues.

outique & Open sewing Tues & Sat 9:30-3p; Thurs: 1:30-3p. Boutique sales include doll clothes to fit American Girl Doll.

SewNSew appreciates fabric donations that help us serve our community. Donations accepted during open sew times.

Mending at Olive Branch Senior Center 8:30-10:30 every Monday that center is open

5/3: Good Design Machine Embroidery w/ Joy Olcott: \$20 9a-4p

5/4: Show & Tell/Potluck, 9:30a; Open Sew 11a-3p

5/9: Doll Clothes SIB 12:30p

5/11: Board Meeting 12-1:30p

5/17: Machine Embroidery SIG 9:30a-3:30p

5/23: Doll Clothes SIG 12:30p

Certification required for all machine use. Sign up in club room for:

Brother sewing machine: 1) 3-hour class: \$6

Baby Lock Imagine Serger jet-threading machine: 1) 3-hour class: \$6

Baby Lock Embroidery machine: 2) 3-hour classes: \$12

Cover Stitch Machine: 1) 3-hour class: \$6

Heavy Duty machine for bulky fabrics: 1) 3-hour class: \$6

Sewing classes on topics requested by members are scheduled.

See reservation list in club room for specifics. Reference materials, club patterns and embroidery designs available to members during open sewing hours

FMIC 977-9460 or www.sewnsew.info/

Fairway Woodworking - Raffle

Raffle tickets now on sale for 645 piece handcrafted wooden train set, complete with interior seating. Need not be present at time of Raffle (November Arts & Crafts Festival) to win. 1 Ticket/\$5, 3 Tickets/\$12, 6 Tickets/\$20, 10 Tickets/\$25, 15 Tickets/\$30. All proceeds help our club maintain or purchase new woodshop equipment. Come take a look around. Enjoy a great club & rewarding hobby in our large club room containing the latest equipment & tools. FMIC 972-4385

Bell Metal Club

Love metal? Love art? Come to Bell Metal to be both innovative and artistic! Not only can you work with metal, we can fix & replace garbage can lids or make your mailbox secure by adding a locking security box. We have all the equipment to cut, weld & machine metal; we even build small engines. Come visit our shop &/or join us Mon-Sat, 8am-4pm. Membership open to all RCSC Cardholders. Dues: \$10 per year. Call to see if we can repair your broken metal items. FMI 623-974-8206.

Artistic Weavers/Fiber Artists

Regular club hours: Mon-Fri 9am-3pm. Stop by our club room at Oakmont for details & sign up for classes. Spinning Instructions are fun, free & available most Wed. Annual membership: \$12. Open to all RCSC Cardholders. Workshops & classes on Overshot, Bound Weave, Inkle & Beginners Too are being scheduled. Stop in for details. We'd love to have you join us!

Bell Ceramics

Bell Ceramics Club is for beginner-to-advanced ceramists. Classes offer various techniques including: stains, oils, glazes, underglazes, chalk, clay add on, banding, carving & more. Annual Membership: \$7 (RCSC card required). Additional fees for classes from \$8-20. Each club member must volunteer if they wish to use club kilns, take classes or sell finished pieces in club store. Store has greenware, paints & other supplies for sale. Members can choose from over 1,300 molds. Club Hours: M-F 9am-3pm; Sat 9am-noon & every Thur from 5:30-9pm. Please stop by & show your interest in attending during these hours. FMIC 974-6750 (club room).

Fairway Sterling and Stones

All RCSC Cardholders are welcome to tour our club. People new to jewelry making, lapidary, & glass fusion may arrange classes convenient to them & instructors who teach: Silver Craft, Various Types of Chain Making, Wire Wrap, Reticulation, Lost Wax Casting, Viking Knit, Steam Punk Jewelry, Glass Fusion, Lapidary. Annual Dues: \$15. Jewelry Store Open to Public, 8am-12pm, Mon, Wed & Fri or by appointment; call 623-977-2208 during business hours. Craft Supply Store open 10am-12pm, Mon, Wed & Fri & by appointment. Jewelry Store & Work Rooms (Fairway Rm 136 next door to the Trains) open 8am-12pm, Mon, Wed & Fri. FMIC 623-977-2208

Camera Guild

Exciting classes, social events, competitions & Grab (Your Camera) & Go outings. Club Room, Sundial (2nd floor). Contact club for details. We love to share ideas. FMIC Dan 480-363-2702. Additional information about activities, classes & social events found at: www.cameraguildsuncity.com. Please visit club room on Sundial Upper Level, Mon-Fri, 9am-noon.

Fairway Knitters

Knit and crochet items for the military, care centers, school children and the homeless of Phoenix as well as other charities. Join us any Friday between 8:30am-2:30pm. You can work on your own projects using your own yarn or you can work on projects for the club using club yarn. We also have items for sale if you like to shop. We meet in Fairway AZ Room 4. Annual membership: \$3. FMIC 623-972-9736.

Handweavers & Spinners Guild

Help us celebrate 47 years as a chartered club! Skilled instructors teach weaving, spinning, basketry, tatting, hardanger & beadweaving. All skill levels welcome; Special Interest Groups (SIG) meet weekly year-round in well-equipped Sundial clubroom. Annual dues: \$10. Variety of classes available or meet singly w/instructors during SIG. New members may use equipment/work on personal projects once basic skills are established. General member meetings 1pm first Mon monthly (Oct-May); occasionally include speakers/demonstrations; always snacks/socializing! Other social events include: Halloween, Christmas parties & Spring omelet brunch. Classes/workshops held year-round; regular club hours: 9am-3pm Mon-Fri, Oct-May (summer hours vary). Beautiful hand-crafted items for sale; store open during club hours. Members participate in holiday fairs/craft sales events over the year. FMI sunaz.com/handweavers-spinners-guild/ or call 623-933-0397.

Lakeview Ceramics

May: another month of fun & informative classes at Lakeview Ceramics. Pat Johnson teaches Doc Holliday Roughcut; a quick & easy technique that gives a beautiful faux bronze finish to any piece of ceramic bisque. It looks absolutely spectacular on some of the western pieces the club has available for purchase. Paula Bauer has a seminar or two on the "when and how" to use some of the beautiful paints the club has in stock. The beautiful finishes you can get are truly amazing & Paula's seminar supplies the confidence to try something new. So come to the clubroom to get more information; and join the club. Fun is just around the corner and we would love to see your ceramic adventure start.

Learn Leather Craft

Open to all RCSC Cardholders. Annual Dues: \$10. Beginner classes Tues/Thurs, 8am. Learn carving, stamping, garment & construction. Lessons, patterns & tools furnished. We meet at Marinette. Hours: 8am-12pm; Mon-Fri. Closed August. Learn to make leather goods: belts, purses, holsters, even mini saddles, etc. A great group of people & a wonderful craft. FMIC 623-594-6591 or 623-933-8831.

Sundial Silverstones

No Experience Necessary! Membership open to all RCSC Cardholders. Beginning classes offered (minimal fees) in basic silver, glass fusion, mold making, lost wax/casting, lapidary, chain making, wire wrapping & faceting. Our well-equipped club is open M-F 8am-3pm & Sat 8am-noon. Jewelry store open to all for purchase of member-crafted items, M-F 8am-3pm & Sat 8am-noon. Come take a tour of our facility.

Lakeview Woodworkers

Come see our many beautiful wood crafts! Men & women welcome; consider tapping into your creativity & making something with your hands. It's a wonderful feeling. We make a lot of sawdust, but usually something special to show for it. Our club is a fun & happy place; members are always willing to help. Open Mon-Fri 8a-4p, Sat 8a-12p. Summer hours: Mon-Sat 8a-12p. Annual Membership: \$20. FMIC 623-933-2355

Marinette Clay Corner

Reminder! On 5/1 Marinette Clay Corner changes to **Summer Hours**: May 1 - Sept 30: M-W 9a-9p & Th-Sat 9a-5p Closed on Sundays

If you are a member & stay for the summer, don't forget we offer Fun Workshops all summer; check Club for schedule. Stop & visit, we always have items for sale! Each piece of pottery for sale is made by a Club member. We meet at Marinette, the NW corner of 99th/ Union Hills, Building A. FMI about joining our club, call 623-977-3167. New members always welcome! Annual dues: \$15. Visit www.marinetteclaycorner.org for additional information. Please remember Marinette Clay Corner is available for all RCSC Cardholders

Jewelry at Oakmont

May - September club hours: Mon-Fri, 8am-12pm; Sat 9am-12pm. Classes offered in lapidary, silvercraft, glass fusion, faceting, beading, wirewrap, and scrimshaw. FMIC Contact John Schmidt 623-322-4595

Artists by the Lake

Artists by the Lake, Meets in the Lakeview Art Room, 2nd floor. FMIC Janene Geisner 623-810-9112.

Friendship Quilters

Our club was built on friendship & the common interests of quilting/creating projects with fabric. We welcome new members of all levels & interest. Many members have found quilting sisters at the club. We encourage you to stop by the Bell Craft Village Quilting room on one of our meeting days. Come in & enjoy with us our contemporary version of the "Quilting Bee." We are open Mon, Thurs & Sat: 9am-3pm & 5-8pm on Mon; Wed: noon-8pm. Annual dues \$5. Membership/participation open to all RCSC Cardholders. FMI visit www.friendshipquilters.us

Arts & Crafts (continued)

Sun City Calligraphy Society
General meeting 9am on 5/5 in Sundial meeting rooms. Cards for sale to public during regular club hours, Thurs & Fri, 9-11am. Card samples presented in Sundial display case or in club window anytime. Members may practice writing and work on Love Cards or personal projects during regular club hours. If you wish to participate in any club events or classes, membership is open to all RCSC cardholders. FMIC John Staggs at 623-210-9137.

Palo Verde Artists
Members encouraged to renew social connections. Current RCSC cardholders welcome to check out our friendly artists' group. Annual membership: \$10; makes you eligible to sign up for classes & workshops, for beginners to experienced painters & sketch artists. Classes & workshops may entail additional fees. Our club holds many free events such as artists' demos, "Paint-Ins," Open Painting, friendly critiques and video lessons, as well as social events.

Fairway Ceramics & Porcelain Club
Ceramics: a fun, engaging hobby offering a multitude of ways to create items for the home, garden, and as gifts. Or, you might discover that unique & truly special gift in our Club! All Escorted Guests & Visitors invited to take a club tour, have a cup of coffee and enter a free monthly drawing for an awesome door prize. Fun & low-cost classes: airbrushing, clay lifting, glazing, brushstrokes, decorating w/translucents, Zentangle, underglaze pencil, clay building, overglaze application, stoneware & many other techniques. All skill levels welcome. Annual membership (Jan-Dec): \$10 per RCSC cardholder; family memberships (for 2-same address): \$15. A basic orientation w/buddy-mentors helps new members get started in a friendly, encouraging environment. Greenware, tools, & supplies available for purchase on site. Open: 9am-3pm; Mon-Fri; 9am-1pm Sat. FMIC 623-972-5818, or Dott McDaniel 623-748-3313. Located on Fairway 2nd floor. Fairway Ceramics – The Fun Club!

Bell Silver Craft Club
Visit our fully, professionally equipped silver craft workshop & sales room. We offer beginning classes in basic silver work, introducing students to silvercrafting fundamentals. We also offer classes in lost wax casting, turning wax models into beautifully cast silver or gold, chainmaille for stunning bracelets & necklaces. Other specialty classes/demonstrations offered throughout the year. You are welcome to tour our club & see the possibilities. Jewelry sales store hours: Monday-Saturday 9am-3 pm. Silver-crafting hours: Monday-Saturday 8am-3:30pm. We are located right around the corner from the visitors center at Bell. FMIC 623-933-8442.

Creative Quilters
Regular Club Hours: Mon & Fri: Open Sewing 8am-4pm; Tu & Wed: Open Sewing w/Sew N Sew to 3pm; Fri: Bus. meeting, announcements, programs 9:30am. Boutique items available for purchase during Club hours. **Upcoming Events:** Watch our news items & stop by Club room to look at class book for more details as they become available. Membership/participation open to all RCSC Cardholders

Sun City China Painting
We invite you to paint with us at Fairway room #217(second floor). We meet 4 days a week. Club open to all RCSC cardholders; Annual membership: \$5. Cardholders welcome to attend three times before joining. Free beginning classes every Tuesday 10a-12pm; supplies furnished. If interested please call Arleta at 623-810-9863, or sign up in the Fairway China Painting room.

Sun City Clay Club at Lakeview
Curious about pottery & how it's made? Beautiful pottery can be handbuilt or thrown on a wheel. Visit us to learn what fun it is. New members welcome & invited to join w/ or w/o experience. Our great teachers & friendly members can get you started. Introductory classes offered year round; one day workshops for those who wish to improve/enhance pottery skills. We also make bowls for the "Empty Bowl" event in October. SCCC has participated in this event for 26 years & donates a minimum of 200 bowls. Stop in, tour our club & find out about upcoming classes/events. We have pottery on display & for sale. Current hours: Mon-Thurs, 8:30am-8:30pm, Fri-Sat, 8:30am-4:30pm. FMIC 623-933-0899

Oakmont Ceramics
Annual Dues: \$5 Club hours: Mon-Th, 8am-3pm; Tu/Th 5:30-9pm; Sat 9am-1pm; closed Fridays; Whether you're a beginner or advanced ceramist, this Friendly Club is for you. See Sign-up sheets in Club for special classes/workshops. FMIC 623-363-3908 or come by the Club during Club hours.

Bell Craft Club
Open M-Sa 9am-3pm & M,W,F 6-9pm. Classes/workshops available include: Bead weaving, Greeting Cards (4), Copper Enameling (2), Placemats, Candle making, Quilling & Cross Stitch, Painting, Plastic Canvas, Knitting, Crocheting, Silk Flowers, Craft Beading, Polymer Clay, and Brazilian Dimensional Embroidery. Classes taught by active members. If you have a craft you think others would enjoy, become a member & teach. Boutique open for purchase of unique handcrafted gifts made by our members. General Meetings 2nd Thurs, Sept-May. Annual Dues: \$10. New members joining July 1-Dec 31: \$5. All regularly scheduled classes free to club members. Membership open to all current RCSC Cardholders. FMIC 623-974-3497.

Performing Arts



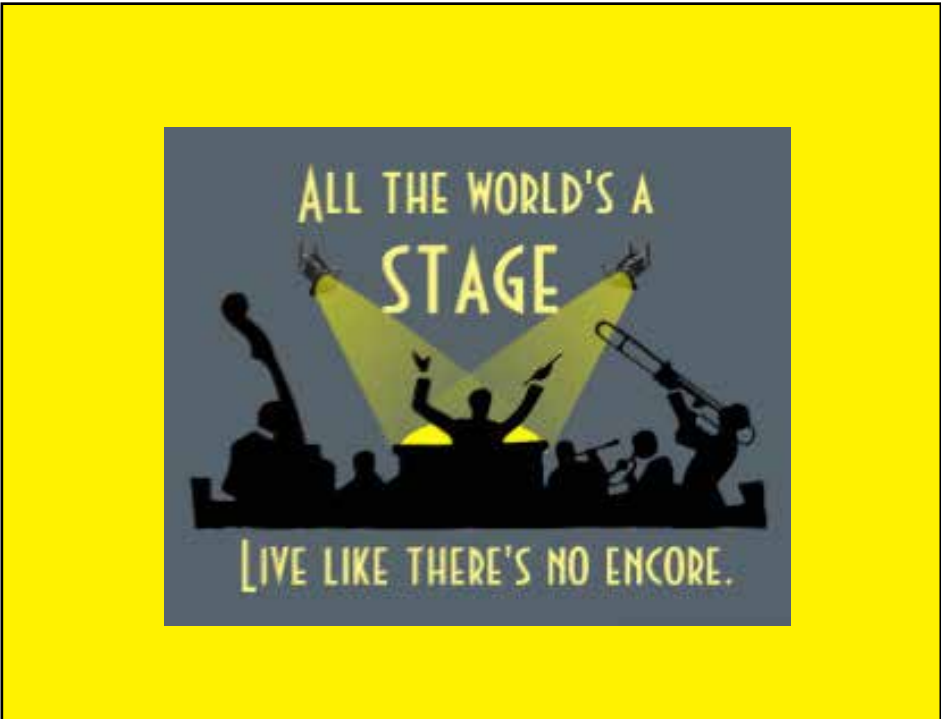
Piano Club of Sun City
Broadway Hits in April was our last music program of the season! The Piano Club of Sun City is closed for the summer but will return in September. Join us then for more great music. RCSC visitors and escorted guests are welcome. FMIC 623-792-7266.

Sun City Womens Chorus
On break till September. At that time we begin rehearsing for our Holiday concert, which will be on Sunday, 12/3 at 2pm in the Sundial Auditorium. The chorus is open to women of all musical backgrounds who enjoy singing in a local choir setting. Rehearsals (currently suspended for the summer) every Thurs, 8:45-11am in Fairway Music Room. FMIC 623-583-1988.

Readers' Theater Ensemble
Readers Theater provides a venue that encourages & support members interested in performing drama without having to memorizing a script. This helps members learn & gain experience in developing/showcasing their talents by reading a variety of material using voice, facial expression & body language to enhance the spoken word. Readers perform one act plays for many organization & clubs throughout the year to fulfill their entertainment needs. For bookings contact Ann Case 612-730-9699; for general information call President: Cecilia Simonelli 623-210-1810. Club membership open to all RCSC cardholders. Meetings: Fri 1-3 p.m. in Social Hall #3 LV.



Choraliers of Sun City
An auditioned choral group composed of men and women with a diversity of musical backgrounds. Our group performs a wide variety of music for social functions, churches, health care facilities, and retirement communities. Currently we are very interested in increasing our tenor, baritone, and bass voices. Rehearsals are suspended for the summer and will begin again in September. So if you are looking for a place to satisfy your musical fulfillment please stop in to listen to us, or check out our website www.suncitychoraliers.com.



Dances

**Sun City Ballroom Dance Club at Bell**

The Sun City Ballroom Dance Club meets at Bell Social Hall every Sunday evening throughout the year except Thanksgiving, Christmas and Easter. Dances open to all RCSC cardholders and escorted guests. Join us at 6:30pm for socializing and a fun evening of dancing. Dancers at all levels of accomplishment are welcome. We have mixers and line dances. Casual dress code but no tee shirts, jeans, cut-off shorts, or sport shoes. Annual membership: \$3; members admission is \$5, escorted guests \$8. The Sunday dance is 7-9:30pm. Coffee, ice and cups provided or bring your own snacks.

May Live Music Schedule: 5/7 Michael Carollo; 5/14 Manuel Dorantes, 5/21 Bob Roppolo, 5/28 Michael Carollo

June Live Music Schedule: 6/4 Manuel Dorantes; 6/11 Michael Carollo; 6/18 Bob Roppolo; 6/25 Manuel Dorantes

FMIC Julie (623) 533-6236 or visit: www.suncityballroomdanceclub.com

PLEASE NOTE: All Group Dance Lessons have been Cancelled until further notice.

Sun City Singles Dance Club

Singles and couples invited to join us for social & ballroom dancing at Sundial, Friday, 7-9:45pm. Whether you love to slow dance, are an accomplished ballroom dancer, or somewhere in between, you'll enjoy dancing to some of the best live music in the Valley. Free dance lesson with paid admission: 6:20pm. No partner required for lesson; Students rotate so everyone has an opportunity to dance. We also have a couple "Mixers" and a couple "Line Dances." Admission: \$5/members; \$8/escorted guests. Enjoy socializing and the opportunity to make new friends. Be comfortable, but please - no jeans, shorts, pullover shirts, hats, tennis shoes or flip flops. Coffee, ice and cups provided. FMIC Bob (623) 215-8718 or visit our website at: www.suncitysinglesdanceclub.com. Open to all RCSC Cardholders and their escorted guests.

May Dates: 5/5 Bobby Freeman; 5/12 Manuel Dorantes; 5/19 Mike Carollo; 5/26 Bob Roppolo

Sun City Line Dance Club at Sundial

Dance on a beautiful wood dance floor every Tuesday and Thursday 10am-1pm in Sundial ballroom/auditorium. Free dance lessons start 15 minutes prior to each dance. Exception: Thursday, May 25 in Fairway's Arizona rooms. Serving cookies, pretzels, mints, coffee, and water. Members, visitors, and escorted guests welcome. Club membership \$5. Daily dance: \$2/members; \$5/visitors, and \$6/escorted guests. FMIC Walter 623-972-5127 or visit [SUNCITYLINEDANCECLUB.FACEBOOK](https://www.facebook.com/SUNCITYLINEDANCECLUB) containing links to teaching sessions for our dances; or website: www.suncitylinedanceclub.com

Bell Tea Dance

All dances on Wednesdays from 2-4pm at Bell Social Hall. Music provided by local keyboard artists. Dances consists of Foxtrots, Waltzes, Latin, Swing and Rock; two mixers and line dance included. Coffee, tea & cookies provided. Singles welcome. Admission: \$4/Club Members; \$6/Escorted Guests. FMIC 623-933-8873.

May Schedule: 5/3 Mike Carollo; 5/10 Manuel Dorantes; 5/17 Bob Roppolo; 5/24 Manuel Dorantes; 5/31 Bobby Freeman

**Country Dance Club at Sundial**

Come dance with us on May 6 and May 20 at the fabulous Sundial ballroom. There is something for everyone; a good mix for couples free-style, couples pattern, & line dancing. Bring your own snacks and beverage. Ice, water, cups & cookies provided. Both dances are 6:30-9:30. Doors open 6:00 pm. The dance lessons prior to the dance have been suspended for the summer months. Admission: \$3/members and \$5/visitors and \$6/escorted guests. Annual club membership: \$5 with RCSC photo ID. FMIC 623-972-5127 or visit www.countrydanceclubsc.com.

Mark your calendars for our **Special Event** on Saturday, June 3, featuring **Steel Nickel**, a live country western band. No increase in price.

**Rockin' Thru the Years – Saturday Nite Fever**

Only dance club dedicated to Classic Rock And Roll, Disco, DooWop and Country Rock. We have our own sound system and use 2 different DJs to play music from the 50s thru today. Will play requests as long as they fall in R&R genre. Singles & couples welcome; No Dress Code! We furnish cups & ice; BYO snacks & favorite beverage. Admission: \$3/members; \$6/escorted guests. Annual RTTY membership: \$3 w/valid RCSC Membership. Remember: No partner or dance lessons needed to enjoy dancing to R&R & Disco. Dances at Bell; RTTY has drawings for prizes at every dance. Doors open 6:30pm; dance 7-10pm. FMIC 623-332-7894 or visit: rockinthruthereyears.com.

We play videos with your music on our 10' x 5' video screen!
May Dances: 5/13 – DJ Jamee Soulez; 5/27 – DJ Ryan Blair;

**Classic Rock Dance Club**

Let the good times rock 'n roll with Classic Rock Dance Club! You are invited to our Classic Rock dance every 1st & 3rd Saturday nights of every month at Fairway (Peoria/107th). We are the only dance club that plays Classic Rock N Roll non-stop from the 50s, 60s & 70s.

5/6: DJ John Urzi
5/20: DJ Ron West

Doors open at 5:30pm, dancing 6-9pm. Bring your own beverage; cookies, cups, ice and napkins are provided. Singles and couples welcome; casual or dress up. Open to all RCSC cardholders and their escorted guests. Annual Classic Rock club membership: \$3W/valid RCSC membership. Admission: \$3/members; \$6/escorted guests.

*We now have a Facebook page, search for CLASSICROCKDANCECLUB, click on like to automatically get new feeds.

FMIC Donna 623-628-4401 / 360-350-8160/ classicrockdanceclub@gmail.com

**Sun City Squares**

Closed until October 31 when our first dance is our famous Light Dance, 6:30-7pm Pre-Rounds; 7-9pm Mainstream Mainstream/Plus Square Dance. Dee Dee Dougherty, Caller. \$5/members \$7/escorted guests & visitors. We dance at Bell SHs. Ask about reciprocity! FMIC 623-930-7513; 623-875-2642 email: suncitysquares@q.com Dances are open to RCSC Card Holders and their Escorted Guests.



Dances Lessons

Country Dance Lessons

The Country Dance Club offers Couples Pattern Dance lessons every Tuesday night at Oakmont Recreation Center from 6:30-9pm. Once you learn some of these dances, you will be all set to join the pattern dancing at our club's dances at Sundial on May 6 and May 20. The cost, which covers the entire 2 1/2 hours, is \$4 for club members, \$5 for RCSC cardholders and \$6 for escorted guests. FMIC 623-972-5127 or 623-242-9535.

Sun City Ballroom Dance Lessons

PLEASE NOTE: All Group Dance Lessons sponsored by Sun City Ballroom Dance Club have been cancelled until further notice.

Tip Top Dance Club

Tap Dance Classes: All Levels of Experience Welcome, Men & Women Welcome
Tap Classes at Marinette: Tap 1: Tues, 9am; Tap 2: Mon, 10:15am; Advanced Variety: Mon & Fri, 9am; Advanced Tap: Tues & Fri, 10:15am; Fri 10:30am; Introductory Tap: Tues, 8:15am by appointment only. Cost: Annual Dues: \$10; plus \$12-24 per month, depending on classes. FMIC Velvet 623-824-5146. **Moving to the Beat:** Tues & Thurs, 1pm; \$10 annual dues plus \$3 per class. **Pilates Classes at Bell:** Mon & Fri, 1pm; \$4 per class; FMIC Betty Grantham, 623-505-3028. Open to all RCSC Cardholders and their escorted guests. FMIC Velvet 623-824-5146

Educational Classes

Computer Club of Sun City

Our members come to our Club in the Fairway Recreation Center to share computer knowledge and experiences, including current Microsoft Operating Systems, Android Smartphones and tablets in a fun social environment. This includes Windows 10, the Internet, mobile devices, media, home, office and social. Members of the Club can come anytime that we are open and use our computers in the Member's Lab to check



email, read the news and visit favorite websites. They use our scanner to scan their important documents, precious old pictures, prints, slides and negatives. Classes, special interest group discussions, workshops and presentations are both interesting and educational.

We have two entire classroom equipped with Windows 10 computers and many classes using Microsoft 10 are scheduled. Classes are usually announced at least two weeks before and require club membership. You'll need to come to the club to register. Sign up early as they do fill up fast.

Our Workshops are focused, informal, hands on, and with smaller groups. Membership is required. Topics of the Workshops are targeted to a specific topic and will be related to PCs or Android Devices. Tables are arranged for members to use with their own laptop, tablet, or phone.

All RCSC cardholders are welcome to join the fun! In May, you can join by attending a short "Join Us" presentation in our Club on any Friday. Come in anytime between 9a to 10:30a. It only takes a few minutes to join! Come to our club. For more information, call 623-933-8953 or visit our Club Website: www.firstsuncity.com

The Computer Club of Sun City is on the 2nd floor of the Fairway Recreation Center

Clubs Hours: Mon - Sat: 8a to Noon. Closed for the Holiday on May 27, 28 and 29.

First Week

Android Devices SIG on May 1 at 9a
File Explorer using Window 10 Class, May 1, 2 and 3 from 9a to 11a
Club Board Meeting on May 4 at 9a. Open to all Club members
Round Table Discussion on May 5 at 9a
Web Team meeting on May 6 at 9a

Second Week

Internet Email SIG, May 8 at 9a
Genealogy SIG, May 10 at 9a
Round Table Discussion on May 12 at 9a
Investor SIG on May 13 at 9a

Third Week

Android Beginners SIG on May 15 at 9a
Computing 101 Class, May 16, 17 and 18 from 9a to 11a
Android Beginners Workshop, May 17 at 9a
Monitor Training on May 18 at 11a
Hardware Clinic on May 19 at 9a

Fourth Week

Microsoft Windows SIG on May 22 at 9a
Round Table Discussion on May 26 at 9a



Spanish Club - El Círculo Español

A fun, low pressure way to expand your mind and make friends. We have about a dozen classes and an all-level conversation class during the summer. If you haven't yet joined, don't wait! Annual Dues: \$10 beginning October 2017 to RCSC Cardholders. Includes all classes you care to attend. Start or stop a class according to your schedule. We are user friendly. We assist in finding free or low cost books. We try to arrange carpools for our outings. New members are welcome! FMIC our president, Lidwina 623-256-8376

Mondays:

9-11a: Beg Lvl 1 *Text Book (Jan 2018)
11-1p: All Lvl Conversation (Oct 2017)
1-3p: Beg Lvl 1, *Text Book (Jan 2018)
3-5p: Beg Lvl 1, *Text Book (Oct 2017)

Tuesdays: (2018 Rm 129)

9:30-10:30a Drop-in Workshops, 1st & 3rd weeks,

Wednesdays (Oct & Nov 2017 RM 129)

8-10a: Beg Lvl 2 *Text Book
10-12p: Beg Lvl 1 *Text Book
12-2p: Conversation
2-4p: Beg Lvl 2; Destino Videos

Thursdays (2018 Rm 133)

9-10:30a Beg Lvl 3 *Text Book
10:30a-12p Intermediate Conversation

Summer Wednesdays (June/July/Aug FW Room 133)

1-2:30p: All Levels practice/conversation

***Text Book = "Spanish Made Simple"**

Membership Renewals October 19

Finger Food Pot Luck & Class Registration FW AZ rooms 1 & 2, 5:30pm

FMI: SunCitySpanishClub@gmail.com or visit [Sunaz/](http://Sunaz.com) [Spanish-club/](http://Spanish-club.com) or call 623-256-8376 Lidwina or 480-262-4461 Boots

SunMacs Computer Club

Our Summer Hours, Tu-Th 8:30-10:30a are observed May Through October. We are Closed from August 1 through September 18.

Our next General Meeting will take place on Saturday, November 11, 8:30-10:30a in the Sundial West Hall. Coffee and treats available before the 9a program. The program topic for this meeting will be announced at a later date. You can renew your membership for 2018 at this time. Election of officers for 2018 will take place before the program.

We specialize in assisting our members with Apple Products and Software. Located at Sundial; RCSC card required for membership. Annual dues: \$20 single/\$30 couple. Collection of 2017 dues ended April 15th. We begin collecting 2018 dues in November.

We offer Classes, Round Tables and Socials free to club members. Some classes require pre-registration. Visit www.sunmacs.org or our club room (933-5300) FMI



Life Long Learning

The Sun City Lifelong Learning Club offers 30-40 lectures and multi-session classes each "semester" at Fairway. Classes offered October-December and February-March. Topics include art, music, history, health & well-being, finances, current affairs & entertainment. Instructors are volunteers & residents of Sun City & nearby communities with wide & varied experience. Local organizations also volunteer staff members as instructors. Dues: \$20 per calendar year. If interested, please email sczlifelong@gmail.com or call 623-533-5756. Fall classes currently listed on Life-long Learning webpage at www.sunaz.com. Find our brochure on the bulletin board outside the Fairway Room 129 and at the Lakeview Clubs Office.



Welcome to Sunshine Service

People, meeting needs of people is what Sunshine Service is all about. Sunshine Service lends medical and children's equipment to residents of Sun City and we have been doing so for over 54 years. We are a charitable non-profit Arizona corporation and are funded by voluntary contributions and memorial gifts.

While the equipment is available for the use of all residents or visitors staying with residents, the equipment must not be taken out of Sun City on a permanent basis. As a matter of control, equipment is loaned only to Sun City residents.

Records show that as the population of Sun City grew, so did use of our medical equipment. Savings for Sun City residents have been calculated periodically; in 2015, it was estimated that residents saved over two million dollars in cost of equipment for that year alone.

Sunshine Service, Inc has received local, state and national recognition. Awards received include the George Washington Honor Medal for services to the sick and handicapped from the Freedoms Foundation of Valley Forge in Pennsylvania.

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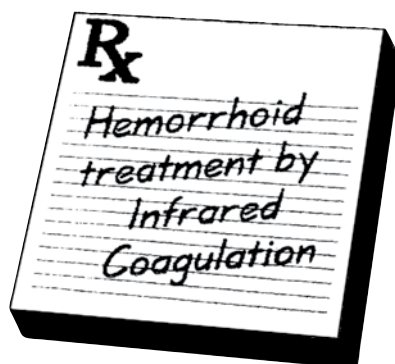
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SALES • SERVICE • INSTALLATION • CARPORT ENCLOSURES

OPERATIONAL DOORS & OPENERS ON DISPLAY!



Model
8355-7

**7' 1/2 HP Belt Drive
Garage Door Opener**
NOW ONLY! \$349 Installed.
Plus tax.

Must present coupon. Can't combine with other advertised offers. Prices subject to change after 5-31-17.

16 x 7 Garage Doors

Starting
at

\$775

Installed.
Plus tax.

Includes removing existing door
& reconnecting existing opener.

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Prices subject to change after 5-31-17.

SPRING MAINTENANCE SPECIAL

\$59

Garage Door Tune-Up

Tighten hinges, lube and/or adjust
door springs and opener.

Must present coupon. Can't combine
with other advertised offers. Prices sub-
ject to change after 5/31/17.

Includes 16 point safety inspection.

Located In Sun City For Over 16 Years!

LIC # ROC 161375
HOA • COA • POR



\$100 OFF

**Any Steel-backed Insulated
16' x 7' Garage Door**

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623-915-7777

99th Avenue & Olive • Monday-Friday 8am-5pm • Saturday 8am-Noon

We are here to give you a helping hand...



Serving the Northwest Valley since 1990!



Meet Our Staff

From LT to RT standing: Diana Swens, Staffing, Shelley Ouimette, Scheduling Coordinator, Natalie Henrichsen, Sales & Marketing, Mary Jo Cuttall, RN, Kay Spofford, RN.

Seated from LT to RT: Jane Keys, Memory Care & Education, Janice Grady, Office Manager, Dot Scherr, RN, Lola Judy, Owner/President.

Sun Cities CareGivers

provides help with personal care, household chores, transportation to appointments, exercises, good nutrition and, most importantly, makes it possible for people to stay in their own home.

Companion/Homemaker:

Assists with household chores & errands

Personal Care Attendant:

Assists with personal care needs

Certified Nurse's Aide:

Assists with doctor/nurse supervised care needs

Registered Nurse:

Sets up medication and supervises usage

FREE In-Home Consultation!

with mention of this ad.

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Sun Cities CareGivers

623.974.2397

13203 N. 103rd Ave. Suite F6, Sun City

For a complete listing of our rates and services visit us at www.sccaregivers.com

Insured • Bonded • References & Licenses Verified • Background Checks



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Your next adventure starts and ends with a **FREE SHUTTLE RIDE** from your friends at Desert Diamond West Valley Casino! When you arrive, check in at the Rewards Center to receive \$5 towards dining. Plus, sign up for a Rewards Card and receive up to \$1,000 Free Play right away!

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See Rewards Center for event days with shuttle service and times. Must be a Desert Diamond West Valley Casino Rewards member. Space is limited and based on availability. Must be 21 or older to participate. Management has the right to alter/cancel without notice. Please play responsibly. An Enterprise of the Tohono O'odham Nation.



FIRST BAPTIST CHURCH
Sun City Arizona

Services:

Sunday 9:00 am Bible Study 10:30 am Worship Service	Wednesday 4:00 pm Bible Study & Prayer
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11019 W. Peoria Avenue, Sun City AZ 85351
623-933-6600 • www.firstbaptistsuncity.com
Kenny Long, Sr. Pastor • Travis Fullwood, Assoc. Pastor



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For Spring Specials**

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SUN CITY

(623) 933-1313

18616 N. 99th Avenue, Sun City
(just north of Union Hills)



www.wooddalevillage.com

Sun City AZ Senior Prom • April 8, 2017



A great time was had by all at this year's Sun City AZ Senior Prom!

Thanks to Johnny K & Kompany, the great dance tunes kept the Sundial Auditorium floor in full swing the entire evening.

The elegant masquerade masks made the night one to remember!

