

SUN VIEWS

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SUN CITY
ARIZONA
RECREATION CENTERS
OF SUN CITY

"Cool" Entertainment Continues in Sun City AZ

Even though it is hot, hot, hot – RCSC will still keep you cool, cool, cool with several entertainment options this summer. You'll just need to present your RCSC Member or Privilege Card (with photo) for entry to these great free upcoming events.

On June 7, 2017 we'll be welcoming Big Iron Band featuring Chris Campbell with their "Marty Robbins Tribute" in the Sundial Auditorium. This promises to be a great show for fans of this country music legend that you won't want to miss. Show time is 7pm and the doors will open at 6pm. *Rollie Stevens, who was originally announced for this date had a personal scheduling conflict. However, he will return to Sun City AZ, performing at the Sun Bowl on November 12 for the "Tribute to Our Veterans" Concert.*

We'll celebrate the 4th of July with Sun City AZ's long-standing tradition – the Ring That Bell Ceremony in the Bell Center Social Halls beginning at 9am followed by an indoor picnic with games and prizes for all. Lunch includes hot dog, chips and bottled water for \$3 with proceeds benefiting this year's RCSC Management Team's chosen charity – Sun Cities Del Webb Museum. There will also be free bowling, darts and shuffleboard available at Bell Lanes from 10am to 1pm for your enjoyment. *See the back page for more details.*



Sun City AZ's own Uncle Sam (Mike Lindquist) emcees the "Ring That Bell" Ceremony.

Elvis Presley will be "in the house" when the remarkable Jim Westover and The Promised Land Band appear on stage at the

Sundial Auditorium on July 19 with their true-to-life *Elvis from Hawaii Tribute*. Again, show time is 7pm and the doors will open at 6pm.

The dog days of summer continue into August and nothing beats the heat like a Dive-In Movie and Ice Cream Social, happening at the Mountain View pool on Saturday, August 12. *Free Willy II* will be shown on the big screen along the indoor screening of the regularly scheduled movie (TBD).

While children are more than welcome to attend, per Board Policy 10 - Children under the age of 4 are not allowed in the pool areas. Also, government issued documentation with proof of age is required for 4 and 5 year olds (electronic or photocopies are permitted).



There promises to be fun for all at the Dive-In Movie at Mt. View in August when "Free Willy II" plays on the big screen

Before you know it, September will be here and bringing back a few of the snowbirds and some relief from the heat (hopefully) when you and your guests are welcome to try your luck and have a little gambling fun when Sun City AZ Casino Night comes back to town. *Please note that this event has been rescheduled to Saturday, September 9 from 4 to 7:30pm at Sundial. More details about this event will be announced at a later date.*

So get your shopping and chores done early in the day. Join a new club, visit an RCSC facility and take a dip in the swimming pool or perhaps a walk indoors at Fairway. Stay cool. Stay active. Stay hydrated. Check on your friends and neighbors often. And let us entertain you all summer long!

Why Not Take A Trip to Beat the Heat? There's So Much to See & Do!

If you're still here reading this edition of SunViews, chances are that you're a sunbird.

While most of the snowbirds have flown back north, those of us remaining enjoy the slower pace that summer brings. Fewer people at the recreation centers (except at the pools), less crowded in the fitness centers and club meeting rooms have some extra space to work on projects.

But that doesn't mean a staycation is out of the question. Phoenix area resorts offer many great options and you're just a few hours away from cooler temperatures in

the Flagstaff area and even less time up to Prescott.

The Clubs & Activities Office has a number of tours available over the summer – whether you go overnight or just for the day and leave the driving to someone else. View the current listings on page 6 or visit the website at www.suncityaz.org/recreation for more upcoming trips.

Movie theaters are another option for relaxing in cool comfort. And don't forget that there are free movies for RCSC Cardholders at Marinette on Wednesdays and Mountain View on Saturdays at both 2pm

and 7pm. Heck, even the popcorn is free! Just make sure you're signed up to receive RCSC News Email Alerts and the movie listings will be sent to you directly each month.

Museum admission is worth the price for another air-conditioned escape, whether you prefer science, art or history there is something for everyone to enjoy. Many have great cafes so that you can enjoy a light lunch before seeing the rest of the exhibits.

It's only June. Relax and enjoy the summer. We have a couple months left to go.

Stay in the loop!
Get RCSC News Alert
Emails, sign up at:
www.suncityaz.org

Email addresses
remain confidential

INDEX

News Events	Page 01-03
Golf	Page 04
Bowling	Page 05
Tours	Page 06
Board News	Page 07
Management	Page 08-09
Community News	Page 10-11
Community News Events	Page 12
Club Events	Page 13-14
Club Directory	Page 15-16
Monitored Activities	Page 17
Fitness Health	Page 18-19
Classes	Page 20
Events	Page 32

Connect with Sun City AZ



BIG IRON BAND

MARTY ROBBINS TRIBUTE



featuring
Chris Campbell

Wednesday, June 7, 2017 @ 7pm
Sundial Auditorium

Sun City AZ wishes a big howdy welcome to The “Big Iron Band” who has been performing this Marty Robbins Tribute around Arizona for more than a decade.

The band consists of several local area musicians, some who have bands of their own. The primary objective of the “Big Iron Band” is to keep the Marty Robbins music and memory alive for future generations.

As grand pappy would say “Son, you don’t hear the good stuff on the radio anymore.”

Marty Robbins was the “good stuff!” Join us for a cool evening of entertainment.

Please Note:
Rollie Stevens, who was originally scheduled to perform this evening, will appear at the Sun Bowl on Sunday, November 12 for the Tribute to Our Veterans due to personal commitments.

Free for RCSC Cardholders & their escorted guests

Be prepared to show your RCSC Member or Privilege Card; no key fobs.

General Admission Seating • Doors open @ 6pm





Elvis
from
Hawaii
Tribute



Jim Westover & The Promised Land Band

Wednesday, July 19, 2017 @ 7pm
Sundial Auditorium

Free for RCSC Cardholders & their escorted guests

Be prepared to show RCSC Member or Privilege Card; no key fobs.

General Admission Seating • Doors open @ 6pm





Casino Sun City Returns

Saturday, September 9, 2017 *
4 to 7:30pm
Sundial Auditorium

More tables! More action! More fun & excitement!

**Free for RCSC Cardholders &
their escorted guests only!**

*** Please note date change!**

Want A Bigger Voice in Sun City AZ?

Candidate Packets Now Available

Now that candidate packets are available for pick-up (starting on June 1, 2017) you have plenty of time to complete the paperwork and collect the necessary signatures to get your name on the ballot for this year's RCSC Board of Directors Election.

To obtain a candidate packet, you must make the request in person at the Corporate/Board Office at Lakeview Center (lower level) and present your RCSC Member card. The deadline for packet submissions is no later than noon on Friday, September 29, 2017.

Requirements to become a RCSC Board candidate:

- Must be at least fifty-five (55) years of age;
- Must not be related by marriage or birth to any other member of the Board, Senior Management Staff, or Board Candidate;

- Must be a Deeded Real Estate Owner of property in Sun City, Maricopa County, Arizona;
- Must be a RCSC Member in good standing;
- Must reside in Sun City, Arizona and be available at least ten (10) months of the year;
- Must meet the requirements to hold an Arizona liquor license (RCSC holds liquor licenses which require Board officers to be included on the licensing);
- Must be eligible and available to serve a three (3) year term; and
- Must be available to attend Board Candidate Orientation(s).

Candidates must also submit a fully completed RCSC petition, signed by 100 or more RCSC Members in good standing, along with all other forms provided in the RCSC Candidate Packet.

A successful candidate will:

- Have a strong desire to serve Sun City, AZ;
- Be fair and courteous;
- Use good common sense;
- Have good communication skills;
- Be willing to work as part of a team;
- Ability to prioritize - policy and projects - which will have the greatest benefit for the most members; and
- Be willing and able to dedicate the necessary hours to be an effective Director.

Candidates will be introduced at both the October and November Board meetings and candidate forums that will be held in the fall. Forum locations and dates will be announced at a later time.

For more information, please contact the Board Office at 623-561-4620 or email boardoffice@suncityaz.org.

VOTE 2017

RCSC Board of Directors Election
Tuesday, December 12, 2017

SUN CITY
ARIZONA

Corporate Office

Lakeview Center
10626 W. Thunderbird Blvd.
623-561-4600

Hours: Monday - Friday 7:30am to 4pm

www.suncityaz.org

Member Services (Clubs) Office

Lakeview Center
623-561-4660

Hours: Monday - Friday 8:30am to 4pm

Cardholder Services Office

Lakeview Center
623-561-4603

Hours: Monday - Friday 8:30am to 4pm
1st Saturday each month: 9am to noon

Recreation Centers

Bell Center: 623-876-3040
16820 N. 99th Ave.

Fairway Center: 623-876-3044
10600 W. Peoria Ave.

Lakeview Center: 623-561-4675
10626 W. Thunderbird Blvd.

Marinette Center: 623-876-3054
9860 W. Union Hills Dr.

Mt. View Center: 623-876-3042
9749 N. 107th Ave.

Oakmont Center: 623-876-3046
10725 W. Oakmont Dr.

Sundial Center: 623-876-3048
14801 N. 103rd Ave.

Sun Bowl Amphitheatre
10220 N. 107th Ave.
(weather recording)
623-972-6014

Softball Field
10220 N. 107th Ave.

Duffeeland Dog Park
14610 N. Del Webb Blvd.

Sun City Visitors Center
1-844-4 SUN CITY or 623-977-5000
Located in the Bell Center at
16824 N. 99th Ave.

Attention: RCSC Cardholders

RCSC would like to remind Cardholders of a few items which require your attention when using the recreational facilities:

- All RCSC Cardholders are required to check in with their Member or Privilege Cards (key fobs accepted for entry to fitness, pools and spas; not concerts or free events)
- Host punch cards are purchased by and belong to the Cardholder, not the guest.
- Guests may be requested to show government-issued photo ID when checking in to use RCSC facilities.
- Neither Sun City AZ residents nor spouses of RCSC Cardholders are eligible to be guests.
- Proof of age for 4 and 5 year olds is now required for access to swimming pools. Photo copies or electronic images are acceptable.
- Free concerts and events are for RCSC Cardholders and their escorted guests only. Always be prepared to show your RCSC Member or Privilege card (with photo) when attending events. Key fobs are not accepted for entry.

Please refer to the RCSC Cardholder Guide and Board Policies for more information regarding these matters. Your cooperation is appreciated!

RCSC Summer Hours

for Lakeview • Oakmont • Mountain View
(Through Labor Day weekend)

Sunday 8am-7pm | Monday-Saturday 6am-8pm
• Hours at all other centers remain the same •

Find the
hero
in you.

Give blood. Save lives.

Save the lives of people like Rob...

As a Phoenix Police Officer, Rob was shot in the line of duty. Doctors needed 158 blood transfusions to save his life. Donors like you make that happen. Schedule your appointment today.



Sun City AZ Visitors Center Blood Drive

Thursday, June 8 & Friday, June 9, 2017

8:00 am ~ 12:00 pm

Bloodmobile in loading zone near the library at Bell Rec Center

Contact the Sun City AZ Visitors Center at 623-977-5000 or visit
www.BloodHero.com (Sponsor Code: suncity) to register

Give blood 3 times a year!
1-877-UBS-HERO (827-4376)
www.UnitedBloodServicesAZ.org

United Blood Services
Find the hero in you.



Golf & Grounds Report

Pro Shops

During the first quarter of 2017, we recorded 116,426 rounds played, 3,398 fewer than 2016 totals. On a positive note, rounds in March posted the highest total rounds since 2008, a good sign that weather played a strong part in rounds reduction during January and February. We have often reported on the percentage of public play on our courses, using all eight courses as the basis.

We were asked this month, what the percentage of public play would be for the regulation courses only. For the first quarter public play accounted for 9.2% of rounds for the regulation courses and for 8.0% of rounds for all courses. Demand for the regulation courses is relatively even with 1,022 rounds separating the course with the most play from the course with the least play. Lakes West recorded the highest number of rounds, followed by Riverview, Willowcreek, North and then South. Lakes East recorded the most rounds among the Executive courses.

Our first night golf event of the season was held on April 23 at Lakes East Golf Course and sold out. Play was divided into four flights, including a Callaway flight for those players without an established handicap. We opted to play a two person scramble, instead of the announced best ball format. Winners were: Carmen Fish & Bob McGuire (A Flight-Net 23), Ron Williams & Carolyn Williams (B Flight Tiebreaker – Net 25), Terry Hanson & Kim Hanson (C Flight Tiebreaker – Net 22) and John Walker & Pam Walker (Callaway Flight Tiebreaker – Net 31). We are scheduling April 22nd for the event next year; a half moon should be visible during the event. We are also looking to change the food options for next year.

Course Maintenance

With 100 degree days right around the corner, the pace of transition from winter rye to summer bermuda can be expected to increase. To promote bermuda growth, fairway heights are lowered to open the grass canopy which permits the bermuda grass to receive more sunlight. During this time of transition it will not be uncommon to see brown patches on the course as the rye dies and the bermuda begins to grow. Slow release fertilizer has been applied to all courses to provide the bermuda nutrients for summer growth. Some courses have aerified using solid tines, mostly to address spots that are transitioning quicker than others, in the case of Riverview all greens have been solid tined.

It was discussed throughout the renovation process of both North and Riverview that the completion of construction is only one step of the process. Though we understand that not everyone will agree on the design concepts, I am confident that everyone can acknowledge how far the North course has come in the 2-1/2 years following construction. The thatch layer on the greens has reached a healthy level and areas around the greens have softened. North however is not finished maturing and will continue to improve. Riverview is a year behind North, but has improved dramatically over the past year.

Riverview will receive the attention it needs this summer to relieve compaction around the greens and improve play around the green complexes. The planned processes for this summer include aerovating (to loosen soil), additional solid tining of greens, core aerifying of hard pan areas and sodding where necessary. Some of these processes may require temporary course closure to ensure success. Closures will be announced as needed. Weak areas will also be pushed with heavy fertilization.

Snack Shops

The increase in March golf rounds resulted in a positive variance to budget of \$3,800 for the month. As a reminder, Snack Shops soon will be closing at 3:00p.m. on a regular basis; snacks and beverages will be available in the Pro Shops after 3:00p.m.

Lawn Bowling and Grounds

During our last committee meeting, the plans for correcting the draw issues on the Lakeview greens were discussed. The first steps of the plan have been undertaken, the application of nitrogen to stimulate growth and the adjusting of plinths boards. Next we will be increasing watering in preparation of scarifying the greens with the goal of lowering the greens ¼" to ½" below the plinth boards. Following scarification, top dressing will be applied and the greens aerified with top dressing in place. The greens will then be laser leveled to ensure a flat surface.

Grounds is currently working with our irrigation designer on the next phase of irrigation improvements for Lakeview. The area for improvement extends from the Mini Golf areas to the west and along Del Webb Boulevard. Weeds still remain a prominent focus and issue at all centers. As with the golf courses, overseeded areas are beginning to transition. These areas are receiving slow release fertilizer next week to promote bermuda growth.



Check it out online at

www.suncityaz.org

Under the Golf tab; Go to Resources



2017 RCSC Course Maintenance Schedule

Fairway Vericutting:

Thursday & Friday, May 11-12 • North
Monday, May 15 • Quail Run
Thursday & Friday, May 18-19 • South
Monday & Tuesday, May 22-23 • Lakes West
Thursday & Friday, May 25-26 • Lakes East
Thursday & Friday, June 1-2 • Riverview
Monday & Tuesday, June 5-6 • Willowcreek
Thursday & Friday, June 8-9 • Willowbrook

Fairway Aerification:

Monday & Tuesday, June 12-13 • Riverview
Thursday, June 15 • Quail Run
Monday & Tuesday, June 19-20 • South
Thursday & Friday, June 22-23 • Lakes West
Monday & Tuesday, June 26-27 • Lakes East
Thursday & Friday, June 29-30 • North
Thursday & Friday, July 6-7 • Willowcreek
Monday & Tuesday, July 10-11 • Willowbrook

Greens Aerification:

Thursday & Friday, July 13-14 • Riverview
Monday, July 17 • Quail Run
Thursday & Friday, July 20-21 • South
Monday & Tuesday, July 24-25 • Lakes West
Thursday & Friday, July 27-28 • Lakes East
Monday & Tuesday, July 31-Aug 1 • North
Thursday & Friday, Aug 3-4 • Willowcreek
Monday & Tuesday, Aug 7-8 • Willowbrook

Overseed Schedule:

- Riverview, Lakes West, Willowbrook and South • Closes October 9 & Opens October 28 • Cart Path Only until November 10
- North, Lakes East, Willowcreek and Quail Run • Closes October 23 & Opens November 11 • Cart Path Only until November 24



RCSC's 8 Golf Courses

Lakes East: (623) 876-3023
Lakes West: (623) 876-3020
10433 Talisman Rd

North: (623) 876-3010
12650 N. 107th Ave.

South: (623) 876-3015
11000 N. 103rd Ave.

Willowbrook: (623) 876-3033
Willowcreek: (623) 876-3030
10600 W. Boswell Blvd.

Quail Run: (623) 876-3035
9774 W. Alabama Ave.

Riverview: (623) 876-3025
16401 N. Del Webb Blvd.

RCSC's 5 Snack Shops

Menu Available at
suncityaz.org/golf/snack-shops/

June Snack Shop Hours
Open Daily 6am - 1pm



Volunteer Ranger Program

For more information about joining our program, please contact Chris Linam, Pro Shop Manager, at 623-876-8419 or email clinam@suncityaz.org. Next meeting is Thursday, September 28, 2017 at 1pm in Talisman Hall.

April 2017 High Scores					
MEN'S HIGH GAME			WOMEN'S HIGH GAME		
Tom Adamowich	300	Michael Marranca	289	Bev Spinck	266
Lloyd Johnson Sr.	300	Dale Stoltenow	289	Kathy Crowley	257
Fred Jones	300	Ken Kuhfuss	288	Brenda Burns	259
Bruce Lamb	300	Martin Purnell	288	Jacqueline Smith	255
Bill Spiva	300	Chuck Rehbock	287	Shirley Braverman	252
John Gonzales Jr.	298	Terry Stevenson	287	Lynda Bettini	247
Mike Friedrichs	297	Jerry Raisanen	280	Chris Gonos	247
				Cori Larsen	245
				Vera Mcfadden	235
				Julie Subica	233
				Barbara Bonner	225
				Marcia Kelsey	225
MEN'S HIGH SERIES			WOMEN'S HIGH SERIES		
Charlie Price	833	Tim Walker	727	Shirley Braverman	717
Bill Spiva	815	Frenchy Laberge	726	Jacqueline Smith	702
Terry Stevenson	803	Nick Pluhowsky	725	Brenda Burns	695
Martin Purnell	772	Don Meyer	724	Lynda Bettini	670
Lee Spiva	772	Art Phillips	723	Bev Spinck	635
Tom Adamowich	768	Jerry Raisanen	720	Chris Gonos	630
Fred Glendenning	767	Dan Wolverton	720		
Gary Studdard	761	John Babbitt	717		
Chuck Rehbock	758	Art Jenkins	716		
Lloyd Johnson Sr.	755	Rich Grudzien	716		
Michael Marranca	755	Barry Solomon	716		
Fritz Haverstick	751	Dana Barrette	714		
Dennis Altschaeffel	746	Scott Hecke	714		
Mike Knudson	745	Richrd Slager	714		
Darrell Lewis	742	Brian Stano	714		
Fred Jones	741	Gary Demeny	713		
Mitch Kelsey	737	Cal Shirey	713		
Brian Lawlor	737	Larry Kroshka	710		
Bruce Lamb	736	Warren Riemer	709		
Dick Ohnstad	736	Lee Farrell	707		
John Gonzales Jr.	729	Roger Althaus	706		
Roger Beebe	728	Ken Kuhfuss	704		
John VanDrie	728	Alex Balok	703		
Earl Lucas	727	Matt Silvers	701		



Get outta the heat & go bowling!

In air conditioned comfort!

Whether you join a summer league or just come for practice during open bowl, it's always cool in the RCSC Bowling Centers. Come check it out!

Need Help Planning Your Next Party or Event?

Why not have RCSC Bowling Staff plan a Bowling Party for your group or organization?

Reasonable group rates available!

Contact: Randy Johnson 623-876-3055,
Denise Match 623-876-3050 or
Vicki Eber 623-876-3055 for more information

RCSC Bowling Centers

Lakeview Lanes

10502 W. Thunderbird Blvd.
623-876-3055

Monday-Saturday: 8am-8pm
Sunday: Noon-6pm

Billiards at Lakeview Lanes, too!

Bell Lanes

16810 N. 99th Ave.
623-876-3050

Monday-Saturday: 8am-8pm
Sunday: Noon-7pm

Darts, Shuffleboard & Billiards at Bell Lanes!

Year-Round Bowling Rates - Cardholders: \$2.65 | Guests: \$2.90 (per Game)

George's Lakeview Cafe

From our Family to Yours!

Spaghetti & Meatballs \$6.99
Add Soup or Salad for \$1.00
Sunday & Monday - 1pm to Close

Fish 'n Chips \$8.99
9 Oz. Cod or Walleye, Coleslaw & Potato
Wednesday & Friday

Hours: M-Sat 7am-8pm;
Sun 7am-6pm
Inside Lakeview Lanes
623-876-3057

The restaurant space at Bell Lanes is currently under renovation!

Watch this space for the grand opening of George's Cafe at Bell coming this summer.

Same great food with two Sun City AZ locations!

RCSC Travel & Tours

Make your plans now to get-away!

RCSC works exclusively with tour providers who offer travel opportunities that promise to meet or exceed your expectations. With safety and comfort in mind, each trip is planned to the last detail, ensuring your experience is a memorable one. Detailed itineraries for each trip are available that include all information on travel arrangements, which meals are provided (if applicable), tours scheduled and the like. Whether your getaway includes a flight across the country or a leisurely motorcoach ride to one of the area's outstanding tourist attractions, you'll find traveling with RCSC tours a great value for your vacation dollar!

Tours can be purchased Monday through Friday in the Lakeview Clubs Office or by phone from 8:30am to 4:00pm. Visa, MasterCard, Discover, cash or checks accepted. Tours are for RCSC Cardholders and their guests only. Cardholders should have member card available, must accompany each trip and may purchase a maximum of six tickets. Day tours depart from Bell Center. All tours are non-refundable. Please inquire about trip cancellation protection offered by All Aboard America (AAA) and Free Spirit Vacations (FSV) for overnight tours. Call 623-561-4660 for more details or visit www.suncityaz.org/travel where you can now find the complete itinerary for every trip!

Overnight Trips

June 26-29, 2017 (Monday-Thursday)
Durango & Mesa Verde & Choice of Silverton Railroad Train Ride or Rafting Trip | AAA
\$599pp double | \$946pp single | \$200pp deposit

July 1-2, 2017 (Saturday-Sunday)
An Evening with the Stars and the 84th Annual Hopi Festival in Flagstaff | FSV
\$240pp double | \$325pp single



July 3-6, 2017 (Monday-Thursday)
Celebrate the 4th in San Diego | AAA
\$999pp double | \$1,399pp single | \$150pp deposit; balance due June 1

July 23-24, 2017 (Sunday-Monday)
The Grand Canyon with Overnight at Little America Hotel in Flagstaff | AAA
\$285pp double | \$355pp single

August 17-25 2017 (Thursday-Friday)
WA State Waterways & Nat'l Parks | FSV
\$2,575pp double | \$3,650pp single | \$100pp deposit; balance due July 3

August 29-Sept 1, 2017 (Tuesday-Friday)
Vail, Breckenridge & Aspen Colorado | AAA
\$1,499pp double | \$1,825pp single | Includes Airfare | \$250pp deposit; balance due July 29



October 9-12 2017 (Monday-Thursday)
Northern California National Parks & Wonder Valley Ranch | FSV
\$1,695pp double | \$3,182pp single | \$600pp deposit; balance due August 29

October 10-13, 2017 (Tuesday-Friday)
2017 Albuquerque Balloon Fiesta | AAA
\$885pp double | \$1,185pp single | \$200pp deposit; balance due Sept 10
Reservations must be made 90 days in advance of departure!

March 6-7, 2018 (Tuesday-Wednesday)
Yuma and Algodones Overnight | FSV
\$145pp double | \$199pp single

Day Tours

June 9, 2017 (Friday)
Classic Homes Tour with Lunch | FSV
Depart 9:00am | Return 5:00pm (est)
\$99pp



June 10, 2017 (Saturday)
Prescott Arts & Crafts Festival | AAA
Depart 8:30am | Return 4:30pm (est)
\$65pp

June 15, 2017 (Thursday)
Tonto Natural Bridge near Payson | AAA
Depart 7:30am | Return 5:00pm (est)
\$99pp



July 9, 2017 (Sunday)
Flagstaff Summer Picnic | FSV
Depart 8:00am | Return 6:00pm (est)
\$99pp

July 29, 2017 (Saturday)
Rockin' R Ranch | AAA
Depart 5:00pm | Return 10:15pm (est)
\$85pp

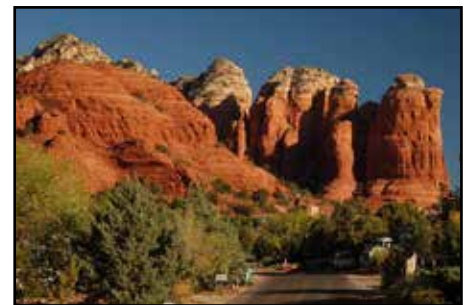
August 9, 2017 (Wednesday)
Williams and Bearizona | FSV
Depart 8:00am | Return 6:30pm (est)
\$99pp

August 20, 2017 (Sunday)
West Side Story Musical with Lunch | AAA
Depart 10:30am | Return 5:00pm (est)
\$115pp



September 9, 2017 (Saturday)
Eat, Drink & Be Merry Brewery Tour | FSV
Depart 11:00am | Return 5:00pm (est)
\$99pp

November 9, 2017 (Thursday)
Sedona | FSV
Depart 8:00am | Return 5:00pm (est)
\$99pp



Turn to page 12 for sporting events/tours!



Copies of itineraries can be requested in the Lakeview Club Office, Monday-Friday from 8:30am-4:00pm and are also available online at www.suncityaz.org/recreation/activities. Single residents can request their name be added to a list for "sharing a room by gender" with another resident for overnight tours.

Space on tours is very limited! Make your reservations with RCSC Travel & Tours today!

A Moment with President Hoffer -

Is It YOUR Time Now?

Have you ever thought of becoming a member of the Board of Directors of the RCSC?

Beginning on June 1, Recreation Centers of Sun City, Inc. Members who are interested in running for the Board of Directors may get candidate packets. These packets can be obtained by visiting the RCSC Board Offices at the lower level of Lakeview Center and showing your member card.

There are a few things to understand before becoming a candidate. First of all, there are eight requirements. You must be at least 55 years of age; be a deeded property owner in Sun City AZ; reside in Sun City AZ for at least 10 months of the year; not be related through marriage or immediate family to current RCSC Board Members, or candidate or Senior Management staff; be eligible to hold an Arizona Liquor License; must be able to serve for a three-year term; must be a member in good standing; and must be able to attend the Candidate Orientation.

If you meet those requirements, and want to be involved in one of the most rewarding and exciting experiences of your life, you are invited to run for the Board of Directors this year. Once you take out your packet, there will be several forms to fill out. You'll need to attach an updated resume, and you'll have to get 100 signatures of other members. All candidate packets must be completed and returned to the Board Office no later than noon on Friday, September 29, 2107.

Once the signatures you have collected are verified, you are then a certified candidate in the 2017 election race. This year, there are three seats open for the Board of Directors. A Candidate Orientation will be held in early October, and two Candidate Forums are scheduled in November. Voting will take place online starting one month prior to Election Day and in person voting will be held at Lakeview Center on Tuesday, December 12, 2017 for those unable to cast ballots electronically. The winners will be announced late that afternoon after the results have been certified. RCSC will send out an email notification to Members and a press release sent to the media.

Being a member of the Board of Directors allows you to work hands-on with the issues facing Sun City AZ today and into the future. You will be representing your community and making decisions that will last for decades.

But this is not a position to be taken lightly; rather it is one of the most fulfilling positions you will ever have. One question is, "How much time is required?" and that depends totally on you. Board Members can spend anywhere between 40 and 120 hours per month performing various duties.

If it sounds like something you would be interested in, please contact Elections Committee Chair Ida Eisert (ieisert@suncityaz.org) or Co-Chair Jerry DeLano (jdelano@suncityaz.org) and let them know of your interest. You won't be sorry!



Rich Hoffer
2017 RCSC Board President



- 2017 RCSC Board of Directors
- Phone: 623-561-4620
email: boardoffice@suncityaz.org
- Rich Hoffer, President
email: rhoffer@suncityaz.org
- Jerry DeLano, Vice President
email: jdelano@suncityaz.org
- Stella VanNess, Secretary
email: svanness@suncityaz.org
- Carol Lawry, Treasurer
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- Jerome Walczak, Director
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- David Wieland, Director
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- Bruce Alleman, Director
email: balleman@suncityaz.org


This Month @ The Board - June 2017

**PLEASE NOTE: All dates are subject to change. For the most up-to-date information, check suncityaz.org or pick up a copy of "This Month @ The Board" at the Lakeview Corporate Office.

Board/Member Exchange	Monday, June 12, 2017 @ 9:00am	Lakeview Social Hall #3
Regular Board Meeting	Thursday, June 29, 2017 @ 9:00am	Sundial Auditorium
Committee Meetings:		
Club Organization Committee	Wednesday, June 14, 2017 @ 10:00am	Lakeview Board Room
Golf Advisory Committee	Thursday, June 15, 2017 @ 8:30am	Lakeview Board Room
Elections Committee	Wednesday, June 21, 2017 @ 1:00pm	Lakeview Board Room
Properties Committee	Tuesday, June 27, 2017 @ 9:00am	Lakeview Board Room
Entertainment Committee	Friday, June 30, 2017 @ 1:30pm	Lakeview Board Room

The following committees do not have meetings scheduled this month: Bowling, Finance & Budget, Insurance, Lawn Bowling and Outreach & Communications

Sun City Foundation



"Neighbors Helping Neighbors"

The next Sun City Foundation meeting will be held on Thursday, June 8, 2017 at 1:00pm in the Lakeview Center Board Room.

Management Updates

Financial Report:

We have operated within our operating and capital budget for the first quarter of 2017. Despite the fact that we have ended the quarter with a negative variance in gross income of \$120k, we have operating savings that have accommodated for that difference. Remember that we did not budget revenues as conservatively for 2017 as we did in years past.

Bowling:

Bell Lanes will begin the monthly summer No-Tap bowling tournaments on May 28 and following each month on the last Sunday. All bowlers are welcome whether USBC certified or not.

On May 13, Lakeview Lanes will host a US Open Tournament Qualifier. Bowlers from all over Arizona, including some professional bowlers, will compete for a spot in the National US Open Tournament in Liverpool, New York on October 25.

Starting this weekend, April 29, the Annual Sun City Open Senior Bowling Tournament will begin and will run for two weekends. The tournament has always been successful. This year we have 60 entries (240 Bowlers) which will produce \$5k – \$6k in income. The tournament is open to all senior bowlers in Arizona.

Cardholder Services:

While payments on past due assessments were off slightly in March at 10.85% of past due balances, the first three months of 2017 are the strongest start to a year in at least eight years. Total accounts receivable increased by 4.7% in March and is most affected by the increase in current receivables from March, which is our largest billing month of the year. While the overall past due balances increased by 1.2% we saw both the older 60 and 90 day categories decrease by almost 3% this month. February assessments went 30 days past due at a 5.2% rate and January assessments went 60 days past due at a 3.1% rate. Both rates are right at the prior 12-month average.

Payments from our third-party collections firm totaled \$15,071 in March with a year to date total of \$45,551 which is 8.2% higher than the first three months of 2016.

Payments made by Cardholders through the online RCSC Web Portal also continued very strong in March with payments totaling \$128,754 from 292 property owners. Year to date web portal payments total \$326,483 from 770 property owners. Both the amount paid and property owner count are up over 24% from the same period in 2016.

In March property transfer related balances increased by 1% and lender owned related balances increased by 22%. Outstanding balances related to property transfers represent approximately 54% of all receivables

and past due balances. At the end of March trustee sale notices on Sun City properties ended at 52 and properties owned by lending institutions at 12.

Human Resources:

Voluntary CPR, AED and First Aid training classes will be offered again this year to RCSC employees. Classes are scheduled for early May and will also be offered in the fall. Last year, 77 employees participated and received their two year certification cards. The presenting instructor is certified through the American Health & Safety Institute and works for the Sun City Fire Department.

Accounting, Information Technology and Human Resources completed reporting requirements of the Affordable Care Act in late March. Forms 1094-C were electronically filed with the IRS and employees received Form 1095-C through payroll distribution or U.S. mail.

Centers Operations and Human Resources are in the final steps of changing the job title of Utility Worker to Custodian. Those employees will continue to provide custodial services, maintenance and light repair work. The Lead Utility Worker job title is changed to Custodian Foreman. Both positions will remain in their current pay ranges.

Human Resources is in the process of updating policies, benefit manuals and intranet information for employees.

Member Services:

On Sunday, April 2, we welcomed to the stage another hit Las Vegas show, the Doobie Brothers tribute band, China Grove. What a great performance!

We were at the Sundial Auditorium on Saturday, April 8, for the Senior Prom Masquerade Ball. RCSC cardholders arrived in full costume, including masks, which enhanced the event. The king and queen were chosen, and they danced to Johnny K and Kompany while the rest of the court joined in. A great time was had by all. We can't wait to see what next year's theme will be.

The following night, Sunday, April 9, we were at the Sun Bowl to welcome Mogollon, a premier country rock entertainment group. Some say this was the best show so far this season and some say the best ever! Mogollon was totally engaged with and mesmerized by the Sun City audience.

On Saturday morning, April 15 we were at the Sun Bowl for our annual Easter Egg Hunt. There were 6,000 eggs stuffed with prizes and candy, and kids came from everywhere. There was face painting, pony rides and a petting zoo. This event grows bigger and bigger every year. What a joy to see all the little ones' faces as they experience this event!

The following morning, on Easter Sunday, the Sun Bowl was the setting for the annual Sunrise Service. Presented

(continued on next page)

Financial Report

Period Ending - March 2017
For a more detailed financial statement, please visit www.suncityaz.org/financials

BALANCE SHEET			
For the Period Ending March 31, 2017			
	Current Y-T-D	Prior Y-T-D	
Unrestricted Funds:			
Cash Invested/On Hand/In Bank	10,190,861	9,908,788	
Cash Reserves	2,500,000	2,500,000	
Sub-Total Unrestricted	12,690,861	12,408,788	
Restricted Funds:			
PIF/Capital Reserve	16,648,306	11,838,961	
Total Cash & Investments	29,339,167	24,247,749	
Other Current Assets:			
Accounts Receivable	2,797,302	2,837,839	
Deposits & Prepays	1,663,806	1,720,860	
Inventory	111,864	110,757	
Total Current Assets	33,912,139	28,917,205	
Fixed Assets:			
Land, Improvements, Buildings	102,199,026	95,499,900	
F, F & E and Vehicles	27,951,033	26,600,970	
Less: Accumulated Depreciation	(66,041,473)	(61,467,589)	
Work In Progress	6,102,732	8,756,840	
Total Fixed Assets	70,211,318	69,390,121	
TOTAL ASSETS	\$104,123,457	\$98,307,326	
Current Liabilities:			
Accounts Payable and Other	1,766,207	1,666,464	
Deferred Income	7,325,461	6,996,219	
Pre Billed Assessments	2,501,828	2,335,550	
Total Current Liabilities	11,593,496	10,998,233	
Other Liabilities:			
Lease Purchase	0	0	
Total Liabilities	11,593,496	10,998,233	
Net Worth:			
Current Net Worth	92,529,961	87,309,093	
TOTAL LIABILITIES and NET WORTH	\$104,123,457	\$98,307,326	
STATEMENT OF INCOME AND EXPENSES			
For the Period of March 31, 2017			
	Current Y-T-D	Prior Y-T-D	
Operating Income:			
Property Assessments	2,916,058	2,814,376	
Transfer & Access Fees	274,260	198,963	
Privilege & Guest Cards	323,866	303,936	
Food / Liquor Sales	230,547	232,356	
Bowling Fees	235,398	233,805	
Golf Fees	2,142,031	2,122,812	
Cart Rentals	80,806	87,729	
Merchandise Sales	62,764	65,583	
Activities Income	279,351	261,152	
Rental Income	88,239	80,029	
Contributions	9,169	9,502	
Miscellaneous Income	5,941	7,872	
Total Operating Income	6,648,430	6,418,115	
Cost of Sales:			
Total Cost of Sales	257,322	249,457	
Gross Income	\$6,391,108	\$6,168,658	
Operating Expenses:			
Salaries and Wages	2,209,394	1,669,192	
Payroll Taxes and Benefits	619,286	532,094	
Repairs and Maintenance	558,288	567,838	
Utilities Expense	627,506	628,823	
General Operating Expenses	413,413	500,756	
Total Operating Expenses	4,427,887	3,898,703	
Net Operating Income	\$1,963,221	\$2,269,955	
Other Income:	87,632	42,522	
Other Expenses:			
Property Taxes	37,473	37,313	
Insurance	123,473	108,272	
Other	34,495	1,245	
Net Income Before Depreciation	1,855,412	2,165,647	
Depreciation:	1,057,421	967,640	
NET INCOME / (LOSS)	\$797,991	\$1,198,007	

RCSC Management Reports are presented at RCSC Board of Directors meetings each month (except July and August), posted on the website at www.suncityaz.org (under the RCSC tab), and are sent via email to RCSC Cardholders who have signed up to receive RCSC News Email Alerts. These reports were presented to the Board at the meeting on April 27, 2017.

Project Updates

Building and Infrastructure

Multiple Location Projects

- All florescent lighting currently under the solar canopies will soon be replaced with LED retrofits. The LED retrofits will provide more light and reduce lamp main-tenance. Contractor is Accel Electric (cost after rebates – \$10,681).

Sundial Center

- Construction is well underway at the eleven Sundial bocce courts. Repair and maintenance work includes removing the old turf, re-leveling the courts, install-ing new turf and painting the block borders around each court. Contractor is Ken McIntyre Construction (cost \$111,709).
- A large horizontal sand filter will be installed in late May on the therapy pool at Sundial. The new filter replaces two old Triton sand filters. Contractor will be Aquatic Builders (cost – \$24,450).

Willowcreek / Willowbrook Pro / Maintenance

- The Willowcreek/Willowbrook/Skilled Trades maintenance building is nearing completion with occupancy expected in late April 2017. Contractors include Doege Construction (formally DVP Professional Builders), CCBG Architectural and Bunger Steel (PIF cost – \$1,881,825).

Bell Center

- The Bell Lanes east restrooms are scheduled for renovation which includes new sheetrock, paint, wall tile, counter tops, toilets, urinals, partitions, floor tile, lighting, exhaust fans and doors. The restrooms will close to cardholder use and demolition will commence April 20, 2017. Contractor is Doege Development (cost – \$120,026).
- Preparations are underway to remodel the restaurant at Bell Lanes. Work will include the removal of the wall between the dining area and the server’s station and installation of a coffee counter similar to the one at George’s Lakeview Café. Other work includes new appliances, cooking hood modifications and wall and ceiling repairs. Contractor selection and cost are expected soon.
- The Bell mini golf course will receive new artificial turf in late May 2017. Contractor will be Baker Brothers Carpet (cost – \$32,512).
- The hexagonal kiosk between the library and the Visitors center has been demol-ished and a new triple faced block information wall finished in CMU block, rock and stucco is being erected. The wall will incorporate three LED lighted 60” x 48” outdoor bulletin boards. Currently the CMU wall is constructed and moldings applied in preparation for stucco and rock. Contractor is Ken McIntyre Construc-tion. The information wall is part of the Visitors Center remodel and paid for by the estate of Leta J. Lyon Murphy.

Lakeview Center

- Five Triton sand filters at the Lakeview pool will be replaced in late May with a large horizontal sand filter. Contractor for this project will be Aquatic Builders (cost – \$23,850).

Fairway Center / Quail Run Pro Shop

- Two conventional 100 gallon water heaters are being replaced with two new “Rinnai” tank-less style water heaters coupled with two 119 gallon storage tanks. Contractor is Sunland Plumbing (cost – \$21,854).
- The Fairway walking track is currently closed for repair and maintenance work. The track has been well used since its installation. Contractor is Dynamic Sports Construction (cost – \$35,000).
- A new sign for Quail Run golf course has been ordered and is expected to be installed in late May 2017. The new sign is very attractive and will incorporate LED

lighting for evening viewing. Contractor is Bootz and Duke Sign Company (cost – \$14,034).

South Golf Maintenance

- One replacement and one new evaporative coolers have been installed at the South Golf Course Maintenance facility. Contractor was Custom Cooling (cost – \$12,042).

Skilled Trades Department

- The RCSC Skilled Trades Department completed 333 work orders during the last two weeks of March 2017 and the first two weeks of April 2017.

Centers Operations

- New salt generators were installed during the recent closure of the Oakmont pool and spa. Both bodies of water were drained and refilled to ensure the generators work efficiently. Additional umbrellas and replacement hand-rail covers were also purchased and installed.
- Congratulations to Fran Garrels for her 5-year employment anniversary and Randy Mabe for his 15-year employment anniversary with the RCSC. Fran works at Lakeview and Randy at the South pro and snack shop. Both are an essential part of the staff at both locations.

Management Updates

(continued from previous page)

by Pastor Brady Abel of the United Church of Sun City, the service was beautiful. The voices of the choir floated on the breeze and communion was given to approximately 500 people in attendance. This event has been a long-time Sun City AZ tradition for decades.

That same evening we welcomed to the Sun Bowl stage Savor, a Santana tribute all the way from San Diego, California. Savor performed all the classic hits of Santana, bringing back the memories of summers past.

The following Sunday, April 23, we welcomed back to the stage, another of Sun City AZ’s favorites, the Hamptons who have been voted Best Band in Arizona eight years in a row. They played a wide variety of dance and party favorites, ranging from today’s latest hits to the oldies that everyone knows by heart.

This Sunday, April 30, we close the month out with an encore Sun City AZ performance, as we present the ever-popular Rolling Stones tribute band, Jumping Jack Flash!

We will have one final performance for the spring series on May 7. This show begins at 7pm, as we close out the spring Sun Bowl series with the Doo Wah Riders. Be sure to come ready to dance, as this band will keep you on your feet.

Remember, all Sun Bowl shows are free for RCSC Cardholders and their escorted guests. Please have your RCSC Member or Privilege Card (with photo) at each of these events as key fobs are not accepted.

General:

For those who may not be aware, the monthly management reports are available on our website www.suncityaz.org under the RCSC tab. Also, if you have not done so already please sign up on the RCSC email list where you can designate topics of interest and stay in the loop with RCSC news alert emails!



News from Friends of the Libraries

Check out the Uncommon

You can check out a ukulele at the library, really! Three ukuleles are available at each Library for a three week check out period. You get the ukulele, an instruction book, a tuner, and a carrying case. These six brand new, high quality Ohana ukuleles were donated by the Sun City Ukulele Club. The Club hopes that a loaner will encourage resident to try it out, and possibly join the Club, which offers free lessons and great fun.



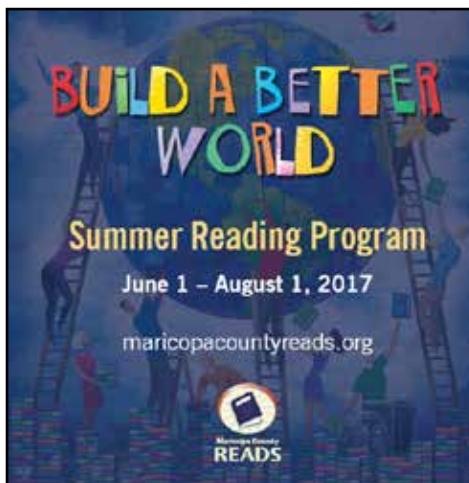
You can check out seeds at the library, really! The Seed Library is a collection of open-pollinated and heirloom seeds that you can borrow from to plant and grow at home. The seed collection depends on donations and seasonality. Different seeds will be available at different times. Your Maricopa County Library card is your key to borrowing seeds. You can check-out up to three packets of seeds per month, just as you would books, DVDs, and any other library materials. There are no overdue fines with seeds. There is no obligation to save and return seeds, especially if you are new to seed-saving. As you grow as a gardener and a seed saver, it is hoped that you will consider sharing your seeds with the seed saving community. By saving seeds as a community, we help create local seed stocks that are better acclimated to our desert climate. The Seed Library is made possible by a collaboration with Garden Pool, a Mesa organization dedicated to sustainable food practices.

Build A Better World

This summer, build a better world with Maricopa County Reads! Maricopa County Reads is the Maricopa County Library District's fun, online, summer reading adventure for participants of all ages! Kids, teens, and adults can win free food from Chipotle. Every participant who reaches 1,000 points will earn a free book!

Here's how it works:

- Create your account today at maricopacountyreads.org
- Earn points by reading, completing challenges, and attending library events
- Log your reading and activities from June 1 through August 1
- Win prizes, food, and a free book!



Build a Better World by reading 20 minutes a day, and we'll see you at the library! In 2016, 322 children, teens, and adults were reached with our Summer Reading Program at the Bell and Fairway Libraries. The Friends have been a big supporter.

Visit Books Around the Corner

The June authors of the month are Faye Jonathan and Jessie Kellerman, whose books will be half price all month. The Bookstore tribute to Father's Day, June 18, will be half price on all men authors. This sale will be Thursday, June 15, through Saturday, June 17. Recently received as a donation are many books on World War I and II, CIA, spies, history, and Chicago politics. Check out a better world at Books Around the Corner!

Water Conservation

Are you STILL wasting water?

We have mentioned all of these tips for saving water before, but just in case we'll go over them again! You have wasted water:

When you washed a small load of laundry and forgot to change the setting from large or medium.

Solution: Make certain that the water selection fits the size of your load.

If you left the tap running while you brushed your teeth.

Solution: Wet your toothbrush, then turn the water off while brushing! If you're really into conserving, fill an 8 ounce glass, dip your toothbrush, scrub, rinse with the water from the glass and then rinse your brush in the remainder. This makes you a conservation pro!



If you have left the tap running while shaving.

Solution: Wet your face and turn the water off while lathering. When you need to rinse the razor, run a little water in the stopped sink and swish your razor around in there. Use a wet washcloth to remove the shaving cream from your face.

If you washed a half-load of dishes in the dishwasher on a larger setting.

Solution: Most dishwashers today have settings that allow you to select the load size. Try to run a dishwasher like a washing machine with only full loads and/or on the correct settings!

If you rinsed and scrubbed your dishes before putting them in the dishwasher.

Solution: Scrape scraps into the garbage first, then wipe with a paper towel. If the dishes are still exceptionally dirty or greasy, run a little water in a stopped sink to soak or rinse. Reminder - most of today's detergents really do clean better when there's food particles left on your dishes.

If you watered your landscaping in the heat of the day.

Solution: If you water certain outdoor plants by hand, do it early in the morning or at dusk. If you have an irrigation system, set the timer for morning and/or night. The heat of the day, usually anything past 9am during our summer, will cause most irrigation water to evaporate. A drip system works better than sprinkler spray whenever possible. And remember, if irrigation is watering the drive, it is wasting water.



If you washed the car with a hose, without a nozzle and let the water run.

Solution: Do you really need an excuse to go to the carwash? That saves the most water, as car washes recycle water. However, if you're one of those people who enjoy an afternoon outside scrubbing, just use a bucket and a hose nozzle to stop the flow when you're in between rinses.

If you have ordered a glass of water in a restaurant and only had a few sips.

Solution: If you really need a drink of water with your coffee, but know you won't drink it all, ask for a small glass, or a half-glass or just ice cubes if it's simply to cool your coffee.

Some of these are small steps, some are larger; but either way, the importance is all the same. You must do your part to help conserve, because as you know...



Every Drop Counts!
Do your part to help conserve!



*Sun City Gives Back***FW Ceramics Spreads Easter Joy to Luke AFB**

For a third year, the Fairway Ceramics & Porcelain Club coordinated a Spring project with the third grade classes at Luke Elementary School, helping 78 children create a pair of unique marbled ceramic eggs in time for their Spring 2017 break.

In March, over 20 Club members helped young students and the three teachers, Mr. Guadalupe Alejos, Ms. Ellen Turner, and Mr. Patrick Voss, decorate ceramic eggs in clouds of shaving cream with swirls of colored pigment. The children's involvement in their hands-on project led to shaving cream "up to the elbows" for many, and expressions of surprise, delight, and glee.

Volunteer Club members carefully transported the eggs back to their Sun City Club for glazing and firing in high-temperature kilns. The eggs were returned to the students and teachers later that same month, carefully matching the finished pairs to the correct students. In each class, a ceramic floppy-eared bunny was presented to the winning student of a drawing. All three teachers were also presented with completed ceramics pieces of a larger Easter egg dish.

Luke Elementary School serves Luke Air Force Base and the surrounding community, located only 11 miles away from Sun City. The majority of the students are children of military families, which was one of the reasons the Club reached out to this school. Many of these children experience the frequent absence of the military parent, often over holidays, and it was the hope of Club members that this project would bring some joy to the students. Students are also often living far from their grandparents, and many Club members are, in fact, grandpas and grandmas. The students' warm response and frequent spontaneous hugs and expressions of thanks made this experience very worthwhile and memorable to the Club members.

Club members also gave a ceramic basket of bunnies to Ms. Amalia Garcia, the Luke Elementary Principal. Both she and her administrative staff expressed appreciation for the Club's investment of time and energy with their third graders, and asked that the Club return.

Thanks for giving back again,
Fairway Ceramics!

*Sun City Gives Back***Volunteers "Appreciate" Readers Performance**

The Readers Theater Ensemble of Sun City performed a one-act play for the Banner Olive Branch Senior Center volunteers on Thursday, April 27, 2017 as part of their volunteer appreciation day at the Center

Activities Director Kelsey Kelley "did very well by bringing in the Readers Theater Ensemble," according to one of the volunteers at the event. Another said, "I hope they bring them back to do another play for us. The cast was superb and it was an outstanding performance."

The play, entitled 'Welcoming Committee,' was written by Jules Abrams, directed by Shirley Trapp and the cast included (from left to right) Sharon Burke, Marlene Jenner, Ula Miller, Cece Simonelli, Shirley Trapp, Tad Daughters, Lois Menefee and Ed Smith.

If you would like to book the Readers Theater Ensemble to perform a play for your group, please contact Ann Case at 612-730-9699. Or for general information contact club President, Cece Simonelli, at 623-210-1810. The Readers Theater Ensemble meets on Fridays at Lakeview Recreation Center in Social Hall 3 from 1:00 to 3:00pm. You are invited to attend any of their weekly meetings. Readers Theater Ensemble is open to all RCSC Cardholders.



RCSC Travel & Tours

Cheers to the Home Team!

Tours can be purchased Monday through Friday in the Lakeview Clubs Office or by phone from 8:30am to 4:00pm. Visa, Master-Card, Discover, cash or checks accepted. Tours are for RCSC Cardholders and their guests only. Cardholders should have member card available, must accompany each trip and may purchase a maximum of six tickets. Day tours depart from Bell Center. All tours are non-refundable. (See page 6 for more tour information).

June 29, 2017 (Thursday)
Arizona Diamondbacks vs. St. Louis Cardinals | AAA
Depart 10:45am | Return 5:30pm (est)
\$77pp

August 13, 2017 (Sunday)
Arizona Diamondbacks vs Chicago Cubs | AAA
Depart 11:45am | Return 5:30pm (est)
\$77pp

August 18, 2017 (Friday)
Arizona Cardinals Training Camp | FSV
Depart 11:00am | Return 5:00pm (est)
\$99pp

September 24, 2017 (Sunday)
Arizona Diamondbacks vs. Miami Marlins | AAA
Depart 10:45am | Return 5:30pm (est)
\$77pp

SUN CITY
ARIZONA
FARMERS
MARKET

THURSDAYS
Bell Center
9am-1pm

Fresh Fresh Fruits & Vegetables
Baked Goods | Jams & Jellies
Pastas & Pickles | Spices
RCSC Clubs

Some, as sets are allowed on RCSC properties!

Closed for the Summer!

The market returns on October 5

Fun for all!*
Ice Cream
Social @ 6pm
Movie begins
@ Dusk

Presented to you by:
SUN CITY
ARIZONA

Saturday, August 12, 2017
Mountain View Pool

Showing on the big screen:
Jesse becomes reunited with Willy three years after the whale's jump to freedom as the teenager tries to rescue the killer whale and other orcas from an oil spill.
Starring: Jason James Richter, Michael Madsen, Francis Capra (1995 | PG | 1 hr 35 min)

Free for RCSC Cardholders & their escorted guests only!

* NOTE: BP-10 requires proof of age for 4-5 year olds.
** No children under 4 years old permitted at this event.

FREE MOVIES*

Wednesdays @ Marinette;
Saturdays @ Mountain View
2pm & 7pm

To find out "What's Playing?" 1) Sign up for Movies & Events emails at suncityaz.org and a list will be sent to you on the last Wednesday of each month; 2) Log onto the RCSC Web Portal; or 3) Pick up a flyer from the Lakeview Clubs Office (please be prepared to show your RCSC Card). All movies are projected onto a screen from a DVD.

FREE RCSC Events are paid for by RCSC Cardholders & are therefore intended for RCSC Cardholders & their escorted guests only. Your cooperation and understanding is greatly appreciated!

Now with FM Transmission at all locations!
Tune your device to 99.1 FM.

Always
FREE
Popcorn

Now
serving
BOTH

Salted &
Unsalted

Welcome to RCSC Club Events

We've reorganized the Clubs Events & Annoucements that appear in SunViews so that it's easier to find the activities you're looking for. Clubs are welcome to submit information to this section every month and should include the date, time and location of the event along with cost and contact information.

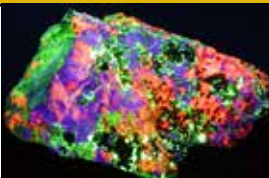
Page 13	General Information, New Interest Groups, Other Interests/Hobbies
Page 14	Cards, Games and Social Clubs
Page 15	Sports & Outdoors; Monitored Activities
Page 16-17	Club Directory
Page 18-19	Fitness, Health
Page 20-21	Arts & Crafts, Performing Arts
Page 22	Dances
Page 23	Educational Classes

Home Delivery of SunViews

Did you know you can start & stop home delivery of SunViews while you're out of town? Simply contact the Sun City Independent Circulation Dept at 623-445-2831 or email to nkilpatrick@newszap.com.

General Interest/Museums

Sun City Rockhounds Mineral Museum
Hours of Operation:
May thru September: Saturdays only 10am-1pm
October thru April: 10am-1pm; Closed Thursday and Sunday
FMI email scrockmuseum@gmail.com or call 623-428-6442 during museum hours. Come check out our fluorescent room!



**Model Railroad Club at Fairway**
Located in the Fairway Recreation Center at 107th and Peoria.
Club membership open to RCSC Cardholders.
Open to the Public (May - Sept) Thursdays Only 10am-2pm

Del Webb Sun Cities Museum
Next to Oakmont Center
Beginning May 15 (thru Sept 13) Museum Tours
by appointment only (6 or more). Please call 623-974-2568
Admission: FREE! Donations Welcomed



New Interest Groups

Whisper Ball
Looking for RCSC Cardholders interested in Whisper Ball, a game similar to Racquetball & played on same courts. The only thing you need is white soled shoes; safety glasses & racquets available at Bell Courts monitor station. If you enjoy a game that requires hand-eye coordination but is safer, quieter and slower, Whisper Ball could be the ticket. FMI Rick Steiner 412-419-9578 or stop by Bell Racquetball, 1:30pm, Tues or Thurs & give it a try.

Spin Club
Increase cardio vascular condition at one's own pace; music to aid rhythm, instructor to set pace guidelines. Also involves requesting RCSC to purchase spin bicycles and supply a storage/class room. Also, may have a projected image with recorded guidance on how to adjust tension, speed for terrain. Spin cycling enhances endurance in other activities you enjoy now. If interested, please email Steve Oaks at soaks@sbcglobal.net.

Political Clubs

Sun City Republican Club
All cardholders and escorted guests welcome. Annual Club Membership: \$5. Escorted Guests must pay \$3 to attend each meeting. FMI visit www.suncitygopclub.com, email suncitygop-club@gmail.com or Patti 713-557-5800

Sun City Democratic Club
Please attend our 6/1 Sun City Democratic Club meeting, 6pm at Fairway. We meet first Thursday every month year around. June meeting is kick off for a summer of information to help you Resist, where Bill Bercu from LD21 teaches how we can work together. In July, published author, respected scientist & Surprise resident, Jeff Gibbs discusses Climate Change; in August, Bernadette Mills, Executive Director of West Valley Arts, draws a direct line from supporting the arts to the economy. Club also meets every Monday morning at Starbucks, 99th Ave/Bell. This convivial group discusses issues & make plans with other like-minded people. See you at our meetings. RCSC cardholders & their guest invited. FMI Email suncitydemocraticclubofaz@gmail.com

Other Interests/Hobbies

Community Garden
We meet Oct-May every 3rd Sat, 9-11am. Join us to help improve the community garden or just have a tour & see what we are all about. Start planning your garden now! Located west side of EPCOR water plant on NW corner of 91st Ave & Greenway. Bring your own work gloves, rakes & shovels. Garden plots available to RCSC Cardholders in Sun City Community Garden. FMI 623-875-5921 or visit Garden Club Office at Oakmont.

Fairway Readers Club (formerly Book in Hand)
Meet 1pm second Fri, Rm 217, Fairway. Jeri Hauff moderates discussions. No annual dues; club meets year round. Books chosen by consensus: June: *Breakfast with Buddha*, Roland Merullo; July: *Winter's Tale*, Mark Helprin; August: *Infidel*, Ayaan Hirsi Ali; Sept: *The Little Paris Bookshop*, Nina Georg; Oct: *When Breath Becomes Air*, Paul Kalanithi; Nov: *Red Notice: A True Story of High Finance, Murder, and One Man's Fight for Justice*, Bill Browder. Some books on reserve at Fairway Branch Library a month in advance for those w/library cards. Members must present valid RCSC card at first session. FMI 623-933-7361.

Armchair Photo Explorers Club
We meet Oct - April; shows begin 7pm; doors open 6:30pm at Fairway AZ Rms 1 & 2. Please arrive early to sign in & be seated before show begins. Club open to all RCSC Cardholders; membership dues: \$3. Cardholders may attend three times before joining. Escorted guests welcome: \$2 each visit. Coffee & cookies served first Wednesday each month. Currently closed for the summer. FMI Ron Yankowski 623-476-2811. Join us for our adventures!

Sun City Stamp Club
No meetings June, July, Aug. Normally meet 7pm first Mon every month in Marinette Social Hall. Set up/inspection of auction stamps: 6:30pm. All RCSC Cardholders & escorted guests welcome. New & old stamps from all countries available at auctions, books & albums at excellent values, 50% or more of current catalogue prices. Join us to start/improve your collection. FMI contact: Mike O'Neill 623- 866-2058 mshane2009@prodigy.net; Bernard Heath 623-977-2332 BCstamps@cox.net; Wayne McKenzie 480-249-1278 Wayne.Mck@shaw.ca

Best Friends Dog Club of Sun City
BFDC celebrates the love of dogs with pet-friendly activities, training opportunities & shared friendship. We meet in Fairway AZ Rooms every 3rd Tues, Oct-April (people only). Social hour: 9am; Meeting: 9:30am. We exchange ideas, info & often have a guest speaker. We offer an extensive program of dog (& people) training classes. Other activities include dog walks (parks & shaded neighborhoods), brunch with dogs & Yappy Hour. We have an annual Holiday (people only) party & a seasonal picnic (Bark in the Park w/dogs). We welcome new members & new ideas! FMI, classes & upcoming activities, visit www.best-friendsdogclub.org or call 480-524-6893. Annual dues: \$5; open to all RCSC Cardholders.

Sun City RV Club
A group of people who enjoy potlucks, card games, day trips, rallies, and RV caravans. No RV required! Open to RCSC Cardholders & escorted guests only. Club meets Oct-April & goes dark for summer (many club members leave for cooler climes). **Next Fall meeting: Sept 26**, 5:30pm, monthly potluck at Sundial. Entertainment for **October** potluck (10/24, 5:30pm, Sundial) is "Dan Reed proudly presents a Variety of Music & Jazz Standards." BYO eating utensils, paper plates, drink & a dish to share with 10-12 people. October Caravan Meeting: Fri 10/27, 9:30am at Sundial. Caravan meetings are for latest information on planned outings; donuts & coffee supplied. Club hosts card games at Bell MPR B 5-9pm on Wednesdays. FMI www.scazrvclub.com or call Judy 623-444-4224.

Sun City Birding Club
This new club specializes in field trips to: identify birds, raise community awareness, enjoy nature & holds fun, educational classes with ornithological themes. Beginning to advanced birders welcome. No experience needed! You will love discovering the joys of birding! FMI Tom Locascio at 623-977-4992 or locascio2000@hotmail.com

Vintage Vehicle Club of Sun City
Love vehicles? This club is for you. Open to all RCSC Cardholders to restore, preserve, maintain, modify or build all cars, trucks, tractors, motorcycles, etc. including antiques, classics, customs, hot rods & more. Professionals, amateurs or those who simply like to socialize about cars. Car shows, cruise-ins, tours & charitable work are a few activities. Working toward a garage in Sun City where we can meet, work, learn & socialize. We meet Oct-April, 1pm, 3rd Tues each month, Lakeview SH2. **We meet all summer for:** Breakfast mtg every Thurs, 8am, Bobbie's Café, 15472 N 99th Ave; Cruise-in every Wed, 5-9pm, McDonalds 99th & Bell. FMI www.vintagevehiclesofsuncity.com, email vvsuncity@outlook.com or call (509)430-1625.

Cards & Games



Sun City Duplicate Bridge (ACBL)

Several special games scheduled for June. Unit Wide game Monday, 6/5. North American Pairs games 6/12, 6/15, & 6/16; also 6/26, 6/29, and 6/30. Card fees for all games: \$2/members; and \$4/\$5 for guests. No extra charge for special games! SCDBC games on Mondays, Thursdays, and Fridays at Lakeview SHs 1 & 2. Game time: 1pm. Doors open: 12:15, please arrive by 12:45. Partner required. Please remember our club is fragrance free. FMIC Paul Weader at 928-240-0341 or visit scdbc.com.

Hand and Foot Club

Hand & Foot, a variation of Canasta is played with 4-6 standards deck, ideally designed for 4. Six can play by forming teams of 2/3. Number of decks is one more than number of players but it is not standard. Like they say hand up & foot down. After joining for \$4, pay 50¢/week to play. Winnings are huge (\$1). It's fun to get out & make new friends. June schedule: Lakeview SH 1&2 every Wed 6-9:30pm; sign in by 5:50pm. Must be a valid RCSC Cardholder to join. Open to all RCSC Cardholder & their escorted guests. FMIC Edith (623) 271-0092 or Camilla (623) 972-0673

Euchre Club

Euchre Club meets on Tuesday from 6-9:30pm in Fairway AZ Rms; 1st & 3rd Thurs 1-4pm at Talisman. Beginners welcome. FMIC 623-533-5705

Mixed Cribbage Club

Every Tues 1-4pm & Wed 6:30-9:30pm in Lakeview Social Hall 3. No Partner needed. Open to all RCSC Cardholders. Cost \$3 to join & 50¢ to play. RCSC Cardholders may play 3 times as visitor. Arrive 15 minutes early to sign in & find a table. FMIC Marvin: 623-594-0797 or Dianne: 408-799-9040.

Bunco Broncos

Hey Pard'ner, we meet at Fairway AZ Rms 1-2, 4th Monday every month. Join us for an afternoon of fun! Doors open 11:45am, play at 12:30pm. Open to all RCSC Cardholders. Annual membership \$3; \$2 to play. FMIC 602-526-3495 or 326-7055.

Backgammon Club of Sun City

We welcome all levels of players. Meet every Saturday from 1-5pm at Lakeview SH #3. FMIC John 623-229-9887 or Don 623-933-0146

Mah Jongg

Game Play Sundays at Marinette SH 12-4pm; Tuesdays at Sundial WH 12-4pm, Thursdays at Marinette SH 6-9pm. FMIC Linda 632-240-9586 or Sue 623-933-4823

Oakmont Pinochle Club

Play on Tues & Sat from 12-4pm; arrive at 11:30am to sign in & find a table. FMIC Mrs. Tommie Crudo 623-876-1895 or Ralph DePollo 623-977-3278.

Kachina Bridge

Play bridge? Interested in getting into the game? Join us! Don't let duplicate bridge scare you, we'll help. We are a non-sanctioned club that meets Mon & Thurs (Play once or twice a week) at Sundial 12:15-4pm. Annual membership: \$5 for RCSC Cardholders plus \$2 each play for prizes. We welcome players to visit & see how duplicate bridge is played. No partner? Don't worry. FMIC Sharon 623-251-4858; Lee 974-0237. Summer hours vary; call FMI.

Monday Night Card Sharks Bridge

Meets Mon 6:45-9:30pm at Lakeview SH 1 for a social evening of contract bridge. Must have a partner. Contact Andy at (623) 933-7972. \$3 and RCSC Membership card require to join. 50¢ each night for prize fund. Try us out. RCSC cardholders visiting the club pay \$1 plus 50¢ to evening's prize fund for the evening. We have fun & would love to have you join us.

Monday Night Pinochle

Like to play pinochle? Can't get four people together? Perfect Answer: Come to Oakmont, Mon. 6pm (register), play 6:15pm for a great evening! Singles welcome; no partner needed. Play single or double deck. Annual membership: \$3; plus 50¢ nightly. Escorted guests: \$3.50. RCSC visitors: \$1. Prizes awarded accordingly. After six hands, individual scores added, winners advance. Losers stay but do not play each other. This allows playing each game with a different partner & a great social time. Come join us. FMIC 623-972-3263.

Saguaro Bridge

Meets Fridays, 6:45-9:30pm at Lakeview SH#1. Must have partner. Contact Andy at 623-933-7972 if partner needed. \$3 & current RCSC Member Card required to join; .50¢ each night for prize fund. Try it out for \$1. We'll have fun!

One Partner Bridge

Meets Thurs, Lakeview SH #1. Doors open: 6:30pm, play at 7pm; must be present by 6:55pm. Partners Required! If you need a partner, contact Andy: (623) 933-7972. Annual membership: \$3. Cost \$1 per couple, which goes into evening's prize fund. Annual surprise: "free play" night. All grand slams rewarded & designated small slams paid. Birthdays celebrated w/cookies. If you wish to come for an evening, cost is \$1 (RCSC Cardholders); \$3 escorted guests, plus \$1 prize fund.

Mixed Cards

Meets at Oakmont every Saturday. Doors open 6:15pm; play begins at 6:30pm sharp. We play Pinochle, Bid Euchre and Progressive Hand & Foot (or other games of choice). Bring your own refreshments or to share. Weekly fee: 50 cents; yearly membership \$3. Non-member/RCSC Cardholder (Visitor) is additional \$1; escorted guests \$3. FMIC Bruce (719)671-9043 or Lil (623)972-1703

Social



Michigan Friends in Sun City Club

Hello Michigan Friends, Visitors & Escorted Guests.

Our May Mystery Trip, a caravan down Del Webb/107th to the

Sun City Museum on Oakmont, then delicious walleye (a Michigan favorite) lunch at J.Michaels was a success. The PPP activity at Cassady's on 5/5 was a hit with delicious food, a Michigan (landmarks) game, & most of all, happy, fun loving Michiganders.

Good bye & safe travels to Michigan Friends traveling home or to other parts of the country for the summer. For those who hang around, here are some restaurant excursions for us:

Mon 6/12: Breakfast, Chompies in Arrowhead Mall, 9:30a; RSVP by 6/8

Tue 7/18: Dinner, Tivoli Gardens, Bell Rd, 4:30p; RSVP by 7/13

Wed 8/30: "Brunch," Cracker Barrel, 10:45a; RSVP by 8/26

Thurs 9/28: Dinner, Dillon's on T-bird, 4:30p, RSVP by 9/23

Activity updates emailed to MI Club members; \$5 annual dues. Visitors & Escorted guests always welcome/small fee. Grab a club brochure at the Sun City Visitors Center.

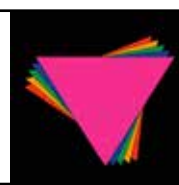
Club Mailbox:

Michigan Friends in Sun City Club
c/o Bell Rec Center Mailbox
16820 N. 99th Avenue
Sun City, AZ 85351

michigan2arizona@cox.net;
Cheryl Hall Cassady, Club President
call/text 623 910.1522 or email

LGBT Club of Sun City

Next Meeting: Thurs 6/15
Oakmont Auditorium
Meet: 6-7p; Social 7-8:30p
FMIC: 623-363-1123



Sun City Women's Social Club

SCWSC is a wonderful club that provides unlimited opportunities for women who enjoy playing cards & board/table games with other Sun City women. Club is open to RCSC Cardholders only 7 days a week, 9:30am-4:30pm, 2nd floor at Lakeview. Always looking for new members to join us in Bridge, Mahjong, Hand & Foot, Canasta, poker, Texas hold-em & other games. Annual Dues: \$10. Please come meet our fun group of women. FMIC 480-249-0862.

NextGen

NextGen is a social club operated by Sun City residents for RCSC Cardholders. Meetings are held the first and third Wednesdays of the month at Bell Social Hall unless posted otherwise. The NextGen club operates year round. Dues are \$5 annually. A valid RCSC card is required.

Upcoming activities include Ponytail cards, Texas Hold'Um, 9-Hole Golf Scramble, Happy Hour, Hike, Bike Ride, Shuffleboard & Dinner, Breakfast Get-together, Potluck Meeting & Trivia. To learn more and/or to sign up for any activity, check our website calendar at <http://www.nextgensuncity.org> & use the activity links for www.SignUpGenius.com. Dates, times & locations subject to change. Please check our website calendar for current information. FMI inquire at nextgensc@gmail.com.

Must be member, visitor or escorted guest to participate.



Sun City Singles Social Club

Sun City Singles Social Club welcomes single Sun City residents with a current RCSC card (visitors). Guests (without RCSC card) need to be single & escorted by a club member. Annual membership fee: \$6.

Club meets monthly on first Friday (Pot Luck 5:45pm) bring food to feed 10-12 people. Third Friday (Game Night 5:45pm) can bring snacks for people to share; also, bring your own drink for each activity. Location: Fairway AZ room #4.

Weekly Activities:

Saturdays: Breakfast at Brothers Family Restaurant 8:45am.
Weds: Billiards, Lakeview Lanes, 1pm

June Activities:

Thurs 6/1: Bocce Ball, Sundial, 7pm
Mon 6/5: Dinner, Rio Mirage Café, 12245 Santa Fe Dr, 5pm
Thurs 6/8: Mini Golf, Bell Center, 7pm
Thurs 6/15: Bocce Ball, Sundial, 7pm
Tues 6/20: Dinner, Bennie's Burgers, 10001 W Bell, 5pm
Thurs 6/22: Mini Golf Sundial, 7pm
Fri 6/23: Dinner, Jade Star, 10050 W Bell Rd, 5pm
Fri 6/23: Darts Bell Center, 6:30pm
Mon 6/26: Dinner, Oregon's Pizza Bistro 6738 W Bell Rd, 4:30pm.

Additional information/activities available on club web site, www.simplesite.com/myclub or contact Ellen 623-583-2307 or Janet 615-574-9960.

Sports & Outdoors

Bocce Club of Sun City

Play has resumed at the reconditioned courts, but for June, July & August, play will be on a limited schedule. However, RCSC members may always bring their own balls and friends and play at their desire.

Open Play - Tuesdays & Thursdays, May 30, June 1, 6, 8, 13, 15, 20, 22, 27 & 29 @ 8:30am

Friday night 25¢ play - June 2, 9, 16, 23, & 30, 7pm

Play open to all RCSC cardholders, in good standing, and their escorted guests.


Appropriate, modest attire to be worn at courts. While there may be fewer participants during the summer months, please remain respectful with your cell phones. They should be silenced in the court areas.

Bocce lessons by appointment:
Dennis: 623-693-2881
Edith: 623-271-0092 FMI

Conservation & Sportsmen Club

Hunting, Fishing & Shooting Sports.
Weds: 8am, Trap & Skeet Shooting, Ben Avery Shooting Range (Les: 623-876-8714)
Fri: 8am, Rifle & Pistol Shooting (Ben Avery)

Club open to RCSC Cardholders; New members always welcome. FMIC Bob, 630-531-0391



Dart Club at Bell Lanes

5 leading-edge, soft-tip, electronic dart boards, preset games, 1-8 players. House darts available or use your own. All skill levels welcome.

Club Play:
Mon: Game Night, 5:30-8p;
Tue: Count-Up 5:30-8p;
Wed: Monitor's Choice 5:30-8p;
Thu: Ladies 2-4pm.

Practice: 1st & 3rd Sat 1-3pm. Arrive 15 min early to sign in & allow for team formation.

FMIC Andrew Esaena 480-284-0904; Bob Howicz 630-531-0391; Judy Clark 623-760-6926. Membership open to all RCSC Cardholders.

Bell Shuffleboard Club


We play every Mon, Tues, Fri: Start time: 1pm; finish by 3:30pm. If you wish to join us, please show up a few minutes early to sign in for assigned court & starting position. We play three games, getting a new partner each game. Our courts are very fast with a slight curve, making it challenging to score. Instructors available to help you learn the rules. FMIC Dennis 623-972-3169, or just stop by & check us out during regular play.


Swim Club Announcement

Sun City Swim lessons at Lakeview pool. Lessons start 8:30am until 10am and include beginning lessons and intermediate classes, along with an advanced group workout. Annual fee: \$3 for any RCSC cardholder. FMIC Tere Kearney 623-583-5894.

Sundial Shuffleboard Club

Hey all who are looking for a fun way to spend a couple hours on a Thursday evening. Come to Bell Center and play some shuffleboard. And, this is inside, out of the summer heat. The Sundial Club plays at 6pm (now during Center summer hours) so show up at 5:45 with 25¢, an RCSC card, and get ready to have a fun-filled time. All equipment furnished and the game is one that persons of all capabilities can play and enjoy. Annual dues are a meager \$2.50 per person. You won't regret joining this club. If you haven't played before & need a lesson, give Russ a call at 623-208-9921, or FMI.





www.SunCityPickleballClub.org

Sun City Pickleball Club

As Arizona temperatures rise and some head to cooler climes, the Sun City Pickleball Club reminds members (and prospective members) that play continues through summer. Most activity shifts (although not exclusively) to Marinette's 8 indoor courts. Busiest open play periods on Mon-Wed-Fri mornings, with earlier start times. Some members are ready to hit the courts as soon as Marinette doors open (6am); typically games continue through 10:30am. Evening play at Marinette: 5pm Mon-Thurs. Mt View courts (7) are lighted, so there may be evening play there as well. Cardholders can stop by either venue and view this court/paddle sport. Free introductory lessons. You don't need a partner, just come to the courts, check out the competition and join the fun. Sun City Pickleball Club has grown steadily since chartering in 2003, now with over 800 members. Annual membership: \$10. Everything you want to know available at new, improved website: suncitypickleballclub.org

Monitored Activities

Basketball		Jogging / Walking Track		Table Tennis	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Indoor		Bell Center: M,W, F: 6a-10a, 3p-9p; Tu: 6a-10a, 12p-7p; Sa: 6a-10a, 12p-9p; Su: 8a-1p, 3p-8p	
Billiard Tables		Fairway Center	M-Sa 5a-9p; Su: 8a-8p	Tennis	
Bell Lanes	M-Sa: 8a-8p; Su: Noon-7p	Sundial Center	M-Sa only: 6a-8a	Bell Center: 623-977-3325	M-Sa: 6a-9p; Su: 8a-8p
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p	Outdoor		Lakeview Center: 623-561-4676	M-Sa: 6a-8p; Su 8a-7p
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p	Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Mountain View: 623-876-3042	M-Sa: 6a-8p; Su 8a-7p
Bingo		Sun Bowl	Dawn to Dusk	Swimming Pools - Open Swim Hours	
Sundial Center	Closed for Summer Resumes 9/7	Library (602) 652-3000		Bell Center - 18+ only:	
Boating/ Fishing		Bell Center	M: 9a-7p; Tu-Sa: 9a-5p	Lap pool: M-Sa: 5a-9p; Su: 8a-8p;	Closed for class: M-F 7-9a
Lakeview Center	M-Sa: 6a-8p; Su: 8a-7p (or Dusk)	Fairway Center	M-F 9a-4p	Walking Pool: M-Sa: 5a-9p; Su 8a-8p	
Bocce Courts		Mini Golf		Fairway Center	
Sundial Center	M-Sa: 6a-9p; Su: 8a-8p	Bell Center	M-Sa: 6a-9p; Su: 8a-8p	Lap Pool: M-Sa: 5a-9p;Su 8a-8p;	
Bowling Lanes		Lakeview Center	M-Sa: 6a-8p; Su 8a-7p	Walking Pool: M-Sa: 5a-9p;Su 8a-8p;	
Bell Lanes	M-Sa: 8a-8p; Su: Noon-7p	Mountain View Center	M-Sa: 6a-8p; Su 8a-7p	Lakeview Center	
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p	Sundial Center	M-Sa: 6a-9p; Su: 8a-8p	M-Sa: 6a-8p; Su 8a-7p	Closed for class: M, W, F: 8a-10a
Dog Parks		Pickleball		Children's Pool Hours for Ages 4-15 yrs: Daily 4p - Close;	
Duffeeland	May - September 6am-8pm Closed last Wed/month for Maintenance	Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Marinette Center	
Darts		Mountain View: Outdoor	M-Sa: 6a-8p; Su 8a-7p	M-Sa: 6a-9p, Su: 8a-8p;	Closed for Class: M, Tu, Th, F: 8-9am
Bell Center	M-Sa: 8a-8p; Su: Noon-7p	Racquetball		Children's Pool Hours for Ages 4-15 yrs - Daily 1p - 4p	
Fitness Centers		Bell Center Courts A & B	M,W,F: 5a-10a, 3-9p; Su 8a-8p Tu & Th: 5a-5p; Sa: 5a-7a; 12-9p	Mountain View Center	
Bell Center - 18+ only	M-Sa: 5a-9p; Su: 8a-8p	Shuffleboard		M-Sa: 6a-8p; Su 8a-7p	Closed for Class:
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p	Bell Lanes: Indoor	M-Sa: 8a-8p; Su: Noon-8p	M & Th: 8-10a & 5:30-6:30p Tu & F: 8-9a & 5:30-6:30p	
Lakeview Center	M-Sa: 6a-8p; Su 8a-7p	Lakeview: Outdoor	M-Sa: 6a-8p; Su 8a-7p	Children's Pool Hours for Ages 4-15 yrs - Daily 10a-1p	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Spas		Oakmont Center	
Mountain View Center	M-Sa: 6a-8p; Su 8a-7p	Bell Center - 18+ only	M-Sa: 5a-9p; Su: 8a-8p	M-Sa: 6a-8p; Su 8a-7p	Closed for class: Every Su: 2-4p;
Oakmont Center	M-Sa: 6a-8p; Su 8a-7p	Fairway Center	M-Sa: 5a-9p; Su: 8a-8p	Th: 6/1, 6/8,6/15,6/22: 9-10a;F: 6/2,6/9,6/16,6/23: 9-10a; Every F: 2-4p	
Sundial Center - 18+ only	M-Sa: 6a-9p; Su: 8a-8p	Lakeview Center	M-Sa: 6a-8p; Su 8a-7p	M: 6/5,6/12,6/19: 9-10a; Every M: 12-2p;Tu 6/6,6/13,6/20 9-10a;	
Horseshoe Courts		Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Every W: 12-2p;	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Mountain View Center	M-Sa: 6a-8p; Su 8a-7p	Sundial Center - 18+ only	
Mountain View Center	M-Sa: 6a-8p; Su 8a-7p	Oakmont Center	See Pool Hours	Large Pool: M-Sa:6a-9p;Su:8a-8p; Closed for Class: M 6/5,6/12,6/19 9-10a;	
		Sundial Center - 18+ only	M-Sa: 6a-9p: Su: 8a-8p	Th: 6/1,6/8,6/15,6/22 9-10a	
				Warm Water Pool: M-Sa: 6a-9p; Su: 8a-8p;	
				Closed for Class: M: 6/5, 6/12, 6/19, 10a-12p & 4:30-5:30p	
				Tu: 6/6, 6/13, 6/20:10a-2p&Tu:6/27 12-2p;Th:6/1,6/8,6/15,6/22 10a-2p	
				& 4:30-5:30; Th 6/29 12-2p; F: 6/2,6/9,6/16,6/23 10a-12p	

Club Directory									
Art and Craft Clubs		Stitchers: BC 972-8491	T&F: 9a-2p BC, W: 9a-12p BC		Dance Clubs		Hobby Clubs		LGBT of Sun City: OM Aud (623)363-1123
Artists by the Lake: LV 877-9366 or 623-810-9112		T 1-4p, W 9a-4p, Th/F 9a-1p	Woodworking: BC 974-6058		M-F: 81-4p, T: 4-8p, Sa: 8a-12p BC		Armchair Photo Explorers: FW 476-2811		2nd Th every month Mtg: 6-7p; Social 7-8:30p
Artistic Stained Glass: BC 974-4765		M-F 8a-3:30p, Sa 8a-1p, M, W, Th 5-8:30p	Woodworking: FW 972-4385		M,T,Th:8a-12p, W/F:12-4p FW		Closed for Summer Return Oct 4		Club offers social events during summer
Artistic Weavers & Fiber Artists: OM 974-6108		M-Th 9a-12p	Woodworking: LV 933-2355		Summer Hours: M-Sa: 8a-2p LV 6/6 Mem Mtg		Best Friends Dog Club: FW 480-524-6893		Men's: SD 977-5116
Calligraphy: SD 210-9137		F 9-11a	Card and Game Clubs		Classic Rock Dance Club: FW 623-628-4401		bfdcuncity@gmail.com		Contact Club for Summer Information
Camera Guild: SD cameraguildsuncity.com		Tu/Th 9a-noon	500: FW 623-974-5615 (Erma)		M: 5:30-10p FW AZ 3 & 4		Sun City Birding Club: Tom: 623-977-4992 locascio2000@hotmail.com		Please contact club for events & times
Carvers: LV 388-3051		Th/Sa 7:30a-12p LV SH3	Backgammon: LV 623-229-9887		Th: 6-9p, Sa 12-5p, LV SH 3		Duffeeland Dog Park-Talisman 928-221-6052		Next Mem Mtg: 10/31
Ceramics & Porcelain: FW 972-5818		M-F 8a-12p	Bunco Broncos: FW 602-526-3495 or 326-7055		4th Monday:12 - 3:30p FW AZ 1 & 2		Garden: OM 875-5921		M, W, F: 9a-12p
Ceramics & Porcelain: LV 933-8118		M-F 9a-1p	Canasta: OM 623-444-8690 (Melissa)		F: 10a - 3p OM Aud		Model Railroad: FW 271-8223		Th & Sa 10a-2p
Ceramics: BC 974-6750 or 623-972-4182		M-F 9a-3p; W & Th 5:30-9p	Euclhre: FW 623-533-5705		Tu:6-9:30pm FWAZ 2-4; 1st/3rd Th:1-4p Talisman		Model Railroad Museum: FW 974-2846		Th 10a-2p; May-Sept
Ceramics: OM 623-680-8474		M/Tu/Th 8a-12p	Hand and Foot Club 623-271-0092		W: 6-9:30pm (sign in 5:50p) LV SH2		Rockhounds: SD srockmuseum@gmail.com		No Mtg
China Painting: FW 623-256-6784		M, W, F 9a-12p	Mah Jongg: MC Sue 480-369-4441		T: 12-4p, SD Th: 6-9p, MC, Su: 12-4p MC		Mineral Museum: SD 623-428-6442		Summer Hours: Sa: 10a-1p
Clay Club: LV 933-0899		M-Th 8:30a-8:30p, F/Sa 8:30a-4:30p	Mixed Cards: OM 719-671-9043 Bruce or		Sa: 6 - 9:30p OM Aud		RV Club: SD scpoms@yahoo.com		Closed for Summer
Clay Corner: MC 977-3167		M/T/W 8a-9p, Th/F 8a-5p, Sa 9a-5p	623-972-1703 Lil		T: 12-4p, W: 5:30-9:30p, LV SH 3		Vintage Vehicles (509)430-1625		Closed for Summer
Crafts: BC 974-3497		M-Sa 9a-3p & M,W,F 6-9pm	Mixed Cribbage: LV 594-0797		T: 12-4p, W: 5:30-9:30p, LV SH 3		Performing Arts Clubs		
Crafts: SD (815)315-2387		M 8a-1p, Th 8a-11a	Monday Night Pinochle: OM 623-972-3263		M: Start time: 6:15p OM Aud Arrive by 6p to register		Chamber Orchestra: FW 933-1568		Closed for Summer
Creative Quilters: LV 623-251-0124		M & F 8a-4p, Tu & W 9a-3p	Pinochle: OM Gladys: 623-876-1895		T: 11:30a-4p, S, 11:30a-4p OM Aud		Choraliers: FW 933-7202 (Carol)		Closed for Summer
Friendship Quilters: BC 602-625-6761		M 9a-3p/5-8p, W 12-5p, Th/Sa 9a-3p	Contract Bridge Clubs				Concert Band: FW 972-4767		Closed for Summer
Handweavers / Spinners: SD 933-0397		M-F 9a-12p	Card Sharks: LV 933-7972		M: 6:40-9:20p LV SHs 1 & 2		Handbell Ringers: FW 623-876-1101		Closed for Summer
Knitters: FW 602-469-2505		F 8:30a-2:30p FW AZ Rms 3 & 4	One Partner: LV 623-815-9703		Th: Doors open 6:30p, game 7p, Must be present by 6:55pm LV SHs 1 & 2		Piano: SD 623-792-7266 (Kathrene)		Closed for Summer
Lapidary: BC 977-1803		M-Sa 8a-1p, T/Th 6-9p	Saguaro: LV 623-933-7972		F: 6p-9:45p LV SHs 1 & 2		Players Community Theater: MV shayob2@yahoo.com		Next Mem Mtg: M 9/18 MV Aud
Jewelry at Oakmont 623-322-4595		W, Th, F, Sa 8a-12p	Wednesday Afternoon: OM 977-2871		W: 12-4p, OM Aud		SunCityPlayersCommunityTheater.org		
Leathercraft: MC 594-6591		M-F 8a-12p Closed August	Thursday Afternoon: OM 933-9671		Th: 12:30p-4:30p OM Aud		Readers Ensemble: LV 974-3384		F 12-4p LV SH 2&3
Metal: BC 974-8206		M-Sa 8a-4p Mem Mtg 2nd M 9-11a	Friday Afternoon: FW 933-9671		F: 12:30-4:30p FW AZ 2		Rhythm Ramblers: FW 876-8464		Closed for Summer
Needle Arts / Crafts: OM 972-2609		Social Mtg/Workshop Th 8-11:30a	Duplicate Bridge Clubs				Summer Strummers Th 3-5p FW Music		
Palo Verde Artist: SD 623-551-0402		Su-Sa: 9a-5p	Duplicate (ACBL) 928-240-0341 SCDBC.com		M, Th, F: 12:15-4:30p; LV SH		Ukulele: FW 594-6591 Sept-June 398-0483 June- Sept		Closed for Summer
Sew-n-Sew: LV 977-9460 - www.sewnsew.info		Boutique Sales/Sewing/Donations:Tu,Th & Sa, 9:30a; Mem Mtg/Pot Luck Th 9:30-11a	Kachina: SD Sharon Henrich 623-251-4858		M 12:15-4p SD West Hall Th 12:15-4p SD East Hall		Women's Chorus: FW 480-236-1602		Closed for Summer
Silver Stones: SD 623-349-8840		M-F: 8a-3p, S: 8a-12p SD	Lee Bone 623-974-0236				Political Clubs		
Silvercraft: BC 933-8442		Workshop: M-Sa: 8a-4p Sales Room: M-Sa 9a-3p					Democratic:FW 623-977-4660		1st Th ea month, FW AZ 1 & 2, 6-8:30p
Sterling & Stones: FW 977-2208		M-W-F 8a-12p					Republican: SD 713-557-5800 suncitygopclub@gmail.com		Contact Club FMI
							Social Clubs		
							Fairway Readers: FW 933-7361		2nd F 1-3p FW Rm 217
							Gourmet Social: OM 920-716-2862		Closed for Summer
							Shuffleboard Sun Dial: BC 208-9921		W, 1-3p; Th 5:30-8p; Sa 1-3p
							Softball (Senior): Sun Bowl 623-444-9402 or 503-351-2036 www.azsrsoftball.com		Open Practice Su/M 7a, New Players M 9a League Play T/Th 7a
							Swim Lessons: LV 583-5894		W 8:30-10a LV
							Swimmers Master: BC 876-1233		M-F 7-9a BC Lap Pool
							Swimmers Synchronized: LV 583-5894		M-W-F 8-10a
							Table Tennis: BC 875-9991		M/W/F 10a-3p; Tu 10a-12p, 7-9p; Sa 10a-12p; Su 1-5p
							Tennis: BC Summer Contact:505.206.2315 jvolson@loretel.net Joe: 623-251-3969		Social Dbls: Sa 1-3p BC; Skills & Drills Sa 9-11a BC; Drop-in Dbls M-F 8:30-10:30a LV Men's Drop In Dbls: M-W-F 8:30-10:30a BC Wom DropIn Dbls: M/F/Sa 8:30-10:30a MV Mixed Drop-in Dbls: W 6:30-8:30p, BC Contact Club for Information
							Volleyball 206-459-3242 charlespeterson@comcast.net		F, Su 2-4p; M, W 12-2p @ OM
							Water Volleyball: OM 377-5091		F, Su 2-4p; M, W 12-2p @ OM
							Club Directory Key:		
							Sport Clubs		
							Basketball: MC 206-459-3242 charlespeterson@comcast.net		Contact Club for Information
							Billiards: Bell Billiards Room 315-806-0067		W 7a-1p; Lessons: F 8-11a Club Golf Tu & F: 11a-4p BC Billiards
							Billiards: LV Billiards Room 602-319-0783		Ladies: M & Sa 8:45-10:30a Th 9:45-11:30a; Couples W 6-7:30p Ladies League Snooker: F 1-2:30p Mens: M & F 8a-12p; T & Th 8a-12p F: 7p; Tu: 8:30a; Th: 8:30a
							Bocce: SD 271-0092		No Mtgs in June
							Conservation/Sportsmen: LV 612-741-5923		
							Dart Club: BC (480)284-0904,(630)531-0391 (623)760-6926		M-T-W 5:30-8p; Th 2-4p; 1st & 3rd Sa 1-3p
							Lawn Bowls: BC 972-3248		Su/M/W/F 7:30-9:30a, 7-9p Party 6/23 1-4p
							Lawn Bowls: FW & MV 933-5066		T/Th/Sa 9a-12p, 1:45-4p, 7-10p MV M 6:30-9:30p Lady Lawn Bowlers
							Lawn Bowls:LV (Sun City Club) 583-0625		Closed for Summer
							Lawn Bowls: LV 974-3214		Tu/Th/Sa: 7a-9a; 7p-9p Times may vary w/temps
							Lawn Bowls: OM 792-5202		Closed for Summer
							Mini-Golf: LV 623-271-8492		Closed for Summer
							Pickleball pickleball.suncity@gmail.com		T/Th 4-9p MV M-Th 7-10a MC
							Check for additional times		
							Racquetball Club: BC 986-1754		M/W/F 1-3p, T/Th 5:30-7:30p, Sa 8-10a
							Shuffleboard Bell: BC 623-972-3169 - Dennis		M-Tu-F 1-3:30p
							Shuffleboard Outdoor: LV 688-4823		Closed for Summer

RCSC Chartered Clubs: What interests you? We bet there’s a club for that!

Important Dates for Clubs to Remember!

June
5 SunViews submissions due for July
10 Guest Attendance Register & guest fees due
15 IRS Form 990-N or IRS Form 990-EZ & Arizona State Form 99 due

July
5 SunViews submissions due for August
10 Guest Attendance Register & guest fees due

August
5 SunViews submissions due for September
10 Guest Attendance Register & guest fees due

September
5 SunViews submissions due for October
10 Guest Attendance Register & guest fees due

Clubs & Activities Office

623-561-4660
email: clubs@suncityaz.org
Office Hours: Monday-Friday 8:30am to 4pm

Fitness & Fitness Classes

Sun City Tai Chi Club
Looking for some light exercise this summer? Something to give you better balance and sharper focus? The Sun City Tai Chi Club offers classes in Tai Chi and Qi Gong, ancient forms of exercise and martial arts that are often called a moving meditation. Come join us and bring a friend!

Classes open to all:
8 Form: Monday, 9-10am, Fairway, AZ Room 3
24 Form: Monday, 10:15-11:15, Fairway, AZ Room, 3
108 Form, first section, beginners, Thursday, 2-3pm, Bell (BC) SH2
Qi Gong, Tuesday, 6-7 Lakeview SH2

Advanced classes include:
108 Form, section 2, open to those who know section 1, Thursday, 11:30-12:30pm, BC SH2
108 Form, section 3, open to those who know section 1 and 2, Thursday, 12:45-1:45, BC SH2
FMI see our website: sctaichi.wixsite.com/sc-tai-chi-club or call 480-710-8497

Oakmont Ladies Exercise Class
Join us for low impact exercise designed for women over 50. Tues & Fri 8am-9am. Call club to confirm location! Annual Membership Dues: \$5 - 3 free trial visits. FMIC 573-579-5320.

Hatha Yoga
Club meets at Sundial in the Yoga Club room. Classes are multi-level and do not assume prior yoga experience; all classes taught by certified instructors. Please arrive 15-20 minutes before a Mat class and bring a yoga mat, small blanket or a beach towel, your current RCSC card, \$3 class fee and \$5 yearly membership. Wear loose, comfortable clothing for a warm environment. Refer to our website for more information: <http://hathayogaclub.org>

Yoga Mat classes:
Mon: 8:30-10am, 10:30am-12pm, & 6:30-8pm*
Tues: 8-9:30am, 10-11:30am & 1-2:30pm (Beginner)
Wed: 8:30-10am & 6:30-8pm*
Thurs: 8-9:30am (Beginners) & 10-11:30am
Fri: 9-10:30am
Sat: 8-9:30am & 10-11:30am
*evening classes

Chair Class* Times: Pre-registration & pre-payment required for chair yoga classes.
Monday: 1-2:15pm
Wednesday: 10:30-11:45am;
Thursday & Friday: 1-2:15pm
*FMIC Carlyn for Chair classes: 623-972-9602



Swim Club
Sun City Swim lessons are at Lakeview pool. Lessons start 8:30am (until 10am) and include beginning lessons and intermediate classes, along with an advanced group workout. All classes taught by excellent teachers. Annual membership: \$3 for any RCSC Cardholder. Annual fee: \$3 for any RCSC cardholder. FMIC Tere Kearney 623-583-5894.

Aqua Fitness Club
Meets M/TH or T/F at Marinette, Mt. View, Oakmont & Sundial pools. Qualified instructors teach three classes of varying intensities: Free Standing; Poolside & Aqua Stretches. No swimming involved; members stand in waist/chest-deep water. All classes “Co-ed;” must be an RCSC Cardholder to join. Annual Dues: \$5; \$15 per eight-week session. “Try It Before You Buy It” allows you to attend any class to see if it fits your needs. FMI please visit aquafitness-suncity.com or call Nancy 623-330-4242 or Terry 619-818-4380.

Aqua Suns
Do you love the water but walking & lap swimming isn’t for you? Come try synchronized swimming & learn things you never thought you could do. We do dolphins, spearfish, cat-linas, kips, surface dives & more. Join in the fun M-W-F from 8-10am at Lakeview Pool. FMIC Nancy at 623-238-8608. Swim Annual Club membership: \$3.

Dance for Fitness
With a current RCSC Membership you may enjoy three free sessions with us. Can’t beat that deal, and then you may join for only a \$5 annual fee. Come once, twice, or three times a week (whatever fits your schedule). We have no per-lesson fee. Classes meet on Tuesday at Bell, Wednesday at Sundial and Friday at Mt. View and all classes are from 9-10am. FMIC Penny at 623-933-7021 & Donna at 515-975-1683

Bell Aerobics
Come join this friendly group for a complete 45-minute workout of gentle stretching on Monday, Wednesday and Friday at 8, 9, or 10am at Bell Social Hall. Membership is \$3/year with valid RCSC card; there are no class fees. There will also be a holiday potluck social in December for all club members. Looking forward to having you join us as club meets year-round. FMIC Brenda at 623-455-1818.

Zumba Fitness Club
Zumba fuses Latin rhythms & easy to follow fitness moves to create a dynamic full body workout. It keeps you moving & grooving & makes fitness fun. The hour includes a warm-up, cardio workout, & cool-down.

Mon: Bell Social Halls, **Zumba Gold**, 11:30am-12:30pm, Debbie Reiss, Instructor;
Tues: Sundial West Hall, **Zumba Gold**, 6:30-7:30pm, Debbie Reiss, Instructor;
Wed: Bell Social Halls, **Zumba Gold**, 11:30am-12:30pm Debbie Reiss, Instructor;
Thurs: Marinette Aud, **Zumba Fitness**, 6:30-7:30pm; Jeff Larsen, Instructor.
Sat: Marinette Aud, **Zumba Fitness**, 8:30-9:30am, Jeff Larson, Instructor.

Cost: Members: \$2 per class; Visitors \$2 per Class; Escorted Guests \$4 per Class.
Annual Membership: \$5
FMIC Jan at 623-972-0099.

Tell us why you love Sun City AZ!



Why not help spread the word like these people are doing right now at www.suncityaz.org? Submit your written testimonial about why you love Sun City AZ (200 words or less) along with your photo to sunviews@suncityaz.org. Let us know where you moved from, how long you’ve lived here and whether you are a full-time or seasonal resident. We would love to hear from you!



Tips from Get Fit for Life -

Changing Body Composition Takes Commitment

“Body composition refers to the proportion of fat body weight and lean body weight that comprise one’s total body weight”, explains Jane Fortier, fitness specialist for Get Fit for Life. “A healthy body composition is one that includes a lower proportion of body fat and a higher proportion of fat-free mass. Body composition is one measurement that is used to assess health and fitness. It also determines how a body looks”

“If you aren’t happy with the way you look, an exercise program can help you make the best of the body your genetics gave you”, states Jane.

“Working out and eating healthy helps you lose weight, gain muscle and feel more energetic. Changing body composition, by adding muscle and losing fat, improves stamina and makes you look firmer and more sculpted. The amount of reshaping you can accomplish depends on your current physique, how long you have to devote to the process and your level of commitment.”



Above: During the aerobic portion of her workout, Maria Debono-Carnes uses an interval pattern to elevate heartrate.

Maria Debono-Carnas has become a regular at the Fairway Fitness Center. She decided it was time to make a commitment to lifestyle changes that would get her looking better and feeling healthier. She used Jane’s expertise to get her started. All of Maria’s weight loss efforts target body fat. She uses a full-body strength workout to build muscle. That muscle dictates her metabolism and burns body fat. In addition, Maria uses different aerobic machines to keep her heartrate at or beyond her cardio-zone. By doing so, she increases her ability to experience an “after burn,” once the workout is complete. Maria also adopted an eating regimen that follows the Glycemic Index. This way she controls the amount of glucose in her blood stream, which helps to discourage fat storage. Maria’s goal was to lose weight and change body composition. With hard work and commitment, she has done exactly that!

“Making a commitment to lifestyle changes is the key to maintaining a healthy, attractive body composition,” Fortier points out. Get Fit for Life personal trainers are experts at developing exercise programs that help clients reach their fitness goals, safely and effectively. To find out more about working with a personal trainer, call 623-696-6820 or visit Get Fit for Life LLC, Sun City on Facebook.

Group Equipment Demos are on Hiatus!

No demonstrations in June, July & August

Member Fitness & Massage Services



Get Fit for Life
Fitness Training
623-696-6820

Sundial Center
Free Spirit Massage
623-225-8582

Bell Center
Jan Najera
623-521-0771
Lisa McCoy
623-210-2707

Fairway Center
Laura Moore
623-201-0378
latouchwellness@
massagetherapy.com

LaTouch Wellness Massage Therapy Shares...

Encouragement for Putting Your Best Foot Foward

The practice of Reflexology is a perfect complimentary therapy that, when utilized regularly, enriches your health and well-being. Similar to acupuncture, reflexology works with the body’s vital energy or meridians through the stimulation of points on the body. Different than massage in that the client may remain fully clothed during a Reflexology treatment session; however, there is also the option of incorporating reflexology techniques into a full body massage which will enhance the experience of the therapy session.

Reflexology uses unique micro-movement techniques such as thumb and finger walking and a finger technique called “hook and backup” that creates a response throughout the body. Plus the addition of the appropriate amount pressure to specific points and areas on the feet, hands, or ears. It is believed that these areas and reflex points corresponds to different body organs and systems, and that pressing them has a beneficial effect the person’s general health.

We live in a holographic universe. Physicists are discovering just how interrelated the cosmos really is, the feet is a perfect microcosm or mini-map of the whole body. All the organs, glands and body parts represented in the foot are laid out in the same arrangements as in the body.

Reflexology is an ancient practice, its origin and history is difficult to track. Reflexology is thought to have been passed down through verbal traditions. In the United States, William H. Fitzgerald, MD, is frequently referred to as the father of reflexology. He wrote in 1917 about ten vertical zones that correspond to the location of an injury could serve to relieve pain when implemented over a period of time. Each zone can be considered a channel for the intangible life energy, called chi or qi in oriental medicine. Stimulating or “working” any zone in the foot by applying pressure with the thumbs and fingers affects the entire zone throughout the entire body.

Whatever the approach, reflexology relieves stress on the nervous system and assists in balancing the body’s energy. In addition to your regular massage therapy (or as a stand-alone treatment), reflexology is a perfect complimentary therapy to promote health and well-being in the body.

The chart below represents the different area of the feet that correspond to different areas throughout the body which will give a better understanding of how reflexology works.



LaTouch Wellness is located within the Fairway Recreation Center. We also offer Swedish Massage, Deep Tissue Massage, LaStone Massage, Sports Massage, Aroma Therapy, Reflexology Techniques, as well as Reiki Energy Healing Sessions. Please contact Laura at (623) 201-0378 to schedule your appointment today! Visit our website at www.LaTouchWellness.com for additional information.

Arts & Crafts

Learn Leather Craft

Open to all RCSC Cardholders. Annual Dues: \$10. Beginner classes Tues/Thurs, 8am. Learn carving, stamping, garment & construction. Lessons, patterns & tools furnished. We meet at Marinette. Hours: 8am-12pm; Mon-Fri. Closed August. Learn to make leather goods: belts, purses, holsters, even mini saddles, etc. A great group of people & a wonderful craft. FMIC 623-594-6591 or 623-933-8831.



SewNSew Club

Membership open to all RCSC cardholders: \$5 annual dues.

Boutique & Open sewing:

Tues & Sat 9:30-3p; Thurs: 11:30-3p. Boutique sales include doll clothes to fit American Girl Doll. SewNSew appreciates fabric donations that help us serve our community. Donations accepted during open sew times.

Mending at Olive Branch Senior Center

8:30a-10:30a every Monday that center is open

6/1: Show & Tell /Potluck 9:30 Open Sew 11a-3p

6/7: AnitaGood Design Machine Embroidery w/Joy Olcott, \$20 9a-4p

6/21: Machine Embroidery SIG 9:30a-3:30p

Certification required for all machine use. Sign up in club room for:

Brother sewing machine: 1) 3-hour class: \$6
Baby Lock Imagine Serger jet-threading machine: 1) 3-hour class: \$6
Baby Lock Embroidery machine: 2) 3-hour classes: \$12

Cover Stitch Machine: 1) 3-hour class: \$6
Heavy Duty machine for bulky fabrics: 1) 3-hour class: \$6

Sewing classes on topics requested by members are scheduled.

See reservation list in club room for specifics. Reference materials, club patterns and embroidery designs available to members during open sewing hours. FMIC 977-9460 or www.sewnsew.info/

Fairway Woodworking - Raffle

Raffle tickets now on sale for 645 piece handcrafted wooden train set, complete with interior seating. Need not be present at time of Raffle (November Arts & Crafts Festival) to win. 1 Ticket/\$5, 3 Tickets/\$12, 6 Tickets/\$20, 10 Tickets/\$25, 15 Tickets/\$30. All proceeds help our club maintain or purchase new woodshop equipment. Come take a look around. Enjoy a great club & rewarding hobby in our large club room containing the latest equipment & tools. FMIC 972-4385

Bell Metal Club

Love metal? Love art? Come to Bell Metal to be both innovative and artistic! Not only can you work with metal, we can fix & replace garbage can lids or make your mailbox secure by adding a locking security box. We have all the equipment to cut, weld & machine metal; we even build small engines. Come visit our shop &/or join us Mon-Sat, 8am-4pm. Membership open to all RCSC Cardholders. Dues: \$10 per year. Call to see if we can repair your broken metal items. FMI 623-974-8206.

Artistic Weavers/Fiber Artists

Summer club hours: Mon-Thurs 9am-12pm. Stop by our club room at Oakmont for details & sign up for classes. Spinning Instructions are fun, free & available most Wed. Annual membership: \$12. Open to all RCSC Cardholders. Workshops & classes on Overshot, Bound Weave, Inkle & Beginners Too are being scheduled. Stop in for details. We'd love to have you join us!

Bell Ceramics

Bell Ceramics Club is for beginner-to-advanced ceramists. Classes offer various techniques including: stains, oils, glazes, underglazes, chalk, clay add on, banding, carving & more. Annual Membership: \$7 (RCSC card required). Additional fees for classes from \$8-20. Each club member must volunteer if they wish to use club kilns, take classes or sell finished pieces in club store. Store has greenware, paints & other supplies for sale. Members can choose from over 1,300 molds. Club Hours: M-F 9am-3pm; Sat 9am-noon & every Thur from 5:30-9pm. Please stop by & show your interest in attending during these hours. FMIC 974-6750 (club room).

Fairway Sterling and Stones

All RCSC Cardholders are welcome to tour our club. People new to jewelry making, lapidary, & glass fusion may arrange classes convenient to them & instructors who teach: Silver Craft, Various Types of Chain Making, Wire Wrap, Reticulation, Lost Wax Casting, Viking Knit, Steam Punk Jewelry, Glass Fusion, Lapidary. Annual Dues: \$15. Jewelry Store Open to Public, 8am-12pm, Mon, Wed & Fri or by appointment; call 623-977-2208 during business hours. Craft Supply Store open 10am-12pm, Mon, Wed & Fri & by appointment. Jewelry Store & Work Rooms (Fairway Rm 136 next door to the Trains) open 8am-12pm, Mon, Wed & Fri. FMIC 623-977-2208

Camera Guild

Exciting classes, social events, competitions & Grab (Your Camera) & Go outings. Club Room, Sundial (2nd floor). Contact club for details. We love to share ideas. FMIC Dan 480-363-2702. Additional information about activities, classes & social events found at: www.cameraguildsuncity.com. Please visit club room on Sundial Upper Level, Mon-Fri, 9am-noon.

Fairway Knitters

Knit and crochet items for the military, care centers, school children and the homeless of Phoenix as well as other charities. Join us any Friday between 8:30am-2:30pm. You can work on your own projects using your own yarn or you can work on projects for the club using club yarn. We also have items for sale if you like to shop. We meet in Fairway AZ Room 4. Annual membership: \$3. FMIC 623-972-9736.

Handweavers & Spinners Guild

Help us celebrate 47 years as a chartered club! Skilled instructors teach weaving, spinning, basketry, tatting, hardanger & beadweaving. All skill levels welcome; Special Interest Groups (SIG) meet weekly year-round in well-equipped Sundial clubroom. Annual dues: \$10. Variety of classes available or meet singly w/instructors during SIG. New members may use equipment/work on personal projects once basic skills are established. General member meetings 1pm first Mon monthly (Oct-May); occasionally include speakers/demonstrations; always snacks/socializing! Other social events include: Halloween, Christmas parties & Spring omelet brunch. Classes/workshops held year-round; regular club hours: 9am-3pm Mon-Fri, Oct-May (summer hours vary). Beautiful hand-crafted items for sale; store open during club hours. Members participate in holiday fairs/craft sales events over the year. FMI sunaz.com/handweavers-spinners-guild/ or call 623-933-0397.

Lakeview Ceramics

In June, Paula Bauer teaches painting techniques on a stoneware olive oil jar. It's so lovely; a great addition to your kitchen or given as a Christmas gift. Come to the clubroom Mon-Fri, 9am-1pm for more information. Pat Johnson conducts workshops each Wed in June & July, demonstrating how to paint some beautiful earthenware and porcelain ornaments. This is a club project so come and join, meet others, learn new techniques, have some yummy treats and help the club. The ornaments will be sold during the Fall Fair held after Thanksgiving. While supplies last, Lakeview Ceramics is selling an assortment of poured, cleaned and fired to a Cone 5 Porcelain. Translucents, glazing and china paints are just a few of the techniques you can use to enhance your pieces. Clubroom open Mon-Fri, 9am-1pm. Come see the great pieces available.

Oakmont Needle Arts & Crafts

Sun City's hidden Jewel of a Club; a place to learn basic knitting, crocheting & embroidery. Every Thurs, mentors start you on your adventure into needle arts. Every fourth Thurs members show & tell current/completed projects. We meet at Oakmont, Thurs, 8-11:30am. Come: learn, socialize & enjoy jokes & treats. FMIC Phyllis 972-2609.

Sundial Silverstones

No Experience Necessary! Membership open to all RCSC Cardholders. Beginning classes offered (minimal fees) in basic silver, glass fusion, mold making, lost wax/casting, lapidary, chain making, wire wrapping & faceting. Our well-equipped club is open M-F 8am-3pm & Sat 8am-noon. Jewelry store open to all for purchase of member-crafted items, M-F 8am-3pm & Sat 8am-noon. Come take a tour of our facility.

Lakeview Woodworkers

Come see our many beautiful wood crafts! Men & women welcome; consider tapping into your creativity & making something with your hands. It's a wonderful feeling. We make a lot of sawdust, but usually something special to show for it. Our club is a fun & happy place; members are always willing to help. Open Mon-Sat 8a-4p, Sat 8a-12p. Summer hours: Mon-Sat 8a-2p. Annual Membership: \$20. FMIC 623-933-2355

Marinette Clay Corner

Reminder! On 5/1 Marinette Clay Corner changed to **Summer Hours**: May 1 - Sept 30: M-W 9a-9p & Th-Sat 9a-5p Closed on Sundays
If you are a member & stay for the summer, don't forget we offer Fun Workshops all summer; check Club for schedule. Stop & visit, we always have items for sale! Each piece of pottery for sale is made by a Club member. We meet at Marinette, the NW corner of 99th/ Union Hills, Building A. FMI about joining our club, call 623-977-3167. New members always welcome! Annual dues: \$15. Visit www.marinetteclaycorner.org for additional information. Please remember Marinette Clay Corner is available for all RCSC Cardholders

Jewelry at Oakmont

May - September club hours: Wed thru Sat 8am-12pm. Classes offered in lapidary, silvercraft, glass fusion, faceting, beading, wirewrap, and scrimshaw. FMIC Contact John Schmidt 623-322-4595

Artists by the Lake

Artists by the Lake, Meets in the Lakeview Art Room, 2nd floor. FMIC Janene Geisner 623-810-9112.

Friendship Quilters

Our club was built on friendship & the common interests of quilting/creating projects with fabric. We welcome new members of all levels & interest. Many members have found quilting sisters at the club. We encourage you to stop by the Bell Craft Village Quilting room on one of our meeting days. Come in & enjoy with us our contemporary version of the "Quilting Bee." We are open Mon, Thurs & Sat: 9am-3pm & 5-8pm on Mon; Wed: noon-8pm. Annual dues \$5. Membership/participation open to all RCSC Cardholders. FMI visit www.friendshipquilters.us

Performing Arts

Sun City Calligraphy Society

Open Fridays only in June & July. While we do not have any specific activities planned, we are there each week from 9-11am practicing beautiful writing & using equipment & papers to create wonderful cards. Feel free to stop by for a visit & see what our members are creating. Membership is open to all RCSC Cardholders. FMIC John Staggs at 623-210-9137.

Creative Quilters

Regular Club Hours: Mon & Fri: Open Sewing 8am-4pm; Tu & Wed: Open Sewing w/Sew N Sew to 3pm; Fri: Bus. meeting, announcements, programs 9:30am. Boutique items available for purchase during Club hours. **Upcoming Events:** Watch our news items & stop by Club room to look at class book for more details as they become available. Membership/participation open to all RCSC Cardholders

Sun City Clay Club at Lakeview

Summertime & the living is easy, but hot! Come cool off, socialize & learn something new. Working with clay is fun & therapeutic. Introductory classes for beginning potters will continue through the summer. Free summer workshops planned on 6/10 & 6/24, taught by club members. A beginning class must be completed before participating in the workshops. It's always fun to get together with fellow members & tackle a new project. We participate in the fall Arts & Crafts Festival. Now is a good time to work on your clay creations to sell at the fair. Membership open to all RCSC Cardholders. Open Mon - Thurs 8:30am-8:30pm, Fri-Sat 8:30am-4:30pm. FMIC 933-0899

Annual Dues: \$5 Club hours: Mon-Th, 8am-3pm; Tu/Th 5:30-9pm; Sat 9am-1pm; closed Fridays; Whether you're a beginner or advanced ceramist, this Friendly Club is for you. See Sign-up sheets in Club for special classes/workshops. FMIC 623-363-3908 or come by the Club during Club hours.

Bell Craft Club

Open M-Sa 9am-3pm & M,W,Th 6-9pm. Classes/workshops available include: Bead weaving, Greeting Cards (4), Copper Enameling (2), Placemats, Candle making, Quilling & Cross Stitch, Painting, Plastic Canvas, Knitting, Crocheting, Silk Flowers, Craft Beading, Polymer Clay & Brazilian Dimensional Embroidery. Classes taught by active members. If you have a craft you think others would enjoy, become a member & teach. Boutique open for purchase of unique handcrafted gifts made by our members. General Meetings 2nd Thurs, Sept-May. Annual Dues: \$10. New members joining July 1-Dec 31: \$5. All regularly scheduled classes free to club members. Membership open to all current RCSC Cardholders. FMIC 623-974-3497.

Broadway Hits in April was our last music program of the season! The Piano Club of Sun City is closed for the summer but will return in September. Join us then for more great music. RCSC visitors and escorted guests are welcome. FMIC 623-792-7266.



On break till September. At that time we begin rehearsing for our Holiday concert, which will be on Sunday, 12/3 at 2pm in the Sundial Auditorium. The chorus is open to women of all musical backgrounds who enjoy singing in a local choir setting. Rehearsals (currently suspended for the summer) every Thurs, 8:45-11 am in Fairway Music Room. FMIC 623-583-1988.

Readers Theater provides a venue that encourages & support members interested in performing drama without having to memorizing a script. This helps members learn & gain experience in developing/ showcasing their talents by reading a variety of material using voice, facial expression & body language to enhance the spoken word. Readers perform one act plays for many organization & clubs throughout the year to fulfill their entertainment needs. For bookings contact Ann Case 612-730-9699; for general information call President: Cecilia Simonelli 623-210-1810. Club membership open to all RCSC cardholders. Meetings: Fri 1-3 p.m. in Social Hall #3 LV.



An auditioned choral group composed of men and women with a diversity of musical backgrounds. Our group performs a wide variety of music for social functions, churches, health care facilities, and retirement communities. Currently we are very interested in increasing our tenor, baritone, and bass voices. Rehearsals are suspended for the summer and will begin again in September. So if you are looking for a place to satisfy your musical fulfillment please stop in to listen to us, or check out our website www.suncityvchoraliers.com.

“

When Winston Churchill was asked to cut arts funding in favour of the war effort, he simply replied, “then what are we fighting for?”

Dances

**Sun City Ballroom Dance Club at Bell**

Hello Dancers! Summer is here! Come have fun and meet friends and stay cool with us. Club meets at Bell Center Social Halls (past the Library) every Sunday throughout the year except Christmas and Easter Sundays. Dance open to all RCSC cardholders and escorted guests. Please join us for a fun social evening of music and dance. Dancers of all accomplishment levels, couples and singles welcome. Come early at 6:30 pm to warm up your dance steps or learn a new one from some of our experienced dancers. Dancing from 7-9:30pm. Annual membership: \$3; Admission: \$5 members, escorted guests: \$8. Coffee, ice & cups provided; bring your own favorite refreshments and snacks.

Musician schedule: 6/4 Manuel Dorantes, 6/11 Michael Carollo, 6/18 Bob Roppolo, 6/25 Manuel Dorantes

FMIC Julie (623)533-6236 or Arlene (623) 214-0594 or
Visit www.suncityballroomdanceclub.com

PLEASE NOTE: All Group Dance Lessons have been Cancelled until further notice.

**Sun City Singles Dance Club**

Singles & couples invited to join us for social & ballroom dancing at Sundial, Friday, 7- 9:45pm. Whether you love to slow dance, are an accomplished ballroom dancer, or somewhere in between, you'll enjoy dancing to some of the best live music in the Valley. Free dance lesson w/paid admission: 6:20pm. No partner required for lesson; Students rotate so everyone has an opportunity to dance. We also have "Mixers" and "Line Dances." Admission: \$5/members; \$8/guests. Enjoy socializing & making new friends. Be comfortable, but please - no jeans, shorts, pullover shirts, hats, tennis shoes or flip flops. Coffee, ice & cups provided. FMIC Bob (623) 215-8718 or visit our website at: www.suncitysinglesdanceclub.com. Open to all RCSC Cardholders, visitors & escorted guests.

June Dates: 6/2 Bobby Freeman; 6/9 Manuel Dorantes; 6/16 Mike Carollo; 6/23 Bob Roppolo; 6/30 Rich & Brad

Sun City Line Dance Club at Sundial

Dance on a beautiful wood dance floor every Tuesday & Thursday 10a-1p in Sundial ballroom/auditorium. Free dance lessons 15 minutes prior to each dance. **Dance Location Exception: Thursday, 6/29 in Fairway Arizona rooms.** Serving cookies, pretzels, mints, coffee & water. Members, visitors, & escorted guests welcome. Club membership: \$5. Daily dance admission: \$2 members; \$3 visitors, & \$6 escorted guests. FMIC Walter 623-972-5127. **[suncitylinedanceclub.facebook](https://www.facebook.com/suncitylinedanceclub)** containing links to teaching sessions for our dances; website: **www.suncitylinedanceclub.com**

Bell Tea Dance

All dances on Wednesdays from 2-4pm at Bell Social Hall. Music provided by local keyboard artists. Dances consists of Foxtrots, Waltzes, Latin, Swing and Rock; two mixers and line dance included. Coffee, tea & cookies provided. Singles welcome. Admission: \$4/Club Members; \$6/Escorted Guests. FMIC 623-933-8873.

June Schedule: 6/7 Mike Carollo; 6/14 Bobby Freeman; 6/21 Manual Dorantes; 6/28 Bobby Freeman

**Country Dance Club at Sundial**

Mark your calendars for our Special Event on 6/3, featuring **Steel Nickel**, a live country western band, at the fabulous Sundial ballroom. Our 6/17 dance features our regular DJ. Both dances have something for everyone; a good mix for line dancing, couples free-style, & couples pattern dances, and a dedicated dance floor just for line dancers! Bring your own snacks & beverage. Ice, water, cups & cookies provided. Both dances from 6:30-9:30pm with free dance lesson 6/3 at 6pm. Doors open 5:30pm. Admission: \$3/members, \$5/visitors & \$6/escorted guests. Annual club membership: \$5 w/valid RCSC photo ID. FMIC 623-972-5127 or visit www.countrydanceclubsc.com.

June 3: Live Country Band Steel Nickel – free dance lesson. Doors open 5:30pm
June 17: DJ – No dance lesson. Doors open 6pm
More Special Events Coming October 28 and December 16

**Rockin' Thru the Years – Saturday Nite Fever**

Only dance club dedicated to Classic Rock And Roll, Disco, DooWop and Country Rock. We have our own sound system and use 2 different DJs to play music from the 50s thru today. Will play requests as long as they fall in R&R genre. Singles & couples welcome; No Dress Code! We furnish cups & ice; BYO snacks & favorite beverage. Admission: \$3/members; \$6/ escorted guests. Annual RTTY membership: \$3 w/valid RCSC Membership. Remember: No partner or dance lessons needed to enjoy dancing to R&R & Disco. Dances at Bell; RTTY has drawings for prizes at every dance. Doors open 6:30pm; dance 7-10pm. FMIC 623-332-7894 or visit: rockinthrutheyears.com.

We play videos with your music on our 10' x 5' video screen!
June Dances: 6/10 – DJ Jamee Soulez; 6/24 – DJ Ryan Blair;

**Classic Rock Dance Club**

Let the good times rock 'n roll with Classic Rock Dance Club! You are invited to our Classic Rock dance every 1st & 3rd Saturday nights of every month at Fairway. We are the only dance club that plays Classic Rock N Roll non- stop from the 50s, 60s & 70s.

6/3: DJ John Phillips
6/17: DJ Ron West

Doors open at 5:30, dancing 6-9pm, bring your own beverage; cookies, cups, ice and napkins provided. Singles and couples welcome; casual or dress up. Open to all RCSC cardholders and their escorted guests. Annual Classic Rock club membership: \$3 w/valid RCSC membership. Admission: \$3/members; \$6/escorted guests.

*We now have a Facebook page, search for CLASSICROCKDANCECLUB, click on like to automatically get new feeds. FMIC Donna 623-628-4401 / 360-350-8160/ classicrockdanceclub@gmail.com

**Sun City Squares**

Closed until October 31 when our first dance of the season is our famous Light Dance, 6:30-7pm Pre-Rounds; 7-9pm Mainstream /Plus Square Dance. Dee Dee Dougherty, Caller. \$5/members \$7/ escorted guests & visitors. We dance at Bell SHs. Ask about reciprocity! FMIC 623-930-7513; 623-875-2642 email: suncitysquares@q.com
Dances open to RCSC Cardholders and their Escorted Guests.

Dances Lessons

Country Dance Lessons

Couples Pattern Dance lessons every Tuesday night at Oakmont Recreation Center from 6:30-9pm. Once you learn some of these dances, you will be all set to join the pattern dancing at our club's dances at Sundial on June 3, live band, and June 17, D.J. The cost, which covers the entire 2 1/2 hours, is \$4 for club members, \$5 for RCSC cardholders and \$6 for escorted guests. FMIC 623-972-5127 or 623-242-9535.

Sun City Ballroom Dance Lessons

Ballroom Dance Group Lessons are back at Bell Social Halls, on **Mondays, beginning on June 5.** We welcome new Instructor Paul Tracy.

6-7pm - West Coast Swing
7-8pm - Foxtrot
8-9pm - Rumba

Cost \$5/Member; \$8/Escorted Guest. FMIC Julie (916) 390-3759 or Arlene (623) 214-0594

Tip Top Dance Club

Tap Dance Classes: All Levels of Experience Welcome, Men & Women Welcome
Tap Classes at Marinette: Tap 1: Tues, 9am; Tap 2: Mon, 10:15am; Advanced Variety: Mon & Fri, 9am; Advanced Tap: Tues & Fri, 10:15am; Fri 10:30am; Introductory Tap: Tues, 8:15am by appointment only. Cost: Annual Dues: \$10; plus \$12-24 per month, depending on classes. FMIC Velvet 623-824-5146. **Moving to the Beat:** Tues & Thurs, 1pm; \$10 annual dues plus \$3 per class. **Pilates Classes at Bell:** Mon & Fri, 1pm; \$4/class; FMIC Betty Grantham, 623-505-3028. Open to all RCSC Cardholders & their escorted guests. FMIC Velvet 623-824-5146

Educational Classes

Computer Club of Sun City

Our members come to our Club in the Fairway Recreation Center to share computer knowledge and experiences, including current Microsoft Operating Systems, Android Smart-phones and tablets in a fun social environment. This includes Windows 10, the Internet, mobile devices, media, home, office and social. Members of the Club can come anytime that we are open and use our computers in the Member's Lab to check



email, read the news and visit favorite websites. They use our scanner to scan their important documents, precious old pictures, prints, slides and negatives. Classes, special interest group discussions, workshops and presentations are both interesting and educational.

We have two entire classroom equipped with Windows 10 computers and many classes using Microsoft 10 are scheduled. Classes are usually announced at least two weeks before and require club membership. You'll need to come to the club to register. Sign up early as they do fill up fast.

Our Workshops are focused, informal, hands on, and with smaller groups. Membership is required. Topics of the Workshops are targeted to a specific topic and will be related to PCs or Android Devices. Tables are arranged for members to use with their own laptop, tablet, or phone.

All RCSC cardholders are welcome to join the fun! In June, you can join by attending a short "Join Us" presentation in our Club on any Wednesday. Come in anytime between 9a to 10:30a. It only takes a few minutes to join! For more information, call 623-933-8953 or visit our Club Website: www.firstsuncity.com

The Computer Club of Sun City is on the 2nd floor of the Fairway Recreation Center.

Clubs Hours: Mon - Sat: 8a to Noon.

First Week

Club Board Meeting on June 1 at 9a. Open to all Club members
Round Table Discussion on June 2 at 9a
Web Team meeting on June 3 at 9a

Second Week

Android Devices SIG on June 5 at 9a
Windows 10 Workshop, June 8 at 9am
Round Table Discussion on June 9 at 9a
File Explorer using Window 10 Workshop, June 9 at 9a
Investor SIG on June 10 at 9a

Third Week

Internet Email SIG, June 12 at 9a
File Explorer using Window 10 Workshop, June 13 at 9a
Genealogy SIG, June 14 at 9a
Backup and Recovery SIG, June 15 at 9a
Hardware Clinic on June 16 at 9a

Fourth Week

Windows 10 Operating System Class, June 19, 20, 21 & 23 at 9a
File Explorer using Window 10 Workshop, June 22 at 9a
Round Table Discussion on June 23 at 9a
Investor SIG on June 24 at 9a
Microsoft Windows SIG on June 26 at 9a



Spanish Club - El Círculo Español

A fun, low pressure way to expand your mind and make friends. We have about a dozen classes and an all-level conversation class during the summer. If you haven't yet joined, don't wait! Annual Dues: \$10 beginning October 2017 to RCSC Cardholders. Includes all classes you care to attend. Start or stop a class according to your schedule. We are user friendly. We assist in finding free or low cost books. We try to arrange carpools for our outings. New members are welcome! FMIC our president, Lidwina 623-256-8376

Summer Wednesdays (June/July/Aug FW Room 133) 1-2:30p: All Levels practice/conversation. **Don't forget, summer class starts Wed 6/7 at 1pm.**

Club is organizing an outing for members & escorted guests on Sat 7/24, 7pm performance of the **Tradiciones Dance Company "Raises" show at the Theater Works**, 8355 West Peoria Avenue in Peoria.

Advance tickets purchased from the Tradiciones Dance Company are \$15 per person; "at the door tickets" are \$20. If interested in \$15 tickets, please mail check (made out to "Tradiciones Dance Company") by 6/6 & send to Laura Kuchler, 19825 N Springfield Dr, Sun City, AZ 85373. Include a small self-addressed stamped envelope so your tickets can be mailed back to you. To car pool, meet 5:45pm at Fairway lobby. Questions? Email SunCitySpanishClub@gmail.com or call 623-974-0906.

More information at www.tradicionesdancecompany.com/ **Don't forget, I need your check by 6/6.**

Membership Renewals October 19

Finger Food Pot Luck & Class Registration FW AZ rooms 1 & 2, 5:30pm

FMI: SunCitySpanishClub@gmail.com or visit Sunaz/Spanish-club/ or call 623-256-8376 Lidwina or 480-262-4461 Boots



SunMacs Computer Club

Our Summer Hours, Tu-Th 8:30-10:30a are observed May Through October. We are Closed from August 1 through September 18.

Our next General Meeting takes place Saturday, November 11, 8:30-10:30a in the Sundial West Hall. Coffee and treats available before the 9a program. The program topic for this meeting to be announced at a later date. You can renew your membership for 2018 at this time. Election of officers for 2018 will take place before the program.

We specialize in assisting our members with Apple Products and Software. Located at Sundial; RCSC card required for membership. Annual dues: \$20 single/\$30 couple. Collection of 2017 dues ended April 15th. We begin collecting 2018 dues in November.

We offer Classes, Round Tables and Socials free to club members. Some classes require pre-registration. Visit www.sunmacs.org or our club room (933-5300) FMI



Life Long Learning

The Sun City Lifelong Learning Club offers 30-40 lectures and multi-session classes each "semester" at Fairway. Classes offered October-December and February-March. Topics include art, music, history, health & well-being, finances, current affairs & entertainment. Instructors are volunteers & residents of Sun City & nearby communities with wide & varied experience. Local organizations also volunteer staff members as instructors. Dues: \$20 per calendar year. If interested, please email sczlifelong@gmail.com or call 623-533-5756. Fall classes will be listed on Lifelong Learning webpage at www.suncityaz.org. Find our brochure on the bulletin board outside the Fairway Room 129 and at the Lakeview Clubs Office.



Welcome to Sunshine Service

People, meeting needs of people is what Sunshine Service is all about. Sunshine Service lends medical and children's equipment to residents of Sun City and we have been doing so for over 54 years. We are a charitable non-profit Arizona corporation and are funded by voluntary contributions and memorial gifts.

While the equipment is available for the use of all residents or visitors staying with residents, the equipment must not be taken out of Sun City on a permanent basis. As a matter of control, equipment is loaned only to Sun City residents.

Records show that as the population of Sun City grew, so did use of our medical equipment. Savings for Sun City residents have been calculated periodically; in 2015, it was estimated that residents saved over two million dollars in cost of equipment for that year alone.

Sunshine Service, Inc has received local, state and national recognition. Awards received include the George Washington Honor Medal for services to the sick and handicapped from the Freedoms Foundation of Valley Forge in Pennsylvania.

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Services:

Sunday	Wednesday
9:00 am Bible Study	4:00 pm Bible Study & Prayer
10:30 am Worship Service	

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www.suncitymealsonwheels.org

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