

# SUN VIEWS

ISSUE #190 • AUGUST 2017 • A PUBLICATION OF THE RECREATION CENTERS OF SUN CITY, INC.

**SUN CITY**  
ARIZONA  
RECREATION CENTERS  
OF SUN CITY

## Summertime is Still Fun Time in Sun City AZ

Even though it's still hot, hot, hot, the fun doesn't stop here in Sun City AZ.

Swimming pools at all seven Sun City AZ recreation centers have been the place to play for many and the efforts by all have continued to help us maintain our healthy pools program again throughout this year. Thanks for doing your part. *Learn more about Healthy Swimming Pool standards on the Centers for Disease Control and Prevention website at [www.cdc.gov/healthywater/swimming/](http://www.cdc.gov/healthywater/swimming/).*

We've already celebrated the hottest part of the season with two cool concerts in the Sundial Auditorium this summer. Both the Big Iron Band/Marty Robbins Tribute and Jim Westover's unbelievable Elvis from Hawaii Tribute were both great shows.



The 4th of July is another special time when the patriotism within our community shines bright as we gather to "Ring That Bell" and show our true red, white and blue spirit. Bowling, darts and shuffleboard kept many entertained indoors while staff and volunteers served up hot dog

lunches and free cake. That same afternoon, thanks to the Sun City Community Players Theater, the Sun City All-Star Band entertained over 700 concert goers. Let freedom ring, indeed!



This month you're in for another refreshing treat when we offer the Dive-In Movie and Ice Cream Social at Mountain View on Saturday, August 12. The festivities get started at 6pm. We'll be showing "Free Willy 2 - The Adventure Home" where Jesse becomes reunited with Willy three years after the whale's jump to freedom as the teen tries to rescue the killer whale and other orcas from an oil spill. Others attending are welcome to relax indoors viewing the film "Rules Don't Apply," the unconventional love story of an aspiring actress, her determined driver and their boss, eccentric billionaire Howard Hughes. While this event is free for RCSC Cardholders and their escorted guests, please remember that no children under the age of 4 are allowed and that proof of age is

required for 4-5 year olds (photocopies and/or electronic images are acceptable).

September will soon be here and Lakeview, Oakmont and Mountain View Centers will return to regular hours after Labor Day.

But the summer fun is not over just yet. You're welcome to stop by and test your luck at Casino Night on Saturday, September 9 from 4 to 7:30pm in the Sundial Auditorium. This "just for fun" event provides you with play money to gamble at each game as you rotate through the tables. Enjoy casino-style excitement close to home.



Then before you know it, the Sun Bowl season will be starting up again as we kick off with The 8-Tracks Dance Band on September 24 at 7pm. (See the back page for the complete Fall 2017 Sun Bowl schedule or online at [www.suncityaz.org/recreation](http://www.suncityaz.org/recreation)).

Relax, stay cool and enjoy! Sun City AZ - "The Original Fun City," where you've chosen to call home!

### Labor Day Holiday

## RCSC Offices Closed, CHS Alters Saturday Schedule in September

RCSC Cardholders are reminded that Cardholder Services will be closed the first Saturday in September in observance of Labor Day; however, the office will be open on Saturday, September 9 from 9:00am to noon for your convenience.

Cardholder Services is located on the lower level of Lakeview Center. Normal office hours are Monday through Friday from 8:30am to 4:00pm.

In addition, all RCSC Offices (Corporate/Board, Human Resources, Cardholder Services and Clubs & Activities) and the Sun City Visitors Center at Bell will all be closed on Monday, September 4, 2017 in observance of this holiday as well.

All recreation centers will be open normal operating hours on Labor Day, with summer hours ending after the holiday at Lakeview, Oakmont and Mountain View Centers.

Stay in the loop!  
Get RCSC News Alert  
Emails, sign up at:  
[www.suncityaz.org](http://www.suncityaz.org)

Email addresses  
remain confidential

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### Connect with Sun City AZ





Fun for all!\*

Ice Cream Social @ 6pm

Movie begins @ Dusk

Presented to you by:  
**SUN CITY**  
ARIZONA  
RECREATION CENTERS OF SUN CITY

**Saturday, August 12, 2017**

**Mountain View Pool**



Showing on the big screen:  
Jesse becomes reunited with Willy three years after the whale's jump to freedom as the teenager tries to rescue the killer whale and other orcas from an oil spill.  
Starring: Jason James Richter, Michael Madsen, Francis Capra (1995 | PG | 1 hr 35 min)

**Free for RCSC Cardholders & their escorted guests only!**

\* NOTE: BP-10 requires proof of age for 4-5 year olds.  
\*\* No children under 4 years old permitted at this event.



**FEELING LUCKY?**



**Casino Sun City**

**Saturday, September 9, 2017 • 4 to 7:30pm**

**Sundial Auditorium**

Join us for an early evening of fabulous fun, action & excitement!

We'll have all of your favorite games and best of all - free fun money for players as you rotate through the tables. This "just for fun" night will include poker, black jack, roulette, craps and much more!

We'll have hot dogs and chips available for purchase should you need to snack, and you're welcome to BYOB. Proceeds will benefit the Del Webb Sun Cities Historical Museum.

Step right up, place your bet and get ready for an evening full of good times!

**Free for RCSC Cardholders & their escorted guests**  
**Be prepared to show your RCSC Member or Privilege Card for entry; key fobs not accepted!**



Evacuation Plan Installation Continues into August

Every day somewhere in the world there seems to be a disaster. War, famine, terrorist attacks or the storms Mother Nature sends our way require all of us to be prepared.

The Recreation Centers of Sun City, Inc. wants to make certain that Cardholders and their guests are prepared for any such emergency that might come into our community as well. The National Fire Protection Code requires assembly buildings such as our recreation centers to have evacuation plans and that staff be trained to help in such situations.

To that end, RCSC Skilled Trades Staff has begun installing Evacuation Plans and Emergency Procedure Manuals in every administrative office, club room, meeting room, fitness center, maintenance buildings, golf pro shops and snack shops, bowling centers, auditoriums and amphitheaters.

Various situations other than fire can arise and we want to ensure that every occupant of every RCSC facility knows what actions must be taken. This might include such things as severe storms, earthquakes, bomb threats and natural gas leaks, just to name a few.

Meetings will be held in many of the centers and clubs will be asked to review and share this information with members as it becomes available.

Stay tuned for more updates regarding this project. Life safety should be everyone's concern. Your cooperation and assistance is appreciated.

Emergency Evacuation Plans & Procedure Manual installation continues through August as follows:

- Week of July 24th - Mt. View & Oakmont
- Week of July 31st - Lakeview
- Week of August 7th - Sundial
- Week of August 14th - Bell
- Week of August 21st Marinette



**Be Prepared**



**SUN CITY**  
ARIZONA

RECREATION CENTERS  
OF SUN CITY

**EMERGENCY PROCEDURES**

Property of Recreation Centers of Sun City, Inc.  
Please do not remove from this location.



Want A Bigger Voice in Sun City AZ?

# Candidate Packets Now Available

**VOTE** **2017**

RCSC Board of Directors Election  
Tuesday, December 12, 2017

Candidate packets continue to be available for RCSC Members interested in running for the Board of Directors. There is still plenty of time to complete the paperwork and collect the necessary signatures to get your name on the ballot.

To obtain a candidate packet, you must make the request in person at the Corporate/Board Office at Lakeview Center (lower level) and present your RCSC Member card. The deadline for packet submissions is no later than noon on Friday, September 29, 2017.

Requirements to become a RCSC Board candidate:

- Must be at least fifty-five (55) years of age;
- Must not be related by marriage or birth to any other member of the Board, Senior Management Staff, or Board Candidate;
- Must be a Deeded Real Estate

Owner of property in Sun City, Maricopa County, Arizona;

- Must be a RCSC Member in good standing;
- Must reside in Sun City, Arizona and be available at least ten (10) months of the year;
- Must meet the requirements to hold an Arizona liquor license (RCSC holds liquor licenses which require Board officers to be included on the licensing);
- Must be eligible and available to serve a three (3) year term; and
- Must be available to attend Board Candidate Orientation(s).

Candidates must also submit a fully completed RCSC petition, signed by 100 or more RCSC Members in good standing, along with all other forms provided in the RCSC Candidate Packet.

A successful candidate will:

- Have a strong desire to serve Sun City, AZ;
- Be fair and courteous;
- Use good common sense;
- Have good communication skills;
- Be willing to work as part of a team;
- Ability to prioritize - policy and projects - which will have the greatest benefit for the most members; and
- Be willing and able to dedicate the necessary hours to be an effective Director.

Candidates will be introduced at both the October and November Board meetings and candidate forums that will be held in the fall. Forum locations and dates will be announced at a later time.

For more information, please contact the Board Office at 623-561-4620 or email [boardoffice@suncityaz.org](mailto:boardoffice@suncityaz.org).



**Corporate Office**  
Lakeview Center  
10626 W. Thunderbird Blvd.  
623-561-4600  
Hours: Monday - Friday 7:30am to 4pm  
[www.suncityaz.org](http://www.suncityaz.org)

**Member Services (Clubs) Office**  
Lakeview Center  
623-561-4660  
Hours: Monday - Friday 8:30am to 4pm

**Cardholder Services Office**  
Lakeview Center  
623-561-4603  
Hours: Monday - Friday 8:30am to 4pm  
1st Saturday each month: 9am to noon

**Recreation Centers**

**Bell Center:** 623-876-3040  
16820 N. 99th Ave.

**Fairway Center:** 623-876-3044  
10600 W. Peoria Ave.

**Lakeview Center:** 623-561-4675  
10626 W. Thunderbird Blvd.

**Marinette Center:** 623-876-3054  
9860 W. Union Hills Dr.

**Mt. View Center:** 623-876-3042  
9749 N. 107th Ave.

**Oakmont Center:** 623-876-3046  
10725 W. Oakmont Dr.

**Sundial Center:** 623-876-3048  
14801 N. 103rd Ave.

**Sun Bowl Amphitheatre**  
10220 N. 107th Ave.  
(weather recording)  
623-972-6014

**Softball Field**  
10220 N. 107th Ave.

**Duffeeland Dog Park**  
14610 N. Del Webb Blvd.

**Sun City Visitors Center**  
1-844-4 SUN CITY or 623-977-5000  
Located in the Bell Center at  
16824 N. 99th Ave.

## Attention: RCSC Cardholders

RCSC would like to remind Cardholders of a few items which require your attention when using the recreational facilities:

- All RCSC Cardholders are required to check in with their Member or Privilege Cards (key fobs accepted for entry to fitness, pools and spas; not concerts or free events)
- Host punch cards are purchased by and belong to the Cardholder, not the guest.
- Guests may be requested to show government-issued photo ID when checking in to use RCSC facilities.
- Neither Sun City AZ residents nor spouses of RCSC Cardholders are eligible to be guests.
- Proof of age for 4 and 5 year olds is now required for access to swimming pools. Photo copies or electronic images are acceptable.
- Free concerts and events are for RCSC Cardholders and their escorted guests only. Always be prepared to show your RCSC Member or Privilege card (with photo) when attending events. Key fobs are not accepted for entry.

Please refer to the RCSC Cardholder Guide and Board Policies for more information regarding these matters. Your cooperation is appreciated!

## RCSC Summer Hours

for Lakeview • Oakmont • Mountain View  
(Through Labor Day weekend)

Sunday 8am-7pm | Monday-Saturday 6am-8pm  
• Hours at all other centers remain the same •

## Sundial Season Tickets Available on November 1

Back by popular demand, reserved seating for all ticketed shows at the Sundial Auditorium returns again for 2018. With a superb line-up of entertainment, season tickets for the entire series will go on sale Wednesday, November 1, 2017 which includes all 11 shows for the unbelievable price of \$154 (that's only \$14 per show).

Season tickets will be on sale during the month of November only and may be purchased by RCSC Cardholders only (limit of one series/season ticket sale per card and all cards must be presented at the time of purchase).

The Gold Dot entrance at Lakeview Center will open at 5:15am on November 1, when RCSC Cardholders will be issued numbers prior to ticket sales beginning at 8:30am when the Clubs & Activities Office opens. This process will give Cardholders the ability to save a place in line and return later to make their purchase. It should be noted that anyone arriving at the office after their number has been called will not be served and must begin process over.

Tickets for all individual shows go on sale Friday, December 1 to RCSC Cardholders only for \$17 per person. Ticket sales to non-RCSC Cardholders will be available starting Tuesday, January 2, 2018 for \$20 per person should any tickets remain.

Visit our website at [www.suncityaz.org/recreation](http://www.suncityaz.org/recreation) for more information regarding the 2018 Sundial Concert Series and the great acts that will be performing in Sun City AZ this coming winter and spring. (Turn to page 11 for the full line-up).

The Lakeview Center Clubs & Activities Offices is located at 10626 W. Thunderbird Blvd. in Sun City.

# Golf & Grounds Report

## Pro Shops

Total rounds for May showed a slight increase over prior year and Green/Cart fees exceeded budget by 1.5% and prior year by 6.2%. Total revenue missed budget slightly due to misses in merchandise and driving range sales. Total rounds year-to-date are down from prior year due to January and February performance; however, rounds after February have increased over prior year.

We are offering the Wilson Duo golf balls at reduced pricing through August 31. You can purchase two dozen Wilson Duos for \$30 or two dozen Wilson Duo Spin for \$35. This offer is only available through the Riverview Pro Shop. The Duo is ideally suited for higher handicapped golfers looking for distance, providing great feel and low spin. The Duo Spin provides plenty of distance but adds spin which aspiring players are looking for around the greens.

## Golf Courses

Transition is well underway as the winter rye and poa trivialis give way to the summer heat. Transition is painful as it is a much slower process reestablishing the bermuda in the summer as opposed to over seeding with winter grasses in the fall. The bermuda begins to emerge from dormancy late February/early March by using carbohydrate reserves stored in the root system. During this time it is competing with the well-established winter grasses for both nutrients and sunlight. To aid in transition on fairways and tees, we use a blend of perennial and annual rye. The annual rye has a lower heat tolerance and begins to transition out sooner. Greens are over seeded with a blend of poa trivialis and perennial rye, both of which are much hardier and can continue living until summer temperatures become extreme. We further aid the transition through mechanical means, such as lowering the height of cut, vertical cutting and aerification. By the time these processes are complete, the golf courses do not have the conditions golfers prefer. The goal is have the courses back on the road to recovery by the middle of July, providing the 100 days of growth bermuda

needs in order to store the proper amount of carbohydrates needed prior to dormancy.

Sodding has been completed at Riverview and North. These areas will remain closed to play and cart traffic until established. The 30 yard signs will remain in place at Riverview to keep heavy cart traffic away from the green complexes. For those golfers that carry a handicap card, carts are allowed within the 30 yard markers; however, we ask that once a shot is played, the cart is driven back from the direction it entered and then driven around the green. The less cart traffic we have around the green complexes, the sooner recovery will occur.

## Snack Shops

Snack shops are now closing at 1:00pm on a consistent basis, though will remain open longer depending upon demand. After the snack shops close, snacks and beverages are available through the pro shop. The snack shops have operated within their budgeted goals year-to-date. We thank everyone for their continued support.

## Lawn Bowling/Grounds

Work continues on the Lakeview Lawn Bowl greens to remove irregularities in the surface. To date, RCSC staff have leveled all plinth boards and removed high points as needed. We are currently working with a contractor to "fraise" mow the surface and then top dress and level. After this portion is completed we will begin to re-grow the turf. After six weeks the contractor will revisit the site and further level and top dress as needed. All other Lawn Bowl greens have been aerified and top dressed. In addition to this process we have verticut and fertilized all greens.

We are currently working with our irrigation consultant on pressure problems around the softball field. Water pressure to the field has decreased recently, creating difficulty in providing consistent turf coverage. We are also working on eliminating high spots along the infield by using a total of 2,200 square feet of sod.



## RCSC's 8 Golf Courses

Lakes East: (623) 876-3023  
Lakes West: (623) 876-3020  
10433 Talisman Rd

North: (623) 876-3010  
12650 N. 107th Ave.

South: (623) 876-3015  
11000 N. 103rd Ave.

Willowbrook: (623) 876-3033  
Willowcreek: (623) 876-3030  
10600 W. Boswell Blvd.

Quail Run: (623) 876-3035  
9774 W. Alabama Ave.

Riverview: (623) 876-3025  
16401 N. Del Webb Blvd.

## RCSC's 5 Snack Shops

Menu Available at  
[suncityaz.org/golf/snack-shops/](http://suncityaz.org/golf/snack-shops/)

**August Snack Shop Hours**  
**Open Daily 6am - 1pm**



## Cart Damage

# By the Numbers

Many believe that a single golfer in a cart would cause less damage to the course than two golfers sharing a cart based upon the additional weight. However, that is not the case.

Cart damage is defined as "turf wear damage caused by golf carts which includes: 1) turf and soil compaction due to the weight of the golf cart, 2) abrasion and wear caused by repeated and concentrated traction including stopping, starting, and driving, and 3) impact damage from the golf cart."

By examining the area impacted by different play types, it will help you better understand why four-wheel golf carts impact the course so dramatically.

The following shows the estimated average area impacted when playing a normal 6,200 year golf course:

- Walking golfer with golf bag (9 holes)= 15,500 sf
- Walking golfer with golf bag (18 holes)= 31,000 sf
- Walking golfer with 3" wide wheel pullcart (9 holes) = 111,600 sf
- Walking golfer with 3" wide wheel pull cart (18 holes) = 223,200 sf
- Riding golfer with motorized cart (9 holes) = 2,380,800 sf

(continued on page 9)

## 2017 RCSC Course Maintenance Schedule

### Greens Aerification:

Monday & Tuesday, July 24-25 • Lakes West  
Thursday & Friday, July 27-28 • Lakes East  
Monday & Tuesday, July 31-Aug 1 • North  
Thursday & Friday, Aug 3-4 • Willowcreek  
Monday & Tuesday, Aug 7-8 • Willowbrook



### Overseed Schedule:

- Riverview, Lakes West, Willowbrook and South • Closes October 9 & Opens October 28 • Cart Path Only until November 10
- North, Lakes East, Willowcreek and Quail Run • Closes October 23 & Opens November 11 • Cart Path Only until November 24

Course Consulting Service

ON-SITE VISIT REPORT



Check out this report online at:  
**[www.suncityaz.org](http://www.suncityaz.org)**  
Under the Golf tab; Go to Resources

## Volunteer Ranger Program

For more information about joining our program, please contact Chris Linam, Pro Shop Manager, at 623-876-8419 or email [clinam@suncityaz.org](mailto:clinam@suncityaz.org). Next meeting is Thursday, September 28, 2017 at 1pm in Talisman Hall.



June 2017 High Scores					
MEN'S HIGH GAME			WOMEN'S HIGH GAME		
Larry Spitali	298		Juli Bayer	244	Bev Spinck 238
Rich Matich	289		Lynda Bettini	243	Cheryl Brown 235
			Cori Larsen	238	Annette Kail 235
MEN'S HIGH SERIES			WOMEN'S HIGH SERIES		
Rich Matich	838		Juli Bayer	664	
Dana Barrette	742		Cori Larsen	639	
Larry Spitali	742		Bev Spinck	637	
Martin Purnell	729		Lynda Bettini	633	
Robert Hayden	715		Bobbi Daniels	621	
Mike Knudson	713		Cheryl Brown	613	
Frenchy LaBerge	708				
Glenn Rienecker	704				
Walt Eichsteadt	702				



Well done!  
Nice job!  
Bravo! Congrats!



Every month this summer, Bell Lanes hosts a 9-Pin No-Tap Tournament. These tournaments are held on the last Sunday of each month, ending with the September tournament on September 24.

Bowlers must be 50 years of age or older to participate; however, USBC certification is not necessary as long as bowling averages are verifiable.

Tournament Entry Fee = \$13

Additional side pots are available  
(Mystery Score, High Game and Turkey)

More details and entry forms can be found at [www.suncityaz.org](http://www.suncityaz.org) and select the Bowling tab.

Sign up early, these tournaments fill up fast!

### Friday is FUN DAY at Lakeview Lanes

Cost: \$11 per person  
Fun starts at Noon  
Color Pins = \$\$\$

### Need Help Planning Your Next Party or Event?

Why not have RCSC Bowling Staff plan a Bowling Party for your group or organization?

Reasonable group rates available!

Contact: Randy Johnson 623-876-3055,  
Denise Matich 623-876-3050 or  
Vicki Eber 623-876-3055 for more information

### RCSC Bowling Centers

**Lakeview Lanes**  
10502 W. Thunderbird Blvd.  
623-876-3055

**Bell Lanes**  
16810 N. 99th Ave.  
623-876-3050

Monday-Saturday: 8am-8pm  
Sunday: Noon-6pm

Monday-Saturday: 8am-8pm  
Sunday: Noon-7pm

Billiards at Lakeview Lanes, too!

Darts, Shuffleboard & Billiards at Bell Lanes!

Year-Round Bowling Rates - Cardholders: \$2.65 | Guests: \$2.90 (per Game)

### George's Lakeview Cafe

From our Family to Yours!

**Spaghetti & Meatballs \$6.99**  
Add Soup or Salad for \$1.00  
Sunday & Monday - 1pm to Close

**Fish 'n Chips \$8.99**  
9 Oz. Cod or Walleye, Coleslaw & Potato  
Wednesday & Friday

Hours: M-Sat 7am-8pm;  
Sun 7am-6pm  
Inside Lakeview Lanes  
623-876-3057

The restaurant space at Bell Lanes is currently under renovation!

Watch this space for the grand opening of George's Cafe at Bell coming this summer.

Same great food with two Sun City AZ locations!



## RCSC Travel &amp; Tours

# Overnight or just a day - Make plans now to get-away!

RCSC works exclusively with tour providers who offer travel opportunities that promise to meet or exceed your expectations. With safety and comfort in mind, each trip is planned to the last detail, ensuring your experience is a memorable one. Detailed itineraries for each trip are available that include all information on travel arrangements, which meals are provided (if applicable), tours scheduled and the like. Whether your getaway includes a flight across the country or a leisurely motorcoach ride to one of the area's outstanding tourist attractions, you'll find traveling with RCSC tours a great value for your vacation dollar!

Tours can be purchased Monday through Friday in the Lakeview Clubs Office or by phone from 8:30am to 4:00pm. Visa, MasterCard, Discover, cash or checks accepted. Tours are for RCSC Cardholders and their guests only. Cardholders should have member card available, must accompany each trip and may purchase a maximum of six tickets. Day tours depart from Bell Center. All tours are non-refundable. Please inquire about trip cancellation protection offered by All Aboard America (AAA) and Free Spirit Vacations (FSV) for overnight tours. Call 623-561-4660 for more details or visit [www.suncityaz.org/travel](http://www.suncityaz.org/travel) where you can now find the complete itinerary for every trip!

## Overnight Trips

August 17-25 2017 (Thursday-Friday)  
WA State Waterways & Nat'l Parks | FSV  
\$2,575pp double | \$3,650pp single



August 29-Sept 1, 2017 (Tuesday-Friday)  
Vail, Breckenridge & Aspen Colorado | AAA  
\$1,499pp double | \$1,825pp single |  
Includes Airfare | \$250pp deposit; balance  
due July 29

October 10-13, 2017  
(Tuesday-Friday)  
2017 Albuquerque  
Balloon Fiesta | AAA  
\$885pp double |  
\$1,185pp single | \$200pp  
deposit; balance due  
Sept 10. **Reservations  
must be made 90 days in  
advance of departure!**



October 20-23, 2017 (Friday - Monday)  
Rocky Point, Mexico Overnight | AAA  
\$585pp double | \$775pp single



November 21-25, 2017 (Tuesday-Saturday)  
Thanksgiving in Nashville | AAA  
\$2,150pp double | \$2,570pp single



March 6-7, 2018 (Tuesday-Wednesday)  
Yuma and Algodones Overnight | FSV  
\$145pp double | \$199pp single

## Day Tours

August 20, 2017 (Sunday)  
West Side Story Musical with Lunch | AAA  
Depart 10:30am | Return 5:00pm (est)  
\$115pp

September 9, 2017 (Saturday)  
Eat, Drink & Be Merry Brewery Tour | FSV  
Depart 11:00am | Return 5:00pm (est)  
\$99pp

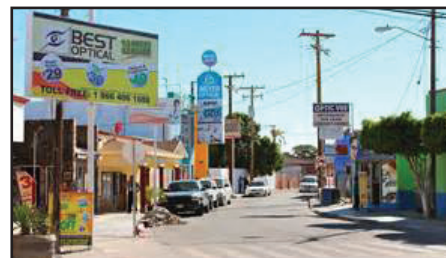
September 12, 2017 (Tuesday)  
Handlebar J's | AAA  
Depart 4:30pm | Return 9:00pm (est)  
\$99pp



September 24, 2017 (Sunday)  
Arizona D-backs vs. Miami Marlins | AAA  
Depart 10:45am | Return 5:30pm (est)  
\$77pp

September 27, 2017 (Wednesday)  
Verde Valley Wine Trail | AAA  
Depart 9:30am | Return 5:30pm (est)  
\$105pp

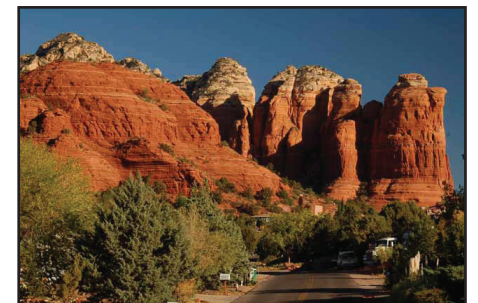
October 3, 2017 (Tuesday)  
Algodones | AAA  
Depart 8:00am | Return 8:30pm (est)  
\$80pp



October 30, 2017 (Monday)  
Valley of the Sun Tour | AAA  
Depart 9:00am | Return 4:15pm (est)  
\$50pp

November 8, 2017 (Wednesday)  
Dolly Steamboat Cruise | AAA  
Depart 10:00am | Return 6:30pm (est)  
\$105pp

November 9, 2017 (Thursday)  
Sedona | FSV  
Depart 8:00am | Return 5:00pm (est)  
\$99pp



November 14, 2017 (Tuesday)  
Verde Canyon Railroad | AAA  
Depart 9:00am | Return 7:30pm (est)  
\$182pp

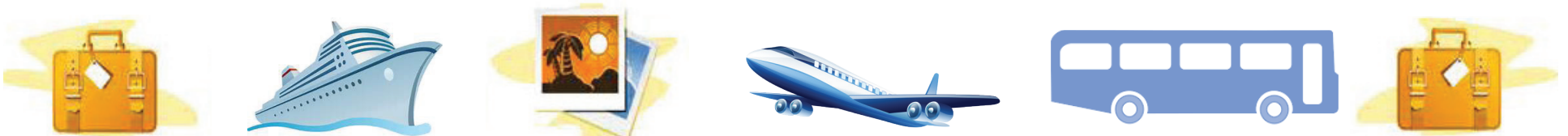
November 15, 2017 (Wednesday)  
Mystery Tour | FSV  
Depart 8:00am | Return 5:00pm (est)  
\$99pp

November 23, 2017 (Thursday)  
Thanksgiving at the Opry | AAA  
Depart 10:30am | Return 5:00pm (est)  
\$99pp

December 1, 2017 (Friday)  
Mesa Marketplace | FSV  
Depart 8:00am | Return 2:00pm (est)  
\$49pp

December 2, 2017 (Saturday)  
Prescott Christmas Parade and Lunch | FSV  
Depart 8:00am | Return 10:00pm (est)  
\$99pp

December 3, 2017 (Sunday)  
Sedona Red Rock Fantasy | FSV  
Depart 8:00am | Return 10:00pm (est)  
\$99pp



Copies of itineraries can be requested in the Lakeview Club Office, Monday-Friday from 8:30am-4:00pm and are also available online at [www.suncityaz.org/recreation/activities](http://www.suncityaz.org/recreation/activities).  
Single residents can request their name be added to a list for "sharing a room by gender" with another resident for overnight tours.

Space on tours is very limited! Make your reservations with RCSC Travel & Tours today!



A Moment with President Hoffer

A Few Updates

It's hard to believe that the year is half over.

It seems like just yesterday it was January, and we were just getting over the holidays and looking forward to the best months of the year weather-wise. Now we are set for the monsoons. So, I thought what a better time to give you updates on some of the more interesting things your RCSC Board of Directors have been up to lately.

After spending eight months of hard work, the Ad Hoc Long Range Planning Committee presented its findings to the Board at the end of May. The Board wanted to take a long, close look at this work to make sure the recommendations for which clubs and which ideas that were suggested to move to the new property at Grand Avenue and 103rd was right. I will say that for the eleven members of this committee, they did an exceptional job. Not a stone was unturned in their pursuit of finding the right clubs to make the move. They interviewed the interested clubs not once, not twice, but three times, each time with tougher, more pointed questions. I really think the Board appreciated their hard work!

Which brings me to the next update. At the Board Meeting at the end of June, it was voted on to reinstate the Long Range Planning Committee as a standing committee.

This has been the goal of a lot of folks almost since the last LRPC was disbanded. The timing wasn't right then, but with the stars aligning, and the work that the Ad Hoc LRPC did, it became evident that a standing committee was the right thing to do. And the Board has decided to take applications and proceed with interviews just like we did a year ago with the Ad Hoc committee.

If you are interesting in becoming a member of the Long Range Planning Committee, if you have an eye toward the future, and are able to use a computer to do some rather intensive research, you are one of the ones we want to talk to!

Interviews will be held beginning this fall, and we will be accepting applications throughout the third quarter. It's hard work, but

it is certain to be - as the Ad Hoc Committee proved - one of the most rewarding committees to serve on in Sun City AZ!

Applications are now available online at [www.suncityaz.org](http://www.suncityaz.org) and at the Board Office located on the lower level of the Lakeview Center.

But a word of caution... don't wait to sign up. Though applications will be accepted through September 29, we expect there to be a lot of interest in this committee and we wouldn't want you to be left out!



Rich Hoffer  
2017 RCSC Board President

This Month @ The Board

There are no Board or Committee Meetings during the months of July and August.

NEXT MEETING:  
Board/Member Exchange  
Monday, September 11, 2017 @ 9am  
Lakeview Social Hall #3



2017 RCSC Board of Directors

Phone: 623-561-4620  
email: [boardoffice@suncityaz.org](mailto:boardoffice@suncityaz.org)

Rich Hoffer, President  
email: [rhoffer@suncityaz.org](mailto:rhoffer@suncityaz.org)

Jerry DeLano, Vice President  
email: [jdellano@suncityaz.org](mailto:jdellano@suncityaz.org)

Stella VanNess, Secretary  
email: [svanness@suncityaz.org](mailto:svanness@suncityaz.org)

Carol Lawry, Treasurer  
email: [clawry@suncityaz.org](mailto:clawry@suncityaz.org)

Ida Eisert, Director  
email: [ieisert@suncityaz.org](mailto:ieisert@suncityaz.org)

Ron Smith, Director  
email: [rsmith@suncityaz.org](mailto:rsmith@suncityaz.org)

Jerome Walczak, Director  
email: [jwalczak@suncityaz.org](mailto:jwalczak@suncityaz.org)

David Wieland, Director  
email: [dwieland@suncityaz.org](mailto:dwieland@suncityaz.org)

Bruce Alleman, Director  
email: [balleman@suncityaz.org](mailto:balleman@suncityaz.org)

Help may be just a phone call away!

If you need financial assistance, the Sun City Foundation may be able to help!

Call today.

The mission of the Sun City Foundation is to assist those in financial need. For many years, it has been our privilege to serve RCSC members who need assistance with their annual RCSC property assessment and/or local transportation needs.

In order to qualify for Property Assessment Assistance, applicants must:

- a. Be a homeowner and resident for at least five (5) years
- b. The Sun City home is their sole residence
- c. Be at least 70 years of age
- d. Income does not exceed 150% of current Federal Poverty Level

The Sun City Foundation continues to assist our Seniors who have outlived their resources by offering assistance to those in need for a better Sun City!

If you are in need of help and are an RCSC qualifying member, please call 623-561-4600 for more information.

The Sun City Foundation acknowledges with sincere gratitude those of you who have donated or made provisions in your estate planning to include The Foundation as a beneficiary.

Sun City Foundation



“Neighbors Helping Neighbors”

The next Sun City Foundation meeting will be held on Thursday, September 14, 2017 at 1:00pm in the Lakeview Center Board Room.

Management Updates

Financial Report:

While our gross income remains less than budgeted, we have held our own going into our off season. All divisions are within their operating budget, excluding golf, which has continued to improve their negative variance year to date. It is important to remind you once again that we commonly hold repair and maintenance projects until the fall when we are assured that we will have the funds to complete them. We currently have a positive variance from budget in repairs and maintenance of \$733,070. Remember that we carry forward all unfinished capital and repairs and maintenance projects until they are completed or cancelled.

Bowling:

Recently, the United States Bowling Congress (USBC) performed inspections on all RCSC bowling lanes, approaches, foul lights and pin spotting. No issues were reported at either center.

The bowling department recently contracted with the Metro Phoenix USBC for two upcoming tournaments. The first tournament will be held on August 6, 2017 and approximately \$2,000 of unbudgeted income is expected to be produced. The Senior Championship tournament will be held on January 6-7, 2018 and is expected to produce approximately \$5,000 in unbudgeted income.

Summer maintenance is being performed at both bowling centers by the RCSC bowling mechanics. Maintenance includes rebuilding major components and lubrication. The maintenance will ensure proper and reliable operation for the upcoming fall season.

Cardholder Services:

Payments on past due assessments turned upward in May at 11.7% of past due balances. Total accounts receivable decreased by just under 2% in May and is up 7.6% from the beginning of the year. Due to an above average seasonal increase in past due rates in April and May, overall past due balances are up 2.7% year to date. The Over 90 day category increased by 5.1% in May while the largest increase year to date has been in the Over 30 day category. April assessments went 30 days past due at an increased 6.2% rate and March assessments went 60 days past due at a 2.4% rate.

Payments from our third-party collections firm were up slightly in May and totaled \$7,532 this month with a year to date total of \$56,320. This is approximately 50% of the 2016 year to date total.

Cardholder acceptance and use of the RCSC Web Portal continues to be strong. Payments made by Cardholders through the online RCSC Web Portal totaled \$106,331 from 247 property owners. Year to date portal payments total \$540,525 from 1,271 property owners.

In May property transfer related balances decreased by 4% and lender owned related balances increased by 78%. Outstanding balances related to property trans-

fers represent approximately 54% of all receivables and past due balances. At the end of May trustee sale notices on Sun City properties ended at 55 and properties owned by lending institutions at 13.

Human Resources:

Various departments within RCSC are in the process of preparing and implementing the AZ Earned Paid Sick Time portion of Proposition 206, The Fair Wages & Healthy Families Act. Human Resources has prepared required notifications for distribution to all employees for their signatures. Required labor law posters explaining the Act, both in English and Spanish, have been prepared for distribution to all work locations and will be posted on employee bulletin boards on the implementation date of July 1.

A requirement of the Act is to provide sick pay to all employees including full-time, part-time, temporary, and seasonal; increasing RCSC numbers from approximately 170 full-time individuals to the full staff of approximately 380 individuals.

Individuals hired after the implementation date will be provided information for signature during the new hire orientation conducted by Human Resources.

In June, Human Resources completed an in-house audit of the I-9 forms that verify employment eligibility for all individuals who work for RCSC. Forms for individuals who have left the company and met the destruction date were destroyed. Keeping those files up-to-date is essential in the event of an audit by the U.S. Department of Homeland Security.

Member Services:

For our first summer show at Sundial on June 7 we welcomed to the stage Big Iron Band, a Marty Robbins Tribute. What a great show! Chris Campbell's vocal representation of Marty Robbins along with the sound of the Big Iron Band made this performance exceptional.

Come and share the 4th of July with us at the Bell Recreation Center as we present the 39th Annual Ring That Bell Ceremony which will begin at 9:00am in the Bell Social Halls. Following the ceremony we will offer a picnic lunch of a hot dog, chips and bottled water for \$3.00 per person. What is a picnic without desert? No worries, we will also be serving free cake! There will also be free bowling, darts, billiards and shuffleboard until 1pm at the Bell Recreation Center following the ceremony.

Join us on July 19 at the Sundial Recreation Center for cool entertainment with an Elvis in Hawaii performance by Jim Westover as he relives Elvis' 70's concert years. Jim's professional experiences have included being one of the top Elvis tribute artists in the business. Please be sure to have your RCSC Member or Privilege card with photo on your person at this free event for admittance, as key fobs are not accepted.

(continued on next page)

Financial Report

Period Ending - May 2017  
For a more detailed financial statement, please visit [www.suncityaz.org/financials](http://www.suncityaz.org/financials)

BALANCE SHEET			
For the Period Ending May 31, 2017			
	Current Y-T-D	Prior Y-T-D	
Unrestricted Funds:			
Cash Invested/On Hand/In Bank	10,705,425	9,135,264	
Cash Reserves	2,500,000	2,500,000	
Sub-Total Unrestricted	13,205,425	11,635,264	
Restricted Funds:			
PIF/Capital Reserve	17,730,576	13,274,902	
Total Cash & Investments	30,936,001	24,910,166	
Other Current Assets:			
Accounts Receivable	2,329,558	2,432,032	
Deposits & Prepaids	1,533,874	1,624,056	
Inventory	117,736	108,542	
Total Current Assets	34,917,169	29,074,796	
Fixed Assets:			
Land, Improvements, Buildings	102,199,026	95,499,900	
F, F & E and Vehicles	27,951,033	26,600,970	
Less: Accumulated Depreciation	(66,774,341)	(62,098,952)	
Work In Progress	6,584,499	9,886,689	
Total Fixed Assets	69,960,217	69,888,607	
TOTAL ASSETS	\$104,877,386	\$98,963,403	
Current Liabilities:			
Accounts Payable and Other	1,428,494	1,505,257	
Deferred Income	7,613,601	7,278,859	
Pre Billed Assessments	1,899,436	1,790,924	
Total Current Liabilities	10,941,531	10,575,040	
Other Liabilities:			
Lease Purchase	0	0	
Total Liabilities	10,941,531	10,575,040	
Net Worth:			
Current Net Worth	93,935,855	88,388,363	
TOTAL LIABILITIES and NET WORTH	\$104,877,386	\$98,963,403	
STATEMENT OF INCOME AND EXPENSES			
For the Period of May 31, 2017			
	Current Y-T-D	Prior Y-T-D	
Operating Income:			
Property Assessments	4,929,140	4,728,456	
Transfer & Access Fees	491,925	383,961	
Privilege & Guest Cards	445,293	421,589	
Food / Liquor Sales	350,909	348,969	
Bowling Fees	319,176	319,030	
Golf Fees	3,075,660	3,000,139	
Cart Rentals	111,656	115,318	
Merchandise Sales	96,864	97,886	
Activities Income	325,242	289,045	
Rental Income	134,637	124,005	
Contributions	15,169	15,744	
Miscellaneous Income	7,053	9,780	
Total Operating Income	10,302,724	9,853,922	
Cost of Sales:			
Total Cost of Sales	382,755	347,255	
Gross Income	\$9,919,969	\$9,506,667	
Operating Expenses:			
Salaries and Wages	3,497,307	3,088,632	
Payroll Taxes and Benefits	982,698	902,066	
Repairs and Maintenance	1,096,266	1,301,188	
Utilities Expense	1,073,228	1,026,339	
General Operating Expenses	774,069	833,018	
Total Operating Expenses	7,423,568	7,151,243	
Net Operating Income	\$2,496,401	\$2,355,424	
Other Income:	104,846	55,576	
Other Expenses:			
Property Taxes	63,236	62,295	
Insurance	210,855	180,454	
Other	35,738	2,488	
Net Income Before Depreciation	2,291,418	2,165,763	
Depreciation:	1,790,289	1,599,003	
NET INCOME / (LOSS)	\$501,129	\$566,760	

RCSC Management Reports are presented at RCSC Board of Directors meetings each month (except July and August), posted on the website at [www.suncityaz.org](http://www.suncityaz.org) (under the RCSC tab), and are sent via email to RCSC Cardholders who have signed up to receive RCSC News Email Alerts. These reports were presented to the Board at the meeting on June 29, 2017.



Project Updates

Building and Infrastructure

Multiple Location Projects

- All under solar canopy florescent lamps have been replaced with LED retrofits. The new LED retrofits increase overall lighting, cut lamp maintenance expenses and reduce electrical costs. Contractor was Accel Electric (Cost after rebates – \$10,681).
- Roofing projects reported last month have been delayed until mid-July due to long lead times for materials to complete the required work.

Bell Center

- Demolition inside the Bell Lanes cafe commenced May 19, 2017. The rough-in work is completed and the interior is receiving paint and new Fiber Reinforced Plastic (FRP) panels on the walls in the kitchen. Remodel work for this project includes the removal of the wall between the dining area and the server's station and installation of a coffee counter similar to the one at George's Lakeview Café. Other work includes several new appliances, cooking hood modifications, Ansul system modifications, new LED lighting, wall and ceiling repairs, re-roofing the shed and installing a door and several upgrades to the electrical system. Contractors are Doege Development, Accel Electric and Adobe Fire (Cost – \$162,589).
- The shade canopies at Bell Lawn Bowl are being retrofitted with retractable shade covers on the North side of the structures. The new motorized retractable canopies will provide shade during lawn bowling events and will be retracted when the facility is not being used so the grass can receive necessary sunlight for healthy growth. Labor and material costs for this project have been paid by a generous RCSC Cardholder.

Lakeview Center

- Five Triton sand filters on the Lakeview pool were replaced June 23-24 with a new large horizontal sand filter. The five small filters were worn and due for replacement. Contractor for this project was Aquatic Builders (Cost – \$23,850).

Cart Damage

By the Numbers

(continued from page 4)

- Riding golfer with motorized cart (18 holes) = 4,761,600 sf
- Two golfers sharing motorized cart (18 holes) = 4,761,600 sf
- Two golfers each using a motorized cart (9 holes) = 4,761,600 sf
- Two golfers each using a motorized cart (18 holes) = 9,523,200 sf

The lessons learned from these number tell us the following:

- Walking a golf course impacts a golf course far less than pull or motorized carts do when considering area impacted.
- Walking carts impact the golf course less than motorized carts but all carts impact the golf course more than walking does.
- The rules of golf require hand pull and motorized golf carts to follow the same rules designed to minimize cart impacts on golf course playability and turf health.
- Wider cart tires result in more floatation and therefore less compression pressure compared to narrower tires because they spread the weight out over more area, (e.g., a 2" wide pull cart tire exerts twice the pressure of a 4" wide pull cart tire.)
- If you really care about your golf course, share a cart rather than taking your own. When using a cart, keep it away from approaches, collars, putting surfaces, and green surrounds.
- Another way to minimize cart impact is to stay on the cart path when possible and avoid stressed turf when driving around the golf course.

Now that you know the numbers - stay on course and share the cart!

Note: Information and data contained within this article was obtained from the USGA Green Section Record archives.

Mt. View Center

- Several repairs have now been completed on various roofs at Mt. View Center. Contractor was Tremco, Inc. (Cost – \$4,820).

Skilled Trades Department

- The RCSC Skilled Trades Department completed 254 work orders during the last two weeks of May and the first two weeks of June 2017.

Centers Operations

- A rotating surface cleaner for power washers has recently been purchased at Bell Recreation Center. This has been a huge help in cleaning the pool deck and the inside of the spa.

Management Updates

(continued from previous next page)

Casino Night is back by popular demand on September 9 from 4pm-7:30pm in the Sundial Auditorium. There will be lots of table games and \$500 in fun money to play, but once it's gone the party is over. Beer, wine and bloody marys will available for purchase and please remember that no outside alcohol is allowed. This event is for RCSC Cardholders and their escorted guests only.

The fall Sun Bowl concert series kicks off on Sunday, September 24 with The 8 Tracks Dance Band. We will again have gourmet food vendors at Sun Bowl shows for your dining pleasure so come early and get a great spot.

Be sure to check the July Sun Views for information regarding the 2018 winter/spring, ticketed concert series. Season tickets go on sale Wednesday, November 1, 2017 to RCSC Cardholders only throughout the month of November. The line-up can be found on our website <http://suncityaz.org/> under the Recreation tab.

General:

For those who may not be aware, the monthly management reports are available on our website <http://suncityaz.org/> under the RCSC tab. Also, if you have not done so already please sign up on the RCSC email list where you can designate topics of interest and stay in the loop with RCSC news alert emails!



Auditors Needed

Finance, Budget & Audit Committee

If you have a background as an auditor and would be interested in serving as a volunteer on the Finance, Budget & Audit Committee, please contact the Board Office at 623-561-4620 or email [boardoffice@suncityaz.org](mailto:boardoffice@suncityaz.org) for more information. Volunteers conduct audits of the books and records of the RCSC Clubs, when requested by the club itself, by the Club's office and/or the Board of Directors. Audits are conducted at the RCSC Corporate Office and are scheduled to fit auditors' availability. Please provide your resume and references, along with a letter stating why you would be interested in serving in this capacity, to the Board Office at 10626 W. Thunderbird Blvd., Sun City, AZ 85351, or email the information to the Board Office as noted above.



# News from Friends of the Libraries

*Friends of the Sun City Libraries, Inc.*

# Be Cool in August

You have survived Phoenix's hottest month. The average high temperature for July is 106. The August average high is 104. Doesn't that make you feel a lot cooler? No? If that is the case, then go to your one of your Sun City Libraries. The outdoor temperature is no different there; but indoors you will find some really cool stuff.


If you are a regular Bell or Fairway Library goer, you know of all the great materials that are available. The Friends are so proud of our two great Libraries. The staff and volunteers are extremely helpful. The library shelves are stocked with interesting materials. If you can't find what you want on the shelf, it most likely available in one of the other 18 Maricopa County Library District libraries, and can be delivered to you at Bell or Fairway.

If you don't go often or have never been there, you are missing out on a real Sun City treasure. Our Libraries are traditional in their wide variety of materials; however, they are uniquely designed with seniors in mind. Bell has a Vision Limited Machine for those with significant vision problems. Bell also has a special room devoted to a computer directly linked to the Maricopa County Recorder's office. No more having to go to downtown Phoenix for County Recorder business. Computers are in both Libraries for your use, as are many large print books. Do not worry about machine operation or material location. Ask a staff member or volunteer, and help is on the way.

Both Libraries have new and really cool free programs every month. To get program information, go to the MCLD website, <http://www.mclldaz.org/>. Click on Events along the top of the page. From the list of branches, select either Fairway or Sun City Branch to open the calendar showing programs. If the program title is underlined it means that registration is required for that program. If it is not underlined there is no registration. You can come to the Library or call 602-652-3000 to register. Programs are scheduled two to three months ahead of time. Look on the calendar to see what's coming, but registration doesn't open until 21 days before the program date. Registration fills fast; so, register as soon as registration opens at 9:00 AM.


The MCLD Public Relations Office sends out email blasts for programs for all the District libraries. Persons who have their email listed on their library card record get these notices. You may get notices for programs offered at not only Sun City and/or Fairway, but also White Tank, Southeast Regional, Litchfield Park, etc. If you don't want to receive the all system blasts, click on unsubscribe at the bottom of the email.

If you are not into borrowing materials and want to own your own, go to the coolest bookstore in the area, Books Around the Corner in the Bell Library. As a result of recent donations, many "new" Civil War and World War II are available for selection. August sale items include a deal on DVDs - buy two and get one free of the same value as the purchased ones. The August half price author of the month is Mary Higgins Clark.







MESSAGE:

Be cool in August;  
Be a LIBRARY FAN.

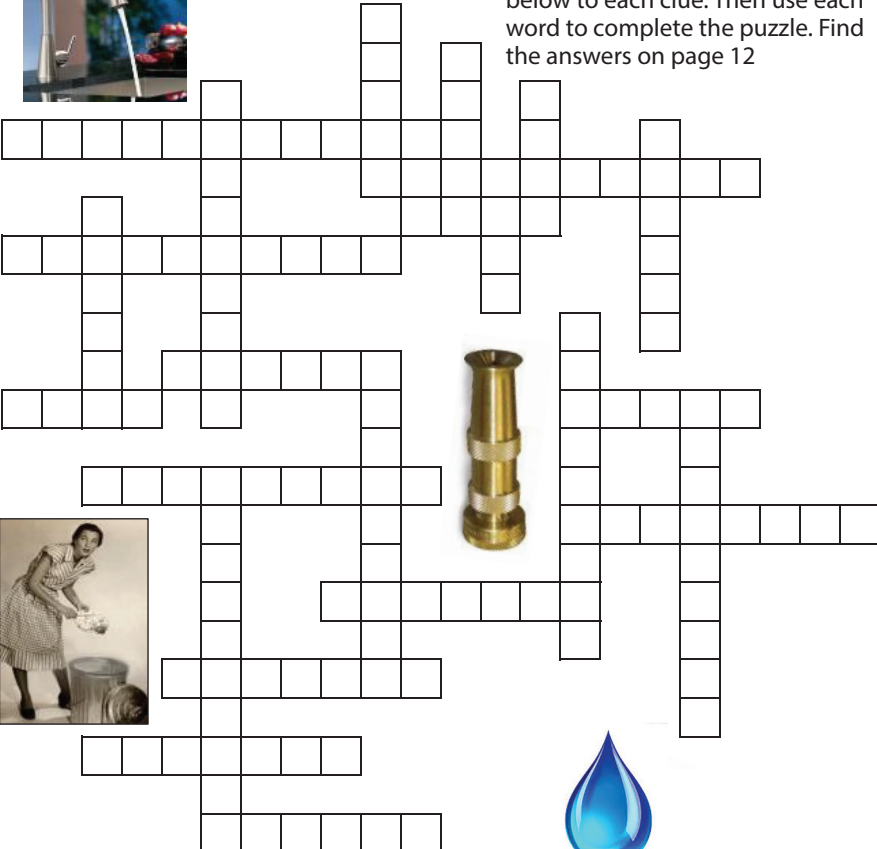


## Water Conservation

### Test Your Knowledge - One word at a time!



Match the words in the Word List below to each clue. Then use each word to complete the puzzle. Find the answers on page 12



- Word List:
- AQUIFER • BATH • BLACKWATER • CONSERVATION • DISHWASHER • ECO STATION • FAUCET • FLUID • GREYWATER • HARD • HAWK • LAUNDRY • LEAK • NOZZLE • OIL • PARTICLES • POTABLE • REPAIR • RESERVOIR • RESOURCES • RESTRICT • RINSE • SHOWER • SOAPY • WATERSHED
1. The careful utilization of a natural resource in order to prevent depletion (12 letters)
  2. Soapy water from washing machines that can be used for irrigation (9 letters)
  3. If this leaks in your sink you should replace or tighten it (6 letters)
  4. From a car or machinery, this should be taken to an Eco Station. If it is from cooking, it should be wiped into the garbage (3 letters)
  5. The accidental or loss of water from a toilet, pipe, faucet etc. (4 letters)
  6. This can contain raw sewage and is unsuitable for reuse for any purpose (10 letters)
  7. A large natural or artificial lake used as a source of water supply (9 letters)
  8. Fix (or \_\_\_\_\_) all leaks (6 letters)
  9. A disposal facility where paints, glues, solvents, oils etc. are accepted to help save the environment (2 words; 3 & 7 letters)
  10. Safe to drink (7 letters)
  11. In this case, water that drains from yards & driveways into storm sewers and culverts (9 letters)
  12. Dirty clothes, towels and sheets are this (7 letters)
  13. A shower conserves more water than this (4 letters)
  14. Appliance for cleaning plates, glassware, pots and pans (10 letters)
  15. A cycle on a washing machine or dishwasher (5 letters)
  16. A bird of prey that eats fish (4 letters)
  17. If water has an overabundance of minerals, it is termed as this (4 letters)
  18. Water is, or a motion can be \_\_\_\_\_ (5 letters)
  19. Much more water-economical than a bath (6 letters)
  20. Wash your car with a bucket and a hose with a \_\_\_\_\_ (6 letters)
  21. Water, natural gas, and air are all natural \_\_\_\_\_ (9 letters)
  22. A body of permeable rock that contains and/or transmits groundwater (7 letters)
  23. Water like this from a washing machine is called greywater and useful for watering outdoor plants (5 letters)



Sun City Gives Back

LGBT Club Comes Out in a Big Way!



Since becoming an RCSC Chartered Club in late January, the LGBT Club of Sun City has jumped into helping out the community in a big way.

This spring, the club reached out to the Sun City Home Owners Association who oversees property compliance throughout the community. Wanting to help homeowners needing assistance, their offer was quickly put to good use - clearing a yard completely covered in weeds along with severely overgrown bushes and trees.

Neighbors stopped by, hoping to meet the new owners. “Just volunteers” received much deserved thanks and all expressed their appreciation at having the eyesore cleaned up.

The club went on to clean up two other properties before summer arrived. Plans are already underway to do more clean-ups come October. And they will be looking for more assistance from their club members, too. Many hands make less work, as they saying goes.

As part of their summer meetings, the club has collected non-perishable food items for the Valley View Food Bank.

Wow! What a dedicated group! Thanks for all you do!

Hey! Sun City Gives Back!

RCSC Chartered Clubs:  
Let others know about the good deeds you do!

Showcase the good deeds and charitable work your club does for local, state, national and global organizations/causes in SunViews!

“Sun City Gives Back” highlights a different club each month. Let us know what your club is doing so we can let others know!

Submit entries for consideration to Communication & Marketing Coordinator Joelyn Higgins via email to [jhiggins@suncityaz.org](mailto:jhiggins@suncityaz.org) or call 623-561-4616 for more information.

2018 Winter | Spring Sundial Concerts

Get Ready for Another Great Season of Entertainment at Sundial

Series Tickets:  
On sale November 1-30, 2017 to RCSC Cardholders only!  
\$154 - That's only \$14 per show for all eleven great concerts

Individual Concert Tickets:  
On Sale December 1-29, 2017 to RCSC Cardholders only!  
\$17 per person

\* Non-RCSC Cardholders may purchase tickets starting January 2, 2018 (if available)

All Seats Reserved!  
Purchase tickets at the Lakeview Clubs & Activities Office (lower level)



One of The Nights  
Eagles Tribute  
Wed, January 10



Ambrosia  
Wed, January 24



Motown Magic  
Wed, January 31



December '63  
Wed, February 7



The Buckingham's  
Wed, February 14



Mirage  
Visions of Fleetwood Mac  
Wed, February 21



Gary Puckett & Union Gap  
Wed, March 14



Carla Cooke  
Daughter of the Legendary Sam Cooke  
Wed, March 28



Neon Circus  
Brooks & Dunn Tribute  
Wed, March 7



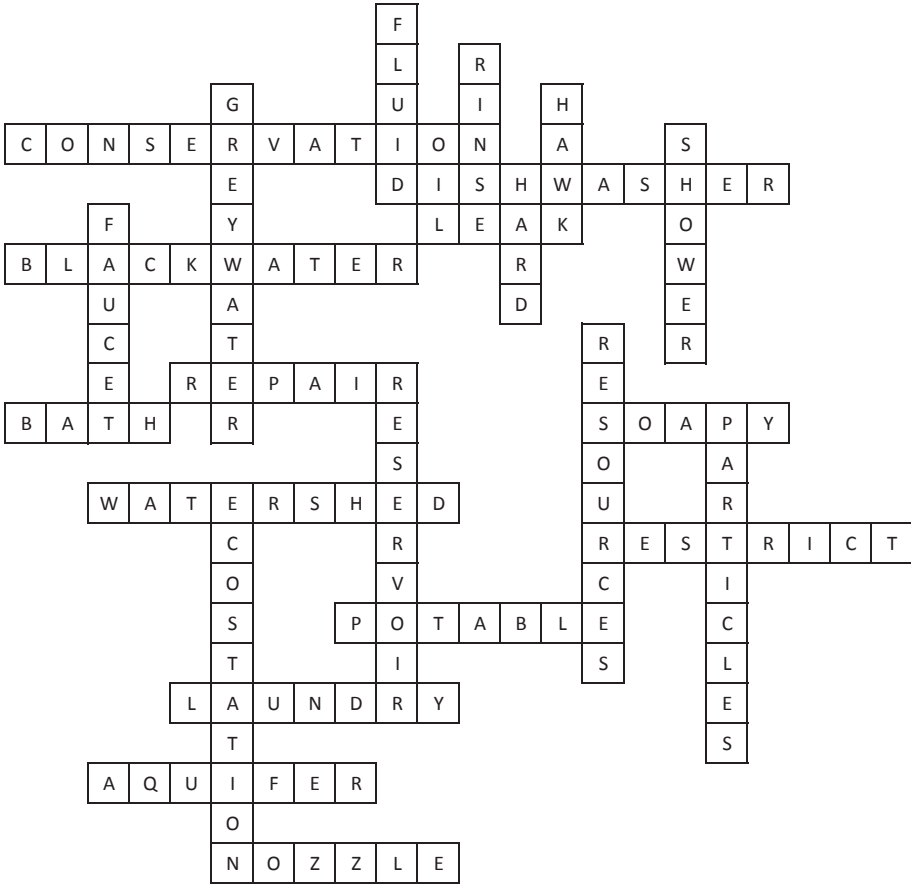
Harmony  
Three Dog Night Tribute  
Wed, March 21

All Shows @ 7pm; Doors Open @ 6pm  
Please arrive with sufficient time to be seated!



Water Conservation

Test Your Knowledge - Puzzle Answers



1. CONSERVATION  
2. GREYWATER  
3. FAUCET  
4. OIL  
5. LEAK  
6. BLACKWATER  
7. RESERVOIR  
8. REPAIR  
9. ECO STATION  
10. POTABLE  
11. WATERSHED  
12. LAUNDRY  
13. BATH  
14. DISHWASHER  
15. RINSE  
16. HAWK  
17. HARD  
18. FLUID  
19. SHOWER  
20. NOZZLE  
21. RESOURCES  
22. AQUIFER  
23. SOAPY  
24. PARTICLES  
25. RESTRICT
1. The careful utilization of a natural resource in order to prevent depletion (12 letters)  
2. Soapy water from washing machines that can be used for irrigation (9 letters)  
3. If this leaks in your sink you should replace or tighten it (6 letters)  
4. From a car or machinery, this should be taken to an Eco Station. If it is from cooking, it should be wiped into the garbage (3 letters)  
5. The accidental or loss of water from a toilet, pipe, faucet etc. (4 letters)  
6. This can contain raw sewage and is unsuitable for reuse for any purpose (10 letters)  
7. A large natural or artificial lake used as a source of water supply (9 letters)  
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9. A disposal facility where paints, glues, solvents, oils etc. are accepted to help save the environment (2 words; 3 & 7 letters)  
10. Safe to drink (7 letters)  
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20. Wash your car with a bucket and a hose with a \_\_\_\_\_ (6 letters)  
21. Water, natural gas, and air are all natural \_\_\_\_\_ (9 letters)  
22. A body of permeable rock that contains and/or transmits groundwater (7 letters)  
23. Water like this from a washing machine is called greywater and useful for watering outdoor plants (5 letters)  
24. If there are food \_\_\_\_\_ in waste water, it is called blackwater, and it must go through reclamation. (9 letters)  
25. To limit, keep within bounds, regulate, control, moderate, cut down (8 letters)



Every Drop Counts!

Do your part to help conserve!



FREE MOVIES\*

Wednesdays @ Marinette;  
Saturdays @ Mountain View  
2pm & 7pm

To find out "What's Playing?" 1) Sign up for Movies & Events emails at [suncityaz.org](http://suncityaz.org) & a list will be sent to you on the last Wednesday of each month; 2) Log onto the RCSC Web Portal; or 3) Pick up a flyer from the Lakeview Clubs Office (please be prepared to show your RCSC Card). All movies are projected onto a screen from a DVD.

\*FREE\* RCSC Events are paid for by RCSC Cardholders & are therefore intended for RCSC Cardholders & their escorted guests only. Your cooperation and understanding is greatly appreciated!

Now with FM Transmission at all locations!  
Tune your device to 99.1 FM.

Always  
FREE  
Popcorn

Now  
serving  
BOTH

Salted &  
Unsalted

SUN CITY  
ARIZONA  
FARMERS  
MARKET

THURSDAYS  
Bell Center  
9am-1pm

Fresh Fresh Fruits & Vegetables  
Baked Goods | Jams & Jellies  
Pastas & Pickles | Spices  
RCSC Clubs

Sorry, no pets are allowed on RCSC properties!

Closed for the Summer!  
The market returns on October 5



Welcome to RCSC Club Events

We've reorganized the Clubs Events & Announcements that appear in SunViews so that it's easier to find the activities you're looking for. Clubs are welcome to submit information to this section every month and should include the date, time and location of the event along with cost and contact information.

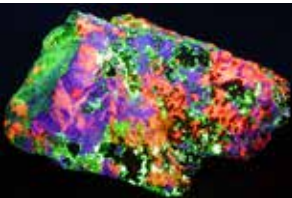
Page 13	General Information, New Interest Groups, Other Interests/Hobbies
Page 14	Cards, Games and Social Clubs
Page 15	Sports & Outdoors; Monitored Activities
Page 16-17	Club Directory
Page 18-19	Fitness, Health
Page 20-21	Arts & Crafts, Performing Arts, Political Clubs
Page 22	Dances
Page 23	Educational Classes

Home Delivery of SunViews

Did you know you can start & stop home delivery of SunViews while you're out of town? Simply contact the Sun City Independent Circulation Dept at 623-876-3682 or email to [trodgers@newszap.com](mailto:trodgers@newszap.com).

General Interest/Museums

**Sun City Rockhounds Mineral Museum**  
**Hours of Operation:**  
May thru September: Saturdays only 10am-1pm  
October thru April: 10am-1pm; Closed Thursday and Sunday  
FMI email [scrockmuseum@gmail.com](mailto:scrockmuseum@gmail.com) or call 623-428-6442 during museum hours. Check out our fluorescent room!



**Model Railroad Club at Fairway**  
Located in the Fairway Recreation Center at 107th and Peoria.  
Club membership open to RCSC Cardholders.  
**Open to the Public (May - Sept) Thursdays Only 10am-2pm**

**Del Webb Sun Cities Museum**  
Next to Oakmont Center  
Beginning May 15 (thru Sept 13) Museum Tours  
by appointment only (6 or more). Please call 623-974-2568  
Admission: FREE! Donations Welcomed



New Interest Groups

Any new interest group who has (at a minimum) 25 potential members may complete the Application for Club Charter (FORM BP:12-15) and submit to the Clubs & Activities Office. Applications can be found at [www.suncityaz.org](http://www.suncityaz.org) or pick one up in the Clubs & Activities Office located at the Lakeview Recreation Center.

Community Drum Circle

An evening with a Djembe or Native American drum, jamming with a drumming circle, could lower your blood pressure, relieve stress, alleviate chronic pain & help to restore inner harmony. All instruments would be provided or bring your own. Drumming circles are gaining popularity as a universal language guaranteed to supercharge your immune system. FMI Dr. Lydia A. Woods 623-219-9143 or email at [drlydiaw@yahoo.com](mailto:drlydiaw@yahoo.com)

African-American Social Club

Hello Brothers and Sisters! Meet and mingle with other African-Americans from all parts of the globe who now live and play in Sun City. Gauging interest in our community of forming a social club for gatherings and other activities envisioned by the group. FMI Dr. Lydia A. Woods 623-219-9143 or email [drlydiaw@yahoo.com](mailto:drlydiaw@yahoo.com)

Other Interests/Hobbies

Community Garden

We meet Oct-May every 3rd Sat, 9-11am. Join us to help improve the community garden or just have a tour & see what we are all about. Start planning your garden now! Located west side of EPCOR water plant on NW corner of 91st Ave & Greenway. Bring your own work gloves, rakes & shovels. Garden plots available to RCSC Cardholders in Sun City Community Garden. FMI 623-875-5921 or visit Garden Club Office at Oakmont.

Fairway Readers Club (formerly Book in Hand)

Meet 1pm second Fri, Rm 217, Fairway. Jeri Hauff moderates discussions. No annual dues; club meets year round. Books chosen by consensus: August: *Infidel*, Ayaan Hirsi Ali; Sept: *The Little Paris Bookshop*, Nina Georg; Oct: *When Breath Becomes Air*, Paul Kalanithi; Nov: *Red Notice: A True Story of High Finance, Murder, and One Man's Fight for Justice*, Bill Browder. Some books on reserve at Fairway Branch Library a month in advance for those w/library cards. Members must present valid RCSC card at first session. FMI 623-933-7361.

Armchair Photo Explorers Club

We meet Oct - April; shows begin 7pm; doors open 6:30pm at Fairway AZ Rms 1 & 2. Please arrive early to sign in & be seated before show begins. Club open to all RCSC Cardholders; membership dues: \$3. Cardholders may attend three times before joining. Escorted guests welcome: \$2 each visit. Coffee & cookies served first Wednesday each month. Currently closed for the summer. FMI Ron Yankowski 623-476-2811. Join us for our adventures!

Sun City Stamp Club

No meetings June, July, Aug. Normally meet 7pm first Mon every month in Marinette Social Hall. Set up/inspection of auction stamps: 6:30pm. All RCSC Cardholders & escorted guests welcome. New & old stamps from all countries available at auctions, books & albums at excellent values, 50% or more of current catalogue prices. Join us to start/improve your collection. FMI contact: Mike O'Neill 623- 866-2058 [mshane2009@prodigy.net](mailto:mshane2009@prodigy.net); Bernard Heath 623-977-2332 [BCstamps@cox.net](mailto:BCstamps@cox.net); Wayne McKenzie 480-249-1278 [Wayne.Mck@shaw.ca](mailto:Wayne.Mck@shaw.ca)

Best Friends Dog Club of Sun City

BFDC celebrates the love of dogs with pet-friendly activities, training opportunities & shared friendship. We meet in Fairway AZ Rooms every 3rd Tues, Oct-April (people only). Social hour: 9am; Meeting: 9:30am. We exchange ideas, info & often have a guest speaker. We offer an extensive program of dog (& people) training classes. Other activities include dog walks (parks & shaded neighborhoods), brunch with dogs & Yappy Hour. We have an annual Holiday (people only) party & a seasonal picnic (Bark in the Park w/dogs). We welcome new members & new ideas! FMI, classes & upcoming activities, visit [www.best-friendsdogclub.org](http://www.best-friendsdogclub.org) or call 480-524-6893. Annual dues: \$5; open to all RCSC Cardholders.

Sun City RV Club

A group of people who enjoy potlucks, card games, day trips, rallies, and RV caravans. No RV required! Open to RCSC Cardholders & escorted guests only. Club meets Oct-April & goes dark for summer (many club members leave for cooler climes). **Next Fall meeting: Sept 26**, 5:30pm, monthly potluck at Sundial. Entertainment for **October** potluck (10/24, 5:30pm, Sundial) is "Dan Reed proudly presents a Variety of Music & Jazz Standards." BYO eating utensils, paper plates, drink & a dish to share with 10-12 people. October Caravan Meeting: Fri 10/27, 9:30am at Sundial. Caravan meetings are for latest information on planned outings; donuts & coffee supplied. Club hosts card games at Bell MPR B 5-9pm on Wednesdays. . FMI [www.scazrvclub.com](http://www.scazrvclub.com) or call Judy 623-444-4224.

Sun City Birding Club

This new club specializes in field trips to: identify birds, raise community awareness, enjoy nature & holds fun, educational classes with ornithological themes. Beginning to advanced birders welcome. No experience needed! You will love discovering the joys of birding! FMI Tom Locascio at 623-977-4992 or [locascio2000@hotmail.com](mailto:locascio2000@hotmail.com)

Vintage Vehicle Club of Sun City

Love vehicles? This club is for you. Open to all RCSC Cardholders to restore, preserve, maintain, modify or build all cars, trucks, tractors, motorcycles, etc. including antiques, classics, customs, hot rods & more. Professionals, amateurs or those who simply like to socialize about cars. Car shows, cruise-ins, tours & charitable work are a few activities. Working toward a garage in Sun City where we can meet, work, learn & socialize. We meet Oct-April, 1pm, 3rd Tues each month, Lakeview SH2. **We meet all summer for:** Breakfast mtg every Thurs, 8am, Bobbie's Café, 15472 N 99th Ave; Cruise-in every Wed, 5-9pm, McDonalds 99th & Bell. FMI [www.vintagevehiclesofsuncity.com](http://www.vintagevehiclesofsuncity.com), email [vvsuncity@outlook.com](mailto:vvsuncity@outlook.com) or call (509)430-1625.

## Cards & Games



### Sun City Duplicate Bridge (ACBL)

August Special games schedule: North American Pairs games Monday 8/7 & 8/14; Thursday:

8/3 & 8/17; Friday: 8/11 & 8/18. District 17 STaC (Sectional Tournaments at Clubs) tentatively scheduled for Monday, 8/21; Thursday, 8/24; & Friday, 8/25. NO GAME Thursday, 8/10. Card fees \$2/ members; \$4/5 guests. No extra charge for special games. SCDBC games held Mondays, Thursdays, & Fridays at Lakeview Social Halls 1 & 2. Game time: 1pm. Doors open: 12:15pm; please arrive by 12:45pm. **Partners required.** Please remember our Club is fragrance free. FMIC Paul Weader at 928-240-0341 or visit scdbc.com.

### Hand and Foot Club

A variation of Canasta played with 4-6 standards deck, ideally designed for 4. Six can play by forming teams of 2 or 3. Number of decks is usually one more than number of players but it is not standard. Like they say hand up & foot down. After joining for \$4 (annual dues), pay 50¢/week to play. Winnings are huge! (\$1). It's fun to get out & make new friends. **August** schedule: Lakeview SH 1&2 every Wed, 6-9:30 pm, sign in by 5:50p. Must be RCSC Cardholder to join; Open to all RCSC Cardholders and their escorted guests. FMIC: Edith (623) 271-0092 or Camilla (623) 972-0673

### Euchre Club

Euchre Club meets on Tuesday from 6-9:30pm in Fairway AZ Rms; 1st & 3rd Thurs 1-4pm at Marinette SH. Beginners welcome. FMIC 623-533-5705

### Mixed Cribbage Club

Every Tues 1-4pm & Wed 6:30-9:30pm in Lakeview Social Hall 3. No Partner needed. Open to all RCSC Cardholders. Cost \$3 to join & 50¢ to play. RCSC Cardholders may play 3 times as visitor. Arrive 15 minutes early to sign in & find a table. FMIC Marvin: 623-594-0797 or Dianne: 408-799-9040.

### Bunco Broncos

Hey Pard'ner, we meet at Fairway AZ Rms 1-2, 4th Monday every month. Join us for an afternoon of fun! Doors open 11:45am, play at 12:30pm. Open to all RCSC Cardholders. Annual membership \$3; \$2 to play. FMIC 602-526-3495 or 326-7055.

### Mah Jongg

Game Play Sundays at Marinette SH 12-4pm; Tuesdays at Sundial WH 12-4pm, Thursdays at Marinette SH 6-9pm. FMIC Linda 623-240-9586 or Sue 623-933-4823

### Oakmont Pinochle Club

Play on Tues & Sat from 12-4pm; arrive at 11:30am to sign in & find a table. FMIC Mrs. Tommie Crudo 623-876-1895 or Ralph DePolo 623-977-3278.

### Kachina Bridge

Play bridge? Interested in getting into the game? Join us! Don't let duplicate bridge scare you, we'll help. We are a non-sanctioned club that meets Mon & Thurs (Play once or twice a week) at Sundial 12:15-4pm. Annual membership: \$5 for RCSC Cardholders plus \$2 each play for prizes. We welcome players to visit & see how duplicate bridge is played. No partner? Don't worry. FMIC Sharon 623-251-4858; Lee 974-0237. Summer hours vary; call FMI.

### Monday Night Card Sharks Bridge

Meets Mon 6:45-9:30pm at Lakeview SH #1 for a social evening of contract bridge. Must have a partner. Contact Andy at (623) 933-7972. \$3 and RCSC Membership card require to join. 50¢ each night for prize fund. Try us out. RCSC cardholders visiting the club pay \$1 plus 50¢ to evening's prize fund for the evening. We have fun & would love to have you join us.

### Monday Night Pinochle

Like to play pinochle? Can't get four people together? Perfect Answer: Come to Oakmont, Mon. 6pm (register), play 6:15pm for a great evening! Singles welcome; no partner needed. Play single or double deck. Annual membership: \$3; plus 50¢ nightly. Escorted guests: \$3.50. RCSC visitors: \$1. Prizes awarded accordingly. After six hands, individual scores added, winners advance. Losers stay but do not play each other. This allows playing each game with a different partner & a great social time. Come join us. FMIC 623-972-3263.

### Saguaro Bridge

Meets Fridays, 6:45-9:30pm at Lakeview SH#1. Must have partner. Contact Andy at 623-933-7972 if partner needed. \$3 & current RCSC Member Card required to join; .50¢ each night for prize fund. Try it out for \$1. We'll have fun!

### One Partner Bridge

Meets Thurs, Lakeview SH #1. Doors open 6:30pm, play at 7pm; must arrive by 6:55pm. Partners Required! If you need a partner, contact Andy (623) 933-7972. Annual membership: \$3. Cost \$1 per couple, which goes into evening's prize fund. Annual surprise: "free play" night. All grand slams rewarded & designated small slams paid. Birthdays celebrated w/cookies. If you wish to come for an evening, cost is \$1 (RCSC Cardholders); \$3 escorted guests, plus \$1 prize fund.

### Backgammon Club of Sun City

We welcome all levels of players. Meet every Saturday from 1-5pm at Lakeview SH #3. FMIC John 623-229-9887 or Don 623-933-0146

### Mixed Cards

Currently closed for summer. Play resumes September (9/9/17) FMIC Bruce (719)671-9043 or Lil (623)972-1703

## Social



### Michigan Friends in Sun City Club

HOT Greetings to Michigan Friends, Visitors and Guests! Some of us hang around town so here's what we're up to in the next couple months. Come join us!

**Wed 8/30:** Breakfast OR Lunch, Cracker Barrel, 10:45a; RSVP by 8/26

**Thurs 9/28:** Dinner, Dillon's on T-bird, 4:30p, RSVP by 9/23

Activity updates are emailed to RCSC (MI Club) card members each month. Visitors & guests are always welcome/small fee. Grab a club brochure at the Sun City Visitors Center.

Club Mailbox  
Michigan Friends in Sun City Club  
c/o Bell Rec Center Mailbox  
16820 N. 99th Avenue  
Sun City, AZ 85351

michigan2arizona@cox.net  
Cheryl Hall Cassidy, Club President  
call/text 623 910.1522 or email

### LGBT Club of Sun City

Next Meeting: Thurs 8/10  
Oakmont Auditorium  
Meet: 6-7p; Social 7-8:30p  
FMIC: 623-363-1123



### Sun City Women's Social Club

NEW! Pre-Register with us to learn Dominoes (Mexican Train), Canasta and Mahjong. Wednesday classes, 5-7pm. SCWSC is a wonderful club that provides unlimited opportunities for women who enjoy playing cards & board/table games with other Sun City women. Club open to RCSC Cardholders, Mon-Sat 10:30am-4pm, Sun 12-4pm, 2nd floor at Lakeview. Always looking for new members to join us in Bridge, Mahjong, Hand & Foot, Canasta, poker, Texas hold-em & other games. Annual Dues: \$10. Please come meet our fun group of women. FMIC 480-249-0862.



### NextGen

NextGen is a social club operated by Sun City residents for RCSC Cardholders. Meetings are held the first and third Wednesdays of the month at Bell Social Hall unless posted otherwise. The NextGen club operates year round. Dues are \$5 annually. A valid RCSC card is required.

Upcoming activities include Ponytail cards, Texas Hold'Um, 9-Hole Golf Scramble, Happy Hour, Hike, Bike Ride, Shuffleboard & Dinner, Breakfast Get-together, Potluck Meeting & Trivia. To learn more and/or to sign up for any activity, check our website calendar at <http://www.nextgensuncity.org> & use the activity links for [www.SignUpGenius.com](http://www.SignUpGenius.com). Dates, times & locations subject to change. Please check our website calendar for current information. FMI inquire at [nextgensc@gmail.com](mailto:nextgensc@gmail.com).



Must be member, visitor or escorted guest to participate.

### Sun City Singles Social Club

Sun City Singles Social Club welcomes single Sun City residents with a current RCSC card (visitors). Guests (without RCSC card) need to be single & escorted by a club member. Annual membership fee: \$6.

Club meets monthly on first Friday (Pot Luck 5:45pm) bring food to feed 10-12 people. Third Friday (Game Night 5:45pm) can bring snacks for people to share; also, bring your own drink for each activity. Location: Fairway AZ room #4.

### Weekly Activities:

Saturdays: Breakfast at Brothers Family Restaurant 8:45am. Weds: Billiards, Lakeview Lanes, 1pm

### August Activities:

**Tues 8/8:** Lunch, Anaya's, 5830 W Thunderbird Rd, 11:30am  
**Fri 8/11:** Dinner, Birt's Bistro, 16752 N Greasewood St, Surprise 5pm; Sign up by 08/04.  
**Mon 8/14:** Dinner, Coco's, 9801 W Bell, 5pm  
**Mon 8/14:** Indoor Shuffleboard Bell Center 6:30pm  
**Sun 8/20:** Dinner, Portofino West 12851 W Bell, 4:30pm  
**Fri 8/25:** Dinner, Sunset Bistro 15462 N 99th Ave, 4pm; Sign up by 8/18  
**Fri 8/25:** Darts Bell Rec Center 6:30pm

Check the club website for activities that require you to sign up to attend.

Additional information/activities available on club website, [www.simplesite.com/myclub](http://www.simplesite.com/myclub) or contact Ellen 623-583-2307 or Janet 615-574-9960.



Sports & Outdoors

**Bocce Club of Sun City**  
There is still Open Play during August so be sure to join others for some fun.  
**Open play:** Tu 8:30am: 8/1, 8, 15, 22 & 29  
**Open play:** Th 8:30am: 8/3, 10, 17, 24 & 31  
**Friday Night 25 cent play 7pm:** 8/4,11,18 & 25,  
**Club closed all other days in August**  
All RCSC Cardholders & their escorted guests welcome to participate in open play. Modest attire required at courts.  
**Lessons by appointment or FMIC**  
Dennis: (623) 693-2881  
Edith (623) 271-0092

**Dart Club at Bell Lanes**  
5 leading-edge, soft-tip, electronic dart boards, preset games, 1-8 players. House darts available or use your own. All skill levels welcome.  
**Club Play:**  
Mon: Game Night, 5:30-8p;  
Tue: Count-Up 5:30-8p;  
Wed: Monitor's Choice 5:30-8p;  
Thu: Ladies 2-4pm.  
**Practice:** 1st & 3rd Sat 1-3pm. Arrive 15 min early to sign in & allow for team formation.  
FMIC Andrew Esaena 480-284-0904; Bob Howicz 630-531-0391; Judy Clark 623-760-6926. Membership open to all RCSC Cardholders.

**Swim Club Announcement**  
Sun City Swim lessons at Lakeview pool. Lessons start 8:30am until 10am and include beginning lessons and intermediate classes, along with an advanced group workout. Annual fee: \$3 for any RCSC cardholder. FMIC Tere Kearney 623-583-5894.

**Sun City Pickleball Club**  
Summer is as good a time as any to check out the Sun City Pickleball Club. Play continues even as August temperatures warm the desert. Most club activity shifts to Marinette's eight indoor courts. Busiest periods remain Monday, Wednesday and Friday with some members hitting the courts as soon as Marinette doors open at 6am; typically games continue through 10:30am. There's also evening play at Marinette, (5pm); Tuesday and Thursday being the busiest. There may also be play at Mountain View. The courts are lighted. RCSC cardholders can stop by either venue and get a look at this court and paddle sport. There are 7 courts at Mountain View and 20 at Marinette. Free introductory lessons available. Check out the competition and join the fun. The Sun City Pickleball Club has grown steadily since becoming a chartered club in 2003, now over 800 members strong. Annual dues: \$10. Everything about the club is available on club website: [suncitypickleballclub.org](http://suncitypickleballclub.org)

**Conservation & Sportsmen Club**  
Hunting, Fishing & Shooting Sports.  
Weds: 8am, Trap & Skeet Shooting, Ben Avery Shooting Range (Les: 623-876-8714)  
Fri: 8am, Rifle & Pistol Shooting (Ben Avery)  
  
Club open to RCSC Cardholders; New members always welcome. FMIC Bob, 630-531-0391

**Bell Shuffleboard Club**  
We play every Mon, Tues, Fri: Start time: 1pm; finish by 3:30pm. If you wish to join us, please show up a few minutes early to sign in for assigned court & starting position. We play three games, getting a new partner each game. Our courts are very fast with a slight curve, making it challenging to score. Instructors available to help you learn the rules. FMIC Dennis 623-972-3169, or just stop by & check us out during regular play.



Monitored Activities

<b>Basketball</b>		<b>Jogging / Walking Track</b>		<b>Table Tennis</b>	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Indoor		Bell Center: M,W, F: 6a-10a, 3p-9p; Tu: 6a-10a, 12p-7p; Sa: 6a-10a, 12p-9p; Su: 8a-1p, 3p-8p	
<b>Billiard Tables</b>		Fairway Center	M-Sa 5a-9p; Su: 8a-8p	<b>Tennis</b>	
Bell Lanes	M-Sa: 8a-8p; Su: Noon-7p	Sundial Center	M-Sa only: 6a-8a	Bell Center: 623-977-3325	M-Sa: 6a-9p; Su: 8a-8p
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p	Outdoor		Lakeview Center: 623-561-4676	M-Sa: 6a-8p; Su 8a-7p
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p	Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Mountain View: 623-876-3042	M-Sa: 6a-8p; Su 8a-7p
<b>Bingo</b>		Sun Bowl	Dawn to Dusk	<b>Swimming Pools - Open Swim Hours</b>	
Sundial Center	Closed for Summer Resumes 9/7/17	<b>Library (602) 652-3000</b>		<b>Bell Center - 18+ only:</b>	
<b>Boating/ Fishing</b>		Bell Center	M: 9a-7p; Tu-Sa: 9a-5p	Lap pool: M-Sa: 5a-9p; Su: 8a-8p;	<b>Closed for class: M-F 7-9a</b>
Lakeview Center	M-Sa: 6a-8p; Su: 8a-7p (or Dusk)	Fairway Center	M-F 9a-4p	Walking Pool: M-Sa: 5a-9p; Su 8a-8p	
<b>Bocce Courts</b>		<b>Mini Golf</b>		<b>Fairway Center</b>	
Sundial Center	M-Sa: 6a-9p; Su: 8a-8p	Bell Center	M-Sa: 6a-9p; Su: 8a-8p	Lap Pool: M-Sa: 5a-9p;Su 8a-8p;	
<b>Bowling Lanes</b>		Lakeview Center	M-Sa: 6a-8p; Su 8a-7p	Walking Pool: M-Sa: 5a-9p;Su 8a-8p;	
Bell Lanes	M-Sa: 8a-8p; Su: Noon-7p	Mountain View Center	M-Sa: 6a-8p; Su 8a-7p	<b>Lakeview Center</b>	
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p	Sundial Center	M-Sa: 6a-9p; Su: 8a-8p	M-Sa: 6a-8p; Su 8a-7p	<b>Closed for class: M, W, F: 8-10a</b>
<b>Dog Parks</b>		<b>Pickleball</b>		Children's Pool Hours for Ages 4-15 yrs:	Daily 4p - Close;
Duffeeland	May - September 6am-8pm  Closed last Wed/month for Maintenance	Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	<b>Marinette Center</b>	
<b>Darts</b>		Mountain View: Outdoor	M-Sa: 6a-8p; Su 8a-7p	M-Sa: 6a-9p, Su: 8a-8p;	
Bell Center	M-Sa: 8a-8p; Su: Noon-7p	<b>Racquetball</b>		<b>Closed for Class: M, Tu, Th, F 8-9a;</b>	
<b>Fitness Centers</b>		Bell Center Courts A & B	M,W,F: 5a-10a, 3-9p; Su 8a-8p Tu & Th: 5a-5p; Sa: 5a-7a; 12-9p	Children's Pool Hours for Ages 4-15 yrs -	Daily 1p - 4p
Bell Center - 18+ only	M-Sa: 5a-9p; Su: 8a-8p	<b>Shuffleboard</b>		<b>Mountain View Center</b>	
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p	Bell Lanes: Indoor	M-Sa: 8a-8p; Su: Noon-8p	M-Sa: 6a-8p; Su 8a-7p	<b>Closed for Class: M 8-10a &amp; 5:30-6:30p;</b>
Lakeview Center	M-Sa: 6a-8p; Su 8a-7p	Lakeview: Outdoor	M-Sa: 6a-8p; Su 8a-7p	Tu 8-9a & 5:30-6:30p; Th 8-10a & 5:30-6:30p; F 8-9a & 5:30-6:30p	<b>Dive-In Movie on Sa 8/12 2-10p</b>
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	<b>Spas</b>		Children's Pool Hours for Ages 4-15 yrs -	Daily 10a-1p
Mountain View Center	M-Sa: 6a-8p; Su 8a-7p	Bell Center - 18+ only	M-Sa: 5a-9p; Su: 8a-8p	<b>Oakmont Center</b>	
Oakmont Center	M-Sa: 6a-8p; Su 8a-7p	Fairway Center	M-Sa: 5a-9p; Su: 8a-8p	M-Sa: 6a-8p; Su 8a-7p	<b>Closed for class: Su 2-4p;</b>
Sundial Center - 18+ only	M-Sa: 6a-9p; Su: 8a-8p	Lakeview Center	M-Sa: 6a-8p; Su 8a-7p	M 9-10a & 12-2p; Tu 9-10a; W 12-2p; Th 9-10a; F 9-10a & 2-4p	
<b>Horseshoe Courts</b>		Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	<b>Sundial Center - 18+ only</b>	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Mountain View Center	M-Sa: 6a-8p; Su 8a-7p	Large Pool: M-Sa:6a-9p;Su:8a-8p;	<b>Closed for Class: M &amp; Th 9-10a</b>
Mountain View Center	M-Sa: 6a-8p; Su 8a-7p	Oakmont Center	See Pool Hours	Warm Water Pool: M-Sa: 6a-9p; Su: 8a-8p;	
		Sundial Center - 18+ only	M-Sa: 6a-9p: Su: 8a-8p	<b>Closed for Class: M 10a-12p &amp; 4:30-5:30p; Tu 10a-12p; Th 10a-12p &amp; 4:30-5:30p; F 10a-12</b>	

Art and Craft Clubs

Artists by the Lake: LV  
877-9366 or 623-810-9112

Artistic Stained Glass: BC  
974-4765

Artistic Weavers & Fiber  
Artists: OM 974-6108

Calligraphy: SD  
210-9137

Camera Guild: SD  
cameraguildsuncity.com

Carvers: LV  
388-3051

Ceramics & Porcelain: FW  
972-5818 or 623-748-3313

Ceramics & Porcelain: LV  
933-8118

Ceramics: BC  
974-6750 or 623-972-4182

Ceramics: OM  
623-680-8474

China Painting: FW  
623-256-6784

Clay Club: LV  
933-0899

Clay Corner: MC  
977-3167

Crafts: BC  
974-3497

Crafts: SD  
(815)315-2387

Creative Quilters: LV  
623-251-0124

Friendship Quilters: BC  
602-625-6761

Handweavers / Spinners: SD  
933-0397

Knitters: FW  
602-469-2505

Lapidary: BC  
977-1803

Jewelry at Oakmont  
623-322-4595

Leathercraft: MC  
594-6591

Metal: BC  
974-8206

Needle Arts / Crafts: OM  
972-2609

Palo Verde Artist: SD  
623-551-0402

Sew-n-Sew: LV  
977-9460 - www.sewnsew.info

Silver Stones: SD  
623-349-8840

Silvercraft: BC  
933-8442

Sterling & Stones: FW  
977-2208

Stitchers: BC  
303-435-1794

Woodworking: BC  
974-6058

Woodworking: FW  
972-4385

Woodworking: LV  
933-2355

500: FW  
623-974-5615 (Erma)

Backgammon: LV  
623-229-9887

Bunco Broncos: FW  
602-526-3495 or 326-7055

Canasta: OM  
623-444-8690 (Melissa)

Euchre: FW  
623-533-5705

Hand and Foot Club  
623-271-0092

Mah Jongg: MC  
Linda 623-240-9586

Mixed Cards: OM  
719-671-9043 Bruce or

Mixed Cribbage: LV  
594-0797

Monday Night Pinochle: OM  
623-972-3263

Pinochle: OM  
Gladys: 623-876-1895

Card Sharks: LV  
933-7972

One Partner: LV  
623-466-6567

Saguaro: LV  
623-933-7972

Wednesday Afternoon: OM  
977-2871

Thursday Afternoon: OM  
933-9671

Friday Afternoon: FW  
933-9671

Duplicate Bridge Clubs

Duplicate (ACBL)  
928-240-0341 or SCDBC.com

Kachina: SD  
Sharon Henrich 623-251-4858

Lee Bone 623-974-0236

T&F: 9a-2p BC, W: 9a-12p BC

M-F: 81-4p, T: 4-8p, Sa: 8a-12p BC

M,T,Th:8a-12p, W/F:12-4p FW

Summer Hours: M-Sa: 8a-2p LV

M: 5:30-10p FW AZ 3 & 4

Th: 6-9p, Sa 12-5p, LV SH 3

No Play in August

F: 10a - 3p OM Aud

Tu 6-9:30pm FWAZ 2-3

1st/3rd Th:1-4p MC AUD

W: 6-9:30pm (sign in 5:50p) LV SH2

No Games W 8/9

T: 12-4p, SD Th: 6-9p, MC, Su: 12-4p MC

M: Start Time: 6:15p OM Aud

Arrive by 6p to register

T: 11:30a-4p, S, 11:30a-4p OM Aud

M: 6:40-9:20p LV SHs 1 & 2

Th: Doors open 6:30p, game 7p, Must be present by 6:55pm LV SHs 1 & 2

F: 6p-9:45p LV SHs 1 & 2

W: 12-4p, OM Aud

Th: 12:30p-4:30p OM Aud

F: 12:30-4:30p FW AZ 2

M, Th, F: 12:15-4:30p; LV SH

M: Closed for Summer;

Th: Closed for Summer

Dance Clubs

Ballroom Dance: BC SH  
Julie (623)533-6236 or  
Arlene (623) 214-0594

Bell Tea: BC  
933-8873

Classic Rock Dance Club: FW  
623-628-4401

Country Dance Club: SD  
623-242-9535 or 623-972-5127

(Friday) SC Singles Dance: SD  
623-215-8718

Line Dance: SD  
623-972-5127 or 231-557-6555

suncitylinedanceclub.facebook

Rockin' Thru The Years: BC  
332-7894

Squares: BC  
875-2642 (Mary Sue)

suncitysquares@q.com

Sun City Poms: MC  
602-392-4242

scpoms@yahoo.com

Tip-Top Dance: MC  
933-3947

Apple Macintosh: SD  
933-5300

sunmacs.org

Life Long Learning: FW  
623-533-5756

623-533-5756

PC Computer Club: FW  
933-8953

Spanish Club: FW  
SunCitySpanishClub@gmail.com

Fitness Clubs

Aerobic: BC  
455-1818

M, W, F: 8a, 9a, 10a

Aqua Fitness Club  
aquafitnesssuncity.com

Registration 8/26 8a SD Aud

Classes in session

Nancy: (623)330-4242

Call club in reference to club hours

Terry: (619)818-4380

Dance for Fitness  
623-933-7021 or 515-975-1683

Closed during August

Handi-Capables: SD  
933-6515

Closed August

Hatha Yoga: SD  
www.hathayogaclub.org

FMI for meeting/class days and times

Ladies Exercise: OM  
573-579-5320

Tu & F: 8-9a

So Grand Exercise: FW  
623-933-1365

M, W, F 7:30-9a

Stretch and Slim: BC  
628-4401

M-Sa: 6:45-8a 8-9a, 9-10:15a;

10:15-11:30a

Tai Chi: BC, LV & FW  
Phone: Elisa (480)710-8497

Classes offered in 8 Form, 24 Form,

108 Form, QiGong & Introduction to Tai

email:sctaichi@yahoo.com

Chi Movement

sctaichi.wix.com/sc-tai-chi-club

See website for class times, details, & special events

Zumba Fitness:  
623-972-0099

BC:M&W Zumba Gold 11:30a-12:30p;

SD: Tu Zumba Gold 6:30p-7:30p; Zumba

Fitness MC: Th 6:30-7:30p; Sa 8:30-9:30a

Hobby Clubs

Armchair Photo Explorers: FW  
476-2811

Best Friends Dog Club: FW  
480-524-6893

bfdcsuncity@gmail.com

Sun City Birding Club:  
Tom: 623-977-4992

locascio2000@hotmail.com

Duffeeland Dog Park-Talisman  
928-221-6052

Garden: OM  
875-5921

Model Railroad: FW  
271-8223

Model Railroad Museum: FW  
974-2846

Rockhounds: SD  
srockmuseum@gmail.com

Mineral Museum: SD  
623-428-6442

RV Club: SD  
(623)444-4224

Stamp Club: MC  
623-866-2058

Vintage Vehicles  
(509)430-1625

Performing Arts Clubs

Chamber Orchestra: FW  
933-1568

Choralliers: FW  
933-7202 (Carol)

Billiards: LV Billiards Room  
602-319-0783

Concert Band: FW  
972-4767

Handbell Ringers: FW  
623-876-1101

Piano: SD  
623-792-7266

Players Community Theater: MV  
shayob2@yahoo.com

Next Mem Mtg: M 9/18 MV Aud

Season Tickets Available Online at

suncityplayerscommunitytheater.org

Readers Ensemble: LV  
974-3384

F 12-4p LV SH 2&3

Rhythm Ramblers: FW  
876-8464

Closed for Summer

Ukulele: FW  
594-6591 Sept-June

Summer Strummers Th 3-5p FW Music

398-0483 June- Sept

Women's Chorus: FW  
480-236-1602

Closed for Summer

Political Clubs

Democratic:FW  
623-977-4660

1st Th ea month, FW AZ 1 & 2, 6-8:30p

Republican: SD  
713-557-5800

Contact Club FMI

suncitygopclub@gmail.com

Social Clubs

Fairway Readers: FW  
933-7361

2nd F 1-3p FW Rm 217

Gourmet Social: OM  
920-716-2862

Closed for Summer

LGBT of Sun City: OM Aud  
(623)363-1123

2nd Th every month  
Mtg: 6-7p; Social 7-8:30p

Club offers social events during summer  
M-Sa 7a-4p, M 6-9p Poker

Men's: SD  
977-5116

Michigan Friends In SC  
michigan2arizona@cox.net

Contact Club for Summer Information

New England: LV  
623-875-4641

Closed for Summer

NextGen: BC  
806-759-9723

Potluck Mtg 1st W, 6p BC SHs

Social Mtg 3rd W, 7p BC SHs

Cards Every Sa: 11a-5p MC SH

Chess W&Th 1-4p, LV SH5

Tu Partner Bridge Dark for Summer

Wed Bridge Dark for summer

F Pizza/Bunco Dark For Summer

F Potluck/Bunco Dark for Summer

No Aug BOD Mtg

Singles Social Club: FW  
615-574-9960

Potluck 1st F, 6-9p FW AZ 3&4

Game Night 3rd F, 6-9p FW AZ 3&4

Wisconsin Club:SB  
623-242-6318

Women's: LV  
480-249-0862

M-Sa 10:30a-4p; Su 12-4p LV Clubroom

Sport Clubs

Basketball: MC  
206-459-3242

charlespeterson@comcast.net

Billiards: Bell Billiards Room  
315-806-0067

Billiards: LV Billiards Room  
602-319-0783

W 7a-1p; Lessons: F 8-11a

Club Golf Tu & F: 11a-4p BC Billiards

Ladies: M & Sa 8:45-10:30a

Th 9:45-11:30a; Couples W 6-7:30p

9-Ball Tournament: Th 12:30-4p

Ladies League Snooker: F 1-2:30p

Mens: M & F 8a-12p; T & Th 8a-12p

F: 7p; Tu: 8:30a; Th: 8:30a

Bocce: SD  
271-0092

No Mtgs in August

Conservation/Sportsmen: LV  
612-741-5923

Dart Club: BC  
(480)284-0904,(630)531-0391

M-T-W 5:30-8p; Th 2-4p;

1st & 3rd Sa 1-3p

(623)760-6926

Su/M/W/F 7:30-9:30a, 7-9p

Party 8/11 1-4p

Lawn Bowls: FW & MV  
933-5066

Closed for Summer thru Oct 10

Lawn Bowls:LV (Sun City Club)  
583-0625

Closed for Summer

Lawn Bowls: LV  
974-3214

Tu/Th/Sa: 7a-9a; 7p-9p

Times may vary w/temps

Lawn Bowls: OM  
792-5202

Closed for Summer

Mini-Golf: LV  
623-271-8492

Closed for Summer

Pickleball  
pickleball.suncity@gmail.com

T/Th 4-9p MV

M-Th 7-10a MC

Dave 603-540-0756

Racquetball Club: BC  
986-1754

M/W/F 1-3p, T/Th 5:30-7:30p, Sa 8-10a

Shuffleboard Bell: BC  
623-972-3169 - Dennis

M-Tu-F 1-3:30p

Shuffleboard Sundial: BC  
208-9921

Softball (Senior): Sun Bowl  
623-444-9402 or 503-351-2036

League Play T/Th 7a

Swim Lessons: LV  
583-5894

W 8:30-10a LV

Swimmers Master: BC  
876-1233

M-F 7-9a BC Lap Pool

Swimmers Synchronized: LV  
Nancy: 623-238-8608

M-W-F 8-10a

Table Tennis: BC  
875-9991

M/W/F 10a-3p; Tu 10a-12p, 7-9p;

Sa 10a-12p; Su 1-5p

Tennis: BC  
Summer Contact:505.206.2315

9-11a BC; Drop-in Dbls M-F 8:30-10:30a LV

jvolson@loretel.net

Men's Drop In Dbls: M-W-F 8:30-10:30a BC

Women's DI Dbls:M-F-Sa 8:30-10:30aMV

Mixed Drop-in Dbls: W 6:30-8:30p, BC

Joe: 623-251-3969

Volleyball  
206-459-3242

charlespeterson@comcast.net

Water Volleyball: OM  
377-5091

F, Su 2-4p; M, W 12-2p @ OM

Club Directory Key:

M = Monday

Tu = Tuesday

W = Wednesday

Th = Thursday

F = Friday

Sa = Saturday

Su = Sunday

a = A.M. & p = P.M.

BC = Bell Recreation Center

FW = Fairway Recreation Center

LV = Lakeview Recreation Center

MC = Marinette Recreation Center

MV = Mountain View Recreation Center

OM = Oakmont Recreation Center

SD = Sundial Recreation Center

SB = Sun Bowl

All area codes are 623 unless otherwise noted.

Important Dates for Clubs to Remember!

August

5 SunViews submissions due for September

10 Guest Attendance Register & guest fees due

September

5 SunViews submissions due for October

10 Guest Attendance Register & guest fees due

October

1 Club Membership Roster due

5 SunViews submissions due for November

10 Guest Attendance Register & guest fees due

November

5 SunViews submissions due for November

10 Guest Attendance Register & guest fees due

Clubs & Activities Office



Fitness & Fitness Classes

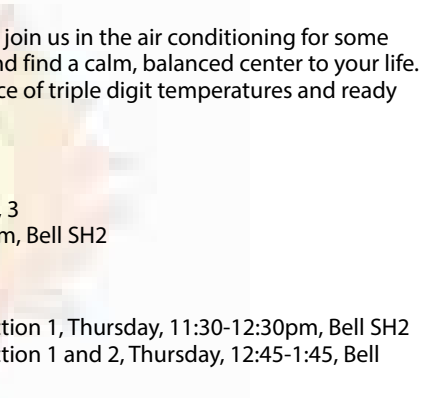
### Sun City Tai Chi Club

It's August and you're still here. Beat the heat and join us in the air conditioning for some exercise with friends while you tone your body and find a calm, balanced center to your life. We are the Sun City Tai Chi Club, fearless in the face of triple digit temperatures and ready to welcome you. Current classes are as follows:

**Classes (open to all):**  
8 Form: Monday, 9-10am, Fairway, AZ Room 3  
24 Form: Monday, 10:15-11:15, Fairway, AZ Room, 3  
108 Form, first section, beginners, Thursday, 2-3pm, Bell SH2  
Qi Gong, Tuesday, 6-7 pm Lakeview SH3

**Advanced classes:**  
108 Form, section 2, open to those who know section 1, Thursday, 11:30-12:30pm, Bell SH2  
108 Form, section 3, open to those who know section 1 and 2, Thursday, 12:45-1:45, Bell SH2

For more information, see our website: [sctaichi.wixsite.com/sc-tai-chi-club](http://sctaichi.wixsite.com/sc-tai-chi-club) or check out our Facebook page: Sun City Tai Chi Club or call 480-710-8497 and talk to Elisa.



### Oakmont Ladies Exercise Class

Join us for low impact exercise designed for women over 50. Tues & Fri 8am-9am. Call club to confirm location! Annual Membership Dues: \$5 - 3 free trial visits. FMIC 573-579-5320.

### Hatha Yoga

Club meets at Sundial in the Yoga Club room. Classes are multi-level and do not assume prior yoga experience; all classes taught by certified instructors. Please arrive 15-20 minutes before a Mat class and bring a yoga mat, small blanket or a beach towel, your current RCSC card, \$3 class fee and \$5 yearly membership. Wear loose, comfortable clothing for a warm environment. Refer to our website for more information: <http://hathayogaclub.org>

**Yoga Mat classes:**  
**Mon:** 8:30a, 10:30a & 6:30p\*  
**Tues:** 8a, 10a & 12p  
**Wed:** 8:30a & 6:30p\*  
**Thurs:** 8am & 10a  
**Fri:** 9a  
**Sat:** 8a & 10a  
\*evening classes

**Chair Class\* by preregistraion:**  
Monday, Thursday & Friday 1pm  
Wednesday: 10:30-11:45am;  
\*FMIC Carlyn for Chair classes: 623-972-9602



### Swim Club

Sun City Swim lessons are at Lakeview pool. Lessons start 8:30am (until 10am) and include beginning lessons and intermediate classes, along with an advanced group workout. All classes taught by excellent teachers. Annual membership: \$3 for any RCSC Cardholder. Annual fee: \$3 for any RCSC cardholder. FMIC Tere Kearney 623-583-5894.

### Aqua Fitness Club

Meets M/TH or T/F at Marinette, Mt. View, Oakmont & Sundial pools. Qualified instructors teach three classes of varying intensities: Free Standing; Poolside & Aqua Stretches. No swimming involved; members stand in waist/chest-deep water. All classes "Co-ed;" must be an RCSC Cardholder to join. Annual Dues: \$5; \$15 per eight-week session. "Try It Before You Buy It" allows you to attend any class to see if it fits your needs. FMI please visit [aquafitness-suncity.com](http://aquafitness-suncity.com) or call Nancy 623-330-4242 or Terry 619-818-4380.

### Aqua Suns

Do you love the water but walking & lap swimming isn't for you? Come try synchronized swimming & learn things you never thought you could do. We do dolphins, spearfish, cat-linas, kips, surface dives & more. Join in the fun M-W-F from 8-10am at Lakeview Pool. FMIC Nancy at 623-238-8608. Swim Annual Club membership: \$3.

### Dance for Fitness

With a current RCSC Membership you may enjoy three free sessions with us. Can't beat that deal, and then you may join for only a \$5 annual fee. Come once, twice, or three times a week (whatever fits your schedule). We have no per-lesson fee. Classes meet on Tuesday at Bell, Wednesday at Sundial and Friday at Mt. View and all classes are from 9-10am. FMIC Penny at 623-933-7021 & Donna at 515-975-1683

### Bell Aerobics

Come join this friendly group for a complete 45-minute workout of gentle stretching on Monday, Wednesday and Friday at 8, 9, or 10am at Bell Social Hall. Membership is \$3/year with valid RCSC card; there are no class fees. There will also be a holiday potluck social in December for all club members. Looking forward to having you join us as club meets year-round. FMIC Brenda at 623-455-1818.

### Zumba Fitness Club

Zumba fuses Latin rhythms & easy to follow fitness moves to create a dynamic full body workout. It keeps you moving & grooving & makes fitness fun. The hour includes a warm-up, cardio workout, & cool-down.

Mon: Bell Social Halls, **Zumba Gold**, 11:30am-12:30pm, Debbie Reiss, Instructor;  
Tues: Sundial West Hall, **Zumba Gold**, 6:30-7:30pm, Debbie Reiss, Instructor;  
Wed: Bell Social Halls, **Zumba Gold**, 11:30am-12:30pm Debbie Reiss, Instructor;  
Thurs: Marinette Aud, **Zumba Fitness**, 6:30-7:30pm; Jeff Larsen, Instructor.  
Sat: Marinette Aud, **Zumba Fitness**, 8:30-9:30am, Jeff Larson, Instructor.

Cost: Members: \$2 per class; Visitors \$2 per Class; Escorted Guests \$4 per Class.  
Annual Membership: \$5  
FMIC Jan at 623-972-0099.

Tell us why you love Sun City AZ!



Why not help spread the word like these people are doing right now at [www.suncityaz.org](http://www.suncityaz.org)? Submit your written testimonial about why you love Sun City AZ (200 words or less) along with your photo to [sunviews@suncityaz.org](mailto:sunviews@suncityaz.org). Let us know where you moved from, how long you've lived here and whether you are a full-time or seasonal resident. We would love to hear from you!



Tips from Get Fit for Life -  
**Have Strength Gains Stalled, in Your Workout?**

“If you have incorporated strength training into your exercise regimen, CONGRATULATIONS,” states Jane Fortier, co-owner of Get Fit for Life. “But just like other aspects of a healthy lifestyle, strength-training progress can be unpredictable.

Strength exercise involves a lot of complex elements that have to work in sync to deliver significant results.

Here are a few common culprits that could be sapping your strength gains.”

- **Not Resting Enough** – In order for muscles to repair themselves, value recovery just as much as the workout. Always rest a muscle group for 24-48 hours after strength exercise, to give it ample time to rebuild and recover.
- **Using Improper Form** – Proper form is crucial for maximum safety and effectiveness in the weight room. Sloppy form produces poor results, because muscles are not engaged correctly through each movement. It can also increase the risk of injury. If form suffers during a set, you are either overloaded or not knowledgeable on the correct way to exercise.
- **Not Pushing Yourself Enough** – It’s easy to get trapped in your comfort zone in the fitness center. Increasing weights can be scary, but you will never see improvements in your strength and tissue quality if you fail to challenge the muscle. If you perform 10 to 15 repetitions in a set and don’t experience fatigue after the set, it’s time to make some changes.
- **Stuck in a Rut** – If you continue to do the same exercises, day-in and day-out, your body is going to adapt to the movements – which means you will stall-out on getting results. It’s important to work muscle groups in as many different ways as possible. This could involve using different exercises for each muscle group, or varying your sets, reps and cadence schemes
- **Wrong Approach to Sets & Reps** – Most people see significant strength gains by doing 2-3 sets of 8-12 repetitions, at a weight that completely fatigues the muscles by the last rep of the last set. Lifting lighter weights at higher rep schemes will build muscle endurance, but it’s not the strategy to use if you want to focus on muscular strength.
- **Exercising Inconsistently** – You won’t see results if you strength train one time a week. To reap significant gains, you need to be working all your major muscle groups 2-3 times in a 7-day cycle.
- **Not Training All Muscle Groups Evenly** – It’s important to give the same amount of attention to all major muscle groups. Doing just the exercises you like is dangerous. Muscle imbalances lead to injury, and disproportionate body strength.

Working with a Get Fit for Life trainer is an excellent way to improve your current strength workout. Trainers educate, as well as motivate. Individual needs, goals, and medical issues are factored into the final exercise regimen. To find out more about working with a Get Fit for Life trainer, call 623-696-6820 or visit Get Fit for Life LLC, Sun City on Facebook



Above: Barbara Wyman is being introduced to the Assisted Pull Up/ Dip machine by trainer Jane Fortier. This machine is a second option for strengthening biceps and triceps, when Barb wants to switch things up.

LaTouch Wellness Massage Therapy Shares...  
**The Value of an Energetic Massage**

The application of Myofascial Energetic Massage is a soft tissue therapy technique, which is complementary medicine therapy that aims to relax contracted muscles, improve circulation and relaxes the nervous system. Myofascial Energetic Massage is a very effective technique that involves applying gentle sustained pressure into the connective tissue. The primary goal of a Myofascial Energetic Massage is to stretch and loosen the fascia so that it and other connecting structures can move more freely.

The Fascia is a very thin, tough yet elastic type of connective tissue that is wrapped around most of the structures within the human body, including muscles. It is the fascia tissue that supports and protects, the soft tissue of the body and can become restricted due to overuse, trauma or inactivity, often resulting in pain and muscle tension. Although fascia and its corresponding muscles are the main targets of myofascial Massage, other tissue may be addressed as well, including connective tissue.

Normal fascia should feel pliable and elastic. Focusing on areas that feel rigid or tight, the therapist will begin massaging and stretching the areas of the body that feel rigid with a light manual pressure. Introducing the Myofascial Massage in an attempt to bring about changes in the myofascial structures by stretching or elongation of the fascia, to begin the mobilizing adhesive tissues. The practitioner moves slowly through the layers of fascia until the deeper tissues are reached. This is a holistic system which manipulates fascia, connective tissue and other soft tissue structures, movement education and bringing the body into balance is the goal. Myofascial stretching in one area of the body can be felt in and will affect the other body areas.



Myofascial massage techniques focus on reducing pain by erasing the tension and tightness in trigger points. Pinpointing the exact trigger point responsible for the pain can be difficult and that is why myofascial massage techniques often covers a broad area of muscle and tissue rather than single points.

LaTouch Wellness Massage Therapy is located within the Fairway Recreation Center. We offer Swedish Massage, Deep Tissue Massage, LaStone Massage, Sports Massage, Aroma Therapy, Reflexology Techniques, Acupressure, Reiki Energy Healing and Guided Imagery Sessions. Please contact Laura at (623) 201-0378 to schedule your appointment today! Visit our website at [www.LaTouchWellness.com](http://www.LaTouchWellness.com) for additional information.

**Group Equipment Demos Return in September**

Bell Center	Wednesday, Septebmer 6 at 11:30 am with Dick
Marinette Center	Wednesday, September 13 at 11:30 am with Dick
Fairway Center	Wednesday, September 20 at 11:30 am with Jane

NOTE: Pre-registration is required for group equipment demonstrations. Please sign-up with the Facility Attendant at the appropriate fitness center. Space is limited.

**Member Fitness & Massage Services**

**Get Fit for Life**  
**Fitness Training**  
623-696-6820

**Sundial Center**  
Free Spirit Massage  
623-225-8582  
**Bell Center**  
Jan Najera  
623-521-0771  
Lisa McCoy  
623-210-2707

**Fairway Center**  
Laura Moore  
623-201-0378  
[latouchwellness@massagetherapy.com](mailto:latouchwellness@massagetherapy.com)



## Arts & Crafts

### Creative Quilters

**Regular Club Hours:** Mon & Fri: Open Sewing 8am-4pm; Tu & Wed: Open Sewing w/Sew N Sew to 3pm; Fri: Bus. meeting, announcements, programs 9:30am. Boutique items available for purchase during Club hours. **Upcoming Events:** Watch our news items & stop by Club room to look at class book for more details as they become available. Membership/participation open to all RCSC Cardholders



### SewNSew Club

Membership open to all RCSC cardholders: \$5 annual

#### Boutique & Open Sewing:

Tu & Sa 9:30a-3p; Thurs: 11:30a-3p. Boutique sales include doll clothes to fit the American Girl Doll.

SewNSew appreciates fabric donations that help us serve our community. Donations accepted during open sew times.

**Monday Mending at Olive Branch Senior Center:** 8:30-10:30a each Monday that center is open

**Show & Tell /Potluck 8/3 11a:** Open Sew until 3p

**Summer Quilt Camp** coordinated by Mary Page and Dottie Kirby 8/8, 8/9, 8/10, 8a-4p daily in Lakeview Social Halls

Doll Clothes SIG: Tu 8/22, 12:30p

**Certification required for all machine use. Sign up in club room for:**

**Brother sewing machine:** 1) 3-hr class: \$6

**Baby Lock Imagine Serger jet-threading machine:** 1) 3-hr class: \$6

**Baby Lock Embroidery machine:** 2) 3-hr classes: \$12

See reservation list in club room for specifics. Reference materials, club patterns and embroidery designs available to members during open sewing hours. FMIC 977-9460 or [www.sewnsew.info/](http://www.sewnsew.info/)

### Bell Metal Club

Love metal? Love art? Come to Bell Metal to be both innovative and artistic! Not only can you work with metal, we can fix & replace garbage can lids or make your mailbox secure by adding a locking security box. We have all the equipment to cut, weld & machine metal; we even build small engines. Come visit our shop &/or join us Mon-Sat, 8am-4pm. Membership open to all RCSC Cardholders. Dues: \$10 per year. Call to see if we can repair your broken metal items. FMI 623-974-8206.

### Fairway Sterling and Stones

All RCSC Cardholders are welcome to tour our club. People new to jewelry making, lapidary, & glass fusion may arrange classes convenient to them & instructors who teach: Silver Craft, Various Types of Chain Making, Wire Wrap, Reticulation, Lost Wax Casting, Viking Knit, Steam Punk Jewelry, Glass Fusion, Lapidary. Annual Dues: \$15. Jewelry Store Open to Public, 8am-12pm, Mon, Wed & Fri or by appointment; call 623-977-2208 during business hours. Craft Supply Store open 10am-12pm, Mon, Wed & Fri & by appointment. Jewelry Store & Work Rooms (Fairway Rm 136 next door to the Trains) open 8am-12pm, Mon, Wed & Fri. FMIC 623-977-2208

### Artistic Weavers/Fiber Artists

Summer club hours: Mon-Thurs 9am-12pm. Stop by our club room at Oakmont for details & sign up for classes. Spinning Instructions are fun, free & available most Wed. Annual membership: \$12. Open to all RCSC Cardholders. Workshops & classes on Overshot, Bound Weave, Inkle & Beginners Too are being scheduled. Stop in for details. We'd love to have you join us!

### Bell Ceramics

Bell Ceramics Club is for beginner-to-advanced ceramists. Classes offer various techniques including: stains, oils, glazes, underglazes, chalk, clay add on, banding, carving & more. Annual Membership: \$7 (RCSC card required). Additional fees for classes from \$8-20. Each club member must volunteer if they wish to use club kilns, take classes or sell finished pieces in club store. Store has greenware, paints & other supplies for sale. Members can choose from over 1,300 molds. Club Hours: M-F 9am-3pm; Sat 9am-noon & every Thur from 5:30-9pm. Please stop by & show your interest in attending during these hours. FMIC 974-6750 (club room).

### Fairway Woodworking - Raffle

Raffle tickets now on sale for 645 piece handcrafted wooden train set, complete with interior seating. Need not be present at time of Raffle (November Arts & Crafts Festival) to win. 1 Ticket/\$5, 3 Tickets/\$12, 6 Tickets/\$20, 10 Tickets/\$25, 15 Tickets/\$30. All proceeds help our club maintain or purchase new woodshop equipment. Come take a look around. Enjoy a great club & rewarding hobby in our large club room containing the latest equipment & tools. FMIC 972-4385

### Camera Guild

Exciting classes, social events, competitions & Grab (Your Camera) & Go outings. Club Room, Sundial (2nd floor). Contact club for details. We love to share ideas. FMIC Dan 480-363-2702. Additional information about activities, classes & social events found at: [www.cameraguildsuncity.com](http://www.cameraguildsuncity.com). Please visit club room on Sundial Upper Level, Mon-Fri, 9am-noon.

### Fairway Knitters

Knit and crochet items for the military, care centers, school children and the homeless of Phoenix as well as other charities. Join us any Friday between 8:30am-2:30pm. You can work on your own projects using your own yarn or you can work on projects for the club using club yarn. We also have items for sale if you like to shop. We meet in Fairway AZ Room 4. Annual membership: \$3. FMIC 623-972-9736.

### Handweavers & Spinners Guild

Skilled instructors teach weaving, spinning, basketry, tatting, hardanger & beadweaving. All skill levels welcome; Special Interest Groups (SIG) meet weekly year-round in well-equipped Sundial clubroom. Annual dues: \$10. Variety of classes available or meet singly w/instructors during SIG. New members may use equipment/work on personal projects once basic skills are established. General member meetings 1pm first Mon monthly (Oct-May); occasionally include speakers/demonstrations; always snacks/socializing! Other social events include: Halloween, Christmas parties & Spring omelet brunch. Classes/workshops held year-round; regular club hours: 9am-3pm Mon-Fri, Oct-May (summer hours vary). Beautiful handcrafted items for sale; store open during club hours. Members participate in holiday fairs/craft sales events over the year. FMI [sunaz.com/handweavers-spinners-guild/](http://sunaz.com/handweavers-spinners-guild/) or call 623-933-0397.

### Lakeview Ceramics

New exciting things are happening at Lakeview Ceramics. Check out the club's exterior display to see what fun techniques are being taught. If interested, come inside (**August Hours:** Mon, Tues & Wed 9am-1pm) become a member and sign up for a mentor. Before the end of the week you will have a call to coordinate a convenient time for your lesson (supply costs only). How cool is that? You will find earthenware, porcelain and stoneware pieces sure to peak your interests. So come down, learn or relearn a hobby, enjoy the friendly atmosphere, partake of treats and stay cool, all at the same time. We'd love to meet you and help you on your artistic journey. FMIC: 623-974-5979 (clubroom)

### Lakeview Woodworkers

Come see our many beautiful wood crafts! Men & women welcome; consider tapping into your creativity & making something with your hands. It's a wonderful feeling. We make a lot of sawdust, but usually something special to show for it. Our club is a fun & happy place; members are always willing to help. Open Mon-Fri 8a-4p, Sat 8a-12p. **Summer hours:** Mon-Sat 8a-2p. Annual Membership: \$20. FMIC 623-933-2355

### Sundial Silverstones

No Experience Necessary! Membership open to all RCSC Cardholders. Beginning classes offered (minimal fees) in basic silver, glass fusion, mold making, lost wax/casting, lapidary, chain making, wire wrapping & faceting. Our well-equipped club is open M-F 8am-3pm & Sat 8am-noon. Jewelry store open to all for purchase of member-crafted items, M-F 8am-3pm & Sat 8am-noon. Come take a tour of our facility.

### Oakmont Needle Arts & Crafts

Sun City's hidden Jewel of a Club; a place to learn basic knitting, crocheting & embroidery. Every Thurs, mentors start you on your adventure into needle arts. Every fourth Thurs members show & tell current/completed projects. We meet at Oakmont, Thurs, 8-11:30am. Come, learn, socialize & enjoy jokes & treats. FMIC Phyllis 972-2609.

### Marinette Clay Corner

Reminder! Marinette Clay Corner is now on **Summer Hours:** Thru Sept 30: M-W 9a-9p & Th-Sat 9a-5p: Closed Sundays. If you are a member & stay for the summer, don't forget we offer Fun Workshops all summer; check Club for schedule. Stop & visit, we always have items for sale! Each piece of pottery for sale is made by a Club member. We meet at the NW corner of 99th/Union Hills, Building A. FMI about joining, call 623-977-3167. New members always welcome! Annual dues: \$15. Visit [www.marinetteclaycorner.org](http://www.marinetteclaycorner.org) for more info. Marinette Clay Corner is available for all RCSC Cardholders

### Jewelry at Oakmont

May - September club hours: Wed thru Sat 8am-12pm. Classes offered in lapidary, silvercraft, glass fusion, faceting, beading, wirewrap, and scrimshaw. FMIC Contact John Schmidt 623-322-4595

### Artists by the Lake

Artists by the Lake, Meets in the Lakeview Art Room, 2nd floor. FMIC Janene Geisner 623-810-9112.

### Friendship Quilters

Our club was built on friendship & the common interests of quilting/creating projects with fabric. We welcome new members of all levels & interest. Many members have found quilting sisters at the club. We encourage you to stop by the Bell Craft Village Quilting room on one of our meeting days. Come in & enjoy with us our contemporary version of the "Quilting Bee." We are open Mon, Thurs & Sat: 9am-3pm & 5-8pm on Mon; Wed: noon-8pm. Annual dues \$5. Membership/participation open to all RCSC Cardholders. FMI visit [www.friendshipquilters.us](http://www.friendshipquilters.us)

## Arts & Crafts (continued)

### Sun City China Painting

You are invited to come paint with us. We meet at Fairway three days a week in room #217, second floor. Club open to all RCSC Cardholders; annual membership: \$5. Cardholders welcome to attend three times before joining. In the fall we will again have free beginning classes, currently suspended for the summer. Come join us, we are a very friendly group. FMIC president Fran Ellis - 623-876-8714.

### Palo Verde Artists

Members encouraged to renew social connections. RCSC Cardholders welcome to check out our friendly artists' group. Annual membership: \$10; entitles you to sign up for classes & workshops, beginners to experienced painters & sketch artists welcome. Classes & workshops may entail additional fees. Our club holds many free events such as artists' demos, "Paint-Ins," Open Painting, friendly critiques & video lessons, as well as social events.

### Fairway Ceramics & Porcelain Club

August: where are those cool (in both senses of the word) indoor activities? Summer is an ideal time to create cool gifts for the upcoming holidays, like a special bowl for the table or a unique piece for someone with a special interest. So many opportunities! All Guests and Visitors invited to enter a Free monthly drawing for an awesome door prize. While visiting, take a quick tour and have a cup of coffee! Fun, low-cost classes in: airbrushing, clay lifting, glazing, brushstrokes, translucent, Zentangle, underglaze pencil, clay building, overglaze, stoneware, and many other techniques. All skill levels welcome. Annual membership (Jan-Dec) \$10 per RCSC cardholder; family memberships for 2 - \$15. (Half-Price Dues if you join after 6/30.) A basic orientation helps new members get started in an environment of friendly encouragement. Greenware, tools, and supplies available for purchase on site. August Hours: 8a-Noon, Mon-Fri. FMIC 623-972-5818, or Dott 623-748-3313. Located at Fairway, 2nd floor.

### Bell Silver Craft Club

Visit our fully, professionally equipped silver craft workshop & sales room. We offer beginning classes in basic silver work, introducing students to silvercrafting fundamentals. We also offer classes in lost wax casting, turning wax models into beautifully cast silver or gold, chainmaille for stunning bracelets & necklaces. Other specialty classes/demonstrations offered throughout the year. You are welcome to tour our club & see the possibilities. Jewelry sales store hours: Monday-Saturday 9am-3 pm. Silver-crafting hours: Monday-Saturday 8am-3:30pm. We are located right around the corner from the Visitors Center at Bell. FMIC 623-933-8442.

### Sun City Calligraphy Society

Club closed August. First General Meeting Friday, 9/1, 9am in Sundial meeting rooms. Come catch up on what's been happening and see what new classes and events are planned for Fall. Starting again in September, the club sells its beautiful and creative handmade greeting cards to the public during regular club hours. Samples of sale items available any time in club window (Sundial), so come see what our members are creating. If you wish to participate in club events, membership open to RCSC cardholders. FMIC John Staggs 623-210-9137.

### Learn Leather Craft

Open to all RCSC Cardholders. Annual Dues: \$10. Beginner classes Tues/Thurs, 8am. Learn carving, stamping, garment & construction. Lessons, patterns & tools furnished. We meet at Marinette. Hours: 8am-12pm; Mon-Fri. Closed August. Learn to make leather goods: belts, purses, holsters, even mini saddles, etc. A great group of people & a wonderful craft. FMIC 623-594-6591 or 623-933-8831.

### Sun City Clay Club at Lakeview

The dog days of summer finds us open and active. Free summer workshops have been well attended and enjoyed by participants. It is always fun to try a new project, learn a new technique and have a good time socializing with fellow members. Two free workshops offered this month taught by our members. During summer, introductory classes are taught based on demand. Stop in, look around and see how much fun we have "playing in the mud". We also have clay items on display and for sale. Open Mon-Thurs 8:30am-8:30pm, Fri-Sat 8:30am-4:30pm. FMIC 933-0899.

### Oakmont Ceramics

Annual Dues: \$5 Club hours: Mon-Th, 8am-3pm; Tu/Th 5:30-9pm; Sat 9am-1pm; closed Fridays; Whether you're a beginner or advanced ceramist, this Friendly Club is for you. See Sign-up sheets in Club for special classes/workshops. FMIC 623-363-3908 or come by the Club during Club hours.

### Bell Craft Club

Open M-Sa 9am-3pm & M,W,Th 6-9pm. Classes/workshops include: Bead weaving, Greeting Cards (4), Copper Enameling (2), Placemats, Candle making, Quilling & Cross Stitch, Painting, Plastic Canvas, Knitting, Crocheting, Silk Flowers, Craft Beading, Polymer Clay & Brazilian Dimensional Embroidery. Classes taught by members. If you have a craft you think others would enjoy, become a member & teach. Boutique open for purchase of unique handcrafted gifts. General Meetings 2nd Thurs, Sept-May. Annual Dues: \$10. New members joining July 1-Dec 31: \$5. All regularly scheduled classes free to club members. Membership open to all current RCSC Cardholders. FMIC 623-974-3497.

## Performing Arts

### Piano Club of Sun City

Currently closed for summer, but join us for more great music in the fall. We have: an annual concert in January, monthly music programs from October-April, affordable piano lessons, and club members volunteer at charity events. You don't have to play or perform, just enjoy music and companionship. RCSC visitors & escorted guests welcome. FMIC 623-792-7266

### Choraliers of Sun City

An auditioned choral group composed of men & women with diverse musical backgrounds. Our group performs a wide variety of music for social functions, churches, health care facilities & retirement communities. Currently we are interested in increasing tenor, baritone, & bass voices. Rehearsals suspended for summer & begin again in September. If you are looking for a place to satisfy your musical fulfillment please stop in to listen to us, or check out our website [www.suncitychoraliers.com](http://www.suncitychoraliers.com).

### Readers' Theater Ensemble

Readers Theater provides a venue to encourage & support members interested in performing drama without having to memorize a script. This helps members learn & gain experience in developing/showcasing talents by reading a variety of material using voice, facial expression & body language to enhance the spoken word. Readers perform one act plays for many organization & clubs throughout the year to fulfill their entertainment needs. For bookings contact Ann Case 612-730-9699; for general information call President: Cecilia Simonelli 623-210-1810. Membership open to all RCSC cardholders. Meetings: Fri 1-3 p.m. in Social Hall #3 LV.

### Sun City Womens Chorus

September begins rehearsals for our Holiday concert held Sunday, 12/3, 2pm at Sundial. Chorus open to women of all musical backgrounds who enjoy singing in a local choir setting. Rehearsals (currently suspended for summer) every Thurs, 8:45-11am in Fairway Music Room. FMIC 623-583-1988.

## Political Clubs

### Sun City Democratic Club

We meet every first Thursday through the summer, 6pm at Fairway. Independents welcomed. **August Meeting:** Bernadette Mills, Exec Director of West Valley Arts Council, draws a direct line from supporting the arts to the economic development of an area and a country. Arts are important and this program places specific facts/figures for our use on the subject. The club also meets every Monday 9am at Starbucks (99th Ave/Bell.) We welcome all RCSC Cardholders to our meetings. FMI Email [suncitydemocraticclubofaz@gmail.com](mailto:suncitydemocraticclubofaz@gmail.com)

### Sun City Community Players Theater 2017-2018 Season



**Noel Coward's "Blithe Spirit":** Charles and his second wife invite a local "medium" to conduct a séance in their home during a dinner party who conjures up the ghost of

his first wife. Things just get more complicated for Charles when the ghost won't go away, and you won't stop laughing as Charles tries to find a solution. **Performances:** 7pm Oct 27, 28 & Nov 3, 4; 2pm Oct 29 & Nov 2, 5; **Ticket sales:** Fairway Oct 23-26, Oct 30-Nov 2, 10am-12pm



### Making God Laugh:

"If you want to make God laugh, tell Him your plans for your life!" Throughout 30 years of holiday gatherings, Ruthie, Bill and their three adult children discover that, despite what

plans they may have made for their lives, they are destined to arrive at unexpected destinations. As their lives are revealed, you'll laugh, too. **Performances:** 7pm, Jan 12, 13, 19 & 20; 2pm Jan 14, 18, 21; **Ticket sales:** Fairway, Jan 8-11 & Jan 15-18, 10am-12pm



**Nonsense:** Hilarity reigns when five nuns stage a talent show to pay for the funeral services for 52 of the Little Sisters of Hoboken who have succumbed to botulism after eating vichyssoise prepared by Sister Julia, Child of God. Wacky, wonderful, award-

winning Nonsense offers laughs, fun and show-stopping music for the whole family! **Performances:** 7pm Mar 9, 10, 16, 17; 2pm Mar 11, 15, 18; **Ticket sales:** Fairway Mar 5-8 & Mar 12-15, 10am-12pm

Season Tickets (all 3 Plays) available online at [SunCityPlayersCommunityTheater.org](http://SunCityPlayersCommunityTheater.org) beginning August 1. All performances at Mountain View Center.





## Dances

**Rockin' Thru the Years – Saturday Nite Fever**

The only dance club dedicated to Classic Rock & Roll, Disco, DooWop & Country Rock. We have our own sound system and use 2 different DJs to play music from the 50s thru today. Will play requests as long as they fall in the R&R genre. Singles & couples welcome; there is no dress code. We furnish cups & ice; bring your own snacks & favorite beverage.

Admission: \$3/members; \$6/escorted guests. Annual RTTY membership \$3; with RCSC card. By the way you don't have to have a partner or take dance lessons to enjoy dancing to R&R and Disco. We dance at Bell Social Halls; Doors open 6:30pm; dance from 7-10pm. FMIC 623-332-7894 or visit [Rockinthrutheyears.com](http://Rockinthrutheyears.com)

**August Schedule: Saturday, 8/12: DJ Ryan Blair - Pizza Party ;  
Saturday, 8/26: DJ Jamee Soulz**

**We have 8 drawings at every dance plus a 10' x 8' video screen for your enjoyment!**

**Sun City Ballroom Dance Club at Bell**

Hello Dancers! Summer is here! Come have fun and meet friends and stay cool with us. Club meets at Bell Center Social Halls (past the Library) every Sunday throughout the year except Christmas and Easter Sundays. Dance open to all RCSC cardholders and escorted guests. Please join us for a fun social evening of music and dance. Dancers of all accomplishment levels, couples and singles welcome. Come early at 6:30pm to warm up your dance steps or learn a new one from some of our experienced dancers. Dancing from 7-9:30pm. Annual membership: \$3; Admission: \$5 members, escorted guests: \$8. Coffee, ice & cups provided; bring your own favorite refreshments and snacks.

**August Musician Schedule:**

**8/6 Juan Zarate, 8/13 Michael Dorantes, 8/20 Bob Roppolo, 8/27 Bob Roppolo**

FMIC Julie (623)533-6236 or Arlene (623) 214-0594 or  
Visit [www.suncityballroomdanceclub.com](http://www.suncityballroomdanceclub.com)

**Sun City Singles Dance Club**

Singles & couples invited to join us for social & ballroom dancing at Sundial, Friday, 7-9:45pm. Whether you love to slow dance, are an accomplished ballroom dancer, or somewhere in between, you'll enjoy dancing to some of the best live music in the Valley. Free dance lesson w/paid admission: 6:20pm. No partner required for lesson; Students rotate so everyone has an opportunity to dance. We also have "Mixers" & "Line Dances." Admission: \$5/members; \$8/escorted guests. Enjoy socializing & making new friends. Be comfortable, but please - no jeans, shorts, pullover shirts, hats, tennis shoes or flip flops. Coffee, ice & cups provided. FMIC Bob (623) 215-8718 or visit our website at: [www.suncitysinglesdanceclub.com](http://www.suncitysinglesdanceclub.com). Open to all RCSC Cardholders, visitors & escorted guests.

**August Dates: 8/4 Rich & Brad; 8/11 Bob Roppolo; 8/18 Mike Carollo; 8/25 The Breeze**

**Classic Rock Dance Club**

Dances 1st and 3rd Saturday nights at Fairway.

**August 5: DJ John Phillips.**

**August 19: DJ Ron West/Music Videos.**

Classic Rock N Roll non-stop from the 50s, 60s & 70s. Doors open at 5:30pm, dancing 6-9pm, bring your own beverage. Homemade cookies, cups, ice and napkins provided. Singles and couples are welcome; casual or dress up.

Open to all RCSC cardholders and their escorted guests. Annual Classic Rock club membership: \$3W/valid RCSC membership. Admission: \$3/members; \$6/escorted guests.

FMIC visit our Facebook page, CLASSICROCKDANCECLUB or call Donna 623-628-4401 / 360-350-8160

**Sun City Line Dance Club at Sundial**

Dance on a beautiful wood dance floor every Tuesday and Thursday 10am-1pm in Sundial ballroom/auditorium. Free dance lessons 15 minutes prior to each dance. Serving cookies, pretzels, mints, coffee, and water. Members, visitors, and escorted guests welcome. Club membership \$5.

Daily dance: \$2 members,  
\$3 visitors,  
\$6 escorted guests.

FMIC Walter 623-972-5127.  
[SUNCITYLINEDANCECLUB.FACEBOOK](https://www.facebook.com/SUNCITYLINEDANCECLUB)  
contains links to teaching sessions for our dances; website:  
[www.suncitylinedanceclub.com](http://www.suncitylinedanceclub.com)

**Sun City Squares**

Closed until October 31 when our first dance of the season is our famous Light Dance, 6:30-7pm Pre-Rounds; 7-9pm Mainstream /Plus Square Dance. Dee Dee Dougherty, Caller. \$5/members \$7/escorted guests & visitors. We dance at Bell SHs. Ask about reciprocity! FMIC 623-930-7513; 623-875-2642 email: [suncitysquares@q.com](mailto:suncitysquares@q.com)  
Dances open to RCSC Cardholders and their Escorted Guests.

**Dances Lessons****Country Dance Lessons**

The Country Dance Club Couples Pattern Dance lessons are **currently suspended** for the summer. Watch for lessons to return soon at Oakmont Center, every Tuesday. The cost, which covers the entire 2 1/2 hours, is \$4 for club members, \$5 for RCSC cardholders and \$6 for escorted guests. FMIC 623-972-5127.

**Sun City Ballroom Dance Lessons**

Ballroom Dance Group Lessons are back at Bell Social Halls on **Mondays and Thursdays**. We welcome new Instructor Paul Jack.

6-7pm - Basic Waltz

7-8pm - Cha Cha

8-9pm - Tango

**No Lessons on Monday 7/31, Thursday 8/3 and 8/17**

Cost \$5/Member; \$8/Escorted Guest. FMIC Julie (916) 390-3759 or Arlene (623)214-0594

**Country Dance Club at Sundial**

Come dance with us August 5 & August 19 at the fabulous Sundial ballroom. There is something for everyone; a good mix for couples free-style, couples pattern, & line dancing. We even have a dedicated dance floor just for line dancers. We play requests that are considered Country. Dress casual or dress up, country or otherwise. Bring your own snacks & beverage. Ice, water, cups & cookies provided. Both dances are 6:30-9:30pm. Doors open 6pm. Free dance lessons suspended for summer. Admission: \$3/members; \$5/visitors and \$6/escorted guests. Annual club membership is \$5 with valid RCSC photo ID. FMIC 623-972-5127 or visit [www.countrydanceclubsc.com](http://www.countrydanceclubsc.com).

**Watch for More Special Events Coming October 28 and December 16**

**Tip Top Dance Club**

Tap Dance Classes: All Levels of Experience Welcome, Men & Women Welcome

**Tap Classes at Marinette:** Tap 1: Tues, 9am; Tap 2: Mon, 10:15am; Advanced Variety: Mon & Fri, 9am; Advanced Tap: Tues & Fri, 10:15am; Fri 10:30am; Introductory Tap: Tues, 8:15am by appointment only. Cost: Annual Dues: \$10; plus \$12-24 per month, depending on classes. FMIC Velvet 623-824-5146. **Moving to the Beat:** Tues & Thurs, 1pm; \$10 annual dues plus \$3 per class. **Pilates Classes at Bell:** Mon & Fri, 1pm; \$4/class; FMIC Betty Grantham, 623-505-3028. Open to all RCSC Cardholders & their escorted guests. FMIC Velvet 623-824-5146

## Educational Classes

### Computer Club of Sun City

Our members come to our Club in the Fairway Recreation Center to share computer knowledge and experiences, including current Microsoft Operating Systems, Android Smartphones and tablets in a fun social environment. This includes Windows 10, the Internet, mobile devices, media, home, office and social. Members of the Club can come anytime that we are open and use our computers in the Member's Lab to check

email, read the news and visit favorite websites. They use our scanner to scan their important documents, precious old pictures, prints, slides and negatives. Classes, special interest group discussions, workshops and presentations are both interesting and educational.



We have two entire classroom equipped with Windows 10 computers and many classes using Microsoft 10 are scheduled. Classes are usually announced at least two weeks before and require club membership. You'll need to come to the club to register. Sign up early as they do fill up fast.

Our Workshops are focused, informal, hands on, and with smaller groups. Membership is required. Topics of the Workshops are targeted to a specific topic and will be related to PCs or Android Devices. Tables are arranged for members to use with their own laptop, tablet, or phone.

All RCSC Cardholders are welcome to join the fun! In August, you can join by attending a short "Join Us" presentation in our Club on any Wednesday. Come in anytime between 9a to 10:30a. It only takes a few minutes to join! For more information, call 623-933-8953 or visit our Club Website: [www.firstsuncity.com](http://www.firstsuncity.com)

The Computer Club of Sun City is on the 2nd floor of the Fairway Recreation Center.

Clubs Hours: Mon - Sat: 8a to Noon.

### August Events

- August 3 Board Meeting
- August 4 Round Table Discussion
- August 7 Android Devices Special Interest Group
- August 9 Genealogy Special Interest Group
- August 10 Monitor Training
- August 12 Investors Special Interest Group
- August 14 Internet Email Special Interest Group
- August 17 Computer Backup & Restore Special Interest Group
- August 18 Hardware Workshop
- August 21 Windows 10 Special Interest Group



### Spanish Club - El Circulo Español

A fun, low pressure way to expand your mind and make friends. We have about a dozen classes and an all-level conversation class during the summer. If you haven't yet joined, don't wait! Annual Dues: \$10 beginning October 2017 (RCSC Cardholders). Includes all classes you care to attend. Start or stop a class according to your schedule. We are user friendly. We assist in finding free or low cost books. We try to arrange carpools for our outings. New members welcome! FMIC our president, Lidwina 623-256-8376

### Summer Class Wednesdays

(June/July/Aug FW Room 133)

1-2:30pm: All Levels practice/conversation – join or drop-in at any time

### Outing Wednesday August 23, 5pm

Dinner outing for members and guests to Rio Mirage Cafe, 12245 Santa Fe Dr, El Mirage; please RSVP by Tuesday August 22 to [SunCitySpanishClub@gmail.com](mailto:SunCitySpanishClub@gmail.com) or 623-974-0906

### Membership Renewals October 19

Finger Food Pot Luck & Class Registration FW AZ rooms 1 & 2, 5:30pm

FMI: [SunCitySpanishClub@gmail.com](mailto:SunCitySpanishClub@gmail.com) or visit [Sunaz/ Spanish-club/](http://Sunaz/Spanish-club/) or call 623-256-8376 Lidwina or 480-262-4461 Boots



### SunMacs Computer Club

Our Summer Hours, Tu-Th 8:30-10:30a are observed May Through October. We are closed from August 1 through September 18.

Our next General Meeting takes place Saturday, November 11, 8:30-10:30a in the Sundial West Hall. Coffee and treats available before the 9am program. The program topic for this meeting to be announced at a later date. You can renew your membership for 2018 at this time. Election of officers for 2018 will take place before the program.

We specialize in assisting our members with Apple Products and Software. Located at Sundial; RCSC card required for membership. Annual dues: \$20 single/\$30 couple. Collection of 2017 dues ended April 15th. We begin collecting 2018 dues in November.

We offer Classes, Round Tables and Socials free to club members. Some classes require pre-registration. Visit [www.sunmacs.org](http://www.sunmacs.org) or our club room (933-5300) FMI



### Life Long Learning

The Sun City Lifelong Learning Club offers 30-40 lectures and multi-session classes each "semester" at Fairway. Classes offered October-December and February-March. Topics include art, music, history, health & well-being, finances, current affairs & entertainment. Instructors are volunteers & residents of Sun City & nearby communities with wide & varied experience. Local organizations also volunteer staff members as instructors. Dues: \$20 per calendar year. If interested, please email [sczlifelong@gmail.com](mailto:sczlifelong@gmail.com) or call 623-533-5756. Fall classes will be listed on Life-long Learning webpage at [www.suncityaz.org](http://www.suncityaz.org).



# We are here to give you a helping hand...



*Serving the Northwest Valley since 1990!*



## Meet Our Staff

**From LT to RT standing:** Diana Swens, Staffing, Shelley Ouimette, Scheduling Coordinator, Natalie Henrichsen, Sales & Marketing, Mary Jo Cuttall, RN, Kay Spofford, RN.

**Seated from LT to RT:** Jane Keys, Memory Care & Education, Janice Grady, Office Manager, Dot Scherr, RN, Lola Judy, Owner/President.

## Sun Cities CareGivers

provides help with personal care, household chores, transportation to appointments, exercises, good nutrition and, most importantly, makes it possible for people to stay in their own home.

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Assists with household chores & errands

### ***Personal Care Attendant:***

Assists with personal care needs

### ***Certified Nurse's Aide:***

Assists with doctor/nurse supervised care needs

### ***Registered Nurse:***

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# Sun Cities CareGivers

## 623.974.2397

### 13203 N. 103rd Ave. Suite F6, Sun City

For a complete listing of our rates and services visit us at [www.sccaregivers.com](http://www.sccaregivers.com)

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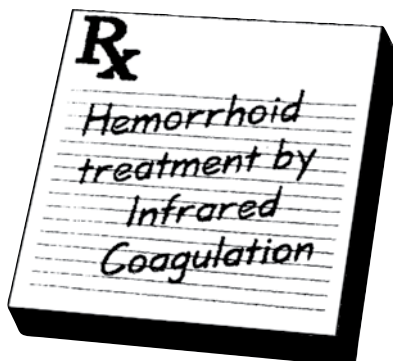


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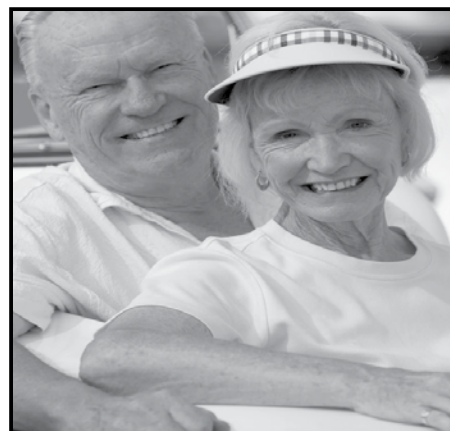
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# Welcome to Sunshine Service

People, meeting needs of people is what Sunshine Service is all about. Sunshine Service lends medical and children's equipment to residents of Sun City and we have been doing so for over 54 years. We are a charitable non-profit Arizona corporation and are funded by voluntary contributions and memorial gifts.

While the equipment is available for the use of all residents or visitors staying with residents, the equipment must not be taken out of Sun City on a permanent basis. As a matter of control, equipment is loaned only to Sun City residents.

Records show that as the population of Sun City grew, so did use of our medical equipment. Savings for Sun City residents have been calculated periodically; in 2015, it was estimated that residents saved over two million dollars in cost of equipment for that year alone.

Sunshine Service, Inc has received local, state and national recognition. Awards received include the George Washington Honor Medal for services to the sick and handicapped from the Freedoms Foundation of Valley Forge in Pennsylvania.

***"The Cleanest and Most Sanitized Equipment Around"***



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Services:

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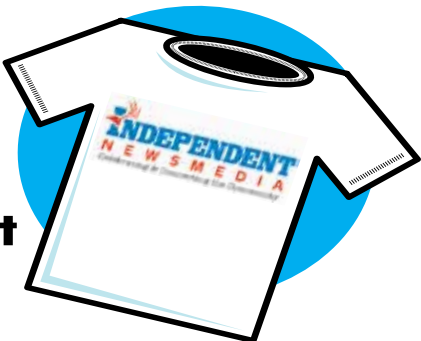
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**Warm hospitality, fine food and excellent service...very satisfying**

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Wooddale Village is a beautiful resort-style retirement community located in Sun City, offering the finest in services, amenities, and healthy lifestyle. This community offers spacious one and two bedroom apartment homes with views of lush, green courtyards lined with trees, water features and ponds. Residents who choose Wooddale Village as their home enjoy the freedom of living a carefree lifestyle that keeps them young at heart.

*Wooddale Village*  
SUN CITY

**(623) 933-1313**



**18616 N. 99th Avenue, Sun City**  
**(just north of Union Hills)**

**[www.wooddalevillage.com](http://www.wooddalevillage.com)**



# 2017 Fall Sunday Sun Bowl Concerts

## Free for RCSC Cardholders & their escorted guests!



### **The 8 Tracks Dance Band** Sunday, September 24 @ 7pm

Sun City AZ kicks off the Fall Sun Bowl concert series with an encore performance by The 8-Tracks! Billed as the "greatest Oldies Rock 'n Roll band covering the entire state of Arizona, they promise to take us back in time to the 1950s and 1960s, singing and swinging the entire evening. Simply put – Oldies music...the way it was meant to be played!

### **That Kool Band** Sunday, October 1 @ 6:30pm

Arizona's favorite variety band, That Kool Band, returns to Sun City AZ with their awesome nostalgic tribute to the great rock and rolls stars from the 1950s and 60s. Things are sure to be hopping on the dance floor this evening!

### **Three Kings - Tribute to Buddy, Nelson & Elvis** Sunday, October 8, 2017 @ 6:30pm

You're in for a real treat when Rick Lenzi and Roust-about bring "The Three Kings" show to the Sun Bowl. This band of fantastic, awesome and entertaining musicians promise true-to-life renditions of the legendary rock 'n roll kings – Buddy Holly, Ricky Nelson and Elvis Presley. Everyone should plan on dancing to their favorite hits.

### **Dean Simmons is "The Garth Guy"** Sunday, October 15 @ 6:30pm

With the mannerisms and showmanship of super star Garth Brooks, Dean Simmons (aka The Garth Guy) takes the stage with the same energy and entertaining style of this award-winning phenomenon who changed country music forever with his unbelievable live shows. Slip on your cow boots and saddle on over to Sun Bowl for this sure-to-be-pleasing evening!

### **Graffiti Gold - Tommy Tayback & Daddy O's** Sunday, October 22 @ 6:30pm

If you're a fan of the Golden Oldies from the mid-50s to the mid-60s, you'll love this authentic blast from the past, recalling the good old days of Sock Hops and Soda Shops with Juke Boxes playing 45rpm records. You'll take a trip down memory lane with tributes to rock 'n' roll legends like Elvis, Bill Haley, Chuck Berry, Jerry Lee Lewis, Ritchie Valens, The Big Bopper, Little Richard, Fats Domino, Dion and the Bellmonds, Sam the Sham and more. Times were never better and the music was never better. We guarantee you'll be saying "Remember When?" during this great show.

### **Jump, Jive & Wail - Swing Band** Sunday, October 29 @ 6:30pm

The Sun Bowl will be full of energy and excitement when Jump Jive & Wail comes to Sun City AZ directly from Vegas! Playing hits from a bygone era - including everything from the Jump-Blues all the way to retro swing hits from the 1990s - along with a few original swing tunes, you'll be entertained all night with their super showmanship!

### **Southern Rock Explosion** Sunday, November 5 @ 6pm

The Sam Morrison Band returns to Sun City AZ with their "Southern Rock Explosion" show. Heavily influenced by Lynyrd Skynyrd, Allman Brothers and Charlie Daniels, this performance promises to bring back something that is lost on today's radio....real music played by real musician playing real songs on real instruments for real people. So let's plan on having a REAL good time!

### **Tribute to Our Veterans with Rollie Stevens** Sunday, November 12 @ 6pm

The singing Phoenix firefighter and gifted country singer promises a very special concert to honor the very special men and women who have proudly served our country. His unique mix of original tunes along with modern and traditional country is sure to be full of promise and patriotism. Please join us as we salute you!

\* Be prepared to show your RCSC Member or Privilege Card (with photo) for entry; no key fobs accepted.

*Free RCSC Events are paid for by RCSC Cardholders and are therefore intended for RCSC Cardholders and their escorted guests only. Your cooperation and understanding is greatly appreciated!*



Gourmet Food Vendors arrive 1-1/2 hours prior to each show for your dining pleasure. Don't forget to bring your lawn chair or blanket!

*Rain Location:  
Shows are moved to the Sundial Auditorium at 103rd & Boswell Blvd. For information regarding rain location and a recorded message, call 623-972-6014.*