

# SUN VIEWS

ISSUE #192 • OCTOBER 2017 • A PUBLICATION OF THE RECREATION CENTERS OF SUN CITY, INC.

**SUN CITY**  
ARIZONA  
RECREATION CENTERS  
OF SUN CITY

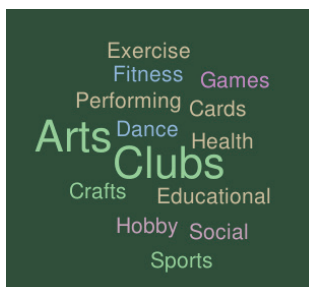
## Where do you go to play in Sun City AZ?

Many in Sun City AZ enjoy the good life here – with plenty of recreational activities and clubs to keep them busy every day. Others prefer to join game or social clubs as a way to get out and meet others. With over 130 clubs available (over 30 arts and crafts clubs alone), there are numerous options to explore – whether it's your creative side, wild or mild, or somewhere in between.

Fall is always a great time to visit a new club and find out what they have to offer. With the influx of the snowbirds arriving, clubs swing into full winter mode – open longer hours and several provide introductory classes to get you started.

A vast majority of the clubs allow for Cardholders to visit a few times before you decide whether you wish to join. This is a great opportunity to discover what equipment is available and the cost of the materials you would need to purchase before you make any decisions.

It also provides you with an opportunity to see if the club is a good fit for you. Are you warmly greeted when you walk into the club? Does someone offer to give you a tour? Each club is unique and their members are proud of what they have to offer. But don't limit your search to just the recreation center closest to your residence. Several crafts are offered at a variety of locations where you might find yourself more comfortable at one versus another.



You really do owe it to yourself to get out and discover all that is available. Whether you sew, quilt or knit, tinker with old cars or just enjoy reading a good book, RCSC Clubs provide a wealth of possibilities.

If you're still working or have other day-time commitments, many clubs are now offering evening and weekend options for their members as well.

For more information, stop by the Sun City AZ Visitors Center at Bell or the Clubs and Activities Office at Lakeview. You can also find information right here in SunViews (starting on page 17) where you can view both Club Events and the Club Directory along with contacts for each specific clubs directly. In addition, each RCSC Club has a webpage on the website at [www.suncityaz.org](http://www.suncityaz.org) with similar club details.

Sun City AZ – where the possibilities are truly limitless. Be active, creative, social and involved in your community merely by exploring the many choices available.



*So which one is Country Dance and which is the Line Dance Club? Take your pick! Many find both of these clubs to be fun and a great way to stay fit! Country Dance (above) meets in the evening at Sundial on the 1st & 3rd Saturdays while Line Dance (below) meets on Tuesdays & Thursdays from 10am-1pm, also at Sundial.*



## Sundial Season Ticket Sales Begin November 1

Back by popular demand, reserved seating for all ticketed shows at the Sundial Auditorium returns again for 2018.

With a superb line-up of entertainment, season tickets for the entire series go on sale Wednesday, November 1, 2017 which includes all 11 shows for the unbelievable price of \$154 (that's only \$14 per show).

Season tickets will be on sale during the month of November only and may be purchased by RCSC Cardholders only (limit of one series/season ticket sale per card and all cards must be presented at the time of purchase).

The Gold Dot entrance at Lakeview will open at 5:15am on November 1, when RCSC Cardholders will be issued numbers prior to ticket sales beginning at 8:30am when the Clubs & Activities Office opens.

This process will give Cardholders the ability to save a place in line and return later to make their purchase. It should be noted that anyone arriving at the office after their number has been called will not be served and must begin process over.

Tickets for all individual shows go on sale Friday, December 1 to RCSC Cardholders only for \$17 per person. Ticket sales to non-RCSC Cardholders will be available starting Tuesday, January 2, 2018 for \$20 per person should any tickets remain.

Visit our website at [www.suncityaz.org](http://www.suncityaz.org)/recreation for more information about the 2018 Sundial Concert Series and the great acts that will be performing in Sun City AZ this coming winter and spring. (Turn to page 12 for the full line-up of shows).

Stay in the loop!  
Get RCSC News Alert  
Emails, sign up at:  
[www.suncityaz.org](http://www.suncityaz.org)

Email addresses  
remain confidential

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Applications for the  
Long Range Planning Committee  
and RCSC Board of Directors  
Candidate Packets  
are due to the Board Office  
by September 29

Connect with Sun City AZ



AUTUMN IS IN THE AIR! COME ONE, COME ALL!

# COUNTRY CARNIVAL SUNDIAL CENTER

## Fun for everyone!



 **LOOK HERE!** 

## Ride on the Trackless Train or the Pirates Revenge

**Play Super \*FUN\*  
Super-sized Games  
and win prizes!**

## Make & Take home Spin Art projects

**Dance in the Auditorium from 5:30-7pm with "Heartbeat"**

**Free for RCSC Cardholders & their escorted guests only!**  
Be prepared to show your RCSC Member or Privilege Card with photo to enter; no key fobs accepted.

**SATURDAY**  
**10-21**  
**2017**

4-7pm

## Yummy Fun Foods for Purchase

- **Burgers and more!**
- **Kettle Korn**
- **Cotton Candy**
- **Ice Cream Treats**

**Donations received  
at this event will go to  
Del Webb's Sun Cities  
Historical Museum**

## Note - New Date!

**Due to the Sundial kitchen & restroom renovations,  
Casino Night has been rescheduled!**

# FEELING LUCKY?



# Casino Sun City

**Saturday, NOVEMBER 11, 2017 • 4 to 7:30pm**  
**Sundial Auditorium**

Join us for an early evening of fabulous fun, action & excitement!

We'll have all of your favorite games and best of all - free fun money for players as you rotate through the tables. This "just for fun" night will include poker, black jack, roulette, craps and much more!

We'll have hot dogs and chips available for purchase should you need to snack, and you're welcome to BYOB. Proceeds will benefit the Del Webb Sun Cities Historical Museum.

**Step right up, place your bet and get ready for an evening full of good times!**

**Free for RCSC Cardholders & their escorted guests**  
Be prepared to show your RCSC Member or Privilege Card for entry; key fobs not accepted!

**Sign up & start using the RCSC Web Portal today!**

From the RCSC Web Portal, Cardholders can easily make assessment payments, manage email subscriptions, book and edit golf tee times, vote in RCSC Board of Directors Elections and so much more!

Just follow these simply steps  
and you'll be on your way!

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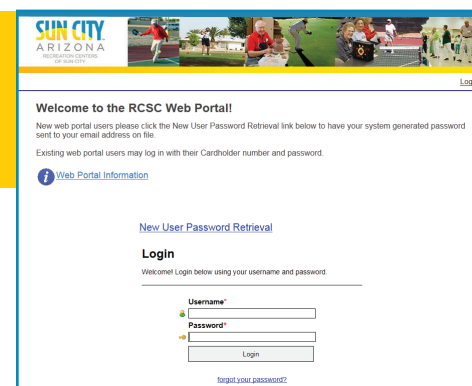
  1. Notify Cardholder Services of your email address for your RCSC Cardholder number. Go to <https://login.suncityaz.org/AddEmail.aspx> to securely provide the necessary information to update your email address.
  2. Go to [www.suncityaz.org](http://www.suncityaz.org) and click on Login (right side, top of page).
  3. Welcome to the RCSC Web Portal page will display. There is a link from this page to general web portal information, including the Web Portal Instruction Manual.
  4. First time users MUST click on the New User Retrieval Password link at the top of the page.
  5. Enter your RCSC Cardholder number in the Username field.
  6. Click on "Send Password" and in a few minutes, check your email for your password. If you do not receive this email, contact Cardholder Services to confirm the email address that is on file.
  7. Return to the RCSC Web Portal Login page and enter both User Name (RCSC Cardholder number) and Password.

Now you're all set to start using the web portal, sign up for RCSC News Email Alerts and more!

If you should ever forget your password, simply go to the Portal Welcome page and click on "forgot your password?" and enter your User Name (RCSC Cardholder number) then click on the Send Reset Link button. You will receive an email with a link to reset your password.

Now you're all set to start using the web portal, sign up for RCSC News Email Alerts and more!

If you should ever forget your password, simply go to the Portal Welcome page and click on "forgot your password?" and enter your User Name (RCSC Cardholder number) then click on the Send Reset Link button. You will receive an email with a link to reset your password.



## Pay Your Assessment

## Book & Edit Your Tee Times

## Manage Your Email Subscriptions

## Vote in the RCSC Board of Directors Election

All from your own computer/device!



Want A Bigger Voice?

## RCSC BOD Election Process Moves Forward

With candidate packets for the upcoming RCSC Board of Directors Elections due to the Corporate/Board Office no later than Friday, September 29, 2017, the race for your vote starts counting down now. Once application packets are deemed complete and signatures have been verified, candidates will be announced to the local media and directly to Cardholders who receive RCSC News Email Alerts. The full slate of candidates along with their qualifications will also appear in the November edition of Sun-Views and on the RCSC Web Portal once online voting begins.

This year, RCSC Members will be voting for three director positions for those seats being vacated by RCSC President Rich Hoffer, Treasurer Carol Lawry and Director Ida Eisert. Those elected will serve through 2020.

Candidates will be formally introduced at the Board/Member Exchange on Monday, October 9 at 9:00am in Social Hall #3 at the Lakeview Center and at subsequent Board Meetings and Board/Member Exchanges, where tables will be provided for candidates to share informational literature about their qualifications. In addition, candidates will also be provided with tables at the annual Sun City Arts & Crafts Festival at Sundial Center on Friday and Saturday, November 24 and 25.

Two candidate forums will also be held again this year, allowing members to question candidates about their goals and expectations if elected prior to ballots being cast. Video of the candidate forums will also be available on the RCSC Sun City YouTube channel for those unable to attend.

Candidate forums are scheduled for Thursday, November 2 at 2:00pm at Fairway and on Tuesday, November 14 at 6:30pm at Marinette. Both sessions will have a meet-and-greet social one-half hour prior to the start of the forum. These forums provide

candidates an opportunity to debate the issues and answer member questions.

Electronic voting for this year's election begins online one month prior to Election Day (starting on Monday, November 13 at 8:00am). Safeguards that restrict each qualified member to only one vote will be in place and strict confidentiality will be maintained throughout the voting process.



By casting ballots online, RCSC Members will have the convenience of voting from any computer, anywhere at any time – from home, at work, or from a public library – whether they are out of town or right here in Sun City AZ. For any members without access to a computer, in-person voting will be held at Lakeview Center on Election Day (Tuesday, December 12, 2017) from 8:00am to 4:00pm. In addition, RCSC Members may cast their vote using an absentee ballot, which can be requested from the Corporate Office beginning on November 7 (last day absentee ballots will be mailed is November 30) and all absentee ballots must be returned by Election Day.

Stay involved and do your part – participate in the RCSC Board of Directors election process. Remember - those elected will be leading RCSC into the future. Your future and the future of Sun City AZ.

REMINDER: Night Board Meeting - Thursday, October 26 at 6:30pm, Fairway Recreation Center Arizona Rooms 1 & 2. Social time begins at 6pm where you can meet with candidates.

### ATTN: RCSC Cardholders

RCSC would like to remind Cardholders of a few items which require your attention when using the recreational facilities:

- All RCSC Cardholders are required to check in with their Member or Privilege Cards (key fobs accepted for entry to fitness, pools and spas; not concerts or free events)
- Host punch cards are purchased by and belong to the Cardholder, not the guest.
- Guests may be requested to show government-issued photo ID when checking in to use RCSC facilities.
- Neither Sun City AZ residents nor spouses of RCSC Cardholders are eligible to be guests.
- Proof of age for 4 and 5 year olds is now required for access to swimming pools. Photo copies or electronic images are acceptable.
- Free concerts and events are for RCSC Cardholders and their escorted guests only. Always be prepared to show your RCSC Member or Privilege card (with photo) when attending events. Key fobs are not accepted for entry.

Please refer to the RCSC Cardholder Guide and Board Policies for more information regarding these matters.

Your cooperation is appreciated!



'Tis the Season!  
Quack, quack, quack!  
Ho, Ho, Ho!

It's time get into the holiday spirit & join in the fun!  
Duck Bucks now on sale!

Then come on down to watch as they race over the Lakeview waterfall during the annual Sun City AZ Holiday Celebration on Friday, December 8, 2017 (*see page 15 for more details*).

Duck Bucks can be purchased at Cardholder Services & Clubs Offices at Lakeview, all Facility Attendant stations, RCSC Golf Pro Shops & Bowling Centers starting on Monday, October 2.

**COST: ONE BUCK (\$1)**  
**Winner need not be present!**

All proceeds benefit this year's RCSC Management Team selected fundraising beneficiary, Del Webb Sun Cities Museum



#### Corporate Office

Lakeview Center  
10626 W. Thunderbird Blvd.  
623-561-4600

Hours: Monday - Friday 7:30am to 4pm

[www.suncityaz.org](http://www.suncityaz.org)

#### Member Services (Clubs) Office

Lakeview Center  
623-561-4660

Hours: Monday - Friday 8:30am to 4pm

#### Cardholder Services Office

Lakeview Center  
623-561-4603

Hours: Monday - Friday 8:30am to 4pm  
1st Saturday each month: 9am to noon

#### Recreation Centers

**Bell Center:** 623-876-3040  
16820 N. 99th Ave.

**Fairway Center:** 623-876-3044  
10600 W. Peoria Ave.

**Lakeview Center:** 623-561-4675  
10626 W. Thunderbird Blvd.

**Marinette Center:** 623-876-3054  
9860 W. Union Hills Dr.

**Mt. View Center:** 623-876-3042  
9749 N. 107th Ave.

**Oakmont Center:** 623-876-3046  
10725 W. Oakmont Dr.

**Sundial Center:** 623-876-3048  
14801 N. 103rd Ave.

**Sun Bowl Amphitheatre**  
10220 N. 107th Ave.  
(weather recording)  
623-972-6014

**Softball Field**  
10220 N. 107th Ave.

**Duffeeland Dog Park**  
14610 N. Del Webb Blvd.

**Sun City Visitors Center**  
1-844-4 SUN CITY or 623-977-5000  
Located in the Bell Center at  
16824 N. 99th Ave.

# Golf & Grounds Report

## Pro Shops

Total rounds for July increased 15% over prior year. This is the fifth month in a row that rounds have increased over prior year. Recent round performance has helped to make-up for the early deficit; year-to-date the Golf Division is within 568 rounds to prior year.

We currently have 74 participants signed up to play in our “Patriot Golf Day” event on September 1. This is slightly behind our 77 participants from last year; however, we are hopeful that we will pick up a few last minute entries prior to the date of play. “Patriot Golf Day” was organized with the help of PGA of America to raise funds for the Folds of Honor Foundation. The money raised is used to fund scholarships for spouses and children of military service men and women killed or disabled while serving our Country. Starters will also be collecting donations through the pro shops from September 1 through September 6.

## Snack Shops

Snack Shop revenue exceeded budget slightly; however, remains slightly behind budget year-to-date. Snack Shops continue to have a regularly scheduled closing time of 1:00 p.m., but this closing time can be extended based on demand.

## Courses

Overseeding will begin on October 9 on Riverview, Lakes West, Willowbrook and South. As we did last year, we have a built-in overlap period during which all courses will be closed. The overlap period this year begins October 23 and ends October 27. We will also be continuing with the expanded overseeding around green complexes, which was well received last year.

As a reminder, as we move into September, rough heights will be raised. The higher height of cut helps protect the rough from cart traffic as it moves into dormancy and throughout the winter. The height of cut is not raised to increase difficulty, though increased difficulty is a by-product of this procedure. We thank you for your patience and understanding.

The summer is a very busy time for the maintenance crews and we appreciate the patience and understanding shown as we moved through our cultural practices of greens aerification, fairway aerification and verticutting. In addition to our cultural practices, the amount of turf actively growing increases dramatically, as rough emerges from dormancy. The monsoon season complicates things further by requiring cleanup following storms and accelerating the rate of growth on our courses. We appreciate the hard work and effort put forth by our maintenance crews and we hope you do as well.

## Lawn Bowling/Grounds

This summer the greens at Lakeview were frazed to remove thatch, top-dressed and laser leveled to level out the surface. Currently, the greens are being watered heavily and fertilized weekly. Once they have grown back in sufficiently, they will receive more top dressing and will be laser leveled once again.

The softball field had some of the weaker areas re-seeded as well as receiving the final fertilizer application before overseeding. In addition to seeding, the weak areas were dethatched with a spring tine rake. The entire field has been top-dressed and an application of herbicide was used to reduce nutsedge.

# 2017 RCSC Overseed Schedule

- Riverview, Lakes West, Willowbrook & South  
Close October 9 & Open October 28  
Cart Path Only until November 10
- North, Lakes East, Willowcreek & Quail Run  
Close October 23 & Open November 11  
Cart Path Only until November 24



## Register now for upcoming sessions of the “Get Golf Ready” program.

\$99 includes 4 group lessons, with the 5th lesson being a round of golf. Lessons held at Willowcreek Golf Course (unless otherwise noted). There are a variety of days and times, so pick the class that best fits your schedule. Sessions are limited to 8 students for each group, so be sure to sign up early!

## November Sessions

**Golf Professional: Bob Day** (final day of play at Willowbrook)  
Tuesday, Thursday - November 7, 9, 14, 16 at 1pm; Friday, November 17 - Play a round of golf at 1pm (Check in at 12:30pm)

**Golf Professional: John Martin** (final day of play at Willowbrook)  
Monday, Wednesday - November 13, 15, 20, 22 at 1pm; Friday, November 24 - Play a round of golf at 1pm (Check in at 12:30pm)

Contact Chris Linam @ 623-876-8419  
or email: [clinam@suncityaz.org](mailto:clinam@suncityaz.org)

## “Ready Golf” Guidelines

Here are a few more “Ready Golf” guidelines to help golfers speed up play without rushing or hurrying shots. Remember that each golfer within a group should hit when ready, rather than always playing “honors” and thinking ahead so you are ready to play when it’s your turn.

### HELPING TO FIND LOST BALLS:

It is important that everyone try to help out to find a lost ball in order to keep play moving, but players should do it after hitting their shots, not before. The player who is closest to the pin and scheduled to hit last should be the first to help the player whose ball is lost, while the players who are farthest away from the pin should play their shots first. When the players farthest away have played their shots, they should resume looking for the lost ball, while the players who are closest should get ready to play their shots. Limit lost ball search to 3 minutes. If you are looking for your lost ball, declare you are going back to hit a provisional while the rest of the group continues to look for the ball.

### ON THE GREEN:

- Mark your ball and lift and clean it when you arrive at the putting green so you will be ready to replace it when it’s your turn to play.
- Players should line up their putts while other players are putting, so they’re ready to putt when it’s their turn. A good rule of thumb is to get your putt off in 20 seconds from when it’s your turn to putt until you make the putt.
- If the furthest away has not yet reached their ball or read their putt and others are ready to putt, they should go ahead and putt while the away player makes a read.
- Continue putting until holed out. Don’t mark unless you will step on someone’s line or it’s a really tricky putt.
- Always leave clubs at the back or side of the Green closest to your golf bag.

Remember: The goal of ready golf is to stay up to the group in front of you – not ahead of the group behind you.



## RCSC’s 8 Golf Courses

Lakes East: (623) 876-3023  
Lakes West: (623) 876-3020  
10433 Talisman Rd

North: (623) 876-3010  
12650 N. 107th Ave.

South: (623) 876-3015  
11000 N. 103rd Ave.

Willowbrook: (623) 876-3033  
Willowcreek: (623) 876-3030  
10600 W. Boswell Blvd.

Quail Run: (623) 876-3035  
9774 W. Alabama Ave.

Riverview: (623) 876-3025  
16401 N. Del Webb Blvd.

## RCSC’s 5 Snack Shops

Menu Available at  
[suncityaz.org/golf/snack-shops/](http://suncityaz.org/golf/snack-shops/)

## October Snack Shop Hours Open Daily 6am - 3pm



## Volunteer Ranger Program

For more information about joining our program, please contact Chris Linam, Pro Shop Manager, at 623-876-8419 or email [clinam@suncityaz.org](mailto:clinam@suncityaz.org). Next meeting is Thursday, October 26, 2017 at 1pm in Talisman Hall.



**A Few Spots Remain!**

Most fall bowling leagues are in full swing with a few spots waiting to be filled by seasonal residents. Some leagues still have openings. If you're interested, call Vicki Eber at 623-561-4653 (Lakeview) or Denise Matich at 623-500-3384 (Bell).

Lane availability charts (showing open play) are now available online at [www.suncityaz.org](http://www.suncityaz.org) under the Bowling tab.



**New Year's Eve Party @ Lakeview Lanes**

Sign-ups begin November 1 @ 9am  
at both RCSC Bowling Centers

Party starts at 8pm with potluck, bowling & prizes;  
champagne toast to the new year!  
Everyone is welcome but space is limited!



**Same great food now at  
two Sun City AZ locations!**

**Check out our Daily Specials**

**Spaghetti  
& Meatballs  
\$6.99**

Add Soup or Salad  
for \$1.00  
Sunday & Monday  
1pm to Close



**Fish 'n Chips  
\$8.99**

9 Oz. Cod or Walleye,  
Coleslaw & Potato  
Wednesday & Friday

**George's  
Lakeview Cafe  
Inside Lakeview Lanes**

Phone: 623-876-3057

**George's Cafe at  
Bell Center  
Inside Bell Lanes**

Phone: 623-518-4525

**Hours: M-Sat 7am-8pm; Sun 7am-6pm**

**Sun City Annual**

**Open Handicap No-Tap Tournament  
at Bell Lanes**

**Saturday, October 14, 2017 @ 10am  
Entry Fee: \$21**

Open to all bowlers 50 years of age or older  
SCBA member under 50 may participate if they are RCSC Cardholders

Checks should be made payable to Sun City Hall of Fame Tournament  
Contact Bruce Lamb (623-583-2084) for more info

**Bowling Ball Raffle** **Turkey Shoot!**

**Prize Fund Returned 100%**



**RCSC Bowling Centers**

**Lakeview Lanes**

10502 W. Thunderbird Blvd.  
623-876-3055

Monday-Saturday: 8am-8pm  
Sunday: Noon-6pm

*Billiards at Lakeview  
Lanes, too!*

**Bell Lanes**

16810 N. 99th Ave.  
623-876-3050

Monday-Saturday: 8am-9pm  
Sunday: Noon-8pm

*Darts, Shuffleboard & Billiards  
at Bell Lanes!*



**Year-Round Bowling Rates - Cardholders: \$2.65 | Guests: \$2.90 (per Game)**

**Need Help Planning Your Next Party or Event?**

Why not have RCSC Bowling Staff plan a  
Bowling Party for your group or organization?

Reasonable group rates available!

Contact: Randy Johnson 623-876-3055,  
Denise Matich 623-876-3050 or  
Vicki Eber 623-876-3055 for more information



RCSC Travel & Tours

Overnight or just a day - Make plans now to get-away!

RCSC works exclusively with tour providers who offer travel opportunities that promise to meet or exceed your expectations. With safety and comfort in mind, each trip is planned to the last detail, ensuring your experience is a memorable one. Detailed itineraries for each trip are available that include all information on travel arrangements, which meals are provided (if applicable), tours scheduled and the like. Whether your getaway includes a flight across the country or a leisurely motorcoach ride to one of the area's outstanding tourist attractions, you'll find traveling with RCSC tours a great value for your vacation dollar!

Tours can be purchased Monday through Friday in the Lakeview Clubs Office or by phone from 8:30am to 4:00pm. Visa, MasterCard, Discover, cash or checks accepted. Tours are for RCSC Cardholders and their guests only. Cardholders should have member card available, must accompany each trip and may purchase a maximum of six tickets. Day tours depart from Bell Center. All tours are non-refundable. Please inquire about trip cancellation protection offered by All Aboard America (AAA) and Free Spirit Vacations (FSV) for overnight tours. Call 623-561-4660 for more details or visit [www.suncityaz.org/travel](http://www.suncityaz.org/travel) where you can now find the complete itinerary for every trip!

Overnight Trips

November 21-25, 2017 (Tuesday-Saturday)  
Thanksgiving in Nashville | AAA  
\$2,150pp double | \$2,570pp single

December 23-26, 2017 (Saturday-Tuesday)  
Christmas in San Diego! | AAA  
\$1,075pp double | \$1,375pp single

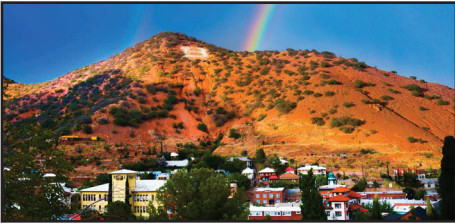
December 30, 2017-January 3, 2018  
(Saturday-Wednesday)  
New Year's in Memphis | FSV  
\$2,350pp double | \$2,850pp single



December 31, 2017-January 3, 2018  
(Sunday-Wednesday)  
The Tournament of Roses Parade | FSV  
\$1,095pp double | \$1,499pp single

January 28-February 1, 2018  
(Sunday-Thursday)  
California Dreamin' | FSV  
\$895pp double | \$1,295pp single

February 9-11, 2018 (Friday – Sunday)  
Bisbee Chocolate Festival | FSV  
\$275pp double | \$365pp single



February 16-18, 2018 (Friday-Sunday)  
Lake Havasu Fireworks & Laughlin | FSV  
\$350pp double | \$425pp single

February 25-27, 2018 (Sunday-Tuesday)  
TOP SECRET: Behind the Building of Las Vegas | FSV  
\$475pp double | \$575pp single



February 25-28, 2018 (Sun-Wed)  
Death Valley National Park | FSV  
\$450pp double | \$575pp single



Day Tours

November 8, 2017 (Wednesday)  
Dolly Steamboat Cruise | AAA  
Depart 10:00am | Return 6:30pm (est)  
\$105pp

November 9, 2017 (Thursday)  
Sedona | FSV  
Depart 8:00am | Return 5:00pm (est)  
\$99pp



November 15, 2017 (Wednesday)  
Mystery Tour | FSV  
Depart 8:00am | Return 5:00pm (est)  
\$99pp

November 23, 2017 (Thursday)  
Thanksgiving at the Opry | AAA  
Depart 10:30am | Return 5:00pm (est)  
\$99pp



November 30, 2017 (Thursday)  
Algodones | AAA  
Depart 7:00am | Return 8:30pm (est)  
\$80pp

December 1, 2017 (Friday)  
Mesa Marketplace | FSV  
Depart 8:00am | Return 2:00pm (est)  
\$49pp

December 1, 2017 (Friday)  
Desert Botanical Gardens | FSV  
Depart 2:00pm | Return 9:00pm (est)  
\$99pp

December 2, 2017 (Saturday)  
Prescott Christmas Parade and Lunch | FSV  
Depart 8:00am | Return 10:00pm (est)  
\$99pp

December 3, 2017 (Sunday)  
Sedona Red Rock Fantasy | FSV  
Depart 8:00am | Return 10:00pm (est)  
\$99pp

December 9, 2017 (Saturday)  
Winterhaven and 4th Ave Holiday Fair | FSV  
Depart 8:00am | Return 10:00pm (est)  
\$99pp

December 9, 2017 (Saturday)  
Fantasy of Lights Boat Parade at Tempe Town Lake | FSV  
Depart 4:00pm | Return 10:00pm (est)  
\$99pp

December 10, 2017 (Sunday)  
Celebration of Christmas at Dream City Church in Phoenix | AAA  
Depart 2:00pm | Return 6:00pm (est)  
\$90pp



December 13, 2017 (Wednesday) OR  
December 19, 2017 (Tuesday)  
Holiday Dinner at Durant's Restaurant & The Mormon Temple | AAA  
Depart 1:45pm | Return 9:00pm (est)  
\$105pp

December 16, 2017 (Saturday)  
Arizona Opry-Home for the Holidays | AAA  
Depart 11:00am | Return 5:45pm (est)  
\$105pp

December 17, 2017 (Sunday)  
30th Annual Festival of Lights | FSV  
Depart 3:30pm | Return 9:00pm (est)  
\$99pp

Copies of itineraries can be requested in the Lakeview Club Office, Monday-Friday from 8:30am-4:00pm and are also available online at [www.suncityaz.org/recreation/activities](http://www.suncityaz.org/recreation/activities). Single residents can request their name be added to a list for "sharing a room by gender" with another resident for overnight tours.

Space on tours is very limited! Make your reservations with RCSC Travel & Tours today!



A Moment with President Hoffer

You CAN Make A Difference!

In my “job” serving on the RCSC Board of Directors, you meet some of the absolutely best people in the world. You get to work to make a difference in Sun City AZ, and insure that it will remain the best value in retirement living of any place in the world...and you get to be a positive force for the community we all know and love.

But the first thing people need to do in order to take part is to get educated as to what Sun City AZ is; what the RCSC is (and isn’t); and what it is we can do, and can’t do. And the best part is, you can do so in the comfort of your own home. It may take a few days to get acclimated, but the education you’ll receive is well worth it.

What I always tell people that have just moved to Sun City AZ is go to the RCSC website and read the Corporate Documents. These contain the Articles of Incorporation, the Corporate By-Laws, and the Board Policies. Understand what they say and how they affect all of us.

Next, make sure each month you read the SunViews newsletter cover to cover. It’s chocked full of great articles that let you in on what’s going on.

Finally, get involved by going to a Board/Member Exchange, held the second Monday of each month, typically at 9am in Social Hall 3 at Lakeview Center. Here, you can ask the Board questions and get answers. Attend a Board Meeting, where the business of the Board is transacted. These take place generally the fourth Thursday of the month at 9am at the Sundial Auditorium. You can also see video of both these meetings online on the RCSC Sun City YouTube channel.

Join committees and talk to Board Members (we really don’t bite!). The one thing I caution against is putting too much stock in rumors you hear and “Letters to the Editor” that get a lot of facts wrong. They are called “opinions” for a reason!

There are so many more people with great ideas that never get involved. If they did, we’d be so much farther ahead. If every person could share just one great idea they had, think of what a great community Sun City AZ really would be.

For most of us, we are here to enjoy our retirement. Sitting in meetings is not usually what one thinks of as “enjoying retirement,” but it can be a big help. Just taking an hour or two a month to get involved, really getting to know the candidates, voting in upcoming elections, and serving on a committee can make all the difference in the world. There are many ways to get involved and share your talents.

And just maybe you’ll understand why some things that may seem out of kilter actually make great sense when you see the bigger picture.



Rich Hoffer  
2017 RCSC Board President

Meet with The Board

One-on-One; No Hassles, No Crowds! Share your ideas!

- Come and discuss your individual situation or concerns at the next session of Meet with The Board:
- Friday, October 20, 2017 - 1 to 3pm
  - By appointment only from 2-3pm - Call 623-561-4600 to schedule a meeting time (limited to 10 minutes)
  - Lakeview Board Office (Lower Level)



2017 RCSC Board of Directors

Phone: 623-561-4620  
email: [boardoffice@suncityaz.org](mailto:boardoffice@suncityaz.org)

Rich Hoffer, President  
email: [rhoffer@suncityaz.org](mailto:rhoffer@suncityaz.org)

Jerry DeLano, Vice President  
email: [jdelano@suncityaz.org](mailto:jdelano@suncityaz.org)

Stella VanNess, Secretary  
email: [svanness@suncityaz.org](mailto:svanness@suncityaz.org)

Carol Lawry, Treasurer  
email: [clawry@suncityaz.org](mailto:clawry@suncityaz.org)

Ida Eisert, Director  
email: [ieisert@suncityaz.org](mailto:ieisert@suncityaz.org)

Ron Smith, Director  
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Jerome Walczak, Director  
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David Wieland, Director  
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Bruce Alleman, Director  
email: [balleman@suncityaz.org](mailto:balleman@suncityaz.org)

This Month @ The Board - October 2017		
**PLEASE NOTE: All dates are subject to change. For the most up-to-date information, check <a href="http://suncityaz.org">suncityaz.org</a> or pick up a copy of “This Month @ The Board” at the Lakeview Corporate Office.		
Board/Member Exchange	Monday, October 9, 2017 @ 9am	Lakeview Social Hall #3
Regular Board Meeting	Thursday, October 26, 2017 @ 6:30pm	Fairway Arizona Rooms 1-2
Committee Meetings:		
Bowling Committee	Thursday, October 5, 2017 @ 9am	Lakeview Board Room
Outreach & Communication Committee	Tuesday, October 10, 2017 @ 9am	Lakeview Board Room
Lawn Bowling Committee	Tuesday, October 10, 2017 @ 1pm	Lakeview Board Room
Club Organization Committee	Wednesday, October 11, 2017 @ 10am	Lakeview Board Room
Elections Committee	Wednesday, October 18, 2017 @ 1pm	Lakeview Board Room
Golf Advisory Committee	Thursday, October 19, 2017 @ 8:30am	Lakeview Board Room
Entertainment Committee	Friday, October 27, 2017 @ 1:30pm	Lakeview Board Room
The following committees do not have meetings scheduled this month: Finance & Budget, Insurance and Properties		

Sun City Foundation



“Neighbors Helping Neighbors”

The next Sun City Foundation meeting will be held on Thursday, October 12, 2017 at 1:00pm in the Lakeview Center Board Room.

Management Updates

Financial Report:

Since there is no monthly Board meeting in August, I will include the Treasurer’s Report information in my monthly report. The balance of unrestricted funds as of July 31, 2017 was \$12,664,209 which includes a \$2.5M cash reserve. Restricted funds include the Preservation and Improvement Fund (“PIF”) and the Capital Reserve Fund. As of July 31, 2017, PIF had a balance of \$13,284,565 plus \$805,700 collected in July that was transferred into the PIF account the first part of August 2017. The Capital Reserve Fund had a balance of \$5,097,677 as of July month end.

We have completed July 2017 within our operating and capital budget year to date. Our total gross income (income less cost of sales) is on target with budget. General operating expenses and total wages, taxes and benefits are less than budgeted year to date. Utilities, however, is over budget by \$48k year to date, with the largest variance (\$41k) in pump & well electric expense in the golf division. Repairs & maintenance is significantly under budget by \$980k as projects are not released until we are assured that meeting our annual budget is without risk. Repair & maintenance projects are carried forward into the next year as needed so long as we complete the year within our budget, which should not be an issue.

Bowling:

The final summer bowling tournament will be held on September 24, 2017 at Bell Lanes. The tournament is a scotch doubles tournament and all bowlers are welcome whether USBC certified or not. Entry forms are available at both bowling centers or can be downloaded at [www.suncityaz.org](http://www.suncityaz.org) under the bowling tab.

Last month, the bowling department implemented a procedure that allows us to notify all league bowlers of events related to their specific league. The procedure has been working well as we have received several comments thanking us for the timely communication. With the new procedure, bowlers can also notify us if they will be returning for the upcoming season and if there are any changes to their teams. We plan to use this system throughout the bowling season to notify bowlers of events related specifically to their league such as meetings and upcoming position rounds.

The bowling department recently held the annual meeting for all league officers. The officers were informed of any changes regarding RCSC policies, bowling policies and league contract changes. Also in attendance were representatives of the Metro Phoenix USBC and the Sun City Bowling Association who informed the officers of any rule changes for the USBC Certified leagues. All RCSC leagues are contracted for a period of thirty-two to thirty-six weeks. The contracts guarantee the league price for the season and also protect RCSC with regard to absent and vacant bowlers.

The league contract also specifies what RCSC’s obligations are to the league along with the league obligations to RCSC.

Cardholder Services:

Payments on past due assessments were at an increased rate of 14.6% of past due balances. Unfortunately, this increase in past due payments correlates to an increase in overall past due assessment balances that has been occurring for the past four months. Past due assessments have increased by 9.6% since the beginning of the year. Total accounts receivable decreased by 2.2% in July but is still up 5.6% from the beginning of the year. Over 90 day receivables have decreased 2% since the beginning of the year while all other categories have shown increases. June assessments went 30 days past due at an increased 8.9% rate and May assessments went 60 days past due at an increased 4.1% rate.

Payments from our third-party collections firm totaled \$21,487 in July with a year to date total of \$102,897. Payments in 2017 are approximately 69% of the 2016 year to date total.

Cardholder acceptance and use of the RCSC Web Portal continues to be strong. Payments made by Cardholders through the online RCSC Web Portal totaled \$102,241 from 225 property owners. Year to date web portal payments total \$742,198 from 1,641 property owners.

In July, property transfer related balances increased by 3% and lender owned related balances increased by 64%. Outstanding balances related to property transfers represent approximately 53% of all receivables and past due balances. At the end of July, trustee sale notices on Sun City properties ended at 53 and properties owned by lending institutions at twelve.

Human Resources:

During the past month, Human Resources has been involved in annual compliance requirements including the completion and filing of forms and responding to information requests. In compliance with the Affordable Care Act, Human Resources submitted information to BlueCross/BlueShield, RCSC’s employee medical insurance provider, to determine the medical loss ratio for the upcoming renewal.

RCSC’s auditors, PKF, are in process of the annual audit of the employees’ 401(k) Plan. We are assisting in providing requested information to assure our plan is in compliance. A copy of PKF’s audit document will accompany our annual required filing of IRS Form 5500 which includes reporting on RCSC’s Employee Benefit Plans (medical, dental, life, and short and long term disability insurance plans).

(continued on next page)

Financial Report

Period Ending - July 2017  
For a more detailed financial statement, please visit [www.suncityaz.org/financials](http://www.suncityaz.org/financials)

BALANCE SHEET

For the Period Ending July 31, 2017

	Current Y-T-D	Prior Y-T-D
<i>Unrestricted Funds:</i>		
Cash Invested/On Hand/In Bank	10,164,209	8,354,577
Cash Reserves	2,500,000	2,500,000
Sub-Total Unrestricted	12,664,209	10,854,577
<i>Restricted Funds:</i>		
PIF/Capital Reserve	19,187,942	13,131,408
Total Cash & Investments	31,852,151	23,985,985
<i>Other Current Assets:</i>		
Accounts Receivable	2,266,309	2,350,325
Deposits & Prepaids	1,709,001	1,737,182
Inventory	128,855	110,084
Total Current Assets	35,956,316	28,183,576
<i>Fixed Assets:</i>		
Land, Improvements, Buildings	103,170,865	95,499,900
F, F & E and Vehicles	28,577,028	26,600,970
Less: Accumulated Depreciation	(67,525,687)	(63,178,592)
Work in Progress	5,316,869	11,858,089
Total Fixed Assets	69,539,075	70,780,367
TOTAL ASSETS	\$105,495,391	\$98,963,943
<i>Current Liabilities:</i>		
Accounts Payable and Other	1,574,833	1,649,828
Deferred Income	7,369,239	6,985,438
Pre Billed Assessments	1,728,812	1,637,348
Total Current Liabilities	10,672,884	10,272,614
<i>Other Liabilities:</i>		
Lease Purchase	0	0
Total Liabilities	10,672,884	10,272,614
<i>Net Worth:</i>		
Current Net Worth	94,822,507	88,691,329
TOTAL LIABILITIES and NET WORTH	\$105,495,391	\$98,963,943

STATEMENT OF INCOME AND EXPENSES

For the Period of July 31, 2017

	Current Y-T-D	Prior Y-T-D
<i>Operating Income:</i>		
Property Assessments	6,945,930	6,645,232
Transfer & Access Fees	697,235	554,803
Privilege & Guest Cards	567,337	525,642
Food / Liquor Sales	415,047	407,798
Bowling Fees	390,460	384,079
Golf Fees	3,590,733	3,477,109
Cart Rentals	124,813	125,719
Merchandise Sales	111,784	112,733
Activities Income	337,726	301,071
Rental Income	168,025	162,893
Contributions	17,169	15,869
Miscellaneous Income	8,246	14,783
Total Operating Income	13,374,505	12,727,731
<i>Cost of Sales:</i>		
Total Cost of Sales	429,638	392,670
Gross Income	\$12,944,867	\$12,335,061
<i>Operating Expenses:</i>		
Salaries and Wages	4,749,569	4,194,913
Payroll Taxes and Benefits	1,347,617	1,250,020
Repairs and Maintenance	1,632,464	1,986,803
Utilities Expense	1,598,892	1,503,656
General Operating Expenses	999,159	1,056,519
Total Operating Expenses	10,327,701	9,991,911
Net Operating Income	\$2,617,166	\$2,343,150
Other Income:	129,607	205,832
<i>Other Expenses:</i>		
Property Taxes	89,000	87,281
Insurance	298,773	323,675
Other	36,988	3,758
Net Income Before Depreciation	2,322,012	2,134,268
Depreciation:	2,541,635	2,678,643
NET INCOME / (LOSS)	(\$219,623)	(\$544,375)

RCSC Management Reports are presented at RCSC Board of Directors meetings each month (except July and August), posted on the website at [www.suncityaz.org](http://www.suncityaz.org) (under the RCSC tab), and are sent via email to RCSC Cardholders who have signed up to receive RCSC News Email Alerts.



## Project Updates

### Building and Infrastructure:

#### Oakmont Center

- A 16' x 40' cantilever shade structure will be installed this year on the west end of the Oakmont pool deck. Contractor is USA Shade. (Cost - \$24,172)

#### Fairway Center

- Roof leaks were found in the music room and band equipment storage room at Fairway Center. The leaks are caused by compromised paper underlayment and shifted/damaged concrete roof tiles. Repairs will require a section of concrete roof tiles to be removed, new peel and stick underlayment installed and replacement of concrete roof tiles. A repair date has not been set but is expected to be sometime in early September 2017. Contractor is Starkweather roofing. (Cost – \$12,286)

#### Lakeview Center/Viewpoint Lake

- The Viewpoint Lake Waterfall pump is still being repaired by the pump's original manufacturer. As soon as the pump is repaired it will be reinstalled and the waterfall turned back on. Contractor is Advanced Pump. (Cost - \$19,422)

#### Sundial Center

- The four auditorium restrooms off the lobby hallway are being remodeled. After demolition, it was discovered that many of the waste lines needed to be replaced including under the concrete slab. This additional cost is reflected in the total project cost below. The newly remodeled restrooms will include new LED lighting, quartz vanity tops, toilet and urinal partitions, toilets, urinals, lavatories and faucets, tile flooring and walls, and a complete painting. Contractor is Ken McIntyre Construction and Accel Electric. (Cost - \$146,598)
- The Sundial kitchen remodel is well underway with all electrical, plumbing and fire alarm rough-in work completed. In addition, the sheetrock ceiling and walls has been installed, taped and smooth textured. Painting commenced the week of August 21 with cabinet bases installed soon afterwards. This project includes the disposal of all appliances, demolition of all wall and ceiling board, new electrical wiring, replacement of the underground sink drain line, new cold & hot water piping, replacement of missing or damaged insulation, installation of drywall on all walls and ceilings, cabinetry (including lockable club storage lockers), new LED lighting, painting, new quartz counter tops and backsplashes, new kitchen sink, hand washing sink, new faucets, new appliances (two warming drawers, refrigerator/freezer and microwave), established areas for the ice machine and serving carts and new flooring with coved baseboards. Contractors include the RCSC Skilled Trades cabinetmakers, Ken McIntyre Construction, CCBG Architectural, Olympic fire protection, Accel Electric, Sunland Plumbing, Lee's Counter Tops, Resource Flooring, JRM Environmental and Spray Systems Environmental. (Cost - \$66,575)
- A large horizontal sand filter was installed August 6-7 in the pool pump room. The new larger horizontal sand filter will clean debris from the warm water pool. The new filter replaces two old Triton sand filters. Contractor was Aquatic Builders. (Cost - \$24,450)



The Sundial kitchen remodel (above) was well underway during late August visit, as was painting in the adjacent restroom (below).



## Management Updates

(continued from previous page)

Of the 375 individuals on staff, 248 (66%) are residents of Sun City AZ, which leaves 127 (34%) residing in surrounding communities.

### Member Services:

Our annual dive-in movie was held on Saturday, August 12 and it was hot and humid. The ice cream went down easy and the water was soothing as storms started brewing all around. Staff continually watched the weather forecast as the storms stayed at bay, until it crossed to the south of Lake Pleasant and it was quickly upon us with gusty winds. Unfortunately, we had to end the movie just before the climatic end! Many thanks to volunteers that helped us hold the big inflatable screen down to keep it from sailing in the wind. A great time was still had by all and by the way, at the end of the movie...Willie was free!

Come join us for Casino Night on Saturday, September 9 from 4pm to 7:30pm. Please note a change to this year's program: alcohol will not be served at this event. Therefore, you are welcome to bring your own. We will have hot dogs, chips and bottled water available for purchase at \$3.00 per meal. You must have your RCSC Member or Privilege card on your person at this free event for admittance, as key fobs are not accepted.

Be sure to check the current Sun Views for information regarding the 2018 winter/spring Sundial ticketed concert series. Season Tickets go on sale Wednesday, November 1, 2017 to RCSC Cardholders only, throughout the month of November. The line-up can also be found on our website at [www.suncityaz.org](http://www.suncityaz.org) under the Recreation tab. Stay tuned for more information about these great shows coming to Sun City AZ.

The fall Sun Bowl concert series kicks off on Sunday, September 24 with The 8 Tracks Dance Band. This is a "sure to have the crowd on their feet" type of band, so please join us. We will again have gourmet food vendors at Sun Bowl shows for your dining pleasure, so come early and get a great spot.

### General:

For those who may not be aware, the monthly management reports are available on our website [www.suncityaz.org](http://www.suncityaz.org) under the RCSC tab. Also, if you have not done so already, please sign up on the RCSC email list where you can designate topics of interest and stay in the loop with RCSC News Alert Emails!

Meet the Candidates

VOTE

2017

RCSC Board of Directors Election  
Tuesday, December 12, 2017

Make an informed decision! Find out where the Candidates stand on the issues!

RCSC Members are encouraged to attend!

There will be two Candidate Forums for your convenience! \*

Thursday, November 2 • 2:00pm @ Fairway & Tuesday, November 14 • 6:30pm @ Marinette

Social Time (with light refreshments) one-half hour prior to each Forum Session

\* Video recordings of the 2017 Candidate Forums will also be available for viewing on the RCSC Sun City AZ YouTube channel for those unable to attend



Free Golf Clinics Coming Soon  
for Sun City Residents!

Saturdays at Lakes West Golf Course

See Page 11 for details!



# News from Friends of the Libraries

*Friends of the Sun City Libraries, Inc.*

# Have You Heard...

### ABOUT THE LIBRARY COMPUTERS FOR LOW-VISION PATRONS?

In 2016, the Bell Library upgraded two computers designed for persons with low vision. Each keyboard has prominent, bright yellow, larger keys. An ergonomic mouse is available for those with motor problems. Earphones are available for hearing impaired patrons. The computers are located behind the main desk, where the mouse and earphones are available. Assistance with a smile is always available, too.

### ABOUT THE VISION LIMITED MACHINE?

Also available in the Bell Library behind the main desk is a low vision machine. This device enables a person to place any text, newspaper, or book on it and have the item enlarged to almost any degree. The Vision Limited Machine also can convert the text to words which can be heard over earphones. The Library staff is only too happy to walk a patron through the machine's operation.

### ABOUT MCLD'S GREAT EXPECTATIONS?

The Maricopa County Library District has implemented a new customer service program. All staff have been trained on Great Expectations. The Friends of the Sun City Libraries believe our Library staff at Fairway and Bell exemplify these expectations. Let them know how you feel!

### ABOUT OCTOBER LIBRARY PROGRAMS?

Here is a taste. Check them out.

- October 4, Bell, My Spouse Always Handled the Money.
- October 7, Bell, They Walk Among Us! True Encounters of the Spiritual Kind.
- October 26, Bell, 50 Years of Sgt. Pepper.

### ABOUT THE BOOKSTORE OCTOBER SPECIALS?

The Books Around the Corner half price author of October is Iris Johansen. Biographies are also half price all month. If music is your forte rather than books, buy one music CD and get one free. Actually, everything about the Friends of the Sun City Libraries Bookstore is special. Hardbacks, paperbacks, old books, children's books, large print books, music, DVDs, puzzles, and magazines also abound our shelves; and new ones appear every day. It is also a great place to donate any of the previous list of items that you have devoured and want someone else to enjoy. Call 602-651-2014 to learn more.

NOW THAT YOU HAVE HEARD . . .

COME SEE AND TELL OTHERS.

MCLD's

# Great expectations

- M** Make everyone feel welcome
- A** Anticipate customer needs
- R** Radiate confidence
- I** Inspire curiosity
- C** Creatively solve problems
- O** Own the moment
- P** Personalize the experience
- A** Act with integrity

## Water Conservation

# When everyone conserves, everyone saves!

Water conservation has been a bedrock element of water management in Arizona for the last several decades. Water conservation is built into our communities where summer highs remain above 100 degrees and rain is a rare blessing. We conserve to stretch water supplies, assure a sound economic future for our grandkids, and keep our environment healthy. Yet, when water rates are increased, I am often asked: "Why am I using less water but paying more?"

The question Arizona residents should be asking is "How much more would I be paying without conservation?" To help answer this question, the Alliance for Water Efficiency worked with two Arizona communities, Gilbert and Tucson, to examine how costs were reduced thanks to decades of conservation.

The fact is, water rates are rising in many Arizona cities and across the country. It's costing cities more money to ensure a reliable supply of water, to maintain and operate the treatment plants, and to keep the infrastructure sound, such as repairing and replacing pipes, pumps and meters.

Conservation actually helps keep costs as low as possible even though rates do rise. Using less water lengthens the lifespan of critical water supplies by being able to serve more people with the same amount of water. This avoids the costs of securing new supplies, building, operating and maintaining new infrastructure to access those supplies, and treating more water and wastewater. Here is a quick summary of the results from the Alliance study.

In the Town of Gilbert, two decades of conservation has reduced per-person-per-day demand from 244 gallons to 173 gallons. This reduction helped the town avoid the need for more than \$340 million in water and wastewater treatment expenses. As a result, rates are 5.8 percent lower than they would have been – a savings of \$38 annually for customers. Additionally, connection fees for new businesses and new homes are 45 percent lower today. That's a savings of \$7,733 that the builder is not passing on to customers.

In the City of Tucson, 30 years of conservation reduced water use from 188 gallons per person per day to 130 gallons. Without this reduction, Tucson would have needed to invest \$350 million in new infrastructure to deliver and treat more water and wastewater. Thanks to conservation, rates are 11.7 percent lower and all customers save an average of \$112 annually on their water bills.

Arizona residents understand that conservation is important to maintaining the state's water supplies and its economy. This is why cities offer a variety of conservation services, such as offering free desert landscape classes, rebates to customers who replace grass with desert landscaping and free water-saving audits to businesses and homeowners. The Alliance for Water Efficiency study shows that conservation also is a cost-effective and sustainable way to keep rates low and water affordable.

*This article originally appeared on July 10, 2017 and is being reprinted with permission by AMWUA. About the authors: Mary Ann Dickinson is the President & CEO of the Alliance for Water Efficiency, a non-profit promoting the efficient and sustainable use of water in North America. Warren Tenney is the Executive Director of the Arizona Municipal Water Users Association, which works to protect the ability of Phoenix area member cities to provide assured, safe, and reliable water supplies to their communities.*

## EVER WONDER WHY your water rates are going up, even though YOU'RE USING LESS?

These three communities show how conservation keeps rates lower over time.



[allianceforwaterefficiency.org](http://allianceforwaterefficiency.org)



**Every Drop Counts!**  
**Do your part to help conserve!**







# FARMERS MARKET

## Thursdays at Bell Center

9am to 1pm

Fresh Fresh Fruits & Vegetables  
Baked Goods | Jams & Jellies  
Pastas & Pickles | Spices  
RCSC Clubs | Please No Pets



The market returns on October 5

# FREE MOVIES\*

Wednesdays @ Marinette;  
Saturdays @ Mountain View  
2pm & 7pm



To find out "What's Playing?" 1) Sign up for Movies & Events emails at [suncityaz.org](http://suncityaz.org) & a list will be sent to you on the last Wednesday of each month; 2) Log onto the RCSC Web Portal; or 3) Pick up a flyer from the Lakeview Clubs Office (please be prepared to show your RCSC Card). All movies are projected onto a screen from a DVD.

\*FREE\* RCSC Events are paid for by RCSC Cardholders & are therefore intended for RCSC Cardholders & their escorted guests only. Your cooperation and understanding is greatly appreciated!

Now with FM Transmission at all locations!  
Tune your device to 99.1 FM.

Always  
FREE  
Popcorn

Now  
serving  
BOTH

Salted &  
Unsalted



# GOLF CLINICS

## Free for Sun City Residents & their guests!

Open to Men & Women; Junior golfers welcome!

### No registration required!

Whether you're looking to improve your game or just beginning to play. If you want to lower your score, fix your slice or just hit the ball square. Come out and join us – We can help!

### All clinics will be at Lakes West Driving Range

- Saturday, October 28 @ 9:30am  
Chipping, approach shots (Bring 8 iron, pitching or sand wedge)
- Saturday, November 4 @ 9:30am  
Putting (Bring putter & a ball – 50% of your score)
- Saturday, November 11 @ 9:30am  
Golf swing fundamentals (Bring 7 iron)
- Saturday, November 18 @ 9:30am  
Ball Flight Demo (Bring driver or 3 wood)

Sun City Resident PGA & LPGA Professionals will be on-hand to help!

• Sarah Bakefelt	Phone: 623-875-3418
• John Martin	Phone: 623-202-6717
• Bob Jennings	Phone: 602-463-4533
• Bob Day	Phone: 602-818-1470

Business Cards are located in all RCSC golf pro shops. Call for an appointment.



## 2018 Winter | Spring Sundial Concerts

# Get Ready for Another Great Season of Entertainment at Sundial

**Series Tickets:**

On sale November 1-30, 2017 to RCSC Cardholders only!  
\$154 - That's only \$14 per show for all eleven great concerts

**Individual Concert Tickets:**

On Sale December 1-29, 2017 to RCSC Cardholders only!  
\$17 per person

**All Seats Reserved!**

Purchase tickets at the Lakeview Clubs & Activities Office (lower level)

\* Non-RCSC Cardholders may purchase tickets for \$20 per person starting January 2, 2018



One of The Nights  
Eagles Tribute  
Wed, January 10



The Echoes of the Platters  
Wed, February 28



Ambrosia  
Wed, January 24



Neon Circus  
Brooks & Dunn Tribute  
Wed, March 7



Motown Magic  
Wed, January 31



December '63  
Wed, February 7



The Buckinghams  
Wed, February 14



Harmony  
Three Dog  
Night Tribute  
Wed, March 21



Mirage  
Visions of Fleetwood Mac  
Wed, February 21

**All Shows @ 7pm; Doors Open @ 6pm**

*Please arrive with sufficient time to be seated!*

## Sun City Gives Back

## Country Music Takes Center Stage



Shown (left to right) – Winners of the WVCMA Songwriting Contest are Rochelle Tinstman, 3rd Place; Kate Schuman, 1st Place; Sandy Hathaway, 2nd Place; and Happy Anderson, WVCMA Songwriter's Contest Coordinator.

It may be a long way to Nashville from here, but the winners of the West Valley Country Music Association's Songwriting Contest are hoping that music industry professionals will be singing their praises someday.

With entrants from all over the Valley as well as from several different states, a screening committee narrowed the field to 15 contestants who were showcased at the final judging event and Songwriter's Showcase held in Glendale earlier this summer. Organized by WVCMA President and Sun City resident Happy Anderson, the group hopes for this competition to become an annual event.

Special guest for the event was Nashville recording artist and songwriter Rollie Stevens, a past recipient of the New Artist of the Year and Song of the Year awards presented to him by the Arizona Songwriters Association. Stevens has entertained several times in Sun City. Judges for the contest included Bob Isaacson, Music Director of the Sun City Ukulele Club; Jon Iger, President of the Arizona Songwriters Association; and Randy Brown, award winner in American Songwriters and Billboard Magazine Songwriting Competitions.

But it was Sun City's own snowbird Kate Schuman who aced the competition for her song, "That's Me in the Middle." Other winners were Sandy Hathaway of Chandler ("My Dad") and Rochelle Tinstman of Glendale ("Give Me Something to Smile About").

Schuman has been making music for years and looks forward to the performing in the area while she is here. With a CD of original tunes getting praise in Sun City and stellar reviews for her portrayal of Patsy Cline at the San Juan (WA) Community Theater, she has her sights set on performing at local venues. Kate has also developed a sing-along program for assisted living and memory care facilities which she plans to continue offering.

Kate recalls visiting her grandparents who purchased a home in Sun City in 1961, invoking wonderful memories. She also spent time in the area in the mid-1970s, working at the Arizona Biltmore.

"When my husband suggested we buy a home in Sun City, there was no hesitation from me!" Kate exclaimed. "I look forward to many, many years of making music with and for this incredible community."

The WVCMA is designed to help keep traditional country music alive in the area, with their mission to honor the original founders of this great music by remaining true to our classic country heritage. Their goal is to continue sponsoring concerts, open mic performances, jam sessions and songwriter showcases throughout the West Valley.

Membership is open to all country music fans, musicians, singers, songwriters and promoters of this great music. For more information, contact Happy Anderson at westvalleycma@gmail.com.

Perhaps someone will be taking a trip to Nashville sooner that we think!



# Country Dance Club



The Country Dance Club of Sun City is a top-notch country-western dance club that wants all dancers of every skill level to have fun dancing. We believe that dancing not only provides great entertainment and social interaction, but it also enhances our mental, emotional and physical well-being. We promote dance floor etiquette, courtesy, and consideration of fellow dancers to make it an enjoyable evening for all.

Country dancing includes two-step, pattern, cha-cha, waltz, swing, and line dancing. Our skillful DJ's strive to keep all the dancers happy and sometimes we schedule a live band as a special event. Our dances are held at the Sundial ballroom on the 1st and 3rd Saturdays of every month except October 2017 when we will meet on October 7 and October 28. Doors open at 5:30pm, dance lesson at 6:00pm with dancing from 6:30 until 9:30pm.

We have seen that as dancers improve their dance skills, the enjoyment of dance increases as well as their confidence on the dance floor. Therefore, we offer a free dance lesson before each Saturday night dance as well as weekly pattern dance classes at Bell Social Halls every Wednesday from 6:30 to 9:00 p.m. (See note below).

All dancers are invited to join our country-western "family." Come kick up your heels in an environment where our motto is FUN!

Mark your calendar now as we bring "Steel Nickel Band" for your dancing pleasure on Saturday, October 28 and again on Saturday, December 16, 2017.

Please note these time for Dance Classes at Bell Center: Beginner 6:30pm; Beginner Plus 7:15pm; Intermediate 8:15pm.



Scott Keo's  
**Michael Bublé**  
**Christmas**  
**Tribute**



Tuesday, December 12, 2017 • 7pm  
Sundial Auditorium

Free for RCSC Cardholders & their escorted guests.  
General Admission; Doors open 6pm • Free hot cider & cocoa will be served

# Knitters/Crocheters Club

Looking for something rewarding to do at home while watching TV? Or trying to keep from getting bored? Then come to the Knitters/Crocheters Club and relearn the knitting/crocheting you did years ago. We even have needles to get you started! We meet Fridays at Fairway Recreation Center in Arizona Room #4 from 8:30am until 2:30pm. There are many members who can help get you started on a project.

The Club makes slippers, afghans, baby sweaters, booties, scarves, mittens and more. These items are sent to organizations providing for the needy, or to the military, or sold at our yearly fair to raise money to buy yarn. The last Friday of the month we have Show and Tell, where members can bring keepsakes from home to show what they, their mothers or grandmothers have made.

Membership dues are \$3 a year. You must be an RCSC Cardholder to join.

In March and October we have a "White Elephant Raffle" fundraiser where members bring items from home for the raffle. Sometimes we have a pizza party and ice cream social. And each month we recognize birthdays! In December we have a Christmas luncheon. Come join us and enjoy the camaraderie.



# Bell Lawn Bowling

Lawn bowling provides great exercise while sharing good times, in friendly competition, with some great people. But be forewarned - lawn bowling is addictive. You can find Bell greens open in the morning and evening on Monday, Wednesday and Friday and on Sunday evening. Bowling times change with the seasons, so please visit our website at [www.bowlsaz.com](http://www.bowlsaz.com). No "tee" time . . . just show up. Free lessons are available; please ask for information and sign up. Club membership is open to all RCSC Cardholders.

There are many social activities throughout the year at all the clubs so, you get to meet new friends on and off the green. As a new bowler be assured you will be welcome and there are many bowlers who will be glad to help you.

When you want to advance to a higher level of play, we have some of the best players in the US and Canada playing here on the best greens in the United States of America.





## Tai Chi Club

Can you scratch behind your ear with your eyes closed? Of course you can! You have a mind- body connection that allows you to do that. But can you stand, balanced on one foot, for a minute? There are many mind-body connections waiting to be developed. Balance is one of the most important issues for seniors. Come join us at the Sun City Tai Chi Club. It's so much more than just exercise classes.

Tai Chi is gentle exercising and stretching, usually done to peaceful music, that tones the body, increases focus and concentration, teaches balance and, as a moving meditation, quiets the mind. It is often prescribed by doctors and can help with stress, blood pressure, bone loss, inflammation, arthritis and much more. We offer classes in the 8, 24 and 108 forms as well as Qigong.



Current classes open to all RCSC Cardholders and their escorted guests:

- 8 Form: Monday, 9-10am, Fairway, AZ Room 3
- 24 Form: Monday, 10:15-11:15, Fairway, AZ Room, 3
- 108 Form, first section, beginners, Thursday, 2-3pm, Bell SH2
- Qi Gong, Tuesday, 6-7pm, Lakeview SH3

Advanced classes include:

- 108 Form, section 2, open to those who know section 1, Thursday, 11:30-12:30pm, Bell SH2
- 108 Form, section 3, open to those who know section 1 and 2, Thursday, 12:45-1:45, Bell SH2

But that's not all! From October through May, we offer special events, such as workshops, demonstrations, lectures, meditations and outings, to educate, enlighten and entertain RCSC Cardholders, our members and their escorted guests. As the snowbirds return, more classes will be offered. For those who have difficulty standing, Chair Tai Chi is also soon to come.

For more information, check out our website at <http://sctaichi.wixsite.com/sc-tai-chi-club> or like us on Facebook <https://www.facebook.com/groups/791309820881714/> where you'll find interesting articles, photos and discussions. Or you may call Elisa at 480-710-8497.

## Spanish Club



What is 40 years old and thriving in Sun City? It's the Spanish Club, of course. The club was founded in 1977 by a group of residents interested in speaking Spanish. They held monthly dinner meetings at which they viewed slides from their travels to Spanish speaking countries and they had classes lead by 'pilotos' (pilots) that met twice a month. From the very beginning they were known as "El Círculo Español."

Presently, we boast about 160 members and counting. We have consistently been offering a dozen classes each week from October through April. We have successfully accommodated all levels of experience from novice to fluent speakers. The classes are relaxed and enjoyable. It's a great way to make friends and expand your mind! There are monthly social outings as well and we always try to carpool.

In the summer we do NOT take a siesta from learning or socializing. We offer an all levels conversation class every Wednesday from 1:00 to 2:30pm at Fairway in room 133 from June through August. If you are considering a way to expand your mind or make new friends, you really must join us.

Our first meeting will be on October 19 at 5:30pm at Fairway Recreation Center, in Arizona Rooms 1 & 2. This is a 'finger food' pot luck and an opportunity to sign up for classes, although pre-registration is not necessary. For more information on how to become a part of this dynamic group, please call our President, Lidwina at 623-256-8376 or send an email to [SunCitySpanishClub@gmail.com](mailto:SunCitySpanishClub@gmail.com)

# Arts and Crafts Festival

The Best After-Thanksgiving Holiday Shopping!

FREE ADMISSION • FREE PARKING • RAFFLES

Award-Winning Handcrafted Items  
from more than 40 clubs!

Jewelry • Stained Glass • Paintings • Ceramics  
Needle Crafts • Calligraphy • Leather Crafts • Pottery  
Photography • Wood & Metal Crafts • Lapidary • and more

Friday, Nov 24 - 8am to 4pm  
Saturday, Nov 25 - 8am to 3pm

SUNDIAL RECREATION CENTER

103rd Ave & Boswell Blvd

www.suncityaz.org

Food  
and  
Beverages  
Available

## Hey! Sun City Gives Back!

RCSC Chartered Clubs:

Let others know about the good deeds you do!

Showcase the good deeds and charitable work your club does for local, state, national and global organizations/causes in SunViews!

"Sun City Gives Back" highlights a different club each month. Let us know what your club is doing so we can let others know!

Submit entries for consideration to Communication & Marketing Coordinator Joelyn Higgins via email to [jhiggins@suncityaz.org](mailto:jhiggins@suncityaz.org) or call 623-561-4616 for more information.



# Billiards Club of Sun City

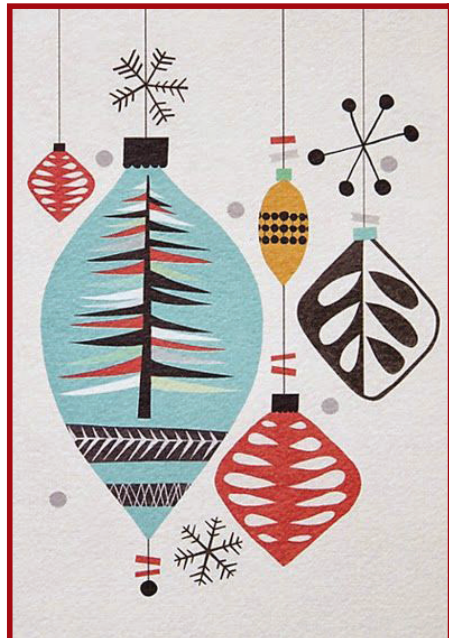
Stop the presses! The word is out! Lakeview Billiards Club just sizzles with action! We know that many residents retire to Sun City to play pool. Lakeview Billiards will supply the pool tables, you supply the talent. Our popular Ladies Club meets several times weekly. The guys can pick from five tournaments a week and all skill levels are represented. Joining is free and open to all RCSC Cardholders.

Tournaments are as follows:

- Mondays: 8am 8-ball round robin format
- Tuesdays: 8am 8-ball partner doubles round robin
- Thursdays: 8am 8-ball partner doubles round robin
- Thursdays: 1pm 9-ball double elimination
- Fridays: 8am 9-ball round robin



We also give players access to new pool cues, cue repair and an onsite billiard library. So check us out! You'll burn a few calories, improve your focus and make new friends! We are located inside Lakeview Bowling Center.



**'Tis the season to be merry!**

**Sun City AZ  
Holiday  
Celebration**

**Lakeview Center**

**Friday,  
December 8  
3-6:30pm**

**All Proceeds from this event  
benefit the  
Del Webb's Sun Cities  
Historical Museum**

**Join us in this annual celebration of Community Giving!  
Fun for all ages!**

- Pie Walk • Money Tree Raffle •
- Hole-in-One Mini-Golf Contest • Food & Entertainment •
- Santa Photo Station • Bring your camera or phone •
- Exciting Duck Race • Purchase Duck Bucks in Advance •
- Lighted Boat Parade Begins at Dusk •

# Birding Club of Sun City

The Sun City Birding Club is entering its second year. We are a small friendly group that is occasionally known to enjoy a picnic after birding. All levels from beginner to expert are welcome and we are open to all RCSC Cardholders. A decent pair of binoculars and a field guide will come in handy. We averaged about three field trips each month last season, with highlight trips to Boyce Thompson Arboretum, Hassayampa Preserve and the Gilbert Water Ranch Preserve, as well as many local hotspots. We have outings and activities that accommodate all abilities, and we can even help you identify the birds on your backyard feeder!

Twice during the season, we will have "Introduction to Birding" classes to cover equipment, field guides and bird identification skills. Please go to our RCSC webpage to peruse the last published newsletter which has all upcoming meeting dates, as well as a view of club activities.

The first meeting this season will be Wednesday, October 11 at 10am at the Bell Center multipurpose room on the SW corner of the Bell Center complex (near Lawn Bowling).

Membership is \$5 annually. Please contact Club President Tom Locascio for more information at Locascio2000@hotmail.com or phone 623-977-4992.



**THE SUN CITY POSSE**

Invites you to visit our website at  
[www.suncityposse.org](http://www.suncityposse.org)



*Serving the Sun City Community  
Since 1973*



# Sun City Poms

The Sun City Poms are a two-level performing troupe that performs both stage and parade routines. The Poms are ambassadors that exude the fitness tradition of a healthy, active lifestyle of seniors in the Sun City community.

The Poms are featured in the Phoenix Veteran's Day Parade, the Fiesta Bowl Parade, the Wickenburg Gold Rush Days Parade, and other local parades. They provide entertainment at local retirement centers, local high schools, sporting events, corporate gatherings and community events. The Poms have about 40 engagements a year, including both parade and stage performances.

Poms fame has led to being featured in media in Ireland, Germany, England, Australia and throughout the USA. Locally, the Poms have been featured in the local news media as well as the TV program "The List." Other appearances include NBC's "Today Show," the BBC World Documentary "100 Women," and the Advil "What Pain?" commercial.

Membership is open to all RCSC Cardholders, although only females 55 years old and older are eligible to perform or march. All other cardholders may serve in supporting roles. No prior dance or cheerleading experience is necessary; however, members need to meet the Poms dance standards to perform or march.



# Zumba

Woohoooo!! Happy Third Anniversary, Zumba Fitness !!

Zumba Fitness offers an energetic cardiovascular workout, moving to rhythms and beats of primarily Latin-American and popular music. Steps and routines focus on and promote balance, flexibility, muscular conditioning, coordination, endurance....and of course, fun and enjoyment.

As membership has grown to almost 250 members and to meet the needs of all members, we are now able to offer six dynamic classes a week incorporating two levels of intensity. Gold offers lower impact, while Fitness is available to those who prefer more of a challenge.

Club Membership and participation open to all RCSC Cardholders, men and women. Prior experience is not required. Participants work out at their own pace and level, easily modifying movements to meet own needs and abilities.

All Sun City classes are taught by licensed Zumba Instructors. Please call Jan at 623-972-0099 or 323-559-4688 if you have any questions. Or visit our webpage at [www.suncityaz.org](http://www.suncityaz.org) (You'll find Clubs under the Recreation tab and then go to Zumba Fitness Club).

### Zumba Class Schedule:

**Zumba Gold (Lower Impact) - Debbie Reiss, Instructor**

- Mondays, Wednesdays, Fridays - Bell Social Hall (11:30am-12:30pm)
- Tuesdays - Sundial West Hall (6:30-7:30pm)

**Zumba Fitness - Julie Chaney, Instructor**

- Thursdays - Marinette Center (6:30-7:30pm)
- Saturdays - Marinette Center (8:30-9:30am)

**Cost:**

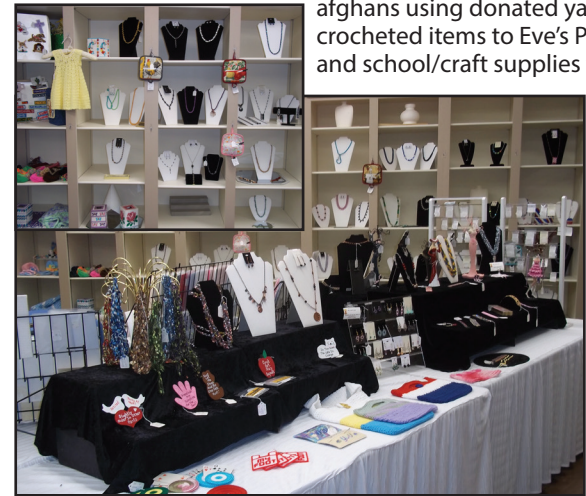
- Annual Membership: \$5; Class Fees: \$2
- Visitors: \$2 (RCSC Cardholders may try one class)
- Guests: \$4 (Must be escorted by a RCSC Cardholder)



# Bell Craft

Simply put - We do more stuff! Bell Craft has been going strong for over 40 years, with a large variety of different classes in different crafts—literally something for every crafter and we're always open to new ideas. Classes are free, except for your supplies. For just \$10 a year, you can participate in any or all of these classes and workshops: art classes, bead weaving, Brazilian embroidering, candle making, card embroidery, copper enameling, craft beading, crocheting, cross-stitching, Happy Hearts, knitting, paper crafting, parchment craft, plastic canvas, polymer clay, quilling, and rubber stamping.

We participate in many charitable activities for our community: For active-duty soldiers, we make special holiday cards and for our local veterans, we make lap robes and afghans using donated yarn. Members donate knitted and crocheted items to Eve's Place (domestic violence shelter) and school/craft supplies to Treasures 4 Teachers.



The club is open Monday through Saturday from 9am to 3pm, and some evenings. Our boutique sells items crafted by our talented members during regular club hours.

Membership is open to all RCSC cardholders. Membership meetings are held the 2nd Thursday of the month, September to May. For more information, please call 623-974-3497 during regular club hours.

# RV Club of Sun City

Are you looking for the perfect club to join in Sun City? One that has great participation, fun outings, and loves to socialize? Then look no further than the "RV Club of Sun City!"

This is one of the oldest clubs in Sun City, and definitely one of the most active. An RV is not required for membership because camping is not all we do. We have monthly Pot Luck dinners with entertainment. Caravan meetings to discuss upcoming events, Weekly game nights, day excursions and bus trips, and just about anything else the members think up.

Caravan meetings are held on the 4th Friday each month at Sundial Center at 9:30 am. Refreshments are served. Pot Luck Dinners and general membership meetings are held on the 4th Tuesday each month, also at Sundial Center at 5:30 pm. Bring your own table settings and drinks and a dish to share with 10 people. We also have two game nights each month at the Bell Center Multi-Purpose Room.

For more information, call 623-256-6741. Or better yet, just come and join us for dinner!



Above: Members of the RV Club share meals, games and fun times on a recent outing.



Welcome to RCSC Club Events

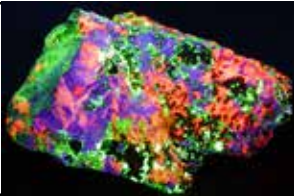
We've reorganized the Clubs Events & Annoucements that appear in SunViews so that it's easier to find the activities you're looking for. Clubs are welcome to submit information to this section every month and should include the date, time and location of the event along with cost and contact information.

- Page 17 General & New Interest, Hobbies, Political Clubs
- Page 18-19 Club Directory
- Page 20 Cards, Games and Social Clubs
- Page 21 Sports & Outdoors; Monitored Activities
- Page 22-23 Fitness, Health
- Page 24-25 Arts & Crafts, Performing Arts
- Page 26 Dances
- Page 27 Educational Classes

General Interest/Museums

Sun City Rockhounds Mineral Museum

Hours of Operation:  
October thru April: 10am-1pm; Closed Thursday and Sunday  
May thru September: Saturdays only 10am-1pm  
FMI email scrockmuseum@gmail.com or call 623-428-6442 during museum hours. Check out our fluorescent room!



Model Railroad Club at Fairway

Located in the Fairway Recreation Center at 107th and Peoria.  
Club membership open to RCSC Cardholders.  
**Open to the Public:**  
**October - March: Tuesdays, Thursdays & Saturdays: 9a-12p**

Del Webb Sun Cities Museum

Next to Oakmont Center  
Open Hours (Beginning September 18):  
Monday, Wednesday & Friday from 1-4pm.  
Admission: FREE! Donations Welcomed  
FMIC 623-974-2568



New Interest Groups

Any new interest group who has (at a minimum) 25 potential members may complete the Application for Club Charter (FORM BP:12-15) and submit to the Clubs & Activities Office. Applications can be found at [www.suncityaz.org](http://www.suncityaz.org) or pick one up in the Clubs & Activities Office located at the Lakeview Recreation Center.

Illinois Club

From Illinois? Want to get together with others from Illinois? If interested in becoming part of an Illinois club, call Benita 625-933-3409; leave message.



Political Clubs

Sun City Republican Club

MEMBERSHIP DRIVE! 10/17 (third Tues of the month). FREE! Bring a friend! Bring a Guest! Guest Speaker AZ GOP Chairman Jonathan Lines. Sundial East Hall. Social @ 6:30pm; Meeting @ 7pm. Membership \$5/year. Must be RCSC Cardholder. Escorted Guest \$3/event. FMIC: Patti 713-557-5800. [suncitygopclub@gmail.com](mailto:suncitygopclub@gmail.com)

Sun City Democratic Club

Club meets every first Thursday, 6pm at Fairway. Next meeting 10/5, with speakers Mark Gordon & Steve Farley. Mark Gordon is a federal election protection & voting rights attorney, Co-Chair of the Arizona Democratic Law Professionals Association & Maricopa County Democratic Party's Election Integrity Committee Chair. Steve Farley currently serves as AZ State Senator, including serving as assistant minority leader. He also served in the House of Representatives. Club also meets every Monday, 9am at Starbucks on 99th Ave & Bell. Join this convivial group of fellow Democrats for coffee & conversation. All RCSC cardholders welcome. Independents welcomed! FMI email: [suncitydemocraticclubofaz@gmail.com](mailto:suncitydemocraticclubofaz@gmail.com)

Hobbies/Other Interests

Community Garden

Please join us to see what we are about any 3rd Saturday, 9-11am, for openhouse & work day. Garden located west side of EPCOR water plant on NW corner of 91st Ave & Greenway Road. Plots available to RCSC cardholders & Garden Club members. Community Garden sells fresh produce on Thursdays at the Garden during late fall & spring harvest. Visit our website at [gardenclubofsuncity.org/](http://gardenclubofsuncity.org/) to know dates of the harvest & current events.

Fairway Readers Club (formerly Book in Hand)

Club meets 1pm second Friday monthly (year round), Fairway Rm 217. There are no dues. Members must show RCSC Card at first session. Refreshments served Dec & April. Moderator Jeri Hauff prepares questions & keeps members on track during discussions, now using a mic so members can hear (also passed between participants when sharing thoughts & ideas). President Hibbard states, "Members really enjoy being able to hear better thanks to the use of the mic!" Books chosen by consensus several months in advance, reserved a month in advance by Fairway Library Branch for those w/MC library cards. Monthly newsletter available at meetings. FMI 623-933-7361. **Upcoming Selections:** Oct: When Breathe Becomes Air by Paul Kalanithi; Nov: Red Notice: A True Story of High Finance, Murder and One Man's Fight for Justice by Bill Browder



Armchair Photo Explorers Club

We meet Oct - April; shows begin 7pm; doors open 6:30pm at Fairway AZ Rms 1 & 2. Please arrive early to sign in & be seated before show begins. Club open to all RCSC Cardholders; membership dues: \$3. Cardholders may attend three times before joining. Escorted guests welcome: \$2 each visit. Coffee & cookies served first Wednesday each month. Currently closed for the summer. FMIC Ron Yankowski 623-476-2811. Join us for our adventures!

Sun City Stamp Club

We meet 7pm first Mon every month in Marinette Social Hall. Set up/inspection of auction stamps: 6:30pm. All RCSC Cardholders & escorted guests welcome. New & old stamps from all countries available at auctions, books & albums at excellent values, 50% or more of current catalogue prices. Join us to start/improve your collection. FMI contact: Mike O'Neill 623- 866-2058 [mshane2009@prodigy.net](mailto:mshane2009@prodigy.net); Bernard Heath 623-977-2332 [BCstamps@cox.net](mailto:BCstamps@cox.net); Wayne McKenzie 480-249-1278 [Wayne.Mck@shaw.ca](mailto:Wayne.Mck@shaw.ca)

Best Friends Dog Club of Sun City

Coming this fall: Exciting new changes to our classes for you & your best friend! New instructors. New classes. New days and times. Join us at our Meet and Greet in October to meet the trainers and learn about all the new classes. More information next month on our website: [bestfriendsdogclub.org](http://bestfriendsdogclub.org). Club open to all RCSC Cardholders.

Sun City RV Club

A group of people who enjoy potlucks, card games, day trips, rallies, & RV caravans. No RV required. Open to RCSC Cardholders & escorted guests only. Club meets Oct-April. October potluck on 10/24, 5:30 pm, preceded by board meeting at 4pm. Entertainment for the "Pot Luck" is "Dan Reed proudly presents a Variety of Music and Jazz Standards". BYO eating utensils, paper plates, & choice of drink. Bring a dish to share with 10-12 people. Next caravan meeting Friday 10/27, 9:30am at Sundial. Caravan meetings are for latest information on planned outings; donuts & coffee supplied. Club hosts card games at Bell Multi-Room B. 5-9pm. FMI [www.scazrvclub.com](http://www.scazrvclub.com) or Call Judy 623-444-4224.

Sun City Birding Club

This new club specializes in field trips to: identify birds, raise community awareness, enjoy nature & holds fun, educational classes with ornithological themes. Beginning to advanced birders welcome. No experience needed! You will love discovering the joys of birding! FMIC Tom Locascio at 623-977-4992 or [locascio2000@hotmail.com](mailto:locascio2000@hotmail.com)

Vintage Vehicle Club of Sun City

You are invited to the following events where members' beautiful vehicles are on display. Take a nostalgic trip down memory lane. These vehicles are beautifully restored & owners always anxious to discuss/show them. **Fri 10/27:** Fall Festival, 1-3pm at The Forum, Desert Harbor 13840 N Desert Harbor Dr, Peoria. FMIC Richard 623-815-9274 **Sat 11/4:** One of our biggest car shows! Jan & Dean's, 107th & Peoria Ave, 8am-2pm. Don't Miss This! Club open to all RCSC Cardholders to restore, preserve, maintain, modify or build all vehicles including antiques, classics, customs, hot rods & more. Professionals, amateurs or those who simply like to socialize about cars welcome. We meet Oct-April, 1pm, 3rd Tues each month, Lakeview SH2. FMI [www.vintagevehiclesofsuncity.com](http://www.vintagevehiclesofsuncity.com), email [vvvsuncity@outlook.com](mailto:vvvsuncity@outlook.com) or call (509)430-1625.

Art and Craft Clubs	
Artists by the Lake: LV 877-9366 or 623-810-9112	M-F 9a-4p, 3rd Th 4-7p; Mem Mtg: 1st Tu 10a-3p SH#1; Scrapbooking/paper arts begin 10/6 FMIC 623-251-0124
Artistic Stained Glass: BC 974-4765	M-F 8a-3:30p, Sa 8a-1p, M, W, Th 5-8:30p Mem Mtg 10/12 9-10a BC SH#2
Artistic Weavers & Fiber Artists: OM 974-6108	M-Sa 9a-3p Mem Mtg 10/28 9a-12p
Calligraphy: SD 210-9137	Th/F 9-11a Open house 10/19 9a; Mem Mtg 10/6 9a
Camera Guild: SD cameraguildsuncity.com	M-F 9a-noon, 1-3p Mem Mtg: 1st Sa 8a-12p FW AZ #1 Competition: 3rd Sa 8a-12p FW AZ #1
Carvers: LV 388-3051	Th/Sa 7:30a-12p LV SH3
Ceramics & Porcelain: FW 972-5818 or 623-748-3313	M-F 9a-3p, Sa 9a-1p
Ceramics & Porcelain: LV 933-8118	M-F 9a-1p
Ceramics: BC 974-6750 or 623-972-4182	M-F 9a-3p; W & Th 5:30-9p Mem Mtg: 2nd F 9-10:30a
Ceramics: OM 623-680-8474	M-Th 8a-3p, Sa 9a-1p, Tu 5:30-9p Mem Mtg 2nd Tu
China Painting: FW 623-256-6784	M, Tu, W, F 9a-12p Mem Mtg/Art Show Prep 10/18 10a-12p
Clay Club: LV 933-0899	M-Th 8:30a-8:30p, F/Sa 8:30a-4:30p Mem Mtg 1st Th 8a-12p LV SH #1
Clay Corner: MC 977-3167	M-F 8a-9p, Sa 9a-5p Mem Mtg 2nd W 9-11a
Crafts: BC 974-3497	Yard Art/Lunch 3rd W 8a-4p M-Sa 9a-3p & M,W,F 6-9pm Mem Mtg 2nd Th 11a-3p BC SH #1
Crafts: SD (815)315-2387	M 8a-1p, Th 8a-11a
Creative Quilters: LV 623-251-0124	M & F 8a-4p, Tu & W 9a-3p
Friendship Quilters: BC 602-625-6761	M 9a-3p/5-8p, W 12-8p, Th/Sa 9a-3p
Handweavers / Spinners: SD 933-0397	M-F 9a-3p, Mem Mtg 10/2 1-3p Pizza Party 10/25 4:30-8p SD Mall
Knitters: FW 602-469-2505	F 8:30a-2:30p FW AZ Rms 3 & 4 Mem Mtg 2/10 10-11a
Lapidary: BC 977-1803	M/Tu/Th/F/Sa 8a-3p, W 8a-12p 6-9p Mem Mtg 1st Tu 9-11a
Jewelry at Oakmont 623-322-4595	M-F 8a-1:30p, Sa 8a-12p
Leathercraft: MC 594-6591	M-F 8a-12p
Metal: BC 974-8206	M-Sa 8a-4p Mem Mtg 2nd M 9-11a
Needle Arts / Crafts: OM 972-2609	Social Mtg/Workshop Th 8-11:30a
Palo Verde Artist: SD 623-551-0402	Su-Sa: 9a-5p Mem Mtg 1st M 12-2:30p SD Aud
Sew-n-Sew: LV 977-9460 - www.sewnsew.info	T,W,Th: 9a-3p LV Sewing Room Memship Mtg Th 9:30-11a
Silver Stones: SD 623-349-8840	M-F: 8a-3p, S: 8a-12p SD 10/2 Mem Mtg
Silvercraft: BC 933-8442	Workshop M-Sa:8a-4p, Sales M-Sa 9a-3p 10/13 Mem Mtg
Sterling & Stones: FW 977-2208	M-F 8a-12p 10/9 Mem Mtg FW AZ 1 & 2

Stitchers: BC 303-435-1794	T&F: 9a-2p BC, W: 9a-12p BC
Woodworking: BC 974-6058	M-F: 8a-4p, T: 4-8p, S:8a-12p BC Mem Mtg10/31 Club Room
Woodworking: FW 972-4385	M-F: 8a-4p, S 8a-12p FW 10/10 Mem Mtg
Woodworking: LV 933-2355	M-F: 8a-4p, Sa: 8a-12p LV 10/3 Mem Mtg

Card and Game Clubs	
500: FW 623-974-5615 (Erma)	M: 5:30-10p FW AZ 3 & 4 10/16 Relocated to 2nd Floor Music Room
Backgammon: LV 623-229-9887	Th: 6-9p, Sa 12-5p, LV SH 3 M:12 - 3:30p FW AZ 1 & 2
Bunco Broncos: FW 602-526-3495 or 326-7055	4th Monday:12 - 3:30p FW AZ 1 & 2
Canasta: OM 623-444-8690 (Melissa)	F: 10a - 3p OM Aud
Euchre: FW 623-533-5705	Tu 6-9:30pm FWAZ 2-3 1st/3rd Th:1-4p MC AUD
Hand and Foot Club 623-271-0092	W: 6-9:30pm (sign in 5:50p) LV SH2 Games on <b>W</b> 10/4,10/11 & 10/18; <b>Tu</b> 10/24.
Mah Jongg: MC Linda 623-240-9586	T: 12-4p, SD Th: 6-9p, MC, Su: 12-4p MC
Mixed Cards: OM 719-671-9043 Bruce or 623-972-1703 Lil	Sa: 6 - 9:30p OM Aud
Mixed Cribbage: LV 594-0797	T: 12-4p, W: 5:30-9:30p, LV SH 3
Monday Night Pinochle: OM 623-972-3263	M:Start time: 6:15p OM Aud Arrive by 6p to register
Pinochle: OM Gladys: 623-876-1895	T: 11:30a-4p, S, 11:30a-4p OM Aud 10/10 Mem Mtg

Contract Bridge Clubs

Card Sharks: LV 933-7972	M: 6:40-9:20p LV SHs 1 & 2
One Partner: LV 623-466-6567	Th: Doors open 6:30p, game 7p, Must be present by 6:55pm LV SHs 1 & 2
Saguaro: LV 623-933-7972	F: 6p-9:45p LV SHs 1 & 2
Wednesday Afternoon: OM 977-2871	W: 12-4p, OM Aud
Thursday Afternoon: OM 933-9671	Th: 12:30p-4:30p OM Aud
Friday Afternoon: FW 933-9671	F: 12:30-4:30p FW AZ 2

Duplicate Bridge Clubs

Duplicate (ACBL) 928-240-0341 or SCDBC.com	M, Th, F: 12:15-4:30p; LV SH
Kachina: SD Sharon Henrich 623-251-4858	M 12:15-4p SD West Hall Thursdays: Closed for Summer
Lee Bone 623-974-0236	Thursdays resume November

Dance Clubs	
Ballroom Dance: BC SH Julie (623)533-6236 or Arlene (623) 214-0594	Dance Su 7-9:30p (Lessons at 6:30p); Lessons: BC SH Every M & Th: 6-9pm
Bell Tea: BC 933-8873	W, 2-4p Mem Mtg 10/25
Classic Rock Dance Club: FW 623-628-4401	Dance 1st & 3rd Sa 5:30-9p FW AZ Rms
Country Dance Club: SD 623-242-9535 or 623-972-5127	1st & 3rd Sa, 6-9:30p SD; Tu 6:30-9p OM No Dance 10/21, changed to 10/28 for Steel Nickel Band (10/28)
(Friday) SC Singles Dance: SD 623-215-8718	F: 7p-10p
Line Dance: SD 623-972-5127 or 231-557-6555 suncitylinedanceclub.facebook	Tu and Th 10a-1p, SD Aud 10/31 10a-3p SD Aud
Rockin' Thru The Years: BC 332-7894	2nd, 4th & 5th Sa: 6:30-10p 10/28 Halloween Dance
Squares: BC 875-2642 (Mary Sue) suncitysquares@q.com	Closed for Summer May 1- November 1
Sun City Poms: MC 602-392-4242 scpoms@yahoo.com	Practice M/F MC Aud, T/Th MC Soc Hall Call for Class Times
Tip-Top Dance: MC 933-3947	M,Tu,W,F: 8a-12p, T/Th 1-2:30p MC SH Pilates Mat F 1p BC Aerobics Rm Mem Mtg 10/28 10:15a-12:30p

Educational Clubs

Apple Macintosh: SD 933-5300 sunmacs.org	Thru 10/16: Tu & Th 8:30-10:30a After10/16: M-Th 8:30-10:30a, 12:30-2:30p 1st/3rd F 12:30-2:30p Next Mem Mtg 11/11 8:30-10:30a
Life Long Learning: FW 623-533-5756	Mbr Mtg/Registration 10/5 10a FW AZ 2-4 Vol Luncheon 10/19 11:30a Schedule available online or at Club Office

PC Computer Club: FW 933-8953	M-F 8a-4p, Sa 8a-noon
Spanish Club: FW SunCitySpanishClub@gmail.com	See Class Page for Schedule or Bulletin Board at FW; Mbr Mtg 10/19 5p

Fitness Clubs

Aerobic: BC 455-1818	M, W, F: 8a, 9a, 10a
Aqua Fitness Club aquafitnesssuncity.com	Class Registration Sa 11/4 8a, SD Aud Please bring large RCSC photo ID
Nancy: (623)330-4242	Next "Try Before You Buy" 10/30-11/13
Terry: (619)818-4380	Call Club in reference to hours & locations
Dance for Fitness 623-933-7021 or 515-975-1683	BC: Tu 9-10a; SD: W 9-10a; MV: F 9-10a 10/27 Relocated to LV
Handi-Capables: SD 933-6515	SD: wm wtr exrcs pool: Tu, Th noon-2p Mtg 1st M: 12:30a, FW AZ 1&6
Hatha Yoga: SD www.hathayogaclub.org	refer to www.hathayogaclub.org
Ladies Exercise: OM 573-579-5320	Tu & F: 8-9a Exercise & Breakfast 10/17
So Grand Exercise: FW 623-933-1365	M, W, F 7:30-9a Mem Mtg 10/16
Stretch and Slim: BC 628-4401	M-Sa: 6:45-8a 8-9a, 9-10:15a; 10:15-11:30a
Tai Chi: BC, LV & FW Phone: Elisa (480)710-8497 email:sctaichi@yahoo.com sctaichi.wix.com/sc-tai-chi-club	Classes offered in 8 Form, 24 Form, 108 Form, QiGong & Introduction to Tai Chi Movement
See website for class times, details, & special events	
Zumba Fitness: 623-972-0099	BC: M,W,F Zumba Gold 11:30a-12:30p; SD: Tu Zumba Gold 6:30p-7:30p; Zumba Fitness MC: Th 6:30-7:30p; Sa 8:30-9:30a

Hobby Clubs	
Armchair Photo Explorers: FW 476-2811	W, 7-8:30p FW AZ 1 &2
Best Friends Dog Club: FW 480-524-6893	TA: M & W 8a-12p; Th & F 8a-11p Mem Mtg 4th Tu 8:30a
bfdcsuncity@gmail.com	Meet&Greetw/Trainers 10/20 5p FWAZ 1&2
Sun City Birding Club: Tom: 623-977-4992 locascio2000@hotmail.com	
Duffeeland Dog Park-Talisman 928-221-6052	Mem Mtg & Halloween 10/31, 3-7p Talisman Hall
Garden: OM 875-5921	M, W, F 9a-12p Mem Mtg SD East Hall 1st Tu 9a
gardenclubofsuncity.org	
Model Railroad: FW 271-8223	Th & Sa: 10a-2p Mem Mtg 10/9, 10-11:30a, FW
Model Railroad Museum: FW 974-2846	Oct-March: T, Th Sa 9a-Noon
Rockhounds: SD srockmuseum@gmail.com	Mem Mtg, FW AZ #1&2, 2nd Th 6-9p
Mineral Museum: SD 623-428-6442	M, Tu, W, F, Sa, 10a-1p
RV Club: SD (623)444-4224	Caravan Mtg: 4th F, SD West Hall, 9-11a Pot Luck: 4th Tu, SD, 5-9p
Stamp Club: MC 623-866-2058	Mtg/Auction 10/2 6:30p MC SH
Vintage Vehicles (509)430-1625	Car Show 10/21 3p SD Parking Lot Mem Mtg 1p, 3rd Tu LV SH2;

Performing Arts Clubs

Chamber Orchestra: FW 623-582-9964	W, 8-noon, FW Music Rm
Choraliers: FW 933-7202 (Carol)	M, 8-11:30a FW Music Room
Concert Band: FW 972-4767	T, 9-11am FW Music Rm 10/29, 1-3p, SD Fall Concert
Handbell Ringers: FW 623-876-1101	F: 8:30-11:30a FW Music Room
Piano: SD 623-792-7266	Program on 10/20, 9:30-11:30a SD Aud 2nd F, SD Piano Room 9:30-noon Mem Mtg 10/20

Players Community Theater: MV shayob2@yahoo.com	Mem Mtg 3rd M each month, 7p Weekly "Clubhouse" Oct-April W 9:30a
SunCityPlayersCommunityTheater.org	Tkt Sales:10/23-26, 10/30&31, 10a-12pFW
SunCityPlayersBoxOffice@gmail.com	Fall Performance 10/27-11/5 MV Aud
Readers Ensemble: LV 974-3384	F 12-4p LV SH 2&3
Rhythm Ramblers: FW 876-8464	T, 1-5p, FW Music Room Dance 10/3 1-5p, SD Aud
Ukulele: FW 594-6591 Sept-June	Th 3-5p FW Music Room Mem Mtg 10/26
398-0483 June- Sept	
Women's Chorus: FW 480-236-1602	Th: 8:45a-11a FW Music Room Potluck 10/19

Political Clubs

Democratic:FW 623-977-4660	1st Th ea month, FW AZ 1 & 2, 6-8:30p
Republican: SD 713-557-5800	3rd Tu every month, SD EH, 6-9p suncitygopclub@gmail.com

Social Clubs

Fairway Readers: FW 933-7361	2nd F 1-3p FW Rm 217
Gourmet Social: OM 623-974-2909	2nd & 4th Su, 4:30-7:30p, OM Aud

LGBT of Sun City: OM Aud (623)363-1123	2nd Th every month Mtg: 6-7p; Social 7-8:30p Club offers social events during summer
Men's: SD 977-5116	M-Sa 7a-4p, M 6-9p Poker
Michigan Friends In SC michigan2arizona@cox.net 623-910-1522	Social Time: 3rd W 3-5p BC MPRs
New England: LV 623-875-4641	Mtg/Dinner 10/14 5-8p LV SH #1
NextGen: BC 806-759-9723	Potluck Mtg 1st W, 6p BC SHs Social Mtg 3rd W, 7p BC SHs
Sun City Hospitality: MC 933-5158	Bridge W: 12-4pm MC SH Partners Bridge:2nd/4th Tu 6:30-9p MCSH Pizza/Bunco: 2nd F MC Aud 5-9p Potluck/Bunco: Last F MC Aud&SH 5-9p Chess: W/Th LV SH3 1-4p Friendship Cards: Sa 11a-5p MC SH BOD Mtg, 2nd W, 9:30-11a MC Aud

Singles Social Club: FW 615-574-9960	Potluck 1st F, 6-9p FW AZ 3&4 Game Night 3rd F, 6-9p FW AZ 3&4
Wisconsin Club:SB 623-242-6318	
Women's: LV 480-249-0862	M-Sa 10:30a-4p; Su 12-4p LV Clubroom

Sport Clubs

Basketball: MC 206-459-3242 charlespeterson@comcast.net	
Billiards: Bell Billiards Room 315-806-0067	W 7a-1p; Lessons: F 8-11a Club Golf Tu & F: 11a-4p BC Billiards
Billiards: LV Billiards Room 602-319-0783	Ladies: M & Sa 8:45-10:30a Th 9:45-11:30a; Couples W 6-7:30p 9-Ball Tournament: Th 12:30-4p Ladies League Snooker: F 1-2:30p Mens: M & F 8a-12p; T & Th 8a-12p Oct 3-31 M-F 10a; Oct 1-29 Su 2p Oct 6-20 F 7p; 10/21 Sa Playoffs; 10/27 F 4p
Bocce: SD 271-0092	Mem Mtgs:Sept-May 3rd Th LVSH1 9-10:30a Th 10/19 5-9p Potluck Social
Conservation/Sportsmen: LV 612-741-5923	M-T-W 5:30-8p; Th 2-4p; 1st & 3rd Sa 1-3p
Dart Club: BC (623)760-6926	
Lawn Bowls: BC 972-3248	Su,M,W,F 1:45-3:45p;M,W,F 9-11a;W 5-7p Mem Mtg 10/25 5-10p BC SHs
Lawn Bowls: FW & MV 933-5066	Beg 10/10: T/Th/Sa 9a-12p, 1:45-4p MV M 6:30-9:30p Lady Lawn Bowlers

Lawn Bowls:LV (Sun City Club) 583-0625	M-12-4p, beginning 10/16
Lawn Bowls: LV 974-3214	Tu/Th/Sa: 7a-9a; 7p-9p Times may vary w/temps
Lawn Bowls: OM 792-5202	M/W/F 9a-12p, 1:30-4p, Su 1:30-4p only
Mini-Golf: LV 623-271-8492	Mem Mtg 10/10 9a LV SH#1 Golf/Picnic 10/11 9a LV, golf 10/25 9a SD
Pickleball michigan2arizona@gmail.com	M-F 7-9a, T/Th 4-9p MV T/W/F/Sa 8a-2p, M-W 4-8p, Th 8a-8p MC Rodeo/Lunch 10/20 3p, 10/30 Fun Day 4p MC
Dave 603-540-0756	Shootout @ SC 10/31-11/2 7a MC Mem Mtg 10/6 4p MC Aud
Racquetball Club: BC 986-1754	M/W/F 1-3p, T/Th 5:30-7:30p, Sa 8-10a Beginning 10/15 W/Sa 11a-1p
Shuffleboard Bell: BC 623-972-3169 - Dennis	M-Tu-F 1-3:30p

Shuffleboard Outdoor: LV 688-4823	M/W/F 1-4p
Shuffleboard Sundial: BC 208-9921	W, 1-3p; Th 6:30-9p; Sa 1-3p
Softball (Senior): Sun Bowl 623-444-9402 or 503-351-2036 www.azsrsoftball.com	Field opens 10/20 Open Practice Su/M 7a, New Players M 9a League Play T/Th/F 8a, 70's League Sa 8a
Swim Lessons: LV 583-5894	W 8:30-10a LV
Swimmers Master: BC 876-1233	M-F 7-9a BC Lap Pool F 10/20 4:30-6:30p Pizza Party SD Mall
Swimmers Synchronized: LV Nancy: 623-238-8608	M-W-F 8-10a
Table Tennis: BC 875-9991	M/W/F 10a-3p; Tu 10a-12p, 7-9p; Sa 10a-12p, Su 1-5p; MemMtg:10/23 12-1p
Tennis: BC Summer Contact:505.206.2315 jvolson@loretel.net	Social Dbls: Sa 1-3p BC; Skills/Drills Sa 9-11a BC;Drop-in DblsM-F 8:30-10:30a LV Men's Drop In Dbls: M-W-F 8:30-10:30a BC Women's DropInDbls:M-F-Sa 8:30-10:30a MV Mixed Drop-in Dbls: W 6:30-8:30p, BC
Volleyball 206-459-3242 charlespeterson@comcast.net	
Water Volleyball: OM 377-5091	F, Su 2-4p; M, W 12-2p @ OM

Club Directory Key:

M = Monday	BC = Bell Recreation Center
Tu = Tuesday	FW = Fairway Recreation Center
W = Wednesday	LV = Lakeview Recreation Center
Th = Thursday	MC = Marinette Recreation Center
F = Friday	MV = Mountain View Recreation Center
Sa = Saturday	OM = Oakmont Recreation Center
Su = Sunday	SD = Sundial Recreation Center
a = A.M. & p = P.M.	SB = Sun Bowl
All area codes are 623 unless otherwise noted.	

Important Dates for Clubs to Remember!

- October
- 1

Club Membership Roster due
- 5

SunViews submissions due for November
- 10

Guest Attendance Register & guest fees due

- November
- 5

SunViews submissions due for December
- 10

Guest Attendance Register & guest fees due

- December
- 5

SunViews submissions due for January
- 10

Guest Attendance Register & guest fees due
- 31

RCSC Chartered Club Officers FORM BP:12-3

- January
- 5

SunViews submissions due for February
- 10

Guest Attendance Register & guest fees due
- 31

Club Annual Financial Statement due
- 31

IRS Form 1099 due

Clubs & Activities Office

623-561-4660

email: clubs@suncityaz.org

Office Hours: Monday-Friday 8:30am to 4pm

RCSC Chartered Clubs: Looking for something new to do? You just might be surprised!

Club Directory

Dance Clubs	
Ballroom Dance: BC SH Julie (623)533-6236 or Arlene (623) 214-0594	Dance Su 7-9:30p (Lessons at 6:30p); Lessons: BC SH Every M & Th: 6-9pm
Bell Tea: BC 933-8873	W, 2-4p Mem Mtg 10/25
Classic Rock Dance Club: FW 623-628-4401	Dance 1st & 3rd Sa 5:30-9p FW AZ Rms
Country Dance Club: SD 623-242-9535 or 623-972-5127	1st & 3rd Sa, 6-9:30p SD; Tu 6:30-9p OM No Dance 10/21, changed to 10/28 for Steel Nickel Band (10/28)
(Friday) SC Singles Dance: SD 623-215-8718	F: 7p-10p
Line Dance: SD 623-972-5127 or 231-557-6555 suncitylinedanceclub.facebook	Tu and Th 10a-1p, SD Aud 10/31 10a-3p SD Aud
Rockin' Thru The Years: BC 332-7894	2nd, 4th & 5th Sa: 6:30-10p 10/28 Halloween Dance
Squares: BC 875-2642 (Mary Sue) suncitysquares@q.com	Closed for Summer May 1- November 1
Sun City Poms: MC 602-392-4242 scpoms@yahoo.com	Practice M/F MC Aud, T/Th MC Soc Hall Call for Class Times
Tip-Top Dance: MC 933-3947	M,Tu,W,F: 8a-12p, T/Th 1-2:30p MC SH Pilates Mat F 1p BC Aerobics Rm Mem Mtg 10/28 10:15a-12:30p

Educational Clubs

Apple Macintosh: SD 933-5300 sunmacs.org	Thru 10/16: Tu & Th 8:30-10:30a After10/16: M-Th 8:30-10:30a, 12:30-2:30p 1st/3rd F 12:30-2:30p Next Mem Mtg 11/11 8:30-10:30a
Life Long Learning: FW 623-533-5756	Mbr Mtg/Registration 10/5 10a FW AZ 2-4 Vol Luncheon 10/19 11:30a Schedule available online or at Club Office



## Cards & Games



### Sun City Duplicate Bridge (ACBL)

October: Unit Wide game Fri, 10/6. Club Appreciation games Mon 10/9, Th 10/12 & Fri 10/13. ACBL

Membership games Mon 10/23, Th 10/26, & Fri 10/27. Important: Both players in ACBL Membership games must be ACBL members for either to receive points. Card fees: \$2/members & \$4/\$5 for guests. No extra charge for special games. SCDBC games are Mon, Th, & Fri at Lakeview SH 1 & 2. Game time: 1pm. Doors open: 12:15; please arrive by 12:45. Partner required. Note: Beginning bridge lessons start Mon, 10/30, 10am. Lessons free to RCSC Cardholders! FMIC Paul Weader at 928-240-0341 or visit scdbc.com. Please remember club is fragrance free.

### Hand and Foot Club

Variation of Canasta. Games played with 4-6 standards deck, ideally designed for 4 players; Six can play in teams of 2 or 3. Usually, number of decks used is one more than number of players but it is not standard. Like they say hand up & foot down. After joining for \$4 it only cost 50¢ a week to play. Winnings are huge (\$1). It's a fun time! **October Schedule:** Lakeview SH 1&2, **Wed** 10/4, 10/11 & 10/18; **TUE** 10/24. Must sign in by 5:50pm; Play at 6pm. Open to all RCSC Cardholders & escorted guests. FMIC: Edith 271-0092 or Camilla 972-0673

### Mixed Cribbage Club

Every Tues 1-4pm & Wed 6:30-9:30pm in Lakeview Social Hall 3. No Partner needed. Open to all RCSC Cardholders. Cost \$3 to join & 50¢ to play. RCSC Cardholders may play 3 times as visitor. Arrive by 12:45pm to sign in & find a table. FMIC Marvin: 623-594-0797 or Dianne: 408-799-9040.

### Oakmont Pinochle Club

Play Tues &/or Sat 12-4pm; arrive 11:30am to sign in & find table. FMIC Mrs. Tommie Crudo 623-876-1895 Ralph DePollo 623-977-3278.

### Mah Jongg

Interested in learning Mah Jongg? We have 3 classes on Fridays 11/3, 11/10 & 11/17, 1-4 pm, Marinette Social Hall. Cost for RCSC cardholders: \$5, (\$2.50 more/session for RCSC cardholders' escorted guests. This \$5 covers all 3 classes. Registration required! FMI or to sign up for classes contact Janis 623-261-3621. Hurry! Seated is limited & classes fill up fast.

### Oakmont Mixed Cards

Club meets every Saturday, 6:15 pm; plays Pinochle, Bid Euchre, Hand & Foot or any other card game you choose. Play starts promptly at 6:15 pm; concludes 9:30 pm. BYO refreshment &/or to share. Weekly fee: 50¢; Annual Dues: \$3. FMIC Lil DeCola 623-972-1703 or Bruce Painter 719-671-9043

### Kachina Bridge

Play bridge? Interested in getting into the game? Join us! Don't let duplicate bridge scare you, we'll help. We are a non-sanctioned club that meets Mon & Thurs (Play once /twice a week) at Sundial 12:15-4pm. Annual dues: \$5 for RCSC Cardholders plus \$2 each play for prizes. Players welcome to visit & see how duplicate bridge is played. No partner? Don't worry. FMIC Sharon 623-251-4858; Lee 974-0237.

### Monday Night Card Sharks Bridge

Meets Mon 6:45-9:30pm Lakeview SH #1 for a social evening of contract bridge. Must have a partner. FMIC Andy at (623) 933-7972. \$3 & RCSC Membership card required to join. 50¢ each night for prize fund. Try us out. RCSC Cardholders visiting club pay \$1 plus 50¢ to evening's prize fund. We have fun. Please join us.

### Monday Night Pinochle

Like to play pinochle? Can't get 4 people together? Come to Oakmont, Mon. 6pm (register), play 6:15pm for a great evening! Singles welcome! Play single or double deck. Annual membership: \$3; plus 50¢ nightly. Escorted guests: \$3.50; visitors: \$1. Prizes awarded accordingly. After six hands, individual scores added, winners advance. Losers stay but do not play each other. This allows playing each game with a different partner & a great social time. Come join us. FMIC 623-972-3263.

### Saguaro Bridge

Meets Fri, 6:45-9:30pm at Lakeview SH#1. Must have partner. Contact Andy at 623-933-7972 if partner needed. \$3 & current RCSC card required to join; 50¢ each night for prize fund. Try it for \$1. We'll have fun!

### One Partner Bridge

Meets Thurs, Lakeview SH #1. Doors open 6:30pm, play 7pm; must arrive by 6:55pm. Partners Required! If you need a partner, call Andy (623) 933-7972. Annual membership: \$3. Cost \$1 per couple for evening's prize fund. Annual surprise "free play" night. All grand slams rewarded & designated small slams paid. Birthdays celebrated w/cookies. If you wish to come for an evening, cost is \$1 (RCSC Cardholders); \$3 escorted guests, plus \$1 prize fund.

### Backgammon Club of Sun City

All levels of players welcome. Meet every Saturday 1-5pm at Lakeview SH #3. FMIC John 623-229-9887 or Don 623-933-0146

### Euchre Club

Meets Tues, 6-9:30pm Fairway AZ Rms; 1st & 3rd Thurs 1-4pm at Marinette SH. Beginners welcome. FMIC 623-533-5705

### Bunco Broncos

Hey Pard'ner, we meet at Fairway AZ Rms 1-2, 4th Monday every month. Join us for an afternoon of fun! Doors open 11:45am, play at 12:30pm. Open to all RCSC Cardholders. Annual membership \$3; \$2 to play. FMIC 602-526-3495 or 326-7055.

## Social

### Michigan Friends in Sun City Club

Hello Michigan friends, neighbors, visitors & guests in beautiful Sun City. October is here & our Michigan Friends are slowly arriving to spend the fall/winter season. Safe travels. We are waiting for you with open arms! If you are new to Sun City & would like information on our fun RCSC chartered club, pick up a brochure at Bell Visitors Center. Below are a few things planned in upcoming months:

**Wed 9/27:** Dillon's on T-Bird for Dinner; 4:30pm RSVP by 9/23

**Wed 10/18:** Social Hour BYO & Snacks; Bell Multipurpose Rm 4pm

**Wed 11/15:** Social Hour BYO & Snacks; Bell Multipurpose Rm 4pm

**Sat 12/2:** Christmas Potluck; FW AZ Rm 3, 11:30am

**Wed 12/20:** Social Hour BYO & Snacks; Bell Multipurpose Rm 4pm

Activity updates emailed to RCSC (MI Friends) card members every month & are subject to change/cancel.

Club Mailbox  
Michigan Friends in Sun City Club  
c/o Bell Rec Center Mailbox  
16820 N. 99th Avenue  
Sun City, AZ 85351  
michigan2arizona@cox.net

### LGBT Club of Sun City

Next Meeting: Thurs 10/12  
Oakmont Auditorium  
Meet: 6-7p; Social 7-8:30p  
FMIC: 623-363-1123



### Sun City Women's Social Club

NEW! Pre-Register with us to learn Dominoes (Mexican Train), Canasta and Mahjong. Wednesday classes, 5-7pm. SCWSC is a wonderful club that provides unlimited opportunities for women who enjoy playing cards & board/table games with other Sun City women. Club open to RCSC Cardholders, Mon-Sat 10:30am-4pm, Sun 12-4pm, 2nd floor at Lakeview. Always looking for new members to join us in Bridge, Mahjong, Hand & Foot, Canasta, Poker, Texas Hold-em & other games. Annual Dues: \$10. Please come meet our fun group of women. FMIC 480-249-0862.

### New England Club

Next meeting: October 14  
Lakeview Rec Center SH1  
Celebration Octoberfest with bratwurst & fixings. Social 5:00pm, Meeting 5:30pm, Dinner 6:00pm  
Hope to see you there. FMIC Ann at 623-875-4641 or Lucille at 623-271-8906



### NextGen

Join us! Meet your Sun City neighbors. Make some new friends. The NextGen Club regular meetings are the first and third Monday of the month at Fairway Arizona Rooms 1&2 at 6:30 p.m. unless otherwise posted. See calendar for Monday meeting dates and happenings!

We like to be active and you can find us doing things together like sightseeing, bowling, Happy Hours, museum events, breakfasts, golfing, dancing, and breakfast! Check the website for calendar of events at [www.nextgensuncity.com](http://www.nextgensuncity.com) for current information; dates, times, locations subject to change. FMI inquire at [nextgensc@gmail.com](mailto:nextgensc@gmail.com).

NextGen is a chartered social club designed to provide activities for the membership and be operated by officers younger than 70, but open to all RCSC Cardholders. Annual Dues: \$5; Must be a member, RCSC visitor or escorted guest to participate.



### Sun City Singles Social Club

Sun City Singles Social Club welcomes single Sun City residents with a current RCSC card (visitors). Guests (without RCSC card) need to be single & escorted by a club member. Annual membership fee: \$6.

Club meets monthly on first Friday (Pot Luck 5:45pm) bring food to feed 10-12 people. Third Friday (Game Night 5:45pm) may bring snacks to share; also, bring your own drink for each activity. Location: Fairway AZ room #4.

### Weekly Activities:

Saturdays: Breakfast at Brothers Family Restaurant 8:45am. Weds: Billiards, Lakeview Lanes, 1pm

### October Activities:

**Tues 10/3:** Lunch, Olive Garden, 7889 W Bell Road, 11:30am.

**Thurs 10/5:** Bocce, Sundial, 6:30pm.

**Mon 10/9:** Dinner, Rio Mirage Café, 12245 Santa Fe Drive (Grand & Santa Fe) 4:30pm

**Thurs 10/12:** Mini Golf, Mt View, 4:30pm.

**Tues 10/17:** Lunch, Lakeside Bar & Grill, 9980 W Happy Valley Rd (Lake Pleasant Towne Center) 11:30am.

**Thurs 10/19:** Bocce Ball, Sundial, 6:30pm.

**Mon 10/23:** Breakfast, IHOP 10603 W Olive (at 107th) 9:30am.

**Thurs 10/26:** Mini Golf, Lakeview, 4:30pm.

**Fri 10/27:** Dinner, George's at Bell Center, 4:30pm.

**Fri 10/27:** Darts, Bell Center, 6:30pm.

Check the club website for activities that require you to sign up to attend. [www.simplesite.com/myclub](http://www.simplesite.com/myclub) or contact Ellen 623-583-2307 or Janet 615-574-9960.

**Table Tennis**  
Bell Center: M,W, F: 6a-10a, 3p-9p; Tu: 6a-10a, 12p-7p;  
Sa: 6a-10a, 12p-9p; Su: 8a-1p, 5p-8p

**Tennis**  
Bell Center: 623-977-3325 M-Sa: 6a-9p; Su: 8a-8p  
Lakeview Center: 623-561-4676 M-Sa: 6a-7p; Su 8a-7p  
Mountain View: 623-876-3042 M-Sa: 6a-7p; Su 8a-7p

**Swimming Pools - Open Swim Hours**  
**Bell Center - 18+ only:**  
Lap pool: M-Sa: 5a-9p; Su: 8a-8p; **Closed for class: M-F 7-9a**  
Walking Pool: M-Sa: 5a-9p; Su 8a-8p

**Fairway Center**  
Lap Pool: M-Sa: 5a-9p; Su 8a-8p;  
Walking Pool: M-Sa: 5a-9p; Su 8a-8p;

**Lakeview Center**  
M-Sa: 6a-7p; Su 8a-7p **Closed for class: M, W, F: 8-10a**  
Children's Pool Hours for Ages 4-15 yrs: Daily 4p - Close;

**Marinette Center**  
M-Sa: 6a-9p, Su: 8a-8p; **Closed for Class: M, Th 9a-10a**  
Children's Pool Hours for Ages 4-15 yrs - Daily 1p - 4p

**Mountain View Center**  
M-Sa: 6a-7p; Su 8a-7p **Closed for Class: M, Th 9-10a; Tu, F 8-10a**  
Children's Pool Hours for Ages 4-15 yrs - Daily 10a-1p

**Oakmont Center**  
M-Sa: 6a-7p; Su 8a-7p **Closed for class: Su 2-4p; M 9-10a; 12-2p**  
**Tu 9-10a; W 12-2p; Th 9-10a; F 9-10a; 2-4p**

**Sundial Center - 18+ only**  
**Large Pool:** M-Sa: 6a-9p; Su: 8a-8p;  
**Closed for Class:** M, Th 8-10a & 5:30-6:30p  
**Warm Water Pool:** M-Sa: 6a-9p; Su: 8a-8p; **Closed for Class:**  
**M 10a-12p; 4:30-5:30; Tu 10a-2p; 4:30-6:30p; Th 10a-2p; 4:30-5:30p;**  
**F 10a-12p; 4:30-6:30p**



## Fitness & Fitness Classes

### Sun City Tai Chi Club

We are happy to herald in October by showcasing our monthly special events.

From October through May, offered presentations will educate, enlighten & entertain our members, RCSC cardholders & their escorted guests. Workshops, lectures, meditations & outings are among the scheduled events. On October 26, 3:30-4:30p, in the Marinette auditorium room, Emily Slonina joins us for a crystal bowls meditation. The singing tones of the crystal bowls she plays fill a room with celestial notes that invite the listener into deep meditation. She is back by popular demand. Cost is \$7 for RCSC cardholders and \$9.50 for their escorted guests at the door. As this is a meditation, there will be no late entries. Please arrive at least 10-15 minutes early. Bring a comfortable mat, pillows and a blanket or sit in one of the provided chairs. FMI on the club, visit our website, <http://sctaichi.wixsite.com/sc-tai-chi-club> or like us on Facebook at [www.facebook.com/groups/791309820881714/](http://www.facebook.com/groups/791309820881714/) where you'll find interesting articles, photos & discussions. You can also call Elisa at 480-7108497.

#### Classes open to all RCSC cardholders & their escorted guests:

8 Form: Monday, 9-10am, Fairway, AZ Rm 3

24 Form: Monday, 10:15-11:15, Fairway, AZ Rm 3

108 Form, first section, beginners, Thursday, 2-3pm, Bell SH 2

Qi Gong, Tuesday, 6-7pm, Lakeview SH 3

#### Advanced classes include:

108 Form, section 2, open to those who know section 1, Thursday, 11:30-12:30pm, Bell SH2

108 Form, section 3, open to those who know section 1 & 2, Thursday, 12:45-1:45, Bell SH2

### Oakmont Ladies Exercise Class

Join us for low impact exercise designed for women over 50. Tues & Fri 8am-9am at Oakmont. Annual Membership Dues: \$3 - 3 free trial visits. FMIC Johanna 573-579-5320.

### Hatha Yoga

Club meets at Sundial in the Yoga Club room. Classes are multi-level and do not assume prior yoga experience; all classes taught by certified instructors. Please arrive 15-20 minutes before a Mat class and bring a yoga mat, small blanket or a beach towel, your current RCSC card, \$3 class fee and \$5 yearly membership. Wear loose, comfortable clothing for a warm environment. Refer to our website for more information: <http://hathayogaclub.org>

#### Yoga Mat classes:

**Mon:** 8:30a, 10:30a & 6:30p\*

**Tues:** 8a, 10a & 12p

**Wed:** 8:30a & 6:30p\*

**Thurs:** 8a & 10a

**Fri:** 9a

**Sat:** 8a & 10a

\*evening classes

#### Chair Class\* by preregistraion:

Monday, Thursday & Friday 1pm

Wednesday: 10:30-11:45am;

\*FMIC Carlyn for Chair classes: 623-972-9602



### Swim Club

Sun City Swim lessons are at Lakeview pool. Lessons start 8:30am (until 10am) and include beginning lessons and intermediate classes, along with an advanced group workout. All classes taught by excellent teachers. Annual membership: \$3 for any RCSC Cardholder. Annual fee: \$3 for any RCSC cardholder. FMIC Tere Kearney 623-583-5894.

### Aqua Fitness Club

**Next Class Registration:** Sat 11/4, 8am Sundial Auditorium. Doors close promptly 8:30am. Bring large RCSC member card (no key fobs accepted), AF Club Membership Card or \$5 to join, & \$15 per class. Next "try before you buy" 10/30-11/3.

Club meets M/TH or T/F at Marinette, Mt. View, Oakmont & Sundial pools. Qualified instructors teach three classes of varying intensities: Free Standing; Poolside & Aqua Stretches. No swimming involved; members stand in waist/chest-deep water. All classes "Co-ed;" must be an RCSC Cardholder to join. Annual Dues: \$5; \$15 per eight-week session. "Try It Before You Buy It" allows you to attend any class to see if it fits your needs. FMI please visit [aquafitness-suncity.com](http://aquafitness-suncity.com) or call Nancy 623-330-4242 or Terry 619-818-4380.

### Aqua Suns

Do you love the water but walking & lap swimming isn't for you? Come try synchronized swimming & learn things you never thought you could do. We do dolphins, spearfish, cat-linas, kips, surface dives & more. Join in the fun M-W-F from 8-10am at Lakeview Pool. FMIC Nancy at 623-238-8608. Swim Annual Club membership: \$3.

### Dance for Fitness

With a current RCSC Membership you may enjoy three free sessions with us. Can't beat that deal, and then you may join for only a \$5 annual fee. Come once, twice, or three times a week (whatever fits your schedule). We have no per-lesson fee. Classes meet on Tuesday at Bell, Wednesday at Sundial and Friday at Mt. View and all classes are from 9-10am. FMIC Penny at 623-933-7021 & Donna at 515-975-1683

### Bell Aerobics

Come join this friendly group for a complete 45-minute workout of gentle stretching on Monday, Wednesday and Friday at 8, 9, or 10am at Bell Social Hall. Membership is \$3/year with valid RCSC card; there are no class fees. There will also be a holiday potluck social in December for all club members. Looking forward to having you join us as club meets year-round. FMIC Brenda at 623-455-1818.

### Zumba Fitness Club

Zumba fuses Latin rhythms & easy to follow fitness moves to create a dynamic full body workout. It keeps you moving & grooving & makes fitness fun. The hour includes a warm-up, cardio workout & cool-down.

**Mon:** Bell Social Halls, **Zumba Gold**, 11:30am-12:30pm, Debbie Reiss, Instructor;

**Tues:** Sundial West Hall, **Zumba Gold**, 6:30-7:30pm, Debbie Reiss, Instructor;

**Wed:** Bell Social Halls, **Zumba Gold**, 11:30am-12:30pm Debbie Reiss, Instructor;

**Thurs:** Marinette Aud, **Zumba Fitness**, 6:30-7:30pm; Jeff Larsen, Instructor.

**New! Fri:** Bell Social Halls 1 & 2, **Zumba Gold**, 11:30a-12:30p, Debbie Reiss, Instructor;

**Sat:** Marinette Aud, **Zumba Fitness**, 8:30-9:30am, Jeff Larson, Instructor.

Cost: Members: \$2 per class; Visitors \$2 per Class; Escorted Guests \$4 per Class.

Annual Membership: \$5 FMIC Jan at 623-972-0099.

# Celebration of America

## Music That Shaped Our Country



A Performance by the Sun City Concert Band

Saturday, October 21, 2017 at 1:30pm

Sundial Auditorium

Please join us for the band's first concert this season featuring well-known patriotic, folk & pop tunes and selections such as:

- American The Beautiful •
- Shenandoah •
- Salute to American Jazz •
- Sinatra •
- and many others from periods of our past •

For more information about the Sun City Concert Band or to be placed on the concert notification e-mail list, contact Band President Joanne Greathouse at [jogreat@cox.net](mailto:jogreat@cox.net) or visit [www.sccband.org](http://www.sccband.org)

*The Sun City Concert Band rehearses in Fairway Music Room on Tuesdays from 9-11am (Sept-Early May)*

Tips from Get Fit for Life -

Dealing with Shin Splints

"The phrase *shin splint* is a generic term that describes pain in the lower leg, either on the medial or lateral side of the shin bone," explains *Get Fit for Life* trainer Jane Fortier. "This pain usually begins as a dull ache that can't be pinpointed; it can be felt along the entire region where the muscle attaches to the bone. Exercisers will usually feel pain at the beginning and end of their workouts. But over time, the discomfort becomes more severe, lasting throughout the entire workout, and occurring in non-exercise activities, like getting out of bed. Technically, shin pain can be caused by a number of conditions: tendonitis, periostitis (inflammation of the membrane covering the bone), or a stress fracture. Considering that the placement, causes, and treatment of these three injuries are often the same, the term shin splint has become a simple way to label the injury."

What causes shin splints?

- Doing too much too soon - Often people with a lot of enthusiasm start an exercise program too aggressively.
- Increasing the Intensity or Duration of a Workout - Overuse injury occurs when someone does too much, and continually strains the muscles of the lower leg. Increasing your distance or intensity by more than 10% per week would make you a prime candidate for shin splints
- Your shoes - Quality running and cross-training shoes are designed to give the best anatomical support. If your shoes are broken down or old—even when the soles or top appear fine—they have lost their ability to control the rotation of your foot and absorb shock.
- The surfaces on which you exercise - Hard surfaces can cause and aggravate shin splints. The optimal surface should absorb shock.
- High impact exercise - Running sprints, running uphill, jumping, and repetitive impact exercises can all cause shin splints.
- Your anatomy - Fallen arches, knocked or internally rotated knees, very high arches and over rotation of the foot are all prime causes of shin splints. In these cases custom orthotics, as well as strengthening and stretching exercises are a must.



Above: *Get Fit for Life* personal trainer, Jane Fortier, demonstrates a standing Calf Stretch. Stretching and strengthening calf muscles can help prevent and treat shin splints.

A combination of the following will usually help most people recover from shin splints and experience less pain:

1. Active Rest - rest, yet remain mildly active. Completely stopping activities may give temporary relief, but injuries are likely to resurface with resumed activity.
2. Ice - periods of icing can be very helpful during the acute phase of your pain. Do not exceed 10 to 15 minutes each time you ice, and always wrap ice source to avoid frostbite to the skin.
3. Stretching and strengthening the calf muscles – a standing Calf Stretch can help prevent and treat shin splints. This stretch along with a Hamstring stretch should be done when muscles are warm from activity.

*Get Fit for Life* personal trainers are experts at creating exercise programs that are safe and effective. For help in developing a comprehensive workout routine, call 623-696-6820. Trainers are available in all Sun City Fitness Centers.

LaTouch Wellness Massage Therapy Shares...

The Benefits of Acupressure

For thousands of years in China they have been using a form of therapy called Acupressure to promote relaxation, health and wellness. Often referred to as pressure acupuncture, acupressure uses the same points as acupuncture without employing needles. It is just one of many Asian Bodywork therapies that has deep roots in Chinese medicine. Acupressure uses the fingers to press key points on the surface of the skin to stimulate the body's natural self- healing abilities. Acupressure is a very effective and safe therapy that you can use on yourself and on others by following very simple guidelines.

Traditional Chinese medical theory describes special acupoints, or acupressure points, that lie along meridians, or energy channels, in your body. These are the same energy meridians and acupoints as those targeted with acupuncture. It is believed that through these invisible channels flows vital energy -- or a life force called qi (ch'i). The theory also is of a belief that these 12 major meridians connect specific organs or networks of organs, organizing a system of communication throughout your body. The meridians begin at your fingertips, connect to your brain, and then connect to an organ associated with a certain meridian. The healing touch of acupressure reduces tension, increases circulation, and enables the body to relax deeply. By relieving stress, acupressure strengthens resistance to disease and promotes wellness. Just as blood vessels carry the blood that nourishes the body physically, the meridians are distinct channels that circulate life force energy throughout the body.



Acupressure Massage can also help to alleviate a wide range of everyday aches and pains, allergies, poor circulation, sleeplessness, and other chronic complaints. In acupressure, local symptoms are considered an expression of the condition of the whole body. At LaTouch Wellness Massage Therapy we are of the same belief. By using a combination of therapeutic techniques such as massage therapy, trigger point stimulation, reiki energy healing as well as mental and emotional therapies such as guided imagery. Focusing on relieving pain and discomfort as well as responding to mental and emotional tension will assist in reducing imbalances and constrictions which may do further damage, resulting in "dis-ease."

LaTouch Wellness Massage Therapy is located within the Fairway Recreation Center. We also offer Swedish Massage, Deep Tissue Massage, LaStone Massage, Sports Massage, Aroma Therapy, Reflexology Techniques, Reiki Energy Healing or A LaTouch Wellness Synergy Session. Many of these services can be combined into your one hour, 1-1/2 hour or 2 hour therapeutic session. Please contact Laura at (623) 201-0378 to schedule your appointment today! Visit our website at [www.LaTouchWellness.com](http://www.LaTouchWellness.com) for additional information.

Group Equipment Demos in October

Bell Center	Wednesday, October 4 at 11:30 am with Dick
Marinette Center	Wednesday, October 11 at 11:30 am with Dick
Fairway Center	Wednesday, October 18 at 11:30 am with Jane

NOTE: Pre-registration is required for group equipment demonstrations. Please sign-up with the Facility Attendant at the appropriate fitness center. Space is limited.

Member Fitness & Massage Services

 <div><b>Fitness Training</b> 623-696-6820</div>	<div><b>Sundial Center</b> Free Spirit Massage 623-225-8582</div> <div><b>Bell Center</b> Jan Najera 623-521-0771 Lisa McCoy 623-210-2707</div>	<div><b>Fairway Center</b> Laura Moore 623-201-0378 <a href="mailto:latouchwellness@massagetherapy.com">latouchwellness@massagetherapy.com</a></div>
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## Arts & Crafts

### Creative Quilters

Regular Club Hours: Mon & Fri: Open Sewing 8am-4pm; Tu & Wed: Open Sewing w/Sew N Sew to 3pm; Fri: Bus. meeting, announcements, programs 9:30am. Boutique items available for purchase during Club hours. Upcoming Events: Watch our news items & stop by Club to look at class book for more details. Membership open to all RCSC Cardholders

### SewNSew Club

Membership open to all RCSC Cardholders: \$5 annual dues. **Boutique & Open Sewing:** Boutique sales, Sewing & Donations Tues, Thurs & Sat 9:30a. Boutique sales include clothes to fit American Girl Dolls. Fabric donations that help us serve our community gladly accepted during open sew times. Mending at Olive Branch Senior Center: Mondays 8:30-10:30a when center is open Certification required for all machine use. Sign up in club room for: Brother sewing machine: 1) 3-hr class: \$6 Baby Lock Imagine Serger jet-threading machine: 1) 3-hr class: \$6 Baby Lock Embroidery machine: 2) 3-hr classes: \$12. See reservation list in club for specifics. October Events: 10/3 Machine Embroidery SIG mylar designs 10/4 Anita Good Design Machine Embroidery with Joy Olcott \$ 20 9:00-4:00 10/5 Show & Tell /Potluck 11:00 Open Sew until-3pm 10/18 Machine Embroidery SIG 9:30 10/19 Sewing Boutique 9-3:30 10/26 Shop Hop 9:00 am 10/12 General Meeting followed by Board Meeting 12-1:30 Reference materials, club patterns & embroidery designs available to members during open sewing hours. FMIC 977-9460 or [www.sewnsew.info/](http://www.sewnsew.info/)

### Friendship Quilters

Our club was built on friendship & the common interests of quilting/creating projects with fabric. We welcome new members of all levels. Many find quilting sisters at the club. We encourage you to stop by the Bell Craft Village Quilting room on one of our meeting days. Come in & enjoy our contemporary version of the "Quilting Bee." Hours: Mon, Thurs, Sat: 9am-3pm & 5-8pm on Mon; Wed: noon-8pm. Annual dues \$5. Membership open to all RCSC Cardholders. FMI visit [www.friendshipquilters.us](http://www.friendshipquilters.us)

### Bell Stitchers

Like to sew? Share new & fresh ideas as we create outfits for charity & craft items to raise money for accessories & supplies. Stop by for a tour & a cup of coffee/tea. Winter Hours: Tues 9am-3pm, Wed 9am-noon, Fri 9am to 2pm. Dues are \$3 & membership is open to all RCSC Cardholders.

### Fairway Sterling and Stones

All RCSC Cardholders welcome to take a tour! People new to jewelry making, lapidary & glass fusion may arrange classes at times convenient to them & instructors. Annual Dues: \$15. Classes vary by subject: Silver craft, chain making, wire wrap, reticulation, lost wax casting, Viking Knit, Steam Punk jewelry, Glass Fusion & Lapidary. Our great jewelry store is open to the public M-F, 8a-12p & by appointment. Services include craft supply 10am-12p, M-F & by appointment. Fairway club room #136 (next door to the Trains). FMIC 623-977-2208.

### Palo Verde Artists

Palo Verde Artists Members encouraged to renew social connections. RCSC Cardholders welcome to check out our friendly artists' group. Annual membership: \$10; entitles enrollment for classes & workshops; beginners to experienced painters & sketch artists welcome. Classes & workshops may entail additional fees. Our club holds many free events such as artists' demos, "Paint-Ins," Open Painting, friendly critiques & video lessons, as well as social events. Classes taught by professional artists start in October. Club meets monthly on the first Monday at noon in the East Auditorium at Sundial.



### Bell Ceramics

For beginner-to-advanced ceramists! Classes offered in stains, oils, glazes, underglazes, chalk, clay add on, banding, carving & more. Annual Membership: \$7 (w/RCSC card). Additional fees for classes from \$8-20. Each member must volunteer if they wish to use club kilns, take classes or sell finished pieces in club store. Greenware, paints & other supplies for sale. Members can choose from over 1,300 molds. Club Hours: M-F 9am-3pm; Sat 9am-noon & every Thur 5:30-9pm. Please stop by during our open hours. FMIC 974-6750

### Lakeview Ceramics

Fun projects are on the October schedule for Lakeview Ceramics. Every Wednesday, bring a ceramic piece to get suggestions on how to finish it and then get step by step instructions to get the job done. New classes involving stoneware, faux finishes, yard art and Holiday decorations are just a few on the Fall list of new projects. So wherever you are in your ceramic journey come down to the clubroom Monday through Friday, 9am to 1pm to find that piece and technique you have to make. Also, on the first Thursday after the first Monday of the month, we have club meetings. Be in on all the news of upcoming changes, classes and events. FMIC 974-5979

### Fairway Knitters

Semi-annual **White Elephant Auction** October 27 in Fairway AZ Room #4. Auction tickets: 10 for \$1. "Shopping" from 9-9:45am; drawings begin at 10am. Open to members & their escorted guests. Guest fee: \$2.50.

Knit & crochet items for the military, care centers, school children & the homeless of Phx as well as other charities. Join us any Friday, 8:30am-2:30pm. Work on your own projects using your own yarn or work on projects for the club using club yarn. We meet in Fairway AZ Room 4. Annual membership: \$3. FMIC 623-972-9736.

### Handweavers & Spinners Guild

Skilled instructors teach weaving, spinning, basketry, tatting, hardanger & beadweaving. All skill levels welcome; Special Interest Groups (SIG) meet weekly year-round in well-equipped Sundial clubroom. Annual dues: \$10. Variety of classes or meet singly w/instructors during SIG. New members may use equipment/work on personal projects once basic skills are established. General member meetings 1pm first Mon monthly (Oct-May); occasionally include speakers/demonstrations; always snacks/socializing! Other social events include: Halloween, Christmas parties & Spring omelet brunch. Classes/workshops held year-round; regular club hours: 9am-3pm Mon-Fri, Oct-May (summer hours vary). Beautiful handcrafted items for sale; store open during club hours. Members participate in holiday fairs/craft sales events over the year. FMI [suncityaz.org/handweavers-spinners-guild/](http://suncityaz.org/handweavers-spinners-guild/) or call 623-933-0397.

### Camera Guild

Join us for exciting classes, social events, competitions & Grab (Your Camera) & Go outings. Club Room is on 2nd floor of Sundial. Contact club for details. We love to share ideas. FMIC Dan 480-363-2702.

Additional information about activities, classes & social events can be found at: [www.cameraguildsuncity.com](http://www.cameraguildsuncity.com). Please visit club room on Sundial Upper Level, Mon-Fri, 9am-noon.

### Jewelry at Oakmont

Club hours: Mon - Fri 8am-2pm, Sat 8a-12p. Classes offered in lapidary, silvercraft, glass fusion, faceting, beading, wirewrap & scrimshaw. FMIC John Schmidt 623-322-4595

### Lakeview Woodworkers

Come see our many beautiful wood crafts! Men & women welcome; consider tapping into your creativity & making something with your hands. It's a wonderful feeling. We make a lot of sawdust, but usually something special to show for it. Our club is a fun & happy place; members are always willing to help. Open Mon-Fri 8a-4p, Sat 8a-12p. Summer hours: Mon-Sat 8a-2p. Annual Membership: \$20. FMIC 623-933-2355

### Sundial Silverstones

No Experience Necessary! Membership open to all RCSC Cardholders. Beginning classes offered (minimal fees) in basic silver, glass fusion, mold making, lost wax/casting, lapidary, chain making, wire wrapping & faceting. Our well-equipped club is open M-F 8am-3pm & Sat 8am-noon. Jewelry store open to all for purchase of member-crafted items, M-F 8am-3pm & Sat 8am-noon. Come take a tour of our facility.

### Marinette Clay Corner

Reminder! We are now on Fall Hours: Mon-Fri 8a-9p, Sat 9a-5p Stop & visit, we always have items for sale; all items made by a Club member. We meet at NW corner of 99th/Union Hills, Building A. FMI call 623-977-3167. New members always welcome! Annual dues: \$15. Visit [www.marinetteclaycorner.org](http://www.marinetteclaycorner.org) for more info. Open to all RCSC Cardholders

### Oakmont Ceramics

Annual Dues: \$5 Club hours: Mon-Th, 8am-3pm; Tu/Th 5:30-9pm; Sat 9am-1pm; closed Fridays; Whether you're a beginner or advanced ceramist, this Friendly Club is for you. See Sign-up sheets in Club for special classes/workshops. FMIC 623-363-3908 or come by the Club during Club hours.

### Oakmont Needle Arts & Crafts

Sun City's hidden Jewel - a place to learn basic knitting, crocheting & embroidery. Every Thurs, mentors start you on your adventure into needle arts. Every fourth Thurs members show & tell current/completed projects. We meet at Oakmont, Thurs, 8-11:30am. Come, learn, socialize & enjoy jokes & treats. FMIC Phyllis 972-2609.

### Sun City Calligraphy Society

Fall schedule is in full swing! October General Meeting Friday, 10/6, 9am in Club's Sundial meeting rooms. Club open Thursdays & Fridays, 9-11am; plenty of time to create love cards & practice beautiful writing. Handmade greeting cards available for purchase during club hours. First Open House of the season is 10/19, 9-11am. Come sign up for classes, purchase handmade greeting cards & bookmarks, & enjoy coffee & treats. Our fall calligraphy class schedule begins shortly after the Open House. Club membership open to all RCSC cardholders. FMIC John Staggs 210-9137.

### Bell Metal Club

Love metal? Love art? Come to Bell Metal to be both innovative & artistic! Not only can you work with metal, we can fix & replace garbage can lids or make your mailbox secure by adding a locking security box. We have all the equipment to cut, weld & machine metal; we even build small engines. Come visit our shop &/or join us Mon-Sat, 8am-4pm. Membership open to all RCSC Cardholders. Dues: \$10 per year. Call to see if we can repair your broken metal items. FMI 623-974-8206.

## Arts & Crafts (continued)

### Sun City China Painting

We invite you to come paint with us. Meet at Fairway four days a week (room #217, second floor). Club open to all RCSC cardholders; annual dues: \$5. You are welcome to attend three times before joining. Free beginning classes. If interested please call President Fran Ellis 623-876-8714. Come join this fun group of painters.

### Artistic Weavers/Fiber Artists

Beginning Weavers Classes start the second week of October: Tues, Thurs & Sat 9am-noon, \$40 for approx. 10 sessions, registration required. Basket weaving instructions will be on Fridays, Coil Basket classes on Mondays & on Wednesdays, Spinning lessons available from the club's Twisted Sisters. Stop by our clubroom at Oakmont for details. We'd love to have you join us.

### Fairway Ceramics & Porcelain Club

All Guests/Visitors can enter **free** monthly drawing for an awesome door prize. Come have a tour & cup of coffee! Annual Dues (Jan-Dec) \$10/RCSC cardholder; family memberships (2 w/same address) \$15. Half price on new member dues paid after 6/30! All skill levels welcome. Basic orientation & mentorship helps new members to begin in a friendly, encouraging environment. Classes are optional, fun & low-cost: air-brushing, clay lifting, glazing, brushstrokes, decorating w/translucents, Zentangle, underglaze pencil, etc. Greenware, tools, & supplies available for purchase. Hours Oct-May: 9a-3p, Mon-Fri; Sat, 9a-1p. FMIC Club 623-972-5818, Dott McDaniel at 623-748-3313. Located at Fairway, 2nd floor.

### Learn Leather Craft

Open to all RCSC Cardholders. Annual Dues: \$10. Beginner classes Tues/Thurs, 8am. Learn carving, stamping, garment & construction. Lessons, patterns & tools furnished. We meet at Marinette. Hours: 8am-12pm; Mon-Fri. Learn to make leather goods: belts, purses, holsters, even mini saddles. A great group of people & a wonderful craft. FMIC 623-594-6591 or 623-933-8831.

### Bell Craft Club

Open M-Sa 9am-3pm & M,W,Th 6-9pm. Classes/workshops include: Bead weaving, Greeting Cards, Copper Enameling, Placemats, Candle making, Quilling & Cross Stitch, Painting, Plastic Canvas, Knitting, Crocheting, Silk Flowers, Craft Beading, Polymer Clay & Brazilian Dimensional Embroidery. Classes taught by members. Think others would enjoy your craft? become a member & teach. Boutique open for purchase of unique handcrafted gifts. Gen Mtgs 2nd Thurs, Sept-May. Annual Dues: \$10. New members joining July 1-Dec 31: \$5. All regular classes free to club members. Membership open to RCSC Cardholders. FMIC 623-974-3497.

### Sundial Crafts

Come craft with us! Join instructors Linda & Char for card embroidery classes on Fridays, 1-3:30pm or card making classes on Tuesdays, 5:30-8pm. Includes a variety of techniques: stamping, embossing, 3D layering, embroidery on paper & others. Instructor Claire offers beginners knitting & crochet workshop. On Tues, 10/24 from 6-7:30pm, join instructor Mary for our adult coloring workshop where you learn layering, coloring & shading techniques, cost \$2. Annual dues: \$5. FMIC Carol 815-315-2387 or sdcraftclub@yahoo.com

### Artists by the Lake

Scrapbooking, Paper Arts & Multimedia: Bell Crafts scrapbooking group is moving to Lakeview with Artists by the Lake effective 10/6. We are excited about our new location & partnership with the Artists. Our members work on a variety of projects from Cards to Scrapping, Journal Books to Wall Art. Regular class times: every Saturday 9am-3pm; also, 1st & 3rd Fridays, 4-8 or 9pm. More days may be added to schedule after move is complete. Stay tuned for more details! Current members or those w/new interests please join us Friday, 10/6 at 4pm as we settle in as part of Artists by the Lake. Club open to RCSC cardholders. FMIC Dottie Kirby, 623-251-0124.

### Sun City Clay Club at Lakeview

October is here with more classes & workshops in handbuilding technique, wheel, sculpture & mosaics. If you have an interest in pottery, we invite to see what we offer in our fully equipped studio. More winter visitors return daily, making more fun & activity. Thanks to members who served as monitors so the club could stay open during summer. Our club is at the Farmers Market & participates in the Fall Arts & Crafts Festival. Next meeting: Thurs 10/5, Lakeview Social Hall 1. Social: 9am (goodies); Meeting: 9:30am. Membership open to RCSC Cardholders. Hours: Mon-Thurs, 8:30am-8:30pm; Fri-Sat, 8:30am-4:30pm. Life is a truly amazing adventure. Join us & broaden your horizons. FMIC 933-0899.

### Bell Silver Craft Club

Visit our full, professionally equipped silver craft workshop & sales room. We offer beg. classes in basic silver work, introducing students to fundamentals. We also offer classes in lost wax casting, turning wax models into beautifully cast silver or gold, chainmaille for stunning bracelets & necklaces. Other specialty classes/demonstrations offered throughout the year. You're welcome to tour our club & see the possibilities. Jewelry Sales: Mon-Sat 9am-3pm. Silvercrafting hours: Mon-Sat 8am-3:30pm. Located around the corner from the Bell Visitors Center. FMIC 623-933-8442.

## Performing Arts

### Piano Club of Sun City

The Piano Club of Sun City welcomes you back with our first music program of the season on 10/20, 9:30am in Sundial Auditorium, where anything goes as performers play their favorites. Club meets 9:30am third Friday every month, Oct-April. You do not have to play to become a member, nor are players required to perform. Annual membership: \$10 per person; \$15 per household for RCSC Cardholders only. RCSC visitors & escorted guests welcome. Affordable lessons offered to adults (Beginning/Intermediate levels & beyond). Classes conducted in Piano Club Studio on level above Sundial pool. Piano courses resume in October; tuition ranging from \$140-\$160 for 8-week sessions. FMIC 623-792-7266 or visit <http://suncityaz.org/recreation/clubs/piano-club/>

### Choraliers of Sun City

The Choraliers are an auditioned choral group composed of men & women with a wide variety of musical backgrounds. Group performs a wide variety of music for social functions, churches, healthcare facilities, & retirement communities. Currently interested in increasing our baritone, & bass voices. Rehearsals are on Mondays, 8:30-11am, in preparation for our holiday concert series. If you're looking for a place for musical fulfillment, please stop to listen to us at the Fairway music room, second floor; or check us out at [www.suncitychoraliers.com](http://www.suncitychoraliers.com).

### Readers' Theater Ensemble

A unique venue to encourage & support members interested in performing drama without memorizing scripts. Members learn & gain experience in developing/showcasing talents by reading a variety of material using voice, facial expression & body language to enhance spoken word. Readers perform one act plays year-round for organization & clubs to fulfill their entertainment needs. For bookings contact Ann Case 612-730-9699; FMIC Cecilia Simonelli 623-210-1810. Membership open to all RCSC Cardholders. Meetings: Fri 1-3pm in Social Hall #3 LV.

### Sun City Womens Chorus

Rehearsals for Holiday Concerts on Thursdays, 8:45-11am, Fairway Music Room, under direction of well-known musician, Jane Higgs. New accompanist, Kent Trostel, comes with a rich musical background, presently Arizona Masterworks Chorale accompanist. In addition to old favorites the Chorus is looking forward to learning some new ones, such as "Carol of the Bells", arranged by Kent Trostel, "Hanukkah, Season of Joy," "Stars I Shall Find" & "Swingin' Saint Nick." Mark your calendars for the Holiday Concert, Sunday, 12/3, 2pm at Sundial Auditorium. FMIC Chris 480-236-1602

### Celebration of America

Sun City Concert Band  
Saturday, October 21, 2017 @ 1:30pm  
Sundial Auditorium



Turn to page 22 for more details

### Sun City Community Players Theater 2017-2018 Season



#### "Blithe Spirit"

Charles and his second wife invite a local "medium" to conduct a séance in their home during a dinner party who conjures up the ghost of

his first wife. Things just get more complicated for Charles when the ghost won't go away, and you won't stop laughing as Charles tries to find a solution. **Performances:** 7pm Oct 27, 28 & Nov 3, 4; 2pm Oct 29 & Nov 2, 5; **Ticket sales:** Fairway Oct 23-26, Oct 30-Nov 2, 10am-12pm



#### Making God Laugh:

"If you want to make God laugh, tell Him your plans for your life!" Throughout 30 years of holiday gatherings, Ruthie, Bill and their three adult children discover that,

despite what plans they may have made for their lives, they are destined to arrive at unexpected destinations. As their lives are revealed, you'll laugh, too. **Performances:** 7pm, Jan 12, 13, 19 & 20; 2pm Jan 14, 18, 21; **Ticket sales:** Fairway, Jan 8-11 & Jan 15-18, 10am-12pm



**Nunsense:** Hilarity reigns when five nuns stage a talent show to pay for the funeral services for 52 of the Little Sisters of Hoboken who have succumbed to botulism after eating vichyssoise prepared by Sister Julia, Child of God. Wacky,

wonderful, award-winning Nunsense offers laughs, fun and show-stopping music for the whole family! **Performances:** 7pm Mar 9, 10, 16, 17; 2pm Mar 11, 15, 18; **Ticket sales:** Fairway Mar 5-8 & Mar 12-15, 10am-12pm

Season Tickets (all 3 Plays) available online at [SunCityPlayersCommunityTheater.org](http://SunCityPlayersCommunityTheater.org). All performances at Mountain View Center.

Sun City Community Players Monthly meetings on 3rd Mon (Sept - May) 7pm

Weekly clubhouse every Wed (Oct - April) 10am for acting workshops/rehearsals/socializing with fellow thespians and lovers of the arts.

Send inquiries to: [SunCityPlayersBoxOffice@gmail.com](mailto:SunCityPlayersBoxOffice@gmail.com)



## Dances

**Rockin' Thru the Years – Saturday Nite Fever**

The only dance club dedicated to Classic Rock & Roll, Disco, DooWop & Country Rock. We have our own sound system and use 2 different DJs to play music from the 50s thru today. Will play requests as long as they fall in the R&R genre. Singles & couples welcome; there is no dress code. We furnish cups & ice; bring your own snacks & favorite beverage.

Admission: \$3/members; \$6/escorted guests. Annual RTTY membership \$3; with RCSC card. By the way you don't have to have a partner or take dance lessons to enjoy dancing to R&R and Disco. We dance at Bell Social Halls; Doors open 6:30pm; dance from 7-10pm. FMIC 623-332-7894 or visit [Rockinthrutheyears.com](http://Rockinthrutheyears.com)

**October Schedule: 10/14 - DJ Jamme Soulez; 10/28 Halloween Dance with DJ Ryan Blair**  
**We have 8 drawings at every dance plus a 10' x 8' video screen for your enjoyment!**

**Sun City Singles Dance Club**

Singles & couples invited to join us for social & ballroom dancing at Sundial, Friday, 7-9:45pm. Whether you love to slow dance, are an accomplished ballroom dancer, or somewhere in between, you'll enjoy dancing to some of the best live music in the Valley. Free dance lesson w/paid admission: 6:20pm. No partner required for lesson; Students rotate so everyone has an opportunity to dance. We also have "Mixers" & "Line Dances." Admission: \$5/members; \$8/escorted guests. Enjoy socializing & making new friends. Be comfortable, but please - no jeans, shorts, pullover shirts, hats, tennis shoes or flip flops. Coffee, ice & cups provided. FMIC Bob (623) 215-8718 or visit our website at: [www.suncitysinglesdanceclub.com](http://www.suncitysinglesdanceclub.com). Open to all RCSC Cardholders, visitors & escorted guests.

**October Dates: 10/6 Bob Roppolo; 10/13 Midnight Moon;**  
**10/20 Mike Carollo; 10/27 Bobby Freeman**

**Sun City Line Dance Club at Sundial**

Dance on a beautiful wooden dance floor every Tuesday & Thursday 10am-1pm in Sundial ballroom/auditorium. **Exception:** Thursday 10/3, 9:30 early start. Free dance lessons 15 minutes prior to each dance. Serving cookies, pretzels, mints, coffee & water. Members, visitors & escorted guests welcome. Club membership \$5. Daily dance: \$2/members, \$3/visitors, & \$6/escorted guests. **Fall Luncheon** after dance 12:30 October 31 with full lunch: tickets \$2/members & \$4/escorted guests. Door prizes!! Sign up in advance. FMIC Walter 623-972-5127. [SUNCITYLINEDANCECLUB.FACEBOOK](https://www.facebook.com/SUNCITYLINEDANCECLUB) containing links to teaching sessions for our dances; website: [WWW.SUNCITYLINEDANCECLUB.COM](http://WWW.SUNCITYLINEDANCECLUB.COM)

**Bell Tea Dance**

All dances on Wednesdays from 2-4pm at Bell Social Hall. Music provided by local keyboard artists. Dances consists of Foxtrots, Waltzes, Latin, Swing and Rock; two mixers and line dance included. Coffee, tea & cookies provided. Singles welcome. Admission: \$4/Club Members; \$6/escorted guests. FMIC 623-933-8873. **October Dances: 10/11 - Mike Carollo; 10/11 - Manuel Dorantes; 10/18 - Bob Roppolo; 10/25 Manuel Dorantes**

**Rhythm Ramblers - October Dance**

Rhythm Ramblers first dance of the season on Tuesday, 10/3. Enjoy the afternoon dancing & listening to your favorite music from a live 18-piece band under the direction of Barry Dale. Admission: \$5/RCSC cardholders; \$7 guests/visitors. Dress casual. Bring your own drinks & snacks. Cups, ice, & napkins provided. We hope to see you at Sundial Auditorium; music from 2:30-4:30pm. FMIC: 623-876-2063

**Country Dance Club at Sundial**

Come dance with us 10/7 & 10/28 at the fabulous Sundial ballroom. Something for everyone; a good mix for couples free-style, couples pattern, & line dancing (with a dedicated line dance floor). Will play requests that are considered Country. Dress casual or dress up, country or otherwise. Bring your own snacks & beverage. Ice, water, cups & cookies provided. Both dances are 6:30-9:30. Doors open 5:30 pm with a free dance lesson (with pd admission) from 6-6:30pm. Admission: \$3/members; \$5/visitors; \$6/escorted guests. Annual club membership: \$5 w/valid RCSC Card FMIC 623-972-5127 or visit [www.CountryDance-ClubSunCity.com](http://www.CountryDance-ClubSunCity.com). **SPECIAL EVENT: Steel Nickel Band on Oct. 28.**

**October 7 free line dance lesson**

**October 28 free partner pattern lesson**

**Sun City Ballroom Dance Club at Bell**

Club meets at Bell Social Hall every Sunday evening throughout the year except Thanksgiving, Christmas & Easter. Dance is open to all RCSC cardholders & escorted guests. Please join us at 6:30pm for socializing & a fun evening of dancing. Dancers of all accomplishment welcome. We have mixers & line dances. Casual dress code but no tee shirts, jeans, cut-off shorts, or sport shoes. Annual membership: \$3; admission: \$5/ members, escorted guests: \$8. Sunday dance is 7-9:30 pm. Coffee, ice & cups supplied or bring your own snacks.

**October Musician Schedule: 10/1: Bob Roppolo; 10/8: Manuel Dorantes; 10/15: Bob Roppolo; 10/22: Michael Carollo; 10/29: Manuel Dorantes**

FMIC Julie (623)533-6236 or Arlene (623) 214-0594 or visit [www.suncityballroomdanceclub.com](http://www.suncityballroomdanceclub.com)

**Classic Rock Dance Club**

Dances 1st & 3rd Saturday nights at Fairway. Only dance club that plays Classic Rock N Roll non-stop from the 50s, 60s & 70s.

**October 7:** DJ John Urzi; Free Popcorn

**October 21:** DJ Ron West;

Fall Festival Celebration w/Free Hot Apple Cider

Doors open at 5:30pm, dancing 6-9pm, bring your own beverage. Homemade cookies, cups, ice and napkins provided. Singles & couples welcome; casual or dress up.



Open to all RCSC Cardholders & their escorted guests. Annual Classic Rock club membership: \$3W/valid RCSC membership. Admission: \$3/members; \$6/escorted guests.

FMI visit our Facebook page, CLASSICROCKDANCECLUB or call Donna 623-628-4401 / 360-350-8160

**Sun City Squares**

Closed until October 31 when our first dance of the season is our famous Light Dance, 6:30-7pm Pre-Rounds; 7-9pm Mainstream /Plus Square Dance. Dee Dee Dougherty, Caller. \$5/members \$7/ escorted guests & visitors. We dance at Bell SHs. Ask about reciprocity! FMIC 623-930-7513; 623-875-2642 email: [suncitysquares@q.com](mailto:suncitysquares@q.com) Dances open to RCSC Cardholders and their Escorted Guests.

## Dances Lessons

**Country Dance Lessons**

Couples Pattern Dance lessons every Wednesday at Bell Social Halls 6:30-9pm. Once you learn some of these dances, you will be ready to join the pattern dancing at our club's dances at Sundial on 10/7 and 10/28. Cost: (covers the entire 2 1/2 hours) \$4/club members, \$5/RCSC cardholders & \$6/escorted guests. FMIC 623-972-5127.

**Beginner: 6:30pm**

**Beginner Plus: 7:15pm**

**Intermediate: 8:15pm**

**Sun City Ballroom Dance Lessons**

New dance classes schedule for October:

Mondays: 6-7Pm Beg/Interm Waltz	Thursdays: 6-7pm Beg/Interm NC 2 step
7-8Pm Beg/Interm Chc Cha	7-8Pm Interm/Adv. Tango
8-9Pm Interm/Adv. Westcoast Swing	8-9Pm Beg/Interm Samba
Instructor: Paul Daniells	Instructor: Paul Jack

\$5/members; \$8/guest for each lesson. FMIC Julie (916) 390-3759 or Arlene (623)214-0594

**Tip Top Dance Club**

Tap Dance Classes: All Levels of Experience Welcome, Men & Women Welcome  
**Tap Classes at Marinette:** Tap 1: Tues, 9am; Tap 2: Mon, 10:15am; Advanced Variety: Mon & Fri, 9am; Advanced Tap: Tues & Fri, 10:15am; Fri 10:30am; Introductory Tap: Tues, 8:15am by appointment only. Cost: Annual Dues: \$10; plus \$12-24 per month, depending on classes. FMIC Velvet 623-824-5146. **Moving to the Beat:** Tues & Thurs, 1pm; \$10 annual dues plus \$3 per class. **Pilates Classes at Bell:** Mon & Fri, 1pm; \$4/class; FMIC Betty Grantham, 623-505-3028. Open to all RCSC Cardholders & their escorted guests. FMIC Velvet 623-824-5146

## Educational Classes

### Computer Club of Sun City

Our members come to our Club in the Fairway Recreation Center to share computer knowledge and experiences, including current Microsoft Operating Systems, Android Smartphones and tablets in a fun social environment. This includes Windows 10, the Internet, mobile devices, media, home, office and social. Members of the Club can come anytime that we are open and use our computers in the Member's Lab to check email, read



the news and visit favorite websites. They use our scanner to scan their important documents, precious old pictures, prints, slides and negatives. Classes, special interest group discussions, workshops and presentations are both interesting and educational.

We have two entire classroom equipped with Windows 10 computers and many classes using Microsoft 10 are scheduled. Classes are usually announced at least two weeks before and require club membership. You'll need to come to the club to register. Sign up early as they do fill up fast.

Our Workshops are focused, informal, hands on, and with smaller groups. Membership is required. Topics of the Workshops are targeted to a specific topic and will be related to PCs or Android Devices. Tables are arranged for members to use with their own laptop, tablet, or phone.

All RCSC cardholders are welcome to join the fun! In October, you can join by attending a short "Join Us" presentation in our Club on any Wednesday or Friday. Come in anytime between 9a to 10:30a. It only takes a few minutes to join! For more information, call 623-933-8953 or visit our Club Website: [www.firstsuncity.com](http://www.firstsuncity.com)

The Computer Club of Sun City is on the 2nd floor of the Fairway Recreation Center.  
October Clubs Hours: Mon - Fri 8a to 4pm, Sat: 8a to Noon.

### October Schedule:

#### First Week

Android Devices SIG on Oct 2 at 9a  
File Explorer using Windows 10 Class, Oct 2, 3 & 4 from 9a-11a  
Computing 101 Class, Oct 3, 4 and 5 from 1p to 3p  
Club Board Meeting, Oct 5 at 9a, Members welcome to attend  
Round Table Discussion, Oct. 6 at 9a

#### Second Week

Internet Email SIG on Oct 9 at 9a  
Windows 10 Operating System Class Oct 9, 10, 11 & 13 from 9a-11a  
Window 10 Workshop, Oct 10 at 9a  
Genealogy SIG on Oct 11 at 9a  
Windows 10 Workshop, Oct 12 at 9a  
Monitor Training on Oct 12 at 11a  
Round Table Discussion on Oct 13 at 9a  
Investors SIG on Oct 14 at 9a

#### Third Week

Android Beginners SIG on Oct 16 at 9a  
Computing 101 Class, Oct 17, 18 & 19 from 9a-11a  
Window 10 Workshop, Oct 17 at 1p  
Android Workshop on Oct 18 at 9a  
Backup and Recovery SIG on Oct 19 at 9a  
Hardware Clinic on Oct 20 at 9a

#### Fourth Week

Windows SIG on Oct 23 at 9a  
Windows 10 Workshop, Oct 24 at 9a  
Round Table Discussion on Oct 27 at 9a  
Investors SIG on Oct 28 at 9a



### SunMacs Computer Club

Summer hours still in effect: Tu & Th, 8:30-10:30 am only. Summer Hours are observed May through October.

Our next General Meeting takes place Saturday, November 11, 8:30-10:30a in the Sundial West Hall. Coffee and treats available before the 9am program. The program topic for this meeting will be "ALL the New Things from Apple," when our friends from Mac Media tell us What's New and What's Best in the marketplace!

You can renew your membership for 2018 at this time. Election of officers for 2018 will take place before the program.

We specialize in assisting our members with Apple Products and Software. Located at Sundial; RCSC card required for membership. Annual dues: \$20 single/\$30 couple. Collection of 2017 dues ended in April 15. We begin collecting 2018 dues in November.

We offer Classes, Round Tables and Socials free to club members. Some classes require pre-registration. Visit [www.sunmacs.org](http://www.sunmacs.org) or our club room (933-5300) FMI



### Spanish Club - El Circulo Español Upcoming Events

Thu 10/19: Class signup/general membership meeting & "Finger Food Potluck;" FW AZ Rms1 & 2, 5:30pm

### Tentative 2017-2018 Class Schedule:

#### Classes starting in Oct/Nov

#### Monday (10/23)

All Levels Conversation: 11a-1p (Marisa Drake)  
Beginner Level 1 (Text\* Ch 1-14) 3-5 PM (Laura Sulzby)

#### Wednesday (10/25)

Beginner Level 2 (Text\* Ch 14-28) 8-10a (Al Houdek)  
Beginner Level 1 (Text\* Ch 1-14) 10a-12p (Al Houdek)  
All Levels Conversation 12-2p (Esperanza Foreman)

#### Thursday (10/26)

Intermediate Conversation 10:30a-12p  
Barbara Christensen (Fairway Room #133)  
Wednesday (11/15)  
"Destinos" (Videos) starting at Episode 1; 2-4pm  
(George LeBlanc)

### Classes starting in January 2018:

**Tuesday (1/2)** Drop-in Workshops 9:30-10:30a  
1st & 3rd week (topics & instructors to be announced)

#### Thursday (1/4)

Beginner Level (Text\* Ch 39-51) 9-10:30a  
John Dunn (Fairway Room #133)

#### Monday (1/8)

Beginner Level 1(Text\* Ch 1-14) 9-11a (Roberto y  
Merci Garcia)  
Beginner Level 1(Text\* Ch 1-14) 1-3p (Pauline Cabalar)

\*Text Info: Spanish Made Simple by Eugene Jackson  
& Antonio Rubio; Revised by Judith Nemethy  
Annual Dues: \$10; includes all classes you may want.  
Start/stop a class according to your schedule. User  
friendly, we'll help find free/low cost books & arrange  
carpools for outings. New members welcome! FMI:  
[SunCitySpanishClub@gmail.com](mailto:SunCitySpanishClub@gmail.com) or visit [Sunaz/  
Spanish-club/](http://Sunaz/Spanish-club/) or call 623-256-8376 Lidwina or 480-  
262-4461 Boots

### Life Long Learning

**Class Registration:** Thurs 10/5; membership meeting: 10am; Registration follows until 1:30p FW AZ Rooms 2, 3, 4. For paid 2017 members, e-mail registrations accepted through 10/1 at [lllregist@gmail.com](mailto:lllregist@gmail.com). All e-mail registrations processed after general registration, in order received. Yellow receipts in LLL mailbox outside Classroom 129 before classes begin on 10/23. **Field trip registration must be made in person (no e-mail accepted)** as payment & signed waivers due at registration.

The Sun City Lifelong Learning Club offers 30-40 lectures & multi-session classes each "semester" at Fairway. Classes offered Oct-Dec & Feb-March. Topics include art, music, history, health & well-being, finances, current affairs & entertainment. Instructors are volunteers & residents of Sun City & nearby communities with wide & varied experience. Local organizations also volunteer staff members as instructors. Dues: \$20 per calendar year. If interested, please email [sczlifelong@gmail.com](mailto:sczlifelong@gmail.com) or call 623-533-5756. Fall classes listed on Lifelong Learning webpage at [www.suncityaz.org](http://www.suncityaz.org).





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## Meet Our Staff

**From LT to RT standing:** Diana Swens, Staffing, Shelley Ouimette, Scheduling Coordinator, Natalie Henrichsen, Sales & Marketing, Mary Jo Cuttall, RN, Kay Spofford, RN.

**Seated from LT to RT:** Jane Keys, Memory Care & Education, Janice Grady, Office Manager, Dot Scherr, RN, Lola Judy, Owner/President.

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10am Worship  
5pm Worship /  
Discipleship

**Wednesdays**  
5pm Bible Study

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*Stay .....For the Commitment to it*

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Infrared Coagulation is a proven, safe, and fast non-surgical treatment for hemorrhoids. This outpatient procedure is performed in just a few minutes.

- No anesthesia or special preparation needed
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## A Helping Hand With Meals

- EVERY day, even holidays!
- Two healthy meals a day
- Affordable price...only \$7.50 per day
- Food allergy? Diabetic? other special diet? No problem!

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[www.suncitymealsonwheels.org](http://www.suncitymealsonwheels.org)

Sun City Meals On Wheels, Inc. - a not for profit 501(c)3 organization since 1972

**2018s HAVE ARRIVED**  
**2017 MODEL CLOSE-OUT**  
**SAVE \$500 OFF LIST PRICE ON ALL 2017 ONWARDS**

**COME SEE AND DRIVE THE ALL-NEW**

**ClubCar ONWARD**

**SALES EVENT!**  
**SAT OCT 7th • 9-3**  
**TEST DRIVES**  
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**MUSIC • FUN**



**2.99% INTEREST FOR 36 MONTHS**

(OAC) Financing thru Sheffield Financial. Expires 10/31/17.

**SAVE \$100 ON PRE-OWNED CARS**  
**Large selection available - choose yours today!**

New • Used • Rebuilt • Sales • Repair Service • Parts • Pickup & Delivery • Accessories • Batteries • Tires • Re-Upholstery

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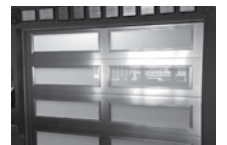
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Garage Door Opener**  
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Plus tax.

Must present coupon. Can't combine with other advertised offers. Prices subject to change after 10-31-17.

**16 x 7 Garage Doors**

**Starting at \$775** Installed.  
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**Includes removing existing door & reconnecting existing opener.**

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**FALL MAINTENANCE SPECIAL**

**\$59** **Garage Door Tune-Up**  
Tighten hinges, lube and/or adjust door springs and opener.

Must present coupon. Can't combine with other advertised offers. Prices subject to change after 10/31/17.

**Includes 16 point safety inspection.**

**Located In Sun City For Over 17 Years!**

LIC # ROC 161375  
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**\$100 OFF**  
**Any Steel-backed Insulated**  
**16' x 7' Garage Door**

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**9008 North 99th Avenue • Sun City**

**623-915-7777**

**99th Avenue & Olive • Monday-Friday 8am-5pm • Saturday 8am-Noon**





# Welcome to Sunshine Service

People, meeting needs of people is what Sunshine Service is all about. Sunshine Service lends medical and children's equipment to residents of Sun City and we have been doing so for over 54 years. We are a charitable non-profit Arizona corporation and are funded by voluntary contributions and memorial gifts.

While the equipment is available for the use of all residents or visitors staying with residents, the equipment must not be taken out of Sun City on a permanent basis. As a matter of control, equipment is loaned only to Sun City residents.

Records show that as the population of Sun City grew, so did use of our medical equipment. Savings for Sun City residents have been calculated periodically; in 2015, it was estimated that residents saved over two million dollars in cost of equipment for that year alone.

Sunshine Service, Inc has received local, state and national recognition. Awards received include the George Washington Honor Medal for services to the sick and handicapped from the Freedoms Foundation of Valley Forge in Pennsylvania.

***"The Cleanest and Most Sanitized Equipment Around"***



**New  
Knee  
Scooters  
Arrived!**

## Some Of The Many Items We Carry:

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**Services:**

<b>Sunday</b> 9:00 am Bible Study 10:30 am Worship Service	<b>Wednesday</b> 4:00 pm Bible Study & Prayer
--	--

**11019 W. Peoria Avenue, Sun City AZ 85351**  
**623-933-6600 • [www.firstbaptistsuncity.com](http://www.firstbaptistsuncity.com)**  
**Kenny Long, Sr. Pastor • Travis Fullwood, Assoc. Pastor**

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In the Frys Shopping Center  
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**NOW HOSTING HAPPY HOUR**  
Monday - Thursday 2pm - 5pm

All Beer, Wine and Margarita's are \$2.00 (Limit 3 to a customer)  
Soft Drinks \$1.50 and 1/2 price appetizers  
(Cannot be combined with any other offer)



Buy 1 Combination and 2 Drinks & Get the 2nd Combination for

**HALF OFF**

**NINO'S**  
MEXICAN RESTAURANT

Second entree must be of equal or lesser value. Must present coupon  
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**623-931-3572**  
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*Everyday is an  
adventure*

**Enjoy  
Participating in  
Exciting Excursions**



## **Welcome Home to Wooddale Village** **A Sun City Retirement Community**

Wooddale Village is a beautiful resort-style retirement community located in Sun City, offering the finest in services, amenities, and healthy lifestyle. This community offers spacious one and two bedroom apartment homes with views of lush, green courtyards lined with trees, water features and ponds. Residents who choose Wooddale Village as their home enjoy the freedom of living a carefree lifestyle that keeps them young at heart.

*Wooddale Village*  
SUN CITY

**(623) 933-1313**



Visit us on Facebook

**18616 N. 99th Avenue, Sun City**  
(just north of Union Hills)

**[www.wooddalevillage.com](http://www.wooddalevillage.com)**



# 2017 Fall Sunday Sun Bowl Concerts

## Free for RCSC Cardholders & their escorted guests!



### **The 8 Tracks Dance Band** Sunday, September 24 @ 7pm

Sun City AZ kicks off the Fall Sun Bowl concert series with an encore performance by The 8-Tracks! Billed as the "greatest Oldies Rock 'n Roll band covering the entire state of Arizona, they promise to take us back in time to the 1950s and 1960s, singing and swinging the entire evening. Simply put – Oldies music...the way it was meant to be played!

### **That Kool Band** Sunday, October 1 @ 6:30pm

Arizona's favorite variety band, That Kool Band, returns to Sun City AZ with their awesome nostalgic tribute to the great rock and rolls stars from the 1950s and 60s. Things are sure to be hopping on the dance floor this evening!

### **Three Kings - Tribute to Buddy, Nelson & Elvis** Sunday, October 8, 2017 @ 6:30pm

You're in for a real treat when Rick Lenzi and Roust-about bring "The Three Kings" show to the Sun Bowl. This band of fantastic, awesome and entertaining musicians promise true-to-life renditions of the legendary rock 'n roll kings – Buddy Holly, Ricky Nelson and Elvis Presley. Everyone should plan on dancing to their favorite hits.

### **Dean Simmons is "The Garth Guy"** Sunday, October 15 @ 6:30pm

With the mannerisms and showmanship of super star Garth Brooks, Dean Simmons (aka The Garth Guy) takes the stage with the same energy and entertaining style of this award-winning phenomenon who changed country music forever with his unbelievable live shows. Slip on your cow boots and saddle on over to Sun Bowl for this sure-to-be-pleasing evening!

### **Graffiti Gold - Tommy Tayback & Daddy O's** Sunday, October 22 @ 6:30pm

If you're a fan of the Golden Oldies from the mid-50s to the mid-60s, you'll love this authentic blast from the past, recalling the good old days of Sock Hops and Soda Shops with Juke Boxes playing 45rpm records. You'll take a trip down memory lane with tributes to rock 'n' roll legends like Elvis, Bill Haley, Chuck Berry, Jerry Lee Lewis, Ritchie Valens, The Big Bopper, Little Richard, Fats Domino, Dion and the Belmonts, Sam the Sham and more. Times were never better and the music was never better. We guarantee you'll be saying "Remember When?" during this great show.

### **Jump, Jive & Wail - Swing Band** Sunday, October 29 @ 6:30pm

The Sun Bowl will be full of energy and excitement when Jump Jive & Wail comes to Sun City AZ directly from Vegas! Playing hits from a bygone era - including everything from the Jump-Blues all the way to retro swing hits from the 1990s - along with a few original swing tunes, you'll be entertained all night with their super showmanship!

### **Southern Rock Explosion** Sunday, November 5 @ 6pm

The Sam Morrison Band returns to Sun City AZ with their "Southern Rock Explosion" show. Heavily influenced by Lynyrd Skynyrd, Allman Brothers and Charlie Daniels, this performance promises to bring back something that is lost on today's radio....real music played by real musician playing real songs on real instruments for real people. So let's plan on having a REAL good time!

### **Tribute to Our Veterans with Rollie Stevens** Sunday, November 12 @ 6pm

The singing Phoenix firefighter and gifted country singer promises a very special concert to honor the very special men and women who have proudly served our country. His unique mix of original tunes along with modern and traditional country is sure to be full of promise and patriotism. Please join us as we salute you!

\* Be prepared to show your RCSC Member or Privilege Card (with photo) for entry; no key fobs accepted.

*Free RCSC Events are paid for by RCSC Cardholders and are therefore intended for RCSC Cardholders and their escorted guests only. Your cooperation and understanding is greatly appreciated!*



Gourmet Food Vendors arrive 1-1/2 hours prior to each show for your dining pleasure. Don't forget to bring your lawn chair or blanket!

#### *Rain Location:*

*Shows are moved to the Sundial Auditorium at 103rd & Boswell Blvd. For information regarding rain location and a recorded message, call 623-972-6014.*