

SUN VIEWS

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SUN CITY
ARIZONA
RECREATION CENTERS
OF SUN CITY

September is Simply Superb in Sun City AZ

Ahhh...September in Sun City AZ! When the weather finally begins to change from sweltering to comfortable, as seasonal residents slowly sneak back into town from their summer stays elsewhere. For those who remain here year-round, this month is bittersweet at times.

While we're glad to have friends and neighbors returning, many of our calendars quickly fill with activities and invitations for social events as does the seating at church on Sundays. Most of the clubs begin returning to their "winter" hours and the pace of life picks up ever so slightly, as each day brings more and more out-of-state license plates back on the streets.

And RCSC is picking up the pace as well with lots of fun events, concerts and more coming your way.

It's a sure bet that those attending Casino Night on Saturday, September 9 at Sundial will have an evening of fabulous fun, action and excitement. Players are welcome to bring their own snacks and beverages as we will not be selling alcohol at this event. Hot dogs and chips will be available for purchase as well.

Great entertainment returns every Sunday evening at the Sun Bowl when we start the fall concert series by bringing back The 8-Tracks Dance Band on September 24. Billed as the "greatest Oldies Rock 'n Roll band covering the entire state of Arizona," this band promises to



take us back in time to the 1950s and 1960s, singing and swinging the night away. We'll once again have gourmet food trucks, so bring your appetite and lawn chair, sit back and enjoy the show. (See the back page for the full schedule of Sun Bowl concerts or online at www.suncityaz.org/recreation).



performance by Heartbeat (from 5:30-7pm), with plenty of room for dancing and relaxing.

All events mentioned above are free for RCSC Cardholders and their escorted guests. Please be prepared to show your member or privilege card with photo for admittance as key fobs are not accepted. As always, your cooperation is much appreciated.

So welcome back! Don't forget to spend plenty of time outdoors this fall - whether you're into lawn bowling, tennis, pickleball or bocce. Book a tee time, go fishing or take a boat out on Viewpoint Lake. Whatever you fancy - enjoy all that Sun City AZ has to offer!

Coming in October, spend some time at the Country Carnival at Sundial on the 21st where we'll take you for a ride on the Trackless Train and Pirate's Revenge. Or have a little down-home fun with super-sized games and win a prize. Both the young and the young at heart will be amazed at their talents with "Make & Take" spin art projects. Getting hungry? Yummy fair foods will be available for purchase, including burgers, cotton candy, ice cream treats and more! The good times continue in the Auditorium with an encore

Labor Day Holiday

RCSC Offices Closed, Cardholder Services Alters Sept Schedule

In observance of the Labor Day holiday, RCSC Cardholders are advised that Cardholder Services will be closed the first Saturday in September; however, the office will be open the following Saturday (September 9) from 9:00am to noon for your convenience.

Cardholder Services is located on the lower level of Lakeview Center. Normal office hours are Monday through Friday from 8:30am to 4:00pm.

In addition, all RCSC Offices (Corporate/Board, Human Resources, Cardholder Services and Clubs & Activities) and the Sun City Visitors Center at Bell will all be closed on Monday, September 4, 2017 in observance of this holiday as well.

All recreation centers will be open normal operating hours on Labor Day, with summer hours ending after the holiday at Lakeview, Oakmont and Mountain View Centers.

Long Range Planning

Applications Due to Board Office by September 29

RCSC Members are reminded that applications for reinstated Long Range Planning Committee must be submitted to the Lakeview Board Office no later than Friday, September 29, 2017.

The Long Range Planning Committee will be dedicated to advising the RCSC Board of Directors in maintaining Sun City AZ's position of leadership among retirement communities. This will be accomplished by focusing on the current needs of Members and through research to determine the needs and desires of potential future Members. The committee will provide the Board with reports, recommendations, and suggestions regarding the future needs of its Members and suggested timeframes to implement future facilities and programs to meet those needs.

Applications can be obtained at the Corporate/Board Office (lower level at Lakeview) or online at www.suncityaz.org/RCSC under Board and Committee Meetings.

Stay in the loop!
Get RCSC News Alert
Emails, sign up at:
www.suncityaz.org

Email addresses
remain confidential

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Connect with Sun City AZ



AUTUMN IS IN THE AIR! COME ONE, COME ALL!

COUNTRY CARNIVAL

SUNDIAL CENTER

Fun for everyone!



LOOK HERE!

Ride on the Trackless
Train or the Pirates
Revenge

Play Super *FUN*
Super-sized Games
and win prizes!

Make & Take home
Spin Art projects

Dance in the
Auditorium from
5:30-7pm with
"Heartbeat"

SATURDAY
10-21
2017

4-7pm

**Yummy Fun Foods
for Purchase**

- Burgers and more!
- Kettle Korn
- Cotton Candy
- Ice Cream Treats

**Donations received
at this event will go to
Del Webb's Sun Cities
Historical Museum**

Free for RCSC Cardholders & their escorted guests only!
 Be prepared to show your RCSC Member or Privilege Card with photo to enter; no key fobs accepted.



FEELING LUCKY?



Casino Sun City

Saturday, September 9, 2017 • 4 to 7:30pm
Sundial Auditorium

Join us for an early evening of fabulous
fun, action & excitement!

We'll have all of your favorite games and
best of all - free fun money for players as
you rotate through the tables. This "just
for fun" night will include poker, black
jack, roulette, craps and much more!

We'll have hot dogs and chips available
for purchase should you need to snack,
and you're welcome to BYOB. Proceeds
will benefit the Del Webb Sun Cities
Historical Museum.

Step right up, place your bet and get
ready for an evening full of good times!

Free for RCSC Cardholders & their escorted guests
 Be prepared to show your RCSC Member or Privilege Card for entry; key fobs not accepted!



GET GOLF READY

Register now for upcoming sessions of
the "Get Golf Ready" program.

\$99 includes 4 group lessons, with the 5th lesson being a round of golf. Lessons held
at Willowcreek Golf Course (unless otherwise noted). There are a variety of days and
times, so pick the class that best fits your schedule. Sessions are limited to 8 students
for each group, so be sure to sign up early!

November Sessions

Golf Professional: Bob Day (final day of play at Willowbrook)
 Tuesday, Thursday - November 7, 9, 14, 16 at 1pm; Friday, November 17 - Play a round of
golf at 1pm (Check in at 12:30pm)

Golf Professional: John Martin (final day of play at Willowbrook)
 Monday, Wednesday - November 13, 15, 20, 22 at 1pm; Friday, November 24 - Play a round
of golf at 1pm (Check in at 12:30pm)

Contact Chris Linam @ 623-876-8419 or email to: clinam@suncityaz.org

Find the
hero
in you.

**A SPECIAL OPPORTUNITY
FOR BLOOD DONORS!**

**GIVE A PINT
GET A PINT**

*All donors will receive a voucher for
a free pint of Fresh Frozen Custard,
courtesy of Culver's!*

Offer valid at all Casa Grande, Mesa Phoenix and Prescott Valley locations.
Visit ArizonaHero.org/Culvers for location details.

No cash value. Voucher is not redeemable for cash if the redemptions for cash. No purchase is necessary, but the donor may be responsible for applicable tax. This voucher may not be combined with another discount
and is subject to availability. The voucher is non-transferable and must be redeemed by donor in person. Donor may be asked to show ID. Please present before ordering. Void if copied or purchased.

Sun City Visitors Center Blood Drive

Thursday, September 7, 2017 & Friday, September 8, 2017

8:00 am - 12:00 pm

Bloodmobile in the Loading Zone

To make an appointment, call a Visitors Center Volunteer at 623-977-5000
or visit www.BloodHero.com (Sponsor Code: suncity).

1-877-UBS-HERO (827-4376)
www.UnitedBloodServices.org

Eligibility Questions? Call 1-800-288-2100 X5407
United Blood Services
 A BLOOD SYSTEMS BLOOD CENTER



Culver's

ATTN: RCSC Cardholders

RCSC would like to remind Cardholders of a few items which require your attention when using the recreational facilities:

- All RCSC Cardholders are required to check in with their Member or Privilege Cards (key fobs accepted for entry to fitness, pools and spas; not concerts or free events)
- Host punch cards are purchased by and belong to the Cardholder, not the guest.
- Guests may be requested to show government-issued photo ID when checking in to use RCSC facilities.
- Neither Sun City AZ residents nor spouses of RCSC Cardholders are eligible to be guests.
- Proof of age for 4 and 5 year olds is now required for access to swimming pools. Photo copies or electronic images are acceptable.
- Free concerts and events are for RCSC Cardholders and their escorted guests only. Always be prepared to show your RCSC Member or Privilege card (with photo) when attending events. Key fobs are not accepted for entry.

Please refer to the RCSC Cardholder Guide and Board Policies for more information regarding these matters.

Your cooperation is appreciated!

Want A Bigger Voice in Sun City AZ?

Candidate Packets Due by Month End

Candidate packets continue to be available for RCSC Members interested in running for the Board of Directors. There is still plenty of time to complete the paperwork and collect the necessary signatures to get your name on the ballot.

To obtain a candidate packet, you must make the request in person at the Corporate/Board Office at Lakeview Center (lower level) and present your RCSC Member card. The deadline for packet submissions is no later than noon on Friday, September 29, 2017.



Requirements to become a RCSC Board candidate:

- Must be at least fifty-five (55) years of age;
- Must not be related by marriage or birth to any other member of the Board, Senior Management Staff, or Board Candidate;
- Must be a Deeded Real Estate Owner of property in Sun City, Maricopa County, Arizona;
- Must be a RCSC Member in good standing;
- Must reside in Sun City, Arizona and be available at least ten (10) months of the year;
- Must meet the requirements to hold an Arizona liquor license (RCSC holds liquor licenses which require Board officers to be included on the licensing);
- Must be eligible and available to serve a three (3) year term; and
- Must be available to attend Board Candidate Orientation(s).

Candidates must also submit a fully completed RCSC petition, signed by 100 or more RCSC Members in good standing, along with all other forms provided in the RCSC Candidate Packet.

A successful candidate will:

- Have a strong desire to serve Sun City, AZ;
- Be fair and courteous;
- Use good common sense;
- Have good communication skills;
- Be willing to work as part of a team;
- Ability to prioritize - policy and projects - which will have the greatest benefit for the most members; and
- Be willing and able to dedicate the necessary hours to be an effective Director.

Candidates will be introduced at both the October and November Board meetings and candidate forums that will be held in the fall. Forum locations and dates will be announced at a later time.

For more information, please contact the Board Office at 623-561-4620 or email boardoffice@suncityaz.org.

Sundial Season Tickets Available to RCSC Cardholders Starting November 1

Back by popular demand, reserved seating for all ticketed shows at the Sundial Auditorium returns again for 2018. With a superb line-up of entertainment, season tickets for the entire series will go on sale Wednesday, November 1, 2017 which includes all 11 shows for the unbelievable price of \$154 (that's only \$14 per show).

Season tickets will be on sale during the month of November only and may be purchased by RCSC Cardholders only (limit of one series/season ticket sale per card and all cards must be presented at the time of purchase).

The Gold Dot entrance at Lakeview will open at 5:15am on November 1, when RCSC Cardholders will be issued numbers prior to ticket sales beginning at 8:30am when the Clubs & Activities Office opens. This process will give Cardholders the ability to save a place in line

and return later to make their purchase. It should be noted that anyone arriving at the office after their number has been called will not be served and must begin process over.

Tickets for all individual shows go on sale Friday, December 1 to RCSC Cardholders only for \$17 per person. Ticket sales to non-RCSC Cardholders will be available starting Tuesday, January 2, 2018 for \$20 per person should any tickets remain.

Visit our website at www.suncityaz.org/recreation for more information about the 2018 Sundial Concert Series and the great acts that will be performing in Sun City AZ this coming winter and spring. (Turn to page 11 for the full line-up).

The Lakeview Center Clubs & Activities Offices is located at 10626 W. Thunderbird Blvd. in Sun City.



Corporate Office

Lakeview Center
10626 W. Thunderbird Blvd.
623-561-4600

Hours: Monday - Friday 7:30am to 4pm

www.suncityaz.org

Member Services (Clubs) Office

Lakeview Center
623-561-4660

Hours: Monday - Friday 8:30am to 4pm

Cardholder Services Office

Lakeview Center
623-561-4603

Hours: Monday - Friday 8:30am to 4pm
1st Saturday each month: 9am to noon

Recreation Centers

Bell Center: 623-876-3040
16820 N. 99th Ave.

Fairway Center: 623-876-3044
10600 W. Peoria Ave.

Lakeview Center: 623-561-4675
10626 W. Thunderbird Blvd.

Marinette Center: 623-876-3054
9860 W. Union Hills Dr.

Mt. View Center: 623-876-3042
9749 N. 107th Ave.

Oakmont Center: 623-876-3046
10725 W. Oakmont Dr.

Sundial Center: 623-876-3048
14801 N. 103rd Ave.

Sun Bowl Amphitheatre
10220 N. 107th Ave.
(weather recording)
623-972-6014

Softball Field
10220 N. 107th Ave.

Duffeeland Dog Park
14610 N. Del Webb Blvd.

Sun City Visitors Center
1-844-4 SUN CITY or 623-977-5000
Located in the Bell Center at
16824 N. 99th Ave.

Golf & Grounds Report

Pro Shops

Once again this year we will be participating in Patriot Golf Day. Patriot Golf Day was organized with the help of PGA of America to raise funds for the Folds of Honor Foundation. The money raised is used to fund scholarships for spouses and children of military service men and women killed or disabled while serving our Country. Starters will be collecting donations through the pro shops from September 1 through September 6. In addition to our normal fundraising efforts, we will be hosting a skins game on September 1, open to all golfers, proceeds from the event will be added to our fundraising efforts. The event will begin at 7:00 a.m., at Riverview Golf Course, with a shotgun start.

A note of congratulations to Pat Stanley, who holds the position of Golf Shop Worker at Riverview. Pat recently completed 10 years of service to RCSC. We thank Pat for her continued service and hope she decides to give us many more!

Golf Courses

Fairway aerification on all courses is complete, with the exception of Riverview, we made the decision to postpone fairway aerification to allow the required amount of time to prep areas that were sodded. Once a date is chosen we will notify golfers via email.

Greens aerification is currently underway on all courses and is scheduled to be completed August 8th on Willowbrook. All courses are using hollow tines and pulling plugs, with the exception of Riverview. Due to the young age of the greens we opted to use solid tines. Solid tines help to open the greens to air but do not remove any organic matter, which was not necessary for the Riverview greens.

The next major process for the courses will be overseeding beginning October 9. In order to provide the best opportunity for success, we have scheduled a five day overlap, during which all courses will be closed. The full overseeding schedule can be found the RCSC golf page under Course Maintenance. We understand this decision is not universally popular, please remember it is made to provide good playing conditions throughout the entirety of the winter/spring season.

On July 15, the Sun City area experienced a microburst, resulting in a great deal of tree damage to our courses. Each course sustained a certain amount of damage, with Willowcreek taking the brunt, due to the proximity of the microburst.

Willowcreek lost a total of 24 trees. Several trees were taken down completely by the storm, the remainder had to be removed due to extensive damage or safety concerns. Tree count for the remaining courses was, Riverview (6), North (3) and South (1), Lakes West and Quail did not sustain any total loss of trees. The majority of cleanup was completed as of July 24.

Snack Shops

We invite all of our residents to try our snack shops for breakfast or

lunch. The snack shops open daily at 6:00 a.m. and are open for lunch through 1:00 p.m. for the summer months.

Lawn Bowl/Grounds

The greens at Lakeview were lowered by crews from Turf Equipment Source on July 21. The greens were lowered by removing the top layer of turf and thatch using a Combinator, essentially peeling away the top layer. Following the lowering process RCSC crews applied top dressing to within 1/2" of the top of plinth boards. Turf Equipment Source is scheduled to laser level the top dressing material on July 25 and to recheck six weeks after. In the meantime, the greens will be fertilized and watered heavily to promote growth through the top dressing material.

The centers were not spared from the July 15 microburst. A total of six trees were lost, the majority at Lakeview Center, including three large pines. As with the golf courses, not all were downed completely by the storm, several had to be removed due to damage sustained and future safety concerns. The monsoon season is always a busy time for the grounds crew and this event has put added pressure on the crew.

We have recently changed out all the irrigation nozzles on the Softball field. The nozzles were changed to make up for reduced water pressure to the field. The new nozzles put out a finer mist and we once again have full head to head coverage for the field.

"Ready Golf" Guidelines

"Ready Golf" refers to a method for golfers to speed up play without rushing or hurrying shots. Simply put, "ready golf" means that each golfer within a group hits when ready, rather than always playing "honors" and includes thinking ahead so you are ready to play when it's your turn. Here are some "ready golf" guidelines golfers could use to keep play moving. We'll share other ideas with you in upcoming editions of SunViews.

ON THE TEE:

- Tee off as soon as the group ahead is clear.
- The player who is ready should hit.
- Shorter hitters should hit first.
- Carry an extra ball in your pocket.
- Hit a provisional ball if your first ball appears to be in trouble.
- The other players should watch your shot.

ON THE FAIRWAY:

- Be thinking about what club you are likely going to hit before you actually get to your ball.
- Don't everyone "cluster" at one ball. Go to your own ball.
- Don't wait in the cart while your cartmate hits and then drive to your ball. Get out and walk to your ball with a few clubs. Be ready to play when it is your turn and then let your cartmate pick you up. Or, drive to your ball after you drop your cartmate off and then pick them up after you hit.
- While waiting to hit, players should survey their shot, select their club, and get ready to make their shot when it is their turn.
- If you see another player is ready to hit, whether you're away or not, point to them to go ahead. Take your practice swings now if it does not disturb the player hitting. The other players should watch the shot then go through their routine and swing away.
- The other players should watch your shot.



RCSC's 8 Golf Courses

Lakes East: (623) 876-3023
Lakes West: (623) 876-3020
10433 Talisman Rd

North: (623) 876-3010
12650 N. 107th Ave.

South: (623) 876-3015
11000 N. 103rd Ave.

Willowbrook: (623) 876-3033
Willowcreek: (623) 876-3030
10600 W. Boswell Blvd.

Quail Run: (623) 876-3035
9774 W. Alabama Ave.

Riverview: (623) 876-3025
16401 N. Del Webb Blvd.

RCSC's 5 Snack Shops

Menu Available at
suncityaz.org/golf/snack-shops/

September Snack Shop Hours
Open Daily 6am - 1pm



Volunteer Ranger Program

For more information about joining our program, please contact Chris Linam, Pro Shop Manager, at 623-876-8419 or email clinam@suncityaz.org. Next meeting is Thursday, September 28, 2017 at 1pm in Talisman Hall.

2017 RCSC Overseed Schedule

- Riverview, Lakes West, Willowbrook & South
Close October 9 & Open October 28
Cart Path Only until November 10
- North, Lakes East, Willowcreek & Quail Run
Close October 23 & Open November 11
Cart Path Only until November 24



July 2017 High Scores

Well done! Nice job! Bravo! Yahoo! Congratulations!


MEN'S HIGH GAME				WOMEN'S HIGH GAME			
Frenchy Laberge 290				Lynda Bettini	259	Bev Spinck	235
				Juli Bayer	247	Bunny Coleman	234
				Bobbi Daniels	247	Annette Kail	230
				Jacque Smith	246	Barbara Bonner	225
MEN'S HIGH SERIES				WOMEN'S HIGH SERIES			
Cal Shirey	766	Frenchy Laberge	718	Juli Bayer	691	Julie Subica	616
Larry Spitali	750	Bruce Lamb	713	Lynda Bettini	675	Bobbi Daniels	606
Rich Matich	743	Adan Jazo	709	Bev Spinck	651		
Tom Adamowich	721						

Golden Rule of Bowling

Move in the Direction of Your Miss

Making adjustments is part of bowling. Knowing this and being prepared to make changes often will give you an edge on the competition.

The bowlers "Golden Rule" is to move in the direction of the miss, while keeping the same target on the lane. The concept of this adjustment is based on the use of a pivot, with the pivot being the target on the lane. If the ball misses to the left of the intended pin(s), move left on the approach. If the ball misses to the right of the intended pin(s), move right on the approach.



Bowlers often will need to make this adjustment several times during a match. To do so, a bowler must be aware of his or her starting point on the approach and how the ball was released.

Same great food at soon-to-be two Sun City AZ locations!

Check out our Daily Specials

Spaghetti & Meatballs \$6.99

Add Soup or Salad for \$1.00

Sunday & Monday 1pm to Close



Fish 'n Chips \$8.99

9 Oz. Cod or Walleye, Coleslaw & Potato

Wednesday & Friday

Coming Soon!

George's Lakeview Cafe

Inside Lakeview Lanes

Phone: 623-876-3057

George's Cafe at Bell Center

Inside Bell Lanes

Phone: 623-518-4525

Hours: M-Sat 7am-8pm; Sun 7am-6pm

Mixed SCOTCH DOUBLES

Grab A Partner!

Sunday, September 24 at 1pm

Bell Lanes

Cost = \$21 per Team (1 Man, 1 Woman)

What Is Scotch Doubles? Scotch Doubles is when two bowlers work together to bowl four games. The woman will roll the first ball the first game and the man will roll at the spare. No one throws two shots in a row! Game 2, the man throws the first shot, and the woman the second! It switches again for games 3 and 4. A real "TEAM" effort and lots of fun! Open to all Bowlers must be 50 years of age or older. All averages must be verifiable. Handicap will be 90% of 440, divided in half for each game since each bowler is only bowling half a game.

More details & entry forms can be found at www.suncityaz.org or call 623-876-3050

RCSC Bowling Centers

Lakeview Lanes

10502 W. Thunderbird Blvd.

623-876-3055

Monday-Saturday: 8am-8pm

Sunday: Noon-6pm

Billiards at Lakeview Lanes, too!

Bell Lanes

16810 N. 99th Ave.

623-876-3050

Monday-Saturday: 8am-9pm

Sunday: Noon-8pm

Darts, Shuffleboard & Billiards at Bell Lanes!



Year-Round Bowling Rates - Cardholders: \$2.65 | Guests: \$2.90 (per Game)

Need Help Planning Your Next Party or Event?

Why not have RCSC Bowling Staff plan a Bowling Party for your group or organization?

Reasonable group rates available!

Contact: Randy Johnson 623-876-3055, Denise Matich 623-876-3050 or Vicki Eber 623-876-3055 for more information



RCSC Travel & Tours

Overnight or just a day - Make plans now to get-away!

RCSC works exclusively with tour providers who offer travel opportunities that promise to meet or exceed your expectations. With safety and comfort in mind, each trip is planned to the last detail, ensuring your experience is a memorable one. Detailed itineraries for each trip are available that include all information on travel arrangements, which meals are provided (if applicable), tours scheduled and the like. Whether your getaway includes a flight across the country or a leisurely motorcoach ride to one of the area's outstanding tourist attractions, you'll find traveling with RCSC tours a great value for your vacation dollar!

Tours can be purchased Monday through Friday in the Lakeview Clubs Office or by phone from 8:30am to 4:00pm. Visa, MasterCard, Discover, cash or checks accepted. Tours are for RCSC Cardholders and their guests only. Cardholders should have member card available, must accompany each trip and may purchase a maximum of six tickets. Day tours depart from Bell Center. All tours are non-refundable. Please inquire about trip cancellation protection offered by All Aboard America (AAA) and Free Spirit Vacations (FSV) for overnight tours. Call 623-561-4660 for more details or visit www.suncityaz.org/travel where you can now find the complete itinerary for every trip!

Overnight Trips

October 10-13, 2017 (Tuesday-Friday)
2017 Albuquerque Balloon Fiesta | AAA
\$885pp double | \$1,185pp single | \$200pp
deposit; balance due Sept 10. **Reservations must be made 90 days in advance of departure!**

October 20-23, 2017 (Friday – Monday)
Rocky Point, Mexico Overnight | AAA
\$585pp double | \$775pp single
Passport required!

November 21-25, 2017 (Tuesday-Saturday)
Thanksgiving in Nashville | AAA
\$2,150pp double | \$2,570pp single

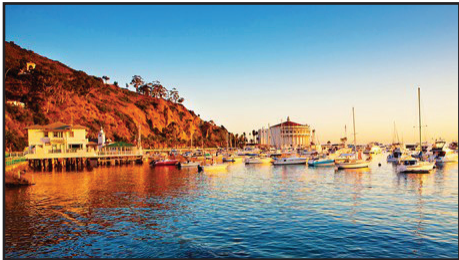
December 23-26, 2017 (Saturday-Tuesday)
Christmas in San Diego! | AAA
\$1,075pp double | \$1,375pp single



December 30, 2017-January 3, 2018
(Saturday-Wednesday)
New Year's in Memphis | FSV
\$2,350pp double | \$2,850pp single

December 31, 2017-January 3, 2018
(Sunday-Wednesday)
The Tournament of Roses Parade | FSV
\$1,095pp double | \$1,499pp single

January 28-February 1, 2018
(Sunday-Thursday)
California Dreamin' | FSV
\$895pp double | \$1,295pp single



February 9-11, 2018 (Friday – Sunday)
Bisbee Chocolate Festival | FSV
\$275pp double | \$365pp single

February 16-18, 2018 (Friday-Sunday)
Lake Havasu Fireworks & Laughlin | FSV
\$350pp double | \$425pp single

February 25-27, 2018 (Sunday-Tuesday)
TOP SECRET: Behind the Building of Las Vegas | FSV
\$475pp double | \$575pp single



Day Tours

September 24, 2017 (Sunday)
Arizona D-backs vs. Miami Marlins | AAA
Depart 10:45am | Return 5:30pm (est)
\$77pp

September 27, 2017 (Wednesday)
Verde Valley Wine Trail | AAA
Depart 9:30am | Return 5:30pm (est)
\$105pp

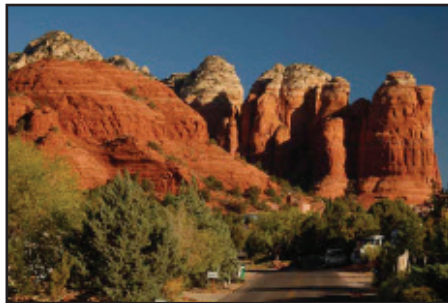
October 3, 2017 (Tuesday)
Algodones | AAA
Depart 8:00am | Return 8:30pm (est)
\$80pp



October 30, 2017 (Monday)
Valley of the Sun Tour | AAA
Depart 9:00am | Return 4:15pm (est)
\$50pp

November 8, 2017 (Wednesday)
Dolly Steamboat Cruise | AAA
Depart 10:00am | Return 6:30pm (est)
\$105pp

November 9, 2017 (Thursday)
Sedona | FSV
Depart 8:00am | Return 5:00pm (est)
\$99pp



November 14, 2017 (Tuesday)
Verde Canyon Railroad | AAA
Depart 9:00am | Return 7:30pm (est)
\$182pp

November 15, 2017 (Wednesday)
Mystery Tour | FSV
Depart 8:00am | Return 5:00pm (est)
\$99pp

November 23, 2017 (Thursday)
Thanksgiving at the Opry | AAA
Depart 10:30am | Return 5:00pm (est)
\$99pp

November 30, 2017 (Thursday)
Algodones | AAA
Depart 7:00am | Return 8:30pm (est)
\$80pp

December 1, 2017 (Friday)
Mesa Marketplace | FSV
Depart 8:00am | Return 2:00pm (est)
\$49pp

December 1, 2017 (Friday)
Desert Botanical Gardens | FSV
Depart 2:00pm | Return 9:00pm (est)
\$99pp

December 2, 2017 (Saturday)
Prescott Christmas Parade and Lunch | FSV
Depart 8:00am | Return 10:00pm (est)
\$99pp

December 3, 2017 (Sunday)
Sedona Red Rock Fantasy | FSV
Depart 8:00am | Return 10:00pm (est)
\$99pp

December 9, 2017 (Saturday)
Winterhaven and 4th Ave Holiday Fair | FSV
Depart 8:00am | Return 10:00pm (est)
\$99pp

December 17, 2017 (Sunday)
30th Annual Festival of Lights | FSV
Depart 3:30pm | Return 9:00pm (est)
\$99pp

Copies of itineraries can be requested in the Lakeview Club Office, Monday-Friday from 8:30am-4:00pm and are also available online at www.suncityaz.org/recreation/activities. Single residents can request their name be added to a list for "sharing a room by gender" with another resident for overnight tours.

Space on tours is very limited! Make your reservations with RCSC Travel & Tours today!

A Moment with President Hoffer

Forecast Calls for Great Weather Ahead

We have entered the point in time where the monsoons are starting to wane, the triple digit days will soon be behind us for a while, and we start looking to the part of the year when the rest of the country envies us. Certainly fall, winter, and early spring are wonderful times with great weather in Arizona!

And as our seasonal residents start arriving back to town to enjoy the balmy winters in Sun City AZ, it reminds me that we have a couple of things looming that are quickly coming to an end. And several other things that are starting back up again.

Clubs and organizations that have either been on hiatus over the summer, or have been working under abridged hours, are starting to get back at it in earnest. Many are working diligently as they prepare for the Annual Arts & Crafts Festival in November. We're also getting closer to the beginning of the Farmer's Market (returning to Bell Center on October 5).

I know for a fact that there are lots of bowlers excited that yet another season of leagues will begin in September. Speaking of bowling, Bell Lanes is welcoming a new George's Café that you'll need to try out - "Same great food now with two Sun City AZ locations!"

September is also the end of some very important things as well. We've got all of September (so it is not critical to jump on this today), but by the 29th of September, those of you wishing to run for Board of Directors for next year need to make sure you have turned in your candidate packet to the Board Office. Even if you haven't taken a packet out yet, there is still time and the Board is ALWAYS in need of good men and women to volunteer their time and talents to making sure that RCSC stays at the top of its game! Packets are available in the Board Office, lower level at Lakeview Center. Yes, the journey to become a Board Member can be long and arduous, but the rewards are immeasurable.

While I'm on the subject, if you've been away for a bit, the Board voted in June to re-instate the Long Range Planning Committee

as a standing committee, and as such, is looking for people that want to serve as committee members. Applications are available online and at the Board Office, and will be accepted through September 29. We have spent August interviewing prospective committee members, and will continue to do so until everyone that applied has been interviewed. If you think you could make a positive contribution in shaping the future projects of the RCSC, please make sure you don't miss out on this opportunity!



Rich Hoffer
2017 RCSC Board President

Just because it's been hot outside for the past few months doesn't mean RCSC hasn't been working hard for you all summer long. We hope you take advantage of everything the RCSC has to offer!

Meet with The Board

One-on-One; No Hassles, No Crowds! Share your ideas!

- Come and discuss your individual situation or concerns at the next session of Meet with The Board:
- Friday, September 15, 2017 - 1 to 3pm
 - By appointment only from 2-3pm - Call 623-561-4600 to schedule a meeting time (limited to 10 minutes)
 - Lakeview Board Office (Lower Level)



2017 RCSC Board of Directors

Phone: 623-561-4620
email: boardoffice@suncityaz.org

Rich Hoffer, President
email: rhoffer@suncityaz.org

Jerry DeLano, Vice President
email: jdelano@suncityaz.org

Stella VanNess, Secretary
email: svanness@suncityaz.org

Carol Lawry, Treasurer
email: clawry@suncityaz.org

Ida Eisert, Director
email: ieisert@suncityaz.org

Ron Smith, Director
email: rsmith@suncityaz.org

Jerome Walczak, Director
email: jwalczak@suncityaz.org

David Wieland, Director
email: dwieland@suncityaz.org

Bruce Alleman, Director
email: balleman@suncityaz.org

This Month @ The Board - September 2017

**PLEASE NOTE: All dates are subject to change. For the most up-to-date information, check suncityaz.org or pick up a copy of "This Month @ The Board" at the Lakeview Corporate Office.

Board/Member Exchange	Monday, September 11, 2017 @ 9am	Lakeview Social Hall #3
Regular Board Meeting	Thursday, September 28, 2017 @ 9am	Sundial Auditorium
Committee Meetings:		
Bowling Committee	Thursday, September 7, 2017 @ 9am	Lakeview Board Room
Outreach & Communication Committee	Tuesday, September 12, 2017 @ 9am	Lakeview Board Room
Lawn Bowling Committee	Tuesday, September 12, 2017 @ 1pm	Lakeview Board Room
Club Organization Committee	Wednesday, September 13, 2017 @ 10am	Lakeview Board Room
Elections Committee	Wednesday, September 20, 2017 @ 1pm	Lakeview Board Room
Golf Advisory Committee	Thursday, September 21, 2017 @ 8:30am	Lakeview Board Room
Entertainment Committee	Friday, September 29, 2017 @ 1:30pm	Lakeview Board Room

The following committees do not have meetings scheduled this month: Finance & Budget, Insurance and Properties

Sun City Foundation



“Neighbors Helping Neighbors”

The next Sun City Foundation meeting will be held on Thursday, September 14, 2017 at 1:00pm in the Lakeview Center Board Room.

Management Updates

Financial Report:

Since there is no monthly Board meeting in the month of July, I will include the Treasurer’s Report information in my monthly report. The balance of unrestricted funds as of June 30, 2017 was \$12,689,738 which includes a \$2.5M cash reserve. Restricted funds include the Preservation and Improvement Fund (“PIF”) and the Capital Reserve Fund. As of June 30, 2017, PIF had a balance of \$12,689,738 plus \$725,500 collected in June that was transferred into the PIF account the first part of July 2017. The Capital Reserve Fund had a balance of \$5,093,830 as of June month end.

We have completed our second quarter well within our overall operating and capital budget year-to-date. Every division has a net operating positive variance from budget except the Golf Division, which is in a \$33k negative variance from budget year-to-date.

Bowling:

We have developed an email procedure allowing us to notify all league bowlers of events related to their individual leagues. Email addresses will not be shared or used for solicitation and will only be used for reminders concerning start/end dates, posting of league standings and meeting dates.

On August 6, 2017 Lakeview Lanes will host the Metro Phoenix USBC 2x2 tournament. The tournament is a doubles tournament that can be bowled with multiple partners.

On August 12-13, 2017 Lakeview Lanes will host the Arizona State USBC Masters and Queens tournament. The Masters and Queens tournament consist of qualifying rounds and match play. Some of the best bowlers in Arizona will be participating in this tournament.

On August 17, 2017 the bowling center supervisors, Director of Bowling Operations and representatives of USBC will meet with all RCSC league presidents and secretaries to discuss any RCSC policy changes and USBC rule changes. This meeting allows us to meet new officers and answer any questions related to the upcoming season.

Cardholder Services:

Payments on past due assessments were the highest rate in the past four years at 13.5% of past due balances. Total accounts receivable increased by almost 8% in June and is up 7.9% from the beginning of the year. This increase from last month is attributable to a 30% increase in current receivables while all past due categories saw a decrease in June. May assessments went 30 days past due at an increased 7.3% rate and April assessments went 60 days past due at a 3.1% rate.

Payments from our third-party collections firm were very strong in June and totaled \$25,081 this month with a year-to-date total of \$81,410. Even with this

increase in payments this is approximately 64% of the 2016 year-to-date total.

Cardholder acceptance and use of the RCSC Web Portal continues strong. Payments made by Cardholders through the online RCSC Web Portal totaled \$99,432 from 220 property owners. Year-to-date web portal payments total \$639,957 from 1,432 property owners.

In June, property transfer related balances increased by 1% and lender-owned related balances decreased by 50%. Outstanding balances related to property transfers represent approximately 52% of all receivables and past due balances. At the end of June, trustee sale notices on Sun City AZ properties ended at 48 and properties owned by lending institutions at eleven.

Human Resources:

The U.S. Citizenship & Immigration Services (CIS) has once again issued a revised version of the form I-9 which verifies an individual’s right to work in the United States. Human Resources staff have completed training on use of the form. Implementation deadline for the revised version is no later than September 18, 2017. CIS has not yet updated the Handbook for Employers.

Effective June 30, 2017 CopperPoint Indemnity Insurance Company began providing workers compensation insurance coverage to RCSC. Human Resources staff have completed the implementation process including registration, set up of users in the consumer portal and training on its use.

CopperPoint provided master copies of required labor law posters containing the new policy number. Human Resources copied, laminated and distributed copies for posting in RCSC’s 32 work locations as required by law.

During this month, Accounting, Information Technology and Human Resources continued the implementation process of the Earned Paid Sick Time (EPST) law which provides earned paid sick time to all employees in the State of Arizona. There are many requirements to the process. Last week’s pay checks contained three items required to be included on pay stubs: amount of EPST available, amount of EPST taken year-to-date, and amount of pay the employee has received as EPST. Also included in paychecks was a copy of RCSC’s EPST personnel policy.

The Earned Paid Sick Time labor law posters in English and Spanish were posted in all 32 work locations on July 1, 2017 as required.

Member Services:

Celebrating our 39th annual Fourth of July Ring That Bell Ceremony with Mike Lindquist as Uncle Sam and our host, Pastor Richard Doyens of Christ’s Church of the Valley (CCV) directed us in prayer, and Ginni Summers led us in song. We welcomed Rosie the Riveters, the largest group of Riveters alive in the country and right here in Sun City

(continued on next page)

Financial Report

Period Ending - June 2017
For a more detailed financial statement, please visit www.suncityaz.org/financials

BALANCE SHEET		
For the Period Ending June 30, 2017		
	Current Y-T-D	Prior Y-T-D
Unrestricted Funds:		
Cash Invested/On Hand/In Bank	10,409,103	8,936,068
Cash Reserves	2,500,000	2,500,000
Sub-Total Unrestricted	12,909,103	11,436,068
Restricted Funds:		
PIF/Capital Reserve	18,509,068	13,147,640
Total Cash & Investments	31,418,171	24,583,708
Other Current Assets:		
Accounts Receivable	2,250,159	2,295,929
Deposits & Prepaids	1,618,685	1,675,185
Inventory	118,744	103,675
Total Current Assets	35,405,759	28,658,497
Fixed Assets:		
Land, Improvements, Buildings	102,199,026	95,499,900
F, F & E and Vehicles	27,951,033	26,600,970
Less: Accumulated Depreciation	(67,154,005)	(62,806,385)
Work In Progress	6,786,651	10,656,612
Total Fixed Assets	69,782,705	69,951,097
TOTAL ASSETS	\$105,188,464	\$98,609,594
Current Liabilities:		
Accounts Payable and Other	1,412,414	1,489,175
Deferred Income	7,604,656	7,262,816
Pre Billed Assessments	1,697,564	1,593,740
Total Current Liabilities	10,714,634	10,345,731
Other Liabilities:		
Lease Purchase	0	0
Total Liabilities	10,714,634	10,345,731
Net Worth:		
Current Net Worth	94,473,830	88,263,863
TOTAL LIABILITIES and NET WORTH	\$105,188,464	\$98,609,594

STATEMENT OF INCOME AND EXPENSES		
For the Period of June 30, 2017		
	Current Y-T-D	Prior Y-T-D
Operating Income:		
Property Assessments	5,932,648	5,688,187
Transfer & Access Fees	593,375	480,667
Privilege & Guest Cards	514,871	476,132
Food / Liquor Sales	382,348	379,416
Bowling Fees	355,047	350,891
Golf Fees	3,343,929	3,250,030
Cart Rentals	118,212	120,361
Merchandise Sales	104,578	106,815
Activities Income	329,307	293,043
Rental Income	150,185	143,185
Contributions	17,169	15,807
Miscellaneous Income	7,571	10,457
Total Operating Income	11,849,240	11,314,991
Cost of Sales:		
Total Cost of Sales	404,872	370,616
Gross Income	\$11,444,368	\$10,944,375
Operating Expenses:		
Salaries and Wages	4,128,410	3,646,722
Payroll Taxes and Benefits	1,170,838	1,082,543
Repairs and Maintenance	1,248,899	1,764,827
Utilities Expense	1,331,595	1,250,886
General Operating Expenses	880,860	932,920
Total Operating Expenses	8,760,602	8,677,898
Net Operating Income	\$2,683,766	\$2,266,477
Other Income:	119,775	71,387
Other Expenses:		
Property Taxes	76,118	74,790
Insurance	254,223	287,584
Other	35,738	2,488
Net Income Before Depreciation	2,437,462	1,973,002
Depreciation:	2,169,952	2,306,436
NET INCOME / (LOSS)	\$267,510	(\$333,434)

RCSC Management Reports are presented at RCSC Board of Directors meetings each month (except July and August), posted on the website at www.suncityaz.org (under the RCSC tab), and are sent via email to RCSC Cardholders who have signed up to receive RCSC News Email Alerts.

Project Updates

Building and Infrastructure:

Multiple Locations

- Since an aggressive HVAC (Heating, Ventilation & Air Conditioning) replacement plan was implemented in 2006, RCSC has enjoyed many years of reduced energy costs and minimal summer breakdowns to its 324 unit HVAC and Evaporative cooling equipment plant. Unfortunately, 2017 has been the exception with three (3) HVAC units replaced and ten (10) failures requiring repairs in the month of July alone.

Sun Bowl Ballfield

- The installation of the new softball scoreboard was completed a few weeks ago and is being enjoyed by ballplayers and fans alike. (Please note that additional costs associated with sign upgrades were paid by the Softball Club.) Contractors were Bootz & Duke Signs and Accel Electric. (RCSC Cost-\$5,632)

Mt View Center

- The touchscreen control cabinet on the swimming pool ultra violet system was replaced due to electronic failures. Contractor was Aquatic Environmental Systems. (Cost - \$9,422)

North Maintenance / Cart Barn

- The North Cart Barn roof has been cleaned and recoated. The contractor will be installing new coping and fixing a few punch list items soon. Contractor is Gryphon Roofing. (Cost - \$7,019)

Sundial Center / Lakes E/W Snack Shop / Talisman Hall

- The four auditorium restrooms off the lobby hallway are being remodeled. The project is now started with partial demolition completed and floor tile and mastic removal underway. This restroom project includes the demolition of all wall and ceiling drywall and repairs/replacement of electrical and/or plumbing rough-in items. Missing or damaged insulation will be replaced followed by installation of drywall on all walls and ceilings. The restrooms will then be topped off with new LED lighting, quartz vanity tops, toilet and urinal partitions, toilets, urinals, lavatories and faucets, flooring, wall tile and a complete painting. Contractor is Ken McIntyre Construction and Accel Electric. (Cost - \$142,041)
- Preparations are underway to remodel the Sundial kitchen off the East hall. This project will include the disposal of all appliances, demolition of all wall and ceiling board, new electrical wiring, replacement of the underground sink drain line, new cold & hot water piping, replacement of missing or damaged insulation, installation of drywall on all walls and ceilings, cabinetry (including lockable club storage lockers), new LED lighting, painting, new quartz counter tops and backsplashes, new kitchen sink, hand washing sink, new faucets, new appliances (two warming drawers, refrigerator/freezer and microwave), established areas for the ice machine and serving carts and new flooring with coved baseboards. Contractors include the RCSC Skilled Trades cabinetmakers, Ken McIntyre Construction, CCBG Architectural, Olympic Fire Protection, Accel Electric, Sunland Plumbing, Lee's Counter Tops, Resource Flooring, JRM Environmental and Spray Systems Environmental. (Cost - \$66,575)
- Sundial Mini Golf roof repair and re-coating has been completed with only a few minor punch list items remaining. Contractor is Gryphon Roofing. (Cost - \$9,923)
- The Lakes East/West Snack Shop and Talisman Hall Roof has been cleaned and recoated. A few punch list items still remain. This contractor will also be replacing some roof shingles which blew off in the windstorm of July 15. Contractor will be Starkweather Roofing. (Cost - \$17,168)
- The Sundial Men's Club room received a complete interior painting and new 6" rubber baseboards in all rooms. Contractor was Exquisite Painting. (Cost - \$7,130)

Bell Center

- Bell Social Hall roof was cleaned and all punctures and pipe penetrations have now been sealed. Since this roof is a cementitious sprayed on type roof, it cannot be recoated; however, with the completion of these repairs RCSC should enjoy another 3 to 5 years before a full replacement is necessary. Contractor is Tremco, Inc. (Cost - \$12,660)
- The touchscreen control cabinet on the walking pool ultra violet system was replaced due to electronic failures. Contractor was Aquatic Environmental Systems. (Cost - \$9,390)

Marinette Center

- Repair and re-coating has been completed on the Marinette roof with only a few punch list items remaining. Contractor is Gryphon Roofing. (Cost - \$15,060)

Management Updates

(continued from previous page)

AZ. Also in attendance was Arizona State Senator Debbie Lesko, our honored Veterans and many Sun City AZ residents with their families and guests. We followed the ceremony with music, games, bowling, billiards, darts, shuffleboard and our hot dog lunch. Donations were collected to benefit the Del Webb Sun Cities Museum. Thank you Sun City AZ for being part of this holiday tradition.

On Wednesday, July 19 we had the largest crowd ever in attendance at the summer free show at Sundial Auditorium as we welcomed Jim Westover as Elvis in Hawaii. Jim's presentation was so natural you couldn't help but get caught up in the moment and reach back to your memories of the King of Rock 'N Roll. Not only did he swoon the ladies, he respectfully paid tribute to our Veterans with his closing song.

Come join us for Casino Night on Saturday, September 9 from 4 to 7:30pm. We did make one major change to the program which is that alcohol will NOT be served at this event. Therefore, you are welcome to bring your own. We will have hot dogs, chips and bottled water available for purchase at \$3.00 per meal. You must have your RCSC Member or Privilege card on your person at this free event for admittance, as key fobs are not accepted.

Be sure to check in SunViews for information regarding the 2018 winter/spring ticketed concert series. Season Tickets go on sale Wednesday, November 1, 2017 to RCSC Cardholders only, throughout the month of November. The line-up can also be found on our website www.suncityaz.org under the Recreation tab. Stay tuned for more information about these great shows coming to Sun City AZ!

The fall Sun Bowl concert series kicks off on Sunday, September 24 with The 8 Tracks Dance Band. This is a "sure to have the crowd on their feet" type of band, so plan to join us. We will again have gourmet food vendors at Sun Bowl shows for your dining pleasure, so come early and get a great spot.

General:

For those who may not be aware, the monthly management reports are available on our website www.suncityaz.org under the RCSC tab. Also, if you have not done so already, please sign up on the RCSC email list where you can designate topics of interest and stay in the loop with RCSC News Alert Emails!



Free Golf Clinics Coming in November

Saturdays at Lakes West Golf Course

See Page 12 for details!



TEAMWORK

Being a part of the Friends of the Sun City Libraries, Inc. has many rewards. Not the least of those rewards is knowing that we are on a team that brings valuable resources to Sun City residents. The process often works like this: 1) Library patron makes request; 2) Library administration evaluates request, reviews it with Friends; 3) Friends review request and fund it if MCLD cannot. These are recent examples.

NEWSPAPER SUBSCRIPTIONS

The Friends currently purchase newspaper subscriptions for *Value Line* at both Libraries and the *Wall Street Journal* at Bell. Patron requests caused the Library staff to ask the Friends to financially support subscriptions for the *Wall Street Journal* at Fairway and the daily *New York Times* for Bell, which we did. Teamwork works!



PRESENTATION LAPTOP

The programming staff at our Libraries needed a new laptop to use for Library presentations because the current one is quite old. The MCLD Information Technology team selected a laptop that worked with all MCLD systems. When they couldn't get it in their budget, they requested the Friends provide the financial support, which we did. Programs for Sun City residents will be improved through this purchase. Teamwork improves!

LIBRARY CHARGING STATION

Near the beginning of September, a charging station will be installed in the Bell Library on a trial basis. The station provides power for any device--phones, tablets, laptops. With two tables on which to place devices, the six foot tall tower has 16 high power USB charging ports and 26 protected 120VAC outlets. The Station is made in Tucson specifically for libraries. If all goes well with the trial, the Friends will fund the purchase. Teamwork supports!



REST WELL

Tired after that long walk from the parking lot to the Bell Library? There now are two chairs by the doors to sit, relax, and catch your breath before your Library excitement. Worn out from your mental workout in the Library, or waiting for your ride home from Bell? Those chairs are there for that purpose, too. Just one more little reason why our Libraries are so great. Thank you, Brianna!

BOOKSTORE BARGAINS

September sales in Books Around the Corner include Christmas craft books and Christmas cookbooks for half price. It is not too early to start Christmas shopping. Large print books are also half price. If mystery books are on your list, Tom Clancy is the half price author of the month. Teamwork is defined here as citizen donating books, volunteers running the Bookstore, MCLD and RCSC supporting Books Around the Corner in every way, and you buying books completing the cycle. Teamwork at its best!

Water Conservation

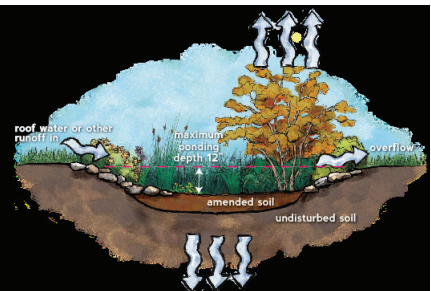
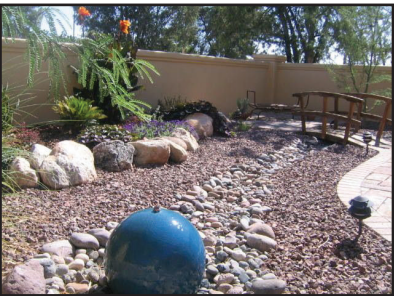
Rainwater Harvesting: Is it worth the effort?

We live in the Sonoran Desert where the average annual rainfall measures about eight inches and generally falls over a total of 36 to 40 days. Even though monsoon season is winding down, it is still a good time to consider whether rainwater harvesting is worth the effort. According to some sources, it certainly is.

Can you guess how many gallons of water fall on a home with only 1,500 square feet of roof (about the average size in Sun City) during a rainfall that delivers a half-inch of rain? How does 500 gallons sound? Unbelievable perhaps, but true. There are multiple ways to put this water to use and more ways of collecting it than simply using a rain barrel.

If rain pours off your roof and onto your driveway, only to run down the street and into the storm drains, something as simple as a gutter suitably positioned to redirect the water is a great place to start. Gutters can also rechannel those monsoon rains that, if not diverted, can pool around your home and harm foundations, rot wooden walls or, at the least, stain the walls.

So you have redirected the water away from your house and into your yard, but now what? If the water runs freely into your yard, is there a place where it runs or pools naturally? Perhaps this would be a good spot to put in a swale or a berm to redirect the water to plants, or even just to slow it down before it reaches any pavement and is lost to storm drains. We have all seen a "swale," those decorative "rivers of rock" in the front yards of many Sun City homes. Not only are they attractive, but serve a true purpose by re-channeling water to plants and/or slowing its progress to the streets and storm sewers, which allows more rainwater to filter through the ground into aquifers.



If you are feeling ambitious, that natural low spot in your yard is the perfect place to put some desert-friendly plants, an area we can refer to as a "rain garden." This type of landscaping not only helps conduct water to plants, but aids in directing and filtering water to local aquifers. This is exactly how aquifers regenerate. While lakes, rivers and ponds receive water through rain and runoff, an aquifer is replenished by seepage through various levels of rocks and dirt until it reaches

a place where it can no longer permeate. Those layers of rocks, dirt, sands, etc. actually filter rainwater, helping to purify it.

Of course, there's always the obvious rainwater collection: the rain barrel. Probably the easiest solution with oodles of information to "google" out there. Rain barrels can be simple, above-ground collectors, or one can fashion a more elaborate system that goes underground, with pumps and other fancy gadgets. However, plastic barrels that connect to downspouts are the simplest to maintain, move and care for and finding a style made from recycled materials is easy, making your harvesting even more eco-friendly. Overall, they are the most economical. If the thought of attracting mosquitos makes you squeamish, there's even a remedy for that - "Mosquito dunks" are reported to be safe not only for wildlife, but for pets and people as well.



Explore your options and keep doing your part, because as we all know...



Every Drop Counts!
Do your part to help conserve!



Sun City Gives Back

Bingo Helps Many Organizations

While the nursery rhyme sung by generations of children talks about a farmer who had a dog named B-I-N-G-O, with the help of the Men's Club at Sundial, it also means M-O-N-E-Y for many organizations throughout the community.

Thanks to these dedicated volunteers and the players who enjoy the thrill of the chance to win prize money, Sundial Men's Club made several monetary donations at the close of the season in May.

Donations of \$1,000 were awarded to the following organizations:

- Valley View Community Food Bank
- Sunshine Service
- Sun City Fire Department
- Sun City Community Action Network
- Northwest Valley Connect
- Sun City Prides
- Sun City Sheriff's Posse
- Sun City Residents Action Program



The Recreation Centers of Sun City also received an additional \$3,000 for a total of \$8,100 year-to-date. Donations from the SDMC to various community organizations so far this year total \$16,100.

Bingo Resumes with More Chances to Win!

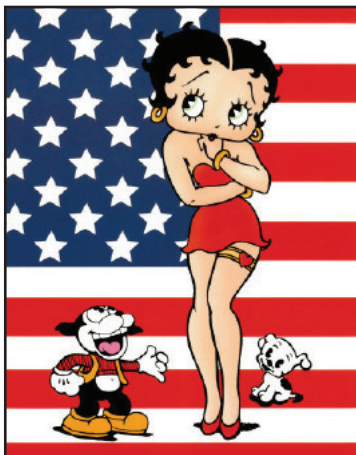
Bingo resumes on Thursday September 7, 2017 at 6:15 pm in the Sundial Auditorium. Doors open by 4:45pm.

This season you will have two chances to win up to \$1,000 by playing the Progressive Coverall Jackpot and new this season - the Betty Boop game.

You can play all 18 games for \$9 which includes the 15-\$100 games, the 50/50 special game (paying up to \$500), the Betty Boop special game (paying up to \$1,000) and the Coverall (paying up to \$1,000).

Bingo is open to anyone at least 18 years old and doors open by 4:45pm

For more information, please contact the Men's Club directly at 623-977-5116 or Club President Larry Carr, who can be reached at 623-687-7666.



Hey! Sun City Gives Back!

RCSC Chartered Clubs:

Let others know about the good deeds you do!

Showcase the good deeds and charitable work your club does for local, state, national and global organizations/causes in SunViews!

"Sun City Gives Back" highlights a different club each month. Let us know what your club is doing so we can let others know!

Submit entries for consideration to Communication & Marketing Coordinator Joelyn Higgins via email to jhiggins@suncityaz.org or call 623-561-4616 for more information.

2018 Winter | Spring Sundial Concerts

Get Ready for Another Great Season of Entertainment at Sundial

Series Tickets:

On sale November 1-30, 2017 to RCSC Cardholders only!
\$154 - That's only \$14 per show for all eleven great concerts

Individual Concert Tickets:

On Sale December 1-29, 2017 to RCSC Cardholders only!
\$17 per person

* Non-RCSC Cardholders may purchase tickets for \$20 per person starting January 2, 2018

All Seats Reserved!

Purchase tickets at the Lakeview Clubs & Activities Office (lower level)



One of The Nights
Eagles Tribute
Wed, January 10

The Echoes of the Platters
Wed, February 28



Ambrosia
Wed, January 24

Neon Circus
Brooks & Dunn Tribute
Wed, March 7



Motown Magic
Wed, January 31

Gary Puckett & Union Gap
Wed, March 14



December '63
Wed, February 7

Harmony
Three Dog
Night Tribute
Wed, March 21



The Buckinghams
Wed, February 14

Carla Cooke
Daughter of the Legendary
Sam Cooke
Wed, March 28



Mirage
Visions of Fleetwood Mac
Wed, February 21



All Shows @ 7pm; Doors Open @ 6pm
Please arrive with sufficient time to be seated!



FARMERS MARKET

Thursdays at Bell Center

9am to 1pm

Fresh Fresh Fruits & Vegetables
Baked Goods | Jams & Jellies
Pastas & Pickles | Spices
RCSC Clubs | Please No Pets



The market returns on October 5

FREE MOVIES*

Wednesdays @ Marinette;
Saturdays @ Mountain View
2pm & 7pm



To find out "What's Playing?" 1) Sign up for Movies & Events emails at suncityaz.org & a list will be sent to you on the last Wednesday of each month; 2) Log onto the RCSC Web Portal; or 3) Pick up a flyer from the Lakeview Clubs Office (please be prepared to show your RCSC Card). All movies are projected onto a screen from a DVD.

FREE RCSC Events are paid for by RCSC Cardholders & are therefore intended for RCSC Cardholders & their escorted guests only. Your cooperation and understanding is greatly appreciated!

Now with FM Transmission at all locations!
Tune your device to 99.1 FM.

Always
FREE
Popcorn

Now
serving
BOTH

Salted &
Unsalted



GOLF CLINICS

Free for Sun City Residents & their guests!

Open to Men & Women; Junior golfers welcome!

No registration required!

Whether you're looking to improve your game or just beginning to play. If you want to lower your score, fix your slice or just hit the ball square. Come out and join us – We can help!

All clinics will be at Lakes West Driving Range

- Saturday, November 4 @ 9:30am
Putting (Bring putter & a ball – 50% of your score)
- Saturday, November 11 @ 9:30am
Chipping, approach shots (Bring 8 iron, pitching or sand wedge)
- Saturday, November 18 @ 9:30am
Golf swing fundamentals (Bring 7 iron)
- Saturday, November 25 @ 9:30am
Ball Flight Demo (Bring driver or 3 wood)

Sun City Resident PGA & LPGA Professionals will be on-hand to help!

• Sarah Bakefelt	Phone: 623-875-3418
• John Martin	Phone: 623-202-6717
• Bob Jennings	Phone: 602-463-4533
• Bob Day	Phone: 602-818-1470

Business Cards are located in all RCSC golf pro shops. Call for an appointment.

Welcome to RCSC Club Events

We've reorganized the Clubs Events & Announcements that appear in SunViews so that it's easier to find the activities you're looking for. Clubs are welcome to submit information to this section every month and should include the date, time and location of the event along with cost and contact information.

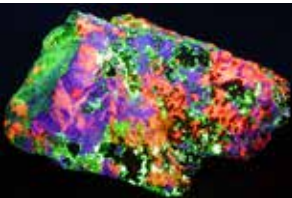
Page 13	General Information, New Interest Groups, Other Interests/Hobbies
Page 14	Cards, Games and Social Clubs
Page 15	Sports & Outdoors; Monitored Activities
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Home Delivery of SunViews

Did you know you can start & stop home delivery of SunViews while you're out of town? Simply contact the Sun City Independent Circulation Dept at 623-876-3682 or email to azdelivery@newszap.com.

General Interest/Museums

Sun City Rockhounds Mineral Museum
Hours of Operation:
May thru September: Saturdays only 10am-1pm
October thru April: 10am-1pm; Closed Thursday and Sunday
FMI email scrockmuseum@gmail.com or call 623-428-6442 during museum hours. Check out our fluorescent room!



Model Railroad Club at Fairway
Located in the Fairway Recreation Center at 107th and Peoria.
Club membership open to RCSC Cardholders.
Open to the Public:
September: Thursdays Only: 9am-12pm
October - March: Tuesdays, Thursdays & Saturdays: 9a-12p

Del Webb Sun Cities Museum
Next to Oakmont Center
Open Hours (Beginning September 18):
Monday, Wednesday & Friday from 1-4pm.
Admission: FREE! Donations Welcomed
FMIC 623-974-2568



New Interest Groups

Any new interest group who has (at a minimum) 25 potential members may complete the Application for Club Charter (FORM BP:12-15) and submit to the Clubs & Activities Office. Applications can be found at www.suncityaz.org or pick one up in the Clubs & Activities Office located at the Lakeview Recreation Center.

Community Drum Circle

An evening with a Djembe or Native American drum, jamming with a drumming circle, could lower your blood pressure, relieve stress, alleviate chronic pain & help to restore inner harmony. All instruments would be provided or bring your own. Drumming circles are gaining popularity as a universal language guaranteed to supercharge your immune system. FMIC Dr. Lydia A. Woods 623-219-9143 or email at drlydiaw@yahoo.com

African-American Social Club

Hello Brothers and Sisters! Meet and mingle with other African-Americans from all parts of the globe who now live and play in Sun City. Gauging interest in our community of forming a social club for gatherings and other activities envisioned by the group. FMIC Dr. Lydia A. Woods 623-219-9143 or email drlydiaw@yahoo.com

Other Interests/Hobbies

Community Garden

We meet Oct-May every 3rd Sat, 9-11am. Join us to help improve the community garden or just have a tour & see what we are all about. Start planning your garden now! Located west side of EPCOR water plant on NW corner of 91st Ave & Greenway. Bring your own work gloves, rakes & shovels. Garden plots available to RCSC Cardholders in Sun City Community Garden. FMIC 623-875-5921 or visit Garden Club Office at Oakmont.



Fairway Readers Club (formerly Book in Hand)

Meet 1pm second Fri, Rm 217, Fairway. Jeri Hauff moderates discussions. No annual dues; club meets year round. Books chosen by consensus: September: *The Little Paris Bookshop*, Nina Georg; Oct: *When Breath Becomes Air*, Paul Kalanithi; Nov: *Red Notice: A True Story of High Finance, Murder, and One Man's Fight for Justice*, Bill Browder. Some books on reserve at Fairway Branch Library a month in advance for those w/library cards. Members must present valid RCSC card at first session. FMIC 623-933-7361.

Armchair Photo Explorers Club

We meet Oct - April; shows begin 7pm; doors open 6:30pm at Fairway AZ Rms 1 & 2. Please arrive early to sign in & be seated before show begins. Club open to all RCSC Cardholders; membership dues: \$3. Cardholders may attend three times before joining. Escorted guests welcome: \$2 each visit. Coffee & cookies served first Wednesday each month. Currently closed for the summer. FMIC Ron Yankowski 623-476-2811. Join us for our adventures!

Sun City Stamp Club

Beginning October, we meet 7pm first Mon every month in Marinette Social Hall. Set up/inspection of auction stamps: 6:30pm. All RCSC Cardholders & escorted guests welcome. New & old stamps from all countries available at auctions, books & albums at excellent values, 50% or more of current catalogue prices. Join us to start/improve your collection. FMI contact: Mike O'Neill 623- 866-2058 mshane2009@prodigy.net; Bernard Heath 623-977-2332 BCstamps@cox.net; Wayne McKenzie 480-249-1278 Wayne.Mck@shaw.ca

Best Friends Dog Club of Sun City

Coming this fall: Exciting new changes to our classes for you and your best friend! New instructors. New classes. New days and times. Join us at our Meet and Greet in October to meet the trainers and learn about all the new classes. More information next month on our website: bestfriends-dogclub.org. Club open to all RCSC Cardholders.



Sun City RV Club

A group of people who enjoy potlucks, card games, day trips, rallies, and RV caravans. No RV required! Open to RCSC Cardholders & escorted guests only. Club meets Oct-April & goes dark for summer (many club members leave for cooler climes). Next Meeting: Sept 26, 5:30pm, monthly potluck at Sundial. Entertainment for October potluck (10/24, 5:30pm, Sundial) is "Dan Reed proudly presents a Variety of Music & Jazz Standards." BYO eating utensils, paper plates, drink & a dish to share with 10-12 people. October Caravan Meeting: Fri 10/27, 9:30am at Sundial. Caravan meetings are for latest information on planned outings; donuts & coffee supplied. Club hosts card games at Bell MPR B 5-9pm on Wednesdays. FMI www.scazrvclub.com or call Judy 623-444-4224.

Sun City Birding Club

This new club specializes in field trips to: identify birds, raise community awareness, enjoy nature & holds fun, educational classes with ornithological themes. Beginning to advanced birders welcome. No experience needed! You will love discovering the joys of birding! FMIC Tom Locascio at 623-977-4992 or locascio2000@hotmail.com

Vintage Vehicle Club of Sun City

Love vehicles? This club is for you. Open to all RCSC Cardholders to restore, preserve, maintain, modify or build all cars, trucks, tractors, motorcycles, etc. including antiques, classics, customs, hot rods & more. Professionals, amateurs or those who simply like to socialize about cars. Car shows, cruise-ins, tours & charitable work are a few activities. Working toward a garage in Sun City where we can meet, work, learn & socialize. We meet Oct-April, 1pm, 3rd Tues each month, Lakeview SH2. We meet all summer for: Breakfast mtg every Thurs, 8am, Bobbie's Café, 15472 N 99th Ave; Cruise-in every Wed, 5-9pm, McDonalds 99th & Bell. FMI www.vintagevehiclesofsuncity.com, email vvsuncity@outlook.com or call (509)430-1625.

Cards & Games



Sun City Duplicate Bridge (ACBL)

September special games: International Fund Club Championships: Mon 9/4, Thur 9/14 & Fri 9/15. Unit 354 STaC (Sectional Tournament at Clubs) Thur 9/7, Fri 9/8 & Mon 9/11. Club Championship games Thur 9/28 & Fri 9/29. Card fees: \$2 members; \$4/\$5 guests. No extra charge for special games. SCDBC games held every Mon, Thur and Fri in Lakeview Social Halls 1 & 2. Game time: 1pm. Doors open 12:15pm; please arrive by 12:45pm. **Partner required.** Please remember our club is fragrance free. FMIC Paul Weader at 928-240-0341 or visit scdbc.com.

Hand and Foot Club

Hand & Foot is a variation of Canasta played with 4-6 standard decks; ideally designed for 4 players; up to 6 may play by forming teams. **No partner required**, singles welcome! We meet every Wed in Lakeview Social Hall 1 & 2; Must sign-in by 5:50p, play begins 6p. Cost to play: 50¢ members; \$1 RCSC Cardholder visitor; guests need punch card or day pass. Cash Payout! Annual Membership: \$4. Must be a valid RCSC Cardholder to join. Visitors may play a total three (3) times before required to join. Open to all RCSC Cardholders and their escorted guests. FMIC: Edith (623) 271-0092 or Camilla (623) 972-0673

Mixed Cribbage Club

Every Tues 1-4pm & Wed 6:30-9:30pm in Lakeview Social Hall 3. No Partner needed. Open to all RCSC Cardholders. Cost \$3 to join & 50¢ to play. RCSC Cardholders may play 3 times as visitor. Arrive by 12:45pm to sign in & find a table. FMIC Marvin: 623-594-0797 or Dianne: 408-799-9040.

Bunco Broncos

Hey Pard'ner, we meet at Fairway AZ Rms 1-2, 4th Monday every month. Join us for an afternoon of fun! Doors open 11:45am, play at 12:30pm. Open to all RCSC Cardholders. Annual membership \$3; \$2 to play. FMIC 602-526-3495 or 326-7055.

Mah Jongg

Game Play Sundays at Marinette SH 12-4pm; Tuesdays at Sundial WH 12-4pm, Thursdays at Marinette SH 6-9pm. FMIC Linda 623-240-9586 or Sue 623-933-4823

Oakmont Mixed Cards

Club resumes meeting every Sat beginning 9/9, 6:15 pm to play Pinochle, Bid Euchre, Hand & Foot or any other card game you choose. Play starts promptly at 6:15 pm; concludes by 9:30 pm. BYO refreshment and/or to share. Weekly fee: .50; Annual Dues: \$3. FMIC Lil DeCola 623-972-1703 or Bruce Painter 719-671-9043

Kachina Bridge

Play bridge? Interested in getting into the game? Join us! Don't let duplicate bridge scare you, we'll help. We are a non-sanctioned club that meets Mon & Thurs (Play once or twice a week) at Sundial 12:15-4pm. Annual dues: \$5 for RCSC Cardholders plus \$2 each play for prizes. We welcome players to visit & see how duplicate bridge is played. No partner? Don't worry. FMIC Sharon 623-251-4858; Lee 974-0237.

Monday Night Card Sharks Bridge

Meets Mon 6:45-9:30pm at Lakeview SH #1 for a social evening of contract bridge. Must have a partner. Contact Andy at (623) 933-7972. \$3 and RCSC Membership card required to join. 50¢ each night for prize fund. Try us out. RCSC Cardholders visiting club pay \$1 plus 50¢ to evening's prize fund. We have fun. Please join us.

Monday Night Pinochle

Like to play pinochle? Can't get four people together? Come to Oakmont, Mon. 6pm (register), play 6:15pm for a great evening! Singles welcome! Play single or double deck. Annual membership: \$3; plus 50¢ nightly. Escorted guests: \$3.50. RCSC visitors: \$1. Prizes awarded accordingly. After six hands, individual scores added, winners advance. Losers stay but do not play each other. This allows playing each game with a different partner & a great social time. Come join us. FMIC 623-972-3263.

Saguaro Bridge

Meets Fri, 6:45-9:30pm at Lakeview SH#1. Must have partner. Contact Andy at 623-933-7972 if partner needed. \$3 & current RCSC card required to join; 50¢ each night for prize fund. Try it for \$1. We'll have fun!

One Partner Bridge

Meets Thurs, Lakeview SH #1. Doors open 6:30pm, play 7pm; must arrive by 6:55pm. Partners Required! If you need a partner, call Andy (623) 933-7972. Annual membership: \$3. Cost \$1 per couple for evening's prize fund. Annual surprise "free play" night. All grand slams rewarded & designated small slams paid. Birthdays celebrated w/cookies. If you wish to come for an evening, cost is \$1 (RCSC Cardholders); \$3 escorted guests, plus \$1 prize fund.

Backgammon Club of Sun City

All levels of players welcome. Meet every Saturday 1-5pm at Lakeview SH #3. FMIC John 623-229-9887 or Don 623-933-0146

Euchre Club

Meets Tuesday, 6-9:30pm Fairway AZ Rms; 1st & 3rd Thurs 1-4pm at Marinette SH. Beginners welcome. FMIC 623-533-5705

Oakmont Pinochle Club

Play Tues &/or Sat 12-4pm; arrive 11:30am to sign in & find a table. FMIC Mrs. Tommie Crudo 623-876-1895 Ralph DePollo 623-977-3278.

Social



Michigan Friends in Sun City Club

Hello Michigan Friends, Visitors and Guests in Sun City. Some of us (club members) have been hanging around town this summer and we've enjoyed

noshing at local restaurants. If you get back in town (or never left), join us at the end of August or in September for end of summer restaurant noshing. Bring a friend, family member, or neighbor. Visitors welcome.

Wed 8/30: Breakfast or Lunch, Cracker Barrel, 10:45a; RSVP by 8/26

Thurs 9/28: Dinner, Dillon's on T-bird, 4:30p, RSVP by 9/23

Activity updates are emailed to RCSC (MI Club) card members every month.

Visitors & guests always welcome; small fee may apply.

Grab a club brochure at the Bell Visitors Center and fill it out please. We'd love to hear from you!

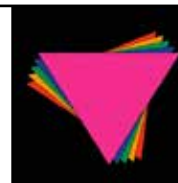
Club Mailbox
Michigan Friends in Sun City Club
c/o Bell Rec Center Mailbox
16820 N. 99th Avenue
Sun City, AZ 85351

michigan2arizona@cox.net
call/text 623 910.1522 or email

Cheryl Hall Cassidy, Club President
Jim Bates, Vice President
Margaret Bosker, Secretary
Jude Ruch, Treasurer
Board Members: Jo Allen, Glenda Burnham, Jerry Burnham, Mike Dvorak, Loren Howald

LGBT Club of Sun City

Next Meeting: Thurs 9/14
Oakmont Auditorium
Meet: 6-7p; Social 7-8:30p
FMIC: 623-363-1123



Sun City Women's Social Club

NEW! Pre-Register with us to learn Dominoes (Mexican Train), Canasta and Mahjong. Wednesday classes, 5-7pm. SCWSC is a wonderful club that provides unlimited opportunities for women who enjoy playing cards & board/table games with other Sun City women. Club open to RCSC Cardholders, Mon-Sat 10:30am-4pm, Sun 12-4pm, 2nd floor at Lakeview. Always looking for new members to join us in Bridge, Mahjong, Hand & Foot, Canasta, Poker, Texas Hold-em & other games. Annual Dues: \$10. Please come meet our fun group of women. FMIC 480-249-0862.

NextGen

Join us! Meet your Sun City neighbors. Make some new friends. The NextGen Club regular meetings are the first Monday and the third Monday of the month at Fairway Recreation Center Arizona Rooms 1&2 at 6:30 p.m. unless otherwise posted. See calendar for Monday meeting dates and happenings!

We like to be active and you can find us doing things together like sightseeing, 9-tap bowling, Happy Hours, museum events, breakfast get-togethers, 9 hole golf scramble, dancing, hiking, Texas Hold'Um, bike rides, PonyTail card games, & indoor shuffle board!

To learn more or to sign up for activities check our website calendar at <http://www.nextgensuncity.com>; use the activity links for www.SignUpGenius.com. Dates, times, locations subject to change. Please check website calendar for current information. FMI inquire at nextgensc@gmail.com.

NextGen is a chartered social club designed to provide activities for the membership and be operated by officers younger than 70. NextGen is open to all RCSC Cardholders. Annual Dues: \$5; Must be a member, RCSC visitor or escorted guest to participate.



Sun City Singles Social Club

Sun City Singles Social Club welcomes single Sun City residents with a current RCSC card (visitors). Guests (without RCSC card) need to be single & escorted by a club member. Annual membership fee: \$6.

Club meets monthly on first Friday (Pot Luck 5:45pm) bring food to feed 10-12 people. Third Friday (Game Night 5:45pm) can bring snacks for people to share; also, bring your own drink for each activity. Location: Fairway AZ room #4.

Weekly Activities:

Saturdays: Breakfast at Brothers Family Restaurant 8:45am. Weds: Billiards, Lakeview Lanes, 1pm

September Activities:

Tues 9/5: Dinner & Team Trivia, Tailgater's, 10146 W Lake Pleasant Pkwy, 6pm; Sign up by 9/1

Sun 9/10: Brunch, Elks Club, 10760 W Union Hills Dr, 11am. Sign up by 9/1

Wed 9/13: Dinner, Outback Steakhouse 14225 W Grand Ave, 5pm

Thurs 9/14: Bocce Ball, Sundial, 7pm


Mon 9/18: Lunch, Johnny Rockets 9390 W Hanna Dr, 11:30am

Fri 9/22: Dinner, Coco's 9801 W Bell, 5pm

Fri 9/22: Darts, Bell Center, 6:30pm

Thurs 9/28: Mini Golf, Sundial, 7pm

Check the club website for activities that require you to sign up to attend. www.simplesite.com/myclub or contact Ellen 623-583-2307 or Janet 615-574-9960.



Sun City Pickleball Club

Through late summer and the monsoon season, Sun City Pickleball Club members remain active on the courts. Play continues even as September temperatures remain a bit warm. Most club activity is at Marinette, with its eight covered courts. Busiest periods remain Monday, Wednesday and Friday mornings with play as soon as doors open at 6am, continuing through 10am or so. There's also 5pm play at Marinette, Tuesday and Thursday the best-attended. There may also be play at Mountain View where the courts are lighted. RCSC Cardholders can stop by either venue and get a look at this court and paddle sport. There are seven courts at Mountain View, and 20 at Marinette. Free introductory lessons available. Check out the competition and join the fun. The Sun City Pickleball Club has grown steadily since chartering in 2003, now with more than 800 members. Annual dues are \$10. Everything about the club is available online at the web site: suncitypickleballclub.org

Basketball	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Billiard Tables	
Bell Lanes	M-Sa: 8a-9p; Su: Noon-8p
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p
Bingo	
Sundial Center	Th: Doors Open 4:30p; Bingo 6:15p Begins 9/7; \$7 all 18 games w/3 special
Boating/ Fishing	
Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p (or Dusk)
Bocce Courts	
Sundial Center	M-Sa: 6a-9p; Su: 8a-8p
Bowling Lanes	
Bell Lanes	M-Sa: 8a-9p; Su: Noon-8p
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p
Dog Parks	
Duffeeland	May - September 6am-8pm Closed last Wed/month for Maintenance
Darts	
Bell Center	M-Sa: 8a-9p; Su: Noon-8p
Fitness Centers	
Bell Center - 18+ only	M-Sa: 5a-9p; Su: 8a-8p
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p
Lakeview Center	M-Sa: 6a-7p; Su 8a-7p
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Mountain View Center	M-Sa: 6a-7p; Su 8a-7p
Oakmont Center	M-Sa: 6a-7p; Su 8a-7p
Sundial Center - 18+ only	M-Sa: 6a-9p; Su: 8a-8p
Horseshoe Courts	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Mountain View Center	M-Sa: 6a-7p; Su 8a-7p

Jogging / Walking Track		
Indoor		
Fairway Center	M-Sa 5a-9p; Su: 8a-8p	
Sundial Center	M-Sa only: 6a-8a	
Outdoor		
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	
Sun Bowl	Dawn to Dusk	
Library (602) 652-3000		
Bell Center	M: 9a-7p; Tu-Sa: 9a-5p	
Fairway Center	M-F 9a-4p	
Mini Golf		
Bell Center	M-Sa: 6a-9p; Su: 8a-8p	
Lakeview Center	M-Sa: 6a-7p; Su 8a-7p	
Mountain View Center	M-Sa: 6a-7p; Su 8a-7p	
Sundial Center	M-Sa: 6a-9p; Su: 8a-8p	
Pickleball		
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	
Mountain View: Outdoor	M-Sa: 6a-7p; Su 8a-7p	
Racquetball		
Bell Center Courts A & B	M-Sa: 6a-9p; Su: 8a-8p; Closed for Club:	
	M-W-F 1-3p, T-Th 5:30-7:30p; Sa:8-10a	
Shuffleboard		
Bell Lanes: Indoor	M-Sa: 8a-9p; Su: Noon-8p	
Lakeview: Outdoor	M-Sa: 6a-7p; Su 8a-7p	
Spas		
Bell Center - 18+ only	M-Sa: 5a-9p; Su: 8a-8p	
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p	
Lakeview Center	M-Sa: 6a-7p; Su 8a-7p	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	
Mountain View Center	M-Sa: 6a-7p; Su 8a-7p	
Oakmont Center	See Pool Hours	
Sundial Center - 18+ only	M-Sa: 6a-9p; Su: 8a-8p	

Table Tennis
Bell Center: M,W, F: 6a-10a, 3p-9p; Tu: 6a-10a, 12p-7p;
Sa: 6a-10a, 12p-9p; Su: 8a-1p, 5p-8p

Tennis
Bell Center: 623-977-3325 M-Sa: 6a-9p; Su: 8a-8p
Lakeview Center: 623-561-4676 M-Sa: 6a-7p; Su 8a-7p
Mountain View: 623-876-3042 M-Sa: 6a-7p; Su 8a-7p

Swimming Pools - Open Swim Hours
Bell Center - 18+ only:
Lap pool: M-Sa: 5a-9p; Su: 8a-8p; **Closed for class: M-F 7-9a**
Walking Pool: M-Sa: 5a-9p; Su 8a-8p

Fairway Center
Lap Pool: M-Sa: 5a-9p; Su 8a-8p;
Walking Pool: M-Sa: 5a-9p; Su 8a-8p;

Lakeview Center
M-Sa: 6a-7p; Su 8a-7p **Closed for class: M, W, F: 8-10a**
Children's Pool Hours for Ages 4-15 yrs: Daily 4p - Close;

Marinette Center
M-Sa: 6a-9p, Su: 8a-8p; **Closed for Class: F 9/1 8-9a;**
M 9/18 & 9/25 9-10a; Th 9/21 & 9/28 9-10a
Children's Pool Hours for Ages 4-15 yrs - Daily 1p - 4p

Mountain View Center
M-Sa: 6a-7p; Su 8a-7p **Closed for Class: F 9/1 8-9a & 5:30-6:30p**
M 9/18, 9/25 9-10a; Tu 9/19, 9/26 8-10a; Th 9/21, 9/28 9-10a;
F 9/22, 9/29 8-10a
Children's Pool Hours for Ages 4-15 yrs - Daily 10a-1p

Oakmont Center
M-Sa: 6a-7p; Su 8a-7p **Closed for class: F 9/1 9-10a & 2-4p; F 9/8 & 9/15, 2-4p; F 9/22 & 9/29, 9-10a & 2-4p; Every Su 2-4p;**
M 9/4 & 9/11, 12-2p; M 9/18 & 9/25, 9-10a & 12-2p
Tu 9/19 & 9/26 9-10a; Every W 12-2p; Th 9/21 & 9/28 9-10a

Sundial Center - 18+ only
Large Pool:M-Sa:6a-9p;Su:8a-8p; **Closed for Class: M 9/18 & 9/25, 8-10a & 5:30-6:30p; Th 9/21 & 9/28 8-10a & 5:30-6:30p**
Warm Water Pool: M-Sa: 6a-9p; Su: 8a-8p; **Closed for Class:**
Tu 9/5 & 9/12, 12-2p, Th 9/7 & 9/14, 12-3p; M 9/18 & 9/25 10a-12p & 4:30-5:30p; Tu 9/19 & 9/26 10a-2p & 4:30-6:30p; Th 9/21 & 9/28, 10a-2p & 4:30-5:30p; F 9/22 & 9/29 10-12p & 4:30-6:30p

Club Directory

Art and Craft Clubs	
Artists by the Lake: LV 877-9366 or 623-810-9112 Artistic Stained Glass: BC 974-4765 Artistic Weavers & Fiber Artists: OM 974-6108 Calligraphy: SD 210-9137 Camera Guild: SD cameraguildsuncity.com Carvers: LV 388-3051 Ceramics & Porcelain: FW 972-5818 or 623-748-3313 Ceramics & Porcelain: LV 933-8118 Ceramics: BC 974-6750 or 623-972-4182 Ceramics: OM 623-680-8474 China Painting: FW 623-256-6784 Clay Club: LV 933-0899 Clay Corner: MC 977-3167 Crafts: BC 974-3497 Crafts: SD (815)315-2387 Creative Quilters: LV 623-251-0124 Friendship Quilters: BC 602-625-6761 Handweavers / Spinners: SD 933-0397 Knitters: FW 602-469-2505 Lapidary: BC 977-1803 Jewelry at Oakmont 623-322-4595 Leathercraft: MC 594-6591 Metal: BC 974-8206 Needle Arts / Crafts: OM 972-2609 Palo Verde Artist: SD 623-551-0402 Sew-n-Sew: LV 977-9460 - www.sewnsew.info Silver Stones: SD 623-349-8840 Silvercraft: BC 933-8442 Sterling & Stones: FW 977-2208	Tu 1-4p, W 9a-4p, Th/F 9a-1p M-F 8a-3:30p, Sa 8a-1p, M, W, Th 5-8:30p M-Th 9a-12p Th/F 9-11a Mem Mtg 1st F 9-11a Tu/Th 9a-noon Th/Sa 7:30a-12p LV SH3 M-F 9a-3p, Sa 9a-1p M-F 9a-1p Gen Mtg: 1st Th AFTER 1st M; 9a M-F 8a-12p; W & Th 5:30-9p Mem Mtg: 2nd F 9-10:30a M-Th 8a-3p, Sa 9a-1p, Tu 5:30-9p Mem Mtg 2nd Tu M, Tu, W, F 9a-12p Mem Mtg/Lunch 9/20 10a-12p M-Th 8:30a-8:30p, F/Sa 8:30a-4:30p Mem Mtg 1st Th 8a-12p LV SH #1 M-F 8a-9p, Sa 9a-5p Mem Mtg 2nd W 9-11a Yard Art/Lunch 3rd W 8a-4p M-Sa 9a-3p & M,W,F 6-9pm Mem Mtg 2nd Th 11a-3p BC SH #1 M 8a-1p, Th 8a-11a M & F 8a-4p, Tu & W 9a-3p M 9a-3p/5-8p, W 12-8p, Th/Sa 9a-3p M-F 9a-12p F 8:30a-2:30p FW AZ Rms 3 & 4 M-Sa 8a-1p, T/Th 6-9p W, Th, F, Sa 8a-12p M-F 8a-12p M-Sa 8a-4p Mem Mtg 2nd M 9-11a Social Mtg/Workshop Th 8-11:30a Su-Sa: 9a-5p Boutique Sales, Sewing, Donations Tu, Th & Sa 9:30a M-F: 8a-3p, S: 8a-12p SD Workshop: M-Sa: 8a-4p Sales Room: M-Sa 9a-3p M-W-F 8a-12p 9/11 Mem Mtg FW AZ 1 & 2

Dance Clubs	
Ballroom Dance: BC SH Julie (623)533-6236 or Arlene (623) 214-0594 Bell Tea: BC 933-8873 Classic Rock Dance Club: FW 623-628-4401 Country Dance Club: SD 623-242-9535 or 623-972-5127 (Friday) SC Singles Dance: SD 623-215-8718 Line Dance: SD 623-972-5127 or 231-557-6555 suncitylinedanceclub.facebook Rockin' Thru The Years: BC 332-7894 Squares: BC 875-2642 (Mary Sue) suncitysquares@q.com Sun City Poms: MC 602-392-4242 scpoms@yahoo.com Tip-Top Dance: MC 933-3947	T&F: 9a-2p BC, W: 9a-12p BC M-F: 8a-4p, T: 4-8p, Sa: 8a-12p BC M,T,Th:8a-12p, W/F:12-4p FW Summer Hours: M-Sa: 8a-2p LV Dance Su 7-9:30p (Lessons at 6:30p); Lessons: BC SH Every M & Th: 6-9pm Dance 1st & 3rd Sa 5:30-9p FW AZ Rms 1st & 3rd Sa, 6-9:30p SD; Tu 6:30-9p OM F: 7p-10p Tu and Th 10a-1p, SD Aud 9/28 Relo to FW 9/30 5-10p Dance & Party SD Aud 2nd, 4th & 5th Sa: 6:30-10p Closed for Summer May 1- November 1 Practice M/F MC Aud, T/Th MC Soc Hall Call for Class Times Pot Luck: Tu 9/26, SD Aud, 5-9p M,Tu,F: 8a-12p, T/Th 1-2:30p MC SH Pilates Mat F 1p BC Aerobics Rm Mem Mtg 9/9 10:15a-12:30p

Educational Clubs	
Apple Macintosh: SD 933-5300 sunmacs.org Life Long Learning: FW 623-533-5756 PC Computer Club: FW 933-8953 Spanish Club: FW SunCitySpanishClub@gmail.com	Closed thru 9/18 After 9/18: Tu & Th 8:30-10:30a Next General Mtg: 11/11 Classes resume in October Mem Mtg/Registration 10/5 10a-2p FW M-F 8a-4p, Sa 9a-noon See Class Page for Schedule or Bulletin Board at Fairway
Fitness Clubs	
Aerobic: BC 455-1818 Aqua Fitness Club aquafitnesssuncity.com Nancy: (623)330-4242 Terry: (619)818-4380 Dance for Fitness 623-933-7021 or 515-975-1683 Handi-Capables: SD 933-6515 Hatha Yoga: SD www.hathayogaclub.org Ladies Exercise: OM 573-579-5320 So Grand Exercise: FW 623-933-1365 Stretch and Slim: BC 628-4401 Tai Chi: BC, LV & FW Phone: Elisa (480)710-8497 email:sctaichi@yahoo.com sctaichi.wix.com/sc-tai-chi-club See website for class times, details, & special events Zumba Fitness: 623-972-0099	M, W, F: 8a, 9a, 10a Call club in reference to club hours BC: Tu 9-10a; SD: W 9-10a; MV: F 9-10a SD: wm wtr exrcs pool: Tu, Th noon-2p Mtg 1st M: 12:30a, FW AZ 1&5 refer to www.hathayogaclub.org FMI for meeting/class days and times Tu & F; 8-9a M, W, F 7:30-9a M-Sa: 6:45-8a 8-9a, 9-10:15a; 10:15-11:30a Classes offered in 8 Form, 24 Form, 108 Form, QiGong & Introduction to Tai Chi Movement BC:M&W Zumba Gold 11:30a-12:30p; SD: Tu Zumba Gold 6:30p-7:30p; Zumba Fitness MC: Th 6:30-7:30p; Sa 8:30-9:30a

Hobby Clubs	
Armchair Photo Explorers: FW 476-2811 Best Friends Dog Club: FW 480-524-6893 bfdcsuncity@gmail.com Sun City Birding Club: Tom: 623-977-4992 locascio2000@hotmail.com Duffeeland Dog Park-Talisman 928-221-6052 Garden: OM 875-5921 Model Railroad: FW 271-8223 Model Railroad Museum: FW 974-2846 Rockhounds: SD srockmuseum@gmail.com Mineral Museum: SD 623-428-6442 RV Club: SD (623)444-4224 Stamp Club: MC 623-866-2058 Vintage Vehicles (509)430-1625	Closed for Summer Return Oct 4 Closed for Summer Contact Club for Summer Information Mtg/Dinner 9/9 5-8p LV SH #1 Potluck Mtg 1st W, 6p BC SHs Social Mtg 3rd W, 7p BC SHs Cards Every Sa: 11a-5p MC SH Chess W&Th 1-4p, LV SH6 Tu Partner Bridge Dark for Summer Wed Bridge Dark for summer Pizza/Bunco: 2nd F MC Aud 5-9p Potluck/Bunco: Last F MC Aud & SH 5-9p BOD Mtg, 2nd W, 9:30-11a MC Aud Potluck 1st F, 6-9p FW AZ 3&4 Game Night 3rd F, 6-9p FW AZ 3&4 No Mtg Summer Hours: Sa: 10a-1p Pot Luck: Tu 9/26, SD Aud, 5-9p Mtg/Auction 9/4 6:30p MC SH Closed for Summer Performing Arts Clubs
Chamber Orchestra: FW 623-582-9964 Choraliars: FW 933-7202 (Carol) Concert Band: FW 972-4767 Handbell Ringers: FW 623-876-1101 Piano: SD 623-792-7266 Players Community Theater: MV shayob2@yahoo.com SunCityPlayersCommunityTheater.org Readers Ensemble: LV 974-3384 Rhythm Ramblers: FW 876-8464 Ukulele: FW 594-6591 Sept-June 398-0483 June- Sept Women's Chorus: FW 480-236-1602	W, 8-noon, FW Music Rm Closed for Summer T, 9-11am FW Music Rm F: 8:30-11:30a FW Music Room 3rd F, SD Aud 8a-noon 2nd F, SD Piano Room 9:30-noon Next Mem Mtg: M 9/18 MV Aud F 12-4p LV SH 2&3 T, 1-5p, FW Music Room Summer Strummers Th 3-5p FW Music Th: 8:45a-11a FW Music Room
Political Clubs	
Democratic:FW 623-977-4660 Republican: SD 713-557-5800 suncitygopclub@gmail.com	1st Th ea month, FW AZ 1 & 2, 6-8:30p 3rd Tu every month, SD EH, 6-9p
Social Clubs	
Fairway Readers: FW 933-7361 Gourmet Social: OM 920-716-2862	2nd F 1-3p FW Rm 217 2nd & 4th Su, 4:30-7:30p, OM Aud

LGBT of Sun City: OM Aud (623)363-1123 Men's: SD 977-5116 Michigan Friends In SC michigan2arizona@cox.net 623-910-1522 New England: LV 623-875-4641 NextGen: BC 806-759-9723 Sun City Hospitality: MC 933-5158 Singles Social Club: FW 615-574-9960 Wisconsin Club:SB 623-242-6318 Women's: LV 480-249-0862 Sport Clubs Basketball: MC 206-459-3242 charlespeterson@comcast.net Billiards: Bell Billiards Room 315-806-0067 Billiards: LV Billiards Room 602-319-0783 Bocce: SD 271-0092 Conservation/Sportsmen: LV 612-741-5923 Dart Club: BC (480)284-0904,(630)531-0391 (623)760-6926 Lawn Bowls: BC 972-3248 Lawn Bowls: FW & MV 933-5066 Lawn Bowls:LV (Sun City Club) 583-0625 Lawn Bowls: LV 974-3214 Lawn Bowls: OM 792-5202 Mini-Golf: LV 623-271-8492 Pickleball pickleball.suncity@gmail.com Dave 603-540-0756 Racquetball Club: BC 986-1754 Shuffleboard Bell: BC 623-972-3169 - Dennis	2nd Th every month Mtg: 6-7p; Social 7-8:30p Club offers social events during summer M-Sa 7a-4p, M 6-9p Poker Contact Club for Summer Information Mtg/Dinner 9/9 5-8p LV SH #1 Potluck Mtg 1st W, 6p BC SHs Social Mtg 3rd W, 7p BC SHs Cards Every Sa: 11a-5p MC SH Chess W&Th 1-4p, LV SH6 Tu Partner Bridge Dark for Summer Wed Bridge Dark for summer Pizza/Bunco: 2nd F MC Aud 5-9p Potluck/Bunco: Last F MC Aud & SH 5-9p BOD Mtg, 2nd W, 9:30-11a MC Aud Potluck 1st F, 6-9p FW AZ 3&4 Game Night 3rd F, 6-9p FW AZ 3&4 M-Sa 10:30a-4p; Su 12-4p LV Clubroom Mem Mtg 9/20 12p W 7a-1p; Lessons: F 8-11a Club Golf Tu & F: 11a-4p BC Billiards Ladies: M & Sa 8:45-10:30a Th 9:45-11:30a; Couples W 6-7:30p 9-Ball Tournament: Th 12:30-4p Ladies League Snooker: F 1-2:30p Mens: M & F 8a-12p; T & Th 8a-12p See Page 15 for details Club Closed all Saturdays in Sep; Closed Su 9/3, 9/10, 9/17 Tournament: 9/25-9/27 & 9/29 Must Preregister! Mem Mtgs:Sept-May 3rd Th LVSH1 9-10:30a M-T-W 5:30-8p; Th 2-4p; 1st & 3rd Sa 1-3p Su/M/W/F 7:30-9:30a, 7-9p Closed for Summer thru Oct 10 Closed for Summer Tu/Th/Sa: 7a-9a; 7p-9p Times may vary w/temps Closed for Summer T/Th 4-9p MV M-Th 7-10a MC M-F 7-9a, T/Th 4-9p MV M-W 4-8p, Th 8a-8p MC M/W/F 1-3p, T/Th 5:30-7:30p, Sa 8-10a M-Tu-F 1-3:30p
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Shuffleboard Outdoor: LV 688-4823 Shuffleboard Sundial: BC 208-9921 Softball (Senior): Sun Bowl 623-444-9402 or 503-351-2036 www.azsrssoftball.com Swim Lessons: LV 583-5894 Swimmers Master: BC 876-1233 Swimmers Synchronized: LV Nancy: 623-238-8608 Table Tennis: BC 875-9991 Tennis: BC Summer Contact:505.206.2315 jvolson@loretel.net Joe: 623-251-3969 Volleyball 206-459-3242 charlespeterson@comcast.net Water Volleyball: OM 377-5091	Closed for Summer W, 1-3p; Th 5:30-8p; Sa 1-3p Open Practice Su/M 7a, New Players M 9a League Play T/Th 7a Field closed 9/15 for overseeding W 8:30-10a LV M-F 7-9a BC Lap Pool M-W-F 8-10a M/W/F 10a-3p; Tu 10a-12p, 7-9p; Sa 10a-12p; Su 1-5p Social Dbls: Sa 1-3p BC; Skills/Drills Sa 9-11a BC; Drop-in Dbls M-F 8:30-10:30a LV Men's Drop In Dbls: M-W-F 8:30-10:30a BC Women's DropInDbls:M-F-Sa 8:30-10:30a MV Mixed Drop-in Dbls: W 6:30-8:30p, BC BC = Bell Recreation Center FW = Fairway Recreation Center LV = Lakeview Recreation Center MC = Marinette Recreation Center MV = Mountain View Recreation Center OM = Oakmont Recreation Center SD = Sundial Recreation Center SB = Sun Bowl
F, Su 2-4p; M, W 12-2p @ OM	

Club Directory Key:

M = Monday
Tu = Tuesday
W = Wednesday
Th = Thursday
F = Friday
Sa = Saturday
Su = Sunday
a = A.M. & p = P.M.
BC = Bell Recreation Center
FW = Fairway Recreation Center
LV = Lakeview Recreation Center
MC = Marinette Recreation Center
MV = Mountain View Recreation Center
OM = Oakmont Recreation Center
SD = Sundial Recreation Center
SB = Sun Bowl
All area codes are 623 unless otherwise noted.

Important Dates for Clubs to Remember!

September
1 SunViews submissions due for October
10 Guest Attendance Register & guest fees due

October
1 Club Membership Roster due
5 SunViews submissions due for November
10 Guest Attendance Register & guest fees due

November
5 SunViews submissions due for December
10 Guest Attendance Register & guest fees due

December
5 SunViews submissions due for January
10 Guest Attendance Register & guest fees due
31 RCSC Chartered Club Officers FORM BP:12-3

Clubs & Activities Office

623-561-4660
email: clubs@suncityaz.org
Office Hours: Monday-Friday 8:30am to 4pm

RCSC Chartered Clubs: Hey there! Why not take up a new hobby today?

Fitness & Fitness Classes

Sun City Tai Chi Club

Sun City Tai Chi Club welcomes the new members garnered with the “Free Classes” event we offered in July. If you missed the opportunity to try us for free, we are still here, at a recreational center near you. Classes are just \$3 and you can take up to 2 without joining the club. Visitors are always welcome to come and observe a class if you’re not quite sure you want to jump in yet. You can learn more about us, what’s available through the club, or our monthly get-togethers over dinner, on our website: sctaichi.wixsite.com/sc-tai-chi-club; or, like us on Facebook where we post related articles, videos and things to contemplate, other than your navel. Classes open to all RCSC Cardholders and, for an additional \$2.50, to their escorted guests. Find a class near you:

Bell Social Hall 2: Beginner 108 Yang Style Tai Chi Thursdays 2pm
Intermediate 108 Yang Style Tai Chi Thursdays 11:30am
Advanced 108 Yang Style Tai Chi Thursdays 12:45pm

Lakeview Social Hall 3: Qigong (great for beginners!) Tuesdays 6pm

Fairway AZ Room 3: 8 Form Tai Chi (beginners welcome) Mondays, 9am
24 Form Tai Chi, (beginners welcome) Mondays 10:15am

Oakmont Ladies Exercise Class

Join us for low impact exercise designed for women over 50. Tues & Fri 8am-9am. Call club to confirm location! Annual Membership Dues: \$5 - 3 free trial visits. FMIC 573-579-5320.

Hatha Yoga

Club meets at Sundial in the Yoga Club room. Classes are multi-level and do not assume prior yoga experience; all classes taught by certified instructors. Please arrive 15-20 minutes before a Mat class and bring a yoga mat, small blanket or a beach towel, your current RCSC card, \$3 class fee and \$5 yearly membership. Wear loose, comfortable clothing for a warm environment. Refer to our website for more information: <http://hathayogaclub.org>

Yoga Mat classes:

Mon: 8:30a, 10:30a & 6:30p*

Tues: 8a, 10a & 12p

Wed: 8:30a & 6:30p*

Thurs: 8am & 10a

Fri: 9a

Sat: 8a & 10a

*evening classes

Chair Class* by preregistraion:

Monday, Thursday & Friday 1pm

Wednesday: 10:30-11:45am;

*FMIC Carlyn for Chair classes: 623-972-9602



Swim Club

Sun City Swim lessons are at Lakeview pool. Lessons start 8:30am (until 10am) and include beginning lessons and intermediate classes, along with an advanced group workout. All classes taught by excellent teachers. Annual membership: \$3 for any RCSC Cardholder. Annual fee: \$3 for any RCSC cardholder. FMIC Tere Kearney 623-583-5894.

Aqua Fitness Club

Meets M/TH or T/F at Marinette, Mt. View, Oakmont & Sundial pools. Qualified instructors teach three classes of varying intensities: Free Standing; Poolside & Aqua Stretches. No swimming involved; members stand in waist/chest-deep water. All classes “Co-ed;” must be an RCSC Cardholder to join. Annual Dues: \$5; \$15 per eight-week session. “Try It Before You Buy It” allows you to attend any class to see if it fits your needs. FMI please visit aquafitness-suncity.com or call Nancy 623-330-4242 or Terry 619-818-4380.

Aqua Suns

Do you love the water but walking & lap swimming isn’t for you? Come try synchronized swimming & learn things you never thought you could do. We do dolphins, spearfish, cat-linas, kips, surface dives & more. Join in the fun M-W-F from 8-10am at Lakeview Pool. FMIC Nancy at 623-238-8608. Swim Annual Club membership: \$3.

Dance for Fitness

With a current RCSC Membership you may enjoy three free sessions with us. Can’t beat that deal, and then you may join for only a \$5 annual fee. Come once, twice, or three times a week (whatever fits your schedule). We have no per-lesson fee. Classes meet on Tuesday at Bell, Wednesday at Sundial and Friday at Mt. View and all classes are from 9-10am. FMIC Penny at 623-933-7021 & Donna at 515-975-1683

Bell Aerobics

Come join this friendly group for a complete 45-minute workout of gentle stretching on Monday, Wednesday and Friday at 8, 9, or 10am at Bell Social Hall. Membership is \$3/year with valid RCSC card; there are no class fees. There will also be a holiday potluck social in December for all club members. Looking forward to having you join us as club meets year-round. FMIC Brenda at 623-455-1818.

Zumba Fitness Club

Zumba fuses Latin rhythms & easy to follow fitness moves to create a dynamic full body workout. It keeps you moving & grooving & makes fitness fun. The hour includes a warm-up, cardio workout, & cool-down.

Mon: Bell Social Halls, **Zumba Gold**, 11:30am-12:30pm, Debbie Reiss, Instructor;

Tues: Sundial West Hall, **Zumba Gold**, 6:30-7:30pm, Debbie Reiss, Instructor;

Wed: Bell Social Halls, **Zumba Gold**, 11:30am-12:30pm Debbie Reiss, Instructor;

Thurs: Marinette Aud, **Zumba Fitness**, 6:30-7:30pm; Jeff Larsen, Instructor.

Sat: Marinette Aud, **Zumba Fitness**, 8:30-9:30am, Jeff Larson, Instructor.

Cost: Members: \$2 per class; Visitors \$2 per Class; Escorted Guests \$4 per Class.

Annual Membership: \$5

FMIC Jan at 623-972-0099.

Tell us why you love Sun City AZ!



Why not help spread the word like these people are doing right now at www.suncityaz.org? Submit your written testimonial about why you love Sun City AZ (200 words or less) along with your photo to sunviews@suncityaz.org. Let us know where you moved from, how long you’ve lived here and whether you are a full-time or seasonal resident. We would love to hear from you!



Tips from Get Fit for Life -

Overtraining with Exercise

“When it comes to healthy habits, it’s possible to have too much of a good thing,” states Dick Fortier, co-owner of Get Fit for Life. “While everyone is different and no certain amount of exercise is automatically “too much,” it’s recommended that you take one to two days’ rest, per week, especially if you’re working out at a high intensity or with heavy weights.”

While none of the following symptoms is a guaranteed sign of overtraining, it’s possible that heavy workouts can cause the following unhealthy situations:

Exercise leaves you exhausted instead of energized: Exercise should make you feel good and give you an energy boost. You might feel physically tired after a tough workout, but if you leave the gym exhausted, totally spent or feeling like you could go home and take a nap, it might be a sign that you are overdoing things.

You get sick easily (or it takes forever to get over a cold): When you exercise regularly, your body is constantly spending energy and working to repair body tissues. Overtraining can rob your immune system of the energy it needs to stave-off colds or flu. Discontinue or cut back on exercise, until full health returns.

You have the blues: Do the workouts you used to love feel more like a chore than anything else? Overtraining has been linked to a decrease in energy and mood. If you have the workout blues, let your body recover with a few days off. Appropriate exercise should stimulate endorphins, not act as a depressant.

You’re unable to sleep or you can’t seem to get enough sleep: Are you unable to fall asleep, or constantly tired no matter how much sleep you get? The body and brain recover during deep sleep. If you consistently push hard during exercise, those extreme demands on the body could upset a healthy sleep pattern.

You have “heavy” legs: Does it seem like your legs have been traded-out for heavy lead sticks? If it takes a lot of effort to get those body parts moving, overtraining could be the culprit. Tired and over-fatigued legs (or arms) can be caused by muscles that just haven’t had enough time to fully recharge and repair.

You have a short fuse: If the smallest things set you off, or you are feeling more irritable than normal, it could be due to over-exercise. Equate overtraining to spending too many hours at work on a big project. Stress hormones are triggered and the body reacts adversely. Cut back, and get some rest and relaxation!

You’re regularly sore for days at a time: We all know that muscle soreness is the sign of a good workout. Soreness means you have challenged the tissue, so that it becomes stronger and fitter. If you do familiar exercises, and are not adding weight or changing exercise approach, yet experience constant soreness, it’s probably a sign that you are pushing too hard - the body is exhausted and needs some extra rest.

If overtraining symptoms are cropping up, it might be advisable to cut back on the intensity, frequency and/or duration of your workouts. Get Fit for Life trainers can help you put together a sensible workout, that is safe, effective, and appropriate for needs and goals. For more information, call 623-696-6820 or visit Get Fit for Life, Sun City on Facebook.



Above: Don Waggoner gets some “Overtraining Tips” from fitness trainer, Dick Fortier, as they begin their session together at Bell Fitness.

LaTouch Wellness Massage Therapy Shares...

Mindful Breathing Enhances Bodywork

During a massage session, a client was having trouble relaxing, continually talking about all of the stressors in her life. I took a deep breath and asked her to do the same. Suddenly, her body relaxed and I finally felt her respond to the work I was doing. So, what shifted with that simple suggestion?

Many meditation traditions use the breath to quiet the mind. With mindful breathing, we’re suddenly thrust into an awareness of our inner spaces and a feeling that we actually do live in a body. While stress can produce this breathing pattern, the good news is that we can consciously change the breathing pattern and reduce the stress. It works both ways.

When I asked my client to slow her breathing and take deeper breaths, the tension in her face softened. Her body relaxed on the table as if she were sinking into the padding. Her feet became warmer, a sure sign that her circulation had changed and that her nervous system had switched from fight or flight to the calming mode of rest and digest.

Try this for yourself. The next time you’re feeling stressed, stop for a moment and notice how you’re breathing. Is your breath high in your chest? Is it fast and shallow? Now, gently invite your breath to slow down. Start to pull breath into your lungs by letting your belly relax and expand as you inhale. Spend a few moments with yourself and your breath and look at the stressful situation again. Does it seem so bad now?

Receiving a massage does involve participation on the client’s part. While the practitioner is the expert on the bodywork, the clients are the experts on their bodies. In our culture, the client/therapist relationship is often a check-your-body-at-the-door affair. But so much more can happen when the client works with the therapist.

The next time you go for a massage, try these suggestions to achieve mindful breathing and enhance the benefits of your session:

- As you settle onto the table, feel the weight of your body on the table and begin to notice your breath.
- When your therapist starts working, notice the pressure and rhythm. When your practitioner lets up on the pressure, breathe in. When she/he applies pressure, breathe out.
- If your practitioner comes to a tender area, pay special attention to your breath. Work with the tenderness on the exhale, imagining that you’re breathing out the pain.
- Notice the changes as the massage progresses. Notice your thought patterns. Notice your comfort level. Notice your stress (and how it melts) as you send breath to the various areas of your body.
- When your session is complete and you sit up, notice how your breath feels. What do you notice about your body, the room, the light?

Why not use the life-giving force of breath to make your next massage an even more beneficial experience. Just breathe. LaTouch Wellness is located in the Fairway Recreation Center. We offer Swedish Massage, Deep Tissue Massage, LaStone Massage, Sports Massage, Aroma Therapy, Reflexology Techniques, Acupressure, Reiki Energy Healing and Guided Imagery Sessions. Contact Laura at (623) 201-0378 to schedule your appointment or visit our website at www.LaTouchWellness.com.

Group Equipment Demos in September

Bell Center	Wednesday, September 6 at 11:30 am with Dick
Marinette Center	Wednesday, September 13 at 11:30 am with Dick
Fairway Center	Wednesday, September 20 at 11:30 am with Jane

NOTE: Pre-registration is required for group equipment demonstrations. Please sign-up with the Facility Attendant at the appropriate fitness center. Space is limited.

Member Fitness & Massage Services

 Fitness Training 623-696-6820	Sundial Center Free Spirit Massage 623-225-8582 Bell Center Jan Najera 623-521-0771 Lisa McCoy 623-210-2707	Fairway Center Laura Moore 623-201-0378 latouchwellness@massagetherapy.com
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Arts & Crafts

Creative Quilters

Regular Club Hours: Mon & Fri: Open Sewing 8am-4pm; Tu & Wed: Open Sewing w/Sew N Sew to 3pm; Fri: Bus. meeting, announcements, programs 9:30am. Boutique items available for purchase during Club hours. Upcoming Events: Watch our news items & stop by Club to look at class book for more details. Membership/participation open to all RCSC Cardholders

Fairway Woodworking - Raffle

Raffle tickets on sale for 645 piece hand-crafted wooden train set, complete with interior seating. Need not be present at time of Raffle (November Arts & Crafts Festival) to win. 1 Ticket/\$5, 3 Tickets/\$12, 6 Tickets/\$20, 10 Tickets/\$25, 15 Tickets/\$30. All proceeds help our club maintain or purchase new equipment. Come take a look around. Enjoy a great club & rewarding hobby in our large club room with the latest equipment & tools. FMIC 972-4385

SewNSew Club

Membership open to all RCSC Cardholders: \$5 annual dues. **Boutique & Open Sewing:** Boutique sales, Sewing & Donations Tues, Thurs & Sat 9:30a. Boutique sales include doll clothes to fit American Girl Dolls. SewNSew appreciates fabric donations that help us serve our community, accepted during open sew times.

Monday Mending at Olive Branch Senior Center: 8:30-10:30a each Monday that center is open

Certification required for all machine use. Sign up in club room for:

Brother sewing machine: 1) 3-hr class: \$6
Baby Lock Imagine Serger jet-threading machine: 1) 3-hr class: \$6
Baby Lock Embroidery machine: 2) 3-hr classes: \$12. See reservation list in club for specifics. Reference materials, club patterns & embroidery designs available to members during open sewing hours. FMIC 977-9460 or www.sewnsew.info/

Jewelry at Oakmont

May – Sept club hours: Wed-Sat 8am-12pm. Classes offered in lapidary, silvercraft, glass fusion, faceting, beading, wirewrap & scrimshaw. FMIC John Schmidt 623-322-4595

Friendship Quilters

Our club was built on friendship & the common interests of quilting/creating projects with fabric. We welcome new members of all levels & interest. Many members find quilting sisters at the club. We encourage you to stop by the Bell Craft Village Quilting room on one of our meeting days. Come in & enjoy our contemporary version of the "Quilting Bee." We are open Mon, Thurs, Sat: 9am-3pm & 5-8pm on Mon; Wed: noon-8pm. Annual dues \$5. Membership/participation open to all RCSC Cardholders. FMI visit www.friendshipquilters.us

Fairway Sterling and Stones

All RCSC Cardholders are welcome to tour our club. People new to jewelry making, lapidary & glass fusion may arrange classes convenient to them & instructors who teach: Silver Craft, Chain Making, Wire Wrap, Reticulation, Lost Wax Casting, Viking Knit, Steam Punk Jewelry, Glass Fusion, Lapidary. Annual Dues: \$15. Jewelry Store Open to Public, 8am-12pm, Mon, Wed & Fri or by appointment. Craft Supply Store open 10am-12pm, Mon, Wed & Fri & by appointment. Jewelry Store & Work Rooms (Fairway Rm 136 next door to the Trains) open 8am-12pm, Mon, Wed & Fri. FMIC 623-977-2208

Artistic Weavers/Fiber Artists

Beginning Weavers Classes start the second week of October: Tues, Thurs & Sat 9am-noon, \$40 for approx. 10 sessions, registration required. Basket weaving instructions will be on Fridays, Coil Basket classes on Mondays & on Wednesdays, Spinning lessons available from the club's Twisted Sisters. Stop by our clubroom at Oakmont for details. We'd love to have you join us.

Bell Ceramics

Bell Ceramics Club is for beginner-to-advanced ceramists. Classes offer various techniques including: stains, oils, glazes, underglazes, chalk, clay add on, banding, carving & more. Annual Membership: \$7 (RCSC card required). Additional fees for classes from \$8-20. Each club member must volunteer if they wish to use club kilns, take classes or sell finished pieces in club store. Store has greenware, paints & other supplies for sale. Members can choose from over 1,300 molds. Club Hours: M-F 9am-3pm; Sat 9am-noon & every Thur from 5:30-9pm. Please stop by & show your interest in attending during these hours. FMIC 974-6750

Lakeview Ceramics

The fall/winter season is almost upon us. Lakeview Ceramics has developed new classes & teaching formats to help you learn and/or increase your knowledge. Pat Johnson shows you how to make a great Fall/Halloween piece with cut outs, a tea light and acrylic paint & turn it into a sparkling accent. Paula Bauer has some great classes in ceramics & stoneware waiting for you to try. If you want to demystify Magic Metallics, Mary Jo Beall hosts a workshop to show you the medium's many uses. Starting 9/1, club hours are Mon- Fri, 9am-1pm. General meetings on first Thursday after the first Monday of the month, 9am in club room. Don't forget we participate in the Fall Arts and Crafts Fair after Thanksgiving & our Christmas luncheon will be extra special this year. Exciting times to which you are invited. FMIC 974-5979

Fairway Knitters

Knit and crochet items for the military, care centers, school children and the homeless of Phoenix as well as other charities. Join us any Friday between 8:30am-2:30pm. You can work on your own projects using your own yarn or you can work on projects for the club using club yarn. We also have items for sale if you like to shop. We meet in Fairway AZ Room 4. Annual membership: \$3. FMIC 623-972-9736.

Handweavers & Spinners Guild

Skilled instructors teach weaving, spinning, basketry, tatting, hardanger & beadweaving. All skill levels welcome; Special Interest Groups (SIG) meet weekly year-round in well-equipped Sundial clubroom. Annual dues: \$10. Variety of classes or meet singly w/instructors during SIG. New members may use equipment/work on personal projects once basic skills are established. General member meetings 1pm first Mon monthly (Oct-May); occasionally include speakers/demonstrations; always snacks/socializing! Other social events include: Halloween, Christmas parties & Spring omelet brunch. Classes/workshops held year-round; regular club hours: 9am-3pm Mon-Fri, Oct-May (summer hours vary). Beautiful handcrafted items for sale; store open during club hours. Members participate in holiday fairs/craft sales events over the year. FMI sunaz.com/handweavers-spinners-guild/ or call 623-933-0397.

Camera Guild

Members of the Camera Guild have been invited to exhibit some of their captured images at the El Dorado Gallery (10330 W Thunderbird Blvd) during the month of September. Join us for exciting classes, social events, competitions & Grab (Your Camera) & Go outings. Club Room is on 2nd floor of Sundial. Contact club for details. We love to share ideas. FMIC Dan 480-363-2702. Additional information about activities, classes & social events can be found at: www.cameraguildsuncity.com. Please visit club room on Sundial Upper Level, Mon-Fri, 9am-noon.



Lakeview Woodworkers

Come see our many beautiful wood crafts! Men & women welcome; consider tapping into your creativity & making something with your hands. It's a wonderful feeling. We make a lot of sawdust, but usually something special to show for it. Our club is a fun & happy place; members are always willing to help. Open Mon-Fri 8a-4p, Sat 8a-12p. Summer hours: Mon-Sat 8a-2p. Annual Membership: \$20. FMIC 623-933-2355

Sundial Silverstones

No Experience Necessary! Membership open to all RCSC Cardholders. Beginning classes offered (minimal fees) in basic silver, glass fusion, mold making, lost wax/casting, lapidary, chain making, wire wrapping & faceting. Our well-equipped club is open M-F 8am-3pm & Sat 8am-noon. Jewelry store open to all for purchase of member-crafted items, M-F 8am-3pm & Sat 8am-noon. Come take a tour of our facility.

Marinette Clay Corner

Reminder! Marinette Clay Corner is now on Summer Hours thru Sept 30: M-W 9a-9p & Th-Sat 9a-5p. If you are a member & stay for the summer, don't forget we offer Fun Workshops all summer; check Club for schedule. Stop & visit, we always have items for sale! Each piece of pottery for sale is made by a Club member. We meet at the NW corner of 99th/Union Hills, Building A. FMI call 623-977-3167. New members always welcome! Annual dues: \$15. Visit www.marinetteclaycorner.org for more info. Open to all RCSC Cardholders

Oakmont Needle Arts & Crafts

Sun City's hidden Jewel - a place to learn basic knitting, crocheting & embroidery. Every Thurs, mentors start you on your adventure into needle arts. Every fourth Thurs members show & tell current/completed projects. We meet at Oakmont, Thurs, 8-11:30am. Come, learn, socialize & enjoy jokes & treats. FMIC Phyllis 972-2609.

Sun City Calligraphy Society

As the heat of Summer comes to a close, the Calligraphy Society of Sun City is opening their doors again. The first general meeting of the fall is Friday, September 1 in the club's Sundial meeting rooms at 9 am. The club rooms are open 9-11am all Thursdays and Fridays for creating "Love Cards" or working on one's own projects. Special workshop on Thursday, 9/28 to "Make a Paste Card," led by Linda Wilson. Membership open to all RCSC Cardholders. FMIC John Staggs at 623-210-9137.

Artists by the Lake

Artists by the Lake, Meets in the Lakeview Art Room, 2nd floor. FMIC Janene Geisner 623-810-9112.

Bell Metal Club

Love metal? Love art? Come to Bell Metal to be both innovative & artistic! Not only can you work with metal, we can fix & replace garbage can lids or make your mailbox secure by adding a locking security box. We have all the equipment to cut, weld & machine metal; we even build small engines. Come visit our shop &/or join us Mon-Sat, 8am-4pm. Membership open to all RCSC Cardholders. Dues: \$10 per year. Call to see if we can repair your broken metal items. FMI 623-974-8206.

Arts & Crafts (continued)

Sun City China Painting

We invite you to come paint with us. Meet at Fairway four days a week (room #217, second floor). Club open to all RCSC cardholders; annual dues: \$5. Cardholders welcome to attend three times before joining. Free beginning classes suspended for summer but return in the fall. If interested please call President Fran Ellis 623-876-8714. Come join this fun group of painters.

Palo Verde Artists

Members encouraged to renew social connections. RCSC Cardholders welcome to check out our friendly artists' group. Annual dues: \$10; entitles you to sign up for classes & workshops, beginners/experienced painters/sketch artists welcome. Classes & workshops may entail additional fees. Club holds many free events such as artists' demos, "Paint-Ins," Open Painting, critiques & video lessons, as well as social events.

Fairway Ceramics & Porcelain Club

Summer fading into fall is an ideal time to create cool gifts for the upcoming holidays. So many opportunities! All Guests & Visitors invited to enter a Free monthly drawing for an awesome door prize. While visiting, take a quick tour and a cup of coffee! Fun, low-cost classes in: airbrushing, clay lifting, glazing, brushstrokes, transluents, Zentangle, underglaze pencil, clay building, overglaze, stoneware & many other techniques. All skill levels welcome. Annual membership (Jan-Dec) \$10 per RCSC Cardholder; family memberships for 2 - \$15. (Half-Price Dues if you join after 6/30.) A basic orientation helps new members get started in an environment of friendly encouragement. Greenware, tools, supplies available for purchase on site. FMIC 623-972-5818, or Dott 623-748-3313. Located at Fairway, 2nd floor.

Oakmont Ceramics

Annual Dues: \$5 Club hours: Mon-Th, 8am-3pm; Tu/Th 5:30-9pm; Sat 9am-1pm; closed Fridays; Whether you're a beginner or advanced ceramist, this Friendly Club is for you. See Sign-up sheets in Club for special classes/workshops. FMIC 623-363-3908 or come by the Club during Club hours.

Bell Craft Club

Open M-Sa 9am-3pm & M,W,Th 6-9pm. Classes/workshops include: Bead weaving, Greeting Cards, Copper Enameling, Placemats, Candle making, Quilling & Cross Stitch, Painting, Plastic Canvas, Knitting, Crocheting, Silk Flowers, Craft Beading, Polymer Clay & Brazilian Dimensional Embroidery. Classes taught by members. If you have a craft you think others would enjoy, become a member & teach. Boutique open for purchase of unique handcrafted gifts. Gen Mtgs 2nd Thurs, Sept-May. Annual Dues: \$10. New members joining July 1-Dec 31: \$5. All regularly scheduled classes free to club members. Membership open to all current RCSC Cardholders. FMIC 623-974-3497.

Sundial Crafts

Come craft with us! Join instructors Linda & Char for card embroidery classes every Fri, 1-3:30pm. We also have card making classes every Tues 5:30-8pm. Includes a variety of card making techniques including stamping, embossing, 3D layering, embroidery on paper & other techniques. Instructor Claire offers beginners knitting and crochet workshop. Knitting workshop is Wed, 9/20 from 6-8pm, cost \$1; Crochet workshop Wed, 9/27 6-8pm, cost \$1. On Tues, 10/24 from 6-7:30pm, join instructor Mary for our adult coloring workshop where you learn layering, coloring and shading techniques, cost \$2. Annual dues: \$5. FMI or sign up, contact Carol 815-315-2387 or sdcraftclub@yahoo.com

Learn Leather Craft

Open to all RCSC Cardholders. Annual Dues: \$10. Beginner classes Tues/Thurs, 8am. Learn carving, stamping, garment & construction. Lessons, patterns & tools furnished. We meet at Marinette. Hours: 8am-12pm; Mon-Fri. Learn to make leather goods: belts, purses, holsters, even mini saddles, etc. A great group of people & a wonderful craft. FMIC 623-594-6591 or 623-933-8831.

Sun City Clay Club at Lakeview

Reminder: Club meeting Thurs, 9/7 in Lakeview SH1; social & goodies: 9am, meeting: 9:30am. Free summer workshops were successful & well attended. Many thanks to members who donated their time & talents. Many unique & beautiful items were created. Classes for beginning potters begin soon; free workshops for those w/experience continue through Sept. Check club calendar for dates/time. Most members never worked with clay until they ventured to try something new. Working with clay on the wheel or hand-building is fun & therapeutic. Our teachers will help you tap into your own creativity. Club hours Mon-Thurs 8:30 am-8:30pm, Fri-Sat 8:30 am-4:40pm. Embrace life (& clay) and all that it offers. FMIC 933-0899

Bell Silver Craft Club

Visit our fully, professionally equipped silver craft workshop & sales room. We offer beginning classes in basic silver work, introducing students to silversmithing fundamentals. We also offer classes in lost wax casting, turning wax models into beautifully cast silver or gold, chainmaille for stunning bracelets & necklaces. Other specialty classes/demonstrations offered throughout the year. You are welcome to tour our club & see the possibilities. Jewelry Sales: Mon-Sat 9am-3 pm. Silver-crafting hours: Mon-Sat 8am-3:30pm. We are located around the corner from the Visitors Center at Bell. FMIC 623-933-8442.

Performing Arts

Piano Club of Sun City

Currently closed for summer, but join us for more great music in the fall. We have: annual concert (January), monthly music programs from Oct-April, affordable piano lessons, & club members volunteer at charity events. You don't have to play or perform, just enjoy music 7 companionship. RCSC visitors & escorted guests welcome. FMIC 623-792-7266

Choraliers of Sun City

Are you in the holiday spirit? Not the "Labor Day" holiday spirit, but rather the Christmas spirit. The Choraliers are an auditioned choral group of men & women with diverse musical backgrounds. Our group performs a wide variety of music for social functions, churches, health care facilities & retirement communities and are currently interested in increasing our baritone & bass voices. Rehearsals begin September 11, 8:30-11:30am. So if you are searching for musical fulfillment, please stop in to listen to us at Fairway music room on the second floor; or check out our website at www.suncitychoraliers.com.

Readers' Theater Ensemble

Readers Theater provides a venue to encourage & support members interested in performing drama without memorizing scripts. Members learn & gain experience in developing/showcasing talents by reading a variety of material using voice, facial expression & body language to enhance spoken word. Readers perform one act plays year-round for organization & clubs to fulfill their entertainment needs. For bookings contact Ann Case 612-730-9699; FMIC Cecilia Simonelli 623-210-1810. Membership open to all RCSC Cardholders. Meetings: Fri 1-3pm in Social Hall #3 LV.

Sun City Womens Chorus

First rehearsal: 9/7, preparation for 12/3 Holiday concert! Any woman who holds RCSC membership & loves to sing 4 part harmony invited to join. No audition required, but it helps to read music. Director is renowned vocalist/musician Jane Higgs. Rehearsals are Thursdays, 8:45-11am Fairway Music Rm. FMIC Chris 480-236-1602

Sun City Community Players Theater 2017-2018 Season



Noel Coward's "Blithe Spirit": Charles and his second wife invite a local "medium" to conduct a séance in their home during a dinner party who conjures up the ghost of

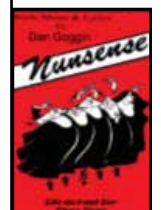
his first wife. Things just get more complicated for Charles when the ghost won't go away, and you won't stop laughing as Charles tries to find a solution. **Performances:** 7pm Oct 27, 28 & Nov 3, 4; 2pm Oct 29 & Nov 2, 5; **Ticket sales:** Fairway Oct 23-26, Oct 30-Nov 2, 10am-12pm



Making God Laugh:

"If you want to make God laugh, tell Him your plans for your life!" Throughout 30 years of holiday gatherings, Ruthie, Bill and their three adult children discover that, despite what plans they may have made

for their lives, they are destined to arrive at unexpected destinations. As their lives are revealed, you'll laugh, too. **Performances:** 7pm, Jan 12, 13, 19 & 20; 2pm Jan 14, 18, 21; **Ticket sales:** Fairway, Jan 8-11 & Jan 15-18, 10am-12pm



Nunsense: Hilarity reigns when five nuns stage a talent show to pay for the funeral services for 52 of the Little Sisters of Hoboken who have succumbed to botulism after eating vichyssoise prepared by Sister Julia, Child of God.

Wacky, wonderful, award-winning Nunsense offers laughs, fun and show-stopping music for the whole family! **Performances:** 7pm Mar 9, 10, 16, 17; 2pm Mar 11, 15, 18; **Ticket sales:** Fairway Mar 5-8 & Mar 12-15, 10am-12pm

Season Tickets (all 3 Plays) available online at SunCityPlayersCommunityTheater.org. All performances at Mountain View Center.

Political Clubs

Sun City Republican Club

The next Sun City Republican club meeting is 9/19 (third Tues of month). LD21 Senator Debbie Lesko is Guest Speaker. Sundial East Hall. Social 6:30pm; 7pm Meeting. Membership: \$5/year Must be a RCSC Cardholder. Escorted guests welcome for \$3/meeting. FMIC: Patti 713-557-5800 or suncitygopclub@gmail.com

Sun City Democratic Club

Club meets first Thursday every month, 6pm at Fairway. September meeting: Candidates' Ice Cream Social. Invited candidates that have accepted include David Garcia, Katie Hobbs, Stan Arterberry, Bob Musselwhite & wife Dr. Caroline Ramsey Musselwhite, Kathy Knecht, David Schapria; more candidates TBA. SCDC also meets every Monday, 9am at Starbucks (99th Ave/Bell) for informal conversation. FMIC suncitydemocraticclubofaz@gmail.com. All RCSC members and their escorted guests are invited to attend.

Dances

**Rockin' Thru the Years – Saturday Nite Fever**

The only dance club dedicated to Classic Rock & Roll, Disco, DooWop & Country Rock. We have our own sound system and use 2 different DJs to play music from the 50s thru today. Will play requests as long as they fall in the R&R genre. Singles & couples welcome; there is no dress code. We furnish cups & ice; bring your own snacks & favorite beverage.

Admission: \$3/members; \$6/escorted guests. Annual RTTY membership \$3; with RCSC card. By the way you don't have to have a partner or take dance lessons to enjoy dancing to R&R and Disco. We dance at Bell Social Halls; Doors open 6:30pm; dance from 7-10pm. FMIC 623-332-7894 or visit Rockinthrutheyears.com

September Schedule: Saturday, 9/9: DJ Jamee Soulez; Saturday, 9/23: DJ Ryan Blair; Saturday 9/30: DJ Ryan Blair

We have 8 drawings at every dance plus a 10' x 8' video screen for your enjoyment!

**Sun City Singles Dance Club**

Singles & couples invited to join us for social & ballroom dancing at Sundial, Friday, 7-9:45pm. Whether you love to slow dance, are an accomplished ballroom dancer, or somewhere in between, you'll enjoy dancing to some of the best live music in the Valley. Free dance lesson w/paid admission: 6:20pm. No partner required for lesson; Students rotate so everyone has an opportunity to dance. We also have "Mixers" & "Line Dances." Admission: \$5/members; \$8/escorted guests. Enjoy socializing & making new friends. Be comfortable, but please - no jeans, shorts, pullover shirts, hats, tennis shoes or flip flops. Coffee, ice & cups provided. FMIC Bob (623) 215-8718 or visit our website at: www.suncitysinglesdanceclub.com. Open to all RCSC Cardholders, visitors & escorted guests.

September Dates: 9/1 Bob Roppolo; 9/8 Manuel Dorantes; 9/15 Mike Carollo; 9/22 Bob Roppolo; 9/29 The Breeze

Sun City Line Dance Club at Sundial

Dance on a beautiful wooden dance floor Tuesdays and Thursdays 10am-1pm in Sundial ballroom/auditorium (exception: Thursday September 28 at Fairway AZ rooms). Free dance lessons 15 minutes prior to each dance.

Special Saturday Night Dance: September 30, 6:30-9:30 at Sundial; doors open 6pm. Serving cookies, pretzels, mints, coffee and water. Members, visitors and escorted guests welcome. Club membership \$5. Daily dance is \$2 members, \$3 visitors, and \$6 escorted guests.

FMIC Walter 623-972-5127. SUNCITYLINE-DANCECLUB.FACEBOOK containing links to teaching sessions for our dances; website: WWW.SUNCITYLINEDANCECLUB.COM

**Bell Tea Dance**

All dances on Wednesdays from 2-4pm at Bell Social Hall. Music provided by local keyboard artists. Dances consists of Foxtrots, Waltzes, Latin, Swing and Rock; two mixers and line dance included. Coffee, tea & cookies provided. Singles welcome. Admission: \$4/Club Members; \$6/Escorted Guests. FMIC 623-933-8873.

September Dances : 9/6 - Mike Carollo; 9/13 - Manuel Dorantes; 9/20 - Bob Roppolo; 9/27 Manuel Dorantes

**Country Dance Club at Sundial**

Come dance with us on September 2 and September 16 at the fabulous Sundial ballroom. There is something for everyone; a good mix for couples free-style, couples pattern, & line dancing. Bring your own snacks and beverage. Ice, water, cups & cookies provided. Both dances are 6:30-9:30pm. Doors open 6pm. Dance lessons prior to dance have been suspended for the summer months. Admission: \$3/members and \$5/visitors and \$6/escorted guests. Annual club membership is \$5 with valid RCSC membership. FMIC 623-972-5127 or visit www.countrydanceclubsc.com.



Watch for More Special Events Coming October 28 and December 16

**Sun City Ballroom Dance Club at Bell**

Hello Dancers! Summer is waning but it's still hot! Come have fun and meet friends and stay cool with us. Club meets at Bell Center Social Halls (past the Library) every Sunday throughout the year except Christmas and Easter Sundays. Dance open to all RCSC Cardholders and escorted guests. Please join us for a fun social evening of music and dance. Dancers of all accomplishment levels, couples and singles welcome. Come early at 6:30pm to warm up your dance steps or learn a new one from some of our experienced dancers. Dancing from 7-9:30pm. Annual membership: \$3; Admission: \$5 members, escorted guests: \$8. Coffee, ice & cups provided; bring your own favorite refreshments and snacks.

September Musician Schedule:

9/3 Michael Carollo, 9/10 Manuel Dorantes, 9/17 Bob Roppolo, 9/24 Michael Carollo
FMIC Julie (623)533-6236 or Arlene (623) 214-0594 or
Visit www.suncityballroomdanceclub.com

Classic Rock Dance Club

Dances 1st and 3rd Saturday nights at Fairway.

September 2: DJ John Phillips/Free Popcorn

September 16: DJ John Urzi/Luau, Free Leis; Wear your Luau attire if desired

Only dance club that plays Classic Rock N Roll non-stop from the 50s, 60s & 70s. Doors open at 5:30pm, dancing 6-9pm, bring your own beverage. Homemade cookies, cups, ice and napkins provided. Singles and couples are welcome; casual or dress up.

Open to all RCSC Cardholders and their escorted guests. Annual Classic Rock club membership: \$3W/valid RCSC membership. Admission: \$3/members; \$6/escorted guests.

FMIC visit our Facebook page, CLASSICROCKDANCECLUB or call Donna 623-628-4401 / 360-350-8160

**Sun City Squares**

Closed until October 31 when our first dance of the season is our famous Light Dance, 6:30-7pm Pre-Rounds; 7-9pm Mainstream /Plus Square Dance. Dee Dee Dougherty, Caller. \$5/members \$7/ escorted guests & visitors. We dance at Bell SHs. Ask about reciprocity! FMIC 623-930-7513; 623-875-2642 email: suncitysquares@q.com
Dances open to RCSC Cardholders and their Escorted Guests.

Dances Lessons

Country Dance Lessons

The Country Dance Club offers Couples Pattern Dance lessons every Wednesday night at Bell Recreation Center Social Halls from 6:30-9pm. Once you learn some of these dances, you will be all set to join the pattern dancing at our club's Sundial dances on September 2 and September 16. The cost, which covers the entire 2-1/2 hours, is \$4 for club members, \$5 for RCSC Cardholders and \$6 for escorted guests. FMIC 623-972-5127.

Sun City Ballroom Dance Lessons

Ballroom Dance Group Lessons are back at Bell Social Halls on **Mondays and Thursdays**.

Monday - Instructor: Paul Daniels

6-7pm West Coast Swing
7-8pm Foxtrot
8-9pm Rumba

Thursday - Instructor: Paul Jack

6-7p Beginning Waltz
7-8p Cha Cha
8-9p Tango

No Classes on Monday 9/4 (Labor Day)

Cost \$5/Member; \$8/Escorted Guest. FMIC Julie (916) 390-3759 or Arlene (623)214-0594

Tip Top Dance Club

Tap Dance Classes: All Levels of Experience Welcome, Men & Women Welcome

Tap Classes at Marinette: Tap 1: Tues, 9am; Tap 2: Mon, 10:15am; Advanced Variety: Mon & Fri, 9am; Advanced Tap: Tues & Fri, 10:15am; Fri 10:30am; Introductory Tap: Tues, 8:15am by appointment only. Cost: Annual Dues: \$10; plus \$12-24 per month, depending on classes. FMIC Velvet 623-824-5146. **Moving to the Beat:** Tues & Thurs, 1pm; \$10 annual dues plus \$3 per class. **Pilates Classes at Bell:** Mon & Fri, 1pm; \$4/class; FMIC Betty Grantham, 623-505-3028. Open to all RCSC Cardholders & their escorted guests. FMIC Velvet 623-824-5146

Educational Classes

Computer Club of Sun City

Our members come to our Club in the Fairway Recreation Center to share computer knowledge and experiences, including current Microsoft Operating Systems, Android Smartphones and tablets in a fun social environment. This includes Windows 10, the Internet, mobile devices, media, home, office and social. Members of the Club can come anytime that we are open and use our computers in the Member's Lab to check email, read



the news and visit favorite websites. They use our scanner to scan their important documents, precious old pictures, prints, slides and negatives. Classes, special interest group discussions, workshops and presentations are both interesting and educational.

We have two entire classroom equipped with Windows 10 computers and many classes using Microsoft 10 are scheduled. Classes are usually announced at least two weeks before and require club membership. You'll need to come to the club to register. Sign up early as they do fill up fast.

Our Workshops are focused, informal, hands on, and with smaller groups. Membership is required. Topics of the Workshops are targeted to a specific topic and will be related to PCs or Android Devices. Tables are arranged for members to use with their own laptop, tablet, or phone.

All RCSC Cardholders are welcome to join the fun! In September, you can join by attending a short "Join Us" presentation in our Club on any Wednesday or Friday. Come in anytime between 9a to 10:30a. It only takes a few minutes to join! For more information, call 623-933-8953 or visit our Club Website: www.firstsuncity.com

The Computer Club of Sun City is on the 2nd floor of the Fairway Recreation Center.
Clubs Hours: Mon - Sat: 8a to Noon.

All September events are from 9am to 11am

First Week

Friday, 9/1 - Round Table Discussion
Thursday, 9/7 - Board Meeting
Fridays, 9/8, 15 and 22, File Explorer Classes
Saturday, 9/9 - Investors SIG

Second Week

Monday, 9/11: Internet Email SIG
Tuesday, 9/12: Windows 10 Workshop
Wednesday, 9/13: Genealogy SIG
Thursday, 9/14: Windows 10 Workshop
Thursday, 9/14: Monitor Training 11am to Noon
Friday, 9/15: File Explorer Windows 10 Class
Friday, 9/15: Hardware Clinic

Third Week

Monday, 9/18: Android Beginners SIG
Monday, Tuesday, Wednesday, Friday: 9/18, 19, 20, 22, Windows 10 Operating System Class
Wednesday, 9/19: Windows 10 Workshop
Tuesday, Wednesday and Thursday: 9/19, 20, 21 Computing 101 Class
Thursday, 9/21: Computer Backup and Recovery SIG
Saturday, 9/23: Investors SIG

Fourth Week

Monday, 9/25: Windows 10 SIG
Tuesday, 9/26: Windows 10 Workshop



Spanish Club - El Circulo Español

A fun, low pressure way to expand your mind and make friends. We have about a dozen classes and an all-level conversation class during the summer. If you haven't yet joined, don't wait! Annual Dues: \$10 beginning October 2017 to RCSC Cardholders. Includes all classes you care to attend. Start or stop a class according to your schedule. We are user friendly. We assist in finding free or low cost books. We try to arrange carpools for our outings. New members are welcome! FMIC our president, Lidwina 623-256-8376

Outing Tuesday September 19th 5pm

The final dinner outing of the summer for members and guests to Abuelo's Mexican Restaurant, 16092 N Arrowhead Fountains Center Dr, Peoria; please RSVP by Monday September 18th to SunCitySpanishClub@gmail.com or 623-974-0906

Membership Renewals October 19

Finger Food Pot Luck & Class Registration FW AZ rooms 1 & 2, 5:30pm

FMI: SunCitySpanishClub@gmail.com or visit Sunaz/ Spanish-club/or call 623-256-8376 Lidwina or 480-262-4461 Boots



SunMacs Computer Club

We are closed until 9/18 when Summer hours resume; Tu & Th, 8:30-10:30 am only. Our Summer Hours, Tu-Th 8:30-10:30a are observed May Through October.

Our next General Meeting takes place Saturday, November 11, 8:30-10:30a in the Sundial West Hall. Coffee and treats available before the 9am program. The program topic for this meeting to be announced at a later date. You can renew your membership for 2018 at this time. Election of officers for 2018 will take place before the program.

We specialize in assisting our members with Apple Products and Software. Located at Sundial; RCSC card required for membership. Annual dues: \$20 single/\$30 couple. Collection of 2017 dues ended April 15th. We begin collecting 2018 dues in November.

We offer Classes, Round Tables and Socials free to club members. Some classes require pre-registration. Visit www.sunmacs.org or our club room (933-5300) FMI



Life Long Learning

The Sun City Lifelong Learning Club offers 30-40 lectures and multi-session classes each "semester" at Fairway. Classes offered October-December and February-March. Topics include art, music, history, health & well-being, finances, current affairs & entertainment. Instructors are volunteers & residents of Sun City & nearby communities with wide & varied experience. Local organizations also volunteer staff members as instructors. Dues: \$20 per calendar year. If interested, please email sczlifelong@gmail.com or call 623-533-5756. Fall classes will be listed on Life-long Learning webpage at www.suncityaz.org.

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While the equipment is available for the use of all residents or visitors staying with residents, the equipment must not be taken out of Sun City on a permanent basis. As a matter of control, equipment is loaned only to Sun City residents.

Records show that as the population of Sun City grew, so did use of our medical equipment. Savings for Sun City residents have been calculated periodically; in 2015, it was estimated that residents saved over two million dollars in cost of equipment for that year alone.

Sunshine Service, Inc has received local, state and national recognition. Awards received include the George Washington Honor Medal for services to the sick and handicapped from the Freedoms Foundation of Valley Forge in Pennsylvania.

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2017 Fall Sunday Sun Bowl Concerts

Free for RCSC Cardholders & their escorted guests!



The 8 Tracks Dance Band Sunday, September 24 @ 7pm

Sun City AZ kicks off the Fall Sun Bowl concert series with an encore performance by The 8-Tracks! Billed as the "greatest Oldies Rock 'n Roll band covering the entire state of Arizona, they promise to take us back in time to the 1950s and 1960s, singing and swinging the entire evening. Simply put – Oldies music...the way it was meant to be played!

That Kool Band Sunday, October 1 @ 6:30pm

Arizona's favorite variety band, That Kool Band, returns to Sun City AZ with their awesome nostalgic tribute to the great rock and rolls stars from the 1950s and 60s. Things are sure to be hopping on the dance floor this evening!

Three Kings - Tribute to Buddy, Nelson & Elvis Sunday, October 8, 2017 @ 6:30pm

You're in for a real treat when Rick Lenzi and Roust-about bring "The Three Kings" show to the Sun Bowl. This band of fantastic, awesome and entertaining musicians promise true-to-life renditions of the legendary rock 'n roll kings – Buddy Holly, Ricky Nelson and Elvis Presley. Everyone should plan on dancing to their favorite hits.

Dean Simmons is "The Garth Guy" Sunday, October 15 @ 6:30pm

With the mannerisms and showmanship of super star Garth Brooks, Dean Simmons (aka The Garth Guy) takes the stage with the same energy and entertaining style of this award-winning phenomenon who changed country music forever with his unbelievable live shows. Slip on your cow boots and saddle on over to Sun Bowl for this sure-to-be-pleasing evening!

Graffiti Gold - Tommy Tayback & Daddy O's Sunday, October 22 @ 6:30pm

If you're a fan of the Golden Oldies from the mid-50s to the mid-60s, you'll love this authentic blast from the past, recalling the good old days of Sock Hops and Soda Shops with Juke Boxes playing 45rpm records. You'll take a trip down memory lane with tributes to rock 'n' roll legends like Elvis, Bill Haley, Chuck Berry, Jerry Lee Lewis, Ritchie Valens, The Big Bopper, Little Richard, Fats Domino, Dion and the Belmonts, Sam the Sham and more. Times were never better and the music was never better. We guarantee you'll be saying "Remember When?" during this great show.

Jump, Jive & Wail - Swing Band Sunday, October 29 @ 6:30pm

The Sun Bowl will be full of energy and excitement when Jump Jive & Wail comes to Sun City AZ directly from Vegas! Playing hits from a bygone era - including everything from the Jump-Blues all the way to retro swing hits from the 1990s - along with a few original swing tunes, you'll be entertained all night with their super showmanship!

Southern Rock Explosion Sunday, November 5 @ 6pm

The Sam Morrison Band returns to Sun City AZ with their "Southern Rock Explosion" show. Heavily influenced by Lynyrd Skynyrd, Allman Brothers and Charlie Daniels, this performance promises to bring back something that is lost on today's radio....real music played by real musician playing real songs on real instruments for real people. So let's plan on having a REAL good time!

Tribute to Our Veterans with Rollie Stevens Sunday, November 12 @ 6pm

The singing Phoenix firefighter and gifted country singer promises a very special concert to honor the very special men and women who have proudly served our country. His unique mix of original tunes along with modern and traditional country is sure to be full of promise and patriotism. Please join us as we salute you!

* Be prepared to show your RCSC Member or Privilege Card (with photo) for entry; no key fobs accepted.

Free RCSC Events are paid for by RCSC Cardholders and are therefore intended for RCSC Cardholders and their escorted guests only. Your cooperation and understanding is greatly appreciated!



Gourmet Food Vendors arrive 1-1/2 hours prior to each show for your dining pleasure. Don't forget to bring your lawn chair or blanket!

Rain Location:

Shows are moved to the Sundial Auditorium at 103rd & Boswell Blvd. For information regarding rain location and a recorded message, call 623-972-6014.