SUNVEWS

ISSUE #200 · JUNE 2018 · A PUBLICATION OF THE RECREATION CENTERS OF SUN CITY, INC.



Stay Cool, Informed and Entertained in Sun City AZ

Ah, summertime in Sun City AZ! Hit the gym early and get your errands out of the way. Watch the sun come up while taking your morning walk or keep cool walking indoors at Fairway. Be one of the first on the golf course so you're done early with plenty of time left to lounge by the pool. Take up a new hobby while there's plenty of elbow room at many of the clubs and lots of members willing to help you get started.

But there are other matters to consider when the temperatures rise. Take care of yourself and make sure you're drinking plenty of water. Check on your neighbors if you're able. Relax and read a book or head to nearby movie theater for a matinee.

RCSC also has a few events in store for you as well. In addition to our weekly movies at Mountain View and Marinette, we'll be offering two concerts over the summer at Sundial so that you can stay musically entertained as well. Americana will perform on Wednesday, June 13, 2018 with hits from North American pop artists such as James Taylor, Gordon Lightfoot, The Carpenters and many others. A very cool time in our musical history. On Wednesday, July 25, 2018 we're bringing The Main Event Band back for an encore performance with breezy jazz and rock tunes for your listening pleasure. Both shows are at 7pm; doors will open at 6pm. As these concerts are free for RCSC Cardholders and their escorted guests only, be prepared to show your RCSC Member or Privilege Card with photo for entry (no key fobs accepted).

Service Animal Misrepresentation Could Result in Fine

The Recreation Centers of Sun City, Inc. wishes to advise RCSC Cardholders that there is a new Arizona law making it illegal to represent pets as service animals.

The new law, signed by Gov. Doug Ducey on April 17, 2018 makes it illegal for pet owners to "fraudulently misrepresent an animal as a service animal" to businesses. Violation of the law is punishable by a fine up to \$250.

RCSC Board Policy 26 regarding Household Pets, which has not changed, states that no pets are allowed on RCSC properties nor in RCSC facilities, including all recreation centers, golf courses, parking lots, bowling centers, and club rooms. This also includes the Sun Bowl Amphitheater and the Sun City AZ Farmers Market at Bell. The only exceptions are in dog parks owned and operated by RCSC (Duffeeland), Best Friends Dog Club classes and training (Fairway) or service animals trained to assist.

RCSC will continue to ask two questions: (1) is the dog a service animal required because of a disability, and (2) what work or task has the dog been trained to perform. RCSC will ask that pets be removed from the property.

We're also looking forward to a community education meeting on Wednesday, June 20, 2018 from 10am to noon in Fairway Arizona Rooms 3-4. "Getting to Know MCSO" will give residents an opportunity to meet with Maricopa County Sheriff's Office Captain Paul Chagolla and his staff as they share information about law enforcement statistics and what we can do to protect ourselves, our property and our belongings. Take advantage of this opportunity to get answers to your questions from our local policing agency.

Get ready for a true Sun City AZ tradition as we present the 40th Annual Ring That Bell Ceremony on Wednesday, July 4, 2018. The presentation and video will be shown in the Bell Social Hall at 9am. Afterwards those attending are welcome to "Ring That Bell" in the courtyard with Uncle Sam. From 11am until 2pm the fun



continues over at Bell Lanes where there will be free bowling, darts, billiards and shuffleboard along with dancing and more. Pulled pork BBQ sandwiches with chips and water for lunch will be available for \$6 per person. Donations collected at this event will benefit the Sun City Foundation. Get ready for a real red, white and blue extravaganza! Later this afternoon, all are invited to attend an afternoon (3pm) performance by the All Stars Big Band in the Mountain View Auditorium (sponsored by the Sun City Players Community Theater). Happy Birthday, America!!

Written Confirmation Requested from **HUD/FHA Regarding Reverse Mortgages**

The Recreation Centers of Sun City, Inc. has requested written confirmation from HUD/FHA that if RCSC does not charge the Preservation & Improvement Fee (PIF) or Transfer Fee on foreclosures or properties being surrendered by deed in lieu, Sun City AZ will be given the green light by HUD/FHA for reverse mortgages. Despite the fact that RCSC has not made any changes that created the failure for HUD/FHA to approve reverse mortgages, unfortunately Sun City AZ has been excluded from approval despite RCSC's repeated efforts to remedy this situation. RCSC hopes that this recent request will be responded to favorably and as quickly as possible.

RCSC Summer Hours

for Lakeview • Oakmont • Mountain View

Memorial Day weekend through Labor Day weekend

Sunday 8am-7pm | Monday-Saturday 6am-8pm

Stay in the loop! **Get RCSC News Alert** Emails, sign up at: www.suncityaz.org

Email addresses remain confidential

INDEX

News Events	Page 01-03
Golf Bowling	Page 04-06
Board News	Page 07
Management	Page 08-09
Community News Events	Pages 10-12
Club Events	Page 13-23
Monitored Activities	Page 15
Club Directory	Page 16-17
Fitness Health	Page 18-19
Classes	Page 23
Events	Page 32

Connect with Sun City AZ









Getting to Know MCSO



Wednesday, June 20, 2018 10am to noon Fairway Arizona Room 3 & 4

District 3 of the Maricopa County Sheriff's Office covers 1,600 square miles from Northern Avenue to the Yavapai County line to the north and from I-17 west to La Paz County.

Come meet with Captain Paul Chagolla and members of his staff to learn about basic law enforcement statistics within our Sun City community and what we can do to protect our property, our belongings and ourselves.

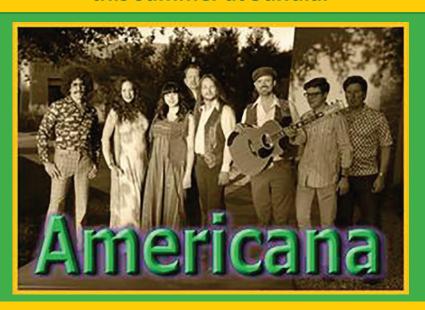
Don't be a victim of crime!
Learn how to ME SCENE stay safe!



Knowledge is power!
Let's be strong and smart!

Brought to you by the Recreation Centers of Sun City, Inc. and the Maricopa County Sheriff's Office District 3

Stay cool & entertained inside this summer at Sundial



Wednesday, June 13, 2018 Show at 7pm Sundial Auditorium

Americana features timeless songs from North American singers and songwriters like Simon & Garfunkel, Mamas & Papas, Gordon Lightfoot, Anne Murray, James Taylor, The Carpenters, Jim Croce, Linda Ronstadt, Crosby, Stills & Nash and many more. Celebrate an era of lasting popular classics with Americana.

FREE for RCSC Cardholders & their escorted guests only!

RCSC Member or Privilege Card (with Photo) must be presented for entry; no key fobs accepted.

General Admission Seating • Doors Open at 6pm

We'll See You Back in September with More Great Sunday Evening Sun Bowl Shows!



Johnny K & Kompany September 23 @ 7pm



The 8-Tracks October 28 @ 6:30pm



Strait Country September 30 @ 7pm



'56 Rock N Roll November 4 @ 6pm



Thaddeus Rose Band October 7 @ 6:30pm



Tribute to Our Veterans November 11 @ 6pm



Faded Jeans October 14 @ 6:30pm



Furious George October 21 @ 6:30pm

Sun Bowl shows are FREE for RCSC Cardholders & their escorted guests!

Please be prepared to show your photo RCSC Member or Privilege Card for entry; no key fobs accepted. Food trucks arrive 1-1/2 hour before show.

RCSC Elections: Candidate Packets Available Starting June 4

Now that candidate packets are available (starting on Monday, June 4, 2018) you have plenty of time to complete the paperwork and collect the necessary signatures to get your name on the ballot for this year's RCSC Board of Directors Election. There will be three vacancies to fill in this year's December election, with each being a three year term.

To obtain a candidate packet, you must make the request in person at the RCSC Corporate/Board Office at the Lakeview Center (lower level) and present your RCSC Member card. The deadline for packet submissions is no later than noon on Friday, October 5, 2018.

Requirements to become a RCSC Board candidate:

- Must be at least fifty-five (55) years of age;
- Must not be related by marriage or birth to any other member of the Board, Senior Management Staff, or

Board Candidate:

- Must be a Deeded Real Estate Owner of property in Sun City, Maricopa County, Arizona;
- Must be a RCSC Member in good standing:
- Must reside in Sun City, Arizona and be available at least ten (10) months of the year;
- Must meet the requirements to hold an Arizona liquor license (RCSC holds liquor licenses which require Board Officers to be included on the licensing);
- Must be eligible and available to serve a three (3) year term; and
- Must be available to attend Board Candidate Orientation(s).

Candidates must also submit a fully completed RCSC petition, signed by 100 or more RCSC Members in good standing, along with all other forms provided in the RCSC Candidate Packet.

A successful candidate will:

- Have a strong desire to serve Sun City, AZ;
- Be fair and courteous;
- Use good common sense;
- Have good communication skills;
- · Be willing to work as part of a team;
- Ability to prioritize policy and projects which will have the greatest benefit for the most members; and
- Be willing and able to dedicate the necessary hours to be an effective Director.

Candidates will be introduced at both the October and November Board meetings and candidate forums that will be held in the fall. Forum locations and dates will be announced at a later time.

For more information, please contact the Board Office at 623-561-4620 or email boardoffice@suncityaz.org.

SUN CITY ARIZONA

Corporate Office

Lakeview Center 10626 W. Thunderbird Blvd. 623-561-4600

Hours: Monday - Friday 7:30am to 4pm

www.suncityaz.org

Member Services (Clubs) Office

Lakeview Center 623-561-4660

Hours: Monday - Friday 8:30am to 4pm

Cardholder Services Office

Lakeview Center 623-561-4603

Hours: Monday - Friday 8:30am to 4pm 1st Saturday each month: 9am to noon

Recreation Centers

Bell Center: 623-876-3040 16820 N. 99th Ave.

Fairway Center: 623-876-3044 10600 W. Peoria Ave.

Lakeview Center: 623-561-4675 10626 W. Thunderbird Blvd.

Marinette Center: 623-876-3054 9860 W. Union Hills Dr.

Mt. View Center: 623-876-3042 9749 N. 107th Ave.

Oakmont Center: 623-876-3046 10725 W. Oakmont Dr.

Sundial Center: 623-876-3048 14801 N. 103rd Ave.

Sun Bowl Amphitheatre

10220 N. 107th Ave. (weather recording) 623-972-6014

Softball Field

10220 N. 107th Ave.

Duffeeland Dog Park 14610 N. Del Webb Blvd.

Sun City Visitors Center

1-844-4 SUN CITY or 623-977-5000 Located in the Bell Center at 16824 N. 99th Ave.

Cardholders are asked to please keep the following in mind!

While you're out and about enjoying all that RCSC has to offer, please be aware of the following items which require Cardholder attention when using any of the recreational facilities:

- All RCSC Cardholders are required to check in with their Member or Privilege Cards (key fobs accepted for entry to fitness, pools and spas; not concerts or free events)
- Neither Sun City AZ residents nor spouses of RCSC Cardholders are eligible to be guests. With proper documentation, privilege cards may be purchased at the Cardholder Services Office at Lakeview Center in order to use the facilities.
- Host punch cards are purchased by and belong to the Cardholder, not the guest. Host punch cards can be purchased at RCSC Facility Attendent Stations (exact cash or check only), Cardholder Services at Lakeview, RCSC Bowling Centers.
- Guests may be requested to show government-issued photo ID when checking in to use RCSC facilities.
- Proof of age for 4 and 5 year olds (birth certificate or passport) is required for access to swimming pools. Photo copies or electronic images are acceptable.
- Free concerts and events are paid for by RCSC Cardholders and are intended for RCSC Cardholders and their escorted guests only. Always be prepared to show your RCSC Member or Privilege card (with photo) when attending concerts and events. Key fobs are not accepted for entry.
- Lakeview Hillside Park is now gated and Cardholders must present Member or Privilege card to attendant for access.

Please refer to the RCSC Cardholder Guide and Board Policies for more information regarding these matters. Your continued cooperation is appreciated!



No matter what state you're from, while you're here in Sun City it is much appreciated if you would park in only one space (note the white line under car) and save these smaller spaces for aolf carts - as designed.



Be scent sensitive!
Overuse of scented body
products such as colognes,
perfumes, after-shave
lotions and the like can be
irritiating and even caustic
to others. Perspiration and
water from pools, spas can
make matters even worse.

Golf & Grounds Report

Pro Shops

Rounds for the first quarter of 2018 were a mix of positive and negative performance compared to prior year. Overall all play was up by 2,707 rounds compared to 2017 and posted the 4th highest total over the last nine years. March play was down by 1,456 rounds compared to 2017, but ahead of the previous five year average. Lakes West posted the highest number of rounds played with 18,155, followed closely by Riverview with 18,030 rounds played, South and North played an almost equal number of rounds. The partial closure of Willowcreek affected total play. Lakes East was the busiest executive course with 12,921 rounds played, followed by Willowbrook and then Quail Run.

Demolition of the South Clubhouse is now scheduled to occur the middle of June, a delay of one month from the original plan. The delay is related to obtaining a permit for the temporary clubhouse. Once construction has commenced, the build time for the new building is estimated to be 7-10 months. Snacks and beverages will be available through a temporary trailer once the project begins.

With the closing of Willowcreek/Willowbrook, clothing and shoes that were located in the clubhouse have been moved to Lakes West/Lakes East and have been marked at 50% off for clearance.

Golf Courses

With 100 degree days right around the corner, the pace of transition from winter rye to summer bermuda can be expected. To promote bermuda growth, fairway heights are lowered to open the grass canopy which permits the bermuda grass to receive more sunlight. During this time of transition it will not be uncommon to see brown patches on the course as the rye dies and the bermuda begins to grow. Lakes West has transitioned quicker than the other courses and in several areas is extreme. The last several years, the Lakes West superintendent has promoted quick transition by underfeeding the rye grass late in the Winter season. This year, the rye grass transitioned at a rate faster than the bermuda could recover, leaving many areas bare. As bad as it currently looks it will soon recover as soil temperatures increase.

Construction on Willowcreek remains on schedule with mainline installation complete on holes 10–18, and installation of lateral lines on holes 15-18. The old pump station on hole 14 has been removed and dirt removal from the lake should be completed by April 27. Property line survey has been completed on Willowbrook to mark areas for curb installation. Green coring is complete on holes 10-18, and the 1, 2 and 9 holes. Drainage installation began the week of April 16th on hole 18 and will progress backwards. Areas that will be marked for turf removal will be heavily irrigated prior to spraying of herbicide. The herbicide is most effective on healthy plants that are actively taking up nutrients.

Snack Shops

Snack shop revenue missed budget by \$6,800 due to reduced golf rounds. Beginning April 1 snack shops were scheduled to close at 3:00pm, however they will continue to close at 5:00pm until business no longer supports it.

Lawn Bowl

Work has begun on the frazing/regrassing of the Bell Center greens. To date, RCSC staff have leveled the plinth boards and back filled along the plinth boards two inches below the top of the boards, watering and compacting every 6 inches. Turf Equipment Source fraze mowed the greens to a depth two inches below the back boards April 19-20. Following the fraze mowing, RCSC staff began

Tips from a Pro

Three Steps to Hitting a Better Ball

by Robin Eichten, LPGA Life Member

Let's face it, everyone is different. However, regardless of age, gender, strength, flexibility, height or weight, hitting the golf ball better is about learning to make consistent contact. Here are three simple steps that can enhance anyone's swing without trying to remake the wheel!

Step #1 - Develop a good pre-shot routine/set-up. This means having a consistent way to approach the ball every time with every shot. It includes alignment to the target, grip, stance, ball position and posture. To me this is the most important factor since it is the foundation of the swing.

Step #2 - Relax.

This is the biggest problem I see in most of swings I watch during a lesson. Tension is a killer of distance, it affects direction as well contact with the ball. (If you are hitting it short, right or on the top I'm talking to you!) Many times the tension starts in the shoulders and works its way down into the arms and hands so taking a breath and letting the shoulders relax can be key.

Step #3 - Make a smooth balanced swing.

When the swing is smooth and in balance it is much easier to make good contact with the ball consistently. Why? Physics. Try and hit a small little ball with a relatively small clubface while falling backwards, forwards or to the side and your chances decrease. Additionally, the smoother you are the more likely you are to use your body parts in the correct order (timing) which also increases consistency! As a drill see if you can hold onto your follow-thru position until the ball hits the ground. If so, the chances that you were smooth and balanced are pretty good!

Robin Eichten has been teaching professionally since 1987 and is an LPGA Life Member and Certified Teacher. For lesson info or sign-up call/text Robin at 623-322-6300 or email to golfinwithrobin@aol.com.

All RCSC Golf Professionals are here to help you!

Whether you're just starting to play or want to improve your game!

Schedule an appointment with one today!



Bob Jennings 602-463-4533



Bob Day 602-818-1470



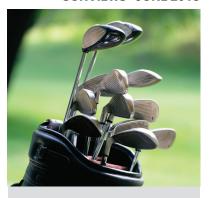
John Martin 623-202-6717



Robin Eichten 623-322-6300

adding new material to the greens to the final grade. Following a period of watering and rolling, Turf Equipment Source will return to ensure the levelness of the final grade. Evergreen Turf will spread Tiff Dwarf sprigs the second or third week of May, once temperatures are optimal.

Strong winds in April have kept the grounds crew busy with cleanup throughout the centers, Duffeeland Dog Park, the softball field and the Sun Bowl. Pre-emergent herbicide has been applied in all centers to help control spring weeds. The grounds crew has also been coordinating with the B&I team on the installation of a new dog water station at Duffeeland Dog Park.



RCSC's 8 Golf Courses

Lakes East: (623) 876-3023 Lakes West: (623) 876-3020 10433 Talisman Rd

> North: (623) 876-3010 12650 N. 107th Ave.

South: (623) 876-3015 11000 N. 103rd Ave.

Willowbrook: (623) 876-3033 Willowcreek: (623) 876-3030 Closed for Renovation

Quail Run: (623) 876-3035 9774 W. Alabama Ave.

Riverview: (623) 876-3025 16401 N. Del Webb Blvd.

RCSC's 5 Snack Shops

Menu Available at suncityaz.org/golf/snack-shops/

June Snack Shop Hours Open Daily 6am - 1pm



Volunteer Ranger Program

For more information about joining our program, please contact Chris Linam, Pro Shop Manager, at 623-876-8419 or email clinam@suncityaz.org. Next meeting is Thursday, June 28, 2018 at 1pm in Talisman Hall.

April 2018 High Scores

Well done! Nice job! Bravo! Yahoo! Congratulations!

MEN'S HIGH GAME				
Scott Baker	300	Kevin Lewis	299	
Ken Kuhfuss	300	Bryan Laurienti Sr.	290	
Rich Matich	300	Wayne Wisniewski	289	
Don Schadt	300	Rodney Wiig	289	

MEN'S HIGH SERIE

MIEN S MIGH SEKIES			
Kevin Lewis	805	Gary Demeny	728
Ron Carr	783	Glenn Rienecker	728
Scott Baker	778	Matt Silver	728
Bill Spiva	772	Larry Spitali	728
Richard Slager	763	Mike Friedrichs	727
Michael Marranca	762	Jim Lunnie	727
Greg Rudd	758	Rocco Giurlanda	720
Steve Vosgier	754	Roger Althaus	717
Wayne Wisniewski	754	Lee Spiva	717
Jerry Raisanen	749	Bill Gollmer	714
Charlie Price	743	Dana Barrette	713
Don Schadt	743	Gary Burke	711
Jerry Roloff	739	Jeff Row	710
Robert Hayden	738	Rich Matich	708
Dick Ohnstad	732	Tim Walker	706
Bruce Lamb	731	Bill McDonald	701
Ken Kuhfuss	728		

Escape the heat! Go Bowling!

WOMEN'S HIGH GAME

Brenda Burns	300	Bev Spinck	238
Shirley Braverman	284	Julie Subica	237
Lynda Bettini	279	Sherry Day	236
Juli Bayer	268	Bobbie Hughes	235
Andy Lewis	248	Judi Schlieter	235
Bobbi Boutwell	247	Sandy Nardone	235
Jacqueline Smith	247	Ann Bruce	234
Cori Larsen	244	Lovie Tiedje	225
Jodi Weifenbach	243		

WOMEN'S HIGH SERIES

Lynda Bettini	799 Cori Larsen	664
Brenda Burns	776 Jacqueline Smith	663
Shirley Braverman	726 Julie Subica	648
Bobbi Boutwell	687 Andy Lewis	636
Juli Bayer	678 Kathy Crowley	605
Sandy Nardone	665 Lovie Tiedje	604

Friday is **FUN DAY**

at Lakeview Lanes

Cost: \$11 per person **Fun starts at Noon** Color Pins = \$\$\$

Same great food now at two Sun City AZ locations!



Stop by & check out our **Daily Specials**

Breakfast Special \$5.49

2 Eggs, Bacon or Sausage, Hash Browns & Toast M-S 7-11a; Sun 7a-noon

Walleye'n Chips \$9.99

9 Oz. Walleye, Coleslaw & Potato Wednesday & Friday

Fish 'n Chips \$8.99 9 Oz. Cod, Coleslaw & Potato

Wednesday & Friday

George's Lakeview Cafe

Inside Lakeview Lanes

Phone: 623-876-3057

George's Cafe at Bell Center

Inside Bell Lanes

Phone: 623-518-4525

Hours: Mon-Sat 7am-8pm; Sun 7am-6pm

Tips to Get Seniors Back on the Lanes

If you've not bowled in a while, summer time in Sun City AZ is a great time to get back in the game. Bowling provide light exercise while helping with your hand-eye coordination. Best of all, bowling provides a chance to get out and socialize with others in the community – besides that it is cool and comfortable indoors this time of year. Many seniors can bowl safely even if been a while since you were on the lanes as long as you work within your limits and following a few basic tips.

Choosing a Ball - Choosing a ball can be challenging bowlers of all ages. Stick with a ball weight that feels comfortable. If your hands hurt or your muscles shake, the ball is too heavy. Some seniors find that a ball with an extra finger hole for the index or little finger, known as a balance hole, can be helpful, because it makes the ball easier to grip and offers some additional control. You may have to buy and customize your own ball to get a ball that fits just right.

Handling the Ball - Instead of putting your fingers in the holes and lifting the ball directly out of the rack, use two hands to pick your ball up to prevent strain. Make sure all the balls have been returned and have come to a stop so your fingers don't get crushed. Never reach inside the ball return machine, as moving mechanical parts can cause serious injury. It might also be helpful to hold your bowling ball with two hands as you approach the lane. Some bowlers find that wearing wrist support can give them more stability.

Practice Your Timing - Some find it helpful to practice their timing without a bowling ball. Start just in front of the boundary line and step back four or five steps. This will help you determine where you should start your walk when you are ready to bowl. Then take a step or two forward and move your hand forward as if you had the ball, and let it naturally swing back and then forward again as you count your steps. Practice a few times to find your rhythm.

Respect The Rules - Never cross the foul line! This rule applies to all bowlers, but the consequences can be especially dire for seniors. Bowling lanes are coated with conditioning oil and are typically very slippery. You could easily fall if you pass the foul line by mistake. Only wear bowling shoes when bowling, as street shoes leave behind grit and dirt which can also be slippery on the lane. Keep your shoes tightly laced.

RCSC bowling staff is always available if you need additional assistance or guidance while you're at either of the bowling centers.

Sun City Senior Open - Most Successful Ever!

The 30th Annual Sun City Open Senior Bowling Tournament was held on the last weekend of April producing \$6,000.00 in revenue. This year there were 82 entries and 70 teams making this the most successful Sun City Open ever. A total of 300 Bowlers from all over Arizona participated in the event. The tournament scores were excellent, with seven 300 games bowled during the tournament. Outstanding!

RCSC Bowling Centers

Lakeview Lanes 10502 W. Thunderbird Blvd. 623-876-3055

Bell Lanes 16810 N. 99th Ave. 623-876-3050

Monday-Saturday: 8am-8pm Sunday: Noon-6pm

Billliards at Lakeview Lanes, too!

Monday-Saturday: 8am-9pm Sunday: Noon–8pm

> Darts, Shuffleboard & Billiards at Bell Lanes!

Year-Round Bowling Rates - Cardholders: \$2.65 | Guests: \$2.90 (per Game)

Architect's Report

Willow Progress Continues at Good Clip

by Gary Brawley, ASGCA Gary Brawley Golf Design

With the heat comes the big part of the renovation project. The guys have been enjoying the cooler days of early May and were getting a lot of extra hours in, knowing that the heat is inevitable.

The renovation of the irrigation lakes is now complete. Both irrigation lakes have been lined and a vertical hard shoreline and safety shelf has been installed. This renovation increased the amount of water storage in the irrigation lakes as well as helped insure that the water being stored in the lakes, remains for irrigation use and is not being lost to ground seepage.

All of the back nine greens now have drainage, gravel and new sand on them. Work is progressing ahead of schedule on the front nine greens with a target grassing date in mid-July.

The new irrigation system is by far the largest part of this project. Mainline and lateral installation is progressing on the front-nine of Willowcreek. The focus right now is to get the mainline done and water to all the green complexes to then be able to finish prep the



USGA Greensmix being placed on hole 17 green

green surrounds and meet the target grassing date in mid-July.

The perimeter landscape areas have been sprayed out and installation of drip irrigation and some plants has commenced and will continue now through much of the summer.



Shaping of Hole 5 Green



Lake Liner and shoreline being installed

2018 AERIFICATION/VERTICUTTING DATES

Golf Course will be Closed

Fairway Verticutting Thurday-Friday Monday Thursday-Friday Monday-Tuesday Thurday-Friday Thurday-Friday	May 10-11 May 14 May 17-18 May 21-22 May 24-25 May 31 – June 1	North Quail Run South Lakes West Lakes East Riverview
Fairways Aerification		
Monday-Tuesday	June 11-12	Riverview
Thursday	June 14	Quail Run
Monday-Tuesday	June 18-19	South
Thurday-Friday	June 21-22	Lakes West
Monday-Tuesday	June 25-26	Lakes East
Thurday-Friday	June 28-29	North
Greens Aerification		
Thurday-Friday	July 12-13	Riverview
Monday	July 16	Quail Run
Thurday-Friday	July 19-20	South
Monday-Tuesday	July 23-24	Lakes West
Thurday-Friday	July 26-27	Lakes East
Monday-Tuesday	July 30-31	North

2018 OVERSEED SCHEDULE

Golf Course will be Closed

Course	Overseed	Opens	Cart Path Until
North	October 1	October 20	November 9
Lakes West	October 1	October 20	November 9
Quail Run	October 1	October 20	November 9
Riverview	October 22	November 10	November 23
South	October 22	November 10	November 23
Lakes East	October 22	November 10	November 23
Willowcreek	October 22	November 10	November 23
Willowbrook	October 22	November 10	November 23

Golfers Need to Respect Neighboring Properties

Sun City AZ is proud to offer residents eight golf courses and we are fortunate to have so many homes adjacent to these properties which help to maintain home values throughout our community.

However, when a golf course is your backyard, you accept the good with the not-so-good. Beautiful green spaces, some with water and fountain views make for great relaxation out on the patio for these homes. Despite our best efforts, course maintenance and renovations create a certain amount of noise and dust and the patience and understanding of adjacent property owners is appreciated.

These properties also come with a number of restrictions. Properties adjacent to RCSC golf courses may not have any structures closer than 25 feet to the property line abutting the golf course. In addition, these lots may not have a fence, wall, rail or hedge built or maintained greater than six feet high within 25 feet of property line adjacent to the golf course and any fencing in excess of three feet is limited to wrought iron construction. Landscaping on these lots must also be planted in such a manner as to avoid undue obstruction of the view of the golf course.

In short, golf course property owners are required by the community conditions, covenants and restrictions (also known as CC&Rs and enforced by the Sun City Home Owners Association) to maintain these properties to a certain standard due to the fact that they are adjacent to Sun City golf courses.

Golfers, too, are required in turn to show respect to these property owners and their homes. Golfers are not entitled to trespass on someone's property simply because the property is on a golf course. Golfers are also responsible for any damage they may cause to properties along the golf course. While a few homes may be more vulnerable, great care is taken when laying out a course to minimize the chances of damage. It is not the homeowner's responsibility (nor their insurance) to absorb the cost associated with any destruction caused by a golfer.

Many golfers in our community are well-versed in these rules, regulations and responsibilities, and we thank you. Let's continue to be respectful of homeowners whose properties are adjacent to our golf courses and consider ourselves fortunate that there are many property owners who remain positive toward golfers and even eager to help retrieve the occasional wayward ball.

Let's stay the "course" and remain mutually respectful as we all enjoy the many benefits of golf.

A Moment with President DeLano

Get in the Game; Run for the Board!

There are a few things you can usually count on by the beginning of June in Sun City AZ. One is that we have typically experienced temperatures of at least 100 degrees as summer gets underway. Two is that the Diamondbacks are on either a winning or a losing streak. And three, that candidate packets become available to any RCSC Members wishing to run for the Board of Directors.

Do you wish to make a difference in the community you've chosen to call home? Would you like to really understand how the Recreation Centers of Sun City, Inc. works and guide where we will be in the future?

If you feel that you've got what it takes to make tough decisions based upon what is good for the community and what would have the greatest benefit for the most members, you would make a great candidate. If you've got good communication skills and would be willing to work as a team to get things done, then this might be the most underpaid position you've ever considered.

In addition to having common sense, board candidates should be both fair and courteous, and willing to dedicate the necessary hours to be an effective Director. You'll need to be available at least 10 months of the year and be willing to commit to serve the three year term.

Still not sure you've got what it takes? Familiarize yourself with the RCSC Corporate Documents. Watch past Board Member Exchanges and Board Meetings to see what goes on. Talk to others and find out how they feel about making a difference.

Should you decide to give it your all, candidate packets will be available at the RCSC Corporate Offices at Lakeview Center beginning on Monday, June 4, 2018. You'll need to make this packet request in person, and present your RCSC Member card.

Candidates must submit their fully completed petition, signed by 100 or more RCSC Members in good standing, along with all other forms in the packet no later than Friday, October 5, 2018. It is a big step and an even bigger commitment to stand up for what you believe in and dare to make a difference. Current Board Members are available and willing to discuss qualifications, concerns and any other items that might be holding you back.

Get ready, step up to the plate and swing!! Serving on the RCSC Board of Directors could be your best "home run" ever.



Jerry DeLano 2018 RCSC Board President



Auditors Needed - Finance, Budget & Audit Committee If you have a background as an auditor and are interested in serving as a volunteer, please contact the Board Office at 623-561-4620 or email boardoffice@suncityaz.org. Volunteers audits of the books and records of the RCSC Clubs when requested by the Board of Directors, RCSC Management, Club Organization Committee or any club member. Audits are conducted at the Corporate Office and are scheduled to fit auditors' availability. Please provide resume and references, along with a letter stating why you would be interested in serving, to the Board Office at 10626 W. Thunderbird Blvd., Sun City, AZ 85351, or email the information to boardoffice@suncityaz.org.

SUN CITY ARIZONA

2018 RCSC Board of Directors

Phone: 623-561-4620 email: boardoffice@suncityaz.org

Jerry DeLano, President email: jdelano@suncityaz.org

Dan Schroeder, Vice President email: dschroeder@suncityaz.org

Dale Lehrer, Secretary email: dlehrer@suncityaz.org

Sue Wilson, Treasurer email: swilson@suncityaz.org

Bruce Alleman, Director email: balleman@suncityaz.org

Ron Smith, Director email: rsmith@suncityaz.org

Stella VanNess, Director email: svanness@suncityaz.org

Jerome Walczak, Director email: jwalczak@suncityaz.org

David Wieland, Director email: dwieland@suncityaz.org

This Month @ The Board - June 2018

**PLEASE NOTE: All dates are subject to change. For the most up-to-date information, check suncityaz.org or pick up a copy of "This Month @ The Board" at the Lakeview Corporate Office.

Board/Member Exchange Monday, June 11, 2018 @ 9am Lakeview Social Hall #3

Regular Board Meeting Thursday, June 28, 2018 @ 9am Sundial Auditorium

Committee Meetings:

Outreach & Communication Committee Tuesday, June 12, 2018 @ 8:30am Lakeview Board Room

Elections Committee Wednesday, June 20, 2018 @ 1pm Lakeview Board Room

Properties Committee Tuesday, June 26, 2018 @ 9am Lakeview Board Room

The following committee(s) do not have meetings scheduled this month: Bowling, Clubs Organization, Finance & Budget, Golf Advisory, Insurance, Lawn Bowling and Long Range Planning

Meet with The Board

One-on-One; No Hassles, No Crowds! Share your ideas!

Come and discuss your individual situation or concerns at the next session of Meet with The Board:

- Friday, June 15, 2018 1 to 3pm
- Appointment only from 2 to 3pm
- Call 623-561-4600 to schedule a meeting time (limited to 10 minutes)
- All "Meet with The Board" sessions are held in the Lakeview Board Office (Lower Level)

Management Updates

Financial Report

RCSC has ended the first quarter within its operating and capital budget year to date. Budget deficit in utility expenses has increased to \$39k year to date. Each division has operated within its overall operating budget as of March 31, 2018 excluding Building & Infrastructure, which is expected to be back within its operating budget next quarter as the variance is caused by a timing issue between actual income and budgeted income.

Bowling

The 30th Annual Sun City Open Senior Bowling Tournament will begin April 28th and will run for two weekends. The tournament has been filled to its maximum (64 entries).

Most summer leagues will begin the second week of May followed by the monthly summer no-tap tournaments which are held on the last Sunday of each month until September 2018. All bowlers are welcome whether USBC certified or not.

As fall leagues are nearing the end of their season, the bowling centers are preparing contracts for the 2018/2019 season. League contracts are created for the purpose of guaranteeing league pricing, start times and number of lanes used. The contracts also notify leagues of all bowling and RCSC corporate policies and procedures.

Cardholder Services

Payments on past due assessments in March were 11.2% of past due balances. Overall accounts receivables increased in March by 3.6%. The increase in current assessments in February flowed into 30 Day past due balances in March. February assessments went 30 days past due at a rate of 5.3%. January assessments went 60 days past due at a 2.5% rate.

Payments from our third-party collections firm dipped in March totaling \$11,823 but continued to be 42% over the 2017 year to date amount. Payments made by Cardholders through the online RCSC Web Portal were at their highest level in March and totaled \$156,588 from 346 property owners. Year to date web portal payments total \$391,540 from 867 property owners.

In March, property transfer balances decreased by 2.4% and lender related balances decreased by 1.9% as properties turn over. Outstanding balances related to property transfers represent 51% of all receivables and 55% of past due balances. At the end of March, trustee sale notices on Sun City AZ properties ended at 42 and properties owned by lending institutions at 19.

Preservation and Improvement Fees collected in March were \$802,710 which is \$260,210 over the amount budgeted. Year to date PIF fees are \$1,950,210 which is \$602,710, or 45%, over budget for the year. The year to date total is down 6% from 2017. A reminder that we intentionally budget PIF income very conservatively to assure that we have the cash on hand for any planned project as we remain debt free.

Human Resources

One of the statutory benefits RCSC is required to pay into is AZ Unemployment Taxes which are filed and paid quarterly. When the company's account was analyzed this year, it was determined that a voluntary contribution up front would reduce RCSC's tax rate and would be profitable for the corporation. We applied for the reduction and paid a voluntary contribution of \$5,574. As a result, RCSC's unemployment tax rate went from 1.54% to .94% with a net savings of \$12,696.

In July 2017, CopperPoint became RCSC's provider of workers compensation insurance to cover employees who are injured on the job or develop a work related illness. We have been working with their Loss Prevention Specialist and find that CopperPoint has a complete library of safety training materials to be utilized in RCSC's safety training program. In addition, through them we now have access to DuPont's video series of safety training. These videos can be viewed online by our personnel and provide a mechanism for testing at the conclusion, making these an excellent tool for us. We continue to work on providing a safe environment not only for employees, but for all who utilize the facilities.

Human Resources has scheduled voluntary CPR/AED and First Aid training classes for RCSC employees in April & May. Participants receive a two year certification card upon completion. It was two years ago that RCSC installed AEDs in the facilities and original training began. To maintain certification, those who trained early will have to renew with the scheduled classes or in this year's fall classes.

Member Services

The month of April began with our first event at 7am on Easter Sunday with our annual sunrise service hosted by United Church of Sun City. It was a beautiful service with approximately 650 people in attendance. That evening, we welcomed to the Sun Bowl stage Come Back Buddy for a night of dancing under the stars.

On Sunday, April 8 RCSC Cardholders and their escorted guests were entertained by Flipside 45. The following Sunday, back by popular demand, Mogollon took the stage and ended the evening with two spectacular encores.

(continued on next page)

RCSC Management Reports are presented at RCSC Board of Directors meetings each month (except July and August), posted on the website at www.suncityaz.org (under the RCSC tab), and are sent via email to RCSC Cardholders who have signed up to receive RCSC News Email Alerts. These reports were presented at the Board meeting on Thursday, April 26, 2018.

Find RCSC Management Reports on the website at: http://suncityaz.org/rcsc/management-reports/

Financial Report

Period Ending - March 2018 For a more detailed financial statement, please visit www.suncityaz.org/financials

BALANCE SHEET For the Period Ending March 31, 2018		
For the Period Ending Warch 31, 2018	Current	Prior
	Y-T-D	Y-T-D
Unrestricted Funds:		
Cash Invested/On Hand/In Bank	12,150,120	10,190,746
Cash Reserves	2,500,000	2,500,000
Sub-Total Unrestricted	14,650,120	12,690,746
Restricted Funds:	,,	,,
PIF/Capital Reserve	24,269,240	16,648,306
Total Cash & Investments	38,919,360	29,339,052
Other Current Assets:	, ,	, ,
Accounts Receivable	2,689,980	2,779,122
Deposits & Prepaids	1,563,676	1,662,017
Inventory	112,725	111,847
Total Current Assets	43,285,741	33,892,038
Fixed Assets:		
Land, Improvements, Buildings	103,347,598	102,199,026
F, F & E and Vehicles	29,315,713	27,951,033
Less: Accumulated Depreciation	(70,554,481)	(66,041,473)
Work In Progress	6,906,202	6,102,732
Total Fixed Assets	69,015,032	70,211,318
TOTAL ASSETS	\$112,300,773	\$104,103,356
Current Liabilities:		
Accounts Payable and Other	2,917,756	1,766,207
Deferred Income	7,437,757	7,325,461
Pre Billed Assessments	2,535,804	2,501,828
Total Current Liabilities	12,891,317	11,593,496
Other Liabilities:		
Lease Purchase	0	0
Total Liabilities	12,891,317	11,593,496
Net Worth:		
Current Net Worth	99,409,456	92,509,860

STATEMENT OF INCOME AND EXPENSES

or the Period of March 31, 2018

For the Period of March 31, 2018		
	Current	Prio
	Y-T-D	Y-T-
Operating Income:		
Property Assessments	3,084,379	2,916,058
Transfer & Access Fees	185,872	274,260
Privilege & Guest Cards	320,671	323,866
Food / Liquor Sales	252,725	230,547
Bowling Fees	254,705	235,398
Golf Fees	2,198,753	2,142,031
Cart Rentals	85,744	80,806
Merchandise Sales	86,087	62,764
Activities Income	279,715	279,351
Rental Income	78,190	88,239
Contributions	11,025	9,169
Miscellaneous Income	6,043	5,941
Total Operating Income	6,843,909	6,648,430
Cost of Sales:		
Total Cost of Sales	271,363	257,436
Gross Income	\$6,572,546	\$6,390,994
Operating Expenses:		
Salaries and Wages	2,272,464	2,209,393
Payroll Taxes and Benefits	533,626	619,286
Repairs and Maintenance	450,644	555,724
Utilities Expense	667,379	627,507
General Operating Expenses	400,788	417,764
Total Operating Expenses	4,324,901	4,429,674
Net Operating Income	\$2,247,645	\$1,961,320
Other Income:	38,465	87,632
Other Expenses:		
Property Taxes	38,170	37,473
Insurance	131,073	123,473
Other	2,019	34,512
Net Income Before Depreciation	2,114,848	1,853,494
Depreciation:	1,131,632	1,057,422
NET INCOME / (LOSS)	\$983,216	\$796,072

Project Updates

Building and Infrastructure:

Bell Center

 Replacement of the damaged ceiling in the Bell Center indoor spa began on Monday, April 16. Work includes the removal of the existing ceiling, replacement of existing lighting with dimmable LED fixtures, replacement of the ceiling and painting of the ceiling and walls. Work is anticipated to be completed by May 30. Contractor is DFG Construction and Spray Systems. (Cost – \$45,351)

Duffeeland Dog Park

Work began Monday, April 23 on the replacement of the existing dog wash pad
to improve drainage and prevent water pooling on the walking path. Work is
expected to be completed by Friday, April 27. Work is being completed by RCSC
Skilled Trades Staff. (Cost – \$1,500)

Grand Ave

 Work continues with clubs on the club room space layouts for the property at Grand Ave.

Lakeview Center/Lakeview Lanes

Additional LED parking lot lighting has been added to the east side of the Lakeview Lanes building to provide additional lighting to dark areas in the east parking lot. Contractor was Accel Electric. (Cost – \$6,574)

Mountain View Center

 Wind screens around the Mountain View Recreation Center tennis courts have been replaced. Contractor was Custom Courts and Tile (Cost – \$2,340)

Quail Run Golf Maintenance

 Additional LED lighting poles planned for the Quail Run Golf Maintenance yard to provide additional security lighting has been completed. Contractor is Accel Electric (Cost – \$6,328)

Riverview Golf Course

 Nine ceiling fans on the Riverview patio have been replaced due to defects in the previous fans. Work was completed by RCSC Skilled Trades staff. (Cost – \$2,555)

South Golf Course

- Final review of the floor plan identified some spacing concerns for the simulator layout. The floor plan was modified to accommodate one simulator rather than two originally planned and improving the seating in this space. The space increases in the plan have been added to the kitchen width for additional work space, as well as a corresponding enlargement of the inside seating area. This change required modifications to the plans and has delayed permit submission by two weeks.
- Charging stations for golf carts have been added to the South Maintenance yard for use during the construction of the pro shop. New electrical service was required for these stations. Contractor Accel Electric. (Cost – \$9,230)

Sun Bowl

 The lighting modifications to add rear and center aisle lighting at the Sun Bowl have been completed. Both changes have achieved the lighting enhancements expected at the Sun Bowl. Contractor was Accel Electric. (Cost – \$27,853)

Management Updates

(continued from previous page)

Sunday, April 22, we welcomed back to Sun Bowl after four years Cold Shot and the Hurricane Horns. A nice twist of blues, jazz and classic hits.

The month will end with The Walkens with their first performance ever in Sun City AZ. We look forward to this performance.

The Sun Bowl Spring Series will end on Sunday, May 6 at 7pm as Chad Freeman & Redline closes the series.

Look for the upcoming summer events in the SunViews newsletter.

General

For those who may not be aware, the monthly management reports are available on our website www.suncityaz.org under the RCSC tab. Also, if you have not done so already, please sign up on the RCSC email list where you can designate topics of interest and stay in the loop with RCSC News Alert Emails!



Sun City Foundation

"Neighbors Helping Neighbors"

The next Sun City Foundation meeting will be held on Thursday, June 14, 2018 at 1:00pm in the Lakeview Center Board Room.

The mission of the Sun City Foundation is to assist those in financial need. It is our privilege to serve RCSC members who need assistance with their annual RCSC property assessment. In order to qualify, applicants must:

- a. Be a homeowner and resident for at least five (5) years
- b. The Sun City AZ home is their sole residence
- c. Be at least 70 years of age
- d. Income does not exceed 150% of the current Federal Poverty Level

The Sun City Foundation continues to assist our Seniors who have outlived their resources by offering assistance to those in need for a better Sun City! If you are in need of help and are an RCSC qualifying member, please call 623-561-4600 for more information.

The Sun City Foundation acknowledges with sincere gratitude those of you who have donated or made provisions in your estate planning to include The Foundation as a beneficiary.



Language has a way of changing over the years. If you are like many seniors, you may find yourself struggling with new phrases. Why can't we stick with the language with which we are familiar? What is wrong with the following phrases from our childhood?

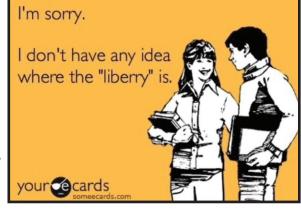
Heavens to Betsy I'll see you in the funny papers Carbon copy Dont' touch that dial Sound like a broken record Knee high to a grasshopper Straighten up and fly right Don't forget to pull the chain I'll be a monkey's uncle This is a fine kettle of fish Don't take any wooden nickels Than Carter has liver pills

Heavens to Murgatroyd Hung out to dry Living the life of Riley Jumping Jehoshaphat All the tea in China The milkman did it Oh, my aching back Our best bib and tucker

Gee willikers Holy moly A lot of moxie In like Flynn Regular guy Kilroy was here It's your nickel Going like sixty Hunky dory

These phrases are meaningful to us, but are not heard very often today. Instead, we have the impression that the younger generation's phrases are not nearly as clear as ours. As an example in the case of libraries, we tend to think of today's phrases as in this cartoon, although we have to admit some of us still make the same mistake.

Today's libraries are "Going Like Sixty." Our two Sun City Libraries are no exception. To briefly highlight only a few unique services, consider the following:



Books by Mail American Flag Disposal Box Seed Library County Recorder Kiosk **Power Charging Station** Low Vision Reading Machine

Although the Friends of the Sun City Libraries admit to being biased, in addition to two great Libraries, we also believe we have an outstanding Bookstore, Books Around the Corner. Located in the Bell Recreation Center Library, it has a wide variety of used hardbound, paperback, and rare books, as well as used magazines, puzzles, DVDs, and CDs for sale at bargain prices. In addition, we have specials every month. For instance, Patricia Cornwall is our half price author of month in June. In honor of Father's Day, all male authored books will be half price on Thursday June 14 through Saturday June 16. At the Bookstore "You won't get hung out to dry."

"Heavens to Betsy," you might be saying, "I had no idea." We say, "Straighten up and fly right."

Water Conservation

Tips for When You're Away from Home

Summer time for many means a chance to travel - whether to second homes in cooler climates or journeys near and far away. But just because you're away from home doesn't mean you need to abandon your water conversation efforts.

First of all, do all of the things that you easily do at home while you're on the road. Don't let the faucet run while you're brushing your teeth or shaving. Continue to take short 3-5 minute showers when

staying in hotels. You might also request that staff not replace sheets and towels as frequently. Want to conserve even more? Consider booking into eco-friendly, green hotels only.

Believe it or not - Bathing and shampooing every day may not always really be necessary and could even be downright unhealthy for your hair and those with sensitive skin. Washing only your face, armpits and private parts will keep you smelling fresh as a daisy, saving both time in the shower and water, too!







Refrain from buying single bottles of water. Use refillable stainless steel or glass containers whenever possible. You're less likely to leave them behind than a disposable plastic one. If you're unable to find places to refill, purchase water by the gallon as it is much less expensive. If the water in your drinking container has gone warm, use it to water a plant or brush your teeth. Don't just pour it down the drain. When dining out, many restaurants no longer automatically serve water. Request water only if you plan to drink it.

If your summer road trip includes camping along the way, lake and river water may be fine for many your needs but fill a bucket and use soap away from the water sources to prevent contamination.

Lastly, pack only what you need. While traveling, re-wear



Enjoy your travels – and conserve along the way because as we all know...



Every Drop Counts! Do your part to help conserve!





Saturday, September 15, 2018 • 4 to 7:30pm **Sundial Auditorium**

Join us for an early evening of fabulous fun, action & excitement!

We'll have all of your favorite games and best of all - free fun money for players as you rotate through the tables. This "just for fun" night includes poker, black jack, roulette, craps and much more!

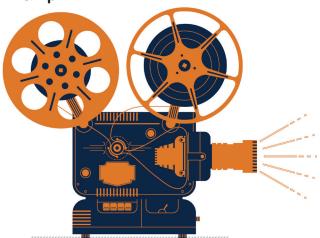
There will be hot dogs and chips available for purchase should you need to snack, and you're also welcome to BYOB. All donations collected at this event will benefit The Sun City

Step right up, place your bet and get ready for an evening full of good times!

Free for RCSC Cardholders & their escorted quests Be prepared to show your RCSC Member or Privilege Card for entry; key fobs not accepted!

FREE MOVIES*

Wednesdays @ Marinette; Saturdays @ Mountain View 2pm & 7pm



To find out "What's Playing?" 1) Sign up for Movies & Events emails at suncityaz.org & a list will be sent to you on the last Wednesday of each month; 2) Log onto the RCSC Web Portal; or 3) Pick up a flyer from the Lakeview Clubs Office (please be prepared to show your RCSC Card). All movies are projected onto a screen from a DVD.

FREE RCSC Events are paid for by RCSC Cardholders & are therefore intended for RCSC Cardholders & their escorted guests only. Your cooperation and understanding is greatly appreciated!

Now with FM Transmission at all locations! Tune your device to 99.1 FM.

Always FREE Popcorn Now serving **BOTH** Salted & Unsalted 📮

SUN CITY ON DARADE



Sun City Camera Guild Invitation

When: Friday, June 1 from 4:00-5:30pm **Where: Sundial Recreation Center Complimentary Wine and Cheese**

All photography of Sun City Environs Available for Purchase!

GIVE BLOOD, WIN A VW TIGUAN! Give blood May 25 - September 7 and be automatically entered to win a 2018 Tiguan 2.0T S.

donated by your Valley Volkswagen Dealers!

Volkswagen

EARN 2 MORE CHANCES TO WIN!

Bonus 1: Register the special code online from your Bonus Entry Card **Bonus 2:** Deposit your Bonus Entry Card at a Valley VW dealer showroon

Sun City Visitors Center Blood Drive

Thursday, June 7, 2018 & Friday, June 8, 2018

8:00 am ~ 12:00 pm

Bloodmobile in the Loading Zone

To make an appointment, call a Visitors Center Volunteer at 623-977-5000 or visit www.BloodHero.com (Sponsor Code: suncity).

For complete rules, visit ArizonaHero.org/VW

Eligibility Questions? Call 1-800-288-2199 X5497 United Blood Services

1-877-UBS-HERO (827-4376) www.UnitedBloodServices.org



5-Star Overall Safety Rating from NHTSA



Avondale - Larry Miller Volkswagen Gilbert - Berge Volkswagen

Peoria - Lunde's Peoria Volkswagen

Phoenix - Volkswagen North Scottsdale

Phoenix - Camelback Volkswagen

Scottsdale - Chapman Volkswagen

Gilbert - San Tan Volkswagen

Sun City Gives Back

Sun City Poms Go Above & Beyond "Routines"

The Sun City Poms are ambassadors that exude the fitness tradition of a healthy, active lifestyle for senior citizens. They also have as part of their mission to demonstrate that age does not have to limit a person from doing activities that they enjoy and can bring joy and happiness to others. The Poms' numerous performances at high school assemblies definitely demonstrates to the students that life can be fun even as a senior citizen.

The Poms were part of the Sky Kids events in last November at the Scottsdale airport and in April 2018 at the Goodyear airport. Sky Kids is an organization that takes developmentally handicapped children for airplane rides. The pilots donate their time, plane, and gas expense to bring joy to these special children. The Poms were at the end of the red carpet cheering the flyers as they return from their flight. The children and the volunteers love having the excitement and the enthusiasm of the Poms as part of their event.

The Poms were also part of the Paradise Valley Special Olympics Carnival last May. They performed their signature routine with their pyramid, splits, kick line, baton, and flying angels for the pleasure of the athletes. A number of the Poms also stayed after their performance to interact with the attendees. Again, the Paradise Valley Police Department and their volunteers were so appreciative of the Poms appearing at their event.

Last season, the Poms appeared at the Big Brother Big Sister car wash sponsored by KPHO Channel 5 at the Deer Valley Marketplace as well as having done performances for the clients of Benevilla in Peoria and Sun City.

Thanks for everything you do and all the positive publicity you provide for Sun City AZ!





Sun City Gives Back

Home Schooled Get "Educated" at Rockhound Museum



The Rockhound Mineral Museum at Sundial recently hosted a group of twenty-plus home schooled children along with several of their parent-teachers which provided a unique hands-on experience for these students. Always on the lookout for such activities, Sun City resident Ethel Joffe suggested that her grand-daughter and certified teacher Amanda McGowen might want to visit the museum with home schooled children from the West Valley. Children are always excited and very interested in learning about rocks, and the museum offers youngsters a quiz-type game where they can find answers during their visit. All are offered a specimen to take home from the "treasure box" and a lasting reminder of what they learned at Sun City's hidden "gem!"



Welcome to RCSC Club Events

We've reorganized the Clubs Events & Annoucements that appear in SunViews so that it's easier to find the activities you're looking for. Clubs are welcome to submit information to this section every month and should include the date, time and location of the event along with cost and contact information.

- Page 13 General & New Interest, Hobbies, Political Clubs
- Page 16-17 Club Directory
- Page 14 Cards, Games and Social Clubs
- Page 15 Performing Arts; Monitored Activities
- Page 18-19 Fitness, Health
- Page 20 Arts & Crafts, Sports & Outdoors
- Page 22 Dances
- Page 23 Educational Classes

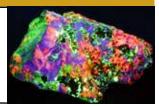
To Start or Stop delivery of the Sun City Independent Newspaper/SunViews:

Phone: 623-455-2831or email: WVCirculation@newszap.com

General Interest/Museums

Sun City Rockhounds Mineral Museum Hours of Operation (Sundial):

October thru April: 10am-1pm; Closed Thursday and Sunday **May thru September: Saturdays only 10am-1pm** FMI email scrockmuseum@gmail.com or call 623-428-6442 during museum hours. Check out our fluorescent room!





Model Railroad Club at Fairway

Located in the Fairway Recreation Center at 107th and Peoria. Club membership open to RCSC Cardholders.

Open: Summer Hours (May thru Sept) Wednesdays 9am to noon

Del Webb Sun Cities Museum

Next to Oakmont Center

Currently Closed for Summer, however, If you have a group of six or more, we do schedule private tours. Admission: FREE! Donations Welcomed. To schedule tour or FMIC 623-974-2568.



New Interest Groups

Any new interest group who has (at a minimum) 25 potential members may complete the Application for Club Charter (FORM BP:12-15) and submit to the Clubs & Activities Office. Applications can be found at www.suncityaz.org or pick one up in the Clubs & Activities Office located at the Lakeview Recreation Center.

Political Clubs

Sun City Democratic Club

Club meets all summer, 1st Thurs, 6pm at Fairway. Regular June meeting's (Thurs 6/7) special speaker is Dr. Kathleen Karol from Arizona Immigration & Refugee Services. AIRS provides social & educational services to meet needs of refugees & immigrants coming to Arizona to insure self-sufficiency. Learn what it takes to immigrate, & hardships experienced by immigrants. Open to Democrats & Independents (RCSC cardholders & their escorted guests only). Club also continues to meet Mon at Starbucks (99th Avenue & Bell), 9am. If Starbucks is open, the SCDC meets. Join this convivial, active group & start every Monday off with friends. FMIC suncitydemocraticclubofaz@gmail.com



Sun City Republican Club

Meetings open to RCSC Cardholders & their escorted guests only. Must be RCSC Cardholder to join. \$5/person/year. First Visit Free. FMI Email: suncitygopclub@gmail.com, Patti: 713-557-5800 or visit suncitygopclub.com

Hobbies/Other Interests

Sun City Community Garden

Open House every 3rd Sat Oct-May, 9-11am at community garden located within EPCOR water plant on NW corner of 91st Ave & Greenway. Come learn about vegetable gardening & leasing a plot available to RCSC cardholders & Garden Club members. Rose lovers meet Friday after Garden Club meeting at Sun Bowl Rose Garden (107th & Clair Dr). Learn to care for your roses & help keep our rose garden looking spectacular. FMIC 623 875-5921



Fairway Readers (formerly Book in Hand)

Club meets 1pm 2nd Friday monthly (year round), Fairway Rm 217. No dues, must show RCSC Card at 1st session. Refreshments served Dec & April. Moderator Jeri Hauff prepares questions/keeps members on track during discussions w/a mic so members can hear (also passed between participants when sharing thoughts & ideas). Books chosen by consensus months in advance, reserved a month in advance (Fairway Library) for those w/MC library cards. Newsletter available at meetings. FMI 623-933-7361. **Upcoming Selections: June:** Easternization: Asia's Rise and America's Decline From Obama to Trump and Beyond by Gideon Rachman. **July:** Hannah's Dream, a novel by Dianne Hammond; **Aug:** Fierce Kingdom, a novel by Gin Phillips.

Armchair Travelers Club (Formerly Armchair Photo Explorers)

Currently closed for summer. Beginning October, we meet every Wed in Fairway AZ RM1. Show at 7pm; doors at 6:30pm. Please arrive early to sign in & be seated before show begins. Club open to all RCSC cardholders; membership dues: \$3. Cardholders welcome to attend three times before joining. Escorted guests welcome: must pay \$2 each visit. First Wed each month coffee & cookies served. FMIC - Ron Yankowski 623-476-2811

Sun City Stamp Club

Currently closed for summer; beginning September we meet 7pm 1st Monday every month in Marinette social hall. Set up/inspection of auction stamps: 6:30pm. All RCSC Cardholders & escorted guests welcome. New & old stamps from all countries available at auctions; books & albums at excellent values, 50% or less of current catalogue princes. Join us to start/improve your collection FMIC Mike O'Neill 623- 974-9943 (mshane2009@prodigy. net); Bernard Heath 623-977-2332 (BCstamps@cox.net); or Wayne McKenzie 480-249-1278 (Wayne.Mck@shaw.ca)

Sun City RV Club

Group enjoys potlucks, card games, day trips, rallies, & RV caravans. Meets Oct-April (closed May-Sept). No RV required; for RCSC Cardholders & escorted guests only. Potlucks held 4th Tuesday each month at Sundial (5:30pm) with monthly board meetings before dinner (4:40pm). Entertainment after potlucks always provided. Bring your own eating utensils, paper plates & choice of drink as well as a dish to share for 10-12 people. For latest info on planned outings attend Caravan meetings held every 4th Friday, 9:30am at Sundial; Coffee & Donuts Supplied! We also host card games at Bell Multipurpose Room B from 5-9pm every 1st Wed & 3rd Tues monthly Oct-April. Come Join the Fun! FMI visit www.scazrvclub. com or call Judy 623-444-4224.

Sun City Birding Club

Specializing in field trips to: identify birds, raise community awareness & enjoy nature. Our club holds fun, educational classes with ornithological themes. Beginning to advanced birders welcome. No experience needed! You will love discovering the joys of birding! FMIC Tom Locascio at 623-977-4992 or locascio2000@hotmail.com

Vintage Vehicle Club of Sun City

The Vintage Vehicles of Sun City does NOT take a siesta during our long, hot summers. **Summer Schedule:**

Every Wed 4pm: Weekly car cruise at Sun City McDonald's parking lot. Community invited to see our vehicles & talk to proud owners!

Every Thurs 7am: Breakfast at Bobbie's (99th & Greenway) Discuss cars, projects & anything related to automotive passions.

Our shop is nearing completion. Every day we work toward our goal of opening soon. Shop will service & assist in members' repair projects. Annual dues: \$25. We will train monitors

on a rotating basis as needed. Many members & mentors are retired professional mechanics. FMI on opening day visit: vintagevehiclesofsuncity.com. Consider this great opportunity if you're looking for fun this summer. Come meet new friends & learn about all things on wheels.



Cards & Games

Sun City Duplicate Bridge (ACBL)

Several special games in June; Thur 6/21 we host the Annual ACBL Longest Day Game. Card fees: \$5/mem; \$7 escorted guests. ALL proceeds donated to Alzheimer's Research. Other special games include North American Pairs (NAP) Games 6/4, 6/7, 6/8, 6/11, 6/14, & 6/15, & Unit Wide Game 6/28. All games offer extra master points at no extra cost. Regular Game Fees: \$2/\$4/\$5. FMIC Dan 623-518-7916. Games Mon/Thur/Fri at 1pm. Doors open 12:15; arrive by 12:45. Partner required. Club is fragrance free. FMI Visit scdbc.com.

Hand and Foot Club

Hand up, foot down! Variation of Canasta played w/ 4-6 standard decks, ideally designed for 4; 6 can play (teams of 2-3.) Decks used: 1 more than number of players (not standard). Annual Dues: \$5; +50¢ a week to play. HUGE Winnings (\$1). It's fun! Singles welcome-No partner needed! Club plays All Summer! June: Every W LV SHs 1 & 2;. Sign in by 5:50pm; Play 6pm. Open to all RCSC Cardholders & escorted guests. FMIC: Edith (623)271-0092 or Rod (719)469-9083

Hospitality Club (Bridge/Chess)

All RCSC Cardholders welcome. Bridge resumes in Oct; players needed Wed, 12pm, Marinette. If you live in the north end this may be closer to home than other chartered Bridge groups. **Play Chess?** Join our small group 1pm W & Th at LV SH 3. Play 3 times before joining. Annual Dues: \$6; includes other activities: Pizza, Potluck & Breakfast. FMI or emailed newsletter 933-5158.

Bunco Broncos

Meet at FW AZ Rms 1-2, 4th Mon every month. Join us for an afternoon of fun! Doors open 11:45am, play 12:30pm. Open to all RCSC Cardholders. Annual dues: \$3; \$2 to play. FMIC 602-526-3495/ 326-7055.

Sheepshead

Closed for Summer! Resume 10/2 (Tu) 6pm at Talisman Hall. Open to all Sheepshead players who are RCSC Cardholders. FMIC call Pat 623 933-7044 or Sue 623 999-4965.

Oakmont Pinochle Club

Play Tu &/or Sa 12-4pm; arrive15 minutes early to sign in & find table. FMIC Tommie 623-876-1895 or Cheryl 209-524-7358.

Saguaro Bridge

Currently closed for summer. Game play begins again in October 10/5 (Fri) at LV, 6:50-9:30pm. FMIC 623-466-6567

Mixed Cribbage Club

Every Tu 1-4pm & W 6:30-9:30pm LV SH3. No Partner needed. Open to all RCSC Cardholders. Cost \$3/join & 50¢ play. Cardholders may play 3 times as visitor. Arrive 12:45pm (sign in & find table). FMIC Pat 623-933-7044

Kachina Bridge

Don't let duplicate bridge scare you! We are a non-sanctioned club that meets M & Th (Play once/twice a week) at Sundial 12:15-4pm. Annual dues: \$5 RCSC Cardholders plus \$2 each play for prizes. Players welcome to visit & see how duplicate bridge is played. No partner? Don't worry. FMIC Sharon 623-251-4858; Lee 974-0237.

Monday Night Card Sharks Bridge

Meets Mon 6:45-9:30pm Lakeview SH #1 for a social evening of contract bridge. Partner Required. FMIC Andy at (623) 933-7972. \$3 & RCSC card required to join. 50¢ each night for prize fund. Try us out. Visiting RCSC Cardholders pay \$1 plus 50¢ to evening's prize fund. We have fun. Please join us.

Monday Night Pinochle

Like to play pinochle? Come to Oakmont, M 6pm (register), play 6:15pm for a great evening! Singles welcome! Play single or double deck. Annual dues: \$3; plus 50¢ nightly. Escorted guests: \$3.50; visitors: \$1. Prizes awarded accordingly. After 6 hands, individual scores added, winners advance. Losers stay but do not play each other. This allows playing games w/new partners & a great social time. FMIC 623-972-3263.

Backgammon Club of Sun City

Meet every Sa 1-5pm at LVSH #3; Tournament every 1st Sa. Also Tu & Th 1pm at Bobbie's Cafe. All Skill Levels welcome, instruction available. Visitors & Escorted Guests always welcome. FMIC Bob 219-229-1870 or Nancy 585-314-7184

Euchre Club

Meets Tues, 6-9:30pm Fairway AZ Rms; 1st & 3rd Thurs 1-4pm at Marinette SH. Beginners welcome. FMIC 623-533-5705

One Partner Bridge

Meets Th, LV SH #1. Doors 6:30pm; play 7pm; arrive by 6:55pm. Partners Required! If you need a partner, call Andy (623) 933-7972. Annual dues: \$3. Cost \$1/couple for evening's prize fund. Annual surprise "free play" night. All grand slams rewarded & designated small slams paid. Birthdays celebrated w/cookies. If you wish to come for an evening, cost is \$1 (RCSC Cardholders); \$3 escorted guests, plus \$1 prize fund.

Mah Jongg

Club meets for games: Tu, Sundial WH 12-4pm, Th 6-9pm, Marinette SH, & Su Marinette SH 12-4 pm. Open to RCSC Cardholders & escorted guests (Guest fee: \$2.50). Annual dues: \$5. FMIC: Sue 623-933-4823 /480-369-4441/ Sandy 623-399-6337

Oakmont Mixed Cards

We need Pinochle players! Club meets every Sat, 6:15 pm. Plays Pinochle, Bid Euchre and Hand & Foot. Play starts promptly at 6:15 pm; concludes 9:30 pm. BYO refreshments &/or to share. Weekly fee: \$.50; annual dues: \$3. FMIC Lil DeCola 623-972-1703 or Bruce Painter 719-671-9043.

Social

Michigan Friends in Sun City Club

Happy Summering to MI Friends, family & visitors, wherever you are. We already miss you. Stay safe. Here's what's planned for Arizona summer sunbirds:

Tues 6/5: 5:15pm; Dubina Brewing Co. 17035 N. 67th Ave. Craft beer, bruschetta, burgs, & brats. RSVP by 6/2.

Wed 7/18: 5:15pm; Little Sicily. 18795 N. Reems Rd, Surprise. Pizza, pasta, cannoli's. BYO beer/wine. RSVP by 7/15.

Thu 8/16: 5:15pm; Hurricane Grill & Wings. 11340 W. Bell Rd. Surprise. Island food, wings, steakburgers, fish, salads, famous Parmesan/garlic fries. RSVP by 8/13.

Tues 9/25: 5:15pm; Angry Crab, 7608 W. Cactus Rd "Angry Baskets" of blue crab, snapper, crawfish, clams, shrimp, mussels, salmon, lobster. More! RSVP by 9/21.

Call/text Cheryl 623 910.1522 to RSVP

events. Interested in joining our club? Pick up brochure/application at Sun City Visitors Center (Bell Ctr) send to: Michigan Friends in Sun City c/o Bell Rec Center, 16820 N. 99th Ave. Sun City, AZ 85351; Email: michigan2arizona@cox.net

NextGen

Social club open to all RCSC Cardholders, NextGen hosts a wide variety of activities including monthly golf scrambles, happy hours, hikes, bike rides, bowling, concerts, dart, shuffleboard, card games & more. Club is designed to bring people together; foster new friendships & social connections. Regular meetings 1st & 3rd Mon each month at Fairway AZ Rms 1&2, 6:30pm unless otherwise posted. Check event calendar at www.nextgensuncity; dates, times, locations subject to change. FMI inquire at nextgensc@gmail.com. Annual Dues: \$5; Must be a member, RCSC visitor or escorted guest to participate.

Illinois Club of Sun City

Club meets 6:30pm every 4th Thurs at Talisman Hall (Lakes E/W Golf Course.) Summer meeting dates: 6/28, 7/26 & 8/23. This Social Club's members are interested in activities that include: dining, sports events, happy hours & other fun entertainment! Join transplanted Illinois residents, IL snow birds & IL State friends. Must be RCSC Cardholder or escorted guest to attend. FMIC Benita 623-933-3409.

Best Friends Dog Club of Sun City

We Love Dogs Too! Come join Best Friends Dog Club & see what the excitement is about. New Trainers, classes, schedules w/ evening & weekend training available in manners, agility & rally. Enjoy dog walks & hikes, brunches, picnics & parties! Come to meeting at Fairway to learn about our club & canine related topics. (Sorry, meetings are for people & service dogs only.) Visit www.bestfriendsdogclub.org. FMIC 480-524-6893. Open to RCSC Cardholders.

Sun City Women's Social Club

A place for women to gather for fun & friendship, located on Lakeview's upper level. Open 7 days a week, 9am-4:30pm. Current activities include Poker, Bridge, Hand & Foot, Mexican Train, Canasta, etc. Substitutes always needed for regular players; members encouraged to set up their own games or activities. Annual Dues \$10; open to all women with RCSC membership. Please visit to exoerience the comfortable environment. FMIC JoAnn at 623-977-5606, or Evie 480-466-6059.

LGBT Club of Sun City

Join us at our meetings 2nd Thursday each month. OM Aud 6-8pm. FMIC: 623-363-1123



Duffeeland Dog Park Club

We help make a safe, clean & enjoyable experience for dogs, their handlers & RCSC Cardholders (& escorted guests). We host potlucks, cookouts & social events. Annual Dues: \$5/RCSC Cardholders. **Tues 6/12 at 6pm:** Casual Dinner at Bar Louie, Westgate Entertainment District in Glendale. Please RSVP to Dorothy 928-221-6052 or email duffeeland@gmail.com or more information.

Sun City Hospitality Club

Staying in Sun City this summer? Has your card group closed for a few months? Spend Saturdays with us at Marinette. We meet at 11am for all types of card games. If you are an RCSC Cardholder you may play 3 times before being asked to join. Annual Dues \$6. Come see what we are all about. FMIC 933-5158.

Sun City Singles Social Club

Club welcomes single RCSC cardholders.
Escorted Guests must be single. Annual dues:
\$6. Club meets monthly first Friday (Pot Luck
5:45pm) bring food to feed 10-12 people.
Third Friday (Game Night 5:45pm) may bring
snacks to share; bring your own drink for
each activity. Location: Fairway AZ Rm #4.
Weekly Activities: Sat: Breakfast, JB's Family

Weekly Activities: Sat: Breakfast, JB's Family Restaurant 8:45am. Wed: Billiards, Lakeview Lanes, 1pm. June Activities: Mon 6/4: Dinner, Rio Mirage, 12245 Santa Fe Dr, 4:30pm RSVP by 6/1; Th 6/7 & 6/21: Bocce, Sundial, 7pm; Fri 6/8: Dinner, Peoria Café, 8405 W Peoria Ave, 4:30pm; Th 6/14: Mini Golf, Sundial, 7pm; Tu 6/19: Dinner/Trivia, Tailgater's of Peoria, 10146 W Lake Pleasant Pkwy, 6pm, RSVP by 6/15; Fri 6/22: Dinner, Jade Star, 10050 W Bell, 5pm; Fri 6/22: Darts, Bell Ctr, 6pm; Su 6/24: Dinner, Cucina Tagliani, 8349 W Bell, 4:30pm; Th 6/28: Mini Golf, Bell Ctr, 7pm;

Sat 6/30: Dinner, George's Bell Ctr, 4:30pm; **Sat 6/30:** Shuffleboard, Bell Ctr, 6pm;

Check club website for other activities that require sign up to attend. Visit www. simplesite.com/myclub or contact Ellen 623-583-2307 or Janet 615-574-9960.

Performing Arts

Piano Club of Sun City

Piano Club is closed for the summer, but join us for more great music in the fall. We have an annual evening concert in January, monthly music programs from October through April, affordable piano lessons,



Baskethal

and club members volunteer at charity events. You don't have to play or perform, just enjoy the music and companionship. RCSC visitors & escorted guests are welcome. FMIC 623-792-7266

Readers' Theater Ensemble

A unique venue to encourage & support members interested in performing drama without memorizing scripts. Members learn & gain experience in developing/ showcasing talents by reading a variety of material using voice, facial expression & body language to enhance spoken word. Readers perform one act plays year-round for organizations & clubs to fulfill their entertainment needs. For bookings contact Ann Case 612-730-9699; FMIC Cecilia Simonelli 623-210-1810. Membership open to all RCSC Cardholders. Meetings: Fri 1-3pm in Social Hall #3 LV.

Sun City Community Players Theater

Join fellow thespians & theater lovers for socializing, workshops & meetings. Players Club Acting Workshops, every W, 9:30-11:30a (Oct.-April); Gen. Mtg. 3rd Mon, program, 7 pm (Sept-May) Inquiries to: Writeonjoy@gmail.com; 623-500-2949.



Choraliers of Sun City

An auditioned choral group composed of men & women (RCSC Cardholders) with diversified musical backgrounds. We present a wide variety of music at social functions, churches, healthcare facilities & retirement communities as well as some public concerts; up to 20 performances annually. Currently interested in increasing all voices. Rehearsals resume on Mondays, beginning September 10, 8:30-11am in the second floor Fairway Music Room. Membership open to RCSC cardholders. If you are searching for musical fulfillment, please stop in to listen or check out our website at www.suncitychoraliers.com.

Sun City Womens Chorus

After a successful season, the Sun City's Women's Chorus takes a break over the summer months.

Our 2018-2019 season begins Thursday, September 6 at 8:45am in the Fairway Center Music Room. All women with an RCSC membership card are welcome to join. We look forward to seeing you.

If you have any questions, please contact Annette at (623) 308-4643.

Established in 1963, Women's Chorus was the first chartered music club. At present, our 60 members come from a wide array of musical backgrounds & perform two main concerts a year. Any woman who loves singing is welcome to join.



Planning to Take Children to the Pool? Don't Forget!

Proof of age for 4 and 5 year olds (birth certificate or passport) is required for access to swimming pools. Photo copies or electronic images are acceptable.

Jogging / Walking Track

Oakmont Center

Sundial Center - 18+ only

Monitored Activities

Basketball	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Billiard Tables	
Bell Lanes	M-Sa: 8a-8p; Su: Noon-7p
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p
Bingo	
Sundial Center	Th: Doors Open 4:30p; Bingo 6:15p
	\$9 all 18 games w/3 special
	the Public- Last Game for Season 5/31
Boating/ Fishing	
Lakeview Center	M-Sa: 6a-8p; Su: 8a-7p (or Dusk)
Bocce Courts	
Sundial Center	M-Sa: 6a-9p; Su: 8a-8p
Bowling Lanes	
Bell Lanes	M-Sa: 8a-8p; Su: Noon-7p
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p
Dog Parks	May Contember Cam Sam
Duffeeland	May - September 6am-8pm
Darts	Closed last Wed/month for Maintenance
Bell Center	M-Sa: 8a-8p; Su: Noon-7p
Fitness Centers	11 3d. 6d 6p, 3d. Nooil 7p
Bell Center - 18+ only	M-Sa: 5a-9p; Su: 8a-8p
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p
Lakeview Center	M-Sa: 6a-8p; Su 8a-7p
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Mountain View Center	M-Sa: 6a-8p; Su 8a-7p
Oakmont Center	M-Sa: 6a-8p; Su 8a-7p
Sundial Center - 18+ only	M-Sa: 6a-9p; Su: 8a-8p
Horseshoe Courts	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Mountain View Center	M-Sa: 6a-8p; Su 8a-7p

Indoor	
Fairway Center	M-Sa 5a-9p; Su: 8a-8p
Sundial Center	M-Sa only: 6a-8a
Outdoor	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Sun Bowl	Dawn to Dusk
Library (602) 652-3000	
Bell Center	M: 9a-7p; Tu-Sa: 9a-5p
Fairway Center	M-F 9a-4p
Mini Golf	
Bell Center	M-Sa: 6a-9p; Su: 8a-8p
Lakeview Center	M-Sa: 6a-8p; Su 8a-7p
Mountain View Center	M-Sa: 6a-8p; Su 8a-7p
Sundial Center	M-Sa: 6a-9p; Su: 8a-8p
Pickleball	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Mountain View: Outdoor	M-Sa: 6a-8p; Su 8a-7p
Racquetball	
Bell Center Courts A & B	M-Sa: 6a-9p; Su: 8a-8p; Closed for
	Class: M/W/F 1-3p, T/Th 5:30-7:30p
Shuffleboard	
Bell Lanes: Indoor	M-Sa: 8a-9p; Su: Noon-8p
Lakeview: Outdoor	Daily M-Sa: 6a-8p; Su 8a-7p
Spas	
Bell Center - 18+ only	M-Sa: 5a-9p; Su: 8a-8p
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p
Lakeview Center	M-Sa: 6a-8p; Su 8a-7p
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Mountain View Center	M-Sa: 6a-8p; Su 8a-7p

See Pool Hours

M-Sa: 6a-9p: Su: 8a-8p

Swimming Pools - Open Swim Hours

Bell Center - 18+ only:

Lap pool: M-Sa:5a-9p; Su: 8a-8p; Closed for class: M-F 7-9a

Walking Pool: M-Sa: 5a-9p; Su 8a-8p

Fairway Center

Lap Pool: M-Sa: 5a-9p;Su 8a-8p;

Walking Pool: M-Sa: 5a-9p;Su 8a-8p;

Lakeview Center

M-Sa: 6a-8p; Su 8a-7p Closed for class: M, W, F: 8a-10a Children's Pool Hours for Ages 4-15 yrs: Daily 4p - Close;

Marinette Center

M-Sa: 6a-9p, Su: 8a-8p; Closed for Class: Every M 8a-9a;

Every Tu 9a-10a; Every Th 8a-9a; Every F 9-10a

Children's Pool Hours for Ages 4-15 yrs Daily 1p - 4p

Mountain View Center

M-Sa: 6a-8p; Su 8a-7p; Closed for Class: Every M 8a-10a

Every Tu 8a-9a; Every Th 8a-10a; Every F 8a-9a

Children's Pool Hours for Ages 4-15 yrs - Daily 10a-1p

Oakmont Center

M-Sa: 6a-8p; Su 8a-7p; Closed for class: Every Su 2-4p;

Every M 9-10a & 12-2p; **Every Tu** 9-10a; **Every W** 12-2p;

Every Th 9a-10a; Every F 9-10a & 2-4p

Sundial Center - 18+ only

Large Pool: M-Sa: 6a-9p; Su: 8a-8p; Closed for Class:

Every M 9-10a Every Tu 9a-10a Every Th 9a-10a Every F 9-10a

Warm Water Pool: M-Sa: 6a-9p; Su 8a-8P Closed for Class:

Every M 10a-12p & 4:30p-6:30p **Every Tu** 10a-2p & 4:30p-5:30p

Every Th 10a-2p & 4:30p-6:30p **Every F** 10a-12p & 5:30p-6:30p

Table Tennis

Bell Center: Closed For Class: M,W, F: 10-3p; Tu: 10a-12p, 7-9p; Sa: 10a-12; Su: 1-5p

Bell Center: 623-977-3325 M-Sa: 6a-9p; Su: 8a-8p Lakeview Center: 623-561-4676 M-Sa: 6a-8p; Su 8a-7p Mountain View: 623-876-3042 M-Sa: 6a-8p; Su 8a-7p PAGE 16 SUNVIEWS • JUNE 2018

Art and Craft Clubs	
Artists by the Lake: LV	M Th F 10:30a-12p
877-9366 or 623-810-9112 Artistic Stained Glass: BC	Mem Mtg/Potluck/Demo1st Tu 11:30a LVSH1 M-F 9a-1p; M Tu Th 5-8:30p; Sa 8a-1p
974-4765	W-1 3a-1p, W 1u 1113-0.30p, Ga 0a-1p
Artistic Weavers & Fiber Artists: OM 974-6108	M-F 9a-12p
Calligraphy: SD	F 9-11a
623-594-6591 Camera Guild: SD	M-F 9a-12p
cameraguildsuncity.com	
Carvers: LV 388-3051	Th & Sa 7:30a-12p LV SH 3
Ceramics & Porcelain: FW 972-5818	M-F, 8a-12p
Ceramics: BC	M-Th 9a-3p Sa 9a-12p
974-6750 Ceramics: OM	Mem Mtg 2nd F M, Tu, Th 8a-12p; Tu 5:30-9p, W 8a-3p
623-680-8474	F9:30a-2p
China Painting: FW	M W Th F 9a-12p; Tu 9a-3p
623-256-6784 Clay Club: LV 933-0899	M-Th 8:30a-8:30p; F & Sa 8:30a-4:30p
Clay Corner: MC	M Tu W 8a-9p; Th F 8a-5p; Sa 9a-5p
977-3167	Yard Art/Lunch 3rd W
Crafts: BC	Summer Fun Shop 2nd & 4th W 9a-3p M-Sa: 9a-3p
974-3497	W 04. 04 0p
Crafts: SD	M 8a-1p, W 10a-6p, Th 8-11a,
(815)315-2387	Sa 9a-4p; Scrapbook 1st & 3rd F 4-8:30p Mem Mtg M 6/25 9:30a
Creative Quilters: LV	M W F 8a-3p
602-622-5913 Fired Arts: LV	Mem Mtgs M & F 9:30-10:30a
933-8118	M-Sa, 9a-1p
Friendship Quilters: BC 623-523-7661	M: 9a-8p; W, 12-5p, Th & Sa: 9a-3p
Handweavers / Spinners: SD	M-F, 9a-3p
933-0397	
Knitters: FW 602-469-2505	F: 8:30a-1:30p, FW AZ Rms 3 & 4
Lapidary: BC	M Tu Th F Sa 8a-1p; W 8a-1p&5:30-8:30p
977-1803	
Jewelry at Oakmont 623-322-4595	W Th F Sa 8a-12p Apr 1-Oct 31; Stained Glass Classes M-W-F 12-4p
Leathercraft: MC 594-6591	M-F, 8a-12p MC Aud
Metal: BC	M-Sa, 8a-4p BC
974-8206	Mem Mtg: 2nd M; 9-11a BC MPR
Needle Arts / Crafts: OM 972-2609	Th 8a-11:30a
Palo Verde Artist: SD	M-F, 8a-5p SD
623-551-0402	
Sew-n-Sew: LV	Boutique Sales/Sewing/DonationsTu Th Sa
977-9460 - www.sewnsew.info	9:30a-3p LV Sewing Room Potluck Th 6/7
Silver Stones: SD	M-Sa 9a-12p
623-349-8840	
Silvercraft: BC	M-Sa 8a-3:30p; M & W 3:30-8:30p
933-8442 Sterling & Stones: FW	T-F 9a-1p Club, Jewelry Store & Craft Sales
623-977-2208	

Stitchers: BC Angie (303)435-1794 Terry (315)778-9237	Tu & F 9a-2p; W 9a -12p
Woodworking: BC 974-6058	M-F 8a-4p; Sa 8a-12p; Tu 4-8p
Woodworking: FW 972-4385	M Tu Th 8a-12p; W & F 12-4p
Woodworking: LV 933-2355	M-Sa 8a-12p
Card and Game Clubs	
500: FW	M 5:30-10p FW AZ 3&4
623-974-5615 (Erma)	·
Backgammon: LV	Every Sa 12:30-5:30p LV SH 3
219-229-1870 or 585-314-7184 Bunco Broncos: FW	Tu & Th 1pm Bobby's Café 4th M 12-3:30p FW AZ 1&2
602-526-3495 or 326-7055	4u1 M 12-3:30p FW AZ 1&Z
Canasta: OM	F 10a-3p OM Aud
623-566-2034 (Shirley)	
Euchre: FW	Tu 5-9:30p FW AZ 2-4
623-533-5705	1st & 3rd Th 1-4p MC Aud
Hand and Foot Club 623-271-0092	W 5-9:30p LV SH 1&2
Mah Jongg: MC	Tu 12-4p SD WH; Th 6-9p MC SH
Sue 480-369-4441 Mixed Cards: OM	Su 12-4p MC SH Sa 6:15-10p OM Aud
719-671-9043 Bruce or	Sa 6:13-10p OM Aud
623-972-1703 Lil	T. 12 4 W 5:20 0:20. IV CI2
Mixed Cribbage: LV Pat 623-933-7044	Tu 12-4p; W 5:30-9:30p LV SH3
Monday Night Pinochle: OM	M Start time 6:15p OM Aud
623-972-3263	Arrive by 6p to register
Pinochle: OM	Tu 11:30a-5p, Sa 9a-4p Om Aud
Tommie 623-876-1895 Cheryl 209-524-7358	
Sheepshead: Talisman	Closed For Summer
623-933-7044 or 623-999-4965	Play Resumes Tu 10/2
Contract Bridge Clubs	
Card Sharks: LV	M 6:30-9:15p LV SH 1&2
933-7972	Meet in LV SH 2 ONLY M 6/18
One Partner: LV 623-466-6567	Th: Doors open 6:30p, game 7p, Must be present by 6:55pm LV SHs 1 & 2
Saguaro: LV	Closed For Summer
623-466-6567	Play Resumes in October
Wednesday Afternoon: OM 977-2871	W 12 - 4p OM Aud
Thursday Afternoon: OM 933-9671	Th 12:30-4:30p OM AUD
Friday Afternoon: FW 933-9671	Every F 12:30-4:30 FW AZ 2
Duplicate Bridge Clubs	
Duplicate (ACBL)	M,Th, F: 1-4:30p
928-240-0341	Doors open 12:15; game time 1p
SCDBC.com Kachina: SD	M 12:30-4p SD WH
Sharon Henrich 623-251-4858	M 12:30-4p SD WH No Games on Th
Lee Bone 623-974-0236	No Games off Th
Dance Clubs	

Dance Su 6:30-9:30p BC SH

W 2-4p, BC SH

Group Lessons M & Th 6-9p BC SH

Ballroom Dance: BC SH

Bell Tea: BC

623-387-6731; 623-533-6236

	JUNE 2018	
	Club D	irectory
Classic Rock Dance Club: FW 623-628-4401	1st & 3rd Sa; Doors open: 5:30p; Dance 6-9p; FW AZ 1-4	Hobby Clubs
Country Dance Club: SD	1st & 3rd Sat 6:30-9:30p SD Aud	Armchair Travel Club: FW
480-431-8278 or 623-972-5127	Couples/Partners lessons W 6:30-9p BC SH	Formerly Armchair Photo
Friday Night Rock 'N' Roll: FW	2nd, 4th & 5th F, 6-9:30p	476-2811
970-371-4685 or 602-430-3757		Sun City Birding Club:
Friday Night Ballroom Dance	F 7-10p SD Aud	Tom: 623-977-4992 locascio2000@hotmail.co
(formerly SC Singles Dance)		Duffeeland Dog Park-Tali
623-215-8718	T 0 Th 10: 1: CD 4 1	928-221-6052
Line Dance: SD	Tu & Th: 10a-1p; SD Aud	Garden: OM
623-972-5127 or 231-557-6555 suncitylinedanceclub.facebook	Relocated to FW AZ Rms 6/28 Special Dance 6/30 SD Aud 5p	875-5921
Rockin' Thru The Years: SD	2nd, 4th & 5th Sa: 6:30-10p; BC SH 1&2	Model Railroad: FW
332-7894	2nd, 4d1 & 3d1 3d. 0.30 10p, be 3n1 1&2	602-326-2430
Squares: BC	Closed for Summer	Model Railroad Museum:
875-2642 (Mary Sue)		602-326-2430
suncitysquares@q.com		Rockhounds: SD
Sun City Poms: MC	1st Th: 8-11a MC SH	srockmuseum@gmail.con
, 602-392-4242		Mineral Museum: SD
scpoms@yahoo.com		623-428-6442
Tip-Top Dance: MC	Dance on Hiatus (June)	RV Club: SD (623)444-4224
322-3138	Pilates, M&F 1-2p BC Aerobics Rm	Stamp Club: MC
	MTTB Tu & Th 1-2:30p MC SH	623-866-2058
Educational Clubs		Vintage Vehicles
Angle Manighach CD	Ourses and University Cont	(509)430-1625
Apple Macintosh: SD	Summer Hours: May - Oct	
933-5300	Tu & Th 8:30-10:30a Next Mem Mtg: 11/3 SD WH	Performing Arts Clu
sunmacs.org Life Long Learning: FW	Classes resume in October	Chamber Orchestra: FW
623-533-5756	Classes resume in October	933-1568
PC Computer Club: FW	M-Sa: 8a-12p	Choraliers: FW
933-8953	54. 54 125	933-7202 (Carol)
Spanish Club: FW	Practice W 1pm FW 133	Concert Band: FW
SunCitySpanishClub@gmail.com		972-4767
Fitness Clubs		Handbell Ringers: FW
Fittless Clubs		623-203-7385
Aerobic: BC	M-W-F 8-11a BC SH 1&2	Piano: SD 623-792-7266
623-251-4681 Dave		Players Community Theater
Aqua Fitness Club	Classes at SD, MC, OM, MV	writonjoy@gmail.com
aquafitnesssuncity.com	Summer I Session ends F 6/29	info 623-500-2949
FMI Terry: (619)818-4380	SummerII Session Registration:Sa 6/23 8:30a	SunCityPlayersCommunity
Dance for Fitness	Tu 9-10a BC SH; W 9-10a SD Aud;	Readers Ensemble: LV
623-933-7021 or 515-975-1683 Handi-Capables: SD	F 9-10a MV Aud Tu & Th: 12-2p, SD Warm Water Pool	974-3384
623-640-7211 Dean	Mem Mtg: 1st M 12:30p; FW AZ 1&2	Rhythm Ramblers: FW
Hatha Yoga: SD	Mat: M 8:30a,6:30p; Tu 8a,10a,12p;	876-8464
www.hathayogaclub.org	W 8:30a, 6:30p; Th 8a,10a; F 9a; Sa 8a, 10a	Ukulele: FW 623-234-7463/816-507-13
www.nachayogactub.org	Chair: M,Th, F, 1p W 10:30a Preregistration	623-594-6591 Oct - May
	Required FMIC for Chair:623-972-9602	Women's Chorus: FW
Ladies Exercise: OM	Tu & F 8-9a OM Aud	623-308-4643
573-579-5320		Dalling at Olympia
So Grand Exercise: FW	M W F 7:30-9a FW AZ 1&2	Political Clubs
623-933-0214		Democratic: FW
Stretch and Slim: BC	M-Sa 6:45-8a, 8-9a, 9-10:15a; 10:15-11:30a	623-977-4660
arftifacts@gmail.com		Republican: SD
Tai Chi: BC, LV & FW	M 9a-12:30p FW AZ Rm3;	713-557-5800
Phone: Elisa (480)710-8497	Tu 6p-7p LV SH2	suncitygopclub@gmail.co
email:sctaichi@yahoo.com	Th 9:30a-3p BC SH2;	Social Clubs
sctaichi.wix.com/sc-tai-chi-club		Best Friends Dog Club: F\
Zumba Fitness:	M & W Zumba Gold 11:30a-12:30p BC SH 1	480-524-6893
847-376-1863 or 847-682-9399	Tu Zumba Gold 6:30p-7:30p SD West Hall	bfdcsuncity@gmail.com
	Th Zumba Fitness 6:30-7:30p MC Aud F Zumba Gold 11:30a-12:30p BC SH 1	Fairway Readers: FW
	r Zuiliba Golu 11:30a-12:30n BC SH 1	

Hobby Clubs	
Armchair Travel Club: FW	Closed for Summer
Formerly Armchair Photo	
476-2811	
Sun City Birding Club:	Please contact club for meeting information
Tom: 623-977-4992	
locascio2000@hotmail.com	
Duffeeland Dog Park-Talisman	
928-221-6052	M.W.E. 05 125
Garden: OM 875-5921	M-W-F, 9a-12p
Model Railroad: FW	M-Sa 8a-2p
602-326-2430	
Model Railroad Museum: FW	W 9a-12p
602-326-2430	
Rockhounds: SD	
srockmuseum@gmail.com	
Mineral Museum: SD	Summer Hours: Sa 10a-1p
623-428-6442	
RV Club: SD (623)444-4224	Closed for Summer
Stamp Club: MC	Closed for Summer
623-866-2058	closed for Suffiffer
Vintage Vehicles	Closed for Summer
(509)430-1625	
Deufermalis a Auto Olivia	
Performing Arts Clubs	
Chamber Orchestra: FW	Closed for Summer
933-1568 Choraliers: FW	
933-7202 (Carol)	
Concert Band: FW	No Rehearsals, No Meetings
972-4767	To Nonear Saley The Processings
Handbell Ringers: FW	Closed for Summer
623-203-7385	
Piano: SD	Closed for Summer
623-792-7266	
Players Community Theater: MV	Acting Workshops W 9:30-11:30 (Oct-Apr)
writonjoy@gmail.com info 623-500-2949	Gen Mtg 3rd Mon; entertainment 7pm (Sept -May)
SunCityPlayersCommunityTheater.or	
Readers Ensemble: LV	Every F: 12-3p LV SH 3
974-3384	, , ,
Rhythm Ramblers: FW	Closed for Summer
876-8464	
Ukulele: FW	Th 3-5p FW Music Rm
623-234-7463/816-507-1274 June-S	ept
623-594-6591 Oct - May Women's Chorus: FW	Closed for Summer
623-308-4643	closed for Suffiffer
Political Clubs	
Democratic: FW	1st Th 4:30-8:30p FW AZ 1 & 2
623-977-4660	13C 111 7.30-0.30p 1 W AZ 1 & 2
Republican: SD	3rd Tu 6p SD EH
713-557-5800	
suncitygopclub@gmail.com	
Social Clubs	
Best Friends Dog Club: FW	

	Food & Friends: OM	Closed for Summer
	(Formerly Gourmet Social)	
Closed for Summer	920-253-1186	
	Illinois Club: Talisman 623-933-3409	Mtg: 4th Th monthly 6:30pm Talisman Hall
ct club for meeting information	LGBT of Sun City: OM Aud (623)363-1123	2nd Th 6-8:30p OM Aud
	Men's: SD 977-5116	M-Sa 7a-4p; Poker M 4-9p
M-W-F, 9a-12p	Michigan Friends in Sun City michigan2arizona@cox.net	
M-Sa 8a-2p	623-910-1522 New England: LV	
W 9a-12p	623-875-4641 or 623-328-1978 NextGen: FW	1st & 3rd M 6:30p FW AZ 1&2
	763-234-6231 Sun City Hospitality: MC	Chess: W/Th 1-4p LV SH3
Summer Hours: Sa 10a-1p	933-5158	Friendship Cards: Sa, 11a-5p MC SH Bunco/Pizza/Bridge closed for summer
Closed for Summer	Singles Social Club: FW 615-574-9960	Potluck 1st F 6p FW AZ 3 & 4 Game Night 3rd F 6p FW AZ 3 & 4
Closed for Summer	Wisconsin Club:SB 623-242-6318	-
Closed for Summer	Women's: LV 623-977-5605 / 480-466-6059	M-Sa 10:30a-4p; Su 12-4p LV Rm 220
	Sport Clubs	
Closed for Summer	Basketball: MC	F 9-11a MC; M & W Villanueva Comm Ctr
	206-459-3242; 604-313-3190	Surprise 3:30-5p
	charlespeterson@comcast.net Billiards: Bell Billiards Room	Tu-F 11a-4p; W: 7a-1p; Sa: 7a-1p;
No Rehearsals, No Meetings	315-806-0067	
Closed for Summer	Billiards: LV Billiards Room 602-319-0783	Ladies M & Sa 8:45-11:45a Th 9:45-11:30a; Couples W 6-7:30p
Closed for Summer		Snooker F 1-2:30p; Men/Wom Singles 8-ball M 8a-12p; Dbls 8-ballTu & Th 8a-12p
sshops W 9:30-11:30 (Oct-Apr) en Mtg 3rd Mon; entertainment		Men/Wom Singles 9-Ball F 8a-12p & Th 1-4p
7pm (Sept -May)	Bocce: SD 271-0092	Tu & Th 8-11:30a; F 6-9p
Every F: 12-3p LV SH 3;	Dart Club: BC (480)284-0904,(630)531-0391	M T W 5:30-8p; Th 2-4p; 1st Sa 1-3p
Closed for Summer	(623)760-6926	
Th 3-5p FW Music Rm	Lawn Bowls: BC 972-3248	Su M W F 7:30-9:30a & 7-9p BC Party F 6/22 BC MPR
Closed for Summer	Lawn Bowls: FW & MV 933-5066	
	Lawn Bowls:LV (Sun City Club) 583-0625	Closed for Summer
	Lawn Bowls: LV	Tu Th Sa 7-9a & 7-9p LV
1st Th 4:30-8:30p FW AZ 1 & 2	974-3214 Lawn Bowls: OM	Times may vary with temperature
3rd Tu 6p SD EH	792-5202 Mini-Golf: LV	
	623-300-4463 or 602-999-7011 Pickleball	Contact Club for Times & Activities
	pickleball.suncity@gmail.com Check for times	The state of the s
	Racquetball Club: BC 986-1754	M,W,F 1-3p; Tu,Th 5:30-7:30p

Summer	Shuffleboard Bell: BC 623-972-3169 - Dennis	M, T, F 1-3:30p
nan Hall	Shuffleboard Outdoor: LV 688-4823	Closed for Summer
iaii i iaii	Shuffleboard Sundial: BC	W & Sa 12:30-3p; Th 5:30-8p BC
OM Aud	208-9921	
	Softball (Senior): Sun Bowl	Open Practice Su/M 6-10a; New Players M
M 4-9p	Dan 520-404-2909 www.azsrsoftball.com	League Games Tu Th 6a-2p
	Sportsmen: LV	
	Tony 847-207-1948 Swim Lessons: LV	W 8:30-10a LV Pool
	583-5894	W 8.30-10a LV F001
	Swimmers Master: BC 876-1233	M-F; 7-9a, BC Lap Pool
AZ 1&2	Swimmers Synchronized: LV	M-W-F 8-10a LV Pool
11/ 61/2	583-5894	11 11 1 0 100 27 1 001
LV SH3 p MC SH	Table Tennis: BC 875-9991	M W F 10a-3p; Tu 10a-12p & 7-9p; Sa 10a-12p; Su 1-5p
Summer NZ 3 & 4 NZ 3 & 4	Tennis: BC Summer Contact:505.206.2315 jvolson@loretel.net	
	Joe: 623-251-3969	
Rm 220	Volleyball: 206-459-3242	Most Th 9-11a & Most Sa 5-6:30p Rio Vista Rec Center free w/Silver Sneakers
	charlespeterson@comcast.net	W & F 8a-10:30a Villanueva Comm Surprise
	Water Volleyball Club of SC: OM 623-523-3449	Su 2-4p; M 12-2p; W 12-2p; F 2-4p OM
mm Ctr 3:30-5p	023 323 3 113	
30 JP	Club Directory Key:	

Club Directory Key:

1 = Monday BC = Bell Recreation Center FW = Fairway Recreation Center Γu = Tuesday LV = Lakeview Recreation Center V = Wednesday Γh = Thursday MC = Marinette Recreation Center = Friday MV = Mountain View Recreation Center Sa = Saturday OM = Oakmont Recreation Center Su = Sunday SD = Sundial Recreation Center a = A.M. & p = P.M.SB = Sun Bowl

Il area codes are 623 unless otherwise noted.

Important Dates for Clubs to Remember!

June

- 5 SunViews submissions due for July
- 10 Guest Attendance Register & guest fees due

July

- 5 SunViews submissions due for August
- 10 Guest Attendance Register & guest fees due

Auaust

- 5 SunViews submissions due for September
- 10 Guest Attendance Register & guest fees due

Clubs & Activities Office

623-561-4660 email: clubs@suncityaz.org Office Hours: Monday-Friday 8:30am to 4pm

Why not visit a new RCSC Club this summer? You might find one that suits your fancy!

Sa Zumba Fitness 8:30-9:30a MC Aud 933-7361

Fitness & Fitness Classes

Sun City Tai Chi Club

Would you like better balance, flexibility & memory? How about improving golf, tennis, pickleball skills or all around athleticism? Do you need to rehab or just want to get on your feet more easily? The Sun City Tai Chi Club invites you to join our doctor, chiropractic & physical therapist recommended classes to help you reach your goals. No special equipment required. Wear comfortable clothes & soft soled shoes like tennis/athletic shoes. Classes: \$3 / cardholders & \$5.50 escorted guests. Yearly membership: \$10 – First 2 visits are free! FMI visit sctaichi.wixsite.com/sc-tai-chi-club, call Elisa 480-710-8497 or emcarthur1@ cox.net Please check start times before starting classes as they are subject to change!

Bell SH2 Thursdays:

Balance & Fundamentals: 10:45 am 108 Advanced Class Set 2: 12pm 108 Advanced Class Set 3: 1:15pm 108 Beginner Class Set 1: 2:30pm

Fairway AZ Room 3 Mondays:

Basics & Balance: 9am 24 Form Class: 10:15am Chair Tai Chi Class: 11:30am Lakeview SH2 Tuesdays: Qi Gong Class: 6pm

Hatha Yoga

Club meets at Sundial in the Yoga Club room. Classes are multi-level & do not assume prior yoga experience; all classes taught by certified instructors. Arrive 15-20 minutes before a Mat class & bring a yoga mat, small blanket or a beach towel, your current RCSC card, \$3 class fee & \$5 yearly membership. Wear loose, comfortable clothing for a warm environment. Refer to our website for more information: http://hathayogaclub.org



Yoga Mat Classes: M: 8:30a & 6:30p; Tu: 8a, 10a & 12p; W: 8:30a & 6:30p*;

Thu: 8a & 10a; Fri: 9a; Sat: 8a & 10a (*evening classes)

Chair Class (Preregistraion required): Monday, Thursday & Friday 1pm; Wednesday:

10:30am; FMIC Carlyn for Chair classes: 623-972-9602

Zumba Fitness Club

Zumba fuses Latin rhythms & easy to follow fitness moves to create a dynamic full body workout. It keeps you moving & grooving & makes fitness fun. The hour includes a warm-up, cardio workout & cool-down.

Mon: Bell Social Halls, **Zumba Gold**, 11:30am-12:30pm, Debbie Reiss, Instructor; Tues: Sundial West Hall, **Zumba Gold**, 6:30-7:30pm, Debbie Reiss, Instructor; Wed: Bell Social Halls, **Zumba Gold**, 11:30am-12:30pm Debbie Reiss, Instructor; Thurs: Marinette Aud, **Zumba Fitness**, 6:30-7:30pm; Julie Chaney, Instructor. Fri: Bell Social Halls 1 & 2, **Zumba Gold**, 11:30a-12:30p, Debbie Reiss, Instructor; Sat: Marinette Aud, **Zumba Fitness**, 8:30-9:30am, Julie Chaney, Instructor.

Cost: Members: \$2 per class; Visitors \$2 per Class; Escorted Guests \$5 per Class. Annual Membership: \$5 FMIC AI 847-376-1863 or 847-682-9399

Membership: \$5 FMIC AI 847-376-1863 or 847-682-9399

Swim Club

Sun City Swim lessons have moved to Lakeview pool. Lessons run from 8:30-10am M-W-F. Beginning & intermediate classes available. Annual membership: \$5 for RCSC Cardholders. FMIC Tere Kearney 623-583-5894.

Aqua Fitness Club

Summer I Classes run through F 6/29 on M/Th or T/F at Sundial, Oakmont, Marinette & Mt View pools. Instructed classes of varying intensities: Free Standing, Poolside & Aqua Stretches. Visit www.aquafitnesssuncity.com for more info on class exercises & Club Brochure; also class times, days of week & pools for Summer I Session Schedule. No swimming involved; members stand in waist/chest deep water. Annual Dues: \$5; \$15 for each 8 week session; 5 Sessions annually. Registration for Summer II Classes on Sa 6/23, 8:30a in Sundial Auditorium. FMIC Terry 619-818-4380. All classes co-ed; must be RCSC Cardholder to join.

Agua Suns

Do you love the water but walking & lap swimming isn't for you? Come try synchronized swimming & learn things you never thought you could do - dolphins, spearfish, catalinas, kips, surface dives & more. Join in the fun M-W-F from 8-10am at Lakeview Pool. FMIC Nancy at 623-238-8608. Swim Club membership: \$5/Year

Dance for Fitness

With a current RCSC Membership you may enjoy three free sessions. Then you may join for only a \$5 annual fee. Come once, twice, or three times a week (whatever fits your schedule). No per-lesson fee. Classes on Tuesday at Bell, Wednesday at Sundial and Friday at Mt. View; all classes are 9-10am. FMIC Penny at 623-933-7021 & Donna at 515-975-1683

Bell Aerobics

Come join this friendly group for a complete 45-minute workout of gentle stretching on Mon, Wed & Fri at 8, 9 or 10am at Bell Social Hall. Membership \$3/year with valid RCSC card; no class fees. There will a holiday potluck social in December for all members. We meet year-round & are looking forward to having you join us. FMIC Dave 623-251-4681 or Pat 510-673-5732

Oakmont Ladies Exercise Club

Join us for low-impact exercises designed for women over 50 at Oakmont on Tuesdays & Fridays 8-9am. Annual Dues: \$3, 3 free trial visits. FMIC Helen 715-222-9519

Stretch & Slim

No matter your fitness level, have a blast in our DVD-led classes! Check our schedule for times & class levels to find the best time to join our fun Stretch & Slim Club. Experience a variety of exercise: cardio (low & high impact), strength training (hand-held weights & fitness bands provided) & stretching for a well-rounded experience. You are welcome to "try us out" (3 classes for free). Annual fee: \$5; escorted guest fee: \$2.50 per RCSC (guests must be escorted by active Club member). FMIC Nancy 602-751-5034.

Despite having an advanced "pedigree," not even summa cum laude graduates are allowed on RCSC properties!

Remember: Household Pets are not allowed on RCSC properties or in RCSC facilities (please see Board Policy #26 for more info).

Exceptions: Duffeeland Dog Park, Best Friends Dog Club training, service dogs trained to assist the handicapped.

* NOTE: Emotional support animals are not an exception!

Tips from Get Fit for Life -

Physiological Changes that Accompany Aging

"The chronological clock takes a toll, as active adults get older," states Jane Fortier, senior fitness specialist and co-owner of Get Fit for Life. "The AGING PROCESS refers to universal physiological changes that take place in the human body, due to chronological aging. Those changes are independent of disease, genetics, behavior and lifestyle. Those changes are going to affect how a person feels and functions."

As we age, the following physiological changes occur:

CARDIOVASCULAR/RESPRATORY SYSTEM

*heart structure changes, the size of the left atrial chamber increases *blood vessel walls thicken, as well as the walls of the left ventricle *blood pressure increases *cardiac output (stroke volume) decreases *lung tissue losses its elasticity, and aerobic capacity diminishes

SKELETEL SYSTEM

*bones become thinner *joints become stiffer because of diminished synovial fluid *calcification occurs in and around joints *intervertebral disks, which are gel-like in nature, lose fluid, resulting in compression and shortening of the entire vertebral column



COGNITION & MENTAL CLARITY

*processes such as attention, judgement, memory and reasoning decline, due to changes in brain tissue *response time and thought development slows down

ENDOCRINE SYSTEM

*hormone production in males and females declines *changes in estrogen testosterone and progesterone effect fat allocation, with more settling in the abdominal area

SENSORY SYSTEM

*changes in vision *changes in hearing and vestibular health *tactile receptors decline, and the sense of touch is less acute in hands and feet *proprioception (the ability to maneuver in 3-dimensional space) declines

MUSCLE AND CONNECTIVE TISSUE

*Sarcopenia (loss of muscle due to chronological aging) begins to affect movement and body composition * functionality becomes difficult due to muscle and connective tissue atrophy

"Exercise is the number one line-of-defense, when dealing with these physiological changes," states Fortier. "A good exercise program for someone over 50 years would have three parts to it: aerobic, strength, flexibility. These three forms of exercise can have a positive impact on how an aging adult feels and functions."

Get Fit for Life trainers design programs that address needs, goals and medical issues. They teach clients how to exercise safely and effectively. Services are available in all Sun City Fitness Centers. To find out more about services, visit Get Fit for Life Sun City on Facebook, or call 623-696-6820.

LaTouch Wellness Massage Therapy Shares... The Significance of the Root Chakra

Each chakra influences the body in unique physical, emotional, mental and spiritual ways. Each chakra vibrates at a different frequency. The lower chakras vibrate at a slower frequency than the higher chakras. Considerable research is validating the existence of the chakras, with Dr. Valerie Hunt serving as a pioneer. For the past 20 years, Dr. Hunt, a professor of kinesiology (the study of human movement) at the University of California in Los Angeles, has measured human electromagnetic output under various conditions. Using an electromyograph, an instrument that measures the electrical activity of the



muscles, Dr. Hunt discovered that the physical body emanated different frequency activities at the sites typically associated with the chakra system.

We will explore the significance of the Root chakra. The first chakra located at the base of your spine; the color associated with this chakra is red. The frequency sound element is (Lam). The main aspect of this chakra pertains to security. Some of the related systems within the body that may be affected by this chakra are the bones, skeletal structure, coccygeal nerve plexus, adrenal glands, bladder, kidneys, prostate, large intestine and, in general, the elimination system and lower extremities.

The Root chakra may be involved, If you are experiencing issues within your body that may be causing you discomfort in the area of your lower body, perhaps related to your bones. Balancing the first chakra, the Root chakra may assist you with the healing of conditions such as hemorrhoids, constipation, sciatica, fibromyalgia, chronic fatigue and eating issues. It can also address conditions associated with the lower extremities such as varicose veins, knees and foot issues. Other conditions that can be addressed are arthritis, skin issues and issues with the lower spine, the bowels or the bones. In addition to your current health and wellness practices, you may want to address your subtle energy body.

LaTouch Wellness is committed to assisting you with enhancing your health and well-being body, mind and spirit. Additional information can be found at: https://www.facebook.com/LaTouchWellness

Massage in general helps us to manage stress and can also be used to address a number of health issues. A full complement of massage services are offered at Fairway, Sundial and Bell Recreation Centers (as noted below) for RCSC Cardholders and their escorted guests. If you would like to experience the benefits that massage may have for you, call and schedule an appointment today!

Group Equipment Demos are on Summer Break!

We will return in September!

Member Fitness & Massage Services



Fitness Training 623-696-6820

Sundial Center Free Spirit Massage 623-225-8582

Bell Center Jan Dias 623-521-0771 Lisa McCoy 623-210-2707 Fairway Center Laura Moore 623-201-0378 latouchwellness@ massagetherapy.com

Arts & Crafts

Learn Leather Craft

Open to all RCSC Cardholders. Annual Dues: \$10. Beginner classes Tues/Thurs, 8am. Learn carving, stamping, garment & construction. Lessons, patterns & tools furnished. We meet at Marinette. Hours: 8am-12pm; Mon-Fri. Learn to make leather belts, purses, holsters, even mini saddles. A great group of people & a wonderful craft. FMIC 623-594-6591 or 623-933-8831.

SewNSew Club

Monday Mending @ Olive Branch Senior Center 8:30-10:30a each Monday OBSC is open.

Annual Membership \$10; open to all RCSC cardholders.

Boutique & Open sewing Tu/Thur 9a-9p; Sa 9:30-3p; Su 12-4pm. Boutique sales include doll clothes to fit the American Girl Doll. SewNSew appreciates fabric donations that help us serve our community. Donations accepted during open sew times.

6/5 Embroidery SIG 9:30a-12:30p 6/9 Quilts of Valor 9:30am 6/12 Doll Clothes SIG 12:30pm 6/19 Luke Workshop 9:30a 6/26 Garment SIG 9:30am; Garment Design SIG 10a; Doll Clothes SIG 12:30pm 6/28 Boutique sewing 1-3pm

A library of reference materials, club patterns & embroidery designs are available to members during open sew hours. FMI visit http://www.sewnsew.info/

Bell Silver Craft Club

Visit our professionally equipped silver craft workshop & sales room. We offer classes in basic silver work, introducing students to fundamentals. We also offer lost wax casting classes, turning wax models into beautifully cast silver or gold, chainmaille for stunning bracelets & necklaces. Other specialty classes/demonstrations offered throughout the year. You're welcome to tour our club & see the possibilities. Jewelry Sales: Mon-Sat 9am-3 pm. Silvercrafting hours: Mon-Sat 8am-3:30pm. Located around the corner from the Bell Visitors Center. FMIC 623-933-8442.

Lakeview Fired Arts

Now offering new techniques in Cuerda Seca, gilding & silk screening on poured & hand built earthenware, porcelain & stoneware. Chalks, dry brushing, faux leather & faux antique pewter, glazing, majolica, overglaze & translucent classes also offered this year. Many exciting ideas to take pieces to the next level in your ceramic adventure. Fired Arts offers a mentoring program for a one-on-one learning experience. Annual dues: \$5; easy to join. Start your ceramic hobby with like-minded fun people. FMI Visit clubrooms or call 623-974-5979.

Sundial Crafts

Bring your favorite craft work & join us at Sundial on Mon 8a-1p & Thurs 8-11a. Tues, (Sept-May), we offer Card Making classes 5:30-8p. Scrapbooking for beginners or experienced held Wed 10a-6p, Sat 9a-3p & 1st & 3rd Fri every month from 4-8:30p. Fri (Sept-May) we offer Card Embroidery for experienced embroiderers; 1st & 3rd Fri for beginners. Our club accepts all craft donations including yarn, cardstock, embroidery floss, cutting dies, etc. FMIC Carol 815-315-2387 or email sdcraftclub@yahoo.com

Handweavers & Spinners Guild

Skilled instructors teach weaving, spinning, basket making, tatting, hardanger, bead weaving, inkle & kumihimo, shirett & rug making. All skill levels welcome. Special Interest Groups meet weekly year round. Annual dues: \$10. New members may use equipment/work on personal projects once basic skills are established. We have an extensive library of weaving activities. Member meetings held 1pm, first Monday monthly Oct-May & occasionally include speakers/demonstrations, refreshments, show & tell & socializing. Social events include: Halloween Party, December holiday luncheon, & Spring Omelet brunch. Classes/workshops held year-round: Regular hours: 9am-3pm Mon-Fri, Oct-May. Summer hours vary. Beautiful handcrafted items for sale in Club store, open during club hours. Members participate in holiday fairs & craft events throughout the year. FMI -suncityaz.org/handweavers-spinnersguild or call 623-933-0397.

Bell Ceramics

Wanted: RCSC Cardholders! No Experience Necessary. Learn a wide range of ceramic techniques: stains, oils, glazes, underglazes, banding, carving & more. We have over 1300 molds to choose from & carry greenware, ceramic tools, brushes & paint supplies. All you need to get started so join today! Fees for classes range from \$5-20 depending on technique. Annual membership: \$7. Club hours: M-F 9am-3pm; Wed 5:30pm-8:30pm, Sat 9am-noon. FMIC 623-974- 6750.

Palo Verde Artists

Palo Verde Artists Members encouraged to renew social connections. RCSC Cardholders welcome to check out our friendly artists' group. Annual membership: \$10; entitles classes & workshops enrollment; beginners to experienced painters & sketch artists welcome. Classes & workshops may entail additional fees. Club holds many free events: artists' demos, "Paint-Ins," Open Painting, friendly critiques & video lessons, social events & more. Classes taught by professional artists. Club meets monthly (first Mon) 12pm in Sundial East Auditorium.

Fairway Sterling & Stones

Visit our workshop & jewelry store. Friendly members will show you lost wax casting, glass fusion areas & lapidary room. You'll see members working on stones & glass for rings, necklaces, bracelets & more in silver, copper & brass. Check out member creations in our terrific store (open to the public). RCSC cardholders who join can sign up for beginner or advanced classes in silver craft, lapidary, lost wax casting, glass fusion, chain making, viking knit, reticulation and more. Small classes taught by experienced member-instructors who try to accommodate your schedule. Free workshops also available to club members. Summer hours for club, jewelry store & craft sales: Tu-F 9a-1p. Located in Fairway Rm 136, "next door to the trains." FMIC 623-977-2208

Marinette Clay Corner

Stop & take a tour of our outstanding pottery club. Pottery art work for sale year round, including yard art. Club hours: Mon-Fri 8am-9pm; Sat 9am-5pm. Located in Marinette Center. Annual dues \$15, Must be RCSC Cardholder. FMIC 623-977-3167 or visit www.marinetteclaycorner.org

Artistic Weavers/Fiber Artists

The Artistic Weavers & Fiber Artists at Oakmont begin summer hours in May & is open Mon-Fri, 9am-noon. We return to our regular hours (9am-3pm) on Oct 1. Members work on knitting, crocheting, loom weaving & basketry projects throughout summer. Stop by club room to purchase handcrafted items, to see what's happening or just to say "Hi." We'd love to have you join us!

Jewelry at Oakmont

Summer Club Hours Wed, Thurs, Fri, Sat 8am-noon (4/1 thru 10/31) **Now offering Stained Glass** on M-W-F, 12-4p. Contact John Schmidt to schedule your class. We also teach lapidary, silvercraft, glass fusion, faceting, beading, wirewrap & scrimshaw. FMIC John Schmidt 623-322-4595

Camera Guild

Spring series classes were a huge success; summer's a great time to hone those skills or try something new. Club offers one-on-one member assistance 9am-12pm Tu, Wed, & Thurs. All RCSC Cardholders invited to our third "1st Friday Gallery," 6/1, 4-5:30pm; serving complimentary wine & cheese. Watch SunViews & CGSC website for new classes: \$5/class for CGSC members: \$10 for RCSC Cardholder visitors. Annual Membership: \$20/person, \$25/RCSC Household; open to all RCSC cardholders. All classes held in Clubroom (2nd floor). General meetings, 9am, 1st Sat monthly throughout summer. FMIC John 314-882-6951 or visit www.cameraguildsuncity.com.

Sundial Silverstones

No Experience Necessary! Membership open to all RCSC Cardholders. Beginning classes offered (minimal fees) in basic silver, glass fusion, mold making, lost wax/casting, lapidary, chain making, wire wrapping & faceting. Our well-equipped club is open M-F 8am-3pm & Sat 8am-noon. Jewelry store open to all for purchase of membercrafted items, M-F 8am-3pm & Sat 8am-noon. Come take a tour of our facility.

Bell Metal Club

Love metal? Love art? Come to Bell Metal to be innovative & artistic! We work metal, can fix/replace garbage can lids or make your mailbox secure by adding a locking security box. We have all the equipment to cut, weld & machine metal; we even build small engines. Come visit our shop &/or join us Mon-Sat, 8am-4pm. Membership open to all RCSC Cardholders. Dues: \$20 per year. Call to see if we can repair your broken metal items. FMI 623-974-8206.

Oakmont Ceramics

Annual Dues: \$5 Club hours: Mon-Th, 8am-3pm; Tu/Th 5:30-9pm; Sat 9am-1pm; closed Fridays; Whether you're a beginner or advanced ceramist, this Friendly Club is for you. See Sign-up sheets in Club for special classes/workshops. FMIC 623-363-3908 or come by the Club during Club hours.

Bell Stitchers

Like to sew? Share new & fresh ideas as we create outfits for charity & craft items to raise money for accessories & supplies. Have a tour & a cup of coffee/tea. Winter Hours: Tues 9am-3pm, Wed 9am-noon, Fri 9am to 2pm. Annual Dues \$3; membership open to all RCSC Cardholders.

Sun City Calligraphy Society

General Meetings resume in Oct in our Sundial meeting room. Weekly "Love Card" workshops & practice sessions during summer club hours: Fri 9-11am. Formal calligraphy classes & card workshops resume this Fall. We sell beautiful & creative handmade greeting cards to the public during regular club hours. Card samples & calendar of events available for viewing in club window; come see what our artistic members create! Membership open to all RCSC cardholders. FMI stop by during club hours or call Trudy Bryson 623-594-6591.

Friendship Quilters

Club built on friendship & interest of quilting/creating projects w/fabric. New members welcome. Many find quilting sisters at the club. We encourage you to stop by the Bell Craft Village Quilting room on one of our meeting days. Come in & enjoy our contemporary version of the "Quilting Bee." Hours: Mon, Thurs, Sat: 9am-3pm & 5-8pm on Mon; Wed: noon-8pm. Annual dues \$5. Membership open to RCSC Cardholders.

Arts & Crafts (continued)

Creative Quilters

Hours: Mon & Fri: Open Sewing 8am-4pm; Tu & Wed: Open Sewing w/Sew N Sew 3pm; Fri: Bus. mtg, announcements, programs 9:30am. Boutique items available for purchase during Club hours. Watch our news items & stop by Club to look at class book for more details. Membership open to RCSC Cardholders. FMIC Red 602-622-5913

Lakeview Woodworkers

Come see our beautiful wood crafts! Men & women welcome; tap into your creativity & making something with your hands. It's a wonderful feeling. Our club is a fun & happy place; members always willing to help. Oper M-F 8a-4p, Sa 8a-12p. Summer hours: Mon-Sat 8a-2p. Annual Membership: \$20. FMIC 623-933-2355

Fairway Ceramics & Porcelain Club

Our wonderful world of ceramics has new molds in stock; beautiful, fun utilitarian & decorative pieces. Guests & Visitors enter a FREE monthly drawing for an awesome door prize! Annual Dues (Jan-Dec) \$10 RCSC cardholder; \$15 family memberships (2 at same address). All skill levels welcome. Basic orientation & mentorship helps new members begin in an encouraging environment. Fun, low-cost classes optional: airbrushing, clay lifting, glazing, brushstrokes, decorating w/translucents, Zentangle, underglaze pencil, etc. Greenware, tools, supplies & finished pieces available for purchase. Winter Hours: Oct-May: M-F 9a-3p; Sa & Su: 9a-1p. FMIC 623-972-5818, or Dott 623-748-3313. Located at Fairway (2nd floor).

Artists by the Lake

Club meets at Lakeview 1st Tuesday each month; potluck at noon followed by a brief meeting & art demonstration. We have classes, workshops & open painting times in LV Art Studio (upper level). Currently: Oil, Watercolor, Pastels, Acrylics, Drawing & Multimedia & a variety of workshops such as Batik, paper making, alcohol inks, etc. Open painting free to members, Thurs 9-noon. Check out our art studio & friendly members Annual dues: \$10; some classes have extra fees. FMI visit www.suncityaz.org (under Clubs) for current newsletter & class schedules; or FMIC Janene Geisner 623-810-9112

Artistic Stained Glass

ASG is Sun City's only Stained Glass Club; specializing in all types of glass art & projects including "came," as well as more current methods w/foil & solder. Members introduced to techniques in beginning class. Our expert teaches fused & slumped glass; specialized classes in large fused glass flowers, sandblast etching, & more. Most members learned stained glass when they moved to Sun City & took our beginning class. Many are hooked once they try. We are a friendly, social group, that likes pot lucks. Drop in & see what we do! We meet at Bell M-F, 8a-3:30p; plus 5-8:30p M/W/Th & Sa 8a-1p

Bell Craft Club

Open M-F 9am-3pm; Sat 10am-2pm; M, W, Th 6-9pm, Classes/workshops in: Bead weaving, Greeting Cards, Copper Enameling, Placemats, Candle making, Quilling & Cross Stitch, Painting, Plastic Canvas, Knitting, Crocheting, Silk Flowers, Craft Beading, Polymer Clay, Parchment Craft, Card Embroidery, & Brazilian Dimensional Embroidery. Classes taught by members. Think others would enjoy your craft? Become a member & teach. Boutique open for unique handcrafted gifts. Gen Mtgs 2nd Thurs, Sept-May. Annual Dues: \$10. New members joining July 1-Dec 31: \$5. All regular classes free to club members. Membership open to RCSC Cardholders. FMIC 623-974-3497.

Fairway China Painting

Come paint with us in Fairway room 217 (second floor), 4 days a week! Club open to RCSC cardholders: Annual dues: \$5. Cardholders welcome to attend 3 times before joining. China painting is one of the oldest forms of art. Dry mineral paints are mixed with oil & patterns are traced (or freehand painted) on glazed porcelain & made permanent when fired. You can paint useful of artistic items with modern or ancient designs. Come try it - you'll be surprised by what you're able to create; we promise!

Fairway Knitters

Knit & crochet items for military, care centers, school children and the homeless of Phoenix & other charities. Join us any Friday anytime between 8:30am-1:30pm. You can work on your own projects using your own yarn or you can work on projects for the club using club yarn. We also have items for sale if you like to shop. We meet in AZ Rooms 3 & 4 at Fairway. Annual membership: \$5. FMIC 602-469-2505.

Sun City Clay Club at Lakeview

Come June, we need motivation to get out in summer heat. Take our tour, sign up for an introductory class & learn an engaging hobby. You'll never know what you can create unless you try. Working with clay is fun & therapeutic, especially on a hot summer day. Free summer workshops taught by club members (beginning class required before participating in workshops). It's fun to socialize with fellow members & tackle a new project. Stop in for current information on classes & events. We have pottery items on display & for sale during club hours. Open Mon-Thurs 8:30am-8:30pm, Fri-Sat 8:30am-4:30pm. FMIC 933-0899.

Oakmont Needle Arts & Crafts

We are a dedicated "Year-round" club, come sun or more sun! This is the place to learn knitting, crocheting & other hand crafts. Novice to pro invited every Thurs 8-11:30am. RCSC Cardholers may join the "Out-to-Lunch Bunch" May 31. Learn, laugh, socialize! FMIC: Anna 623/693-7544

Sports & Outdoors

Indoor Volleyball Club

While waiting for indoor venue, we play at Villanueva Community Ctr (15660 N Hollyhock St, Surprise) W & F, 8-10:30am & at Rio Vista Rec Ctr, (8866A W Thunderbird, Peoria) most Th 9-11a & most Sa 5-6:30p. Call in advance as they close on holidays & sometimes have gym rented. No fee to use facility w/Silver Sneakers Card. FMI on membership (RCSC Cardholders only) call Dawn 623-271-8511



Sun City Pickleball Club

June begins summer in earnest; Club play moves almost exclusively to Marinette's 20-ct complex; busiest drop-in times 6:30-10am M-W-F. Mt View's 7 outdoor cts remain available, activity is low with seasonal residents gone. This skilled (fun) court-&-paddle sport is similar to tennis, badminton, racquetball & table tennis. Free intro lessons & clinics for all skill levels & ladder & round robin play available year round. Annual dues: \$25; RCSC cardholders eligible to join. Everything about club, including annual dues payment, available online at suncitypickleballclub.org

Sun City Sportsmen Club

New name! Same great group! Hunting/ Fishing/Shooting Weds: 8am, Trap & Skeet, Ben Avery Range (Les: 623-876-8714) Fri: 8am, Rifle & Pistol Shooting (Ben Avery). Open to all RCSC Cardholders; New members welcome. FMIC Tony 847-207-1948

Sundial Shuffleboard Club

June heat started to get to you yet? Come play shuffleboard at Bell on Thur to be nice & cool. Club play at 6p; arrive no later than 5:50 to sign in. Not a member yet? No better time to try the game! You may play 3x before joining. Annual dues: \$2.50 per person. All equipment furnished; call Russ in advance for a free lesson. These aren't just summer bargains; they apply all year long! Don't forget 6/14 is Flag Day & 6/17 is Father's day. FMIC Russ 623-208-9921

Bell Shuffleboard Club

Play every M, Tu & F: 1-3:30pm. Arrive early to sign in (assigned court & starting position). Play 3 games; new partner each game. Fast courts w/slight curve make it a challenge. Instructors available to help learn rules. FMIC Dennis 623-972-3169, or stop by & check us out during regular play.

Sun City Basketball Club

We currently play at Villanueva Community Ctr, 15660 N. Hollyhock St, Surprise: a 4on4/5on5 full court or come shoot around M & W: 3:30-5pm. We plan to have 1/2 court outdoor games Fri, 9-11am at Marinette. FMIC Charlie 206-459-3242; charlespeterson@comcast.net or Peter 604-313-3190; petermacleod1000@gmail.com

Sun City Senior Softball Club

Play slow-pitch softball several days a week (mixed men/women) at Sun Bowl softball field (107th & Clare, just west across Sun Bowl parking lot). Several leagues: American w/12 teams/10 players, Central-12/11, National-12/12, Co-ed-6/12, 70s-6/11 (age requirement) & tournament teams & Women's. Players placed in leagues according to ability. Five separate sessions allow year-round opportunity to play softball w/short commitments to 1/more sessions. Tryouts: Mon 8:30am. RCSC Cardholders, including Snow Birds, welcome to join. FMIC Dan 520-404-2909

Racquetball Club of Sun City

We now play "Whisperball" at Bell indoor racquetball courts. Free lessons available Tu & Th 1:30pm. Court requirements: clean court shoes only (no street shoes); protective eyewear required; must be RCSC Cardholder or escorted guest. Play on M-W-F from 3-5pm. A great cardio workout that's fun, too. Open to RCSC Cardholders who belong to the Racquetball Club. \$5 annual membership. FMIC Rick 412-419-9578 or visit www.racquetballclubofsuncity.com.

Bocce Club of Sun City

Warm weather teased us all winter & now is probably here to stay for a spell. The shades on the Bocce courts will help keep you a bit cooler during the 3 days of play this month. It's June so be sure to pay tribute to our flag on 6/14 and honor your father on his special day, 6/17

Fri 25¢ Play: June 1, 8, 15, 22 & 29, 7p Open Play - Tues, June 5, 12, 19 & 26, 8:30a Open Play - Thurs, June 7, 14, 21 & 28, 8:30a Club Closed - Every Sun, Mon, Wed and Sa

Lessons by appointment: Dennis: 623-693-2881 Edith & FMI: 623-271-0092

When you are at the courts remember to wear appropriate, modest attire regardless of the weather. Club open to RCSC Cardholders. RCSC visitors & escorted guests welcome to participate in Open Play and Friday Night Play. Club play rules are always applicable. Enjoy this fun game.

Dart Club at Bell Lanes

5 leading-edge, soft-tip, electronic dart boards, preset games, 1-8 players. House darts available/use your own. All skill levels welcome. **Club Play: Mon:** Game Night,

5:30-8p; **Tue**: Count-Up 5:30-8p; **Wed**: Monitor's Choice 5:30-8p; **Thu:** Ladies 2-4pm. **Practice:** 1st & 3rd Sat 1-3pm. Arrive 15 min early for sign in & team formation. FMIC Andrew Esaena 480-284-0904; Bob Howicz 630-531-0391; Judy Clark 623-760-6926. Membership open to all RCSC Cardholders.

Dances



Sun City Squares

Sun City Squares will see you in November! Keep watch for our biggest dance of the season in the fall - our Light Dance! FMI email: suncitysquares@g.com; Marilyn: 623-930-7513 or Bob 602-370-5495 or visit www.suncityaz.org/recreation/clubs/sun-city-squares/. Dances open to RCSC Cardholders & their Escorted Guests.

Friday Night Ballroom Dance Club

Singles & couples invited to join us for social & ballroom dancing at Sundial, Fridays, 7-9:45pm. Whether you love to slow dance, are an accomplished ballroom dancer, or somewhere in between, you'll enjoy dancing to some of the best live music in the Valley. Free dance lesson w/ paid admission: 6:20pm. No partner required for lesson; Students rotate so everyone has an opportunity to dance. We have Mixers & Line Dances. Admission: \$5/members; \$8/escorted guests. Enjoy socializing & making friends. Be comfortable, but please, no jeans, shorts, pullover shirts,



hats, tennis shoes or flip flops. Coffee, ice & cups provided. FMIC Bob (623) 215-8718 or visit: www.suncitysinglesdanceclub.com. Open to all RCSC Cardholders, visitors & escorted guests. June Dances: 6/1 Manuel Dorantes; 6/8 Bobby Freeman; 6/15 Mike Carollo; 6/22 Rich & Brad; 6/29 The Breeze

Classic Rock Dance Club

Join us for some good, old-time Rock N Roll, 1st & 3rd Saturday nights every month at Fairway! Our DJ's upbeat enthusiasm gets you on your feet & keeps you rockin all night! Always Free Popcorn!

Dance: Saturday 6/2 DJ John & Diane Phillips; Saturday 6/16 Ron West / Music Videos

Doors open: 5:30, dancing 6-9PM, BYO Beverage; Homemade cookies, cups, ice & napkins provided. Open to all RCSC cardholders & their escorted quests. Annual membership: \$3w/valid RCSC card. Admission: \$3/club member; \$6/escorted guests. FMI visit https://www.facebook.com/suncityclassicrockdanceclub or call Donna 623-628-4401 / 360-350-8160. Let's Rock N Roll!

Friday Night Rock 'N' Roll

Come join our blast from the past. Our enhanced music includes 50s & 60s hits, & more current music you enjoy listening & dancing to. Dances held at Fairway on 2nd, 4th & 5th Fridays every month. Doors open: 6pm; dancing: 6:30-9:30pm. No dress code. Bring your favorite beverage & snacks; cups, ice & napkins provide. We have a drawing for gift certificates to local businesses, so keep the tickets from signing in! Annual dues: \$4; RCSC photo ID required for Membership. Admission: \$3/members; \$6/escorted guests. FMIC Bill at 209-380-8029. It's not too early to start planning your New Year's Eve party with us (12/31/18 at Sundial). Tickets available 11/1/18.



Rockin' Thru the Years - Saturday Nite Fever

The only dance club dedicated to Classic Rock & Roll, Disco, DooWop & Country Rock. We have our own sound system & use 2 different DJs to play music from the 50s thru today. Will play requests as long as they fall in the R&R genre. Singles & couples welcome; no dress code! We furnish cups & ice; bring your own snacks & favorite beverage.

NEW LOCATION! We now dance at SUNDIAL! Doors open 6:30pm; dance from 7-10pm. Admission: \$3/members; \$6/escorted guests. Annual RTTY SATURDAY membership \$3 w/RCSC card. You don't have to have a partner or take dance NIGHT FEVER lessons to enjoy dancing to R&R & Disco. FMIC 623-332-7894 or visit Rockinthrutheyears.com. We have 8 drawings at every dance plus a 10'x 8' video screen for your enjoyment!

June Schedule: 6/9 DJ Ryan Blair; 6/23 DJ Jamee Soulz; 6/30 DJ Ryan Blair

Country Dance Club at Sundial

Dance with us 6/2 & 6/16 at the fabulous Sundial ballroom. Something for everyone; a good mix for couples free-style, couples pattern, & line dancing; including a dedicated dance floor just for line dancers. BYO snacks & beverages; ice, water, cups & cookies provided. Both dances from 6:30-9:30pm. Doors open 6pm. Dance lessons prior to dance currently suspended for summer months. Admission: \$3/members, \$5/visitors & \$6/escorted guests. Annual membership:\$5 w/valid RCSC photo ID. FMIC 623-972-5127 or visit www.CountryDanceClubSunCity.com



Bell Tea Dance



All dances on Wed 2-4 pm at Bell Social Hall. Music provided by local keyboard artists. Dances consist of Foxtrots, Waltzes, Latin, Swing & Rock. Two mixers included. Coffee, tea & fresh baked cookies provided. Singles welcome. Admission: \$4/Club Members, \$6/Escorted Guests. FMIC 623-842-3917.

> June Dances: 6/6 Michael Carollo, 6/13 Manuel Dorantes, 6/20 Michael Carollo, 6/27 Manuel Dorantes

Rhythm Ramblers

We'll see you in October at Sundial Auditorium for our next dance. Remember, dress is casual. BYO drinks/snacks; cups, ice & napkins provided. Bring all your friends & returning snowbirds to celebrate the arrival of fall & plan for a fun reunion! See you there!

Sun City Line Dance Club at Sundial

Dance on a beautiful wooden floor every Tues & Thu 10a-p in Sundial ballroom/auditorium. Exception: 6/28 at Fairway Arizona rooms 1-4. Serving cookies, pretzels, mints, coffee, & water. Members, visitors & escorted quests welcome. Free dance lesson prior to all dances. Saturday afternoon dance at Sundial 1:30-4:30 pm 6/30. Annual membership \$5. Daily dance: \$2/members, \$4/visitors,

\$6/escorted guests. FMIC Walter 623-972-5127. Suncitylinedanceclub.facebook contains links to teaching sessions for our dances; website: www.suncitylinedance.com.





Sun City Ballroom Dance Club at Bell

We meet at Bell Social Halls every Sunday throughout the year except holiday Sundays. Dances open to all RCSC cardholders & escorted guests. Please join us for a fun social evening of music & dance. Dancers of all accomplishment levels, couples & singles, welcome. Dance: 7-9:30pm. Annual membership: \$3. Admission: members \$5; escorted guest \$8. Coffee, ice & cups provided or bring your own refreshments & snacks.

June Schedule: 6/3 Manuel Dorantes, 6/10 Michael Dorantes, 6/17 Michael Carollo, 6/24 Manuel Dorantes

FMIC Julie (623)533-6236 Arlene (623) 214-0594 or www.suncityballroomdanceclub.com

Dances Lessons

Country Dance Lessons

We offer Couples Pattern Dance lessons every Wed at Bell Social Halls, 6:30-9pm. Once you learn some of these dances, you will be all set to join the pattern dancing at our club's dances at Sundial on 6/2 & 6/16. The cost for the lessons, which covers the entire 2 1/2 hours, is \$4/club members, \$5/RCSC cardholders & \$6/escorted guests. FMIC 623-972-5127.

BEGINNER 6:30pm BEGINNER PLUS 7:15pm INTERMEDIATE 8:15pm

Sun City Ballroom Dance Lessons Monday: Instructor Paul Daniells:

6-7pm Beg Tango; 7-8pm; Beg/Int East Coast Swing; 8-9pm Int/Adv Rumba **Thursday: Instructor Paul Jack:**

6-7 pm Beg Cha Cha; 7-8 pm Int Foxtrot; 8-9 pm Int/Adv West Coast Swing Cost per lesson: \$5/members, \$8/escorted guests. FMIC Julie (623)533-6236 Arlene (623)214-05940 Visit our website: www.suncityballroomdanceclub.com

Tip Top Dance Club

Tap Dance Classes: All Levels of Experience Welcome, Men & Women Welcome. Tap Class At Marinette: Tap 1: Tues 9am; Tap 2: Mon 10:15am; Variety: Mon/Fri 9am; Advanced Tap: Tues/Fri 10:15am; Introductory Tap: Tues 8:15am by appointment only. Annual Dues: \$10; plus \$12-24 per month, depending on classes. Visitors pay \$2.50 extra per class. FMICChristine 623-322-3138. Moving To The Beat: Tues/Thurs 1 pm; \$10 annual dues plus \$3 per class. **Pilates Classes at Bell:** Mon/Fri 1 pm; \$4/class; FMIC Betty Grantham, 623-505-3028. Open to all RCSC Cardholders & their escorted guests.

Educational Classes

Computer Club of Sun City

Our members come to our Club in the Fairway Recreation Center to share computer knowledge and experiences, including current Microsoft Operating Systems, Chromebooks, Android. smartphones and tablets in a fun and social environment. This includes using these devices to explore the Internet, photos, repair, home, office and social. Members of the Club can come anytime that we are open and use our computers in the Member's Lab to check



email, read the news and visit favorite websites. They use our scanner to scan their important documents or convert precious old pictures, prints, slides and negatives into image files. Classes, special interest group discussions, workshops and presentations are both interesting and educational.

We have three rooms equipped with Windows 10 computers. Many classes using Microsoft 10 are scheduled and you can use our computers. Classes are usually announced at least two weeks before and require club membership. You'll need to come to the club to register for classes. Sign up early as they do fill up fast. Our Workshops are focused, informal, hands on, and with smaller groups. Membership is required. Topics of the Workshops are targeted to a specific topic and will be related to PCs or Android Devices. Workshop rooms are arranged for members to use with their own laptop, chromebook, tablet, or phone. If you do not have a laptop, you can use one of our computers.

All RCSC cardholders are welcome to join the fun! In June, you can join our Club by attending a short "Join Us" presentation in our Club on any Wednesday. Come in anytime between 9a to 10:30a. It only takes a few minutes to join! For more information, call 623-933-8953 or visit our Club Website: www.firstsuncity.com The Computer Club of Sun City is on the 2nd floor of the Fairway Recreation Center.

Starting June our Clubs Hours are: Mon - Sat: 8a to Noon.

June Schedule:

First Week

Round Table Discussion on June 1 at 9a

Second Week

Android Devices SIG at 9a on June 4 Round Table Discussion on June 8 at 9a Investors SIG on June 9 at 9a

Third Week

Internet/Email SIG at 9a on June 11 Windows 10 Operating System Class, June 11, 12, 13 and 15 from 9a to 11a Genealogy SIG on June 13 at 9a Windows 10 Workshop, June 10 at 9a Monitor Training, June 14 at 11a Hardware Clinic on June 15 at 9a

Fourth Week

Android Beginners SIG on June 18 at 9a Windows 10 Workshop, June 19 at 9a Android Clinic, on June 20 from 1pm to 3p Computer Backup and Recovery SIG, on June 21 from 9a to 10:30a

Round Table Discussion on June 22 at 9a

Fifth Week

Windows SIG on June 25 at 9a



SunMacs (Apple Macintosh) Computer Club

Our Summer Hours, Tuesday and Thursday only, 8:30-10:30a are observed May through October. We are closed from July 30 through September 14.

Our 2018 officers are: President, Isaac Bonifas; First Vice President, Vacant; Second Vice President, Larry Dilts; Secretary, Barb Swintek; and Treasurer, Tom Cherveney. The club is seeking candidates for the 2019 position of First Vice President. The duties include filling in for the President when necessary and arranging for guest speakers for the five monthly general meetings.

Our next General Meeting will take place on Saturday, November 3, 8:30 – 10:30a in the Sundial West Hall. Coffee and treats available before the 9a program. The program topic for this meeting will be announced at a later date. You can renew your membership for 2019 at this time. Election of officers for 2019 will take place before the program.

We specialize in assisting our members with Apple Products and Software. Located at Sundial; RCSC card required for membership. Annual dues: \$20 single/\$30 couple. We offer classes, Round Tables and Socials, free to club members. Some classes require pre-registration. For more information about the Club and a calendar schedule of classes offered, visit www. sunmacs.org or our club room (933-5300).



Spanish Club - El Circulo Español

The Sun City Spanish club does NOT take a siesta during the long hot summers. Every Wednesday from 6/6 until 8/29, 1-2:30pm there is all-level Spanish practice session in Fairway room 133. All materials provided except pencil & paper. This exciting class instructed by the enthusiastic team Roberto & Merci Garcia. Your opportunity to make friends and learn in a fun, low pressure way. Class is open to all RCSC Cardholders; Annual dues: \$10.

We have been working hard to create a (tentative) schedule for Fall Classes:

Beg Ivl 1: Mon, 9-11am starting 10/22/18 Int Conversation: Mon, 11am-1pm starting 10/22/18

Beg Ivl 1: Mon, 3-5pm starting 10/22/18 Beg Ivl 1: Mon, 1-3pm starting 1/7/2019

Beg IVI 1: Mon, 1-3pm starting 1///2019
Beg IVI 2: Wed, 8-10am starting 10/31/18

Beg Ivl 1: Wed, 10am-noon starting 10/31/18
All-levels conversation: Wed, 12-2pm starting 10/24/18

Beg Ivl 2: Wed, 2-4pm, Destinos video class starting 11/14/18

Beg Ivl 2: Wed, 4-5:30pm starting 1/2/2019

Beg Ivl 3: Thur, 9-10:30am starting 1/3/2019 Beg Ivl 2: Thur, 10:30am-noon starting 1/3/2019 Int Conversation: Thur, 2-3pm starting 11/1/18

No limit to the number of classes a member can take & no need to register. Some classes require books, we try to assist in purchasing these inexpensively.

Oct 18 is a 'finger food" potluck, 5:30pm in Fairway AZ Rms 1 & 2. All members & their invited guests welcome; potential members (RCSC cardholder visitors) welcome as well. Bring a dish to share; a great opportunity to meet instructors & discover what our class offer. We have monthly social gatherings & try to arrange car pools for those in need. FMIC Lidwina 623-256-8376

LIFELONG LEARNING SUN CITY AZ



Life Long Learning

The next opportunity for lecture & course registration is for the Fall Semester & will take place at Fairway on Thursday, 10/11. Our Mission is to provide educational programs, courses, & lectures at low cost. Learners are able to select up to 15 classes per semester. Readers with special interests & expertise who may welcome a chance to share their enthusiasms by offering a course or lecture are invited to submit a proposal. FMIC 523-533-5756, Brian Callahan, President.



PAGE 24 SUNVIEWS • JUNE 2018

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Los Angles Fleet Week-August- 31-September 2, 2018 \$525 pp/double | \$725 pp/single

Los Angeles King Tut-August 31-September 2, 2018 \$575 pp/double | \$775 pp/ single

<u>Durango/Silverton/Mesa Verde</u>-September 20-24, 2018 \$1150 pp/double | \$1595 pp/single

Albuquerque Balloon Fiesta October 9-12, 2018 \$850 pp/double | \$1050 pp single



A Community Newsletter PAGE 25

We are here to be part of your care team.



Meet Our Staff

Top row, left to right (standing): Jane Keys, Memory Care and Education; Kay Spofford, RN; Sandra Vega, Scheduling Agent; Mary Jo Cuttell, RN.

Bottom row, left to right (seated): Diane Swens, Scheduling Agent; Janice Grady, Office Manager; Dot Scherr, RN

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Companion/Homemaker: Assists with household chores & errands

Personal Care Attendant: Assists with personal care needs

Certified Nurse's Aide: Assists with doctor/nurse supervised care needs

Registered Nurse: Sets up medication and

supervises usage

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All Clients Are Nurse-Managed

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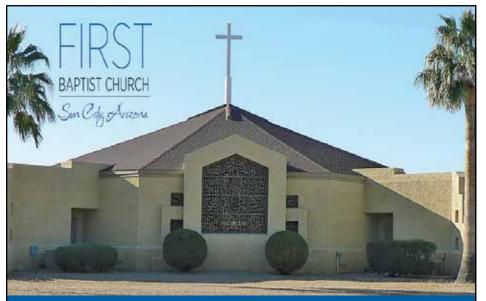
623.974.2397

13203 N. 103rd Ave. Ste. F6, Sun City
For a complete listing of our rates and services visit us at www.sccaregivers.com
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PAGE 26 SUNVIEWS • JUNE 2018



Services:

Sunday 9:00 am Bible Study 10:30 am Worship Service

Wednesday 4:00 pm Bible Study & Prayer

11019 W. Peoria Avenue, Sun City AZ 85351 623-933-6600 • www.firstbaptistsuncity.com

Kenny Long, Sr. Pastor • Travis Fullwood, Assoc. Pastor

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*Automatic refund up to \$20 per statement cycle. See bank for details. Member FDIC.

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One coupon per purchase.
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A Community Newsletter PAGE 27



Welcome to Sunshine Service

People, meeting needs of people is what Sunshine Service is all about. Sunshine Service lends medical and children's equipment to residents of Sun City and we have been doing so for over 54 years. We are a charitable non-profit Arizona corporation and are funded by voluntary contributions and memorial gifts.

While the equipment is available for the use of all residents or visitors staying with residents, the equipment must not be taken out of Sun City on a permanent basis. As a matter of control, equipment is loaned only to Sun City residents.

Records show that as the population of Sun City grew, so did use of our medical equipment. Savings for Sun City residents have been calculated periodically; in 2015, it was estimated that residents saved over two million dollars in cost of equipment for that year alone.



Sunshine Service, Inc has received local, state and national recognition. Awards received include the George Washington Honor Medal for services to the sick and handicapped from the Freedoms Foundation of Valley Forge in Pennsylvania.

"The Cleanest and Most Sanitized Equipment Around"





Some Of The Many Items We Carry:

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PAGE 28 SUNVIEWS • JUNE 2018



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Includes removing existing door & reconnecting existing opener.

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Prices subject to change after 6/30/18.

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A Community Newsletter PAGE 29







- Professional Tour Guide, Snack and bottled Water, All Taxes & Gratuities

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Please email us at tours@allaboardamerica.com if you would like a list of Upcoming Tours sent to you.

All Tours will depart from Sun City West

- Optional Tour of Coronado Bay and Old Town



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or Social Media for
Specials of the Month













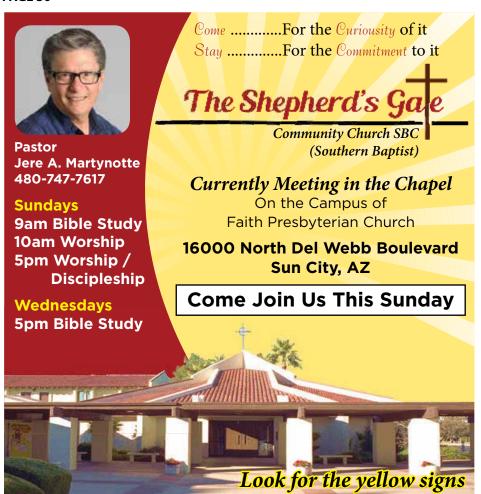
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PAGE 31 **A Community Newsletter**



Featuring our Ponderosa Floor Plan

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Wooddale Village you will find beautiful apartment homes, optional membership at Sun City recreation centers and golf courses, 2 swimming pools, exercise room and activities for mind, body and spirit.

Wooddale Village is an incredible retirement community that promotes an exciting lifestyle as well as new and long lasting friendships.

Your opportunity has never been better than now to enjoy carefree, resort living with all the services and amenities you desire.

Apartment Amenities Include:

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- Ice Makers Ceiling Fans
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RING THAT BELL



Wednesday, July 4, 2018 Bell Center Social Hall Presentation & Video at 9am

Then join us outdoors to "Ring That Bell" with Uncle Sam!

Picnic with DJ Music & Dancing in Bell Lanes at 11am Free Bowling, Darts, Billiards & Shuffleboard from 11am-2pm

BBQ Pork Sandwich, Chips & Water for \$6

Donations from this event will benefit the Sun City Foundation "Neighbors Helping Neighbors"





