

SUN VIEWS

ISSUE #201 • AUGUST 2018 • A PUBLICATION OF THE RECREATION CENTERS OF SUN CITY, INC.



Status of FHA Insured Loans Including Reverse Mortgages in Sun City AZ

Timeline of Events as presented by the Recreation Centers of Sun City Inc. - June 2018

There has been considerable information promulgated about FHA insured loans including reverse mortgages in Sun City AZ. Some of which is with merit and some of which is far from accurate. This is a very complex subject. Following is RCSC's chronological account and status of FHA insured loans including reverse mortgages in Sun City AZ:

In **mid-November 2016** the Recreation Centers of Sun City, Inc. (RCSC) started hearing from mortgage brokers, lending underwriters/originators and realtors regarding FHA loan application denials for Sun City AZ properties due to the free assumability language in 24 CFR 203.41. RCSC received all kinds of information, some conflicting. What appeared to be suddenly happening with no apparent cause was puzzling as there hasn't been any HUD rule changes for FHA insured loans since 2009.

After considerable research and an attempt to find the specific source of the determination that created the issue for current and potential Sun City AZ homeowners, RCSC contacted Thomas Rose the Director of HUD in the Santa Ana Homeownership Center and sent a subsequent letter to Santa Ana HUD on **January 26, 2017** stating that **neither 24 CFR 203.41 nor 12 CFR 1228 has language that would prevent HUD from approving loans on properties in Sun City AZ.** The following explains the justification for that claim:

Free assumability language in 24 CFR 203.41.(b) and 24 CFR 203.41.(c)(2) relies upon the definition of legal restrictions on conveyance that is outlined in 24 CFR 203.41.(a)(3). In reviewing each of the definition points in (a)(3)(i) through (a)(3)(vi) **there is no language that can be construed to include the RCSC Preservation and Improvement Fee (PIF) as a legal restriction on conveyance.** As a result, the use of 24 CFR 203.41 for denying FHA loan applications in Sun City AZ is inaccurate.

In addition, H.R. 3700 that passed U.S. Congress in July 2016 directly affects the application of 24 CFR 203.41 and requires that HUD harmonize its regulatory treatment with that of the FHFA for condominiums – specifically **12 CFR 1228 which grants RCSC's Preservation and Improvement Fee (PIF) an exception provided this fee remain in the community and provide a direct benefit to the recreational property.**

March 2017 a Sun City AZ home buyer happily reports that she found two lenders that would write FHA insured loans after being denied initially because the property she is purchasing is located in Sun City AZ.

March 2017 RCSC email communications with Santa Ana HUD were replied to include HUD Director of Processing and Underwriting Division believed to be in Washington DC.

March 2017 the RCSC Board of Directors (Board) considered amendments to the Corporate Bylaws and Board Policy Resolution No. 24 titled Preservation & Improvement Fee/Fund (BP24) which would modify the documents to not charge the PIF or administrative transfer fee to a lender pursuant to a foreclosure or deed-in-lieu of foreclosure. The Board majority decided it was too early in the process with HUD to pursue document changes.

May 2017 HUD was not open to relaxation of their position during the review process regarding Sun City AZ and therefore would not agree to provide any relief from denying FHA insured mortgages including reverse mortgages.

June 2017 RCSC spoke with Santa Ana HUD who indicated that a mortgagee letter addressing the issue for single family homes had been drafted. While the draft occurred sometime earlier in the year, it had been recently sent to the branch offices for comment. The comment period had been completed with the subsequent information going to Washington DC for the final draft and signing by the requisite party. It was indicated that the context of the draft mortgagee letter was positive for RCSC in that the language

(continued on page 12)

The Fun Never Seems to End in Sun City AZ

There is more fun ahead for RCSC Cardholders as we wind down summer and head into fall.

Get ready for another cool evening of entertainment on Saturday, August 18, 2018 with the annual Dive-In Movie and Ice Cream Social at Mountain View. We'll start serving up sundaes at 6pm and "The Spiderwick Chronicles" will begin at dusk on the big pool-side screen (see page 2 for movie description). For those who would prefer air-conditioned comfort, we'll be showing "Beyond the Mask" starring Andrew Cheney and Kara Killmer in the auditorium.

RCSC Cardholders lucky enough to be in Sun City AZ in September can enjoy the "just for fun" Casino Night on Saturday, September 15, 2018 from 4 to 7:30pm in the Sundial Auditorium. Hot dogs and chips will be available for purchase and donations from this event will benefit the Sun City Foundation. Come out and take a chance on having a great evening.

The Sun Bowl Fall Concerts start on Sunday, September 23, 2018 at 7pm as we welcome to the stage Johnny K & Kompany whose encore performance promises kool tunes for your dancing pleasure. As always, Sun Bowl shows are free for RCSC Cardholders and their escorted guests and gourmet food trucks will arrive 1-1/2 hours prior to show time for your dining pleasure. *Please turn to the back page for the entire list of upcoming Sun Bowl shows.*

Stay in the loop!
Get RCSC News Alert
Emails, sign up at:
www.suncityaz.org

Email addresses
remain confidential

INDEX

News Events	Page 01-03
Golf Bowling	Page 04-06
Board News	Page 07
Management	Page 08-09
Community News Events	Pages 10-12
Club Events	Page 13-23
Monitored Activities	Page 15
Club Directory	Page 16-17
Fitness Health	Page 18-19
Classes	Page 23
Events	Page 32

Connect with Sun City AZ



dive in movie

✦ Ice Cream Social

Saturday, August 18, 2018
@ Mountain View Pool

6:00pm - Movie starts at dusk



We'll be showing "The Spiderwick Chronicles" on the big screen! Of the three Grace children, Jared (Freddie Highmore) has always been thought of as the troublemaker. So when strange things happen after his family's move to a relative's dilapidated estate, sister Mallory (Sarah Bolger), twin brother Simon and their mother assume that Jared is behind it all. However, magical creatures roam the grounds, and they all want a special book that Jared has found: a field guide to fantastic creatures, penned by Arthur Spiderwick. (Rated PG | 2008 | 96 min)

**FREE for RCSC Cardholders
✦ their escorted guests only!**

SUN CITY
ARIZONA
RECREATION CENTERS
OF SUN CITY

NOTE: No children allowed under the age of 4; proof of age (birth certificate or passport) required for 4 & 5 year olds. Photo copies & electronic images are acceptable. Be prepared to show your RCSC Member or Privilege Card for entry; no key fobs accepted. Also, no host punch card needed for guests at this event.



Saturday, September 15, 2018 • 4 to 7:30pm
Sundial Auditorium

Join us for an early evening of fabulous fun, action & excitement!

We'll have all of your favorite games and best of all - free fun money for players as you rotate through the tables. This "just for fun" night includes poker, black jack, roulette, craps and much more!

There will be hot dogs and chips available for purchase should you need to snack, and you're also welcome to BYOB. All donations collected at this event will benefit The Sun City Foundation.

Step right up, place your bet and get ready for an evening full of good times!

Free for RCSC Cardholders & their escorted guests
Be prepared to show your RCSC Member or Privilege Card for entry; key fobs not accepted!

RCSC Cardholders: Please keep the following in mind!

While you're out and about enjoying all that RCSC has to offer, please be aware of the following items which require Cardholder attention when using any of the recreational facilities:

- All RCSC Cardholders are required to check in with their Member or Privilege Cards (key fobs accepted for entry to fitness, pools and spas; not concerts or free events)
- Neither Sun City AZ residents nor spouses of RCSC Cardholders are eligible to be guests. With proper documentation, privilege cards may be purchased at the Cardholder Services Office at Lakeview Center in order to use the facilities.
- Host punch cards are purchased by and belong to the Cardholder, not the guest. Host punch cards can be purchased at RCSC Facility Attendant Stations (exact cash or check only), Cardholder Services at Lakeview, RCSC Bowling Centers.
- Guests may be requested to show government-issued photo ID when checking in to use RCSC facilities.

- Proof of age for 4 and 5 year olds (birth certificate or passport) is required for access to swimming pools. Photo copies or electronic images are acceptable.
- Free concerts and events are paid for by RCSC Cardholders and are intended for RCSC Cardholders and their escorted guests only. Always be prepared to show your RCSC Member or Privilege card (with photo) when attending concerts and events. Key fobs are not accepted for entry.
- Lakeview Hillside Park is now gated and Cardholders must present Member or Privilege card to attendant for access.



*Be scent sensitive!
Overuse of scented body products such as colognes, perfumes, after-shave lotions and the like can be irritating and even caustic to others. Perspiration and water from pools, spas can make matters even worse.*

Please refer to the RCSC Cardholder Guide and Board Policies for more information regarding these matters. Your continued cooperation is appreciated!

RCSC Elections: Why Not Pick Up A Candidate Packet Today?

With candidate packets now available, you have plenty of time to complete the paperwork and collect the necessary signatures to get your name on the ballot for this year's RCSC Board of Directors Election. There will be three vacancies to fill in this year's December election, with each being a three year term.

To obtain a candidate packet, you must make the request in person at the RCSC Corporate/Board Office at the Lakeview Center (lower level) and present your RCSC Member card. The deadline for packet submissions is no later than noon on Friday, October 5, 2018.

Requirements to become a RCSC Board candidate:

- Must be at least fifty-five (55) years of age;
- Must not be related by marriage or birth to any other member of the Board, Senior Management Staff, or Board Candidate;
- Must be a Deeded Real Estate Owner of property in Sun City, Maricopa County, Arizona;
- Must be a RCSC Member in good standing;
- Must reside in Sun City, Arizona and be available at least ten (10) months of the year;
- Must meet the requirements to hold an Arizona liquor license (RCSC holds liquor licenses which require Board Officers to be included on the licensing);

- Must be eligible and available to serve a three (3) year term; and
- Must be available to attend Board Candidate Orientation(s).

Candidates must also submit a fully completed RCSC petition, signed by 100 or more RCSC Members in good standing, along with all other forms provided in the RCSC Candidate Packet.

A successful candidate will:

- Have a strong desire to serve Sun City, AZ;
- Be fair and courteous;
- Use good common sense;
- Have good communication skills;
- Be willing to work as part of a team;
- Ability to prioritize - policy and projects - which will have the greatest benefit for the most members; and
- Be willing and able to dedicate the necessary hours to be an effective Director.

Candidates will be introduced at both the October and November Board meetings and candidate forums that will be held in the fall. Forum locations and dates will be announced at a later time.

For more information, please contact the Board Office at 623-561-4620 or email boardoffice@suncityaz.org.



Corporate Office

Lakeview Center
10626 W. Thunderbird Blvd.
623-561-4600

Hours: Monday - Friday 7:30am to 4pm

www.suncityaz.org

Member Services (Clubs) Office

Lakeview Center
623-561-4660
Hours: Monday - Friday 8:30am to 4pm

Cardholder Services Office

Lakeview Center
623-561-4603
Hours: Monday - Friday 8:30am to 4pm
1st Saturday each month: 9am to noon

Recreation Centers

Bell Center: 623-876-3040
16820 N. 99th Ave.

Fairway Center: 623-876-3044
10600 W. Peoria Ave.

Lakeview Center: 623-561-4675
10626 W. Thunderbird Blvd.

Marinette Center: 623-876-3054
9860 W. Union Hills Dr.

Mt. View Center: 623-876-3042
9749 N. 107th Ave.

Oakmont Center: 623-876-3046
10725 W. Oakmont Dr.

Sundial Center: 623-876-3048
14801 N. 103rd Ave.

Sun Bowl Amphitheatre
10220 N. 107th Ave.
(weather recording)
623-972-6014

Softball Field
10220 N. 107th Ave.

Duffeeland Dog Park
14610 N. Del Webb Blvd.

Sun City Visitors Center
1-844-4 SUN CITY or 623-977-5000
Located in the Bell Center at
16824 N. 99th Ave.

Micki Free's Intertribal Indian Market



Friday 10/12/18
11am to 8pm
Saturday 10/13/18
9am to 3pm

Sundial Recreation Center
14801 N 103rd Ave
Sun City AZ 85351

Artisans from Various
Native Tribes & Nations

Entertainment including
Native Dancers & Music

Handmade Arts, Crafts &
Collectibles

Gourmet Food Vendors



In additon to Grammy Award Winner Micki Free,
performanes will include Fabian - An Original
Member of the American Indian Dance Theater
and Shelly Morning Star - Native American Vocalist



All are welcome!

Golf & Grounds Report

Pro Shops

Rounds year-to-date are now slightly behind prior year through May due to 1,627 fewer rounds played in the month of May. Rounds increased on all courses that are open, however, the increase was not enough to offset the 5,453 rounds played between Willowcreek and Willowbrook last year. For the year, Riverview has played 28,655 rounds, followed by Lakes West with 26,397 rounds, North 25,817 rounds and South 25,800 rounds. Year-to-date 54.6% of rounds played have been played by holders of an annual golf pass.

With the heat of summer upon us, the desire to play and practice diminishes. We do have options that allow you stay on top of your game during times the sun is not as intense and the shadows are a little longer. We have an "After 5:00pm" pass, which allows you to play golf after the pro shops close. The "After 5:00pm" pass sells for \$44 for cardholders and \$12 for cardholders that are also Surcharge Fee pass holders. Additionally, Annual No-Fee pass holders are permitted to play after 5:00pm without the need to purchase an "After 5:00pm" pass. Ball machines are also available after 5:00pm, and can be accessed by Range Card holders. Range Cards can be purchased by Cardholders in amounts varying from \$18 to \$90. Range Cards also reduce the cost to practice, based on the dollar amount of the card. For example, the \$90 card provides \$115 worth of range balls.

Snack Shops

Snack shops are now closing at 1:00pm on a consistent basis, though will remain open longer depending on demand. After the snack shops close, snacks and beverages are available through the pro shop.

Courses

Mainline installation for Willowcreek is now complete and work has begun with the necessary connection to Willowbrook. Greens on holes 1-5 and holes 10-18 have been grassed and the green surrounds have been sodded. Installation of lateral lines on the front nine is complete through the 7th hole. Once the irrigation is complete the remaining greens will be grassed and the surrounds sodded. The project is still on track to meet the grassing deadline of the July 15. The landscaped areas on the back 9 are planted and the spreading of decomposed granite is nearly complete.

The second of our major agronomic practices, fairway aerification, will be finished on June 28-29 with work completed at the North Course. Beginning July 12 we begin the most disruptive practice, greens aerification, at Riverview Golf Course. Both aerification practices are designed to relieve compaction and provide airflow to the root system of both surfaces. Aerification will finish at the North Course on July 31.

Lawn Bowling/Grounds

Work continues on the Lakeview Lawn Bowl greens to remove irregularities in the surface. June 28-29, Turf Equipment Source will be on site to laser level our latest topdressing. The newly grassed Bell greens are filling in as expected and will be top-dressed and leveled throughout the summer.

Tips from a Pro

Replace old habits with new ones!

Most people want instant results when they make a change in their golf swing.

Whether you are working on a new pre-shot routine, a different grip, or something more difficult such as weight shift.... making a change takes time and patience.

Even though we've all heard the adage about "breaking" a bad habit; that is a misconception. Habits cannot be "broken," they can only be replaced with new habits!

Here are the five easiest ways to help you replace your old habits with new ones:

1. *Practice.* This means spending some time either on the practice range or at home repeating what it is you're trying to achieve. The more you practice the sooner the change happens. (Don't forget playing golf doesn't count as practice!)
2. *Make practice perfect.* Have you heard the saying practice makes perfect? Well I believe that only perfect practice makes perfect! If you are practicing it over incorrectly you aren't getting anywhere! (Depending on what you're working on, practicing it correctly may be easier without a ball. Sometimes making practice swings just using a tee is the easiest way to learn to make the correct swing.)
3. *When you play, just play.* Save the thinking for practice sessions. If you don't see results when you play you need more practice.
4. *Be patient with yourself.* Don't expect miracles. Give yourself time and if you're practicing consistently and correctly you should start seeing results.
5. *Think positive.* You can be your biggest ally or your biggest enemy! Use your brain to help your game by visualizing what you want instead of what you don't want!

Robin Eichten has been teaching professionally since 1987 and is an LPGA Life Member and Certified Teacher. For lesson info or sign-up call/text Robin at 623-322-6300 or email to golfinwithrobin@aol.com

All RCSC Golf Professionals are here to help you!

**Whether you're just starting to play
or want to improve your game!**

Schedule an appointment with one today!



Bob Jennings
602-463-4533



Bob Day
602-818-1470



John Martin
623-202-6717



Robin Eichten
623-322-6300



RCSC's 8 Golf Courses

Lakes East: (623) 876-3023
Lakes West: (623) 876-3020
10433 Talisman Rd

North: (623) 876-3010
12650 N. 107th Ave.

South: (623) 876-3015
11000 N. 103rd Ave.

Willowbrook: (623) 876-3033
Willowcreek: (623) 876-3030
Closed for Renovation

Quail Run: (623) 876-3035
9774 W. Alabama Ave.

Riverview: (623) 876-3025
16401 N. Del Webb Blvd.

RCSC's 5 Snack Shops

Menu Available at
suncityaz.org/golf/snack-shops/

August Snack Shop Hours
Open Daily 6am - 1pm



Volunteer Ranger Program

For more information about joining our program, please contact Chris Linam, Pro Shop Manager, at 623-876-8419 or email clinam@suncityaz.org. Next meeting is Thursday, August 30, 2018 at 1pm in Talisman Hall.

June 2018 High Scores

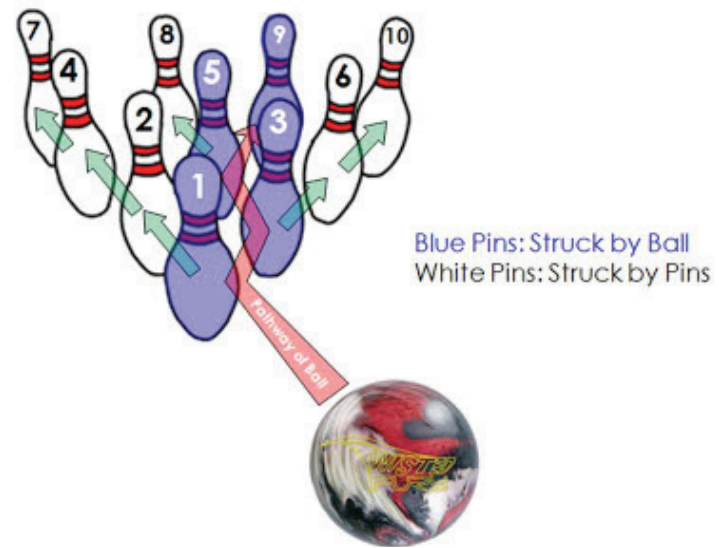
Well done! Nice job! Bravo! Yahoo! Congratulations!

MEN'S HIGH GAME			WOMEN'S HIGH GAME		
George Weston	288		Juli Bayer	263	Bev Spinck 235
			Sherry Day	259	Bobbi Daniels 233
			Lynda Bettini	258	Barbara Bonner 230
			Cori Larsen	256	Mary Dengler 230
			Andy Lewis	240	
MEN'S HIGH SERIES			WOMEN'S HIGH SERIES		
Dewaine West	749	Richard Grudzien 712	Sherry Day	681	Cori Larsen 628
Dana Barrette	739	John Gennusa 705	Lynda Bettini	676	Andy Lewis 622
Tim Walker	719	Steve Greer 704	Juli Bayer	675	Kathy Crowley 603
Mike Maynard	716	Scott Hecke 703	Bev Spinck	654	
Rich Matich	715				

It's 48, not 300

When you bowl a perfect strike, the ball itself only hits four pins. A right handed bowler's ball actually connects with the 1, 3, 5, and 9 pins (sometimes the 8 pin) – and a left hander's ball will contact the 1, 2, 5, and 8 (or 9) pin. Theoretically, if you bowled a 300, you'd only hit 48 pins. Think about it.

Each pin is set 12 inches apart from each other. For an optimal strike to be thrown in the first place, you'd need to throw your ball to hit the pocket at six degrees. The pins that are set in the pocket weigh roughly three and a half pounds – but as long as the pin tilts at least 9 degrees, you're in great shape. All pins that tilt at least 9 degrees will fall.



Need Help Planning Your Next Party or Event?

Why not have RCSC Bowling Staff plan a Bowling Party for your group or organization?

Reasonable group rates available!

Contact: Randy Johnson 623-876-3055,
Denise Matich 623-876-3050 or
Vicki Eber 623-876-3055 for more info today!

Same great food now at two Sun City AZ locations!



Stop by & check out our Daily Specials

Breakfast Special
\$5.49
2 Eggs, Bacon or Sausage,
Hash Browns & Toast
M-S 7-11a; Sun 7a-noon

Walleye 'n Chips
\$9.99
9 Oz. Walleye,
Coleslaw & Potato
Wednesday & Friday

Fish 'n Chips
\$8.99
9 Oz. Cod,
Coleslaw & Potato
Wednesday & Friday

George's Lakeview Cafe
Inside Lakeview Lanes
Phone: 623-876-3057

George's Cafe at Bell Center
Inside Bell Lanes
Phone: 623-518-4525

Hours: Mon-Sat 7am-8pm; Sun 7am-6pm

Friday is FUN DAY at Lakeview Lanes

Cost: \$11 per person
Fun starts at Noon
Color Pins = \$\$\$

RCSC Bowling Centers

Lakeview Lanes
10502 W. Thunderbird Blvd.
623-876-3055

Bell Lanes
16810 N. 99th Ave.
623-876-3050

Monday-Saturday: 8am-8pm
Sunday: Noon-6pm

Monday-Saturday: 8am-9pm
Sunday: Noon-8pm

Billiards at Lakeview Lanes, too!

Darts, Shuffleboard & Billiards at Bell Lanes!



Year-Round Bowling Rates - Cardholders: \$2.65 | Guests: \$2.90 (per Game)

Architect's Report

Willow Irrigation Ensures RCSC Commitment to Water Conservation

by Gary Brawley, ASGCA
Gary Brawley Golf Design

With July came the completion of the Willowcreek portion of the project and the start of the Willowbrook irrigation renovation. The road crossings were done ahead of time and provisions were made early on to isolate the two irrigation systems so that the install and conversion over of the Willowbrook system will not have any impact on the grow-in of the Willowcreek greens. With that said, the irrigation consultant did provide options in the design of the irrigation system that will allow water to be moved from either the Willowcreek or Willowbrook pump stations to any part of either golf course. A great insurance policy to have.

The planting of the golf course green surfaces was completed ahead of schedule which will just further help the grow-in as mid-July finally brought the much needed humidity that the Bermuda grass sprigs like. Now the golf course maintenance staff will be mowing, fertilizing and top dressing the greens and get them ready for the fall opening. It is always worth noting that when the new greens open in the fall they will be firm, as were North and Riverview, and as the grass builds up a thatch layer beneath the surface that is when the greens become more receptive to the approach shot.

Recently representatives from the Arizona Department of Water Resources (ADWR) toured the golf course and were very impressed with all of the design features that were being implemented that will lead to more efficient distribution of irrigation water. From lining of the irrigation lake, new irrigation pump station, new irrigation design with a tight tolerance on installation, to a controlled putting green profile, everything that is being done will have an effect on water distribution, efficiency and use. ADWR will be following up with the design team in the coming months to do a more elaborate feature on what went into the design and construction so they can show case the commitment of RCSC to future water conservation.



Above: Irrigation lateral being hooked up to vibratory plow
Right: New irrigation pump station



Above: RCSC Management and Board inspect recently sprigged greens with Golf Course Architect Gary Brawley
Left: Irrigation installation on Hole 6
Right: New concrete edge to irrigation lake



2018 OVERSEED SCHEDULE Golf Course will be Closed

Course	Overseed	Opens	Cart Path Until
North	October 1	October 20	November 9
Lakes West	October 1	October 20	November 9
Quail Run	October 1	October 20	November 9
Riverview	October 22	November 10	November 23
South	October 22	November 10	November 23
Lakes East	October 22	November 10	November 23
Willowcreek	October 22	November 10	November 23
Willowbrook	October 22	November 10	November 23

Test “drive” select Ping Demo Clubs at Riverview!

We’ve got with a great selection of drivers, fairway woods, hybrids and putters for on-the-course trials right now at Riverview! Don’t forget - We can match pricing on current year models vs. the “big box” stores!

* Credit card number required in case of loss or damage.
** Monday thru Friday only (no weekends)

PING®

A Moment with President DeLano

Don't Be A Victim; Be Smart & Stay Safe

Many people flock to Sun City AZ each winter for the splendid weather and numerous activities. Typically that first visit puts in motion return trips and eventually home sales. And the majority of these new homeowners are now electing to remain here year-round.

In addition to our vast array of facilities, amenities and club offerings, RCSC offers many great and often free events throughout the year (including two free summer concerts in the Sundial Auditorium). Sun City AZ's clean wide streets (thanks to the Prides) and many well-kept residential homes (hats off to SCHOA) require less maintenance and allow more time for fun - either in or out of the sun - as we golf, bowl, swim and stay active.

Unfortunately, we are not immune to crime in our little slice of paradise. A rash of golf club thefts earlier this summer prompted a recent community meeting with the Maricopa County Sheriff's Office (MSCO). Besides basic information about law enforcement in general and specific crime statistics for Sun City AZ, those attending may have been somewhat alarmed to hear that 236 crimes were committed in the first five months of 2018, most of which were thefts and burglaries.

"We have found that a lot of victims of these crimes did not lock their doors or roll up their windows," stated Captain Paul Chagolla from the District 3 Office, just west on Bell Road in Surprise.

So what it really boils down to is that staying safe and not being a victim of crime is partly your responsibility. Stay alert and be aware of your surroundings; use the buddy system rather than going alone. Don't leave any valuables in sight; put them in your car trunk or take items into your home. This includes leaving your golf clubs on your golf cart at the recreation centers, while

shopping or at local restaurants. Don't do it! Lock your doors - both when you are at home and when you're away. Do not open your door before you know who is there and turn on porch lights. Or better yet, install motion-sensor light fixtures. Be wary of strange persons and/or vehicles in your neighborhood. Keep your car windows rolled up and your garage door closed, even if you're only going inside for a minute. Honestly, that's all the time it takes!

So, it really is quite simple - If you see something, say something. If you are a victim of a crime, report it. Crime statistics are based upon reports and these help to determine trends and where patrols might need to be stepped up. Unless people report such occurrences to law enforcement officials, how will they know?

To report criminal activity, call 911. Stay calm, know your location, answer all questions and follow instructions if any are given. Let the dispatcher guide the conversation and be patient; they are determining how to best handle your situation. The MSO phone number for non-criminal reporting and follow-up is 602-876-1011.

While the Sun City Posse is no longer affiliated with MCSO, they are still a unique and valuable force in our community. The Posse still helps keep residents and their property safe in a number of ways, including vacation watch, RUOK, block watch, along with other community services assistance.

Be smart, stay safe and report suspicious activity. Let's all work together to lessen the opportunities for crime to occur in Sun City AZ.



Jerry DeLano
2018 RCSC Board President



2018 RCSC Board of Directors

Phone: 623-561-4620
email: boardoffice@suncityaz.org

Jerry DeLano, President
email: jdelano@suncityaz.org

Dan Schroeder, Vice President
email: dschroeder@suncityaz.org

Dale Lehrer, Secretary
email: dlehrer@suncityaz.org

Sue Wilson, Treasurer
email: swilson@suncityaz.org

Bruce Alleman, Director
email: balleman@suncityaz.org

Stella VanNess, Director
email: svanness@suncityaz.org

Jerome Walczak, Director
email: jwalczak@suncityaz.org

David Wieland, Director
email: dwieland@suncityaz.org

Rich Hoffer, Director
email: rhoffer@suncityaz.org

WANTED

Must be Alive & Willing to Serve on the RCSC Board of Directors

Requirements to become a RCSC Board candidate:

- Must be at least fifty-five (55) years of age;
 - Must not be related by marriage or birth to any other member of the Board, Senior Management Staff, or Board Candidate;
 - Must be a Deeded Real Estate Owner of property in Sun City, Maricopa County, Arizona;
 - Must be a RCSC Member in good standing;
 - Must reside in Sun City, Arizona and be available at least ten (10) months of the year;
 - Must meet the requirements to hold an Arizona liquor license (RCSC holds liquor licenses which require Board Officers to be included on the licensing);
 - Must be eligible and available to serve a three (3) year term; and
 - Must be available to attend Board Candidate Orientation(s).
- Candidates must also submit a fully completed RCSC petition, signed by 100 or more RCSC Members in good standing, along with all other forms provided in the RCSC Candidate Packet.

**Candidate Packets now available
at the Lakeview Corporate/Board Office
FMIC 623-561-4620**



This Month @ The Board

**There are no Board or Committee
Meetings in July and August.**

**NEXT MEETING:
Board/Member Exchange
Monday, September 10, 2018 @ 9am
Lakeview Social Hall #3**

Meet with The Board

**One-on-One; No Hassles,
No Crowds!
Share your ideas!**

Come and discuss your individual situation or concerns at the next session of Meet with The Board:

- Friday, September 21, 2018 from 1 to 3pm
- Appointments only from 2 to 3pm
- Call 623-561-4600 to schedule a meeting time (limited to 10 minutes)
- All "Meet with The Board" sessions are held in the Lakeview Board Office (Lower Level)

Management Updates

Financial Report

With the correction of the miscalculation of the monthly spread of the annual property assessment income in the 2018 annual budget, the reported overall negative variance from budget last month has been eliminated and all division's net operations are within budget year-to-date. The total 2018 budget for annual property assessment income has not changed, just the monthly allocation.

Utility expenses continue to be a challenge this year as both rates and weather affect these costs a great deal. As a result, utility expenses are very difficult to project. The expense varies a great deal from year to year. Due to a recent inquiry with APS, our electric provider, we have discovered that three of our golf course wells are on a rating system that allows for automatic yearly rate increases based on usage during a certain time of year. We have applied for these three wells to be placed on a water pumping only rate, the same as the other seven wells used for golf course watering. We have completed 2 of the 3 application processes to obtain that rate change. The final approval and agreement with APS should be forthcoming very soon which will decrease electric costs considerably for those three wells.

Bowling

Recently, the United States Bowling Congress (USBC) performed inspections on all RCSC bowling lanes, approaches, foul lights and pin spotting. Minor issues were reported and have been corrected.

Bell Lanes will continue hosting the monthly summer No-Tap bowling tournaments which are held the last Sunday of each month. All bowlers are welcome whether USBC certified or not.

Lane conditioning machines have been updated and consumable parts have been replaced to ensure high scoring and pattern consistency for the upcoming fall season.

Director of Bowling Operations, Randy Johnson, has spoken with two different leagues that bowl at other centers that are interested in moving their league to RCSC bowling centers for the upcoming fall season. We are currently in the process of negotiations and confirming lane availability.

Cardholder Services

Payments on past due assessments in May were 13.8% of past due balances. Overall accounts receivables decreased in May by just under 2% and are at the lowest total since February 2013. All categories of receivables decreased in May except the 30 day category which had

a 24% increase. April assessments went 30 days past due at an increased rate of 5.5%, which is typical for April receivables. March assessments went 60 days past due at a 2.1% rate.

Payments from our third-party collections firm totaled \$15,766 in May and are 68% over the 2017 year to date amount. Payments made in May by Cardholders through the online RCSC Web Portal totaled \$135,503 from 291 property owners. Year to date web portal payments total \$651,404 from 1,435 property owners. It continues to be encouraging seeing the increase in the number of property owners that take advantage of the RCSC Web Portal.

In May, property transfer balances decreased by under 2.7% and lender related balances increased by 93.5% due to the low balance total at the end of April. Outstanding balances related to property transfers represent 52% of all receivables and past due balances. At the end of May trustee sale notices on Sun City AZ properties ended at 50 and properties owned by lending institutions at 13.

Human Resources

Human Resources is in the process of reviewing and revising human resources forms and updating the Corporation's intranet as necessary. The RCSC Application for Employment and the Job Position Descriptions are two of the main forms being reviewed and revised. When completed these two forms will be included on the Corporation's website under the Employment tab.

Recruiting and hiring has slowed down during the past two months due to a decrease in turnover and the availability of golf employees who otherwise would have been laid off during golf course closures.

Member Services

On Wednesday, June 18 we welcomed the band Americana to the Sundial Auditorium. Americana performed timeless songs from North American singers and song-writers like Simon & Garfunkel, Mamas & Papas, Gordon Lightfoot, The Carpenters, Jim Croce, Linda Ronstadt, Crosby Stills & Nash and many more!

Mark your calendars for Wednesday, July 4 from 9am-2pm to join us at the Bell Recreation Center Social Halls for the 40th Annual Ring That Bell Ceremony, followed by free bowling, shuffleboard, billiards, darts, music and dancing. Pulled pork sandwiches, chips and bottled water will be available for \$6 from George's Café. Donations from this event benefit the Sun City Foundation.

Three weeks later on Wednesday, July 25 we will be back at Sundial Auditorium for an evening with the Main Event Band.

(continued on next page)

Financial Report

Period Ending - May 2018
For a more detailed financial statement, please visit www.suncityaz.org/financials

BALANCE SHEET		
For the Period Ending May 31, 2018		
	Current Y-T-D	Prior Y-T-D
Unrestricted Funds:		
Cash Invested/On Hand/In Bank	12,820,600	10,705,407
Cash Reserves	2,500,000	2,500,000
Sub-Total Unrestricted	15,320,600	13,205,407
Restricted Funds:		
PIF/Capital Reserve	22,349,938	17,730,576
Total Cash & Investments	37,670,538	30,935,983
Other Current Assets:		
Accounts Receivable	2,092,975	2,311,378
Deposits & Prepaids	1,440,909	1,531,017
Inventory	115,363	117,722
Total Current Assets	41,319,785	34,896,100
Fixed Assets:		
Land, Improvements, Buildings	103,457,841	102,199,026
F, F & E and Vehicles	31,523,878	27,951,033
Less: Accumulated Depreciation	(71,301,267)	(66,774,341)
Work In Progress	7,706,140	6,584,499
Total Fixed Assets	71,386,592	69,960,217
TOTAL ASSETS	\$112,706,377	\$104,856,317
Current Liabilities:		
Accounts Payable and Other	2,122,305	1,428,496
Deferred Income	7,740,701	7,613,601
Pre Billed Assessments	1,920,516	1,899,436
Total Current Liabilities	11,783,522	10,941,533
Other Liabilities:		
Lease Purchase	0	0
Total Liabilities	11,783,522	10,941,533
Net Worth:		
Current Net Worth	100,922,855	93,914,784
TOTAL LIABILITIES and NET WORTH	\$112,706,377	\$104,856,317

STATEMENT OF INCOME AND EXPENSES		
For the Period of May 31, 2018		
	Current Y-T-D	Prior Y-T-D
Operating Income:		
Property Assessments	5,160,150	4,929,140
Transfer & Access Fees	349,084	491,925
Privilege & Guest Cards	459,288	445,293
Food / Liquor Sales	373,092	350,909
Bowling Fees	342,459	319,176
Golf Fees	3,089,979	3,075,660
Cart Rentals	110,999	111,656
Merchandise Sales	125,221	96,864
Activities Income	281,722	325,242
Rental Income	127,232	134,637
Contributions	26,825	15,169
Miscellaneous Income	8,990	7,053
Total Operating Income	10,455,041	10,302,724
Cost of Sales:		
Total Cost of Sales	339,131	382,755
Gross Income	\$10,115,910	\$9,919,969
Operating Expenses:		
Salaries and Wages	3,578,002	3,497,308
Payroll Taxes and Benefits	908,170	982,698
Repairs and Maintenance	865,782	1,092,986
Utilities Expense	1,140,497	1,073,228
General Operating Expenses	718,592	780,223
Total Operating Expenses	7,211,043	7,426,443
Net Operating Income	\$2,904,867	\$2,493,526
Other Income:	57,686	104,846
Other Expenses:		
Property Taxes	63,934	63,236
Insurance	218,667	210,855
Other	4,199	35,752
Net Income Before Depreciation	2,675,753	2,288,529
Depreciation:	1,878,416	1,790,289
NET INCOME / (LOSS)	\$797,337	\$498,240

RCSC Management Reports are presented at RCSC Board of Directors meetings each month (except July and August), posted on the website at www.suncityaz.org (under the RCSC tab), and are sent via email to RCSC Cardholders who have signed up to receive RCSC News Email Alerts. These reports were presented at the Board meeting on Thursday, June 28, 2018.

Find RCSC Management Reports on the website at: <http://suncityaz.org/rcsc/management-reports/>

Project Updates

Building and Infrastructure:

Multiple Locations

- A total of 33 aged HVAC units have been identified for replacement across multiple RCSC buildings in 2018. These replacements will begin over the next week with six units being replaced at Bell, Oakmont and Lakeview Centers. All replacement units will have a minimum SEER rating of 14 that represents significantly greater energy efficiency than the units being replaced. Replacements of the remaining units identified for replacement will continue over approximately the next 8 weeks.

Bell Center

- The Bell indoor spa continues to be closed for maintenance. The existing floor trench drain will be removed and a new “SlotDrain” product will be installed and tied into the existing sewer line along with the replacement of the flooring with a rubberized material. The “SlotDrain” product lead time and concrete curing time will require this amenity be closed until approximately the end of August. During this extended closure the pebble sheen interior surface of the spa will be replaced. Contractors are DFG Builders, Arizona Safety Surfacing and CDC Pools. (Cost - \$57,000)
- A pool chiller from Glacier Pool Coolers, Inc. was installed for the Bell lap pool. This cooling equipment will keep the pool temp 10-15 degrees cooler in the hot summer months. Contractors were Glacier Pool Coolers and Sunland Plumbing. (Cost - \$12,980)

Grand Ave

- Club room space allocation is complete. Upon approval from the Board, the space plans will be handed off to the architect for formal architectural drawings of the space. Design of the Garden Club greenhouse is in progress. RCSC met with ADOT earlier this month to discuss the addition of a deceleration lane on Grand Ave for entry into the parking lot. Feedback from ADOT was positive with design work and cost estimates now in progress.

South Golf Course

- Maricopa County has approved the project and issued the necessary construction permits. The response deadline for bids from the identified general contractors is Friday, June 29, 2018. The review of the submitted bids and selection of the general contractor will be completed in early July.

PHOTOS:
Top Right: The South Golf Course building demolition will be completely by the time snowbirds return.
Bottom Right: Golf course operations will continue using this temporary office trailer. During this project the snack shop will be closed and only canned soda, beer and pre-packaged snacks will be available for golfers to purchase.



Softball Field

- Additional concrete walkways and patio space have been added to the Softball Field site. Landscape grading and grass repair is pending. Contractor was DFG Builders and the RCSC Grounds Department. (Cost - \$9,146)

Management Updates

(continued from previous page)

Be sure to look for the 2019 Season Ticketed Concert Series line-up that will be released in the August SunViews.

General

For those who may not be aware, the monthly management reports are available on our website www.suncityaz.org under the RCSC tab. Also, if you have not done so already, please sign up on the RCSC email list where you can designate topics of interest and stay in the loop with RCSC News Alert Emails!



Sun City Foundation

“Neighbors Helping Neighbors”

The next meeting of the Sun City Foundation will be held on Thursday, September 13, 2018 at 1:00pm in the Lakeview Center Board Room.

The mission of the Sun City Foundation is to assist those in financial need. It is our privilege to serve RCSC members who need assistance with their annual RCSC property assessment. In order to qualify, applicants must:

- Be a homeowner and resident for at least five (5) years
- The Sun City AZ home is their sole residence
- Be at least 70 years of age
- Income does not exceed 150% of the current Federal Poverty Level

The Sun City Foundation continues to assist our Seniors who have outlived their resources by offering assistance to those in need for a better Sun City! If you are in need of help and are an RCSC qualifying member, please call 623-561-4600 for more information.



“Special”

Special is normally a very positive word. When a pal says, “You are special to me,” it means a lot. A special sale in a store catches our interest. A television special program is one about which we probably want to learn more. “We interrupt this program to bring you this special news bulletin,” will always grab our attention. Often asked in a restaurant is, “What are your specials today?”

Most of us have a desire to be special in some way. The Friends of the Sun City Libraries are no different. Here are a few of our specials:

Book Friends

In its short life, Book Friends has already made a big impact reading to residents at The Woodmark at Sun City. Their programs are designed to enrich the lives of those in the beginning stages of memory loss and to meet the needs of those who suffer from moderate to severe cognitive impairments. Book Friends provide volunteer readers to each group two to four times per month. Currently there are seven readers with groups of 10 residents or more. Anyone interested in volunteering is invited to contact Charlotte Klose at 623-337-5337.

Book Buddies

Need something from either Library but can’t get there? A Book Buddy would be delighted to deliver the material to you. These volunteers assist readers who are unable to make it to the Library on their own. If interested, call the Bookstore at 602-651-2014 and leave a message. Your Buddy will call you to make arrangements.

Libraries

Our two Libraries have many special features for seniors, such as Low Vision Reading Machine, Power Charging Station, County Recorder Kiosk, Seed Library, American Flag Disposal Box, Books by Mail Service, puzzle working area, adult coloring area, senior magazines, and new programs every month. Check these out at <http://www.mcladaz.org>.

Bookstore

Books Around the Corner is a source of funds for the Friends Library support. Special sales occur every month. The August half-price author of the month is Nora Roberts/J.D. Robb.

Volunteers

These 100 special people keep the Friends in business. Ours is an all volunteer organization. Volunteers serve in our Libraries, our Bookstore, as Book Friends, as Book Buddies, as Board members, and as Committee members.

Sun City Residents

Our residents are special for many reasons, including, volunteering for the Friends, shopping in our Bookstore, donating books and magazines to the Bookstore, and making suggestions for Library improvements.

“Be sincere - the surest way to become special in other’s eyes is to make them feel special.”

~Keith Ferrazzi

Water Conservation Water Saving Tips Simply Worth Repeating

1. Save water while brushing your teeth - Maintain a beautiful, healthy smile and conserve water at the same time by turning off the tap to save up to 200 gallons of water per month.
2. Save water while washing your hands - The average American washes their hands nearly 9 times per day. If you scrub your hands with soap for at least 20 seconds, you could save at least 6 gallons per day by turning off the tap while you scrub.
3. Save water while washing dishes - An energy-efficient dishwasher typically uses as little as 4 gallons of water per cycle, whereas hand washing can use up to 20 gallons. Make sure you only run the dishwasher when it is full. Don’t have a dishwasher? Scrape your dirty dishes into the trash, fill up your sink with water, and wash the dishes all at once instead of washing dishes one-by-one under constantly flowing water.
4. Save water while cooking - Wash fruits and vegetables in a pan of water instead of a running faucet. Defrost food in the fridge instead of using water. When boiling food, use just enough water to cover food. *Tip: Using less water when boiling vegetables will also preserve flavor and nutrients.
5. Save water while taking a shower - A bath typically uses up to 30 gallons of water, whereas a five-minute shower will use only 10-25 gallons depending on the efficiency of showerhead. So opt for a shower to save water.
6. Save water while filling your glass - Is it hot outside? Don’t keep running the tap until water gets cold enough to drink. Instead, fill up a large water bottle and keep it in the fridge. It’s easy, fast and cool.

FREE MOVIES*

**Wednesdays @ Marinette;
Saturdays @ Mountain View
2pm & 7pm**



To find out “What’s Playing?” 1) Sign up for Movies & Events emails at suncityaz.org & a list will be sent to you on the last Wednesday of each month; 2) Log onto the RCSC Web Portal; or 3) Pick up a flyer from the Lakeview Clubs Office (please be prepared to show your RCSC Card). All movies are projected onto a screen from a DVD.

FREE RCSC Events are paid for by RCSC Cardholders & are therefore intended for RCSC Cardholders & their escorted guests only. Your cooperation and understanding is greatly appreciated!

**Now with FM Transmission at all locations!
Tune your device to 99.1 FM.**

Always
FREE
Popcorn

Now
serving
BOTH

Salted &
Unsalted

Sundial 2019 Winter/Spring Concert Series



Martin & Lewis Tribute 01-09

This stellar one-of-a-kind show will make you feel as if Dean Martin (portrayed by Tom Stevens) and Jerry Lewis (Tony Lewis from Australia) are still performing together. Get ready for a night of laughter, great music and true professionalism.

Experience the Magic of Manilow & Midler 01-23

With chart topping hits like "Mandy" and "Copacabana," Terry Davies as Barry Manilow performs with a style rarely surpassed. Paired with Sherie Rae Parker from "Legends in Concert" and Berlin's "Stars in Concert" fame, you will be mesmerized by her performance as the best Bette Midler ever.



Barbra & Frank – The Show That Never Was 02-27

Sharon Owens and Sebastian Anzaldo, two of the most impressive celebrity impersonators, share the stage as Barbra Streisand and Frank Sinatra as they literally perform, "The Show That Never Was." Except for a duet taped in separate recording studios, these 20th century icons never appeared together on the same stage – until now.

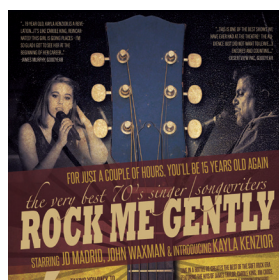
Bobby Brooks Wilson 03-06

The son of legendary R&B/soul singer Jackie Wilson returns to Sun City AZ with the amazing traits and talents of his father. A three-time Grammy Balloted Artist with four Top 10 hits, the family legacy continues as Bobby's latest radio releases are soaring up the charts in the United Kingdom. A true Vegas performance that you won't want to miss!



Electric Light Overture 01-30

Electric Light Overture is the ONLY ELO tribute Band performing in North America - a must see!



Rock Me Gently – Tribute to 70s Singers/Songwriters 02-06

Rock Me Gently re-creates the best of the 70s soft rock era with hits from Jim Croce, Carole King, James Taylor, America, Dan Fogelberg, Neil Young, Gordon Lightfoot and many more amazing singer/songwriters.

All Seats Reserved!

Every seat is a great seat with jumbo video projection screens!



Tribute to Reba McEntire 03-13

Corrie Sachs is widely considered the #1 Reba McEntire tribute artist in the country! She is absolutely the real deal - voted by the Las Vegas Review Journal as Tribute Artist of the Year and her tribute to Reba is nothing short of amazing!



Michael Bublé Tribute 02-13

Scott Keo brings back his incredible big band luxury sounds to Sun City AZ with his pure 1963 Sinatra vibe and unique, modern Bublé punch.

All Shows Start at 7pm

Arrive with adequate time to be seated please!

Craig Davis – Circus of Illusion 03-20

Master illusionist Craig Davis and renowned, award-winning dancer Myryka combine the artistry of grand illusion with the spectacle of the circus in this acclaimed show, certain to entertain even the most skeptical audience members.



Marty Robbins Tribute 02-20

Phoenix fire fighter and award-winning performer Rollie Stevens takes to the Sundial Auditorium stage with his outstanding tribute to the late, great country legend Marty Robbins.



Diamond in the Rough (Neil Diamond Tribute) 03-27

Greg Diamond brings the look and sound, along with an amazing video and light show, to recreate the Neil Diamond's greatest hits including Sweet Caroline, Cracklin' Rosie, Solitary Man, Cherry Cherry and many more.

SEASON TICKETS

On Sale November 1-30, 2018 for RCSC Cardholders ONLY - \$154 for ALL 11 shows

INDIVIDUAL SHOW TICKETS

On Sale starting Monday, December 3, 2018 for RCSC Cardholders ONLY - \$17 per person

TICKETS TO NON-CARDHOLDERS

On Sale starting Wednesday, January 2, 2019 (if not sold out) - \$20 per person

SUN CITY
ARIZONA
RECREATION CENTERS
OF SUN CITY

Sun City Gives Back

LGBT Bags and Bears Help to Ease Stigma and Sadness

LGBT Club of Sun City members recently volunteered their sewing skills to benefit the community during the club's June Gayme Night event. Below is the story of Ronn Enzweiler who has spearheaded this project.

When Ronn retired after 45 years of being a registered nurse, his sister gave him a sewing machine. "You need to keep busy, so you don't get into trouble," she said. Little did Ronn know that sewing ten hours a day would become a common activity. He started to make reusable cloth bags, tracing banned plastic grocery sacks as a pattern.



After moving to Sun City, Ronn joined a sewing club. One day a donation came in - yards and yards of seersucker. What could be done with all of this fabric? Ronn approached Eve's Place about making cloth bags for their clients, many of whom are victims of abuse. Rather than using plastic bags that can easily tear and which carry a certain social stigma, cloth bags are now being used to hold possessions.

As this idea evolved, a group of LGBT Club members agreed to meet monthly to make the bags at Ronn's home. Each piece of fabric must be cut, sewn and strung to be made into a usable bag. Studier bags are

also made for people who must carry items while using public transportation or walking. Approximately 800 bags have been given out to agencies dealing with those in need and the homeless public. Some bags are given to local police agencies for people to use as totes for personal care items, some bags continue to go to Eve's Place, and some are given to a local food bank.

To maintain the interest of this small volunteer group, another thought was to make stuffed teddy bears which has evolved into a labor of love. They SO CUTE! Fabric is cut into a bear pattern and sewn, faces are carefully drawn. The bears are then stuffed and ribbons, which would otherwise end up in a landfill, are used to adorn each bear's neck. Right now, the biggest challenge is acquiring the costly stuffing for the bears. This idea is only a few months old and still evolving as they need to ensure that there is a steady supply before reaching out to neighboring fire and police departments to provide the bears to kids who they support. This fulfilling work continues and grows each and every month.



Status of FHA Insured Loans in Sun City AZ

(continued from front page)

was comparable to 12 CFR 1228 that would allow FHA insured mortgages including reverse mortgages where there is a capital improvement fee (PIF), provided this fee remained in the community and a direct benefit to the property. RCSC also received verbal acknowledgement that 12 CFR 1228 was applicable to condominiums and as a result FHA insured loans would be available to that property type in Sun City AZ. To RCSC's knowledge, that letter is still awaiting signature in Washington DC.

June 2017 Stephanie Smelnick FHA/HUD Field Director in Phoenix reports to SCHOA Board member that the condo moratorium was reviewed and lifted in April and that they no longer had an issue with PIF but that single family homes remained with FHA restrictions.

RCSC continued communication with Santa Ana HUD **between June 2017 and April 2018**, however, it did not produce any reportable results or verbal indications. There was never any timeframe provided for when HUD would respond or any estimated time HUD generally requires for a resolution. Any attempted communication with HUD in Washington DC resulted in referral back to Santa Ana HUD or no response at all.

April 2018 due to continuing delays with HUD's mortgagee letter reportedly drafted and awaiting signature in Washington DC and/or harmonizing the underwriting guidelines for single family homes as 12 U.S.C.A § 1709 outlines for condominiums, the RCSC Board majority approved and sent HUD proposed language for the Bylaws and BP24 which would modify the documents to not charge the PIF or administrative transfer fee to a lender pursuant to a foreclosure or deed-in-lieu of foreclosure in an effort to resolve the problem. **The Board majority is not in favor of making changes to its corporate documents without written acceptance by HUD confirming that such changes would result in current and potential Sun City AZ homeowners being able to obtain FHA insured loans including reverse mortgages.** RCSC received verbal confirmation from Santa Ana HUD Director Thomas Rose that these documents were received and forwarded to Washington DC and that Washington DC would review and provide comments. **Although RCSC has been verbally told we are not being ignored and that Santa Ana HUD is working with "headquarters" to get an appropriate response, no written response has been received to date.** Verbal indications are that the language submitted is not sufficient as FHA is not a lender and HUD will not draft language samples that they would approve for the Board's consideration.

May 2018 in a verbal conversation with Santa Ana, they hint that there are other considerations that could create problems for FHA insured mortgages including reverse mortgages in Sun City AZ. For example: 1) HUD does not like legal language that is binding and runs with the land which may obligate HUD, as well as subsequent purchasers from HUD to the terms of such language; and, 2) RCSC's Facilities Agreement states that its lien for assessments and fees shall be subordinate only to the first mortgage or first deed on the property.

May 2018 details of the entire process with HUD provided to newly elected Congresswoman Debbie Lesko's Deputy Director in Phoenix for review to see if there is any help that can be provided by Lesko in Washington DC to get some timely resolve for current and potential Sun City AZ homeowners.

June 2018 the RCSC Board considered new amendments to the Corporate Bylaws and BP24 which would modify the documents to not charge the PIF or administrative transfer fee to a lender or lender's guarantor/insurer pursuant to a foreclosure, deed-in-lieu of foreclosure, assignment, or similar mechanism. This new wording would hopefully appease the verbal indication that previous wording submitted to HUD was not sufficient as FHA is not a lender. The Board majority opposed the proposed amendments as the Board felt the amendments would not solve the entire problem with HUD and did not uphold their fiduciary duty to the corporation nor the majority of RCSC's Members. While the fluctuation in PIF collected from owners of foreclosed properties can vary greatly each year (2012=\$636,000, 2017=\$126,000, \$375,000/year average from 2012 to 2017), **the Board majority feels that their duty is to protect the assets of the corporation and do what benefits the majority of the membership.**

June 2018 discussion with Santa Anna HUD confirmed that HUD's general counsel is still reviewing each of the related issues with this being on the forefront of weekly calls at HUD. Because this has been referred to general counsel, Santa Anna HUD is cautious in their communications on the issue and any future HUD actions. **HUD has not provided written determinations approving recent changes to governing documents by neighboring communities. It is up to each originating lender to make an approval determination in alignment with the policies in the HUD handbook.** Any approval determinations have been the interpretation by lending originators that the language in the documents follows HUD handbook policies.

Welcome to RCSC Club Events

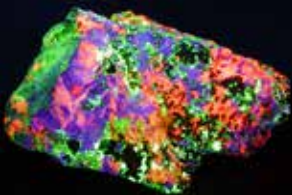
We've reorganized the Clubs Events & Announcements that appear in SunViews so that it's easier to find the activities you're looking for. Clubs are welcome to submit information to this section every month and should include the date, time and location of the event along with cost and contact information.

- Page 13 General & New Interest, Hobbies, Political Clubs
- Page 16-17 Club Directory
- Page 14 Cards, Games and Social Clubs
- Page 15 Performing Arts; Monitored Activities
- Page 18-19 Fitness, Health
- Page 20 Arts & Crafts, Sports & Outdoors
- Page 22 Dances
- Page 23 Educational Classes

To Start or Stop delivery of the Sun City Independent Newspaper/SunViews:
Phone: 623-455-2831 or email: WVCirculation@newszap.com

General Interest/Museums

Sun City Rockhounds Mineral Museum
Hours of Operation (Sundial):
October thru April: 10am-1pm; Closed Thursday and Sunday
May thru September: Saturdays only 10am-1pm
FMI email scrockmuseum@gmail.com or call 623-428-6442 during museum hours. Check out our fluorescent room!



Model Railroad Club at Fairway
Located in the Fairway Recreation Center at 107th and Peoria.
Club membership open to RCSC Cardholders.
Open: Summer Hours (May thru Sept) Wednesdays 9am to noon

Del Webb Sun Cities Museum
Next to Oakmont Center
Currently Closed for Summer, however, If you have a group of six or more, we do schedule private tours. Admission: FREE!
Donations Welcomed. To schedule tour or FMIC 623-974-2568.



New Interest Groups

Any new interest group who has (at a minimum) 25 potential members may complete the Application for Club Charter (FORM BP:12-15) and submit to the Clubs & Activities Office. Applications can be found at www.suncityaz.org or pick one up in the Clubs & Activities Office located at the Lakeview Recreation Center.

Political Clubs

Sun City Democratic Club
The Sun City Democratic Club continues to meet all summer on first Thursdays, 6pm at Fairway Center. August meeting on Thurs 8/2, 6pm includes candidates running for office & hot button topics like immigration & dirty money. RCSC cardholders & their escorted guests (Democrats & Independents) welcome. Club also continues to meet every Monday 9am at Starbucks on 99th Ave & Bell corner. If Starbucks is open, SCDC meets. Join this convivial, active group & start every Monday off with friends. FMI contact SCDC at suncitydemocraticclubofaz@gmail.com



Sun City Republican Club
The Sun City Republican Club will NOT meet in June, July or August. However, you can still be involved at West Valley Republican HQ, 10050 W Bell Rd. # 50 (down from Arby's) S.C. 85351. Contact: 623-977-4532. Tuesday morning discussions 9-11am; third Thursday of month LD21 meets 7-9p. Get involved! Ask how to become a PC (Precinct Committeeman) FMI Visit LD21.org or AZGOP.org

Hobbies/Other Interests

Sun City Community Garden
Open House every 3rd Sat Oct-May, 9-11am at community garden located within EPCOR water plant on NW corner of 91st Ave & Greenway. Come learn about vegetable gardening & leasing a plot available to RCSC cardholders & Garden Club members. Rose lovers meet Friday after Garden Club meeting at Sun Bowl Rose Garden (107th & Clair Dr). Learn to care for your roses & help keep our rose garden looking spectacular. FMIC 623 875-5921



Fairway Readers
Club meets 1pm 2nd Friday monthly (year round), Fairway Rm 217. No dues, must show RCSC Card at 1st session. Refreshments served Dec & April. Moderator Jeri Hauff prepares questions/keeps members on track during discussions w/a mic so members can hear (also passed between participants when sharing thoughts & ideas). Books chosen by consensus months in advance, reserved a month in advance (Fairway Library) for those w/MC library cards. Newsletter available at meetings. FMI 623-933-7361. **Upcoming Selections: Aug: Fierce Kingdom**, a novel by Gin Phillips.



Armchair Travelers Club
Currently closed for summer. Beginning October, we meet every Wed in Fairway AZ RM1. Show at 7pm; doors at 6:30pm. Please arrive early to sign in & be seated before show begins. Club open to all RCSC cardholders; membership dues: \$3. Cardholders welcome to attend three times before joining. Escorted guests welcome: must pay \$2 each visit. First Wed each month coffee & cookies served. FMIC - Ron Yankowski 623-476-2811

Sun City Stamp Club
Currently closed for summer; beginning September we meet 7pm 1st Monday every month in Marinette social hall. Set up/inspection of auction stamps: 6:30pm. All RCSC Cardholders & escorted guests welcome. New & old stamps from all countries available at auctions; books & albums at excellent values, 50% or less of current catalogue prices. Join us to start/improve your collection FMIC Mike O'Neill 623- 974-9943 (mshane2009@prodigy.net); Bernard Heath 623-977-2332 (BCstamps@cox.net); or Wayne McKenzie 480-249-1278 (Wayne.Mck@shaw.ca)

Sun City RV Club
Group enjoys potlucks, card games, day trips, rallies & RV caravans. Meets Oct-April (closed May-Sept). No RV required; for RCSC Cardholders & escorted guests only. Potlucks held 4th Tuesday each month at Sundial (5:30pm) with monthly board meetings before dinner (4:40pm). Entertainment after potlucks always provided. Bring your own eating utensils, paper plates & choice of drink as well as a dish to share for 10-12 people. For latest info on planned outings attend Caravan meetings held every 4th Friday, 9:30am at Sundial; Coffee & Donuts Supplied! We also host card games at Bell Multipurpose Room B from 5-9pm every 1st Wed & 3rd Tues monthly Oct-April. Come Join the Fun! FMI visit www.scazrvclub.com or call Judy 623-444-4224.

Sun City Birding Club
Specializing in field trips to: identify birds, raise community awareness & enjoy nature. Our club holds fun, educational classes with ornithological themes. Beginning to advanced birders welcome. No experience needed! You will love discovering the joys of birding! FMIC Tom Locascio at 623-977-4992 or locascio2000@hotmail.com

Vintage Vehicle Club of Sun City
The Vintage Vehicles of Sun City does NOT take a siesta during our long, hot summers.
Summer Schedule:
Every Wed 4pm: Weekly car cruise at Sun City McDonald's parking lot. Community invited to see our vehicles & talk to proud owners!
Every Thurs 7am: Breakfast at Bobbie's (99th & Greenway) Discuss cars, projects & anything related to automotive passions.
Our shop behind Lakeview Lanes is now complete where members can service their cars & work on projects. Annual dues: \$25. We will train monitors on a rotating basis as needed. Many members & mentors are retired professional mechanics. FMI on opening day visit: vintagevehiclesofsuncity.com. Consider this great opportunity if you're looking for fun this summer. Come meet new friends & learn about all things on wheels.



Cards & Games

Sun City Duplicate Bridge (ACBL)

Aug Special games: 8/6, 8/9 & 8/10 North American Pairs; Club Championship 8/27; Unit Wide 8/31. All offer extra black pnts. Silver pnts awarded 8/20, 8/23 & 8/24 District 17 STaC. Fees: \$2/\$4/\$5 all games, including regular sessions. Important: ACBL games M-Th-F, 1pm LV SH 1&2 **no games Th 8/2 & F 8/3**; Doors: 12:15; arrive by 12:45. Partner required. Fragrance free. FMIC Dan 623-518-7916 or visit scdbc.com. If handicapped & need N/S table, try new "Reservation email" at scdbc.directors@cox.net. Also use for scoring changes.

Hand and Foot Club

Variation of Canasta played w/ 4-6 standard decks, ideally designed for 4; 6 can play (teams of 2-3.) Decks used: Number of players +1 (not standard). Annual Dues: \$5; +50¢ a week to play. HUGE Winnings (\$1). It's fun! Singles welcome-No partner needed! **Aug Schedule:** Wed Aug 8, 15, 22 & 29 LV SHs 1 & 2; Sign in by 5:50pm; Play 6pm. Open to all RCSC Cardholders & escorted guests. FMIC: Edith (623)271-0092 or email: etkylady178@gmail.com

Hospitality Club (Bridge/Chess)

All RCSC Cardholders welcome. Bridge resumes Oct; players needed Wed, 12pm, Marinette. Live in the north end? This may be closer to home than other chartered Bridge groups. **Play Chess?** Join our small group 1pm W & Th at LV SH 3. Play 3 times before joining. Annual Dues: \$6; includes other activities: Pizza, Potluck & Breakfast. FMI or emailed newsletter 933-5158.

Bunco Broncos

Meet at FW AZ Rms 1-2, 4th Mon every month. Join us for an afternoon of fun! Doors open 11:45am, play 12:30pm. Open to all RCSC Cardholders. Annual dues: \$3; \$2 to play. FMIC 602-526-3495/ 326-7055.

Sheepshead

Closed for Summer! Resume 10/1 Mon 6pm, Talisman Hall. Open to all RCSC Cardholder Sheepshead players. FMIC Pat 623 933-7044 or Sue 623 999-4965.

Backgammon Club of Sun City

Meet every Sa 1-5pm at LVSH #3; Tournament every 1st Sa. Also Tu & Th 1pm at Bobbie's Cafe. All Skill Levels welcome, instruction available. Visitors & Escorted Guests always welcome. FMIC Bob 219-229-1870 or Nancy 585-314-7184

Saguaro Bridge

Currently closed for summer. Game play begins again in October 10/5 (Fri) at LV, 6:50-9:30pm. FMIC 623-466-6567

Mixed Cribbage Club

Every Tu 1-4pm & W 6:30-9:30pm LV SH3. No Partner needed. Open to all RCSC Cardholders. Cost \$3/join & 50¢ play. Cardholders may play 3 times as visitor. Arrive 12:45pm (sign in & find table). FMIC Pat 623-933-7044

Kachina Bridge

Don't let duplicate bridge scare you! We are a non-sanctioned club that meets M & Th (Play once/twice a week) at Sundial 12:15-4pm. Annual dues: \$5 RCSC Cardholders plus \$2 each play for prizes. Players welcome to visit & see how duplicate bridge is played. No partner? Don't worry. FMIC Sharon 623-251-4858; Lee 974-0237.

Monday Night Card Sharks Bridge

Meets Mon 6:45-9:30pm Lakeview SH #1 for a social evening of contract bridge. Partner Required. FMIC Andy at (623) 933-7972. \$3 & RCSC card required to join. 50¢ each night for prize fund. Try us out. Visiting RCSC Cardholders pay \$1 plus 50¢ to evening's prize fund. We have fun. Please join us.

Monday Night Pinochle

Like to play pinochle? Come to Oakmont, M 6pm (register), play 6:15pm for a great evening! Singles welcome! Play single or double deck. Annual dues: \$3; plus 50¢ nightly. Escorted guests: \$3.50; visitors: \$1. Prizes awarded accordingly. After 6 hands, individual scores added, winners advance. Losers stay but do not play each other. This allows playing games w/new partners & a great social time. FMIC 623-972-3263.

Oakmont Pinochle Club

Play Tu &/or Sa 12-4pm; arrive 15 minutes early to sign in & find table. FMIC Tommie 623-876-1895 or Cheryl 209-524-7358.

Euchre Club

Meets Tues, 6-9:30pm Fairway AZ Rms; 1st & 3rd Thurs 1-4pm at Marinette SH. Beginners welcome. FMIC 623-533-5705

One Partner Bridge

Meets Th, LV SH #1. Doors 6:30pm; play 7pm; arrive by 6:55pm. Partners Required! If you need a partner, call Andy (623) 933-7972. Annual dues: \$3. Cost \$1/couple for evening's prize fund. Annual surprise "free play" night. All grand slams rewarded & designated small slams paid. Birthdays celebrated w/cookies. If you wish to come for an evening, cost is \$1 (RCSC Cardholders); \$3 escorted guests, plus \$1 prize fund.

Mah Jongg

Club meets for games: Tu, Sundial WH 12-4pm, Th 6-9pm, Marinette SH, & Su Marinette SH 12-4 pm. Open to RCSC Cardholders & escorted guests (Guest fee: \$2.50). Annual dues: \$5. FMIC: Sue 623-933-4823 /480-369-4441/ Sandy 623-399-6337

Oakmont Mixed Cards

Relocated to Lakeview Social Hall 2 from June 23 - Aug 25 5:30p - 9:30p. We need Pinochle players! Club meets every Sat, 6:15 pm. Plays Pinochle, Bid Euchre and Hand & Foot. Play starts promptly at 6:15 pm; concludes 9:30 pm. BYO refreshments &/or to share. Weekly fee: \$.50; annual dues: \$3. FMIC Lil DeCola 623-972-1703 or Bruce Painter 719-671-9043.

Social

Michigan Friends in Sun City Club

Happy summertime to our Michigan friends, family, visitors & neighbors who we know are somewhere in the mitten state enjoying cooler than 110 degree temperatures. Here's what's planned for us SunBirds who tough it out in Sun City:

Thu 8/16: 5:15pm; Hurricane Grill & Wings. 11340 W. Bell Rd. Surprise. Island food, wings, steakburgers, fish, salads, famous Parmesan/garlic fries. RSVP by 8/13.

Tues 9/25: 5:15pm; Angry Crab, 7608 W. Cactus Rd "Angry Baskets" of blue crab, snapper, crawfish, clams, shrimp, mussels, salmon, lobster & more! RSVP by 9/21.

Email RSVP's to michigan2arizona@cox.net; FMIC/text Cheryl: 623 910 1522

New to Sun City? Interested in joining our happy club? Pick up a brochure/application at Sun City Visitors Center by Bell Library area & send to: Michigan Friends in Sun City Club, c/o Bell Rec Center, 16820 N. 99th Ave. Sun City, AZ 85351

NextGen

Social club open to all RCSC Cardholders, NextGen hosts a wide variety of activities including monthly golf scrambles, happy hours, hikes, bike rides, bowling, concerts, dart, shuffleboard, card games & more. Club is designed to bring people together; foster new friendships & social connections. Regular meetings 1st & 3rd Mon each month at Fairway AZ Rms 1&2, 6:30pm unless otherwise posted. Check event calendar at www.nextgensuncity.com; dates, times, locations subject to change. FMI inquire at nextgensc@gmail.com. Annual Dues: \$5; Must be a member, RCSC visitor or escorted guest to participate.

LGBT Club of Sun City

We meet on the 2nd Thursday each month. OM Aud 6-8pm. FMI VISIT <http://suncityaz.org/lgbt-club-sun-city/>



Illinois Club of Sun City

Club meets 6:30pm every 4th Th at Talisman Hall (Lakes E/W Golf Course.) Next mtgs: 7/26 & 8/23. This Social Club's members participate in activities such as dining, sports events, happy hours & other fun! Join transplanted Illinois residents, snow birds & IL State friends. Must be RCSC Cardholder or escorted guest to attend. FMIC Benita 623-933-3409.

Best Friends Dog Club of Sun City

We Love Dogs Too! Come see what the excitement is about. Classes w/evening & weekend training available in manners, agility & rally. Enjoy dog walks & hikes, brunches, picnics & parties! Come to Fairway to learn about club (Sorry, meetings are for people & service dogs only.) Visit www.bestfriendsdogclub.org. FMIC 480-524-6893. Open to RCSC Cardholders.

Sun City Women's Social Club

A place for women to gather for fun & friendship, at Lakeview's upper level 7 days/week, 9am-4:30pm. Current activities: Poker, Bridge, Hand & Foot, Mexican Train, Canasta, etc. Substitutes always needed; members encouraged to set up their own games or activities. Annual Dues \$10; open to all women with RCSC membership. FMIC JoAnn at 623-977-5606, or Evie 480-466-6059. **Club closed 8/6 - 9/3 for remodel.**

Sun City Hospitality Club

Staying in Sun City this summer? Has your card group closed for a few months? Spend Saturdays with us at Marinette. We meet at 11am for all types of card games. If you are an RCSC Cardholder you may play 3 times before being asked to join. Annual Dues \$6. Come see what we are all about. FMIC 933-5158.

New England Club

Currently closed for summer, but join us 10/12 for our "Octoberfest Hot Dog Buffet." Social 5pm, meeting 5:30pm & dinner 6pm in Lakeview Social Hall 1. FMIC Ann 623-875-4641 or Sheila 623-328-9878. Hope to see you there!

Duffeeland Dog Park Club

We help make a safe, clean & enjoyable experience for dogs, their handlers & RCSC Cardholders (& escorted guests). We host potlucks, cookouts & social events. Lunch on Tues 7/10 @ 1pm: New York Pizza Dept (NYPD), 13960 W Bell Rd, Surprise. All welcome, separate checks. Annual Dues: \$5. **FMIC** Dorothy 928-221-6052 or email duffeeland@gmail.com or more info

Sun City Singles Social Club

Club welcomes single RCSC cardholders. Escorted Guests must be single. Annual dues: \$6. Club meets monthly first Friday (Potluck 5:45pm) bring food to feed 10-12 people. Third Friday (Game Night 5:45pm) may bring snacks to share; bring your own drink for each activity. Location: Fairway AZ Rm #4. **Weekly Activities:** Every Sa: Breakfast, Brother's Family Restaurant 8:45am. Every W: Billiards, Lakeview Lanes, 1pm.

August Activities:


Wed 8/1: Ladies Night, Speakeasy Bar, 10745 Grand Ave #7; 5pm; **Tu 8/7:** Lunch, IHOP, 10603 W Olive, (Peoria); 11:30am; **F 8/10:** Lunch, Cheesecake Factory, 16134 N 83rd Ave, 11:30am; **Thu 8/16:** Lunch, Saigon Kitchen, 14071 W Bell Rd, 11am; **M 8/20:** Happy Hour, Macayo's 15565 W Bell (Surprise) 3pm; **F 8/24:** Dinner, George's, Bell Ctr, 5pm **F 8/24:** Darts, Bell Ctr, 6:30pm; **M 8/27:** Dinner/Trivia, Fuzzy's Sports Grill 18795 N Reems Rd (Surprise) 6pm **F 8/31:** Dinner/Fish Fry, Sunset Bistro 15462 N 99th Ave, 4:30pm

Check club website for other activities that require sign up to attend. Visit www.simple-site.com/myclub or contact Ellen 623-583-2307 or Janet 615-574-9960.

Performing Arts

Piano Club of Sun City

Piano Club is closed for the summer, but join us for more great music in the fall. We have an annual evening concert in January, monthly music programs from October through April, affordable piano lessons, and club members volunteer at charity events. You don't have to play or perform, just enjoy the music and companionship. RCSC visitors & escorted guests are welcome. FMIC 623-792-7266




Readers' Theater Ensemble

A unique venue to encourage & support members interested in performing drama without memorizing scripts. Members learn & gain experience in developing/showcasing talents by reading a variety of material using voice, facial expression & body language to enhance spoken word. Readers perform one act plays year-round for organizations & clubs to fulfill their entertainment needs. For bookings contact Ann Case 612-730-9699; FMIC Cecilia Simonelli 623-210-1810. Membership open to all RCSC Cardholders. Meetings: Fri 1-3pm in Social Hall #3 LV.

Sun City Community Players Theater

Join fellow thespians & theater lovers for socializing, workshops & meetings. Players Club Acting Workshops, every W, 9:30-11:30a (Oct.-April); Gen. Mtg. 3rd Mon, program, 7 pm (Sept-May) Inquiries to: Writeonjoy@gmail.com; 623-500-2949.

**Add Your Voice**

Choraliers of Sun City

An auditioned choral group composed of men & women (RCSC Cardholders) with diversified musical backgrounds. We present a wide variety of music at social functions, churches, healthcare facilities & retirement communities as well as some public concerts; up to 20 performances annually. Currently interested in increasing all voices. Rehearsals resume on Mondays, beginning September 10, 8:30-11am in the second floor Fairway Music Room. Membership open to RCSC cardholders. If you are searching for musical fulfillment, please stop in to listen or check out our website at www.suncitychoraliers.com. Also, brochures available at Sun City Visitors Center.


Sun City Womens Chorus

After a successful season, the Sun City's Women's Chorus takes a break over the summer months.

Our 2018-2019 season begins Thursday, September 6 at 8:45am in the Fairway Center Music Room. All women with an RCSC membership card are welcome to join. We look forward to seeing you.

If you have any questions, please contact Annette at (623) 308-4643.

Established in 1963, Women's Chorus was the first chartered music club. At present, our 60 members come from a wide array of musical backgrounds & perform two main concerts a year. Any woman who loves singing is welcome to join.



Planning to Take Children to the Pool? Don't Forget!

Proof of age for 4 and 5 year olds (birth certificate or passport) is required for access to swimming pools. Photo copies or electronic images are acceptable.

Monitored Activities					
Basketball		Jogging / Walking Track		Swimming Pools - Open Swim Hours	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Indoor		Bell Center - 18+ only:	
Billiard Tables		Fairway Center	M-Sa 5a-9p; Su: 8a-8p	Lap pool: M-Sa:5a-9p; Su: 8a-8p; Closed for class: M-F 7-9a	
Bell Lanes	M-Sa: 8a-8p; Su: Noon-7p	Sundial Center	M-Sa only: 6a-8a	Walking Pool: M-Sa: 5a-9p; Su 8a-8p	
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p	Outdoor		Fairway Center	
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p	Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Lap Pool: M-Sa: 5a-9p;Su 8a-8p;	
Bingo		Sun Bowl	Dawn to Dusk	Walking Pool: M-Sa: 5a-9p;Su 8a-8p;	
Sundial Center	Th: Doors Open 4:30p; Bingo 6:15p \$9 all 18 games w/3 special Closed for Summer - Resumes 9/6/18	Library (602) 652-3000		Lakeview Center	
Boating/ Fishing		Bell Center	M: 9a-7p; Tu-Sa: 9a-5p	M-Sa: 6a-8p; Su 8a-7p Closed for class: M, W, F: 8a-10a	
Lakeview Center	M-Sa: 6a-8p; Su: 8a-7p (or Dusk)	Fairway Center	M-F 9a-4p	Children's Pool Hours for Ages 4-15 yrs: Daily 4p - Close;	
Bocce Courts		Mini Golf		Marinette Center	
Sundial Center	M-Sa: 6a-9p; Su: 8a-8p	Bell Center	M-Sa: 6a-9p; Su: 8a-8p	M-Sa: 6a-9p, Su: 8a-8p; Closed for Class: Every M 8a-9a;	
Bowling Lanes		Lakeview Center	M-Sa: 6a-8p; Su 8a-7p	Every Tu 9a-10a; Every Th 8a-9a; Every F 9-10a	
Bell Lanes	M-Sa: 8a-8p; Su: Noon-7p	Mountain View Center	M-Sa: 6a-8p; Su 8a-7p	Children's Pool Hours for Ages 4-15 yrs Daily 1p - 4p	
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p	Sundial Center	M-Sa: 6a-9p; Su: 8a-8p	Mountain View Center	
Dog Parks		Pickleball		M-Sa: 6a-8p; Su 8a-7p; Closed for Class: Every M 8a-10a	
Duffeeland	May - September 6am-8pm Closed last Wed/month for Maintenance	Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Every Tu 8a-9a; Every Th 8-10a; Every F 8a-9a;	
Darts		Mountain View: Outdoor	M-Sa: 6a-8p; Su 8a-7p	Dive In Movie Sa 8/18 6p - Movie at Dusk	
Bell Center	M-Sa: 8a-8p; Su: Noon-7p	Racquetball		Children's Pool Hours for Ages 4-15 yrs - Daily 10a-1p	
Fitness Centers		Bell Center Courts A & B	M-Sa: 6a-9p; Su: 8a-8p; Closed for Class: M/W/F 1-3p, T/Th 5:30-7:30p	Oakmont Center	
Bell Center - 18+ only	M-Sa: 5a-9p; Su: 8a-8p	Shuffleboard		M-Sa: 6a-8p; Su 8a-7p; Closed for class: Every Su 2-4p; Every M 9-10a & 12-2p; Every Tu 9-10a; Every W 12-2p;Every Th 9-10a;Every F 9-10a & 2-	
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p	Bell Lanes: Indoor	M-Sa: 8a-9p; Su: Noon-8p	Sundial Center - 18+ only	
Lakeview Center	M-Sa: 6a-8p; Su 8a-7p	Lakeview: Outdoor	Daily M-Sa: 6a-8p; Su 8a-7p	Large Pool: M-Sa: 6a-9p; Su: 8a-8p; Closed for Class: Every M 9-10a;	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Spas		Every Tu 9-10a Every Th 9-10a; Every F 9-10a	
Mountain View Center	M-Sa: 6a-8p; Su 8a-7p	Bell Center - 18+ only	M-Sa: 5a-9p; Su: 8a-8p	Warm Water Pool: M-Sa: 6a-9p; Su 8a-8P Closed for Class:	
Oakmont Center	M-Sa: 6a-8p; Su 8a-7p	Fairway Center	M-Sa: 5a-9p; Su: 8a-8p	Every M 10a-12p & 4:30-6:30p Every Tu 10a-12p & 4:30-5:30p; Every Th 10a-12p & 4:30-6:30p; Every F 10a-12p & 5:30-6:30p	
Sundial Center - 18+ only	M-Sa: 6a-9p; Su: 8a-8p	Lakeview Center	M-Sa: 6a-8p; Su 8a-7p	Table Tennis	
Horseshoe Courts		Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Bell Center: Closed For Class: M,W,F 10-3p; Tu 10a-12p, 7-9p; Sa 10a-12; Su 1-5p	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Mountain View Center	M-Sa: 6a-8p; Su 8a-7p	Tennis	
Mountain View Center	M-Sa: 6a-8p; Su 8a-7p	Oakmont Center	See Pool Hours	Bell Center: 623-977-3325 M-Sa: 6a-9p; Su: 8a-8p	
		Sundial Center - 18+ only	M-Sa: 6a-9p; Su: 8a-8p	Lakeview Center: 623-561-4676 M-Sa: 6a-8p; Su 8a-7p	

Art and Craft Clubs

Artists by the Lake: LV
877-9366 or 623-810-9112

Mem Mtg/Potluck/Demo1st Tu: 11:30a LVSH1

Artistic Stained Glass: BC
M-F 9a-1p; M Tu Th 5-8:30p; Sa 8a-1p

974-4765

Artistic Weavers & Fiber
Artists: OM 974-6108

Calligraphy: SD
623-594-6591

Camera Guild: SD
cameraguildsuncity.com

Carvers: LV
T888-3051

Ceramics & Porcelain: FW
972-5818

Ceramics: BC
974-6750

Ceramics: OM
623-680-8474

China Painting: FW
623-256-6784

Clay Club: LV
933-0899

Clay Corner: MC
977-3167

Crafts: BC
974-3497

Crafts: SD
(815)315-2387

Creative Quilters: LV
602-622-5913

Fired Arts: LV
623-974-5979

Friendship Quilters: BC
623-523-7661

Handweavers / Spinners: SD
933-0397

Knitters: FW
602-469-2505

Lapidary: BC
977-1803

Jewelry at Oakmont
623-322-4595

Leathercraft: MC
594-6591

Metal: BC
974-8206

Needle Arts / Crafts: OM
623-693-7544

Palo Verde Artist: SD
623-551-0402

Sew-n-Sew: LV
www.sewnsew.info

Ron 480-225-8231

Silver Stones: SD
623-349-8840

Silvercraft: BC
933-8442

Sterling & Stones: FW
623-977-2208

Stitchers: BC+A82:A82:1132
Angie (303)435-1794

Terry (315)778-9237

Woodworking: BC
974-6058

Woodworking: FW
972-4385

Woodworking: LV
933-2355

500: FW
623-974-5615 (Erma)

Backgammon: LV
219-229-1870 or 585-314-7184

Bunco Broncos: FW
602-526-3495 or 326-7055

Canasta: OM
623-566-2034 (Shirley)

Euclhre: FW
623-533-5705

Hand and Foot Club
623-271-0092

Mah Jongg: MC
Sue 480-369-4441

Mixed Cards: OM
719-671-9043 Bruce or

623-972-1703 Lil

Mixed Cribbage: LV
Pat 623-933-7044

Monday Night Pinochle: OM
623-972-3263

Pinochle: OM
Tommie 623-876-1895

Cheryl 209-524-7358

Sheepshead: Talisman
623-933-7044 or 623-999-4965

Contract Bridge Clubs

Card Sharks: LV
933-7972

One Partner: LV
623-466-6567

Saguaro: LV
623-466-6567

Wednesday Afternoon: OM
977-2871

Thursday Afternoon: OM
933-9671

Friday Afternoon: FW
933-9671

Duplicate (ACBL)
623-518-7916

SCDBC.com

Kachina: SD
Sharon Henrich 623-251-4858

Lee Bone 623-974-0236

Dance Clubs

Ballroom Dance: BC SH
623-387-6731; 623-533-6236

Bell Tea: BC
933-8873

Dances Resume Su 9/2
No Group Lesson M 9/3

Dances Resume in September

Classic Rock Dance Club: FW
623-628-4401

Country Dance Club: SD
480-431-8278 or 623-972-5127

Friday Night Rock 'N' Roll: FW
970-371-4685 or 602-430-3757

Friday Night Ballroom Dance
(formerly SC Singles Dance)
623-215-8718

Line Dance: SD
623-972-5127 or 231-557-6555

suncitylinedanceclub.facebook

Rockin' Thru The Years: SD
332-7894

Squares: BC
875-2642 (Mary Sue)

suncitysquares@q.com

Sun City Poms: MC
602-392-4242

scpoms@yahoo.com

Tip-Top Dance: MC
322-3138

Educational Clubs

Apple Macintosh: SD
933-5300

sunmacs.org

Life Long Learning: FW
623-533-5756

PC Computer Club: FW
933-8953

Spanish Club: FW
SunCitySpanishClub@gmail.com

Fitness Clubs

Aerobic: BC
623-251-4681 Dave

Aqua Fitness Club
aquafitnesssuncity.com

FMI Terry: (619)818-4380

Dance for Fitness
623-933-7021 or 515-975-1683

Handi-Capables: SD
623-640-7211 Dean

Hatha Yoga: SD
www.hathayogaclub.org

Mat: M 8:30a,10:30a,6:30p; Tu 8a,10a,12p;
W 8:30a, 1p, 6:30p; Th 8a,10a; F 9a, 10a

Chair: M,Th, F, 1p W 10:30a Preregistration
Required FMIC for Chair:623-972-9602

Ladies Exercise: OM
573-579-5320

So Grand Exercise: FW
623-933-0214

Stretch and Slim: BC
artifacts@gmail.com

Tai Chi: BC, LV & FW
Phone: Elisa (480)710-8497

email:Emcarthur1@cox.net

sctaichi.wix.com/sc-tai-chi-club

108 lvl 1 & lvl 3 (BC)

Zumba Fitness:
847-376-1863 or 847-682-9399

M & W Zumba Gold 11:30a-12:30p BC SH 1

Tu Zumba Gold 6:30p-7:30p SD West Hall

Th Zumba Fitness 6:30-7:30p MC Aud

F Zumba Gold 11:30a-12:30p BC SH 1

Hobby Clubs

Armchair Travel Club: FW
Formerly Armchair Photo
476-2811

Sun City Birding Club:
Please contact club for meeting information

Tom: 623-977-4992

locascio2000@hotmail.com

Duffeeland Dog Park-Talisman

928-221-6052

Garden: OM
875-5921

Model Railroad: FW
602-326-2430

Model Railroad Museum: FW
602-326-2430

Rockhounds: SD
srockmuseum@gmail.com

Mineral Museum: SD
623-428-6442

RV Club: SD
(623)444-4224

Stamp Club: MC
623-866-2058

Vintage Vehicles
(509)430-1625

Car Show McDonalds Every W 4p

Breakfast at Bobbies Every Th, 7a

Performing Arts Clubs

Chamber Orchestra: FW
933-1568

Choraliers: FW
933-7202 (Carol)

Concert Band: FW
972-4767

Handbell Ringers: FW
623-203-7385

Piano: SD
623-792-7266

Players Community Theater: MV
writonjoy@gmail.com

Acting Workshops W 9:30-11:30 (Oct-Apr)

Gen Mtg 3rd Mon; entertainment
info 623-500-2949

7pm (Sept -May)

Readers Ensemble: LV
974-3384

EXCEPT Friday 8/3 Meet at FW AZ RM 1

Rhythm Ramblers: FW
876-8464

Ukulele: FW
623-234-7463/816-507-1274 June-Sept

623-594-6591 Oct - May

Women's Chorus: FW
623-308-4643

Political Clubs

Democratic: FW
623-977-4660

Republican: SD
713-557-5800

Visit West Valley Republican HQ,
suncitygopclub@gmail.com

10050 W Bell Rd. 50

Best Friends Dog Club: FW
480-524-6893

bfcdsuncity@gmail.com

Fairway Readers: FW
933-7361

2nd F 1-2:30p FW RM 217

Food & Friends: OM
(Formerly Gourmet Social)
920-253-1186

Illinois Club: Talisman
623-933-3409

LGBT of Sun City: OM Aud
lgbtclubofsuncity@gmail.com

Men's: SD
977-5116

Michigan Friends in Sun City
michigan2arizona@cox.net

623-910-1522

New England: LV
623-875-4641 or 623-328-1978

NextGen: FW
763-234-6231

Sun City Hospitality: MC
933-5158

Chess: W/Th 1-4p LV SH3

Friendship Cards: Sa, 11a-5p MC SH

Bunco/Pizza/Bridge closed for summer

Potluck 1st F 6p FW AZ 3 & 4

Game Night 3rd F 6p FW AZ 3 & 4

Singles Social Club: FW
615-574-9960

Wisconsin Club:SB
623-242-6318

Women's: LV
623-977-5605 / 480-466-6059

Club closed 8/6 thru 9/3

Sport Clubs

Basketball: MC
206-459-3242; 604-313-3190

charlespeterson@comcast.net

Surprise 3:30-5p

Billiards: Bell Billiards Room
602-319-0783

Tu-F 11a-4p; W: 7a-1p; Sa: 7a-1p;

Ladies M & Sa 8:45-11:45a

Th 9:45-11:30a; Couples W 6-7:30p

Snooker F 1-2:30p; Men/Wom Singles 8-ball

M 8a-12p; Dbis 8-ballTu & Th 8a-12p

Men/Wom Singles 9-Ball F 8a-12p

& Th 1-4p

Tu & Th 8-11:30a; F 6-9p

Bocce: SD
271-0092

Dart Club: BC
(480)284-0904,(630)531-0391

(623)760-6926

Lawn Bowls: BC
972-3248

Party F 8/10 BC MPR

Lawn Bowls: FW & MV
933-5066

Closed for Summer

Lawn Bowls:LV (Sun City Club)
583-0625

Closed for Summer

Lawn Bowls: LV
974-3214

Tu Th Sa 7-9a & 7-9p LV

Times may vary with temperature

Lawn Bowls: OM
792-5202

Mini-Golf: LV
623-300-4463 or 602-999-7011

Contact Club for Times & Activities

Pickleball
pickleball.suncity@gmail.com

Check for times

Racquetball Club: BC
986-1754

M,W,F 1-3p; Tu,Th 5:30-7:30p

Shuffleboard Bell: BC
623-972-3169 - Dennis

Shuffleboard Outdoor: LV
688-4823

Shuffleboard Sundial: BC
208-9921

Softball (Senior): Sun Bowl
Dan 520-404-2909

Open Practice Su/M 6-10a; New Players M

League Games Tu Th 6a-2p

www.azsrsoftball.com

Sportsmen: LV
Tony 847-207-1948

Swim Lessons: LV
583-5894

W 8:30-10a LV Pool

Swimmers Master: BC
876-1233

M-F; 7-9a, BC Lap Pool

Swimmers Synchronized: LV
583-5894

M-W-F 8-10a LV Pool

Table Tennis: BC
875-9991

M W F 10a-3p; Tu 10a-12p & 7-9p;

Sa 10a-12p; Su 1-5p

Tennis: BC
Summer Contact:505.206.2315

jvolson@loretel.net

Joe: 623-251-3969

Volleyball:
206-459-3242

Most Th 9-11a & Most Sa 5-6:30p

Rio Vista Rec Center free w/Silver Sneakers

charlespeterson@comcast.net

W & F 8a-10:30a Villanueva Comm Surprise

Water Volleyball Club of SC: OM
623-523-3449

Su 2-4p; M 12-2p; W 12-2p; F 2-4p OM

Club Directory Key:

M = Monday

Tu = Tuesday

W = Wednesday

Th = Thursday

F = Friday

Sa = Saturday

Su = Sunday

a = A.M. & p = P.M.

All area codes are 623 unless otherwise noted.

BC = Bell Recreation Center

FW = Fairway Recreation Center

LV = Lakeview Recreation Center

MV = Marinette Recreation Center

MV = Mountain View Recreation Center

OM = Oakmont Recreation Center

SD = Sundial Recreation Center

SB = Sun Bowl

Important Dates for Clubs to Remember!

August

5 SunViews submissions due for September

10 Guest Attendance Register & guest fees due

September

5 SunViews submissions due for October

10 Guest Attendance Register & guest fees due

October

1 Club Membership Rosters due

5 SunViews submissions due for November

10 Guest Attendance Register & guest fees due

Clubs & Activities Office

Fitness & Fitness Classes

Sun City Tai Chi Club

The following classes are suspended until September:
Balance Class: 9am Mon (FW)
24 Form Class: 10:15am Mon (FW)
Energy Transference: 11:30am Mon (FW)
Tai Chi 108 Level 3: 1:15pm Thurs (Bell)
Tai Chi 108 Level 1: 2:30pm Thurs (Bell)

The following classes remain active through the summer:
Qi Gong: 6pm Tue LV
Balance & Basics: 10:45am Thurs (Bell)

Hope to see you in our continuing classes! These & all other classes are open to RCSC club members & their escorted guests for the ridiculously low price of \$3/class plus an extra \$2.50 for guests. FMIC Elisa at 480-710-8497 or visit our website: <http://sctaichi.wixsite.com/sc-tai-chi-club>



Hatha Yoga

Club meets at Sundial in the Yoga Club room. Classes are multi-level & do not assume prior yoga experience; all classes taught by certified instructors. Arrive 15-20 minutes before a Mat class & bring a yoga mat, small blanket or a beach towel, your current RCSC card, \$3 class fee & \$5 yearly membership. Wear loose, comfortable clothing for a warm environment. Refer to our website for more information: <http://hathayogaclub.org>

Yoga Mat Classes: M: 8:30a & 6:30p; Tu: 8a, 10a & 12p; W: 8:30a & 6:30p*; Thu: 8a & 10a; Fri: 9a; Sat: 8a & 10a (*evening classes)
Chair Class (Preregistraion required): Monday, Thursday & Friday 1pm; Wednesday: 10:30am; **FMIC Carlyn for Chair classes: 623-972-9602**



Zumba Fitness Club

Zumba fuses Latin rhythms & easy to follow fitness moves to create a dynamic full body workout. It keeps you moving & grooving & makes fitness fun. The hour includes a warm-up, cardio workout & cool-down.

Mon: Bell Social Halls, **Zumba Gold**, 11:30am-12:30pm, Debbie Reiss, Instructor;
Tues: Sundial West Hall, **Zumba Gold**, 6:30-7:30pm, Debbie Reiss, Instructor;
Wed: Bell Social Halls, **Zumba Gold**, 11:30am-12:30pm Debbie Reiss, Instructor;
Thurs: Marinette Aud, **Zumba Fitness**, 6:30-7:30pm; Julie Chaney, Instructor.
Fri: Bell Social Halls 1 & 2, **Zumba Gold**, 11:30a-12:30p, Debbie Reiss, Instructor;
Sat: Marinette Aud, **Zumba Fitness**, 8:30-9:30am, Julie Chaney, Instructor.

Cost: Members: \$2 per class; Visitors \$2 per Class; Escorted Guests \$5 per Class.
Annual Membership: \$5 FMIC Al 847-376-1863 or 847-682-9399

Swim Club

Sun City Swim lessons have moved to Lakeview pool. Lessons run from 8:30-10am M-W-F. Beginning & intermediate classes available. Annual membership: \$5 for RCSC Cardholders. FMIC Tere Kearney 623-583-5894.

Aqua Fitness Club

Summer II Session runs M 7/16 - F 9/07. Club meets M/Th or T/F at Sundial, Oakmont, Marinette & Mt View pools. Instructors teach varying intensities: Free Standing, Poolside & Aqua Stretches. Visit www.aquafitnesssuncity.com for info in Club Brochure on class exercises. Also, info on class times, days of week & pools in Summer II Schedule. No swimming involved; members stand in waist/chest deep water. Annual Dues: \$5; \$15 per 8 week session; 5 Sessions annually. Not familiar with classes? "Try It Before You Buy It" the week of 8/27. Registration for Fall Classes is Sa 9/01, 8:30a in Sundial Aud. FMIC Terry 619-818-4380. All classes co-ed; must be RCSC Cardholder to join or take classes.

Aqua Suns

Do you love the water but walking & lap swimming isn't for you? Come try synchronized swimming & learn things you never thought you could do - dolphins, spearfish, catalinas, kips, surface dives & more. Join in the fun M-W-F from 8-10am at Lakeview Pool. FMIC Nancy at 623-238-8608. Swim Club membership: \$5/Year

Dance for Fitness

With a current RCSC Membership you may enjoy three free sessions. Then you may join for only a \$5 annual fee. Come once, twice, or three times a week (whatever fits your schedule). No per-lesson fee. Classes on Tuesday at Bell, Wednesday at Sundial and Friday at Mt. View; all classes are 9-10am. FMIC Penny at 623-933-7021 & Donna at 515-975-1683

Bell Aerobics

Come join this friendly group for a complete 45-minute workout of gentle stretching on Mon, Wed & Fri at 8, 9 or 10am at Bell Social Hall. Membership \$3/year with valid RCSC card; no class fees. There will a holiday potluck social in December for all members. We meet year-round & are looking forward to having you join us. FMIC Dave 623-251-4681 or Pat 510-673-5732

Oakmont Ladies Exercise Club

Join us for low-impact exercises designed for women over 50 at Oakmont on Tuesdays & Fridays 8-9am. Annual Dues: \$3, 3 free trial visits. FMIC Helen 715-222-9519

Stretch & Slim

No matter your fitness level, have a blast in our DVD-led classes! Check our schedule for times & class levels to find the best time to join our fun Stretch & Slim Club. Experience a variety of exercise: cardio (low & high impact), strength training (hand-held weights & fitness bands provided) & stretching for a well-rounded experience. You are welcome to "try us out" (3 classes for free). Annual fee: \$5; escorted guest fee: \$2.50 per RCSC (guests must be escorted by active Club member). FMIC Nancy 602-751-5034.



Even during the dog days of summer, no pets are allowed on RCSC properties!

Remember: Household Pets are not allowed on RCSC properties or in RCSC facilities (please see Board Policy #26 for more info).

Exceptions: Duffeland Dog Park, Best Friends Dog Club training, service dogs trained to assist the handicapped.

* NOTE: Emotional support animals are not an exception!

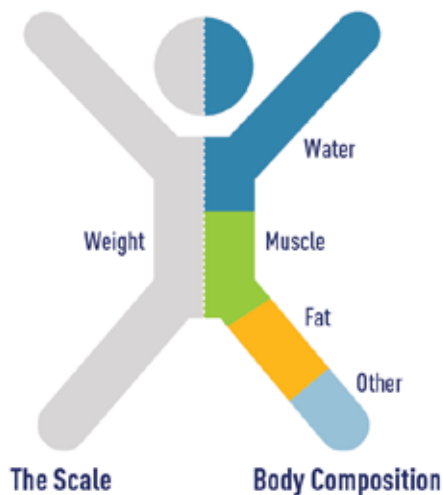
Tips from Get Fit for Life -

Body Composition

“Body composition refers to the proportion of fat body weight and lean body weight that comprise one’s total body weight,” explains Jane Fortier, fitness specialist for Get Fit for Life. “The scale indicates total weight in pounds, it doesn’t differentiate between fat mass and fat-free mass. Fat mass consists of all the fat tissue in your body. Fat-free mass is everything else, including muscle, skin, organs, bone and body fluids. With appropriate weight loss efforts, both fat mass and fat-free mass can change simultaneously. When this happens, total scale weight might remain the same. (Example: you start strength exercise and gain two pounds of muscle the first month - that muscle, along with a sensible eating program, help you burn two pounds of fat – your fat-free mass increased by the same amount that your fat mass decreased – thus changing body composition, but not total scale weight). A healthy body composition is one that includes a lower proportion of body fat and a higher proportion of fat-free mass. In general, men over 55 years should carry about 20% body fat; women about 25%. Body composition is one measurement that is used to assess health and fitness. It also determines how a body looks”

There are many methods to assess your body composition. The most accurate methods are usually expensive and only used in research or medical centers. A simple method you can use at home is measuring body circumference. By tracking a tape-measurement at the midriff (area below the chest but above the waist), waist (slightly above belly-button), belly (area below the belly button), and hip (6 inches down from the waistline) you will be able to determine a loss in inches. That loss computes to fat-loss. While a change in circumference doesn’t give you an exact percentage loss of fat, it gives you a good idea that body composition changes are taking place. Decreases in

midriff, waist and belly circumference are a sign that you are losing belly fat. It’s important to measure the same way each time, so you get more accurate results. Devices that measure body composition use a technology called bioelectrical impedance analysis (BIA). BIA sends small electrical currents through the body to see how much your body resists the current. While it’s gratifying to see an actual number for your body fat percentage, many of these devices aren’t very accurate. Factors like food and water intake, prior to using the device, can affect the results. A Tanika scale is the most popular BIA device for general usage. If you choose to use this scale, weigh in the morning, before you eat or drink anything.



“If you are unhappy with the way your body looks, changes in body composition will improve things,” Fortier continues. “Proper exercise and diet can help you make the best of the body your genetics gave you. But all weight loss efforts need to target body fat. Exercising regularly and eating healthy helps you lose weight, gain muscle and feel more energetic. Changing body composition, by adding muscle and losing fat, improves stamina and makes you look firmer and more sculpted. The amount of reshaping you can accomplish depends on your current physique, how long you have to devote to the process and your level of commitment.”

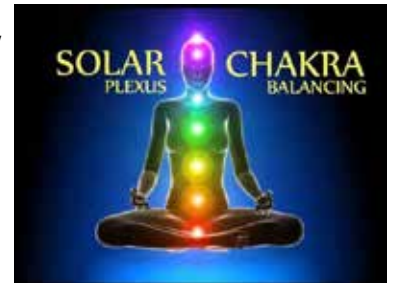
Get Fit for Life personal trainers are experts at developing exercise programs that help clients reach their fitness goals, safely and effectively. To find out more about working with a personal trainer, call 623-696-6820 or visit Get Fit for Life LLC, Sun City on Facebook.

LaTouch Wellness Massage Therapy Shares...

The Power of Your Solar Plexus Chakra

Have you ever had difficulty deciding? Have you found it challenging to implement self-discipline? Should I go workout? Should I eat that cake and ice cream? The solar plexus chakra has a lot to do with our will and personal power. Are we able to be responsible and control our impulses?

The solar plexus chakra is the third chakra and the color associated with it is yellow. The location of this chakra is right above the navel and right below the rib cage. This chakra is also closely related with our digestive system, its main function is to help transform matter into fuel and energy for the body. It governs metabolism and is closely associated with the pancreas. Discomfort and diseases related to this chakra involve the digestive system and can it cause diabetes, pancreatitis, ulcers, mood disorders, reflux, hypoglycemia, and other conditions. it is also implicated in hepatitis, chronic fatigue, muscle disorders, and low blood pressure.



When you have a clear, strong and harmonious solar plexus chakra, you will first feel confident in yourself. You will no longer struggle with self-doubt or aggressive egotism, but instead, you’ll feel comfortable in your own skin and you’ll trust in your abilities. You’ll come to understand that you have the power of choice, i.e. the power to choose your mindset, and therefore how you approach life and other people.

Not only will you feel more self-assured, but you will also have the energy and will-power needed to create healthy boundaries. You will no longer lapse into explosive or self-minimizing roles around others. Instead you’ll stand your ground with respect for yourself and others. Your newly found energy will allow you to move out of lethargic and addictive patterns, and instead carry out your goals and dreams with enthusiasm. You will feel energized, focused, empowered, and in alignment with life.

Here are some suggestions to help regulate and balance your solar plexus chakra: 1) Change your routine and take a risk. 2) Distance yourself from critical and negative people. 3) Add more fresh vegetables and fruits to your diet. 4) Release anger and resentment. 5) Laugh more. 6) Develop a meditation practice. 7) Learn to breathe deeply. 8) Incorporate essential oils and healing crystals into meditations. 9) Engage your will power by setting goals. 10) Schedule a Massage Wellness Session with Reiki Chakra Healing.

Massage in general helps us to manage stress and can also be used to address a number of health issues. A full complement of massage services are offered at Fairway, Sundial and Bell Recreation Centers (as noted below) for RCSC Cardholders and their escorted guests. If you would like to experience the benefits that massage may have for you, call and schedule an appointment today!

Group Equipment Demos are on Summer Break!

We will return in September!

Member Fitness & Massage Services

**Get Fit for Life**
Fitness Training
623-696-6820

Sundial Center
Free Spirit Massage
623-225-8582

Bell Center
Jan Dias
623-521-0771
Lisa McCoy
623-210-2707

Fairway Center
Laura Moore
623-201-0378
latouchwellness@
massagetherapy.com

Arts & Crafts

Fairway Knitters

Knit & crochet items for military, care centers, school children and the homeless of Phoenix & other charities. Join us any Friday anytime between 8:30am-1:30pm. You can work on your own projects using your own yarn or you can work on projects for the club using club yarn. We also have items for sale if you like to shop. We meet in AZ Rooms 3 & 4 at Fairway. Annual membership: \$5. FMIC 602-469-2505.

SewNSew Club

Monday Mending at Olive Branch Senior Center 8:30-10:30a each Monday OBS center is open. Membership: \$10, open to all RCSC cardholders. Boutique & Open sewing Tu/Th 9a-9p; Sat 9:30a-3p; Su 12-4pm. Boutique sales include doll clothes to fit the American Girl Doll. Donations accepted during open sew times.

Aug 1-3: Quilt Camp LV SH

Aug 5: Garment Technique Series "Reading a Pattern"

Aug 11: 9:30a-3p Quilts of Valor

Aug 14: 12:30p Doll Clothes SIG

Aug 16: 10a Cloth/Paper Towel Class

Aug 18: 10:30-11:30a Garment Technique Series "Adjust Pattern: Shorten or Lengthen"

Aug 21: 9:30a Luke Workshop

Aug 23: Friends with Serger

Aug 30: Garment SIG 10a; Garment Design SIG 12:30p; Doll Clothes SIG

A library of reference materials, club patterns & embroidery designs are available to members during open sew hours. FMI visit <http://www.sewnsew.info/>

Bell Silver Craft Club

Visit our professionally equipped silver craft workshop & sales room. We offer classes in basic silver work, introducing students to fundamentals. We also offer lost wax casting classes, turning wax models into beautifully cast silver or gold, chainmaille for stunning bracelets & necklaces. Other specialty classes/demonstrations offered throughout the year. You're welcome to tour our club & see the possibilities. Jewelry Sales: Mon-Sat 9am-3 pm. Silvercrafting hours: Mon-Sat 8am-3:30pm. Located around the corner from the Bell Visitors Center. FMIC 623-933-8442.

Lakeview Fired Arts

Now offering new techniques in Cuerda Seca, gilding & silk screening on poured & hand built earthenware, porcelain & stoneware. Chalks, dry brushing, faux leather & faux antique pewter, glazing, majolica, overglaze & translucent classes also offered this year. Many exciting ideas to take pieces to the next level in your ceramic adventure. Fired Arts offers a mentoring program for a one-on-one learning experience. Annual dues: \$5; easy to join. Start your ceramic hobby with like-minded fun people. FMI Visit clubrooms or call 623-974-5979.

Sundial Crafts

Bring your favorite craft work & join us at Sundial on Mon 8a-1p & Thurs 8-11a. Tues, (Sept-May), we offer Card Making classes 5:30-8p. Scrapbooking for beginners or experienced held Wed 10a-6p, Sat 9a-3p & 1st & 3rd Fri every month from 4-8:30p. Fri (Sept-May) we offer Card Embroidery for experienced embroiderers; 1st & 3rd Fri for beginners. Our club accepts all craft donations including yarn, cardstock, embroidery floss, cutting dies, etc. FMIC Carol 815-315-2387 or email sdcraftclub@yahoo.com

Handweavers & Spinners Guild

Skilled instructors teach weaving, spinning, basket making, tatting, hardanger, bead weaving, inkle & kumihimo, shirett & rug making. All skill levels welcome. Special Interest Groups meet weekly year round. Annual dues: \$10. New members may use equipment/work on personal projects once basic skills are established. We have an extensive library of weaving activities. Member meetings held 1pm, first Monday monthly Oct-May & occasionally include speakers/demonstrations, refreshments, show & tell & socializing. Social events include: Halloween Party, December holiday luncheon, & Spring Omelet brunch. Classes/workshops held year-round: Regular hours: 9am-3pm Mon-Fri, Oct-May. Summer hours vary. Beautiful handcrafted items for sale in Club store, open during club hours. Members participate in holiday fairs & craft events throughout the year. FMI suncityaz.org/handweavers-spinners-guild or call 623-933-0397.

Artistic Stained Glass

ASG is Sun City's only Stained Glass Club; specializing in all types of glass art & projects including "came," as well as more current methods w/foil & solder. Members introduced to techniques in beginning class. Our expert teaches fused & slumped glass; specialized classes in large fused glass flowers, sandblast etching, & more. Most members learned stained glass when they moved to Sun City & took our beginning class. Many are hooked once they try. NOTE: Our club room will be closed until August for remodel, maintenance work.

Palo Verde Artists

Palo Verde Artists Members encouraged to renew social connections. RCSC Cardholders welcome to check out our friendly artists' group. Annual membership: \$10; entitled classes & workshops enrollment; beginners to experienced painters & sketch artists welcome. Classes & workshops may entail additional fees. Club holds many free events: artists' demos, "Paint-Ins," Open Painting, friendly critiques & video lessons, social events & more. Classes taught by professional artists. Club meets monthly (first Mon) 12pm in Sundial East Auditorium.

Fairway Sterling & Stones

Visit our workshop & jewelry store. Friendly members will show you lost wax casting, glass fusion areas & lapidary room. You'll see members working on stones & glass for rings, necklaces, bracelets & more in silver, copper & brass. Check out member creations in our terrific store (open to the public). RCSC cardholders who join can sign up for beginner or advanced classes in silver craft, lapidary, lost wax casting, glass fusion, chain making, viking knit, reticulation and more. Small classes taught by experienced member-instructors who try to accommodate your schedule. Free workshops also available to club members. Summer hours for club, jewelry store & craft sales: Tu-F 9a-1p. Located in Fairway Rm 136, "next door to the trains." FMIC 623-977-2208

Marinette Clay Corner

Those hot August days have Marinette Clay Corner finishing up summer "Funshops." As an RCSC/Clay Corner member you can enjoy a free & fun day learning something new. Refreshments & friendships are served. FMIC 623-977-3167. Mark your calendar for our Fall Kick Off meeting on 9/12, 9am. Refreshments & coffee at 8:30am.

Artistic Weavers/Fiber Artists

The Artistic Weavers & Fiber Artists at Oakmont began summer hours in May & is open Mon-Fri, 9am-noon. We return to our regular hours (9am-3pm) on Oct 1. Members work on knitting, crocheting, loom weaving & basketry projects throughout summer. Stop by club room to purchase handcrafted items, to see what's happening or just to say "Hi." Come join us!

Jewelry at Oakmont

Summer Club Hours Wed, Thurs, Fri, Sat 8am-noon (4/1 thru 10/31) **Now offering Stained Glass** on M-W-F, 12-4p. Contact John Schmidt to schedule your class. We also teach lapidary, silversmith, glass fusion, faceting, beading, wirewrap & scrimshaw. FMIC John Schmidt 623-322-4595

Camera Guild

The photos in our Sundial Guild room were well received at June's "First Friday" Opening; on display for 3 more months, so drop by & enjoy scenes taken in/around Sun City. With snowbirds gone, you should utilize the club for working photos, restoring old photos & printing best shots. Several educational labs hosted, so watch the calendar for times. Annual Camera Guild Membership: \$20/person or \$25/ household; open to all RCSC cardholders. All classes held in CGSC clubroom, Sundial upper floor. General meetings first Saturdays each month in clubroom, 9am. FMIC John 314-882-6951 or visit www.cameraguildsuncity.com.

Sundial Silverstones

No experience necessary! Membership open to all RCSC Cardholders. Beginning classes offered (minimal fees) in basic silver, glass fusion, mold making, lost wax/casting, lapidary, chain making, wire wrapping & faceting. Our well-equipped club is open M-F 8am-3pm & Sat 8am-noon. Jewelry store open to all for purchase of member-crafted items, M-F 8am-3pm & Sat 8am-noon. Come take a tour of our facility.

Bell Metal Club

Love metal? Love art? Come to Bell Metal to be innovative & artistic! We work metal, can fix/replace garbage can lids or make your mailbox secure by adding a locking security box. We have all the equipment to cut, weld & machine metal; we even build small engines. Come visit our shop &/or join us Mon-Sat, 8am-4pm. Membership open to all RCSC Cardholders. Dues: \$20 per year. Call to see if we can repair your broken metal items. FMI 623-974-8206.

Oakmont Ceramics

Annual Dues: \$5 Club hours: Mon-Th, 8am-3pm; Tu/Th 5:30-9pm; Sat 9am-1pm; closed Fridays; Whether you're a beginner or advanced ceramist, this Friendly Club is for you. See Sign-up sheets in Club for special classes/workshops. FMIC 623-363-3908 or come by the Club during Club hours.

Bell Stitchers

Like to sew? Share new & fresh ideas as we create outfits for charity & craft items to raise money for accessories & supplies. Have a tour & a cup of coffee/tea. Annual Dues \$3; membership open to all RCSC Cardholders.

Sun City Calligraphy Society

General Meetings resume in Oct in our Sundial meeting room. Weekly "Love Card" workshops & practice sessions resume Sept (Sept Club Hours: Thurs & Fri 9-11am). Formal calligraphy classes & card workshops resume this Fall. We sell beautiful & creative handmade greeting cards to the public during regular club hours. Card samples & calendar of events available in club window anytime; come see what our artistic members create! Membership open to all RCSC cardholders. FMI stop by during club hours or call Trudy Bryson 623-594-6591.

Friendship Quilters

Club built on friendship & interest of quilting/creating projects w/fabric. New members welcome. Many find quilting sisters at the club. We encourage you to stop by the Bell Craft Village Quilting room on one of our meeting days. Come in & enjoy our contemporary version of the "Quilting Bee." Hours: Mon, Thurs, Sat: 9am-3pm & 5-8pm on Mon; Wed: noon-8pm. Annual dues \$5. Membership open to RCSC Cardholders.

Arts & Crafts (continued)

Creative Quilters
Hours: Mon & Fri: Open Sewing 8am-4pm; Tu & Wed: Open Sewing w/Sew N Sew 3pm; Fri: Bus. mtg, announcements, programs 9:30am. Boutique items available for purchase during Club hours. Watch our news items & stop by Club to look at class book for more details. Membership open to RCSC Cardholders. FMIC Red 602-622-5913

Bell Craft Club
Open M-F 9am-3pm; Sat 10am-2pm; M, W, Th 6-9pm, Classes/workshops in: Bead weaving, Greeting Cards, Copper Enameling, Place-mats, Candle making, Quilling & Cross Stitch, Painting, Plastic Canvas, Knitting, Crochet-ing, Silk Flowers, Craft Beading, Polymer Clay, Parchment Craft, Card Embroidery, & Brazilian Dimensional Embroidery. Classes taught by members. Think others would enjoy your craft? Become a member & teach. Boutique open for unique handcrafted gifts. Gen Mtgs 2nd Thurs, Sept-May. Annual Dues: \$10. New members joining July 1-Dec 31: \$5. All regular classes free to club members. Membership open to RCSC Cardholders. FMIC 623-974-3497.

Bell Ceramics
Wanted: RCSC Cardholders! No experience necessary! Learn a wide range of ceramic techniques: stains, oils, glazes, underglazes, banding, carving & more. We have over 1300 molds to choose from & carry greenware, ceramic tools, brushes & paint supplies - all you need to get started so join today! Fees for classes range from \$5-20 depending on technique. Annual membership: \$7. Club hours: M-F 9am-3pm; Wed 5:30pm-8:30pm, Sat 9am-noon. FMIC 623-974- 6750.

Artists by the Lake
Club meets at Lakeview 1st Tuesday each month; potluck at noon followed by a brief meeting & art demonstration. We have classes, workshops & open painting times in LV Art Studio (upper level). Currently: Oil, Watercolor, Pastels, Acrylics, Drawing & Multimedia & a variety of workshops such as Batik, paper making, alcohol inks, etc. Open painting free to members, Thurs 9-noon. Check out our art studio & friendly members. Annual dues: \$10; some classes have extra fees. FMI visit www.suncityaz.org (under Clubs) for current newsletter & class schedules; or FMIC Janene Geisner 623-810-9112

Fairway China Painting
Come paint with us in Fairway room 217 (second floor), 4 days a week! Club open to RCSC cardholders: Annual dues: \$5. Card-holders welcome to attend 3 times before joining. China painting is one of the oldest forms of art. Dry mineral paints are mixed with oil & patterns are traced (or freehand painted) on glazed porcelain & made per-manent when fired. You can paint useful of artistic items with modern or ancient designs. Come try it - you'll be surprised by what you're able to create; we promise!

Lakeview Woodworkers
Come see our beautiful wood crafts! Men & women welcome; tap into your creativity & making something with your hands. It's a wonderful feeling. Our club is a fun & happy place; members always willing to help. Open M-F 8a-4p, Sa 8a-12p. Summer hours: Mon-Sat 8a-2p. Annual Membership: \$20. FMIC 623-933-2355

Oakmont Needle Arts & Crafts
We are a dedicated, year-round club; come sun or more sun! This is the place to learn knitting, crocheting and other hand crafts. Club is open to all RCSC Cardholders; everyone from novice to pro invited every Thursday, 8-11:30am. Learn, laugh, social-ize! FMIC: Anna 623-693-7544.


Learn Leather Craft
Open to all RCSC Cardholders. Annual Dues: \$10. Beginner classes Tues/Thurs, 8am. Learn carving, stamping, garment & construction. Lessons, patterns & tools furnished. We meet at Marinette. Hours: 8am-12pm; Mon-Fri. Learn to make leather belts, purses, holsters, even mini saddles. A great group of people & a wonderful craft. FMIC 623-594-6591 or 623-933-8831.

Sun City Clay Club at Lakeview
The dog days of summer finds us open, active & cool. Free summer workshops have been well attended & enjoyed. It's fun & challenging to learn a new technique, try a new project & have a good time socializing with fellow members. Two free workshops offered this month taught by club members. Introductory classes offered in summer are based on demand. Stop in, look around & see how much fun we have "playing in the mud." We have clay items on display & for sale. Open Mon-Thurs 8:30am-8:30pm, Fri-Sat 8:30am-4:30pm. FMIC 933-0899.

Fairway Ceramics & Porcelain Club
Ah, July; we celebrate Independence & begin creating gifts for autumn & winter holidays. A unique piece for a friend or family member with a special interest? Many opportunities await you! All Guests & Visitors invited to enter a FREE monthly drawing for an awesome door prize! Low-cost, Fun Classes in airbrushing, clay lifting, glazing, brushstrokes, decorating w/trans-luents, Zentangle, underglaze pencil, clay building, overglaze application, stoneware, & many other techniques. All skill levels welcome. Annual dues (Jan-Dec) \$10/RCSC cardholders; family memberships 2 - \$15. (Half-Price after 6/30.) Basic orientation helps new members start in an encourag-ing environment. Greenware, tools, supplies available for purchase. **Summer Hours (June-Aug):** 8a-12p, Mon-Sat FMIC 623-972-5818, or Dott 623-748-3313. Located at Fairway, 2nd floor.

Sports & Outdoors

Indoor Volleyball Club
While waiting for indoor venue, we play at Villanueva Community Ctr (15660 N Hollyhock St, Surprise) W & F, 8-10:30am & at Rio Vista Rec Ctr, (8866A W Thunderbird, Peoria) most Th 9-11a & most Sa 5-6:30p. Call in advance as they close on holidays & sometimes have gym rented. No fee to use facility w/Silver Sneakers Card. FMI on membership (RCSC Cardholders only) call Dawn 623-271-8511

 **Sun City Pickleball Club**
Inside or outside, Pickleball remains active, even in August; members simply play earlier or later. Games almost exclu-sively at Marinette's 20 courts (8 covered w/cooler temps), beginning 6am. Busiest times: 6:30-10a, M-W-F. Mt View's 7 outdoor courts remain available, although activity is sparse. This skilled, fun, court-&-paddle sport is similar to tennis, badminton, rac-quetball & table tennis. Free intro lessons/clinics for all skill levels year round, ladder & round robin play offered as well. All RCSC Cardholders eligible for club membership. Annual dues: \$25. Everything about club available at suncitypickleballclub.org

Sun City Sportsmen Club
New name! Same great group! Hunting/Fishing/Shooting Weds: 8am, Trap & Skeet, Ben Avery Range (Les: 623-876-8714) Fri: 8am, Rifle & Pistol Shooting (Ben Avery). Open to all RCSC Cardholders; New mem-bers welcome. FMIC Tony 847-207-1948

Racquetball Club of Sun City
We now play "Whisperball" at Bell indoor racquetball courts. Free lessons available Tu & Th 1:30pm. Court requirements: clean court shoes only (no street shoes); protec-tive eyewear required; must be RCSC Card-holder or escorted guest. Play on M-W-F from 3-5pm. A great cardio workout that's fun, too. Open to RCSC Cardholders who belong to the Racquetball Club. \$5 annual membership. FMIC Rick 412-419-9578 or visit www.racquetballclubofsuncity.com.


Bell Shuffleboard Club
Play every M, Tu & F 1-3:30pm. Arrive early to sign in (assigned court & starting position). Play 3 games; new partner each game. Fast courts w/slight curve make it a challenge. Instructors available to help learn rules. FMIC Dennis 623-972-3169, or stop by & check us out during regular play.

Sun City Basketball Club
We currently play at Villanueva Commu-nity Ctr, 15660 N. Hollyhock St, Surprise: a 4on4/5on5 full court or come shoot around M & W: 3:30-5pm. We plan to have 1/2 court outdoor games Fri, 9-11am at Marinette. FMIC Charlie 206-459-3242; charlespeter-son@comcast.net or Peter 604-313-3190; petermacleod1000@gmail.com

Sun City Senior Softball Club
Play slow-pitch softball several days a week (mixed men/women) at Sun Bowl softball field (107th & Clare, just west across Sun Bowl parking lot). Several leagues: Ameri-can w/12 teams/10 players, Central-12/11, National-12/12, Co-ed-6/12, 70s-6/11 (age requirement) & tournament teams & Women's. Players placed in leagues accord-ing to ability. Five separate sessions allow year-round opportunity to play softball w/ short commitments to 1/more sessions. Tryouts: Mon 8:30am. RCSC Cardholders, including Snow Birds, welcome to join. FMIC Dan 520-404-2909

Sundial Shuffleboard Club
Contrary to (some) beliefs, Shuffleboard isn't a game just for the most elderly. Sure, it doesn't take a lot of physical effort but there is skill involved (anyone can learn). Give the game a fair chance by joining us 6pm Thursdays at Bell. If you're already familiar with the game, arrive by 5:50p to get a playing spot. If you haven't played before, make an appointment for a free les-son. Equipment is furnished so you're not lugging around balls, bats or rackets. We have a good time during Club Play; it only costs 25¢ for 2 hours of fun. RCSC cardhold-ers may play 3 times before committing to a \$2.50 annual membership. FMI or a free lesson, call Russ at 623-208-9921.

Bocce Club of Sun City
Check your outside thermometer; no doubt it is still pretty warm out there. But don't let that stop you from playing a game of great fun. Bocce courts are shaded & Open Play continues early morning / late evening so it's as comfortable as possible. Mark your calendars as indicated below.
Open Play: Tu, Aug 7, 14, 21 & 28, 8:30a
Open Play: - Th, Aug 2, 9, 16, 23 & 30, 8:30a
Fri 25¢ Play: Aug 3, 10, 17, 24 & 31, 7p
Club Closed All other days of the month
RCSC visitors & escorted guests are welcome to join you for Open play. This includes Friday nights. Be sure to follow Club Rules of the game at all times & feel free to ask some-one if you are unsure of a rule. When at the courts, your attire should be modest & appropriate.
Lessons by appointment:
Dennis: 623-693-2881
Edith & FMI: 623-271-0092

 **Dart Club at Bell Lanes**
5 leading-edge, soft-tip, electronic dart boards, preset games, 1-8 players. House darts available/use your own. All skill levels welcome.
Club Play: Mon: Game Night, 5:30-8p; **Tue:** Count-Up 5:30-8p; **Wed:** Monitor's Choice 5:30-8p; **Thu:** Ladies 2-4pm. Arrive 15 min early for sign in & team formation. FMIC Andrew Esaena 480-284-0904; Bob Howicz 630-531-0391; Judy Clark 623-760-6926. Membership open to all RCSC Cardholders.

Dances

Friday Night Ballroom Dance Club

Singles & couples invited to join us for social & ballroom dancing at Sundial, Fridays 7- 9:45pm. Whether you love to slow dance, are an accomplished ballroom dancer, or somewhere in between, you'll enjoy dancing to some of the best live music in the Valley. Free dance lesson w/ paid admission: 6:20pm. No partner required for lesson; Students rotate so everyone has an opportunity to dance. We also have a couple "Mixers" & "Line Dances." Admission: \$5/members; \$8/escorted guests. Enjoy socializing & making new friends. Be comfortable, but please: no jeans, shorts, pullover shirts, hats, tennis shoes or flip flops. Coffee, ice & cups provided. FMIC Bob (623) 215-8718 or visit our website at: www.suncitysinglesdanceclub.com. Open to all RCSC Cardholders, visitors & escorted guests. **August Dates: 8/3 Rich & Brad; 8/10 Juan Miguel Zarate; 8/17 Mike Carollo; 8/24 The Breeze; 8/31 Rich & Brad**

**Classic Rock Dance Club**

Let's Rock N Roll! Join us for some good old time Rock N Roll! Our DJ's upbeat enthusiasm gets you on your feet & keeps you rockin all night! 50, 60, 70, 80's Rock N Roll! Fairway, every 1st & 3rd Saturday nights

Ron West 8/4
John & Diane Phillips 8/18



Doors open 5:30; dancing 6-9pm. BYOB; homemade cookies, cups, ice & napkins provided. Open to all RCSC Cardholders & their escorted guests. Annual Classic Rock Membership: \$3 w/valid RCSC membership. Admission: \$3/Members; \$6/escorted guests. FMI www.facebook.com/suncityclassicrockdanceclub or Donna 623-628-4401 / Pat 6022-380-7327

Friday Night Rock 'N' Roll

Dance with Friday Night Rock 'N' Roll at Fairway on the 2nd, 4th & 5th Fridays each month. Join us for the great sounds of the 50s & 60s, the best music of the 70s & 80s, from Rock to Motown, a touch of Soul & Boogie & some of today's hottest sounds. Singles/couples welcome. Bring friends & make new ones! If you have songs or an artist you would like to dance to, email us at fairwayfridaynightrocknroll@yahoo.com. Annual membership: \$4. Admission: Members: \$3; Escorted guests: \$6 Doors open: 6pm; dancing from 6:30-9:30pm. BYO beverage & snacks; napkins, cups, ice provided.

**Country Dance Club at Sundial**

Come dance with us 8/4 & 8/18 at the fabulous Sundial ballroom. Something for everyone; a good mix for couples free-style, couples pattern, & line dancing. We even have a dedicated dance floor just for the line dancers. BYO snacks & beverage. Ice, water, cups & cookies provided. Dance: 6:30-9:30pm. Doors open: 6pm. Dance lesson prior to dance is suspended for summer. Admission: \$3/members, \$5/visitors & \$6/escorted guests. Annual club membership: \$5 with valid RCSC photo ID. FMIC 623-972-5127 or visit www.CountryDanceClubSunCity.com

Sun City Ballroom Dance Club at Bell

We meet at Bell Social Halls every Sunday throughout the year except holiday Sundays. Dances open to all RCSC cardholders & escorted guests. Please join us for a fun social evening of music & dance. Dancers of all accomplishment levels, couples & singles, welcome. Dance: 7-9:30pm. Annual membership: \$3. Admission: members \$5; escorted guest \$8. Coffee, ice & cups provided or bring your own refreshments & snacks. **We are closed for August; Ballroom Dance returns Sunday, Sept 2** FMIC Julie (623)533-6236 Arlene (623) 214-0594 or www.suncityballroomdanceclub.com

**Sun City Line Dance Club at Sundial**

Dance on a beautiful wooden floor every Tues & Thu 10a-1p in Sundial ballroom/auditorium. Serving cookies, pretzels, mints, coffee, & water. Members, visitors & escorted guests welcome. Free dance lesson prior to all dances. Annual Club membership \$5. Daily dance: \$2/members, \$4/visitors, \$6/escorted guests. FMIC Walter 623-972-5127. Suncitylinedanceclub.facebook.com contains links to teaching sessions for our dances; website: www.suncitylinedance.com.

**Rockin' Thru the Years – Saturday Nite Fever**

The only dance club dedicated to Classic Rock & Roll, Disco, DooWop & Country Rock. We have our own sound system & use 2 different DJs to play music from the 50s thru today. Will play requests as long as they fall in the R&R genre. Singles & couples welcome; no dress code! We furnish cups & ice; bring your own snacks & favorite beverage. Admission: \$3/ members; \$6/escorted guests. Annual RTTY membership \$3 w/RCSC card. You don't have to have a partner or take dance lessons to enjoy dancing to R&R & Disco. **We now dance at SUNDIAL!** Doors open 6:30pm; dance 7-10pm. FMIC 623-332-7894 or visit RockinThruTheYears.com. We have 8 drawings at every dance worth \$175plus 4 video screens for your enjoyment! **August Schedule: 8/11 DJ Jamee Souz; 8/25 DJ Ryan Blair**

Bell Tea Dance

All dances on Wed 2-4 pm at Bell Social Hall. Music provided by local keyboard artists. Dances consist of Foxtrots, Waltzes, Latin, Swing & Rock. Two mixers included. Coffee, tea & fresh baked cookies provided. Singles welcome. Admission: \$4/Club Members, \$6/Escorted Guests. FMIC 623-842-3917. **No Dances in August - We'll see you in September!**

Rhythm Ramblers

We'll see you in October at Sundial Auditorium for our next dance . Remember, dress is casual. BYO drinks/snacks; cups, ice & napkins provided. Bring all your friends & returning snowbirds to celebrate the arrival of fall & plan for a fun reunion! See you there!

**Sun City Squares**

Sun City Squares will see you in November! Keep watch for our biggest dance of the season in the fall - our Light Dance! FMI email: suncitysquares@q.com; Marilyn: 623-930-7513 or Bob 602-370-5495 or visit www.suncityaz.org/recreation/clubs/sun-city-squares/. Dances open to RCSC Cardholders & their Escorted Guests.

Dances Lessons

Tip Top Dance Club

Have fun while burning calories! Bonus: Improved physical strength, circulation & balance, increased stamina, a healthier heart & new friendships. Men & women, novice to advanced all welcome. Annual Dues: \$10 plus \$12-24 per month, depending on classes. Visitors pay \$2.50 extra/class. **Class Schedule at Marinette SH: Mon:** 8:15a Intro to Tap (by appt w/Denise 623-875-1255); 9a Inter Variety Tap w/Jackie; 10:15a Tap 2 w/Denise. **Tu:** 8:15a Intro to Tap (by appt w/Denise 623-875-1255); 9a Tap 1 w/Denise; 10:15a Adv Tap w/Dallas. **Wed:** 8:15a Intro to Tap (by appt w/Denise 623-875-1255); 9a Inter Variety Tap w/Jackie; 10:15a Adv Tap w/Dallas. **Moving To The Beat (low impact aerobicsat Marinette):** Tues/Thurs 1 pm; Members \$3/class; Visitors +\$2.50/class. **Pilates Classes at Bell Aerobics Rm:** Mon/Fri 1 pm; Members \$4/class; Visitors +\$2.50/class. Open to all RCSC Cardholders & their escorted guests. Tip Top Dancers is available for dance performances! FMIC Christine 623-322-3138.

**Country Dance Lessons**

Couples Pattern Dance lessons every Wed at Bell Social Halls from 6:30-9pm. Once you learn some of these dances, you'll be all set to join pattern dancing at our club's Sundial dances on 8/4 & 8/18. The cost for the lessons, which covers the entire 2 1/2 hours, is \$4 club members, \$5 RCSC cardholders & \$6 escorted guests. FMIC 623-972-5127.

BEGINNER 6:30pm**BEGINNER PLUS 7:15pm****INTERMEDIATE 8:15pm**

Sun City Ballroom Dance Lessons - Suspended for the Summer
Lessons resume Thurs 9/6 and include any combination of the following (or others):

Beginning Tango; Beginning /Intermediate East Coast Swing;
Intermediate /Advanced Rumba
Beginning Cha Cha; Intermediate Foxtrot; Intermediate /Advanced West Coast Swing
Cost per lesson: \$5/members, \$8/escorted guests.
FMIC Julie (623)533-6236 Arlene (623)214-0594
Visit our website: www.suncityballroomdanceclub.com

Educational Classes

Computer Club of Sun City

Our members come to our Club in the Fairway Recreation Center to share computer knowledge and experiences, including current Microsoft Operating Systems, Chromebooks, Android, smart-phones and tablets in a fun and social environment. This includes using these devices to explore the Internet, photos, repair, home, office and social. Members of the Club can come anytime that we are open and use our computers in the Member's Lab to check



email, read the news and visit favorite websites. They use our scanner to scan their important documents or convert precious old pictures, prints, slides and negatives into image files. Classes, special interest group discussions, workshops and presentations are both interesting and educational.

We have three rooms equipped with Windows 10 computers. Many classes using Microsoft 10 are scheduled and you can use our computers. Classes are usually announced at least two weeks before and require club membership. You'll need to come to the club to register for classes. Sign up early as they do fill up fast. Our Workshops are focused, informal, hands on, and with smaller groups. Membership is required. Topics of the Workshops are targeted to a specific topic and will be related to PCs or Android Devices. Workshop rooms are arranged for members to use with their own laptop, chromebook, tablet, or phone. If you do not have a laptop, you can use one of our computers. All RCSC cardholders are welcome to join the fun! In August, you can join our Club by attending a short "Join Us" presentation in our Club on any Wednesday. Come in anytime between 9a to 10:30a. It only takes a few minutes to join! For more information, call 623-933-8953 or visit our Club Website: www.firstsuncity.com The Computer Club of Sun City is on the 2nd floor of the Fairway Recreation Center.

In August, our Clubs Hours: Mon - Sat: 8a to Noon.

August Schedule:

Second Week

Android Devices SIG on August 6 at 9a
Monitor Training on August 10 at 11a
Round Table Discussion on August 10 at 9a
Investors SIG on August 11 at 9am

Third Week

Internet/Email SIG on August 13 at 9am
Backup and Recovery SIG on August 15 at 9a

Fourth Week

Android Beginners SIG on August 20 at 9a
Windows 10 Workshop, August 21 at 9a
Windows 10 Operating System Class, August 11, 12, 13 and 15 from 9a to 11a
Android Clinic, on August 20 from 9a to 11a
Round Table Discussion on August 24 at 9

Fifth Week

Windows SIG on August 27 at 9a



SunMacs (Apple Macintosh) Computer Club

Our Summer Hours, Tuesday and Thursday only, 8:30-10:30a are observed May through October. We are closed from July 30 through September 14.

Our 2018 officers are: President, Isaac Bonifas; First Vice President, Vacant; Second Vice President, Larry Dilts; Secretary, Barb Swintek; and Treasurer, Tom Cherveney. The club is seeking candidates for the 2019 position of First Vice President. The duties include filling in for the President when necessary and arranging for guest speakers for the five monthly general meetings.

Our next General Meeting will take place on Saturday, November 3, 8:30 - 10:30a in the Sundial West Hall. Coffee and treats available before the 9a program. The program topic for this meeting will be announced at a later date. You can renew your membership for 2019 at this time. Election of officers for 2019 will take place before the program.

We specialize in assisting our members with Apple Products and Software. Located at Sundial; RCSC card required for membership. Annual dues: \$20 single/\$30 couple. We offer classes, Round Tables and Socials, free to club members. Some classes require pre-registration. For more information about the Club and a calendar schedule of classes offered, visit www.sunmacs.org or our club room (933-5300).



Spanish Club - El Circulo Español

The Sun City Spanish club does NOT take a siesta during the long hot summer. All-level Spanish practice session continues in Fairway Rm 133 on Wednesdays through the end of August, 1-2:30pm. This (summer) drop-in class is open to all RCSC Cardholders; Annual dues: \$10.

We also have outings planned on Th 8/23 & Th 9/20. Be sure to check our bulletin board at Fairway for more details & please RSVP by emailing SunCitySpanishClub@gmail.com or call Laura K at 623-974-0906.

We have been working hard to create a (tentative) schedule for Fall Classes:

Beg lvl 1: Mon, 9-11am starting 10/22/18
Int Conversation: Mon, 11am-1pm starting 10/22/18
Beg lvl 1: Mon, 3-5pm starting 10/22/18
Beg lvl 1: Mon, 1-3pm starting 1/7/2019
Beg lvl 2: Wed, 8-10am starting 10/31/18
Beg lvl 1: Wed, 10am-noon starting 10/31/18
All-levels conversation: Wed, 12-2pm starting 10/24/18
Beg lvl 2: Wed, 2-4pm, Destinos video class starting 11/14/18
Beg lvl 2: Wed, 4-5:30pm starting 1/2/2019
Beg lvl 3: Thur, 9-10:30am starting 1/3/2019
Beg lvl 2: Thur, 10:30am-noon starting 1/3/2019
Int Conversation: Thur, 2-3pm starting 11/1/18

For monthly outing information please check club bulletin board at Fairway Center

No limit to number of classes members can take & no need to register. Some classes require books, we try to assist in purchasing these inexpensively.

Oct 18 is a "finger food" potluck, 5:30pm in Fairway AZ Rms 1 & 2. All members & their invited guests welcome; potential members (RCSC cardholder visitors) welcome as well. Bring a dish to share; a great opportunity to meet instructors & discover what our class offer. We have monthly social gatherings & try to arrange car pools for those in need. FMIC Lidwina 623-256-8376

LIFELONG LEARNING SUN CITY AZ



Life Long Learning

The next opportunity for lecture & course registration is for the Fall Semester & will take place at Fairway on Thursday, 10/11. Our Mission is to provide educational programs, courses, & lectures at low cost. Learners are able to select up to 15 classes per semester. Readers with special interests & expertise who may welcome a chance to share their enthusiasms by offering a course or lecture are invited to submit a proposal. FMIC 523-533-5756, Brian Callahan, President.

GREAT CD RATES FROM YOUR HOMETOWN BANK!



12 MONTH CD

2.00%^{APY*}

24 MONTH CD

2.35%^{APY*}

Western



Bank • Invest • Insure

10050 W Bell Rd, Suite 6 • Sun City • 623-561-4800
19440 North RH Johnson Blvd • Sun City West • 623-544-5000
www.westernbanks.com

*Annual Percentage Yield. Rate effective 7/2/18. Personal accounts only. Minimum \$1,000 deposit required.
Checking account with direct deposit or loan relationship required. Early withdrawal penalty may apply. Member FDIC.



The best way to fight high energy costs is with more insulation

FREE INSPECTION WITH THIS AD



We Install & Replace Wind Turbines

Sun Cities Insulation

Serving The Valley Since 1978

623-972-7649



Listed With
Homeowners
Association
& P.O.R.A.
ROC# 087351



THIS IS YOUR CHANCE TO WIN

\$1,000,000

Play for 50 points each week, Monday until Wednesday at 5:30PM, to qualify for a weekly tournament. You could win your way to Las Vegas to compete for the \$1,000,000 Grand Prize at the National TourEvent of Champions®.

WEDNESDAY TOURNAMENTS

Now–August 22 | 4PM–6PM

WIN UP TO \$1,500 CASH OR \$100 FREE PLAY

TOURNEVENT OF CHAMPIONS®

August 25

Where jackpots hit close to home.

See Rewards Center for details. Desert Diamond West Valley Casino Rewards Card necessary to participate. Must be 21 to enter bars and gaming areas. Management reserves the right to alter/cancel without notice. Grand Prize awarded using periodic payments over 20 years. Please play responsibly. An Enterprise of the Tohono O'odham Nation.



We've got your style, a suit for "Every Body"!

Exquisite Swimwear



- Women's sizes 2 to 26
- Cup sizes A -H Cup
- Polyester Suits for water exercise
- Mastectomy Suits, swim prosthetics
- Spa Suits and we now carry Miraclesuit's
- One-Pieces, Tankinis and Bikinis
- Cover Up's, Sundresses and Sarongs
- Hats, Visors, tote bags, and flip flops
- Alterations
- Knowledgeable sales staff

Hours Monday - Thursday 10-8, Friday & Saturday 10-9 and Sunday 11-6
exquisiteswimwear.com • 623-581-7428

2450 West Happy Valley Road, Suite #1151 Phoenix, AZ 85085

"The Shops at Norterra" across the street from Victoria's Secret, I-17 & Happy Valley Road

ALL ABOARD AMERICA!

We offer exciting and unique motorcoach guided tours throughout Arizona and beyond. Whether you are looking for a fun day tour or a multiday adventure, we have choices for every schedule and budget.

Lowell Observatory and Bearizona Wildlife Park, Sep.4 - Sep.6, 2018



Tour Includes:

- Roundtrip Luxury Motorcoach Transportation
- Two Nights Stay at the Little America Hotel, Flagstaff
- Dinner at Black Bart's Steakhouse
- Lowell Observatory Tour
- Admission to Bearizona Wildlife Park
- Lunch at Canyonlands Restaurant

Sedona & Pink Jeep Tour with Jerome, Sep.20-21, 2018



Tour Includes:

- Roundtrip Luxury Motorcoach Transportation
- Tlaquepaque Arts and Crafts Village
- Sedona Pink Jeep Tour
- One Night at the Sedona Real Inn and Suites
- Dinner at Famous Pizza and Beer
- Lunch at the Mile High Grill in Jerome
- Oak Creek Canyon
- One Breakfast

All Tours will Depart from Sun City West

For reservations, call SCW Tours & Scheduling at 623-544-6129 or 623-544-6032



Please email us at tours@allaboardamerica.com if you would like a list of Upcoming Tours sent to you.



RESIDENTIAL BROKERAGE

KATHRYN PARNUM

Full Time Realtor. Multi Million Dollar Seller.

623-760-3715

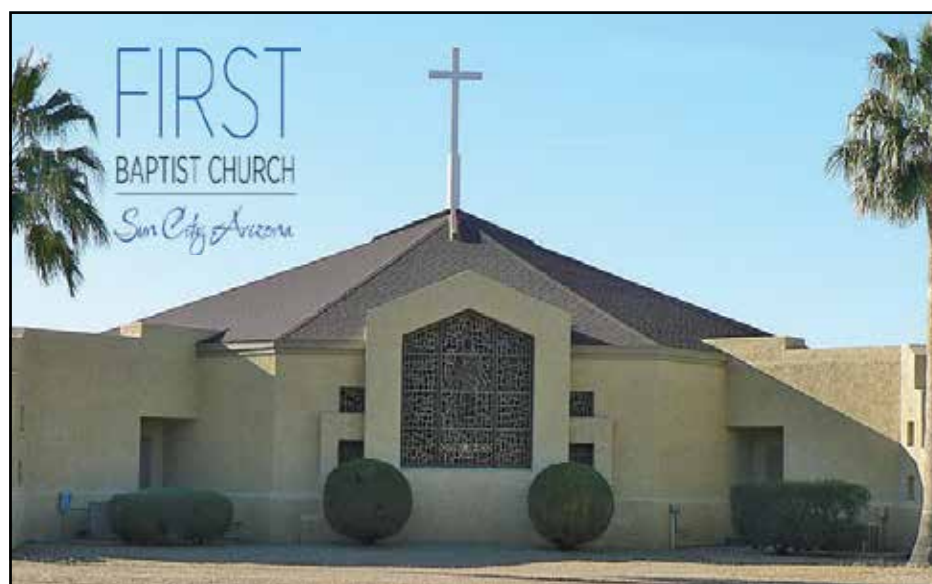


*If you are Buying,
Selling or Renting
...Give me a Call.*

*Call for a Free No Obligation Market Analysis
of your home and receive a FREE GIFT.*

email: parnum55@gmail.com
website: parnumproperties.com

Owned and Operated by NRT LLC



Services:

Sunday

9:00 am Bible Study

10:30 am Worship Service

Wednesday

4:00 pm Bible Study &

Prayer

11019 W. Peoria Avenue, Sun City AZ 85351
623-933-6600 • www.firstbaptistsuncity.com

Kenny Long, Sr. Pastor • Travis Fullwood, Assoc. Pastor



Welcome to Sunshine Service

People, meeting needs of people is what Sunshine Service is all about. Sunshine Service lends medical and children's equipment to residents of Sun City and we have been doing so for over 54 years. We are a charitable non-profit Arizona corporation and are funded by voluntary contributions and memorial gifts.

While the equipment is available for the use of all residents or visitors staying with residents, the equipment must not be taken out of Sun City on a permanent basis. As a matter of control, equipment is loaned only to Sun City residents.

Records show that as the population of Sun City grew, so did use of our medical equipment. Savings for Sun City residents have been calculated periodically; in 2015, it was estimated that residents saved over two million dollars in cost of equipment for that year alone.

Sunshine Service, Inc has received local, state and national recognition. Awards received include the George Washington Honor Medal for services to the sick and handicapped from the Freedoms Foundation of Valley Forge in Pennsylvania.

"The Cleanest and Most Sanitized Equipment Around"



**New
Knee
Scooters
Arrived!**



Some Of The Many Items We Carry:

Arm Exerciser • Bath Bench • Bed Rails • Bedside Commodes • Companion Chair
Crutches • Foot Massager • High Chairs • Hospital Beds • Lift Chairs
Overbed Tables • Pack-N-Play • Ramp - Aluminum • Rollaway Beds
Strollers Trapeze Walkers • Weights • Wheel Chairs Translator Chairs • Knee Scooters

Monday-Friday • 9am-4pm

9980 W. Santa Fe Dr. • Sun City 85351-3197

623-974-2561 • www.sunshineservice.org

Would you like the latest news at the click of a button?



When you sign up for
our daily newsletter -
*Today's Headlines from
Daily News-Sun* -
the latest news will be
sent to your e-mail
inbox everyday.



Sign up today at www.yourvalley.net

Do you have Denture Problems? Call the Expert

A-Z DENTURE CENTER

Friendly Staff to assist you:

- Repair & Reline While You Wait
- Same Day Denture
- 30 Years Experience
- Quality one Custom Craft Dentures & Partial
- Implant Experts



Emergency Hours Available
Call for a Free Consultation



**25% OFF ON
NEW DENTURES**
Must Present Coupon
at 1st Visit



623-214-7898
19082 N. RH Johnson Blvd., Sun City West, AZ
www.azdenturecenter.com



Pastor
Jere A. Martynotte
480-747-7617

Sundays
9am Bible Study
10am Worship
5pm Worship /
Discipleship

Wednesdays
5pm Bible Study

ComeFor the *Curiosity* of it
StayFor the *Commitment* to it

The Shepherd's Gate

Community Church SBC
(Southern Baptist)

Currently Meeting in the Chapel
On the Campus of
Faith Presbyterian Church

16000 North Del Webb Boulevard
Sun City, AZ

Come Join Us This Sunday



Look for the yellow signs

STERLING SKIN & STYLE

HAIR
&
SKINCARE

12630
N 103rd Ave.
Suite #113
Sun City AZ
85351
(602) 820-4688
azskinbykim.com

- Facials • Brow & Lash Services
- Skin Tag Removal • Hair Services

Visit Our Website
azskinbykim.com
or Social Media for
Specials of the Month



Spirit Point Acupuncture

Decrease Pain & Stress Now!

- Fibromyalgia ○
- Anxiety and Depression ○
- Autoimmune Conditions ○

Call Today
for a 20 minute
Complimentary Consult.

Expires 8/31/18

Lakeview Medical Arts Center
13000 N. 103rd Ave., Suite 72
Sun City, AZ 85351

623-262-7222

www.MariaMandarino.com

We are here to be part of your care team.

Serving in the Northwest Valley Since 1990



Meet Our Staff

Top row, left to right (standing): Jane Keys, Memory Care and Education ; Kay Spofford, RN;
Sandra Vega, Scheduling Agent ; Mary Jo Cuttall, RN.

Bottom row, left to right (seated): Diane Swens, Scheduling Agent ; Janice Grady, Office Manager;
Dot Scherr, RN

Sun Cities CareGivers provides help with personal care, household chores, transportation to appointments, exercises, good nutrition and, most importantly, makes it possible for people to stay in their own home.

Companion/Homemaker: Assists with household chores & errands

Personal Care Attendant: Assists with personal care needs

Certified Nurse's Aide: Assists with doctor/nurse supervised care needs

Registered Nurse: Sets up medication and supervises usage

**FREE
In-Home Consultation!**
with mention of this ad

All Clients Are Nurse-Managed

"Always know who you are doing business with. A life depends on it."

Sun Cities CareGivers
623.974.2397

13203 N. 103rd Ave. Ste. F6, Sun City

For a complete listing of our rates and services visit us at www.sccaregivers.com

& Licenses Verified • Background Checks



HOT SUMMER SAVINGS!

COME SEE AND DRIVE

Club Car

ONWARD

EFFICIENT ELECTRIC & EFI GAS

Financing Available - OAC



\$500 OFF
NEW 2018'S

\$200 OFF
REBUILT CARS

\$100 OFF
PRE-OWNED CARS

\$25 OFF

Full Set Golf Car
Seat Upholstery

Must present coupon at time of purchase.
Cannot be combined with any other discount.
Expires 8/31/18

\$100 OFF

Custom All-Weather
Enclosure

Must be reserved for August 2018 appointment.
One coupon per purchase.
Cannot be combined with any other discount offer.

New • Used • Rebuilt • Sales • Repair • Service • Parts
Pickup & Delivery • Accessories • Batteries • Tires • Re-Upholstery

SOUTHWEST GOLF CARS

Sun City West

13901 Camino del Sol
½ mi E. of Grand, just S. of Meeker
M-F 8-3:30 • Sat 9-3
623-584-0591

Sun City - Youngtown

11124 Youngtown Ave.
½ mile S. of Grand off 111th
M-F 8-3:30
623-977-3100

Also located on the SW corner of Indian School & Litchfield in Goodyear
Mon-Sat 9-3 • 623-536-5625

1975- 2018 Same owners proudly serving the Valley for 43 years • SWGOLFCARS.COM

FLAGPOLE TODAY

- In-Ground Flagpoles
- Wall Mounted Flagpoles
- Solar Lighting
- Replacement Flags
- Custom Bases

Flagpole Today is a local family owned company. We specialize in residential Flagpole Installation. Contact us to find out how affordable a quality Flagpole can be. A portion of every Flagpole goes to the Folds of Honor Charity to Support the families of our fallen soldiers.

1-833-FLG-POLE - 1-833-354-7653
Flagpoletoday.com

FOLDS of HONOR
ARIZONA

CHAMBERLAIN
LiftMaster
PROFESSIONAL

Design Array

GARAGE DOOR STORE

Amarr
ENTRE/MATIC



THE WEST
VALLEY'S
LARGEST
GARAGE DOOR
SHOWROOM!

SALES • SERVICE • INSTALLATION • CARPORT ENCLOSURES

OPERATIONAL DOORS & OPENERS ON DISPLAY!



Model
8355-7

7' 1/2 HP Belt Drive
Garage Door Opener
NOW ONLY! \$349 Installed.
Plus tax.

Must present coupon. Can't combine with other advertised offers. Prices subject to change after 8/31/18.

16 x 7 Garage Doors

Starting at **\$795** Installed.
Plus tax.

Includes removing existing door
& reconnecting existing opener.

Must present coupon. Can't combine with other advertised offers.
Prices subject to change after 8/31/18.

SUMMER MAINTENANCE SPECIAL

\$59 Garage Door Tune-Up
Tighten hinges, lube and/or adjust
door springs and opener.

Must present coupon. Can't combine
with other advertised offers. Prices sub-
ject to change after 8/31/18.

Includes 16 point safety inspection.

Located In Sun City For Over 18 Years!

Residential & Commercial
LIC # ROC 161375
HOA • COA • PORA



\$100 OFF

Any Steel-backed Insulated
16' x 7' Garage Door

Must present coupon. Can't combine with other advertised offers. Prices subject to change after 8/31/18.

Free Estimates! • www.makemydoor.com

9008 North 99th Avenue • Sun City
623-915-7777

99th Avenue & Olive • Monday-Friday 8am-5pm • Saturday 8am-Noon



LIMITED TIME OFFER

\$49

Cleaning, Digital X-Rays, & Exam

New patients only. Coupon must be presented to receive discount. Offers may not be combined. Periodontic treatments excluded.

OVER \$200 SAVINGS

New Patients & Emergencies Welcome
Mon - Fri and 6:30am Appointments Available

**OFFERING
COMPREHENSIVE DENTAL CARE
INCLUDING IMPLANTS**

**\$150 OFF
ANY TREATMENT
OF \$1000 OR MORE**

New patients only. Coupon must be presented to receive discount. Offers may not be combined. Periodontic treatments excluded.

**ASK
ABOUT OUR
ONE VISIT
CROWNS**

**FREE
SECOND
OPINION**

New patients only. Coupon must be presented to receive discount. Offers may not be combined. First opinion treatment plan



**Visit us at www.SunCityAZDentist.com
CALL TODAY!
623-972-2156
10615 W. Thunderbird Blvd. Ste. B-500 • Sun City, 85351
Located next to Boswell Hospital**

Matthew E. Wessel, D.D.S.
Matthew F. Cichowski, D.D.S.

Sun City Meals On Wheels Is Here For You

A Helping Hand With Meals



- EVERY day, even holidays!
- Two healthy meals a day
- Affordable price...only \$7.50 per day
- Food allergy? Diabetic? other special diet? No problem!
- MOW is happy to speak about our services to your group or club

623-974-9430

www.suncitymealsonwheels.org

Sun City Meals On Wheels, Inc.
a not for profit 501(c)3 organization since 1972



&



present

WEST VALLEY SENIOR EXPO

Vendors • Entertainment • Fun

Tuesday, Oct. 30, 2018 • 9a.m. – Noon

R.H. Johnson Recreation Center • 19803 R.H. Johnson Blvd., Sun City West, AZ 85375



**FREE
ADMISSION!**

**RESERVE
YOUR SPACE
NOW!**

Interested vendors can call Frank Dias 623-445-2828 or email wwads@newszap.com



Wooddale Village

Retirement Community



Invigorating Fun in the Pool

Exercising the body, greatly improves attitude!

Wooddale Village is a beautiful resort-style retirement community located in Sun City, offering the finest in services, amenities, and healthy lifestyle. This community offers spacious one and two bedroom apartment homes with views of lush, green courtyards lined with trees, water features and ponds. Residents who choose Wooddale Village as their home enjoy the freedom of living a carefree lifestyle that keeps them young at heart.

**Call Us
NOW!!!**

Come for lunch
and a tour to
learn about our specials

Wooddale Village
SUN CITY

www.wooddalevillage.com



18616 N. 99th Avenue, Sun City
(just north of Union Hills)

623-933-1313

We'll See You Back in September at the Sun Bowl

Free for RCSC Cardholders & their escorted guests ONLY!

Johnny K & Kompany September 23 @ 7pm

Let's kick off the Sun Bowl season with an encore performance from Johnny K & Kompany, who will take the audience back to a simpler time with many of your favorite classic oldies!



Furious George October 21 @ 6:30pm

Let's give a big hand to Furious George when this outstanding five-piece band of talented & accomplished musicians creates a sure-fire performance - guaranteed to include your favorite songs and will keep everyone on their feet.



The 8-Tracks October 28 @ 6:30pm

Welcome back The 8-Tracks to Sun City AZ as we take a journey back in time, singing and swinging to the songs from the 50s and 60s, songs that you love and that are so much a part of your lives.



Strait Country September 30 @ 7pm

Kevin Sterner & Strait Country will keep the audience on their feet as this 6-piece band showcases hit after hit from George's vast collection of number one & top ten hits, along with some lesser known gems.

Thaddeus Rose Band October 7 @ 6:30pm

Let's welcome TRB as they perform their debut concert here in Sun City AZ that promises the best dance rock hits and iconic cover tunes presented by some of the greatest musicians of our time.



'56 Rock N Roll November 4 @ 6pm

Return to the year that featured Coupe de Villes & drive-in movies, Ed Sullivan & Milton Berle in your living room, Mickey Mantle leading the Yankees to the pennant & Grace becoming a Princess, accompanied by great tunes from rock legends such as Chuck Berry, Jerry Lee Lewis, Johnny Cash, Roy Orbison, Carl Perkins and Elvis (just to name a few). That is '56 & you won't want to miss it!



Faded Jeans October 14 @ 6:30pm

Arizona's Party Band comes back to the Sun Bowl with their unique mix of classic rock, pop, country, 70s funk, rockabilly and blues. Shout out your favorite tune and they just might play it!



Tribute to Our Veterans November 11 @ 6pm

Pride and patriotism will take center stage at the Sun Bowl when the Ahwatukee Foothills Concert Band and the Ahwatukee Children's Theatre put on a special performance specifically designed to honor those who have served as we honor veterans. Please accept our heartfelt thanks!

Be prepared to show your RCSC Member or Privilege Card (with photo) to gain access to Sun Bowl shows; no key fobs accepted!

** Free RCSC Events are paid for by RCSC Cardholders and are therefore intended for RCSC Cardholders and their escorted guests only. Your cooperation and understanding is greatly appreciated!*



SUN CITY
ARIZONA
RECREATION CENTERS
OF SUN CITY

Gourmet Food Vendors arrive 1-1/2 hours prior to show for your dining pleasure.

Don't forget to bring your lawn chair or blanket!

Rain Location:

Shows are moved to the Sundial Auditorium at 103rd & Boswell Blvd. For information regarding rain location and a recorded message, call 623-972-6014.