SUNVIEWS

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SUN CIT ARIZONA RECREATION CENTERS OF SUN CITY

Spring Brings Fun Times to Sun City AZ

Chances are you (or someone you know) will be having visitors this month as our weather begins to warm up (finally) and ball players take to the fields for spring training all over the Valley. While entertaining your out of town guests, don't forget all that there is to do this month right here in Sun City AZ.

Five hundred festive and formal RCSC Cardholders will be experiencing "A Midsummer Night's Dream" as they head to the Sun City AZ Senior Prom on Friday, March 1, 2019. Doors open at 6pm and live dance entertainment with Juke Box 6 begins at 7pm. We're certain elegance and good times will rule!



Plan to be up and out there bright and early the next morning (Saturday, March 2, 2019) when the Vintage Vehicles Club of Sun City proudly presents their 3rd annual Spring Fling Car Show at the Sun Bowl. From 9am until 3pm, you'll get to reminisce about old times and recall the super fun rides

from yesteryear. All makes, all models, all years - along with food, vendors, raffles, prizes, music and more.

Just about everybody loves the music of John Phillip Sousa and we're lucky to have the talented Sun City Concert Band bringing "Sousa in the Southland" to the Sundial Auditorium on Sunday, March 3, 2019 at 3pm. Tickets for this show are \$10 per person in the Sundial lobby from 9am to noon Monday, Wednesday and Friday so go get your ticket right away.

Besides free Saturday Golf Clinics at Lakes West in March at 9:30am, you'll have an opportunity to "test drive" equipment from several manufacturers when Golf Demo Day comes to Riverview on Monday, March 4, 2019 from 9am to 2pm.

For many, Wednesday evenings have been all about the ticketed Sundial shows and as of press time, we've still got tickets available for both Bobby Brooks Wilson (March 6) and Craig Davis' Circus of Illusion (March 20). We're sold out for the tributes to Reba McEntire and Neil Diamond. All in all, it has been one heck of a season, and we thank you for your support and patronage of these concerts.



Bobby Brooks Wilson

Whether you're interested lapidary or just like to collect pretty rocks, the Sun City Rockhounds annual Shed Sale at Mountain View typically has some interesting specimens. Stop by on Saturday, March 9, 2019 between 8am and 1pm. You just might find a real treasure!

It's just not spring in Sun City AZ without shows at the Sun Bowl, and the season kicks off on Sunday, March 10, 2019 with Chad

Freeman & Redline. All shows at the Sun Bowl in March start at 6pm. Check out the entire line-up on page 16.



You don't need to be a cheese head to enjoy the Wisconsin Picnic at the Sun Bowl on Thursday, March 14, 2019 from 10am to 3pm. There will be prizes, raffles and a silent auction along with entertainment by Zweifel Bros Band. Tickets are \$8 and food will be served from 11am to 2pm (brats, hot dogs, beans, chips, sauerkraut). Remember to bring your lawn chair.

A great value for a superb theater experience (only \$10 per show) is also right here with our own Sun City Players Community Theater,

whose production of "Phantom of the Country Opera" completes their season at Mountain View this month (March 15-17, 21-24). More information about purchasing tickets can be found on page 15 or by visiting www. suncityplayerscommunitytheater.org.



As sure as spring shows up every year, so does Marinette Clay Corner's Spring Open House and Pottery Sale, where you'll find creative handcrafted pottery for gifts, your home and your yard. Stop by the corner of 99th and Union Hills on Friday, March 15 (8am to 4pm) or Saturday, March 16 (8am to 3pm) and see what a wet glob of clay can become. You might just find yourself ready to roll, sculpt and "clay" your days away.



The Tip Top Variety Show promises a great assortment of entertaining talent from a diverse cross-section of local performing artists on Saturday, March 23, 2019 at 1pm in the Sundial Auditorium. Tickets are \$10 per person and can be purchased in advance or at the door (see page 16).



The Sun City Poms are known around the world, including appearances on the BBC, the Today Show and in Phoenix Magazine (shown here).

Get ready to end the month as the Sun City Poms celebrate their 40th anniversary with a Show and Reception on Sunday, March 31, 2019 at Mountain View. The doors will open at 1:30pm; the show will begin at 2pm. Attendees expected will include past, present and future Poms, sponsors, supporters, media representatives and of course, Poms family and friends. No group says "Welcome to Sun City" quite like these amazingly energetic performers.

Get ready for good times and fun in the sun as spring comes into full bloom this month in Sun City AZ!

Stay in the loop! **Get RCSC News Alert** Emails, sign up at: www.suncityaz.org

Email addresses remain confidential

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Connect with Sun City AZ





Get on the RCSC Web Portal today!

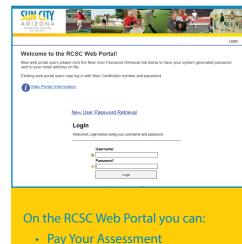
From the RCSC Web Portal, Cardholders can easily make assessment payments, manage email subscriptions, book and edit golf tee times, vote in RCSC Board of Directors Elections and so much more!

Just follow these simply steps and you'll be on your way!

- Notify Cardholder Services of your email address for your RCSC Cardholder number. Go to https:// login.suncityaz.org/AddEmail.aspx to securely provide the necessary information to update your email address.
- 2. Go to www.suncityaz.org and click on Login (right side, top of page).
- 3. Welcome to the RCSC Web Portal page will display. There is a link from this page to general web portal information, including the Web Portal Instruction Manual.
- 4. First time users MUST click on the New User Retrieval Password link at the top of the page.
- 5. Enter your RCSC Cardholder number in the Username field.
- Click on "Send Password" and in a few minutes, check your email for your password. If you do not receive this email, contact Cardholder Services to confirm the email address that is on file.
- Return to the RCSC Web Portal Login page and enter both User Name (RCSC Cardholder number) and Password.

Now you're all set to start using the web portal, sign up for RCSC News Email Alerts and more!

Should you forget you password, simply go to the Portal Welcome page and click on "forgot your password?" and enter your User Name (RCSC Cardholder number) then click the Send Reset Link button. You will receive an email with a link to reset your password.



- a lay lour Assessment
- Book & Edit Your Tee Times
- Manage Your News Email Alert Subscriptions
- Vote in the RCSC Board of Directors Election

Anywhere, Anytime - All from your own computer or device!

Hey Dancers! Have you got what it takes?

If you love to dance and have dreamed of performing in front of a live audience, this is your big chance! Stop by the Lakeview Clubs & Activities Office & complete an entry form for the random drawing to select participants in this year's Dancing with the Sun City Stars. We'll select three men & three women from all entries received. You'll learn the steps & then take to the Sundial stage - all in one short week!

Entry deadline is Friday March 8, 2019; RCSC Cardholders selected will be contacted directly. Rehearsals will be the held the week of the show. Who knows? It could be you!



Who will take home the mirror ball trophy this year?

Free for RCSC Cardholders & their escorted guests! Doors Open @ 6PM

Be prepared to show your RCSC Member or Privilege Card (with photo); no key fobs accepted.

RCSC Cardholders: Please keep the following in mind!

While you're out and about enjoying all that RCSC has to offer, please be aware of the following items which require Cardholder attention when using any of the recreational facilities:

- All RCSC Cardholders are required to check in with their Member or Privilege Cards (key fobs accepted for entry to fitness, pools and spas; not concerts or free events)
- Neither Sun City AZ residents nor spouses of RCSC Cardholders are eligible to be guests. With proper documentation, privilege cards may be purchased at the Cardholder Services Office at Lakeview Center in order to use the facilities.
- Host punch cards are purchased by and belong to the Cardholder, not the guest. Host punch cards can be purchased at RCSC Facility Attendent Stations (exact cash or check only), Cardholder Services at Lakeview, RCSC Bowling Centers.

- Guests may be requested to show government-issued photo ID when checking in to use RCSC facilities.
- Proof of age for 4 and 5 year olds (birth certificate or passport) is required for access to swimming pools. Photo copies or electronic images are acceptable.
- Free concerts and events are paid for by RCSC Cardholders and are intended for RCSC Cardholders and their escorted guests only.
- Always be prepared to show your RCSC Member or Privilege card (with photo) when attending concerts and events. Key fobs are not accepted for entry.

Please refer to the RCSC Cardholder Guide and Board Policies for more information regarding these matters. Your continued cooperation is appreciated!



No matter what state you're from, while you're here in Sun City it is much appreciated if you would park in only one space (note the white line under car) and save these smaller spaces for golf carts - as designed.

Be scent sensitive!

Overuse of scented body products such as colognes, perfumes, after-shave lotions and the like can be irritiating and even caustic to others. Perspiration and water from pools, spas can make matters even worse.

NEWS | EVENTS



Midsummer Night's Dream Sun City AZ Senior Prom



Friday, March 1, 2019 Sundial Auditorium Doors open at 6pm; Music starts at 7pm featuring Juke Box 6

Free for RCSC Cardholderts & their guests only:



Volunteers Needed!

We've got 1,000s of plastic eggs that need to be stuffed with candy & prizes for the Sun Bowl Easter Egg Hunt. We'll stuff - then get stuffed (lunch will be provided) - LOL!

We will meet Wednesday, April 10 at 11am in Lakeview Social Hall #3.

Please RSVP to 623-561-4660. Your help is much appreciated!



SUN CITY A R I Z O N A

Corporate Office Lakeview Center 10626 W. Thunderbird Blvd. 623-561-4600 Hours: Monday - Friday 7:30am to 4pm

www.suncityaz.org

Member Services (Clubs) Office Lakeview Center 623-561-4660 Hours: Monday - Friday 8:30am to 4pm

Cardholder Services Office Lakeview Center 623-561-4603 Hours: Monday - Friday 8:30am to 4pm 1st Saturday each month: 9am to noon

Recreation Centers

Bell Center: 623-876-3040 16820 N. 99th Ave.

Fairway Center: 623-876-3044 10600 W. Peoria Ave.

Lakeview Center: 623-561-4675 10626 W. Thunderbird Blvd.

Marinette Center: 623-876-3054 9860 W. Union Hills Dr.

Mt. View Center: 623-876-3042 9749 N. 107th Ave.

Oakmont Center: 623-876-3046 10725 W. Oakmont Dr.

Sundial Center: 623-876-3048 14801 N. 103rd Ave.

Sun Bowl Amphitheatre 10220 N. 107th Ave. (weather recording) 623-972-6014

Softball Field 10220 N. 107th Ave.

Duffeeland Dog Park 14610 N. Del Webb Blvd.

Sun City Visitors Center 1-844-4 SUN CITY or 623-977-5000 Located in the Bell Center at 16824 N. 99th Ave.



Transform a life, and your own

Owen who was diagnosed with bone cancer when he was just six years old. Blood transfusions have helped him survive 100 limb-saving surgeries.

"I will always be grateful to blood donors for their selfless gift to my son. They helped him to fight cancer." - Owen's Mom. Carrie

Sun City Visitors Center BLOOD DRIVE

Thursday & Friday, March 21-22, 2019 8am to noon

Contact a Visitors Center Volunteer at 623-977-5000 or visit BloodHero.com (Sponsor Code: suncity)

For eligibility questions or to schedule a donation, call **877-25-VITAL** or visit us at **vitalant.org** Find us @vitalant: (2) (7)

vitalant

SUNVIEWS • MARCH 2019

Golf & Grounds Report

Pro Shops

In reviewing 2018, it was a mixture of ups and downs disrupted greatly by the closure of Willowcreek and Willowbrook. During the first quarter of 2018, golf rounds were 2,707 ahead of the first quarter of 2017. The last three quarters combined produced 9,998 fewer rounds than the last three quarters of the 2017 year. The year produced 7,291 fewer rounds than 2017, due in large part to the 32,969 fewer rounds played on Willowcreek/Willowbrook. The positive news was 2018 revenue was largely unaffected, due to the strength of the first quarter. Revenue for 2018 finished \$18,285 behind prior year and exceeded budget by \$87,476. The 2018 budget was conservative, due to the planned closure of Willowcreek/Willowbrook.

On February 14, Lakes East/Lakes West will be hosting the 11th annual Teal Ribbon Tournament. The event is open to ladies and men and no handicap is required. It is a 9-hole event with a 9:30am shotgun start and lunch follows play at Sundial. Proceeds benefit the University of Arizona Cancer Center for Ovarian Cancer Research. The entry fee is \$30.00 per person and entry forms may be picked up and turned in to any pro shop.

Our demo day is scheduled for March 4 from 9:00am to 2:00pm and will be held at Riverview. New this year is PXG Parsons Extreme Golf. In addition to PXG, representatives from Ping, Cobra, Taylor Made, Wilson and Callaway Golf will be on hand to allow you to "test drive" the latest and greatest products that each company has to offer.

Conceptual plans for the rebuild of the South practice area were submitted to the Golf Advisory Committee at the January 2019 meeting. The plans submitted during this meeting are being revised to avoid interference with the main irrigation line that runs through the practice area. The putting green will be roughly the same size of the previous green; however, the pitching/chipping green will provide expanded options for bunker play and for more golfers to use the green simultaneously. The area will incorporate some aspects of turf reduction and the irrigation will be designed with possible future renovation in mind. This will ensure that this area will not need to be redone in the future. This work will be combined with the planned bunker work at South this summer. Work is expected to begin this May.

Snack Shops

Despite missing revenue targets in December, Snack Shops exceeded revenue targets for the 2018 year. Despite disruptions by the closures at Willowcreek and South, Snack Shop revenue exceeded prior year, due to the strength of the first quarter.

Golf Courses

The preliminary aerification/overseed schedule was presented to the Golf Advisory Committee during the January meeting. We are moving up the beginning of fairway verticutting to the last week of April, beginning at Quail Run and finishing at Willowcreek on May 24. Fairway aerification will begin May 30 at Quail Run and finish on June 25 at Willowbrook. The biggest change to this year's plans is to close the courses for an extra day during greens aerification than during previous years. The extra day will provide a buffer for equipment issues as well as more time for crews to provide the best possible surface following aerification. This process will begin June 27 at Quail Run and finish on August 7 at Willowbrook. Due to the renovation, the greens at Willowcreek will not be core aerified this summer. We asked that committee members review this schedule with their respective course committees to identify any potential scheduling conflicts that may have been missed.

GGETLFREADY

Register now for upcoming sessions of the "Get Golf Ready" program.

\$99 includes 4 group lessons, with the 5th lesson being a round of golf. Lessons held at Willowcreek/Willowbrook Golf Course (unless otherwise noted**). There are a variety of days and times, so pick the class that best fits your schedule. Sessions are limited to 8 students for each group, so be sure to sign up early!

Upcoming Sessions

MARCH

Golf Professional: Bob Day (final day of play at Willowbrook) Tuesdays & Thursdays - Feb 26, 28, Mar 5, 7 at 1:00pm Friday, Mar 8 – Play round of golf (Meet at 12:30pm, play at 1pm

Golf Professional: John Martin (final day of play at Willowbrook) Mondays & Wednesdays - Mar 4 ,6, 11, 13 at 1pm Friday, Mar 15 – Play round of golf (Meet at 12:30pm, Play at 1pm)

Golf Professional: Bob Day (final day of play at Willowbrook) Tuesday & Thursdays Mar 12, 14, 19, 21 at 1:00pm Friday, Mar 22 – Play round of golf (Meet at 12:30pm, Play at 1pm)

APRIL

Golf Professional: Robin Eichten (final day of play at Willowbrook) Tuesdays & Thursdays, Mar 26, 28, Apr 2, 4 at 9:00am Friday, April 5 – Play round of golf (Meet at 8:30am, Play at 9:00am)

Golf Professional: Bob Day (final day of play at Willowbrook) Tuesdays & Thursdays Apr 9, 11, 16, 18 at 1:00 pm Friday, Apr 19 – Play round of golf (Meet at 12:30pm, Play at 1:00pm)

Golf Professional: John Martin (final day of play at Willowbrook) Mondays & Wednesdays Apr 22, 24, 29, May 1 at 12 Noon Friday, May 3 – Play round of golf (Meet at 11:30am, Play at 12 Noon)

Contact Chris Linam @ 623-876-8419 or email: clinam@suncityaz.org

Grounds/Lawn Bowl

Stimp readings reported to the advisory committee ranged from 12.0 at Mountain View to 13.9 on the west green at Lakeview. Moisture readings ranged from a low of 9.5 on the north green at Bell to a high of 22.8 at Oakmont. The greens are currently watered only as necessary, approximately once every two weeks. Mowing is also on as needed basis and mostly to remove debris from the surface. Greens are currently double rolled three times per week. Ditches are cleaned and raked during the rolling.

Comprehensive weed control remains the focus of the grounds crew. Early progress that was made was rendered ineffective by December and January rains. Currently hand work is followed up with a mixture of pre- and post-emergent herbicides to kill current growth and to help prevent future growth.

Find more Golf News on page 6



RCSC's 8 Golf Courses

Lakes East: (623) 876-3023 Lakes West: (623) 876-3020 10433 Talisman Rd

North: (623) 876-3010 12650 N. 107th Ave.

South: (623) 876-3015 11000 N. 103rd Ave.

Willowbrook: (623) 876-3033 Willowcreek: (623) 876-3030 10600 W. Boswell Blvd.

Quail Run: (623) 876-3035 9774 W. Alabama Ave.

Riverview: (623) 876-3025 16401 N. Del Webb Blvd.

RCSC's 5 Snack Shops Menu Available at suncityaz.org/golf/snack-shops/

> March Snack Shop Hours Open Daily 6am - 5pm



Volunteer Ranger Program

For more information about joining our program, please contact Chris Linam, Pro Shop Manager, at 623-876-8419 or email clinam@ suncityaz.org. Next meeting is Thursday, March 28, 2019 at 1pm in Talisman Hall. BOWLING

January 2019 High Scores

Well done! Nice job! Bravo! Yahoo! Congratulations!

					-		
MEN	'S HI	GH GAME		WOME	N'S HI	GH GAME	
Roger Beebe Dennis Klein	300 300	Robert Hayden Mike Maynard	289 289	Brenda Burns Juli Bayer		Chris Gonos acqueline Smith	234 234
Tracy Stevenson	300	Mike Piecoro	289	Sherry Day		Bev Spinck	234
Fred Glendenning		Tim Walker	288	Shirley Braverman		haron Mccauley	232
Doug Brown	290		287	Lynda Bettini		atty Edwards	230
Kevin Gawelko	290	Patrick Knight	284	Bobbi Boutwell		andy Nardone	226
Bob Fenty	289	Charlie Price	280	Julie Subica	236 L	eann Higgs	225
MEN	S HI	GH SERIES		Kathy Crowley	234		
Tim Walker		Matt Silver	728	WOME	N'S HI	GH SERIES	
Warren Riemer		Frenchy Laberge	728	Brenda Burns	748 C	Cori Larsen	648
Gary Demeny		Mike Holland	709	Shirley Braverman			642
Larry Beranek		Mike Lantz	709	Sherry Day		Bev Spinck	638
David Alfaro	756	Dennis Altschaeffe	1706	Bobbi Boutwell		ulie Pratt	630
Greg Neblett	752	Bill Slinkard	706	Lynda Bettini	670 A	ndy Lewis	621
Bill Spiva	751	Roger Althaus	704	Juli Bayer		athy Crowley	615
Roger Althaus		Frank Arseneault	704	Julie Subica	653 S	haron Mccauley	603
Dick Hale		Loren Farrell	704				
Jim Musolino Kevin Gawelko		Lee Spiva	703	a	2-	0	
Jim Cergl	740	Wayne Wisniewski Roger Beebe	703				
Larry Neb	741	Bob Fenty	702	6	0)		
Bruce Lamb		Jeff May	702		MAR	an	
David Alton		Rocco Giurlanda	701	6XAV	V7h		
Larry Ely	737	Bill McDonald	701	DO			4
Mike Maynard	737	John VanDrie	701	10 X			1
Tracy Stevenson	737	Dan Wolverton	701		1.1	60	1
Dennis Klein	733	Jim Bungard	700			1	
Fred Jones	731	Harry Green	700				
Jim Lunnie	729						
							_

25th Annual Ladies No-Tap Tournament Saturday March 23, 2019 Lakeview Lanes Start Time: 10am Cost: \$16 per person Optional Mystery Score Payout 1 out of 3 entries! No Expense Fees! 2 Divisions

Same great food now at two Sun City AZ locations!



Breakfast Special \$5.99 2 Eggs, Bacon or Sausage, Hash Browns & Toast M-S 7-11a; Sun 7a-noon Walleye 'n Chips \$10.99 9 Oz. Walleye, Coleslaw & Potato Wednesday & Friday **Fish 'n Chips \$9.99** 9 Oz. Cod, Coleslaw & Potato Wednesday & Friday

Stop by & check

out our

Daily Specials

George's Lakeview Cafe Inside Lakeview Lanes Phone: 623-876-3057

George's Cafe at Bell Center Inside Bell Lanes

Phone: 623-518-4525

Hours: Mon-Sat 7am-8pm; Sun 7am-6pm

Let Us Help Plan Your Next Party or Event!

Why not have RCSC Bowling Staff plan a Bowling Party for your group or organization?

Reasonable group rates available!

Contact: Randy Johnson 623-876-3055, Denise Matich 623-876-3050 or Vicki Eber 623-876-3055 for more info today!



RCSC Bowling Centers

Lakeview Lanes 10502 W. Thunderbird Blvd. 623-876-3055

Monday-Saturday: 8am-8pm Sunday: Noon–6pm

Billliards at Lakeview Lanes, too! Bell Lanes 16810 N. 99th Ave. 623-876-3050

Monday-Saturday: 8am-9pm Sunday: Noon-8pm

> Darts, Shuffleboard & Billiards at Bell Lanes!

Year-Round Bowling Rates - Cardholders: \$2.65 | Guests: \$2.90 (per Game)

Tips from a Pro

Check out all options before playing bunker shot

The first rule in the bunker is to get out in ONE shot. If you have a high lip to go over and are proficient with the traditional sand shot that is generally the best option since the ball flies high and lands soft. However, if that shot is not one you are confident with remember there are a couple other ways to get the ball out - namely putting or chipping. This may require going out to one side or the other, but avoiding the high lip and getting out in one shot is the name of the game!

The easiest option is with the putter. This requires a low lip and also works great with wet or firm sand. Play the ball a bit further back in the stance then with your normal



putting setup and make a longer stroke than normal.

If putting isn't feasible, consider chipping. Depending on the height of the lip and the amount of green you have to work with, a 7, 8, 9 or PW can be used. Again, play the ball back in the stance a bit (so you will be able to hit the ball first and not the sand) and take a slightly longer stroke than if the ball were sitting on the grass.

Lastly, if there is a high lip that requires a shot with a lot of height and little roll, then the sand shot using a sand wedge works best. To practice this shot, open up the body (aim to the left), open up the clubface (aim it to the right) and take a full swing, hitting the sand a couple of inches behind the ball. The force of the sand will throw the ball onto the green. This shot takes some practice to master, and until it becomes comfortable, consider using the putt or the chip even if it means taking the long way around.



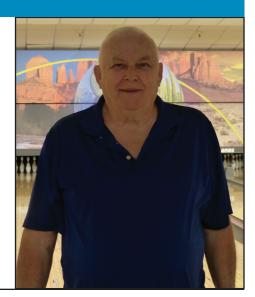
See the latest and greatest products from the manufacturers you know and trust!

SCBA Honors Ed Jensen as Hall of Fame Inductee

The Sun City Bowling Association's Hall of Fame Committee is pleased to announce their latest inductee, Ed Jensen, who was honored at a luncheon last month at the Palmbrook Country Club.

Nominations typically recognize Sun City Bowlers for their superior performance and/or meritorious service. In nominating Mr. Jensen, it was noted that he has helped with many SCBA functions and provides league support and assistance at both Lakeview and Bell Lanes. Jensen also has participated in many tournaments over the years.

We extend a hearty and heartfelt congratulations to Ed Jensen for this deserving honor. Well done!





Free for Sun City Residents & their guests!

Open to Men & Women; Junior golfers welcome!

No registration required!

If you're looking to improve your game or are just beginning to play. If you want to lower your score, fix your slice or just hit the ball square. Come out and join us – We can help!

All clinics will be at Lakes West Driving Range:

- Saturday, March 2 @ 9:30am Putting (Bring putter & a ball 50% of your score)
- Saturday, March 9 @ 9:30am Chipping, approach shots (Bring 8 iron, pitching or sand wedge)
- Saturday, March 16 @ 9:30am Golf swing fundamentals (Bring 7 iron)
- Saturday, March 23 @ 9:30am Ball Flight Demo (Bring driver or 3 wood)

All RCSC Golf Professionals will be at these free golf clinics and are right here in Sun City AZ to help you!







 Bob Jennings
 Bob Day

 602-463-4533
 602-818-1470

 John Martin
 Robin Eichten

 623-202-6717
 623-322-6300

Whether you're just starting to play or want to improve your game! Schedule an appointment with one today!

RCSC BOARD OF DIRECTORS

A Moment with President DeLano Get Ready! The Times They Are A-Changin'!

The RCSC Board of Directors has begun the year diligently addressing concerns and issues they feel are best for the Sun City AZ community as a whole – and we have several things in the works that will be of great interest to many.

First of all, thanks to the support from many, HB 2374 recently received a do-pass recommendation out of committee. This legislation seeks to clarify that organizations responsible only for recreational facilities (like RCSC) and those communities incorporated or established after 1973 are not home owner associations. The possibility that Sun City AZ's age-restricted character could be jeopardized is but one of the major concerns. We'll let you know how things develop and we will be asking for your continued support as this bill works its way through the legislative process.

But asking for your support and feedback regarding various issues is really nothing new in Sun City AZ. RCSC Members have always been encouraged to attend meetings and have had several avenues available to voice their thoughts, ideas and concerns. With the understanding that not everyone can attend daytime meetings, the Board has held a few evening meetings in recent years and although the audience make-up was a bit different, attendance numbers really did not increase.

Two years ago, the RCSC Board went a step further and began to video tape their meetings so those unable to attend can still have the chance to know what is happening. We even go so far as to send you the link to the video once it is available online. This has proven to be very useful and we thank the several hundred of you who view these taped proceedings on a regular basis.

But somehow this just didn't seem to be enough. So in work sessions that the Board has historically had with management,

there has recently been much discussion and work completed on soon to be proposed amendments to the RCSC Bylaws. The most exciting outcome which I am pleased to announce is that the RCSC Board of Director's plans to open these work sessions.



Jerry DeLano

Yes, those closed work sessions that have had 2019 RCSC Board President

some perception of "secret meetings" are being planned to become a thing of the past. Work sessions will soon be incorporated into two Board meetings each month, except during the months of July and August.

It is anticipated that Members will have the same or likely more opportunities to be a part of the process with this upcoming change and we sincerely hope that you're as excited as we are with this news. Watch for more details to come in next month.

We will be posting the Bylaw amendments in early March, to be voted on at the Board meeting on the last Thursday of March. Make sure that you're in the loop and ready to receive the news. We think you'll be pleasantly surprised.

This Month @ The Board - March 2019

**PLEASE NOTE: All dates are subject to change. For the most up-to-date information, check suncityaz.org or pick up a copy of "This Month @ The Board" at the Lakeview Corporate Office.

Monday, March 11, 2019 @ 9am	Lakeview Social Hall #3
Thursday, March 29, 2019 @ 9am	Sundial Auditorium
Tuesday, March 5, 2019 @ 9am	Lakeview Board Room
Thursday, March 7, 2019 @ 9am	Lakeview Board Room
Friday, March 8, 2019 @ 1pm	Lakeview Board Room
Tuesday, March 12, 2019 @ 9am	Lakeview Board Room
Tuesday, March 12, 2019 @ 1pm	Lakeview Board Room
Wednesday, March 13, 2019 @ 10am	Lakeview Board Room
Thursday, March 21 , 2019 @ 8:30am	Lakeview Social Hall #2
Tuesday, March 26, 2019 @ 9am	Lakeview Board Room
Wednesday, March 27, 2019 @ 1pm	Lakeview Board Room
	Thursday, March 29, 2019 @ 9am Tuesday, March 5, 2019 @ 9am Thursday, March 7, 2019 @ 9am Friday, March 8, 2019 @ 1pm Tuesday, March 12, 2019 @ 9am Tuesday, March 12, 2019 @ 10am Wednesday, March 13, 2019 @ 10am Thursday, March 21, 2019 @ 8:30am Tuesday, March 26, 2019 @ 9am

The following committee(s) do not have meetings scheduled this month: Finance & Budget

SUN CITY A R I Z O N A

2019 RCSC Board of Directors

Phone: 623-561-4620 email: boardoffice@suncityaz.org

Jerry DeLano, President email: jdelano@suncityaz.org

Dale Lehrer, Vice President email: dlehrer@suncityaz.org

Diana Graettinger, Secretary email: dgraettinger@suncityaz.org

Sue Wilson, Treasurer email: swilson@suncityaz.org

Darla Akins, Director email: dakins@suncityaz.org

Rich Hoffer, Director email: rhoffer@suncityaz.org

Michael Kennedy, Director email: mkennedy@suncityaz.org

Dan Schroeder, Director email: dschroeder@suncityaz.org

Stella VanNess, Director email: svanness@suncityaz.org

Not able to attend Board Meetings?

Why not watch them on



Board/Member Exchanges & Board Meetings are available for viewing online. Visit www. suncityaz.org then select "You Tube" under Follow Us on the bottom right.



Management Updates

Financial Report

The Recreation Centers of Sun City, Inc. (RCSC) has ended 2018 within its operating and capital budget year to date. Every division has met or exceeded its net operating budget projections for 2018.

Investment Report 4th Quarter 2018

RCSC's Investment Policy (Board Policy 33) is stringent in its requirements with the priority of investment objectives to be placed in this order: 1) safety, 2) liquidity, and 3) yield.

At the end of the fourth quarter 2018, \$4,614,315.62 (cost basis) of the \$2.5M unrestricted cash reserve and other unrestricted funds have been invested in various FDIC insured certificates of deposit and corporate bonds. In 2018, these investments along with the unrestricted money market account have produced interest income of \$108,243.54 with management fees of \$8,944.82 for a net income on unrestricted fund investments of \$99,298.72.

As of December, 2018, \$4,743,862.74 (cost basis) of the \$5M restricted capital reserve plus interest earned has been invested in various FDIC insured certificates of deposit and corporate bonds. Year-to-date, these investments have produced interest income of \$112,301.15 with management fees of \$9,977.07 for a net income on restricted capital reserve investments of \$102,324.08.

At the end of the fourth quarter 2018, \$7,351,696.96 (cost basis) of the approximate \$17M in the restricted Preservation and Improvement Fund has been invested in various FDIC insured certificates of deposit and corporate bonds. Year-to-date these investments have produced interest income of \$268,423.86 with management fees of \$16,770.30 for a net income on restricted fund investments of \$251,653.56.

Cardholder Services

Payments on past due assessments in December were 10% of past due balances. Overall accounts receivable increased in December by 2.4%. Past due assessment balances remained unchanged this month. Total accounts receivable increased this month due to Current assessment increases. November assessments went 30 days past due at a reduced 4.7% rate and October assessments went 60 days past due at a higher 3.9% rate.

Total accounts receivable balances decreased by 10.7% at the end of 2018 and were the lowest end of year total since 2010. The graph to the right shows the total accounts receivable over the past decade along with percentages that make up the totals.

Payments from our third-party collections firm ended the year strong and totaled \$33,808 in December. Payments for 2018 through our third-party collections firm totaled \$208,954. This equaled 2016 and was 21% higher than 2017.

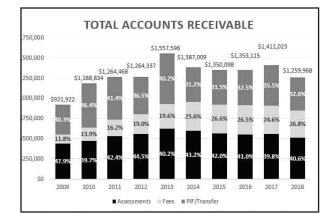
Payments made in December by Cardholders through the online RCSC Web Portal were down and totaled \$91,022 from 220 property owners. Despite ending the year soft, web portal payments made in 2018 were the highest annual amount and totaled \$1,382,234 from 2,991 property owners. These totals represent an 18% increase over 2017.

In December, property transfer balances increased nominally and lender related balances decreased by 8.6%. Outstanding balances related to property transfers represent 53% of all receivables and 55% of past due balances. At the end of December, trustee sale notices on Sun City AZ properties ended at 47 and properties owned by lending institutions decreased to 2.

Human Resources

RCSC's employee benefits package offers full time employees the opportunity to participate in a Flexible Spending Account available through Section 125 of the Internal Revenue Code. Employees can set aside an elected amount of money for out of pocket medical expenses on a pre-tax basis of up to \$2700 this year. The elected amount is then deducted from paychecks over 24 pay periods. Twenty-eight employees elected to participate this year for a total amount of \$53,108. This is a win-win situation, while the employees never pay taxes on the elected amount, the Corporation realizes a \$4,063 tax savings this year.

Employees are also offered an opportunity to realize a \$50 per month savings on their share of premium for medical insurance coverage through RCSC's health and wellness program. The program is designed to engage individuals in taking charge of their own health and wellness through annual biometric screenings that measure blood pressure, blood glucose and cholesterol levels. Weight, height & waist circumference measurements are also included. One hundred employees participated *(continued on next page)*



RCSC Management Reports are presented at RCSC Board of Directors meetings each month (except July and August), posted on the website at www.suncityaz.org (under the RCSC tab), and are sent via email to RCSC Cardholders who have signed up to receive RCSC News Email Alerts. These reports were presented at the Board Meeting on Cardholders on Janaury 31, 2019.

Financial Report

Period Ending – December 2018 For a more detailed financial statement, please visit www.suncityaz.org/financials

BALANCE SHEET		
For the Period Ending December 31, 2018	Current	Prior
	Y-T-D	Y-T-D
University of Free day	¥-1-D	Y-1-D
Unrestricted Funds:	44 070 450	0.017.540
Cash Invested/On Hand/In Bank	11,878,152	9,817,546
Cash Reserves	2,500,000	2,500,000
Sub-Total Unrestricted	14,378,152	12,317,546
Restricted Funds:		
PIF/Capital Reserve	22,356,129	22,270,621
Total Cash & Investments	36,734,281	34,588,167
Other Current Assets:		
Accounts Receivable	2,401,602	2,651,563
Deposits & Prepaids	1,514,587	1,619,535
Inventory	128,817	148,929
Total Current Assets	40,779,287	39,008,194
Fixed Assets:		
Land, Improvements, Buildings	107,428,789	105,159,389
F, F & E and Vehicles	31,531,750	28,779,455
Less: Accumulated Depreciation	(73,771,619)	(69,385,237)
Work In Progress	10,179,573	5,815,142
Total Fixed Assets	75,368,493	70,368,749
TOTAL ASSETS	\$116,147,780	\$109,376,943
Current Liabilities:		
Accounts Payable and Other	1,740,727	1,699,578
Deferred Income	6,943,621	6,875,995
Pre Billed Assessments	1,814,171	1,806,928
Total Current Liabilities	10,498,519	10,382,501
Other Liabilities:		
Lease Purchase	0	0
Total Liabilities	10,498,519	10,382,501
Net Worth:		
Current Net Worth	105,649,261	98,994,442
TOTAL LIABILITIES and NET WORTH	\$116,147,780	\$109,376,943

STATEMENT OF INCOME AND EXPENSES

For the Period of December 31, 2018	C	Dulan
	Current Y-T-D	Prior Y-T-D
Operating Income.	¥-1-D	Y-1-D
Operating Income:	12 220 152	11 025 150
Property Assessments Transfer & Access Fees	12,329,152	11,925,156
	802,718	1,049,095
Privilege & Guest Cards	905,775	896,121
Food / Liquor Sales	657,385	657,981
Bowling Fees	750,055	714,312
Golf Fees	5,385,915	5,407,132
Cart Rentals	174,444	177,572
Merchandise Sales	187,070	181,337
Activities Income	285,014	406,842
Rental Income	269,394	280,548
Contributions	54,776	38,839
Miscellaneous Income	21,711	19,326
Total Operating Income	21,823,409	21,754,261
Cost of Sales:		
Total Cost of Sales	485,767	640,898
Gross Income	\$21,337,642	\$21,113,363
Operating Expenses:	0.270.204	0.240.227
Salaries and Wages	8,370,394	8,319,227
Payroll Taxes and Benefits	2,129,259	2,277,090
Repairs and Maintenance	2,516,581	2,066,416
Utilities Expense	2,848,278	2,807,389
General Operating Expenses	2,142,726	1,854,930
Total Operating Expenses	18,007,238	17,325,052
Net Operating Income	\$3,330,404	\$3,788,311
Other Income:	292,375	213,895
Other Expenses:		
Property Taxes	154,106	153,409
Insurance	524,302	538,785
Other	8,945	71,972
Net Income Before Depreciation	2,935,426	3,238,040
Depr <u>eciation:</u>	4,388,382	4,452,825
NET INCOME / (LOSS)	(\$1,452,956)	(\$1,214,785)

Project Updates

Building and Infrastructure:

Grand Ave

 The Plan of Development (POD) for the Grand Ave project has been approved by Maricopa County. Final civil engineering drawings are anticipated the week of February 4 with permit submission expected the same week. RCSC and the architect have met with each of the clubs to review the planning for each club's space with the feedback received going into the final design documents. Additionally, the permit filing with Arizona Department of Transportation (ADOT) for the deceleration lane was completed on January 30. This permit is separate from the building permit with Maricopa County.

Lakeview Center

- Work is nearing completion on the renovation of the Lakeview Center Fitness Restrooms. Tile work is almost complete. Plumbing fixtures, partitions, paint, ceiling and fire sprinklers are all completed. Final work tasks will be completed over the next two weeks with opening dependent upon the final inspection. Contractors are: Valley Architecture, KAW Construction, and Spray Systems (Cost – \$232,495).
- An additional 800 pounds of Rainbow Trout from Idaho was stocked in Viewpoint Lake on January 29. RCSC Cardholders are reminded that no fishing license is required and there is a limit of 3 trout per day. Also, no fishing is allowed from the boat docks (shore or pier only) or near the boat ramp.
- The large exhaust fan for the indoor spa at Lakeview Center failed and was replaced. This addresses the recent humidity buildup in this space. Included was the installation of a new electrical shutoff switch. Contractor: RCSC Skilled Trades (Cost \$2,535).

South Golf Course

 Work continues to progress. The exterior of the building is showing progress with stucco color applied. The roof penetrations have been sealed, with the foam and sealant coat applied to prevent water intrusion as the interior of the building is worked on. Low voltage cabling has been roughed in. Walls have been insulated and drywall installed. Windows and door installation are beginning in order to seal up the building. Concrete forms for curbing and the patio area have been built in preparation of concrete work.

Sun City AZ Visitors Center needs your help socializing!

Send your photos for posting on social media that highlight what makes Sun City AZ special to you!

Send emails to scvc@suncityaz.org



PLEASE NOTE: Not all photos will be published.

Management Updates

(continued from previous page)

in the screening clinic held in January. After receiving results, individuals completed a BlueCross/Blue Shield online health assessment.

Member Services

We began the year on January 7 and 8 with our annual Club Officers training. The training was informative, concise and well received.

On Wednesday, January 9, we kicked off the ticketed concert series at Sundial Auditorium. The room was filled with laughter and applause as Tom Stevens and Tony Lewis brought back the magical memories of the legendary Dean Martin and Jerry Lewis.

Please join us on Monday, February 25 at the Sundial Auditorium for the RCSC Annual Membership Meeting. Registration and refreshments are at 6pm and the 2019 Budget Presentation & Membership Meeting begins at 6:30pm. Your RCSC Member Card (with photo) MUST be presented at time of registration.

Last, but certainly not least, on Thursday, February 28 at 3pm we will welcome to the Sun Bowl stage The Commanders Jazz Ensemble of the USAF Band of the Golden West. This is a free event and there will be food trucks on site for your dining pleasure.

General

For those who may not be aware, the monthly management reports are available on our website www.suncityaz.org under the RCSC tab. Also, if you have not done so already, please sign up on the RCSC email list where you can designate topics of interest and stay in the loop with RCSC News Alert Emails!



Sun City Foundation

"Neighbors Helping Neighbors"

The next meeting of the Sun City Foundation will be held on Thursday, March 14, 2019 at 1:00pm in the Lakeview Center Board Room.

The mission of the Sun City Foundation is to assist those in financial need. It is our privilege to serve RCSC members who need assistance with their annual RCSC property assessment. In order to qualify, applicants must:

- Be a homeowner and resident for at least five (5) years
- The Sun City AZ home is their sole residence
- Be at least 70 years of age
- Income does not exceed 150% of the current Federal Poverty Level

The Sun City Foundation continues to assist those members in the community who have outlived their resources by offering assistance to those in need for a better Sun City! If you are in need of help and are an RCSC qualifying member, please call 623-561-4600 for more information.



March to A Different Drummer

Many have heard this expression. It has nothing to do with the month of March; but the month may bring to mind the saying. What may be new to many is the source of the statement. Henry David Thoreau (1817-62), in chapter eight of his book Walden, writes "If a man does not keep pace with his companions, perhaps it is because he hears a different drummer. Let him step to the music which he hears, however measured or far away."

The saying has come to mean to be unconventional, or take a different approach from the majority. The Friends of the Sun City Libraries, Inc. likes to think it is unique and somewhat unconventional. There are no rules for Friends of the Library organizations. Most, like the Sun City Friends, operate independently. They are supported by an organization called United for Library U.S.A, but are not governed or financed in any way by this group. Many Friends groups are non profit corporations, like the one in Sun City. This all volunteer organization survives on donations of books and cash. Since it is a 501c3 corporation, those contributions are tax deductible.

This all leads to the question, "What is the music the Friends hear, and how far away is it?" What is unique or unconventional about the Sun City Friends? Here are three.

- To be a Friend of the Library there is nothing to join and no dues. The Friends are made up of those who volunteer in either Library, in the Bookstore, as a Book Buddy, as a Book Friend, on the Board of Directors, or on a Friends Committee.
- The Sun City Libraries (at the Bell and Fairway Recreation Centers) are operated by the Maricopa County Library District (MCLD). That means the Friends sponsor two local Libraries that have the resources of a comprehensive library system consisting of 18 libraries. With a MCLD library card, most material from any of those libraries can be delivered to either of our Libraries.
- Most Friends groups sell donated books; but the Sun City Friends has a full-fledged Bookstore. It has evolved over the years to be comprehensive (hardbacks, paperbacks, vintage books, magazines, DVDs, CDs, puzzles), well organized (even with a map), comfortable (chairs for browsing), user friendly (very helpful staff), and very reasonable in price (best around, the Friends say).

Want to learn more about Books Around the Corner? Read about it on the Friends website at www.suncityfriends.org. Better yet, go to the Bell Recreation Center, enter the Sun City Library, go to the back of the Library through the marked door, and around the corner. Enter and enjoy. (There is nothing wrong with attempting to drum up somebusiness with this article. Sun City patrons are music to Friends ears by any measure.)



Water Conservation

Ways to Reduce Your Water Footprint

Okay, after all this time you've made changes in your lifestyle to help conserve water – full loads of laundry and in the dishwasher, turning the faucet off while shaving and brushing your teeth, fixing drips and leaks, embracing desert landscaping and the like.

Now it's time to consider how much water it takes to produce some of products we use and consume on a routine basis. You may recall that a pint is a pound the world around, but a pound of many items require 1,000s of pints of water to produce, like:

- One pound of roasted coffee 2,500 gallons (or 50 bathtubs full of water)
- If you prefer tea, it take eight gallons of water to produce one cup of tea
- While an egg takes 53 gallons of water to produce, one pound of chicken meat uses 519 gallons
- One pound of Pork uses 719 gallons to produce, while beef uses 1,850 gallons per pound
- One pound of butter requires 666 gallons



- A Glass of Milk requires 62.5 gallons to produce while orange juice takes 45 gallons
- Do you prefer beer or wine? Beer is the water-wise choice at 19.81 gallons vs. wine at 31.7 gallons
- Remember vegetables are good for you and only require 39 gallons to produce
 a pound

By eating less meat (even one day each week), you're actually reducing your water footprint by up to 25,000 gallons of water per year! Just imagine if everyone were to give it a try! To learn more about the water footprint of food, visit www.watercalculator.org/

Are you experienced? Check out the Sun City AZ Experience for yourself? Centers, Clubs, Golf, Bowling & More! www.suncityaz.org

Kachina Bridge



Kachina Bridge Club is a non-sanctioned, friendly duplicate bridge club which welcomes RCSC Cardholders as new members. You can play up to three times to see if you think this may be the club for you. Bring a partner or contact Sharon at 651-592-5939 to see if a partner is available.

We meet from 12:15 to 4pm on Mondays in the Sundial West Hall (no play in July and August) and Thursdays in the Sundial East Hall (no play May through October).

Yearly membership fee is \$5. Each session fee is \$2 per member and \$4.50 per guest (not an RCSC Cardholder). Cash prizes are awarded to the top 3 or 4 pairs. For more information, please contact Sharon (phone number above) or Velda at 623-262-1360.

Volleyball Club



Yes, there is a Volleyball Club in Sun City and it is now an official club sport! While we do not have an indoor venue in Sun City yet, we are working with RCSC to provide an appropriate place to play.

You may ask, "Why play volleyball?" The activities required when playing volleyball strengthen the upper body, arms, shoulders, thighs, abdominals, and lower legs. In addition, volleyball improves hand-eye coordination, reflexes, and balance.

Here are a couple of nearby community centers that provide opportunities to play during the week:

Villanueva Community Center (15660 N. Hollyhock Street, Surprise, AZ 85378) Open Volleyball - Wednesdays and Fridays from 8 to 10:30am Call Dawn for more info at 623-271-8511 or visit http://azseniorvb.org/

Rio Vista Recreation Center (8866A W. Thunderbird, Peoria, AZ 85381, Ph 623-773-8600 Open Volleyball - Most Thursdays from 9-11am and most Saturdays from 5-8:30pm Call in advance as they are closed on Holidays and sometimes they have the gym rented. There is a fee to use the facility, but if you have a Silver Sneakers Card it is free.

If you would like more information or want to find out about being a member of our club please contact us. We look forward to meeting you and playing some volley-ball! Contact Beth Jackson, Phone 206-755-2995, Email nanajet127@yahoo.com or Charlie Peterson, Phone 206-459-3242, Email charlespeterson@comcast.net

Piano Club of Sun City



Kathrene Allen (left) and Dale Elliott (right) were among the performers entertaining the crowd of nearly 400 attendees recently at the Piano Club of Sun City's annual concert, "An Evening to Remember."

If you like music, then you will like the Piano Club. It's as simple as that. People think that you have to perform or play the piano, but that isn't true. Most members either don't play the piano, or don't play for the club. They just listen to and enjoy the live music. We have monthly performances where a large variety of piano music is heard, and sometimes we have other instruments as well. There are many very talented musicians. We even have one member who occasionally does comedic songs on a keyboard, my personal favorite. We socialize and eat treats before and after the performances. Frequently, there are also music books and sheet music laid out on tables, free for whomever wants them. We meet at 9:30am on the third Friday of the month, October through April, in the Sundial Auditorium. If you do wish to learn to play or improve your playing, we offer affordable lessons from caring teachers. It is only \$10 a year per person or \$15 per household to join our club. Come listen any third Friday and see for yourself what great entertainment we offer.

Sun City Gives Back Calligraphy Society Shares The Love



Members of the Sun City Calligraphy Society recently delivered beautiful handmade cards to residents at the Royal Oaks Lifecare Center just in time for Valentine's Day. Shown are club members Pam Bayha (left) and Marna Haley (right) delivering their "love cards" to 104 years young Hazel (seated) and Life Enrichment Coordinator Karen Schram (center). The Calligraphy Society delivers 450 cards annually to four Sun City care facilities (30 for each holiday). Thanks for sharing your talents with others. What a great way to give back!

Sun City Calligraphy Society

Come join the fun at the Sun City Calligraphy Society! For 36 years we have been dedicated to promoting the art of beautiful writing.

General meetings are held the third Thursday of each month at 9:00am at our Sundial club room. There are classes available to learn different calligraphy hands from our experienced teachers, including Italic, Blackletter, Uncial, Foundational, Copperplate and Informal Pointed Pen, Brush and others. There are also many "fun-shops" held throughout the year, where you can learn how to make beautiful and unique greeting cards, or learn new "tips and tricks" with your calligraphy.

You can help others experience the joy

of receiving a handmade card by making "Love Cards" for our local nursing homes. Opportunities are also available to make cards to sell in our club boutique and at the Sun City Fall Arts & Crafts Festival.

Our club room is open from 1 to 3pm on Mondays and 9 to 11am on Thursdays and Fridays to practice your writing, make Love Cards, or work on your own projects. If you would like to participate in any of our events, club membership is open to all RCSC Cardholders. For further information, please call Trudy Bryson at (623) 594-6591.



House of Dance

The House of Dance is a growing dance club in Sun City AZ, located in the Fairway Recreation Center. You will be able to listen to a wide variety of mixed music from yesterday to today's hottest hits. Our board members and staff take pride in serving the community.



We are open on the second, fourth and fifth Friday each month. Doors open at 6pm and dancing runs until 9:30pm. We provide ice and cups for our members and their escorted guests. Please feel free to bring

your favorite snacks and beverages. Annual membership fee is \$4, dance entry fee is \$3. If you decide to come and visit, the non-member fee is \$5, for escorted guests the fee is \$6.

Throughout the year we have special events such as pizza party and masquerade party. For more information, contact our club office at 209-380-8029.



Have you ever needed a RFID protected wallet for your credit cards? Consider designing a "Diva Frame Wallet" by Sew Many Creations. Your personal design is possible when taking Lynn Sellers' class for members only of the Sew N Sew Club on April 6 at 10:30 at our Lakeview clubroom.

Our club's mission is to expand our knowledge by sewing together. Sewers, beginning or experienced, can enhance their sewing experience through classes and sharing of creative ideas with other members. A library of reference materials, patterns and embroidery designs are available to members. Small Special Interest Groups meet monthly. Classes offering all levels and interests in sewing are available yearround. Club membership is open to anyone with an RCSC card. Annual dues are \$10.



SNS club charity sewing includes Boswell Eye Clinic, Luke Air Force Base Attic, Quilts of Valor, Monday Mending for Seniors, Stuffed Bear Mission, and Glendale Police Department. We gladly welcome sewing donations for these projects.

Visit us for Show and Tell meetings held the first Thursday of each month followed by a pot luck lunch. If you've never sewn, this is the club for you to learn the basics on our various sewing machines. You may also learn more about our club by visiting us at www.sewnsew.info.

Swim Club

This unique club is made up of swimmers with all levels of skill. Our membership fees are \$5 a year and the club is open to all RCSC cardholders.

We offer Swim Lessons on Wednesdays from 8:30 to 10am at the Sundial pool until April 3 and then we return outdoor to Lakeview for the warmer months. There are classes for beginners, intermediate swimmers. You are encouraged to advance through these levels at your own pace. Lessons are included in your membership fee. Contact Tere Kearney at 623-583-5894 for more information.

The Aqua Suns synchronized swimmers meet at the Lakeview Monday, Wednesday and Friday from 8 to 10am. On Mondays, there is a leader on deck and the group is looking for new members and we'll teach you their routines and patterns if you know how to swim. Contact Nancy Burkhart at 623-238-8608.

The Sun City Starrs Masters swim Monday through Friday at the Bell Center lap pool from 7 to 9am. Some members volunteer coach or call the workouts. Swimmer abilities range from competitors in national meets to those that want a fitness swim workout. Additional membership in the USMS is required to join Master's workouts. Contact Dolores Balding at 623-876-1233.



Bell Silvercraft

In 1976 when the Bell Recreation Center opened, Bell Silvercraft became a RCSC chartered club with 500 members. From the outset, emphasis was placed on creating quality sterling silver jewelry within a friendly and helpful environment. Those original members brought in speakers from the Heard Museum along with various other skilled silver workers and designers. This started our tradition of establishing a very active class and training program. This proud tradition continues today.

When a new member joins, they are introduced to a variety of sterling silver techniques, including basic soldering, creating custom bezels for cabochons (polished rocks) along with the safe and proper use of the club's professional equipment. This introductory class will lead you through the process of creating your own custom ring with a mounded cabochon as well as a sterling silver bracelet. These classes are taught by one of our skilled and experienced members with a limit of four students per class. You will have ample opportunity for one-on-one instruction and guidance and once you have completed the class, you will be able to use the basic tools and silver techniques to start creating your own sterling silver jewelry.

Once the basic skills are mastered, there are many more opportunities for learning. There are classes on advanced techniques and other types of silver work, including lost wax casting, broom straw casting, chain maille, inlay work, twisted wire work, along with a variety of bracelet and choker techniques and styles. The club has many demonstrations on soldering and fabricating techniques as well as the use of other specialty tools available in the club. This dedication to helping our members is what has established our reputation of creating high quality and creative silver work that is hard to surpass. As your skills improve, you may want to submit your silverwork to be placed in our newly updated sales room.

You may come into the work area and/or the sales room for a guided tour anytime during our open hours. Our sales room is open Monday through Saturday 9am to 3pm. We are in the Bell Center Arts and Crafts Village, right behind the Sun City Visitors Center. Club membership is open to any current RCSC Cardholder. For more information, please call 623-933-8442.



Sundial Shuffleboard Club

Yes, we play at Bell Center and yes, we play on Thursday evenings at 6pm. We encourage you to arrive by 5:50pm to ensure a court spot. Teams are randomly drawn. All equipment is furnished and lessons are available. Annual membership is \$2.50 per person and we play all year long, always indoors.

Shuffleboard is a defensively played game. This means you make every attempt to keep your opponent from scoring. If their disc is in a positive scoring position, do your best to push it out. However, if it is in the "kitchen" you try to leave it there. The only thing cooking in the kitchen is a minus score. A fun game? Sure it is. It also takes a learned skill (the more you play, the better you get) to hit the disc just right so it will do what you want it to. You always try to move your disc out of the "kitchen."

RCSC members are encouraged to try the game for three times on us before you will then need to join. We try to make this a fun time for you so some friendly jibbing is not unheard of. Call Russ 623-208-9921 for more information.

Garden Club of Sun City



Do you love gardening? Whether you are an expert, hobby gardener, beginner, or are new to Arizona and have no idea how to garden in the desert, this is the club for you! Check out our website at gardenclubofsuncity.org.

Meetings are the first Tuesday of the month, September through May at 8:30am at Sundial. In addition to Club business, there are presentations at these meetings by experts on fertilization, micro greens, rose care, gardening tips for vegetables (specifically for the desert), citrus care and much more. Get answers to your gardening questions. Talk gardening and make friends at the meeting or at our monthly breakfast at Lakeview George's Café in the bowling alley the 3rd

Tuesday at 8am. We are always having fun attending classes, amazing field trips and not to be beat potlucks.

The Club sponsors a Community Garden at 91st Avenue and Greenway where Club members can rent a bed. Visit the Community Garden during the Open House on the 3rd Saturday of the month from 9 to 11am. If you love roses, the Club maintains the gorgeous Sun Bowl Rose Garden. Check us out!

Visit the club office at the Oakmont Recreation Center on Monday, Wednesday and Friday from 9am to noon or call 623-875-5921. Membership in the Garden Club of Sun City is open to RCSC cardholders only.

Sun City Choraliers

The Sun City Choraliers, a mixed vocal ensemble that is an official club of Sun City. has been in existence for 38 years. Members come from varied musical backgrounds. Some have been singing in choirs their entire life. Others played an instrument and are now singing. Still others are singing in an organized choir for the first time. All members love making beautiful music and sharing their music through performances. The Choraliers are always looking for new talent and we welcome all interested participants.



The Choraliers bring a fresh new approach to choral music. We combine classic choral literature with lighter contemporary songs that leave our audience feeling energized. Some of our more classical pieces are sung a cappella while our contemporary pieces are supported by piano and drums. We keep the pace of our programs moving so our audience feels their time has been well-spent. We often interact with our audience and sometimes invite them to sing with us.

Our theme for spring is "America, The Dream," including songs such as God Bless America, Common Ground, Love In Any Language, Gift To Be Simple, An American Trilogy, No Man Is An Island, and more.

Public/open spring concert: Monday, March 18 at 6:00pm (American Lutheran Church, 17200 N. Del Webb Blvd.) Rehearsals: Mondays from 8:30 to 11:00am at Fairway Recreation Center second floor music room. Optional sectionals: Thursdays at American Lutheran Church choir room, 9:00am for Tenor/Bass, 10:00am for Soprano/Alto.

Sundial Craft Club



The Sundial Craft Club is a diverse club in which members work on personal or charity projects of their choice. We have club members who are happy to help others learn a variety of crafts including: Adult Coloring, Beading, Greeting Cards, Circular Loom Weaving, Crocheting, Embroidery on Paper, Knitting, Plastic Canvas, Scrapbooking, Swedish Weaving and more.

Club membership is open to all RCSC Cardholders. Annual dues are \$7. Participation in the annual Sun City Fall Arts & Crafts Festival and other social gatherings are part of our annual activities. Watch for upcoming special classes and workshops listed in the SunViews and the Sun City Independent.

Several of the charities Sundial Craft Club donates to include Stitches of Love, Eve's Place, nursing homes and Veterans organizations.

General Membership Meetings: 1st Monday each month at 9:30am Open Crafting: Monday 8am-1pm, Thursday 8-11am Card Making: Tuesday 5:30-8pm Scrapbooking: Wednesday 10am-6pm, Saturday 9am-4pm, 1st, 3rd & Last Friday 4-8:30pm Embroidery on Paper: Friday 1-3:30pm

Our club room is on the upper level of the Sundial Recreation Center. Members may come and go at any time during open club hours. For more information call 815-315-2387 or e-mail sdcraftclub@yahoo.com

Whisperball Club

If you never heard of Whisperball, don't despair! It is now here in Sun City. Our club was chartered in November 2018. We are slowly growing and soon hope to be a major sport here. So be cool and come and join us. If you have good hand/eye coordination, like a challenge, and enjoy exercise, this may be the sport for you. Whisperball is a bit like Racquetball, except mainly it uses a foam ball. Now don't let that

fool you into thinking that it is easy to play. We've had some Racquetball and Pickleball players try it and find it not so easy to hit and score points. We are looking to attract new members. Annual dues are \$10.

We are now also in the process of starting a ladies Whisperball group. The ladies may only play among themselves or play co-ed, it's your option. So come give it a try, it may be the sport your looking for. Introduction to Whisperball is on Tuesday and Thursday at 1:30pm at the Bell Racquetball courts. All you need to bring with you are court shoes (not worn to the courts), safety glasses and racquet, if you have one. If not, the monitor near the courts will loan you one. Presently play times are Monday, Wednesday and Friday at 3pm.



Additional play times may be added if there are sufficient number of members. We generally play doubles but we do also play two on one, cutthroat and singles. In the future we may challenge Sun City West at Whisperball. I think with the right players, we could beat them. For more information, contact Rick Steiner at 412-419-9578.







Produced by special arrangement through Music Theatre International

Sundial 2019 Winter/Spring Concert Series

Tickets at the Lakeview Clubs & Activities Office

RCSC Cardholders** ONLY - \$17 per person Non-Cardholders/Guests - \$20 per person

** Must present valid RCSC Card (w/ photo) for each ticket purchased; key fobs not accepted!



Bobby Brooks Wilson 03-06



Craig Davis – Circus of Illusion 03-20

"Let Us Entertain You"

Tip Top Dancers Present

A Variety Show Featuring West Valley's Top Performers

Saturday, March 23 , 2019 @ 1pm

Sundial Auditorium



Tribute to Reba McEntire 03-13



Diamond in the Rough Neil Diamond Tribute 03-27

Spring must be here!

Sun Bowl Spring Season Arrives

FREE for RCSC Cardholders & their escorted guests only*

net Food Vendors arrive 1-1/2 hours prior to each show! Bring your lawn chair or blanket!

Chad Freeman & Redline Sunday, March 10, 2019 @ 6pm

Let's kick off the Sun Bowl season with an encore performance by Chad Freeman and Redline. From country to rock, every song is sure to get the audience up and on their feet – just the way Sun City AZ likes to party at the Bowl!

One of These Nights (Eagles Tribute) Sunday, March 17, 2019 @ 6pm

Get ready to welcome back the fabulous One of These Nights – promising to take the audience on a journey through all of the Eagles' sounds (from country rock with full harmonies to their hard rockin' hits) with uncanny accuracy. What a way to celebrate St. Patrick's Day!

Heart of Rock & Roll (Huey Lewis Tribute) Sunday, March 24, 2019 @ 6pm

Hear The News! Sun City AZ jumps for joy when the Heart of Rock & Roll takes the stage. Many fans have been fooled with the sound and style of this colorful and exciting concert experience that is sure to transport everyone back in time. One of the best tribute bands touring today!

Mogollon

Sunday, March 31, 2019 @ 6pm

Another crowd favorite, Mogollon (pronounced Muge-on) has earned the reputation as one of the Premier Country Rock Entertainment groups in the West and lives up to those high standards with every Sun City AZ performance. They can play just about anything – from Hank Williams to Pink Floyd to their own original songs. We can guarantee that you won't be disappointed.

Americana Sunday, April 7, 2019 @ 6:30pm

Relax with a repeat performance from Americana! Enjoy the mellow sounds and timeless songs from an era of lasting classics by such North American artists as Simon & Garfunkel, Mamas & Papas, Gordon Lightfoot, Anne Murray, James Taylor, The Carpenters, Jim Croce, Linda Ronstadt, Crosby, Stills & Nash & many more.



In the event of inclement weather, shows are moved to the Sundial Auditorium at 103rd & Boswell Blvd. For information regarding rain location, call 623-972-6014 for a recorded message.



Jumpin' Jack Flash (Rolling Stones Tribute) Sunday, April 14, 2019 @ 6:30pm

Mick and the boys might be performing just down the road in nearby Glendale, AZ next month, but the show by Jumpin' Jack Flash at the Sun Bowl promises the same fantastic music and outstanding energy as the real deal – for a whole lot less money!

Faded Jeans

Sunday, April 21, 2019 @ 6:30pm

Arizona's Party Band promises to once again bring their incredible mix of classic rock, funk, blues and country to the Sun Bowl for a great evening of dance music. Whether you prefer stone washed or dark denim, loose fit or boot cut – just remember that "Nothing Fits Like Faded Jeans!"

The Hamptons Sunday, April 28, 2019 @ 6:30pm

Voted the best live band in Arizona the last nine years, The Hamptons are known for their world-class musicianship. They can perform any style of music – jazz, pop, R&B, rock, standards, Motown and top 40 – and the Sun City AZ crowd liked them so much, we're bringing them back again. Get ready to end the Sun Bowl season with a stellar performance and a great night of dancing fun.

* Be prepared to show your RCSC Member or Privilege Card to gain access to Sun Bowl shows; positively no key fobs accepted!

The area marked in yellow and the pre-set chairs in front of the stage are reserved for residents that come in buses and/or for those that are physically challenged and need to be closer to the food court and restrooms. Thank you in advance for your kindness in keeping this area available for those in need.

As a courtesy to your neighbors, there is no smoking in the Sun Bowl Amphitheater. Smoking is allowed in the parking lot by the street sidewalks. Please refrain from talking with your neighbors during the performance so those around you can enjoy the show!

Free RCSC Events are paid for by RCSC Cardholders and are therefore intended for RCSC Cardholders and their escorted guests only. Your cooperation and understanding is greatly appreciated!



Mountain View Auditorium in Sun City Sunday, March 31, 2019 at 2:00 Doors open at 1:30

Past, Present, and Future Poms, Poms sponsors, Poms supporters, news media, Poms family and friends

All Sundial Shows Start at 7pm Please arrive with adequate time to be seated!

> Available March 11-15 & March 18-22 from 9am-1pm Sundial Lobby or at the door

> > 1979 to 2019

\$10 per person

A Community Newsletter

CLUB EVENTS

PAGE 17

Welcome to RCSC Club Events

We've reorganized the Clubs Events & Annoucements that appear in SunViews so that it's easier to find the activities you're looking for. Clubs are welcome to submit information to this section every month and should include the date, time and location of the event along with cost and contact information.

Page 17General & New Interest, Hobbies, Political ClubsPage 18-19Club DirectoryPage 20Cards, Games and Social ClubsPage 21Performing Arts; Monitored ActivitiesPage 22-23Fitness, HealthPage 24Arts & Crafts, Sports & OutdoorsPage 26DancesPage 27Educational Classes

To Start or Stop delivery of the Sun City Independent Newspaper/SunViews: Phone: 623-455-2831or email: WVCirculation@newszap.com

General Interest/Museums



Sun City Rockhounds Mineral Museum Big Annual Rock, Mineral & Slab Sale, Sat 3/9, 8a-1p, at Mountain View (East parking lot near mini-golf)

Sundial Museum Hours of Operation: October thru April: 10am-1pm; Closed Thursday and Sunday

FMI email scrockmuseum@gmail.com or call 623-428-6442 during museum hours. Check out our fluorescent room!

Model Railroad Club at Fairway

Located in the Fairway Recreation Center at 107th and Peoria. Club membership open to RCSC Cardholders. **Open October thru April: Tues /Th 9am-noon; Sa 10am-2pm**





Del Webb Sun Cities Museum

Open Mondays 1- 4pm; Wednesdays & Fridays 10am -4pm. Admission: **Free!** Donations gladly accepted & appreciated! Private tours available (groups of 6 or more).

We also have speakers available for your event. We look forward to your visit! Next to Oakmont Center. FMIC 623-974-2568.

New Interest Groups

Any new interest group who has (at a minimum) 25 potential members may complete the Application for Club Charter (FORM BP:12-15) & submit to the Clubs & Activities Office. Applications found at www.suncityaz.org or pick one up in the Clubs & Activities Office located at the Lakeview Recreation Center.

Political Clubs

Sun City Republican Club

Club meets 3rd Tues monthly at Sundial East Hall. (Exceptions: Annual Bar-B-Que Roundup Fri, 4/19, Quail Run Pavilion; also off June-August). March Meeting (3/19) at Sundial East Hall: Social/Refreshments at 6:30pm; meeting & speaker at 7pm, featuring Debbie Moak. She is on the board of a non-profit organization on drug prevention among young people called "Not My Kid." She will address the drug issues among older adults and their involvement to prevent drug among their loved ones. We welcome RCSC Cardholders & their escorted quests. Escorted Guests pay \$3/meeting. Annual Membership \$5: Must be RCSC Cardholder to join. Visit us at suncitygopclub.com. FMI email suncitygopclub@gmail.com.

Sun City Democratic Club

March meeting focuses on how to help asylum seekers coming into Phoenix. About 200 seekers per day are dropped off at various locations throughout the Valley. Sharon Kopina, our guest speaker who has been working with seekers for 5 years, will tell us about her work & how we can help. Donations accepted at our Thu 3/7 meeting. For a complete list of needs, please visit our Website at: suncitydems.com. Our club meets 6pm every first Thursday at Fairway. All RCSC cardholders and their escorted guest welcome. If Starbucks (99th & Bell) is open, SCDC meets there 9am Mondays. Join our convivial group & start your Mondays with friends. FMI email commsSCDCAZ@qmail.com

Hobbies/Other Interests

Sun City Community Garden

Gardeners host an Open House every 3rd Sat Oct - May, 9-11am at the Community Garden located within the EPCOR water plant on the NW corner of 91st Ave & Greenway. Come learn about vegetable gardening in Arizona & leasing a plot, available to RCSC cardholders who are Garden Club members. Rose lovers can learn about growing roses both at our rose garden at the Community Garden and/or volunteering to maintain the Sun Bowl Rose Garden. For more information call the Club Office at 623-875-5921 or visit gardenclubofsuncity. org or join our monthly meeting the 1st Tues, 8:30am at Sundial East Hall.

Fairway Readers

Club meets 1pm 2nd Friday monthly (year round), Fairway Rm 217. No dues, must show RCSC Card at 1st session. Refreshments served Dec & April. Moderator Sue Blechl prepares questions/keeps members on track during discussions w/a mic so members can hear (also passed between those sharing thoughts). Books chosen by consensus in advance, reserve a month in advance (Fairway Library) for those w/MC library cards. Upcoming Reads: March-Fahrenheit 451 by Ray Bradbury. April-I'll Be Gone in the Dark: one Search for the Golden State Killer by Michelle McNamara & Gillian Flynn Newsletter available. FMIC 623-972-3409

Armchair Travelers Club

March explores, Yellowstone, Alaska, Galapagos and Papua, New Guinea. We meet every Wed at Fairway AZ RM1. The show starts at 7pm; doors open at 6:30. Please arrive early to sign in & be seated before the show begins. Club open to all RCSC cardholders; membership dues: \$3. Cardholders welcome to attend three times before joining. Escorted guests welcome: must pay \$2 each visit. First Wed each month coffee & cookies served. FMIC Ron Yankowski 623-476-2811. Come join us for our adventures. We have a fun time.

Sun City Stamp Club

We meet 7pm 1st Monday every month in Marinette Social Hall. Set up/inspection of auction stamps: 6:30pm. All RCSC Cardholders & escorted guests welcome. New & old stamps from all countries available at auctions; books & albums at excellent values, 50% or less of current catalogue prices. Join us to start/improve your collection. FMIC Gene Gyger (Pres) 623-974-9943 (ggyger@yahoo.com); Bernard Heath (Treas) 623-977-2332 (BCstamps@cox. net); or Mike O'Neill (VP) 623- 974-9943 (mshane2009@prodigy.net)

Sun City RV Club

Club enjoys potlucks, card games, day trips, rallies & RV caravans. No RV required! Club meets Oct-April; for RCSC Cardholders & escorted guests only. March Potluck/Bus Mtg Tues 3/26, 5:30pm Sundial West Hall. Potluck Entertainment: "West Side Tremble Clefs," a local group affiliated with Parkinson Network of Arizona. Bring a dish to share with 10-12 people, your eating utensils, plates, & beverages. Monthly officer board meeting 9am 3/26 in RV Club office. Caravan meetings provide the latest information on outings. March Caravan meeting is 3/22, 9:30am, in Sundial West Hall. Doughnuts & coffee supplied. Club hosts card games at Bell Multi-Purpose Room B, 5-9pm, 1st Wed & 3rd Tues monthly. Come join the fun & fellowship. FMI Visit www.scazrvclub.com or call Judy at 623-444-4224.

Sun City Birding Club

Specializing in field trips to: identify birds, raise community awareness & enjoy nature. Our club holds fun, educational classes with ornithological themes. Beginning to advanced birders welcome. No experience needed! You will love discovering the joys of birding! FMIC Tom Locascio at 623-977-4992 or locascio2000@hotmail.com

Vintage Vehicle Club of Sun City

Spring Fling: 3/2, 9a-3p at Sun Bowl. All are welcome to attend! March Happenings: General Meeting: 3/19, 1-3p Lakeview SH 1 &2. For all members & potential members. Automotive Class #3: 3/20, 3-4p, 13430 N 105th Ave, bldg 17 (VVSC Shop) Featuring all things tires & wheels. Open to members, no registration required **Ongoing Activities:** Every Tu: 7am breakfast at Mercer's Restaurant; Every Wed: 4pm Car Cruise at Sun City McDonald's (Bell Rd); First M each month: Ladies Lunch, various Valley spots. FMI judygrossnhcc@aol.com. Every Th: informal motorcycle ride; meet at shop, ride to lunch & home. **Our shop:** Visitors encouraged M-F, 8am-4pm (shop hours). Shop is our pride & joy with 5 bays, 2 lifts, plenty of tools & the expertise to get your vehicle running. We repair, restore, build, modify, weld & hang out. Not all members have vintage vehicles,

but we ALL love them. **Our Classes**: spanning wide range of automotive topics, Instructors are retired vocational teacher & pro mechanics. . We are a diverse group with motorcycles, bicycles, electric bicycles, hot rods, muscle cars, modern cars & trucks etc. If you have wheels, you belong here. FMIC 623-215-8312 or visit our shop or website: Vintagevehiclesofsuncity.com



Art and Craft Clubs

Artistic Stained Glass: BC

Artistic Weavers & Fiber

cameraguildsuncity.com

Ceramics & Porcelain: FW

Artists: OM (623) 974-6108

(623) 974-4765

Calligraphy: SD

Camera Guild: SD

(623) 594-6591

Carvers: LV

(623) 388-3051

(623) 972-5818

(623) 974-6750

Ceramics: OM

(623) 680-8474

Clay Club: LV

(623) 933-0899

Clav Corner: MC

(623) 977-3167

Crafts: BC

(623) 974-3497

China Painting: FW

Ceramics: BC

(623)877-9366 /(315)491-9650

Artists by the Lake: LV

SUNVIEWS • MARCH 2019

Club Directory

FW AZ 1-4

F 7-10p SD Aud

1st & 3rd Sa 6:30-9:30p SD Aud

2nd, 4th & 5th F 6:30-10p FW AZ 1-4

Relocated to BC SH 1&2 on 3/1

Tu & Th: 10a-1p; SD Aud

Relocated to FW Th 3/28

St Patrick's Dance Sa 3/23

Couples/Partners lessons W 6:30-9p BC SH

2nd, 4th & 5th Sa: 6:30-10p; BC SH 1&2

Round Lessions Tu 2:30-4:30p BC SH

Round Lessons Th 12:30-4:30p MC Aud

New Comer Lessons/Plus Wkshp E 6-9p BC SH

M 7-11:30a MC Aud; Th 7a-11:30s MC SH

Dance w/Rounds Tu 6:30-9p BC SH

M 8a-12:30p; T W F 8a-12p MC SH

Show Event Sa 3/23 2p SD Aud

M-Th 8:30-10:30a & 12:30-2:30p

1st & 3rd F 12:30-2:30p

Mem Mtg Sa 3/9 SD WH

Classes in Session

M-F 8a-4p; Sa 8a-12p

M W F 8-11a BC SH 1&2

the Park" W 4/3;

Pilates M & F 1-2p BC Aerobics Room

Moving to the Beat Tu & Th 1-2p MC SH

M 9a-5p, Tu 10-11a W 8a-5:30p FW Rm 129

Member Appreciation Luncheon "Picnic In

Spring Ses ends F 4/19;Summer1 starts M 5/6

Tu 9-10a BC SH 1&2; W 9-10a SD Aud;

T/Th 12-2p SD Warm Water Pool

Mem Mtg 1st M 12p FW AZ 1&2

Tu & F 8-9a OM Aud

M & W 5-7p BC Aero

No Classes Th 3/14

Picnic W 3/6 LV SH 1 & Patio

M 9a-12:30p FW AZ 3; Tu 6-7p LV SH3

Th 9:30a-12:30p BC SH 2; F 1-3p BC SH 2

Mem Mta M 3/4

M W F 7-9a FW AZ 1&2

M Tu W Th 7a-8:30p; F/Sa 7a-3p SD

F 9-10a MV Aud; Spring Party Tu 3/12 BC SH1

M-Sa 6:45-11:30a;T W Th Sa 1-2p BC Aero

Summer 1 Reg Sa 4/20 Doors 8a; Mtg 8:30a

Try it Before You Buy It 4/15 - 4/19;

Th 9a-12p & Th 2-3p FW Rm 133

	•
1st & 3rd Sa; Doors at 6p; Dance 6:30-9:30	Hobby Clube

obby Clubs

Armchair Travel Club: FW Formerly Armchair Photo (623) 476-2811 Sun City Birding Club: Tom: (623) 977-4992 locascio2000@hotmail.com Duffeeland Dog Park-Talisman (928) 221-6052 Garden: OM (623) 875-5921

TH Breakfag

Model Railroad: FW (239) 207-7314 Model Railroad Museum: FW (239) 207-7314 Rockhounds: SD srockmuseum@gmail.com Mineral Museum: SD (623) 428-6442 RV Club: SD (623) 444-4224

Stamp Club: MC (623) 866-2058 Sun City Yacht Club (480) 412-3493 Vintage Vehicles (509)430-1625

rforming Arts Clubs

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Sun Cities Community
Orchestra: FW
(623) 933-1568
 Choraliers: FW
(623) 933-7202 (Carol)
Concert Band: FW
(623)972-4767
Handbell Ringers: FW
(602) 799-1947
doreenC4488@gmail.com
Piano: SD
(507) 213-6141
Sun City Players Community
 heater: MV
Writeoniov@gmail.com
Info (623) 500-2949
     typlayerscommunityth
Readers Ensemble: LV
(623) 974-3384
 Rhythm Ramblers: FW
(623) 876-8464
Ukulele: FW
(623) 594-6591 Sept-June
(623) 398-0483 June- Sept
Women's Chorus: FW
(623) 308-4643
    litical Clubs
Democratic: FW
```

(623) 977-4660 Republican: SD suncitygopclub@gmail.com

Social Clubs

M W F 11:30a-12:30p BC SH; Best Friends Dog Club: FW Tu 6:30-7:30p SD WH: (480) 524-6893 bfdcsuncity@gmail.com Th 6:30-7:30p MC Aud; Sa 8:30-9:30 MC Aud

0 11 00		()	
Crafts: SD (815)315-2387	Open Crafting M 8a-1p & Th 8-11a; Card Making Tu 5:30-8p; Card Embroidery	Mixed Cribbage: LV	
(015)515-2367	F 1-3:30p; Scrap Booking W 10a-6p	Pat (623) 933-7044	
	F 4-8:30p & Sa 9a-4p	Monday Night Pinochle: OM	
Creative Quilters: LV	M-W-F 8a-3p; Mem Mtg F 9:30a	(623) 972-3263	
(602) 622-5913	Charity Day F 3/29 8a-4p	Pinochle: OM	
	White Elephant Day F 3/15	Tommie (623) 876-1895	
Fired Arts: LV	M-F 9a-1p	Cheryl (209) 524-7358	
(623) 933-8118	Mem Mtg 3/7	Sheepshead	
Friendship Quilters: BC	M & W 9a-8p Sa 9a-3p	(623) 933-7044;(623) 999-4965	
(623) 523-7661	1st W Potluck, Show&Tell 3rd W Bus mtg	Or a first Disident Olympic	
	& Birthdays; 2nd Sa Lunch Bunch/Boutique	Contract Bridge Clubs	
	4th Sa Charity day	Card Sharks: LV	
	F 3/15 Quilt Camp 12-9p Sa 3/16 Quilt Camp 9a -3p	(623) 933-7972	
Handweavers / Spinners: SD	M-F 9a-3p; Mem Mtg 1st M 1p	One Partner: LV	Th:
(623) 933-0397		(623) 466-6567	
Knitters: FW	F 8:30a-1:30p FW AZ Rms 3 & 4	Wednesday Afternoon: OM	
602-469-2505 Lapidary: BC	White Elephant Sale F 3/22 FW AZ Rms 3&4 M-T-Th-F-S 8a-3p; W 8a-3p & 5-8:30p	(623) 977-2871	
(623) 977-1803	Every M 5-8p; Mem Mtg Tu 3/5 BC MPR	()	
Jewelry at Oakmont	M-Sa 8a-12p Lapidary; Stanied Glass M W	Thursday Afternoon: OM	
(623) 322-4595	F 12p-4p; Mem Mtg W 3/6	(623) 933-9671	
Leathercraft: MC	M-F 8a-12p	Friday Afternoon: FW	
(623) 594-6591	Mem Mtg Tu 3/5 MC Aud	(623)933-9671	
Metal: BC	M-Sa 8a-4p	Duplicate Bridge Clubs	
(623) 974-8206	Mem Mtg 2nd M 9a BC MPR		
	Spring BBQ Sa 3/16 LV SH 1 & 2/Patio	Duplicate (ACBL)	
Needle Arts / Crafts: OM	Th 8-11:30a OM Aud	(623)518-7916	
(314)488-8828 / (480)577-3430	Mem Mtg Th 3/14 OM Aud	suncitydbc.com	
Palo Verde Artist: SD	Su-Sa 8a-5p	Kachina: SD	М
(915)227-7710	Mem Mtg M 3/11 SD EH	Velda (623)262-1360	
eamoore70@outlook.com		Sharon (651) 592-5939	
Sew-n-Sew: LV	Boutique Sales/Sewing/DonationsTu Th Sa		
sewnsew.info	9:30a-3p	Dance Clubs	
Silver Stones: SD	M-F 8a-3p; Sa 8a-12p	Ballroom Dance: BC SH	Su 6
(623) 349-8840	Mem Mtg 1st M 9a SD EH	(602)292-3175, (623) 533-6236	
Silvercraft: BC (623) 933-8442	M & W 8a-8:30p;Tu Th F Sa 8a-3:30p Mem Mtg F 3/15	Bell Tea: BC	
Sterling & Stones: FW	Club Hours: M-F 9a-3p	(623) 933-8873	
(623) 977-2208	Jewelry Store M-F 9a-2p	(023) 553 0075	
(020) 011 2200	Monthly Mem Mtg 2nd Mon FW AZ Rm		

M W F Sa 9a-4p; Tu 9a-7p; Th 9a-9p

Mem Mtg 1st & 3rd Sa 8a FW AZ 1 &2

M-Th 8a-3p; Tu 5:30-9p; F 9:30a-2p

M-Th 8:30a-8:30p; F & Sa 8:30a-4:30p

Mem Mtg 10a 1st Tu LV SH 1

M-Sa 8a-3p M-Th 5-8:30p

Mem Mtg F 3/29 10a

Mem Mtg 3rd Th 9-11a

Th & Sa 7:30a-12p

M-F 9a-3p; Sa 9a-1p

Mem Mtg 1st Mon 9a

M-F 9a-3p, Sa 9a-12p

Mem Mtg 2nd Tu 10a

M-F 8a-9p; Sa 8a-5p

Mem Mtg 2nd W 9a

(4

M

M-Tu-Th-F 9a-12p; W 9a-2p

W 3/13 Pizza Party LV SH 1

Mem Mtg 1st Wed LV SH2 8a

Yard Art/Lunch 3rd W 8a-9n

Open House 3/15 & 3/16 8a-4p

M-Sa 9a-3p; Spring Luncheon Th 3/14

during Mem Mtg 2nd Th 11a BC SH1

Quality Control meets 1st M 1p BC MPR

Mem Mtg 2nd F 9a

M-Sa 9a-3p

Th & F 9-11a

M-F 9a-12p

titchers: BC	Tu & Th 9a-3p; F 9a-3p	Classic Rock Dance Cluby FM
ngie (303)435-1794	Tu & Th 9a-5p, 1 9a-5p	Classic Rock Dance Club: FW (623) 628-4401
erry (315)778-9237		Country Dance Club: SD
Voodworking: BC 623) 974-6058	M Th F 8a-4p; Tu W 8a-8p; Sa 8a-12p	(480)431-8278; (623)972-5127 House of Dance: FW
Voodworking: FW	M-F 8a-4p; Sa 8a-12p	(formerly Fri Night Rock 'N' Roll)
623) 972-4385	Mem Mtg 2nd Tu 12p FW Rm 133	(209)380-8029
Voodworking: LV	M-F 8a-4p; Sa 8a-12p	Friday Night Ballroom Dance
623) 933-2355	Mem Mtg 1st Tu	(formerly SC Singles Dance) (623) 215-8718
Card and Game Clubs		Line Dance: SD
00: FW	Mon 5:30-10p FW AZ Rm 3 & 4	623-972-5127 or 231-557-6555
ois (608) 345-3252	Spring Fling M 3/18	suncitylinedanceclub.facebook
ackgammon: LV 219)229-1870 /(585) 314-7184	Sa 12:30-5:30p	Rockin' Thru The Years: SD (623) 332-7894
Bunco Broncos: FW	4th M 12-3:30p FW AZ Rm 1 & 2	Squares: BC
602)526-3495/(623) 326-7055	Pot Luck/Dice M 3/25 FW AZ Rm 1 & 2	(623)694-7194
Canasta: OM 623) 566-2034 (Shirley)	F 10a-3p OM Aud	suncitysquares@q.com
uchre: FW	Tu 5-9:30p FW AZ 2-4	Sun City Poms: MC (602) 392-4242
480)238-7454 / (623)533-5705	1st & 3rd Th 1p MC Aud	scpoms@yahoo.com
	Relocated to Talisman Th 3/7 & Th 3/21	Tip-Top Dance: MC
land & Foot Club	Mem Mtg Tu 3/5 FW AZ W 4-9:30p LV SH 1 & 2	(623) 322-3138
623) 271-0092	•	
1ah Jongg: MC	Tu 12-4p SD WH; Th 6-9p MC SH	
ue (480) 369-4441 1ixed Cards: OM	Su 12-4p MC SH Sa 6-9:45p OM Aud	Educational Clubs
623) 972-1703 Lil	54 0 5.45p On Au	Apple Macintosh: SD
1ixed Cribbage: LV	Tu 1-4p; W 6:30-9p LV SH3	(623) 933-5300
at (623) 933-7044		sunmacs.org
1onday Night Pinochle: OM 623) 972-3263	M Start time 6:15p OM Aud Arrive by 6p to register	Life Long Learning: FW (623) 533-5756
inochle: OM	Tu 12-4p, Sa 12-4p OM Aud	PC Computer Club: FW (623) 933-8953
ommie (623) 876-1895		Spanish Club: FW
heryl (209) 524-7358		SunCitySpanishClub@gmail.com
heepshead	M 6p Talisman Hall	(505) 301-3155
623) 933-7044;(623) 999-4965		Fitness Clubs
Contract Bridge Clubs		Aerobic: BC
Card Sharks: LV	M 6:30-9:15p LV SH 1&2	(623) 251-4681 Dave
623) 933-7972	Th. D	Aqua Fitness Club
Dne Partner: LV 623) 466-6567	Th: Doors open 6:30p, game 7p, Must be present by 6:55pm LV SHs 1 & 2	aquafitnesssuncity.com
Vednesday Afternoon: OM	W 12-4p OM Aud	FMIC Terry: (619)818-4380 or
623) 977-2871	Please arrive by 12:15pm	Annie: (602) 359-1057
hursday Afternoon: OM	Th 12:30-4p OM Aud	Dance for Fitness
623) 933-9671	Please arrive by 12:15pm	(623) 933-7021;(515) 975-1683
riday Afternoon: FW	F 12:30-4:30p FW AZ Rm2	Handi-Capables: SD
623)933-9671	Please arrive by 12:15pm	(623) 640-7211 Dean Hatha Yoga: SD
Duplicate Bridge Clubs		www.hathayogaclub.org
Ouplicate (ACBL)	M Th F 12:45-4:30p LV SH 1 & 2	Ladies Exercise: OM
623)518-7916	Doors open 12:15p; Game time 1p	(573) 579-5320
uncitydbc.com achina: SD	M 12:15-4p SD WH; Th 12:15-4p SD EH	So Grand Exercise: FW
elda (623)262-1360	No Club Play on Th 3/14	(623) 933-0214 Stretch and Slim: BC
haron (651) 592-5939		(253)225-3370
Dance Clubs		Tai Chi: BC, LV & FW
allroom Dance: BC SH 602)292-3175, (623) 533-6236	Su 6:30p Dance; Lessons: M/Th 6p BC SH1&2	Phone: Elisa (480)710-8497 email:sctaichi@yahoo.com
ell Tea: BC	W 2-4p BC SH 1&2	sctaichi.wix.com/sc-tai-chi-club
623) 933-8873		Zumba Fitness:
		(847)376-1863/ (847) 682-9399

Whether in like a lion or out like a lamb - RCSC Clubs offer fair weather fun for all!

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	Fairway Readers: FW	2nd F 1-2:30p FW Rm 217
Every W 7p FW AZ 1&2	(623) 972-3409	
Every W 7p FW AZ 1&2	sueblechl@gmail.com Illinois Club: Talisman	Cosial Mtg 4th Th (200m Taliaman Ual
	(623) 875-5376	Social Mtg 4th Th 6:30pm Talisman Hall
Mem Mtg W 3/13 10a Bell MPR	LGBT of Sun City: OM Aud	Meet 2nd Th 6pm OM Aud
	(623)363-1123	·
Pot Luck Su 3/17 3p Talisman Hall	Men's: SD	M-Sa 7a-4p; Poker M 4-9p
	(623) 977-5116	
Office Hours M W Th 9a-12p OM	Michigan Friends in Sun City michigan2arizona@cox.net	3rd W 4-6p BC MPR
Mem Mtg 1st Tu 8a SD EH	(623) 910-1522	
Spring Potluck Sa 3/9 LV SH 1,2, Patio	New England: LV	St Patrick's Day Corn Beef & Cabbage Mtg
Club Hours M-Sa 8a-4p NMRA Mtg Sat 3/9 8a-4p FW 120	(623)215-3637 (623)328-9878	5p Sa 3/9 LV SH 1
Tu Th 9a-12p Sa 10a-2p	NextGen: FW	1st & 3rd M FW AZ 1&2
	(763)234-6231 Sun City Hospitality: MC	3rd M & Every Th Cards 1p BC MPR 2nd F Pizza/Bunco 5p MC Aud
2nd Th 5p FW AZ 1 & 2	(623)933-5158	Last F Potluck/Bunco 5p MC Aud
	(020)000 0200	Friendship Corner Sa 11a MC SH
M Tu W F Sa 10a-1p		Bridge W 12p MC SH
Potluck 4th Tu 4p SD Aud		Picnic F 3/15 11a QR
Caravan Mtg 4th F 9-11:30a SD WH	Singles Social Club: FW	1st F Potluck 6p FW AZ 3&4
Spring Picnic F 3/15 SD Mall	Ellen (623) 583-2307 Dawn (623) 999-2777	3rd F Game Night 6p FW AZ 3&4 Darts 4th F 6:30p BC
Mtg/Auction M 3/4 6p MC SH	Wisconsin Club: SB	Wisconsin Day Picnic Th 3/14 SB
	(623)242-6318	Mem Mtg 3/21 10a FW AZ 3
	Women's: LV	M-Su 9a-4:30
Car/Vendor Show Sa 3/2 9a Sun Bowl	(480)249-0862	
Mem Mtg 3rd Tu 1p LV SH 1&2	Sport Clubs	
TH Breakfast at Mercers-9720 Peoria, 7am	Basketball: MC	Pick Up Games in Villanueva
	(206)459-3242; (604)313-3190	Community Center 3:30-5p Oct - April
W 8:30a-12p FW Music Room	charlespeterson@comcast.net	
Spring Concert Su 3/24 2p SD Aud	Billiards: Bell Billiards Room (315)806-0067	W 8a-1p; Sa 8a-1p; Tu & F 11a-4p Instruction F 8-11a;
	(313)800-0007	Spring Fling Sa 3/2 10a LV SH1
M 8:30-11a Fw Music Rm	Billiards: LV Billiards Room	Ladies M & Sa 8:45-11:45a
Tu 9-11a FW Music Rm	(602)319-0783	Th 9:45-11:30a; Couples W 6-7:30p
		Snooker F 1-2:30p; Men/Wmn Singles 8-ball
F 8a-12p FW Music Rm		M 8a-12p; Dbls 8-ball Tu & Th 8a-12p
		Men/Wmn Singles 9-Ball F 8a-12p & Th 1-4p
03/15, 9:30a-11:30a	Bocce: SD	F 5-9p; Su 1-5p; M-F 8a-12:15p until 3/29
SD Auditorium	(623)271-0092	No Club Play M Tu W 3/18-3/20
Clubhouse workshop W 9:30-11:30a		Super Tournament Sa 3/23 9a
Gen Mem Mtg/entertainment 3rd M 7p		Picnic M 3/25; Playoffs Sa 3/30 12p
	Dart Club: BC (773)802-2084; (209)620-1967	M T W 5:30p; Th 2p; 1st Sa 1p Pizza Party Tu 3/12 4p BC MPR
	(802)999-5470	
F 12-3p LV SH 3	Lawn Bowls: BC	Su M W F 1:45-3:45p; M W F 8:45-11a
	(623)972-3248	W 5-7p; St Pat Party F 3/15 3p BC MPR
Rehearsal Tu 1-5p (except 3/5) FW Music Rm	Lawn Bowls: FW & MV	St Patrick's Party Tu 3/12 12p SD EH
Dance 3/5 2:30p SD Aud Th 3-4:30p FW Music Rm	(623)933-5066 Lawn Bowls:LV (Sun City Club)	M 12-5p
Mentorship 1st/3rdTh1:30-2:30p FWMusic Rm	(623)583-0625	Going Away Party M 3/25 3p LV
	Lawn Bowls: LV	Tu W Sa 9a
Th 8:45-11a FW Music Rm	(623)974-3214	
Mem Mtg Th 3/21	Lawn Bowls: OM	M W F Su 9-11:30a & 1:45-3:15p
	(623)792-5202	Salisbury Sgls Tournnament Su 3/10 8:30a Bye-Bye Birdie Party F 3/22 OM Patio
1st Th 6p FW AZ Rms 1&2	Mini-Golf: LV	Golf W 3/13 9a BC & W 3/27 8a MV
Cook Out Su 3/31 OM Aud & Patio	(317)508-5959 (623)300-4461	SCW Breakfast W 3/13 7:30a BC Patio
3rd Tu 6p SD EH		Mem Mtg Tu before 2nd Wed 9a LV SH 1
	Pickleball	Contact Club for Times & Activities
	pickleball.suncity@gmail.com Check for times	
	Racquetball Club: BC	M-W-F 1-3p; T-Th 5:30-7:30p
	986-1754	M-W-F-Sa 11a-1p; Mem Mtg Sa 3/9 BC MPR

Shuffleboard Bell: BC	M-Tu-F 1-3:15p BC Cts
623-972-3169 - Dennis	Mem Mtg Tu 3/12 BC Team Room
Shuffleboard Outdoor: LV	M-W-F 1-4p LV
688-4823	Tournament Sa 3/23 12-6p LV SH 1
Shuffleboard Sundial: BC	1st Th 5:30-9p;W & Sa 12:30-3p BC Cts
208-9921	Mem Mtg Tu 3/5 SD EH
Softball (Senior): Sun Bowl	Open Practice Su 7a-1p; New players M 7a-1p
623-444-9402 or 503-351-2036	League Play Tu-Th-F 8a-5p; Sa 8a-1p
www.azsrsoftball.com	Mem Mtg M 3/11 6p BC MPR
	Spring Banquet M 3/18 SD EH
Sportsmen: LV	Mem Mtg 3rd Th 7a-11a LV SH 1
Tony 847-207-1948	Fish Fry Sa 3/30 LV SH 1&2
Swim Lessons: LV 583-5894	W 8:30-10a LV
Swimmers Master: BC	M-F 7-9a BC Lap Pool
876-1233	Relay for Life F 3/8 7a BC Lap Pool
0,0 1200	Potluck Picnic F 3/22 11a MV Patio
	Fun Day Sa 3/30 8a BC Lap Pool
Swimmers Synchronized: LV	M W F 8-10a LV
, 583-5894	
Table Tennis: BC	M W F 10a-2p; Tu 10a-12p
623-234-4743	Sa 10a-12p; Su 1-3p
480-390-5232	
Tennis: BC	Social Dbls Sa 1p BC; Drop-In Dbls M-F 8a LV
Summer Contact:505.206.2315	Drop-In Dbls M-F 8a BC
jvolson@loretel.net	Womens Drop In Dbls M F Sa 8:30a MV
Joe: 623-251-3969	
Volleyball:	8-10:30a W & F Villanueva Community Ctr
206-459-3242	
charlespeterson@comcast.net	M W E Cu 12 2n
Water Volleyball Club of SC: OM WVCofSC@gmail.com	M W F Su 12-3p
Whisperball of Sun City: BC	M W F 3-5pm; T Th 1:30-3:30p
whisperball of bull city. be	BC Racquetball Courts
Club Directory Key:	
M = Monday	BC = Bell Recreation Center
Tu = Tuesday	FW = Fairway Recreation Center
W = Wednesday	LV = Lakeview Recreation Center
Th - Thursdoy	MC - Marinatta Degraphian Contar

ia iacoaaj	
W = Wednesday	LV = Lakeview Recreation Center
Th = Thursday	MC = Marinette Recreation Center
F = Friday	MV = Mountain View Recreation Center
Sa = Saturday	OM = Oakmont Recreation Center
Su = Sunday	SD = Sundial Recreation Center
a = A.M. & p = P.M.	SB = Sun Bowl
All area codes are 623 unless othe	rwise noted.

Important Dates for Clubs to Remember!

March

- Club Membership Roster due
- 5 SunViews submissions due for April
- 10 Guest Attendance Register & guest fees due

April

- SunViews submissions due for May 5
- 10 Guest Attendance Register & guest fees due
- 30 RCSC Facility Usage & Club Meeting schedule due for next year

May

- SunViews submissions due for June 5
- 10 Guest Attendance Register & guest fees due
- 15 IRS Form 990-N or 99EZ & AZ Form 99 due
- 15 RCSC Chartered Club Inventory due (if >\$1000)

Clubs & Activities Office 623-561-4660 email: clubs@suncityaz.org Office Hours: Monday-Friday 8:30am to 4pm

Cards & Games

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Backgammon Club of Sun City Every Sa 1-5pm at LVSH #3; Also Tu & Th 1pm at Bobbie's Cafe. Tourney every 1st Sa. All Skill Levels invited, instruction available. Visitors & Escorted Guests welcome. FMIC Bob 219-229-1870/Nancy 585-314-7184

Monday Night Card Sharks Bridge

Meets M 6:45-9:30pm Lakeview SH #1 for social contract bridge. Partner Required. FMIC Andy (623) 933-7972. \$3 & RCSC card required to join. 50¢ each night for prize fund. Visiting Cardholders pay \$1 plus 50¢ to evening's prize fund. We have fun.

Euchre Club

Meets every Tu 5:15pm, 6:15pm start time at Fairway. Group also meets 1st & 3rd Thu at Marinette; 1pm start time. Instruction for new members arranged by appointment at 623-533-5705. FMIC 480-238-7454.

Sheepshead

Mondays at 6pm, Talisman Hall. Open to all RCSC Cardholder Sheepshead players. FMIC Pat 623 933-7044/Sue 623 999-4965.

Kachina Bridge

Don't let duplicate bridge scare you! Our non-sanctioned club meets M & Th (Play once/twice a wk) at Sundial 12:15-4pm. Annual dues: \$5 RCSC Cardholders plus \$2 each play. Come see how duplicate bridge is played. No partner, no worries. FMIC Sharon 651-592-5939; Velda 623-262-1360

Hospitality Club

All RCSC cardholders welcome to Bridge & Saturday Cards at Marinette; looking for additional players. Bridge every Wed, 12pm; Cards & Games 11am Sat. If you live in north Sun City this may be closer to home than other groups. May play 3x before we ask you join. Annual Dues: \$6; includes various other activities, including Pizza, Potluck & Breakfast. For emailed newsletter or FMIC 623-933-5158.

Monday Night Pinochle

Like pinochle? Come to Oakmont, M 6pm (register), play 6:15pm. Singles welcome! Play single/double deck. Annual dues: \$3; plus 50¢ nightly. Escorted guests: \$3.50; visitors: \$1. Prizes awarded. After 6 hands, individual scores added, winners advance. Losers stay but do not play each other. This allows playing games w/new partners & a great social time. FMIC 623-972-3263

Mixed Cribbage Club

Every Tu 1-4pm & W 6:30-9:30pm LV SH3. No Partner needed. Open to all RCSC Cardhold ers. Cost \$5/join & 50¢ play. Cardholders may play 3 times as visitor. Arrive 12:45pm (sign in & find table). FMIC Pat 623-933-7044

Oakmont Mixed Cards

We need Pinochle players! Club meets every Sat, 6:15 pm. Plays Pinochle, Bid Euchre & Hand & Foot. Play starts 6:15pm promptly; concludes 9:30 pm. BYO refreshments &/or to share. Weekly fee: .50¢ annual dues: \$3. FMIC Lil 614-787-5885.

Mah Jongg Club meets for games at Sundial West Hall on Tu, 11:30am-4pm. Also at Marinette SH on Th 5:30-9pm & Su 11:30am-4pm. Open to RCSC cardholders & escorted quests. Escorted Guests: \$2.50. Annual dues:\$5. FMIC: Sue 623-933-4823/480-369-4441 or Ila

602-332-4045

One Partner Bridge

Meets Th, LV SH #1. Doors 6:30pm; play 7pm; arrive by 6:55pm. Partners Required! Annual dues: \$3. Cost \$1/couple for evening's prize fund. All grand slams rewarded & designated small slams paid. If you wish to come for an evening, cost is \$1 (RCSC Cardholders); \$3 escorted guests, plus \$1 prize fund. FMIC 623-466-6567

Thursday Afternoon Bridge

Play Contract Bridge every Th at Oakmont Aud 12:30-4:30; arrive by 12:15. No partner needed. FMIC Mary Ann 623-933-9671

Hand and Foot Club

"Hand & Foot:" a North American Card Game related to canasta & Pennies from Heaven. Escorted Guests (non-RCSC Cardholders) allowed play; must pay RCSC guest fee or punch card/day pass. RCSC Cardholders play 3 times before required to join club. After joining (\$5 per person, per year) may play each Wed for 50¢. Singles welcome! Learn More at Lakeview Social Halls 1 & 2, Wed, sign-in by 5:50p, Play at 6p. FMI E: Edith eykylady178@gmail.com. Open to all RCSC Cardholders & their escorted guests.

Oakmont Pinochle Club

Meets Tu & Sa 12-4p. Arrive no later than 11:45am; play at 12pm. Annual Dues: \$5; 50¢ per play day. Open to all RCSC Cardholders. Guests welcome but must be escorted by Pinochle Club Member & pay additional Guest Fees. We are a single deck club. FMIC 623-876-1895

Sun City Duplicate Bridge (ACBL)

March special games: Interclub Championship F 3/7. Unit Wide Championship F 3/8, ACBL Wide Senior Pairs M 3/11. These games pay extra points & cost \$1 extra. All other games reg price: \$3/\$5. No games 3/21 & 3/22 (quilt show). Club is fragrancefree. Partner required. Doors open: 12:15; arrive by 12:45. FMIC Dan 623-518-7916 or visit: suncitydbc.com. Beginning level bidding lessons continue on M 10am; held weekly until 3/11. Free to RCSC cardholders. If handicapped & need N/S table or require scoring changes, use scdbc.directors.net.

Bunco Broncos

Meet at FW AZ Rms 1-2, 4th Mon every month. Join us for an afternoon of fun! Doors open 11:45am, play 12:30pm. Open to all RCSC Cardholders. Annual dues: \$3; \$2 to play. FMIC 602-526-3495/ 326-7055.

CLUB EVENTS

Duffeeland Dog Park Club

We help make a safe, clean & enjoyable experience for dogs, handlers & RCSC Cardholders (& escorted guests). Potlucks, cookouts & social events & more. Annual Dues: \$5. FMIC Dorothy 928-221-6052 or email duffeeland@ gmail.com or more info.

NextGen

Social

Open to all RCSC Cardholders. Activities include golf scrambles, happy hours, hikes, bike rides, bowling, concerts, dart, shuffleboard, card games, more. Designed to bring people together, foster friendship & social connections. Meet 1st & 3rd Mon monthly at Fairway AZ Rms 1&2, 6:30pm unless otherwise posted. See event calendar at www. nextgensuncity; dates, times, locations may change. FMI visit www.nextgensuncity.org

Wisconsin Club

WI Picnic Th 3/14/19 at Sun Bowl; 10a-3p; food: 11a-2p. Live entertainment, silent auction, prizes, more. Cost: \$8. BYO lawn chair & sunhat. Volunteers needed. FMI http://suncityaz.org/recreation/clubs/wisconsin-clubof-sun-city/ Club open to RCSC Cardholders; Everyone Welcome at picnic!

Illinois Club of Sun City

A fun, friendly club open to all RCSC cardholders, especially those with Illinois connection. Club meets year round, 4th Th monthly, 6:30pm at Talisman Hall (Lakes Golf Course). Meetings include social hour, Illinois trivia, a 50/50 raffle & card/board games. Watch for theater outings, ethnic dining, wine tasting, a mini-golf tournament, & monthly breakfasts. March Activities: Su 3/3 2 pm: Theater Works, 10580 N 83rd Dr; W 3/6 5pm: Deno's Pizza, 14515 W Grand; Tu, 3/12 6pm: Team Trivia, 10146 W Lk Pleasant Pkwy; W 3/20 9 am: Breakfast, JiMichaels 13039 N 103rd Ave; Th 3/28 10am, Luke AFB; Sa 4/6, 12 pm, Lake Saguaro. Escorted Guests welcome. Annual dues \$5. FMIC Barbara 623-875-5376 or email bjplona@yahoo.com. Visit us on Facebook

Sun City Women's Social Club

Place for fun & friendship, at Lakeview's upper level 7 days/wk, 9am-4:30pm, for Poker, Bridge, Hand & Foot, Mexican Train, Canasta, etc. Substitutes needed; members encouraged to set up own games/activities. Annual Dues \$10; open to women w/RCSC membership. FMIC JoAnn 623-977-5606/ Evie 480-466-6059.

Best Friends Dog Club of Sun City

Does your BFF (best furry friend) want more time with you? Do you want to learn more about canine companions? Join our club & meet other dog lovers. Fun activities for you & Fido include group walks, brunches, yappy hours & picnics! Meetings (for people & service dogs only) share tips, ideas, info & have goodies! Become a member at any meeting. Open to all RCSC cardholders. FMI visit www. bestfriendsdogclub.org or call 480 524-6893.

SUNVIEWS • MARCH 2019

Michigan Friends in Sun City Club Spring Potluck: Sat, 4/13, 11:30am in Bell SH 1& 2. Pulled pork sandwiches provided; please bring Hawaiian potluck dish. Last name between A-L, bring side dish; between M – Z, bring dessert. Wear Hawaiian attire. Happy Hour Social, 4-6 pm Bell MPR (by lawn bowl). BYO Beverage & snack to share. No RSVP needed! 2019 dates 3/20, 4/17, 5/15, 10/16, 11/20, & 12/18. Christmas Luncheon 12/7, 11:30a-2:30p at Fairway AZ Rm 3. Members get email updates when additional activities booked. Also check SunViews. Do you know any Michiganders who may want to join? Have them pick up a brochure/application at Bell Visitors Center & send in. Annual dues: \$5 pp paid by 12/31. Pay dues at any event or send check to Michigan Friends in Sun City Club c/o Bell Center 16820 N. 99th Ave, Sun City, AZ 85351. Club Email: michigan2arizonaclub@gmail.com. 2019 Officers & Board of Directors: President-Jude Ruch, Vice President-Jerry Burnham, Secretary-Gwen McMichael, Treasurer-Carole Alexander. Board of Directors; Jo Allen, Larry Aiello, Glenda Burnham and Margaret Bosker.

LGBT Club of Sun City

each month. OM Aud 6-8pm. FMI visit suncityaz.org/lgbtclub-sun-citv/

Sun City Hospitality Club

All RCSC cardholders welcome at Marinette for Pizza/Bunco, 5pm, 2nd Fri; RSVP required. Potluck/Bunco 5pm, last Fri monthly. Breakfast 9:30am, first Mon monthly. Friendship Corner meets year round 11am Sat for various cards/games. FMIC 623-933-5158.

New England Club

Next meeting 3/9, Lakeview SH1; St. Patrick's Day, Corn Beef & Cabbage. Meeting 5pm, Dinner 5:30pm followed by card bingo. FMIC Carol 623-215-3637/Sheila 623-328-9878.

Sun City Singles Social Club

Club welcomes single RCSC cardholders. Annual dues: \$6. Escorted Guests (non-RCSC Cardholders) must be single. Monthly Activities: 1st F Potluck, 5:45pm; bring food for 10-12 people. 3rd F Game Night, 5:45pm; may bring snacks to share; BYO drink for each activity. Location: Fairway AZ Rm #4. Weekly Activities: Every Sa: Breakfast, Brother's Family Restaurant 8:45am. Every W: Billiards, LV Lanes, 1pm. March Activities: Su 3/3: Lunch, T&J Asian Cuisine, 8877 N 107th Ave, 11:30am Tu 3/12: Dinner, Dominic's Bistro 10001 W Bell Rd, 5p; Su 3/17: Dinner, Little Bite of Italy, 15456 N 99th Ave, 4:30pm; Tu 3/19: Lunch, Cabin Whiskey Grill, 9868 W Northern Ave, 11:30am. Th 3/21: Lunch, Pacific Seafood Buffet, 8172 W Bell Rd, 11:30am; F 3/22: Dinner, Benny's Burgers, 10001 W Bell Rod, 5pm; F 3/22: Darts, Bell Ctr 6:30pm; Tu 3/26: Lunch, Famous Daves, 16148N 83rd Ave 11:30am. Check www.simplesite.com/myclub for other activities that require sign up to attend or call Dawn 623-999-2777.

A Community Newsletter

CLUB EVENTS

Performing Arts



Piano Club of Sun City

A Unique Musique, a special variety show with unique entertainment, will be presented this month. Music includes an

assortment of styles & instruments. Join the Piano Club Friday, 3/15, at 9:30am in Sundial Auditorium.

The Piano Club meets 9:30am the 3rd Fri each month, Oct-April, in the Sundial Auditorium. You do not have to play or perform to become a member. Just enjoy the music programs. Annual dues: \$10pp /\$15 per household for RCSC Cardholders only. RCSC visitors & escorted guests are always welcome. We offer affordable lessons to adults from Beginning - Intermediate levels & beyond. Classes conducted in the Piano Club Studio on the level above Sundial pool. Piano courses resume in early March. https://suncityaz.org/recreation/clubs/ piano-club/

Concert Band

Next event: our highly anticipated Sousa Concert! Sunday, March 3, 3pm, Sundial Auditorium. Tickets: \$10. Rehearsals Tuesdays 9-11am in Fairway Music Room. **Sun City Players Community Theater** Sun City Players Community Theater presents the musical "Phantom of the Country Opera," opening at Mt View on March 15.



Phantom tells the story of operatic sensation Chrissy Joseph, (Marilyn LeClair) who leaves a promising career & a devoted boyfriend (Don Schordje) at La Scala, to return to her roots to become a country star. However, in Nashville, Chrissy finds an enemy in an aging country-western diva & a mentor in a quiet, observant janitor who is determined to make her country music's newest star. When mysterious things start happening at the Opry, Chrissy find that there's more going on backstage than she first suspected.

Performance dates: March 15-17, 21-24. Matinees at 2pm on Thu 3/21, Sun 3/17 & 3/24. Fri/Sat performances begin at 7pm.

Tickets available at suncityplayerscommunitytheater.org. Door sales open 45 minutes before curtain by cash, check or credit cards. FMIC 602-616-2284.

Handbell Ringers of Sun City

Currently rehearsing for their upcoming concert, "Romancing the Bell." Similar to "Romancing the Stone," the ringers embark on a musical adventure to find a valuable bell & encounter the 'Phantom' & a recurring villain who leads them on a merry chase. Song selections include a piece from "Phantom of the Opera," "Fly Me to the Moon," "Over the Rainbow" & "My Heart Will Go On" from the movie "Titanic." This 25 member ensemble, directed by Libbie Randels, rehearses 9-11:30am in the Fairway music room. Handbell music is much like piano music; all notes for treble & bass are on the same page. The challenge for the ringer is to find 2 to 8 assigned notes, then: "To ring or not to ring; when is the question.""Romancing the Bell" on 4/7 is at American Lutheran Church on Del Webb (north of Bell) at 3pm. Membership in Handbell Ringers is open to RCSC card holders & invited guests. FMIC Doreen at doreenc4488@gmail.com.



Sun City Womens Chorus

Rehearsals for the upcoming Spring Concert are under way. The program's theme "Sentimental Journey" features songs from the 1920s to the 1980s. Well-known examples are "Mister Sandman," "Bridge Over Troubled Waters," "Moon River," and "Bye Bye Blackbird." The Chorus, under the direction of Jane Higgs with accompanist Kent Trostel, performs their concert 4/7 at 1:30pm, Sundial Auditorium. FMIC Annette at 623-308-4643

Choraliers of Sun City

Mountain View: 623-876-3042 M-Sa: 6a-7p; Su 8a-7p

Choraliers are an accomplished SATB choir singing a variety of music from classical to jazz. Join them as they prepare for concerts & perform at social functions, churches, healthcare facilities & retirement communities; up to 20 concerts each year including some public concerts each season. Rehearsals are Mon 8:30-11am in 2nd floor Fairway music room. Stop in & listen to our rehearsals to see if Choraliers is right for you. FMI visit www.suncitychoraliers.com.

Spring season theme: "America, the Dream." Includes songs that focus on love for our country, the freedoms we've struggled for, & how this fits into our world

M	onito	red A	ctivi	ities

		Monitor	ed Activities	
Basketball		Jogging / Walking Track		Swimming Pools - Open Swim Hours
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Indoor		Bell Center - 18+ only:
Billiard Tables		Fairway Center	M-Sa 5a-9p; Su: 8a-8p	Lap pool: M-Sa:5a-9p; Su: 8a-8p; Closed for class: M-F 7-9a;Sa 3/30 8a-3p
Bell Lanes	M-Sa: 8a-9p; Su: Noon-8p	Sundial Center	M-Sa only: 6a-8a	Walking Pool: M-Sa: 5a-9p; Su 8a-8p
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p	Outdoor	,	Fairway Center
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p	Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Lap Pool: M-Sa: 5a-9p;Su 8a-8p;
Bingo		Sun Bowl	Dawn to Dusk	Walking Pool: M-Sa: 5a-9p;Su 8a-8p; Lakeview Center
Sundial Center	Thursdays: Doors Open 4:30p; Bingo 6:15p	Library (602) 652-3000		M-Sa: 6a-7p, Su: 8a-7p; Closed for class: M, W, F 8-10a
	\$9 all 18 games w/3 special games	Bell Center	M: 9a-7p; Tu-Sa: 9a-5p	Children's Pool Hours for Ages 4-15 yrs: Daily 4p - Close;
	Everyone Welcome!	Fairway Center	M-F 9a-4p	Marinette Center
Boating/ Fishing		Mini Golf	1-1-1-9a- -1 p	M-Sa: 6a-9p, Su: 8a-8p; Closed for Class: Tu 3/5, 3/12, 3/19, 3,26 9-10a
Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p (or Dusk)	Bell Center	M-Sa: 6a-9p; Su: 8a-8p	F 3/1, 3/8, 3/15, 3/22, 3/29 9a-10a
Bocce Courts		Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p	Children's Pool Hours for Ages 4-15 yrs Daily 1p - 4p
Sundial Center	M-Sa: 6a-9p; Su: 8a-8p			Mountain View Center
Bowling Lanes		Mountain View Center	M-Sa: 6a-7p; Su: 8a-7p	M-Sa: 6a-7p; Sun: 8a-7p; Closed for Class:M 3/4, 3/11, 3/18, 3/25 9-10a
Bell Lanes	M-Sa: 8a-9p; Su: Noon-8p	Sundial Center	M-Sa: 6a-9p; Su: 8a-8p	Th 3/7, 3/14, 3/21, 3/28 9a-10a
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p	Pickleball		Children's Pool Hours for Ages 4-15 yrs - Daily 10a-1p
Dog Parks		Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Oakmont Center
Duffeeland	October - April: 7am-6pm	Mountain View: Outdoor	M-Sa: 6a-7p; Su: 8a-7p	M-Sa 6a-7p,Su 8a-7p; Closed for class: Su 3/3, 3/10, 3/17, 3/24,3/31 12-3p;
	Closed last Wed/month for Maintenance	Racquetball		M 3/4, 3/11, 3/18, 3/25 9-10a & 12-3p;Tu 3/5, 3/12, 3/19, 3/26 9-10a; W 3/6, 3/13, 3/20, 3/27 12-3p; Th 3/7, 3/14, 3/21, 3/28 9-10a; F 3/1, 3/8
Darts		Bell Center Courts A & B	M-Sa: 6a-9p; Su: 8a-8p; Closed for Class:	F 3/15, 3/22, 3/29 9a-10a & 12-3p
Bell Center	M-Sa: 8a-9p; Su: Noon-8p	Every M 11a-5p; Every Tu 1:30-3:30p & 5:30-7:30p; Every W 11a-5p		Sundial Center - 18+ only
Fitness Centers			0p; Every F 11a-5p; Every Sa 11a-1p	Large Pool: M-Sa: 6a-9p; Su: 8a-8p;
Bell Center - 18+ only	M-Sa: 5a-9p; Su: 8a-8p	Shuffleboard		Closed for Class: M 3/4, 3/11, 3/18, 3/25, 8-10a; Tu 3/5, 3/12, 3/19, 3/26
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p	Bell Lanes: Indoor	M-Sa: 8a-9p; Su: Noon-8p	8-10a; Th 3/7, 3/14, 3/21, 3/28 8-10a; F 3/1, 3/8, 3/15, 3/22, 3/29 8-10a
Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p	Lakeview: Outdoor	Daily 6a-7p; Su 8a-7p	Warm Water Pool: M-Sa: 6a-9p; Su 8a-8P Closed for Class:
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Spas		M 3/4, 3/11, 3/18, 3/25 10a-12p & 4:30-6:30p; Tu 3/5, 3/12, 3/19, 3/26
Mountain View Center	M-Sa: 6a-7p; Su: 8a-7p	Bell Center - 18+ only	M-Sa: 5a-9p; Su: 8a-8p	10a-2p & 4:30-6:30p; Th 3/7, 3/14, 3/21, 3/28 10a-2p & 4:30-6:30p
Oakmont Center	M-Sa: 6a-7p; Su: 8a-7p	Fairway Center	M-Sa: 5a-9p; Su: 8a-8p	F 3/1, 3/8, 3/15, 3/22, 3/29 10a-2p & 4:30-6:30p
Sundial Center - 18+ only	M-Sa: 6a-9p; Su: 8a-8p	Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p	Table Tennis Bell Center: M,W, F: 6a-10a, 3p-9p; Tu: 6a-10a, 12p-7p;
Horseshoe Courts	1 7 1	Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	<u>Sa: 6a-10a, 12p-9p; Su: 8a-1p, 3p-8p</u>
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Mountain View Center	M-Sa: 6a-7p; Su: 8a-7p	Tennis
Mountain View Center	M-Sa: 6a-7p; Su 8a-7p	Oakmont Center	See Pool Hours	Bell Center: 623-977-3325 M-Sa: 6a-9p; Su: 8a-8p
	- r <i>y</i> r	Sundial Center - 18+ only	M-Sa: 6a-9p: Su: 8a-8p	Lakeview Center: 623-561-4676 M-Sa: 6a-7p; Su 8a-7p
		,	• •	Mauntain Viewy COO 07C 2042 M Cay Ca Zay Cy Oa Za

Fitness & Fitness Classes

Sun City Tai Chi Club

March brings a breath of spring and Grandmaster Franklin Wood's return, teacher, author & lecturer, by popular demand, to lead 4 Special Events. Invite friends & family to celebrate renewal & peace while feeling the flow of positive energy during the popular Tibetan Singing Bowls Meditation on March 15, 2019. Starts promptly at 3:30-4:30pm Bell SH 1&2. Lie on your own mat, pillows, blankets or sit on a provided chair. Cost \$7/RCSC cardholders, \$9.50 /escorted guests. For those with Tai Chi training, Sifu Wood will teach 3 in-depth, 2-hour Tai Chi workshops at Bell SH2 on 3/15/19, 3/18/19 & 3/19/19. We welcome current & former students to participate. FMI on event pricing/details & for class schedules see our website http://sctaichi.wixsite.com/sc-tai-chi-club or call Elisa 480-710-8497 or email taichiqigon-gaz@gmail.com. Fees for "doctor recommended" classes: RCSC Cardholders \$3; escorted guests \$5.50.

Mor	n FW AZ 3 9–10am 10:15 – 11:15 am	Tai Chi for Health & Wellbeing (open) Beginners welcome Tai Chi for Health & Wellbeing (open) Beginners welcome
Tue	LV SH 3 6- 7pm	QiGong (Beginner & Advanced - open)
Thu	Bell SH 2 10:45-11:45am Noon – 1:00 pm	Beginner Tai Chi Balance & Basics (open) Beginner Tai Chi 108 Form – Set One (open)
	1:15 – 2:15 pm	Advanced Tai Chi 108 Form – Set Three (closed)
	2:30 – 3:30 pm	Intermediate Tai Chi 108 Form – Set Two(closed)
Fri	Bell SH 2 1:15 – 2:15 pm	Beginner Tai Chi – Pure & Simple Short Form (open)

Hatha Yoga

Club meets in the Yoga room at Sundial. Classes are multi-level; no previous experience is needed. Classes are taught by certified instructors. Arrive 20-25 minutes before class begins. Bring a mat, small blanket or beach towel, current RCSC card with your picture on it, \$3 class fee & \$5 yearly membership. Wear loose, comfortable clothes, layers, for our warm environment. Refer to website for winter & summer schedule times: http://hathayogaclub.org.



Mat Classes: 6 days a week, & 3 evenings Chair Classes: 4 days a week; FMIC Carlyn 623-972-9602

Aqua Fitness Club

Spring Session in progress; ends F 04/19. Classes meet M/Th or T/F at Sundial, Oakmont, Mountain View & Marinette pools. No swimming involved; members stand in waist/chest deep water. Instructors teach three classes of varying intensities: Free Standing, Poolside & Aqua Stretches. Visit www.aquafitnesssuncity.com for information on class exercises, class times, days of the week & pools. Annual Dues: \$5; \$15 for each 8 week session; 5 Sessions annually. Annual Member Appreciation Luncheon – 'Picnic in the Park' – W 4/03, 1:00. Not sure about Aqua Fitness? Try out the exercises during 'Try It Before You Buy It' week; M 04/15-F 04/19. FMIC Terry 619-818-4380 or Annie 602-359-1057. Registration for Summer I Classes: Sa 04/20 at 8:30a in Sundial Auditorium; doors open: 8:00a. All classes co-ed; must be a RCSC Cardholder to join or attend any classes.

Every dog is Irish on Saint Patricks' Day But not when on RCSC Properties!

Remember: Household Pets are not allowed on RCSC properties nor in RCSC facilities (please see Board Policy #26 for more info).

Exceptions: Duffeeland Dog Park, Best Friends Dog Club training arena, dogs trained as service animals.

NOTE: Emotional support animals are <u>not</u> an exception!



Swim Club

Beginning Wednesday, 4/3, Sun City Swim lessons will move to the pool at Lakeview. The Lessons start at 8:30 - 10AM. There are beginning lessons and intermediate classes available. Annual fee: \$5 for any RCSC cardholder. FMIC Tere Kearney 623-583-5894.

Zumba Fitness Club

Zumba fuses Latin rhythms & easy to follow fitness moves to create a dynamic full body workout. It keeps you moving & grooving & makes fitness fun. The hour includes a warm-up, cardio workout & cool-down.

Mon: Bell Social Halls, **Zumba Gold**, 11:30am-12:30pm, Debbie Reiss, Instructor; Tues: Sundial West Hall, **Zumba Gold**, 6:30-7:30pm, Debbie Reiss, Instructor; Wed: Bell Social Halls, **Zumba Gold**, 11:30am-12:30pm Debbie Reiss, Instructor; Thurs: Marinette Aud, **Zumba Fitness**, 6:30-7:30pm; Julie Chaney, Instructor. Fri: Bell Social Halls 1 & 2, **Zumba Gold**, 11:30a-12:30p, Debbie Reiss, Instructor; Sat: Marinette Aud, **Zumba Fitness**, 8:30-9:30am, Julie Chaney, Instructor.

Cost: Members: \$2 per class; Visitors \$4 per Class; Escorted Guests \$5 per Class. Annual Membership: \$8 FMIC AI 847-376-1863 or 847-682-9399

Aqua Suns

Do you love the water but walking & lap swimming isn't for you? Come try synchronized swimming & learn things you never thought you could do - dolphins, spearfish, catalinas, kips, surface dives & more. Join in the fun M-W-F from 8-10am at Lakeview Pool. FMIC Nancy at 623-238-8608. Swim Club membership: \$5/Year

Dance for Fitness

With a current RCSC Membership you may enjoy three free sessions. Annual membership fee is \$5. Come once, twice, or three times a week, whatever fits your schedule. Class is in the Bell Social Halls on Tuesdays, Sundial Auditorium on Wednesdays, and at Mountain View on Fridays. All Classes are 9-10 am. FMIC Penny at 623-933-7021 or Jerry at 253-820-5453.

Bell Aerobics

Come join this friendly group for a complete 45-minute workout of gentle stretching on Mon, Wed & Fri at 8, 9 or 10am at Bell Social Hall. Membership \$3/year with valid RCSC card; no class fees. There will a holiday potluck social in December for all members. We meet year-round & are looking forward to having you join us. FMIC Dave 319-332-8014 or Pat 510-673-5732

Oakmont Ladies Exercise Club

Join us for low-impact exercises designed for women over 50 at Oakmont on Tuesdays & Fridays 8-9am. Annual Dues: \$3, 3 free trial visits. FMIC Helen 715-222-9519

Stretch & Slim

No matter your fitness level, have a blast in our DVD-led classes! We offer classes Mon- Sa at 0645, 0800, 0900 & 1015 am. At least two members must be present to hold a class. The relative intensity varies with each class, so visit & inquire for details. Classes are limited in size, held in our room at Bell Center right next to indoor spa. The Stretch & Slim Club allows you to experience a variety of exercises: cardio (both low & high impact), strength training (using provided handheld weights & fitness bands), & stretching for a well-rounded exercise. You are welcome to try us out for free for three classes. After that the annual fee for RSCS cardholders is \$5. Guests pay \$2.50 per class & must be escorted by an active club member. For more information, visit a class or call Deb at 253-225-3370.

Handicapables

Whether your physical limitations are chronic or temporary, Handi-capables invites you to benefit from the fitness & social programs our club offers to enhance your enjoyment of life!

Pool exercises are offered on Tuesdays and Thursdays at Sundial. Two classes at 12 noon are available – one standing, one sitting down. Assistance is available should you need help. Another class is held at 1pm for those able to do stand-up exercises with no assistance. Remember: An on-site shower is required before entering the pool (Maricopa County regulation).

Monthly social meetings with entertainment & snacks are held on the 1st Monday at 12:30pm in Fairway Arizona Rooms 1 & 2. Annual membership is \$15; open to all RCSC Cardholders. Personal caregivers may be allowed with physician verification (BP 9-1). FMIC Dean Drake at 623-640-7211 or email bvhcpg@gmail.com.



A Community Newsletter

FITNESS | HEALTH

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Tips from Get Fit for Life -

Is Strength Exercise Necessary?

"Proper Strength Exercise helps aging adults look better, feel better and function better," states Jane Fortier, senior fitness specialist for Get Fit for Life. "This type of exercise is absolutely necessary, to maintain quality-of-life, as we age. Ongoing research provides a wealth of data on the positive physiological benefits of strength training. Skeletal muscles serve as the engine, chassis, and shock absorbers of our body. Taking care of them determines quality-of-life." Consider the following Benefits of Strength Exercise:

 Avoid Muscle Loss - Aging adults lose from 5-7 lbs of muscle every decade, if they aren't strength training. Aerobic exercise improves cardiovascular fitness, but does not prevent the loss of muscle tissue. Strength exercise is needed to maintain and increase muscle mass, as the adult body continues to age. A basic strength training program (25-30 minutes of strength exercise 2-3 times per week), performed CORRECTLY, can increase muscle tissue by about 3 lbs, in a 12-week period.



Strength Machines & Free Weights are available in all Sun City Fitness Centers, for cardholders to use, with resistance training. Get Fit for Life trainers are experts at setting-up strength workouts for adults of all ages & levels of fitness.

- Avoid Metabolic Rate Reduction The average adult experiences a 2-5 percent reduction in metabolic rate, every ten years, after the age of 50. Proper strength exercise deters muscle loss, thus preventing this natural decrease in resting metabolic rate. Adding 3 lbs of muscle will increase resting metabolic rate by 7 percent. Adults who strength exercise use more calories during the day, thereby reducing the likelihood of fat accumulation. Research has shown that three months of strength training results in 3 lbs more lean body weight and 4 lbs less fat body weight.
- Increase in Bone Mineral Density The same training stimulus that increases muscle
 proteins also increases bone proteins and mineral content. Bone mineral density
 increases in direct proportion to the amount of strength exercise being done, and
 the resistance level being used. Strength exercise is a must for people with osteopenia or osteoporosis.
- Increase in Glucose Metabolism Glucose is managed more efficiently when strength exercise is performed. Research indicates a 23 percent increase in glucose utilization after four months of strength training. Strength exercise is extremely important for a Type 1 or Type 2 Diabetic.
- Reduction in Blood Pressure & Lipid Levels Strength training, combined with aerobic exercise, is highly effective for improving blood pressure readings. This combination has been shown to reduce both systolic and diastolic pressure, within a two month period. In addition, strength training and aerobic exercise reduce blood lipid profiles significantly over an extended period of time.

"The most important part of strength exercise is performing it correctly," states Fortier. "Proper breathing, form, technique, cadence and duration directly effect exercise results. Strength training "after 50" should look different than it did at age 30 or 40." Get Fit for Life personal trainers are experts at creating safe and effective exercisee programs based on needs, goals and medical issues. To find out more about working with a personal trainer, call 623-696-6820 or visit Get Fit for Life, Sun City on Facebook.



Sunrise Bootcamp at Lakeview Park Gazebo Tuesdays & Thursdays, 7:15am, January 8 thru March 28

LaTouch Wellness Massage Therapy Shares... Meditation & EFT May Reduce Pain, Improve Overall Health

Meditation was once thought of as a "new age" fad, but it is now becoming more mainstream as research uncovers its health benefits. There has been research conducted on the health benefits of meditation for over the past 30 years. The results suggest that meditation may be a helpful tool in treating a variety of adverse conditions such as chronic pain, fibromyalgia, insomnia, anxiety, improves attention span and age-related memory loss, lowers blood pressure and can improve heart health. These are some of the benefits associated with meditation. There are several articles on WebMD that emphasize the many benefits of meditation.

Guided meditation offers an easy and focused way of quieting the mind and going inward to assist the body with its healing ability. Guided meditation can be offered during a portion of your massage session, this would allow you to benefit from your massage session on a much deeper level. By simply listening to positive and encouraging statements the mind begins to produce beneficial chemicals that promote health and wellness.



Are you familiar with EFT (Emotional Freedom Technique)? EFT is a form of energy therapy like acupuncture but without needles. This therapy works with a few easily assessable acupressure points. Acupoint Tapping, sends signals directly to the stress centers in the mid-brain, these signals, accompanied by positive affirmations, assists the brain with release of beneficial chemicals, sent throughout the body, promoting and encouraging a healing response. EFT is an energy healing technique, performed by the client, with or without a therapist to facilitate the healing session. EFT is a technique once learned, can be performed daily to help improve and maintain your energetic balance.

If you are interested in exploring these energetic healing therapies and how they can be incorporated into your wellness massage session, let your therapist know when you schedule your wellness massage session.

We look forward to providing you with optimal services to assist with improving and maintaining your health and well-being.

Massage helps us to manage stress and can also be used to address a number of health issues. A full complement of massage services are offered at Fairway, Sundial and Bell Recreation Centers (as noted below) for RCSC Cardholders and their escorted guests. If you would like to experience the benefits that massage may have for you, call and schedule an appointment today!

Group Equipment Demos in March

Bell Center Marinette Center Fairway Center Wednesday, March 6 @ 11:30am with Dick Wednesday, March 13 @ 11:30am with Dick Wednesday, March 20 @ 11:30am with Jane

NOTE: Pre-registration is required for group equipment demonstrations. Please sign-up with the Facility Attendant at the appropriate fitness center. Space is limited.

Member Fitness & Massage Services

Fitness Training

623-696-6820

Sundial Center Free Spirit Massage 623-225-8582

Bell Center Jan Dias 623-521-0771 Lisa McCoy 623-210-2707 Fairway Center Laura Moore 623-201-0378 latouchwellness@ massagetherapy.com

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Arts & Crafts

Creative Quilters

Hours: Mon & Fri: Open Sewing 8am-4pm; Tu & Wed: Open Sewing w/Sew N Sew 3pm; Fri: Bus. mtg, announcements, programs 9:30am. Boutique items available for purchase during Club hours. Watch our news items & stop by Club to look at class book for more details. Membership open to RCSC Cardholders. FMIC Red 602-622-5913

Sun City Clay Club at Lakeview

Sun City Clay Club is welcoming new members. Beginner classes fill up guickly. There is plenty of time to make wonderful pieces to take to your Summer home. Our members enjoy a cooperative, friendly environment for all skill levels. We'd love to meet vou. Visitors always welcome. Stop by our club room on the second level of Lakeview for a tour. We'll show you the whole process. Pieces are available for sale there as well. Please come to our booth at the Bell Farmers Market 2nd & 4th Thursday's of each month. Club hours: Mon-Thurs 8:30am-8:30pm, Fri-Sat 8:30am-4:30pm. Closed Sunday. Monthly members meeting: 1st Wed each month. FMIC 933-0899.

Fairway China Painting

Paint at Fairway, room 217. Meeting 5 days a week. Club open to all RCSC cardholders. Annual membership: \$5. Cardholders welcome to attend three times before joining. China painting is one of the oldest forms of art. Dry mineral paints are mixed with oil & patterns are traced or free-hand painted on glazed porcelain, made permanent when fired. Paint useful artistic items with modern or ancient designs. We have beginning classes on Tuesdays 10am-12pm. We are a fun loving group, so come join us.

Camera Guild

Club located on 2nd floor at Sundial: open weekdays 9-noon. In March the following classes /workshops continue. Each class: \$5; can pay at door. No early sign up needed. Classes: Compare, Contrast, Critique: selfanalyzing your photos, 3/7, 1:30-3:30pm; Lightroom for Beginners: 3/14, 1:30-3:30pm Lightroom more in Depth: 3/21, 1:30-3:30pm Photoshop for Beginners: 3/28, 1:30-3:30pm; Workshops include 2 Discovery Labs: 3/4 & 3/1, 6-8pm in club room. Grab & Goes are trips to photograph Phoenix area. Sign up in clubroom & meet at Sundial to carpool. See on-line calendar FMI. Carefree Art & Wine Festival: 3/1; White Tank Mountain Flower Photography: 3/4 Chandler Ostrich Festival: 3/10; Tonto National Park: 3/20; Las Vegas Red Rock Canyon: 2 day trip, March 30-31. Meetings 1st & 3rd Sat, Fairway 9-11am. 1st Friday Gallery Openings held quarterly in Jan, Apr, July, & Oct 4-5:30pm. See website for themes. Members may submit photos for these shows. All invited; complimentary wine & cheese served. Membership open to all RCSC cardholders: \$20/1st family member; \$5/2nd family member. FMI visit cameraguildsuncity.com or call 314-882-6951.

Oakmont Ceramics

If you live in Sun City you should never be bored, but if you need something to do, come to our club! All RCSC cardholders welcome to join. Our wonderful members are friendly & talented. No "I have no artistic talent" excuses; beginner classes make learning fun. Also offering classes on different techniques (free to members) & a variety of paints & supplies available at nice discounts. Learn ceramic art from the beginning: from pouring to painting to finishing. For those busy during the day, we are open Tue 5:30-9pm. That Tuesday evening group is a wild bunch & a lot of fun! Please visit with us. Coffee is always on & the conversation snappy

Sun City Calligraphy Society

Sundial club room hours: Mon 1-3pm; Th & Fri 9-11am. General Meeting 3/21, 9am. Weekly "Love Card" workshops & practice sessions during club hours. Classes (fees): "Card Making" w/April, 1-3pm, Tu & 9-11am, Wed; Simplified Calligraphy with April Olson, 9-11am, 3/5 & 3/12; Card Making with Linda Wilson, 9-11am, 3/28. (free); Club Orientation, 9-11am, 3/7. We sell beautiful & creative handmade greeting cards & magnets to the public during regular club hours. Card samples & calendar of events available for viewing in club window at Sundial anytime; come see what our artistic members create! Membership open to all RCSC cardholders. FMI stop by during club hours or call Trudy Bryson 623-594-6591.

Sundial Silverstones

No experience necessary! Membership open to all RCSC Cardholders. Beginning classes offered (minimal fees) in basic silver, glass fusion, mold making, lost wax/casting, lapidary, chain making, wire wrapping & faceting. Our well-equipped club is open M-F 8am-3pm & Sat 8am-noon. Jewelry store open to all for purchase of member-crafted items, M-F 8am-3pm & Sat 8am-noon. Come take a tour of our facility.

Learn Leather Craft

Open to all RCSC Cardholders. Annual Dues: \$10. Beginner classes Tues/Thurs, 8am. Learn carving, stamping, garment & construction. Lessons, patterns & tools furnished. We meet at Marinette. Hours: 8am-12pm; Mon-Fri. Learn to make leather belts, purses, holsters, even mini saddles. A great group of people & a wonderful craft. FMIC 623-594-6591 or 623-933-8831.

Artistic Weavers/Fiber Artists Coil Basketry lessons Mon; Basket Weaving class Fri; Spinning instruction Wed. Next Step mentoring sessions being scheduled to help guide new weavers with individual projects & use of club's floor looms. Please stop by our Oakmont club room to sign up for any of these classes, shop or learn more about the club. Annual membership (\$12) open to all RCSC cardholders; we'd love to have you join us!

Bell Silver Craft Club

Visit our professionally equipped silver craft workshop & sales room. Classes in basic silver work, introducing students to fundamentals. We also offer lost wax casting classes, turning wax models into beautifully cast silver or gold, chainmaille for stunning bracelets & necklaces. Other specialty classes/demonstrations offered throughout the year. You're welcome to tour our club & see the possibilities. Jewelry Sales: Mon-Sat 9am-3 pm. Silvercrafting hours: Mon-Sat 8am-3:30pm. Located around corner from Bell Visitors Center. FMIC 623-933-8442.

Fairway Ceramics & Porcelain Club

Begin creating for autumn/winter holidays; a special centerpiece, gifts for friends & family. All Guests & Visitors invited to enter a FREE monthly drawing for an awesome door prize. Fun, low-cost classes: airbrushing, clay lifting, glazing, brushstrokes, decorating w/translucents, Zentangle, underglaze pencil, clay building, overglaze & stoneware. All skill levels welcome. Annual Dues (Jan-Dec) \$10 per RCSC cardholder: family (2 at same address) \$15. Basic orientation helps new members begin in a friendly environment. Greenware, tools & supplies available for purchase. New molds recently acquired: wall-hangings, mushrooms, dramatic showpieces, birdhouses, & animal figurines, et al. HOURS: 9-3 Mon-Sat. FMIC club (623)972-5818, or Dott (623)748-3313. Fairway, 2nd floor.

Bell Craft Club

Open M-F 9am-3pm; Sat 10am-2pm; M, W, Th 6-9pm, Classes/workshops in: Bead weaving, Greeting Cards, Copper Enameling, Placemats, Candle making, Quilling & Cross Stitch Painting, Plastic Canvas, Knitting, Crocheting, Silk Flowers, Craft Beading, Polymer Clay, Parchment Craft, Card Embroidery & Brazilian Dimensional Embroidery. Classes taught by members. Think others would enjoy your craft? Become a member & teach Boutique open for unique handcrafted gifts. Gen Mtgs 2nd Thurs, Sept-May. Annual Dues \$10. New members joining July 1-Dec 31: \$5. All regular classes free to club members. Membership open to RCSC Cardholders. FMIC 623-974-3497.

Lakeview Woodworkers

Come see beautiful wood crafts! Men & women welcome; tap into your creativity & make something with your hands. It's a wonderful feeling. Our club is a fun, happy place; members willing to help. Open M-F 8a-4p, Sa 8a-12p. Summer hours: M-Sa 8a-2p. Annual Dues: \$20. FMIC 623-933-2355

Bell Stitchers

Like to sew? Share new & fresh ideas as we create outfits for charity & craft items to raise money for accessories & supplies. Have a tour & a cup of coffee. Annual Dues \$3; membership open to RCSC Cardholders.

Bell Ceramics

Wanted: RCSC Cardholders! No experience necessary! Learn a wide range of ceramic techniques: stains, oils, glazes, underglazes, banding, carving & more. We have over 1300 molds to choose from & carry greenware, ceramic tools, brushes & paint supplies - all you need to get started so join today! Fees for classes range from \$5-20 depending on technique. Annual membership: \$7. Club hours: M-F 9am-3pm; Wed 5:30pm-8:30pm, Sat 9am-noon. FMIC 623-974- 6750.

Oakmont Needle Arts & Crafts

Knit, crochet, needlepoint, embroidery, counted cross-stitch, felting, tatting, scrapbooking, or any other arts & crafts you enjoy. Meetings are Thu 8-11:30am, in OM Auditorium. Events include: light breakfast/ snacks, potlucks, ice cream socials, pizza parties, semi-annual white elephant sales, holiday parties, quest speakers, & open houses. Learn to knit or crochet classes 3/7 & 3/14, 9-11 am. White Elephant Sale 3/21. Work on a current or new project with us. Members donate various projects to charitable organizations such as Hospice of the Valley, veterans' organizations and homeless shelters. Donations of craft supplies, including greeting card covers, gladly accepted. We participate in the annual Sun City Arts & Craft Festival in November. New members always welcome. Annual Dues: \$3. RCSC cardholders only. FMIC Jean 314-488-8828 or Sue 480-577-3430. Trv before you buy!

Jewelry at Oakmont

Stop by our workshop/showroom where members will show you around. Classes in: Lapidary, Silver craft, Glass Fusion, Faceting, Beading, Wire Warping, Scrimshaw, & now Stained Glass. Club Hours: 8am-12pm, Sat 9am-12pm. Stained Glass on M-W-F 12-4pm; Now open Tu 5-8pm for stained glass or glass fusion classes. FMIC John Schmidt at 623-322-4595 or stop by club!

Friendship Quilters

A club built on friendship & common interests of quilting/creating projects w/fabric. New members welcome to share love of quilting/different techniques. We quilt for fun & charities. Stop by Bell Craft Village Quilting room & check out our contemporary "Quilting Bee." **New Hours:** Mon & Wed 9am-8pm; Sat 9am-3pm. Annual dues: \$5. Open to all RCSC Cardholders.

Fairway Knitters

Knit/crochet items for military, care centers, school children, the homeless of Phoenix & other charities. Join us any Fri between 8:30am-1:30pm in Fairway AZ 3 & 4. Work on your projects using your yarn or work on club projects using club yarn. We also have items for sale if you like to shop. Annual dues: \$5. (Must be RCSC Cardholder) FMIC 602-469-2505.

A Community Newsletter

Arts & Crafts (continued)

SewNSew Club

Membership open to all RCSC cardholders: \$10 annual dues. Boutique Sales, Sewing & Donations Tu, Th & Sa 9:30am; club open during these times. Boutique sales include doll clothes to fit American Girl Doll. Fabric donations to help us serve our community gladly accepted during open sew times. **Mending at Olive Branch Senior Center:** Mon 8:30-10:30am when OBSC is open. **Certification required for all Machine use.** Sign up in club room for Classes: Brother sewing machine, Baby Lock Imagine; Jet Threading Serger; Baby Lock Embroidery; Cover stitch machine & heavy duty machine.

March Events:

3/5 Embroidery SIG 9:30a 3/7 Show &Tell and potluck; White Elephant Sale 9:30a; Open Sewing 11a-3p 3/9 Stuffed Bear SIG 9:30a 3/10 Basic Quilt SIG 1p 3/12 BEST Basic Embroidery SIG Technique Doll clothes SIG 12:30p 3/14 Open Sewing 9:30a; All in one Purse 9:30a 3/19 Luke Workshop 9:30a 3/24 Quilt SIG 1pm Quilts of Valor 1p 3/26 Doll clothes SIG 12:30p Library of reference materials, club patterns & embroidery designs available to

members during open sew hours. FMI visit http://www.sewnsew.info/

Handweavers & Spinners Guild

Do you like to stitch? Do you have a needlework project or two in progress? If so, the Sundial Handweavers & Spinners are looking for you. Our Thursday morning Hardanger group is expanding to include all types of fine stitching. Do you have a passion for Blackwork? Is Pulled Thread something vou've always wanted to try? How about Sashiko, Huckweaving, Bargello, Romanian Point Lace, Ukrainian White work, etc. Whether you want to learn something new, share a favorite technique, or sit & stitch with others, join us on Th from 9-noon. FMIC Jeri Hauff, 623-444-9160. All skill levels welcome. Regular hours 9am-3pm Mon-Fri, Oct-May. Summer hours vary. Beautiful handcrafted items for sale in Club Store, during club hours. Members participate in holiday fairs & craft events throughout the year. FMI visit suncityaz.org/handweaversspinners-guild or call 623-933-0397

Lakeview Fired Arts

Now offering new techniques in Cuerda Seca, gilding & silk screening on poured & hand built earthenware, porcelain & stoneware. Chalks, dry brushing, faux leather & faux antique pewter, glazing, majolica, overglaze & translucent classes also offered this year. Many exciting ideas to take pieces to the next level in your ceramic adventure. Fired Arts offers a mentoring program for a one-on-one learning experience. Annual dues: \$5; easy to join. Start your ceramic hobby with like-minded fun people. FMI Visit clubrooms or call 623-974-5979.

Artists by the Lake

Club meets 1st Tu monthly at Lakeview: potluck at noon, a brief meeting, then an art-related demonstration in Social Hall 1. LV Art Studio offers classes, workshops, & open painting times (upper level). Currently offering classes in Oil painting, Watercolor, Pastels, Acrylics, Drawing; Open painting available at no charge to members on Thurs from 9-noon. Check out our art studio, gallery walls & friendly members. Annual Membership: \$10 for RCSC cardholders; Class fees apply. Visit www.suncity.org (listed under Clubs) for current newsletter & class schedules. FMIC Deb Dahlin 315-491-9650

Marinette Clay Corner

Spring Open House & Sale - 3/15 & 3/16. Club excels in creative art, pottery making w/seasonal themes, dishware, gifts, designer pieces & our famous Yard Art. Monthly meetings every 2nd Wed; 8:30am social (coffee & treats), 9am general meeting. Orientation classes monthly. Fun, creative classes. Open: 8am-8pm M-F; 8am-4pm Sat. Looking for a special gift? Check our gift/display & Yard Art. FMIC 623-977-3167. RCSC membership card required.

Happy Hearts at Bell Craft

Happy Hearts at Bell Craft donate their time on Friday afternoons (12-3pm) to make afghans for veterans. **All yarn donations greatly appreciated;** please call 480-299-3316 for donation location.

Fairway Sterling & Stones

Visit our workshop & jewelry store. Friendly members will show you lost wax casting, glass fusion areas & lapidary room. You'll see members working on stones & glass for rings, necklaces, bracelets & more in silver, copper, brass. Peruse selection of member creations in our store (all welcome!). RCSC Cardholders who join can enroll in beginner or advanced classes in silver craft, lapidary, lost wax casting, glass fusion, chain making, viking knit, reticulation & more. Small classes taught by experienced memberinstructors who try to accommodate your schedule. Free workshops available to club members. Club Hours: M-F 9a-3p; jewelry store 9a-2p; craft sales 9a-1p. Located in Fairway Rm 136, "next door to the trains." FMIC 623-977-2208

Artistic Stained Glass

Sun City's only club devoted to glass creations; specializing in all types of glass art & projects including "came," as well as more current methods w/foil & solder. Members introduced to techniques in beginning class. Expert teaches fused & slumped glass; classes in large fused glass flowers, sandblast etching & more. Most members learned stained glass when they moved to Sun City & took our beginning class. Many are hooked once they try. We're a social group that likes potlucks. Drop in & see what we do! We meet at Bell - New Hours! M-Sa: 8a-3p; plus M-Th 5-8:30p Year-round!

CLUB EVENTS

Sports & Outdoors

Indoor Volleyball Club

Play at Villanueva Community Ctr (15660 N Hollyhock St, Surprise) W & F 8-10:30am & Rio Vista Rec Ctr (8866A W Thunderbird, Peoria) most Th 9-11a & most Sa 5-6:30p. Call ahead as they sometimes have gym rented. FMI membership (RCSC Cardholders only) call Dawn 623-271-8511

Sun City Basketball Club

Play at Villanueva Community Ctr, 15660 N. Hollyhock, Surprise: 40n4/50n5 full court or come shoot around M & W 3:30-5pm mid-Oct-April. Planning 1/2 court outdoor games Fri 9-11am at Marinette. FMIC Charlie 206-459-3242; charlespeterson@ comcast.net or Peter 604-313-3190; petermacleod1000@gmail.com

Sun City Pickleball Club

A chance to see Pickleball at its best on March 8-10 as Sun City Pickleball Club hosts "Spring Slam" tournament at Marinette. Over 400 players from area will compete. Sun City residents can take a look & then try this skilled, fun, court-and-paddle sport, with similarities to tennis, badminton, racquetball & table tennis. 20 courts (eight covered) at Marinette & 7 at Mt View. Free introductory lessons/clinics for all skill levels; ladder & round robin play offered. See our website for details. RCSC Cardholders eligible to join club & participate. A good time to get acquainted is during drop-in play, which attracts most players on Mon-Wed-Fri, 7am-noon at both complexes. All courts lighted for evening play. Annual dues: \$20. Everything about the club, including annual dues payment information, at suncitypickleballclub.org

Sun City Sportsmen Club

Hunting/Fishing/Shooting Weds: 8am, Trap & Skeet, Ben Avery (Les: 623-876-8714) Fri: 8am, Rifle & Pistol Shooting (Ben Avery). Open to all RCSC Cardholders; New members welcome. FMIC Tony 847-207-1948

Racquetball Club of Sun City

Court requirements: clean court shoes only (no street shoes); protective eyewear a must. RCSC Cardholder & escorted guest only. Play M-W-F, 3-5pm. A fun cardio workout. Open to RCSC Cardholders who belong to Racquetball Club. \$5 annual fee. FMI visit www.racquetballclubofsuncity.com.

Whisperball Club of Sun City

Invitation to Sun City women. We are organizing a ladies group to play Whisperball. May play among themselves or with the men. Introduction to the sport on: Tu & Th, 1:30p, Bell center, Bldg F/G concourse area Racquetball courts. Bring clean court shoes, safety glasses, & racquet. If you don't have a racquet, the monitors station can provide you with one. Only RCSC cardholders in good standing invited. FMIC Rick Steiner 412-419-9578.

Sun City Senior Softball Club

Play slow-pitch softball several days a week (mixed men/women) at Sun Bowl softball field. Several Leagues: American w/12 teams/10 players, Central-12/11, National-12/12, Co-ed-6/12, 70s-6/11 (age requirement) & tournament teams & Women's. Players placed according to ability. Five separate sessions allow year-round opportunity to play w/short commitments to 1/more sessions. Tryouts: Mon 8:30am. RCSC Cardholders, Snow Birds, welcome to join. FMIC Dan 520-404-2909

Bocce Club of Sun City

Old Man Winter leaves us this month so with anticipated warmer temps, notice time changes from last month. Also, we are hosting the Tri-Cities' Tournament & having a picnic. Mark the dates on your calendar. **Tourney Play**: M, Tu, W & F; 10a Except Mar 18, 19, 20 & 25

Tourney Play for 3/25 Moved to Th 3/28, 10a No Club Play: Mar 18, 19 & 20 2 Person Tourney: Th 2/28-3/21, 10a Open Play: Th 1p & Sun 2p Fri 25¢ Play: 3/1, 6p, 3/8-3/29, 7p Club Closed: Sat 3/9

Special Notices:

Sat 3/2: Tri-Cities sign up, 9a Mon 3/4: Board mtg 4p Club House Sat 3/16: Tri-Cities Tourney 9a Sat 3/23: Super Tourney 10a Mon 3/25: Picnic 9a-4p courts & Sundial patio Sat 3/30: Daytime Tourney play-off 10a

Lessons by Appointment: Dennis: 623-693-2881; Bob: 309-236-1898 Jack: 618-328-8816; Edith & FMI: 623-271-0092

RCSC visitors & escorted guests welcome spectators during Club Tourney Play & Tri-Cities' Tourney & may play in all open play. Club game rules to be followed at all times. Be courteous with cell phones & wear appropriate, modest attire.

Dart Club at Bell Lanes

5 leading-edge, soft-tip, electronic dart boards, preset games, 1-8 players. House darts available/use your own. All skill levels welcome. Membership open to all RCSC Cardholders. **Club Play: M:** Game Night, 5:30-8p; **Tu**:

Count-Up 5:30-8p; **W**: Monitor's Choice 5:30-8p; **Th:** Ladies 2-4pm. Arrive 15 min early to sign in & form team. FMIC Janet Berkowicz 773-802-2084; Sarah Crashell 209-620-1967 Shari Jones 802-999-5470

Bell Shuffleboard Club

Play every M, Tu & F 1-3:30pm. Arrive early to sign in (assigned court & starting position). Play 3 games; new partner each game. Fast courts w/slight curve make it a challenge. Instructors available to help learn rules. FMIC Dennis 623-972-3169, or stop by & check us out during regular play.

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Dances

Friday Night Ballroom Dance Club

Singles & couples invited to social & ballroom dancing at Sundial, Fridays 7-9:45pm. Whether you love to slow dance, are an accomplished ballroom dancer, or somewhere in between, you'll enjoy dancing to some of the best live music in the Valley. Free dance lesson w/paid admission: 6:15pm. No partner required for lesson; Students rotate so everyone has an opportunity to dance. We also have a couple "Mixers" & "Line Dances." Admission: \$5/ members; \$8/escorted guests. Enjoy socializing & making new friends. Be



comfortable, but please: no jeans, shorts, hats, tennis shoes or flip flops. Coffee, ice & cups provided. FMIC Bob (623) 215-8718 or visit: www.suncitysinglesdanceclub. com. Open to all RCSC Cardholders, visitors & escorted guests.

March Dates: 3/1 No Dance – Senior Prom Night; 3/8 Manuel Dorantes; 3/15 Mike Carollo; 3/22 Bobby Freeman; 3/29 Pizzazz

Rockin' Thru the Years – Saturday Nite Fever



The only dance club dedicated to Classic Rock & Roll, Disco, DooWop & Country Rock. We have our own sound system & use 2 different DJs to play music from the 50s thru today. Will play requests as long as they fall in the R&R genre. Singles & couples welcome; no dress code! We furnish cups & ice; bring your own snacks & favorite beverage. Admission: \$3/members; \$6/escorted guests. Annual RTTY membership \$3 w/RCSC card. You don't need a partner or to take dance lessons to enjoy dancing to R&R & Disco. We dance at Sundial! Doors at 6:30pm; dance 7-10pm. FMIC 623-332-7894 or visit Rockinthrutheyears.com. We have 8 drawings at every dance worth \$175 plus 4 video screens for your enjoyment!

March Saturdays: 3/9: DJ Ryan Blair; 3/23: St Patrick's Celebration w/DJ Ryan Blair; 3/31: DJ Jamee Soulz



Sun City Squares

6:30-7pm Pre-Rounds; 7-9pm Mainstream/Plus Square Dance Dee Dee Dougherty, Caller; Larry Speery, Cuer FMI: email: suncitysquares@aol.com or call: 623-694-7194 Marilyn; 330-336-9929 Dan Dances open to RCSC Card Holders & their Escorted Guests.

Sun City Line Dance Club at Sundial

Dance on a beautiful wooden dance floor every Tuesday & Thursday 10a-1p in Sundial Ballroom/auditorium. **Exceptions**: 3/28 dance at Fairway AZ rooms 1-4, 9:45a-1p. Free dance lessons 15 minutes prior to each dance. Spring luncheon March 19 following dance at 12:30 with ticket—



Door Prizes. Serving cookies, pretzels, mints, coffee, and water. Members, visitors, & escorted guests welcome. Annual membership: \$5. Daily dance: \$2 members, \$4 visitors, & \$6 escorted guests. FMIC Walter 623-972-5127. SUNCITYLINEDANCECLUB.FACEBOOK containing links to teaching sessions for our dances; website: WWW.SUNCITYLINEDANCECLUB.COM



House of Dance (Formerly Friday Night Rock & Roll)

Join us at House of Dance in Fairway. We dance second, fourth, & fifth Fridays each month, when it's time to get on board with our DJ, Bill. He'll take you back in time with sounds from yesterday & keep you rockin with today's hits. Doors open: 6pm; dance 6:30-9:30pm. Cups, napkins & ice provided; BYO favorite snacks & drinks. Admission: \$3/members, (\$4 annual membership-RCSC Cardholders only), \$5/ RCSC Visitors, \$6/escorted guests. Open to all RCSC cardholders & their escorted guests. FMIC Bill at 209-380-8029.

Sun City Ballroom Dance Club at Bell

Club meets at Bell Social Hall throughout the year except Christmas, New Year & Easter Sundays. Dance open to all RCSC cardholders & escorted guests. Join us for a fun social evening of music & dance. Singles, couples & dancers of all accomplishment levels welcome; free lessons: 6:30-7pm. Dance: 7-9:30pm. Annual membership: \$3; admission: members \$5; escorted guest \$8. Coffee, ice & cups provided or bring your own favorite refreshments & snacks. March: 3/3 Manuel Dorantes, 3/10 Michael Carollo, 3/17Manuel Dorantes,



Classic Rock Dance Club

Join Us For A Rockin Good Time at Fairway

March 2 - DJ Ron West; Doors at 6pm, dancing 6:30-9:30pm. Cookies, cups, ice & napkins provided, BYO beverage. Classic Rock members \$3; guests \$6

March 16 St. Patrick's Dance Featuring "FLASHBACK "

Doors: 6pm, Dancing: 6:30-9:30pm, BYO beverage. Classic Rock members \$7; guests \$10. Prize drawings & St Patrick's Day treats! Donna 623-628-4401;

www.facebook.com/suncityclassicrockdanceclub





All dances on Wednesday afternoon from 2-4 pm at Bell Social Hall. Music provided by local artists. Dances consist of Foxtrots, Waltzes, Latin, Swing & Rock. Two mixers are included. Coffee, tea and cookies are provided. Singles welcome. Admission: \$4/Club Members, \$6/ Escorted Guests. FMIC 623-842-3917.

March Dances: 3/6 Michael Carollo, 3/13 Manuel Dorantes, 3/20 Bobby Freeman, 3/27 Manuel Dorantes

Rhythm Ramblers

The Ramblers band has evolved into an 18 piece big band, playing concerts & ballroom dances, featuring the sounds of the Glenn Miller, Harry James, Artie Shaw, Count Basie, and Duke Ellington bands and vocal stylings of Sinatra, Buble, Bobby Darin, and Tony Bennett. Ballroom dances include swing, foxtrot, waltz, Latin, R&R and line dances. Dances are on the 1st Tuesday every month, Oct-April at Sundial. Bring your own beverages and snacks; cups and ice provided. Admission: \$5 RCSC Cardholders, \$7 for escorted guests. FMIC Barry Dale, (623)322-4134.

Country Dance Club at Sundial



Dance with us 1st & 3rd Sat each month at Sundial, 6:30-9:30pm. Something for everyone; good mix for couples free-style, pattern & line dancing; even a dedicated dance floor for line dancers! Free dance lessons Oct-April 6pm w/ paid admission. Cups, Ice, Cookies provided as usual, BYOB & snacks. Admission: Members \$3 Non-Club Members \$6. Annual dues: \$5 (RCSC Cardholders) Visit www.countrydanceclubsuncity.com or our Facebook Page; FMIC 623-972-5127 or 231-557-6555

Dances Lessons

Tip Top Dance Club

Have fun & burn calories! Bonus: Improved physical strength, circulation & balance, increased stamina, a healthier heart & new friendships. Men & women, novice to advanced all welcome. Annual Dues: \$10 plus \$12-24 per month, depending on classes. Visitors pay \$2.50 extra/class. **Class Schedule at Marinette SH**: **Mon**: 8:15a Intro to Tap (by appt w/ Denise 623-875-1255); 9a Inter Variety Tap w/Jackie; 10:15a Tap 2 w/ Denise. **Tu**: 8:15a Intro to Tap (by appt w/Denise 623-875-1255); 9a Tap 1 w/Denise; 10:15a Adv Tap w/Dallas. **Wed:** 8:15a Intro to Tap (by appt w/



Denise 623-875-1255); **Fri:** 9a Inter Variety Tap w/Jackie; 10:15a Adv Tap w/Dallas. **Moving To The Beat (low impact aerobics at Marinette):** Tues/Thurs 1 pm; Members \$3/class; Visitors +\$2.50/class. **Pilates Classes at Bell Aerobics Rm:** Mon/Fri 1 pm; Members \$4/class; Visitors +\$2.50/class. Open to all RCSC Cardholders. Tip Top Dancers is available for dance performances! FMIC Christine 623-322-3138.

Country Dance Lessons

Couples Country Dance Lessons on Wednesdays at Bell Social Halls 6:30pm-9pm. Admission: Members \$4, RCSC Cardholders \$5 & Escorted Guests \$6. Lessons cost covers entire 2 1/2 hours. FMI visit: www.countrydanceclubsuncity.com or call 623-972-5127 or 231-557-6555. FMIC 623-972-5127.

Sun City Ballroom Dance Lessons

Mon : Instructor-Paul Daniells

6-7 pm Beginner West Coast Swing 7-8 pm Intermediate Night Club 2 Step

7-8 pm Intermediate Night Club 2 Step 8-9 pm Intermediate Rumba Thurs: Instructor-Paul Jack 6-7 pm Beginner East Coast Swing 7-8 pm Intermediate 1 Tango 8-9 pm Intermediate 2 Rumba

No Thursday classes 3/7 & 4/6 Cost per lesson: \$5/members; \$8/escorted guests. FMIC Simone (602) 292-3175, Julie (623) 533-6236 or Arlene (623) 214-0594 or visit: www.sunc-ityballroomdanceclub.com Classes at Bell Social Hall

Educational Classes

Computer Club of Sun City

Our members come to our Club to share computer knowledge & experiences, including current Microsoft Operating Systems, Chromebooks, Android, smartphones & tablets in a fun & social environment. This includes using these devices to explore the Internet, photos, repair, home, office & social. Club Members can come anytime we are open & use the computers in the Member's Lab to check email, read the news & visit favorite websites. They can use our scanner to scan important documents or convert precious old pictures, prints, slides & negatives into image files. Classes, special interest group discussions, workshops & presentations are interesting & educational.



We have 3 rooms equipped with Windows 10 computers. Many classes using Microsoft 10 & Google are scheduled, and you can use our computers. Classes are usually announced at least two weeks before & require club membership. You'll need to come to the club to register for some classes. Sign up early as they fill up fast.

Workshop & sigs are open to all; no registration needed. Workshops are focused, informal, hands on, & with smaller groups. Membership required. Workshops topics are targeted to a specific subjects related to PCs or Android Devices. Workshop rooms are arranged for members to use with their own laptop, Chromebook, tablet, or phone. If you do not have a laptop, you can use one of our computers. We also have classes & workshops on Smartphones & android devices.

All RCSC cardholders are welcome to join the fun! In March, you can join our Club by attending a short "Join Us" presentation in our Club on any Monday, Wednesday or Friday, anytime between 9a to 10:30a. It only takes a few minutes to join! For more information, call 623-933-8953 or visit our Webs "http://www. computerclubofsuncity.com/"and or Facebook www.facebook. com/ComputerClubofSunCity/

The Computer Club of Sun City is at Fairway, 2nd floor. **March Clubs Hours:** Mon - Fri: 8a to 4p, Sat: 8a to Noon

Our March Schedule at time of printing:

(Check club calendar on our website often for any changes.)

First Week

Round Table Mar 1 at 9am Windows operating system March 1st at 9am - Check Calendar

Second Week 4th -9th

Android Devices SIG on March 4 at 9am File Explorer Class on March 5,6, and 7 at 9am Understanding medicare March 5,at 9am Chromebook March 6 at 1pm Board Meeting on March 7 at 9am Round Table Discussion March 8 at 9am Investors SIG, March 9 at 9am

Third Week 11-16

Internet/Email SIG on March 1 1 at 9am Computor 101 (3days) March 11 at 9am internet/Email March 11th at 9am File Explorer Class, March 12,13and 14 at 1pm Google photos Mar 13 at 9 am Genealogy SIG, March 13 at 9am Monitor training March 14 at 11am Windows 10 Workshop, March 14 at 9am Hardware Clinic on March 15 at 9am Windows operating System March 15th at 1 pm

Fourth Week 18-23

Androids for Beginner's Sig 9am Windows 10 Mar 19 1pm Searching Roots Mar 20 at 9am Androids clinic Mar 20 at 1pm Round Table Discussion march 22nd at 9am Check Calendar Investors SIG, March 23 at 9am

Fifth Week 25-29

Win 10 Sig March 25 at 9am Windows sig Mar 25th at 9am Windows Excel 1 Mar 26,27,28,29 at 1pm Google Drive Mar 26th at 1 pm Windows 10 March 28 at 1p

Visit the club website for more info/class descriptions click on class title for class description/www.computerclubofsuncity.com/" HYPERLINK "http://www.computerclubofsuncity. com/"www.firstsuncity.com or on Facebook



SunMacs (Apple Macintosh) Computer Club

Club hours: M-Th, 8:30-10:30a & 12-2:30p. Check Calendar for Friday Sessions.

Next Membership meeting: 9am, Sat March 9, in Sundial West Hall. Come early, have a treat & visit with other members. Wear your name tag. An excellent time to pay your 2019 dues If you have not yet renewed. 2019 officers: President: Isaac Bonifas; 1st VP: Agnes Holub; 2nd VP: Pat Allways; Treasurer: Judy Anne Wright; & Secretary: Barbara Swintek.

A short business meeting will be followed with a program presented by Brianna King, Branch Manager of the Sun City Library. She will talk about the library's digital resources such as ebooks, streaming movies and music, digital access to financial publications and answer your questions about the library.

We specialize in assisting our members with Apple Products and Software. Located at Sundial; RCSC card required for membership. Annual dues: \$20/single, \$30/couple residing at the same address.

We offer Classes, Round Tables and Socials free to club members. Some classes require pre-registration. Visit www. Sunmacs.org or our club room (933-5300) FMI.

LIFELONG LEARNING SUN CITY AZ



Life Long Learning

Classes now in session. Lifelong Learning Club of Sun City Members are RCSC cardholders. Learners may choose up to 10 classes per semester due to the limited amount of classroom space available to us. FMIC President Brian Callahan at 623-533-5756



Spanish Club - El Circulo Español

The Spanish Club is in full swing as we head into March. We have monthly social outings, usually for dinner at local restaurants. All members & their invited guests welcome to join us. This is a great way to make friends. As always, we pride ourselves on our stressLESS classes. We value fun as much as we do learning. We offer unstructured classes, traditional learning opportunities, video learning sessions with even a bit of Italian mixed in. We urge all members and potential members to try our different instructors to achieve your comfort level. Some classes are one hour and others run two hours. Each student may leave at any time, we are all busy. There is very little if any homework.

In addition to our current schedule of ongoing classes, we have 5 additions for 2019: Starting 1/2, 4-5:30pm: **Beg IvI 2**, using text: Spanish Made Simple Starting 1/3, 9-10:30am: **Beg IvI 3**, using text: Spanish Made Simple; Fairway rm #133.

Starting 1/3, 10:30am-12:30pm; **Beg Ivl 2**, using text Practical Spanish Grammar.

Starting 1/7, 1-3pm: **Beg Ivi 1**, using text Practical Spanish Grammar.

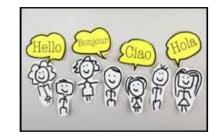
Starting 1/8, 10-11am: **Italian** class drawing on similarities from basic Spanish, handouts provided by instructor.

All classes held in Fairway room #129 unless otherwise noted. No need to preregister. Try classes to see where you fit. Annual dues: \$10 & include as many classes as you like. We assist in finding books for little or no cost & we try to arrange carpools for our monthly outings.

2019 New Officers:

Brian Behling - President Lidwina Erickson - Vice President Suzanne Hetts - Secretary Kathryn Cummings - Treasurer Holly Kutner - Publicity

Mark your calendars: our closing event is our Spring Potluck & Teacher Appreciation lunch on 4/9, 11:30am in Fairway AZ rooms 1&2. All members, potential members & invited guests welcome. FMIC Brian at 505-301-3155 or visit suncityaz.org/recreation/clubs/ spanish-club/



NEW! Italian Class

Italian class (for any level Spanish proficiency) meets Tuesdays from 10-11am. No textbook needed, handouts will be distributed. This will be an innovative class illustrating the similarities of how any knowledge of Spanish can help with learning Italian. PAGE 28

SUNVIEWS • MARCH 2019



A Community Newsletter



PAGE 30

Sun City

Connecting People with Resources[™] 10195 W. Coggins Drive | Sun City, AZ 85351 Tel: 623-933-7530 | Fax: 623-933-0394 Admin@SunCityCan.org | www.suncitycan.org

Some of our free services, if eligible

- Free Federal and State Income Tax Preparation
- · Free help with Amended Returns and IRS Letters
- Free consultation with an attorney
- Free Dial-a-Ride Tickets
- Free Fire Department Lock Boxes
- Free Medicare/Medicaid/Social Security help
- Free help with Property Tax Refunds
- Free help with Widow/Widower's Property Tax Break
- Free help with Condo Water Rebate Program
- Free help with Utility Discounts and Utility Crisis Assistance
- Free Respite Care/Caregiver Relief

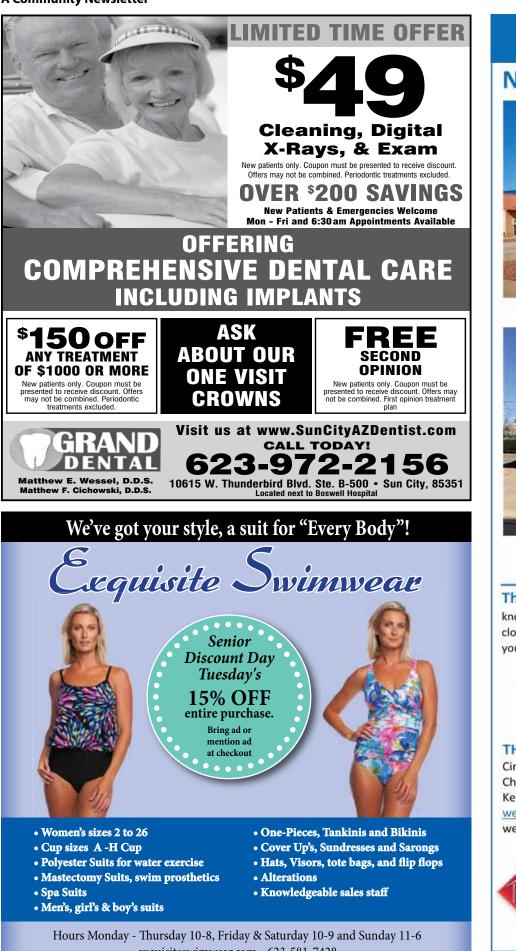






Look for the vellow signs





exquisiteswimwear.com • 623-581-7428 **2450 West Happy Valley Road, Suite #1151 Phoenix, AZ 85085** "The Shops at Norterra" across the street from Victoria's Secret, I-17 & Happy Valley Road

Sun City Real Estate

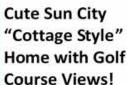


¹⁰⁵¹⁶ W Griswold Rd

swold Rd

Beautifully Maintained Home on Peoria Pines Golf Course!

This home features 2 bedrooms + office, 2 bathrooms and a great room floor plan. Back yard boasts citrus trees, a covered patio, and sweeping views of the golf course. Contact us to schedule a private showing!



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THE WEISSER CHOICE TEAM

Cindie Snell – 303.596.2790 Charlotte Weisser – 623.693.4962 Ken Weisser – 623.693.4964 weisserchoiceteam@gmail.com weisserchoice.com





Charlotte

Ken

Cindie







SRES

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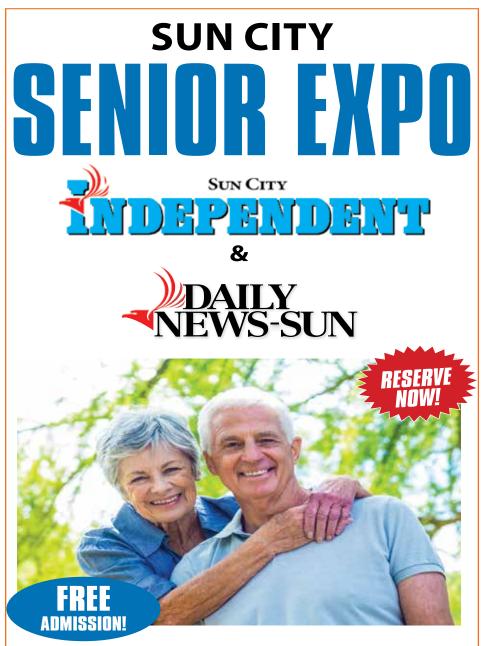
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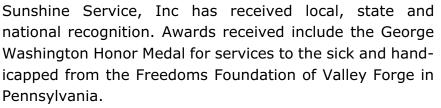


Welcome to Sunshine Service

People, meeting needs of people is what Sunshine Service is all about. Sunshine Service lends medical and children's equipment to residents of Sun City and we have been doing so for over 54 years. We are a charitable non-profit Arizona corporation and are funded by voluntary contributions and memorial gifts.

While the equipment is available for the use of all residents or visitors staying with residents, the equipment must not be taken out of Sun City on a permanent basis. As a matter of control, equipment is loaned only to Sun City residents.

Records show that as the population of Sun City grew, so did use of our medical equipment. Savings for Sun City residents have been calculated periodically; in 2015, it was estimated that residents saved over two million dollars in cost of equipment for that year alone.



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Some Of The Many Items We Carry:

Arm Exerciser • Bath Bench • Bed Rails • Bedside Commodes • Companion Chair Crutches • Foot Massager • High Chairs • Hospital Beds • Lift Chairs Overbed Tables • Pack-N-Play • Ramp - Aluminum • Rollaway Beds Strollers Trapeze Walkers • Weights • Wheel Chairs Translator Chairs • Knee Scooters Monday-Friday • 9am-4pm 9980 W. Santa Fe Dr. • Sun City 85351-3197 623-974-2561 • www.sunshineservice.org





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