SUNVIEWS

ISSUE #219 • FEBRUARY 2020 • A PUBLICATION OF THE RECREATION CENTERS OF SUN CITY, INC.



Fantabulous & Funtastic Festivities Abound

February is finally here and the weather is actually getting even better. Before too long, baseball fans will begin arriving in the area to enjoy four plus weeks of spring training fun in the sun. And many here in Sun City AZ will have out-of-town visitors escaping snow, ice and often below zero temperatures. But not too worry, there's plenty to keep everyone happy during their stay here.

Keeping active is easy – whether it's a work-out at an RCSC fitness center or a couple of laps around the swimming or lap pool, you'll find getting guest passes online via the RCSC Web Portal makes check-in a breeze. Take a paddleboat ride or spend some time playing mini-golf, pickleball or even throw a few darts – there's virtually no end to the fun you can have each and every day. Turn to page 16 for more information about signing up for access to the RCSC Web Portal if you're not on already.

With Wednesday evening concerts at Sundial, you'll find great entertainment at a reasonable price – and so close to home. Reserve your tickets right now for upcoming shows by visiting the Events & Entertainment Department now located in the west hall of the Sundial Auditorium. Tickets are \$20 for RCSC Cardholders and \$25 for guests. All concerts start at 7pm and doors open at 6pm. Turn to page 3 to view the upcoming Sundial concerts or online at https://suncityaz.org/recreation/concerts/

Those visiting from the colder climates might find some comfort at the 13th Annual Quilt Show hosted by Creative Quilters on Friday, January 31, 2020 from 9am to 4pm and Saturday, February 1, 2020 from 9am to 3pm in the Lakeview Center Social Halls. For only a small entry donation (\$4), you're certain to get a warm and toasty feeling while viewing these amazing creations.

If you're more interested in the arts than athletics and wish to keep the creative juices flowing be sure to stop by the annual Sun City Art Show & Sale on Saturday and Sunday, February 8-9, 2020 in the Bell Center Social Halls from 9am to 3pm. Cast your vote for best of

(continued on next page)

2020

SUN CITY, A R I Z O N A RECREATION CENTERS OF SUN CITY

RCSC Annual Membership Meeting

Monday, February 24, 2020

Sundial Auditorium 14801 N 103rd Ave (at Boswell Blvd), Sun City AZ

6:00pm | Registration & Refreshments

6:30pm | 2020 Budget Presentation & Membership Meeting

RCSC Member Cards (with photo) MUST be presented at time of registration

2020 Board Officers, Committee Chairs Announced

The RCSC Board of Directors have selected the following to serve as officers for 2020: Dan Schroeder, President; Dale Lehrer, Vice President; Sue Wilson, Treasurer and Darla Akins, Secretary.

In addition, the following Committee Chairs and Co-Chairs for 2020 were announced:

- Bowling: Sue Wilson, Chair | Barbara Brehm, Co-Chair
- Club Organization: Sue Wilson, Chair | Michael Ege, Co-Chair
- Election: Rich Hoffer, Chair | Diana Graettinger, Co-Chair
- Finance, Budget & Audit: Mike Kennedy, Chair | Sue Wilson, Co-Chair
- Golf Advisory: Rich Hoffer, Chair | Dan Schroeder, Co-Chair
- Insurance: Mike Kennedy, Chair Barbara Brehm, Co-Chair
- Lawn Bowling: Darla Akins, Chair | Barbara Brehm, Co-Chair
- Long Range Planning: Dale Lehrer, Chair | Michael Ege, Co-Chair
- Outreach & Communications: Michael Ege, Chair | Darla Akins, Co-Chair
- Properties: Diana Graettinger, Chair | Dale Lehrer, Co-Chair

The Board meets twice each month (except July and August), typically on the second Monday and last Thursday at 9:00a.m. in the Sundial Auditorium and RCSC Cardholders are encourage to attend. Information about upcoming Board and Committee meetings is always available on the RCSC website at www.suncityaz.org and in the SunViews. Video recordings of Board Meetings are also available for viewing on the Sun City AZ YouTube website if you are unable attend in person.



Email addresses remain confidential

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Connect with Sun City AZ



Fantabulous & Funtastic Festivities Abound

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show, mingle with some of the talented artisans and get inspired by these impressive works of fine art.

Even with all the fun there is to be had here in Sun City AZ, sometimes serious business needs to take center stage. RCSC Members are invited and encouraged to attend the 2020 RCSC Annual Membership Meeting on Monday, February 24, 2020 in the Sundial Auditorium. This evening event begins with registration and refreshments from 6-6:30pm. You'll need to present your fullsize RCSC Member Card with photo for registration. The budget presentation and annual meeting will begin at 6:30pm. Come participate and be a part of the process.

It's back to fun as we head to the Bell Fun Fair on Saturday, February 29, 2020 from 9am to 2pm. Check out all of the great clubs this center offers along with a car show, craft demos and sales, refreshments and more.

We'll close out February with "Sousa on My Mind," the annual Sun City Concert Band's tribute to the famous American composer on Saturday, February 29, 2020 at 2pm in the Sundial Auditorium. Under the new leadership of Ken Jaeger, this band performance is a must-see for many in the community. Tickets are \$10 and can be purchased at the door on the day of the show or in advance from 9am to noon February 24, 26, 28 in the Sundial Auditorium lobby.

While the saying, "In like a lion, out like a lamb," may not really pertain to the weather here, mark your calendar for Sunday, March 1 and travel "Around the World in Clav" at the 32nd Annual Premier Potterv Show hosted by the Sun City Clay Club from 10am to 3pm in the Lakeview Center Social Halls.

Last but not least, there's still plenty of time to find a date for this year's Sun City AZ Senior Prom, which will be held on Friday, March 6, 2020 in the Sundial

Auditorium. The doors will open at 6pm and live music with The Faded Jeans Bands starts at 7pm. This event is free for RCSC Cardholders and their escorted guests, but tickets must be reserved in advance at the Events & Entertainment Office at Sundial.





Sun City AZ Senior Prom



ΑΓΙΖΟΝΑ



RCSC Cardholders: Please keep the following in mind when using RCSC Facilities

While you're out and about enjoying all that RCSC has to offer, please be aware of the following items which require Cardholder attention when using any of the recreational facilities:

- All RCSC Cardholders are required to check in with their Member or Privilege Cards (key fobs accepted for entry to fitness, pools and spas only; not accepted concerts or free events).
- Neither Sun City AZ residents nor spouses of RCSC Cardholders are eligible to be guests. With proper documentation and if eligible, privilege cards may be purchased at the Cardholder Services Office at Lakeview Center in order to use the facilities.
- Host punch cards are purchased by and belong to the Cardholder, not the guest. Host punch cards can be purchased at RCSC Facility Attendent Stations (exact cash or check only), Cardholder Services at Lakeview and RCSC Bowling Centers.
- SUN CITY # XXXXXX
- Guests should be prepared to show government-issued photo ID when checking in to use RCSC facilities.
- Proof of age for 4 and 5 year olds (birth certificate or passport) is required for access to swimming pools. Photo copies or electronic images are acceptable.
- Free concerts and events are paid for by RCSC Cardholders and are intended for RCSC Cardholders and their escorted quests only.
- Always be prepared to show your RCSC Member or Privilege card (with photo) when attending free concerts and

events. Key fobs are not accepted for entry.

- Immediately exit pools, spas if lightning is observed or thunder is heard.
- Household pets are NOT allowed at any RCSC facilities. including but not limited to buildings, golf courses, grounds, parking lots, except for dogs at the RCSC dog park, Best Friends Dog Club and/or dogs trained as service animals. Emotional support animals are not an exception.

Please refer to the RCSC Cardholder Guide and Board Policies for more information regarding these matters. Your continued cooperation is much appreciated!

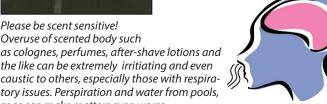


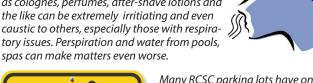
Please be scent sensitive!

Overuse of scented body such

spas can make matters even worse.

No matter what state you're from, while you're here in Sun City it is much appreciated if you would park in only one space (note the white line under car) and save these smaller spaces for golf carts - as designed.





Many RCSC parking lots have oneway routes of travel and the posted speed limit of 5 MPH should be observed at all times. Your safety is our concern!



Size does matter! Per Board Policy 10, swimming pool gear, including floatation devices, may not extend more than 2 feet from the swimmer and must be within control of the swimmer at all times. Items not permitted, include but are not limited to, balls, Frisbees, rafts, water guns and any metallic items. Same goes for very, very large ducks!

NEWS | EVENTS

Individual Show Tickets on Sale NOW

Sun City is Doing It Again!

Sundial 2020 Winter/Spring Concert Series



ALL & DATES

#4 - 2/5/20 First Ladies of Song featuringAmerican Idol Runner-up Crystal Stark

#5 - 2/12/20 Sir Elton John & Billy Joel Tribute

Rich Girl - Hall & Oates Tribute

TRIO - Parton, Rondstadt & Harris

#6 - 2/19/20

#8 - 3/4/20

Tribute to BREAD



Great Prices for Great Entertainment

Tickets: \$20 & \$25

All Shows at 7pm

Doors Open at 6pm

For more information, visit suncityaz.org/recreation/ concerts/



#10 - 3/18/20 Blood, Sweat & Tears Tribute with Charlie Hall

#7 - 2/26/20

#9 - 3/11/20

Carole King Tribute

#11 - 3/25/20 The Miracles featuring Sydney Justin



The Music of Can

Fhe Tapestry All



Ticket Sales at Sundial Auditorium West Hall Hours: 8:30am-4pm Phone: 623-561-4680

SUN CITY A R I Z O N A

RCSC Corporate Office Lakeview Center 10626 W. Thunderbird Blvd. 623-561-4600 Hours: Monday - Friday 7:30am to 4pm

www.suncityaz.org

Cardholder Services Office Lakeview Center 623-561-4603 Hours: Monday - Friday 8:30am to 4pm 1st Saturday each month: 9am to noon

Chartered Clubs Office Lakeview Center 623-561-4660 Hours: Monday - Friday 8:30am to 4pm

Events & Entertainment Office Sundial Center 14801 N. 103rd Ave. 623-561-4680 Hours: Monday - Friday 8:30am to 4pm

Recreation Centers

Bell Center: 623-876-3040 16820 N. 99th Ave.

Fairway Center: 623-876-3044 10600 W. Peoria Ave.

Lakeview Center: 623-561-4675 10626 W. Thunderbird Blvd.

Marinette Center: 623-876-3054 9860 W. Union Hills Dr.

Mt. View Center: 623-876-3042 9749 N. 107th Ave.

Oakmont Center: 623-876-3046 10725 W. Oakmont Dr.

Sundial Center: 623-876-3048 14801 N. 103rd Ave.

Sun Bowl Amphitheatre 10220 N. 107th Ave. (weather recording) 623-972-6014

Softball Field 10220 N. 107th Ave.

Duffeeland Dog Park 14610 N. Del Webb Blvd.

Sun City Visitors Center 1-844-4 SUN CITY or 623-977-5000 Located in the Bell Center at 16824 N. 99th Ave.

SUNVIEWS • FEBRUARY 2020

Golf & Grounds Report

Pro Shops

Total rounds for November were down 2,598 rounds from previous year due to the heavy rains over the last two weeks of the month. For the year, total rounds are up 3,354 rounds from prior year despite the poor start to the year and the poor finish in November.

The free clinics, hosted by our independent teaching professionals, proved popular again this year. For the month, 400 residents and their guests attended the clinics held in November. Over the course of four weeks, classes were taught on chipping, putting, irons and woods. The teaching professionals will be hosting another series of free clinics in March.

Snack Shops

Snack Shop revenue was also hampered in November by the heavy rains. Snack shops are currently open every day from 6:00 a.m. to 5:00 p.m. and serve breakfast and lunch. The only exception to the hours are during periods of inclement weather.

Golf Courses

Mowing heights are slowly being lowered and equalized among the courses following overseed. Overseeding was successful this year despite the cold and windy period during the second wave of overseeding. Slowest to respond were the greens at Willowcreek. The extra week of closure and additional seed have helped the Willowcreek greens recover. Normal mowing heights will also encourage the greens to grow laterally, helping to fill in the weak areas. The greens were also top dressed to improve roll.

Lawn Bowl and Grounds

The pace of the greens range from a low of 13.0 seconds on Oakmont to a high of 14.2 seconds on both Lakeview (West) and Bell (South). Greens were on an irrigation "rain-hold" for the end of November and the first couple weeks of December. All greens are draining well and are not showing signs of excessive moisture. Mowing height is currently .120" and will remain so for the rest of the winter season. Greens are mowed once per week, mostly to clear debris, and are rolled two to three times per week.

The grounds crew has adjusted the cleaning schedule of the dog park as the normal cleaning day falls on Christmas. The dog park will be cleaned on December 24 and will be reopened by 8:00 a.m., we thank you for your patience. The heavy rains have also brought out winter weeds; the crew will be spraying and removing on an as needed basis.

Attention: Golf Course Property Owners Did you know?

All contractors needing to access private properties via RCSC Golf Courses MUST place a \$200 deposit at the Cardholder Services Office (Cash, Check, Cashier's Check or Money Order) prior to the start of any project. This money will be returned once the Golf Course Superintendent determines that no damage has occurred. Your attention to this matter is greatly appreciated!

Find more Golf News on page 6



the "Get Golf Ready" program.

\$99 includes 4 group lessons, with the 5th lesson being a round of golf. Lessons held at Willowcreek/Willowbrook Golf Course (unless otherwise noted**). There are a variety of days and times, so pick the class that best fits your schedule. Sessions are limited to 8 students for each group, so be sure to sign up early!

Upcoming Sessions

February

Golf Professional: Bob Jennings (final day of play at Willowbrook) Mondays & Wednesdays - February 3, 5, 10, 12 at 2pm Friday, February 14 – Play round of golf (Meet at noon, Play at 12:30pm)

Golf Professional: Robin Eichten (final day of play at Willowbrook) Tuesdays & Thursdays - February 11, 13, 18, 20 at 9am Friday, February 21 – Play round of golf (Meet at 8:30am, Play at 9am)

Golf Professional: Bob Day (final day of play at Willowbrook) Tuesdays & Thursdays - February 18, 20, 25, 27 at 1pm Friday, February 28 – Play round of golf (Meet at 12:30pm, Play at 1pm)

March

Golf Professional: Mike Wegner (final day of play at Willowbrook) Tuesdays & Thursdays - February 25, 27, Mar 3, 5 at 1pm Friday, March 6 – Play round of golf (Meet at 12:30pm, Play at 1pm

Golf Professional: Bob Day (final day of play at Willowbrook) Tuesdays & Thursdays - March 3, 5, 10, 12 at 1pm Friday, March 13 – Play round of golf (Meet at 12:30pm, Play at 1pm)

Golf Professional: Bob Jennings (final day of play at Willowbrook) Tuesday & Thursdays - March 10, 12, 17, 19 at 1pm Friday, March 20 – Play round of golf (Meet at 12:30pm, Play at 1pm)

April

Golf Professional: Robin Eichten (final day of play at Willowbrook) Tuesdays & Thursdays - March 24, 26, 31, April 2 at 9:00am Friday, April 3 – Play round of golf (Meet at 8:30am, Play at 9am)

Golf Professional: Mike Wegner (final day of play at Willowbrook) Tuesdays & Thursdays - April 7, 9, 14, 16 at 1pm Friday, April 17 – Play round of golf (Meet at 12:30pm, Play at 1pm)

Golf Professional: Mike Wegner (final day of play at Willowbrook) Mondays & Wednesdays - April 20, 22, 27, 29 at 12 noon Friday, May 1 – Play round of golf (Meet at 11:30am, Play at 12:00 noon)

> Contact Chris Linam @ 623-876-8419 or email: clinam@suncityaz.org



Only YOU can prevent ball mark damage! Find out how on Page 6



RCSC's 8 Golf Courses

Lakes East: (623) 876-3023 Lakes West: (623) 876-3020 10433 Talisman Rd

North: (623) 876-3010 12650 N. 107th Ave.

South: (623) 876-3015 11000 N. 103rd Ave.

Willowbrook: (623) 876-3033 Willowcreek: (623) 876-3030 10600 W. Boswell Blvd.

Quail Run: (623) 876-3035 9774 W. Alabama Ave.

Riverview: (623) 876-3025 16401 N. Del Webb Blvd.

RCSC's 5 Snack Shops Menu Available at suncityaz.org/golf/snack-shops/

February Snack Shop Hours Open Daily 6am - 5pm



Volunteer Ranger Program

For more information about joining our program, please contact Chris Linam, Pro Shop Manager, at 623-876-8419 or email clinam@ suncityaz.org. Next meeting is Thursday, February 27, 2020 at 1pm in Talisman Hall.

BOWLING

December 2019 High Scores

Well done! Nice job! Bravo! Yahoo! Congratulations!

MEN	'S HI	GH GAME		WOME	N'S I	HIGH GAME	
Don Fisher Keith Moser Fred Glendenning	300 299 290	Mike Williams Johnny Gonzales	288 287	Shirley Braverman Andy Lewis Cindy Humphrey Sherry Day	270	Lynn Watt Chris Gonos Jacqueline Smith Bunny Coleman	238 236 236 234
MEN'	S HI	GH SERIES		Lynda Bettini	259	Patty Edwards	234
Larry Spitali Dana Barrette Mike Watt Jeff May Gary Demeny	772 771 764	Mike Lantz Rich Matich Dennis Klein Don Fisher Mike Barcus	740 737 730 719 717	Juli Bayer Bobbi Boutwell Brenda Burns Pat Williams Andrea Albani	256 256	Marcia Greendyk	234 233 225 226
Tom Pettit Kevin Gawelko		Lloyd Johnson Frenchy Laberge	709 707	WOME	N'S I	HIGH SERIES	
Ted Bogumil Johnny Gonzales Mike Piecoro Dick Hale Charlie Price	757 755 753 751	Scott Hecke Louis Pascolini Roger Beebe Keith Moser Alan Wagner	705 705 701	Brenda Burns Juli Bayer Shirley Braverman Lynda Bettini Sherry Day Andy Lewis	701	Pat Williams Bobbi Boutwell Andrea Albani Vera Mcfadden Gay Budjenska Jacqueline Smith	668 662 645 606 603 600



Breakfast Special

\$6.49

2 Eggs, Bacon or Sausage,

Hash Browns & Toast M-S 7-11a; Sun 7a-noon

Why Not Give It A Try!?

Just 50 cents & a few lucky strikes in just the right frames is all it takes.

Must sign up before league play begins. Who knows? You could be the next winner!

Same great food now at two Sun City AZ locations!



Walleye 'n Chips \$11.99 9 Oz. Walleye, Coleslaw & Potato Wednesday & Friday

Fish 'n Chips \$10.99 9 Oz. Cod, Coleslaw & Potato Wednesday & Friday

Stop by & check out our Daily Specials

George's Lakeview Cafe Inside Lakeview Lanes

Phone: 623-876-3057

George's Cafe at Bell Center

Inside Bell Lanes Phone: 623-518-4525

Hours: Mon-Sat 7am-8pm; Sun 7am-6pm

Tips for Better Bowling

Warm Up Before Bowling

No matter what the sport or physical activity, it is always advisable to warm up before you begin. Warming up helps your body get ready for physical activity and helps you to avoid injury. In fact, warm-up exercises can actually make your game better, according to many health experts. Research has shown that performing a series of warm up exercises actually increases your abilities and could even eliminate the risk of injury. To prevent muscle strain or injury, always do your warm up exercises before beginning a game of bowling.

Try these five warm-up exercises in order the next time you bowl:

1. Stretch it out

Before starting to bowl, make sure to do warm up exercises for your neck and shoulders. Hold each stretch for about eight seconds in order to properly work your muscles.

2. Get ready to sweat

Your bowling warm up should make you sweat a little. One of the benefits to warming up before you play is an elevation in your body temperature. Once your body is warmed up, it won't need to release additional heat as you get more active during the game.

3. Include your arms in your stretch

Bowling uses your flexors and extenders, so they should be nice and warmed up before you begin playing. This gets your arms ready for the additional weight of the ball and the strain bowling puts on your arm.

4. Remember to breath

Deep breathing is a vital part of your warm up session. Breath in deeply, hold it for about six counts, and then breath out. Repeat. This type of breathing gets your lungs in shape so you have more stamina.

5. Never stretch without warming up Be sure to do some warm up exercises before you start your regular bowling warm up routine. And if you ever feel pain while stretching, stop immediately.

If you keep these warm up tips in mind whenever you get ready to bowl, you can be sure to remain comfortable and injury free during your bowling game.



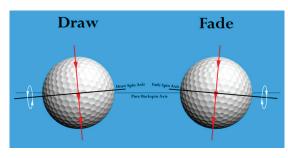
Year-Round Bowling Rates - Cardholders: \$2.65 | Guests: \$2.90 (per Game)

Tips from a Pro

Reducing Curve

The direction a ball curves comes from the position of the clubface at impact. If the clubface is square (or facing the target) the ball won't curve at all. If the face is open (facing right for a right-handed player) the ball will curve right. And if the clubface is closed (facing left for a right-handed player) the ball will curve left.

A little curve either direction (a fade to the right or a draw to the left) is playable and sometimes even preferred, but when the ball starts curving too much either direction (a slice to the right and a hook to the left) it's hard to keep the ball in the fairway or on the green! So, how do you correct for either of these curves if they become too much?



If a slice is your problem, first work on the pressure of your hands on the club. A grip pressure that is too tight can restrict the club from closing properly during the swing and can lead to an open face at impact. Second, try rotating the hands ¼ of an inch to the right. This is called a stronger grip and can help correct the slice.

If a hook is the problem, check grip pressure to make sure it isn't changing during the swing. Pressure that is changing during the swing can allow the club to twist and many times this can shut the face leading to a hook. Second, try rotating the hands ¼ of an inch to the left. This is called weakening the grip and can help delay the closing of the face and help reduce the hook. Experiment to see what works best for you. Everyone is different. If your ball isn't curving, the position of your grip is most likely perfect for you!

Robin Eichten is a Life Member of the LPGA and Certified Teacher. She has been teaching golf in the Sun Cities area since 1994. For lesson info and scheduling call/text her at 623-322-6300 or email to golfinwithrobin@aol.com

RCSC Golf Professionals are here to help!



Bob Jennings 602-463-4533



Robin Eichten 623-322-6300



Mike Wegner 623-225-8546

Whether you're just starting to play or want to improve your game! Schedule an appointment today!

WELCOME GOLFERS

PLEASE REPAIR ALL BALL MARKS WITH THE TOOLS PROVIDED. USE ONLY THE APPROVED REPAIR METHOD SHOWN TO HELP MAINTAIN OUR GREENS AND INCREASE YOUR ENJOYMENT.

Only YOU can prevent ball mark damage!

RIGHT!

- Close the gap/hole with putter by patting down the ball mark.
 Insert Green-Save tool on the high side behind ball mark and
- push the back toward the center.
 Do not pull up, twist or lift with the tool.
- Push both sides of the ball mark into the center.
- Gently tap the surface down with putter.
- 6) Never use loosened turf for repair.

WRONG!

Pulling up or lifting on the center or the sides will tear the roots and result in brown spots taking weeks for the surface to heal.

Do not pull up or twist with tool. This will only bring sand to the surface and tear the root system



RIGHT!

Insert tool and push back and sides forward to center. No damage to root system. Healing starts immediately.



YOUR REPAIR EFFORT USING THE CORRECT METHOD ELIMINATES BROWN SPOTS AND PROMOTES GRASS GROWTH!

Thank you for using the repair tools provided and especially for using the correct ball mark repair method. Enjoy your round and help us improve everyone's putting experience.



A Moment with President Schroeder

Let's Work Together in 2020

As we get started in this new year, let's make a commitment and plan to work together to see what we can really get accomplished for the future.

Of course, the changes that got started in 2019 will carry on. We're all looking forward with anticipation that RCSC open meetings will continue to evolve and improve over time. It is

important to note that your participation and input at these meetings is essential and remains the best outlet to express your ideas, desires and opinions.

Besides twice monthly Board meetings which are typically held on the second Monday and last Thursday of each month (except July and August), RCSC Members



Dan Schroeder 2020 RCSC Board President

are welcome to attend committee meetings as well. Whether your interests include sports such as bowling, golf, or lawn bowling or your expertise lies in areas such as communications, finance or insurance, participation in the committee process allows Members to get involved in a variety of ways.

Another great way to be a part of the process is to attend the upcoming RCSC Annual Membership Meeting on Monday, February 24, 2020 in the Sundial Auditorium. This event starts at 6pm with registration and refreshments. Please remember to bring your full-size RCSC Member Card with photo which must be presented to register and to be counted.

The official Membership Meeting requires a quorum to be in attendance. Although there have been concerns expressed

over the years, a minimum of 1,250 Members must be present in order for the meeting to be called to order.

There will also be a brief budget presentation so that Members will have the latest information on the state of RCSC finances as we remain completely debt-free - all the while keeping Sun City AZ the best value in 55+ active adult communities throughout the nation.

We often hear people say, "It's another great day in Sun City!" which is so, so true. With state-of-the-art fitness facilities, great golfing, super weather to enjoy swimming, pickleball, tennis and more, getting involved and volunteering guarantees we'll be having another great YEAR in this fantastic place we all call "home"!

In closing, I'm honored to serve as your 2020 RCSC Board of Directors President and look forward to hearing from you soon. Here's to another year ahead chock full of many great accomplishments.

Not able to attend Board Meetings? Why not watch them on You Tube !?

Board Meetings are available for viewing online. Please visit www.suncityaz.org then select "You Tube" under Follow Us on the bottom right.

Or sign up to receive RCSC News Email Alerts and we'll send you a link after every meeting!

SUN CITY A R I Z O N A

2020 RCSC Board of Directors

Phone: 623-561-4620 email: boardoffice@suncityaz.org

Dan Schroeder, President email: dschroeder@suncityaz.org

Dale Lehrer, Vice President email: dlehrer@suncityaz.org

Darla Akins, Secretary email: dakins@suncityaz.org

Sue Wilson, Treasurer email: swilson@suncityaz.org

Barbara Brehm, Director email: bbrehm@suncityaz.org

Michael Ege, Director email: mege@suncityaz.org

Diana Graettinger, Director email: dgraettinger@suncityaz.org

Rich Hoffer, Director email: rhoffer@suncityaz.org

Michael Kennedy, Director email: mkennedy@suncityaz.org

This Month @ The Board

RCSC Board Meetings: Board Meeting #1 Board Meeting #2

Committee Meetings:

Lawn Bowling Committee Bowling Committee Outreach & Communication Committee Club Organization Committee (COC) Long Range Planning Committee Golf Advisory Committee Elections Committee Monday, February 10, 2020 @ 9am Thursday, February 27, 2020 @ 9am

Tuesday, February 4, 2020 @ 1pm Thursday, February 6, 2020 @ 9am Tuesday, February 11, 2020 @ 9am Wednesday, February 12, 2020 @ 10am Monday, February 17, 2020 @ 8:30am Thursday, February 20, 2020 @ 8:30am Wednesday, February 26, 2020 @ 1pm Sundial Auditorium Sundial Auditorium

Lakeview Board Room Lakeview Board Room Lakeview Board Room Lakeview Board Room Lakeview Social Hall #2 Lakeview Board Room

The following committee(s) do not have meetings scheduled this month: Finance & Budget, Insurance, Properties

Sun City Foundation



"Neighbors Helping Neighbors"

The next Sun City Foundation meeting will be held on Thursday, February 13, 2020 at 1:00pm in the Lakeview Center Board Room.

Management Report

Financial Report

The Recreation Centers of Sun City, Inc. (RCSC) has ended November 2019 within its operating and capital budget year to date. All Divisions have met or exceeded their net operating budget projections year to date with total operating income \$88k (1%) favorable to budget and operating expenses \$515k (3%) favorable to budget. Income favorability is driven by higher than budgeted income in the Building and Infrastructure and Bowling Divisions partially offset by lower Golf income. Operating expense favorability is primarily driven by lower payroll expense across multiple Divisions as well as lower utility expense in the Golf Division. Year to date operating excess without projects is \$641k (20%) favorable to budget.

Cardholder Services

Payments on past due assessments in November were 10.2% of past due balances. Overall accounts receivable decreased in November by 6.2% and is up 1.0% from the beginning of the year. Accounts receivable past due balances have increased 2.0% since the beginning of the year. October assessments went 30 days past due at a 6.4% rate and September assessments went 60 days past due at a 2.9% rate.

Payments from our third-party collections firm totaled \$4,520 in November. Year to date payments through our third-party collections firm total \$89,616. Payments made in November through the online RCSC Web Portal totaled \$102,733 from 235 property owners. Year to date web portal payments total \$1,426,241 from 3,125 property owners.

In November property transfer balances decreased by 3.2%. Outstanding balances related to property transfers represent 51% of all receivables and 53% of past due balances. At the end of November trustee sale notices on Sun City AZ properties ended at 30 and properties owned by lending institutions increased to five.

Project Updates

Bell Center

• Mini Golf Carpet

The carpet at the mini golf area has deteriorated significantly over the past month with some of the condition projected to be related to small animals on the course. The course was closed as of 12/10/19 for evaluation and completion of temporary repairs. Upon completion of temporary repairs, the course will be reopened for use with hole 5 remaining closed due to its condition. Due to the number of affected holes the replacement of the carpet will be done with bids being sought. It is anticipated that the replacement of the carpet can be scheduled in January but is dependent upon scheduling with the selected contractor. Contractor: TBD (Cost TBD)

Library Book Drop

The lower priority of this project has resulted in the completion being delayed. The installation of the lighting components for this project are currently scheduled for the week of 12/23/19. Contractor: Regional Paving, Accel Electric, Kingsley Equipment (Cost \$67,403)

Bell Electrical Outage

The excavation in preparation of conduit installation located a spare conduit running between the two panel locations. This additional conduit was scoped on 12/9/19 and found to be intact without any water intrusion. The availability of this conduit allows for a less complicated installation requiring the installation of new conduit paths. The new transformer was received and installed as of 12/12/19. A power outage has been scheduled for the early morning of 12/13/19 to pull the feed cables through the conduits to the craft area distribution closet. No further power outages affecting the center will be necessary. There have been some production delays on the manufacturing of the new panel being fabricated to terminate the power feeds. Completion of the work to restore power to the craft club area is dependent upon receipt of this custom panel. If this is received by 12/13/19 then it is anticipated that the target of 12/16/19 can be met. Otherwise there would likely be several additional days of delay until this panel is received and installed.

Grand Center

- Stem walls for the building addition are going vertical from the footings and are ongoing. Offsite work on 103rd Ave for water feeds for domestic use and fire lines expected to be completed by 12/13/19. Placement changes for the location of the fire riser and fire department FDC have been determined and being roughed in. Site grading is being completed with retention areas being cut in and the site dry well being dug. Underground plumbing completed as of 12/10/19 and awaiting inspection. Electrical rough in to begin by 12/16/19.
- Met with the architect and each club on 11/21/19 to review finished and verify layouts. A few changes were identified and are being accommodated in the design.
- The construction of the deceleration lane on Grand Ave has been completed and within the permit window that ends on 12/17/19. ADOT is requiring installation of landscaping before signing of on the final inspection. This was planned for the end of the project and the area adjacent to the ADOT right of way will be completed at this time for the final inspection approval.
- Met Vintage Vehicle Club on 11/21/19 to finalize the space layout within the assigned space. Based upon this meeting we have a final layout for the space for (continued on next page)

The RCSC Management Report in its entirety is now distributed prior to the second RCSC Board of Directors meeting each month with the Agenda (except July and August), posted on the website at www.suncityaz.org (under the RCSC tab) and are sent via email to those RCSC Cardholders who have signed up to receive RCSC News Email Alerts. This report was distributed on December 12, 2019 and may have been edited for publication due to space restrictions.

Financial Report

Period Ending - November 2019 For a more detailed financial statement, please visit www.suncityaz.org/financials

BALANCE SHEET

For the Period Ending November 30, 2019 Current Prior Y-T-D Y-T-D Unrestricted Funds Cash Invested/On Hand/In Bank 12.308.420 11.290.497 Cash Reserves 2 500 000 2.500.000 Sub-Total Unrestricted 14.808.420 13.790.497 Restricted Funds 22,202,036 PIF/Capital Reserve 22.339.084 Total Cash & Investments 37 010 456 36 129 581 Other Current Assets: 2,254,483 2,244,263 Accounts Receivable Deposits & Prepaids 110.980 1,578,476 131.041 154.015 Inventory Total Current Assets 39,529,934 40,083,361 Fixed Assets: Land, Improvements, Buildings 116.130.662 107.428.789 F. F & E and Vehicles 32.257.857 31.533.750 (77.919,679) (73,421,492) Less: Accumulated Depreciation Work In Progress 12,092,410 9,839,567 Total Fixed Assets 82,561,250 75,380,614 TOTAL ASSETS \$122,091,184 \$115,463,975 Current Liabilities: Accounts Payable and Other 1,758,540 1.669.291 Deferred Income 7,828,536 7,509,093 Pre Billed Assessments 1.829.000 1.821.560 Total Current Liabilities 11,416,076 10.999.944 Other Liabilities: Lease Purchase 0 10,999,944 11.416.076 Total Liabilities

TOTAL LIABILITIES and NET WORTH	\$122,091,184	\$115,463,975
Current Net Worth	110,675,108	104,464,031

STATEMENT OF INCOME AND EXPENSES

For the Period of November 30, 2019

Net Worth:

	Current	Prior
	Y-T-D	Y-T-D
Operating Income:		
Property Assessments	11,519,004	11,295,394
Transfer & Access Fees	688,668	755,046
Privilege & Guest Cards	825,851	828,970
Food / Liquor Sales	611,754	599,499
Bowling Fees	677,675	678,679
Golf Fees	4,970,933	4,892,364
Cart Rentals	189,517	157,556
Merchandise Sales	146,254	174,840
Activities Income	240,671	284,819
Rental Income	257,922	244,908
Contributions	31,483	33,725
Miscellaneous Income	17,061	17,043
Total Operating Income	20,176,793	19,962,843
Cost of Sales:		
Total Cost of Sales	395,181	451,000
Gross Income	\$19,781,612	\$19,511,843
Operating Expenses:		
Salaries and Wages	7,910,591	7,686,415
Payroll Taxes and Benefits	1,961,155	1,928,842
Repairs and Maintenance	2,509,803	2,348,358
Utilities Expense	2,102,380	2,628,084
General Operating Expenses	2,092,822	1,929,232
Total Operating Expenses	16,576,751	16,520,931
Net Operating Income	\$3,204,861	\$2,990,912
Other Income:	142,621	294,885
Other Expenses:		
Property Taxes	131,823	141,224
Insurance	550,803	480,611
Other	10,000	8,945
Net Income Before Depreciation	2,654,856	2,655,017
Depreciation:	4,148,060	4,036,255
NET INCOME / (LOSS)	(\$1,493,204)	(\$1,381,238)

A Community Newsletter

MANAGEMENT

South Pro Shop

Project Updates

(continued from previous page)

this club and proceeding with the civil and mechanical design work for the second building necessary for development of the building plans.

Lakeview Center

Upper Restroom Remodel

This project has been completed. The final inspection was passed, and the restrooms opened for use as of 12/10/19. Contractor: KAW Construction (Cost \$130,000)

Marinette Center

Pool Deck Replacement

This project has been completed with the pool and spa areas open for cardholder use on 11/29/19. Contractor: Rubaroc USA Inc. (Cost \$125,328)

Pool Filter Replacement

This project has been completed with the pool and spa areas open for cardholder use on 11/29/19. Contractor: Exceptional Water Systems, Osiris Pools (Cost \$31,261)

Spa Filter Replacement

This project has been completed with the pool and spa areas open for cardholder use on 11/29/19. Contractor: Exceptional Water Systems, Osiris Pools (Cost \$20,600)

Walking Track Repair

The walking track was closed on 12/11/19-12/12/19 to complete the track striping. After a day of curing the walking track will be opened for cardholder use again on 12/13/19. This project will then be complete. Contractor: Elite Sports Builders (Cost \$19,995)

Mountain View Center

- No additional progress for the period ending 11/30/2019.
- The following reports and surveys have been completed for the planning tasks for the renovation of Mountain View Center: title report to show property encumbrances and easements, topographical survey data, and soils testing/report.
- No tasks for included amenities or site/building design have been completed.

Sundial Center

Club Restroom Remodel

This project has been completed with the restrooms reopened for use on 11/19/19. Contractor: DFG Builders (Cost \$114,000)

East Parking Lot Lighting Improvements

No change on this project. The scheduling of this project has been pushed back due to the priority of other work. The fixtures have all been received with installation scheduled to be completed by 12/20/19. This project adds lighting to the solar canopies on the east side of the center to provide better night time illumination adjacent to the building. Similar fixtures have been added to other centers and provided the desired lighting improvements. Contractor: Accel Electric (Cost \$7,667)

Events & Entertainment Office

This project has been completed. Contractor: RCSC Skilled Trades, Exquisite Painting, Accel Electric, DataLink (Cost \$30,000)

Storefront Door Repair

This project is in progress. One door has been completed with the remaining doors delayed due to limited part availability. This work will be completed upon receipt of the necessary parts. This project includes work on the storefront doors to the auditorium and club areas that have been operationally problematic and difficult to secure. Contractor: Quality Lock & Key (Cost \$23,991)

• The exterior signage was installed on 12/6/19. The additional work for this project is complete with the overall project now fully complete. Contractors: Regional Paving, Bootz & Duke Signs, RCSC Skilled Trades (Cost \$52,915)

Solar: New Issues:

Quail Run Maintenance – # 02

No Weekly, Monthly, or Yearly History, 11/4/19. Clock Failure. RCSC B&I staff reset and replaced battery. 11/12/19. Issue Resolved.

• Fairway – # 14

Inverter has an E018 error code 11/27/19. Resolution is pending.

Issues Resolved:

No outstanding issues resolved this month.

Open Issues:

• Oakmont Rec Center – # 01/02/03/04/05/06

The inverters at Oakmont Center are not reporting production data. This has been an outstanding issue since July 2018. The production meter shows overall production data for the site but the individual inverters are not reporting production to the AlsoEnergy aggregation reporting site. No resolution to this data integration reporting issue this month.

Lakeview Rear – # 01/02/03/04

Similar to the Oakmont site the inverters at the Lakeview Rear site stopped communicating with the AlsoEnergy data logger and thus the AlsoEngery aggregation reporting site. The Lakeview Rear inverters are Fronius models similar to Oakmont Center with these two sites being the only Fronius inverters in the RCSC Solar environment. No resolution to this data integration reporting issue this month.

Lakeview Lanes – # 01/02/03/04/05/06/07/08/09

Production results significantly lower than expected for this group of inverters. Four of the replacement SMA inverters were installed at this location and the production output was similar to the PowerOne/ABB models removed. DC voltages from the solar panels were field tested and did not indicate significant under supply of voltages. Additional investigation needed on these inverters to identify a cause of the under production and if preventative maintenance tasks positively affect performance. No resolution to this production issue this month.

Production Data:

The lack of data from the Fronius inverters above negatively affect the overall tracked production data. We have continued to review the data elements being used to track and compare production. We have not identified changes to the tracking methodology necessary although some verification of inconsistent inclusion of weather data has been verified.

Preventative Maintenance:

The start of the preventative maintenance and review of each inverter has not yet begun with the process anticipated to begin in the next few weeks.



Hey! Slow down! 5 MPH is the posted speed limit in all RCSC Parking Lots.

FACT: One in five car accidents happen in parking lots. Don't be the next one.

COMMUNITY NEWS | EVENTS



The Month of Love

VALENTINE DAY HISTORY

PAGE 10

"In 270 AD, the mad Roman emperor Claudius II outlawed marriage because he believed married men made for bad soldiers. Ignoring the emperor, Bishop Valentine continued to marry young lovers in secret until his disobedience was dis-

covered and he was sentenced to death. As legend has it, he fell in love with the jailer's blind daughter, and through a miracle her restored her sight. On his way to execution, he left her a farewell note ending in, "From Your Valentine."

- The Little Book of Answers, Doug Lennox, 2003, Page 104

WHAT'S TO LOVE

In our Libraries:

- larger large print section
- County Recorder kiosk
- American Flag Disposal box
- outside and inside book drop
- online library card renewal
- computers
- online magazines
- Power Charging Station
- low vision reading machine
- puzzle table
- Gathering Place
- variety of periodicals
- investment materials
- Gale courses and Travel Guides
- Books by Mail program
- Seed Library
- online book ordering
- helpful staff and volunteers
- special programs each month
- helpful staff and volunteers

In our Bookstore:

- organization including map
- all volunteer operation
- assistance
- book and magazine variety
- money going toward our Libraries
- low prices and monthly specials
- puzzles, CDs, audiobooks, and DVDs
- vintage books



Fill your heart, and your bookshelves, with good reads!

Water Conservation

Water Saving Tips for the Yard

If you're looking to do a little work around the yard, look no further than the Epcor Water demonstration garden right here in Sun City AZ (15626 N. Del Webb Blvd.) for ideas that will inspire and help you conserve water, too.

You'll find that drought-tolerant plants are the easiest to maintain and flourish in our desert environment. You can minimize pruning by selecting plants, shrubs and trees that require less water and fit with your landscaping. Group plants together based upon their different watering needs and let them grow naturally instead of pruning into balls or other shapes.

Pay special attention to these simple tips when tending to your yard and garden:

- Use drought-resistant plants and grasses like Bermuda instead of Kentucky Bluegrass, and avoid overseeding in the winter.
- Adjust the irrigation timer quarterly and turn the irrigation system off when it's windy or raining.
- Water in the early morning or late evening to avoid evaporation. y Know how much water your plants need many plants die from overwatering.
- Water for a longer period of time, but less often. This lets the water sink into the ground and pulls the plant roots away from the hot surface.
- Don't water cacti.
- Use a broom, not a hose, to sweep sidewalks.

Mulching reduces evaporation, lowers soil temperatures and helps to control weeds. With better soil drainage, water gets to the plant roots where it's needed.

In Arizona, up to 70% of residential water usage is outdoors. By replacing high wateruse plants and turf with low water-use plants, you can not only save money but thousands of gallons of water a month.

For more information, contact the Epcor Water conservation team at conservation@ epcor.com or visit epcor.com online for additional gardening strategies.

Fun Photo Fridays on Facebook!



Send us your amusing or interesting photos about awesome Sun City AZ to scvc@suncityaz.org so we can share them on Facebook each Friday!

Please include details if needed.



A Community Newsletter

Sun City Gives Back

Bell Ceramics Loves to Create & Give Back to Others

If you find ceramics interesting and want to learn more, come see us at Bell Ceramics. We're located at the Bell Recreation Center on 99th Avenue south of Bell Road. We'll show you how easy it is to get started.

You'll find a wide selection of paints for various finishes, decals, paint brushes, cleaning supplies. Browse the mold catalogs; we have over 1,300 molds to choose from. Monthly classes and workshops with instruction for the beginner to the expert in various techniques are available throughout the year; all at reasonable costs.

Several kilns are fired up weekly to take your pieces to the next or final stage. It's exciting to see all the finished pieces. There's so much fun to be had while expressing yourself creatively and making friends. Drop by the club for a visit there's always someone willing to take you on a tour of the club and answer any questions.

Bell Cermaics is open Monday through Friday, 9am to 3pm and Saturdays from 9am to noon. For more information, please call 623-974-6750.





In keeping with the holiday spirit of giving, members of Bell Ceramics collected non-perishable food and household items which were donated to the St. Vincent de Paul Society for distribution to needy families up in the Wickenberg area. Thanks for caring and sharing with others! Just another fine example of Sun City Gives Back!



Sun City Line Dance Club



Are you looking for a physical exercise that's fun as well as good for both your body and your brain? Then consider doing what hundreds of other Sun Citians do and join Sun City Line Dance Club, one of the largest line dance clubs in the nation. Come and join the fun! Free beginner dance step lessons are given 15 minutes before class starts - from 9:45 to 10am. Dances are from 10am to 1pm Tuesdays and Thursdays in the Sundial Auditorium (unless relocated and/or canceled.) There also are four Saturday dances a year, one per quarter on the 5th Saturday of the month, 1:30-4:30 at Sundial. A wide variety of music and American and Latin rhythms including rhumba, swing, waltz, and cha-cha are danced with varying dance steps, from beginner to intermediate level, with beginning dances in first hour, improver level in second hour, and more challenging dances in third hour. Two "cookie-coffee-water breaks" are taken for dancers to have something to eat, drink and socialize. Four jumbo screens project the dance instructor's steps as she teaches on the stage. Dancers have links to teaching videos on SUNCITYLINEDANCECLUB.FACEBOOK. Annual membership is \$5, and each dance is \$2 members, \$4 visitors, and \$6 escorted guests. Line Dance hosts three luncheons a year. For more information, please contact Walter at 623-972-5127 or visit our website at WWW.SUNCITYLINEDANCECLUB.COM

Hatha Yoga Club

Child's pose, Puppy pose, Happy Baby pose - they all sound fun, don't they? Practice these and other poses during any of the 20 weekly classes offered in our dedicated yoga room at the Sundial Center. Whether you are new to yoga or have practiced for years we have a class for you. Our professional certified yoga instructors offer gentle reminders to breathe, encouragement as we practice, variations of different levels of poses, and guidance to all yogis as we move at our own level.

Mat Yoga Classes are offered six days a week - check our website for class times at hathayogaclub.org. Multi-level classes are 90-minutes, ranging from introductory to

experienced. Please bring your RCSC card, \$3 class fee, and \$5 for yearly membership. Arrive 20-25 minutes prior to class start – doors close 10 minutes prior to class. You can try one class for \$3 prior to joining the club – arrive 30 minutes prior to class.

We offer four weekly, 75-minute, Chair Yoga Classes for students who have difficulty transitioning to and from the floor. Preregistration and pre-payment are required for chair yoga classes. Please call Carlyn for chair yoga information <u>only</u> at 623-972-9602.

Practicing yoga can increase flexibility, release stress, improve sleep and aid in managing chronic health conditions. Come practice with us at the Hatha Yoga Club! For more information about our club, please visit: hathayogaclub.org





Bell Stitchers

The Bell Stitchers Sewing Club is for you if you enjoy doing charitable activities and giving back to our community. Your sewing skills and creativity will be appreciated whether you are just learning to sew or are an expert seamstress.

In 2019 we made and distributed over 900 boys and girls clothing items to seven local schools plus the Aqua Fria Food



Bank. Hospice of the Valley was the recipient of over 2,200 different items used by the patients. We meet in our club room on the 2nd and 4th Thursday afternoons to work on those items.

We also collect gently used clothing and household items that are given to the Navajo Nation. We made over 400 blankets, quilts and afghans in 2019.

We are a busy club but we enjoy what we do and have fun doing it. Drop in on Tuesday from 9am to 8om or on Thursday or Friday from 9am to 3pm for a tour. Coffee and cookies are served between 9:30 and 10am and you're welcome to join us. We are located at the Bell Arts and Crafts Village. For more information, contact us at 2019bell-stitchers@gmail.com or call 480-578-8871.

Fairway Readers

Like to read? Want to discuss a variety of books with other Sun City readers? Fairway Readers was formed in 2012 to provide a monthly gathering where the participants select the books and discussion facilitator Jeri Hauff helps to provide background and understanding.

Formerly known as the Book in Hand Club, Fairway Readers brings together 15 to 40 members to share insights on a variety of book genres. A mixture of fiction and nonfiction are chosen annually; the hope is that the titles will stretch readers beyond their usual comfort zones. There are no dues and no attendance requirements.

Who: RCSC Members/Cardholders

When: 2nd Friday of each month from 1:00 to 2:30 Where: Fairway Center - 2nd floor - China Painters Room (217)

2020 Book Selections

January	Educated by Tara Westover
February	News of the World by Paulette Jiles
March	Becoming by Michelle Obama
April	Extraordinary Life of Sam Hell by Robert Dugoni
May	March by Geraldine Brooks
June	Pachinko by Min Jin Lee
August	Virgil Wander by Leif Enger
September	Their Eyes Were Watching God by Zora Neale Hurston
October	Book Woman of Troublesome Creek by Kim Robinson
November	Where the Crawdads Sing by Delia Owens
December	Charlotte's Web by E. B. White

New members are welcome at any time. For more information, contact club president Sue Blechl 623-972-3409 or email sueblechl@gmail.com.



Friday Night Ballroom Dance

When was the last time that you attended a dance? Did you have fun? What was your favorite dance? Jitterbug, or maybe the Waltz? What was the Jitterbug, is now called the Swing. Whether it's the Swing, Waltz, Foxtrot, or any of the Latin dances, we still do it all, at the beautiful Sundial auditorium.



When you step through the door, you will probably be reminded of some of the great ballrooms of long ago. Sundial has one of the best dance floors in the entire Valley. And talk about music - this is where singles and couples come to hear some of the best live dance music in the region. Whether you love to slow dance or you are an accomplished ballroom dancer, or somewhere in between, you will love the Sundial Ballroom.



Weekly dances begin with a Foxtrot at 7:00pm and usually end with a Waltz about 9:45pm. If you are a beginner or would just like to learn a few new steps, we off free dance lesson before each dance. Lesson begins at 6:15pm. Admission is \$5 for members, \$8 for escorted guests. Club membership is open to all RCSC Cardholders and annual due are \$3.

Not only is dancing good for you, both physically and mentally, but it is fun and easy to learn. It is also a great way to socialize and make new friends. For more information, please call Bob at 623-215-8718 or visit our website at: www.fridaynightballroomdanceclub.com

Jewelry @ Oakmont

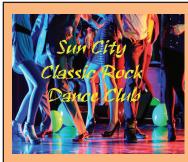
Jewelry@Oakmont is starting classes in Silver, Lapidary, Glass Fusion, and Beading. Stop by the club and watch our members work, they will be glad to answer that you may have. Visitors are always welcomed.

If jewelry making isn't for you, we have classes in Stained Glass. You will learn how to cut glass, use copper foil and solder. It's very rewarding to finish a piece from a sheet of glass to something you are proud to hang. You can make items as small as a sun catcher or a large as a window. We have classes from beginner to advanced.

Visit our large show room, our members are always making new items. We have a large selection of finished projects at great prices. If you have a design in

mind, ask one of our crafters if they can make it for you. We also repair jewelry.

To sign up for Jewelry or Stained Glass stop by our club during club hours or call John Schmidt at 623-322-2595. Club hours are Monday through Saturday 8am to noon. Stained Glass hours are Monday, Wednesday, Friday noon to4pm and Tuesday evenings from 5 to 8pm by appointment.



Classic Rock Dance Club invites you to join us for a rocking good time 1st and 3rd Saturdays each month at Bell Social Halls where our DJs play classic rock n' roll from the 50's to the 80's.

Doors open at 6pm; dance 6:30 to 9:30pm. Free popcorn, cups, ice and napkins are provided, bring your own beverage. Singles and couples welcome. Casual, or dress up, open to all RCSC cardholders. Annual club membership: \$3W/valid RCSC membership.

This month we have new DJs Shawn and Darrell from Mixx It Entertainment on February 1 (\$3/members;\$6/quests). Celebrate Valentine's Day

on February 15 with live music from Faded Jeans, Arizona's Party Band (\$7/members; \$10/quests). For more information call 623-628-4401 or visit us on Facebook at https://www.facebook.com/suncityclassicrockdanceclub/

Artistic Stained Glass Club

If you're looking for a friendly place to express your creative side, the Artistic Stained Glass Club is the place for you. Even if you've never had any experience with this enjoyable art form, or are looking to sharpen your skills, the ASG Club has much to offer. Our membership activities are open to all RCSC Cardholders.

We specialize in several forms of glass art and have added a specialized form of membership for those interested only in glass fusing. All members joining our club must enroll in one of our introductory classes. ASG provides a state-of-the-art working environment with equipment to match. We also offer specialized classes in Basic Fusing, Intermediate Fusing, Fused Glass Flowers, Iris Making, Lamp Shades, Stepping-Stones, Beginning Came, Frames, Etched Glass Sandblasting and other areas according to member interest. Classes are limited in enrollment to provide as much one-on-one instruction and guidance by our experienced instructors.

Worried about carrying your work to and from the club? Both locker and project storage spaces are available to members a reasonable additional annual fee. The ASG club room in the Bell Center Craft Village has extensive displays of members projects available for purchase.

For more information, please call the Club Room at 623-974-4765 or send an email to bellartisticstainedglass@gmail.com. The club room is open year-round. Current hours are Monday through Saturday from 8am to 3pm and Monday through Thursday 5 to 8:30pm. Summer Hours (effective June to mid-September) are Monday through Saturday from 9am to 2pm.

Sun City Women's Chorus

The Sun City Women's Chorus is currently practicing for their spring concert, "Showtime", which will take place March 29th at 1:30 pm at the Sundial Recreation Center Auditorium at 14801 N. 103rd Avenue.

The Sun City Women's Chorus was chartered nearly 60 years ago originally performing jointly with the Sun City Male Chorus. The Women's Chorus is open to women with a current RCSC card who love to sing four-part harmony and can read music.

Rehearsals are 8:45-11 am Thursday mornings at Fairway Recreation Center at 10600 W. Peoria Avenue. The Chorus is under the direction of Jane Higgs with Kent Trostel as accompanist.

Jane retired from her teaching career before coming to Sun City in 1999. She has been involved in the Sun City Concert Band and the Sun City Chamber Orchestra playing alto saxophone and as a featured vocal soloist.

Kent's has many musical accomplishments both locally and abroad. He served as the accompanist for the Grand Canyon Men's Chorale, the West Valley Chorale and is currently celebrating his twentieth season as accompanist with the Arizona Masterworks Chorale. In addition to all this, Kent composes and arranges music.

If you have any questions, please call Annette at (623) 308-4643.



This photo shows just a fraction of the Sun City Women's Chorus as they performed "A Joyous Christmas" this past December.



Bell Billiards Club

The Sun City Bell Center Billiard Club - The place to be if you like pool! - is open to all RCSC Cardholders. The Club offers 14.1, One-Pocket, 8-Ball and 9-Ball Handicapped Challenges. Our Handicapped Challenge Matches are limited to 8 tables per Challenge. All players are rated according to FargoRate.com. Just stop in and sign up. Challenges are filled on a first-come/first-serve format (per RCSC rules).

On Wednesday at 8:30am and Friday at 11am, we hold our weekly "480 and under Round Robin" 8-Ball tournaments, designed for players who want to play on an even field and is limited to 16 players. There is a \$5 entry fee. Club members will have priority over guests and other non-resident players (per RCSC rules) for Club sponsored tournaments. Free coffee for all Club members on Wednesday mornings.

Fridays from 9 to 11am (October-April) the Club offers free clinics for those wanting to sharpen their game. For those wanting to work alone, we have several videos and YouTube via the Club computer for you to watch and learn on your own!

- Tor Lowry's Zero-X videos
- Jerry Briesath's DVD Lessons
- Mike Massey's Sure Stroke Tool with DVD
- Mike Massey's 50 Shots Every Player Needs To Know

We have 13 pool tables (5 with pro-cut pockets; 8 with family pockets), 2 billiards tables, and 3 snooker tables available. Don't worry if you don't know how to play, there is always someone around who would be more than willing to initiate you to the won-derful world of pool.

All this AND MORE for an annual \$10 Membership! If you no longer play pool, you may still support our Club and get on our email list for upcoming events like our twice yearly Pot Luck Dinners held in November and March and shows. Sponsorship is just \$10 per year (January-January). Rack 'em up!

Fairway/Mountain View Lawn Bowls



Do you enjoy sunshine and outdoor activities? Do you want to have fun while getting some exercise? Try LAWN BOWLS...the sport for all ages.

Lawn Bowls is a fun and friendly game suitable for all ages and most all physical conditions. It is a very unique sport with the objective to roll a grapefruitsized resin ball, known as a 'bowl', on a flat green trying to get closest to the

target ball, known as the 'jack.' The fun part is that the bowls are slightly lopsided and curve when rolled, making it more interesting than you think. Men and women, young and old, ex-jocks and ex-loafers all compete on an equal footing. It is easy to learn and challenging to be good at.

Fairway/Mountain View Lawn Bowls Club is proud to have two wonderful venues. At Mountain View, we have the beautiful brand new natural grass greens. At Fairway, we have the state-of-the-art artificial carpet green. This carpet is prized because there are no imperfections to alter the course of your bowl. In fact in past years we have been honored to host on our 'carpet' the South Central Division of the US Qualifying Trials for the World Bowls Competition. Then both of our greens were used in the 2019 US Open international competition this last November.

We encourage visitors, spectators and potential bowlers at all of our events. We will greet you and share our knowledge of, information about and enthusiasm for this great outdoor activity. Open to all RCSC Cardholders. Drop by, say hello and stay awhile. We have open bowling every Tuesday, Thursday and Saturday on the Mountain View greens. Starting times can vary due to temperatures but normally bowling starts at 9am. Call 928-853-6991 for more details.

Come see if the grass is greener on our side of the fence!

Camera Guild of Sun City



The Camera Guild of Sun City continues to evolve in today's digital world. Our club will be relocating to the Grand Avenue property sometime this spring and we are looking forward to great things with this change.

Our members range from beginners to advanced photographers who bring many talents to share. Learn to capture better images and use our full digital lab for image processing, printing and mounting. Enter your images into our competitions and get helpful critiques from other members and recognized judges. Annual membership is \$20/first person, \$5/second and is open to all RCSC Cardholders in good standing.

The Education programs are now in full swing and provide both classroom and field experience. Training includes Basic Camera operation, Composition and Lighting, Advanced Camera Mastery, Adobe Lightroom, Photoshop, Photoshop Elements and how to operate all of the lab equipment. We also have an ongoing class on how to use your cell phone to take great photos called Beyond Selfies.

The Guild hosts quarterly First Friday gallery openings where members display their art and some works may be offered for sale. Good music, wine and hors d'oeuvres + wonderful art to view and discuss = Fun for all!

"Grab & Go" photo shoots are scheduled throughout the year and included trips in the greater Phoenix area and beyond. Some even go overnight to places such as Grand Canyon and Death Valley.

General meetings are held on the 1st and 3rd Saturdays and often include outside speakers, teachers of Photography, member slide shows and club competitions. We are always sharing ideas on how to improve our skills.

We have an extensive website at www.cameraguildsuncity.com where you will find answers to many of your questions along with our membership application, events calendar, and sign-ups for classes and Grab & Go's. You may also visit RCSC website at suncityaz.org/recreation/clubs/camera-guild-of-sun-city or call at John 314-882-6951 for more information.

China Painting

No longer just a pretty face plate, the old china painting has changed! More modern, versatile uses for china painting can be almost anything you imagine! Wear it (jewelry), hang it (framed pieces), drink from it (cups and mugs), eat off of it (yes, the plate) and even construct with it (back splashes. counter and table tops, even flooring).

Get creative with china painting! Cute and whimsical, abstract or traditional. Whatever style you fancy. make great gifts with real meaning for family and friends. Let us show you how!



China Painting is located on the 2nd floor at Fairway (room 217) and we're hoping you'll stop by for a visit and try it out for free. We're open Mondays thru Fridays from 9am to 2pm. Club open to all RCSC cardholders: annual membership \$5. Cardholders welcome to attend three times before joining. Free beginning classes every Tuesday 10am-12am; supplies furnished. If interested please call Arleta at 623-810-9863, or sign up in the Fairway China Painting room.

CLUB ARTICLES

LGBT Club of Sun City

Gay and Gray in Sun City by Scott Wilson

Retirement! Where will I go? What will I do? Can I afford it? We all ask these questions as we ponder how to spend our golden years. For the LGBT community it can be daunting. Many of us lack the family and social support networks that are essential to a safe and fulfilling retirement. Marriage, and the security it provides, has only been available to the community for the last four years. Prior to that, cumbersome legal documents were required to ensure that LGBT couples could safely care for each other as they age. As the elders of the community are keen to tell the younger generation, It Gets Better.

Sixty years ago, Del Webb would have never envisioned that Sun City would be a welcoming and wonderful place for gay, lesbian and all the other included folks to retire. In 2020, it is. There is a large, diverse and welcoming community here in the Arizona sunshine, and there are lots of gays and lesbians too. Be it at the social clubs, or the sports clubs, or just one of the local restaurants, you'll be pleasantly surprised to find "family" almost everywhere. In the heart of Sun City, one of our churches proudly flies the rainbow flag and welcomes everyone. The old stereotypes of the LGBT community take a back seat to the new stereotypes of the gray, not gay, population to which we belong.

One of the advantages of living in Sun City is that everyone is from somewhere else. We didn't grow up here, and by moving here, we've released many of the shackles and prejudices from "home". Moving to Sun City is a long-extended vacation, with lots of activities, new friends from all over. We're all in this together and it's an adventure. We find we have more in common, and less that divides us.

Sun City has an amazing assortment of clubs. They are chartered by RCSC, which allows clubs to use the facilities and take advantage of opportunities that a casual gathering wouldn't have. The LGBT Club of Sun City was chartered two years ago and has become a gathering place for our community to come together and support each other. We are out, visible and proud. The LGBT Club allows us to gather together as one, out of many different varied voices to ensure that we have a welcoming community. The LGBT Club gives us visibility and a voice to how our greater community evolves.

Our club meets the 2nd Thursday of each month, September through May at Oakmont Recreation Center and membership is open to all RCSC Cardholders. We also have Social Nights, Holiday celebrations and social activities scheduled throughout the year. If you're considering a move to Sun City, you can't ask for a livelier and welcoming place for the LGBT community.

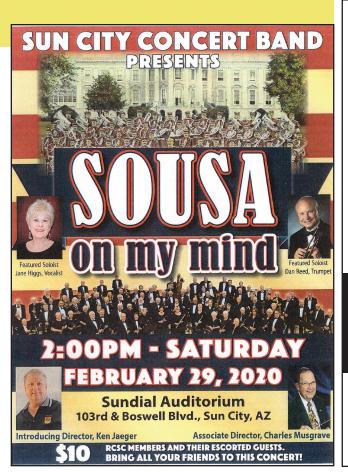
Sun City Concert Band

Dust off you instruments and join the Sun City Concert Band under the new direction of Ken Jaeger, well known Arizona Band Master and clinician. Charles Musgraves joins us as our Associate Conductor.

The SCCB rehearses weekly from September through May. Rehearsals are 9:00-11am Tuesday mornings at Fairway Center. Annual dues are \$5 and membership is open to all RCSC Cardholders and invited guests.

The band is currently rehearsing for their Annual Sousa Concert, "Sousa on My Mind," which will take place Saturday, February 29, 2:00pm at the Sundial Auditorium. Tickets for this show are \$10, and will be available at the door the day of the concert and also from 9am to noon February 24, 26, 28 in the Sundial Recreation Center lobby.

The Concert Band will also be performing on Saturday, April 18 at 2:00pm, also in the Sundial Auditorium. Stay tuned for details. Visit the band's website at sccband.org for additional information. To be placed on the Band Concert Notification E-mail List, contact band President Jim Wise at 602-625-5211.



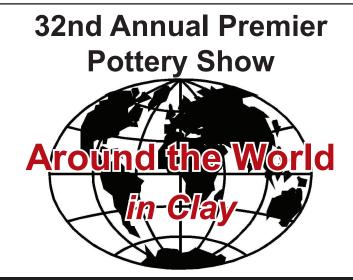


The Fairway Ceramics Club is "Fun and Friendly," and provides instruction and mentoring in mold-poured ceramics. The Club has a classroom, well-stocked inventory of greenware, dedicated pouring room, and a busy firing room with 5 kilns.

The Club welcomes all skill levels. A "Buddy" program pairs up beginners with experienced members for orientation, guidance and support. The Club also offers low-cost classes in a variety of techniques in both fired and non-fired finishes. Social activities include potlucks and parties and the club participates in RCSC sponsored events such as Discover Sun City, the Fairway Center Spring Fling, and the Annual Sun City Arts & Crafts Festival.

The Club's community outreach during 2019 included Sun City Elks Lodge, Sun City CAN, Sun City Posse, and other local organizations. A very large project included the collection and donation of art supplies to Freedom Elementary School in Buckeye, AZ which has a student body of mostly economically disadvantaged children. Art improves school performance at all ages, so this was a good fit for the Club, which helped fill almost bare school cabinets.

Fairway Ceramics is open Monday through Friday, 9am to 3pm, and Saturday & Sunday, 9am to 1pm. Membership dues are \$10 for individuals and \$15 couples/families (two people at one address). Visitors are invited to enjoy a free cup of coffee, and the free monthly drawing. Fairway Ceramics is located on the 2nd floor at Fairway Center. For more information, phone the clubroom at 623-972-5818 or contact Dott McDaniel at 602-821-1197.



Sunday, March 1, 2020 10am to 3pm Lakeview Recreation Center 10626 W Thunderbird Blvd • Sun City, AZ 85351

Presented to the community by the Sun City Clay Club Everyone is welcome!







Tickets: \$8.00 Sponsored by Wisconsin Club of Sun City No Vendor Sales at the Picnic www.suncityaz.org/recreation/clubs/wisconsin-club-of-sun-city/

Getting onto the RCSC Web Portal

From the RCSC Web Portal, Cardholders can easily make assessment payments, manage email subscriptions, book and edit golf tee times, vote in RCSC Board of Directors Elections and so much more!

Just follow these simply steps and you'll be on your way!

- Notify Cardholder Services of your email address for your RCSC Cardholder number. Go to https:// login.suncityaz.org/AddEmail.aspx to securely provide the necessary information to update your email address.
- 2. Go to www.suncityaz.org and click on Login (right side, top of page).
- 3. Welcome to the RCSC Web Portal page will display. There is a link from this page to general web portal information, including the Web Portal Instruction Manual.
- 4. First time users MUST click on the New User Retrieval Password link at the top of the page.
- 5. Enter your RCSC Cardholder number in the Username field.
- 6. Click on "Send Password" and in a few minutes, check your email for your password. If you do not receive this email, contact Cardholder Services to confirm the email address that is on file.

7. Return to the RCSC Web Portal Login page and enter both User Name (RCSC Cardholder number) and Password.

Now you're all set to start using the web portal, sign up for RCSC News Email Alerts and more!

Should you forget you password, simply go to the Portal Welcome page and click on "forgot your password?" and enter your User Name (RCSC Cardholder number) then click the Send Reset Link button. You will receive an email with a link to reset your password.



On the Web Portal, you can: Pay Your Annual Assessment • Book & Edit Your Tee Times • Manage Your News Email Subscriptions • Vote in the RCSC Elections • Purchase guest passes online!



sun city's finest FINE ART available for viewing and purchase

bell rec center social hall

99th Ave - just south of Bell Rd

free admission & parking

9:00 am – 3:00 pm Saturday & Sunday February 8 & 9, 2020

All Sun City residents with current rec cards invited to enter artwork. Information and entry forms available in Sundial and Lakeview Art Rooms.



CLUB EVENTS

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Welcome to RCSC Club Events

The Clubs Events & Annoucements Section in SunViews helps you easily find the activities you're looking for. Clubs are welcome to submit information to this section every month and should include the date, time & location of the event along with cost & contact information.

Page 20 Page 21 Page 22-23 Page 24-25 Page 26	General & New Interest, Hobbies, Political Clubs Club Directory Cards, Games and Social Clubs Performing Arts; Monitored Activities Fitness, Health Arts & Crafts, Sports & Outdoors Dance
5	Educational Classes

To Start or Stop delivery of the Sun City Independent Newspaper/SunViews: Phone: 623-972-6101 or email to azdelivery@newszap.com

General Interest/Museums

Sun City Rockhounds Mineral Museum @ Sundial

Hours of Operation: October thru April: 10am-1pm; Closed Thursday and Sunday May thru September: Saturdays only 10am-1pm FMI email scrockmuseum@gmail.com or call 623-428-6442 during museum hours. Check out our fluorescent room!

Model Railroad Museum at Fairway

Located in the Fairway Recreation Center at 107th and Peoria Open: October - April: Tues/Th 9am-noon; Sa 10am-2pm May - September: Wed 9a-12p; 2nd & 4th Sa 10a-2p FMI Tony: 239-207-7314



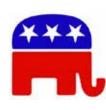


Del Webb Sun Cities Museum

Hours: Monday, Wednesday & Friday 1pm-4pm. Admission: **Free!** Donations gladly accepted & appreciated! Private tours available (groups of 6 or more). We also have speakers available for your event. We look forward to your visit! We're located next to Oakmont Center. FMIC 623-974-2568.

Political Clubs

Sun City Republican Club



Next meeting Tuesday, February 18. Social 6:30pm; Mtg 7pm with statewide candidates for the three openings for 2020 Corporation Commission positions: Eric Sloan, Lea Marquez-Peterson, Kim Owens, David Farnsworth, Neil DeSanti and Ron Myers. Each will present their view of Corporation Commission which regulates public utility companies, regulating the incorporation of businesses and organizations, securities regulation and railroad/pipeline safety.

Open to all RCSC Cardholders. \$5/yr membership; Escorted guests & vistors welcome, \$3. FMIC Patti 713-557-5800 or suncitygopclub@gmail. com. Website: suncitygopclub.com. Volunteer at West Valley Republican Headquarters, 10050 W. Bell Road, Suite 50. LD21.org. 623-977-4532

Sun City Democratic Club

Meets every 1st Thursday at 6pm at Fairway. Next meeting February 6. Speakers: Paul Penson & Andrian Fontes. A volunteer from AZ Advocacy Network will be there to review the RTS system. Bring your electronic device if you need help wth this program.





Hobbies/Other Interests

Sun City Community Garden

Open House every 3rd Sat Oct - May, 9-11am at Community Garden located in EPCOR water plant (NW corner of 91st Ave/Greenway). Come learn about vegetable gardening in AZ & leasing a plot, available to RCSC Cardholders who are Garden Club members. Rose lovers learn about roses both at our Community Garden rose garden &/or volunteering to maintain the Sun Bowl Rose Garden. FMIC 623-875-5921 or visit gardenclubofsuncity.org or join our monthly meeting the 1st Tues, 8:30am, Sundial East Hall.

Birding Club of Sun City

Next general meeting: Wed, Feb12, 2020 at 10am at Bell Multi-Purpose Room (by lawn bowling). Beginning to advanced birders welcome. No experience needed! FMI email BirdPeepersSC@gmail.com or view our monthly newsletter at https://suncityaz.org/birding-club-sun-city/ or call 325-201-5099 (leave message).

Fairway Readers

Club meets 1pm 2nd Friday year-round, Fairway Rm 217. No dues; new members must show RCSC Card at first session. Facilitator conducts lively discussions with participants, representing many viewpoints. Books chosen in advance (see club webpage) & reserved a month in advance (Fairway Library) for those w/MC library cards. Members may purchases books, read on electronic devices, etc. FMIC Sue Blechl 623-972-3409 or sueblechl@gmail.com

Armchair Travelers Club

Meets every Wed, Fairway AZ RM 1. Show 7pm: doors open 6:30. Arrive early to sign in. February Explores: Zoos of the World. Big Sur & Morro Bay. 2/5: Three short programs showing zoos from different countries, the magnificent Calif seashore at Big Sur & Morro Bay plus the Carrizo Plains wineries & wildflowers: Baltic & Cruise Across The Atlantic. 2/12: From Amsterdam & around the Baltic then thru the Viking Passage to Norway, Shetland islands, Iceland, Greenland, Newfoundland, Nova Scotia & ending at Boston: Antarctic. 2/19: Antarctic Peninsula with whales, penguins & lots of ice. A Taste of Spain. 2/26. Open to all RCSC Cardholders; annual dues: \$3. May attend 3 times before joining. Escorted guests welcome, \$2 each. Coffee & Cookies served first Wed. FMIC Ron Yankowski 623-476-2811.



Model Railroad Club

All train lovers invited to share the fun of model train railroading. Come play with us as trains travel through cities, rural areas, mountains & valleys. Feel the excitement when the trains whistle as they approach crossings. Join the club & learn how to create/develop your own layout. **2nd Annual Swap Meet will be held February 8, 2020.** Membership open to all RCSC Cardholders. Open Oct-April: Tues/Th 9am-12p; Sat 10am-2pm. May-Sept: Wed 9am-12pm; 2nd & 4th Sat 10am-2pm. FMI: Tony 239-207-7314

Sun City RV Club

Members enjoy potlucks, games, day trips, RV rallies & caravans; for RCSC Cardholders & their guests. Meetings/activities held Oct-April. Next Potluck & Business Mtg 2/25 at 5:30pm, Sundial WH. Entertainment: The Melodairs Band. Bring a dish for 10-12, utensils, plates & beverage); Monthly board mtg 2/25, 9am Riverview GC. Caravan meetings provide info on planned outings, Donuts & coffee supplied; next Caravan 2/28 9am, Sundial WH. Trips planned include Tucson, Buckskin Mtn SP on Lake Havasu, Lake Pleasant & Albuquerque in Oct for the Ballon Festival; Day trips to The Duttons show & Turf Paradise. We host card games at Bell Multi-Purpose Room B, 5-9 pm, 1st W & 3rd Tue Oct-April. Come join the fun. FMI vsit www.scazrvclub.com or call Judy 623-444-4224.

Sun City Stamp Club

We meet 7pm 1st Monday every month in Marinette Social Hall. Set up/inspection of auction stamps: 6:30pm. Open to all RCSC Cardholders & escorted guests. New & old stamps from all countries available at auctions; books & albums at excellent values, 50% or less of current catalogue prices. Join us to start/improve your collection. FMIC Gene Gyger (Pres) 623-974-9943 (ggyger@yahoo.com); Bernard Heath (Treas) 623-977-2332 (BCstamps@cox. net); or Mike O'Neill (VP) 623- 974-9943 (mshane2009@prodigy.net)

Vintage Vehicle Club of Sun City

Car Show Fri 2/27 at Marinette 10am-2pm. Membership Mtg Tues 1/18, 1pm LV SH 1-2. Breakfast Meetings: Tues 7am at Mercer's Restaurant; Thurs 7am at George's Lakeview Cafe. Car Cruise on Wednesdays from 4pm at Sun City McDonald's on Bell Rd. Ladies Luncheons on the 1st Monday. RSVP to Lynn at 231-633-2872 or Lynn.is59@yahoo.com. Venues change. **Auto Classes held now on Wed 1:30-3pm**. We invite all RCSC Cardholders to visit our wonderful shop at 13430 N 105th Ave., Bldg 17. FMIC 623-215-8312 or visit vintagevehiclesofsuncity.com.

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SUNVIEWS • FEBRUARY 2020

Club Direct	tory
Brd Sa; Doors 6p; Dance 6:30-9:30p	Hobby

2nd, 4th & 5th F 6:30-10p FW AZ 1-3

Hours on 2/13, 2/27 10a-12p

M T F 8a-12p; W 8a-11a MC SH

M-Th 8:30-10:30a & 12:30-2:30p

Mem Mtg Sa 2/15, 8:30a SD WH

M 9a-5p, Tu 9a-12p, W 8a-5:30p; Th 10:30a-

12p FW Rm 129; Th 9a-10:30a FW Rm 133

Registration: Sa 2/01; Doors 8a; Mtg 8:30a

Spring Session starts M 2/24; ends F 4/17

Tu 9-10a BC SH 1&2; W 9-10a SD Aud;

Strength Training Tu, Th 2:10-3p MC

M Tu W Th 7a-8:30p; F/Sa 7a-3p SD

M-Sa 6:45-11:30a BC Aerobics Rm

Pilates M, F 1-2p BC Aerobics Rm

T/Th 12-2p SD Warm Water Pool

Mem Mtg 1st M 12p FW AZ 1&2

1st & 3rd F 12:30-2:30p

Classes in Session

M-F 8a-4p; Sa 8a-12p

M W F 8-11a BC SH 1&2

Classes at SD, OMM MV Pools

Winter Session ends F 2/07;

Aerobics Tu, Th 1-2pm MC

No Classes F 2/7

F 9-10a MV Aud;

Tu & F 8-9a OM Aud

M W F 7-9a FW AZ 1&2

2nd, 4th & 5th Sa: 6:30-10p; SD Aud

Round Lessions Tu 2:30-4:30p BC SH

M 7-11:30a MC Aud; Th 7a-11:30s MC SH

1st &

Classic Rock Dance Club: BC

Friday Night Ballroom Dance: SD

623-972-5127 or 231-557-6555

suncitylinedanceclub.facebook

Rockin' Thru The Years: SD

djkraus433@gmail.com

Sun City Poms: MC

scpoms@yahoo.com

Tip-Top Dance: MC

Educational Clubs

Apple Macintosh: SD

Life Long Learning: FW

(623) 322-3138

(623) 933-5300

(623) 533-5756

Computer Club: FW (623) 933-8953

Spanish Club: FW

Fitness Clubs

(907) 229-6952 Evelyn

(623) 933-1486 Eleanor

Aqua Fitness Club: SD

aguafitnesssuncity.com

Dance for Fitness: SD

Funtastic Fitness: MC

Handi-Capables: SD

Hatha Yoga: SD

(573) 579-5320

(623) 933-0214

508-527-4535

Ladies Exercise: OM

So Grand Exercise: FW

donnaschelin@yahoo.com

(623)972-2853 Paul Hipp

www.hathayogaclub.org

email: epravens@yahoo.com

623-476-5230

FMIC Terry (619) 818-4380

(623) 933-7021; (515) 975-1683

(505) 301-3155

Aerobic: BC

SunCitySpanishClub@gmail.com

sunmacs.org

(602) 392-4242

Country Dance Club: SD (480) 431-8278; (623) 972-5127

House of Dance: FW

(209)380-8029

(623) 215-8718

Line Dance: SD

(623) 332-7894

(623) 694-7194

Squares: BC

(623) 628-4401

1st & 3rd Sa 6-9:30p SD Aud Armchair Travel Club: FW Couples/Partners Lessons W 6:30-9p BC SH Formerly Armchair Photo Explor Line Dance 2/7 & 2/22, 9a-12:30p SD (623) 476-2811 Birding Club of Sun City: BC BirdPeepersSC@gmail.com F 7-10p SD Aud 325-201-5099 Leave Message Mem Mtg F 2/21 SD WH Duffeeland Dog Park: Talisman Tu & Th: 10a-1p; SD Aud 360-789-9815 Special Dance Sa 2/29, 12:30-4:30p FW Garden: OM (623) 875-5921 Model Railroad: FW (239) 207-7314

lobby Clubs

Model Railroad Museum: FW Dance w/Rounds Tu 6:30-9p BC SH Round Lessons Th 12:30-4:30p MC Aud (239) 207-7314 Rockhounds: SD srockmuseum@gmail.com Mineral Museum: SD (623) 428-6442 RV Club: SD (623) 444-4224 Stamp Club: MC (623) 866-2058 Sun City Yacht Club: LV

(480) 492-3477 Vintage Vehicles: LV (509) 430-1625

erforming Arts Clubs Sun Cities Community

Orchestra: FW (623) 582-9964 Choraliers: FW (623) 933-7202 (Carol) Concert Band: FW (623) 972-4767 Handbell Ringers: FW (602) 799-1947 doreenC4488@gmail.com Piano: SD (507) 213-6141 Sun City Players Community heater: MV Writeonjoy@gmail.com Info (623) 500-2949 Suncityplayerscommunitytheater.org Rhythm Ramblers: FW (623) 876-8464 Ukulele: FW (623) 594-6591 Sept-June (623) 398-0483 June- Sept Women's Chorus: FW (623) 876-9544

litical Clubs

T W Th Sa 1-2p BC Aerobics Rm Democratic: FW M & W 5-7p BC Aerobics Rm (623) 977-4660 M 9a-12:30p FW AZ 3; Tu 6-7p LV SH 3 Republican: SD Th 9:30a-12:30p BC SH 2; F 1-3p BC SH 2 . suncitygopclub@gmail.com No Classes M 2/6, Tu 2/7

Social Clubs

M W F 11:30a-1p BC SH: Tu 6-8p SD WH: Best Friends Dog Club: FW Th 6-8p MC Aud; Sa 8-10a MC Aud (480) 524-6893 No Class F 2/7 bfdcsuncity@gmail.com

Art and Craft Clubs	
Artists by the Lake: LV	M-Sa 9a-4p
(623) 877-9366; (315) 491-9650	Mem Mtg 10a 1st Tu LV SH 1
Artistic Stained Glass: BC	M-Sa 8a-3p; M-Th 5-8:30p
623) 974-4765	Mem Mtg: 2nd Th 9a Clubroom
Artistic Weavers & Fiber	M-Sa 9a-3p; Mem Mtg Th 2/27 10a
Artists: OM (623) 974-6108	Spinning Bee Sa 2/29 8a-4p
Calligraphy: SD	M 1-3p; Th & F 9-11a
623) 594-6591	Mem Mtg 3rd Th 9-11a
Camera Guild: SD	M-F 9a-12p
ameraguildsuncity.com	Mem Mtg 1st & 3rd Sa 8a FW AZ 1 &2
Carvers: LV	Th & Sa 7:30a-12p; Mem Mtg 2/7
	Club Closed 2/1, 2/27, 2/29
Ceramics & Porcelain: FW	M-F 9a-3p; Sa 9a-1p
623) 972-5818	Mem Mtg 1st Mon 9a FW AZ #3
602) 821-1197	Valentine Party W 2/12, 10a FW AZ #3
Ceramics: BC	M-F 9a-3p, Sa 9a-12p
623) 974-6750	Mem Mtg 2nd F 9a
Ceramics: OM	M-Th 8a-3p; Tu 5:30-9p; F 8a-12p
480) 356-6871	Mem Mtg 2nd Tu 10a
China Painting: FW	M-F 9a-12p
uncitychinapainting@gmail.com	Mtg 2/5, 10a; Brunch 11a-2p FW Rm 217
Clay Club: LV	M-Th 8:30a-8:30p; F-Su 8:30a-4:30p
623) 933-0899	Mem Mtg 1st Wed LV SH1, 8a
Clay Corner: MC	M-Sa 7:30a-9p; Su 10a-6p
623) 977-3167	Mem Mtg 2nd W 9a
	Yard Art/Lunch 3rd W 8a-9p
Crafts: BC	M-Sa 9a-3p
623) 974-3497	Mem Mtg 3rd Th 11a BC SH1
Crafts: SD	Open Craft M, Th 8a-1p; Paper Quill M 6-8p
480) 652-0456	Card Making Tu 5:30-8p; Card Embroidery
dcraftclub@yahoo.com	F 1-3:30p; Scrap Booking W 10a-6p,
	F 4-8:30p & Sa 9a-4p
	Mem Mtg M 2/3 9:30a, SD WH
Creative Quilters: LV	M-W-F 8a-4p; Mem Mtg 2nd F 9:30a
602) 622-5913	Quilt Show 1/31-2/1, 8a-4p, LV SH #1-3
ired Arts: LV	M-Sa 9a-1p
623) 933-8118	Mem Mtg 2/6
Friendship Quilters: BC	Open Quilting M, W 9a-8p; Sa 9a-3p
623) 523-7661	2nd Sa Boutique Quilt; 4th Sa Charity Quilt
landweavers / Spinners: SD	M-F 9a-3p; Mem Mtg 1st M 1p
623) 933-0397	Beading Wkshp M 2/10 8:30a LV SH 3
ewelry at Oakmont: OM	M-F 8a-12p Sa 9a-12p Lapidary; Stanied
62-993-4873; 623-322-4595	Glass M W F 12p-4p; Mem Mtg Tu 2/4, 9a
nitters: FW 02-469-2505	F 8:30a-1:30p FW AZ Rms 3 & 4
apidary: BC	M-T-Th-F-S 8a-3p; W 8a-12p; M, W 5-8:30p
623) 977-1803	Mem Mtg Tu 2/11 BC Team Rm
.eathercraft: MC	M-F 8a-12p
623) 594-6591	
Aetal: BC	M-Sa 8a-4p
520)235-0179 Alan	Mem Mtg 2nd M 9a BC MPR
lan.ruda@yahoo.com	
leedle Arts / Crafts: OM	Th 8-11:30a OM Aud
314) 488-8828; (480) 577-3430	
Palo Verde Artist: SD	Su-Sa 8a-5p
915) 227-7710	Mem Mtg M 2/3, 12p SD EH
amoore70@outlook.com	
ew-n-Sew: LV	Boutique Sales/Sewing/Donations
/ww.sewnsew.info	Tu Th Sa Su 9:30a-3p
· · · ·	Mem Mtg 1st Th 9-30a
ilver Stones: SD	Mem Mig 1st m 9-30a M-F 8a-3p; Sa 8a-12p
	м-г 8а-зр; Sa 8а-т2р Mem Mtg 1st M 9a SD EH
ilvercraft: BC	Mem Migrist Miga SD En M-Sa 8a-3:30p; M W until 8:30p
623) 933-8442	M-Sa 8a-3:30p; M W until 8:30p Mem Mtg F 2/114, 9:30a
Sterling & Stones: FW	Club & Jewelry Sales M-F 8a-4p; Th 6-8p
623) 977-2208	Supply Sales M-F 9a-2p
020/377-2200	
	Mem Mtg 2nd Mon, 12p FW AZ Rm 1

	Stitchers: BC	Tu 9a-8p; Th 9a-3p; F 9a-3p
	Angie (303) 435-1794	Mem Mtg 2nd Tu, 10a
p	Terry (315) 778-9237	
1	Woodworking: BC	M Th F 8a-4p; Tu W 8a-8p; Sa 8a-12p
n m	(623) 974-6058	Mem Mtg 4th Tu, 8a
a	Woodworking: FW	M-F 8a-4p; Sa 8a-12p
р	(623) 972-4385	Mem Mtg 2nd Tu 12p
a	Woodworking: LV	M-F 8a-4p; Sa 8a-12p
а	(623) 933-2355	Annual Dinner Su 2/23 LV SH #1
р		Mem Mtg 1st Tu, 9a
2	Card and Game Clubs	
7	500: FW	Mon 6:15-9:30p FW AZ Rm 3-4
9	Lois (608) 345-3252	Moli 0.15-9.300 FW AZ KIII 5-4
р	All Board Games (ABG) Club: LV	Mon, Fri, Sat 2-5p LV SH #3
3	Alan (717) 744-8816	
3	Bunco Broncos: FW	4th M 12-3:30p FW AZ Rm 1 & 2
р а	(602) 526-3495/(623) 698-3002	
p	Canasta: OM	F 10a-3p OM Aud
a	(623) 566-2034 (Shirley)	
р	Euchre: FW	Tu 5:15-9:30p FW AZ 2-4
7	(623) 693-2881; (623) 533-5705	1st & 3rd Th 1p LV SH #3
р	Hand & Foot Club: LV	W 4-9:30p LV SH 2-3
a n	(623) 271-0092	
р а	Mah Jongg: MC	Tu 11:30a-4p SD WH; Th 5:30-9p MC SH
p	Sandy 623-399-6337	Su 11:30a-4p MC SH
р	Sanay 625 555 6557	Tournament: Sa 2/8 @ SD; Reg Required
1	Mixed Cards: OM	Sa 6-9:30p OM Aud
р	614-787-5885 Lil	
у	Mixed Cribbage: LV	Tu 1-4p; W 6:30-9p LV SH3
D,	Pat (623) 933-7044	Pizza & Mem Mtg W 2/12 LV SH 1
р	Monday Night Pinochle: OM	M Start time 6p OM Aud
н a	(623) 972-3263	
3	Pinochle: OM	Tu 11:30a-4p, Sa 11:30a-4p OM Aud
р	Tommie (623) 876-1895	No Club Play Sa 2/29
6	Cheryl (209) 524-7358	
р	Sheepshead: Talisman	M 5:30-9p Talisman Hall
ilt	(623) 933-7044;(623) 999-4965	
р 3	Contract Bridge Clubs	
d	Card Sharks: LV	M 6:30-9:15p LV SH 1&2
a 4	(623) 933-7972	11 0.30-9.13p LV 311 182
	One Partner: LV	Th: Doors open 6:15p, game 7p. Partners
р	(623) 466-6567	must be present by 6:50pm LV SHs 1 & 2
n		No Club Play 2/27
р	Wednesday Afternoon: OM	W 12-4p OM Aud
-	(623) 977-2871	Please arrive by 12:15pm
р	Thursday Afternoon: OM	Th 12:30-4p OM Aud
R	(623) 933-9671	Please arrive by 12:15pm
	Friday Afternoon: FW	F 12:30-4:30p FW AZ Rm2
d	(623) 933-9671	Please arrive by 12:15pm
р	Duplicate Bridge Clubs	
Н		M Th E 12:4E 4:20 11/ EH 1 9 2
	Duplicate (ACBL): LV (623) 518-7916	M Th F 12:45-4:30p LV SH 1 & 2 Doors open 12:15p; Game time 1p
s	suncitydbc.com	No Club Play Th-F 2/27-2/28
p a	Kachina: SD	M 12:15-4p SD WH; Th 12:15-4p SD EH
a p	Velda (623)262-1360	No Club Play Th 2/13, M 2/24
Н	Sharon (651) 592-5939	
р		
a n	Dance Clubs	
р р	Ballroom Dance: BC	Su 6:15p Dance; Lessons M/Th 6p BC SH1-2

(602) 292-3175; (623) 533-6236 Bell Tea: BC (623) 933-8873

Stretch and Slim: BC 2/28 (253) 225-3370 FH Tai Chi: BC, LV & FW Phone: Elisa (480) 710-8497 email:taichiqigongaz@gmail.com sctaichi.wix.com/sc-tai-chi-club Zumba Fitness: SD

No lesson 2/6; No dance 2/9 W 2-4p BC SH 1&2

** Did you know all the clubs in the Bell Arts & Crafts Village are back up and running? Well...as a matter of fact, yes - they are! **

		Fairway Readers: FW (623) 972-3409	2nd F 1-2:30p FW Rm 217	Shuffleboard Bell: BC 623-999-0362 - Dennis	M-Tu-W-F 12-3:30p; M Tu 10a-2:30p Bell Mem Tournament Th F 2/13-14 9a-5p
	Every W 7p FW AZ 1	sueblechl@gmail.com		Shuffleboard Outdoor: LV	M W F 1-4p LV
orers		Illinois Club: FW	Social Mtg 4th Th 6:30pm FW AZ #3	623-688-6026	F
		630-768-5205		Shuffleboard Sundial: BC	Th 5:30-9p BC Cts
	Mem Mtg W 2/12 10a BC N	LGBT of Sun City: OM Aud	Meet 2nd Th & 4th W 6pm OM Aud	623-208-9921	
				Softball (Senior): Sun Bowl	Open Practice Su 7a-1p; New players M 7a-1p
9		Men's: SD	M-Sa 7a-4p; Poker M 4-9p	623-444-9402 or 503-351-2036	League Play Tu-Th-F 8a-5p; Sa 8a-1p
n	Valentine Potluck 2/14, 5-8pm Talisn	(623) 977-5116 Michigan Friends in Sun City	3rd W 4-6p BC MPR	www.azsrsoftball.com	Banquet Su 2/23 FW AZ Rms 1-4
		Michigan Friends in Sun City	Sru W 4-op BC MPR		
	Office Hours M W Th 9a-12p	michigan2arizona@cox.net (623) 910-1522		Sportsmen: LV	Mem Mtg 3rd Th 7-11a LV SH #1
	Mem Mtg 1st Tu 8a SD	New England: LV	Sa 2/8 LV SH 1	Tony 847-207-1948	Potluck Sa 2/22 11a-2p LV SH 1
	Club Hours M-Sa 8a	(623) 215-3637; (623) 328-9878	58 2/0 EV 511 1	Swim Lessons: LV	W 8:30-10a SD
	Mem Mtg M 2/17, 10a FW Rm 1	NextGen: FW	1st & 3rd M 6:30-9p FW AZ 1-2	602-373-0646	
	Swap Meet Sa 2/8, 7a-12p FW AZ	(763)234-6231	3rd M & Every Th Cards 1p BC MPR	Swimmers Master: BC	M-F 7-9a BC Lap Pool
	Tu, Th 9a-12p; Sa 10a	nextgensuncity.org/	Cards on Th 2/13 FW AZ 3, 2/27 FW AZ 1	602-373-0646	
		с , с.	Wine Sharing 2nd F 5-8p OM Aud/Patio		
	2nd Th 5p FW AZ 1	Sun City Hospitality: MC	2nd F Potluck/Bunco 5p MC Aud	Swimmers Synchronized: LV	M W F 8-10a LV
	M T:: W E Co 100	(623)933-5158	Last F Pizza/Bunco 5p MC Aud	583-5894	
	M Tu W F Sa 10a		Friendship Corner Sa 11a MC SH	Table Tennis: BC	M W F 10a-2p; Tu Sa 10a-12p
	Potluck 4th Tu 4p SD /		Bridge W 12p MC SH	623-234-4743	
	1st W, 3rd Tu 5-9p Games at BCMP E			480-390-5232	Tournamenti Cat 2/1 0.20a 10a at Dall
	Caravan Mtg 4th F 9-11:30a SD	Singles Social Club: FW	1st F Potluck 6p FW AZ 3&4	Tennis: BC 608-792-1957	Tournament: Sat 2/1, 8:30a-12p at Bell; League: Su 2/9, 2/16, 2/23 1-2:30p at Bell
	Mtg/Auction M 2/3 6p MC	Ellen (623) 583-2307	3rd F Game Night 6p FW AZ 3&4		League. 50 2/3, 2/10, 2/25 1-2:500 at Bell
	ng/raction in 2/3 op inc	Wissensin Club, CD	Darts 4th F 6:30p BC	melvinhaus@mail.com	
	Su, Tu, Th 12p	Wisconsin Club: SB (623)242-6318	Mem/Volunteer Mtg 2/27 10a SB	Volleyball:	8-10:30a W & F Villanueva Community Ctr
	00, 10, 11 120	(623)242-6318 Women's: LV	M-Su 9:30a-4:30p	206-459-3242	
	General Mtg 3rd Tu 1pm LV S	(480) 249-0862	M-Su 9.50a-4.50p	charlespeterson@comcast.net	
	Car Show F 2/7, 10a-2p MC S/W			Water Volleyball Club of SC: OM	M W F Su 12-3p
		Sport Clubs		WVCofSC@gmail.com	110110012.00
		Basketball: MC	Pick Up Games in Villanueva	Whisperball of Sun City: BC	M W F 3-5pm; T Th 1:30-3:30p
		(206)459-3242; (604)313-3190	Community Center 3:30-5p Oct - April	480-678-1622	BC Racquetball Courts
	W 8:30a-12p FW Music Rc	charlespeterson@comcast.net			
		Billiards: Bell Billiards Room	W 7a-1p; Sa 12-5p; Tu & F 11a-4p	Club Directory Key:	
		(315) 806-0067	Instruction F 8-11a	M – Manday	RC - Rell Respection Conton
	M 8:30-11a FW Music			M = Monday Tu = Tuesday	BC = Bell Recreation Center FW = Fairway Recreation Center
	Mem Mtg M 2/3 FW Music	Billiards: LV Billiards Room	Ladies M & Sa 8:45-11:45a	W = Wednesday	LV = Lakeview Recreation Center
	Tu 9-11a FW Music	(602) 319-0783	Th 9:45-11:30a; Couples W 6-7:30p Men/Wmn Singles 8-ball M 8a-12p;	Th = Thursday	MC = Marinette Recreation Center
	F 8:30a-11:30a FW Music		Dbls 8-ball Tu & Th 8a-12p	F = Friday	MV = Mountain View Recreation Center
	F 8:30a-11:30a FW Music Mem Mtg F 2		Men/Wmn Singles 9-Ball Th 1-4p& F 8a-12p	Sa = Saturday	OM = Oakmont Recreation Center
	Menting 1 2		10-Ball W 9a-1p	Su = Sunday	SD = Sundial Recreation Center
	No Meeting in Febru	Bocce: SD	F 5-9p; Su 1-5p; M-F 12:15-4p to 2/22	a = A.M. & p = P.M.	SB = Sun Bowl
	No meeting in replu	(623) 693-2881	Beg 2/25 M-F 8a-12:15	All area codes are 623 unless othe	
	Clubhouse workshop W 9:30-11:		Playoffs Sa 2/23 12:15p		
	Gen Mem Mtg/entertainment 3rd M		Mem Mtg/Party M 2/11		
	2 men me, enter tanment of a w	Dart Club: BC	M T W 5:30p; Th 2p; 1st Sa 1p	Important Dates	for Clubs to Remember!
		(773) 802-2084; (209) 620-1967		inportant Dates	for clubs to hemember:
		(802) 999-5470			
	Rehearsal Tu 1-5p FW Music	Lawn Bowls: BC	M W F 9-11a, 2-4p; W-F 6-8p	F 1	
	Dance 2/4 2:30p SD	(623) 972-3248		February	
	Th 3-4:30p FW Music	Lawn Bowls: FW & MV			issions due for March
	Mentorship 1st/3rdTh1:30-2:30p FWMusic	(623)933-5066		10 Guest Attendan	ice Register & guest fees due
	Mem Mtg Th 2	Lawn Bowls:LV (Sun City Club) (623)583-0625	Mondays 12-5p		
	Th 8:45-11a FW Music	Lawn Bowls: LV	Tu W Sa 9-11:30a	March	
	Potluck Th 2/6 FW AZ R	(623)974-3214	Mem Mtg Tu 2/4, 4-9p LV SH #1	1 Club Membersh	nip Roster due
		Lawn Bowls: OM	M W F 8:45-11:30a; Su 1:45-3:15p		hissions due for April
		(623)792-5202			ice Register & guest fees due
	1st Th 6p FW AZ Rms 1	. /			ice negister & guest lees due
		Mini-Golf: LV	Golf W 2/12 10a LV; 2/26 10a MV	0	
	3rd Tu 6p SD	(317)508-5959 (623)300-4461	Mem Mtg Tu before 2nd Wed 9a LV SH #1	April	
			Pizza Party 2/12 11a-2p LV SH #1	1 Club Membersh	
		Pickleball: MC, MV	Contact Club for Times & Activities		nissions due for May
	Regis/Mem Mtg Th 2/25, 1p FW AZ	pickleball.suncity@gmail.com		10 Guest Attendan	ice Register & guest fees due
	Regis/Henring III 2/23, 101 W AZ	Racquetball Club: BC	M-W-F 11a-2p; T-Th 5:30-7:30p		
		623-986-1754	Sa 11a-1p		

Chartered Clubs Office 623-561-4660 email: clubs@suncityaz.org Office Hours: Monday-Friday 8:30am to 4pm

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Annual dues: \$3. FMIC Lil 614-787-5885.

Cards & Games		Social	
Sun City Duplicate Bridge (ACBL) Feb Games: 2/3, 6, 7 Club Championships; 2/10 Unit Wide game; 2/14 Grand National Teams; 2/17, 20-21 Education Fund games. No games 2/27 & 2/28. Unit 354 Unit Wide game & Grand National Teams are extra \$1. All other games are regular price: \$3 mem-	Mixed Cribbage Club Every Tu 1-4pm & W 6:30-9:30pm LV SH3. No Partner needed. Open to all RCSC Cardholders. Cost \$5/join & 50¢ play. Card- holders may play 3X as visitor. Arrive by 12:45pm. FMIC Pat 623-933-7044	LGBT Club of Sun City Meetings 2nd Thursday (Sept- May), Oakmont Center. Meeting 6-7pm; Social 7-8:30pm. See LGBT Club of Sun City Facebook page, club newsletter or email: Igbtclubofsuncity@gmail.com for more info. Open to RCSC Cardholders & their guests	
bers, \$5 guests. We are fragrance & smoke- free. Partner required. Doors open 12:15; arrive by 12:45pm. FMIC Dan 623-518-7916 or visit www.suncitydbc.com. If handi- capped, need N/S table or require scoring changes, email to scdbc.directors.net	Euchre Club Every Tu 5:15pm, 6:15pm start at Fairway. Group now meets 1st & 3rd Thu in Lakeview SH #3; 1pm start time. Instruction for new members by appointment at 623-533-5705. FMIC 623-693-2881	Sun City Hospitality Club All RCSC Cardholder welcome. Meetings at Marinette. Pizza/Bunco 5pm 2nd Friday, RSVP required. Potluck/Bunco last Friday 5pm. Bridge meets Weds @ noon; we have openings! Breakfast 1st Monday 9:30am.	
Kachina Bridge Don't let duplicate bridge scare you! Our non-sanctioned club meets M & Th (Play	Thursday Afternoon Bridge Play Contract Bridge every Th at Oakmont	Friendship Corner meets 11am Sat for cards/ games. FMIC 623-933-5158.	
once/twice a wk) at Sundial 12:15-4pm. Annual dues: \$5 RCSC Cardholders plus \$2 each play. See how duplicate bridge is	Aud 12:30-4:30; arrive by 12:15. No partner needed. FMIC Mary Ann 623-933-9671	NextGenClub open to all RCSC Cardholders. NextGenis a great place to meet new friends & enjoya variety of social activities. Membership is\$10/year. New Member Open House 1/20,Fairway 6-8:30pm.Correction: Super Bowl Party 2/2 at Sundialfor Clubs members & their guests only; mustregister & purchase tickets for this event inadvance. FMI visit www.nextgenclubofsunc-	
played. No partner? No worries! FMIC Sha- ron 651-592-5939; Velda 623-262-1360 Monday Night Card Sharks Bridge	Sheepshead Play on Mondays, 6pm Talisman Hall. Open to all RCSC Cardholders. FMIC Pat 623 933-		
Meets M 6:45-9:30pm Lakeview SH #1 for social contract bridge. Partner Required. FMIC Andy (623) 933-7972. \$3 & RCSC card	7044 or Sue 623 999-4965.		
required to join. 50¢ each night for prize fund. Visiting Cardholders pay \$1 plus 50¢ to evening's prize fund. We have fun.	If you like playing cards for hours, Hand & Foot might be your game. After joining for \$5, it only cost 50¢ a week to play. Winnings are huge (\$1). It's fun! Singles welcome; no	ity to join online. Illinois Club of Sun City A fun, friendly club open to all RCSC card- holders, especially those with some connec- tion to Illinois. Meetings include social hour, Illinois trivia, 50/50 raffles, light refreshments & card/board games at 6:30pm 4th Thursday of month (except holidays) in Fairway Arizona Room #3. Annual dues \$5. February Activities: • Tu 2/4 - Dine out at The Cabin, 9868 W	
Oakmont Pinochle Club Meets Tu & Sa 12-4p. Arrive by 11:45am; play at 12pm. Annual Dues: \$5; 50¢ per play day. Open to all RCSC Cardholders. Guests wel- come but must be escorted by Club Member & pay Guest Fees. We're a single deck club. FMIC 623-876-1895	are huge (\$1). It's fun! Singles welcome; no partner needed. R & R & Rules of play must be followed. Every Wed at Lakeview SH1&2: Sign in by 5:50pm; Play at 6pm. \$5 Annual Dues. Open to all RCSC Cardholders & escorted guests. Can play 3X then you're required to join the club. FMIE: cwpastored@gmail.com		
One Partner Bridge Meets Th, LV SH #1. Doors 6:30pm; play 7pm. Partners Required! Annual dues: \$3. Cost \$1/couple for evening's prize fund. All grand slams rewarded & designated small slams paid. If you wish to come for an evening, cost is \$1 (RCSC Cardholders); \$3 escorted guests, plus \$1 prize fund. FMIC 623-466-6567	Hospitality Club All RCSC Cardholders welcome. Saturday Cards/Games at Marinette starts at 11am. If you live in north Sun City this may be closer to home for you than other chartered groups. Check us out. You may play 3 times before joining. Annual Dues: \$6; includes various other monthly activities, includ-	 IU 2/4 - Dine out at The Cabin, 9888 W Northern, 4:30pm W 2/13 - Trivia at Charlie's Grill, 8120 W Union Hills, 6pm M 2/17 - Breakfast at Brenda's Kitchen, 13200 N 113th, 9am Tu 2/18 - Mini Golf at Mt View, 10am FMIC Betse 630-768-5206 or email book- sandme@aol.com 	
Mah Jongg Mah Jongg is a fascinating, rummy-like	ing Pizza, Potluck & Breakfast. FMI or an emailed newsletter call 623-933-5158.	New England Club Meeting Sat, Feb 8 at 5pm, Lakeview SH #1 Pizza Night & Mini-Golf	
game played with tiles rather than cards, requiring strategy, mental agility & old-fash- ioned luck. Play as individual (no partners) against 1-4 other opponents, making runs,	Monday Night Pinochle Like pinochle? Come to Oakmont, M 5:45pm (register), play 6pm. Singles welcome! Play	Meeting at 5pm; Dinner at 5:30pm. FMIC Carol 623-215-3637 or Sheila 623-328- 9878	
pairs & even/odd numbered combos. Inter- esting, challenging & FUN! Club plays Tu 11:30am-4pm Sundial WH; & Th 5:30-9pm & Su 11:30am-4pm Marinette SH. Open to RCSC Cardholders. Annual dues \$5; Escorted guest \$2.50/day. FMIC: Sandy 623-399-6337 or Ila 602-332-4045	single/double deck. Annual dues \$3; plus 50¢ nightly. Escorted guests \$3.50; visitors \$1. Prizes awarded. After 6 hands, individual scores added, winners advance. Losers stay but don't play each other. This allows playing games w/new partners & a great social time. FMIC 623-972-3263.	Best Friends Dog Club of Sun City Tuesday, Feb 25, Training Class registration from 1:30-2:30pm followed by meeting at Fairway AZ Rms 1 & 2. Go to Best Friends Dog Club website for descriptions and times of training classes at https://www.bestfriends- dogclub.org. We also host fun activities for	
Oakmont Mixed Cards We need Pinochle players! Club meets every Sat 6:15 pm. Play Pinochle, Bid Euchre & Hand & Foot. Play starts 6:15pm promptly; concludes 9:30 pm. BYO refresh- ments &/or to share. Weekly Fee: 50c Appual dues: \$3 EMIC Lil 614-787-5885	Bunco Broncos Meet at FW AZ Rms 1-2, 4th Mon every month. Join us for an afternoon of fun! Doors open 11:45am, play 12:30pm. Open to all RCSC Cardholders. Dues: \$3; \$2 to play. FMIC602-526-3495/623-698-3002	you & Fido - walks, brunches, yappy hours & picnics! Join the club at any of our meetings (for people & service dogs only) where we share tips, ideas, info & goodies! FMIC 480 524-6893.	

Michigan Friends in Sun City Club

Monthly Happy Hour: 3rd Wed (excluding summer) 2/19 from 4-6pm, Bell Lawn Bowl (aka MPR); BYOB & snack to share.

Upcoming Activties:

Trip to Laughlin Harrah's on 2/17. Bus & two nights; cost \$99 (or less w/ casion card). RSVP, reservations: Anna 702-298-8525

Coyotes vs. Red Wings Hockey on 3/20. FMIC Sharon 586-864-3946 or get tickets direct.

Know any Michiganders interested in joining? Pick up a brochure/application at the Visitors Center at Bell & send it in.

Annual dues: \$5. Pay at any event or mail to Michigan Friends in Sun City c/o Bell Center 16820 N. 99th Ave, Sun City, AZ 85351. Email: michigan2arizonaclub@gmail.com.

Sun City Women's Social Club

Place for fun & friendship at Lakeview. Everyday 9am-4:30pm, for Poker, Bridge, Hand & Foot, Mexican Train, Canasta, etc. Subs needed; members encouraged to set up own games/activities. Annual Dues \$10; open to women w/RCSC membership. FMIC JoAnn 623-977-5606/ Evie 480-466-6059.

Duffeeland Dog Park Club

Valentine's Day Potluck - 2/14, 5-8pm at Talisman Hall for Club Members & Escorted Guests. Bring dish for 4-6 people, BYOB. Join us as we help make a safe, clean & enjoyable experience for dogs, handlers & RCSC Cardholders (& escorted guests). Potlucks, cookouts & social events & more. Annual Dues: \$5. FMIC Tracy 360-789-9815 or email duffeeland@gmail.com or more info.

Sun City Singles Social Club

Club welcomes single RCSC cardholders. Annual dues: \$6. Escorted guests must be single.

Monthly Activities: 1st Fri Potluck 5:45pm at Fairway. Bring ready-to-serve food for 10-12 people. 3rd Fri Game Night 5:45pm, may bring snacks to share. BYO drink/activity

Weekly activities: Every Sat, breakfast at Brother's Family Restaurant at 8:45am. Every Wed, billiards at Lakeview Lanes, 1pm.

February Activities:

- Tu, 2/04 Lunch Touch of European Cafe 7146 N 57th Dr at 11am
- Th, 2/06 Bocce Ball Sundial at 2pm
- Tu, 2/11 Dinner & Painting Hooters 16550 N 83rd Ave Peoria at 6pm
- Th, 2/13 Mini Golf Mt View at 1pm Tu, 2/18 Lunch Haymaker 8705 W Thunder-
- bird Rd at 11:30am
- Th, 2/20 Bocce Ball Sundial at 2pm
- Mon, 2/24 Lunch Haldi Indian Cuisine 13761 W Bell Rd ste#B213 Surprise at 11am
- Th, 2/27 Mini Golf Lakeview at 1pm
- Fri, 2/28 Dinner George's at Bell at 5pm
- Fri, Feb/28 Darts at Bell at 6:30pm

FMI Check website: www.simplesite.com/ myclub or contact Ellen 623-583-2307

A Community Newsletter

CLUB EVENTS

Performing Arts

Handbell Ringers of Sun City

While handbells are most commonly associated with church music, the Handbell Ringers of Sun City take handbell music to a whole new level, playing a wide variety of music to entertain their audiences, including Broadway show tunes, swing, calypso, oldies & classical. They perform two concerts a year, one in the spring & another at Christmas time. Their next show will be at American Lutheran Church on March 29 at 3pm.

The ringers come from a wide variety of musical & non-musical backgrounds - accountants, small bakery owner, music teachers, choir directors, a minister, an airline stewardess, a woman who was an officer in the US Navy & many more interesting past occupations. All come together to share a love for the uniqueness of handbell music. The group ranges from 22 to 26 ringers.

Because of the size of the "BIG GROUP, a smaller group of ringers was organized 2018. Ramblin' Ringers is a 6 on 12 ensemble, six ringers, on twelve bells. Their goal bringing a fun interactive program to retirement centers, club parties, social & church gatherings.

Directed by Libbie Randels, The Handbell Ringers of Sun City rehearse on Fridays from 9:00-11:30am in the Fairway Music Room September thru April. Visitors are always welcome to come and listen. Membership is open to RCSC Cardholders & invited guests. FMI contact Doreen at doreenc4488@ gmail.com.

Piano Club of Sun City

Join us Friday, February 14, at 9:30am in the Sundial Auditorium for our monthly music program. Listen to music from the heart.

The Piano Club meets 9:30am the third Friday of each month, October through April, in the Sundial Auditorium. You do not have to play or perform to become a member. Just enjoy the music, treats, and companionship. Annual membership is \$10 per person or \$15 per household for RCSC cardholders only. RCSC cardholders and escorted guests are always welcome.



We also offer affordable lessons to adults. Classes are conducted in the Piano Club Studio on the level above the Sundial pool. Piano lessons resume in early January; tuition is \$160 for eight weeks. Study materials are included. FMIC 507-213-6141.

Sun City Concert Band

Dust off you instruments & join the Sun City Concert Band under the new direction of Ken Jaeger, well known Arizona Band Master & clinician. Charles Musgraves joins us as our Associate Conductor.

SCCB rehearses Tuesdays from 9-11am September through April at Fairway. Annual dues are \$5; membership is open to all RCSC Cardholders. The band performs their Annual Sousa Concert on Saturday, February 29, 2pm at the Sundial Auditorium & our Spring Concert will be on Saturday, April 18 at 2pm. Visit the band's website at sccband.org for additional information. To be placed on the Band Concert Notification E-mail List, contact band President Jim Wise at 602-625-5211.

Sun City Womens Chorus

The Sun City Women's Chorus, under the direction of well-known musician Jane Higgs, with accompanist Kent Trostel continues to rehearse on Thursdays 8:45-11am in the Fairway Music Room. The Chorus always welcomes new singers with a current RCSC card. FMIC Velda at 208-853-1809.

Choraliers of Sun City

An accomplished SATB choir that sings a variety of music from classical to jazz. The Choraliers perform at social functions, churches, health-



care facilities & retirement communities, performing up to 10 concerts a season, including some public concerts. Rehearsals are ongoing & the group meets every Monday 8:30-11am in Fairway Music Room (second floor). If you are interested in singing in a quality choir, sit in on a rehearsal and decide if we are right for you. Our free spring concert will be Wednesday, March 18, 2020 at 4:30pm at American Lutheran Church, 17200 N. Del Webb Blvd, Sun City. Donations accepted gratefully. FMI visit www.suncitychoraliers.com



		Monitor	ed Activities	
Basketball		Jogging / Walking Track		Swimming Pools - Open Swim Hours
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Indoor		Bell Center - 18+ only
Billiard Tables		Fairway Center	M-Sa 5a-9p; Su: 8a-8p	Lap Pool: M-Sa: 5a-9p; Su 8a-8p; Closed for Club/Class: M-F 7-9a
Bell Lanes	M-Sa: 8a-9p; Su: Noon-8p	Sundial Center	M-Sa only: 6a-8a	Walking Pool: M-Sa: 5a-9p; Su 8a-8p
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p	Outdoor		Fairway Center
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p	Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Lap Pool: M-Sa: 5a-9p;Su 8a-8p
Bingo		Sun Bowl	Dawn to Dusk	Walking Pool: M-Sa: 5a-9p;Su 8a-8p
Sundial Center	Thursdays: Doors Open 4:30p; Bingo	Library (602) 652-3000		Lakeview Center
	\$9 all 18 games w/3 special games	Bell Center	M: 9a-7p; Tu-Sa: 9a-5p	M-Sa: 6a-7p; Su 8a-7p; Closed for Club/Class: W 8-10a
	Everyone Welcome!	Fairway Center	M-F 9a-4p; Sat 8a-12p	Children's Pool Hours - Ages 4-15 yrs: Daily 4p-Close Marinette Center
Boating/ Fishing		Mini Golf		Marinette Center M-Sa: 6a-9p, Su: 8a-8p; Closed for Class: Tu 2/4, 25, F 2/7, 28 9-10a;
Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p (or Dusk)	Bell Center	M-Sa: 6a-9p; Su: 8a-8p	Children's Pool Hours - Ages 4-15 yrs Daily 1-4p
Bocce Courts		Lakeview Center	M-Sa: 6a-7p; Su 8a-7p	Mountain View Center
Sundial Center	M-Sa: 6a-9p; Su: 8a-8p	Mountain View Center	M-Sa: 6a-7p; Su 8a-7p	M-Sa: 6a-7p; Su 8a-7p; Closed for Class: M 2/24, Th 2/27 9-10a
Bowling Lanes		Sundial Center	M-Sa: 6a-9p; Su: 8a-8p	Children's Pool Hours for Ages 4-15 yrs - Daily 10a-1p
Bell Lanes	M-Sa 8a-9p; Su 12-8p	Pickleball		Oakmont Center
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p	Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	M-Sa: 6a-7p; Su 8a-7p Closed for Class: Every Su M W F 12-3p;
Dog Parks		Mountain View: Outdoor	M-Sa: 6a-7p; Su 8a-7p	Week of 2/2: M Tu Th F 9-10a; Week of 2/23: M Tu Th F 9-10a
Duffeeland	October - April: 7am-6pm	Racquetball		
	Closed last Wed/month for Maintenan	Bell Center Courts A & B	M-Sa: 6a-9p; Su: 8a-8p;	Sundial Center - 18+ only
Darts	, ,	Closed for Club/Class: Every M	11a-5p; Tu 1:30-3:30p & 5:30-7:30p;	Large Pool: M-Sa: 6a-9p; Su: 8a-8p; Closed for Class: All W 8:30-10a
Bell Center	M-Sa: 8a-9p; Su: Noon-8p	W 11a-5p; Th 1:30-3:30p & 5:30	-7:30p; F 11a-5p; Sa 11a-1p	Week of 2/2 M Tu Th F 8-10am; Week of 2/23 M Tu Th F 8-10a
Fitness Centers	·····	Shuffleboard		Warm Water Pool: M-Sa: 6a-9p; Su 8a-8P Closed for Class: Every
Bell Center - 18+ only	M-Sa: 5a-9p; Su: 8a-8p	Bell Lanes: Indoor	M-Sa: 8a-9p; Su: Noon-8p	Tu Th 12-2p; Week of 2/2: M T Th F 10a-12p; 4:30-6:30p; Week of 2/23:
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p	Lakeview: Outdoor	M-Sa: 6a-7p; Su 8a-7p	M Tu Th F 10a-1p; 4:30-6:30p
Lakeview Center	M-Sa: 6a-7p; Su 8a-7p	Spas		Table Tennis
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Bell Center - 18+ only	M-Sa: 5a-9p; Su: 8a-8p	Bell Center: M-Sa: 6a-9p; Su: 8a-8p;
Mountain View Center	M-Sa: 6a-7p; Su 8a-7p	Fairway Center	M-Sa: 5a-9p; Su: 8a-8p	Closed for Club Activity: M W F: 10a-3p; Tu & Sa: 10a-12p
Oakmont Center	M-Sa: 6a-7p; Su 8a-7p	Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p	Tennis Roll Contour 622 077 2225 M Car 6a 0ar Cur 8a 9a
Sundial Center - 18+ only	M-Sa: 6a-9p; Su: 8a-8p	Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Bell Center: 623-977-3325 M-Sa: 6a-9p; Su: 8a-8p
Horseshoe Courts		Mountain View Center	M-Sa: 6a-7p; Su: 8a-7p	Lakeview Center: 623-561-4676 M-Sa: 6a-7p; Su 8a-7p Mountain View: 623-876-3042 M-Sa: 6a-7p; Su 8a-7p
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Oakmont Center	See Pool Hours	mountain view. 025-070-3042 M-Sa: 0a-7p; Su 0a-7p
Mountain View Center	M-Sa: 6a-7p: Su 8a-7p	Sundial Center - 18+ only	M-Sa: 6a-9p: Su: 8a-8p	
iountain view Center	19-3a. 0d-/0; SU 0d-/0			

Fitness & Fitness Classes



Sun City Tai Chi Club

New Year, new you! Worried about your balance? Trying to loosen up your achy joints? Discover Tai Chi to help you do daily activities with more ease & confidence or to find new stamina & flexibility. Check out our new beginner class on Fridays called "Pure & Simple" & learn ten flowing exercises that are a great intro to Tai Chi benefits. Classes are led by certified instructors & are suitable for the beginner unless specified as Intermediate or Advanced. Come see us at the Bell Fun Fair! Call if you have questions about which class is best for you.

Before paying the \$10 membership fee, cardholders can try a couple of classes for \$3 each. Escorted guests pay \$5.50. Watch for exciting events coming in March with Grandmaster Franklin. FMIC Elisa McArthur 480-710-8497, email: taichiqigongaz@gmail.com. Website: sctai.wixsite.com/sc-tai-chi-club.

Class Schedule - Mondays: Fairway AZ #3 - Tai Chi Essentials 10:15am; Tuesdays: Lakeview SH #2 - QI Gong 6pm; Thursdays: Bell Social Hall #2 - Balance & Tai Chi Basics 9:30am; Beginner Tai Chi 108 Set One 10:45am; Intermediate Tai Chi 108 Set Two 12pm; Advanced Tai Chi Set Three 1:15pm. Fridays: Bell Social Hall #2 - Pure & Simple Tai Chi 1:15pm. Check the website calendar, email or call for details.

Hatha Yoga

Club meets in the Yoga room at Sundial. Classes are multi-level; no previous experience is needed. Classes are taught by certified instructors. Arrive 20-25 minutes before class begins. Bring mat, small blanket or beach towel, current RCSC card with photo on it, \$3 class fee & \$5 yearly membership. Wear loose, comfortable clothes, layers, for our warm environment. Refer to website for



winter & summer schedule times: http://hathayogaclub.org.

Mat Classes: 6 days & 3 eves/week; Chair Classes: 4 days/week; FMIC Carlyn 623-972-9602

Oakmont Ladies Exercise Club

Join us for low-impact exercises designed for women over 50 at Oakmont on Tuesdays & Fridays 8-9am. Annual Dues: \$3, 3 free trial visits. FMIC Helen 715-222-9519

Aqua Fitness Club

Classes meet M/Th or T/F at Sundial, Oakmont & Marinette pools. No swimming involved; members stand in waist/chest deep water. Instructors teach three classes of varying intensities: Free Standing, Poolside & Aqua Stretches. Annual Dues \$5; \$15 for each 8 week session; 5 Sessions annually. Winter Session ends Fri 2/07. Registration for Spring Session on Sat 2/01 in the Sundial Auditorium. Doors open at 8:00am; close promptly at 8:30am when Registration begins. Spring Session runs from Mon 2/24 to Fri 4/17. Not familiar with Aqua Fitness? Try It Before You Buy It the week of 1/27. All classes are co-ed; must be a Sun City RCSC Cardholder to attend any classes or to join the Club. For information on class exercises, class times, days of the week & pools visit www.aquafitnesssuncity.com. FMIC Terry @ 619-818-4380.

Lord knows how much we love our pets, but just remember - not on RCSC Properties!

Household Pets are not allowed on RCSC properties nor in RCSC facilities (please refer to Board Policy #10 for more info).

Exceptions: Duffeeland Dog Park, Best Friends Dog Club training arena at Fairway, dogs trained as service animals.

NOTE: There is NO expection for Emotional Support Animals!



Swim Club

Swim lessons are currently indoors at Sundial on Wed 8:30-10am. Both beginning lessons & intermediate classes available. Annual fee: \$5 for any RCSC Cardholder. FMIC Armando Barnett 602-373-0646 or 602-451-0649

Zumba Fitness Club

Zumba fuses Latin rhythms & easy to follow fitness moves to create a dynamic full body workout. It keeps you moving & grooving & makes fitness fun. The hour includes a warm-up, cardio workout & cool-down.

Mon: 11:30a-12:30p Bell Social Hall (Zumba Gold; instructor Debbie Reiss)
Tues: 6:30-7p; Sundial West Hall (Chair Zumba; instructor Debbie Reiss) **
Tues: 7-7:30p; Sundial West hall (Zumba Gold; instructor Debbie Reiss)
Wed: 11:30a-12:30p; Bell Social Hall (Zumba Gold; instructor Debbie Reiss)
Thurs: 6:30-7:30p; Marinette Aud (Zumba Fitness; instructor Julie Chaney)
Fri: 11:30a-12p; Bell Social Hall (Chair Zumba Class; instructor Debbie Reiss) **
Fri: 12-12:30p; Bell Social Hall (Zumba Gold; instructor Debbie Reiss)
Sat: 8:30-9:30a; Marinette Aud (Zumba Fitness; instructor Julie Chaney)

**** NOTE**: Immediately following Chair Zumba is regular Zumba Gold. To attend regular Zumba Gold you must check in prior to the Chair Zumba. You can either attend chair class or warm up in Social Hall while waiting as class monitors must have both classes checked in prior to start of Zumba Chair. Cost: Members: \$2/class; Visitors \$4/class; Escorted Guests \$5/Class. Annual Membership: \$8 FMIC Deb Dutton at 508-527-4535.

Aqua Suns

Do you love the water but walking & lap swimming isn't for you? Come try synchronized swimming & learn things you never thought you could do - dolphins, spearfish, catalinas, kips, surface dives & more. Join in the fun M-W-F from 8-10am at Lakeview Pool. FMIC Dianne Ellingson 623-583-5955. Swim Club membership: \$5/Year

Dance for Fitness

With a current RCSC Membership you may enjoy three free sessions. Annual membership fee \$5. Come one, two, or three times a week, whatever fits your schedule. Tuesday at Bell Social Halls, Wednesday at Sundial Auditorium & Friday at Mt. View. All Classes 9-10am. FMIC Penny at 623-933-7021 or Jerry at 253-820-5453.

Bell Aerobics

Come join this friendly group for a complete 45-minute workout of gentle stretching on Mon, Wed & Fri at 8, 9 or 10am at Bell Social Hall. Annual Membership \$5 with valid RCSC card; no class fees. There will a holiday potluck social in December for all members. We meet year-round & are looking forward to having you join us. FMIC Evelyn 902-229-6952 or Eleanor 623-933-1486.

Stretch & Slim

No matter your fitness level, have a blast in our DVD-led classes! We offer classes Mon- Sa at 6:45, 8, 9 & 10:15am. Two members must be present to hold class. Intensity varies, so visit & inquire for details. Classes are limited in size, held in our room at Bell Center next to indoor spa. S&S Club allows you to experience a variety of exercises: cardio (both low & high impact), strength training (handheld weights & fitness bands) & stretching for a well-rounded routine. Try three classes for free. Annual fee for RSCS Cardholders \$5. Guests \$2.50 per class & must be escorted by a club member. FMI visit a class or call Deb at 253-225-3370.

FUNtastic Fitness

Low Impact Aerobics - T & Th 1-2pm Marinette Social Hall. Cost \$3/class Functional Strenght Training - T & Th 2:10-3pm Marinette Social Hall. Cost \$3/class Mat Pilates - M & F 1-2pm Bell Aerobics Room. Cost \$4/class Our name says it all; 1st class is free! FMIC Donna 623-476-5230 or donnaschelin@yahoo.com

Handicapables

Whether your physical limitations are chronic or temporary, Handi-capables invites you to benefit from the fitness & social programs our club offers to enhance your enjoyment of life!

Pool exercises are offered on Tuesdays & Thursdays at Sundial. Two classes at 12 noon are available – one standing, one sitting down. Assistance is available if you need help. Another class at 1pm is for those able to do stand-up exercises with no assistance. Remember: An on-site shower is required before entering the pool (Maricopa County regulation).

Monthly social meetings with entertainment & snacks are held on the 1st Monday at 12:30pm in Fairway AZ Rooms 1 & 2. Annual membership \$15; open to all RCSC Cardholders. Personal caregivers may be allowed with physician verification (BP 9-1). FMIC Paul Hipp at 623-972-2853 or email epravens@yahoo.com.

Tips from Get Fit for Life -

Why Your Strength Workout Isn't Making You Stronger

"If you've incorporated strength training into your exercise regimen, congratulations," states Jane Fortier, co-owner of Get Fit for Life. "But just like other aspects of a healthy lifestyle, gains in muscle strength can be unpredictable. Strength exercise involves a lot of complex elements that have to work in-sync, to deliver significant results. Here are a few common mistakes that could be sapping your strength gains.

- Not Resting Enough In order for muscles to repair themselves, value recovery just as much as you value the workout. Always rest a muscle group for 24-48 hours after exercising to give it ample time to rebuild and recover. Your body, as a whole, may need more rest. That means a good night's sleep. Sleep is often overlooked, but a necessary component, in any solid training and recovery plan.
- Using Improper Form Proper form is important for maximum safety and effectiveness in the weight room. Sloppy form produces poor results because muscles are not engaged correctly through each movement. It can also increase the risk of injury. When performing a new strength move, be sure you have adequate instruction on correct form before loading weights. If form suffers during a set, you are either overloaded or not knowledgeable on the correct way to exercise.
- Not Pushing Yourself Enough It's easy to get trapped in your comfort zone in the fitness center. Increasing weights can be scary, but you will never see improvements in your strength and tissue quality if you fail to challenge the muscle. If you perform 10-15 repetitions in a set and don't experience fatigue after the set, it's time to make some changes. For maximum strength gains, lifting to "failure" at the end of each set is crucial.
- Stuck in a Rut If you continue to do the same exercises, day-in and day-out, your body is going to adapt to the movements – which means you will stall-out on getting results. It's important to work muscle groups in as many different ways as possible. This could involve using different exercises for each muscle group. Strength exercise can be done with machines, free weights or body weight. Varying sets, reps and cadence schemes, is another way to switch things up.
- Wrong Approach to Sets & Reps Most people see significant strength gains by doing 2-3 sets of 8-12 repetitions, at a weight that completely fatigues the muscles by the last rep of the last set. Lifting lighter weights at higher rep schemes will build muscle endurance, but it's not the strategy to use if you want to focus on muscular strength. You need to consistently exhaust your muscles by the last rep of your set, to see strength improvement.
- Exercising Inconsistently You won't see results if you strength train one time a week. To reap significant gains, you need to be working all your major muscle groups 2-3 times in a 7-day cycle. Never work the same muscle group two days in a row. Each muscle group needs rest, so that it can recover and rebuild. A hit-and-miss workout schedule will never produce good results.
- Not Training All Muscle Groups Evenly It's important to give the same amount of attention to all major muscle groups. Doing just the exercises you like is dangerous. This results in muscle imbalances, which can lead to injury and disproportionate body strength. Make sure you're working your arms, shoulders, legs, core, chest and back with equal intensity and frequency. to gain strength all over.

Working with a Get Fit for Life trainer is an excellent way to improve your current strength workout. Trainers educate, as well as motivate. They teach effective strength exercise principles, so that clients avoid the mistakes listed above. Individual needs, goals, and medical issues are factored into the final exercise regimen. To find out more about working with a Get Fit for Life trainer, call 623-696-6820 or visit Get Fit for Life LLC, Sun City on Facebook.



Sunrise Bootcamp at Lakeview Park Gazebo

Tuesdays & Thursdays at 7:15am - Starting February 4; Ending March 26

LaTouch Wellness Massage Therapy Shares...

One of the Most Loving Things You Can Give to Yourself

Receiving massage therapy regularly can improve our quality of life. Our health and vitality are enhanced by increased circulation and stress reduction. The medical profession is beginning to identify stress related illnesses. Stress seems to worsen or increase the risk of conditions like heart disease, diabetes, asthma, depression, and gastrointestinal problems, to name a few. Before you get too stressed out about being stressed out, there is some good news. We here at LaTouch Wellness, can assist you with improving your quality of life.



Treat yourself, or a loved one, with this exceptional gift of massage therapy. There are a variety of holistic, therapeutic services available such as:

Swedish Massage which relaxes your muscles, reducing pain and discomfort, Increasing circulation, flexibility and range of motion.

Deep Tissue Massage: like Swedish Massage but with a deeper pressure, beneficial in releasing chronic muscle tension, the focus is on the deeper layers of muscles.

Reflexology Massage: with a focus on the reflex points in your feet, we release tension in all areas of the feet, which are related to various areas throughout the body, thus promoting the health of the total body.

Reiki Energy Healing: Our bodies are not just composed of physical material there is an energetic component as well. Our energetic body can experience disturbances and blockages, when this happens, the physical body may begin to experience discomfort and eventually dis-ease. Balancing the energy of the body, offers great benefits both physically and mentally.

Treat yourself our someone you love, to the gift that keeps on giving!

Massage helps us to manage stress and can also be used to address a number of health issues. A full complement of massage services are offered at Fairway, Sundial and Bell Recreation Centers (as noted below) for RCSC Cardholders and their escorted guests. If you would like to experience the benefits that massage may have for you, call and schedule an appointment today!

February Group Equipment Demos

Bell Center Marinette Center Fairway Center

Wednesday, February 5 @ 11:30am with Dick Wednesday, February 12 @ 11:30am with Dick Wednesday, February 19 @ 11:30am with Jane

NOTE: Pre-registration is required for group equipment demonstrations. Please signup with the Facility Attendant at the appropriate fitness center. Space is limited.

Member Fitness & Massage Services



Sundial Center Free Spirit Massage 623-225-8582

> **Bell Center** Jan Dias 623-521-0771 Lisa McCoy 623-210-2707

Fairway Center Laura Moore 623-201-0378 latouchwellness@ massagetherapy.com

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CLUB EVENTS

Arts & Crafts

Camera Guild of Sun City

Consider taking your photography to the next level! Classes offered that cover everything from basic camera operation, shooting in Automatic mode, reviewing & transforming your

photos to computer or flash drive. Classes open to members for \$5 each or \$50 paid at the beginning for all 17 classes. Find



details & sign-up on website: www.cameraguildsuncity.com or stop by the club room any day from 9am-noon to register. Check out scheduled Grab & Go's & pick which one you wish to attend; registration required. General meetings are the 1st & 3rd Saturday monthly from 9-11am at Fairway AZ Rooms 1-2. Open to all RCSC Cardholders. Dues \$20 \$5 for 2nd Family member. Our photo lab is well-stocked with computers & latest editing software, large format printer & high resolution scanner. We provide members the tools to cut matte board, mount photos for competition & stretch their own canvases. Come see our clubroom at Sundial (2nd floor) & join the fun of learning & growing.

Fairway Ceramics & Porcelain Club

Did you resolve in 2020 to do good things for yourself? Take up ceramics & make gifts for others - or yourself! Guests & Visitors invited to enter FREE monthly drawing for awesome door prize. Fun, low-cost classes: airbrushing, clay lifting, glazing, brushstrokes, translucents, Zentangle, underglaze pencil, clay building, overglaze & stoneware. All levels welcome. Annual Dues (Jan-Dec) \$10/person; family (2 at same address)\$15. Orientation helps new members get started. Greenware, tools & supplies may be purchased. Hours: M-F 9a-3p; Sa, Su 9a-1p. Mem Mtg 1st M, 9am. FMIC 623-972-5818 or 602-821-1197.

Bell Metal Club

Come see our beautiful crafts! Members share info & experiences about all forms of metal working. Tap into your creativity & make something wonderful. Tour our shop - Mon-Sat 8am-4pm. Open to all RCSC Cardholders. Annual Dues: \$20. FMI about club, possible repairs, call 623-974-8206

Creative Quilters

Mission: to teach & inspire w/classes for all levels. All forms of quilting; Sewing & quilting machines available. Well stocked workroom: rulers, cutters, Accuquilt (complete w/dies), high cutting & basting tables, large mats, design wall & ironing boards. Hours M-W-F 8am-4pm at Lakeview. Meeting every Fri morning w/ Show & Tell, Featured Quilter or special guest. After that, we sew! Early Spring, late summer quilt camps & biannual quilt show. FMIC Red 602-622-5913 or Margaret 623-208-3386.

Oakmont Ceramics

All RCSC Cardholders welcome. No excuses; beginner classes make learning fun. Also classes on different techniques (free to members) & a variety of paints & supplies available for purchse. Learn ceramics from pouring to painting to finishing. Hours: M-Th 8a-3p; Tu 5:30-9p; F 9:30a-2p. Coffee is always on & the conversation snappy! FMIC 480-356-6871

Bell Stitchers

Like to sew? Share new & fresh ideas as we create outfits for charity & craft items to raise money for accessories & supplies. Have a tour & a cup of coffee. Annual Dues \$3; membership open to RCSC Cardholders.

Sundial Craft Club

Open crafting, knitting, crocheting, beading Mon 8am-1pm & Th 8-11am. Heritage Scrapbooking 1st & 3rd Mon 2-6pm. Paper Crafts by sign up only 1st Tues 1-3:30pm. Cardmaking Tues 5:30-8pm. Scrapbooking Wed 10am-6pm, Sat 9am-3pm & 4-8:30pm on the 1st, 3rd & last Fri each month.

Club accepts craft donations of all kinds - yarn, cardstock, cutting dies, scrapbook supplies, etc. Boutique open to all offering handmade items. Gen Mtg 1st Mon (Sept-May) 9:30am. Annual Due \$7. FMIC 503-502-3151 or email sundialcraftclub@gmail.com

Friendship Quilters & Fabric Artists

Our club was built on friendship & the common interests of quilting/creating projects with fabric for charities such as Vets organizations, Family Support Resources, Adelante Healthcare, Doves helping older adults, Children's Surgery Intl. We sell items in our Boutique. New members always welcome. Stop by the Bell Quilting room on one of our meeting days. Hours: Mon - Wed 9am-8pm & Sat 9am-3pm. Annual dues \$10. Membership/ participation open to all RCSC Cardholders.

Handweavers & Spinners Guild

Do you like to stitch, weave or do beadweaving? Do you have a needlework project or two in progress? If so, we're looking for you. We offer classes in all kinds of weaving projects including Basket, Hardanger, Inkle & Kumihimo, Beg & Inter weaving, Spinning, Shirret & other rugs & Tatting. All levels welcome. Hours 9am-3pm Mon-Fri, Oct-May. Summer hours vary. Beautiful handcrafted items for sale in Club Store, during club hours. FMI visit suncityaz.org/handweaversspinners-quild or call 623-933-0397

Bell Silver Craft Club

Come tour our well-equipped workshop & sales room. Classes in basic silver work, introducing students to fundamentals. We also offer classes in lost wax casting, chainmaille for stunning bracelets & necklaces. Other specialty classes/demos throughout the year. Jewelry Sales: Mon-Sat 9am-3 pm. Crafting hours: Mon-Sat 8am-3:30pm. Located around corner from Visitors Center. FMIC 623-933-8442.

Fairway Sterling & Stones

If you're looking for one of a kind heart shaped jewelry for your special one of a kind, take a look a the member creation in our store (open to Cardholders & guests). Members work on stones & glass for rings, necklaces, bracelets & more in silver, copper & brass. Members can sign up for workshops offered several times a week: learn a new craft, technique or delve deeper with classes in silver, lapidary, lost wax casting, chain making, viking knit & more. Teachers are experienced member-instructors who try to accommodate your schedule. Workroom, Jewelry Store open M-F 9a-4p & Th 6-8pm. Craft Supply Room open 9a-2p. Located in Fairway Rm 136, "next door to the trains." FMIC 623-977-2208

Artistic Stained Glass

Have fun & meet new friends! Only RCSC club devoted to glass creations; specializing in all types of glass art & projects including "came" & more current methods w/foil & solder. Techniques introduced in beginning class. Expert teaches fused & slumped glass; classes in large fused glass flowers, sandblast etching & more. We're a social group that likes potlucks. Drop in & see what we do! We meet at Bell; New Hours! M-Sa: 8a-3p; plus M-Th 5-8:30p Year-round!

Leather Craft

Open to all RCSC Cardholders. Annual Dues: \$10. Beginner classes Tues/Thurs, 8am. Learn carving, stamping, garment & construction. Lessons, patterns & tools furnished. We meet at Marinette. Hours: Mon-Fri 8am-12pm. Learn to make leather belts, purses, holsters, even mini saddles. A great group of people & a wonderful craft. FMIC 623-594-6591 or 623-933-8831.

Bell Craft Club

Open M-F 9am-3pm; Sat 10am-2pm; M, W, Th 6-9pm, Classes in: Bead weaving, Greeting Cards, Copper Enameling, Placemats, Candle making, Quilling & Cross Stitch, Painting, Plastic Canvas, Knitting, Crocheting, Silk Flowers, Craft Beading, Polymer Clay, Parchment Craft, Card Embroidery & Brazilian Dimensional Embroidery; taught by members. Think others would enjoy your craft? Become a member & teach. Boutique offers unique handcrafted gifts. Mtgs 2nd Thurs, Sept-May. Annual Dues: \$10. New members joining July 1-Dec 31: \$5. All regular classes free to club members. Open to RCSC Cardholders. FMIC 623-974-3497.

Fairway Knitters

Knit & crochet items for military, care centers, school children, homeless & other charities. Join us any Fri between 8:30am-1pm in Fairway AZ Rooms 3-4. Work on your own projects using your yarn or Club projects using club yarn. **Yarn donations always welcome**. We have items for sale if you like to shop. Annual dues: \$5. Memberhship open to all RCSC Cardholders. FMIC Denise 602-469-2505.

CALL TO SUN CITY ARTISTS Annual Sun City Art Show 2020 Saturday & Sunday, February 8 & 9

TIMELINE:

- Entry Rules & Forms available at Palo Verde Art Room at Sundial or Artists By the Lake Art Room at Lakeview
- Wednesday, February 6 Submit completed entry forms &
- art work between 3-5pm in the Bell Social Hall.
- Thursday, February 7 Participating Artists may attend an Artists Only Critique 4:30-5:30pm. Following the critique there will be a reception 5:30-6:30pm. Invited patrons & participating artists with one quest may attend.
- All Rules and Regulations outlined in the Entry forms must
- be followed. • Work not sold during the show must be picked up Sunday, February 9 at 3pm

Marinette Clay Corner

Club excels in creative art, pottery making w/seasonal themes, dishware, gifts, designer pieces & our famous Yard Art. Meetings every 2nd Wed; 8:30am social (coffee & treats), 9am general meeting. Orientation classes monthly. Fun, creative classes. Hours: M-Sat 7:30am-9pm; Sun10am-6pm. Need a special gift? Check our gift/display & Yard Art. FMIC 623-977-3167. RCSC membership required.

Jewelry at Oakmont

Classes in Lapidary, Silver Craft, Glass Fusion, Faceting, Beading, Wire Warping. Monday-Friday 8a-noon; Sat 9a-noon. Stained Glass class Mon-Wed-Fri noon-4pm by appt. Stop by & see what our club is all about, you will be glad you did. We have classes for beginners to advanced. FMIC John Schmidt at 623-322-4595 or 262-993-4873 or stop by club!

Sundial Silverstones

No experience necessary! Membership open to all RCSC Cardholders. Beginning classes offered (minimal fees) in basic silver, glass fusion, mold making, lost wax/casting, lapidary, chain making, wire wrapping & faceting. Well-equipped club open M-F 8am-3pm, Sat 8a-12p. Jewelry store open to all; selling member-crafted items, M-F 8a-3p & Sat 8a-12p.

Sun City Clay Club at Lakeview

We offer classes & workshops all year. Now open Sunday to keep creativity flowing. Create pieces for the Farmers Market at Bell, Fall Festival & Premier Pottery Show. Visitors always welcome. Stop by our club on Lakeview's second level; we'll show you the whole process. Club Hours: M-Th 8:30am-8:30pm; F, Sa & Sun 8:30am-4:30pm. Monthly member meeting 1st Wed 9am. FMIC 933-0899.

Fairway China Painting

We invite you to paint with us at Fairway room #217 (second floor). We meet 5 days a week: M-Tu-Th-F 9a-12p; W 9a-2p. Open to all RCSC Cardholders; Annual membership \$5. Cardholders welcome to attend three times before joining.

Free beginning classes every Tues 10am-12pm; supplies furnished. If interested, please call Arleta at 623-810-9863 or sign up in the China Painting Room. FMI email suncitychinapainting@gmail.com.

A Community Newsletter

CLUB EVENTS

Arts & Crafts (continued)

SewNSew Club

Membership open to all RCSC Cardholders; \$10 annual dues. Boutique Sales, Sewing & Donations Tu, Th & Sa 9:30am open during these times. Boutique sales include doll clothes to fit the American Girl Doll. Fabric donations that help us serve our community are gladly accepted during open sew times. **Mending at Olive Branch Senior Center:** Mon 8:30-10:30a when OBSC is open. Certification required for all Machine use. Sign up in club room for Classes: Brother sewing machine, Baby Lock Imagine; Jet Threading Serger; Baby Lock Embroidery; Cover stitch machine & heavy duty machine.

February Events:

2/4 Avanced Embroidery SIG 9:30 am 2/6 Show &Tell, Membership, Fabric Sale and Potluck 9:30 am; 2/8 Stuffed Bear Workshop 9:30am Open Sewing 12pm;

2/11 Open Sew 9a; BEST Embroidery SIG 9:30a 2/13 Special Fabric Sale \$2-5/yd; Valentine Pizza Lunch11:30am

2/15 Embroidery Certification 10a

2/18 Open Sewing 9 a; Luke Workshop 9:30a 2/20 Open Sewing 9 am; Sewing Foot Class using your machine 9:30a; 2/22 Open Sewing 12pm 2/27 Boutique Sewing; 1/28 Doll Clothes SIG 12:30pm. Reference materials, club patterns & embroidery designs available during open sew hours. FMI visit http://www.sewnsew.info/

Sun City Calligraphy Society

Sundial Clubroom Hours: M 1-3pm, Th & F 9-11am; General meeting, 2/20, 9-11am. Club members & their guests are invited. Join the club & sign up for a class! New member orientation, 2/13, 9am. Check flyer in Clubroom for upcoming classes. Weekly "Love Card" workshops & practice during club hours. Open to all RCSC Cardholders. Card samples & calendar of events available for viewing in club window anytime; come see what our artistic members create! Membership open to all RCSC Cardholders. FMI stop by during club hours or call Trudy Bryson 623-594-6591.

Lakeview Woodworkers

Come see beautiful wood crafts! Men & women welcome; tap into your creativity & make something with your hands. It's a wonderful feeling. Our club is a fun place w/ members willing to help. Open M-F 8a-4p, Sa 8a-12p. Annual Dues: \$20. FMIC 623-933-2355.

Sun City Wood Carvers

Fun Club where you decide what to carve. Beginners to Masters, members offer encouragement & guidance. Classes on carving, gourd decorating, wood burning, tool care; library covers all aspects of carving. Try your hand at "whittling" then quickly move to carving & the satisfaction you get from making creations for yourself, relatives/friends, competitions, displays or to sell. Club has over 50 members, male & female. Meet Thurs & Sat 8am-12pm at Lakeview SH #3. Wood, tools & instruction available. Annual Dues: \$5; open to all RCSC Cardholders. Coffee & cookies provided. Come visit during club hours.

Oakmont Needle Arts & Crafts

Feb 6 - Learn to make a memory book (fee \$7 includes supplies). Sign-up & prepay required. Call Sue at 480-577-3430 to reserve your spot. Feb 13 - Valentine's Day Party. Bring sweet treat & dress in Valentine colors. If you enjoy knitting, crocheting, needlepoint, embroidery, scrapbooking, card making or any other arts & crafts, you are welcome at our club. Classes 1st & 2nd Thursday (except April & October when we hold our semi-annual White Elephant Sales). Meetings are Thurs 8-11:30am w/ class from 9-11am in Oakmont Auditorium. Events include: light breakfasts/snacks, quest speakers, pizza parties, ice cream socials, potlucks, holiday parties & open houses for new members. We participate in the Arts & Crafts Festival each Novembers. We also donate some of our goods to local charities. Membership \$3/ year. Open to RCSC Cardholders only. FMIC Sue at 480-577-3430.

Bell Ceramics

Stop by for a visit and get a tour of our wonderful ceramics club. You will find we have everything you need to get started in this craft as well as meet fun club members. So many techniques to learn such as silk screening, scragfitto & paint techniques. Learn how to use different paints for different results. We have 1300 molds & all the supplies you need to get started. Beginner classes & monthly classes for the more advanced are offered. Annual dues: \$7. Club hours: M-F 9a-3p, Sa 9a-12p FMIC 623-974-6750.

Lakeview Fired Arts

Offering techniques in Cuerda Seca, gilding & silk screening on poured & handbuilt earthenware, procelain & stoneware. Chalks, dry brushing, Faux leather & antique pewter, glazing, majolica, overglaze & translucent classes offered. Take your pieces to the next level with in your ceramic adventrue. Fired arts offers a mentoriung program for 1-on-1 learning. Annual Dues: \$5; ez to join! Start your ceramic hobby with like-minded people. FMI visit clubroom or call 623-974-5979.

Artistic Weavers/Fiber Artists

Hours Mon-Fri 9am-3pm. Classes currently in session: Beginning loom, 9am-noon on Tu, Th & Sat (Fee \$40); Tapestry Loom Wed afternoons (Fee \$20). Group Mtgs: Rigid Heddle weavers return to Tues mornings in February. Spinners (Wed mornings.) Coiled Basket makers (Mon at 9am) & Basket Weavers (Fri at 9am.) All these groups offer classes & instruction to any member interested in learning a technique or honing their skills. Membership meetings are on the 4th Thurs each month at 1pm. We host quest speakers, special workshops & field trips throughout the year. Annual membership \$12; open to all RCSC Cardholders. FMI & to sign up for classes, please stop by the club room at Oakmont.

Sports & Outdoors

Indoor Volleyball Club

Play at Villanueva Community Ctr (15660 N Hollyhock St, Surprise) W & F 8-10:30am & Rio Vista Rec Ctr (8866A W Thunderbird, Peoria) most Th 9-11a & most Sa 5-6:30p. Call ahead as they sometimes have gym rented. FMI membership (RCSC Cardholders only) call Dawn 623-271-8511

Sun City Basketball Club

Play at Villanueva Community Ctr, 15660 N. Hollyhock, Surprise: 40n4/50n5 full court or shoot around M & W 3:30-5pm mid-Oct-April. Planning 1/2 court outdoor games Fri 9-11am at Marinette. FMIC Charlie 206-459-3242; charlespeterson@comcast.net or Peter 604-313-3190; petermacleod1000@ gmail.com

Sun City Pickleball Club

The 27 pickleball courts in Sun City are getting maximum use heading into February with seasonal residents returning. In addition to drop-in play, there are leagues, lessons, ladders & free introduction clinics for non-club members at Marinette (20 courts, 8 covered) & Mt View (7 courts); all open at 6am. This skilled & fun paddle sport has similarities to tennis, badminton, racquetball & table tennis. A good time to get acquainted is during drop-in play M, W & F 8-10am. Courts are lighted for evening play. Open to all RCSC Cardholders. Annual dues: \$15 includes balls for daily play. FMI visit suncitypickleballclub.org

NEW! Modified Pickleball for those with physical limitations or those wanting low-intensity/less competitive play! If you can stand, you can play! Tues at 10am & Weds 2-3pm at Marinette on Courts 5-6. Tennis, athletic shoes required. Try it three times before having to join club. FMI email Allen at m2pb@outlook.com or check the website.

Racquetball Club of Sun City

Clean court shoes (no street shoes) & protective eyewear required. Open to RCSC Cardholders & escorted guests. Play M-W-F 11a-2p, Sat 11a-1p. Fun cardio workout. \$5 annual fee. FMI visit www.racquetballclubofsuncity.com.

Whisperball Club of Sun City

Invitation to Sun City women to play Whisperball. Women may play among themselves or with the men. Intro to the sport on Tu & Th 1:30p, Bell Center, Bldg F/G concourse area Racquetball courts. Bring clean court shoes, safety glasses & racquet. If you don't have a racquet, the monitor station can provide one. RCSC Cardholders in good standing invited. FMIC Rick Steiner 480-678-1622.

Sun City Sportsmen Club

Hunting/Fishing/Shooting Weds: 8am, Trap & Skeet, Ben Avery (Les: 623-876-8714) Fri: 8am, Rifle & Pistol Shooting (Ben Avery). Open to all RCSC Cardholders; New members welcome. FMIC Tony 847-207-1948

Bocce Club of Sun City

Now that the holidays are over you can relax with a game or two of bocce ball. Check the February schedule below to find the right time that is convenient for you.

Open play Sundays at 2p, Thursdays at 1p, Friday 25¢ games at 6p. Daytime tournaments M-T-W-F at 1p Daytime tourney playoffs at 1p Feb 1 & 29.

Special Events

Board Mtg: M, Feb 3 @ 4p in club house Valentine's Party, M, Feb 10, 5-9p at SD EH; sign-up at clubhouse.

All RCSC Cardholders & escorted guests may play in all Open Play. Only Club members may play in Tourney Play. Club rules of play are to be followed for all play. Appropriate attire should always be worn to the courts.

Lessons by appointment:

Dennis 623-693-2881; Jack 618-328-8816

FMIC Teresa 608-756-9364 or email to bocceclubsc@hotmail.com

Sun City Senior Softball Club

Play slow-pitch softball several days a week (mixed men/women) at Sun Bowl field. Several Leagues: American w/12 teams/10 players, Central-12/11, National-12/12, Co-ed-6/12, 70s-6/11 (age requirement) & tournament teams & Women's. Players placed according to ability. Five separate sessions allow year-round opportunity to play w/short commitments to 1/more sessions. Tryouts: Mon 8:30am. RCSC Cardholders, Snow Birds, welcome to join. FMIC Dan 520-404-2909

Dart Club at Bell Lanes

5 leading-edge, soft-tip, electronic dart boards, preset games, 1-8 players. House darts available/use your own. All skill levels welcome. Open to all RCSC Cardholders.



Club Play: M: Game Night, 5:30-8p; Tu: Count-Up 5:30-8p; W: Monitor's Choice 5:30-8p; Th: Ladies 2-4pm. Arrive 15 min early to sign in & form team.

FMIC Janet Berkowicz 773-802-2084; Sarah Crashell 209-620-1967 Shari Jones 802-999-5470

Bell Shuffleboard Club

Play every M, Tu W & F 12-3:30pm. Arrive early to sign in (assigned court & starting position). Play 3 games; new partner each game. Fast courts w/slight curve make it a challenge. Instructors available to help learn rules. FMIC Dennis 623-972-3169, or stop by & check us out during regular play. **Dances**

House of Dance

Come dance at Fairway on the 2nd, 4th & 5th Fridays each month year-round. DJ Bill will take you back in time with sounds from yesterday & keep you rockin with today's hits. Doors open 6pm; Dance 6:30-9:30pm. Cups, napkins & ice provided; BYO snacks & drinks. Admission: \$3/ members (\$4 annual membership), \$5/RCSC Visitors, \$6/escorted quests. Club membership is open to all RCSC cardholders. NEW! See Dance Lessons below!

Sun City Ballroom Dance Club

Dances open to all RCSC Cardholders & escorted guests. Join us for a fun social evening of music & dance at Bell Center. Singles, couples & dancers of all levels welcome; free lessons by Csaba Valdez w/pd admission: 6:15pm. Dance: 7-9:30pm. Annual membership: \$3; admission: members \$5; escorted guest \$8. Coffee, ice & cups provided or bring your own favorite refreshments & snacks. FMIC Simone (602) 292-3175, Julie (623) 533-6236 or Arlene (623) 214-0594 OR visit: suncityballroomdanceclub.com



February Dates: 2/2 Manuel Dorantes, 2/9 No Dance; 2/16 Manuel Dorantes, 2/23 Manuel Dorantes

Country Dance Club at Sundial

Couples & Line Dancing: 1st & 3rd Sat each month at Sundial, 6:30-9:30pm. Something for everyone; good mix for couples free-style, pattern, ballroom & line dancing; we have a dedicated dance floor for line dancers! Free dance lessons 6pm w/paid admission. Cups, Ice, provided, BYOB & snacks. Admission: Members \$3; Non-Club Members \$6.

Line Dancing at Sundial: 9:30am–12pm Instructor lead with lesson 9:30-10am December Dates: Sat, Dec 14 & Fri, Dec 27. Admission: Members \$3; Non-Club Members \$6. An-nual dues: \$5 (RCSC Cardholders) Visit www.countrydanceclubsuncity.com FMIC 623-972-5127 or 231-557-6555

Bell Tea Dance



All dances on Wednesday afternoon from 2-4 pm at Bell Social Hall. Music provided by local artists. Dances consist of Foxtrots, Waltzes, Latin, Swing & Rock. Two mixers included. Coffee, tea & cookies provided. Singles welcome. Admission: \$4/Club Members, \$6/Escorted Guests. FMIC 623-842-3917.

February Dances: 2/5 Michael Carollo, 2/12 Manuel Dorantes (Valentine Dance), 2/19 Bobby Freeman, 2/26 Glenn Miller



Classic Rock Dance Club 2/1 DJs Shawn & Darrel at Bell Cost: Members \$3/Escorted Guests \$6. 2/15 Celebrate Valentine's Day with Faded Jeans Band at Bell Cost: Members \$7/Escorted Guests \$10 Doors open at 6pm, dancing 6:30-9:30pm; Cups, ice & napkins are provided. Bring snacks & your own beverage. https://www.facebook. com/suncityclassicrockdanceclub

Rhythm Ramblers

Rhythm Rambler has evolved into an 18 piece big band, playing concerts & ballroom dances featuring sounds of Glenn Miller, Harry James, Artie Shaw, Count Basie, & Duke Ellington & vocal stylings of Sinatra, Buble, Bobby Darin, & Tony Bennett. Ballroom dances include swing, foxtrot, waltz, Latin, R&R & line dances. Dances on the 1st Tues every month. Oct-April at Sundial. BYO beverages & snacks; cups & ice provided. Admission: \$5 RCSC Cardholders, \$7 escorted guests. FMIC Barry Dale (623)322-4134.

Friday Night Ballroom Dance Club

Singles & couples invited. Social & ballroom dancing at Sundial, Fridays 7-9:45pm. Whether you love to slow dance, are an accomplished ballroom dancer, or somewhere in between, you'll enjoy dancing to some of the best live music in the Valley. Free dance lesson w/paid admission: 6:15pm. No partner required for lesson; Students rotate so all have an opportunity to dance. We also have a "Mixer" & a few "Line Dances." Admission: \$5/members; \$8/escorted guests. Enjoy making new friends. Please be comfortable, but no jeans, shorts, hats, tennis shoes or flip flops. Coffee, ice & cups provided. FMIC Bob (623) 215-8718 or visit: www.suncitysinglesdanceclub.com. Open to all RCSC Cardholders, visitors & escorted guests.



February Dates: 2/7 Elijah Armstead; 2/14 Manuel Dorantes; 2/21 Mike Carollo; 2/28 Bobby Freeman

Sun City Line Dance Club at Sundial

Dance on a beautiful wooden dance floor every Tuesday & Thursday 10am-1pm in Sundial Ballroom/Auditorium. Free dance lessons start 15 minutes prior to each dance.

EXCEPTIONS: 2/13 & 2/27: Early Start 8:45am-noon at Fairway in AZ Rooms 1-4 Saturday Dance 2/28 @ Fairway: 1:30-4:30pm serving cookies, pretzels, mints coffee, water

Members, visitors & escorted guests welcome. Annual Club membership \$5. Daily dance \$2 members, \$4 visitors & \$6 escorted guests. FMIC Walter 623-972-5127. SUNCITYLINE-DANCECLUB.FACEBOOK containing links to teaching sessions for our dances; website: WWW. SUNCITYLINEDANCECLUB.COM



Sun City Squares

Tuesdays at Bell Social Hall 6:30-7pm Pre-Rounds; 7-9pm Mainstream/Plus Square Dance Dee Dee Dougherty, Caller; Larry Speery, Cuer FMI: email: dikraus433@gmail.com or call: Marilyn 623-694-7194 or Dan 330-336-9929

Rockin' Thru the Years – Saturday Nite Fever



The only dance club dedicated to Classic Rock & Roll, Disco, DooWop & Country Rock. We have our own sound system & use 2 different DJs to play music from the 50s thru today. Will play requests as long as they fall in the R&R genre. Singles & couples welcome; no dress code! We furnish cups & ice; bring your own snacks & beverages. Admission: \$3/members; \$6/escorted guests. Annual RTTY membership \$3 w/RCSC card. You don't need a partner or to take dance lessons to enjoy dancing to R&R & Disco. SATURDAY We dance at Sundial! Doors at 6:30pm; Dance 7-10pm. NIGHT FEVER FMIC 623-332-7894 or visit Rockinthrutheyears.com.

Feb Dates: 2/8 DJ Jamee Soulz; 2/22 DJ Ryan Blair; 2/29 DJ Bobby 'O

We have 8 drawings at each dance worth \$175 + 4 video screens for your enjoyment!

Dances Lessons

Tip Top Dance Club

Have fun, improve coordination, balance & make new friends. Women, men, novice to advanced are welcome. Annual Dues: \$10 plus \$12 per month. Visitors pay \$2.50 extra/class.

Mon, Tues, Fri 8am-12pm; Wed 8-11am at Marinette SH. Open to all RCSC Cardholders. Tip Top Dancers is available for dance performances! FMIC Lynne at mfwandrey@ymail.com

Sun City Ballroom Dance Lessons at Bell

Group classes; partner not required! Instructor rotates partners so everyone has an opportunity meet others in the class as well as to dance with partners with different skill levels. Monday Lessons - 6 to 9pm w/ professional instructor Paul Daniells

6-7pm Beginning Rumba; 7-8pm Intermediate I Tango; 8-9pm – Intermediate II Swing Thursday Lessons - 6 to 9pm w/ professional Paul Jack (No class 2/6) 6-7pm Beginner EC Cha-Cha; 7-8pm Intermediate I Waltz; 8-9pm Intermediate II Rumba Cost per lesson: \$5/members; \$8/escorted quests. FMIC Simone (602) 292-3175, Julie (623) 533-6236 or Arlene (623) 214-0594 or visit: www.suncityballroomdanceclub.com.

Sun City Squares - Lessons

Fridays at Bell Center Social Hall Lessons are now in session thru Apr 24, 2020 Mainstream lessons from 7 to 9 pm Instructor: Dennis Farrar FMI: email: suncitysquares@q.com or call Marilyn at 623-694-7194 or Dan at 330-336-9929. Lessons open to RCSC Cardholders, their guests & visitors



House of Dance • Dance Lessons

West Coast & East Coast Swing at Oakmont - 1st & 3rd Fridays (no sessions 4/3, 11/6, 12/4). Line Dance Lessons at Fairway - 1st Friday.

Doors open at 5:30pm; Lessons 6-8pm for all House of Dance Lessons at both locations. Cost per lesson: \$2 for club members; \$5/escorted guests. FMIC Bill at 209-380-8029.

Educational Classes

Computer Club of Sun City Since 1981, the Computer Club of Sun City is an active Personal Computer club serving Sun City.

Visit Our Website: www.ComputerClubOfSunCity.com

Clubroom located in Fairway Center Room 219 (Access 2nd floor via stairs, elevator or ramp)

Club Hours: September-April: Monday-Friday 8 am-4 pm; Saturday 8 am-noon; May-August: Monday-Saturday 8 am-noon

The Computer Club of Sun City is the meeting place for members to gather, acquire and share computer knowledge and experiences while having fun in a social environment. We welcome members of all skill levels. All RCSC Cardholder are eligible to join.

CLUB OFFERS:

- Cox Internet access and WIFI.
- 2 classrooms with 16 student computers in each room.
- A workshop room with 12 student computers OR where you can bring your own laptop to use.
- A Members Lab with Windows 7, Windows 10, and Linux computers, and a scanner, for use by Club Members.
- A Lecture Room for Special Interest Groups & Presentations.
- If you enjoy working with software and/or tech support, we can offer you a great opportunity to keep up with the current technology.

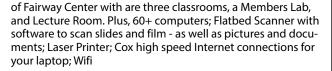


www.ComputerClubOfSunCity.com will bring up the Computer Club of Sun City's website where you can view Class, SIG, and Workshop schedules, as well as other Club offerings.

Computer C

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FACILITIES The Club has approximately 3,500 square feet located on the second floor



CLASSES

Classes include various Windows subjects, from basic operating system classes to specific program classes. Classes are usually 3 to 4 day sessions of 2 hours each. All classes are \$5.00 regardless of number of sessions. Students use CCSC computers for most classes. Classes are for Computer Club Members only. You must enroll at the Club. Classes require a flash drive. Flash drives are sold at the Club if you don't have one.

WORKSHOPS

Workshops are typically 2 hour sessions offered on a regular schedule. They are similar to classes, as attendees are using computers, either CCSC computers, or their personal devices. Workshop subjects include: Windows operating system, Windows programs, Chromebook, and Android/Google based subjects, limited Apple

SPECIAL INTEREST GROUPS (SIGS)

These lecture/discussion activities are offered on a regular schedule:

Round Table Discussion, Backup and Restore, Android Devices (Smartphones, tablets); Email/Internet; Genealogy; Investors; Windows Operating System; And much more.

NOTE: WORKSHOPS AND SIGS ARE FREE TO MEMBERS

Check the website calendar for dates and times to enroll. www.ComputerClubOfSunCity.com Phone: 623-933-8953



SunMacs (Apple Macintosh) Computer Club Club Hours: Monday-Thursday, 8:30-10:30am & noon-2:30pm. Check Calendar for Friday Sessions.



Our next Membership Meeting is 9am, Saturday, February 6 in the Sundial West Auditorium Hall with guest speaker, Brianna King from the Maricopa County Library. Come early, have a treat & visit with other members. Wear your name tag. This is an excellent time to pay your 2020 dues if you've not done so already.

Our 2020 Officers are: President Isaac Bonifas; First Vice President Agnes Holub; Second Vice President Pat Always; Secretary Barb Swintek; and Treasurer Judy Wright.

We specialize in assisting our members with Apple Products & Software. Located at Sundial; RCSC card required for membership. Annual dues: \$20 single/\$30 couple at same address.

We offer classes, Round Tables and Socials, free to club members. Some classes require preregistration. For more information about the Club and a calendar schedule of classes offered, visit www.sunmacs.org or phone our club room (623-933-5300).

LIFELONG LEARNING SUN CITY AZ



Courses are now in session! Visit us online at:

https://suncityaz.org/recreation/clubs/lifelong-learning-club/ Lifelong Learning is open to all RCSC Cardholders. Choose up to 10 classes per semester for one low fee; restriction is due to the limited amount of classroom space available. FMI email sclifelonglearning@gmail.com



Spanish Club - El Circulo Español

Whether you are new to the Spanish language, want to re-awaken skills learned long ago that are now dormant, or are a moderately advanced student looking to improve your conversational chops, you've found a home with El Círculo Español, the Sun City Spanish Club.

Our Spring session began in January & is in full swing but new members are still welcome to join. However, you may need to 'catch up' by devoting a bit of time to study at home. Students are responsible for obtaining their own textbooks for classes that require them.

Classes include those for beginners with no experience in Spanish, intermediate classes for those continuing from the fall session and/or have some experience & conversation classes for beginners, intermediate and advanced students who want to become more proficient speaking the language. Spring 2020 sessions include the most conversation classes we've ever been able to offer, so take advantage of one! A class in Italian for Spanish students is also available.

All Círculo Español classes are held at Fairway Center, Monday-Thursday, usually in Rooms 129 or 133 but rooms are subject to last minute change. You are STRONGLY encouraged to check our website for class descriptions & for schedule changes occurring after publication of this article. Schedules are also available in the hallway in front of room 129.

Spring Schedule 2020:

Monday (Room 129)

- 9-11a Begin L2 Cont'd class. Spanish Made Simple Ch 19-28 11a-1p Begin L1 New class Spanish Made Simple Ch 1-6
- 1-2p Beginner Conversation class New
- 2-3:30p Beginner L1 Cont'd class Text from Instructor \$20 3:30-5p Beginner L2 Cont'd class Text from Instructor \$20

Tuesday (Room 129)

10-12 Destinos Videos Cont'd class resumes at Episode 19

Wednesday (Room 129)

8-10a Begin L3 Cont'd class Spanish Made Simple Ch 29-38 10a-12p Begin L1 Cont'd class Spanish made Simple Ch 7-15 10-11:30a All Levels Conversation, Cont'd (Room 133) 12-2p Begin L1-L2 - EXTR@ Spanish Education TV series -New

2-3:30p Beg Level 1 New Class Spanish Made Simple Ch 1-6 3:30 -5p Italian for Spanish Speakers Class Cont'd Italian Made Simple Ch 7-12

Thursday (Room 133)

9-10:30 Intermediate Conversation New Class 10:30 – 12:30 Beginner Level 2 New Class Practical Spanish Grammar Ch 7-12 10:30 – 12:30 Beginner Level 1 New Class Practical Spanish

10:30 – 12:30 Beginner Level 1 New Class Practical Spanish Grammar Ch 1-7

If you have questions, please feel free to contact us via email at SunCitySpanishClub@gmail.com.



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Folds of Honor



Services:

Sunday 9:00 am Bible Study 10:30 am Worship Service Wednesday 4:00 pm Bible Study & Prayer

11019 W. Peoria Avenue, Sun City AZ 85351 623-933-6600 • www.firstbaptistsuncity.com

Kenny Long, Sr. Pastor • Travis Fullwood, Assoc. Pastor

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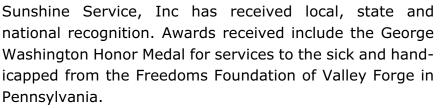


Welcome to Sunshine Service

People, meeting needs of people is what Sunshine Service is all about. Sunshine Service lends medical and children's equipment to residents of Sun City and we have been doing so for over 57 years. We are a charitable non-profit Arizona corporation and are funded by voluntary contributions and memorial gifts.

While the equipment is available for the use of all residents or visitors staying with residents, the equipment must not be taken out of Sun City on a permanent basis. As a matter of control, equipment is loaned only to Sun City residents.

Records show that as the population of Sun City grew, so did use of our medical equipment. Savings for Sun City residents have been calculated periodically; in 2019, it was estimated that residents saved over two million dollars in cost of equipment for that year alone.



"The Cleanest and Most Sanitized Equipment Around"



Some Of The Many Items We Carry: Arm Exerciser • Bath Bench • Bed Rails • Bedside Commodes • Companion Chair Crutches • High Chairs • Hospital Beds • Lift Chairs Overbed Tables • Pack-N-Play • Ramp - Aluminum • Rollaway Beds Strollers Trapeze Walkers • Weights • Wheel Chairs Translator Chairs • Knee Scooters Monday-Friday • 9am-4pm 9980 W. Santa Fe Dr. • Sun City 85351-3197 623-974-2561 • www.sunshineservice.org



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9am Bible Study **10am Worship** 5pm Worship / Discipleship

Wednesdays 5pm Bible Study

(Southern Baptist) **Currently Meeting in the Chapel**

On the Campus of Faith Presbyterian Church

16000 North Del Webb Boulevard Sun City, AZ

Look for the vellow signs

Come Join Us This Sunday



Thursday, February 27, 2020 • 9a.m. – Noon Rio Vista Recreation Center 8866 W. Thunderbird Rd. Peoria, AZ

You are invited to participate in the Peoria Senior Expo



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We understand that today's 55+ communities have a dynamic lifestyle and are pursuing ways to stay active, be engaged and be informed! If your organization or business provides products, services or resources benefiting seniors, then optimize your marketing by showcasing, demonstrating and meeting with these highly motivated customers.

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Free for RCSC Cardholders & their escorted quests!

The Midnight Confessions Band Sunday, March 8, 2020 @ 6pm

Let's welcome The Midnight Confessions Band to the Sun Bowl as we start the 2020 Spring Concert series! Billed as "Just a group of hard working, regular guys performing everybody's favorite 'Timeless, FUN-time Music' is sure to get the crowd movin' with hits from the 50s, 60s, 70s...and more!! Put your hands together and let's get the party started!

Summer of Love – The Cover-Ups Sunday, March 15, 2020 @ 6pm

Get ready for an encore performance as The Cover-Ups bring us all the hits from the "Summer of Love" right here in Sun City AZ where peace and love will prevail. Put some flowers in your hair and get ready to touch the sky as we go for a magic carpet ride of musical entertainment.

Strait Country – George Strait Tribute Sunday, March 22, 2020 @ 6pm

The critically acclaimed Strait Country Band featuring Kevin Sterner is sure to have the cow boots a-shufflin' on the dance with a performance that showcases hit after hit from Strait's amazing 60 Number One Hits and over 80 Top 10 Hits, including some of George's lesser known gems. Let the steel pedal guitar and fiddle keep the rhythm during this exciting evening.

Thaddeus Rose Band Sunday, March 29, 2020 @ 6pm

This great variety band promises to bring the best dance rock hit of all times to the Sun Bowl stage. With a sound that is state of the art and on point, Thaddeus' graceful yet funky hip-hop moves promise to serve as the frosting on the cake for what promises to be a simply amazing performance.

Rhondavous Sunday, April 5, 2020 @ 6:30pm

We're certain to have a fun and entertaining performance as this 5-piece band brings energy, camaraderie and a broad scope of musical genres to the Sun Bowl

Be prepared to show your RCSC Member or Privilege Card (with photo) to gain access to Sun Bowl shows; no key fobs accepted!

Free RCSC Events are paid for by RCSC Cardholders and are therefore intended for RCSC Cardholders and their escorted guests only. Your cooperation and understanding is greatly appreciated!





SINCE Sun Bowl • Spring 2020

Featuring musicians with decades of professional experience who've played across the country, we're sure the connection with the audience here will be nothing short of inspiring. As they say, "It's always a great day for a Rhondavous."

The 8-Tracks Sunday, April 12, 2020 @ 6:30pm

Get ready for fun as the greatest oldies rock & roll band covering the entire state of Arizona returns to Sun City for an evening of non-stop entertainment as we travel back in time thru the 50s and 60s, singing and swinging to the songs you love, songs that are so much a part of our lives.



Americana Sunday, April 19, 2020 @ 6:30pm

Welcome back to Sun City AZ "Americana" - featuring the timeless songs from North American singers and songwriters like Simor & Garfunkel, Mamas & Papas, James Taylor. The Carpenters, Jim Croce, Linda Ronstadt, Eagles, Crosby, Stills & Nash, and many more. Join us as we celebrate an era of last ing classics as we dance the night away.

Doo-Wah Riders Sunday, April 26, 2020 @ 6:30pm

There truly is no other band like the Doo-Wah Riders, who for over 40 years have been riding their own patch of the musical range throughout the west and across the globe. Possessing the rare combination of many years of experience and youthful energy, fired up by a love for what they do, The Doo-Wahs are country, with a unique, original approach. Defined by their sound... "high energy country with a Cajun twist," their ultra-tight musicianship and unique arrangements of classic and original songs make them favorites everywhere they go - including Sun City AZ! What a way to end the Spring 2020 Sun Bowl season.





Located on 107th Ave just south of Peoria Ave

Gourmet Food Vendors arrive 1-1/2 hours prior to show for your dining pleasure.

Don't forget to bring your lawn chair or blanket!

Rain Location:

Shows are moved to the Sundial Auditorium at 103rd & Boswell Blvd. For information regarding rain location and a recorded message, call 623-972-6014.

