SUNVIEWS

ISSUE #230 · JANUARY 2021 · A PUBLICATION OF THE RECREATION CENTERS OF SUN CITY, INC.



Election Wins Put Women in Majority of Board Seats

This year's RCSC Board of Directors elections resulted in five seats being filled which will have women holding the majority of seats on the Board in 2021.

Congratulations to Dale Lehrer, Sue Wilson (both returning) and Karen McAdam who will serve full terms on the Board. Steve Collins will serve a 2-year term and Sheila Rooney for one year.

Appointment of Board Officers and Committee Chairs/Co-Chairs will be announced in early Janu-

The RCSC Board of Directors meets on the 2nd Monday and the last Thursday of each month (except July and August) at 9am in the Sundial Auditorium.



Newly elected Directors for 2021 were sworn in at the Board meeting on Thursday, December 17, 2020. Shown rom left to right: Sheila Rooney, Sue Wilson, Dale Lehrer, Karen McAdam and Steve Collins.



Saturday Hours for CHS in January

Cardholder Services at Lakeview Center will be closed on on the first Saturday of January in observance of the New Year's holiday but will be open on Saturday, January 9, 2021 from 9am to noon to serve RCSC Cardholders and seasonal residents who need

Payment of annual property assessments can be made online via the RCSC Web Portal, by phone to 623-561-4603 or into the dropbox on the lower level at Lakeview (shown above) at anytime during open center hours.

RCSC Adopts Reasonable Accommodation Policy for RCSC Cardholders with Disabilities

On Thursday, December 17, 2020, the RCSC Board of Directors adopted a new resolution titled Board Policy 35 - Reasonable Accommodation for Persons with Disabilities. The purpose of this policy is to provide an equal opportunity to use and enjoy RCSC facilities by disabled RCSC Cardholders. An example of such is for caretaker(s)/caregiver(s) to enter RCSC facilities without guest fee by Cardholder qualifying for a reasonable accommodation via a Physician Verification of Caretaker/Caregiver Requirement by Cardholder Form (www.suncityaz.org/forms). This new policy (www.suncityaz.org/rcsc-board-policies/) provides direction as to how disabled RCSC Cardholders can apply for a reasonable accommodation through RCSC's Director of Operations at the Corporate Office in the Lakeview Center at 10626 W Thunderbird Blvd, Sun City AZ 85351. Please refer to www.suncityaz.org/forms or email request@suncityaz.org for more information.

Stay in the loop! **Get RCSC News Alert** Emails, sign up at: www.suncityaz.org

Email addresses remain confidential

INDEV

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2021 RCSC Board of Directors

Phone: 623-561-4620 email: boardoffice@suncityaz.org

Dale Lehrer, Director email: dlehrer@suncityaz.org

Sue Wilson, Director email: swilson@suncityaz.org

Darla Akins, Director email: dakins@suncityaz.org

Michael Ege, Director email: mege@suncityaz.org

Rich Hoffer, Director email: rhoffer@suncityaz.org

Michael Kennedy, Director email: mkennedy@suncityaz.org

Karen McAdam, Director email: kmcadam@suncityaz.org

Steve Collins, Director email: scollins@suncityaz.org

Sheila Rooney, Director email: srooney@suncityaz.org

SunViews Changes are Here

Due to skyrocketing costs, starting this month SunViews is no longer being distributed directly to homes within Sun City AZ. Copies of this publication will continue to be available at RCSC offices, recreation centers, golf pro shops and bowling centers in addition to online access. Your help spreading the word about this circulation change will help us get the word out to everyone.

Much of the content previously published in SunViews (management reports, financial statements, etc.) will continue to be posted online and emailed to RCSC Cardholders (who are signed up to receive RCSC News Email Alerts) which means this information will be received in a much more timely fashion. We are also working on additional ways to communicate with Cardholders in the future so look for more changes to come.

While we realize it is difficult for many clubs at this time who are yet unable to meet due to continued COVID-19 virus concerns and restrictions to know exactly what the future will bring, information about club hours and meetings will be provided to Cardholders each month within the Club Directory (based upon submitted schedules approved by the Chartered Club Office) but the Club Event section has been eliminated.

Chartered Clubs may continue to submit annual articles per the established rotating schedule (Form BP 12-17 (b)) where they can include details about their club that make them unique and special. However, space is limited and submittals are due on the 5th day of the month prior to publication. We're also excited to work with Clubs who might wish to enhance their RCSC webpages with more information. And as always, submittals for "Sun City Gives Back," highlighting the good deeds done by RCSC Clubs both here in the community and beyond may be submitted at any time for publication consideration.

Please contact Joelyn Higgins, Communications & Marketing Coordinator, at 623-561-4616 or email to jhiggins@suncityaz.org with any questions or concerns regarding this change.

DO YOU PART

PRACTICAL WAYS TO HELP





wear face masks

limit social gatherings with people outside of your household



RUMORS

share rumors and unintentionally spread misinformation



downplay the threat posed by the virus, even if you have not been personally affected



stop practicing mitigation measures once a vaccine is approved

2021 RCSC Annual Membership Meeting

This meeting, scheduled for Monday, February 22, 2021, is POSTPONED.

More information will be released at a later date.



"Neighbors Helping Neighbors"

The next Sun City Foundation meeting will be held on Thursday, January 14, 2021 at 1:00pm in the Lakeview Social Hall 1.

This Month @ The Board

RCSC Board Meetings:

Board Meeting #1 Monday, January 11, 2021 @ 9am Sundial Auditorium
Board Meeting #2 Thursday, January 28, 2021 @ 9am Sundial Auditorium

Committee Meetings:

Bowling Committee
Communication Through Technology
Lawn Bowling Committee
Long Range Planning Committee

Golf Advisory Committee

Thursday, January 7, 2021 @ 9am Tuesday, January 12, 2021 @ 9am Tuesday, January 12, 2021 @ 1pm Monday, January 18, 2021 @ 8:30am Thursday, January 21, 2021@ 8:30am

Lakeview Social Hall #1 Lakeview Social Hall #1 Lakeview Social Hall #1 Lakeview Social Hall #1 Lakeview Social Hall #1

The following committee(s) do not have meetings scheduled this month: Club Organization (COC), Elections, Finance & Budget, Insurance, Properties

COVID-19 Update/Rules

We are all looking forward to this new year with hope and the promise of better times ahead. While RCSC continues to follow the rules and regulations regarding the Coronavirus pandemic as mandated by various governmental and health agencies, the safety, well-being and welfare of Cardholders and RCSC staff remains our number one priority.

If you are a year-round resident, we appreciate your cooperation and diligence in keeping the recreation centers open and operating safely for everyone who wishes to participate.

To our seasonal residents returning to Sun City AZ, please review the general guidelines below. More detailed information about specific activities can be found on the RCSC website at www.suncityaz.org.

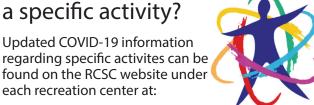
PLEASE NOTE: No guests or visitors are allowed on RCSC properties at this time (except golf courses).

Requirements for Use of All RCSC Facilities

- Prior to entering RCSC facilities, RCSC has implemented COVID-19 symptom screening with signage. Please read and evaluate whether you meet the criteria to enter RCSC facilities. Anyone with potential symptoms may not enter or use RCSC facilities. High-risk individuals should remain
- Hand sanitizer is required upon entry to all RCSC facilities and offices. Users may utilize the sanitizer provided by RCSC.
- A limited number of users may be permitted at one time, once capacity has been reached you may be asked to return later as no congregating is allowed.
- Face masks are always required while indoors except in showers, indoor pools and indoor spas. Outdoors face masks are required in the walking pool. Face masks are required to be cloth, fabric or other permeable material and must be worn over the mouth and nose, affixed either over the ears or tied around the head.
- Strict 6 feet of physical distancing is required while in the fitness centers, indoor walking track, locker roomsand restrooms regardless if in same family. All other RCSC facilities require a minimum of 6 feet of physical distancing, regardless if in same family, excluding an occasional situation when such is not possible.
- Required to sanitize before and after use of every RCSC piece of equipment, including seating, counters and tables, utilizing the sanitation method provided by RCSC.

Needing info about a specific activity?

regarding specific activites can be found on the RCSC website under each recreation center at:



https://suncityaz.org/recreation/

ATTN: Current RCSC Portal Users

Updates to the RCSC Web Portal will soon be implemeted that will provide users with an improved experience and updated design. However, the new system **requires that each** Cardholder have a unique email address in order to use the RCSC Web Portal.

If you uses the Portal, one of you must establish a distinct email address in order for each of you to use the upgraded Web Portal. Look for more details coming to your email In Box shortly.

Your attention to this matter is much appreciated.

Discover ARIZONA

RECREATION CENTERS OF SUN CITY

The annual Discover Sun City AZ event scheduled for January 20, 2021 at Sundial has been cancelled due to safety concerns.

Club Officer Training

** CANCELLED **

Due to continued COVID-19 health concerns, there will be no Annual Club Officer Training. Video of last year's presentation can be found on the RCSC website at https://suncityaz.org/ recreation/clubs/

How-To videos will be posted in the near future providing details on completing required forms that must be submitted to the Clubs Office.



RCSC Corporate Office

Lakeview Center 10626 W. Thunderbird Blvd. 623-561-4600

Hours: Monday - Friday 7:30am to 4pm

www.suncityaz.org

Cardholder Services Office

Lakeview Center • 623-561-4603 Hours: Monday - Friday 8:30am to 4pm 1st Saturday each month: 9am to noon

Chartered Clubs Office

Lakeview Center • 623-561-4660 Hours: Monday - Friday 8:30am to 4pm

Events & Entertainment Office

Sundial Center • 623-561-4680 14801 N. 103rd Ave. Hours: Monday - Friday 8:30am to 4pm

Recreation Centers

Bell Center: 623-876-3040 16820 N. 99th Ave.

Fairway Center: 623-876-3044 10600 W. Peoria Ave.

Grand Center

10415 W. Grand Ave.

Lakeview Center: 623-561-4675 10626 W. Thunderbird Blvd.

Marinette Center: 623-876-3054 9860 W. Union Hills Dr.

Mt. View Center: 623-876-3042 9749 N. 107th Ave.

Oakmont Center: 623-876-3046 10725 W. Oakmont Dr.

Sundial Center: 623-876-3048 14801 N. 103rd Ave.

Sun Bowl Amphitheatre

10220 N. 107th Ave. (weather recording) 623-972-6014

Softball Field

10220 N. 107th Ave.

Duffeeland Dog Park 14610 N. Del Webb Blvd.

Sun City Visitors Center

1-844-4 SUN CITY or 623-977-5000 Located in the Bell Center at 16824 N. 99th Ave.

Where is the Golf Report?

The RCSC Management Reports are distributed prior to the second RCSC Board of Directors meeting each month with the Agenda (except July and August) via email to those RCSC Cardholders who have signed up to receive RCSC News Email Alerts. These reports are no longer being published in SunViews. You can find them posted on the RCSC website at www.suncityaz.org (under the RCSC tab). For Cardholders without computer access, copies of these reports are also distributed at the 2nd Board Meeting each month or can be requested from the Corporate Office at Lakeview Center by calling 623-561-4600.



Register now for upcoming sessions of the "Get Golf Ready" program.

\$99 includes 4 group lessons, with the 5th lesson being a round of golf. Lessons held at Willowcreek/Willowbrook Golf Course (unless otherwise noted**). There are a variety of days and times, so pick the class that best fits your schedule. Sessions are limited to 8 students for each group, so be sure to sign up early!

February Sessions

Golf Professional: Mike Wegner (Final day of play@ Willowbrook) Monday & Wednesday - February 8, 10, 15, 17 @ 9am; Friday, February 19 – Play round of golf @ 1pm (Check in @ 12:30pm)

Golf Professional: Bob Jennings (Final day of play@ Willowbrook) Monday & Wednesday - February 8, 10, 15, 17 @ 1pm; Friday, February 19 – Play round of golf @ 12:30pm (Check in @ 12pm)

Golf Professional: Bob Day (Final day of play@ Willowbrook) Monday & Wednesday - February 15, 19, 22, 26 @ 1pm; Monday, March 1 – Play round of golf @ 1pm (Check in @ 12:30pm)

Contact Chris Linam @ 623-876-8419 or email: clinam@suncityaz.org



Onsite Visit Report

The most recent USGA Course Consulting Service onsite visit was completed on November 13, 2020. This report is available for your review at www.suncityaz.org under Golf then Resources.

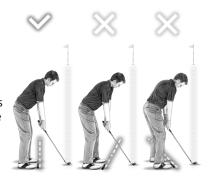
Thoughts from a Pro

The Importance of Proper Alignment

Golf is a "target" game yet many people dismiss how important proper alignment is to each shot. Others attempt to line up to the target but do so improperly. Believe it or not, alignment affects not only direction, but also distance, consistency, and overall contact with the golf ball. How is this possible?

If you unknowingly line up incorrectly (let's say for a right hander you line up to the right of where the target is) your brain will still direct your body to swing towards the target. So, essentially

you will be lined up to the right and swinging across your body to the left. With the path of the swing coming across your body you have now compounded the problem. You may swing across just enough to hit it to the target.... or in swinging across you may add side spin to your shot causing a cut shot (one that loses



distance and may curve) or in swinging across you may hit the top of the ball or the ground depending on the length of the club you are hitting.

The best shots (one that are consistent, solid and have the maximum distance) come from having the alignment and the swing both heading in the same direction!

So, what is the easiest way to achieve this? Develop a good routine with proper alignment!

First, stand behind your ball and find something lying on the ground in between the ball and the target. This could be a divot, leaf, tee, etc. To make it easy, pick something as close to the ball as possible.

Second, walk up to address the ball and position the club behind the ball aiming it in the direction of the spot that was chosen. (Similar to how you would aim your putter towards the hole.) Once it is in place position the hands on the grip.

Third, step the feet in position so that they are parallel to the target line. (Again, like you would position your feet in putting, not aiming them towards the hole but parallel to it.)

Last, make the swing, feeling the confidence you will have in knowing that your alignment is correct, and your swing has a better chance of staying on the right path!

Robin Eichten is a Lifetime Member of the LPGA and Certified Teacher. She has been teaching golf professionally since 1987 and in the Sun City area since 1994. For info or signup call/text at 623-322-6300 or email to golfinwithrobin@aol.com

Do your part to stop the spread!



Practice physical distancing and keep at least 6 feet away from others both on and off the course!



RCSC's 8 Golf Courses

Lakes East: (623) 876-3023 Lakes West: (623) 876-3020 10433 Talisman Rd

> North: (623) 876-3010 12650 N. 107th Ave.

South: (623) 876-3015 11000 N. 103rd Ave.

Riverview: (623) 876-3025 16401 N. Del Webb Blvd.

Willowbrook: (623) 876-3033 Willowcreek: (623) 876-3030 10600 W. Boswell Blvd.

Quail Run: (623) 876-3035 9774 W. Alabama Ave.

RCSC's 5 Snack Shops Menu Available at suncityaz.org/golf/snack-shops/

January Snack Shop Hours Open Daily 6am - 5pm



Volunteer Ranger Program

For more information about joining our program, please contact Chris Linam, Pro Shop Manager, at 623-876-8419 or email clinam@suncityaz.org. No meetings are scheduled until at Phase Three in the RCSC re-opening process.

Bowling Center & League Info Phase 2 Restrictions & Requirements

Prior to entering RCSC facilities, RCSC has implemented COVID-19 symptom screening with signage. Please read and evaluate whether you meet the criteria to enter RCSC facilities. Anyone with potential symptoms may not enter RCSC facilities. High-risk individuals should remain at home.

- Hand sanitizer is required upon entry to all RCSC facilities and offices. Users may utilize the sanitizer provided by RCSC.
- Bowling Centers will be CLOSED for sanitation daily from 2pm 3pm.
- No guests or visitors are allowed. All customers MUST individually display their RCSC Member or Privilege Cards to verify eligibility (ABSOLUTLEY NO EXCEPTIONS; KEY FOBS NOT ACCEPTED).
- A limited number of users may be permitted at one time, once capacity has been reached you may be asked to return later as no congregating is allowed.
- Face masks are required. Face masks are required to be cloth, fabric or other permeable
 material and must be worn over the mouth and nose, affixed either over the ears or tied
 around the head.
- Every other lane open with only 4 bowlers allowed per lane.
- Always requires a minimum of 6 feet of physical distancing, regardless if in same family, excluding an occasional situation when such is not possible.
- No use of concourse tables and chairs is allowed.
- Cardholders are required to sanitize before and after use of every RCSC piece of equipment, including seating, counters and tables, utilizing the sanitation method provided by RCSC.
- All Games must be prepaid (maximum 3 games per person).
- Bowling leagues resumed effective 11/9/2020.

All leagues must comply with the following guidelines, NO EXCEPTIONS:

- Pulling mask down from nose AT ANY TIME is not allowed.
- Face masks/coverings must be worn AT ALL TIMES NO EXCEPTIONS.
- Face masks/coverings must cover nose and mouth and be affixed behind the ears or tied behind the head.
- Only the active bowler is permitted to be up and out of their chair, all other players must remain seated.
- Bowlers are not allowed to "mingle" or "visit" other lanes throughout the league, bowlers must remain seated in the area of their assigned lane.
- Prior to league start time and during league play, 50 / 50 pots, card games, Break the Bank and mystery scores will not be allowed due to social distancing. Any activity that requires a bowler to leave their assigned area to sign up or participate is not allowed.
- All personal effects and equipment are to be kept in the area of the assigned lane.
- Sharing of equipment is not allowed.
- A minimum of 6 feet of physical distancing is mandatory, regardless if in same family, excluding an occasional situation when such is not possible.
- "High Fives", "Fist Bumps" and any other type of physical contact is not allowed.
- Only rostered bowlers (maximum 4 per team) that are participating in league play are allowed in the bowling center.
- Spectators and non-players will not be allowed in the bowling centers at any time.
- Bowlers are not allowed to mingle, linger, visit or socialize in the building after their league session is complete unless becoming a customer of George's Café.
- Due to Covid-19 restrictions only single lanes will be used which may require larger leagues to bowl at different times depending on league size and lane availability. Odd lanes (1,3,5 etc.) will be used on the first shift and even lanes (2,4,6, etc.) on the second shift.

RCSC Bowling Centers Are Open!

Lakeview Lanes

10502 W. Thunderbird Blvd. 623-876-3055 **Bell Lanes** 16810 N. 99th Ave. 623-876-3050

Monday-Saturday: 8am-8pm Sunday: Noon-6pm

Monday-Saturday: 8am-9pm Sunday: Noon-7pm

Billliards at Lakeview Lanes, too! Darts, Shuffleboard & Billiards at Bell Lanes!

Year-Round Bowling Rates - Cardholders: \$2.65 | Guests: \$2.90 (per Game)

Same great food now at two Sun City AZ locations!



Stop by & check out our Daily Specials

Breakfast Special \$6.49

2 Eggs, Bacon or Sausage, Hash Browns & Toast M-S 7-11a; Sun 7a-noon

Walleye 'n Chips \$11.99 9 Oz. Walleye,

Coleslaw & Potato Wednesday & Friday Fish 'n Chips \$11.99 9 Oz. Cod, Coleslaw & Potato Wednesday & Friday

George's Lakeview Cafe

Inside Lakeview Lanes

Phone: 623-876-3057

George's Cafe at Bell Center

Inside Bell Lanes
Phone: 623-518-4525

Hours: Mon-Sat 7am-8pm; Sun 7am-6pm

Sundial Mens Club Thursday Night Bingo remains on hiatus!

Play will resume subject to the RCSC Phased Reopening Plan (Phase 3) provided that specific changes in operations can be met based upon the environment and requirements at that time.



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Art and Craft Clubs	Many are open; call to confirm Meetings are likely cancelled
Artists by the Lake: LV	M-F 9a-4
315-491-9650 Artistic Stained Glass: BC	Mem Mtg 12p 1st Tu LV SH M-Sa 8a-3p; M-Th 5-8:30
623-974-4765	Mem Mtg: 2nd Th 9a Talisma
Artistic Weavers & Fiber Artists: OM	M-Sa 9a-3
320-253-3145 or oakmontfiberart.com	Mem Mtg 3rd Th 1-3
Calligraphy: SD	M 1-3p; Th & F 9-11
623- 594-6591	Mem Mtg 3rd Th 9-11:
Camera Guild: GR	M-F 9a-12
cameraguildsuncity.com	Mem Mtg 1st & 3rd Sa 8:30a GR Sonoran Rr
Carvers: LV	At this time via ZOOM - call for detail Mon, Th & Sa 7:30a-12p LV SH #
847-287-1005	WOII, 111 & 3a 7.30a-12p EV 3H #
Ceramics & Porcelain: FW	M-Sa 9am-3p; W 9a-7
623-972-5818; 602-821-1197	Mem Mtg 1st Mon 9a
Ceramics: BC	M-F 9a-3p, Sa 9a-12
623-974-6750	Mem Mtg 2nd F 9
Ceramics: OM	M-Th 8a-3p; Tu 5:30-9p; F 8a-12
480-356-6871 China Bainting: EW	Mem Mtg 2nd Tu 10
China Painting: FW suncitychinapainting@gmail.com	M-F 9a-12
Suncitychinapainting@gmail.com Clay Club: GR	M-Th 8:30a-8:30p; F-Su 8:30a-4:30
623-933-0899	Mem Mtg 1st Wed 8a, GR Sonoran Rr
Clay Corner: MC	M-Sa 7:30a-9p; Su 10a-6
623-977-3167	Mem Mtg 2nd Tu 9a MC Au
020 011 010	Yard Art/Lunch 3rd W 8a-9
Crafts: BC	M-Sa 9a-3
623-974-3497	Mem Mtg 2nd Th 11a BC SH
	Quality Control meets 1st M 1p BC MPf
Crafts: SD	Needle Craft M, Th 8a-1p; Heritage Albums 1st/3r
503-502-3151	M 2-6p; Card Making Tu 5:30-8pm; Paper Craft 1st T
sdcraftclub@yahoo.com or	1-3p; Scrapbooking W 10a-6p + 1st, 3rd & Last F 4-8p
spunkywen@gmail.com	Sat 9a-3p; Embroidery on Paper F 1-3:30 Member Mtg 1st M 9:30a SD Au
Creative Quilters: LV 909-744-0642; 970-261-1798	M-W-F 8a-4p; Mem Mtg 2nd F 9:30 Charity Day F 1/29, 8a-4
Fired Arts: LV	M-Sa 9a-1
623-933-8118	Mem Mtg Th 1/
Friendship Quilters: BC	Open Quilting M, W 9a-8p; 1st & 3rd Sa 9a-3
623-523-7661	Business Mtg W 1/20, 12-2
	Holiday Party F 1/15 11a-5p FW AZ#
	2nd Sa Boutique Quilt; 4th Sa Charity Qui
Handweavers & Spinners: SD 623-933-0397	M-F 9a-3p; Mem Mtg 1st M 1
Jewelry, Stained Glass & More: GR	M-F 9a-2p, Sa 9a-12p; Stained Glas
262-993-4873; 623-322-4595	M W Th 5-8p; Mem Mtg 1st Tu, 9
Knitters: FW 602-469-2505	F 8:30a-1:30p FW AZ Rms 3 & Member Mtg/General Info 2nd F 10-11
Lapidary: BC	M Tu Th F Sa 8a-3p; W 8a-12p; M W 5-8
623-977-1803	Mem Mtg Tu 1/12 9a BC Team Rr
Leathercraft: MC 623-594-6591; larryvroom@cox.net	M-F 8a-12
Metal: BC	M-Sa 8a-4
520-235-0179 Alan	Mem Mtg 2nd M 9a BC MPI
alan.ruda@yahoo.com	
Needle Arts & Crafts: OM	Th 8-11:30a OM Au
314-488-8828; 480-577-3430	Member Meeting Last TH 9
Palo Verde Artist: SD	Su-Sa 8a-8
915-227-7710	Mem Mtg & Demo 1st M 12p SD El
eamoore70@outlook.com	Mem Reception/Gallery Change F 1/8, 4-5:30
	1st & 3rd Th 9:30a-12:30p Boutiqu
Sew-n-Sew: LV	2nd & 4th Tu 12:30-3p Doll Boutique
www.sewnsew.info - Check webpage	
www.sewnsew.info - Check webpage for exact dates of classes	12:30-3p Sundays Quilt SIG
www.sewnsew.info - Check webpage	12:30-3p Doil Boutique 12:30-3p Sundays Quilt SK 1st Th 9:30a Membership Meetin, M-F 8a-3p; Sa 8a-12

Silvercraft: BC	M-Sa 8a-3:30p; M W until 8
623-933-8442	Mem Mtg F 1/15, 9:30
Sterling & Stones: FW 623-977-2208	М-F 8а-4р Мет Mtg 2nd M 12-2p, AZ #
Stitchers: BC	Tu 9a-8p; Th 9a-3p; F 9a-3
480-578-8871 (leave message)	Mem Mtg 2nd Tu, 10
2019bellstitchers@gmail.com	3 , -
Woodworking: BC	M Th F 8a-4p; Tu W 8a-8p; Sa 8a-12
623-974-6058	Mtg 4th Tu, 8ar
Woodworking: FW	M-F 8a-4p; Sa 8a-12
623- 972-4385	
Woodworking: LV	M-F 8a-4p; Sa 8a-12
623-933-2355	Mem Mtg 1st Tu, 9
Card and Game Clubs	No Meetings/Play at this time
500: FW	Mon 6-9:30p FW AZ Rm 3-
608-345-3252 Lois	11011 0 3130p 1 11 7 12 1 1 1 1 1 1
All Board Games (ABG) Club: LV	M, F 1-4p; Sat 2-5p LV SH #
717-744-8816 Alan	
Bunco Broncos: FW	4th M 12-3:30p FW AZ Rm 1-
602-526-3495; 623-698-3002	E 40 - 2 - 0M A
Canasta: OM	F 10a-3p OM Au
916-225-9895 Geri	Tu Fi15 0:205 FM A7 2
Euchre: FW 623-693-2881; 623-533-5705	Tu 5:15-9:30p FW AZ 2-4 1st & 3rd Th 1:30-4:30p LV SH #
023-093-2001, 023-333-3703	15t & 3td 111 1.30-4.30p LV 3t1 #
Hand & Foot Club: LV	W 4-9:30p LV SH 1 &
623-680-8276; 972-838-7512	Mem Mtg W 1/20, 3:30-5
Mah Jongg: MC	Tu 11:30a-4p SD WH; 1/19, 1/26 at MC Au
623-399-6337 Sandy	Th 5:30-9p MC SH; Su 11:30a-4p MC S
Mixed Cards: OM	Sa 6-9:30p OM Au
614-787-5885 Lil	· ·
Mixed Cribbage: LV	Tu 1-4p; W 6:30-9p LV SH
623-933-7044 Pat	
Monday Night Pinochle: OM	M Start time 6p OM Au
623-972-3263	
Pinochle: OM	Tu 11:30a-4p, Sa 11:30a-4p OM Au
623-876-1895 Tommie	
209-524-7358 Cheryl	
Sheepshead: LV	M 6-9p LV SH #
623-933-7044; 623-999-4965 Contract Bridge Clubs	No Mostings/Dlay at this time
Lakeview Evening Bridge: LV	No Meetings/Play at this time M, Th - Doors open 6:15p, Play 6:50
623-478-2159	LV SH #1; Must arrive by 6:45
Wednesday Afternoon: OM	W 12:30-4:30p OM Au
623-249-9169	Please arrive by 12:15pi
Thursday Afternoon: OM	W 12:30-4:30p OM Au
, 623-933-9671	Please arrive by 12:15pi
Friday Afternoon: FW	F 12:30-4:30p FW AZ Rm
623-933-9671	Please arrive by 12:15pt
Duplicate Bridge Clubs	No Meetings/Play at this time
Duplicate (ACBL): LV	M Th F 12:45-4:30p LV SH 1 &
623- 518-7916	Doors open 12:15p; Game time 1
suncitydbc.com	Lessons M 1/18-3/8 10a-1
Kachina: SD	M 12-4p SD WH; Th 12-4p SD E
623-262-1360 Velda	No Club Play Th 1/1
651-592-5939 Sharon	
Dance Clubs	No Dances/Meetings at this time
Ballroom Dance: BC	Su 6:15-9:30p Dance; Lessons M 6p BC SH1
602-292-3175; 623-533-6236	
Rell Tea: RC	W 2-4n RC SH 18

Bell Tea: BC 623-933-8873 W 2-4p BC SH 1&2

Classic Rock Dance Club: BC	1st & 3rd Sa; Doors 6p; Dance 6:30-9:30p
623-628-4401	BC SH 1-2
Country Dance Club: SD	1st & 3rd Sa Open 5:30p, Dance 6-9:30p SD Aud
480-431-8278; 623-972-5127	Couples/Partners Lessons W 6-9:15p BC SH Line Dance Sa 1/9 & 1/23, 9a-12:30p SD
House of Dance: FW 209-380-8029	2nd, 4th, 5th F Doors Open 6; Dance 6:30-10p FW AZ 1-3;
Friday Night Ballroom Dance: SD	Dance/Swing Lessons 1st, 3rd F OM Aud 5:30-8p F 7-10p SD Aud; Lesson 6:20p
623-215-8718 Line Dance: SD	Tu & Th: 10a-1p; SD Aud;
623-972-5127; 231-557-6555	No dance 1/14, 1/26; Relocated to FW 1/28
suncitylinedanceclub.facebook	Special Dance Sa 1/30, 1:30-4:30p SD
Rockin' Thru The Years: SD 623-332-7894	2nd, 4th & 5th Sa: 6:30-10p; SD Aud
Squares: BC	Lessons & Dance Tu 4-9:30p BC SH
623-694-7194 djkraus433@gmail.com	Lessons Th 12-4:30p MC SH Lessons F 6-9p BC SH
Sun City Poms: MC 602-392-4242	M 7-11:30a MC Aud; Th 8:30-11:30a MC SH Mem Mtg M 8:15-9am MC Aud
scpoms@yahoo.com	
Tip-Top Dance: MC 253-381-1542	M T F 8a-12p; W 8a-11a MC SH Mem Mtg F 1/29
Educational Clubs	
Apple Macintosh: SD	M-Th 8:30-10:30a & 12:30-2:30p
623-933-5300	1st & 3rd F 12:30-2:30p
sunmacs.org	Mem Mtg Sa 1/9, 8:30a SD WH
Life Long Learning: FW 623-977-4081	No classes until 2021
scazlifelong@gmail.com	M F 02 422 C2 02 422
Computer Club: FW 623-933-8953	M-F 8a-4p; Sa 8a-12p
www.computerclubofsuncity.com/ Spanish Club: FW	M Tu W 8a-5:30p FW 129
SunCitySpanishClub@gmail.com 505-301-3155	Class Registration Th 1/21, 5-8p FW AZ 1-2
Fitness Clubs	No Sessions/Meetings at this time.
Aerobics: BC	M W F 8-11a BC SH 1&2
815-289-5912 Judy 317-590-2622 Joann	
Aqua Fitness Club: SD	Classes at SD, MC, MV, OM Pools
aquafitnesssuncity.com 619-818-4380 Terry	Mtg/Reg: Sa 1/30 SD; Doors 8a, Mtg 8:30a Spring Session M 2/22-F 4/16
Dance for Fitness: SD	Tu 9-10a BC SH 1&2; W 9-10a SD Aud;
623-933-7021; 515-975-1683	F 9-10a MV Aud; Relocate to LV W 1/20; Relocate to MC F 1/15, 1/22
FUNtastic Fitness: MC	Aerobics Tu, Th 1-2p MC SH
623-476-5230 donnaschelin@yahoo.com	Strength Training Tu, Th 2:10-3p MC SH Pilates M, F 1-2p BC Aerobics Rm
Handi-Capables: SD	NOTE: Activities for this club have resumed
602-369-3819	T/Th 12-2p SD Warm Water Pool
handicapablesaz@gmail.com	Mem Mtg 1st M 12p FW AZ 1&2
Hatha Yoga: SD www.hathayogaclub.org	M-Th 7a-8:30p; F 7a-3p; Sa 7a-4p SD Yoga Room
MAT Inquiries: HathaYogaClub@gmail.com	MAT & Chair Yoga - Various Times
Ladies Exercise: OM 715-222-9519	Tu & F 8-9a OM Aud
So Grand Exercise: FW 623-933-0214	M W F 7:30-9a FW AZ 1&2
Stretch and Slim: BC 253-225-3370	M-Sa 6:45-11:30a BC Aeorbics Rm T W Th Sa 1-2p; Su 8-10a BC Aerobics Rm M & W 5-7p BC Aerobics Rm
	·
Tai Chi: BC TV & FW	No classes until Dhace 3 is reached
Tai Chi: BC, LV & FW http://sctaichi.wix.com/sc-tai-chi-club	M 10:15 & 11:30 FW AZ 3; Tu 6:00p LV SH 3
http://sctaichi.wix.com/sc-tai-chi-club email:taichiqigongaz@gmail.com	No classes until Phase 3 is reached M 10:15 & 11:30 FW AZ 3; Tu 6:00p LV SH 3 Th 9:30, 10:45, 12, 1:15 BC SH 2;
http://sctaichi.wix.com/sc-tai-chi-club	M 10:15 & 11:30 FW AZ 3; Tu 6:00p LV SH 3

ectory	
Hobby Clubs	Some Hobby Clubs may be open; call ahead to confirm.
Armchair Travel Club: FW	Every W 7p FW AZ 1
623-476-2811	Mem Mtg 1/6, 6:30p
Birding Club of Sun City: BC	Mem Mtg W 1/13 10a BC MPR
BirdPeepersSC@gmail.com	
325-201-5099 Leave Message Duffeeland Dog Park: Talisman	Mom Mtg Tu 1/26 An Talisman
360-789-9815	Mem Mtg Tu 1/26, 4p Talisman
Garden: GR	Office Hours M W F 9a-12p GR
623-875-5921	Mem Mtg 1st Tu 8a GR Sonora Room
Model Railroad: FW	Club Hours M-Sa 8a-5p
239-207-7314 Leave message	Mem Mtg M 1/11, 9-10a FW Rm 133
Model Railroad Museum: FW	Tu, Th 9a-12p; Sa 10a-2p
239-207-7314 Leave message	
Rockhounds: SD	2nd Th 5p FW AZ 1 & 2
scrockmuseum@gmail.com	
Mineral Museum: SD	Closed at this time.
623-428-6442	M Tu W F Sa 10a-1p
RV Club: SD	Mtg/Potluck 4th Tu 4p SD Auc
silvercreekranch1@hotmail.com	1st W, 3rd Tu 5-9p Games at BC MP Bldg
Stamp Club, MC	Caravan Mtg 4th F 9-11:30a SD WH
Stamp Club: MC 602-329-8905	Mtg/Auction 1st M, 6-9p MC SF
Sun City Yacht Club: LV	Su, Tu, Th 12-3p Viewpoint Lake
480-492-3477	Su, Tu, Til 12-Sp viewpoint Lake
Vintage Vehicles: LV	Mem Mtg 3rd Tu 1pm LV SH 1-2
509-430-1625	Shop Operations M-F 8a-4p
https://www.vintagevehiclesofsuncity.com/	Car Show F 1/1, 2-5p BC S/E Lot
	Annual Party Sa 1/19, 6pm FW AZ 1-2
Performing Arts Clubs	
Sun Cities Community Orchestra: FW	
623-582-9964	W 8:30a-12p FW Music Room
Choraliers: FW	No rehearsals at this time
623-933-7202 Carol	
Concert Band: FW	
602-625-5211 Handbell Ringers: FW	No rehearsals at this time
602-799-1947	F 8:30-11a FW Music Rm
doreenC4488@gmail.com	1 0.30-11a i W Piusic Kili
Piano: SD	No meetings at this time
507-213-6141	3rd F 9:30-11am SD Aug
Sun City Players Community Theater: MV	Players have resumed meeting at MV
Writeonjoy@gmail.com	Clubhouse Workshop W 9:30-11:30a
623-500-2949 Info	Gen Mem Mtg/Entertainment 3rd M 7p
suncityplayerscommunitytheater.org	
Rhythm Ramblers: FW	No dances nor rehearsals at this time
623-876-2063	
Ukulele: FW	Virtual Meetings being held via Zoom
623-594-6591 Sept-May	Th 3-4:30p FW Music Rm
623-398-0483 June-Sept	Mentorship 1st/3rd Th 1:30-2:30p FW Music Rm
Women's Chorus: FW	No rehearsals at this time
623-308-4643 Annette	Th 8:30-11a FW Music Rm
Political Clubs	No meetings at this time
Democratic: FW	1st Th 6p FW AZ 3-4
623-977-4660	
Daniel Lance CD	Tu 1/12 6p SD EH
Republican: SD	
suncitygopclub@gmail.com	
•	No Social Clubs meetings at this time
suncitygopclub@gmail.com	
suncitygopclub@gmail.com Social Clubs	No Social Clubs meetings at this time Mem Mtg Tu 1/19, 1p FW AZ 3-4 Registration Th 1/7, 1-4p FW AZ 1

	2nd F 1-2:30p FW Rm 21	airway Readers: FW
	Books can be reserved in advance	23-972-3409
	at FW Library w/ MCLD Card	ueblechl@gmail.com llinois Club: FW
	Social Mtg 4th Th 6:30pm FW AZ #: Anniversary Party F 1/29, 6:30p OM Au	30-768-5205
	Meet 2nd Th & 4th W 6pm OM Au	GBT of Sun City: OM Aud
nuu	FIGGE ZHA TH & HAT W OPIN ON AU	gbtclubofsuncity@gmail.com
-9n	M-Sa 7a-4p; Poker M 4-9	len's: SD
	Club Closed F 1/	23-977-5116
1PR	3rd W 4-6p BC MPI	lichigan Friends in Sun City
		nichigan2arizona@cox.net 23-266-2918
5H1	Sa 1/9, 5p LV SH	lew England: LV 23-215-3637; 623-328-9878
1-2	1st & 3rd M 6:30-9p FW AZ 1-2	lextGen: FW
	3rd M & Every Th Cards 1-4p BC MPI	16-445-7383
	No Card Play on Th 1/1- Wine Sharing 2nd F 6-8p OM Aud/Pati	isit nextgensuncity.org/ for all events
Aud	2nd F Pizza/Bunco 5p MC Au	iun City Hospitality: MC
	Last F Potluck/Bunco 5p MC Au	23-933-5158
	Friendship Corner Sa 11a-5p MC Sł Bridge W 12-4p MC Sł	
3-4	1st F Potluck & Games 6-9p FW AZ 3-	ingles Social Club: FW
	3rd F Game Night 6-9p FW AZ 3-	23-583-2307 Ellen
	Darts 4th F 6:30p B	20 200 2007 Elleri
	24.8 tarr 0.00p 2	
		Visconsin Club: SB 23-242-6318
30p	M-Su 9:30a-4:30	Vomen's Social: LV 23-977-5605
ad	, be available but not club; call ahead	Sport Clubs
eva	Pick Up Games in Villanueva	asketball: MC
	Community Center 3:30-5p Oct - Apr	06-459-3242; 604-313-3190 harlespeterson@comcast.net
-4p	W 7a-1p; Sa 12-5p; Tu 11a-4p; F 8a-4	illiards: Bell Billiards Room
11a	Instruction F 8-11	15-806-0067
2p;	Ladies M, Th 8:30a-12p	illiards: LV Billiards Room
1p;	Singles: 8 Ball M 8a-12p; 10 Ball W 9a-1p	602) 319-0783
	9 Ball Th 1-5p, F 8a-12	
	Doubles: 8 Ball Tu & Th 8a-12 Traveling League Play Tu 1-4	illiards available but not club activity
6p	Open Play: Every Sun 2p, Thu 1p, F 6	occe: SD
	Daytime Tournaments: Every M Tu W F 1p;	23-693-2881
	Playoff Sa 1/30, 1pn	heck the Club House Bulletin Board or
am	2-Person Tournaments: Every Th 10an	nline at https://suncityaz.org/recreation/
-3p	Open House Sa: 1/16, 12-3	lubs/bocce-club/ for complete monthly chedules
-4p	M T W 5:30-8:30p; Th 2-4	Part Club: BC 73-802-2084
-0-	M W F 9-11a, 2-4p; W-F 6-8	awn Bowls: BC
-σp	ייו w ר א-11d, ב -4 p; W-ר ס-8	23-972-3248
11a	Tu Th Sa 9-11:	awn Bowls: FW & MV 23-933-5066
-5p	Mondays 12-5	awn Bowls: LV (Sun City Club) 23-583-0625
30a	Tu Th Sa 8:30-10:30	awn Bowls: LV 23-974-3214
15n	M W F 8:45-11:30a; Su 1:45-3:15	23-974-3214 awn Bowls: OM
	New Year's Party F 1/8, 1:30-6:30	23-792-5202
	Salisbury Sgls Tourney M 1/18 8:30a-5:30	
	Golf W 1/13 10a MV; 1/27 10a SI	1ini-Golf: LV
	Mem Mtg Tu before 2nd Wed 9a LV SH #	17-508-5959; 623-300-4461
#1		
	Contact Club for Times & Activitie	ickleball: MC, MV ickleball.suncity@gmail.com

Fairway Readers: FW

2nd F 1-2:30p FW Rm 217	Shuffleboard Bell: BC	M Tu F 1-3:15
s can be reserved in advance	623-999-0362 - Dennis	Dist 5 Play M-Tu 9:45a-12:15
at FW Library w/ MCLD Card	218-371-2421 - Diane	
Itg 4th Th 6:30pm FW AZ #3	Shuffleboard Outdoor: LV	M W F 1-4p L
Party F 1/29, 6:30p OM Aud	623-688-6026	Winter Party Sa 1/23 3-7p LV SH #
2nd Th & 4th W 6pm OM Aud	Shuffleboard Sundial: BC 623-208-9921	Th 5:30-9p BC Ct
M-Sa 7a-4p; Poker M 4-9p	Softball (Senior): Sun Bowl	Open Practice Su 7a-1p; New players M 7a-1
Club Closed F 1/1	623-444-9402; 503-351-2036 www.azsrsoftball.com	League Play Tu-Th-F 8a-5p; Sa 8a-1
3rd W 4-6p BC MPR		
	Sportsmen: LV Dave 612-202-4803	Mem Mtg 3rd Th 7-10:30a LV SH #
Sa 1/9, 5p LV SH1	Swim Lessons: LV 602-373-0646	W 8:30-10a SD
: & 3rd M 6:30-9p FW AZ 1-2	Swimmers Master: BC	M-F 7-9a BC Lap Poo
Every Th Cards 1-4p BC MPR	602-373-0646	Tu/F 3-4:30p Yoga for Swim Club BC Aerobics Rr
No Card Play on Th 1/14		Starrs Gen Mtg Th 1/7, 6:30a BC MPI
ing 2nd F 6-8p OM Aud/Patio		Gen Mtg Th 1/27, 10:30a LV SH #
and F Pizza/Bunco 5p MC Aud		After Holiday Party Sa 1/16, 4-9p LV SH #
t F Potluck/Bunco 5p MC Aud	Table Tennis: BC	M W F 10a-3p; Tu Sa 10a-12
ship Corner Sa 11a-5p MC SH	602-291-5369; 847-421-5211	
Bridge W 12-4p MC SH		
5.1dgc 11 12 1p 110 511	Tennis: BC	Club Member Social Tennis Sa 1-2:30p Bo
ick & Games 6-9p FW AZ 3-4	608-792-1957	League Play: Sun 1/10, 1/17, 1/24, 1-2:30p B
Game Night 6-9p FW AZ 3-4	melvindhaus@gmail.com	
Darts 4th F 6:30p BC	Volleyball:	8-10:30a W & F Villanueva Community Ct
	206-459-3242	,
	charlespeterson@comcast.net	
	Water Volleyball Club of SC: OM	Su M W F 12-3
M-Su 9:30a-4:30p	WVCofSC@gmail.com	Mem Mtg Su 1/17 3:30-5p OM Au
	-5	, , ,
out not club; call ahead	Whisperball of Sun City: BC	M W F 3-5pm; T Th 1:30-3:30
	480-678-1622	BC Racquetball Courts; Mtg M 1/4, 9a BC M
Pick Up Games in Villanueva		
ity Center 3:30-5p Oct - April	Club Directory Key:	
a 12-5p; Tu 11a-4p; F 8a-4p	M = Monday	BC = Bell Center
Instruction F 8-11a	Tu = Tuesday	FW = Fairway Center
	W = Wednesday	GR = Grand Center
Ladies M, Th 8:30a-12p;	Th = Thursday	LV = Lakeview Center
I M 8a-12p; 10 Ball W 9a-1p;	F = Friday	MC = Marinette Center
9 Ball Th 1-5p, F 8a-12p	Sa = Saturday	MV = Mountain View Center
ubles: 8 Ball Tu & Th 8a-12p	Su = Sunday	OM = Oakmont Center
raveling League Play Tu 1-4p	a = A.M. & p = P.M.	SD = Sundial Center
· Every Sup 2p Thu 1p E 6p	Area codes 623 unless noted.	SB = Sun Bowl
: Every Sun 2p, Thu 1p, F 6p		

Important Dates for Clubs to Remember!

January

- 5 SunViews submissions due for February
- 10 Guest Attendance Register & guest fees due
- 31 Club Annual Finanacial Statement due
- 31 IRS Form 1099 due

February

- 5 SunViews submissions due for March
- 10 Guest Attendance Register & guest fees due

March

- 1 Club Membership Roster due
- 5 SunViews submissions due for April
- 10 Guest Attendance Register & guest fees due

Chartered Clubs Office 623-561-4660 email: clubs@suncityaz.org Office Hours: Monday-Friday 8:30am to 4pm

** Due to the current health crisis situation, some clubs may remain closed until restrictions are lifted. Contact each club directly for more information! **

Marinette Clay Corner

The Marinette Clay Corner is a full-service pottery studio, excelling in wheel-thrown and hand-built pottery. Facilities include wheels for pot throwing, rollers for slab and hand-building, clay extruders for coiling, a pug mill for clay reconditioning and five kilns for firing. The club maintains nearly 40 pre-mixed glazes for ready use, and a multitude of tools to bring your creation to life. There's also variety of clay and tools on hand for purchase.

No experience is necessary as new members take five fundamental classes taught by the Education Team. Classes provide hands-on experience in making pieces from start to finish, including glazing. Throughout the year, instructors provide a robust selection of classes where members can improve their expertise and expand their artistic horizons.

On the third Wednesday of the month, we to create pieces for our famous totem pole creations. You may have seen these on display at the Clay Corner, Bell pool or in the yards of homes in Sun City.

Club membership/participation is open to all RCSC Cardholders. We look forward to welcoming new club members when COVID restrictions have been lifted. For current membership status, check our website at www.marinette-claycorner.org or call 623-877-3167.







Above: Last year's NextGen Super Bowl party at Sundial

The NextGen Club is a place to meet your Sun City neighbors to foster new friendships and social connections. As an active social club open to all RCSC Cardholders, our 450 members meet the 1st and 3rd Mondays each month at Fairway Center. In addition to regular club meetings, other club activities include but are not limited to hiking, biking, happy hours, golf scrambles, card games (Texas hold'em poker, ponytail cards and euchre), shuffleboard, darts, breakfast get-togethers, potluck meetings, trivia and many parties that include live bands. We also do day trips and multi day overnights to various AZ locations.

NextGen will be offering for the first time, virtual social activities in 2021 with our new technology platform. See event calendar at www.next-genclubofsuncity.com; dates, times, locations may change. For more information, email nextgensc@gmail.com to have your questions answered. NextGen is open to all RCSC Cardholders and annual dues are \$10.





Rockin'Thru the Years Dance Club (RTTY) is for you if you love rock & roll, disco with a little doo wop thrown in? Dance to music from the 60s and right up to today – classic rock, country rock, a line dance or two, disco and a lot of free style where no partner is needed and you just move to the music?

RTTY was the first of the Sun City rock & roll dance clubs – starting in February 2010. We thought our market was the "boomers" moving into Sun City but found that it was really for all ages!

DJs use RTTY's great sound system for consistent sound quality at our dances. Music videos accompany our great music playlists. Dances are at Sundial Center Auditorium on the 2nd, 4th and 5th Saturday. Doors open at 6:30pm, music starts at 7pm and dances end at 10pm. No dress code; you're may bring your own snacks and beverages.

Dances are open to all RCSC Cardholders and their guests (18 and over), annual membership is \$3. NOTE: 2020 membership is extended through December 31, 2021 since COVID-19 meant no dances for most of 2020. Dance admission is \$3 for club members and guest are \$6.



Come check out the Zumba Fitness Club as soon as exercise clubs are up and running. It's a great workout and a fun way to meet new people.

Our club members are trying to stay fit during this hiatus. Many of our members are doing Zoom or You Tube Zumba classes. Zumba Fitness, Zumba Gold, and Chair Zumba are all offered.

We can't wait for the day when we can safely resume classes. When we do, we meet Mondays, Wednesdays and Fridays at Bell from 11:30am to12:30pm, Tuesdays at Sundial from 6:30 to 7:30pm, Thursdays at Marinette from 6:30 to 7:30pm and Saturdays at Marinette from 8:30 to 9:30am.

Spanish Club - El Circulo Español

Regardless of the depth of your Spanish language skills, if you are looking to improve your abilities in a supportive environment, then El Círculo Español, the Sun City Spanish Club is for you.

Because of the pandemic, the Club will be holding its spring 2021 classes virtually via Zoom. At the time of this writing the schedule of classes is still under development –



please check our website https://suncityaz.org/recreation/clubs/spanish-club/ for the latest information. Previously classes have included an all level conversation class, a class about culture of Spanish speaking countries, one or more Spanish grammar classes and a readings class.

If you are interested in our January 2021 classes you will need to be a paid Club member for 2021. You can do so by downloading the membership form at https://suncityaz.org/recreation/clubs/spanish-club/. Complete the form and mail it to our Treasurer (address is on the form), along with a check for your 2021 Membership Dues of \$10 and a copy of your RCSC membership card. We'll add you to our membership list and you will then receive our emails about classes and additional Club updates. Your membership will be valid through 2021.

If you've been a Club member in past years, you MUST renew your membership for 2021 using the remote process above in order to register for Spring Zoom classes. We hope to resume in-person classes and Club meetings at Fairway Center and social events at other venues when it is safe to do so.

Sun City Tai Chi Club



Classes will resume as soon as RCSC announces Phase Three. Start tai chi at any age for a peaceful soul, a calm mind, and a stronger body with better balance and flexibility. Classes on Mondays, Tuesdays, Thursdays, and Fridays are led by certified Instructors & are suitable for the beginner unless specified as Intermediate or Advanced. "Tai Chi Essentials" on Mondays, "Balance & Tai Chi Basics" on Thursdays, and "Pure & Simple" on Fridays are great introductions to Tai Chi benefits. Before paying the \$10 annual membership dues, RCSC Cardholders can try two classes for \$3 each. Escorted guests (non-cardholders) pay \$5.50. For more information, go to our website: http://sctaichi.wix.com/sc-tai-chi-club

Class Schedule - Mondays: Fairway AZ#3 Tai Chi Essentials 10:15am; Tai Chi Yang 24 11:30am; Tuesdays: Lakeview SH#2 Qi Gong 6:00pm; Thursdays: Bell SH#2 Balance & Tai Chi Basics 9:30 am; Beginner Tai Chi 108 Set One 10:45 am; Intermediate Tai Chi 108 Set Two 12:00pm; Advanced Tai Chi Set Three 1:15pm; Fridays: Bell SH#2 Pure & Simple Tai Chi 1:15pm.

Bell Craft Club



We opened our doors to Sun City residents and visitors over 45 years ago and still are growing. Club membership participation is opened to all RCSC cardholders. Annual dues are \$10.00 and entitles you to participate in social events and a variety of classes such as bead weaving, Brazilian embroidering, candle making, card making, crocheting, knitting, painting, paper and parchment crafting, plastic canvas making, polymer clay creating, quilling, silk flower making and many more. Our teachers are experienced volunteer members and appreciate new ideas. Our boutique is open to the public and sells unique handcrafted items by our talented members.

Also, we participate in numerous charitable activities for our community. Our card classes make special holiday cards for our active duty soldiers. Our two Happy Hearts groups make lap robes and afghans for our local veterans using donated yarn. Crochet and knitting class members donate to Eves Place such items as: Christmas bags with handmade stuffed animals, sweaters, scarves and baby blankets. In February, our knitters and crochet members donate red hats to the American Heart Association for preemie babies.

The club will reopen in Phase 3, Monday through Saturday, 9am to 3pm and some evenings. For more information call 623-974-3497 during regular business hours or stop by. We are located at 99th Avenue and Hutton, adjacent to the Library, in the Arts & Crafts Village.



BELL METAL CLUB

The Bell Metal Club brings together likeminded metal enthusiasts from all over. We offer beginning fundamental classes in welding, machining, and Plasma Cam. If you like to make things, run metal working machines, or just talk about tools, this is your place. Our members' interests include Machining, Sheet Metal Fabrication, Plasma Metal Art, Welding, and others. Members enjoy getting together sharing their skills and projects. Not only do we work with metal, but we can also fix & replace your garbage can Lid and/or Liner, and make your mailbox secure by adding a

locking security box. We have all the equipment to cut, bend, weld & machine metal; we even build small engines. You're welcome to tour our club Mon-Sat, 8am-4pm. We are located at 15601 N 99th Ave, Building F, Sun City, Arizona 85351, our phone number is 623-974-8206. Membership is open to all RCSC Cardholders. Dues: \$20 per year. Our website is bellmetalclub.com. Be sure to visit our metal art display at the annual Fall Arts & Craft Festival.

Tips from Get Fit for Life

Beware of Fitness Advice

Seasoned exercisers are often eager to give advice to people new at the gym," states Jane Fortier, personal trainer and senior fitness specialist. "Although advice help a "newbie," some of it may not be appropriate or correct. Over-simplified or straight-up incorrect information can lead to bad habits, poor performance, and possible injury. If you are new to the gym, beware of the following advice."

"The best time to work out is first thing in the morning." Working out in the morning can set a healthy tone for the day and rev-up the metabolism, but it is nothing magical. If you are a slow-starter and don't like leaving the house early, come to the gym when it is convenient and appealing. You will be more successful, and stay more committed if it fits into your day easily. When it doesn't, you become resentful and discouraged.

"You have to push through the pain and discomfort." This makes no sense unless you understand the difference between "good pain" and "bad pain." With regard to exercise, "good pain" is the feeling that you are working – muscles burn a bit to let you know they are being challenged. "Bad pain" is sharp, a glitch, or an annoying discomfort in a joint or muscle that doesn't seem to go away. Pushing through bad pain leads to trouble. It signals that a particular exercise is not appropriate for your body as it is currently being performed. Don't ignore key signals, because your body is being compromised. Perseverance is important while exercising, but exercise isn't supposed to hurt.

"Break a sweat every single day." Moving your body in some way, every day, is good advice. But doing an "all-out" workout seven days a week is not a smart idea. A strong body is created with challenging workouts. But when muscle tissue breaks down through strength exercises, it needs adequate recovery time to rebuild and repair. Failing to allow muscle recovery will hinder results and may result in an overuse injury or mental burn-out. Rest days shouldn't make you feel guilty—they are an important part of a sustainable, successful workout plan.

"Running is the best way to lose weight." Exercise of some sort is necessary, but what you eat, sleep habits, and stress also have an impact on how successful you will be. There is no one "best way" to get the job done. If losing weight is the goal, efforts must come from many directions and need to target body fat. This is done with an eating program that helps to eliminate fat storage, and with exercise that builds muscle, challenging the heart and lungs aerobically. Exercise variety will keep the body reacting and responding to demands, improving results. Running could be one of the components of a weight loss program, but should never be considered the only focus.

"Do this ab workout for a six-pack belly." While abdominal isolation exercises can play a role in building core strength and stability (which are important parts of healthy movement), endless ab circuits don't equal a six-pack. There's no evidence-based science that proves you can reduce body fat in a specific area by working the corresponding muscle groups. If abdominal definition is the goal, keep in mind that eating habits and factors like stress, sleep, and hormones play a huge role in body composition. Body composition (fat mass vs muscle mass) is the key factor in defining muscle, anywhere on the body. While there's nothing wrong with doing ab exercises, those exercises are not a one-way ticket to a defined midsection.

"You have to totally overhaul your lifestyle to get real results." Trying to change everything at once leads to frustration, disappointment, and disillusionment. Make small changes to create a positive feedback loop which will motivate you to keep going. Making the decision to work on your health doesn't mean giving up all of your favorite foods, constant calorie counting, and hitting the gym 5-7 times a week. Small changes yield big dividends. When changes come slowly, you are more apt to maintain consistency that eventually evolves into a new lifestyle approach.

Good advice on exercise selection and performance is available from Get Fit for Life personal trainers. Workouts are customized to fit individual needs, goals, and medical issues. Personal training services are available in all Sun City Fitness Centers. To find out more about working with a Get Fit for Life personal trainer, simply call 623-696-6820 or visit Get Fit for Life Sun City on Facebook.

MONITORED ACTIVITIES

Basketball	Not available until Phase 3
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Billiard Tables	
Bell Lanes	M-Sa: 8a-9p; Su: Noon-8p
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p
Bingo	Closed until Phase 3
Sundial Center	Thursdays: Doors Open 4:30p; Bingo 6:15p
	\$9 all 18 games w/3 special games
	Everyone welcome.
Boating/ Fishing	
Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p (or Dusk)
Bocce Courts	
Sundial Center	M-Sa: 6a-9p; Su: 8a-8p
Bowling Lanes	
Bell Lanes	M-Sa 8a-9p; Su 12-8p
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p
Dog Parks	
Duffeeland	October - April: 7am-6pm
	Closed last Wed/month for Maintenance
Darts	
Bell Center	M-Sa: 8a-9p; Su: Noon-8p
Fitness Centers	Open w/ limited occupancy, restrictions
Bell Center - 18+ only	M-Sa: 5a-9p; Su: 8a-8p
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p
Lakeview Center	M-Sa: 6a-7p; Su 8a-7p
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Mountain View Center	M-Sa: 6a-7p; Su 8a-7p
Oakmont Center	M-Sa: 6a-7p; Su 8a-7p
Sundial Center - 18+ only	M-Sa: 6a-9p; Su: 8a-8p
Horseshoe Courts	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Mountain View Center	M-Sa: 6a-7p; Su 8a-7p
Jogging / Walking Track	Open w/ limited occupancy, restrictions
Indoor	. ,
Fairway Center	M-Sa 5a-9p; Su: 8a-8p
Sundial Center	N/A
Outdoor	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Sun Bowl	Dawn to Dusk
Library (602) 652-3000	Call to confirm hours
Bell Center	M: 9a-7p; Tu-Sa: 9a-5p
Fairway Center	M-F 9a-4p; Sat 8a-12p
Mini Golf	PA TOTAL P
Bell Center	M-Sa: 6a-9p; Su: 8a-8p
Lakeview Center	M-Sa: 6a-7p; Su 8a-7p
Mountain View Center	M-Sa: 6a-7p; Su 8a-7p

Pickleball	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Mountain View: Outdoor	M-Sa: 6a-7p; Su 8a-7p
Racquetball	
Bell Center Courts A & B	M-Sa: 6a-9p; Su: 8a-8p;
Shuffleboard	
Bell Lanes: Indoor	M-Sa: 8a-8p; Su: Noon-7p
Lakeview: Outdoor	M-Sa: 6a-7p; Su 8a-7p
Spas	
Bell Center - 18+ only	M-Sa: 5a-9p; Su: 8a-8p
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p
Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Mountain View Center	M-Sa: 6a-7p; Su: 8a-7p
Oakmont Center	See Pool Hours
Sundial Center - 18+ only	M-Sa: 6a-9p: Su: 8a-8p
Swimming Pools - Open S	wim Hours
Bell Center - 18+ only	
Lap Pool: M-Sa: 5a-9p; Su 8a	-8p; Closed for Club/Class: M-F 7-9a
Walking Pool: M-Sa: 5a-9p; S	u 8a-8p
Fairway Center	
Lap Pool: M-Sa: 5a-9p;Su 8a-	8p
Walking Pool: M-Sa: 5a-9p;Su	ı 8a-8p
Lakeview Center	
M-Sa: 6a-7p; Su 8a-7p	
Children's Pool Hours - Ages 4	I-15 yrs: Daily 4p-Close
Marinette Center	
M-Sa: 6a-9p, Su: 8a-8p	
Children's Pool Hours - Ages 4	I-15 yrs Daily 1-4p
Mountain View Center	
M-Sa: 6a-7p; Su 8a-7p	
Children's Pool Hours for Ages	s 4-15 yrs - Daily 10a-1p
Oakmont Center	
M-Sa: 6a-7p; Su 8a-7p	
Sundial Center - 18+ only	
Large Pool: M-Sa: 6a-9p; Su	: 8a-8p;
Warm Water Pool: M-Sa: 68	a-9p; Su 8a-8P
Table Tennis	
Bell Center: M-Sa: 6a-9p; Su:	8a-8p;
Closed for Club Activity: N	1 W F: 10a-3p; Tu & Sa: 10a-12p
Tennis	
Bell Center: 623-977-3325 M	-Sa: 6a-9p; Su: 8a-8p
Lakeview Center: 623-561-46	76 M-Sa: 6a-7p; Su 8a-7p

Mountain View: 623-876-3042 M-Sa: 6a-7p; Su 8a-7p

Group Equipment Demos remain on hiatus at this time

Member Fitness & Massage Services

Please show your support as these services return!
Call & schedule an appointment today!



Sundial Center

Free Spirit Massage 623-225-8582

Bell Center

Jan Dias 623-521-0771 Lisa McCoy 623-210-2707

Fairway Center

Laura Moore 623-201-0378 latouchwellness@ massagetherapy.com



Clever Resolutions

The Babylonians were probably the first people to make New Year's resolutions some 4,000 years ago. Resolutions began as religious promises to the gods. Today they focus on individual improvement. Best guesses speculate 45% of Americans make resolutions, and only eight percent are successful achieving their goals. Here are a few inspirational and humorous ones developed over the years.

- This year I will make a name for myself. Anonymous, 1512
- resolutions colon zero stop period hopes colon zero stop Beckett. Samuel Beckett in a 1984 telegram to The Times.
- One resolution I have made, and try always to keep, is this—to rise above the little things. John Burroughs, naturalist
- Write it on your heart that every day is the best day of the year. Ralph Waldo Emerson
- Play the hand you've been dealt to the best of your ability. If you were dealt a bad hand, bluff your little heart out, but don't fold. - Marelisa Fabrega
- Live simply; dream big; be grateful; give love; laugh lots. Paulo Coelho
- My New Year's resolution was going to be to quit all my bad habits, but then it
 occurred to me—no one likes a quitter.
- New year; new me; same dreams; fresh start.
- Don't cry over the past, it's gone. Don't stress about the future, it hasn't arrived.
 Live in the present, and make it beautiful.
- My goal for 2021 is to accomplish the goals of 2020, which I should have done in 2019, because I promised them in 2018, and planned them in 2017.
- I've seen six people post that their New Years's resolution is to "loose weight." I can think of a slightly more useful resolution for them.
- My New Year's resolution is to give up alcohol. Oops, I meant: My New Year's resolution is to give up. Alcohol!
- Forget to make resolutions? Just write out everything you did last night, and at the beginning add the word "stop."
- My pants are starting to fit a little tight; so, I think it's time I got serious about my New Year's resolution to buy bigger pants.
- I decided to overcome my addiction to the Hokey Pokey. I turned my self around.
- I will do thing other than read on weekends. Things like interact with other humans, eat things other than cereal, absorb sunlight, and appreciate trees.
- I will give people who don't read a chance. Maybe.
- I will stay informed about the Sun City and Fairway Libraries by getting on the library email list, and sign up at https://apps.mcldaz.org/subscribe.
- I will stay informed about Books Around the Corner by contacting Irene Nathanson at IreneorRena@cox.net, and get on the Bookstore Newsflash mailing list.

Water Conservation

Resolve to Save Water in 2021

Why not make your New Year's resolution a pledge to conserve water? There are many ways this can be accomplished – and think of the money you'll be saving as well!

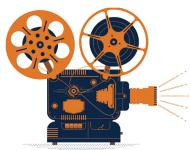
- Wash your fruits and vegetables in a pan of water instead of running water from the tap. This can be a major water saver.
- Now take that water and use it on houseplants or out in your garden.
- Do the same with the water used for cooking vegetables of course, after it has cooled off.
- Don't do those dishes by hand and don't pre-wash everything that you're putting
 into the dishwasher. Scraping food waste is all that is necessary for most newer
 models. They actually work better if the dishes are dirty
- Take showers versus bathing. While it may be lovely to sink into a tub filled with hot water and soak away the stress of the day, every bath you take can use more than 50 gallons of water. Taking a shower is a much better bathing option when it comes to saving water.
- Think native when it comes to planting vegetation as these plants tend to require less water.
- When brushing your teeth, turn off the water until you are ready to rinse. If you
 brush your teeth twice per day, this simply step will save more than 700 gallons
 per year.
- Check for water leaks. Just a little drip can add up to gallons of wasted water. And don't overlook outdoor faucets and irrigation systems. These can often be worse than indoor water leaks.
- Pay attention to your water bill; sudden increases in water use can mean there's a leak.

Just resolve to do on thing every single day that will help to save water. You'll be surprised what a difference it will make.



Every Drop Counts! Do your part to help conserve!





FREE MOVIES ARE BACK!

Wednesdays at Marinette Saturdays at Mountain View Show Times: 2pm & 7pm

Physical Distancing & Face Masks Required
Audience Limitations: 36 at Marinette; 40 at Mountain View
There will be No Popcorn Served; No Outside Chairs, Food
or Beverages allowed other than bottled water
Sign up for RCSC News Email Alerts or
visit the RCSC Web Portal for the movie listings

Sundial Winter/Spring Concert Series - POSTPONED

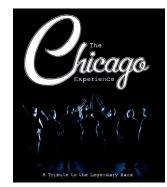
RCSC has determined that we will be postponing the Sundial 2021 Winter/Spring Sundial Concert Series due to continued COVID-19 concerns.

Depending upon further developments, we hope to be able to bring some or all of these spectacular shows to Sun City AZ but will not do so until it is safe for all to attend.

Additional information will be released via email announcements and press releases to the local media when the situation changes and we are able to move forward. Your cooperation and patience as we continue to proceed cautiously into the new year is greatly appreciated.

The Events & Entertainment Office at Sundial remains closed. Any questions regarding the upcoming concerts should be emailed to entertainment@suncitaz.org or by leaving a message at 623-561-4680.

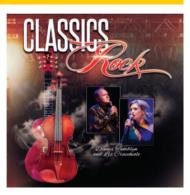




January 6, 2021 The Chicago Experience



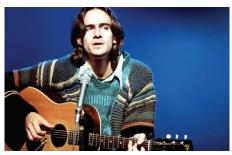
January 13, 2021 Still Crazy After All These Years A Tribute to Paul Simon



January 27, 2021 Classics Rock



February 3, 2021 Oh, Canada!



February 10, 2021 James Taylor Tribute



February 17, 2021 Linda Ronstadt – the tribute concert starring Laura Berger



February 24, 2021 One More Night – The Phil Collins Experience



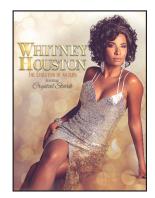
March 3, 2021 The Broadway Concert Experience



March 10, 2021 Tennessee River – A Tribute to Alabama



March 17, 2021 MJ DejaVu Michael Jackson Tribute



March 24, 2021 Whitney Houston The Evolution of an Icon starring Crystal Stark



March 31, 2021 One of These Nights – The Ultimate Eagles Tribute