

SUN VIEWS

ISSUE #254 • JANUARY 2023 • A PUBLICATION OF THE RECREATION CENTERS OF SUN CITY, INC.



ASU/RCSC Survey Coming Soon -

Member/Cardholder Participation Strongly Encouraged

The Recreation Centers of Sun City, Inc., in collaboration with Arizona State University, will be launching a survey in January 2023 (this month) that will ask RCSC Members and Cardholders to provide information about their current recreational activities and what they might like to see in the future.

This is your chance to make a difference!

**Shape the future.
Take the RCSC survey.
Your opinion matters.**

**Coming to your email in-box mid-January.
Responses must be submitted by February 6.**

Correspondence from "ASU/RCSC Survey" will be sent to the email addresses on file with RCSC in mid-January. All RCSC Members and Cardholders are strongly encouraged to participate. Paper surveys will be available at the Lakeview Center Corporate Office (10626 W. Thunderbird Blvd.) and at the Sun City Visitors Center at Bell (16824 N 99th Ave.) if you are unable to participate electronically; Photo Member or Privilege Cards must be presented when picking up a paper survey and only one response per member/cardholder will be allowed.

It should only take 30-40 minutes to complete the survey. The results will help determine how current residents use RCSC facilities, providing a clearer picture of the demographic make-up and lifestyles to help us plan with residents for what amenities would be desirable. The deadline for submitting surveys is Monday, February 6, 2023.

A second survey will be conducted soliciting input from younger prospective Sun City residents from designated geographic areas to determine what interests and hobbies they might wish to pursue should they elect to relocate to an active adult community such as Sun City.

Your opinion matters. Take the RCSC Survey and help shape the future of Sun City recreation. Please contact Polly Corsino, Sun City Visitors Center and Marketing Manager, by email at pcorsino@suncityaz.org or phone 623-977-5000 if you have any questions.

**Stay in the loop!
Get RCSC News Alert
Emails, sign up at:
www.suncityaz.org**

**Email addresses
remain confidential**

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New Year/New Board Directors/New Direction

The RCSC Board of Directors elections concluded on December 13, 2022 with much higher member/voter participation than any RCSC election in recent years. The number of ballots cast in this year's election totaled 2,617 (Online via the RCSC Web Portal 2,076, In-person 254, Absentee 255).

The successful candidates elected to serve on the RCSC Board beginning in 2023 for full three-year terms are:

- John Fast who received 1,873 votes (left),
- Steve Collins who received 1,802 votes (right), and
- Jean Totten who received 1,722 votes (center).

Those elected will serve through 2025. Congratulations and thanks to all the candidates who participated in this year's election for your willingness to serve the community.



Connect with Sun City AZ





2023 RCSC Board of Directors

Phone: 623-561-4620

email: boardoffice@suncityaz.org

Steve Collins, Director

email: scollins@suncityaz.org

John Fast, Director

email: jfast@suncityaz.org

Kat Fimmel, Director

email: kfimmel@suncityaz.org

Dale Lehrer, Director

email: dlehrer@suncityaz.org

Allan Lenefsky, Director

email: alenefsky@suncityaz.org

Karen McAdam, Director

email: kmcadam@suncityaz.org

John Nowakowski Director

email: jnowakowski@suncityaz.org

Jean Totten, Director

jtotten@suncityaz.org

Sue Wilson, Director

email: swilson@suncityaz.org

A Message from Outgoing Board President Lehrer

Cheers to the future - and beyond!

Let's start by congratulating our newly elected board directors as we start the new year with hope and promise. Record voter turn-out for this election is just one indication that changes are coming and that you, the RCSC Members, are anxiously anticipating ways in which you can become more involved.

New Board Officers will be announced after the first of the year which will further reflect these changes. Now would also be a great time for you to get more involved in the process. Volunteer to become a committee member. Committees provide recommendations to the Board of Directors for changes to rules, regulations and policies. Your knowledge and expertise can be put to good use whether you're interested in Budget & Finance, Insurance, Properties, Technology or Elections. Perhaps your passion leans toward sports where you could provide input about Bowling, Lawn Bowling or Golf. Expertise with Clubs Organization and conflict resolution might be more to your liking. Volunteers on the Sun City in Focus Committee can spend time in front of the camera or behind the scenes bringing interesting people, organizations and events that Sun City has to offer to viewers with their video productions.

The Long-Range Planning Committee also meets regularly, and new members are always welcome. This committee worked for some time in an attempt to get a community survey underway. With the formation of an ad-hoc committee and in conjunction



Dale Lehrer
2022 RCSC Board President

with Arizona State University, the "2023 RCSC Member/Card-holder Survey" will be finalized and will arrive in your email in-box in mid-January.

Participation by all in the community will be the key to this survey's success as your input will help to shape the future of community recreation in the near future – and far beyond. Please take the time and complete the survey so your concerns and desires can be evaluated and included in making decisions that could affect Sun City for generations to come.

If you (or someone you know) is unable to take the survey electronically, paper copies will be available after January 16 at the Lakeview Corporate Office or the Sun City Visitors Center at Bell. Photo member or privilege cards must be presented and only one survey per person will be allowed.

Give your input and lend a hand; with your help I am sure great things can be accomplished in 2023 – and well into the future.

A Special Thank You

For your overwhelming gladness and tidings of good joy at the Sun City Holiday Celebration, over \$7,200 was raised for the Sun City Foundation. And for all who participated in the Santa for Seniors project, many of those who needed a helping hand were treated to a wonderful holiday surprise thanks to your generosity. Peace to you all!

This Month @ The Board

RCSC Board of Directors Meetings

Member/Board Exchange
Board of Directors Meeting

Monday, January 9, 2023 @ 9am
Thursday, January 26, 2023 @ 9am

Sundial Auditorium
Sundial Auditorium

Committee Meetings:

Bowling Committee
Sun City AZ in Focus Committee
Lawn Bowling Committee
Technology Committee
Long Range Planning Committee
Golf Advisory Committee
Elections Committee

Thursday, January 5, 2023 @ 9am
Monday, January 9, 2023 @ 4pm
Tuesday, January 10, 2023 @ 1pm
Wednesday, January 11, 2023 @ 4pm
Monday, January 16, 2023 @ 8:30am
Thursday, January 19, 2023 @ 8:30am
Wednesday, January 25, 2023 @ 1pm

Lakeview Board Room
Lakeview Board Room
Lakeview Board Room
Lakeview Board Room
Lakeview Board Room
Lakeview Social Hall #2
Lakeview Board Room

The following committee(s) do not have meetings scheduled this month: Club Organization (COC), Finance & Budget, Insurance and Properties



"Neighbors Helping Neighbors"

The next Sun City Foundation meeting will be held on Thursday, January 12, 2023 at 11:00am in the Lakeview Board Room.

Sundial 2023 • Winter | Spring Concert Series



**Ray
Charles
& Friends**

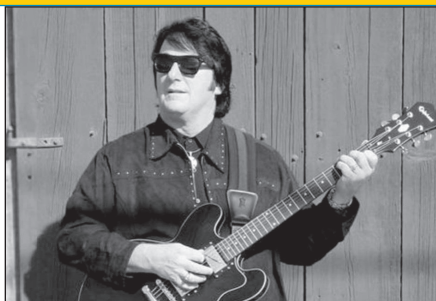
Wednesday, January 4, 2023

Crosby, Stills, Nash & Young Tribute



Wednesday, January 11, 2023

Revisiting the Orbison Years



Wednesday, January 25, 2023

RCSC Cardholders/Guests: \$23-\$25/pp + Fees
Non-RCSC Cardholders: \$30/pp + Fees

Show Time: 6pm | Doors Open: 5pm

Purchase tickets at the Events & Entertainment Office at Sundial Center,
online at www.suncityaz.org
or by phone at 623-561-4680 with Visa, MasterCard or Discover

****All ticket sales are final; no refunds will be issued.****

NOTE: Plan to arrive with adequate time to be seated. Those arriving late may need to wait to be seated. No gourmet food trucks are on-site prior to these performances.



**Great Entertainment
at a Great Price
Right Here in Sun City**

For the complete line-up of shows, visit
www.suncityaz.org/recreation/concerts/

Save the Date Explore all Sun City has to offer!

Living in Sun City AZ is about more than just fun in the sun. From swimming pools to golf courses, lending a helping hand to a neighbor or serving the community at large; living in Sun City AZ offers more than just a place to call home – it offers a lifestyle unlike anywhere else.

All new and existing Sun City residents are invited to “Discover Sun City AZ” at this year’s orientation on Wednesday, January 18, 2023 in the Sundial Auditorium. There are two sessions scheduled for your convenience - 9 to 11am and 6 to 8pm. Please note that there is a short presentation during each session (at 9:30am and at 6:30pm) - so plan to arrive with time to be seated.

**Discover
SUN CITY
ARIZONA**
RECREATION CENTERS
OF SUN CITY

**Wednesday, January 18, 2023
Sundial Auditorium
Two Sessions: 9am & 6pm**

Your once-a-year opportunity to learn about
the Clubs & Organizations that make
our community special!

Clubs, groups and organizations from throughout the Sun City AZ community will be on hand to provide information and answer questions about what they do and the services they offer to residents.

Mark your calendar now and explore at Discover Sun City AZ!

The Sundial Recreation Center is located at 14801 N. 103rd Ave. in Sun City.

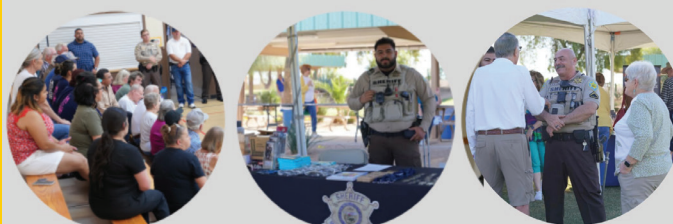
JOIN US FOR A COMMUNITY MEETING ON CRIME PREVENTION

The Maricopa County Sheriff's Office - District III will be giving a presentation on Crime and Fraud Prevention to the residents of Sun City

January 16th, 2023

9:00 AM – 12:00 PM

**Sundial Recreation Center
14801 N. 103rd Ave.
Sun City, AZ 85351**



Invite your neighbors!

**SUN CITY
ARIZONA**

RCSC Corporate Office

Lakeview Center
10626 W. Thunderbird Blvd.
623-561-4600

Hours: Monday - Friday 7:30am to 4pm

www.suncityaz.org

Cardholder Services Office

Lakeview Center • 623-561-4603

Hours: Monday - Friday 8:30am to 4pm
1st Saturday each month: 9am to noon

Chartered Clubs Office

Lakeview Center • 623-561-4660

Hours: Monday - Friday 8:30am to 4pm

Events & Entertainment Office

Sundial Center • 623-561-4680

14801 N. 103rd Ave.

Hours: Monday - Friday 8am to 4pm

Recreation Centers

Bell Center: 623-876-3040
16820 N. 99th Ave.

Fairway Center: 623-876-3044
10600 W. Peoria Ave.

Grand Center
10415 W. Grand Ave.

Lakeview Center: 623-561-4675
10626 W. Thunderbird Blvd.

Marinette Center: 623-876-3054
9860 W. Union Hills Dr.

Mt. View Center: 623-876-3042
9749 N. 107th Ave.

Oakmont Center: 623-876-3046
10725 W. Oakmont Dr.

Sundial Center: 623-876-3048
14801 N. 103rd Ave.

Sun Bowl Amphitheatre
10220 N. 107th Ave.
(weather recording)
623-972-6014

Softball Field
10220 N. 107th Ave.

Duffeland Dog Park
14610 N. Del Webb Blvd.

Sun City Visitors Center
1-844-4 SUN CITY or 623-977-5000
Located in the Bell Center at
16824 N. 99th Ave.

Thoughts from a Pro -

From the practice range to the course!

Let's kick off the new year with a few beginner tips for progressing to the golf course from the practice range!

1. Putting - Practice with one ball on the putting green as if it's a putt- putt course. Play each flag as a new hole keeping track of how many putts it takes to get the ball in the hole. The goal is 2. Make some of the holes short, some medium and others long. Play with another person and practice putting green etiquette such as order or play, marking ball, avoiding standing in line, etc.
2. Chipping - Practice chipping onto the green with both the 7 iron and the PW. The goal is to get the ball onto the green and close enough to the hole to make a 1 or 2 putt! Use the 7 when there is a smaller amount of long grass or fringe than there is the shorter (putting green) grass. Use the PW when there is an equal amount of long grass and short grass. Practice chipping the ball onto the green and then use the putter to putt in and keep score. A goal score would be 3. (1 chip and 2 putts!)
3. Pitching - Practice pitching (half swings/waist high swings) with the pitching wedge off the tee and then off the grass. This is a good way to learn to hit the ball without a tee. If you can brush the grass the ball should lift and go high but not very far. Practice this shot on the driving range or on a pitching green (from a distance back) to find out how many yards it goes. Also practice doing some swings that are a little more than half swings and some that are a little less than half swings to practice for shorter and longer pitches. Practice hitting onto a pitching green with one ball and then finishing the hole by putting in and keeping score. A goal score would be 3. (1 pitch and 2 putts)
4. Full swing - Practice with the 7 iron off the tee and if hitting the tee is easy and the ball is lifting progress to longer irons (6,5,4) an then to woods (5,3,1). Over time as swinging with all different lengths of clubs seems comfortable begin lower to lower the tee until the ball in on the grass. (except for the driver). Make sure each shot hit on the driving range is aimed at a target so you are simulating being on the course and aiming at the flag.
5. Begin playing 9 holes at an executive or par 3 golf course where each hole will be short and less intimidating- Use the club for the distance you need to go, or if unsure use the club you like the best! Modify the game to make it more fun and to keep up with the group ahead by using a tee on any full shot if that's easier; hit 3 times on a par 3 and if not on the green put the ball on the green so you can putt; hit from the red stake (100 yard marker) on long holes instead of from the tee box to make it easier! In the early stages of learning enjoying the game is what it's all about!
6. You are now a golfer!

Here's to the new year! Looking forward to seeing you on the course and having fun.

Robin Eichten has been teaching golf professionally since 1987 and is a Life Member of the LPGA and Certified Teacher. Lessons are given by appointment. For info or sign up call Robin at 623-322-6300 or email to golfinwith-robin@aol.com

RCSC Golf Professionals can help improve your game with private lessons!

Contact instructors directly to schedule an appointment at <https://suncityaz.org/golf-courses-pro-shops/lessons/>

RCSC Bowling Centers

Lakeview Lanes
10502 W. Thunderbird Blvd.
623-876-3055

Bell Lanes
16810 N. 99th Ave.
623-876-3050

Monday-Saturday: 8am-8pm
Sunday: Noon-6pm

Monday-Saturday: 8am-9pm
Sunday: Noon-8pm

Billiards at Lakeview Lanes,
too!



Darts, Shuffleboard & Billiards
at Bell Lanes!

Bowl with the Director

First Thursday Every Month at Lakeview Lanes
10:30am to Noon
FMIC Mike Dirmyer at 623-561-4652

Same great food now at
two Sun City AZ locations!



Stop by & check
out our
Daily Specials

Breakfast Special

2 Eggs, Bacon or Sausage,
Hash Browns & Toast
M-Sat 7-11a; Sun 7a-noon

Walleye 'n Chips

9 Oz. Walleye,
Coleslaw & Potato
Wednesday & Friday

Fish 'n Chips

9 Oz. Cod,
Coleslaw & Potato
Wednesday & Friday

**George's
Lakeview Cafe**
Inside Lakeview Lanes
Phone: 623-876-3057

**George's Cafe at
Bell Center**
Inside Bell Lanes
Phone: 623-518-4525

Hours: Mon-Sat 7am-8pm; Sun 7am-6pm



Visit <https://suncityaz.org/golf-courses-pro-shops/lessons/>
for the full schedule of upcoming sessions
or contact Chris Linam at 623-876-8419 for more info

\$130 includes 4 group lessons, with the 5th lesson being a round of golf. Lessons held at Willowcreek/Willowbrook Golf Course (unless otherwise noted**). There will a variety of days and times, so you can pick the class that best fits your schedule.

Sessions are limited to only six students for each group, so be sure to sign up early!



RCSC's 8 Golf Courses

Lakes East: (623) 876-3023
Lakes West: (623) 876-3020
10433 Talisman Rd

North: (623) 876-3010
12650 N. 107th Ave.

South: (623) 876-3015
11000 N. 103rd Ave.

Riverview: (623) 876-3025
16401 N. Del Webb Blvd.

Willowbrook: (623) 876-3033
Willowcreek: (623) 876-3030
10600 W. Boswell Blvd.

Quail Run: (623) 876-3035
9774 W. Alabama Ave.

RCSC's 5 Snack Shops
Menu Available at
suncityaz.org/golf/snack-shops/

January Snack Shop Hours
Open Daily 6am - 5pm



Volunteer Ranger Program

For more information about joining our program, please contact Chris Linam, Pro Shop Manager, at 623-876-8419 or email clinam@suncityaz.org. Next meeting is Thursday, January 26, 2023 at 1pm in Talisman Hall.

Sun City Basketball Club

Drag those old sneakers out of your closet, lace them up and come join us for some basketball! Membership in the Sun City Basketball Club is open to all RCSC card-holders - men and women, short and tall, big and small.

While we do not have an indoor venue in Sun City at this time, we are working with RCSC to provide one for those interested in playing indoors on a wood floor. The only basketball court available in Sun City is at Marinette Recreation Center - an outdoor half court with a concrete surface; basketballs are available at the front desk. You're welcome to come and shoot around any time.



If you are looking to play some full court basketball, there is an open gym at the Villanueva Community Center (15660 N. Hollyhock Street in Surprise) every Monday and Wednesday from 3:30 to 5:00pm. There are often 15-20 players that show up and there are two courts to play on. If you would just like to shoot around, there are other baskets available for that as well.

For more information, please contact: Randy Becker (502-298-5264 or jrandybecker@yahoo.com) or Charlie Peterson (206-459-3242 or charlesapeterson@gmail.com).

Mah Jongg Club

According to Wikipedia, Mah Jongg is a tile-based game that was developed in the 19th century in China and has spread throughout the world since the early 20th century. It is commonly played by four players with some three player variations. Mah Jongg is a game of skill, strategy and luck.

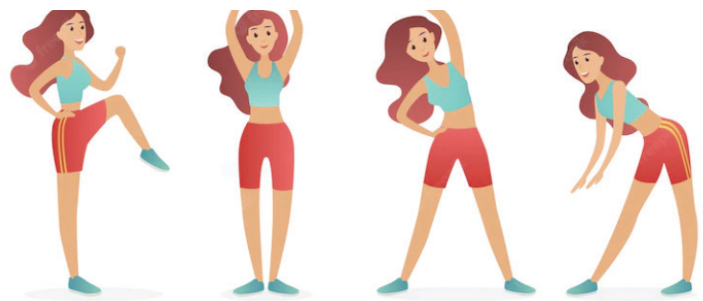


The game is played with a set of 144 tiles based on Chinese characters and symbols. Each player begins by receiving 13 tiles. In turn, each player draws and discards tiles until they complete a legal hand.

If you would like to learn this fascinating game, lessons start in February. Please contact Janis at 623-261-3621 for more information. Come play Mah Jongg - Sundays at Marinette 12-4pm, Thursdays at Marinette 6-9pm and Tuesdays at Sundial 12-4pm.

Ladies Exercise at Oakmont

Come join the Oakmont Ladies Exercise Club for low impact exercise. Our club meets at 8am on Tuesday and Friday at the Oakmont Rec Center in the auditorium. The class lasts approximately one hour. We do a warmup routine, stretching, balancing and core exercises. The class uses light weight weights and therapy bands; please bring your own. Annual club dues are \$3.00 per year, with no daily fees. Come join the fun and feel better. For more information, call 928-890-9152.



Calligraphy Society of Sun City

Come join the fun at the Sun City Calligraphy Society! Our winter Open House is scheduled for Thursday, January 5, 2023 from 9 to 11am in our Sundial club room. You can sign-up for classes, meet the instructors, purchase hand-made greeting cards, enjoy some refreshments and good camaraderie. General Meetings are the third Thursday at 9am October through March.

For 44 years we have been dedicated to promoting the art of beautiful writing, offering classes in various calligraphy styles including Simplified, Modern Brush, Italic, Blackletter, Uncial, Foundational, Copperplate and Informal Pointed Pen. There is also a class titled, "Introduction to Calligraphy" where you will learn a simple calligraphy style using four different calligraphy tools. Many "fun-shops" are held throughout the year, where you can learn paper crafting, "tips and tricks" with your calligraphy or how to make beautiful and unique greeting cards. We have die-cutting and stamping equipment available for member use.

Help others experience the joy of receiving a handmade greeting card by joining our "Love Cards" community project for local nursing homes. We make Thanksgiving, Christmas, Mother's Day, Easter and birthday cards that residents receive or that they can send to loved



ones. Opportunities are also available to make cards to sell in our club boutique and at the Fall Festival. Our club room is open on Mondays from 1-3pm, and on Thursdays and Fridays from 9-11am. Club membership is open to all RCSC Cardholders. For further information, call Carolyn Gurney at 520-709-9745.

Best Friends Dog Club



2023 is going to be an exciting year for the Best Friends Dog Club. We will be celebrating our 30th year anniversary AND our indoor climate controlled facility has been approved by the RCSC Board of Directors and added to the upcoming PIF projects list.

Join our club and come celebrate with us! In addition to our canine training classes, we have many exciting social activities. Enjoy group walks, brunches and "Yappy" Hours with your pup at local parks and restaurants. You can even bring fido along to our annual club picnic - Bark in the Park.

Our club is a great place to mingle with other dog loving people. Come to our monthly meetings and pick up tips and tricks, maybe catch a fun speaker and find out more about our club. Meetings are held from October through April on the third Tuesday at 1:00pm. Meetings are held at Fairway Recreation Center in the Arizona Room(s). Sorry, only Service Dogs are allowed to attend any indoor meetings/activities.

Membership is open to all RCSC Cardholders. Cost is \$10 per year. Please see our website at www.bestfriendsdogclub.org or call 602-639-1370 for more information. You can also email us at bfdcsuncity@gmail.com

Art and Craft Clubs	
Artists by the Lake: LV 402-304-2908	M-F 9a-4p; Classes & Open Painting Mem Mtg 12p 1st Tu LV SH 1 Art Show Sa-Su 2/4-5, 9a-3p LV SH
Artistic Stained Glass: BC 623-974-4765	M-Sa 8a-3p; M-Th 5-8p
Artistic Weavers & Fiber Artists: OM 230-253-3145 or oakmontfiberart.com	M-Sa 9a-3p Mem Mtg 3rd Th 1-3p
Calligraphy: SD 623-210-9137	Th & F 9a-11p; Classes M-T, Th-F 1-3p Club Open House Th 1/5 9-11am Potluck Party/Mtg Th 1/19 9-11a SD Aud Hall
Camera Guild: GR cameraguildsuncity.com	M-F 9a-12p; Mbr Mtgs: 1st Sat 9:30-11a & 3rd Wed 6-8p GR Sonoran Rm Potluck Social Tu 1/24 3-7p GR Sonoran Rm
Carvers: LV 847-287-1005 sccarversaz@gmail.com	Tu, Th, Sa 8a-12p LV Rm 213 Tools/Patterns available onsite; Gourd Art, Model Construction, Wood Carving
Ceramics & Porcelain: FW 623-972-5818; 217-710-9023	M-F 9a-3p; W 9a-7p; Sa 9a-1p Mem Mtg 1st Mon 9a
Ceramics: BC 623-974-6750	M-F 9a-3p, W 5-8p; Sa 9a-12p Mem Mtg 2nd F 9a
China Painting: OM 714-684-4286; FMI sccpc1@gmail.com	M-F 9a-3p Mem Mtg F 1/20, 10a-12p; Potluck 12-3p
Clay Club: GR 623-933-0899	M-Th 8:30a-8:30p; F-Su 8:30a-4:30p Mem Mtg 1st Wed 8:30a, GR Sonoran Rm
Clay Corner: MC 623-977-3167 ClayCornerMarinette.org	M-Sa 7:30a-9p; Su 8a-6p Mem Mtg 2nd W 8-11a MC Aud Yard Art/Lunch 3rd W 9a-9p
Crafts: BC 623-974-3497	M Th 9a-7p; Tu F 9a-3p; W 9a-8:30p No Membership Meeting this month Quality Control meets 1st M 1p BC MPR
Crafts: SD 412-225-8065 sundialcraftclub@gmail.com	Needle Craft M/Th 9a-1p; Heritage Albums 1st/3rd M 2-6p; Card Making Tu 1-8pm; Scrapbooking F 9a-8p Open Crafts W 9a-6p, Sat 9a-3p; Xmas Club Last Th 2-6pm; Mem Mtg M 1/9, 9a
Handweavers & Spinners: SD schandweaversandspinners@gmail.com	M 9a-12p; T/F 9a-12p & 1-3p; W/Th 9a-3p Mem Mtg 1st M 1p SD EH
Jewelry, Stained Glass & More: GR 262-993-4873; 623-322-4595	M-Sa 8a-12p; T-Th 8a-4p Mem Mtg 1st T, 10a
Knitters: FW 602-469-2505	F 8:30a-12:30p FW AZ Rms 3 & 4
Lapidary: BC 775-351-8721	M/T, Th-Sa 8a-3p; M 5-8p, W 8a-12p, 5-8:30a Mem Mtg 2nd Tu, 9a BC Team Rm
Leathercraft: LV 480-276-7583; larryvroom@cox.net	M W F 8a-3p
Metal: BC 623-974-8206 bellmetalclub@gmail.com	M-Sa 8a-4p Mem Mtg 2nd M 9a BC MPR
Palo Verde Artist: SD 503-635-7121 president@paolverdeartists.com	Su-Sa 8a-8p Mem Mtg & Demo 3rd Th 12-3:30p SD EH
Quilters on Grand: GR 970-261-1798	M-Sat 8a-4p; Mem Mtg 2nd F 9:30a
Sew-n-Sew: LV www.sewnsew.info - Check webpage for exact dates of classes	M-Sa 9:30a-6p Open Sewing Mem Mtg/Potluck/Show & Tell 1st Th, 10am
Silvercraft: BC 623-933-8442	M-Sa 8a-3:30p Mem Mtg F 1/13, 9:30-11a
SilverStones: SD 317-508-5959	M-F 8a-3p; Sa 8a-12p Mem Mtg M 1/2, 9a
Sterling & Stones: FW 612-987-9366 - Annual Dues \$15	M-F 9-3p Mem Mtg 2nd M 11a-2p, FW AZ #2

Stitchers: BC 315-778-9237 2019bellstitchers@gmail.com	M/W 12-8p; T/Th/F 9a-3p Mem Mtg 2nd Tu, 10a
Woodworking: BC 623-974-6058	M-W 8a-8p; Th-F 8a-4p; Sa-Su 8a-12p Mtg 4th Tu, 8am in Club Room
Woodworking: FW 623-738-7459	M-F 8a-4p; Sa 8a-12p Mem Mtg 2nd Th, 12p FW 133

Card and Game Clubs	
500: FW 815-909-6422 Robin	Mon 6-9:30p FW AZ Rm 3-4
Bunco Broncos: FW 623-377-5091	4th M 12-3:30p FW AZ Rm 1-2
Canasta: OM 480-886-9750	F 10a-2p OM Aud Doors open 9:30a; Dues \$5/Yr+\$1/week to play

Cribbage: LV 623-933-7044 Tony	Tu 1-4p; W 6-9p LV SH 3
Euchre: FW 623-693-2881; 623-533-5705	Tu 6:15-9:30p FW AZ 2-4; Doors open 5:15p Th 1-4p LV SH #3; Doors open 12.15p

Hand & Foot Club: LV 623-680-8276; 972-838-7512	W 6-9:30p LV SH 1-2; Meeting W 1/18 3:30-5p
Mah Jongg: MC 520-665-1789 - Claudie	Tu 11:30a-4p SD WH (National* & Chinese) Th 5:30-9p MC SH (N); Su 11:30a-4p MC SH (N)
970-231-3368 - Katie	* Must know National & have current league card

Monday Night Pinochle: OM 440-478-2530 Kim/623-217-8584 Beverly	M 5:45-9:30p OM Aud
Pinochle: OM 623-876-1895 Tommie 209-524-7358 Cheryl	Tu 11:30a-4p, Sa 11:30a-4p OM Aud
Sheephead: LV 623-933-7044; 623-999-4965	M 6-9p LV SH #3

Contract Bridge Clubs	
Wednesday Afternoon: OM 623-249-9169	W 12:30-4:30p OM Aud Please arrive by 12:15pm
Thursday Afternoon: OM 623-933-9671	W 12:30-4:30p OM Aud Please arrive by 12:15pm
Friday Afternoon: FW 623-933-9671	F 12:30-4:30p FW AZ Rm2 Please arrive by 12:15pm

Duplicate Bridge Clubs	
Duplicate (ACBL): LV 623-518-7916 or 623-640-5554	M Th F 1-4p LV SH 1 & 2; Doors open 12:15p; Arrive by 12:45p; Play at 1p; Must have partner
Kachina: SD 651-592-5939 Sharon 623-363-7199 Posy	M 12-4p SD WH; No Club Play 1/23

Dance Clubs	
Bell Tea: BC 480-370-3223 www.suncityaz.org/recreation/clubs/bell-tea-dance-club/	W 2-4p BC SH 1&2
Classic Rock Dance Club: BC 623-628-4401	1st, 3rd Sa; Doors 5:30p; Dance 6:30-9:30p BC SH 1-2; Members \$3, Guests \$6
Country Dance Club: SD 480-431-8278; 623-972-5127	1st/3rd Sa Open 5:30p, Dance 6-9:30p SD Aud

Club Directory

Friday Night Social Dance: SD 623-215-8718 www.suncityaz.org/recreation/clubs/friday-night-social-dance-club/	F 7-9:30p SD Aud; Lesson 6:15p \$5/members; \$10/guests; No jeans, shorts, etc.
Line Dance: SD 623-972-5127; 231-557-6555 suncitylinedanceclub.facebook	Tu & Th: 10a-1p; SD Aud; Relocated to FW 1/26, 1/31
Rockin' Thru The Years: SD 623-695-2039; 602-695-0209	2nd, 4th & 5th Sa: 6:30-10p; SD Aud

Squares: BC 623-694-7194 jr3me@yahoo.com	Lessons Tu 12:30-4:30p; Dance 6-9:30p BC SH 1-2 Lessons/Dance F 5:30-9:30p BC SH 1-2
Sun City Poms: MC 602-392-4242 scpoms@yahoo.com	M 8-11:30a MC Aud; Tu 1-5p MC Aud Th 8a-12p MC Aud

Tip-Top Dance: MC 253-381-1542	M 8a-1p; Tu 8a-12p; 4-8p MC SH M 1-2p MC Aud W 8-11a, Th 8a-12p, F 8a-12p MC SH Mem Mtg Th 1/12, 1p MC Aud
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Educational Clubs	
Apple Macintosh: SD 623-933-5300	M-Th 8:30-10:30a & 12:30-2:30p Mem Mtg Sa 1/8, 8:30a SD WH
Visit sunmacsclub.com for updates	
Computer Club: FW 623-933-8953 www.computerclubofsuncity.com/	M-Sa 8:30a-2:30p
Spanish Club: FW SunCitySpanishClub@gmail.com	Class Registration Tu 1/10, 5-8p FW AZ 1-2 M Tu W 8a-5p, Sa 10-11:30a FW 129

Fitness Clubs	
Aerobics: BC 815-289-5912 Judy 317-590-2622 Joann	M W F 6:30-11a BC SH 1&2
Aqua Fitness Club: SD aquafitnesssuncity.com 619-818-4380 Terry	Classes at SD, MC, MV, OM Pools Mtg/Reg: Sa 1/28 SD; Doors 8a, Mtg 8:30a Spring Session starts M 2/20, ends F 4/14

Dance for Fitness: SD Questions 503-580-4636 or 253-820-5453	Tu 9-10a BC SH 1&2; W 9-10a SD Aud; F 9-10a MV Aud
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FUNtastic Fitness: MC 260-413-3862 allykatrose@live.com	Relocation W 1/18 to OM Pilates M, F 1-2 MC SH Aerobics Tu, Th 1-2p MC SH Strength Training Tu, Th 2:10-3p MC SH
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Handi-Capables: SD 602-369-3819 handicapablesaz@gmail.com	T/Th 12-2p SD Warm Water Pool Mem Mtg 1st M 12p FW AZ 1&2
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Hatha YOGA: SD Yoga Room Email: HathayogaClub@gmail.com FMI visit www.hathayogaclub.org for class schedules & membership info	Mat & Chair-C Classes Offered M 8:30a, 10:30a, 1p-C; Tu 8a, 10a; W 10:30a-C, 6p; Th 10a, 1p-C, 6p; F 8:30a, 10:30a, 1p-C; Sat 9a
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Ladies Exercise: OM 928-890-9152	Tu & F 8-9a OM Aud
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So Grand Exercise: FW 623-972-6046 or 602-938-0707	M W F 7-9a FW AZ 1&2
Stretch 'n Slim: BC 402-578-6948	M-Sa 6:45-11:30a BC Aeorbics Rm Su 8-10a BC Aerobics Rm
Tai Chi: BC, LV, FW http://sctaichi.wix.com/sc-tai-chi-club email: suncitytaichi@gmail.com	Tu 9:45a 24 Form TC, 10:15a 5 Form Ess FW#3; Tue 6p Qi Gong LV SH#2; Th 9:30a Bal & Basics, 10:45a Beg TC, 12p Adv Beg TC BC SH#2, 12p Int TC BC SH#1, 1:15p Adv TC BC SH#2

Zumba Club: SD 623-583-2065 Visit https://suncityaz.org/recreation/clubs/ zumba-fitness-club/ for specific class info	No Classes Tu 1/24, Tu 1/31 M W F 11-1p BC SH; Tu 6-8p SD WH; Th 6-8p MC Aud; Sa 8-10a MC Aud No Class Tu 1/17
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Hobby Clubs	
Armchair Travel Club: FW 623-476-2811; FMI visit https://suncityaz.org/recreation/clubs/armchair-travel-club/	Every W 7p FW AZ 1
Birding Club of Sun City: BC tjlempidonax@gmail.com 602-616-7459 Leave Message	Mem Mtg W 1/11, 10a FW AZ 1-2
Duffeeland Dog Park: Talisman 623-810-0208	Mem Mtg Tu 1/7, 9a-12p FW AZ #1
Garden: GR 719-338-0131	Office MWF 9a-12p; Greenhouse M-Su 9a-2p Mem Mtg 1st Tu 8:30a SD Aud
Model Railroad: FW 480-634-0106	Mem Mtg Tu 1/10, 10a FW Rm 133 FMI visit suncitymodelrailroadclub.com
Model Railroad Museum: FW 480-634-0106	T, W, Th 9a-12p; Sat 9a-1:30p
Rockhounds: SD srockmuseum@gmail.com	2nd Th 6p FW AZ 1-3
Mineral Museum: SD 623-428-6442	M-W, F Sa 10a-1p

RV Club: SD silvercreek ranch1@hotmail.com	Mtg/Potluck 4th Tu 4p SD Aud 1st W in Jan 5-9p Games BC MP Bldg Caravan Mtg 4th F 9-11:30a SD WH
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Stamp Club: MC 602-329-8905	Mtg/Auction 1st M, 7-9p MC SH Member Meeting 1/2 7-9p MC SH
Vintage Vehicles: GR 602-609-0973 https://www.vintagevehiclesofsuncity.com/	Mem Mtg 3rd Tu 1pm LV Social Hall Shop Operations M-Sa 8a-4p Car Show F 1/6, 2-5p BC SE Lot Annual Party Sa 1/7, 4-10pm FW AZ 1-2

Performing Arts Clubs	
Sun Cities Community Orchestra: FW 623-582-9964	W 8:30a-12p FW Music Room
Choraliers: MV www.suncitychoraliers.com	3rd M, 7pm MV Aud - Note New Location Rehearsals resume 1/16
Concert Band: FW 602-625-5211	Rehearsals Tu 9-11am FW Music Room
Handbell Ringers: FW 602-799-1947 doreenC4488@gmail.com	F 8:30-11a FW Music Rm
Piano: SD 623-444-4483	3rd F 9:30-11am SD Aud Annual Concert M 1/17, 7pm SD Aud
Sun City Players Community Theater: MV Email 13quipster@gmail.com or visit suncityplayerscommunitytheater.org	Clubhouse Workshop W 9:30-11:30a Gen Mem Mtg/Entertainment 3rd M 7p Winter Production F-Su 1/13-15, Th-Su 1/19-22 "The Curious Savage" - Get Your Tickets Now

Rhythm Ramblers: FW 602-717-7246	Rehearsal Tu 1-5p FW Music Room
Ukulele: FW 480-276-3780 (Oct-April) 920-410-6932 (May-Sept)	Dance 1st Tue 1:30-3:30p Th 3-4:30p FW Music Rm Mentorship 1st/3rd Th 1:30-2:30p FW Music Rm 1st/3rd W 1:30-2:30p Acoustic Jamming Open Mic Party Th 1/19, 5-7p FW AZ 1-2

Women's Chorus: FW 602-625-6126	Th 8:30-11a FW Music Rm Rehearsals resume on 1/5
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Political Clubs	
Democratic: FW 602-529-5778	1st Th 6p FW AZ 1-2 M 9am Starbucks-Bell; 2nd Tu 4-6p Angry Crab Canned Goods Collected for Food Bank at Mtgs Th 1/17, 6p SD EH Note change of meeting date

Republican: SD suncitygopclub@gmail.com	
Social Clubs	
Best Friends Dog Club: FW 602-639-1370 bfcdsuncity@gmail.com	General Meeting Tu 1/24, 1:30-4p FW AZ 1-2

Fairway Readers: FW 623-570-7394 arabella_thorne@juno.com	2nd F 1-2:30p FW AZ #1 Books can be reserved in advance at FW Library w/ MCLD Card
Hospitality Club: MC 623-341-1226	Sat 11a-5p Friendship Corner - Cards/Games
Illinois Club: FW 775-722-1167	Social Mtg 4th Th 6:30pm FW AZ #3 Mem Mtg Th 1/26, 5:30p
List of activities at https://suncityaz.org/recreation/clubs/illinois-club/	
LGBT of Sun City: OM Aud lgbtclubofsuncity@gmail.com	Meet 2nd Th & 4th W 6pm OM Aud

Men's: SD 623-977-5116	M-Sa 7a-4p; Poker M 4-9p Bingo Th SD Aud - Doors open 4p; Play at 6:15p
Michigan Friends in Sun City michigan2arizonacub@gmail.com	3rd W 4-6p BC MPR Last Monday 2:30-5p Cards BC MPR
Call or text 623-910-1522 to RSVP for Euchere/Cards on last Monday	

New England: LV 623-215-3637; 802-233-3721	Sa 1/14, 5p LV SH 1
NextGen: SD 920-878-0104	1st & 3rd M 6:30-9p SD Aud/E&W Halls 2nd & 4th F 1-4p Card Play, Talisman 1st-3rd Th 1-4p, 4th Th 4-9:30p Card Play BC MPR
Visit nextgensuncity.org/ for all events	

Singles Social Club: FW 602-769-3634 https://suncityaz.org/recreation/clubs/singles-social-club-of-sun-city/	1st F Potluck, 3rd F Game Night 6-9p FW AZ 3-4 Breakfast Sa 8:30a, Brothers Rest 8466 W Peoria Sun City Frat Club FMI whyputt@gmail.com or 702-296-4653 donnalynn1107@aol.com or 623-628-4401
Wisconsin Club: SB 608-852-4227 or 715-308-9964	Save the Date! Wis Day Picnic 3/9/2023 To volunteer, email Gene: gstash38@msn.com
Women's Social: LV 623-826-8900	M-Su 9:30a-4:30p W 6-8p - Game Instruction for Mah Jongg, Poker, Hand & Foot, Bridge

Sport Clubs	
Basketball: MC 206-459-3242; 604-313-3190 charlespeterson@comcast.net	Pick Up Games in Villanueva Community Center 3:30-5p Oct - April
Billiards: Bell Billiards Room 315-806-0067	Tu 11a-4p; W 8a-1p; F 11a-4p; Sa 12-5p
Billiards: LV Billiards Room 623-296-4869; 602-319-0783	M-Tu, Th 8a-12p; W 9a-1p Ladies M, Th 8:30a-12p; Singles: 8 Ball M 8a-12p; 10 Ball W 9a-1p; 9 Ball Th 1-5p, F 8a-12p Doubles: 8 Ball Tu & Th 8a-12p Traveling League Play Tu 1-4p Open Play: Th 12-4p; Su 1-5p
Bocce: SD 623-693-2881	Daytime Tournaments: Every M-W, F 12-4p; Playoff Sa 1/28, 1pm
Check the Club House Bulletin Board or online at https://suncityaz.org/recreation/ clubs/bocce-club/ for complete schedule	2-Person Tournaments: Every Th 9a-12p Open House Sa: 1/21, 12-3p Deaf Bocce M 1/2-30, 9a-12:10p M T W 5:30-8:30p, Th 6-8p, Sa 1-3p

Dart Club: BC 623-203-9715	
Lawn Bowls: BC 780-566-8568	M W F 2-4p; F 5-8p; Sa 2-4p
Lawn Bowls: FW & MV 360-303-9722	Tu Th Sa 8:30-11a MV Club Bowling W F Su 8:30a-1p FW League Bowling

Lawn Bowls: LV (Sun City Club) 734-673-8908	Mondays 12-5p
Lawn Bowls: LV 623-974-3214	Tu Th Sa 8:30-10:30a; 2:30-4p
Lawn Bowls: OM 623-792-5202	M W F 8:45-11:30a; Su 1:45-3:15p
Mini-Golf: LV 602-550-0733; 602-999-7011	New Year's Party Su 1/1, 1:30-5p Golf W 1/11 10a Bell; W 1/25 10a SD Mem Mtg Tu 1/10 9a LV SH #1

Pickleball: MC, MV scpickleball002@gmail.com	Contact Club for Times & Activities Member Mtg M 1/16, 4-6p MC Aud
Contact Club for Times, Other Activities	

Shuffleboard Bell: BC 612-471-7045	M Tu F 1-3:15p Christmas Party W 1/11, 5-8p Talisman
Shuffleboard Outdoor: LV	M W F 1-4p LV Winter Party W 1/31 3:30-8p LV SH #1

Shuffleboard Sundial: BC 408-427-2056	Th 5:30-9p BC Cts
Softball (Senior): Sun Bowl 517-526-4873; 509-264-3088 www.azsoftball.com	League Play T Th F Sa 7a-5p AL Draft M 1/9, 11:30a-1:30p Talisman

Sportsmen: GR Dan 319-431-3563	Archery M-W Sa 9-11a, Tu 6-8p Mem Mtg 3rd Th 8-9a GR Sonoran Room
Sun City Yacht Club: LV 360-566-7076/206-802-8622	Closed due to Viewpoint Lake Renovation Project
Swim Club-Masters: BC 406-546-9776	M-F 7-9a BC Lap Pool M/W 2:30-4p Yoga for Swim Club BC Aerobics Rm

Table Tennis: BC 602-291-5369; 847-421-5211	Starrs Mem Mtg W 1/25, 10:30a LV SH #1 After Holiday Party Sa 1/21, 4-9p LV SH #1 W 8:30-10a SD
Swim Lessons: 480-467-8966	M 10a-3p; W F 10a-4p; Tu Sa 10a-12p

Tennis: BC 608-792-1957; melvindhaus@gmail.com	Club Member Social Play Sa 1-2:30p BC Team Play Su 1/8, 14, 22, 1-2:30p
https://suncitytennisclub.wixsite.com/suncitytennis	Winter Party Sa 1/28, 5-9p LV SH 1-2
Volleyball: 206-459-3242 charlespeterson@comcast.net	8-10:30a W & F Villanueva Community Ctr

Water Volleyball Club of SC: OM 480-297-6783; WVCoFSC@gmail.com	Su M W F 12-3p Mem Mtg Su 1/15 3:30-5p OM Aud
Whisperball of Sun City: BC 623-216-9466	M W F 8:30-9:45am, 1:30-3:30p; Tu 1:30-3:30p Th 6-8am, 1:30-3:30p BC Racquetball Courts

Club Directory Key:	
M = Monday	BC = Bell Center
Tu = Tuesday	FW = Fairway Center
W = Wednesday	GR = Grand Center
Th = Thursday	LV = Lakeview Center
F = Friday	MC = Marinette Center
Sa = Saturday	MV = Mountain View Center
Su = Sunday	OM = Oakmont Center
a = A.M. & p = P.M.	SD = Sundial Center
Area codes 623 unless noted.	SB = Sun Bowl

Important Dates for Clubs to Remember!

January	
5	SunViews submissions due for February
10	Guest Attendance Register & guest fees due
10	Monthly Attendance Spreadsheet due
18	Discover Sun City AZ at Sundial Center
31	Club Annual Financial Statement due
31	IRS Form 1099 due (For Independent Contractors paid \$600 or more)

February	
5	SunViews submissions due for March
10	Guest Attendance Register & guest fees due
10	Monthly Attendance Spreadsheet due
March	
1	Club Membership Roster due
5	SunViews submissions due for April
10	Guest Attendance Register & guest fees due
10	Monthly Attendance Spreadsheet due

Piano Club of Sun City

The 2023 New Year celebration doesn't end on January 1st! Continue celebrating with the Piano Club's annual "An Evening to Remember" concert on Monday, January 30, 2023 at 7pm in Sundial Auditorium. Treat yourself to this free presentation featuring local accomplished pianists.

Piano Club classes resume January 9, with four Monday eight-week sessions ranging from beginner to more accomplished levels by Gloria Lien. Priscilla Pinches offers two eight-week classes beginning Tuesdays on January 10 with a beginner class at 9am, and the intermediate class at 10am. Classes are held in the Piano Club Studio on the second level of Sundial Recreation Center, above the pools. For club membership, class registration and more information, visit <https://suncityaz.org/recreation/clubs/piano-club>. All RCSC cardholders are welcomed to join.



In addition to classes, the Piano Club continues its monthly meeting concerts the third Friday of each month in the Sundial Auditorium. Check out the entire schedule on the club website.

Afternoon

We play Contract Bridge at three locations: Wednesdays and Thursdays at Oakmont Auditorium and Fridays at Fairway AZ Room #2. Same time at all locations: 12:30 to 4:30pm; Arrive by 12:15pm for any announcements and to pair with a partner.

Annual dues are \$5 for each club plus 50 cents each day for prize money. Slams are paid from the treasury. You must be present to collect your winnings. We enjoy 4 rounds of play, including six hands each round, changing partners after each round.

Visitors are welcome to play twice for \$1 each day before being required to join. Guests of members are allowed to play any time for \$3 each day. Please note that club members have priority over visitors and guests if there are excess players for the day.

Club membership is open to all RCSC cardholders. You are welcome to join any or all three clubs. Please bring RCSC member card with photo. Come for an afternoon of intellectual stimulation in a friendly environment. For more information, contact Jack at 623-249-9169.

Swim Club of Sun City

Swim Club offers both masters level swim sessions and swim lessons. The masters meet each weekdays (Monday-Friday) at the Bell Pool (regulation 25 yard lap lanes with flags) from 7 to 9am. There are both fitness and competition training swim workouts. Anyone is welcome to join.

Swim lessons are held on Wednesdays at 8:30am. Lessons are at the Sundial pool from November 1 to March 31 and at the Lakeview pool from April 1 to October 31. You don't have to be a swimmer to start in the lessons, where we will take you from the beginning to being a masters level swimmer. More information about swim lessons can be obtained by calling 480-467-8966.



There are also social events held during the year outside of the pool. The club welcomes new members. Swimming is one of the healthiest activities for mind and body, come try it for yourself. For more information about the Swim Club, please call 406-546-9776.

Volleyball Club of Sun City

Yes, there is a Volleyball Club in Sun City! While we do not have an indoor venue in Sun City yet, we are working with RCSC to provide an appropriate place to play.

You may ask, "Why play volleyball?" The activities required when playing volleyball strengthen the upper body, arms, shoulders, thighs, abdominals, and lower legs. In addition, volleyball improves hand-eye coordination, reflexes, and balance.

Here are a couple of nearby community centers that provide opportunities to play during the week:

Villanueva Community Center
15660 N. Hollyhock Street
Surprise, AZ 85378

Open Volleyball: Wednesdays and Fridays from 8:00 to 10:00am
Register at Surprise Parks & Recreation - 623-222-2000 and visit the Seniors Volleyball website at <http://azseniorvball.org>

Rio Vista Recreation Center
8866A W. Thunderbird
Peoria, AZ 85381
623-773-8600



Open Volleyball: Most Tuesdays & Thursdays from 8:30am to 12:00 Noon
Call in advance as they are closed on holidays and sometimes they have the gym rented. There is a fee to use the facility, but if you have a Silver Sneakers Card, Silver & Fit Card or a Renew Active Card it is free.

If you would like more information and/or want to find out about being a member of our club please contact Beth Jackson (206-755-2995, email nanajet127@yahoo.com) OR Charlie Peterson (623-208-0253, email charlesapeterson@gmail.com)

We look forward to meeting you and playing some volleyball!

Garden Club of Sun City



Whether you have a potted plant on your kitchen table, or a magnificent garden, this is the club for you.

The Garden Club of Sun City meets on the first Tuesday of the month September through May from 8:30 to 10:30am at Sundial Center. We have presentations about all aspects of gardening including care for fruit trees, cacti, flowers, and vegetables. Master gardeners are available to provide answers to your gardening questions. We enjoy social events four times a year, and field trips to points of interest to gardeners.

The club sponsors the community garden at 9106 W. Greenway Road, and leases various sized garden plots to our members. "Pete's Patch" is the communal garden from which crops are donated. Stop by the community garden during an open house from 9-11am on the third Saturday of the month January through April. The Club also

operates a state-of-the-art greenhouse facility at the Grand Center location which allows early starts of bedding plants, hydroponics, Orchids and African Violets. The Sun Bowl Rose Garden is another part of the Garden Club where you can learn about rose gardening while helping to maintain this beautiful area. Stop and smell the roses - as they say!

The Club office at Grand Center is open 9am to noon, Monday, Wednesday, and Friday. Membership dues are \$10 per year and open to all RCSC cardholders. For more information call 623-875-5921, email gardenclubofsuncity@gmail.com or visit our website at gardenclubofsuncity.org. If you love growing things, or love people who love growing things, then we would love to have you join us!

Bell Silvercraft

Bell Silvercraft started featuring a new artist in our store bi-weekly beginning last month. Our first featured artist was Ann Babcock, the 2022 out-going club President. Ann was also club president in 2015, 2016, and 2021. She joined Bell Silvercraft in 2010.

Besides taking on the duties of monitor chairperson, Ann has been in charge of running the store and has headed up the operations for the craft fair. Ann moved to Sun City in 2009 from Colorado. She is originally from Nebraska where she spent years as an operating room nurse until retirement. She says her current favorite piece of jewelry is whatever she is working on at the moment. She likes to do all kinds of things. She also says the best part of the club are the friends she has made.

Our silvercraft store offers unique one-of-a-kind pieces. All of our jewelry is sterling with a little copper and brass mixed in. We also have a few pieces of 14k gold in addition to an extensive display of turquoise along with a variety of other stones.

Located in the Bell Center at 99th Avenue and Bell Road, the club and store hours are Monday through Saturday from 9am to 3pm. Please stop by and check out our unique hand-made work and look for our changing featured artists.



Sun City Choraliers



After nearly 18 months of no singing, The Sun City Choraliers gathered post-pandemic in the fall of 2021 under interim director Janet MacDonald and accompanied by Marliss Danielsen. The Choraliers put together a short program and sang at the Sundial post-Thanksgiving craft fair and Glencroft Retirement Community in Peoria.

Spring Season 2022 included a small performance for Sun City family and friends at the Fairway Music Room in March under the direction of Elizabeth Jong and accompanied by Janet MacDonald. Singers included: Mike House, John Mattson, Brad Wiggen, Joe Ford, Jim Rasmussen, Pete Van Stelle, Jim Czuchra, Herb Hyland, Sue Swanson, Rita Van Stelle, Patty Mason, Judy Lueck, Angy Felcyn, Joan Behrens, Lois Mennefee, Celeste Hyland, Carol Fagerlund, and Barb Wyman.

Sun City Choraliers were on hiatus for the 2022 Winter Season. The annual meeting of the membership in December voted to merge the Choraliers into the umbrella of the Sun City Players Community Theater. Herb Hyland was elected Chairman of the Choraliers committee that will be part of the Players Club. Meetings are scheduled for the 3rd Monday each month at 7:00pm in the Mountain View Auditorium beginning January 16. For more information, please contact Herb Hyland at (303) 921-6019.

Kachina Bridge



Welcome to Kachina Duplicate Bridge! Don't let duplicate bridge scare you off. We will help you. Kachina Duplicate Bridge Club is a non-sanctioned, friendly bridge club which welcomes all RCSC Cardholders in good standing. You can play up to three times to see if this is the club for you. Bring a partner or contact Sharon at 651-592-5939 or text Posy at 623-363-7199 to see if a partner is available.

Kachina Bridge meets on Mondays in the Sundial West Hall from 12:15-4pm. Annual Membership fee of \$5.00; Each session fee is \$2 per member and \$4.50 per guest (not an RCSC Cardholder). Cash prizes are awarded to the top 3 or 4 pairs.

Sew N Sew Club



2022 was a very busy year for the Sew N Sew Club, helping with many projects associated with the many disasters across the world this past year. Early on, a devastating tornado hit Kansas and literally destroyed several towns. Our club came together and made pajamas and clothing for the children. We sent out around 75 articles of clothing to a church for distribution. Several workshops were also held to make blankets for the babies affected by the war in Ukraine. To date we have sent out almost 400 blankets to this war-torn area. Our major charity has been sewing for the children of our U.S. service men and women at Luke Air Base and we have delivered over 420 articles to the base so far this year!

Our members also have worked at the Banner Health Olive Branch Senior Center doing "Monday Mending" for those needing minor sewing and fabric repairs. While there is currently no space for the Menders at the center's existing location on 107th, once their new facility at Grand and 103rd Avenues is complete, there will be adequate space to resume this mending program.

Sew N Sew is located at Lakeview Center on the second level (room 218). We are currently open Tuesday, Thursday and Saturday from 9:30am to 3:00pm. The club has sewing machines, sergers and embroidery machines as well as a couple of Accu-Quilt cutters for members to use. Why not come sew with us? We'd love it if you would!

Palo Verde Artists

Palo Verde Artists, a group of artists, encouraging people to start their creative journey. A place where encouragement, engagement, and a social atmosphere are the group's mainstay. We have something to offer everyone and welcome beginners through advanced skills in different media, with opportunities in a variety of classes taught by skilled instructors.



Five Reasons for joining Palo Verde Artists:

1. Classes – Watercolor, oil, pastels, acrylic, colored and graphite pencil, pen and ink, drawing classes of all skill levels. Workshops and open studios are held regularly.
2. Exhibits and Sales – Eligible members may exhibit and sell their work in the Club room, Palo Verde Show in March, and the Sun City Arts & Crafts Festival in November.
3. Art Room – Easels, worktables, and a library of art books are available for use anytime there are no classes in session.
4. Sharing – Critiques, ideas, getting to know fellow artists in the club. A valuable commodity.
5. Yearly dues, \$10. Membership is available to RCSC Cardholders.

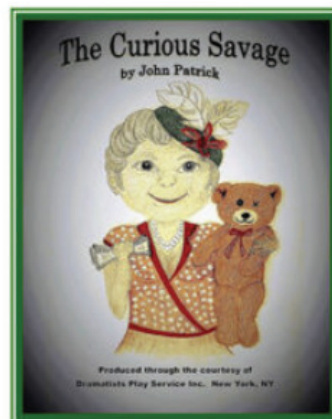
Visitors and new members are encouraged to enjoy monthly gatherings in the Sundial Center East Hall, October through May, on the third Thursday of the month beginning at 12:00pm. Visit us at www.paloverdeartists.com. We are located on the upper level at the Sundial Recreation Center.

Sun City Players Community Theater Presents “The Curious Savage” Directed by Jim McConnell

The Curious Savage is the story of an elderly widow (Mrs. Savage), whose husband has left her \$10 million dollars which she intends to give away to people who wish to pursue their “foolish dreams,” but her stepchildren strongly object and have her committed to a mental health sanatorium. It is there among the gentle residents that she finds her true family. This is a warm comedy that compares the kindness and loyalty of psychiatric patients with the greed and hostility of so-called “normal people.”

Performance Dates:
Friday, Saturday, January 13-14, 20-21 at 7pm
Sunday, January 15, 22 at 2pm

Tickets: \$15/person
Purchase online at:
www.suncityplayerscommunitytheater.org/
OR In-person at Fairway Center
Monday-Thursday, January 9-12, 16-19
10:00am to Noon



It has been a little over a year since the new Vintage Vehicles shop opened at the RCSC Grand Center and it is a special place for all who take advantage of all that it offers club members.

But Vintage Vehicles of Sun City (VVSC) is much more than just a car shop. The club hosts many events every month which include cruise-ins at various locations in Sun City. The club also tries to fill requests from outside groups - from supplying cars for parades to impromptu cars shows at senior care facilities within Sun City.

The shop offers a state of the art, fully equipped building with space for approximately 15 project vehicles inside, and another 6-8 outside under cover. The main shop has 3 lifts, wheel/tire mounting, balance machine, drum rotor lathe, milling machine, metal lathe, parts washer, and compressed air. This is a fully-stocked tool room and each workstation has a basic tool box to get you started.



Another area is primarily set up for metal fabrication and body work. This room is dedicated for welding and cutting equipment. We have many talented people that offer classes on all of our equipment and will teach you how to safely operate the tools needed. Shop monitors are always on hand to oversee and assist in getting the right person to help you, if needed.

Vintage Vehicles annual fundraiser is the Spring Fling Car Show each March at the Sun Bowl Amphitheater - one of the largest shows in the west valley with an average of 250 classic cars, trucks and motorcycles. There is fun for the whole family in this carnival-like atmosphere with games, door prizes, 50/50, food, music and more.

You don't have to own a classic auto to join in the fun. The club is open to anyone with a current RCSC Member or Privilege Card. The club hosts a potluck dinner that is very popular, a ladies' luncheon, and outings to points of interest all over the valley - and sometimes beyond.

VVSC also has a few other “special interest groups” which meet on a regular schedule: Motorcycle enthusiasts may enjoy going along on the weekly rides, usually a four-hour ride to a pre-determined location with a stop for lunch. If 4-wheeling in an off-road vehicle is your hobby, we've also got a group for that. There are shop projects available for anyone interested who wishes to lend a hand. Currently we're working on a 1924 Ford that will be used as our club “mascot.”

We would love to give you a tour of the facility. Stop by the shop located at 10411 W. Grand Ave. in Sun City (phone 602-609-0973) or visit our web site at <https://www.vintage-vehiclesofsuncity.com/> for more information.





Just	drop in to the Sun City or Fairway Library to see what great facilities and collections we have. The Friends are so proud of our Libraries, and wish every Sun City citizen was aware. If you have been to either Library, you know. If you haven't, make a New Year's resolution to do so. As they say, "Try it; you'll like it."
Access	the special features of either Library. If you aren't aware of them, here are a few: 21 computers, charging station, Citizen Science Kits, curbside pickup, Chromebook-to-go, Hotspot-to-go, low vision resource center, printing, seed library, ukuleles, wi-fi, 28,000 items, access to all MCLD Libraries. For more info, mclnaz.org.
New	to Sun City? Not aware of our Libraries? Not aware of our Bookstore? The Sun City Library is located at the Bell Recreation Center, 16828 N. 99th Ave. The Fairway Library is located in the Fairway Recreation Center, 10600 W. Peoria Ave. Books Around the Corner is located in the rear of the Sun City Library.
Uses	you need from a book you would like to keep are usually found in the large collection in Books Around The Corner. The well organized shelving pattern, unbeatable prices, and wide variety of used books sorted categorically makes shopping fun. Magazines, puzzles, DVDs, CDs, and audio-books are also available.
Available	hours: Sun City Library: Mon. 9 a.m.-7 p.m, Tue.-Sat. 9 a.m.-5 p.m. Fairway Library: Mon.-Sat. 9 am.-5 p.m Books Around The Corner: Mon.-Sat, 9:30 a.m.-3:30 p.m. by phone: Libraries, 602-652-3000; Bookstore, 602-651-2014
Readily	accessible seems to be the motto of both of our Libraries as well as our Bookstore. The Libraries are full of new selections in addition to old favorites. If materials are not locally available, a trip to mclnaz.org enables you to order what is needed. Likewise, a trip to suncitylibraryfriends.org leads you to Friends concerns.
Yeah	How fortunate we in Sun City are to have such excellent facilities with quality materials. The staff and volunteers in the Libraries are readily available to help. Although facilities are laid out to be most convenient, any question is welcome. The volunteers in Books Around the Corner will lead you to your used book needs.

Happy New Year!

Water Conservation

Resolve to Save Water in the New Year

Why not make a New Year's Resolution that you'll surely be able to keep? Here are just a few ways that you can resolve to conserve water in 2023. These simple changes in your water use habits can help you save money on your monthly bills as well.

- Running the dishwasher or washing machine with full loads
- Shorten your shower by two minutes can save 5 gallons!
- Switch to a desert landscape
- Adjust irrigation so plants are being watered the proper amount
- Check for leaking faucets, toilets and make necessary repairs
- Use a broom instead of a hose to clean your driveway, patio and sidewalks
- Thaw your food in the refrigerator instead of under running water
- Consider switching over to energy and water efficient appliances

Happy New Year! Resolve to save water this year and make a difference for years to come!



Looking for work? RCSC is looking for YOU!

Are you looking for a job working for a GREAT company with GREAT people? Did we happen to mention GREAT benefits? Positions are available at RCSC recreation centers and golf courses.

Learn how to apply, locations of available positions with job descriptions, and hourly pay rate at the link below. Please direct all questions regarding employment to the RCSC Human Resources Department online at:

<https://suncityaz.org/rcsc/employment/>



FREE MOVIES

Wednesdays at Marinette
Saturdays at Mountain View
Show Times: 2pm & 7pm

Popcorn is no longer being served
but you may bring your own beverages & snacks.

Get the monthly movie listings directly
by either signing up to receive RCSC News Email Alerts
or via the RCSC Web Portal.

Tips from Get Fit for Life

The Importance of Pillar Strength

“We all have a tendency to think that movement initiates with the limbs, our arms and legs,” states Jane Fortier, fitness specialist with Get Fit for Life. “In reality, all movement starts from the very center of the body, the core area of the torso. Think of this area as a PILLAR – the structural center of all movement. The way we maintain that PILLAR, and its alignment and function, directly correlates to the health of our organs and how our bodies navigate.”

PILLAR strength is the foundation of movement. PILLAR strength depends on core, hip and shoulder stability. These three areas give the body a center axis, from which to move. If comparing the body to a bicycle wheel, the body’s hub would be the PILLAR; the body’s spokes would be the limbs. The hub must be perfectly aligned so that energy can be transferred through the spokes to the entire body. It’s impossible to move our limbs efficiently, and with force, unless those limbs are attached to something solid and stable. When the PILLAR is strong, energy that is transferred through the limbs, helps the body move efficiently. As a step is taken, force passes evenly through the foot, calf, hip – right up the PILLAR and through the top of the head. This efficient movement means less wear & tear on joints. When the PILLAR is weak, the force initiated with each step will begin to dissipate at the hip, and the body starts to compensate. Compensation means more pressure on the knees and lower back. Over time, this can cause degenerative problems.

Without PILLAR strength and good posture, the potential for injury occurs. That injury follows a chain, which descends to the lower back, knees and ankles, or ascends to the elbows and shoulders. Everything in the body is connected and related to the strength of the PILLAR. For every action, there is a reaction. If one muscle moves, it causes another to react. Muscles elongate and muscles retract. This dynamic, multi-planar transfer of energy goes from front to back, side to side, and top to bottom to create movement. That movement will be fluid, IF a person has a strong PILLAR.

All movement starts from a remarkable muscle called the Transverse Abdominis. The TA is the body’s natural “weight belt”. Strong TA muscles improve overall PILLAR stability. The Transverse Abdominis muscle originates from the lower spine and wraps around and attaches to the ribs, abdominals and pelvis. Drawing the belly button in toward the spine and up toward the ribs, essentially tightens the Transverse Abdominis, ensuring the protection of the pelvis and lower back. For many people, the ability to fire the TA has been lost, due to a sedentary lifestyle. It’s possible to re-train the Transverse Abdominis to fire correctly. Doing so requires a conscious effort, but can become second nature over time.

Another area that requires attention for improving PILLAR STRENGTH is the shoulders. With age, shoulders begin to slump forward. It’s important to lift the chest, at the same time the navel is pulled back to the spine. Doing so pulls the shoulder blades down and back, aligning the shoulders correctly for good posture. Perfect posture refers to the “best stance” for optimal movement and PILLAR stability. When posture is perfect, the ears align with the shoulders, hips, knees and ankles. Concentrating on “pulling the navel inward” and “lifting the chest upward” is a good beginning to improving posture. This should be done on a daily basis as adults begin to age. Once these basic body alignment issues are addressed, specific muscle strengthening exercises for Core, Hips, Back, and Abdominals are needed to further insure PILLAR stability, and the body’s ability to navigate safely.

Get Fit for Life personal trainers are experts at developing exercise programs that address all of the above concerns, and many more individual needs. To find out more about personal training services in the Sun City Fitness Centers, call Get Fit for Life at 623-696-6820, or visit Get Fit for Life, Sun City AZ on Facebook.

MONITORED ACTIVITIES			
Basketball	Minimum Age: 8	Pickleball	Minimum Age: 8
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Billiard Tables	Minimum Age: 14	Mountain View: Outdoor	M-Sa: 6a-7p; Su 8a-7p
Bell Lanes	M-Sa: 8a-9p; Su: Noon-8p (9/1-4/30)	Racquetball/Whisperball	Minimum Age: 8
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p	Bell Center Courts A & B	M-Sa: 6a-9p; Su: 8a-8p;
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p	Closed for Club/Class: M-F 1:30-3:30pm	
Bingo	Minimum Age: 18	Shuffleboard	Minimum Age: 8
Sundial Center	Thursdays: Doors Open 4:30p; Bingo 6:15p \$9 all 18 games w/3 special games Everyone welcome.	Bell Lanes: Indoor	M-Sa: 8a-8p; Su: Noon-7p
		Lakeview: Outdoor	M-Sa: 6a-7p; Su 8a-7p
Boating/ Fishing	Minimum Age: 6/NA	Spas	Minimum Age: 16/18*
Lakeview Center	Closed for Viewpoint Lake Renovation	Bell Center - 18+ only*	M-Sa: 5a-9p; Su: 8a-8p
Bocce Courts	Minimum Age: 8	Fairway Center	M-Sa: 5a-9p; Su: 8a-8p
Sundial Center	M-Sa: 6a-9p; Su: 8a-8p	Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p
Bowling Lanes	Minimum Age: 4	Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Bell Lanes	M-Sa: 8a-9p; Su: Noon-8p (9/1-4/30)	Oakmont Center	M-Sa: 6a-7p; Su 8a-7p
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p	Sundial Center - 18+ only*	M-Sa: 6a-9p; Su: 8a-8p
Dog Parks	Minimum Age: NA	Swimming Pools - Open Swim Hours	
Duffeeland	October - April: 7am-6pm Closed last Wed/month for Maintenance	Bell Center - 18+ only	Minimum Age: 18
		Lap Pool: M-Sa: 5a-9p; Su 8a-8p; Closed for Club/Class: M-F 7-9a	
Darts	Minimum Age: 8	Walking Pool: M-Sa: 5a-9p; Su 8a-8p	
Bell Center	M-Sa: 8a-9p; Su: Noon-8p (9/1-4/30)	Fairway Center	Minimum Age: 16
Fitness Centers	Minimum Age: 14*	Lap Pool: M-Sa: 5a-9p; Su 8a-8p	
Bell Center - 18+ only*	M-Sa: 5a-9p; Su: 8a-8p	Walking Pool: M-Sa: 5a-9p; Su 8a-8p	
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p	Lakeview Center	Minimum Age: 4-15*/16
Lakeview Center	M-Sa: 6a-7p; Su 8a-7p	M-Sa: 6a-7p; Su 8a-7p; Closed for Club/Class: W 8-10a (April-Oct only)	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Children's Pool Hours - Ages 4-15 yrs: Daily 4p-Close*	
Mountain View Center	M-Sa: 6a-7p; Su 8a-7p	Marinette Center	Minimum Age: 4-15*/16
Oakmont Center	M-Sa: 6a-7p; Su 8a-7p	M-Sa: 6a-9p, Su: 8a-8p; Closed for Class: Tu, F 9-10am	
Sundial Center - 18+ only*	M-Sa: 6a-9p; Su: 8a-8p	Children's Pool Hours - Ages 4-15 yrs Daily 1-4p*	
Horseshoe Courts	Minimum Age: 12	Mountain View Center	Minimum Age: 4-15*/16
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	M-Sa: 6a-7p; Su 8a-7p;	
Mountain View Center	M-Sa: 6a-7p; Su 8a-7p	Children's Pool Hours for Ages 4-15 yrs - Daily 10a-1p*	
Jogging / Walking Track	Minimum Age: 14	Oakmont Center	Minimum Age: 16
Indoor		M-Sa: 6a-7p; Su 8a-7p	
Fairway Center	M-Sa 5a-9p; Su: 8a-8p	Closed for Club: Every Su M W F 12-3p; Spa, Swim Lanes remain open	
Sundial Center	M-Sa only: 6a-8a	Closed for Class: M-Tu, Th-F 9-10a, Swim Lanes closed	
Outdoor	Minimum Age: 8	Sundial Center - 18+ only	Minimum Age: 18
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Large Pool: M-Sa: 6a-9p; Su: 8a-8p; Closed for Class: M Tu, Th F 8-10a	
Sun Bowl	Dawn to Dusk	W 8:30-10a for Swim Lessons (Nov-Mar only)	
Library (602) 652-3000	Call to confirm hours	Warm Water Pool: M-Sa: 6a-9p; Su 8a-8P; Closed for Class: T/Th 12-2p;	
Bell Center	M: 9a-7p; Tu-Sa: 9a-5p	Closed for Class M Tu, Th F 10a-12p, 4:30-6:30p	
FOTL Bookstore at Bell	M-Sa 9:30a-3:30p	Table Tennis	Minimum Age: 8
Fairway Center	M-Sa: 9a-5p	Bell Center: M-Sa: 6a-9p; Su: 8a-8p;	
Mini Golf	Minimum Age: 6	Closed for Club Activity: M 10a-3p; W F 10a-4p; Tu Sa: 10a-12p	
Bell Center	M-Sa: 6a-9p; Su: 8a-8p	Tennis	Minimum Age: 8
Lakeview Center	M-Sa: 6a-7p; Su 8a-7p	Bell Center: 623-977-3325 M-Sa: 6a-9p; Su: 8a-8p	
Mountain View Center	M-Sa: 6a-7p; Su 8a-7p	Lakeview Center: 623-561-4676 M-Sa: 6a-7p; Su 8a-7p	
Sundial Center	M-Sa: 6a-9p; Su: 8a-8p	Mountain View: 623-876-3042 M-Sa: 6a-7p; Su 8a-7p	

Strength Machine Demonstrations

**** Wednesdays in January @ 11:30am ****

1/4 @ Bell w/ Dick; 1/11@ Marinette w/ Dick; 118 @ Fairway w/ Jane
Space is limited; advanced sign-up at front/welcome desk at each specific center is required.

Member Fitness & Massage Services

Show your support for these local services; schedule an appointment today!



Fitness Training
623-696-6820

*Personal Training Sessions
are available at all
RCSC Fitness Centers*

Massage Services

Fairway Center
Laura Moore
623-201-0378
latouchwellness@
massagetherapy.com



Bell Center
Lisa McCoy
623-210-2707
Massage by Julie
602-689-0802