SUNVIEWS

ISSUE #264 • NOVEMBER 2023 • A PUBLICATION OF THE RECREATION CENTERS OF SUN CITY, INC.



Get Involved, Stay Busy & Enjoy Yourself

We've got a super busy month (or two) here in Sun City AZ with many important meetings, milestones and opportunities for RCSC Members to get involved and be part of the process – with plenty of time for fun as well! From upcoming town hall meetings to RCSC Board of Directors Elections, SAC Committee recommendations and 2024 Budget approval - there hasn't been an opportunity to be this involved in quite some time. And before you know it, the holidays will have arrived.

The RCSC Annual Membership Meeting will be held on Wednesday, November 29, 2023 at 6pm in the Sundial Auditorium. Please note that the Board recently reduced the requirement for a quorum from 1,250 to 500 Members. View the flyer and remaining important dates below.

There are four upcoming town hall meetings that have been rescheduled for November (see flyer on Page 5) where Members will be briefed on current matters from the Strategic Alternatives, Long Range Planning and Budget & Finance Committees. These meetings are another way that the Board is allowing members to feel empowered in the process as we continue to plan for the future by gathering community input.

We'll be honoring our Veterans at the final Sun Bowl fall concert on Sunday, November 5, 2023 at 4pm with an encore performance from Ahwatukee Foothills Concert Band and Youth Chorus Members. Please note the early start time and remember to bring your lawn chairs; no food trucks at this event. Come back to the Sun Bowl on Saturday, November 11 when Sun City Senior Softball hosts their annual "Veterans Tournament" honoring all who have served. They'll also be collecting gently used clothing donations at this event for those less fortunate. Anything and everything helps! A big "thanks" to all military men, women and families for your sacrifice and commitment to our country.

Hopefully you've already reserved your tickets at the Sundial Events & Entertainment Office for the Sun City AZ Senior Prom/ Royal Autumn Ball on Friday, November 10. While this event is free, tickets must be reserved in advance by Wednesday, November 8. The doors for this event at open at 5:30pm. Coronation of the King and Queen are scheduled for 7pm; place your vote upon entry.

RCSC Members/Cardholders are still able to purchase season passes for the Sundial Winter Concert series through Wednesday, November 22, 2023 at the Sundial Events & Entertainment Office. This is a great savings – paying only \$24/show for all 12 concerts. Individual concert tickets go on sale starting Monday, November 27 and will cost between \$30 and \$35 per person depending upon the performing artist. More information can be found on the back page; find the complete show line-up online at www.suncityaz.org/recreation/concerts/

If you've ever wondered about those folks dressed in crisp whites on the lawn bowl greens, don't miss your chance to "roll a bowl" the weekend of November 11-12 during the All Sun City Lawn Bowl Open House from 11am to 3pm both days. This event is free for RCSC Members/Cardholders looking to take up this amazing and internationally renowned sport; equipment will be provided. Please wear flat soled sport/running shoes. You're never too old to learn something new as they say.

(continued on page 13)

2023



RCSC Annual Membership Meeting

Wednesday, November 29, 2023
Sundial Auditorium

14801 N 103rd Ave (at Boswell Blvd), Sun City AZ

5:00pm | Registration 6:00pm | Membership Meeting

** RCSC Members must be queued in line by 6pm for entry **

NOTE: RCSC Member Cards (with photo) MUST be presented at time of registration;
Key Fobs & Golf Cards will not be accepted.

Filing Deadlines for Annual Meeting Submissions:

RCSC Members wishing to submit remaining items for inclusion on the agenda for this meeting must submit written materials to the Corporate Office (in-person or via email) in compliance with the following submission dates:

- Friday 11/3 Motions to Revise to Corporate Bylaws or Board Policies
- Friday 11/10 Any Other Motions requiring a membership vote
- Monday 11/20 Completed Proxy Forms Due Procedures & Form available online at www.suncityaz.org/forms/

Stay in the loop! Get RCSC News Alert Emails, sign up at: www.suncityaz.org

Email addresses remain confidential

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Events







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SUN CITY ARIZONA

2023 RCSC Board of Directors

Phone: 623-561-4620 email: boardoffice@suncityaz.org

Kat Fimmel, President email: kfimmel@suncityaz.org

Karen McAdam, Vice President email: kmcadam@suncityaz.org

John Fast, Treasurer email: jfast@suncityaz.org

Jean Totten, Secretary jtotten@suncityaz.org

Steve Collins, Director email: scollins@suncityaz.org

Jeff Darbut, Director email: jdarbut@suncityaz.org

Denny Nichols, Director email: dnichols@suncityaz.org

John Nowakowski, Director email: jnowakowski@suncityaz.org

Jim Rough, Director email: jrough@suncityaz.org

A Message from Board Secretary Jean Totten

Sun City AZ: Neighborhood or Community?

RCSC Board President Kat Fimmel has encouraged me to author a Commentary for publication in the SunViews newsletter as well as in the Sun City Independent (hopefully as a Commentary and not a Letter to the Editor).

Let's discuss whether Sun City is a "Neighborhood" or a "Community." Are they the same thing? While researching I found that "a neighborhood is a geographic area or a local region in which people live near each other. It usually refers to a small area within a town or city. Neighbors live close to each other, and may share common amenities like streets, parks, or schools. Neighbors may interact with each other, but they do not necessarily have a strong sense of shared identity or purpose beyond living in the same area."



Jean Totten
2023 Board Secretary

However, a community is described as "a group of people who share common characteristics, interests, or values, and who come together for a shared purpose. A community can be based on geographic location, but it can also be based on other factors like ethnicity, religion, profession, or hobby. Communities may have a stronger sense of shared identity or purpose than neighborhoods, and they may work together to achieve common goals or address shared challenges."

Wouldn't you agree that Sun City sounds more like a "community" than a "neighborhood"? In Sun City, we must first meet the qualifications for being an RCSC Member in good standing, including age restrictions, residency requirements and payment of all fees

such as the annual property assessment. As RCSC Members we enjoy common interests, beliefs and/or hobbies (think woodworking, leathercraft, painting, golf, metal shop, swimming, etc.) and cultural backgrounds or geographic locations (such as Wisconsin Club's annual picnic at the Sun Bowl).

Communities depend on active participation. Members need to contribute to the goals of the community, so share your knowledge and passions. Volunteer! If you are able, donate monetary support to organizations such as the Sun City Foundation or the Posse. Attend meetings. Learn and understand the rules and regulations that govern our community. Respect fellow members and their viewpoints

You can also contribute to the community through communications. Whether the printed word, phone call, text message, social media post or a chat over the fence, helping to spread the word is how we help each other know what's going on. Communication fosters understanding and cooperation. We all need to be active participants and work together to stay on track.

Community evolves over time. Have you researched or heard how our Sun City has evolved from its beginning? Take the time to learn the history of Sun City. Understand the vision and ideals that Del Webb and John Meeker instilled from the beginning: Awareness, Self-Governance, and Responsibility. Take ownership of your right to live here and take ownership of your actions.

Be part of the solution. Be responsible. Take it upon yourself to learn the facts. Try to find out if what you have heard is a rumor or the truth. You have several opportunities in the next few months to get involved - attend town hall meetings, the Annual Membership Meeting, and vote in the upcoming Board elections. Learn from the past and work to make a difference for the future.

Our Community: Own It! Nurture It! Enjoy It! Learn About It! Give Back to It! Govern It!

This Month @ The Board



"Neighbors Helping Neighbors"

Find out what we're all about!

The next Sun City Foundation meeting will be held on Thursday, November 9, 2023 at 11:00am in the Lakeview Board Room. Visit us online at www.suncityfoundation. org for more infomation.

RCSC Board of Directors Meetings

Member/Board Exchange Board of Directors Meeting Annual Membership Meeting

Committee Meetings:

Bowling Committee
Budget & Finance Committee
Strategic Alternatives Committee (SAC)

Club Organization Committee (COC)
Technology Committee
Golf Advisory Committee
Sun City AZ in Focus Committee
Lawn Bowling Committee
Elections Committee
Properties Committee

Monday, November 6, 2023 @ 9am Thursday, November 16, 2023 @ 9am Wednesday, November 29, 2023 @ 6pm

Sundial Auditorium Sundial Auditorium Sundial Auditorium

Thursday, November 2, 2023 @ 9am
Friday November 3, 2023 @ 1pm
Friday, November 3, 2023 @ 2pm **
 ** Meets weekly - November 10, 17
Wednesday, November 8, 2023 @ 10am
Wednesday, November 8, 2023 @ 4pm
Thursday, November 9, 2023 @ 8:30am
Monday, November 13, 2023 @ 4pm
Tuesday, November 14, 2023 @ 1pm
Wednesday, November 22, 2023 @1pm
Thursday, November 28, 2023 @ 8:30am

Lakeview Board Room Lakeview Board Room Grand Sonoran Room

Lakeview Board Room Lakeview Board Room Lakeview Social Hall #2 Lakeview Board Room Lakeview Board Room Lakeview Board Room Lakeview Social Hall #2

The following committee(s) do not have meetings scheduled this month: Insurance, Long Range Planning

Last 2023 Fall Sun Bowl Concert

Located on 107th just south of Peoria Avenue

Bring your Lawn Chair or Blanket Rain Location @ Sundial | 103rd & Boswell Relocation Information Message: 623-972-6014

Veterans Day Tribute with the Ahwatukee Foothills **Concert Band and Youth Chorus Members** November 5, 2023 at 4pm

Join us in paying tribute to our servicemen and women who fought for our freedom with an exciting performance by the Ahwatukee Foothills Concert Band and the Youth Chorus Members. NOTE: Early Show Time and No Food Trucks at this event.



Then join us back at the SUN BOWL BALLFIELD for the

Veteran's Senior Softball **Tournament** Saturday, November 11 8am-3pm



RCSC Holiday Schedule

Thanksgiving Day

Closed: All Recreation Centers (except Bell and Fairway), RCSC Offices at Lakeview, Events & Entertainment Office at Sundial, Bowling Centers (including restaurants), and the Sun City AZ Visitor & Welcome Center at Bell

Open: All RCSC Golf Courses; Pickleball Courts at Mountain View (8am - 4pm); Duffeeland Dog Park (7am - 6pm)

Bell Center on Thanksgiving Day Open 5am - 4pm

Fairway Center on Thanksgiving Day Open 5am - 4pm

Children welcome all day on Thanksgiving only at Fairway (Proof of age required for 4 and 5 year olds)

Golf Pro Shops Open 6am - 3pm

Golf Snack Shops

Open 6am - 1pm

NOTE: Rental Carts & Equipment must be returned by 5pm

Day after Thanksgiving

Closed: All RCSC Corporate Offices at Lakeview, Events & Entertainment at Sundial, and the Sun City AZ Visitor & Welcome Center at Bell

Open: All Recreation Centers open normal operating hours

Arts and Crafts Festival

The Best After-Thanksgiving Holiday Shopping!



14801 N. 103rd Ave., Sun City, AZ. SE Corner of 103 rd Ave & Boswell Blvd

Food and Beverages Available No Food, Drinks or Strollers permitted in auditorium www.suncityaz.org

Farmers Market

At Bell Recreation Center



Every Thursday from 9am to 1pm

"Fresh Never Tasted So Good"

Farm Fresh Fruits & Vegetables | Baked Goods Jams & Jellies | Spices | Fresh Roasted Coffee Pastas & Pickles | RCSC Clubs Sorry! NO PETS!

NOTE: NO FARMERS MARKET ON THANKSGIVING

ARIZONA

RCSC Corporate Office

Lakeview Center 10626 W. Thunderbird Blvd. 623-561-4600

Hours: Monday - Friday 7:30am to 4pm

www.suncityaz.org

Cardholder Services Office

Lakeview Center • 623-561-4603 Hours: Monday - Friday 8:30am to 4pm 1st Saturday each month: 9am to noon

Chartered Clubs Office

Lakeview Center • 623-561-4660 Hours: Monday - Friday 8:30am to 4pm

Events & Entertainment Office

Sundial Center • 623-561-4680 14801 N. 103rd Ave. Hours: Monday - Friday 8am to 4pm

Recreation Centers

Bell Center: 623-876-3040 16820 N. 99th Ave.

Fairway Center: 623-876-3044 10600 W. Peoria Ave.

Grand Center

10415 W. Grand Ave.

Lakeview Center: 623-561-4675 10626 W. Thunderbird Blvd.

Marinette Center: 623-876-3054 9860 W. Union Hills Dr.

Mt. View Center: 623-876-3042 9749 N. 107th Ave.

Oakmont Center: 623-876-3046 10725 W. Oakmont Dr.

Sundial Center: 623-876-3048 14801 N. 103rd Ave.

Sun Bowl Amphitheatre

10220 N. 107th Ave. (weather recording) 623-972-6014

Softball Field

10220 N. 107th Ave.

Duffeeland Dog Park

14610 N. Del Webb Blvd.

Sun City Visitors Center

1-844-4 SUN CITY or 623-977-5000 Located in the Bell Center at 16824 N. 99th Ave.

Thoughts from a Pro -

Difference Between Pitch and Chip

Both the pitch and the chip are a part of the short game. They are both shots used to get the ball onto the putting surface as you get closer to the green. What is the difference between the two and when should you use each?

First, lets discuss the difference between the two shots. I like to think of the "pitch" as a lofted shot where the ball spends most of the time in the air and has a soft landing with little roll. Visualize an underhand softball pitch! On the other hand, with the "chip" the ball spends a short amount of time in the air (just enough to bump over the longer grass) and half or more of the time rolling along the ground. Visualize a putt with a little jump start!

So, when to use the pitch vs the chip?

Use the pitch when you need the ball to get up and loft over something (mound of grass, bunker, cart path) and then there isn't much green left to let the ball roll to the flag.

Use the chip when you just need the ball to bump up and over a smaller amount of grass to get it onto the green and then you have some green left to roll the ball to the hole. We used to refer to this shot as a bump and run!

Remember the general rule is that you have always have more control when the ball is rolling on the ground so get it on the ground as soon as possible! For that reason, using the putter might be your first option! Your second option would be to consider the chip and the third would be the pitch.

These are the shots that really can make a difference in your score and its fun to be creative and experiment with which clubs work best for you for both these shots. Just remember...pick the easiest, highest percentage shot and you'll probably do better!

Robin Eichten is an LPGA Life Member and Certified Teacher. Originally from Minnesota, she has been teaching in the Sun City area since 1994. For lesson info or signup call/text her at 623-322-6300 or email to golfinwithrobin@aol.com

Revised - 2023 Overseed Schedule

Course will be Closed including Pro & Snack Shops

Course	Overseed	Opens	Off Cart Path
Willowcreek	Sept 25	Oct 14	Nov 3
Quail Run	Sept 25	Oct 14	Nov 3
Lakes East	Sept 25	Oct 14	Limited Restrictions
North	Sept 25	Oct 14	Limited Restrictions
Willowbrook	Oct 16	Nov 4	Nov 24
Riverview	Oct 16	Nov 4	Nov 24
Lakes West	Oct 16	Nov 4	Nov 24
South	Oct 16	Nov 4	Nov 24

- North and Lakes East non overseeded fairways, cart restrictions limited only to around tees and green complexes
- If temperatures are too high for Sept 25 start first wave will be pushed back one week, resulting in one week overlap of course closures

NOTICE TO GOLFERS RE: Fivesomes Starting on September 1

Starting September 1, all RCSC Courses (Regulation & Executive) now offer Five-Somes in an effort to increase capacity during high demand times. This is also necessary to be able to include the executive courses in the small group rotation. Both of these changes are based upon recommendations made through the Golf Advisory Committee. These changes will be closely monitored and may be revised at a later date.

RCSC Bowling Centers

Lakeview Lanes 10502 W. Thunderbird Blvd. 623-876-3055

Bell Lanes

Monday-Saturday: 8am-8pm Sunday: Noon-6pm

Billliards at Lakeview Lanes

16810 N. 99th Ave. 623-876-3050 Monday-Saturday: 8am-8pm

Darts, Shuffleboard & Billiards

at Bell Lanesi

Sunday: Noon-8pm

Bowl with the Director

First Thursday Every Month at Lakeview Lanes 10:30am to Noon FMIC Mike Dirmyer at 623-561-4652

Same great food now at two Sun City AZ locations!



Stop by & check out our **Daily Specials**

Breakfast Special

2 Eggs, Bacon or Sausage. Hash Browns & Toast M-Sat 7-11a; Sun 7a-noon

Walleye'n Chips

9 Oz. Walleye, Coleslaw & Potato Wednesday & Friday

Fish 'n Chips

9 Oz. Cod. Coleslaw & Potato Wednesday & Friday

George's **Lakeview Cafe**

Inside Lakeview Lanes

Phone: 623-876-3057

George's Cafe at **Bell Center**

Inside Bell Lanes Phone: 623-518-4525

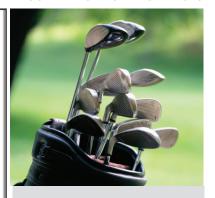
Hours: Mon-Sat 7am-8pm; Sun 7am-6pm



\$130 includes 4 group lessons, with the 5th lesson being a round of golf. Lessons held at Willowcreek/ Willowbrook Golf Course (unless otherwise noted**). There will a variety of days and times, so you can pick the class that best fits your schedule.

Sessions are limited to only six students for each group, so be sure to sign up early!

Find the full schedule of upcoming sessions online at https://suncityaz.org/golf-courses-pro-shops/lessons/ or contact Chris Linam at 623-876-8419 for more info.



RCSC's 8 Golf Courses

Lakes East: (623) 876-3023 Lakes West: (623) 876-3020 10433 Talisman Rd

> North: (623) 876-3010 12650 N. 107th Ave.

> South: (623) 876-3015 11000 N. 103rd Ave.

Riverview: (623) 876-3025 16401 N. Del Webb Blvd.

Willowbrook: (623) 876-3033 Willowcreek: (623) 876-3030 10600 W. Boswell Blvd.

Quail Run: (623) 876-3035 9774 W. Alabama Ave.

RCSC's 5 Snack Shops Menu Available at suncityaz.org/golf/snack-shops/

November Snack Shop Hours Open Daily 6am - 3pm



Volunteer Ranger Program

For more information about joining our program, please contact Chris Linam, Pro Shop Manager, at 623-876-8419 or email clinam@ suncityaz.org. Meetings resume Thursday, November 30, 2023 at 1pm in Talisman Hall.



Free for Sun City Residents & their guests!

Open to Men & Women; Junior golfers welcome!

No registration required!

If you're looking to improve your game or are just beginning to play. If you want to lower your score, fix your slice or just hit the ball square.

Come out and join us – We can help!

NOTE: All Sessions at Lakes West Driving Range

- Saturday, November 4 @ 9:30am Golf swing fundamentals (Bring 7 iron)
- Saturday, November 11 @ 9:30am Ball Flight Demo (Bring driver or 3 wood)
- Saturday, November 18 @ 9:30am Chipping, approach shots (Bring 8 iron, pitching or sand wedge)
- Saturday, November 25 @ 9:30am Putting (Bring putter & a ball 50% of your score)

Sun City Resident PGA & LPGA Professional will be on-hand to help!

Bob Day Phone: 602-818-1470
 Mike Wegner Phone: 623-225-8546
 Robin Eichten Phone: 623-322-6300
 Shane Crosley Phone: 702-715-1560

Business Cards are located in all RCSC golf pro shops. Call for an appointment.

Save The Dates

Sun City's Annual Arts & Crafts Festival

The best after-Thanksgiving shopping happens here in Sun City AZ, at the Annual Arts & Crafts Festival on Friday, November 24, from 8am to 4pm and Saturday, November 25, from 8am to 3pm.

Over 30 RCSC Clubs will have their works for sale, including silver jewelry, ceramics, lapidary, beaded jewelry, hand-knitted and crocheted items, handmade clay items, stained glass, fine art, painted china, leather items, photography, garden items, handcrafted metal and wooden goods, handwoven items, handmade clothing and items for your home and more. You are sure to find something for everyone on your list. The auditorium at the Sundial Recreation Center will be filled with beautiful arts and crafts - and don't forget to browse the mall area and club rooms across the way for additional surprises.

There will also be several raffles from different clubs, so get your tickets for the items you most like. Entertainment from area performers will be in the mall area throughout the event. The Sun City Poms will perform Friday starting at 11am. The Sun City Ukulele Club will perform Saturday at 11am. Santa and Mrs. Claus will be in the area, greeting attendees, helping with Christmas lists, and posing for Selfies on Friday from 10am to 2pm and Saturday from 10am to 1pm.

Food vendors will also serve delicious lunch and snack items so you can take a break, sit at the tables provided, enjoy the entertainment and relax for a spell.

"The more, the merrier!" as they say. Everybody is invited to this free annual two-day event. The Sundial Recreation Center is located at 14801 N. 103rd Ave. (at the corner of Boswell Blvd. and 103rd Ave.) in Sun City.

Lawn Bowling Clubs of Sun City Open House

All Clubs: Bell • Fairway • Lakeview • Oakmont • Mountain View Saturday & Sunday, November 11 & 12, 2023 11:00 AM –3:00 PM

Come out & give lawn bowls a try, have fun in the sun, get some fresh air & as a bonus get some exercise.

We are the best kept secret in town.

We supply all the equipment for you to try this fun filled sport.

Discover the enjoyable & social sport of Lawn Bowling

All RCSC Members are welcome!

Questions?

Email Jim Roth: jsroth7@yahoo.com OR Pat: patbinnie11@gmail.com



Please wear flat soled shoes - e.g. running shoes

** For more information on lawn bowling our website is www.bowlsaz.com **



** Committee Updates **

Strategic Alternatives • Long Range Planning Budget & Finance

These are "member-to-member" meetings to gather your feedback!

There are several opportunities scheduled for you to come share your thoughts & input. Hear what others think.

Attend One! Attend Them All! Your Choice!

Wednesday, November 8 • 7-9pm @ Fairway Monday, November 13 • 10am-12pm @ Sundial Tuesday, November 14 • 6-8pm @ Mountain View Monday, November 20 • 1-3pm @ Sundial

Get Involved: Participate in the Process

Sun City Squares

Many people know what square dancing is, but most people cannot tell you what round dancing is or how it is done. Well, Sun City Squares offers both types of dancing. We are one of the West Valley's square dance clubs, offering both dances and lessons. In addition, we offer round dancing and lessons at all levels.

Our dance season begins on October 31, 2023, with square dances on Tuesday evenings from 7 to 9pm. Round dance lessons also begin on October 31 with



continuing beginner Phase 3 classes from 1 to 2:30pm and Phase 3-4 workshops from 2:30 to 4pm. Round dancing begins at 6:30 to 7pm and alternating with the square dance tips from 7 to 9pm. All our dancing is done at the Bell Center Social Hall.

Round dance Phase 4-5 workshops begin on Thursday, November 2 and run from 6 to 7 pm. Programmed rounds, phase 2, 3, 4, (the round dance party) runs from 7 to 9pm.

Beginner square dance lessons begin on Thursday, January 4, 2024 and run until the end of April. Classes are from 6 to 8pm and the class fee is \$7 per person.

For more information about our club, contact Dan Kraus at Loony2217@aol.com or Marilyn Richling at 623-694-7194. The dues for RCSC Cardholders who wish to join the club are \$12.50 yearly. Come out and join us on October 31, 2023, for our opening dance of the season, our Light Dance!



Computer Club of Sun City
Fairway Recreation Center 2nd Floor
10600 W Peoria Avenue
Sun City, AZ 85351
Phone: 623-933-8953
Club Hours

Summer Hours: May-August M-F 8:30am-11:30am
Winter Hours: September-August
M-F 8:30am -2:30pm
Sat 8:30-11:30am only

WEBSITE: Computer Club of Sun City (azccsc.com)
Where you can view Club Calendar

Cox Wifi Internet access

Classrooms with student computers in each room.

A workshop room where you can bring your own laptop to use.

A Members Only Lab with Windows 10 & 11, and Linux computers, and a scanner.

A Lecture Room for Special Interest Sessions and Presentations.

We can assist you with Windows, Google, Firefox & more.
We also assist in Androids: Cell Phones & Tablets
Linux Operating systems

We have classes to teach using Windows, Google and Linux, Computers basics and 101 for new users, Excel & Spreadsheets, and more. We can help with Android tablets and phones. Always someone there that can help answer all your issues. We have a technical dept that will diagnose your computer included with membership. If repairs are needed parts and some labor costs may apply. Membership is \$15 per year. Some classes cost \$5.00. Most are free to members. Stop in and see us for more details. Always looking for new members and instructors. Technical help and diagnosis are free to members. There will be charges for parts and some labor if you need major repairs. We also offer one-on-one tutorial help.

Sundial Hand Weavers & Spinners



We are one club with multiple opportunities for fun and fellowship and cover several fiber-related subjects. Included are Weaving, Spinning, Rug Making, Beading, Needle and Wet Felting, Fine Stitching, Inkle & Kumihimo, Basket Weaving and Tatting. Our members' library has reference material and patterns.

Felting is our newest group. We create 3D sculptures from wool fibers, flat wool fiber paintings and wet felted pieces from flat wool cloth to sculpted bowls.

Club membership/participation is open to all RCSC Cardholders. Our annual dues are only \$10. Come to take one of our various classes or join one of many groups. Our all-member meeting is at 1pm, the first Monday monthly October to May in Sundial's East Hall and includes refreshments, show and tell, socializing and occasionally speakers/demonstrations. For more information, email schandweaversandspinners@gmail.com

Group/Class Schedule

Mondays:

Beading – 9am to Noon Spin, Knit, Crochet – Noon to 3pm

Tuesdays:

Rugmaking – 9am to Noon 3D Needle Felting – 1 to 3pm

Wednesdays:

Beginning Weaving – 9am to Noon Intermediate Weaving – Noon to 3pm

Thursdays:

Fine Stitching – 9am to Noon Inkle & Kumihimo – Noon to 3pm

Fridays:

Basket Weaving – 9am to Noon Tatting – 1 to 3pm

Sun City RV Club

Discover the untamed beauty of nature, explore sites you've never seen before, hike trails, sit around the campfire, gaze at the starry night. Doesn't that sound wonderful? Forget the hustle and bustle of the city and relax with fellow RVers. Trips are already planned for you. What? You don't have an RV? No problem, you can join us anyway. Come and join us for fun, fellowship and festivity the club offers.

Sun City RV Club meetings (October through April) are held at the Sundial Recreation Center. We have a potluck along with our monthly meeting with entertainment

afterward. We also gather for game nights twice each month from 5-9pm in the Bell Center Multipurpose Room (by Lawn Bowling).

Visit www.scazrvclub.com for more information and list of current events. Club members also receive our monthly newsletter - Tire Tracks - that has lots of great club news and more!



A Community Newsletter PAGE 7

RCSC Board of Directors Election Candidates

Your Vote! Your Voice! RCSC Elections Begin!

RCSC Members in good standing are eligible to vote in the upcoming RCSC Board of Directors Election online via the Web Portal starting on Monday, November 6, 2023 at 8am through Election Day (Tuesday, December 12).

This year there are seven candidates vying for four (4) open positions. Three positions are for three-year terms and the fourth position is for one year.

The top three candidates with the most votes will serve 3-year terms and the fourth candidate elected will serve one year. Candidates must receive a minimum of 100 votes in order to win a seat on the Board. Should an adequate number of votes not be cast for candidates to be elected, the Board will appoint another Member(s) to complete the term(s) which remain unfilled.

While RCSC Members are encouraged to vote online via the RCSC Web Portal, other options are available. Absentee ballots may be requested by contacting the Corporate Office at 623-561-4600 beginning on November 6 and the last day to request an absentee ballot be mailed is Friday, December 1. Members also have the option of picking up an absentee ballot at the Corporate Office during this period, but all absentee ballots must be received no later than December 12

For those RCSC Members who would prefer voting in-person, they must come to the Lakeview Center Social Hall #2 from 8am to 4pm on Election Day and present their Member Card to retain a ballot

Those elected to serve on the Board will be sworn in at the Board Meeting on Thursday, December 14 in the Sundial Auditorium located at 14801 N. 103rd Ave.

VOTE

2023

RCSC Board of Directors Election
Monday, November 6 (Online Voting Starts)
to Theoday December 12, 2023



Anita Borski

Experience: B.S. degree in Communication, Public Relations and Corporate Communication. Over 35 years of experience as Director of Revenue, Liability & Parking Services at University of Wisconsin-Stevens Point. Served on statewide committees related to revenue collection to meet Federal and State reporting requirements.

Reviewed bid submissions for various services or construction projects. Responsible for a \$3.5 million annual budget.

Representative on the Faculty/ Staff Senate Governance Committee. Member of NACUBO, a professional organization for University Business Officers

Designed, tested, and implemented several computer systems and applications.

Sun City Community Involvement:

- Fairway Knitters
- Oakmont Weavers
- Bell Craft Club
- Sundial Water Aerobics
- Club Organization Committee Member (COC)
- Strategic Alternatives Committee Member (SAC)

Goals:

- Complete a sizeable amount of deferred maintenance items.
- 2. Continue to upgrade our technology.
- Make increased efforts to include members in the governance process through improved communication.
- Act on items mentioned in the ASU Survey and implement changes as required.
- 5. Require strong financial management



Jeff Darbut

Experience: My professional career spans over 40 years of progressive financial leadership roles with Fortune 1000 companies, mid-sized private equity-owned businesses, and start-up businesses.

Was a partner with Tatum LLP, a national financial consulting firm. Also held positions as Chief Financial Officer, Vice President of Finance, Director, Controller, and General Manager in both public and private organizations. I have developed a broad range of business and financial experience.

Education includes a BS in accounting and an MBA from Arizona State University.

Sun City Community Involvement:

- Appointed to Board of Directors April 2023
- Co-Chair Golf Advisory Committee
- Co-Chair Long Rang Planning Committee
- Co-Chair Strategic Alternatives Committee (SAC)
- Bid Commission
- Sun City Men's Golf Association (SCMGA) Member

Goals:

- Restore the recreation centers, golf courses, and activities to their former high-quality condition.
- 2. Remove the 2017 restrictions on the use of Preservation and Improvement Funds to allow maintenance capital expenditures which will prevent increases to the Annual Assessment Fee.
- Bring financial analysis to improve decision-making.



Preston Kise

Experience: 30+ years in U.S. Air Force as a Russian Linguist and EAir Battle Manager. Duties included Inspector General, Director of Staff for a wing of 5500+ personnel with billions of dollars in equipment and facilities and an annual multi-million-dollar budget. Also served as a deployed squadron commander, detachment commander, and Chief of C2 Plans for Iraq and Afghanistan. Held several instructor, training, and evaluations positions. developed classroom training and award-winning online training programs.

Sun City Community Involvement:

- Sun City golfer
- Fitness center and swimmer

Goals:

- Improve the condition and maintenance standard of Sun City facilities and properties.
- Build a long-range strategic plan to ensure an improved quality and equal access to the wide range of activities, clubs, and events that make Sun City great.
- Provide effective financial management and stewardship of our funds to keep assessment fees low and quality of life high.
- 4. Bring more transparency to RCSC members of RCSC Board and financial decisions.
- Practice good leadership and management by allowing the RCSC structure to provide the Board the information to make good executive-level decisions and providing guidance, when necessary.



Ronald Kupinski

Experience: Spent 8 years in the U.S. Navy where I was trained Mechanic and Electro/Hydraulics.

Graduated 6th in a class of 75 from the San Jose Police Academy. Spent 6 years as Senior Officer Specialist for the Federal Bureau of Prisons.

Was honored to serve 28 years as a Deputy U.S. Marshal. For 13 years I was responsible for seizing, storing and disposal of all assets seized by the Federal Government in Colorado.

I am trained as a Silver Coach with the United States Bowling Congress, and I am certified to teach Professional Bowlers.

Sun City Community Involvement:

- Avid Sun City Golfer
- Bowler

Goals

- To assist and help improve the golfing and bowling experience for all who play.
- 2. Work to improve your recreation experience.

Candidate
Biographies,
turn to Page 10

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Art and Craft Clubs		Stitchers: BC 480-578-8871	M/W 12-8p; T/Th/F 9a-3 Mem Mtg 2nd Tu, 10
Artists by the Lake: LV	M-F 9a-4p; Classes & Open Painting	2019bellstitchers@gmail.com	Wiem Mig Zha Tu, To
402-304-2908	Mem Mtg 1-3p 1st Tu LV SH 1	Woodworking: BC	M-W 8a-8p; Th-F 8a-4p; Sa-Su 8a-12
Artistic Stained Glass: BC	M-Sa 8a-3p; M-Th 5-8p	623-974-6058	Mtg 4th Tu, 8am in Club Roor
623-974-4765	Mem Mtg: Th 11/9 11a-1p Bell SH	Woodworking: FW	M-F 8a-4p; Sa 8a-12
Artistic Weavers & Fiber Artists: OM	M-F 9a-12p	623-9724385	No Member Meeting this mont
oakmontawfa@gmail.com	Mem Mtg 4th Monday 1-3p	Woodworking: LV	M-F 8a-4p; Sa 8a-2
Calligraphy: SD	Th & F 9a-11p; Classes M-T, Th-F 1-3p	623-933-2355	Mem Mtg 1st Tu, 9
520-709-9745	Member Meeting Th 11/16, 9-10a		
Camera Guild: GR	M-F 9a-12p; Member Mtgs: 1st Sat 9:30-11a	Card and Game Clubs	
cameraguildsuncity.com	& 3rd W 1:30-3:30p GR Sonoran Rm	500: FW	Mon 6-9:30p FW AZ Rm 3-4; No play 11/
	FMI visit http://www.cameraguildsuncity.com/	815-909-6422 Robin	Mem Mtg; Officer Elections M 11/1
Carvers: LV	Tu, Th, Sa 8a-12p LV Rm 213	Bunco Broncos: FW	2nd & 4th M 12-3:30p FW AZ Rm 3-
847-287-1005	Mem Mtg Th 11/7 9am	623-293-1019	Mem Mtg M 11/27, 12:30
sccarversaz@gmail.com	Gourd Art, Model Construction, Wood Carving	Canasta: OM	F 10a-3p OM Au
Ceramics & Porcelain: FW	M-F 9a-3p; Sa 9a-1p	480-886-9750	Doors open 9:30a; Dues \$5/Yr + \$1/week to pla
523-972-5818; 217-710-9023	Mem Mtg 1st Mon 9a	Cribbage: LV	Tu 1-4p; W 6-8:30p; F 6-8:30p LV SH
		480-221-8953	14 1 1p, w 0 0.50p, 1 0 0.50p Ev 51
Ceramics: BC	M-F 9a-3p, W 5-8p; Sa 9a-12p	Fun City Card Club: BC	Every M in BC SI
623-974-6750	Mem Mtg 2nd F 9a	funcity card club: BC funcitycardclub@gmail.com	'
China Painting: OM	M-F 9a-3p	Euchre: FW	Doors open 4p; Play starts at 5 Tu 6:15-9:30p FW AZ 2-4; Doors open 5:15
714-684-4286; FMI sccpc1@gmail.com	Mem Mtg F 11/17 10a-12p; Appetizers 12-3p	623-693-2881; 623-533-5705	Th 1-4p LV SH #3; Doors open 12.15
Clay Club: GR	M-Th 8:30a-8:30p; F-Su 8:30a-4:30p	Hand & Foot Club: LV	W 4-9:30p LV SH 1-2; No Play 11/2
623-933-0899	Mem Mtg 1st Wed 8:30a, GR Sonoran Rm	623-680-8276; 972-838-7512	Election/Mem Mtg W 11/8, 3:30-5
Clay Corner: MC	M-Sa 7:30a-9p; Su 8a-6p	023-060-6270, 372-636-7312	Arrive 5:15-5:50p, Play begins at 6
523-273-6917	Mem Mtg 2nd W 8-11a MC Aud	Mah Janga: MC	Tu 11:30a-4p SD WH (National* & Chines
ClayCornerMarinette.org	Yard Art/Lunch 3rd W 8a-9p	Mah Jongg: MC 206-841-6665 - Karen	
Crafts: BC	M Th 9a-7p; Tu F 9a-3p; W 9a-8:30p	970-231-3368 - Katie	Th 5:30-9p MC SH (N); Su 11:30a-4p MC SH (I
623-974-3497	Note Change: Mem Mtg 1st Th 11a BC SH1	970-231-3300 - Ratie	Relocate to MC Tu 11/2
	Quality Control meets 1st M 1p BC MPR		Lessons in Jan F 12, 19, 24/2024 - 1-4p MC Au
Crafts: SD	Needle Craft M/Th 9a-1p;	Manday Night Discables OM	Fee \$15; Registration Required Call 574-457-670
503-884-5332	Heritage Albums 1st/3rd M 2-6p;	Monday Night Pinochle: OM	M 5:45-9:30p OM Au
sundialcraftclub@gmail.com	Card Making Tu 1-8pm; Scrapbooking F 9a-8p	440-478-2530 Kim/623-217-8584 Beverly	Mem Mtg M 11/6, 5:15
	Open Crafts W 9a-6p, Sat 9a-12p;	Pinochle: OM	Tu 11:30a-4p, Sa 11:30a-4p OM Au
	Diamond Dots Sa 8a-12p	623-876-1895 Tommie	
	Xmas Club Last Th 2-6pm; Mem Mtg M 11/14, 9a	209-524-7358 Cheryl	Francis M.C. Ora Plantic Orange For LV CII.
Handweavers & Spinners: SD	M 9a-12p; T/F 9a-12p & 1-3p; W/Th 9a-3p	Table Games: LV	Every M 6-9p Play; Open 5p LV SH #
schandweaversandspinners@gmail.com	Mem Mtg 1st M 1p SD EH	623-734-5007	
Jewelry, Stained Glass & More: GR	M-Sa 8a-12p; T-Th 8a-4p	Contract Bridge Clubs	
262-993-4873; 623-322-4595	Mem Mtg 1st T, 10a	W 1 1 40 0M	W 12 22 4 22 0M A
Knitters: FW	F 8:30a-12:30p FW AZ Rms 3 & 4	Wednesday Afternoon: OM	W 12:30-4:30p OM Au
602-469-2505	Mem Mtg F 11/10, 10a	623-249-9169	Please arrive by 12:15pr
Lapidary: BC	M/T, Th-Sa 8a-3p; M 5-8p, W 8a-12p, 5-8:30a	Thursday Afternoon: OM	Th 12:30-4:30p OM Au
775-351-8721	Mem Mtg 2nd Tu, 9a BC Team Rm	360-509-5379	Please arrive by 12:15pi
_eathercraft: LV	M W F 8a-2p	Friday Afternoon: FW	F 12:30-4:30p FW AZ Rm
480-276-7583; larryvroom@cox.net	Mem Mtg Tu 11/7, 10:30a LV SH 2	208-351-3806	Please arrive by 12:15p
	Walk-ins welcome; Classes offered to club members	Duplicate Bridge Clubs	
Metal: BC	M-Sa 8a-4p		
523-974-8206	Mem Mtg 2nd M 9a BC MPR	Duplicate (ACBL): LV	M Th F 1-4p LV SH 1; Doors open 12:15
pellmetalclub@gmail.com	Potluck 3rd Su 5:30-7:30p BC MPR	623-518-7916 or 623-640-5554	Arrive by 12:45p; Play at 1p; Must have partn
Palo Verde Artist: SD	Su-Sa 8a-8p	suncitydbc.com	
262-323-1188	Mem Mtg & Demo 3rd Th, 12-2p SD Aud	Kachina: SD	M 12-4p SD W
oresident@paloverdeartists.com	Portraits/Live Model Th 1-3p \$3 model fee	651-592-5939 Sharon	Annual Mtg M 11/6 11:30a SD W
	Classes/Workshops various media; Fees vary	623-363-7199 Posy	M 11/6, 20, 27 Lessons 10-11:30a
Quilters on Grand	M-F 8a-4p; Sat 8a-12p	Dance Clubs	
970-261-1798	Mem Mtg 2nd F 9:30a		
Sew-n-Sew: LV	M-Sa 9:30a-6p Open Sewing	Bell Tea Dance: BC	W Lesson 1:30p; Dance 2-4p BC SH 18
vww.sewnsew.info - Check webpage	Mem Mtg/Potluck/Show & Tell 1st Th, 10am	623-974-6688 Jim or Janice	Member Meeting W 11/15, 3p
or exact dates of classes		www.suncityaz.org/recreation/clubs/	No club joining fees in 2023
Silvercraft: BC	M-Sa 8a-3:30p	bell-tea-dance-club/	Mem \$5; Non-Mem/Guests \$8 includes Less
623-933-8442	Mem Mtg F 11/17, 9-11a	Classic Rock Dance Club: BC	1st, 3rd Sa; Doors 5:30p; Dance 6:30-9:3
SilverStones: SD	M-F 8a-3p; Sa 8a-12p	623-628-4401	BC SH 1-2; Members \$3/Guests \$
317-508-5959	Mem Mtg M 11/6, 9a		
Sterling & Stones: FW	M-F 9a-3p	Country Dance Club: SD	1st/3rd Sa Open 5:30p, Dance 6-9:30p SD Au
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	SUNVIEWS • NO
	Club Dir
Friday Night Social Dance: SD	Every F Lesson 6:15p; Dance 7-9:30p SD Aud
623-810-8214	Mem Mtg F 11/17 SD WH; No dance 11/24
Email: scfridaynightdance@gmail.com	\$5/members; \$10/guests
www.suncityaz.org/recreation/clubs/fri	day-night-social-dance-club/
Line Dance: SD	Tu & Th: 10a-1p; SD Aud
623-972-5127; 231-557-6555	Relocated to FW Th 11/16; No Dance Tu 11/21
suncitylinedanceclub.facebook	
Rockin' Thru The Years: SD	2nd, 4th & 5th Sa: 6:30-10p; SD Aud
602-695-0209; 360-434-0156	No Dance 11/25
Squares: BC	Light Dance Tu 10/31 6:30-9:30p BC SH 1-2
623-694-7194	Lessons Tu 12:30-4:30p; Dance 6-9:30p BC SH 1-2
r3me@yahoo.com	Lessons/Dance TH 5:30-9:30p BC SH 1-2
Sun City Poms: MC	M 8-11:30a MC Aud; Tu 3-5p MC Aud
602-392-4242	Th 7:30a-12:30p MC Aud
EMAIL scpoms@yahoo.com for more	No Club Hours Tu 11/7, 11/19-25
info including classes, schedules	
Tip-Top Dancers: MC	M 8-10a MC SH, 1-3p MC Aud;
716-445-7383	Tu 8-11a MC SH; W 8a-12p, 4-7p MC SH
tiptopdance@gmail.com	Th 8-11a MC SH, 3-4 MC Aud;
	F 8-11:20a MC SH
FMI on Classes, etc. visit: tiptopdancers	suncityaz.wordpress.com
Educational Clubs	
Apple Macintosh: SD	M-Th 8:30-10:30a
523-933-5300	Mem Mtg Sat 11/11, 8:30a SD WH
Visit sunmacsclub.com for updates	
Computer Club: FW	M-F 8a-4p; Sat 8:30a-12p
623-933-8953	Luncheon Th 11/9, 12-2p FW AZ 1-2;
www.azccsc.com	Member Mtg Th 11/30 12:30-3p FW AZ 1-2
Life Long Learning: FW	Classes in Session
scazlifelong@gmail.com	
Text to 602-330-6371	
Spanish Club: FW	M Tu W 8a-5p FW 129
SunCitySpanishClub@gmail.com	
Fitness Clubs	
Aerobics: BC	M W F 6:30-11a BC SH 1&2
623-826-2323 Karen	
602-578-1067 Judy	
Aqua Fitness Club: SD	Fall Session ends F 11/10
aquafitnesssuncity.com	Try it Before You Buy It 10/30-11/3
619-818-4380 Terry	Next Reg: Sa 11/4 SD; Doors 8a, Mtg 8:30a
	Winter Session starts M 11/27, ends F 12/22
Dance for Fitness: SD	Tu 9-10a BC SH 1&2; W 9-10a SD Aud;
503-580-4636 or 253-820-5453	F 9-10a MV Aud; Relocates W 11/1 to OM Aud,
	F 11/3 to SD Aud, W 11/22 to OM Aud
FUNtastic Fitness: MC	Pilates M, F 1-2MC SH
260-413-3862	Aerobics Tu, Th 1-2p MC SH
allykatrose@live.com	Strength Training Tu, Th 2:10-3p MC SH
Handi-Capables: SD	T/Th 12p, 1p SD Warm Water Pool
602-369-3819	Mem Mtg 1st M 12p FW AZ 1&2
handicapablesaz@gmail.com	No Mtgs week of Thanksgiving
Hatha YOGA: SD Yoga Room	Mat & Chair Classes - Mon-Sat SD Yoga Room
Email: HathaYogaClub@gmail.com	No Classes W-Su 11/22-11/26
FMI visit www.hathayogaclub.org	Happy Thanksgiving!
for class schedules & membership info	
Ladies Exercise: OM	Tu & F 8-9a OM Aud
928-890-9152	Ta de l' o da diri Add
So Grand Exercise: FW	M W F 7-9a FW AZ 1&2
623-972-6046 or 602-938-0707	
Stretch 'n Slim: BC	M-Sa 6:45, 8, 9a; Su 8, 9a BC Aeorbics Rm
402-578-6948	
Tai Chi: BC, LV, FW	Tue 6p Qi Gong LV SH#2; Th 9:30a Bal & Basics,
http://sctaichi.wix.com/sc-tai-chi-club	Th 10:45a Beg TC, 12p Adv Beg TC BC SH#2,
email: suncitytaichi@gmail.com	1:15p Int TC BC SH#1, 2:30p Adv TC BC SH#2
	No Classes Tu 11/7
Zumba Club: SD	M W 11:30a-12:30p Gold BC SH;
623-583-2065	Tu 6-9a Chair/Gold BC SH; Tu 6:30-7:30p SD WH;
Visit https://suncityaz.org/recreation/clubs/	Th 6:30-7:30p MC Aud; F 9:30-10:30 MC Aud;

Hobby Clubs		
Birding Club of Sun City: FW locascio2000@hotmail.com Text to 602-616-7459	Mem Mtg W 11/8, 10a FW AZ 1-2	
Duffeeland Dog Park: Talisman	Mtg & Election Sat 11/4, 9a-12p FW AZ #1	
Garden: GR 623-875-5921	Office M W F 9a-12p Greenhouse M-Su per facility hours No Mem Mtg Tu 11/7	
Model Railroad: FW 480-634-0106	Mem Mtg Tu 11/14, 10a FW Rm 133 FMI visit suncitymodelrailroadclub.com	
Model Railroad Museum: FW 480-634-0106	T, W, Th 9a-12p; Sat 9a-1:30p	
Rockhounds: SD	2nd Th 6p FW AZ 1-3	
scrockmuseum@gmail.com Mineral Museum: SD	Membership Meeting Th 11/19 M-W, F 9a-12p; Sa 9a-1p	
623-428-6442	1117VV, 1 3G-12P, 3d 9d-1P	
RV Club: SD silvercreekranch1@hotmail.com	Mtg/Potluck Tu 11/8, 4p SD Aud 1st W, 3rd Tu 5-9p Games at BC MP Bldg	
	Caravan Mtg F 11/17, 9-11:30a SD WH	
Stamp Club: MC 602-329-8905	Mtg/Auction 1st M, 7-9p MC SH	
Vintage Vehicles: GR	Mem Mtg 3rd Tu 1pm LV Social Hall	
602-609-0973	Shop Operations M-Sa 8a-4p Car Show Sat 11/11, 10a-12p BC SE Lot	
https://www.vintagevehiclesofsuncity.com/	Potluck & Social Last Tu 5-9p in Shop	
Performing Arts Clubs		
Sun Cities Community Orchestra: FW 623-582-9964	W 8:30a-12p FW Music Room	
Choraliers: MV Partnered with the Sun City Players	3rd M, 7pm MV Aud - Note New Location	
Concert Band: FW 602-625-5211	Rehearsals Tu 9-11am FW Music Room Tu 12/13 General Membership Meeting	
Handbell Ringers: FW 602-882-9952	F 8:30a-11:30a FW Music Rm Mem Mtg F 11/17, 10:30am	
debbie12az@Gmail.com Piano: SD	3rd F 9:30-11a SD Aud	
623-444-4483	Membership Meeting F 11/15	
Sun City Players Community Theater: MV suncityplayerscommunitytheater.org 623-226-8151 or email: SCPCT.generaloff	Clubhouse Workshop W 9:30-11:30a Gen Mem Mtg/Entertainment 3rd M 7p ice@gmail.com	
Rhythm Ramblers: FW	Rehearsal Tu 1-5p FW Music Room	
602-717-7246	Dance 1st Tue 2:30-4:30p	
Ukulele: FW Music Room Trudy 480-276-3780 (Oct-April)	Th 3-4:30p FW Music Rm Mentorship 1st/3rd Th 1:30-2:30p FW Music Rm	
Sharon 920-410-6932 (May-Sept) Acoustic Jam (Special Interest Group)	1st/3rd W 1-2:15p Sing/Round Robin FW Music	
FMIC mlkostecki@gmail.com	1st/3rd W 2:30-3:30p Old Time Workshop/Jam	
Women's Chorus: FW	Th 8:30-11a FW Music Rm	
602-625-6126	Membership Meeting Th 11/16 No rehearsal 11/23; Meet on F 11/24 1-3p	
Political Clubs		
Democratic: FW	1st Th 6p FW AZ 1-2	
suncitydems.com	M 9am Starbucks-107th & Bell;	
602-529-5778	3rd Tu 4-6p Copper Penny - 107th & Peoria Th 11/2 Annual Membership Meeting, FW	
Republican: SD suncitygopclub@gmail.com 713-557-5800	Mem Mtg/Club Elections Tu 11/28, 6p SD El- Note change of meeting date	
Social Clubs		
Best Friends Dog Club: FW 602-639-1370	General Meeting Tu 11/21, 1p FW AZ 1-2	
bfdcsuncity@gmail.com		

Fairway Readers: FW	2nd F 1-2:30p FW AZ
623-231-5714 maureenopper@gmail.com	Books can be reserved in advar at FW Library w/ MCLD Ca
Hospitality Club: MC	Sat 11a-5p Friendship Corner - Cards/Gar
623-974-5615 Illinois Club: FW	Social Mtg 3rd Th 6:30pm FW AZ
775-722-1169 List of activities at https://suncityaz.org/rec	reation/clubs/illinois-club/
LGBT of Sun City: OM Aud	Meet 2nd Th only 6pm OM Aud; No meet 11
lgbtclubofsuncity@gmail.com	Election of Officers Th 11/9, 6-8:3
Men's: SD 623-977-5116	M-Sa 7a-4p; Poker M 4-9p; Closed Th 11 Mem Mtg Sa 11/11 11:3
023-3/7-3110	Elections Sa 11/18, 7-11:3
Michigan Friends in Sun City	No Club Hours Th 11 3rd W 4-6p BC M
michigan2arizonaclub@gmail.com Call or text 623-910-1522 to RSVP for Euc	Last Monday 3-5p Euchere/Cards BC M
New England: LV 623-215-3637; 802-233-3721	Sa 11/11, 5p LV SH 1; Mem Mtg & Election
NextGen: SD	M 10/16 New Member Open House 6:30p
FMI go to: www.NextGenSC.org	Sun City's active social club open to
or email NewMembers@NextGenSC.org	RCSC Members/Cardhold Annual Mem Mtg M 11/6, 6:30p SD /
Singles Social Club: FW	1st F Potluck 6-9p FW AZ
602-769-3634	3rd F Game Night 6-9p FW AZ
https://suncityaz.org/recreation/clubs/s	Mem Mtg F 11/3, 6-9p FW AZ
Sun City Frat Club	Tu 11/28 Mem Meeting. 4:3
FMI donnalynn1107@aol.com 623-628-4401	4:30-8p Potluck & Games LV SH 1
Wisconsin Club: SB	Save the Date! Next Picnic 3/14/20
920-265-8433 or 608-852-4227	To volunteer, call Linda 715-308-99 or email mcintyre.linda47@gmail.co
Women's Social: LV 623-826-8900	M-Su 9:30a-4:3
Sport Clubs	
Basketball: MC	Pick Up Games in Villanue
206-459-3242; 604-313-3190	Community Center 3:30-5p Oct - Ap
charlespeterson@comcast.net Billiards: Bell Billiards Room	Gen/Mtg 11/20, 9-10a Villanueva Community Cer Tu 11a-4p; W 8a-1p; F 11a-4p; Sa 12-:
315-806-0067	τα 11α τρ, w σα 1ρ, τ 11α τρ, 3α 12 .
Billiards: LV Billiards Room	M-Tu, Th 8a-12p; W 9a-
623-296-4869; 602-319-0783	Ladies M, Th 8:30a-1
	Singles: 8 Ball M 8a-12p; 10 Ball W 9a- 9 Ball Th 1-5p, F 8a-1
	Doubles: 8 Ball Tu & Th 8a-1
Bocce: SD	Mem Mtg M 11/6, 1 Open Play: Su 1p, Th 11/2-16, 12p; F
623-693-2881	Daytime Tournaments: M-W, F 11/1-17 9
Check the Club House Bulletin Board or	M-W, F 11/27-29 12p; Playoff Sa 11/18
online at https://suncityaz.org/recreation/	Mem Mtg/Party W 11/13, 2-9:30p SD
clubs/bocce-club/ for complete schedule Dart Club: BC	Closed Th 11/23 Thanksgiv M T W 5:30-8:30p, Th 6-8p, Sa 1-
623-203-9715	
Lawn Bowls: BC	M W F 8:45-11:
780-566-8568 Lawn Bowls: FW & MV	Mtg & Nominations Sa 11/11, 4-9p BC Tu Th Sa 8:30-11a MV Club Bowl
360-303-9722	W F Su 8:30a-1p FW League Bowl
	Nominations Mtg Th 11/17, 9-11a FW,
	Thanksgiving Bowl Th 11/23 8:30a-1p
Lawn Bowls: LV (Sun City Club) 734-673-8908	Mondays 12-
734-673-8908 Lawn Bowls: LV	Tournament M 11/20, 8a-3:3 Tu W Sa 8:30-10:3
623-974-3214	
Leave Devide OM	M W F 8:45-11:30a; Su 1:45-3:1
Lawn Bowls: OM 623-792-5202	
623-792-5202 Mini-Golf: LV	Golf W 11/8 10a LV; W 11/22 10a
623-792-5202	Mem Mtg Tu 11/7 9a LV SI
623-792-5202 Mini-Golf: LV 815-791-6991; 602-999-7011	Mem Mtg Tu 11/7 9a LV SI Chili Fest W 11/8, 10a-2p LV SH
623-792-5202 Mini-Golf: LV 815-791-6991; 602-999-7011 Pickleball: MC, MV	Mem Mtg Tu 11/7 9a LV SI Chili Fest W 11/8, 10a-2p LV SH Daily Drop-in MC 8-11a; MV 8-11
623-792-5202 Mini-Golf: LV 815-791-6991; 602-999-7011	Mem Mtg Tu 11/7 9a LV SI Chili Fest W 11/8, 10a-2p LV SH Daily Drop-in MC 8-11a; MV 8-11 Modified T Th Sa 11a-1p M
623-792-5202 Mini-Golf: LV 815-791-6991; 602-999-7011 Pickleball: MC, MV scpickleball002@gmail.com	Golf W 11/8 10a LV; W 11/22 10a Mem Mtg Tu 11/7 9a LV SI Chili Fest W 11/8, 10a-2p LV SH Daily Drop-in MC 8-11a; MV 8-11 Modified T Th Sa 11a-1p M Round Robin M-Sa 1-3p MC; Clinics M-F at M ** Check calendar for levels/tin
623-792-5202 Mini-Golf: LV 815-791-6991; 602-999-7011 Pickleball: MC, MV scpickleball002@gmail.com	Mem Mtg Tu 11/7 9a LV SI Chili Fest W 11/8, 10a-2p LV SH Daily Drop-in MC 8-11a; MV 8-11 Modified T Th Sa 11a-1p M Round Robin M-Sa 1-3p MC; Clinics M-F at Mc

AZ #1	Racquetball: BC	M W F 10:30a-1p; Tu 11a-1p, 5:30-7:30p
vance	pjred44@mail.com	Th 11a-1
) Card	Shuffleboard Bell: BC	M Tu F 1-3:15
Games	612-471-7045	Member Mtg T 11/28, 3:15p BC Team Roon
	Shuffleboard Outdoor: LV	M W F 1-4p L'
AZ #3	Sharresoura Gatagori. EV	
	Shuffleboard Sundial: BC	Th 5:30-9p BC Ct
	408-427-2056	111 3:30 3p BC Ct
11/22	Softball (Senior): Sun Bowl	League Play T Th F Sa 7a-5
8:30p	517-526-4873; 509-264-3088	Veteran's Tournament Sa 11/11 8a-3p S
1:30a;	Website: suncitysb.org	Mem Mtg Tu 11/14, 6p LV SH #
1:30a;	Sportsmen: GR	Archery M-W Sa 9-11a, Tu 6-8
11/23	Dan 319-431-3563	Annual Mem Mtg Th 11/15 9-11a GR S
C MPR	Sun City Yacht Club: LV	Su, Tu 12-3p Viewpoint Lak
C MPR	360-566-7076/206-802-8622	** Pending Lake Project Completion
	Swim Club-Masters: BC	M-F 7-9a BC Lap Poo
ections	406-546-9776	M/W 2:30-4p Yoga for Swim Club BC Aerobics Rr
	100 3 10 3770	11/ W 2.30 4p Toga for Swift Clab be Acrobles Ki
30p SD		
to all	Swim Lessons: 480-467-8966	W 8:30-10a SI
olders	Table Tennis: BC	M 9a-3p; T 9a-12p; W F 9a-4p; Sa 10a-12
SD Aud	602-291-5369; 847-421-5211	Mem Mtg & Election Tu 11/14, 11
AZ 3-4 AZ 3-4	Tennis: BC	Club Member Social Tennis Sa 1-2:30p B
AZ 3-4	608-792-1957; melvindhaus@gmail.com	Club Helfiber Social Terinis Sa 1-2.50p b
4:30p	https://suncitytennisclub.wixsite.com/suncity	ytennic
SH 1-2	Volleyball	8-10:30a W & F Villanueva Community Ct
	206-459-3242	Mem Mtg W 11/20 Villanueve Community Ctr
/2024	charlespeterson@comcast.net	Ment Mig W 11/20 Villandeve Community Cti
-9964	Walleyball: BC	Wed 10a-1p; 4-8
il.com	Curt 612-223-9368 or Lori 405-570-1520	wed 10a-1p, 4-0
4:30p	Water Volleyball Club of SC: OM	Su M W F 11a-3
	480-297-6783; WVCofSC@gmail.com	Elections/Mem Mtg Su 11/5, 3:30p OM Au
	Whisperball of Sun City: BC	M W F 8:30-9:45am, 1:30-3:30p; Tu 1:30-3:30
	623-216-9466	Th 6-8am, 1:30-3:30p BC Racquetball Court
nueva	023-210-9-00	111 0-0am, 1.30-3.30p BC Racquetban Count
- April	Club Directory Key:	
Center 12-5p	Class Emociony may.	
12 Jp	M = Monday	BC = Bell Center
9a-1p	Tu = Tuesday	FW = Fairway Center
a-12p;	W = Wednesday	GR = Grand Center
9a-1p;	Th = Thursday	LV = Lakeview Center
la-12p	F = Friday	MC = Marinette Center
la-12p	Sa = Saturday	MV = Mountain View Center
6, 10a	Su = Sunday	OM = Oakmont Center
o; F 5p	a = A.M. & p = P.M.	SD = Sundial Center
17 9a;	Area codes 623 unless noted.	SB = Sun Bowl
/18, 9a		
SD EH		

Important Dates for Clubs to Remember! November

- 5 SunViews submissions due for December
- 10 Guest Attendance Register & guest fees due
- 10 Monthly Attendance Spreadsheet due

December

- 5 SunViews submissions due for January
- 10 Guest Attendance Register & guest fees due
- 10 Monthly Attendance Spreadsheet due
- RCSC Chartered Club Officers FORM BP:12-3

nuary

- 5 SunViews submissions due for February
- 10 Guest Attendance Register & guest fees due
- 10 Monthly Attendance Spreadsheet due
- 17 Discover Sun City AZ Sundial Auditorium
- 31 Club Annual Financial Statement due
- 31 IRS Form 1099 due (For Independent Contractors paid \$600 or more)

Chartered Clubs Office 623-561-4660 email: clubs@suncityaz.org Office Hours: Monday-Friday 8:30am to 4pm

Sun City AZ Arts & Crafts Festival • Friday & Saturday, November 24-25 @ Sundial Center Bring your family and friends! Get all of your holiday gift shopping done right here! Don't miss out!

zumba-fitness-club/ for specific class info F 11:30a-12p Chair BCSH; F 12-12:30p Gold BCSH

Sa 8:30-9:30a MC Aud Zumba Fitness



Santasfor Seniors

Help us make the holidays a little brighter for those who have qualified for Sun City Foundation assistance this past year by participating in Santas for Seniors.

Starting on Monday, November 6, 2023 stop by and take a tag from a tree at either Bell Fitness/Pool or the Fairway Center lobby & return it to the RCSC Corporate Office at Lakeview Center no later than Friday, December 8, 2023 with a \$25 gift card (Fry's, Safeway, Walmart, etc.) & we'll share your generosity with those less fortunate.

Thank you for caring and sharing with others in the Sun City AZ community.



Sun City Foundation 501(c)3 - Federal ID #86-0571093 10626 W Thunderbird Blvd Sun City, AZ 85351 (623) 561-4600

Recreation Centers of Sun City, inc.

Winter Celebration Golf Tournament

"Beat the Pros"

Friday, December 1, 2023 9am Shotgun Start South Golf Course



Entry Fee: \$45/person (+ Green, Cart Fees)

Entry Deadline: Friday, November 24 Checks payable RCSC

For more information, please contact Director of Golf Brian Duthu at 623-876-3053 OR Pro Shop Manager Chris Linam at 624-876-8419

All proceeds from this tournament benefit the Sun City Foundation

RCSC Board of Directors Election Candidates





James McCarthy

Experience: 20 years as a Financial Planner. 6 years owner of CDI Hauling (Trucking Company). 14 years owner of One Level Up Printing. USAF from 1964-1968; 5th Airforce Man of the Year in 1967. Boy Scouts Charity Drive 1975-1982.

Sun City Community Involvement

- Avid Sun City Golfer
- Swimming Pools
- Fitness Centers

Goals

- 1. Fiscally designed approach to Sun City programs.
- Use funds to get the highest percent of Sun City residents involved.
- Take into planning as much as possible the fact of the huge difference in income levels in our community. Find ideas that work-just not change

For Additional Candidate Biographies, turn to Page 7

Connie Jo Richtmyre

Experience: 24+ years Mechanical Engineering Designer/Project Manager experience in HVAC & Plumbing systems for K-12 & Higher Education, Government, Restaurants & Retail new construction and renovation projects.

11+ years working for Gas and Water utilities; customer & construction services, collections, training, emergency response & HVAC repair.

Dunwoody College of Technology: Associates of Applied Science HVAC Systems Servicing

Associates of Applied Science HVAC Design

GPD Employees' Foundation AZ Grant Coordinator 2018-2021

Goldwing Road Riders Association AZ – Presenter Instructor 2016-19

Sun City Community Involvement:

- Sun City resident since 2019; Arizona resident since 2015
- RCSC Facilities Attendant: Oakmont Center & Lakeview Mini Golf 2022-2023
- Sun City China Painters Board Secretary 2022-2023
- 2023 & 2024 Oakmont Craft Clubs Open House Committee Co-Chair
- Sun City China Painters Monitor
- Member: Sun City China Painters, Non-Smoking Seniors Mixed Bowling League

Goals:

- To do what is best for Sun City and its residents now and for the future.
- To make strategic decisions to ensure Sun City remains affordable.
- To prioritize RCSC's \$20 Million deferred maintenance backlog.

James Rough

Experience: 40+ years of management experience. Math major and MBA graduate. Looks at issues through experience, thoughtfulness and open discussion.

Retired Naval Officer - 22 years - Commander of the Naval Reserve Financial Information Processing Center where we paid 5,000+ civilian employees bi-weekly, paid 12,000+ invoices monthly and performed accounting services for 400+ entities over three billion dollars for three separate fiscal years.

Executive Director of two different licensing boards for the State of Ohio for over 15 years. Passed three statute changes through Ohio House, Senate and Governor. RCSC Board of Directors member since March 2023.

RCSC Board of Directors member since March 2023. Chair of Bowling, Technology and Sun City in Focus Committees. Co-Chair of the Insurance Committee and on the Investment Commission.

Sun City Community Involvement:

- Pickleball member
- Tai Chi member
- Cribbage member
- Work out at Bell Center three times weekly.

Goals:

- Help keep RCSC financially sound.
- Ensure all clubs have access to support commensurate with numbers of users and needed equipment and space.

Lakeview Woodworking

The Shop is a-buzzing; it's that time of year.

"Come one, come all" - the craft fair's nearly here.

With wits aplenty our imaginations abound.

We've created beautiful things of wood for the 2023 round.

Ladies and Gents, this is your call.

We invite you to Lakeview Woodworkers to show you all around. Being mindful of all our fingers and toes, we practice safety most of all.

It's a wonderful feeling to create something with your own hands.

Anything from turning a bowl to scrolling a plaque.

Instructions are available all you have to do is ask.

There are two monitors who are always happy to help.

Shop/Club meetings are on the first Tuesday of each month at 9am with coffee and donuts (October - April).

The annual club dinner is in February, you're welcome to bring someone along. We invite all RCSC Cardholders to come and join in the fun. Memberships start in January and cost \$25 per year. Winter Hours: Monday-Friday 8am-4pm; Saturday 8am-12pm (October-April) Summer Hours: Monday-Friday

For more information, please

(May-September)

call 623-933-2355.





Folks inquiring about the Sun City Democratic Club may add "But, I'm not a registered Democrat." However, Club President Joe Piccari and the Board encourage anyone to attend, regardless of affiliation. Meetings are open to RSCS Members/Cardholders and their guests, with a Zoom option available.

Membership in SCDC has burgeoned to over 300 during the past two years—100% plus increase!

At monthly meetings, attendees are updated on the latest issues with guest speakers and O&A discussion.

Some topics are of concern to any Arizonan. For example, Adrian Fontes, AZ Secretary of State; and Stephen Richer, Maricopa County Recorder, were featured May 4 in an election integrity town hall. Other speakers were Senate candidate Ruben Gallego, Attorney General Chris Mays, and Maricopa County Schools Superintendent candidate, Laura Metcalfe. Further, at a facilitated retreat in March, members shared their top issues—education, election integrity, and immigration—which will be focus areas for SCDC heading into 2024.

General meetings are year-round on first Thursdays, Fairway Recreation Center, at 6:00 pm. There are also regular social get-togethers. Check the website https://suncitydems. com, grab your chance to be "in-the-know," and enjoy some spirited discussion!



Let's Get Physical! Calling all young-at-heart Sun Citians who want to be active and have fun indoors. Moving to music improves the brain, balance, coordination, and mood. It's moderate exercise that raises the heart rate.

On Tuesdays and Thursdays from 9:45am to 1:00pm, Line Dance Club dances in the Sundial Center Auditorium (103rd Ave. & Boswell). The first 15 minutes Basic Steps are taught to Beginners by our experienced instructor(s) on stage and on four jumbo screens. At 10:00am is when the first full hour begins with moving to music at the



Beginner level. Anyone who can walk and chew gum can do it. A 15- minute optional break follows when Members can socialize, have cookies and coffee or water, or choose to dance to more music. During the second hour starting at 11:15am, the dance steps get a little more challenging. A second optional break happens from noon to 12:15. During the third and final hour, Improver level dances are danced. A wide variety of songs and rhythms are played. Sundial's air-conditioned auditorium with its newly-refinished floor is a great place to get gentle and fun exercise.

Two criteria for a well-round life for "seniors" are getting regular exercise and connecting socially with others. You never know who might be waiting to meet you at Line Dance! We have three Luncheons, several Ice Cream Socials, and 3 or 4 Saturday afternoon dances throughout the year. Club Membership is \$5/year and open to RCSC Members, \$2/dance. We also welcome Guests at \$6/dance. For more information, visit our website at https://suncitylinedanceclub.com/.

Michigan Friends in Sun City

The Michigan Friends in Sun City Club became a chartered RCSC Club in 2015 and currently has 60+ members.

We meet for Social Hour the 3rd Wednesday of the month, all year long, and have an active group of euchre players who meet on the last Monday of every month. Those scheduled activities are at the Bell Recreation Center Multiple Purpose Room (MPR) out by Lawn Bowling.

At Christmas we have a lunch party at Fairway Center and we also meet for lunch or dinner at local restaurants. Our members are both full-time and seasonal residents who enjoy the camaraderie of sharing what they did in Michigan; where they grew up, work, family and life experiences in the beautiful Great Lakes State.

Annual dues are \$5 per person and we welcome all RCSC Members/Cardholders to join us. Pick up a brochure with club application at the Sun City Visitor & Welcome Center at Bell. Feel free to and call or text to 517-256-7968 or send an email to michigan2arizonaclub@gmail.com



Ukulele Club of Sun City



Do you like to sing, laugh, learn and have a great time? Consider joining the Sun City Ukulele Club! We offer weekly Ukulele Jams at Fairway Music Room on Thursdays from 3 to 4:30pm. From October to April, we have bi-weekly ukulele lessons from 1:30-2:30pm. If you want to try the club and do not own a ukulele, the Fairway and Bell Libraries allow you to check one out for 3 weeks with a lesson book.

A very successful 2022-2023 season included performances at the Glendale Folk and Heritage Festival, along with several RCSC sponsored gatherings. We're starting off this season with a performance on Saturday, November 25 at the Sun City Arts & Crafts Festival at 11am at Sundial. The club has hosted ukulele professionals for workshops which help us improve our knowledge of the ukulele and experience the joy of playing music together. We look forward to welcoming back to Sun City on January 14, 2024 uke musicians Victoria Vox, Dani Joy and Perry Stauffer for a concert in the Sundial Auditorium. Stay tuned for further information; tickets will be avaiable for \$15 per person and all are welcome for this certain to be fun-filled performance.

This past January, the club began sponsoring a new Special Interest Group - the Sun City Acoustic Jam. This is an opportunity to bring your acoustic instrument and join a circle of musicians. The leader calls out the song and key, and the group plays and sings along. The main purpose is to have fun playing and singing a variety of music from country, pop, folk, old time and root. All acoustic instruments welcome. This year the Acoustic Jam meets the 1st and 3rd Wednesday at 1pm in Fairway Music Room. We will have a Round Robin Session of singing and playing from 1to 2:15 pm followed by an Acoustic Workshop until 3:30pm.

Membership in the Sun City Ukulele Club is open to RCSC Cardholders. Cost is \$10 per year. See our Web page for information at <u>scukes.org</u> to find News, Songs and up-to-date information regarding the club. We welcome you to come and and make music with us! As Shakespeare wrote, "if music be the food of life, play on." For more information about the club contact President Trudy at <u>trudybryson@cox.net</u> or 480-276-3780. For information about the Acoustic Jam SIG, contact Mary Lou by email at mlkostecki@gmail.com.

First Friday at Grand Center

Featuring the Camera Guilds Images from Summer Travel

Visit the Vintage Vehicle Club, Sun City Clay Club, Sportsman Club, Garden Club, Quilters on Grand



Stop by November 3, 2023 4-6pm (103rd & Grand Ave)

All RCSC Cardholders & Guests are welcome! Light refreshments will be served.

Wisconsin Club

The Sun City Wisconsin Club is announcing its 2024 schedule. The traditional Wisconsin Picnic will be held at the Sun Bowl (10220 N 107th Ave, Sun City, AZ) on Thursday March 14, 2024. Because attendees have so much fun dancing and socializing, the hours have been extended from 10:00am to 3:30pm. (Last year, no one wanted to leave the dance floor!).

Food will be served from 11:00am to 2:00pm. EVERYONE (you don't have to be from Wisconsin!) is invited to enjoy Grilled Brats, Delectable Sides and Bottomless Bever-

ages (beer, soda, water). Live music will be provided by the Zweifel Bros Polka Band. There will be prizes, a silent auction and cash raffle. Alumni representatives from UW campuses will also be there. Bring your chair, your friends, a sun hat and your best polka shoes - ALL for only \$10 per person. Sponsored by the Wisconsin Club of AZ.

We also invite you to volunteer to lead new adventures for the club like attending a Milwaukee Brewers game in March, meeting at a pub for UW football/basketball watching, hosting a dinner group, etc. If you want to make new friends and are interested in volunteering one or two hours at the picnic, please contact Greg Smith at 920-265-8433 or via email at karengregsmith51@gmail.com.





Wednesday, November 15, 2023 9:00 a.m. - 12:00 p.m.

Sundial Recreation Center 14801 North 103rd Avenue, Sun City



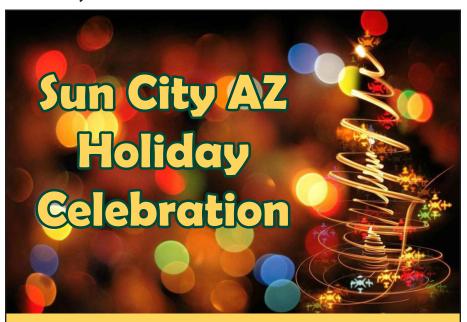
Speakers:

- · Sheriff Paul Penzone
- · County Attorney Rachel Mitchell
- · Captain Brian Stutsman
- · Coordinator Joan Campbell

Safety Presentation Topics:

- · Residential Safety
- Trending Scams





A Community Celebration for All Continues at Sundial

Friday, December 8, 2023 Sundial Center • 3 to 7pm

Reindeer Yahtzee • Tic Tac Mistletoe • Money Tree Raffle Hole-in-One Mini-Golf Contest Holiday Music • Food Trucks • Lots of Festive Fun

Photos with Santa • Bring camera or smart phone, tablet
Livestream of Duck Race • Buy Duck Bucks in Advance or Day of Event
Decorated Golf Cart Parade • Begins at approximately 6:30pm
Register for Parade at Sundial Events Office • \$5 Entry Fee Required

All proceeds benefit the Sun City Foundation

Get Involved, Stay Busy & Enjoy

(continued from Page 1)

You're invited to attend a "Safety & Fraud Summit" presented by the Maricopa Sheriff's Office and the County Attorney General's Office at Sundial on Wednesday, November 15 at 9am in the Sundial Auditorium. Keep safe and avoid scammers. Get the facts from the experts and learn ways to protect yourself, your neighbors and your loved ones from this ever-present and on-going concern for all, especially seniors and the elderly.

Before we know it, the holiday season will be upon us. There's no better way to work off the extra Thanksgiving stuffing and gravy than spending time at the annual Sun City Arts & Crafts Festival on Friday and Saturday, November 24-25 at the Sundial Center. This is your chance to get all your holiday shopping done (without shipping fees), take selfies with Santa, be entertained with live music. There may also be an opportunity to meet the candidates running in this year's RCSC Board of Directors Election.

There is still plenty of time to get your Duck Bucks before the Sun City AZ Holiday Celebration at Sundial Center on Friday, December 8, 2023 starting at 3pm. The race will be simulcast once again from the Riverview Golf Course so take a chance to win big. There will be lots of fun and games so stop on by.

And don't forget to enter the Holiday Golf Parade starting on Monday, November 20 at the Sundial Events & Entertainment Office. There is a \$5 entry fee, but proceeds from all RCSC holiday activities benefit the Sun City Foundation. Cheers to the new year!

Additional festivities for this holiday season include performances by the following Sun City Performing Arts Club:

- Saturday, December 9 at 2pm, the Sun City Concert Band will be performing their Christmas Concert in the Sundial Auditorium
- Sunday, December 10 at 1:30pm, the Sun City Women's Chorus performs their Holiday Extravaganza Concert in the Sundial Auditorium.

Get involved and stay busy but take the time to enjoy all of the holiday fun that we've got in store for you. Cheers to the new year. It will be here before we know it.

It's time to get quackin' & get your Duck Bucks!



Get into the holiday spirit & join in the fun!

Join us for the Sun City Holiday Celebration at Sundial on Friday, December 8, 2023 where we will live telecast the entire race on the big screens so everyone can watch first-hand as the little ducks scurry through Riverview Creek

Duck Bucks are available for purchase at Cardholder Services & Clubs Offices at Lakeview, Events & Entertainment Office at Sundial, all Facility Attendant stations, Golf Pro Shops & Bowling Centers

COST: Only \$1 Buck per Duck

All proceeds from this event benefit the Sun City Foundation ** Winners need not be present **









Sun City Library News

mcldaz.org/suncity 602-652-3000





iPhone Photography Series

Sun City Library November 6 & 20 10-11:30am

Hobby Haven

Sun City Library November 15 2-3:30pm

Paws for a Cause! **Sun City Library** November 6

Music Concert! **Fairway Library** November 3

3:30-4:30pm

2-3:30pm

Native American Style Rain Sticks **Sun City Library**

November 7 1-3pm

Arizona Myths and Facts! Fairway Library

November 23 2-3pm

Apple iPhone Help

Wednesdays 1:30-3:30pm

Drop in for help with basic iPhone/iPad questions



Maricopa County Libraries | mcldaz.org | 602-652-3000

- Sun City Library Hours: Mon 9am-7pm; Tues Sat 9am-5pm
- Fairway Library Hours: Mon Sat 9am-5pm

Books Around The Corner | suncitylibraryfriends.org | 602-651-2014

The Friends of the Sun City Libraries, Inc. Bookstore

- Open Monday thru Saturday, 9:30am 3:30pm
- Located in the Sun City Library at the Bell Recreation Center





Join our email list @ mcldaz.org/news/subscribe

Water Conservation

Water Saving on the Menu for Thanksgiving

November is all about celebrating the holiday season and creating new special memories with family and friends. Why not use our routine holiday adventures as a way to improve our lives through saving water and making our bills lower, as we continue to face a drought. It is also a great time to look for deals on water smart appliances to continue saving on water year-round – or even consider as thoughtful gifts that will improve lifestyles. As we share this season of celebration together, we want to offer some important steps we can take this holiday month to conserve water at our homes here in Sun City.

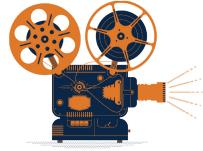
Thanksgiving means a lot of preparation, cooking, cleaning, and even visitors utilizing more water than usual, and holiday trees and flowers that require watering. As we head into this holiday following a particularly dry monsoon season, we can give thanks for water savings that will make a big difference in the long run.

Preparing for Your Holiday and Big Meal Responsibly

- Make sure you give yourself enough time to thaw frozen foods like turkey and ham, to avoid having to utilize excess water to thaw guickly.
- Always collect water you use to rinse fruits and vegetables, to water plants that you have year-round inside or outside – or any plants you enjoy during the holiday season,
- If rain does come, consider collecting rainwater to use as well, to water plants inside and outside. Be sure not to leave the water standing as mosquitos can breed.
- As you cook, don't use excess water in pots and pans too large for the food you are cooking. Not only will that improve cook time, but save a lot of water well into the future if you continue this practice.
- Most dishwashing machines today can be purchased as energy-efficient, and are excellent at cleaning dishes without a pre-rinse. Just scrape plates before placing in to the machine.
- Never run water continuously if you are not using it continuously whether rinsing food or pots, or even brushing teeth and washing hair as you prepare for a big event.

The Thanksqiving season also features holiday sales and discounts and is a great time to look at upgrading appliances to WaterSmart options that will help you save on water and money, for years to come, as you update the look and style of your home. Common appliances you can find today to help you with responsible water use include low flow shower heads, high efficiency toilets, and faucet aerators.

Energy efficient products – and xeriscape decorative plants – also make excellent gifts to purchase this time of year, that your friends and family will appreciate year-round. Gifts that help to save money and enjoy healthy lifestyles are always very much appreciated. The Recreation Centers of Sun City, Inc., give thanks to our community during this holiday season, and shares our gratitude in your efforts during this dry season to help us conserve water and maintain the best quality of life for ourselves, our neighbors, and our planet.



FREE MOVIES

Wednesdays at Marinette Saturdays at Mountain View Show Times: 2pm & 7pm

Popcorn is no longer being served but you may bring your own beverages & snacks.

Get the monthly movie listings directly by either signing up to receive RCSC News Email Alerts or via the RCSC Web Portal.

Tips from Get Fit for Life

Are You Guilty of Texting Neck?

"Texting Neck" is becoming an epidemic in today's world," states Jane Fortier, fitness specialist for Get Fit for Life. "You've seen it yourself. Or perhaps are guilty of it.



Texting with head drooped forward and chin tucked down is putting a lot of stress on the spine and creating posture problems for people of all ages." Your neck is designed to remain vertical, supporting the weight of your skull in a perfect line from the top of your head, straight down through your body to your feet. When you look at yourself in the mirror from the side, your ear, your shoulder and your hips should all be in a straight line down to the floor. If this alignment is off, and your ear is in front of your shoulders, it's a sure sign of Forward Head Posture.

The average head weighs 10-12lbs. When your head sits perfectly upon your neck and shoulders, the body naturally adapts to holding this weight. But if your head is constantly pulled forward, the weight of your head pulls on your neck and puts pressure on your spine. This can result in serious tissue damage. Every inch that your head is thrust forward from its natural position adds another 10 lbs of stress on the neck, shoulders, back and spine. This is why you may have developed that ugly 'hump' at the top of your back; to combat the stress of holding your head up. The body's reaction has been to build-up bone and fat tissue to compensate and protect the spine at the C7 vertebrae. Forward Head Posture doesn't just leave you looking awkward, it leaves you with a situation that can't be reversed. The hours spent sitting at a desk with your neck craned over a keyboard or constantly arching your head down to look at your smart phone eats away at your health, in ways you don't expect. Every minute you spend in these deadly positions contributes to even more long-term pain and damage to your body

Four Ways Texting Neck or Forward Head Posture is destroying general health:

- 1. Old Person Hunch: Curving your body forward with your shoulders dropped, makes you look weak, submissive and shorter than you really are. The curve of your neck and back means you may drop height by a couple of inches and look a lot older than you are. Once the structural changes and fat deposits have taken place, there is little that can be done to change that "Old Person Hunch."
- 2. Declining Confidence, Energy & Mood: If you have poor head posture, it can have a detrimental effect on your mood, sapping your energy, leading to depressed thoughts and hitting your confidence hard.
- 3. Sleep Disruption & Brain Fog: Forward Head posture kills the quality of your sleep and you're more likely to suffer from sleep apnea. When your brain doesn't get the blood and oxygen it requires to function, headaches and migraines can develop. Without proper rest, energy levels will be negatively affected.
- Reduces Peak Performance: Texting Neck can decrease breathing and reduce lung capacity by 30%. Poor head posture has been proven to decrease testosterone by 20% and increase fat storing cortisol levels by 25%.

Your neck is literally the bridge between head and body. It's the balance beam from which good posture flows. Although there are a number of major muscles in the neck and back, there is one vital muscle, at the front of your neck, that does all the lifting. That muscle is the Sternocleidomastoid, which originates at the breastplate (sternum) and collar bone (clavicle) and inserts at the mastoid process of the temporal bone of the skull. When this muscle is strong and supple, your head sits perfectly on your neck. When your head is properly aligned, as it should be, the rest of the spine falls into place. By holding your head in place, your spine maintains in a healthy, lengthened position and removes stress and tension from your upper, middle and lower back muscles. Your upper torso is optimally lengthened, keeping your windpipe clear and allowing maximum intake of breath into the lungs, increasing oxygen levels and improving brain function. Therefore, it's critically important to keep the head in its proper place, retracted and aligned over the spine, especially when using Smartphones and electronic devices. This requires conscious attention to posture and body alignment. In addition, strengthening upper back muscles, neck muscles and core muscles helps combat Forward Head posture.

Get Fit for Life personal trainers are available in all Sun City Fitness Centers to assist in developing workouts that enhance total body alignment and Texting Neck concerns. To find out more about working with a Get Fit for Life Personal Trainer, call 623-696-6820.

MONITORED ACTIVITIES

Basketball	Minimum Age: 8	Pickleball	Minimum Age: 8
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Billiard Tables	Minimum Age: 14	Mountain View: Outdoor	M-Sa: 6a-7p; Su 8a-7p
Bell Lanes	M-Sa 8a-8p; Su: Noon-8p (9/1-4/30)	Racquet/Whisper/Wallyball	3
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p	Bell Center Courts A & B	M-Sa: 6a-9p; Su: 8a-8p;
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p	Closed for Clubs: M/W/F 8:30a	i-1p, W 4-8p, Th 6-8a, M-F 1:30-3:30p
Bingo	Minimum Age: 18	Shuffleboard	Minimum Age: 8
Sundial Center	Thursdays: Doors Open 4:30p; Bingo 6:15p	Bell Lanes: Indoor	M-Sa 8a-8p; Su Noon-8p (9/1-4/30)
	\$9 all 18 games w/3 special games	Lakeview: Outdoor	M-Sa: 6a-7p; Su 8a-7p
	Everyone welcome.	Spas	Minimum Age: 16/18*
Boating/ Fishing	Minimum Age: 6/NA	Bell Center - 18+ only*	M-Sa: 5a-9p; Su: 8a-8p
Lakeview Center	Closed for Viewpoint Lake Renovation	Fairway Center	M-Sa: 5a-9p; Su: 8a-8p
Bocce Courts	Minimum Age: 8	Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p
Sundial Center	M-Sa: 6a-9p; Su: 8a-8p	Marinette Center	M-Sa: 6a-9p; Su: 8*a-8p *
Bowling Lanes	Minimum Age: 4	Oakmont Center	M-Sa: 6a-7p; Su 8a-7p
Bell Lanes	M-Sa 8a-8p; Su Noon-8p (9/1-4/30)	Sundial Center - 18+ only*	M-Sa: 6a-9p: Su: 8a-8p
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p	Swimming Pools - Open Sw	
Dog Parks	Minimum Age: NA	Bell Center - 18+ only	Minimum Age: 18
Duffeeland	October - April: 7am-6pm		8p; Closed for Club/Class: M-F 7-9a
*Entry Token Required	Closed last Wed/month for Maintenance	Walking Pool: M-Sa: 5a-9p; Su	
Darts	Minimum Age: 8	Fairway Center	Minimum Age: 16
Bell Center	M-Sa 8a-8p; Su Noon-8p (9/1-4/30)	Lap Pool: M-Sa: 5a-9p;Su 8a-8	•
Fitness Centers	Minimum Age: 14*	Walking Pool: M-Sa: 5a-9p;Su	8a-8p Minimum Age: 4-15*/16
Bell Center - 18+ only*	M-Sa: 5a-9p; Su: 8a-8p	Lakeview Center	I for Club/Class: W 8-10a (April-Oct only)
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p	Children's Pool Hours - Ages 4-	, , , , , , , , , , , , , , , , , , , ,
Lakeview Center	M-Sa: 6a-7p; Su 8a-7p	Marinette Center	Minimum Age: 4-15*/16
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	M-Sa: 6a-9p, Su: 8a-8p; Closed	, , , , , , , , , , , , , , , , , , ,
Mountain View Center	M-Sa: 6a-7p; Su 8a-7p	Children's Pool Hours - Ages 4-	•
Oakmont Center	M-Sa: 6a-7p; Su 8a-7p	Mountain View Center	Minimum Age: 4-15*/16
Sundial Center - 18+ only*	M-Sa: 6a-9p; Su: 8a-8p	M-Sa: 6a-7p; Su 8a-7p; Closed	9 ,
Horseshoe Courts	Minimum Age: 12	Children's Pool Hours for Ages	•
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Oakmont Center	Minimum Age: 16
Mountain View Center	M-Sa: 6a-7p; Su 8a-7p	M-Sa: 6a-7p; Su 8a-7p	,
Jogging / Walking Track	Minimum Age: 14	Closed for Club: Every Su M W	F 11a-3n: T Th 5:30-7:45n
Indoor		Closed for Class: M-Tu, Th-F 9	
Fairway Center	M-Sa 5a-9p; Su: 8a-8p	Sundial Center - 18+ only	Minimum Age: 18
Sundial Center	M-Sa only: 6a-8a - Closed in Aug	Large Pool: M-Sa: 6a-9p; Su:	5
Outdoor	Minimum Age: 8	Closed for Class: M-Th 8-10a	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Warm Water Pool: M-Sa: 6a-9p; Su 8a-8p	
Sun Bowl	Dawn to Dusk	Closed for Class: M-Th 10a-12p, 4:30-6:30p	
Library (602) 652-3000	Call to confirm hours	Closed for Club: T, Th 12-2p	.,
Bell Center	M: 9a-7p; Tu-Sa: 9a-5p	Table Tennis	Minimum Age: 8
FOTL Bookstore at Bell	M-Sa 9:30a-3:30p	Bell Center: M-Sa: 6a-9p; Su: 8	
Fairway Center	M-Sa: 9a-5p	* *	a-3p; W F 10a-4p; Tu Sa: 10a-12p
Mini Golf	Minimum Age: 6	Tennis	Minimum Age: 8
Bell Center	M-Sa: 6a-9p; Su: 8a-8p	Bell Center: 623-977-3325 M-Sa: 6a-9p; Su: 8a-8p	
Lakeview Center	M-Sa: 6a-7p; Su 8a-7p	Lakeview Center: 623-561-4676 M-Sa: 6a-7p; Su 8a-7p	
Sundial Center	M-Sa: 6a-9p; Su: 8a-8p	Mountain View: 623-876-3042	
			., .

Strength Machine Demonstrations

** Wednesdays in November @ 11:30am **

November Group Demo Schedule: Wednesdays @ 11:30am 11/1 @ Bell w/ Dick; 11/8 @ Marinette w/ Dick; 11/15 @ Fairway w/ Jane

Space is limited; advanced sign-up at front/welcome desk at each specific center is required.

Member Fitness & Massage Services

Show your support for these local services; schedule an appointment today!



Fitness Training 623-696-6820

Personal Training Sessions are available at all RCSC Fitness Centers

Massage Services

Fairway Center Laura Moore 623-201-0378 latouchwellness@

massagetherapy.com



Bell Center Lisa McCoy 623-210-2707

Massage by Julie 602-689-0802

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2024 Sundial Winter Ticketed Concerts

Season Passes on Sale through Wednesday November 22 for RCSC Members/Cardholders ONLY

· All Twelve Shows for \$288 (\$24/Show; no fees) ·

Individial Ticket Sales Start Monday, Nov 27 - \$25* to \$30** for RCSC Members/Cardholders Member Guests/Non-Cardholders = \$30* to \$35** (depending upon performing artist)



For more info call 623-561-4680 or visit: https://suncityaz.org/recreation/concerts/