

# Aqua Fitness Club \*\* Fall \*\* Schedule of Classes September 16, 2024 Through November 8, 2024

## Marinette Pool

Tuesday/Friday	8:00a	Free Standing	Velda
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## Mountain View Pool

Monday/Thursday	9:00a	Free Standing	Beth
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## Oakmont Pool

Monday/Thursday	9:00a	Pool Side	Susan
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Tuesday/Friday	9:00a	Free Standing	Beth
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## Sundial Large Pool

Monday/Thursday	8:00a	Free Standing	Judy
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Monday/Thursday	9:00a	Free Standing	Georgeanne
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Tuesday/Friday	8:00a	Free Standing	Chris
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Tuesday/Friday	9:00a	Free Standing	Susie
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## Sundial Small Pool

Monday/Thursday	10:00a	Free Standing	Lynette
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Monday/Thursday	11:00a	Aqua Stretches	Susie
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Monday/Thursday	4:30p	Poolside	Chris
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Monday/Thursday	5:30p	Free Standing	Janet
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Tuesday/Friday	10:00a	Aqua Stretches	Susan
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Tuesday/Friday	11:00a	Aqua Stretches	Georgeanne
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Tuesday/Friday	4:30p	Free Standing	Velda
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Tuesday/Friday	5:30p	Free Standing	Laura
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**For Information and Availability Call: Terry (619)818-4380**

**Registration for Winter 2024 Classes: Saturday, November 2, 2024**

**Sundial Auditorium - doors open at 8:00am and close at 8:30am**

**THE NEXT "TRY IT BEFORE YOU BUY IT" WEEK IS October 28 through November 1st**