

UPDATE April 2025

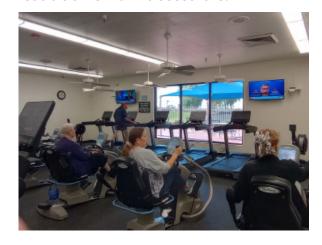
ISSUE #281 · A MONTHLY PUBLICATION OF THE RECREATION CENTERS OF SUN CITY, INC.

Oakmont Recreation Center Offers Fitness Center Upgrades

Oakmont Recreation Center, Sun City's first recreation center, opened on January 1, 1960. In the heart of Sun City, this iconic center is located at 10725 W. Oakmont Dr. In 2016, the center received a facelift to include an overall updated look while keeping its original charm. Fast-forward to late 2024, Oakmont received another upgrade to the Fitness Center spaces, which includes the Cardio room, Free Weight room, and Strength Training room. Each space received new equipment, a fresh coat of paint, new lighting, and new rubberized flooring. The former equipment was outdated, non-functional, and no repair parts were available according to Center Leader, Pat Garrett. The new Fitness Center now offers a comfortable, friendly atmosphere for members to exercise and focus on their fitness goals. A specific list of new equipment and additions include:

- (2) TVs
- (18) Cardio machines: (5) Life Fitness treadmills, (2) Life Fitness ellipticals, (3) Life Fitness recumbent bikes, (4) Nu Step recumbent bikes, (1) Sci Fit total body exerciser, (2) RowERG Concept rowing machines, (1) Life Fitness upright exercise bike
- Adjustable strength training machines
- Cable machine and functional trainers
- Smith rack and plates
- Benches, dumbbells, and fixed barbells
- Kettlebells
- Mobility, stability, and band training accessories (stability balls, medicine balls, power bands, core mats, foam rollers)

One member stated that the new space is "very nice." The refresh is in direct alignment with RCSC's mission to provide our members with a wide range of high-quality amenities, recreational opportunities, and social activities to enhance the members' sense of well-being and purpose. All members are invited to visit Oakmont and to try out the new Fitness Center. Members will need key fob to access the recreation center front gate and the doors to the Fitness Center space. The north-west door is ADA-accessible.







2025 RCSC Board of Directors

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A Message from the Sun City Foundation

Spring is upon us and soon our winter visitors will be leaving for summer "vacations" with family and friends to escape the summer heat. The Foundation will use this time to work on material for its presence on the new RCSC website, develop an updated logo and marketing materials and make plans for fall and winter Foundation events. If you have graphic design experience and would like to provide some volunteer time to the Foundation, please contact me at aborski@suncityaz.org for more information.

In the meantime, we continue to focus on the Foundation's infrastructure updating policies and procedures, updating our accounting and donor management software, organizing our offices at The Grand Center, establishing office hours and meeting with our members seeking assistance.

In 2024, the Foundation made a request that Card Member Services add a notice to the annual assessment renewals advising members that assistance may be available through the Foundation. Last year, the Foundation doubled its support to 67 residents; applications so far this year indicate another significant increase is likely. Over 10% of our population live at or below the poverty level. Although the Foundation is expanding its programs and services and opportunities to donate, the "Neighbors Helping Neighbors" program continues to be our primary focus. If you or your Club wish to donate to the Foundation, please note on your check "fee assessment fund" or "general fund" so that we make sure your gift is directed to the correct account. Gifts may be mailed to: Sun City Foundation, 10626 W Thunderbird Blvd, Sun City AZ 85351.

Finally, please watch for our April open house notice at The Grand Center. We sincerely appreciate your support.

Anita Borski, President Sun City Foundation

This Month @ The Board

RCSC Board of Directors Meetings

Member/Board Exchange **Board of Directors Meeting**

Committee Meetings

Long Range Planning Committee

Bowling Committee Lawn Bowling Committee

Club Organization Committee (COC)

Golf Advisory Committee

CommTech Committee **Insurance Committee**

Long Range Planning Committee Finance & Budget Committee

Sun City Foundation CommTech Committee **Properties Committee**

Elections Committee

Monday, April 14, 2025 @ 9am Thursday, April 24, 2025 @ 9am

Thursday, April 3, 2025 @ 9am Tuesday, April 8, 2025 @ 1pm Wednesday, April 9, 2025 @ 10am Thursday, April 10, 2025 @ 8:30am Thursday, April 10, 2025 @ 2pm Friday, April 11, 2025 @ 9:00am Tuesday, April 15, 2025 @ 8:30am Wednesday, April 16, 2025 @ 1pm Thursday, April 17, 2025 @ 11:30am Thursday, April 17, 2025 @ 2pm

Tuesday, April 1, 2025 @ 8:30am No Meetings Currently Scheduled Wednesday, April 23, 2025 @1pm

Sundial Auditorium Sundial Auditorium

Lakeview Board Room Lakeview Lanes Meeting Room Lakeview Board Room Lakeview Board Room Lakeview Social Hall #2 **Lakeview Board Room** Lakeview Board Room Lakeview Board Room Lakeview Board Room **Lakeview Board Room** Lakeview Board Room Lakeview Social Hall #2 Lakeview Board Room

Easter Holiday Events and Activities



Everyone is welcome back to the Sun Bowl on Easter Sunday when United Church of Sun City celebrates with a Sunrise Service at 7:00 am. Please remember to bring your lawn chair. Let us join together with joy and praise for this long-standing Sun City holiday tradition.











RECREATION CENTERS
OF SUN CITY

RCSC Corporate Office

Lakeview Center 10626 W. Thunderbird Blvd. 623-561-4600 Hours: Mon - Fri, 7:30 am to 4 pm

Cardholder Services

Lakeview Center • 623-561-4603 Hours: Mon - Fri, 8:30 am to 4 pm 1st Sat each month: 9 am to noon

Chartered Clubs

Oakmont Center • 623-561-4660 10725 W. Oakmont Dr. Hours: Mon - Fri, 8:30 am to 4 pm

Activities & Entertainment

Sundial Center • 623-561-4680 14801 N. 103rd Ave. Hours: Mon - Fri, 8 am to 4 pm

Bell: 623-876-3040 16820 N. 99th Ave.

Fairway: 623-876-3044 10600 W. Peoria Ave.

Grand Center

10415 W. Grand Ave.

Lakeview: 623-561-4675 10626 W. Thunderbird Blvd.

Marinette: 623-876-3054 9860 W. Union Hills Dr.

Mt. View: 623-876-3042 9749 N. 107th Ave.

Oakmont: 623-876-3046 10725 W. Oakmont Dr.

Sundial: 623-876-3048 14801 N. 103rd Ave.

Sun Bowl Amphitheatre

10220 N. 107th Ave. (weather recording) 623-972-6014

Softball Field

10220 N. 107th Ave.

Duffeeland Dog Park 14610 N. Del Webb Blvd.

Sun City Welcome Center

1-844-4 SUN CITY or 623-977-5000 Located at Bell Center



RCSC's 8 Golf Courses

Lakes East: (623) 876-3023 Lakes West: (623) 876-3020 10433 Talisman Rd

North: (623) 876-3010 12650 N. 107th Ave.

South: (623) 876-3015 11000 N. 103rd Ave.

Riverview: (623) 876-3025 16401 N. Del Webb Blvd.

Willowbrook: (623) 876-3033 Willowcreek: (623) 876-3030 10600 W. Boswell Blvd.

Quail Run: (623) 876-3035 9774 W. Alabama Ave.

RCSC's 5 Snack Shops Menu Available at

suncityaz.org/golf/snack-shops/

Snack Shop Hours Open Daily 6am - 5pm



RCSC Bowling Centers

Lakeview Lanes 10502 W Thunderbird Blvd 623-876-3055

> Mon-Sat: 8am-8pm Sunday: Noon-6pm

Billiards at Lakeview Lanes too!

Bell Lanes 168910 N 99th Ave 623-876-3050

Mon-Sat: 8am-8pm Sunday: Noon-7pm

Darts, Shuffleboard & Billiards at Bell Lanes!

2025 Sundial Hot Fun Outta The Sun



Members gathered to play Bar Beats Bingo in Summer 2024



2025 Sun Bowl Spring Concerts

Main Squeeze - Sunday, April 6, 2025 at 6pm: A variety cover band based in Phoenix, Main Squeeze covers music from the 70's, 80's, 90's and more, performing a dynamic blend of multiple musical genres.

The Backstage Crew - Sunday, April 13 at 6 pm: With four part harmonies and a powerful rhythm section, The Backstage Crew provides a high-quality, high-energy show, keeping smiles on faces and dancers on the floor.

Flashback Cadillac - Sunday, April 20, 2025 at 6pm: Flashback Cadillac keeps the crowd entertained whether the audience has come to dance or just listen. This band loves the people they play for and loves playing flashback Rock and Country music.

Cold Schott & The Hurricane Horns - Sunday, April 27, 2025 at 6pm: This band is here to entertain, uplift, and provide enjoyment. Pulling in music from over 5 decades, this band is destined to get the Sun City crowd into the party.

(Band Line Up Subject To Change)

FREE FOR RCSC CARDHOLDERS AND THEIR ESCORTED
GUESTS

FOOD TRUCKS ARRIVE 90 MINUTES PRIOR TO SHOW TIME

DON'T FORGET YOUR LAWN CHAIR OR BLANKET!

RAIN LOCATION: SUNDIAL - MESSAGE 623-972-6014



PAGE 6	CENTERS MIC
Basketball	Minimum Age: 8
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Billiard Tables	Minimum Age: 14
Bell Lanes	M-Sa: 8a-9p; Su: Noon-8p
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p
Bingo	Minimum Age: 18
Sundial Center	Thursdays: Doors Open 4:30p; Bingo 6:15p
	\$9 all 18 games w/3 special games
	Everyone welcome.
Boating/ Fishing	Minimum Age: 6/NA
Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p (or Dusk)
Bocce Courts	Minimum Age: 8
Sundial Center	M-Sa: 6a-9p; Su: 8a-8p
Bowling Lanes	Minimum Age: 4
Bell Lanes	M-Sa: 8a-9p; Su: Noon-8p
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p
Dog Parks	Minimum Age: NA
Duffeeland	May - Sept 6am-8pm // Oct - April: 7am-6pm
*Entry Token Required	Closed last Wed/month for Maintenance
Darts	Minimum Age: 8
Bell Center	M-Sa: 8a-9p; Su: Noon-8p (9/1-4/30)
Fitness Centers	Minimum Age: 14*
Bell Center - 18+ only*	M-Sa: 5a-9p; Su: 8a-8p
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p
Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Mountain View Center	M-Sa: 6a-7p; Su: 8a-7p
Oakmont Center	M-Sa: 6a-7p; Su: 8a-7p
Sundial Center - 18+ only*	M-Sa: 6a-9p; Su: 8a-8p
Horseshoe Courts	Minimum Age: 12
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Mountain View Center	M-Sa: 6a-8p; Su 8a-7p
Jogging / Walking Track	Minimum Age: 14
Indoor	
Fairway Center	M-Sa 5a-9p; Su: 8a-8p
Sundial Center	M-Sa only: 6a-8a
Outdoor	Minimum Age: 8
Marinette Center	M-Sa: 5a-9p; Su: 5a-8p
Sun Bowl	Dawn to Dusk
Library (602) 652-3000	Call to confirm hours
Bell Center	M: 9a-7p; Tu-Sa: 9a-5p
FOTL Bookstore at Bell	M-Sa 9:30a-3:30p
Fairway Center	М-Sa: 9a-5p
Mini Golf	Minimum Age: 6
Bell Center	M-Sa: 6a-9p; Su: 8a-8p
Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p
Mountain View Center	M-Sa: 6a-7p; Su: 8a-7p
Sundial Center	M-Sa: 6a-9p; Su: 8a-8p
Pickleball	Minimum Age: 8
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Mountain View: Outdoor	M-Sa: 6a-7p; Su: 8a-7p
mountain view. Outuooi	m 3a. 0a-7μ, 3u. 0a-7μ

Racquet/ Willspei/ Wallyball	Millimum Age. 6
Bell Center Courts A & B	M-Sa: 6a-9p; Su: 8a-8p;
Closed for Clubs: M/W/F 8a-3:3	Op; T/Th 11a-3:30p, 5:30-7:30p;
W 4-8p; Th 6-8a; Sa 8:30a-1p	
Shuffleboard	Minimum Age: 8

Shuffleboard	Minimum Age: 8
Bell Lanes: Indoor	M-Sa 8a-8p; Su 12-7p (9/1-4/30)
Lakeview: Outdoor	M-Sa: 6a-7p; Su 8a-7p
Spas	Minimum Age: 16/18*
Bell Center - 18+ only*	M-Sa: 5a-9p; Su: 8a-8p
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p
Lakeview Center	M-Sa: 6a-7p; Su 8a-7p
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Oakmont Center	Closed for maintenance
Sundial Center - 18+ only*	M-Sa: 6a-9p: Su: 8a-8p

Swimming Pools - Open Swim Hours

NOTE: Glass containers, chewing gum, alcoholic beverages are not permitted.

Bell Center - 18+ only Minimum Age: 18

Lap Pool: M-Sa: 5a-9p; Su 8a-8p; Closed for Club/Class: M-F 7-9a

Walking Pool: M-Sa: 5a-9p; Su 8a-8p

Fairway Center Minimum Age: 16

Lap Pool: M-Sa: 5a-9p; Su 8a-8p Walking Pool: M-Sa: 5a-9p; Su 8a-8p

Lakeview Center Minimum Age: 4-15*/16

M-Sa: 6a-8p; Su 8a-7p

Children's Pool Hours - Ages 4-15 yrs: Daily 4p-Close*

Marinette Center Minimum Age: 4-15*/16

M-Sa: 6a-9p, Su: 8a-8p

Closed for Clubs Tues and Fri 9-10a

Children's Pool Hours - Ages 4-15 yrs Daily 1-4p*

Mountain View Center Minimum Age: 4-15*/16

M-Sa: 6a-7p; Su 8a-7p

Children's Pool Hours for Ages 4-15 yrs - Daily 10a-1p*

Oakmont Center Minimum Age: 16

M-Sa: 6a-8p; Su 8a-7p; Closed for Club: Every M T Th F 9-10a; Su M W F Sa 11a

Sundial Center - 18+ only Minimum Age: 18

Large Pool: M-Sa: 6a-9p; Su: 8a-8p; Closed for Class: M T Th 8-10a

Closed for Class: W 8:30-10a, 4-6p; Sat 10a-12p Warm Water Pool: M-Sa: 6a-9p; Su 8a-8p Closed for Class: M Tu, Th F 10a-12pm, 4:30-6:30p

Closed for Club: T 12-2p

Table TennisMinimum Age: 8

Bell Center: M-Sa: 6a-9p; Su: 8a-8p;

Closed for Club Activity: M 9a-3p; Tu 9a-12p; W F 9a-4p; Tu Sa: 10a-12p

Tennis Minimum Age: 8
Bell Center: 623-977-3325 M-Sa: 6a-9p; Su: 8a-8p
Lakeview Center: 623-561-4676 M-Sa: 6a-7p; Su 8a-7p

Mountain View: 623-876-3042 M-Sa: 6a-7p; Su 8a-7p

Arts & Crafts Clubs		Palo Verde Artists	Open Studio T 9-11:
Artists by the Lake	M-F 9a-4p; Classes & Open Painting	Dianna 480-612-3564 exec@paloverdeartists.com	Potluck/Meeting/Demos: 3rd M Monthl Arts Classes: all levels using various medi
523-271-8660	Mem Mtg 12p 1st Tu LV SH 1	excele paroverded distriction	ALC CIASCS. All levels asing various incar
555 272 0000	Tionit ing any not in at on a	Quilters on Grand	MWF 8a-4p; T Th Sa 10a-4p @Gran
Artistic Stained Glass	M-Sa 8a-3p; M-Th 5-8p @Bell	623-273-2228	Mem Mtg 2nd F 9:30a @Gran
523-974-4765		Sew-n-Sew	M-Sa 9a-3p Open Sewing @L
Artistic Weavers & Fiber Artists	M-F 9a-12p @OM	sewnsew.info - Check webpage for class dates	Mem Mtg 1st Th, 10an
pakmontfiberartists4@gmail.com	Member Meeting 4th M 1-3p	Silvercraft	M-Sa 8:30a-3:30p @Be
Calligraphy	M 1-3p Th F 9a-11a @SD	623-933-8 44 2	Jewelry Sales M-Sa 9a-3
520-709-9745		SilverStones	M-Sat 8a-3p @SI
Camera Guild	M-F 9a-12p; Member Mtgs: 1st Sat 9-11a @Grand	317-508-5959	M-2at oa-2h @2t
cameraguildsuncity.com		Sterling & Stones	M-F 9a-3p @FW
Carvers	Tu, Th, Sa 8a-12p LV Rm 213	612-987-9366 - Annual Dues \$15	Mem Mtg 2nd M 12-2p, FW AZ #3
623-606-7036	Gourd Art, Model Construction, Wood Carving	Bell Stitchers	T 9a-8p; MWThF Sat 9a-3p @Bel
Ceramics & Porcelain	M-F 9a-3p; Sa 9a-1p @FW	480-578-8871, 2019bellstitchers@gmail.com	Mem Mtg 2nd Tu, 10a @Bel
523-972-5818; 217-710-9023	Mem Mtg 1st Mon 9a	Woodworking at Bell	MWF 8a-8p; T Th Sat 8a-4p @ Bel
Ceramics at Bell	MW 9a-7p, T Th F 9a-3p; Sat 9a-12p	623-974-6058	Mtg 4th Tu, 8am in Club Room
523-974-6750	Mem Mtg 2nd F 9a	Woodworking at Fairway	M-F 8a-4p Sat 8a-12p @FW
China Painting	M-F 9a-12p @OM	623-972-4385	On May 1, hours change: M-F 8a-12p
714-684-4286; FMI sccpc1@gmail.com	11 1 34 12p @011	Woodworking at Lakeview	M-F 8a-4p; Sa 8a-12p @L\
Clay Club	M-Th 8:30a-8:30p; F-Su 8:30a-4:30p @Grand	623-933-2355	Mem Mtg 1st Tu, 9a
623-933-0899	11-111 0:300-0:30p, 1-30 0:300-4:30p @01a10	Card & Game Clubs	
scccaz.grand@gmail.com		500	Man 6 0:20n FM A7 Dm 2 /
Control of the Contro	M Ca 7:20a Oni Cu Oa Cu @MC	240-291-8679 Amy	Mon 6-9:30p FW AZ Rm 3-4
Clay Corner 623-273-6917	M-Sa 7:30a-9p; Su 8a-6p @MC	Bunco Broncos	Doors open 5:15p 2nd/4th M 12:30-3:30p FW AZ Rm 1-2
The state of the s	Mem Mtg 2nd W 8-11a MC Aud	Beverly Duell 360-480-0639	Doors open 11:30a; Annual Dues: \$5 + \$2 day of play
claycorner.org	Yard Art/Lunch 3rd W 8a-9p	beverify businesses too soos	4/19 Open House 2-4p @FW; refreshments served
Bell Craft Club	M On 2 4 C Tu Fu O 2 . W On 2 F.20 On	Canasta	Fri Table Assignments 9:15a; Doors open 9:30a OM
	M 9am-3pm; 4p-6pm; Tu-Fr 9-3; W 9a-3p, 5:30-8p	206-769-8540/canasta107@gmail.com	Dues \$5/Yr + \$1/week to play
523-974-3497	Mem Mtg 2nd Th, 11a BC SH 1		1st Fridays Root Beer Floats
O II-1 O A-	Workshop 1st &3rd Sat 9a-2p		
Sundial Crafts	NeedleCraft M/Th 9a-12p; HeritageAlbums 1st/3rd M 2-6p;	Cribbage	Tu 12:45-3:30p; W, F 5:45-8:30p LV SH3
630-363-0721	Circut 2nd/4th M 2-6p; Card Making Tu 4-8pm;	480-221-8953	Doors open 1 hour prior to play
sundialcraftclub@gmail.com	Scrapbooking W 9a-3p; Open Crafts F 11a-5p	Euchre	Tu 6:15-9:30p FW AZ 2-4; Doors open 5:15p @FW
	Diamond Dotz Sat 9a-12p, Su 12-3p	623-693-2881; 623-826-4552	Th 1-4p LV SH #3; Doors open 12:15p
U. I	W. L 0.42 - 4.2 - 000 IRMO	Fun City Card Club at Bell funcitycardclub@gmail.com	M 5-8:30p, Texas Hold 'Em, Mahjong, Players Choice @BC SH1&2 Th 10a-1p - Texas Hold 'em @LV SH 1
Handweavers & Spinners	Weekdays 9-12p, 1-3p @SD HWS	Tuncity can actuab@grifain.com	1st/3rd Th 1-4p Ponytail @ BMPR
schandweaversandspinners@gmail.com	Handweaving, knit, crochet, spinning, basket weaving, beading		2nd/4th/5th Th 1-4p Mahjong @BMPF
	needle felting, fine stitching, Inkle weaving, rug making and tatting.		2nd/4th F 1-4p, Texas Hold 'em @LV SH2
	Mem Mtg 1st M 1p SD EH	Fun & Games Club	Jan 7 & 21, Tues 6-9p, Doors open 5:30p LV SH 1-2
	Classes for RCSC cardholders in good standing	Jill, 480-228-9475; jillkovachfisher1@gmail.com	Mexican Train, Euchre, 5 Crowns, Farkle & more
Jewelry, Stained Glass & More	M-Sa 8a-12p @Grand	Colin, 602-919-6710; colineil2019@gmail.com	Bring your own beverages, snacks
Laura Barnes: suncityjsg@gmail.com			Door prizes; new games added weekly
Fairway Knit and Crochet club	F 8:30a-12:30p FW AZ Rms 3 & 4	Hand & Foot Club	W 6-9:30p LV SH 1-2;
623-570-8894		Debbie 602-769-3634; Dale 360-904-8203	Arrive 5:15-5:50p, Play begins at 6p
Gar III bassa		Mah Jongg	Tu 11:30a-4p SD WH (National* & Chinese)
Lapidary	M-Sat 8a-3p; MW 5-8p	407-687-1578 Judy	Th 5:30-9p MC SH (N); Su 11:30a-4p MC SH (N)
623-977-1803	Mem Mtg 2nd Tu, 9a BC Team Rm	Monday Night Dinashla	* Must know National & have current league card
Leathercraft	Winter Hours: MWF 7:30a-12p @LV	Monday Night Pinochle Ken 623-552-1200	M 5:15-8p OM Auc Play starts at 5:30pm
FMI janmarshaz1@gmail.com		Pinochle	Tia & Sa 11:30a-4p OM Aud
Metal	M-Sa 8a-4p; Mem Mtg 2nd M 9a BC MPR	970-379-0567 - Anna	14 & 34 11,304-4p 011 Aud
623-974-8206	Mem Mtg, 2nd Mon at 9a @BC Lawn Bowling Building	623-476-7854 - Larry	
bellmetalclub@gmail.com	Board Mtg, 4th Mon 9a @BC Lawn Bowling Building	// * / ** / **/	

623-734-5007	Every M 6-9p Play; Open 5p LV SH #3	Spanish Club SunCitySpanishClub@gmail.com
Contract Bridge Clubs		
Wednesday Afternoon	W 11:30a-4:30p OM Aud	
623-249-9169	Please arrive by 12:15pm	This year, we are teaching Spani
Thursday Afternoon 623-249-9169	Th 11:30a-4:30p OM Aud	French, and ASL
Friday Afternoon	Please arrive by 12:15pm F 11:30a-4:30p FW AZ #2	Fitness Clubs
623-249-9169	Please arrive by 12:15pm	Aerobics
Duplicate Bridge Clubs		scbellaerobics@gmail.com
Duplicate (ACBL)	M F 1-4p LV SH 1-2; Doors open 12:15p;	Aqua Fitness Club aquafitnesssuncity.com
480-221-9827	Arrive by 12:45p; Play at 1p; Must have partner	Terry: (619) 818-4380
suncitydbc.com	Free Lessons 10a-12p 2/3-3/24	Dance for Fitness
Kachina	M 12-4p SD WH	503-580-4636 or 253-820-5453
651-592-5939 Sharon // 623-853-3062 Kay		FUNtastic Fitness
Dance Clubs		Cindi Burrell 623-208-0142
	N. J. 222.12.27.12.1	cindi.burrell99@gmail.com
Bell Afternoon Dance Club	Wed in BC SH 1& 2 (Oct-May)	Handi-Capables
FMI Call Mary 602-980-2917 or email	Lesson 1:15-2p; Dancing 2-4p	602-369-3819
bellafternoondanceclub@gmail.com	\$5/members; \$8/guest	handicapablesaz@gmail.com Hatha YOGA
Classic Rock Dance Club	2025 Membership \$5 4/5 Dave & Soundwaves; members \$8, guests \$12	Email: HathaYogaClub@gmail.co
623-523-4203	4/3 Dave & Soundwaves; members \$0, guests \$12 4/19 DJ Ron West; members \$3, guests \$7	Ladies Exercise
023-323-7203	Doors open 5:30, dance 6:30-9:30p BC SH 1-2	312-343-7800
	00013 Open 3.30, dance 0.30-9.30p BC 311 1-2	So Grand Exercise
Country Dance Club	1st/3rd Sa Open 5:30p, Dance 6-9:30p SD Aud	623-972-6046 or 602-938-0707
480-431-8278; 623-972-5127	,	Stretch 'n Slim
Friday Night Social Dance	Beg & Intermediate Lessons F 6:15p SD Aud	402-578-6948
623-810-8214 scfridaynightdance@gmail.com	Dance F 7-9:30p SD Aud; \$5/members, \$10/guests	Tai Chi (Bell & Lakeview) 480-710-8497
Line Dance	Lessons T/Th 10a-1p SD Aud	http://sctaichi.wix.com/sc-tai-chi
523-972-5127; 231-557-6555 suncitylinedanceclub.facebook	behaviorable of the boson of the property	email: suncitytaichi@gmail.com
Rockin' Thru the Years	2nd, 4th, 5th Sa: 6:30-9:30p	7umba Club/Chan to the Mus
360-434-0156		Zumba Club/Step to the Mus 623-583-2065
Squares (Bell Center)	Round dance lessons Ph 2-4 Tu 1-4p BC SH1	suncityaz.org/club/zumba-classe
523-694-7194 jr3me@yahoo.com	Square Dance Tu 6:30-9p BC SH1-2	Zumba-classes for specific inforn
	Round Dance Lessons Ph 4-5 Th 6-7p BC SH1	
	Ph 2-3-4 Programmed Dance 7-9p BC SH1	
	Square Dance Workshop Th 6-7p; Lessons 7-9p BC SH2	Aqua Zumba
Sun City Poms		Requires membership in Zumba
602-392-4242		
EMAIL scpoms@yahoo.com for more info including clas		Hobby Clubs
Tip Top Dancers 623-233-4611	Classes offered in tap, jazz, ballet, lyrical, and musical theatre for all levels from beginner to expert	
tiptopdancesuncityaz@gmail.com	tot all levels from Degitifier to expert	Birding Club of Sun City
FMI visit: tiptopdancerssuncityaz.wordpress.com		email: locascio2000@hotmail.cor Text to 602-616-7459
C10 - 20 - C10 - C		Garden Club
Educational Clubs		gardenclubofsuncity.org
Computer Club	M-F 8a-4p; Sa 8a-12p @FW (Sep-Apr)	623-875-5921
623-933-8953; www.azccsc.com	Join one club now for all your computer needs!	Model Railroad Club
		480-634-0106
		Model Railroad Museum
LifeLong Learning	Classes will resume in the fall.	480-634-0106
scazlifelong@gmail.com	Membership/Registration meeting 10/16 10a @FW	suncitymodelrailroadclub.com

Spanish Club SunCitySpanishClub@gmail.com This year, we are teaching Spanish, German, French, and ASL	Jan-Apr Classes: Spanish 1 M 9a, 11a; Tu 12p; W 8:30a; Zoom 9:30a; Spanish 2: T 9a, W 10:30a; Spanish Stories M 3p; Grammar Sat 10:30a; Conversation Sat 12:30p German T 2p; French T 10:30a; American Sign Language M 12:30p; April 15 Luncheon
Fitness Clubs	
Aerobics	MWF 8a, 9a, 10a @BC SH 1&3
scbellaerobics@gmail.com	, , , , , , , , , , , , , , , , , , , ,
Aqua Fitness Club	Classes at SD, MC, OM & MV
aquafitnesssuncity.com	3/31-4/4 Free Try Before You Buy Classes
Terry: (619) 818-4380	Class schedule on website
Dance for Fitness	Tu 9-10a @BC SH 1&2; W 9-10a @SD Aud
503-580-4636 or 253-820-5453	F 9-10a @SD WH
FUNtastic Fitness	Pilates M 1-2, F 1:15-2:15p @MC SH
Cindi Burrell 623-208-0142	Aerobics Tu, Th 1-2p @MC SH
cindi.burrell99@gmail.com	Strength Training Tu, Th 2:10-3p @MC SH
Handi-Capables	T/Th 12p, 1p @SD Warm Water Pool
602-369-3819	Mem Mtg 1st M 12p @FW AZ 1&3
handicapablesaz@gmail.com	Mak 0 Chair Classes May Cat GCD Vara Dasse
Hatha YOGA	Mat & Chair Classes-Mon-Sat @SD Yoga Room
Email: HathaYogaClub@gmail.com Ladies Exercise	Class schedule at hathayogaclub.org Tu & F 8-9a OM Aud
312-343-7800	Tu & F 0-3d OFF Auu
So Grand Exercise	M W F 7-9a FW AZ 1&2
623-972-6046 or 602-938-0707	PIWIT JUIN ALL LACE
Stretch 'n Slim	M-Sa 6:45, 8, 9a; @Bell Aerobics Rm
402-578-6948	
Tai Chi (Bell & Lakeview)	Tue 6p Qi Gong LV SH#2;
480-710-8497	Th 9:30a Balance & Tai Chi Basics @Bell SH2
http://sctaichi.wix.com/sc-tai-chi-club	Th 10:45a Beginner Tai Chi @Bell SH2
email: suncitytaichi@gmail.com	Th 12p Advanced Beginner Tai Chi @Bell SH2
	Th 1:15p Intermediate Tai Chi Set Two @Bell SH2
	Th 2:30p Advanced Tai Chi Set Three @Bell SH2
Zumba Club/Step to the Music	M W 11:30a-12:30p Gold BC SH
623-583-2065	Tu 7:30-8:30a Chair/Gold BC SH; 6-7p SD WH
suncityaz.org/club/zumba-classes	Th 7:30-8:15a Chair BC SH; 6-7p MC Aud
Zumba-classes for specific information on classes	F 9:30-10:30a MC Aud; 11:30a-12:30p BC SH
	Sa 8:30-9:30a MC Aud Zumba Fitness
Aqua Zumba	W 4:30p check-in, 5p class begins SD Pool
Requires membership in Zumba Club	Sat 10:30a check-in, 11a class begins SD Pool
Hobby Clubs	
Birding Club of Sun City email: locascio2000@hotmail.com	
Text to 602-616-7459	Office & Creambarres MMF On 12m @Creamb
Garden Club	Office & Greenhouse MWF 9a-12p @Grand
gardenclubofsuncity.org	Mem Mtg 1st Tu Sep-May 9a @ MC Aud
623-875-5921 Model Railroad Club	Member Hours: M-Sat 8a-5p
480-634-0106	метрег поитs: м-sat 8a-эр Visitor Hours: (Sep-May) W, Sat 9a-3p
Model Railroad Museum	visitor nours: (Sep-May) w, Sat 9a-3p FMI visit suncitymodelrailroadclub.com
480-634-0106	i 1911 YISIL SUNCLLYMOUCH AM OAUCHUB.COM
suncitymodelrailroadclub.com	
UTICLE THOUGH AND COULTING COURT	

Rockhounds (at Sundial)	2nd Th 6p FW AZ 1-2
scrockmuseum@gmail.com Mineral Museum	M-W, F Sa 10a-1p @SD
623-428-6442	
RV Club	Mtg/Potluck 4th Tu 5:30p SD Aud
suncityrvclub2023@gmail.com	1st W 3rd Tu 5-9p Games at BC MP Bldg
scazryclub.com	Caravan Mtg 4th F 9-11a SD WH
Vintage Vehicles	Shop Operations M-Sa 8a-4p
602-609-0973	3rd Tu: Membership Meeting 1-3p, LV SH1&2
vintagevehiclesofsuncity.com	Potluck & Social Last Tu 5-9p in Shop GC
Thrager of holosoft out for the	Cruise-In - Every Wed 3-6p Arby's 99th & Bell
	Motorcycle Cruise-Every Thu Leave shop at 9:00a
	Cruise-In - Every Sun at 11:30a Culver's
	8330 W. Deer Valley Rd., Peoria
Performing Arts Clubs	
Sun Cities Community Orchestra	W 8:30a-12p @FW Music Room
518-366-0902	Meeting the first Wed with our new conductor
	Rehearsals Sep-Apr
Concert Band	Debensels Tu O 11 sw GEW Music Deam
	Rehearsals Tu 9-11am @FW Music Room
623-9106355 Handbell Ringers	Spring Concert 4/26 2pm; free admission SD Aud F 8:30a-11:30a FW Music Rm
602-882-9952	Spring Concert, "That Old Time Gospel Ring,"
suncityhandbells.org	Sunday, 4/6 3p @ American Lutheran Church, Sun City
Piano	Music Program 3rd F 9:30-11a SD Aud
623 -444-44 83	Piano lessons available
Sun City Players Comm Theater	M 4/21 General Meeting 7 p MV
suncityplayers.org	Entertainment : Readers Theater Presentation of:
623-886-5502	"Dear Familly, Dear Friend: Letters from the Heart"
Reader's Theater Ensemble	Sat 4/12, 4/26 10a-12p FW AZ 1&2
RSVP Ray, scpct.rte@gmail.com	···· ·,, ·, · · · ·
Sun City Sings! Mixed Chorus	Rehearsals Tu 9-11a
Linda 623-308-4032 (call or text)	Concert April 11, 7p
Rhythm Ramblers	Rehearsal Tu 1-5p @FW Music Room
602-717-7246	Dance 1st Tue 2:30-4:30p @SD
Ukulele	Th Social 2:30-3p; Jam 3-4:30p @FW Music Rm
Trudy Bryson 480-276-3780 (Oct-May)	Concert Th 4/3 4-5p @FW Music Rm
Sharon Raimann 920-410-6932 (Jun-Sept)	
Calendar at www.scukes.org	Va -
SIG - Ukulele Acoustic Jam	2nd/4th Su 2:30-4:30p MC Aud (Nov-Apr)
Peter 415-298-2059	All acoustic instruments welcome
Women's Chorus 208-853-1809	Rehearsals Th 8:45-11a FW Music Rm
Political Clubs	
Democratic Democratic	1st Th Meeting 6:30p; Social starts @6p @FW AZ 1-2
suncitydems.com	4/3 Open House 5-6p @FW
603-832-4745	4/6 Annual Picnic 3-5p @OM
Republican	3rd Tu 6p @SD EH
suncitygopclub@gmail.com	Doors open 6pm; Meeting 6:30p

Social Clubs	
Best Friends Dog Club	Member meetings 3rd Tu 1p @FW (Jan-Apr, Oct-Dec
602-639-1370	Agility Fun Match Apr 11 8a @FW T
bfdcsuncity@gmail.com	Fun Match Apr 12 10a @M\
bestfriendsdogclub.com	Dog First Aid/CPR April 15 02:15p @FW
Duffeeland Dog Park Club	Annual Fees \$
Karen Heisher 330-388-0681	Purpose: To provide a safe, clean, & inviting environmen
	where people and dogs can socialize and have fun
Fairway Readers	2nd F 1-2:30p @FW AZ #
715-450-9852	Book club titles may be available at Fairway Library
maureenopper@gmail.com	Reserve with an MCLD library card
Hospitality Club	Sat 10a-4p @ MC Friendship Corner - Cards/Games
623-974-5615	
Illinois Club	Social Mtg 4th Th 6p @FW AZ4
775-722-1169	Annual member fee \$5
LGBT of Sun City	4/11 Spring Fling Bingo 5:15-8:30pm BC SH1&2
lgbtclubofsuncity@gmail.com	
lgbtclubofsuncity.com	
Men's Club	Club Room @Sundial, Open M-Sa 7a-4
623-977-5116	Gin, Cribbage, Sheepshead, Euchre, Poker
suncityazmensclub.org	Pinochle, Billiards, Horseshoes, Table Shuffleboard, & More
Contact club for more information.	Bingo Th SD Aud - Doors open 4p; Play at 6:15
Michigan Friends in Sun City	3rd W 4-6p @Bell MPF
michigan2arizonaclub@gmail.com Call or text 623-910-1522 to RSVP for Euchre/Cards on last	Monday
New England Club	2nd Sat, 5p @LV SH :
newenglandclubsuncity@gmail.com	Dinner and entertainment/activity to follow social and business
NextGen (Sundial)	Sun City's active social club open to all
nextgensc.org	RCSC Members/Cardholders
info@nextgensc.org	
Singles Social Club	Tu 1p - Bowling @ Bo
602-370-6666	W 1p - Billiards @ L'
	Sat 8:30a - Breakfast @ Brothers, Peoria Av
	Potluck 1st F, 6-9p @FW AZ 3-
	3rd Th 9a - Coffee Klatch @ Panera Bread, Bell Rd
	Game Night 3rd F 6-9p @FW AZ 3-4
	Dinner & Darts 2nd & 4th F 4:30-8p @BC
Wisconsin Club	To volunteer, call Julie 715-459-6600
920-265-8433 or 608-852-4227	or email mcintyre.linda47@gmail.con
Women's Social	M-Su 9:30a-4:30p @L\
414-758-6069 View online calendar at	M 10a Train \$0.10; T/Th 1p - Varied
suncityaz.org/recreation/clubs/sun-city-womens- social-club/	F 1p Texas Hold 'em 1st/3rd/5th \$5 buy (twice)
5.50m (1754)	Anyone welcome
	4th W Meeting/Potluc
	A/1E Cood Eriday/Footor Troot

4/15 Good Friday/Easter Treats

Sport Clubs	
Basketball	Pick Up Games in Villanueva
206-459-3242; 604-313-3190	Community Center M&W 3:30-5
charlespeterson@comcast.net	*
Billiards (Bell Billiards Room)	Golf: T F 1-4
715-966-7106	Handicapped 8-ball; W F 8a-1p, F 1-4
	One-pocket, Equal Offence, 14.1 and other
	exotic games available with club approve
Billiards (Lakeview Billiards Room)	Men & Women 8 & 9-Ball M T Th F 8a-12
623-296-4869; 602-319-0783	Ladies Billiard Bells M Th Sa 9:45-11:30
Bocce (Sundial)	Check the Club House Bulletin Board
Tim Burke, President, 605-219-7753	online at https://suncityaz.org/recreation
Pam Elmstron, Lessons, 719-599-5997	clubs/bocce-club/ for complete schedul
Dart Club	M Tu W 5:30-8p, Th 6-8p, Sa 1-3p @Be
623-888-4292	in the tribible opposite to person to specific
Lawn Bowls (Bell Center)	Su M W F 8:45a, 1:45
780-566-8568	30 P W 1 0.430 ₁ 1.43
Lawn Bowls (Fairway & Mountain View)	Tu Th Sa 8a-12p MV Club Bowlin
360-303-9722	W F Su 8a-1p FW League Bowlin
Lawn Bowls (Lakeview; Sun City Club)	Dollar Mondays: 12:30-5
734-673-8908	Bullione (December) to Charles in
Lawn Bowls (Lakeview)	Tu Th Sa 8:45am, 1:45
253-381-3928	
Lawn Bowls (Oakmont)	MWF 5:15p; Sun 1:45
515-321-2781	
Mini-Golf	4/8 Social/Meeting 9-10a @LV SH
602-999-7011 Wayne	4/9 Mini Golf Game 8a @M
	4/23 Mini Golf Game 8a @L
	4/23 Spring Brunch 10a-12p @LV SH
Pickleball (MC, MV)	Daily Drop-in Play M-F 7a-5p, Sa/Su 7-11 M
scpickleball002@gmail.com	M-F 7-11a M
https://suncitypickleballclub.org	
Racquetball	M W F 10:30a-1p; T Th Sa 10a-12p @Be
623-935-9471	T-Thu 5:30-7:30p @Be
Shuffleboard (Indoor) (Bell)	M Tu F 12:45-3:30
307-321-1420 Mark	PINI ZZITO OLOU
Shuffleboard (Outdoor) (Lakeview)	MWF 1-3p (Oct-May) @L
523-810-0187 Kima	First 1 Sp (Oct Fluy) @L
Shuffleboard Sundial (Bell)	Th 5:30-8:30p BC Ct
720-338-5407	III 3:30-0:30p DC CC
shuffleboard2025@outlook.com	Location District The Code On A
Softball (Senior) (at Sun Bowl)	League Play M,T, Th-Sat 8a-4
712-208-0014	
suncitysb.org	
Sportsmen	Mem Mtg 3rd Th 9a GR Sonoran Roo
Luke 928-301-3795	Archery Range hours vary; call for latest schedul
Phil 623-455-3114	
Sun City Yacht Club	Su and Th, 11a-2p @L
https://sites.google.com/view/sun-city-rc-yacht-club/home	
360-208-7076/303-921-2256	
Swim Club-Masters	M-F 7-9a @BC Lap Poo
Leslie Nock: tbnock@yahoo.com	M/W 2:30-4p Yoga 4 Swim @BC Aerobics R

Important Dates for Clubs to Remember!

April 2025

- 1 2026 Club Budget Request Due
- 10 Guest Attendance Register & Guest Fees Due
- 10 Monthly Attendance Spreadsheet Due
- 30 Facility Usage & Club Meeting Schedule Due

Chartered Clubs Office 623-561-4660 email: <u>clubs@suncityaz.org</u>

Spring Fling event to be held in Courtyard area by Club Rooms



Club Directory Key:

M = MondayBC = Bell Center Tu = TuesdayBMPR = Bell Multi-Purpose Room W = WednesdayFW = Fairway Center Th = ThursdayGR = Grand Center LV = Lakeview Center F = FridaySa = SaturdayMC = Marinette Center MV = Mountain View Center Su = SundayOM = Oakmont Center a = AMp = PMSD = Sundial Center Area codes are 623 unless noted. SB = Sun Bowl

hygiene product(s) for St. Vincent DePaul for the homeless. Please help...DONATE TODAY!!!!

Bell Lapidary Club

Lapidary is the art of revealing and enhancing the natural beauty of stones and minerals. You are invited to come and experience the process of cutting, shaping, and polishing rock. Bell Lapidary Club members make beautiful jewelry cabochons for pendants, earrings, belt buckles, rings, and bolo ties; as well as other rock art items such as book ends, spheres, faceted gems, and more.

Examples of our members' creations are on display and available for purchase in the Club's store, which is open to everyone. We welcome RCSC Card Holders to join us and make your own amazing works from stone. Lapidary is fun and we enjoy sharing and learning together with our fellow members. Our shop is very well equipped, and we will train you in how to practice your new skills. Membership dues are \$20 annually and the training fee is \$35.

The shop is open from 8:00 am to 3:00 pm, Monday through Saturday (periodically, we will be closed on Wednesday afternoons for training). We are also open Monday and Wednesday nights from 5:30 to 8:30 pm. Summer hours and schedule may vary, as needed. Please do drop in for a shop tour and to visit our store. Call 623-977-1803 for additional information.



Sun City Swim Club

Sun City Swim Club is hosting the Chris-Mac Invitational Fun Sun Relay Swim Meet on Saturday, April 5, 2025, at the Bell Center Pool. This event honors our dear friend and swimmer Christa McLaren-Morris. This is an annual event with swimmers from Sun City West, Grand, Festival, Trilogy and Sun City Swim Clubs. The event is at the Bell Center Pool, from 7:30 a.m. to 1:00 p.m. with check-in starting at 7:00 a.m. Visit the Sun City Swim Club website for more information at: https://suncity-swim.com.

Sun City Swim Club Presents

2025 Chris - Mac Invitational

West Valley Fun Relays





Sun City Concert Band

The Sun City Concert Band was organized in 1979 by Clancy Wolf and initially had a nucleus of 20 members who also played in Clancy's polka band. Today, the concert band is comprised of approximately 80 members, with various backgrounds. Members must possess the requisite talent to play their instruments and enjoy the preparation of good music performed at concerts for the enjoyment of the community. The band plays a wide variety of music but focuses on traditional concert band literature. The band is directed by Ken Jaeger and Associate Director, Charles Musgrave. The band rehearses weekly on Tuesday mornings at the Fairway Recreation Center from 9:00 -11:00 am from September through April. We perform four concerts each year: Fall, Christmas, Sousa, and Spring.

The Concert Band will perform its spring concert, "Into the Joy of Spring," on Saturday, April 26th at 2:00 pm at Sundial Auditorium, 14801 N 103rd Ave, Sun City. The concert will feature trumpet soloist Dan Reed. Admission is free, with donations accepted at the end of the concert. For additional information, contact Jane Higgs at 623-910-6355 or visit www.sccband.org.









Knitters Club of Fairway Center

Do you like to knit and crochet? Knitters Club of Fairway Center gather every Friday morning from 8:30 am to 12:30 pm at Fairway Recreation Center to promote fellowship, enjoyment, and encouragement of knitting and crocheting for charity. In addition to the weekly meetings, this group also plans and gathers at many events throughout the year for a variety of festive activities.

Most recently, club members were invited to a "tea party," hosted by member Mary Ann Hoss, and Club President, Gail Wuepper. Attendees delighted in wonderful food, a large selection of teas and other beverages, and most importantly, a fun atmosphere enjoying each other's friendship. If guests didn't have a pretty hat to wear, no worries, because the gracious hosts had a wide selection of hats available so all could join in the fun and play "dress up."

If this sounds like fun to you, please come and enjoy the morning with us on Fridays. There are often knitting and crocheting themes for the month, based upon community need. A vast selection of yarn and patterns are available for the charitable donations we create. In addition to helping others, club members work on their own projects that inspire new ideas for others.

Recreation Centers of Sun City Chartered Clubs

Concerts. Crafts. Swimming. Sports. Whatever your fancy, Sun City AZ has more than 125 chartered clubs available together with a constant stream of events and activities to fill your day with options to stay active, creative and entertained. Sun City AZ Living – it's a great life!

The Clubs Office oversees and administers Recreation Centers of Sun City (RCSC) club activities. The office, open 8:30am – 4pm Monday – Friday, is located at our original center, Oakmont Recreation Center at 10725 W. Oakmont Drive.





Water Conservation

Water Saving Tips in the Yard

If you're looking to do a little work around the yard, look no further than the Epcor Water demonstration garden right here in Sun City AZ (15626 N. Del Webb Blvd.) for ideas that will inspire and help you conserve water, too.

You'll find that drought-tolerant plants are the easiest to maintain and flourish in our desert environment. You can minimize pruning by selecting plants, shrubs and trees that require less water and fit with your landscaping. Group plants together based upon their different watering needs and let them grow naturally instead of pruning into balls or other shapes.

Pay special attention to these simple tips when tending to your yard and garden:

- Use drought-resistant plants and grasses like Bermuda instead of Kentucky Bluegrass, and avoid overseeding in the winter.
- Adjust the irrigation timer quarterly and turn the irrigation system off when it's windy or raining.
- Water in the early morning or late evening to avoid evaporation. y Know how much water your plants need – many plants die from overwatering.
- Water for a longer period of time, but less often. This lets the water sink into the ground and pulls the plant roots away from the hot surface.
- Don't water cacti.
- Use a broom, not a hose, to sweep sidewalks, patios and driveways.
- Mulching reduces evaporation, lowers soil temperatures and helps to control
 weeds. With better soil drainage, water gets to the plant roots where it's needed.

In Arizona, up to 70% of residential water usage is outdoors. By replacing high wateruse plants and turf with low water-use plants, you can not only save money but thousands of gallons of water a month.

For more information, contact the Epcor Water conservation team at conservation@ epcor.com or visit epcor.com online for additional gardening strategies.



Every Drop Counts!

Do your part to help conserve!



on April 18, 2025
in observance of
600d Friday



FREE MOVIES

Wednesdays @ Marinette

Saturdays @ Mountain View

Show Times: 2pm & 7pm

Bring your own beverages & snacks!

Get the movie listings directly by signing up to receive RCSC News Email Alerts or via the RCSC Web Portal





Thursdays from 9am - 1pm Bell Recreation Center

Last day for the season is May 29, 2025

You'll find fresh, local, seasonal produce, herbs, flowers, natural meats, value-added foods, fresh baked goods, and seafood. Several RCSC Chartered Clubs also participate. NOTE: This market is enrolled in the AZFMNP/WIC program.

Member Fitness & Massage Services

Support these local services; schedule an appointment today!



Personal Fitness Training Sessions

Call (623) 696-6820 Sessions are available at all RCSC Fitness Centers

Massage Services



- Juan at Bell (480) 743-0534
- Su at Bell (928) 301-6644
- Jodie at Sundial (480) 392-1061
- Laura at Fairway (623) 201-0378

BENEFITS OF MASSAGE

Massage therapy provides numerous physical and mental benefits, promoting overall well-being. It helps reduce stress by lowering cortisol levels while boosting serotonin and dopamine, leading to improved mood, relaxation, and better sleep.

Physically, massage enhances blood circulation, allowing oxygen and nutrients to reach muscles more efficiently, reducing soreness and tension. It also stimulates the lymphatic system, aiding in detoxification and boosting immunity. Massage is effective in pain relief, helping with conditions like back pain, arthritis, and migraines by reducing inflammation and improving mobility.

Additionally, it increases flexibility and range of motion by loosening tight muscles and connective tissues. Beyond physical benefits, massage supports mental health by reducing anxiety and lowering blood pressure. Techniques like Swedish or deep tissue massage cater to relaxation or muscle recovery needs.

Regular massages contribute to a healthier lifestyle, relieving stress, easing pain, and enhancing overall body and mind function.

Entry Access Tokens

Entry Access Tokens may be required and/or obtained for the following RCSC Centers/Facilities:

Duffeeland Dog Park ** Grand Center

Fairway Center Oakmont Center

RCSC Members/Cardholders can obtain Entry Access Tokens at the Lakeview Cardholder Services Office (Lower Level) Monday-Friday from 8:30 am-3 pm.

** NOTE: Access Tokens for Duffeeland require Request Form/ Waiver & Release Documents to be executed. These forms can be found at: suncityaz.org/forms/



Exciting News for 2025: Recreation Radio is Here!

We're thrilled to announce the launch of Recreation Radio, your brand-new 24/7 commercial-free radio station! Now you can enjoy the greatest hits of the '50s, '60s, '70s, and '80s curated especially for our community.

Why Recreation Radio?

For years, our recreation centers have relied on music and entertainment broadcasted by another station. While convenient, it came with challenges; inconsistent reception, station format changes, objections to commercials and conflicting tastes in music, and lack of RCSC specific information.

It has been our vision to create a station that serves as the "Voice of RCSC," delivering music and messages tailored to our community's unique preferences. Thanks to the support of senior management and the upgrades made by our IT department, this vision is becoming a reality.

Where to Hear It

Recreation Radio is currently playing in various locations at the Sundial Center. Our goal is to expand to all centers using our business network infrastructure, and we're hopeful the rollout will be completed soon.

We're also streaming Recreation Radio online via Live365. com, (once there, type in Recreation Radio in the search bar and that will take you to the next page where you will click on the RCSC logo) now you can listen from anywhere!

Get Involved!

This station was built for YOU, and we'd love your input to make it even better. Send us your suggestions, critiques, and comments at recradio@suncityaz.org. Plans for the radio station will include Club announcements for big events; Opportunities for club reps to record short messages endorsing their activities; and Positive member reviews to be shared on air!

Let's build something amazing together your soundtrack, your community, your Recreation Radio!



Celebrate National Library Week April 6-12, 2025

What draws people to the library? Everything! From books and digital resources to job assistance and creative programming, libraries are essential to thriving communities.

National Library Week, April 6-12, 2025, is a time to celebrate the many ways libraries bring people together, spark imagination, and support lifelong learning.

At the Fairway Branch and Sun City Branch at Bell, we invite the community to join the celebration! Whether you're a longtime patron or haven't visited in a while, now is the perfect time to explore all the library has to offer. Our libraries provide free Wi-Fi, digital collections, informational programs, book clubs, seed libraries, and much more, ensuring that everyone has access to resources that educate, inspire, and connect.





APRIL

Recreation Centers

Bell | 623-876-3040 16820 N 99th Ave

Fairway | 623-876-3044 10600 W Peoria Ave

Grand | 623-561-4600 10415 W Grand Ave

Lakeview | 623-561-4675 10626 W Thunderbird Blvd

Marinette | 623-876-3054 9860 W Union Hills Drive

Mountain View | 623-876-3042 9749 N 107th Ave

Oakmont | 623-876-3046 10725 W Oakmont Drive

Sundial | 623-876-3048 14801 N 103rd Ave

Sun Bowl | 623-972-6014 (Recording) & Softball Field 10220 N 107th Ave

Duffeeland Dog Park 14610 N Del Webb Blvd

Golf Courses

Lakes East/West | 623-876-3023/3020 10433 W Talisman Road

North | 623-876-3010 12650 N 107th Ave

Quail Run | 623-876-3035 9774 W Alabama Ave

Riverview | 623-876-3025 16401 N Del Webb Blvd

South | 623-876-3015 11000 N 103rd Ave

Willowbrook/creek | 623-876-3033/3030 10600 N Boswell Blvd

Bowling Centers

Bell Lanes | 623-876-3050 16810 N 99th Ave

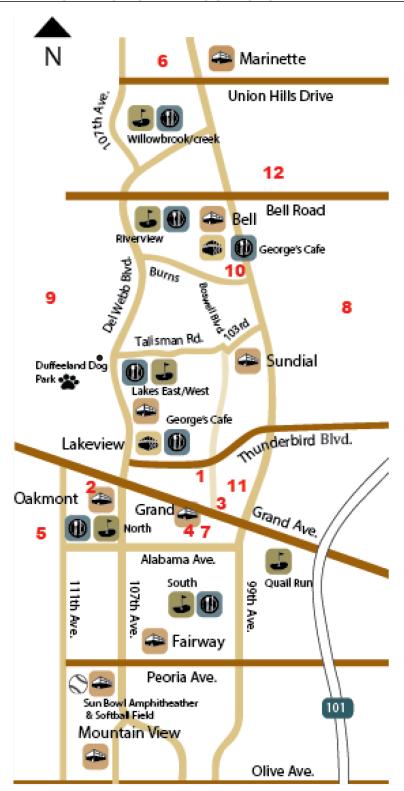
Lakeview Lanes | 623-876-3055 10502 W Thunderbird Blvd

Restaurants

George's Lakeview Cafe | 623-876-3057 10502 W Thunderbird Blvd

George's Cafe at Bell | 623-518-4525 16810 N 99th Ave





Community Organizations

- 1. Banner Boswell Hospital | 10401 W Thunderbird Blvd | 623-832-4000
- 2. Del Webb Sun Cities Museum | 10801 W Oakmont | 623-974-2568
- 3. Olive Branch Senior Center | 10349 N 103rd Ave | 623-465-6000
- Sun City Community Assist Network | 10195 W Coggins | 623-933-7530
 Sun City Condo Owners Association | 11132 W California Ave | Youngtown 623-974-9035
- 6. Sun City Fire Dept Headquarters | 18602 N 99th Ave | 623-974-2321
- 7. Sun City Homeowners Association | 10401 W Coggins | 623-974-4718
- 8. Sun City PRIDES | P O Box 1463 | 623-972-6558
- 9. Sun City Sheriff's Posse | 10861 W Sunland | 623-972-2555
- 10. Sun City Welcome Center | 16824 N 99th Ave | 623-977-5000
- 11. Sunshine Service | 9980 W Santa Fe | 623-974-2561
- 12. U S Post Office | 9820 W Bell Rd | 623-933-9887

RCSC Offices & Center Locations

BELL CENTER:

Sun City Welcome Center
Bell Branch of the
Maricopa County Library
Bell Bowling Lanes
Fitness Center, Pool,
Tennis, Lawn Bowling, MiniGolf, Clubs, etc.

SUNDIAL CENTER:

Activities & Events Office Sundial Auditorium, Fitness Center, Pool, Bocce, Mini-Golf, Clubs, etc.

LAKEVIEW CENTER:

Corporate/Board Offices
Human Resources
Cardholder/Member Services
Office for new homeowners,
membership cards, property
assessment payments, etc.
Fitness Center, Pool, Lawn
Bowling, Mini-Golf, Lake with
Fishing, Boats & Walking Park

OAKMONT CENTER:

NEW LOCATION of RCSC Chartered Clubs Office, Fitness Center, Pool & Spa, Clubs, etc.

Entry Access Tokens

Required OR Available for the following Facilities:

Duffeeland Dog Park Fairway Center Grand Center Oakmont Center

Contact Cardholder Services at Lakeview for assistance