

# SUN VIEWS

ISSUE #203 • OCTOBER 2018 • A PUBLICATION OF THE RECREATION CENTERS OF SUN CITY, INC.

**SUN CITY**  
ARIZONA  
RECREATION CENTERS  
OF SUN CITY

## Two-Day Native American Market Comes to Sun City AZ

The Recreation Centers of Sun City, Inc. is excited to be bringing Micki Free's Intertribal Indian Market to the Sundial Center for your enjoyment on Friday and Saturday, October 12-13, 2018. There is no entry fee and all are welcome to explore and embrace this unique Native American experience.

The Market will be open on Friday from 11am to 8pm and on Saturday from 9am to 3pm. There will be many artisans from various Native Tribes and Nations, offering a wide array of authentic handmade arts, crafts and collectibles for purchase. Gourmet food trucks will also be on-hand both days for your pleasure and convenience.

Plan your visit accordingly if entertainment is what you're after as we are pleased to announce the return of Grammy award winning artist Micki Free to Sun City AZ for two performances (Friday at 6:30pm, Saturday at 1pm). Free's mesmerizing Native American flute music promises to take you on an unforgettable journey into peace and contentment. We also have on board the Indigenous



Micki Free performs at Lakeview Lagoon, in February 2018

Enterprise Dancers who will present three shows (Friday at 1pm and 4:30pm, Saturday at 11:30am). These youthful dancers and singers, who represent many tribes and Nations, will share their proud traditions and culture through pow-wow dancing.

All performers will spend time throughout the venue in full regalia, meeting with attendees who are interested in photos, autographs and conversation with the artists so don't forget your phone, tablet or camera.

The Sundial Recreation Center is located at 14801 N. 103rd Ave. in Sun City AZ. *Note: Previously publicized performers (Fabian and Shelly Morning Star) had personal scheduling conflicts and were unable to attend.*

## Sundial Concert Series Tickets Available to RCSC Cardholders Starting November 1st

Get ready for another great series of fantastic shows coming to Sun City AZ with reserved seating for all ticketed shows at the Sundial Auditorium once again in 2019. With a superb line-up of entertainment offering more variety than ever before, season tickets for the entire series will go on sale starting on Thursday, November 1, 2018 which includes all 11 shows for the unbelievable price of \$154 (that's only \$14 per show).

Season tickets will be on sale from November 1-30, 2018 and may be purchased by RCSC Cardholders in good standing only (limit of one series/season ticket sale per full-size RCSC Member or Privilege card presented at the time of purchase; no key fobs accepted). The Gold Dot entrance at Lakeview will open at 5:15am on November 1, when RCSC Cardholders will be issued numbers prior to ticket sales beginning at 8:30am when the Clubs & Activities Office opens. This process will give Cardholders the ability to save a place in line and return later to make their purchase. It should be noted that anyone arriving at the office after their number has been called will not be served and must begin the process over.

Tickets for all individual shows go on sale Monday, December 3 to RCSC Cardholders in good standing only for \$17 per person (again, limit one ticket per full-size RCSC Member or Privilege card presented at the time of purchase). Ticket sales to non-RCSC Cardholders and guests will begin on Wednesday, January 2, 2019 for \$20 per person should any tickets remain.

Visit our website at [www.suncityaz.org/recreation](http://www.suncityaz.org/recreation) for more information about the upcoming Sundial Concert Series and the great acts that will be performing in Sun City AZ this winter and spring. You will also find the complete list of all shows coming to Sundial by turning to page 12.

Stay in the loop!  
Get RCSC News Alert  
Emails, sign up at:  
[www.suncityaz.org](http://www.suncityaz.org)

Email addresses  
remain confidential

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## Ideas for Future of Mountain View Sought

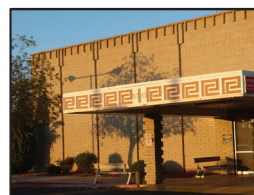
RCSC Cardholders are reminded to attend one of two town hall meetings scheduled for Monday, October 1, 2018 in the Mountain View Auditorium. The afternoon session will be from 1-3pm; the evening session will be from 6-8pm. The purpose of this meeting is to give the Long Range Planning Committee input on what Cardholders might wish to see included in the future renovation plans for the Mountain View Recreation Center.

Those unable to attend either session may submit written comments no later than Monday, October 15, 2018 via email to [boardoffice@suncityaz.org](mailto:boardoffice@suncityaz.org).

### Mountain View Center Town Hall Meetings



**Monday, October 1, 2018**  
Two Sessions: 1-3pm and 6-8pm  
Mountain View Auditorium  
9749 N 107th Ave, Sun City AZ



Come share your thoughts and ideas with the RCSC Board of Directors' Long Range Planning Committee about the future demolition/renovation of the Mountain View Recreation Center.

Your input is vital to this process as we keep making Sun City AZ the greatest place to stay active and have fun!

Connect with Sun City AZ



# Micki Free's Intertribal Indian Market



Friday 10/12/18  
11am to 8pm

Saturday 10/13/18  
9am to 3pm

Sundial Recreation Center  
14801 N 103rd Ave  
Sun City AZ 85351



Featuring Live Performances by:

**Micki Free & Indigenous Enterprise Dancers**

Grammy Award Winning Artist

Friday @ 6:30pm;  
Saturday @ 1pm

Friday @ 1pm & 4:30pm

Saturday @ 11:30am



Artisans from Various  
Native Tribes & Nations

Entertainment including  
Native Dancers & Music

Handmade Arts, Crafts &  
Collectibles

Gourmet Food Vendors

**All are welcome!**

## RCSC Cardholders: Please keep the following in mind!

While you're out and about enjoying all that RCSC has to offer, please be aware of the following items which require Cardholder attention when using any of the recreational facilities:

- All RCSC Cardholders are required to check in with their Member or Privilege Cards (key fobs accepted for entry to fitness, pools and spas; not concerts or free events)
- Neither Sun City AZ residents nor spouses of RCSC Cardholders are eligible to be guests. With proper documentation, privilege cards may be purchased at the Cardholder Services Office at Lakeview Center in order to use the facilities.
- Host punch cards are purchased by and belong to the Cardholder, not the guest. Host punch cards can be purchased at RCSC Facility Attendant Stations (exact cash or check only), Cardholder Services at Lakeview, RCSC Bowling Centers.
- Guests may be requested to show government-issued photo ID when checking in to use RCSC facilities.
- Proof of age for 4 and 5 year olds (birth certificate or passport) is required for access to swimming pools. Photo copies or electronic images are acceptable.
- Free concerts and events are paid for by RCSC Cardholders and are intended for RCSC Cardholders and their escorted guests only.
- Always be prepared to show your RCSC Member or Privilege card (with photo) when attending concerts and events. Key fobs are not accepted for entry.
- Lakeview Hillside Park is now gated and Cardholders must present Member or Privilege card to attendant for access.

Please refer to the RCSC Cardholder Guide and Board Policies for more information regarding these matters. Your continued cooperation is appreciated!

## RCSC Elections: Announcement of Candidates Coming Soon

While there may still be a few days to complete and submit a candidate packet for the 2018 RCSC Board of Directors Election (the deadline is Friday, October 5 by noon), it is likely that those interested have already completed these tasks.

So how and when are the candidates announced? Once signatures have been validated, a press release will be issued stating those RCSC Members whose names will appear on the ballot come November soon after the verification is complete. Press releases are sent not only to the local media, but are also posted on the RCSC website ([www.suncityaz.org](http://www.suncityaz.org)) and are emailed to Cardholders who have enrolled to receive RCSC News Email Alerts.

RCSC Directors serve for three-year teams and each year, elections are held to fill the three upcoming vacancies. Those directors leaving the Board at the end of 2018 are Bruce Alleman, Jerry Walczak and Rich Hoffer (who has returned to the Board to complete the term of Ron Smith who resigned earlier this year).

For those wishing to meet the candidates once they have been announced will have several opportunities at upcoming Board/Member Exchanges and RCSC Board of Director Meetings. In addition, candidate literature will be available at various locations, including the RCSC Corporate Offices and on the information table adjacent to Cardholder Services and Clubs & Activities Offices, all located on the lower level at Lakeview Center. Candidate information will also be in upcoming editions of SunViews.

RCSC will once again invite Member Voters to hear from the candidates themselves at two Candidate Forums which will be held in November. There will be both an afternoon and an evening session (please refer to the right for dates, times and locations); however, should these not be convenient video recordings of both session will be posted on RCSC's YouTube channel for Members to view at their convenience. Again, RCSC News Email Alerts will be sent when this information, documentation is available.

Online voting begins Monday, November 12, 2018 via the RCSC Web Portal and will run through Election Day on Tuesday, December 11, 2018 at 4pm. Lakeview Center Social Hall #2 is the only polling location for in-person voting during the hours of 8am to 4pm. Members may also request an Absentee Ballots if necessary by calling 623-561-4600.

## International Lawn Bowl Competition Comes to Sun City AZ

The British are coming! The British are coming! Along with Canadians, Australians and many other countries in addition to lawn bowlers from across the United States as we welcome those competing in the US Open Championship Games which will take place November 5-11, 2018 on the greens in both Sun City and Sun City West.

This event provides a wonderful opportunity for Sun City AZ to showcase the great active adult lifestyle we all enjoy. RCSC's seven high-quality greens and the integrity of Sun City's five active lawn bowl clubs resulted in the coveted honor of co-hosting this event.

The sport of lawn bowling has a long and prestigious history in the community. Sun City AZ currently boasts six residents



# Candidate Forums

Thursday, November 1, 2018 • 2pm at Fairway

AND

Thursday, November 8, 2018 • 6pm at Marinette

Social & Snacks • Half hour prior to each session

## Be involved & stay informed!

Find out where the candidates stand on the issues that matter to you!

\*\* Video recordings of the 2018 Candidate Forums will be available for viewing on the RCSC YouTube channel for those unable to attend.

who have been inducted into the National Lawn Bowling Hall of Fame and many compete in both national and international tournaments, one who recently returned from China. With dozens of competitive activities and social events each year, lawn bowling might be the stylish sport you've been looking to try.

Opening ceremonies take place at 3pm on Sunday, November 4, 2018 at the Lakeview Recreation Center and spectators are welcome to see many of the top international lawn bowlers compete throughout the week. A complete list of the event times and locations will be published in the November issue of SunViews.



# SUN CITY

## ARIZONA

### Corporate Office

Lakeview Center  
10626 W. Thunderbird Blvd.  
623-561-4600

Hours: Monday - Friday 7:30am to 4pm

[www.suncityaz.org](http://www.suncityaz.org)

### Member Services (Clubs) Office

Lakeview Center  
623-561-4660

Hours: Monday - Friday 8:30am to 4pm

### Cardholder Services Office

Lakeview Center  
623-561-4603

Hours: Monday - Friday 8:30am to 4pm  
1st Saturday each month: 9am to noon

### Recreation Centers

**Bell Center:** 623-876-3040  
16820 N. 99th Ave.

**Fairway Center:** 623-876-3044  
10600 W. Peoria Ave.

**Lakeview Center:** 623-561-4675  
10626 W. Thunderbird Blvd.

**Marinette Center:** 623-876-3054  
9860 W. Union Hills Dr.

**Mt. View Center:** 623-876-3042  
9749 N. 107th Ave.

**Oakmont Center:** 623-876-3046  
10725 W. Oakmont Dr.

**Sundial Center:** 623-876-3048  
14801 N. 103rd Ave.

### Sun Bowl Amphitheatre

10220 N. 107th Ave.  
(weather recording)  
623-972-6014

### Softball Field

10220 N. 107th Ave.

### Duffeland Dog Park

14610 N. Del Webb Blvd.

### Sun City Visitors Center

1-844-4 SUN CITY or 623-977-5000  
Located in the Bell Center at  
16824 N. 99th Ave.

## Golf & Grounds Report

### Pro Shops

Total rounds for July decreased by 8.9% compared to prior year, due in large part to the closure of Willowcreek and Willowbrook. Though rounds were down, daily green fee and cart fee revenue exceeded budgeted goals. For the year, total revenue has exceeded both budget and prior year.

We currently have 96 participants signed up to participate in our "Patriot Day" golf event on August 31. This total is slightly ahead of the 88 participants we had last year. "Patriot Golf Day" was organized with the help of PGA of America to raise funds for the Folds of Honor Foundation. The money raised is used to fund scholarships for spouses and children of military service men and women killed or disabled while serving our country. Money raised from the tournament will be added to dollars collected by our starters from August 31 through September 5.

### Snack Shops

Despite the closure of the Willow snack shop, revenue exceeded budget considerably. For the year, the snack shops have exceeded budget and remain ahead of prior year. Snack Shops continue to have a regularly scheduled closing time of 1:00pm, however, this closing time can be extended based on demand. The snack shop at South has closed in preparation for the clubhouse demolition. Services during this time will be very limited and golfers are encouraged to bring their own water and ice during this time, as well as any food items that are needed.

### Courses

Overseeding will begin on October 1 on North, Lakes West and Quail Run. These courses will reopen October 20, with cart path restrictions in place until November 9. The remaining courses will close October 22 and reopen November 10 with cart path restrictions in place until November 23.

The Willowcreek/Willowbrook project will complete on schedule and both courses are expected to open by November 10. The installation of the irrigation has progressed to the back 9. Once completed, nearly 4000 irrigation heads and over 50 miles of pipe will have been installed. The most recently completed parts of the project will have less time to heal than previous projects, which will result in some areas not fully healing before the summer growing season is over. These areas will be the most noticeable in non-overseeded areas.

### Lawn Bowling/Grounds

The greens at Bell and Lakeview are progressing as anticipated and will be tested in September to ensure as level a surface as possible. Poles for scoreboards are being relocated to an area farther away from the green surface. The relocation will remove them from the path of irrigation water.

The grounds crew remains busy with regular maintenance. The extremely active monsoon season has also kept the crew busy with clean up.

**Find more Golf News  
on page 6**



### Register now for upcoming sessions of the "Get Golf Ready" program.

\$99 includes 4 group lessons, with the 5th lesson being a round of golf. Lessons held at Willowcreek/Willowbrook Golf Course (unless otherwise noted\*\*). There are a variety of days and times, so pick the class that best fits your schedule. Sessions are limited to 8 students for each group, so be sure to sign up early!

### Upcoming Sessions

#### NOVEMBER

**Golf Professional: John Martin** (final day of play at Willowbrook)  
Mondays & Wednesdays - Nov 5, 7, 12, 14 at 1pm\*\*  
Friday, Nov 16 - Play a round of golf (Meet at noon, play at 12:30pm)

**Golf Professional: Bob Day** (final day of play at Willowbrook)  
Tuesdays & Thursdays - Nov 6, 8, 13, 15 at 1pm\*\*  
Friday, Nov 16 - Play a round of golf (Meet at 12:30 pm, play at 1pm)

\*\* Sessions prior to Nov 10 will be at Lakes West \*\*

#### DECEMBER

**Golf Professional: Robin Eichten** (final day of play at Willowbrook)  
Tuesdays & Thursdays - Dec 4, 6, 11, 13 at 9am  
Friday, Dec 14 - Play a round of golf (Meet at 8:30am, play at 9am)

**Golf Professional: Bob Jennings** (final day of play at Willowbrook)  
Tuesdays & Wednesdays - Dec 11, 12, 18, 19 at 2pm  
Friday, Dec 21 - Play a round of golf (Meet at 12:30pm, play at 1pm)

#### JANUARY

**Golf Professional: Robin Eichten** (final day of play at Willowbrook)  
Tuesdays & Thursdays - Jan 8, 10 15, 17 at 9am  
Friday, Dec 14 - Play a round of golf (Meet at 8:30am, play at 9am)

**Golf Professional: Bob Jennings** (final day of play at Willowbrook)  
Mondays & Wednesdays - Jan 14, 16, 21, 23 at 2pm  
Friday, Jan 25 - Play a round of golf (Meet at noon, play at 12:30pm)

**Golf Professional: Bob Day** (final day of play at Willowbrook)  
Tuesdays & Thursdays - Jan 22, 24, 29, 31 at 1pm  
Friday, Feb 1 - Play a round of golf (Meet at 12:30pm, play at 1pm)

Contact Chris Linam @ 623-876-8419  
or email: [clinam@suncityaz.org](mailto:clinam@suncityaz.org)

**All RCSC Golf Professionals are here to help you!**

**Whether you're just starting to play  
or want to improve your game!**

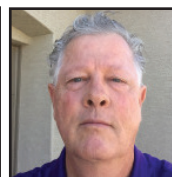
**Schedule an appointment with one today!**



Bob Jennings  
602-463-4533



Bob Day  
602-818-1470



John Martin  
623-202-6717



Robin Eichten  
623-322-6300



### RCSC's 8 Golf Courses

Lakes East: (623) 876-3023  
Lakes West: (623) 876-3020  
10433 Talisman Rd

North: (623) 876-3010  
12650 N. 107th Ave.

South: (623) 876-3015  
11000 N. 103rd Ave.

Willowbrook: (623) 876-3033  
Willowcreek: (623) 876-3030  
Closed for Renovation

Quail Run: (623) 876-3035  
9774 W. Alabama Ave.

Riverview: (623) 876-3025  
16401 N. Del Webb Blvd.

**RCSC's 5 Snack Shops**  
Menu Available at  
[suncityaz.org/golf/snack-shops/](http://suncityaz.org/golf/snack-shops/)

**October Snack Shop Hours**  
Open Daily 6am - 3pm



### Volunteer Ranger Program

For more information about joining our program, please contact Chris Linam, Pro Shop Manager, at 623-876-8419 or email [clinam@suncityaz.org](mailto:clinam@suncityaz.org). Next meeting is Thursday, October 25, 2018 at 1pm in Talisman Hall.

## August 2018 High Scores

Well done! Nice job! Bravo! Yahoo! Congratulations!

### MEN'S HIGH GAME

Fritz Haverstick 299  
Dana Barrette 290

### MEN'S HIGH SERIES

Mike Maynard	775	Cal Shirey	737
Dana Barrette	758	Tim Walker	717
Dewaine West	758	Kevin Gawelko	702

### WOMEN'S HIGH GAME

Andy Lewis 246  
Juli Bayer 245

### WOMEN'S HIGH SERIES

Juli Bayer 668 Andy Lewis 680



## Let Us Help Plan Your Next Party or Event!

Why not have RCSC Bowling Staff plan a Bowling Party for your group or organization?

Reasonable group rates available!

Contact: Randy Johnson 623-876-3055,  
Denise Match 623-876-3050 or  
Vicki Eber 623-876-3055 for more info today!



## Same great food now at two Sun City AZ locations!



Stop by & check out our Daily Specials

### Breakfast Special \$5.49

2 Eggs, Bacon or Sausage,  
Hash Browns & Toast  
M-S 7-11a; Sun 7a-noon

### Walleye 'n Chips \$9.99

9 Oz. Walleye,  
Coleslaw & Potato  
Wednesday & Friday

### Fish 'n Chips \$8.99

9 Oz. Cod,  
Coleslaw & Potato  
Wednesday & Friday

**George's Lakeview Cafe**  
Inside Lakeview Lanes

Phone: 623-876-3057

**George's Cafe at Bell Center**  
Inside Bell Lanes

Phone: 623-518-4525

**Hours: Mon-Sat 7am-8pm; Sun 7am-6pm**

## Arizona State USBC Association 51st Annual Senior Open Championship Tournament

October 20-21 & October 26-27, 2018  
Lakeview & Bell Lanes

Open to All Bowlers 50 Years or Older  
Cost: \$26 per Bowler per Event

FMI: 480-287-6492 or email [assnmanager@azstateusbc.org](mailto:assnmanager@azstateusbc.org)

Good Luck & Good Bowling!



## 33rd Annual Maricopa County Senior Women's Tournament

November 17-18, 2018

Bell Lanes

Cost: \$25/Bowler/Event

Make checks payable to Metro Phoenix USBC



## RCSC Bowling Centers

### Lakeview Lanes

10502 W. Thunderbird Blvd.  
623-876-3055

Monday-Saturday: 8am-8pm  
Sunday: Noon-6pm

Billiards at Lakeview  
Lanes, too!



### Bell Lanes

16810 N. 99th Ave.  
623-876-3050

Monday-Saturday: 8am-9pm  
Sunday: Noon-8pm

Darts, Shuffleboard & Billiards  
at Bell Lanes!

Year-Round Bowling Rates - Cardholders: \$2.65 | Guests: \$2.90 (per Game)

*Tips from a Pro***Warm-up Properly Prior to Your Round**

Warming up prior to playing golf becomes more important the older we get! Just spending a few minutes stretching can help not only your game that day but your body the next! Everyone is different and finding out what works best for you is important, but here is an idea of some things to do to stretch and warm up your body before playing:

1. Holding a short iron out in front of your body with palms facing down and on each end of the club bend from the waist and let your arms hang down to stretch your hamstrings (the back of your legs). Hold the club above your head and let your right hand pull it's end down by your right side to stretch your left shoulder and then repeat on the other side to stretch your right. Hold the club across your chest, take your golf stance and twist back (as if making a backswing) and then twist forward (as if making your follow-through) several times to stretch your trunk.
2. Use the club as a cane in your right hand and grab your left foot and pull your heel towards your rear end to stretch your quadricep (the front of your leg). *Repeat on the other side.*
3. Take a few practice swings with the iron as you normally would....and then take a few as if you are a left handed player (or as a right hander if you normally swing from the left). It helps works opposing muscles in the swing.
4. Begin hitting a few balls, starting with some ½ swing PW shots and then working up to mid irons, long iron or hybrids, fairway woods and last ending with your driver.
5. Tee it up and enjoy your round!

*Robin Eichten is a Life Member of the LPGA and Certified Teacher. She has been teaching in Arizona since 1994 and gives lessons by appointment. For info or signup contact Robin at [golfinwithrobin@aol.com](mailto:golfinwithrobin@aol.com), or call or text her at 623-322-6300.*

**Play Golf with the Novice Niners**

Come join a friendly group of ladies to play nine holes of golf on Tuesdays starting at 11:30am from November through April at Lakes East Golf Course. Our aim is to interest beginning lady golfers. We welcome ladies outside of Sun City as well.

Our registration meeting will be at the home of Sharon Simon in Sun City on Tuesday, October 30, 2018. Address is: 10022 W. Burns Drive. Registration will be open from 11:30am until 12:30pm with our general meeting at 12:15pm. The registration fee is \$40, of which \$30 is for the handicapping of the AWGA (Arizona Women's Golf Assoc.) and \$10 for league expenses. Checks should be made payable to Sun City Novice Niners. You do not need a handicap to join as you will establish one as you play. Former members, please bring a snack to share.

If you have any questions, please call Beryl Baer (847-507-5865) or Joyce Dudley (218-301-9877).

League play begins on Tuesday, November 13, 2018. If you can't make the registration meeting, call Beryl Baer for a tee time and you can register on that Tuesday. We meet at a table outside the pro shop at Lakes East. We hope to see you there.

**2018 OVERSEED SCHEDULE**

Golf Course will be Closed

Course	Overseed	Opens	Cart Path Until
North	October 1	October 20	November 9
Lakes West	October 1	October 20	November 9
Quail Run	October 1	October 20	November 9
Riverview	October 22	November 10	November 23
South	October 22	November 10	November 23
Lakes East	October 22	November 10	November 23
Willowcreek	October 22	November 10	November 23
Willowbrook	October 22	November 10	November 23



# GOLF CLINICS

**Free for Sun City Residents & their guests!**

Open to Men & Women; Junior Golfers Welcome!

**No registration required!**

If you're looking to improve your game or are just beginning to play. If you want to lower your score, fix your slice or just hit the ball square. Come out and join us – We can help!

All clinics will be at Lakes West Driving Range:

- Saturday, November 10 @ 9:30am – Chipping, approach shots (Bring 8 iron, pitching or sand wedge)
- Saturday, November 17 @ 9:30am – Putting (Bring putter & a ball – 50% of your score)
- Saturday, November 24 @ 9:30am – Golf swing fundamentals (Bring 7 iron)
- Saturday, December 1 @ 9:30am – Ball Flight Demo (Bring driver or 3 wood)

**Sun City Resident PGA & LPGA Professional will be on-hand to help!**

- Bob Day Phone: 602-818-1470
- Bob Jennings Phone: 602-463-4533
- John Martin Phone: 623-202-6717
- Robin Eichten Phone: 623-322-6300

Business Cards are located in all RCSC golf pro shops. Call for an appointment.

**Test "drive" select Ping Demo Clubs at Riverview!**

We've got with a great selection of drivers, fairway woods, hybrids and putters for on-the-course trials right now at Riverview!

Don't forget - We can match pricing on current year models vs. the "big box" stores!



\* Credit card number required in case of loss or damage.  
\*\* Monday thru Friday only (no weekends)

*A Moment with President DeLano*

# Get to Know the Candidates & Issues

In a very short while, we will know whose names will appear on this year's ballot for the RCSC Board of Directors election.

Each and every candidate deserves our respect and appreciation for stepping up to the plate. They are committed to doing their part; voicing their opinions and concerns in the hopes of making Sun City AZ a better place.

With the community's long history of member involvement, those elected to serve on the Board have the following duties and responsibilities (as stated in Board Policy #2):

- The Board's fiduciary responsibility requires Directors to act in the best interests and for the benefit of the corporation. They must avoid conflicts of interest and acting out of self-interest.
- The Board of Directors are responsible for establishing policy and ensuring implementation of that policy by RCSC Management.
- The Board is responsible for establishing objectives and approving the budget for the Corporation and can delegate the implementation to the General Manager.

In other words, those elected to serve on the RCSC Board of Directors make many of the decisions that affect the future of our community. While I understand that running for the Board might not be everyone's cup of tea, I really do think that understanding the issues and finding out where each of the candidates stand on this issues is truly everyone's responsibility. And there's no shortage of ways for you to get the facts and make an informed decision when it comes to who deserves your vote!

As soon as all of the candidate packets are verified after the submittal deadline (October 5, 2018), candidate biographies and platforms will be put together and available for Member review in a number of places through Election Day on December 11, 2018. You can get copies at the various Board Meetings or at the RCSC Corporate Offices at Lakeview. Candidate bios will be published in SunViews and posted on the RSCS Web Portal once elections go online. A table for candidate literature can also be found along with walkway outside of the Cardholder Services and Clubs & Activities Offices at Lakeview.

You'll also have several chances to meet the candidates and get their views first-hand. They are invited to attend Board/Member Exchanges and Board Meetings where those present are always introduced. There will be two Candidate Forums in November where those running will be able to address various concerns from those in the audience after the formal monitored question sessions are complete. One forum will be in the afternoon and another will be held in the evening so hopefully one fits your schedule. If you can't attend either one of these sessions, we'll be posting video recordings on the Sun City AZ YouTube channel so that you can watch when you have the time. Lastly, candidates will have a table at the Sun City AZ Arts & Crafts Festival held at Sundial the Friday and Saturday after Thanksgiving if you still need to speak with them before casting your vote.



**Jerry DeLano**  
2018 RCSC Board President

You also have options when it comes to when and where to vote so there really is no excuse! You will again be able to vote online using the RCSC Web Portal starting on Monday, November 12. This means you can vote from any device (any computer, tablet or smart phone) anywhere (back home, right here in Sun City AZ or any place in between). Or you can request an absentee ballot by calling the RCSC Corporate Office at 623-561-4600. Just make sure that your ballot is mailed back soon enough that it arrives here by Election Day.

And for those who prefer to cast their ballot in person, the lone polling place will be in the Lakeview Social Hall #2 which will be open from 8am to 4pm on Tuesday, December 11.

I've told you all I can about taking this final step in the Board election process. Now don't forget to vote! Nothing would make me more proud than to have a record number of ballots cast in this year's election! Let's do it!



## 2018 RCSC Board of Directors

**Phone: 623-561-4620**  
**email: boardoffice@suncityaz.org**

**Jerry DeLano, President**  
email: jdelano@suncityaz.org

**Dan Schroeder, Vice President**  
email: dschroeder@suncityaz.org

**Dale Lehrer, Secretary**  
email: dlehrer@suncityaz.org

**Sue Wilson, Treasurer**  
email: swilson@suncityaz.org

**Bruce Alleman, Director**  
email: balleman@suncityaz.org

**Stella VanNess, Director**  
email: svanness@suncityaz.org

**Jerome Walczak, Director**  
email: jwalczak@suncityaz.org

**David Wieland, Director**  
email: dwieland@suncityaz.org

**Rich Hoffer, Director**  
email: rhoffer@suncityaz.org

## This Month @ The Board - October 2018

**\*\*PLEASE NOTE: All dates are subject to change. For the most up-to-date information, check suncityaz.org or pick up a copy of "This Month @ The Board" at the Lakeview Corporate Office.**

Board/Member Exchange	Monday, October 8, 2018 @ 9am	Lakeview Social Hall #3
Regular Board Meeting	Thursday, October 25, 2018 @ 6:30pm	Fairway AZ Rooms #1-2
Committee Meetings:		
Bowling Committee	Thursday, October 4, 2018 @ 9am	Lakeview Board Room
Outreach & Communication Committee	Tuesday, October 9, 2018 @ 8:30am	Lakeview Board Room
Lawn Bowling Committee	Tuesday, October 9, 2018 @ 1pm	Lakeview Board Room
Club Organization Committee (COC)	Wednesday, October 10, 2018 @ 10am	Lakeview Board Room
Long Range Planning Committee	Monday, October 15, 2018 @ 8:30am	Lakeview Board Room
Elections Committee	Wednesday, October 17, 2018 @ 1pm	Lakeview Board Room
Golf Advisory Committee	Thursday, October 18, 2018 @ 8:30am	Lakeview Social Hall #2

The following committee(s) do not have meetings scheduled this month: Finance & Budget, Insurance and Properties

## Meet with The Board

**One-on-One; No Hassles, No Crowds!**  
**Share your ideas!**

Come and discuss your individual situation or concerns at the next session of Meet with The Board:

- Friday, October 19, 2018 from 1 to 3pm
- Appointments only from 2 to 3pm
- Call 623-561-4600 to schedule a meeting time (limited to 10 minutes)
- All "Meet with The Board" sessions are held in the Lakeview Board Office (Lower Level)

## Management Updates

### Financial Report:

Since there is no monthly Board meeting in the month of August, I will include the Treasurer's Report information in my monthly report. The balance of unrestricted funds as of July 31, 2018 was \$14,679,735 which includes a \$2.5M cash reserve. Restricted funds include the Preservation and Improvement Fund ("PIF") and the Capital Reserve Fund. As of July 31, 2018 PIF had a balance of \$16,190,559 plus \$685,500 collected in July that was transferred into the PIF account the first part of August 2018. The Capital Reserve Fund had a balance of \$5,187,706 as of July month end.

We have ended July within our overall operating and capital budget year-to-date. Every division has a net operating positive variance from budget year-to-date.

### Bowling:

The final summer bowling tournament will be held on September 30, 2018 at Bell Lanes. The tournament is a scotch doubles tournament; all senior bowlers are welcome whether USBC certified or not. The monthly tournaments at Bell Lanes have been the most successful ever. The tournament normally averages 64 bowlers. This summer the tournament has averaged 75 bowlers.

The Bowling division is now entering their busy season. Most fall leagues will begin the first week of September. Several tournaments are scheduled October through December including the recently confirmed Maricopa County Women's tournament for the weekend of November 17, 2018. A list of upcoming bowling tournaments and events are listed in the weekly email "Your Sun City AZ Week" or you can view the list online at [www.suncityaz.org](http://www.suncityaz.org) under Bowling.

### Cardholder Services:

Payments on past due assessments in July were 11.2% of past due balances. Overall accounts receivables offset the decrease in June and increased in July by 1%. The flow of balances into the Over 30 Day category was at a 42% rate and represent the highest balance for this category so far this year. The Over 90 Day category decreased again and continues to be at the lowest level in five years. June assessments went 30 days past due at a significantly increased rate of 7.3% and May assessments went 60 days past due at a 3.3% rate.

Payments from our third-party collections firm totaled \$18,082 in July and are 23% over the 2017 year to date amount. Payments made in July by Cardholders through the online RCSC Web Portal totaled \$13,368 from 252 property owners. Year to date web portal payments total \$881,485 from 1,933 property owners.

RCSC Management Reports are presented at RCSC Board of Directors meetings each month (except July and August), posted on the website at [www.suncityaz.org](http://www.suncityaz.org) (under the RCSC tab), and are sent via email to RCSC Cardholders who have signed up to receive RCSC News Email Alerts. These reports were prepared by RCSC Management and sent to Cardholders on August 30, 2018.

Find RCSC Management Reports on the website at: <http://suncityaz.org/rcsc/management-reports/>

In July, property transfer balances increased by 5.8% and lender related balances decreased by over 60%. Lender related balances are at the lowest level since this began being tracked in 2013. Outstanding balances related to property transfers represent 55% of all receivables and 53% of past due balances. At the end of July, trustee sale notices on Sun City properties ended at 42 and properties owned by lending institutions at 10.

### Human Resources:

Under the Affordable Care Act (ACA), employers are required to provide all new hires with a written notice about the ACA's health insurance exchanges, which are also known as marketplaces. Notices must be provided at time of hire. The Department of Labor issued new versions of the notices this month. In the notice, employers must also explain that employees may lose their employers' nontaxable contribution to health benefits if they elect to obtain coverage through the marketplace. Human Resources has revised documents in the new hire orientation process to assure notices are provided and new hires understand their options.

Since early August, we have seen an increase in hiring which is typical for this time of year. Eight new hires have been added to the staff. In preparation for the reopening of Willowbrook and Willowcreek golf courses there will be several new hires and some internal transfers.

### Member Services:

Unfortunately, due to the unpredictable monsoon weather the Dive-In Movie/Ice Cream Social was cancelled in August.

Believe it or not, the time is here. The Sun Bowl fall series begins Sunday, September 28, 2018 at 7:00pm. So, grab a lawn chair and join us as we welcome to the stage Johnny K and Kompany!

The 2019 Sundial Season Ticket Concert Series is booked, and it has been released in the SunViews and on the [suncityaz.org](http://suncityaz.org) website. Season tickets for RCSC Cardholders only will go on sale Thursday, November 1, 2018 at 8:30am. Individual concert tickets will go on sale to RCSC Cardholders only starting December 1, 2018.

### General:

For those who may not be aware, the monthly management reports are available on our website [www.suncityaz.org](http://www.suncityaz.org) under the RCSC tab. Also, if you have not done so already, please sign up on the RCSC email list where you can designate topics of interest and stay in the loop with RCSC News Alert Emails.

## Financial Report

Period Ending - July 2018  
For a more detailed financial statement, please visit [www.suncityaz.org/financials](http://www.suncityaz.org/financials)

### BALANCE SHEET

For the Period Ending July 31, 2018

	Current Y-T-D	Prior Y-T-D
<b>Unrestricted Funds:</b>		
Cash Invested/On Hand/In Bank	12,179,735	10,164,209
Cash Reserves	2,500,000	2,500,000
<i>Sub-Total Unrestricted</i>	14,679,735	12,664,209
<b>Restricted Funds:</b>		
PIF/Capital Reserve	22,063,765	19,187,942
<i>Total Cash &amp; Investments</i>	36,743,500	31,852,151
<b>Other Current Assets:</b>		
Accounts Receivable	2,105,508	2,266,309
Deposits & Prepays	1,618,106	1,705,286
Inventory	109,659	128,841
<i>Total Current Assets</i>	40,576,773	35,952,587
<b>Fixed Assets:</b>		
Land, Improvements, Buildings	103,457,841	103,170,865
F, F & E and Vehicles	31,516,478	28,577,028
Less: Accumulated Depreciation	(72,026,387)	(67,525,687)
Work In Progress	8,804,468	5,316,869
<i>Total Fixed Assets</i>	71,752,400	69,539,075
<b>TOTAL ASSETS</b>	<b>\$112,329,173</b>	<b>\$105,491,662</b>
<b>Current Liabilities:</b>		
Accounts Payable and Other	1,365,334	1,574,834
Deferred Income	7,505,497	7,369,239
Pre Billed Assessments	1,757,580	1,728,812
<i>Total Current Liabilities</i>	10,628,411	10,672,885
<b>Other Liabilities:</b>		
Lease Purchase	0	0
<i>Total Liabilities</i>	10,628,411	10,672,885
<b>Net Worth:</b>		
Current Net Worth	101,700,762	94,818,777
<b>TOTAL LIABILITIES and NET WORTH</b>	<b>\$112,329,173</b>	<b>\$105,491,662</b>

### STATEMENT OF INCOME AND EXPENSES

For the Period of July 31, 2018

	Current Y-T-D	Prior Y-T-D
<b>Operating Income:</b>		
Property Assessments	7,170,126	6,945,930
Transfer & Access Fees	546,884	697,235
Privilege & Guest Cards	571,341	567,337
Food / Liquor Sales	438,252	415,047
Bowling Fees	420,353	390,460
Golf Fees	3,603,281	3,590,733
Cart Rentals	122,442	124,813
Merchandise Sales	139,256	111,784
Activities Income	282,269	337,726
Rental Income	164,469	168,025
Contributions	28,825	17,169
Miscellaneous Income	9,881	8,246
<i>Total Operating Income</i>	13,497,379	13,374,505
<b>Cost of Sales:</b>		
Total Cost of Sales	372,792	429,638
<i>Gross Income</i>	\$13,124,587	\$12,944,867
<b>Operating Expenses:</b>		
Salaries and Wages	4,834,520	4,749,569
Payroll Taxes and Benefits	1,246,050	1,347,617
Repairs and Maintenance	1,321,250	1,628,507
Utilities Expense	1,682,704	1,598,892
<b>General Operating Expenses</b>	<b>1,029,852</b>	<b>1,006,829</b>
<i>Total Operating Expenses</i>	10,114,376	10,331,414
<i>Net Operating Income</i>	\$3,010,211	\$2,613,453
<b>Other Income:</b>		
	93,904	129,607
<b>Other Expenses:</b>		
Property Taxes	89,697	89,000
Insurance	306,549	298,773
Other	6,543	37,002
<i>Net Income Before Depreciation</i>	2,701,326	2,318,285
<b>Depreciation:</b>	<b>2,603,536</b>	<b>2,541,635</b>
<b>NET INCOME / (LOSS)</b>	<b>\$97,790</b>	<b>(\$223,350)</b>



## Project Updates

### Building and Infrastructure

#### Bell Center:

- Landscape lighting in the pool area at Bell Center was repaired and LED fixtures added to improve the aged landscape lighting in this area. Contractor was Super-charged Electric (Cost – \$3,000).
- Work on the indoor spa at Bell Center is continuing. The new floor drain installation and repair of the floor is completed. The interior pebble sheen finish of the spa is currently being replaced. The installation of the Rubaroc floor covering is scheduled for the late September due to required concrete curing time.
- Work in the Artistic Stained Glass club to replace the flooring, paint the club room space and complete some woodworking tasks for tables and slot storage has been completed with the club moving back into the space as of August 10, 2018. Contractors are Spray Systems, DFG Construction and Desert Coatings (Cost – \$28,640).

#### Lakeview Center:

- Work is progressing in the Women's Social Club Room at Lakeview Center. Demo within the club room, including the removal of the fireplace and hearth, has been completed. Framing, electrical rough in and drywall has begun. Additional work to include flooring, painting, blinds and lighting updates. Completion is anticipated by September 15. Contractors are Devil Dog Demolition, DFG Construction, Resource AZ Flooring, Imagine Painting (Cost – \$31,950).

#### South Golf Course:

- Work continues with the general contractor, Robert Porter Construction, as we await final permit approval to commence construction.

## South is Going, Going, Gone! Demo Complete!



## Sun City Foundation

“Neighbors Helping Neighbors”

The next meeting of the Sun City Foundation will be held on Thursday, October 11, 2018 at 1:00pm in the Lakeview Center Board Room.

The mission of the Sun City Foundation is to assist those in financial need. It is our privilege to serve RCSC members who need assistance with their annual RCSC property assessment. In order to qualify, applicants must:

- Be a homeowner and resident for at least five (5) years
- The Sun City AZ home is their sole residence
- Be at least 70 years of age
- Income does not exceed 150% of the current Federal Poverty Level

The Sun City Foundation continues to assist those members in the community who have outlived their resources by offering assistance to those in need for a better Sun City! If you are in need of help and are an RCSC qualifying member, please call 623-561-4600 for more information.



‘Tis the Season!  
Quack, quack, quack!  
Ho, Ho, Ho!



It's time get into the holiday spirit  
& join in the fun!  
Duck Bucks now on sale!

Then come on down to watch as they race over the Lakeview waterfall during the annual Sun City AZ Holiday Celebration on Friday, December 14, 2018.

Duck Bucks can be purchased at Cardholder Services & Clubs Offices at Lakeview, all Facility Attendant stations, RCSC Golf Pro Shops & Bowling Centers starting on Monday, October 1.

**COST: ONE BUCK (\$1)**

Winner need not be present!

*All proceeds from this event benefit the Sun City Foundation*



# FRIENDS

of the Sun City Libraries, Inc.

## Boo!

October is the month for Halloween, the holiday for scary things. This raises a few Questions: What scares you? What causes fear in your bones? Of what are you afraid?

Are you afraid to go in the library because ...

... you heard you had to pay to use it? Oh my, no. That used to be the case; but no more. Since the Maricopa County Library District began operating our Libraries almost 10 years ago, a library card is free.

... you don't have a library card? That is easy. Just bring a photo ID and proof of Maricopa County residence (like mail showing your name and address), and, just like that, you are in business.

... your library card has expired? Piece of cake. Renew on line (MCLDAZ) or just come to the main desk and get the renewal.

... you are a winter visitor and only renting in sun city? No difficulty here. Bring your photo ID and proof of where you are renting, like mail to that address.

... you want to use the computers but don't know the procedure? No problem. Not only is it simple, any Library staff member (they are all very nice) would be delighted to show you how, as well as assist if you have a problem.

... you have a vision problem? Problem solved. The Bell Library has special equipment to assist in reading almost any library material. Just ask at the front desk.

... you prefer attending programs rather than read books? Simple. Both the Sun City (Bell) and Fairway Libraries offer a multitude of excellent programs each month. Check out special programs by going to <http://www.mclnaz.org>. Click on Events at the top of the page and select your Branch, or call 602-652-3000.

... you want to buy a book, not check one out? Got you covered. Just go to the back of the Bell Library, down the hall, and turn right to Books Around the Corner, the Friends of the Sun City Libraries' Bookstore. The selection is great; the prices are very reasonable; the staff of volunteers are very helpful; puzzles, CDs, DVDs, and magazines are also available; and your purchase helps support the Sun City Libraries.

... you don't have transportation to get there? You got it. The Friends Book Buddy program delivers library materials to the homes of those who cannot get to either Library. Call the Bookstore (602-652-2014), leave your name and phone number, and a Book Buddy will call you back to take your order.



## Have No Fear! See You Here!

### Water Conservation

## Fall is a Great Time to Check Your Irrigation Timer

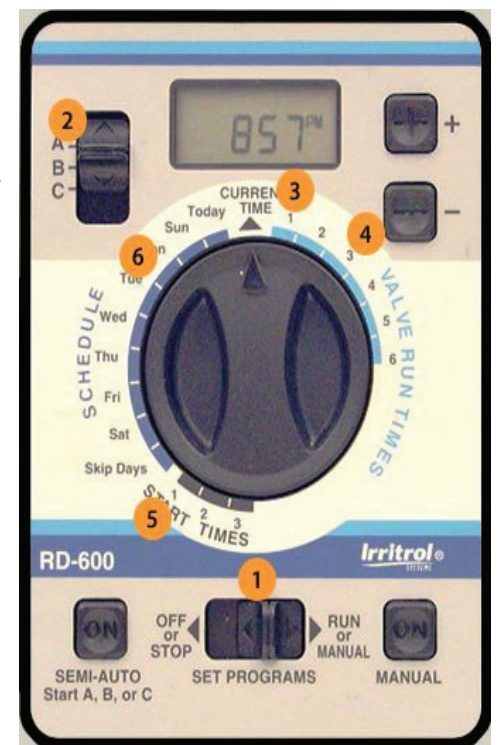
You can literally save thousands of gallons of water by properly setting your irrigation controller. Now that the hot, dry summer is over, this is the perfect time to change your watering schedule. Here are some easy steps to take and get the job done quickly.

### Basic Controller Features

- **Stations** control the valves that release the water to the irrigation **Zones** in your yard or garden. Put plants with similar water needs on the same station or zone. This allows for more efficient watering since all emitters and/or sprinklers on a single valve will run for the same amount of time. Multiple stations or zones allow you to customize watering amounts for different types of plants by allowing for different run times for different valves.
- The **Start Time** is the time at which a specific valve will open to irrigate a station or zone.
- The **Run Time** or **Station Duration** is the time, in minutes, a specific valve will stay open and therefore water a zone.
- **Semi-Auto** lets you run through an entire program (A, B, or C) whenever you want a supplemental watering.
- **Off** or **Stop** will stop programs from running until you toggle back to 'Run'. Your programs will be saved. This is great during rainy periods.
- The **Manual** button allows you to run a single valve for the amount of time you select. This is helpful when you want to tune-up your irrigation system and check for leaks, misaligned sprinkler heads or clogged drip emitters.
- A **Program** is where you store all of your settings. It consists of a set of stations set to specific start times and run times. Here, multiple programs A, B, & C allow you to run different valves on different days with different run times. Make sure each program runs stations with similar plant water needs to maximize irrigation efficiency.

### Programming Your Controller

1. For easy programming, first slide the "Set Program" (1) toggle to the middle, and then start in the upper left corner of your controller and move clockwise through the settings. Start with program A (2).
2. Set the dial to current time and use the +/- buttons to locate the current time of day. Turn the dial one click to the left and use the +/- buttons to locate the day of the week. You only have to do this once (3).
3. Turn the dial to the "valve run times" to select a station and use the +/- buttons to enter the amount of watering time for that valve, which sends water to a particular zone in your yard or garden (4).
4. Turn the dial to start times and use the +/- buttons to select time you'd like your irrigation to begin. You can have three different start times per day, but typically you only need one (5).
5. Now turn the dial to "schedule" the days you want your irrigation to run or the numbers of days to skip in between watering. Use the +/- buttons to enter this information (6).
6. Now repeat steps 3, 4 & 5 for each station/valve you are controlling, and program A is complete. Use programs B & C for other zones that require difference frequencies of watering, such as turf, Xeriscape, vegetable gardens, etc.



*Sun City Gives Back***Handi-capables Helps Those in Need - with Both Long- or Short-Term Disabilities**

Whether your physical limitations are chronic or temporary, Handi-capables is committed to helping you to enhance and enjoy life!

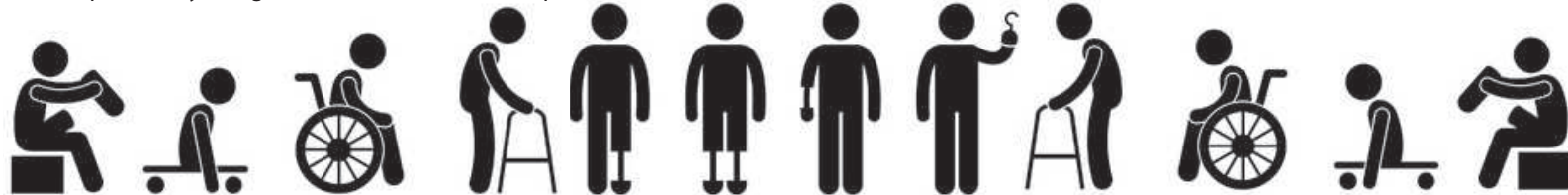
Since 1975, the dedicated members of this club, which includes caregivers, spouses, partners and friends, has helped those with a variety of ailments and restrictions to maintain their well-being through exercise and social activities.

From pre- and post-joint replacement, arthritis sufferers, stroke victims, hearing and vision impairment, those with Parkinson's disease or cardiac arrest survivors – water exercise classes in the Sundial pool twice each week (Tuesdays, Thursdays at noon and 1pm) help members work on their physical strength and activity levels.

Socially, the club meets the first Monday of each month at Fairway (12:30pm) for a variety of events that includes potlucks and professional entertainment.

This spring, Handi-capable club members approved an expenditure from their club funds for the purchase of a new water wheelchair (cost \$1,786) which they donated to the RCSC, which allows members who are not able to walk gain access into the pool.

As they say, "Don't be handicapped, be handi-capable!" Stop by Sundial and see what this truly giving club has to offer. Or better yet – why not volunteer when you're there? For more information, please contact Club President Dean Drake at 623-640-7211 or online at <http://suncityaz.org/recreation/clubs/handi-capables-club/>

**Start using the RCSC Web Portal today!**

From the RCSC Web Portal, Cardholders can easily make assessment payments, manage email subscriptions, book and edit golf tee times, vote in RCSC Board of Directors Elections and so much more!

Just follow these simple steps and you'll be on your way!

1. Notify Cardholder Services of your email address for your RCSC Cardholder number. Go to <https://login.suncityaz.org/AddEmail.aspx> to securely provide the necessary information to update your email address.
2. Go to [www.suncityaz.org](http://www.suncityaz.org) and click on Login (right side, top of page).
3. Welcome to the RCSC Web Portal page will display. There is a link from this page to general web portal information, including the Web Portal Instruction Manual.

4. First time users MUST click on the New User Retrieval Password link at the top of the page.
5. Enter your RCSC Cardholder number in the Username field.
6. Click on "Send Password" and in a few minutes, check your email for your password. If you do not receive this email, contact Cardholder Services to confirm the email address that is on file.
7. Return to the RCSC Web Portal Login page and enter both User Name (RCSC Cardholder number) and Password.

Now you're all set to start using the web portal, sign up for RCSC News Email Alerts and more!

If you should ever forget your password, simply go to the Portal Welcome page and click on "forgot your password?" and enter your User Name (RCSC Cardholder number) then click on the Send Reset Link button. You will receive an email with a link to reset your password.

**On the RCSC Web Portal you can:**

- Pay Your Assessment
- Book & Edit Your Tee Times
- Manage Your News Email Alert Subscriptions
- Vote in the RCSC Board of Directors Election

Anywhere, Anytime - All from your own computer or device!

**New Member Night**  
Monday, October 15, 2018

6:30pm @ Fairway

Find out what we're about!  
Join now & get  
2019 dues included!

For more info, visit:

<http://nextgensuncity.org>

# Sundial 2019 Winter/Spring Concert Series



**Martin & Lewis Tribute**  
01-09

This stellar one-of-a-kind show will make you feel as if Dean Martin (portrayed by Tom Stevens) and Jerry Lewis (Tony Lewis from Australia) are still performing together. Get ready for a night of laughter, great music and true professionalism.



**Barbra & Frank – The Show That Never Was**  
02-27

Sharon Owens and Sebastian Anzaldo, two of the most impressive celebrity impersonators, share the stage as Barbra Streisand and Frank Sinatra as they literally perform, "The Show That Never Was." Except for a duet taped in separate recording studios, these 20th century icons never appeared together on the same stage – until now.

**Experience the Magic of Manilow & Midler**  
01-23

With chart topping hits like "Mandy" and "Copacabana," Terry Davies as Barry Manilow performs with a style rarely surpassed. Paired with Sherie Rae Parker from "Legends in Concert" and Berlin's "Stars in Concert" fame, you will be mesmerized by her performance as the best Bette Midler ever.



**Bobby Brooks Wilson**  
03-06

The son of legendary R&B/soul singer Jackie Wilson returns to Sun City AZ with the amazing traits and talents of his father. A three-time Grammy Balloted Artist with four Top 10 hits, the family legacy continues as Bobby's latest radio releases are soaring up the charts in the United Kingdom. A true Vegas performance that you won't want to miss!

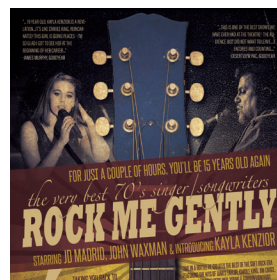


**Electric Light Overture**  
01-30

Electric Light Overture is the ONLY ELO tribute band performing in North America - a must see!

**Rock Me Gently – Tribute to 70s Singers/Songwriters**  
02-06

Rock Me Gently re-creates the best of the 70s soft rock era with hits from Jim Croce, Carole King, James Taylor, America, Dan Fogelberg, Neil Young, Gordon Lightfoot and many more amazing singer/songwriters.



**All Seats Reserved!**

Every seat is a great seat with jumbo video projection screens!



**Tribute to Reba McEntire**  
03-13

Corrie Sachs is widely considered the #1 Reba McEntire tribute artist in the country! She is absolutely the real deal - voted by the Las Vegas Review Journal as Tribute Artist of the Year and her tribute to Reba is nothing short of amazing!



**Michael Bublé Tribute**  
02-13

Scott Keo brings back his incredible big band luxury sounds to Sun City AZ with his pure 1963 Sinatra vibe and unique, modern Bublé punch.

**All Shows Start at 7pm**  
Arrive with adequate time to be seated please!

**Craig Davis – Circus of Illusion**  
03-20

Master illusionist Craig Davis and renowned, award-winning dancer Myryka combine the artistry of grand illusion with the spectacle of the circus in this acclaimed show, certain to entertain even the most skeptical audience members.



**Marty Robbins Tribute**  
02-20

Phoenix fire fighter and award-winning performer Rollie Stevens takes to the Sundial Auditorium stage with his outstanding tribute to the late, great country legend Marty Robbins.



**Diamond in the Rough (Neil Diamond Tribute)**  
03-27

Greg Diamond brings the look and sound, along with an amazing video and light show, to recreate the Neil Diamond's greatest hits including Sweet Caroline, Cracklin' Rosie, Solitary Man, Cherry Cherry and many more.

**SEASON TICKETS**

On Sale November 1-30, 2018 for RCSC Cardholders\*\* ONLY - \$154 for ALL 11 shows

**INDIVIDUAL SHOW TICKETS**

On Sale starting Monday, December 3, 2018 for RCSC Cardholders\*\* ONLY - \$17 per person

**TICKETS TO NON-CARDHOLDERS/GUESTS**

On Sale starting Wednesday, January 2, 2019 (if not sold out) - \$20 per person

\*\* Must present valid RCSC Card for each ticket purchased; key fobs not accepted!



## Friday Afternoon Bridge

The Friday Afternoon Bridge Club welcomes back all vacationers and winter residents. Some of our members have continued to play during your absence but we are glad to have you back. For those of you who are new to Sun City, we invite you to join us at Fairway Center, Arizona Room #2. We play from 12:30 to 4:30pm every Friday afternoon (please arrive by 12:15 pm).

All RCSC Cardholders in good standing are welcome to join our club for a low membership fee of \$5 a year plus 50 cents each play day (from which high scores are awarded). Small and Grand Slams are paid from the treasury.

Visitors with current RCSC cards are welcome to play for \$1 a day (plus 50 cents) with a limit of two visits before being required to join. Escorted Guests of club members may play any time for \$3 a day (plus 50 cents). Please note that preference will be given to current club members if there are excess players.

We enjoy four rounds of play with six hands each round, switching partners after each round. Both men and women are welcome. No partner needed. We pair up all players.

We are a congenial group that enjoys a challenging game of Contract Bridge. We look forward to adding your name to our membership list. For more information, please contact Mary Ann at 623-933-9671.



## Bocce Club at Sundial

I tell people I play Bocce Ball and they ask me what that is. Well, you throw a little yellow ball out onto a court and then you throw larger balls out and try to get really close to the little yellow ball. That truly is it, in a nut shell. But, if you really want to know what Bocce Ball is, come to the courts located at Sundial Center and see for yourself. It may appear players are just haphazardly throwing balls down the court, but there is a strategy to the game so it can be very challenging but lots of fun.

We have Club tournaments but we also have Open Play that, as long as you hold a valid RCSC card, will give you an opportunity to join in the fun before committing to membership. Annual membership of \$5 per person comes with all equipment furnished and free lessons are available. Our courts are carpeted, shaded and have lights so night games can be played.

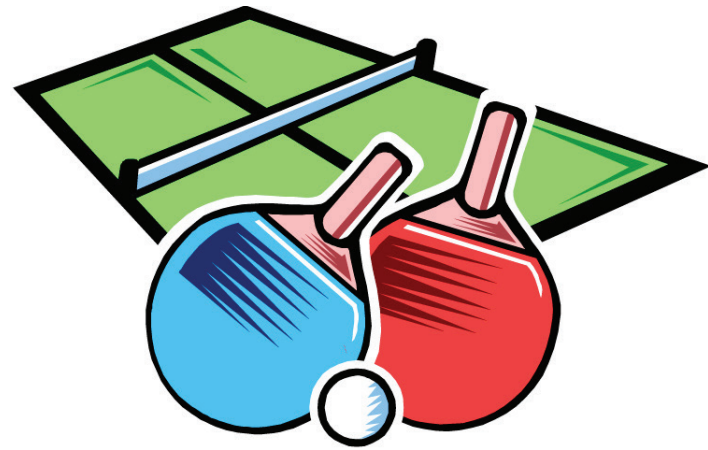


In addition to membership meetings, our Club puts on very nice "Special Occasion" parties to which members may bring visitors. We also join surrounding communities for tournaments that provide an excellent opportunity to meet fellow Bocce players outside the club. For more information, call Edith at 623-271-0092 or Dennis at 623-693-2881.

## Table Tennis Club

Table Tennis (also known as ping-pong) is a popular sport which many club members have enjoyed since their youth. Recently, many health publications have credited activities such as table tennis to be a deterrent for health problems and ailments in the elderly such as Dementia and Alzheimer's. The many health benefits of table tennis include improved hand-eye coordination, increased body strength and blood flow, stimulates concentration and improves sleep patterns while being gentle on joints.

Sun City Table Tennis Club is a very active club that meets at the Bell Recreation Center with a current membership of around 100 players. The Table Tennis Room is open seven days a week with club information at the monitor station near Mini Golf. For more information about this fun and fast paced game of skill, please contact Jim Eggleston at 623-815-8133.



## WANTED! RCSC Cardholders



In a rut? Don't feel that you're talented enough?

Need something to do in your spare time?

Look no further!

Sundial SilverStones wants you!

Get off that couch, turn off that TV, and get yourself down to the Sundial Recreation Center. All levels of experience - from beginner to expert - are welcome! Beginners can start by taking classes, experts can train on our equipment and jump right in. The variety of different opportunities we offer makes our club stand out from others in Sun City. Stop by and take a tour of our club room to see the "SilverStones difference" for yourself. We are open from 8am to 3pm Monday through Friday and from 8am to noon on Saturday.

## Duffeeland Dog Park Club

Did you know Sun City has a beautiful dog park available to all RCSC Cardholders and their escorted guests? Many people new to Sun City ask, "Then why is there a Duffeeland Dog Park Club and what do they do?"

When RCSC bought the current property known as Duffeeland Dog Park in 2014 it became one of the few unmonitored RCSC facilities. The Duffeeland Dog Park Club was formed to be the main line of communication between the RCSC Management and all dog park users. We work very hard to let RCSC know about needed repairs and improvements. All club members help to make the dog park an inviting, comfortable, safe, clean and enjoyable experience for not only dogs and their handlers but also anyone who just wants to visit the park.

But that's not all. Duffeeland Dog Park Club is also a social club of dog lovers. We share information about upcoming dog events in the Phoenix area, important health facts and general information about dogs. If you are new to the area, we have a list of local veterinarians, 24-hour emergency vets, dog groomers, sitters and boarding facilities; however, we do not recommend any specific vendor.

The dog park club also holds potluck dinners, a spring cookout and Christmas party. On the second Saturday each December, all are welcome to attend Duffeeland Doggie Days Pet Expo and Adoption Event. This is one event you don't want to miss. Come and get a picture of you and your dog(s) with Santa Claus, stop by the vet booth (low cost inoculations and micro-chips), food trucks and music. You might also enjoy seeing a



### Upcoming Events

October 20, 2018  
Halloween Costume Parade @  
Duffeeland Dog Park, 11am-2pm

October 31, 2018  
Halloween Potluck Dinner @  
Talisman Hall, Sun City 5-7pm

November 11, 2018  
Veteran's Day - Free dog bandana  
to all veterans, 8-9am and 4-5pm

November 13, 2018  
General Membership Meeting &  
Club Officer Elections, Talisman  
Hall, 4-7pm

December 13, 2018  
Christmas Party at Golden Corral,  
Surprise, AZ 10:30am

performance by The Amazing Maverick (Trick Dog). Why not have your dog take a run on a dog treadmill (provided by Run Buddy Mobile)? Best of all, you can adopt a pet of your very own! Last year's proceeds allowed us to donate over 1600 lbs. of dog and cat food to Chuck Waggin' Pet Food Pantry. This year we are purchasing needed supplies and equipment for Soldier's Best Friend of Peoria, AZ. This wonderful charity gets a dog from local rescue groups and trains it as a service animal for a veteran with post-traumatic stress syndrome (PTSD) or traumatic brain injuries at no cost to the veteran. Hence their motto - "Touching two lives at once!"

So stop by Duffeeland Dog Park and have fun with Fifi or Fido and learn more about our club. Dues are \$5/year/person and the club is open to all RCSC Cardholders.

### Duffeeland Dog Park Hours:

October through April: 7am to 6pm  
May through September: 6am to 8pm  
Closed last Wednesday each month for maintenance





# Arts and Crafts Festival

The Best After-Thanksgiving Holiday Shopping!



**Award-Winning  
Handcrafted Items  
from More than 40 Clubs!**

**Jewelry • Stained Glass  
Paintings • Ceramics • Calligraphy  
Needle Crafts • Leather Crafts  
Photography • Lapidary  
Wood & Metal Crafts • Pottery  
and much, much more!**

■ **FREE ADMISSION**  
■ **FREE PARKING**  
■ **RAFFLES**

**Friday, Nov 23 - 8am to 4pm**  
**Saturday, Nov 24 - 8am to 3pm**

**SUNDIAL RECREATION CENTER**  
**14801 N. 103rd Ave., Sun City, AZ.**  
**SE Corner of 103rd Ave & Boswell Blvd**

**Food and Beverages Available**  
*No Food, Drinks or Strollers permitted in auditorium*

[www.suncityaz.org](http://www.suncityaz.org)



# BUNCO BRONCOS

If Bunco is your game, this is the place to play in Sun City! Join the Bunco Broncos on the 4th Monday of each month for a fun afternoon of rolling the dice and making new friends. Nothing beats the adrenaline rush of cheering "BUNCO" during our friendly gatherings. We meet in Arizona Rooms 1-2 at the Fairway Recreation Center. Doors open at 11:45 am and play begins at 12:30 pm. Club membership is open to all RCSC Cardholders. Annual dues is only \$3 and then \$2 to play. For more information, please call 602-526-3495 or 623-226-7055.

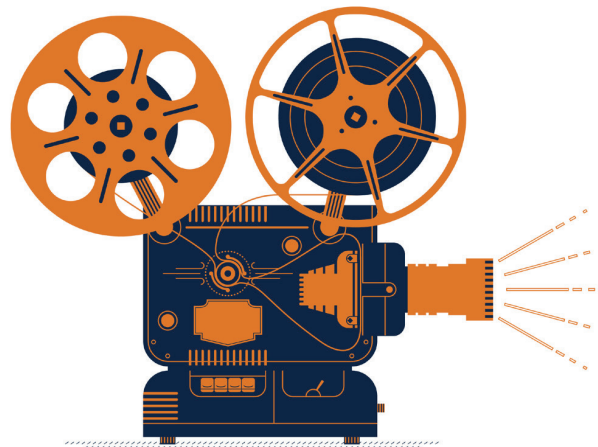


Farm Fresh Fruits & Vegetables  
 Baked Goods | Jams & Jellies | Spices  
 Pastas & Pickles | RCSC Clubs  
 Sorry! No Pets!



# FREE MOVIES\*

Wednesdays @ Marinette;  
 Saturdays @ Mountain View  
 2pm & 7pm



To find out "What's Playing?" 1) Sign up for Movies & Events emails at [suncityaz.org](http://suncityaz.org) & a list will be sent to you on the last Wednesday of each month; 2) Log onto the RCSC Web Portal; or 3) Pick up a flyer from the Lakeview Clubs Office (please be prepared to show your RCSC Card). All movies are projected onto a screen from a DVD.

\*FREE\* RCSC Events are paid for by RCSC Cardholders & are therefore intended for RCSC Cardholders & their escorted guests only. Your cooperation and understanding is greatly appreciated!

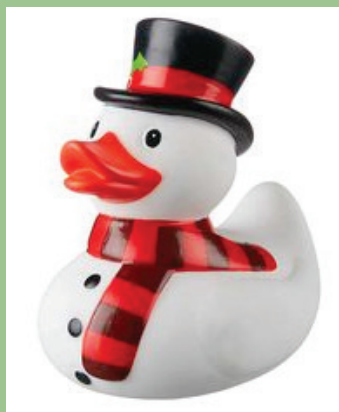
Now with FM Transmission at all locations!  
 Tune your device to 99.1 FM.

Always  
 FREE  
 Popcorn

Now  
 serving  
 BOTH

Salted &  
 Unsalted

'Tis the Season!  
 Quack, quack, quack!  
 Ho, Ho, Ho!



Get in the holiday  
 spirit today!  
 See page 9 for more  
 information

## SO THIS IS CHRISTMAS

*A Holiday Spectacular!*

Tuesday, December 11, 2018  
 Sundial Auditorium  
 Show at 7pm; Doors Open 6pm

*"So This Is Christmas" promises to be a production like no other!  
 Big, bold & joyful.*

*We'll have Christmas songs, Christmas trees, Christmas cheer  
 & a stage full of incredible talent - maybe even snow!  
 Celebrate the season & enjoy an evening of outstanding entertainment!  
 Our gift to you.*

**Free for RCSC Cardholders  
 & their escorted guests**

RCSC Member or Privilege Card with photo required for entry

\*\* Complimentary Hot Cider & Cocoa will be served \*\*

## Sun City, AZ Holiday Celebration

A Community Celebration for All

**Friday, December 14, 2018**  
**Lakeview Center • 3 to 6:30pm**

- Pie Walk • Money Tree Raffle •
- Hole-in-One Mini-Golf Contest • Holiday Music & Food •
- Santa Photo Station • Bring your camera, tablet or smart phone •
- Exciting Duck Races • Buy Duck Bucks in Advance or Day of Event •
- Lighted Boat Parade Begins at Dusk •

All proceeds benefit the Sun City Foundation



## New England Club

Find some kindred spirits, enjoy meals and fellowship with folks from New England states. Our members hail from Maine, New Hampshire, Vermont, Massachusetts, Connecticut, Rhode Island and beyond!

We meet for dinner and a game of card bingo or other events on the 2nd Saturday evening of the month in Lakeview Social Hall #1 from October to June. Small groups also meet for other events throughout the year.

Dues for New England Club are \$5.00 per year with a varying cost for dinner each month. Club membership/participation is open to all RCSC Cardholders. Come join us! For more information, please call Carol Morris 623-215-3637

## Leather Craft Club



The Leather Craft Club meets at the Marinette Recreation Center on 99th Avenue at Union Hills Drive in their club room. The club welcomes beginners and those who have no experience tooling leather and provides a program of free instruction helping people to learn the art of Western design. We teach the basics of how to transfer a pattern to leather and then how to carve and tool it into a beautiful and useful object. Our club supplies all the tools and patterns a beginner might need, so there is no initial cost to starting to learn this useful craft. Once a person learns the basics they are able to progress to whatever projects are inspired by their creativity. Club members are available to help new members further develop their skills as they strive to build other projects such as belts, purses, wallets, holsters and cases.



The club is open from 8:00am to noon on Monday through Friday, and at other times for members by appointment with a monitor. We are closed during the month of August. Our annual dues are \$10. Club President Larry Vroom says that "We are wonderful club with many talented men and women who are eager to help anyone who is interested in developing their skills. If you are interested in Leather Craft, come and visit us at the club during our open hours and we will give you a brief introduction and further explain our instructional and orientation program.

For more information, please call Larry Vroom (President) at 623-594-6591 or Buzz Sitzler at 602-284-4281.



**EVERYONE** is invited to  
SUN CITY PLAYERS COMMUNITY THEATER'S  
Opening performance October 26, 2018



Dewey Frye is dead, leaving his newly widowed wife, Dorothy, to contend with two grown daughters reliving their childhood rivalry, and a brother who wants the entire estate for himself. Throw in a know-it-all church lady, and you have a comedy about family, Southern Style.

Performed at Mountain View Center, 9749 N 107th Ave., Sun City  
October 26, 27 & November 2, 3 at 7:00pm  
October 28 & November 1, 4 at 2:00pm

**RESERVED SEATS \$10**

On sale at Fairway Center, 10600 W. Peoria Ave., Sun City  
Monday - Thursday, October 22, 23, 24, 25 & 29, 30, 31 & November 1  
10am - 12 noon

Call 480-621-9195 for more ticket information  
Reservations not available by phone

Door sales forty-five minutes before curtain by cash, check, or credit card  
For online tickets, go to [www.suncityplayerscommunitytheater.org](http://www.suncityplayerscommunitytheater.org)  
Produced by special arrangement through Playscripts, Inc.

**Are you experienced?  
Check out the  
Sun City AZ Experience  
for yourself!  
Centers, Clubs, Golf,  
Bowling & More!  
[www.suncityaz.org](http://www.suncityaz.org)**



## Welcome to RCSC Club Events

We've reorganized the Clubs Events & Announcements that appear in SunViews so that it's easier to find the activities you're looking for. Clubs are welcome to submit information to this section every month and should include the date, time and location of the event along with cost and contact information.

Page 17	General & New Interest, Hobbies, Political Clubs
Page 18-19	Club Directory
Page 20	Cards, Games and Social Clubs
Page 21	Performing Arts; Monitored Activities
Page 22-23	Fitness, Health
Page 24	Arts & Crafts, Sports & Outdoors
Page 26	Dances
Page 27	Educational Classes

**To Start or Stop delivery of the Sun City Independent Newspaper/SunViews:**  
Phone: 623-455-2831 or email: [WVCirculation@newszap.com](mailto:WVCirculation@newszap.com)

## General Interest/Museums

### Sun City Rockhounds Mineral Museum

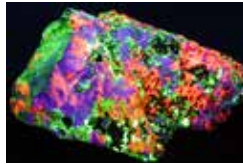
#### Hours of Operation (Sundial):

October thru April: 10am-1pm; Closed Thursday and Sunday

**May thru September: Saturdays only 10am-1pm**

FMI email [scrockmuseum@gmail.com](mailto:scrockmuseum@gmail.com) or call 623-428-6442

during museum hours. Check out our fluorescent room!



### Model Railroad Club at Fairway

Located in the Fairway Recreation Center at 107th and Peoria.

Club membership open to RCSC Cardholders.

**Open October thru April: Tues /Th 9am-noon; Sa 10am-2pm**

### Del Webb Sun Cities Museum

Open Mondays, Wednesdays & Fridays from 1- 4pm.

Admission: Free! Donations gladly accepted & appreciated!

Private tours available (groups of 6 or more). We also have speakers available for your event. We look forward to your visit! Next to Oakmont Center. FMIC 623-974-2568.



## New Interest Groups

Any new interest group who has (at a minimum) 25 potential members may complete the Application for Club Charter (FORM BP:12-15) & submit to the Clubs & Activities Office. Applications found at [www.suncityaz.org](http://www.suncityaz.org) or pick one up in the Clubs & Activities Office located at the Lakeview Recreation Center.

### Sun City Geeks

Would you rather battle Orcs than play Bunco? Do you use Seabed's Nectar to treat arthritis? Do you vacation in the Twilight Zone? Is that pouch on your walker full of Star Wars action figures? The SCG are gathering for designer board games, RPGs, ARGs, SF, horror, MST3K & all things Geek. Contact Kell at [kbrigan1959@gmail.com](mailto:kbrigan1959@gmail.com) for more info.

## Political Clubs

### Sun City Democratic Club

Meet Your Candidate Forum for entire West Valley Wed 10/3 at Sundial. Doors: 5:30pm, come mingle with candidates & their representatives. Talks begin 6:30pm featuring: Dr. Hiral Tipirneni - U S Senator (Congressional District 8); Katie Hobbs - AZ Sec of State; Mark Manoil - AZ State Treasurer; Kathy Hoffman - AZ Superintendent of Public Instruction; William Pierce - AZ State Mine Inspector; Heather Macre - AZ Central Water Conservation; Kathy Knecht - AZ State Senate; Dr. Bradley Hughes - AZ State House; Gilbert Romero - AZ State House. Candidates hoping to be present: Kyrsten Sinema - U S Senate; David Garcia - AZ State Governor & Sandra Kennedy & Kiana Sears - AZ Corporation Commission. Candidates will make every effort to arrive early, so you can meet them. A very special opportunity for Sun City. All citizens who care about election issues cordially invited to attend. Arrive early to assure a seat. FMI email [suncitydemocraticclubofaz@gmail.com](mailto:suncitydemocraticclubofaz@gmail.com)

### Sun City Republican Club

Get involved at West Valley Republican HQ, 10050 W Bell Rd. # 50 (down from Arby's) S.C. 85351. Contact: 623-977-4532. Tuesday morning discussions 9-11am; 3rd Thurs ea/month LD21 meets 7-9p. Become a PC (Precinct Committeeman) FMI Visit [LD21.org](http://LD21.org) or [AZGOP.org](http://AZGOP.org)

## Hobbies/Other Interests

### Sun City Community Garden

Open House every 3rd Sat Oct-May, 9-11am at community garden located within EPCOR water plant on NW corner of 91st Ave & Greenway. Come learn about vegetable gardening & leasing a plot available to RCSC cardholders & Garden Club members. Rose lovers meet Friday after Garden Club meeting at Sun Bowl Rose Garden (107th & Clair Dr). Learn to care for your roses & help keep our rose garden looking spectacular. FMIC 623 875-5921



### Fairway Readers

Club meets 1pm 2nd Friday monthly (year round), Fairway Rm 217. No dues, must show RCSC Card at 1st session. Refreshments served Dec & April. Moderator Jeri Hauff prepares questions/keeps members on track during discussions w/a mic so members can hear (also passed between participants when sharing thoughts & ideas). Books chosen by consensus months in advance, reserved a month in advance (Fairway Library) for those w/MC library cards. Newsletter available at meetings. FMI 623-933-7361.



### Armchair Travelers Club

Fall 2018 season of kicks off Wed 10/3, 7 pm at Fairway AZ Rm1. **October Programs:**

**10/3:** Monument Valley & South East Utah

**10/10:** Thailand-Bangkok and Beyond

**10/17:** A tour around Oberammergau

**10/24:** The Philippines

**10/31:** Glacier National Park.

Our relaxing meetings last about 1 hour & include slides/videos, DVDs or guest speakers of places you would love to go. The 1st meeting of each month features coffee & cookies prior to the meeting (6:30pm). All RCSC Cardholders welcome. Visitors may attend 3 times before joining. Invited guests pay \$2.50 per visit. Annual Dues: \$3 (RCSC Cardholders only)

### Sun City Stamp Club

We meet 7pm 1st Monday every month in Marinette social hall. Set up/inspection of auction stamps: 6:30pm. All RCSC Cardholders & escorted guests welcome. New & old stamps from all countries available at auctions; books & albums at excellent values, 50% or less of current catalogue prices. Join us to start/improve your collection FMIC Mike O'Neill 623-974-9943 ([mshane2009@prodigy.net](mailto:mshane2009@prodigy.net)); Bernard Heath 623-977-2332 ([BCstamps@cox.net](mailto:BCstamps@cox.net)); or Wayne McKenzie 480-249-1278 ([Wayne.Mck@shaw.ca](mailto:Wayne.Mck@shaw.ca))

### Sun City RV Club

Group enjoys potlucks, card games, day trips, rallies, & RV caravans, for RCSC Cardholders & escorted guests only. No RV required! Club meets Oct-April. Season's 1st Potluck is Tue 10/23, 5:30pm at Sundial Aud; Club Officer monthly board meeting held prior to potluck in RV club office (Sundial) 4:30pm. October Potluck Entertainment: Jan Sandwich's "American Hurrah." BYO eating utensils, paper plates, & drink; also a dish to share with 10-12 please. For latest information on planned outings, attend our Caravan Meetings; donuts & coffee supplied. Next Caravan Meeting: Fri 10/26, 9:30am (Sundial Aud). Club hosts card games at Bell Multi-Purpose Room B, 5-9pm on 1st Wed & 3rd Tue every month. Come join the fun. FMI visit [www.scazrvclub.com](http://www.scazrvclub.com) or Call Judy 623-444-4224

### Sun City Birding Club

Specializing in field trips to: identify birds, raise community awareness & enjoy nature. Our club holds fun, educational classes with ornithological themes. Beginning to advanced birders welcome. No experience needed! You will love discovering the joys of birding! FMIC Tom Locascio at 623-977-4992 or [locascio2000@hotmail.com](mailto:locascio2000@hotmail.com)

### Vintage Vehicle Club of Sun City

**Every Wed 4pm:** Weekly car cruise at Sun City McDonald's parking lot. Community invited to see our vehicles & talk to proud owners!

**Every Thurs 7am:** Breakfast at Bobbie's (99th & Greenway) Discuss cars, projects & anything related to automotive passions.

Our shop behind Lakeview Lanes is now complete where members can service their cars & work on projects. Annual dues: \$25. We train monitors on a rotating basis as needed. Many members & mentors are retired professional mechanics. FMI on opening day visit: [vintagevehiclesofsuncity.com](http://vintagevehiclesofsuncity.com). Consider this great opportunity if you're looking for fun. Come meet new friends & learn about all things on wheels.





## Cards & Games

### Backgammon Club of Sun City

Every Sa 1-5pm at LVSH #3; Also Tu & Th 1pm at Bobbie's Cafe. Tourney every 1st Sa. All Skill Levels invited, instruction available. Visitors & Escorted Guests welcome. FMIC Bob 219-229-1870/Nancy 585-314-7184

### Monday Night Card Sharks Bridge

Meets Mon 6:45-9:30pm Lakeview SH #1 for a social evening of contract bridge. Partner Required. FMIC Andy at (623) 933-7972. \$3 & RCSC card required to join. 50¢ each night for prize fund. Try us out. Visiting RCSC Cardholders pay \$1 plus 50¢ to evening's prize fund. We have fun. Please join us.

### Hand and Foot Club

A variation of Canasta. Games played w/4-6 standards deck, ideally designed for 4 players; 6 can play by forming teams of 2-3. Usually, number of decks is 1 more than number of players but it is not standard. Like they say hand up & foot down. After joining for \$5, it only cost 50¢ /wk to play. Winnings are huge (\$1). It's fun! No partner needed; singles welcome! **October Schedule:** Wed Oct 3, 10, 17, 24 & 31 in LV SHs 1 & 2; Sign-in by 5:50pm; play at 6pm. Open to all RCSC Cardholders & their escorted guests. FMIC: Edith (623) 271-0092.

### Hospitality Club (Bridge/Chess)

All RCSC cardholders welcome to our Bridge, Chess & Saturday Card groups at Marinette. All Games need additional players. Bridge every Wed, 12pm; Cards & Games meets Sat, 11am. If you live in north Sun City this may be closer to home than other chartered groups. **Play Chess?** Join us Wed & Thurs, 1 pm at LV SH 3. Our group is quite small & looking to expand! You may play 3 times before we ask you join. Annual Dues: \$6; includes various monthly activities: Pizza, Potluck, Breakfast & more. FMI or emailed newsletter call 933-5158.

### One Partner Bridge

Meets Th, LV SH #1. Doors 6:30pm; play 7pm; arrive by 6:55pm. Partners Required! Annual dues: \$3. Cost \$1/couple for evening's prize fund. All grand slams rewarded & designated small slams paid. If you wish to come for an evening, cost is \$1 (RCSC Cardholders); \$3 escorted guests, plus \$1 prize fund. FMIC 623-466-6567

### Mixed Cribbage Club

Every Tu 1-4pm & W 6:30-9:30pm LV SH3. No Partner needed. Open to all RCSC Cardholders. Cost \$3/join & 50¢ play. Cardholders may play 3 times as visitor. Arrive 12:45pm (sign in & find table). FMIC Pat 623-933-7044

### Oakmont Mixed Cards

We need Pinochle players! Club meets every Sat, 6:15 pm. Plays Pinochle, Bid Euchre & Hand & Foot. Play starts 6:15pm promptly; concludes 9:30 pm. BYO refreshments &/or to share. Weekly fee: .50¢ annual dues: \$3. FMIC Lil 614-787-5885.

### Mah Jongg

Club meets for games: Sundial WH Tu, 12-4pm, Th 6-9pm, & Su 12-4 pm Marinette SH. Open to RCSC Cardholders & escorted guests; Guest fee: \$2.50. Annual dues: \$5. FMIC: Sue 623-933-4823 /480-369-4441/ Sandy 623-399-6337

### Monday Night Pinochle

Like pinochle? Come to Oakmont, M 6pm (register), play 6:15pm. Singles welcome! Play single/double deck. Annual dues: \$3; plus 50¢ nightly. Escorted guests: \$3.50; visitors: \$1. Prizes awarded. After 6 hands, individual scores added, winners advance. Losers stay but do not play each other. This allows playing games w/new partners & a great social time. FMIC 623-972-3263.

### Oakmont Pinochle Club

Play Tu &/or Sa 12-4pm; arrive 15 minutes early to sign in & find table. FMIC Tommie 623-876-1895 or Cheryl 209-524-7358.

### Sun City Duplicate Bridge (ACBL)

Special Games: Mem games: F 10/5; M10/15; Th 10/25. Both partners must be ACBL members for either to receive points. Club Appreciation games: M10/8; Th10/11, F10/12. Grand Nat'l Teams game M 10/22. Form your own team. Unit Wide game F 10/26. Games at LV SHs 1&2 M-Th-F 1pm. Doors:12:15; arrive 12:45. Card fees for all games (except team game): \$2/\$4; team game \$4/\$6. Fragrance free. Partner required. FMIC Dan 623-518-7916 or new website: suncitydbc.com. If handicapped & need N/S table or scoring changes use scdbc.directors@cox.net. Bidding lessons for intermediate players begin 10/29, 10am SH 2. Free to RCSC cardholders.

### Saguaro Bridge

Fri, LV SH 1, 6:50-9:30pm. Win Prizes! RCSC Cardholders & escorted guests welcome; Partner required. FMIC 623-466-6567

### Bunco Broncos

Meet at FW AZ Rms 1-2, 4th Mon every month. Join us for an afternoon of fun! Doors open 11:45am, play 12:30pm. Open to all RCSC Cardholders. Annual dues: \$3; \$2 to play. FMIC 602-526-3495/ 326-7055.

### Euchre Club

Meets Tues, 6-9:30pm Fairway AZ Rms; 1st & 3rd Thurs 1-4pm at Marinette SH. Beginners welcome. FMIC 623-533-5705

### Sheepshead

Mon 10/1 6pm, Talisman Hall. Open to all RCSC Cardholder Sheepshead players. FMIC Pat 623 933-7044/Sue 623 999-4965.

### Kachina Bridge

Don't let duplicate bridge scare you! We are a non-sanctioned club that meets M & Th (Play once/twice a wk) at Sundial 12:15-4pm. Annual dues: \$5 RCSC Cardholders plus \$2 each play for prizes. Players welcome to visit/see how duplicate bridge is played. No partner? Don't worry. FMIC Sharon 623-251-4858; Lee 974-0237.

## Social

### Duffeland Dog Park Club

We help make a safe, clean & enjoyable experience for dogs, their handlers & RCSC Cardholders (& escorted guests). We host potlucks, cookouts & social events. Annual Dues: \$5. **FMIC** Dorothy 928-221-6052 or email duffeland@gmail.com or more info.

### Sun City Hospitality Club

All RCSC cardholders welcome. All activities at Marinette: Pizza/Bunco night 5pm 2nd Fri, reservations required. Potluck/Bunco 5pm last Fri monthly. Breakfast 1st Mon monthly 9am. Friendship Corner (year round) 11am Sat for various cards & games. Bridge meets every Wed afternoon, currently has openings. FMI or an emailed newsletter call 933-5158.

### Sun City Women's Social Club

A place for women to gather for fun & friendship, at Lakeview's upper level 7 days/week, 9am-4:30pm. Current activities: Poker, Bridge, Hand & Foot, Mexican Train, Canasta, etc. Substitutes always needed; members encouraged to set up their own games or activities. Annual Dues \$10; open to all women with RCSC membership. FMIC JoAnn at 623-977-5606, or Evie 480-466-6059. Come check out our newly remodeled clubroom!

### NextGen

Social club open to all RCSC Cardholders, NextGen hosts a wide variety of activities including monthly golf scrambles, happy hours, hikes, bike rides, bowling, concerts, dart, shuffleboard, card games & more. Club designed to bring people together; foster friendships & social connections. Regular meetings 1st & 3rd Mon each month at Fairway AZ Rms 1&2, 6:30pm unless otherwise posted. Check event calendar at [www.nextgensuncity.com](http://www.nextgensuncity.com); dates, times, locations subject to change. FMI inquire at [nextgensc@gmail.com](mailto:nextgensc@gmail.com). Annual Dues: \$5; Must be a member, RCSC visitor or escorted guest to participate.

### Illinois Club of Sun City

Club meets 6:30pm every 4th Thursday at Talisman Hall (Lakes E/W Golf Course.) Club members participate in activities such as dining, sports events, happy hours & other fun! Join transplanted Illinois residents, snow birds & IL State friends. Must be RCSC Cardholder or escorted guest to attend. FMIC Barbara 623-875-5376

### Best Friends Dog Club of Sun City

We Love Dogs Too! Come see what the excitement is about. Classes w/evening & weekend training available in manners, agility & rally. Enjoy dog walks & hikes, brunches, picnics & parties! Come to Fairway to learn about club (Sorry, meetings are for people & service dogs only.) Visit [www.bestfriendsdogclub.org](http://www.bestfriendsdogclub.org). FMIC 480-524-6893. Open to RCSC Cardholders.

### Michigan Friends in Sun City Club

It's almost fall but still feels like summer, which is pretty nice! To our snowbird Michigan friends, visitors, & guests; welcome back. To those who stayed, we enjoyed fun restaurant trips this summer & look forward to more in upcoming months. **Oct, Nov & Dec Activities:** **W 10/17, 4-6pm:** Social/Happy Hour; Bell MPR (Lawn Bowl Bldg) Bring drinks/snacks; **W 10/24, 4:30pm:** Saigon Kitchen 14071 W Bell Surprise; Vietnamese Happy Hour Food & Drinks. **RSVP** by 10/21; **W 11/21, 4-6pm:** Social/Happy Hour; Bell MPR (Lawn Bowl Bldg) Bring drinks/snacks **Sa 12/1, 11:30am-2pm:** Christmas Lunch Potluck, Fairway AZ rm 3; Games, Food Drive & 2019 Elections. **RSVP** by 11/27; **W 12/19, 4-6pm:** Christmas Social/Happy Hour; Bell Ctr MPR (Lawn Bowl Bldg). BYO beverages, a holiday snack, drinks & \$5pp to play the fun Wright Family Christmas Game (a club favorite last year!) **RSVP** by 12/16. Pay there. **Email all RSVP's to michigan2arizonaclub@gmail.com.** Call or text questions to Cheryl 623 910.1522. New to Sun City? Interested in joining our club? Pick up a brochure/application at Sun City Visitors Center (Bell ctr) & send it in. If you join now (\$5 pp) & send your application, your dues apply to all of 2019 as well as the remainder of 2018. Let's have fun together!

### New England Club

Join us 10/12 for our "Octoberfest Hot Dog Buffet." Social 5pm, mtg 5:30pm & dinner 6pm, Lakeview SH 1. FMIC Ann 623-875-4641 or Sheila 623-328-9878. see you there!

### LGBT Club of Sun City

We meet on the 2nd Thursday each month. OM Aud 6-8pm. FMI visit [suncityaz.org/lgbt-club-sun-city/](http://suncityaz.org/lgbt-club-sun-city/)



### Sun City Singles Social Club

Club welcomes single RCSC cardholders. Escorted Guests must be single. Annual dues: \$6. Club meets monthly 1st Fri (Potluck 5:45pm) bring food to feed 10-12 people. 3rd Fri (Game Night 5:45pm) may bring snacks to share; BYO drink for each activity. Location: Fairway AZ Rm #4. **Weekly Activities:** Every Sa: Breakfast, Brother's Family Restaurant 8:45am. Every W: Billiards, LV Lanes, 1pm **October Activities:** **Th 10/4:** Bocce, Sundial, 6:30pm; **M 10/8:** Lunch, Don Rubens's 4323 W Cactus, 11:30am; **Th 10/11:** Mini Golf Mt View, 4:30pm; **F 10/12:** Happy Hour, Red Lobster, 7921 W Bell, 3pm; **Su 10/14:** Dinner, Portofino West 12851 W Bell, 4pm; **Tu 10/16:** Lunch, Oriental House, 10001 N 99th, 11:30am; **Th 10/18:** Bocce, Sundial, 6:30pm; **Su 10/21:** Dinner/trivia, Irish Wolfhound Pub, 16811 N Litchfield, 6pm. Sign up by 10/19; **Th 10/25:** Mini Golf, Lakeview, 4:30pm; **F 10/26:** Dinner, George's (Bell) 5pm; **F 10/26:** Darts Bell, 6:30pm; **Tu 10/30:** Lunch, Olive Garden, 7889 W Bell 11:30am Check club website for other activities that require sign up to attend. Visit [www.simplesite.com/myclub](http://www.simplesite.com/myclub) or contact Ellen 623-583-2307 or Janet 615-574-9960.

**Performing Arts**

**Piano Club of Sun City**

Welcome back for our 1st program of the season, Fri 10/19, 9:30am in Sundial Auditorium. Anything goes as performers play their favorites. Club meets 9:30am 3rd Fri each month, Oct-April, in Sundial Aud. You don't have to play/perform to be a member; just enjoy the music. Annual dues: \$10pp/\$15 per household (RCSC Cardholders). RCSC visitors & escorted guests always welcome.

Affordable lessons available to adults, beginners to intermediate & beyond. Classes conducted in Piano Club Studio on level above Sundial pool. Courses resume early October; tuition ranges \$140-\$160 per 8-week sessions. FMIC 623-792-7266



**Concert Band**

Rehearsals Tuesdays 9-11am in Fairway Music Room. Fall Concert Sunday, November 18; 3pm at Sundail Auditorium

**Sun City Players Community Theater**

Players' 56th season features two comedies and a fun, lively musical. Season tickets include all three productions; currently on sale (\$25) through 11/3. Single tickets: \$10. Purchase at [suncityplayerscommunitytheater.org](http://suncityplayerscommunitytheater.org).

The season's 10/26 opener, Southern Fried Funeral, centers around Dewey Frye's funeral & how his wife deals with sudden widowhood & dysfunctional family.

Over the River and Through the Woods opens 1/11. In it, Nick, is faced with how to tell both sets of doting Italian grandparents that he's moving away.

Phantom of the Country Opera opens 3/15 & explores the career change of an operatic sensation who leaves a promising career to return to her roots & become a country star.

Shows open to all (performed at Mt View); Players membership open to all RCSC Cardholders. FMIC 623-500-2949.



**Choraliers of Sun City**

An auditioned choral group composed of men & women (RCSC Cardholders) with diversified musical backgrounds. We present a wide variety of music at social functions, churches, healthcare facilities & retirement communities as well as some public concerts; up to 20 performances annually. Currently interested in increasing all voices. Rehearsals: Mondays from 8:30-11am in the 2nd floor Fairway Music Room. Membership open to RCSC Cardholders. If you are searching for musical fulfillment, please stop in to listen or check out our website at [www.suncitychoraliers.com](http://www.suncitychoraliers.com). Brochures also available at Sun City Visitors Center.

**Readers' Theater Ensemble**

A unique venue to encourage & support members interested in performing drama without memorizing scripts. Learn & gain experience in developing/showcasing talents by reading a variety of material using voice, facial expression & body language to enhance spoken word. **Open House on 11/9 from noon-3pm.** Readers perform one act plays year-round for organizations & clubs to fulfill their entertainment needs. For bookings contact Ann Case 612-730-9699; FMIC Cecilia Simonelli 623-210-1810. Membership open to all RCSC Cardholders. Meetings: Fri 1-3pm in Social Hall #3 LV.

**Sun City Womens Chorus**

Our 2018-2019 has begun! We meet Thursdays 8:45am in the Fairway Music Room. All women with an RCSC membership card are welcome to join. We look forward to seeing you. Please contact Annette at (623) 308-4643 with any questions. Established in 1963, Women's Chorus was the first chartered music club. At present, our 60 members come from a wide array of musical backgrounds & perform two main concerts a year. Any woman who loves singing is welcome to join.

**Handbell Ringers of Sun City**

We have returned to Fairway Music room Fridays at 8:30am to begin rehearsals for our 12/12 Christmas Concert. Each fall, bells get a good polishing so they are ready to ring while the ringers warm up their muscles & enthusiasm. Membership open to any RCSC cardholder and invited guests. Always looking for experienced ringers as well as those interested in learning to ring. Our doors are always open. Pull up a chair & give us a listen! FMI email Elaine Guest at [WRGUEST2@yahoo.com](mailto:WRGUEST2@yahoo.com).

**Monitored Activities**

<b>Basketball</b>	Marinette Center M-Sa: 6a-9p; Su: 8a-8p	<b>Jogging / Walking Track</b>	Indoor	<b>Swimming Pools - Open Swim Hours</b>	<b>Bell Center - 18+ only:</b>
<b>Billiard Tables</b>	Bell Lanes M-Sa: 8a-9p; Su: Noon-8p	Fairway Center M-Sa 5a-9p; Su: 8a-8p	Sundial Center M-Sa only: 6a-8a	Lap pool: M-Sa:5a-9p; Su: 8a-8p; <b>Closed for class: M-F 7-9a</b>	Walking Pool: M-Sa: 5a-9p; Su 8a-8p
Lakeview Lanes M-Sa: 8a-8p; Su: Noon-6p	Fairway Center M-Sa: 5a-9p; Su: 8a-8p	<b>Outdoor</b>	Marinette Center M-Sa: 6a-9p; Su: 8a-8p	<b>Fairway Center</b>	Lap Pool: M-Sa: 5a-9p; Su 8a-8p;
<b>Bingo</b>	Sundial Center Th 9/6: Doors Open 4:30p; Bingo 6:15p \$9 all 18 games w/3 special games Returns Th 9/6 All Welcome!	Sun Bowl Dawn to Dusk	<b>Library (602) 652-3000</b>	Walking Pool: M-Sa: 5a-9p; Su 8a-8p;	<b>Lakeview Center</b>
<b>Boating/ Fishing</b>	Lakeview Center M-Sa: 6a-7p; Su: 8a-7p (or Dusk)	<b>Mini Golf</b>	Bell Center M: 9a-7p; Tu-Sa: 9a-5p	<b>Marinette Center</b>	M-Sa: 6a-7p, Su: 8a-7p; <b>Closed for class: M, W, F: 8a-10a</b>
<b>Bocce Courts</b>	Sundial Center M-Sa: 6a-9p; Su: 8a-8p	Lakeview Center M-Sa: 6a-9p; Su: 8a-8p	Fairway Center M-F 8a-4p; Sa: 8a-12p	Children's Pool Hours for Ages 4-15 yrs: Daily 4p - Close;	<b>Mountain View Center</b>
<b>Bowling Lanes</b>	Bell Lanes M-Sa: 8a-9p; Su: Noon-8p	Mountain View Center M-Sa: 6a-7p; Su 8a-7p	<b>Pickleball</b>	<b>Oakmont Center</b>	M-Sa: 6a-7p; Su 8a-7p; <b>Closed for Class: M Tu Th F: 9-10a</b>
Lakeview Lanes M-Sa: 8a-8p; Su: Noon-6p	<b>Dog Parks</b>	Sundial Center M-Sa: 6a-9p; Su: 8a-8p	Marinette Center M-Sa: 6a-9p; Su: 8a-8p	Children's Pool Hours for Ages 4-15 yrs - Daily 10a-1p	<b>Table Tennis</b>
<b>Duffeeland</b> October - April: 7am-6pm Closed last Wed/month for Maintenance	<b>Darts</b>	Mountain View: Outdoor M-Sa: 6a-7p; Su: 8a-7p	<b>Racquetball</b>	<b>Table Tennis</b>	Bell Center: <b>Closed For Club Time: M,W,F 10-3p; Tu 10a-12p, 7-9p; Sa 10a-12; Su 1-5p</b>
<b>Fitness Centers</b>	Bell Center M-Sa: 8a-8p; Su: Noon-7p	<b>Shuffleboard</b>	Bell Center Courts A & B M-Sa: 6a-9p; Su: 8a-8p; <b>Closed for Club Time: M/W/F 1-3p, T/Th 5:30-7:30p</b>	<b>Tennis</b>	Bell Center: 623-977-3325 M-Sa: 6a-9p; Su: 8a-8p
Bell Center - 18+ only M-Sa: 5a-9p; Su: 8a-8p	Fairway Center M-Sa: 5a-9p; Su: 8a-8p	Lakeview: Outdoor Daily M-Sa: 6a-7p; Su 8a-7p	<b>Spas</b>	Lakeview Center: 623-561-4676 M-Sa: 6a-7p; Su 8a-7p	Mountain View: 623-876-3042 M-Sa: 6a-7p; Su 8a-7p
Lakeview Center M-Sa: 6a-7p; Su: 8a-7p	Marinette Center M-Sa: 6a-9p; Su: 8a-8p	Bell Center - 18+ only M-Sa: 5a-9p; Su: 8a-8p	Fairway Center M-Sa: 5a-9p; Su: 8a-8p		
Mountain View Center M-Sa: 6a-7p; Su: 8a-7p	Oakmont Center M-Sa: 6a-7p; Su: 8a-7p	Lakeview Center M-Sa: 6a-7p; Su: 8a-7p	Lakeview Center M-Sa: 6a-7p; Su: 8a-7p		
Sundial Center - 18+ only M-Sa: 6a-9p; Su: 8a-8p	<b>Horseshoe Courts</b>	Marinette Center M-Sa: 6a-9p; Su: 8a-8p	Marinette Center M-Sa: 6a-9p; Su: 8a-8p		
Marinette Center M-Sa: 6a-9p; Su: 8a-8p	Mountain View Center M-Sa: 6a-7p; Su 8a-7p	Mountain View Center M-Sa: 6a-7p; Su: 8a-7p	Mountain View Center M-Sa: 6a-7p; Su: 8a-7p		
Mountain View Center M-Sa: 6a-7p; Su 8a-7p		Oakmont Center See Pool Hours	Oakmont Center See Pool Hours		
		Sundial Center - 18+ only M-Sa: 6a-9p; Su: 8a-8p	Sundial Center - 18+ only M-Sa: 6a-9p; Su: 8a-8p		

## Fitness & Fitness Classes

### Sun City Tai Chi Club

We're Back! Been looking for beginning Tai Chi lessons? The Sun City Tai Chi Club has reinstated its beginning Tai Chi class and its Advanced class. If you've been wanting the benefits of health, balance, toning & better concentration, we offer the following classes to all RCSC cardholders for just \$3/class (Escorted guests pay an extra \$2.50). Each class is one hour. FMIC Elisa 480-710-8497 or emcarthur@cox.net.



Tuesday	6pm	QiGong	LV SH 2
Thursday	10:45am	Balance	BC SH 2
Thursday	12pm	108 Tai Chi Sec 1	BC SH 2
Thursday	1:15pm	108 Advanced	BC SH 2

### Hatha Yoga

Club meets at Sundial in the Yoga Club room. Classes are multi-level & do not assume prior yoga experience; all classes taught by certified instructors. Arrive 15-20 minutes before a Mat class & bring a yoga mat, small blanket or a beach towel, your current RCSC card, \$3 class fee & \$5 yearly membership. Wear loose, comfortable clothing for a warm environment. Refer to our website for more information: <http://hathayogaclub.org>



**Yoga Mat Classes:** M: 8:30a & 6:30p; Tu: 8a, 10a & 12p; W: 8:30a & 6:30p\*;  
Thu: 8a & 10a; Fri: 9a; Sat: 8a & 10a (\*evening classes)

**Chair Class (Preregistration required):** Monday, Thursday & Friday 1pm; Wednesday: 10:30am; **FMIC Carlyn for Chair classes: 623-972-9602**

### Zumba Fitness Club

Zumba fuses Latin rhythms & easy to follow fitness moves to create a dynamic full body workout. It keeps you moving & grooving & makes fitness fun. The hour includes a warm-up, cardio workout & cool-down.

Mon: Bell Social Halls, **Zumba Gold**, 11:30am-12:30pm, Debbie Reiss, Instructor;  
Tues: Sundial West Hall, **Zumba Gold**, 6:30-7:30pm, Debbie Reiss, Instructor;  
Wed: Bell Social Halls, **Zumba Gold**, 11:30am-12:30pm Debbie Reiss, Instructor;  
Thurs: Marinette Aud, **Zumba Fitness**, 6:30-7:30pm; Julie Chaney, Instructor.  
Fri: Bell Social Halls 1 & 2, **Zumba Gold**, 11:30a-12:30p, Debbie Reiss, Instructor;  
Sat: Marinette Aud, **Zumba Fitness**, 8:30-9:30am, Julie Chaney, Instructor.

Cost: Members: \$2 per class; Visitors \$2 per Class; Escorted Guests \$5 per Class.  
Annual Membership: \$5 FMIC Al 847-376-1863 or 847-682-9399

## Don't look so shocked to find out that no pets are allowed on RCSC properties!

Remember: Household Pets are not allowed on RCSC properties or in RCSC facilities (please see Board Policy #26 for more info).

Exceptions: Duffeland Dog Park, Best Friends Dog Club training, service dogs trained to assist the handicapped.



\* NOTE: Emotional support animals are not an exception!

### Swim Club

Sun City Swim lessons have moved to Lakeview pool. Lessons run from 8:30-10am M-W-F. Beginning & intermediate classes available. Annual membership: \$5 for RCSC Cardholders. FMIC Tere Kearney 623-583-5894.

### Aqua Fitness Club

Club meets M/Th or T/F at Sundial, Oakmont, Marinette & Mountain View pools. No swimming involved; members stand in waist/chest deep water. Instructors teach three classes of varying intensities: Free Standing, Poolside & Aqua Stretches. Visit [www.aquafitnesssuncity.com](http://www.aquafitnesssuncity.com) for information on class exercises, as well as class times, days of the week & pools. Annual Dues: \$5; \$15 for each 8 week session; 5 Sessions annually. Fall Session in progress, ends F 11/16. FMIC Terry 619-818-4380 or Helen 623-974-4784. All classes are co-ed; must be a Sun City RCSC Cardholder to join or attend classes. Not familiar with water aerobic exercises? 'Try It Before You Buy It' M 11/05 - F 11/09 at any of the classes/pools. Membership Meeting & Winter Class Registration: Sa 11/10 at 8:30a in the Sundial Auditorium; doors open at 8:00a. Winter Session runs M 12/03 - F 12/21 & continuing M 01/07/19 - F 02/08/19.

### Aqua Suns

Do you love the water but walking & lap swimming isn't for you? Come try synchronized swimming & learn things you never thought you could do - dolphins, spearfish, catalinas, kips, surface dives & more. Join in the fun M-W-F from 8-10am at Lakeview Pool. FMIC Nancy at 623-238-8608. Swim Club membership: \$5/Year

### Dance for Fitness

With a current RCSC Membership you may enjoy three free sessions. Then you may join for only a \$5 annual fee. Come once, twice, or three times a week (whatever fits your schedule). No per-lesson fee. Classes on Tuesday at Bell, Wednesday at Sundial and Friday at Mt. View; all classes are 9-10am. FMIC Penny at 623-933-7021 & Donna at 515-975-1683

### Bell Aerobics

Come join this friendly group for a complete 45-minute workout of gentle stretching on Mon, Wed & Fri at 8, 9 or 10am at Bell Social Hall. Membership \$3/year with valid RCSC card; no class fees. There will a holiday potluck social in December for all members. We meet year-round & are looking forward to having you join us. FMIC Dave 623-251-4681 or Pat 510-673-5732

### Oakmont Ladies Exercise Club

Join us for low-impact exercises designed for women over 50 at Oakmont on Tuesdays & Fridays 8-9am. Annual Dues: \$3, 3 free trial visits. FMIC Helen 715-222-9519

### Stretch & Slim

No matter your fitness level, have a blast in our DVD-led classes! Check our schedule for times & class levels to find the best time to join our fun Stretch & Slim Club. Experience a variety of exercise: cardio (low & high impact), strength training (hand-held weights & fitness bands provided) & stretching for a well-rounded experience. You are welcome to "try us out" (3 classes for free). Annual fee: \$5; escorted guest fee: \$2.50 per RCSC (guests must be escorted by active Club member). FMIC Nancy 602-751-5034.

### Handicapables

Whether your physical limitations are chronic or temporary, Handi-capables invites you to benefit from the fitness & social programs our club offers to enhance your enjoyment of life!

Pool exercises are offered on Tuesdays and Thursdays at Sundial. Two classes at 12 noon are available - one standing, one sitting down. Assistance is available should you need help. Another class is held at 1pm for those able to do stand-up exercises with no assistance. Remember: An on-site shower is required before entering the pool (Maricopa County regulation).

Monthly social meetings with entertainment & snacks are held on the 1st Monday at 12:30pm in Fairway Arizona Rooms 1 & 2. Annual membership is \$15; open to all RCSC Cardholders. Personal caregivers may be allowed with physician verification (BP 9-1). FMIC Dean Drake at 623-640-7211 or email [bvhcpg@gmail.com](mailto:bvhcpg@gmail.com).



*Tips from Get Fit for Life -***Sleep Deprivation Slows Down Weight Loss**

"Losing out on sleep creates a vicious cycle in the body, making it more prone to factors that contribute to weight gain," states Jane Fortier, fitness specialist for Get Fit for Life. "The more sleep-deprived a person becomes, the higher the level of cortisol (stress hormone) in the body. High levels of cortisol automatically increase appetite. One doesn't become ravenous for salads, but rather the high sugar, high fat and "bad for you" foods. When the body experiences stress, it tries to produce serotonin, a hormone that has a calming effect. The easiest way to accomplish this is by eating high-carb foods that produce a neurochemical reaction. These foods may bring satisfaction and stress relief, but they set into motion a pattern of poor glucose management and fat storage.

Lack of sleep hinders the body's ability to process sweet stuff. When sleep deprivation sets-in, cell mitochondria that normally help digest fuel, begin shutting down. Sugar then, remains in the blood, resulting in high blood sugar levels. These elevated blood sugar levels result in elevated insulin levels. Sleep deprivation can make fat cells 30 percent less efficient at managing insulin. It's almost like a switch is thrown for fat storage. Fat loss becomes difficult"



"Lack of sleep boosts levels of Ghrelin," Fortier continues. "Ghrelin is the hormone that triggers hunger. In addition, lack of sleep decreases levels of Leptin, the hormone that signals satiety. Studies have shown that sleep-deprived people eat an average of 300 more calories per day, and can gain up to four pounds a week, depending on the severity of the deprivation and the confusion with these hormones."

Luckily, there are easy ways to make sure sleep never gets in between you and your weight loss goals. Implementing the following 10 Steps can have a huge impact on your sleep pattern. Make sleep a priority. It's physically unhealthy to lose sleep. The fix requires both a behavioral and conceptual shift. Sleeping isn't downtime. You "feed your body" when you sleep, just as eating feeds your body when you are awake.

**Ten Steps for Better Sleep:**

- Try to get 7-8 hours of sleep each night
- Keep a consistent bedtime and wake-up time
- Lower lights an hour before going to sleep (blue-spectrum light from bulbs suppresses production of melatonin)
- Don't text, email, watch videos or check social media in bed (devices shoot blue light)
- Wake-up to natural light. (it cuts off hormones that make you groggy)
- Don't drink caffeine after 2pm
- Don't "sleep in" on weekends (this confuses the body as much as jet lag would)
- Exercise regularly, in order to sleep better and more deeply
- Stop alcohol intake no less than an hour before bed (alcohol negatively impacts quality of sleep)
- Keep your room dark, quiet and cool

Working with a Get Fit for Life trainer is an excellent way to gain information on all of the factors involved in losing weight. Trainers are experts at getting clients started on a comprehensive, effective weight loss program. Trainers educate, as well as motivate. Individual needs, goals, and medical issues are factored into the final weight loss regimen. To find out more about working with a Get Fit for Life trainer, call 623-696-6820 or visit Get Fit for Life LLC, Sun City on Facebook.

*LaTouch Wellness Massage Therapy Shares...***Reflexology Help Balances Body's Energy**

The practice of Reflexology is a perfect complimentary therapy that when utilized regularly enriches your health and well-being. Similar to acupuncture, reflexology works with the body's vital energy or meridians through the stimulation of points on the body. This is different from massage in that the client may remain fully clothed during a treatment session. However there is also the option of incorporating reflexology techniques into a full body massage which can enhance the experience of the therapy session.

Reflexology uses unique micro-movement techniques such as thumb and finger walking and a finger technique called hooking and backup to create a response throughout the body along with the addition of the appropriate amount pressure to specific points and areas on the feet, hands or ears. It is believed that these areas and reflex points correspond to different body organs and systems, and that pressing them has a beneficial effect the person's general health.

We live in a holographic universe. Physicists are discovering just how interrelated the cosmos really is, the feet is a perfect microcosm or mini-map of the whole body. All the organs, glands and body parts represented in the foot are laid out in the same arrangements as in the body.

Reflexology is an ancient practice, its origin and history is difficult to track. It is thought to have been passed down through verbal traditions. In the United States, William H. Fitzgerald, MD, is frequently referred to as the father of reflexology. He wrote in 1917 about ten vertical zones that correspond to the location of an injury could serve to relieve pain when implemented over a period of time. Each zone can be considered a channel for the intangible life energy, called chi or qi in oriental medicine. Stimulating or "working" any zone in the foot by applying pressure with the thumbs and fingers affects the entire zone throughout the entire body.

Whatever the approach, reflexology relieves stress on the nervous system and assists in balancing the body's energy. In addition to your regular massage therapy or as a stand-alone treatment, reflexology is a perfect complimentary therapy to promote health and well-being in the body.

Massage in general helps us to manage stress and can also be used to address a number of health issues. A full complement of massage services are offered at Fairway, Sundial and Bell Recreation Centers (as noted below) for RCSC Cardholders and their escorted guests. If you would like to experience the benefits that massage may have for you, call and schedule an appointment today!

**Group Equipment Demos in October**

Bell Center	Wednesday, October 3 @ 11:30am with Dick
Marinette Center	Wednesday, October 10 @ 11:30am with Dick
Fairway Center	Wednesday, October 17 @ 11:30am with Jane

NOTE: Pre-registration is required for group equipment demonstrations. Please sign-up with the Facility Attendant at the appropriate fitness center. Space is limited.

**Member Fitness & Massage Services**

**Fitness Training**  
623-696-6820

**Sundial Center**  
Free Spirit Massage  
623-225-8582

**Bell Center**  
Jan Dias  
623-521-0771  
Lisa McCoy  
623-210-2707

**Fairway Center**  
Laura Moore  
623-201-0378  
latouchwellness@  
massagetherapy.com

## Arts & Crafts

### Fairway China Painting

Come paint with us in Fairway room 217 (second floor), 4 days a week! Club open to RCSC cardholders: Annual dues: \$5. Cardholders welcome to attend 3 times before joining. China painting is one of the oldest forms of art. Dry mineral paints are mixed with oil & patterns are traced (or freehand painted) on glazed porcelain & made permanent when fired. You can paint useful of artistic items with modern or ancient designs. Come try it - you'll be surprised by what you're able to create; we promise!

### Handweavers & Spinners Guild

Skilled instructors teach weaving, spinning, basket making, tatting, hardanger, bead weaving, inkle & kumihimo, shirett & rug making. All skill levels welcome. Special Interest Groups meet weekly year round. Annual dues: \$10. New members may use equipment/work on personal projects once basic skills are established. We have an extensive library of weaving activities. Member meetings at 1pm, first Monday monthly Oct-May & occasionally include speakers/demonstrations, refreshments, show & tell & socializing. Social events include: Halloween Party, December holiday luncheon, & Spring Omelet brunch. Classes/workshops held year-round. Regular hours: 9am-3pm Mon-Fri, Oct-May. Summer hours vary. Beautiful handcrafted items for sale in Club store, open during club hours. Members participate in holiday fairs & craft events throughout the year. FMI - [suncityaz.org/handweavers-spinners-guild](http://suncityaz.org/handweavers-spinners-guild) or call 623-933-0397.

### Bell Ceramics

Wanted: RCSC Cardholders! No experience necessary! Learn a wide range of ceramic techniques: stains, oils, glazes, underglazes, banding, carving & more. We have over 1300 molds to choose from & carry greenware, ceramic tools, brushes & paint supplies - all you need to get started so join today! Fees for classes range from \$5-20 depending on technique. Annual membership: \$7. Club hours: M-F 9am-3pm; Wed 5:30pm-8:30pm, Sat 9am-noon. FMIC 623-974- 6750.

### Sundial Crafts

Cardmaking resumes Tu 9/4, 5:30-8p offering a variety of techniques such as Die cutting, 3D layering, stamping, inks, etc. Embroidery on Paper class (old art from the Netherlands on a new level; a pattern pierced onto cardstock then sewn using standard embroidery stitches) resumes Fri, 9/7 1-3:30p. Also, Open Crafting sessions Mon 8a-1p & Thurs 8-11a. Join our experienced crafters where you can work on any craft you like including knitting & crocheting. Scrapbooking sessions every Wed 10a-6p, Sa 9a-4p & every 1st & 3rd Fri monthly from 4-8:30p. This lively group welcomes Beginning & experienced scrapbookers. Annual dues: \$5; membership open to all RCSC cardholders. FMI email [sdcraftclub@yahoo.com](mailto:sdcraftclub@yahoo.com) or call 815-315-2387.

### Sun City Clay Club at Lakeview

October brings winter visitors & active club rooms. Full schedule of handbuilding, wheel, sculpture & mosaics classes / workshops starting soon. If you're interested in learning to work with clay, now is the time! All RCSC Cardholders welcome whether new to clay or experienced potters. Our well-equipped studio has friendly members & knowledgeable teachers to help start your great new hobby. Next club mtg: Wed, 10/10 in Lakeview SH1; social: 9am; meeting: 9:30am. Hours: Mon-Thurs, 8:30am-8:30pm; Fri-Sat, 8:30am-4:30pm. FMIC 933-0899.

### Jewelry at Oakmont

Summer Club Hours Wed, Thurs, Fri, Sat 8am-noon (4/1 thru 10/31) **Now offering Stained Glass** on M-W-F, 12-4p. Contact John Schmidt to schedule your class. We also teach lapidary, silvercraft, glass fusion, faceting, beading, wirewrap & scrimshaw. FMIC John Schmidt 623-322-4595

### Happy Hearts at Bell Craft

Happy Hearts at Bell Craft donate their time on Friday afternoons (12-3pm) to make afghans for veterans. **All yarn donations greatly appreciated;** please call 480-299-3316 for donation location.

### Oakmont Ceramics

Annual Dues: \$5 Club hours: Mon-Th, 8am-3pm; Tu/Th 5:30-9pm; Sat 9am-1pm; closed Fridays; Whether you're a beginner or advanced ceramist, this Friendly Club is for you. See Sign-up sheets in Club for special classes/workshops. FMIC 623-363-3908 or come by the Club during Club hours.

### Lakeview Fired Arts

Now offering new techniques in Cuerda Seca, gilding & silk screening on poured & hand built earthenware, porcelain & stoneware. Chalks, dry brushing, faux leather & faux antique pewter, glazing, majolica, overglaze & translucent classes also offered this year. Many exciting ideas to take pieces to the next level in your ceramic adventure. Fired Arts offers a mentoring program for a one-on-one learning experience. Annual dues: \$5; easy to join. Start your ceramic hobby with like-minded fun people. FMI Visit clubrooms or call 623-974-5979.

### Artists by the Lake

Club meets 1st Tu monthly at Lakeview: potluck at noon, a brief meeting, then an art-related demonstration in Social Hall 1. LV Art Studio offers classes, workshops, & open painting times (upper level). Currently offering classes in Oil painting, Watercolor, Pastels, Acrylics, Drawing; Open painting available at no charge to members on Thurs from 9-noon. Check out our art studio, gallery walls & friendly members. Annual Membership: \$10 for RCSC cardholders; Class fees apply. Visit [www.suncity.org](http://www.suncity.org) (listed under Clubs) for current newsletter & class schedules. FMIC Deb Dahlin 315-491-9650

### Bell Silver Craft Club

Visit our professionally equipped silver craft workshop & sales room. We offer classes in basic silver work, introducing students to fundamentals. We also offer lost wax casting classes, turning wax models into beautifully cast silver or gold, chainmaille for stunning bracelets & necklaces. Other specialty classes/demonstrations offered throughout the year. You're welcome to tour our club & see the possibilities. Jewelry Sales: Mon-Sat 9am-3 pm. Silvercrafting hours: Mon-Sat 8am-3:30pm. Located around the corner from the Bell Visitors Center. FMIC 623-933-8442.

### Marinette Clay Corner

Club excels in the creative art form of pottery making; with seasonal themes, everyday dishware, beautiful gifts, designer pieces, & our famous Yard Art. Monthly meetings, every 2nd Wed; 8:30am social (coffee & treats) & 9am general meeting. New members' orientation classes held monthly. Fun, creative classes year-round. Hours: 8am-8pm M-F; 8am-4pm Sat. Looking for a special gift? Check our gift/display and Yard Art sale area. FMIC 623-977-3167. RCSC membership card required to join.

### Fairway Knitters

Knit/crochet items for military, care centers, school children, the homeless of Phoenix & other charities. Join us any Fri between 8:30am-1:30pm. Work on your projects using your yarn or work on club projects using club yarn. We also have items for sale if you like to shop. We meet in Fairway AZ Rooms 3 & 4. Annual dues: \$5. (Must be RCSC Cardholder) FMIC 602-469-2505.

### Lakeview Woodworkers

Come see beautiful wood crafts! Men & women welcome; tap into your creativity & make something with your hands. It's a wonderful feeling. Our club is a fun, happy place; members willing to help. Open M-F 8a-4p, Sa 8a-12p. Summer hours: M-Sa 8a-2p. Annual Dues: \$20. FMIC 623-933-2355

### Friendship Quilters

A club built on friendship & common interests of quilting/creating projects w/fabric. New members always welcome to share love of quilting/different techniques. We quilt for fun & charities. Stop by Bell Craft Village Quilting room to say "hi" & check out our contemporary "Quilting Bee." **New Hours:** Mon & Wed 9am-8pm; Sat 9am-3pm. Annual dues: \$5. Open to all RCSC Cardholders.

### Creative Quilters

Hours: Mon & Fri: Open Sewing 8am-4pm; Tu & Wed: Open Sewing w/Sew N Sew 3pm; Fri: Bus. mtg, announcements, programs 9:30am. Boutique items available for purchase during Club hours. Watch our news items & stop by Club to look at class book for more details. Membership open to RCSC Cardholders. FMIC Red 602-622-5913

### Learn Leather Craft

Open to all RCSC Cardholders. Annual Dues: \$10. Beginner classes Tues/Thurs, 8am. Learn carving, stamping, garment & construction. Lessons, patterns & tools furnished. We meet at Marinette. Hours: 8am-12pm; Mon-Fri. Learn to make leather belts, purses, holsters, even mini saddles. A great group of people & a wonderful craft. FMIC 623-594-6591 or 623-933-8831.

### Artistic Stained Glass

Sun City's only club devoted to glass creations only; specializing in all types of glass art & projects including "came," as well as more current methods w/foil & solder. Members introduced to techniques in beginning class. Our expert teaches fused & slumped glass; specialized classes in large fused glass flowers, sandblast etching, & more. Most members learned stained glass when they moved to Sun City & took our beginning class. Many are hooked once they try. We are a friendly, social group, that likes pot lucks. Drop in & see what we do! We meet at Bell M-F, 8a-3:30p; plus 5-8:30p M/W/Th & Sa 8a-1p

### Sun City Calligraphy Society

Gen Mtg: 10/18 Club mtg rm, 9am. **New hours:** M 1-3pm; Th/F 9-11am. Weekly "Love Card" workshops/practice during club hours. **Open House:** 10/25, 9-11am. Join up for Fall Classes (fees): Every W "Card Making" w/April, 9-11am; "Blob Monoline" 3 classes w/Debbie, start 10/30, 9-11am; "Simplified Blackletter" 3 classes w/Sherryl, start 10/31, 1-3pm; more in Nov & Dec We sell beautiful & creative handmade greeting cards to the public during regular club hours. Card samples & event calendar available in club window (Sundial); come see what our artistic members create! Membership open to RCSC cardholders. FMI stop during club hours or call Trudy 623-594-6591.

### Oakmont Needle Arts & Crafts

A dedicated year-round-club come sun or more sun! Knitting, crocheting & other handcrafts within a smaller group of gals. Club open to all RCSC Cardholders; novice to pro, every Thurs 8-11:30am. Join us 10/11 for our **Annual White Elephant Auction** at 9:30am & 10/25 for a Halloween Party. Bring a treat; Costumes encouraged! Learn, Laugh, Socialize! FMIC: Anna 623-693-7544

### Camera Guild

Autumn's arrival brings special activities. Everyone invited to "First Friday" gallery opening for "Vacations Near & Far" on 10/5; 4-5:30pm w/complimentary wine & cheese. New website is up ([www.cameraguildduncity.com](http://www.cameraguildduncity.com)); easy to use showing Tue dinners, Discovery Labs & more. Watch on-line calendar for times & meeting places. Deadline for ACCC Fall Roundup competition: Prints: 10/11 at 5pm (clubroom); Digital: 12am 10/12; for further directions check ACCC website. Membership open to all RCSC cardholders. General mtgs: 1st & 3rd Sat; 9-11am at Fairway.

## Arts & Crafts (continued)

### Bell Craft Club

Open M-F 9am-3pm; Sat 10am-2pm; M, W, Th 6-9pm, Classes/workshops in: Bead weaving, Greeting Cards, Copper Enameling, Place-mats, Candle making, Quilling & Cross Stitch, Painting, Plastic Canvas, Knitting, Crochet-ing, Silk Flowers, Craft Beading, Polymer Clay, Parchment Craft, Card Embroidery & Brazilian Dimensional Embroidery. Classes taught by members. Think others would enjoy your craft? Become a member & teach. Boutique open for unique handcrafted gifts. Gen Mtgs 2nd Thurs, Sept-May. Annual Dues: \$10. New members joining July 1-Dec 31: \$5. All regular classes free to club members. Membership open to RCSC Cardholders. FMIC 623-974-3497.

### Bell Stitches

Like to sew? Share new & fresh ideas as we create outfits for charity & craft items to raise money for accessories & supplies. Have a tour & a cup of coffee. Annual Dues \$3; membership open to RCSC Cardholders.

### SewNSew Club

Monday Mending at Olive Branch Senior Center 8:30-10:30a each Mon OBSC is open. Membership: \$10, open to all RCSC cardholders. Boutique & Open sewing Tu/Th 9a-9p; Sat 9:30a-3p; Su 12-4pm Boutique sales include doll clothes to fit American Girl Doll. Donations accepted during open sew times.

**Oct 7:** 1-2p Garment Technique Series: Zippers

**Oct 9:** 9:30a Best Embroidery SIG Technique; 12:30p Doll Clothes SIG

**Oct 11:** 9a Open Sewing 10:30a Christmas Tree Napkins

**Oct 13:** 9:30a-3p Quilts of Valor

**Oct 14:** 1p Quilt SIG

**Oct 16:** 9a Open Sewing; 9:30a Luke Workshop Flannel PJs

**Oct 20:** 10:30a Garment Technique Series buttons; buttons & buttonholes

**Oct 23:** 9a Luke workshop 12:30p Doll Clothes SIG

**Oct 25:** 9a Open Sewing; 9:30a-3p Boutique Workshop

**Oct 28:** 1pm Quilt SIG

A library of reference materials, club patterns & embroidery designs are available to members during open sew hours. FMI visit <http://www.sewnsew.info/>

### Palo Verde Artists

Palo Verde Artists Members encouraged to renew social connections. RCSC Cardholders welcome to check out our friendly artists' group. Annual membership: \$10; entitles classes & workshops enrollment; beginners to experienced painters & sketch artists welcome. Classes & workshops may entail additional fees. Club holds many free events: artists' demos, "Paint-Ins," Open Painting, friendly critiques & video lessons, social events & more. Classes taught by professional artists. Club meets monthly (first Mon) 12pm in Sundial East Auditorium.

### Fairway Sterling & Stones

Visit our workshop & jewelry store. Friendly members will show you lost wax casting, glass fusion areas & lapidary room. You'll see members working on stones & glass for rings, necklaces, bracelets & more in silver, copper & brass. Check out member creations in our terrific store (open to the public). RCSC cardholders who join can sign up for beginner or advanced classes in silver craft, lapidary, lost wax casting, glass fusion, chain making, viking knit, reticulation and more. Small classes taught by experienced member-instructors who try to accommodate your schedule. Free workshops also available to club members. Summer hours for club, jewelry store & craft sales: Tu-F 9a-1p. Located in Fairway Rm 136, "next door to the trains." FMIC 623-977-2208

### Fairway Ceramics & Porcelain Club

Summer's behind us, kinda. A dandy way to beat the heat is to pursue a hobby in air-conditioning! Begin creating for autumn/winter holidays; a special centerpiece for Thanksgiving, gifts for friends & family. All Guests & Visitors invited to enter a FREE monthly drawing for an awesome door prize. Fun, low-cost classes in: airbrushing, clay lifting, glazing, brushstrokes, decorating w/translucents, Zentangle, underglaze pencil, clay building, overglaze & stoneware. All skill levels welcome. Annual Dues (Jan-Dec) \$10 per RCSC cardholder; family (for 2 at same address) \$15. Basic orientation helps new members begin in a friendly environment. Greenware, tools & supplies available for purchase. New molds recently acquired: wall-hangings, mushrooms, dramatic showpieces, birdhouses, & animal figurines, et al. HOURS: 9-3 Mon-Sat. FMIC club 623-972-5818, or Dott at 623-748-3313. Located at Fairway, 2nd floor.

### Sundial Silverstones

No experience necessary! Membership open to all RCSC Cardholders. Beginning classes offered (minimal fees) in basic silver, glass fusion, mold making, lost wax/casting, lapidary, chain making, wire wrapping & faceting. Our well-equipped club is open M-F 8am-3pm & Sat 8am-noon. Jewelry store open to all for purchase of member-crafted items, M-F 8am-3pm & Sat 8am-noon. Come take a tour of our facility.

### Artistic Weavers/Fiber Artists

Regular Club hours beginning 10/1 at Oakmont: Mon-Fri, 9am-3pm. Beginners Loom weaving classes start last week of October, (run 3 weeks) 9am-Noon, Tue-Thurs-Sat. Cost: \$40 plus \$12 annual dues if not already a club member (must be RCSC Cardholder). Coil Basketry classes, Reed Basket weaving, Spinning, Rigid Heddle loom weaving & a special course in Box weaving scheduled for fall. Please stop by club room for details. We'd love to have you join us!

## Sports & Outdoors

### Indoor Volleyball Club

While waiting for indoor venue, we play at Villanueva Community Ctr (15660 N Hollyhock St, Surprise) W & F, 8-10:30am & at Rio Vista Rec Ctr, (8866A W Thunderbird, Peoria) most Th 9-11a & most Sa 5-6:30p. Call in advance as they close on holidays & sometimes have gym rented. No fee to use facility w/Silver Sneakers Card. FMI on membership (RCSC Cardholders only) call Dawn 623-271-8511

### Sun City Pickleball Club

Welcome back snowbirds for another great season! Play at Marinette's 20-court complex or Mt View's 7 outdoor courts. With warm temperatures hanging around, busiest drop-in times are 6:30-10am M-W-F. This skilled, fun, court & paddle sport is similar to tennis, badminton, racquetball & table tennis. Free introductory lessons and clinics for all skill levels, and ladder & round robin play year round. Check website for details. RCSC Cardholders eligible to join participate in a fast-growing activity. Annual dues: \$25. Everything about the club, including annual dues payment information, on website at [suncitypickleballclub.org](http://suncitypickleballclub.org)

### Sun City Sportsmen Club

New name! Same great group! Hunting/Fishing/Shooting Weds: 8am, Trap & Skeet, Ben Avery Range (Les: 623-876-8714) Fri: 8am, Rifle & Pistol Shooting (Ben Avery). Open to all RCSC Cardholders; New members welcome. FMIC Tony 847-207-1948

### Racquetball Club of Sun City

We now play "Whisperball" at Bell indoor racquetball courts. Free lessons available Tu & Th 1:30pm. Court requirements: clean court shoes only (no street shoes); protective eyewear required; must be RCSC Cardholder or escorted guest. Play on M-W-F from 3-5pm. A great cardio workout that's fun, too. Open to RCSC Cardholders who belong to the Racquetball Club. \$5 annual membership. FMIC Rick 412-419-9578 or visit [www.racquetballclubofsuncity.com](http://www.racquetballclubofsuncity.com).

### Dart Club at Bell Lanes

5 leading-edge, soft-tip, electronic dart boards, preset games, 1-8 players. House darts available/use your own. All skill levels welcome. **Club Play:** M: Game Night, 5:30-8p; Tu: Count-Up 5:30-8p; W: Monitor's Choice 5:30-8p; Th: Ladies 2-4pm. Arrive 15 min early to sign in & form team. FMIC Andrew Esaena 480-284-0904; Bob Howicz 630-531-0391; Judy Clark 623-760-6926. Membership open to all RCSC Cardholders.

### Sun City Basketball Club

We play at Villanueva Community Ctr, 15660 N. Hollyhock, Surprise: 4on4/5on5 full court or come shoot around M & W: 3:30-5pm mid-Oct thru April. We plan to have 1/2 court outdoor games Fri, 9-11am at Marinette. FMIC Charlie 206-459-3242; charlespeterson@comcast.net or Peter 604-313-3190; petermacleod1000@gmail.com

### Sun City Senior Softball Club

Play slow-pitch softball several days a week (mixed men/women) at Sun Bowl softball field (107th & Clare, just west across Sun Bowl parking lot). Several leagues: American w/12 teams/10 players, Central-12/11, National-12/12, Co-ed-6/12, 70s-6/11 (age requirement) & tournament teams & Women's. Players placed in leagues according to ability. Five separate sessions allow year-round opportunity to play softball w/ short commitments to 1/more sessions. Tryouts: Mon 8:30am. RCSC Cardholders, including Snow Birds, welcome to join. FMIC Dan 520-404-2909

### Sundial Shuffleboard Club

Sports are classified as winter sports, some as summer; others either spring or fall. Shuffleboard is "year round;" especially when played indoors. That's why Sundial Shuffleboard Club welcomes you to join us Thurs at Bell. Arrive by 5:50p to ensure a spot on a team; or arrive earlier to practice. If you haven't played before, call Russ to arrange free lessons. A challenging game that requires little effort; a game persons of all ages enjoy. Equipment furnished; with valid RCSC card you may play 3 times before committing to membership. Annual dues: \$2.50 per person; weekly play: 25¢. FMI call Russ at 623-208-9921.

### Bocce Club of Sun City

What do you think of when you see Autumn's vibrant oranges, yellows & browns? How about candy corn w/peanuts for a salty/sweet treat, perfect for a Halloween party!  
**Club Tourney:** M 10/1, 8 & 15 (wks 2-4) 10a  
**Club Tourney:** M 10/22 & 29 (wks 1 & 2) 10a  
**Halloween Party:** M 10/29 5p at Club House;  
**Club Tourney:** Tu 10/2, 9, 16, 23 & 30 10a  
**Club Tourney:** W 10/3, 10, 17, 24 & 31 10a  
**Open Play:** Th 10/4, 11 & 18 10a;  
**Open Play:** Th 10/25 1p; **2 Person Tourney:** Th Oct. 25 (wk 1/4) 10a; **Club Tourney:** F Oct. 5, 12, 19 & 26 10a; **Fri 25¢ Open Play:** F 10/5, 12 & 19 7p; **Fri 25¢ Open Play:** 10/26 6p; **Club Closed:** Sa 10/6, 13 & 27; **Club Playoffs:** Sa 10/20 10a; **Open Play:** Su 10/7, 14, 21 & 28 2p; **Special Dates:** Board Mtg: M 10/1, 4p Club House; Halloween Party: M 10/29 5p - Club House. RCSC visitors & escorted guests welcome to join open play. Always follow Club Rules of Game; Modest, appropriate attire required at courts & manners please w/cell phones. Board election in November; sign-up sheet is in the Club House waiting your name to be included on the ballot.  
**Lessons by appointment:** Dennis: 623-693-2881; Edith & FMI: 623-271-0092

### Bell Shuffleboard Club

Play every M, Tu & F 1-3:30pm. Arrive early to sign in (assigned court & starting position). Play 3 games; new partner each game. Fast courts w/slight curve make it a challenge. Instructors available to help learn rules. FMIC Dennis 623-972-3169, or stop by & check us out during regular play.



## Dances

**Sun City Ballroom Dance Club at Bell**

We meet at Bell Social Hall every Sunday throughout the year except Christmas & Easter Sundays. Dance open to all RCSC cardholders & escorted guests. Join us for a fun social evening of music & dance. All accomplishments, couples & singles welcome. Dance: 7-9:30pm. FYI! Free 30 minute dance lesson from 6:30-7:00pm. Annual membership: \$3; admission: members/\$5; escorted guests/\$8. Coffee, ice & cups provided, or BYO favorite refreshments & snacks.



**October Dances: 10/7 Manuel Dorantes, 10/14 Michael Carollo, 10/21 Manuel Dorantes, 10/28 Michael Carollo**

Dances at Bell Social Halls FMIC Julie (623) 533-6236 or Arlene (623) 214-0594; Visit: [www.suncityballroomdanceclub.com](http://www.suncityballroomdanceclub.com)

**Country Dance Club at Sundial**

Dance 1st & 3rd Sat each month, 10/6 & 10/20 at Sundial, 6:30-9:30pm. Free dance lessons Oct-April 6pm w/pd admission. **Special Event 10/20! All Welcome!** Help promote our great community & invite friends to an evening of Country music. **Dance to "Steel Nickel Band,"** (starring Dan McCorison "Western Music Album of the Year") Sundial 6:30-9:30pm (No dance lesson at this event). Cups, Ice, Cookies provided as usual, BYOB & snacks. **Event Admission:** Members \$3 Non-Club Members \$6. Annual dues: \$5 (RCSC Cardholders only) Visit [www.countrydanceclubsuncity.com](http://www.countrydanceclubsuncity.com) or our Facebook Page; or FMIC 623-972-5127 or 231-557-6555

**Bell Tea Dance**

All dances on Wed 2-4 pm at Bell Social Hall. Music provided by local keyboard artists. Dances consist of Foxtrots, Waltzes, Latin, Swing & Rock. Two mixers included. Coffee, tea & freshly baked cookies provided. Singles welcome. Admission: \$4/Club Members, \$6/Escorted Guests. FMIC 623-842-3917. **October Dances: 10/3 Michael Carollo, 10/10 Manuel Dorantes, 10/17 Juan Miguel, 10/24 Michael Carollo, 10/31 Juan Miguel**

**Classic Rock Dance Club**

Let's Rock N Roll! Join us for some good old-time Rock N Roll! Our DJ's upbeat enthusiasm gets you on your feet & keeps you rockin all night! 50, 60, 70, 80's Rock N Roll at Fairway, every 1st & 3rd Saturday nights.

**October 6: Blue Hawaii Celebration! With DJ Ron West**  
**October 20: DJs John & Sharon Urzi**

Doors open 5:30; dance 6-9pm. BYOB; cups, ice, napkins & homemade cookies provided & **We Play Music Videos!** Open to RCSC Cardholders & their escorted guests. Annual Membership: \$3 w/valid RCSC membership. Admission: \$3/Members; \$6/escorted guests. FMI [www.facebook.com/suncityclassicrockdanceclub](http://www.facebook.com/suncityclassicrockdanceclub) or Donna 623-628-4401 / Pat 6022-380-7327

**Friday Night Ballroom Dance Club**

**Singles & couples** invited to social & ballroom dancing at Sundial, Fridays 7-9:45pm. Whether you love to slow dance, are an accomplished ballroom dancer, or somewhere in between, you'll enjoy dancing to some of the best live music in the Valley. Free dance lesson w/paid admission: 6:20pm. No partner required for lesson; Students rotate so everyone has an opportunity to dance. We also have a couple "Mixers" & "Line Dances." Admission: \$5/ members; \$8/escorted guests. Enjoy socializing & making new friends. Be comfortable, but please: no jeans, shorts, pullover shirts, hats, tennis shoes or flip flops. Coffee, ice & cups provided. FMIC Bob (623) 215-8718 or visit: [www.suncitysingledanceclub.com](http://www.suncitysingledanceclub.com). Open to all RCSC Cardholders, visitors & escorted guests. **October Dates: 10/5 Midnight Moon; 10/12 Juan Miguel Zarate; 10/19 Mike Carollo; 10/26 Juan Miguel Zarate**

**Rockin' Thru the Years - Saturday Nite Fever**

The only dance club dedicated to Classic Rock & Roll, Disco, DooWop & Country Rock. We have our own sound system & use 2 different DJs to play music from the 50s thru today. Will play requests as long as they fall in the R&R genre. Singles & couples welcome; no dress code! We furnish cups & ice; bring your own snacks & favorite beverage. Admission: \$3/members; \$6/ escorted guests. Annual RTTY membership \$3 w/RCSC card. You don't need a partner or to take dance lessons to enjoy dancing to R&R & Disco. We now dance at SUNDIAL! Doors open 6:30pm; dance 7-10pm. FMIC 623-332-7894 or visit [Rockinthrutheyears.com](http://Rockinthrutheyears.com). We have 8 drawings at every dance worth \$175 plus 4 video screens for your enjoyment! **October Schedule: 10/13 DJ Jamee Soulz; Halloween Special on 10/27 - DJ Ryan Blair**

**Friday Night Rock 'N' Roll**

Like to listen/dance to your favorite music? Here are a few artists you may know: Billy Joel, Temptations, Bruno Mars, Maroon Five, The Hollies. Our music director, Bill Williams, saw Sun City needed a Friday Night Dance Club, a place for those who love to rock out to today's music as well as blasts from the past in a comfortable environment. Bill DJs our parties, allowing guests to share his passion for music. Come see us on the 2nd, 4th & 5th Fri each month at Fairway for music from the '50s thru today. Have a request? Let Bill know; he'll do his best to play it or email song requests to [fairwayfnrnr@yahoo.com](mailto:fairwayfnrnr@yahoo.com), too. Annual Membership: \$4 RCSC Cardholders; Admission: Members \$3; Escorted Guests \$6. Masquerade Party 12/28. Come Party with us!

**Sun City Line Dance Club at Sundial**

Dance on a beautiful wooden floor every Tues & Thu 10a-1p in Sundial ballroom/auditorium.. Serving cookies, pretzels, mints, coffee, & water. Members, visitors & escorted guests welcome. Free 15 minute dance lesson prior to all dances. **Special Dance/Party:** 10/30 at Sundial with full lunch; luncheon free for Club members. Annual membership \$5. Daily dance: \$2/members, \$4/visitors, \$6/escorted guests. FMIC Walter 623-972-5127. [Suncitylinedanceclub.facebook.com](http://Suncitylinedanceclub.facebook.com) contains links to teaching sessions for our dances; or visit [www.suncitylinedance.com](http://www.suncitylinedance.com).

**Rhythm Ramblers**

Next Performance: Tu 10/2 at Sundial Auditorium, 2:30-4:30pm. Admission: \$5/RCSC Cardholders; \$7/escorted guests. Remember, dress is casual. BYO drinks/snacks; cups, ice & napkins provided. Bring all your friends & returning snowbirds to celebrate the arrival of fall & plan for a fun reunion! See you there!

**Sun City Squares**

Our First Dance Is our famous **Light Dance** on Tuesday 10/30. Pre-Rounds, 6:30-7pm. 7-9pm Mainstream/Plus Square Dance; Dee Dee Dougherty, Caller. FMIC 623-930-7513 or 623-875-2642 or email: [SUNCITYSQUARES@q.com](mailto:SUNCITYSQUARES@q.com). Dances open to RCSC Cardholders & their Escorted Guests.

## Dances Lessons

**Tip Top Dance Club**

**Have fun while burning calories!** Bonus: Improved physical strength, circulation & balance, increased stamina, a healthier heart & new friendships. Men & women, novice to advanced all welcome. Annual Dues: \$10 plus \$12-24 per month, depending on classes. Visitors pay \$2.50 extra/class. **Class Schedule at Marinette SH:** **Mon:** 8:15a Intro to Tap (by appt w/Denise 623-875-1255); 9a Inter Variety Tap w/Jackie; 10:15a Tap 2 w/Denise. **Tu:** 8:15a Intro to Tap (by appt w/Denise 623-875-1255); 9a Tap 1 w/Denise; 10:15a Adv Tap w/Dallas. **Wed:** 8:15a Intro to Tap (by appt w/Denise 623-875-1255); **Fri:** 9a Inter Variety Tap w/Jackie; 10:15a Adv Tap w/Dallas. **Moving To The Beat (low impact aerobics at Marinette):** Tues/Thurs 1 pm; Members \$3/class; Visitors +\$2.50/class. **Pilates Classes at Bell Aerobics Rm:** Mon/Fri 1 pm; Members \$4/class; Visitors +\$2.50/class. Open to all RCSC Cardholders & their escorted guests. Tip Top Dancers is available for dance performances! FMIC Christine 623-322-3138.

**Country Dance Lessons**

Couples Country Dance Lessons on Wednesdays at Bell Social Halls 6:30pm-9pm. Dates: Oct 3, 10, 17, 24 & 31. Admission: Members \$4, RCSC Cardholders \$5 & Escorted Guests \$6. Lessons cost covers entire 2 1/2 hours. FMI visit: [www.countrydanceclubsuncity.com](http://www.countrydanceclubsuncity.com) or call 623-972-5127 or 231-557-6555. FMIC 623-972-5127.

**Sun City Ballroom Dance Lessons****Mon : Instructor-Paul Daniells**

6-7 pm Beginner Foxtrot  
7-8 pm Beginner/ West Coast Swing  
8-9 pm Intermediate Waltz

**Thurs: Instructor-Paul Jack**

6-7 pm Beginner Waltz  
7-8 pm Intermediate I Cha Cha  
8-9 pm Intermediate II Foxtrot

Cost per lesson: \$5/members; \$8/escorted guests. **FYI: No Classes 10/25 or 12/6.** FMIC Julie (623) 533-6236 or Arlene (623) 214-0594 or visit: [www.suncityballroomdanceclub.com](http://www.suncityballroomdanceclub.com) Classes at Bell Social Hall

## Educational Classes

### Computer Club of Sun City

Our members come to our Club in the Fairway Recreation Center to share computer knowledge and experiences, including current Microsoft Operating Systems, Chromebooks, Android, smart-phones and tablets in a fun and social environment. This includes using these devices to explore the Internet, photos, repair, home, office and social. Members of the Club can come anytime that we are open and use our computers in the Member's Lab to check



email, read the news and visit favorite websites. They use our scanner to scan their important documents or convert precious old pictures, prints, slides and negatives into image files. Classes, special interest group discussions, workshops and presentations are both interesting and educational.

We have three rooms equipped with Windows 10 computers. Many classes using Microsoft 10 are scheduled and you can use our computers. Classes are usually announced at least two weeks before and require club membership. You'll need to come to the club to register for classes. Sign up early as they do fill up fast.

Our Workshops are focused, informal, hands on, and with smaller groups. Membership is required. Topics of the Workshops are targeted to a specific topic and will be related to PCs or Android Devices. Workshop rooms are arranged for members to use with their own laptop, chromebook, tablet, or phone. If you do not have a laptop, you can use one of our computers.

All RCSC cardholders are welcome to join the fun! In October, you can join our Club by attending a short "Join Us" presentation in our Club on any Wednesday. Come in anytime between 9a to 10:30a. It only takes a few minutes to join! For more information, call 623-933-8953 or visit our Club Website: [www.firstsuncity.com](http://www.firstsuncity.com) The Computer Club of Sun City is on the 2nd floor of the Fairway Recreation Center.

In October, our Clubs Hours: Mon - Fri: 8a to 11a, Sat: 8a to Noon. Our October Schedule:

#### First Week

Android Devices SIG on October 6 at 9a  
Board Meeting on October 4 at 9a  
Round Table Discussion on October 5 at 9a

#### Second Week

Internet/Email SIG on October 8 at 9am  
Windows 10 Operating System Class, October 8, 9, 10 and 12 from 9a to 11a  
Genealogy SIG, October at 9a  
Windows 10 Workshop, October 11 at 9a  
Round Table Discussion on October 12 at 9a  
Investors SIG, October 13 at 9a

#### Third Week

Android Beginners SIG on October 15 at 9a  
Computers 101 Class, October 16, 17 and 18 from 9a to 11a  
Windows 10 Workshop, October 16 at 1p  
Searching Your Roots Workshop, October 17 at 9a  
Android Clinic, October 17 at 9a  
Backup and Recovery SIG on October 18 at 9a  
Hardware Clinic on October 19 at 9a  
Adobe Photoshop Elements October 19 from 1p to 3p

#### Fourth Week

Windows SIG on October 22 at 9a  
Windows 10 Workshop, October 25 at 1p  
Round Table Discussion on October 26 at 9a  
Adobe Photoshop Elements October 26 from 1p to 3p  
Investors SIG, October 27 at 9a



### Spanish Club - El Circulo Español

The Sun City Spanish Club has the Fall Registration meeting on Thursday Oct 18 at 5:30pm in Fairway AZ Rms 1 & 2. This is a 'finger food' potluck & all members & their invited guests are welcome; potential members (RCSC cardholder visitors) are welcome as well. Bring a dish to share; this is a great opportunity to meet instructors & discover what our class offer. FMIC call Lidwina 623-256-8376 or email [SunCitySpanishClub@gmail.com](mailto:SunCitySpanishClub@gmail.com)

Below is the schedule for Fall Classes:

**Beg lvl 1:** Mon, 9-11am starting 10/22/18  
Int Conversation: Mon, 11am-1pm starting 10/22/18  
**Beg lvl 1:** Mon, 3-5pm starting 10/22/18  
**Beg lvl 1:** Mon, 1-3pm starting 1/7/2019  
**Beg lvl 2:** Wed, 8-10am starting 10/31/18  
**Beg lvl 1:** Wed, 10am-noon starting 10/31/18  
**All-levels conversation:** Wed, 12-2pm starting 10/24/18  
**Beg lvl 2:** Wed, 2-4pm, Destinos video class starting 11/14/18  
**Beg lvl 2:** Wed, 4-5:30pm starting 1/2/2019  
**Beg lvl 3:** Thur, 9-10:30am starting 1/3/2019  
**Beg lvl 2:** Thur, 10:30am-noon starting 1/3/2019  
**Int Conversation:** Thur, 2-3pm starting 11/1/18

For club information please check our club bulletin board at Fairway near the first floor classroom

Club dues are only \$10 per year; there is no limit to the number of free classes members can take & no need to register in advance. Some classes require books; we try to assist in purchasing these inexpensively.



### SunMacs (Apple Macintosh) Computer Club

Our Summer Hours, Tuesday and Thursday only, 8:30-10:30a are observed May through October.

Our 2018 officers are: President, Isaac Bonifas; First Vice President, **Vacant**; Second Vice President, **Vacant**; Secretary, Barb Swintek; and Treasurer, Tom Cherveney. The club is desperately seeking volunteers to fill both Vice President positions. The First VP is responsible for providing programs for the General Meetings and shall preside at meetings in the absence of the President. The Second VP is responsible for scheduling daily class sessions, providing the monthly class schedule to the news media and presiding at meetings in the absence of the President and the First VP.

The need for instructors has also become critical. If you are willing to help fill either of the VP positions, and/or class instructor, contact Isaac Bonifas at [isaacsunmacs@gmail.com](mailto:isaacsunmacs@gmail.com). Please step up and support your club.



Our next General Meeting takes place on Saturday, November 3, 8:30 - 10:30a in the Sundial West Hall. Coffee and treats available before the 9a program. The program topic for this meeting will be announced at a later date. You can renew your membership for 2019 at this time. Election of officers for 2019 will take place before the program.

We specialize in assisting our members with Apple Products and Software. Located at Sundial; RCSC card required for membership. Annual dues: \$20 single/\$30 couple. We offer classes, Round Tables and Socials, free to club members. Some classes require pre-registration. For more information about the Club and a calendar schedule of classes offered, visit [www.sunmacs.org](http://www.sunmacs.org) or our club room (933-5300).

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SUN CITY AZ



### Life Long Learning

The next opportunity for lecture & course registration is for the Fall Semester & takes place at Fairway on Thursday, 10/11. Our Mission is to provide educational programs, courses, & lectures at low cost. Learners are able to select up to 15 classes per semester. Readers with special interests & expertise who may welcome a chance to share their enthusiasms by offering a course or lecture are invited to submit a proposal. FMIC 523-533-5756, Brian Callahan, President.

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# Welcome to Sunshine Service

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While the equipment is available for the use of all residents or visitors staying with residents, the equipment must not be taken out of Sun City on a permanent basis. As a matter of control, equipment is loaned only to Sun City residents.

Records show that as the population of Sun City grew, so did use of our medical equipment. Savings for Sun City residents have been calculated periodically; in 2015, it was estimated that residents saved over two million dollars in cost of equipment for that year alone.

Sunshine Service, Inc has received local, state and national recognition. Awards received include the George Washington Honor Medal for services to the sick and hand-capped from the Freedoms Foundation of Valley Forge in Pennsylvania.

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### Meet The Team

**Ken and Charlotte Weisser** – This team of two began their real estate career in 2004 after retirement and moving to Sun City. They quickly became the top selling team with their brokerage and maintained that position for years after. They know the ins and outs of the Sun City market – the home history, fee schedules, amenities, the clientele and much more. They are known for putting their clients’ needs first no matter the circumstances.



**Cindie Snell** – Cindie began her real estate career in the Denver market. She moved to the Northwest Valley and joined her parent’s team in 2017. She brings a fresh perspective regarding merchandising your home and trends in online and social media advertising. She is ready to apply new techniques for attracting buyers to the property as well as relying on traditional methods. She earned the SRES (Senior Real Estate Specialist) designation in 2018, which involves coursework geared specifically towards buyers & sellers in the 50+ market.

*Contact the team for a free, no obligation market analysis & valuation.*

### THE WEISSER CHOICE TEAM

Cindie Snell – 303.596.2790

Charlotte Weisser – 623.693.4962

Ken Weisser – 623.693.4964

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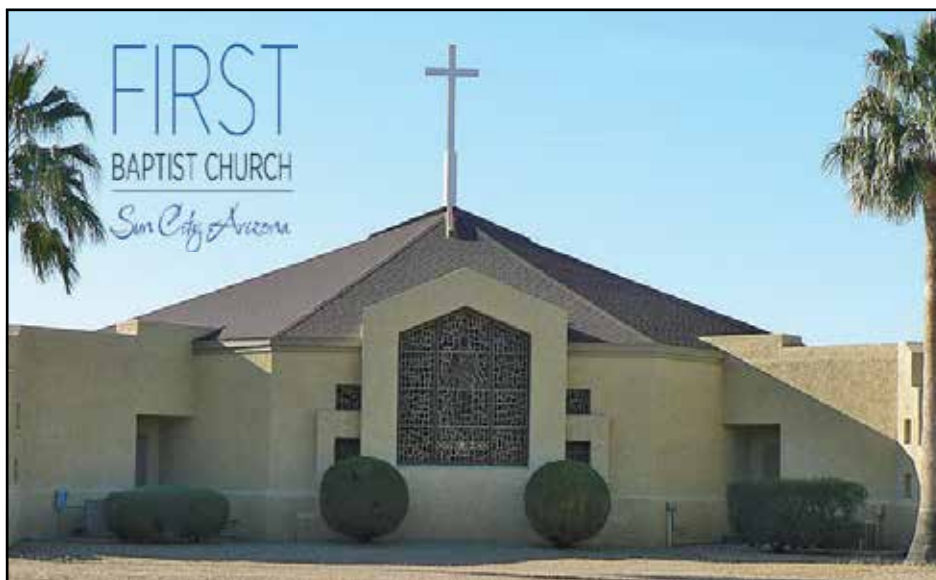
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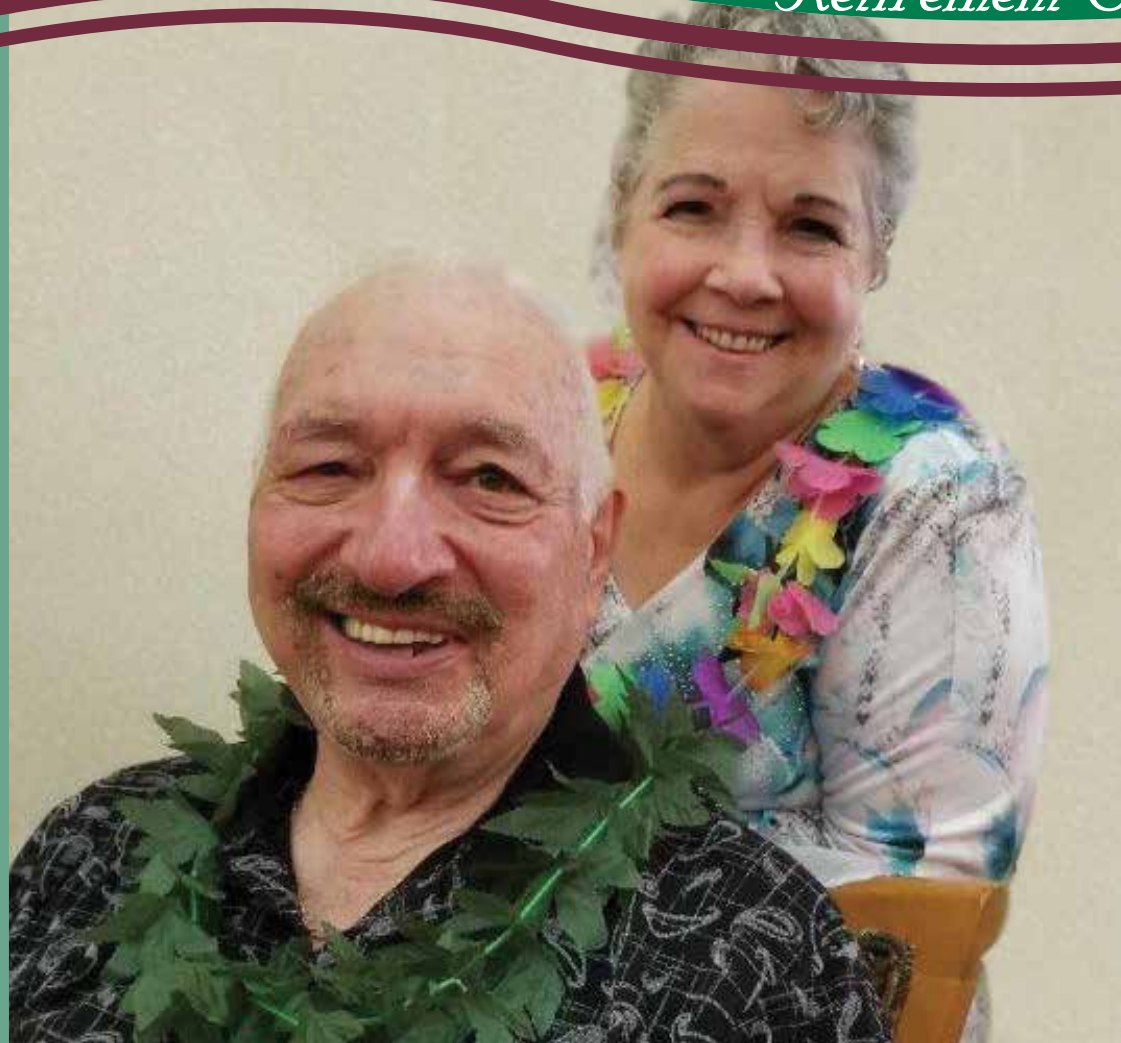


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# Get Down to a Great Show at the Sun Bowl

## Free for RCSC Cardholders & their escorted guests ONLY!

### Johnny K & Kompany September 23 @ 7pm

Let's kick off the Sun Bowl season with an encore performance from Johnny K & Kompany, who will take the audience back to a simpler time with many of your favorite classic oldies!



### Furious George October 21 @ 6:30pm

Let's give a big hand to Furious George when this outstanding five-piece band of talented & accomplished musicians creates a sure-fire performance - guaranteed to include your favorite songs and will keep everyone on their feet.



### The 8-Tracks October 28 @ 6:30pm

Welcome back The 8-Tracks to Sun City AZ as we take a journey back in time, singing and swinging to the songs from the 50s and 60s, songs that you love and that are so much a part of your lives.



### Strait Country September 30 @ 7pm

Kevin Sterner & Strait Country will keep the audience on their feet as this 6-piece band showcases hit after hit from George's vast collection of number one & top ten hits, along with some lesser known gems.

### Thaddeus Rose Band October 7 @ 6:30pm

Let's welcome TRB as they perform their debut concert here in Sun City AZ that promises the best dance rock hits and iconic cover tunes presented by some of the greatest musicians of our time.



### '56 Rock N Roll November 4 @ 6pm

Return to the year that featured Coupe de Villes & drive-in movies, Ed Sullivan & Milton Berle in your living room, Mickey Mantle leading the Yankees to the pennant & Grace becoming a Princess, accompanied by great tunes from rock legends such as Chuck Berry, Jerry Lee Lewis, Johnny Cash, Roy Orbison, Carl Perkins and Elvis (just to name a few). That is '56 & you won't want to miss it!



### Faded Jeans October 14 @ 6:30pm

Arizona's Party Band comes back to the Sun Bowl with their unique mix of classic rock, pop, country, 70s funk, rockabilly and blues. Shout out your favorite tune and they just might play it!



### Tribute to Our Veterans November 11 @ 6pm

Pride and patriotism will take center stage at the Sun Bowl when the Ahwatukee Foothills Concert Band and the Ahwatukee Children's Theatre put on a special performance specifically designed to honor those who have served as we honor veterans. Please accept our heartfelt thanks!

Be prepared to show your RCSC Member or Privilege Card (with photo) to gain access to Sun Bowl shows; no key fobs accepted!

*\* Free RCSC Events are paid for by RCSC Cardholders and are therefore intended for RCSC Cardholders and their escorted guests only. Your cooperation and understanding is greatly appreciated!*



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