

# SUN VIEWS

ISSUE #211 • JUNE 2019 • A PUBLICATION OF THE RECREATION CENTERS OF SUN CITY, INC.

**SUN CITY**  
ARIZONA  
RECREATION CENTERS  
OF SUN CITY

## Help RCSC Maintain “Healthy Swimming”

Safe and healthy swimming is one of the hallmarks at the Recreation Centers of Sun City and RCSC Cardholders and their guests are a key component to proper pool and spa sanitation.

While all recreational pool facilities must comply with Maricopa County Department of Environmental Health rules and regulations, RCSC goes above and beyond those requirements to ensure the wellbeing of swimmers, bathers and walkers alike that use the pools and spas.

Although public health code requires only one reading each day to test for chlorine, alkaline and PH levels, RCSC goes even further for your benefit by testing four times per day at each of the RCSC Center’s pools and spas. Chemicals may need to be added and adjustments are made as necessary to maintain correct water balance.

### Bell Center Aquatic Facilities Closure Begins June 3

RCSC Cardholders are advised that all outdoor aquatic facilities at the Bell Recreation Center are scheduled to be closed beginning on Monday, June 3, 2019 for extensive work which will include the following: pool deck replacement, lap pool, walking pool and spa pebble sheen replacement, along with pool filter and pump replacement. It is anticipated that this work will take approximately two months to complete. The scheduling of this work over the summer months is in large part required due to contractor scheduling/availability.

Cardholders are encouraged to visit the other recreational centers for their swimming needs during this period. However, you are advised to review the pool schedules in SunViews, on the website at [www.suncityaz.org](http://www.suncityaz.org) or to call ahead to ensure that the venue is not reserved for club activities (Phone numbers for each center can be found on page 3.)



In addition, all RCSC pools and spas are equipped with Ultra Violet (UV) Light Systems which not only reduce the amount of chlorine needed but quickly sterilize or eliminate any bacteria in the water. During this process, pool water is channeled through a full pipe UV System and completely sanitized before returning to the pool or spa.

But all the chemicals, treatment and testing can’t keep all of the pools healthy and sanitary all of the time. Swimmers must be active participants in helping with these efforts.

With all the steps the RCSC is taking and with the continued help and support from Cardholders and their guests, RCSC will be able to maintain healthy swimming pools and spas for everyone’s enjoyment by following these simple guidelines:

- Always practice good hygiene. Onsite showers are required before entering any swimming pool or spa.
- Take frequent bathroom breaks and thoroughly wash your hands after using the restroom.
- Don’t swim if you have diarrhea. Doing so can spread germs and make other people sick!
- Stay out of the water for at least two weeks after symptoms disappear.
- Avoid getting pool water in your mouth and if you do, don’t swallow.
- If you see fecal matter, immediately report it to the on-duty Facility Attendant so that proper measures can be taken.



RCSC staff are fully responsible for all pool maintenance and sanitation management. Certified Pool Operators are on-staff at all RCSC Recreation Centers whose responsibilities include water testing and pool equipment maintenance. In addition, there are four members on RCSC staff who have successfully completed the required testing and have received their Aquatics Facility Operator Certification ensuring our that facilities continue to be operated for your utmost enjoyment and protection by providing clean and sanitized aquatic facilities for all Cardholders and their guests.

“With everyone’s continued commitment to keeping RCSC pools clean, Healthy Swimming in Sun City AZ is here to stay!” remarked Barry Masloff, Centers Operations Manager.

More information regarding healthy swimming can be found online at the Center for Disease Control website: <http://www.cdc.gov/healthywater/swimming/>.

Stay in the loop!  
Get RCSC News Alert  
Emails, sign up at:  
[www.suncityaz.org](http://www.suncityaz.org)

Email addresses  
remain confidential

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Connect with Sun City AZ





93 RED CELLS  
12 PLATELETS  
43 PLASMA  
Shot in the  
line of duty

## Transform a life, and your own

Rob was shot in the line of duty while on patrol as a police officer. If not for the 93 red cell, 12 platelet and 43 plasma transfusions he received, he would not have been able to become a father to his little girl Genevieve.

*"More than 140 blood donors helped save my life. Today, I get the chance to be a father because of their generosity."*

## Sun City Visitors Center Blood Drive

Thursday & Friday,  
June 20 & 21, 2019  
8am to noon

Bloodmobile in Loading Zone

Contact a Visitors Center Volunteer at 623-977-5000 or visit [BloodHero.com](http://BloodHero.com) (Sponsor Code: suncity)

When you DONATE BLOOD between May 24 to September 6, you'll be entered to win a 2019 VW Passat Wolfsburg Edition, donated by our Valley Volkswagen Dealers

For eligibility questions or to schedule a donation, call 877-25-VITAL or visit us at [vitalant.org](http://vitalant.org)  
Find us @vitalant:   

vitalant 

# The Ultimate King Experience



Featuring  
Rick Lenzi as  
Elvis Presley

Wednesday,  
June 12, 2019

Show @ 7pm;  
Doors Open 6pm

Sundial Auditorium

Free for RCSC Cardholders & their escorted guests only!

You must present your RCSC Photo Member or Privilege Card for entry; no key fobs accepted.

General Admission Seating

**SUN CITY**  
ARIZONA  
RECREATION CENTERS  
OF SUN CITY

## RCSC Cardholders:

# Please keep the following in mind!

While you're out and about enjoying all that RCSC has to offer, please be aware of the following items which require Cardholder attention when using any of the recreational facilities:

- All RCSC Cardholders are required to check in with their Member or Privilege Cards (key fobs accepted for entry to fitness, pools and spas; not concerts or free events).
- Neither Sun City AZ residents nor spouses of RCSC Cardholders are eligible to be guests. With proper documentation and if eligible, privilege cards may be purchased at the Cardholder Services Office at Lakeview Center in order to use the facilities.
- Host punch cards are purchased by and belong to the Cardholder, not the guest. Host punch cards can be purchased at RCSC Facility Attendent Stations (exact cash or check only), Cardholder Services at Lakeview, RCSC Bowling Centers.
- Guests may be requested to show government-issued photo ID when checking in to use RCSC facilities.
- Proof of age for 4 and 5 year olds (birth certificate or passport) is required for access to swimming pools. Photo copies or electronic images are acceptable.
- Free concerts and events are paid for by RCSC Cardholders and are intended for RCSC Cardholders and their escorted guests only.
- Always be prepared to show your RCSC Member or Privilege card (with photo) when attending concerts and events. Key fobs are not accepted for entry.
- Household pets are NOT allowed at any RCSC facilities, including but not limited to buildings, golf courses, grounds, parking lots, except for dogs at the RCSC dog park, Best Friends Dog Club and/or dogs trained as service animals. This does not include emotional support.

Please refer to the RCSC Cardholder Guide and Board Policies for more information regarding these matters. Your continued cooperation is appreciated!



No matter what state you're from, while you're here in Sun City it is much appreciated if you would park in only one space (note the white line under car) and save these smaller spaces for golf carts - as designed.



Be scent sensitive!  
Overuse of scented body products such as colognes, perfumes, after-shave lotions and the like can be irritating and even caustic to others. Perspiration and water from pools, spas can make matters even worse.

## RCSC Amends Corporate Bylaws, Board Policies

In our efforts to consolidate and streamline the RCSC Corporate Documents, several changes have recently been made. The 2019 Board of Directors determined it was necessary to merge many of the previous Board Policies into the RCSC Corporate Bylaws so that all information regarding specific topics could be found in one location.

This major endeavor was undertaken as a result of questions and procedural matters that surfaced during discussions with the U.S. Department of Housing and Urban Development with regards to the reverse mortgage challenges we were facing back in 2017-2018.

As you may recall, there were many in the community who insisted that RCSC merely "change their documents." Both the Board and RCSC Management at the time felt that it was important to remain steadfast and work with the proper governmental authorities to resolve the matter.

While the reverse mortgage issue has been settled and property owners have this financial option available, this encounter brought to light several concerns which the Board felt needed to be addressed as we move forward in redefining the future of our community.

With this background presented, let us fast forward to where we are today. RCSC now has fewer Board Policies (ten remain) and amended Corporate Bylaws which more fully direct the

operations of the corporation and direct the Board of Directors in their work to oversee the corporation in a concise and restructured format.

Change is oftentimes difficult and sometimes hard to grasp. It is hoped that these amendments to the Bylaws will, over time, be easier to use and understand as all information and explanations can be found in the same location.

It is suggested that interested Cardholders refer to the online Corporate Bylaws Index (<https://suncityaz.org/wp-content/uploads/2019/03/Corporate-Bylaw-Index.pdf>) and consult the posted PDF version of this Corporate Bylaws document ([https://suncityaz.org/wp-content/uploads/2019/03/2019\\_03\\_28-RECREATION-CENTERS-OF-SUN-CITY-INC.-BYLAWS-F-03-28-19-005.pdf](https://suncityaz.org/wp-content/uploads/2019/03/2019_03_28-RECREATION-CENTERS-OF-SUN-CITY-INC.-BYLAWS-F-03-28-19-005.pdf)) in order to familiarize themselves with this new, and what will become, beneficial documentation regarding your investment in the Sun City AZ community.

*Note: RCSC Members and Cardholders unable to access the internet may request copies of the Corporate Documents at the Lakeview RCSC Corporate Offices (located nearest the Red Dot ramp on the lower level).*



### Corporate Office

Lakeview Center  
10626 W. Thunderbird Blvd.  
623-561-4600

Hours: Monday - Friday 7:30am to 4pm

[www.suncityaz.org](http://www.suncityaz.org)

### Member Services (Clubs) Office

Lakeview Center  
623-561-4660

Hours: Monday - Friday 8:30am to 4pm

### Cardholder Services Office

Lakeview Center  
623-561-4603

Hours: Monday - Friday 8:30am to 4pm  
1st Saturday each month: 9am to noon

### Recreation Centers

**Bell Center:** 623-876-3040  
16820 N. 99th Ave.

**Fairway Center:** 623-876-3044  
10600 W. Peoria Ave.

**Lakeview Center:** 623-561-4675  
10626 W. Thunderbird Blvd.

**Marinette Center:** 623-876-3054  
9860 W. Union Hills Dr.

**Mt. View Center:** 623-876-3042  
9749 N. 107th Ave.

**Oakmont Center:** 623-876-3046  
10725 W. Oakmont Dr.

**Sundial Center:** 623-876-3048  
14801 N. 103rd Ave.

**Sun Bowl Amphitheatre**  
10220 N. 107th Ave.  
(weather recording)  
623-972-6014

**Softball Field**  
10220 N. 107th Ave.

**Duffeland Dog Park**  
14610 N. Del Webb Blvd.

**Sun City Visitors Center**  
1-844-4 SUN CITY or 623-977-5000  
Located in the Bell Center at  
16824 N. 99th Ave.

### RCSC Elections:

## Candidate Packets Available Starting June 3rd

**VOTE 2019**

RCSC Board of Directors Election  
Tuesday, December 10, 2019

While the RCSC Board of Directors take a summer break after their meetings this month, it is time for others to think about giving back to the community by becoming a candidate for upcoming Board elections.

Candidate packets will be available beginning on Monday, June 3, 2019. Those interested in obtaining a packet must make this request in person at the Corporate/ Board Office at Lakeview Center (lower level) and present their RCSC Member card. The deadline for packet submissions is no later than noon on Friday, October 4, 2019.

There will be three vacancies to fill in this year's December election, with each being a three year term. Those leaving the Board at the end of 2019 are President Jerry DeLano, Director Darla Akins and Director Stella VanNess.

Requirements to become a RCSC Board candidate:

- Must be at least fifty-five (55) years of age;
- Must not reside with or be related by

marriage or birth to any other member of the Board, Senior Management Staff, or Board Candidate;

- Must be a Deeded Real Estate Owner of property in Sun City, Maricopa County, Arizona;
- Must be a RCSC Member in good standing;
- Must reside in Sun City, Arizona and be available at least ten (10) months of the year;
- Must meet the requirements to hold an Arizona liquor license (RCSC holds liquor licenses which require Board Officers to be included on the licensing);
- Must be eligible and available to serve a three (3) year term; and
- Should be available to attend Board Candidate Orientation(s).

if elected, Directors cannot serve on any board of a Chartered Club or green committee or golf association affiliated with RCSC golf courses.

Candidates must also submit a fully completed RCSC petition, signed by 100 or

more RCSC Members in good standing, along with all other forms provided in the RCSC Candidate Packet.

A successful candidate will:

- Have a strong desire to serve Sun City, AZ;
- Be fair and courteous;
- Use good common sense;
- Have good communication skills;
- Be willing to work as part of a team;
- Ability to prioritize - policy and projects which will have the greatest benefit for the most members; and
- Be willing and able to dedicate the necessary hours to be an effective Director.

Candidates will be introduced at the October and November Board meetings and candidate forums that will be held in the fall. Forum locations and dates will be announced at a later time.

For more information, please contact the Board Office at 623-561-4620 or email [boardoffice@suncityaz.org](mailto:boardoffice@suncityaz.org).

## South Pro Shop Open House Gives Many A First Look



The South Pro Shop Open House brought out many for a sneak peak at the new building. Director of Golf Brian Duthu presented Karen Scheurman with a brick from the original club house for her dedication to the project. Many stayed for lunch as the long line shows, keeping the snack shop staff busy for the afternoon and tables in demand both inside and on the patio. Comments included - Really nice! So spacious! And now with Sun City AZ's only golf simulator, too! South Course is definitely the place to be!



### RCSC's 8 Golf Courses

Lakes East: (623) 876-3023  
Lakes West: (623) 876-3020  
10433 Talisman Rd

North: (623) 876-3010  
12650 N. 107th Ave.

South: (623) 876-3015  
11000 N. 103rd Ave.

Willowbrook: (623) 876-3033  
Willowcreek: (623) 876-3030  
10600 W. Boswell Blvd.

Quail Run: (623) 876-3035  
9774 W. Alabama Ave.

Riverview: (623) 876-3025  
16401 N. Del Webb Blvd.

**RCSC's 5 Snack Shops**  
Menu Available at  
[suncityaz.org/golf/snack-shops/](http://suncityaz.org/golf/snack-shops/)

**June Snack Shop Hours**  
Open Daily 6am - 1pm

## Golf & Grounds Report

### Pro Shops

Total golf rounds for March were 42,930, 891 fewer than prior year and the second lowest recorded total in the last 14 years. Poor weather from March 11 through March 13 resulted in 2,263 less rounds from prior year. Despite fewer rounds played, green and cart fee income both exceeded budget and prior year; driven by a higher average green/cart fee per round.

### Snack Shops

Snack shop revenue exceeded budget by \$1,600, despite fewer golf rounds played compared to prior year.

### Golf Courses

The well on the back 9 of the South Course is back online, work included:

- brushing and bailing of column pipe
- cleaning dipping and baking of the motor
- replacing damaged column pipe
- videotaping of well

Prior to service, the well was operating between 500 and 600 gallons per minute. After service, output has increased to 1000 gallons per minute. Total cost of work performed was \$82,205.65.

We have received bids for this summer's golf projects: South bunker refresh, South practice area rebuild, and installation of forward tees on Lakes West. We are currently in process of submitting bids to the bid commission for approval and contractor selection. The budget for the South Bunker/Practice area is \$225,000 and the budget for Lakes West Forward tees is \$275,000.

### Lawn Bowl/Grounds

Work has begun on the lawn bowling greens at Mountain View and Oakmont. The greens at Mountain View have had 7 inches of material removed, plinth boards leveled and new root zone material installed. The greens at Oakmont have had 7 inches of material removed and are awaiting replacement plinth boards to begin the leveling process. Once leveled new root zone material will be installed. Both greens will be laser leveled prior to being grassed. Total budget for project is \$150,000.



### Volunteer Ranger Program

For more information about joining our program, please contact Chris Linam, Pro Shop Manager, at 623-876-8419 or email [clinam@suncityaz.org](mailto:clinam@suncityaz.org). Next meeting is Thursday, September 26, 2019 at 1pm in Talisman Hall.

**Find more Golf News on page 6**

## April 2019 High Scores

Well done! Nice job! Bravo! Yahoo! Congratulations!

### MEN'S HIGH GAME

Gary Demeny	300	Dan Wolverton	299
Bruce Lamb	300	Jeff May	290
Glenn Rienecker	300	Warren Riemer	289
Bill Spiva	300	Charlie Price	280
Dennis Klein	299	Alan Wagner	280

### WOMEN'S HIGH GAME

Juli Bayer	299	Lynda Bettini	237
Sherry Day	286	Cami Adamowich	235
Shirley Braverman	279	Chris Gonos	235
Brenda Burns	278	Jacqueline Smith	235
Julie Subica	249	Judi Schlieter	232
Bobbi Boutwell	246	Sandy Nardone	231
Cori Larsen	245	Sharen Clevenger	227
Julie Pratt	237		

### MEN'S HIGH SERIES

Hank Schrader	809	Chet Sharpe	717
Bill Spiva	788	Jerry Raisanen	716
Gary Demeny	783	Charles Rehbock	715
Joe Reguero	781	Dave Salsman	714
Alan Wagner	766	Bob Fenty	711
Dennis Klein	762	Steve Vosgier	708
Charlie Price	752	Del Gower	705
Warren Riemer	746	Larry Neb	705
Ron Carr	744	Richard McVicker	704
Wayne Wisniewski	744		
Harry Green	743		
Larry Beranek	742		
Mike Picoro	740		
Jim Graff	738		
Fritz Haverstick	734		
Larry Spitali	733		
Jim Lunnie	732		
Richard Slager	730		
Fred Glendenning	726		
Roger Beebe	722		
Bruce Lamb	720		
Randy Norton	719		
Roger Althaus	717		

### WOMEN'S HIGH SERIES

Juli Bayer	782	Julie Pratt	645
Brenda Burns	720	Cami Adamowich	629
Shirley Braverman	700	Cindy Humphrey	623
Sherry Day	695	Cori Larsen	623
Julie Subica	691	Sandy Nardone	620
Bobbi Boutwell	680	Chris Gonos	602
Jacqueline Smith	648		



COOL OFF... HAVE FUN... GO BOWLING!

## Same great food now at two Sun City AZ locations!



Stop by & check out our Daily Specials

### Breakfast Special \$5.99

2 Eggs, Bacon or Sausage, Hash Browns & Toast  
M-S 7-11a; Sun 7a-noon

### Walleye 'n Chips \$10.99

9 Oz. Walleye, Coleslaw & Potato  
Wednesday & Friday

### Fish 'n Chips \$9.99

9 Oz. Cod, Coleslaw & Potato  
Wednesday & Friday

**George's Lakeview Cafe**  
Inside Lakeview Lanes

Phone: 623-876-3057

**George's Cafe at Bell Center**  
Inside Bell Lanes

Phone: 623-518-4525

Hours: Mon-Sat 7am-8pm; Sun 7am-6pm

## Specto System is now at Lakeview Lanes

Lakeview Lanes recently installed the Specto Tracking System which will allow bowlers to track the motion, speed and many other data points of their bowling ball. The Specto System is the only system installed in all of Arizona. Stop by Lakeview Lanes and improve your skills.

### Easy To Use App

- Great for all - beginners to advance bowlers
- Create a FREE account at [specto-bowling.com](http://specto-bowling.com)

### Practice With A Purpose

- Predetermined training modules
- Challenge modes to test your skills
- Tools to measure performance and progress

### Get a Blueprint of Your Play Style

- Measure Performance up to 10 data points
- Save, view and compare your sessions

### Improve Your Performance

- Learn Faster
- Bowl better & gain confidence



## Let Us Help Plan Your Next Party or Event!

Why not have RCSC Bowling Staff plan a Bowling Party for your group or organization?

Reasonable group rates available!

Contact: Randy Johnson 623-876-3055,  
Denise Match 623-876-3050 or  
Vicki Eber 623-876-3055 for more info today!



## RCSC Bowling Centers

**Lakeview Lanes**  
10502 W. Thunderbird Blvd.  
623-876-3055

Monday-Saturday: 8am-8pm  
Sunday: Noon-6pm

Billiards at Lakeview Lanes, too!

**Bell Lanes**  
16810 N. 99th Ave.  
623-876-3050

Monday-Saturday: 8am-8pm  
Sunday: Noon-7pm

Darts, Shuffleboard & Billiards at Bell Lanes!



Year-Round Bowling Rates - Cardholders: \$2.65 | Guests: \$2.90 (per Game)

*Tips from a Pro*

## Thanks, but no thanks!

One of the biggest complaints I get from my students is the unwarranted advice they get from others while in the middle of a round of golf. It's only natural for people to want to help those who look like they need help, but although well intentioned, it's rarely useful. Why? Not because it is necessarily bad advice, but that it is offered at the wrong time...during the game! There are so many things to think about when on the course: club choice, distance to the target, order of play, replacing divots, keeping up with the group ahead...whew! There is NO time to think about how to hit the ball.

Golf is no different from any other sport. The time for thinking and practicing needs to be done prior to playing. In many sports there isn't the time to think about the "how to" during the game. When the ball is moving or coming at you as in tennis or pickleball - you must hit it! In golf because the ball is stationary, we have the ability to let ourselves "think" about the how to at a time when we would be better served to "just do it"!

So, what is the best way to help others (or yourself!) on the golf course? Encourage them to relax and swing easy...perhaps use their favorite club or at least one that is most forgiving and work it out after the round on the driving range. Stay away from talking about the mechanics (what to do with their head, knee, arm, etc.). That will only make you over think, tense up and get more frustrated!

Remember, everyone hits bad shots and has bad days on the golf course, but as the old saying goes: "a bad day on the course is better than the best day at work!" Keep that in mind next time you become frustrated and it may just give you the attitude adjustment you need to relax!

*Robin Eichten has been teaching professionally since 1987 and is a Certified Teacher and Lifetime Member of the LPGA. Lessons are available by appointment. Call/text Robin at 623-322-6300 or email to golfinwithrobin@aol.com for info or sign up.*

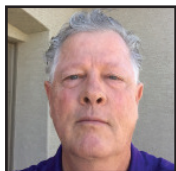
## All RCSC Golf Professionals here to help you!



Bob Jennings  
602-463-4533



Bob Day  
602-818-1470



John Martin  
623-202-6717



Robin Eichten  
623-322-6300

Whether you're just starting to play or want to improve your game!  
Schedule an appointment with one today!

## 2019 Course Maintenance Schedule

### Fairway Aerification

Thursday, May 30 • Quail Run  
Monday & Tuesday, June 3-4 • Riverview  
Thursday & Friday, June 6-7 • South  
Monday & Tuesday, June 10-11 • Lakes West  
Thursday & Friday, June 13-14 • Lakes East  
Monday & Tuesday, June 17-18 • North  
Thursday & Friday, June 20-21 • Willowcreek  
Monday & Tuesday, June 24-25 • Willowbrook

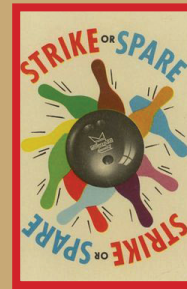
### Greens Aerification

Thursday & Friday, June 27-28 • Quail Run  
Monday, Tuesday, Wednesday, July 1-3 • Riverview  
Monday, Tuesday, Wednesday, July 8-10 • South  
Monday, Tuesday, Wednesday, July 15-17 • Lakes West  
Monday, Tuesday, Wednesday, July 22-24 • Lakes East  
Monday, Tuesday, Wednesday, July 29-31 • North  
Monday, Tuesday, Wednesday, August 5-7 • Willowbrook  
Will Not Core Aerify in 2019 • Willowcreek

### 2019 Overseed Schedule

North • Lakes West • Riverview • Willowbrook  
All Courses Listed Above Close on September 30 | Opens October 19 | Cart Path Only Until November 8

South • Lakes East • Willowcreek • Quail Run  
All Courses Listed Above Close on October 21 | Opens November 9 | Cart Path Only Until November 22



Friday is FUNDAY  
at  
Lakeview Lanes

Cost: \$11 per person  
The "fun" starts at Noon  
Color Pins = \$\$\$



## WELCOME GOLFERS

PLEASE REPAIR ALL BALL MARKS WITH THE TOOLS PROVIDED.  
USE ONLY THE APPROVED REPAIR METHOD SHOWN TO HELP  
MAINTAIN OUR GREENS AND INCREASE YOUR ENJOYMENT.

**DO NOT TWIST OR LIFT SOIL**

**Only YOU can prevent ball mark damage!**

### RIGHT!

- 1) Close the gap/hole with putter by patting down the ball mark.
- 2) Insert *Green-Save* tool on the high side behind ball mark and push the back toward the center.
- 3) Do not pull up, twist or lift with the tool.
- 4) Push both sides of the ball mark into the center.
- 5) Gently tap the surface down with putter.
- 6) Never use loosened turf for repair.



### WRONG!

Pulling up or lifting on the center or the sides will tear the roots and result in brown spots taking weeks for the surface to heal.

Do not pull up or twist with tool. This will only bring sand to the surface and tear the root system



### RIGHT!

Insert tool and push back and sides forward to center.  
No damage to root system. Healing starts immediately.



YOUR REPAIR EFFORT USING THE CORRECT METHOD ELIMINATES  
BROWN SPOTS AND PROMOTES GRASS GROWTH!

Thank you for using the repair tools provided and especially for using the correct ball mark repair method. Enjoy your round and help us improve everyone's putting experience.

## Attention: Golf Course Property Owners - Did you know?

All contractors needing to access private properties via RCSC Golf Courses MUST place a \$200 deposit at the Cardholder Services Office (Cash, Check, Cashier's Check or Money Order) prior to the start of any project. This money will be returned once the Golf Course Superintendent determines that no damage has occurred. Your attention to this matter is greatly appreciated!

*A Moment with President DeLano***Step Up to the Plate & Run for the Board**

As summer begins to roll into Sun City AZ, things begin to slow down and life returns to what some of us consider a more normal pace. With temperatures likely to be in the 90s and higher on a continuous basis very soon (if not already), we become more relaxed and reflective in cool air-conditioned comfort. Some may enjoy taking a time out with a refreshing swim at one of the recreation centers.

While many RCSC Clubs remain activity over the summer with extra elbow room to spare, taking up a new hobby is always fun and rewarding. And I would presume that just about everybody I know has at least a project or two that could use some undivided attention.

Summer also gives us an opportunity to sit back and reflect on what we should be doing with our time in more meaningful ways.

Have you considered wanting to do more? Really get involved? Do you believe you have the skills and desire to work with others to truly guide Sun City AZ for the next three years and beyond? Why not step up to the plate (so to speak) and get involved to help shape the future of Sun City AZ? Why not run for the RCSC Board of Directors?

Your willingness to serve on the Board will allow you to use many of your talents in new and exciting ways. A chance to stand up for your beliefs and concerns. Be part of a team that makes tough decisions using common sense, keeping in mind what will benefit members most.

As I quoted Bob Dylan earlier this year, "The times – they are a-changin'!" There is a new energy in the air and the time might just be right for those wishing to express their desires and dreams for this community – in an environment open to all.

The requirements necessary to become a candidate are as follows: Must be at least fifty-five (55) years of age; Must not reside with or be related by marriage or birth to any other member of the Board, Senior Management Staff, or Board Candidate;

Must be a Deeded Real Estate Owner of property in Sun City, Maricopa County, Arizona; Must be a RCSC Member in good standing; Must reside in Sun City, Arizona and be available at least ten (10) months of the year; Must meet the requirements to hold an Arizona liquor license (RCSC holds liquor licenses which require Board Officers to be included on the licensing); Must be eligible and available to serve a three (3) year term; should be available to attend Board Candidate Orientation(s) and cannot serve on any board of a Chartered Club or green committee or golf association affiliated with RCSC golf courses if elected.

Are you qualified? Are you willing? Current Board Directors are available to meet with those interested to answer your questions and discuss the responsibilities that serving on the Board entails. Call the Board Office at 623-561-4620 if you would like to schedule an appointment.

Should you decide to get off the bench and give it your all, candidate packets will be available at the RCSC Corporate Offices at Lakeview Center beginning on Monday, June 3, 2019. You'll need to make this packet request in person, and present your RCSC Member card.

Candidates must submit their fully completed petition, signed by 100 or more RCSC Members in good standing, along with all other forms in the packet no later than noon on Friday, October 4, 2019.

Let's step up to the plate and hit one out of the park – for the future of Sun City AZ! Serving on the RCSC Board of Directors could be your best "home run" ever.



**Jerry DeLano**  
2019 RCSC Board President

**2019 RCSC Board of Directors**

**Phone: 623-561-4620**  
**email: [boardoffice@suncityaz.org](mailto:boardoffice@suncityaz.org)**

**Jerry DeLano, President**  
email: [jdelano@suncityaz.org](mailto:jdelano@suncityaz.org)

**Dale Lehrer, Vice President**  
email: [dlehrer@suncityaz.org](mailto:dlehrer@suncityaz.org)

**Diana Graettinger, Secretary**  
email: [dgraettinger@suncityaz.org](mailto:dgraettinger@suncityaz.org)

**Sue Wilson, Treasurer**  
email: [swilson@suncityaz.org](mailto:swilson@suncityaz.org)

**Darla Akins, Director**  
email: [dakins@suncityaz.org](mailto:dakins@suncityaz.org)

**Rich Hoffer, Director**  
email: [rhoffer@suncityaz.org](mailto:rhoffer@suncityaz.org)

**Michael Kennedy, Director**  
email: [mkenedy@suncityaz.org](mailto:mkenedy@suncityaz.org)

**Dan Schroeder, Director**  
email: [dschroeder@suncityaz.org](mailto:dschroeder@suncityaz.org)

**Stella VanNess, Director**  
email: [svanness@suncityaz.org](mailto:svanness@suncityaz.org)

**This Month @ The Board - June 2019**

**\*\*PLEASE NOTE: All dates are subject to change. For the most up-to-date information, check [suncityaz.org](http://suncityaz.org) or pick up a copy of "This Month @ The Board" at the Lakeview Corporate Office.**

**RCSC Board Meetings:**

Board Meeting #1	Monday, June 10, 2019 @ 9am	Sundial Auditorium
Board Meeting #2	Thursday, June 27, 2019 @ 9am	Sundial Auditorium

**Committee Meetings:**

Long Range Planning Committee	Tuesday, June 4, 2019 @ 8:30am	Lakeview Board Room
Outreach & Communication Committee	Tuesday, June 11, 2019 @ 9am	Lakeview Board Room
Properties Committee	Tuesday, June 25, 2019 @ 9am	Lakeview Social Hall #2

*The following committee(s) do not have meetings scheduled this month: Bowling, Club Organization, Elections, Finance & Budget, Golf Advisory, Insurance and Lawn Bowling*

Not able to attend  
Board Meetings?

Why not watch them on

**You Tube?!**

Board Meetings are available for viewing online. Please visit [www.suncityaz.org](http://www.suncityaz.org) then select "You Tube" under Follow Us on the bottom right.



## Management Report

### Financial Report

The Recreation Centers of Sun City, Inc. (RCSC) has ended First Quarter 2019 within its operating and capital budget year to date. Every division has met or exceeded its net operating budget projections year to date. Gross operating income is under budget by \$78,630 which is attributable to the golf division and the cold weather. Food Service shows a negative variance in wages, taxes and benefits of \$7,608 due to the third pay period in March not being budgeted. Building and Infrastructure Division is over budget in repairs and maintenance by \$8,535. General Operating Expenses are under budget by a total of \$234,758 year to date with Total Net Excess before Depreciation in a positive variance position from budget of \$308,805 as of March 31, 2019.

### Maricopa County Library Lease Agreement

The current Maricopa County Library Lease Agreement will expire on June 30, 2019. Another lease agreement for the Bell Center (13,675 sq. ft.) and Fairway Center (4,365 sq. ft.) libraries has been drafted for another 5 year term commencing on July 1, 2019 and expiring on June 30, 2024 and should be finalized in the near future. The terms of the lease are the same as the prior lease, with rent of Ten Dollars (\$10.00) per year and RCSC providing at its own expense utilities, maintenance and janitorial services.

### Cardholder Services

Payments on past due assessments in March were 10% of past due balances. While this payment rate is consistent for the past 7 months it is approximately 17.5% under the average for the past year. Overall accounts receivable increased in March by 3.7% and is up 9.6% from the beginning of the year. While both the Over 30 and Over 60 categories have seen significant increases, the Over 90 category has decreased and is at the lowest level in almost 6 years. Overall account receivable past due balances have increased 2.95% since the beginning of the year. February assessments went 30 days past due at 5.9% rate and January assessments went 60 days past due at a 2.9% rate.

Payments from our third-party collections firm totaled \$5,186 in March. Year to date payments through our third-party collections firm total \$25,157. Payments made in March through the online RCSC Web Portal totaled \$173,548 from 379 property owners. This is the highest single month total for payments through the web portal since this function was introduced in 2013. Year to date web portal payments total \$429,644 from 939 property owners.

In March property transfer balances decreased by 6%. Despite this decrease, property transfer related balances are 6.8% higher than the end of 2018. Outstanding balances related to property transfers represent

52% of all receivables and 55% of past due balances. Outstanding lender related balances increased in March. At the end of March trustee sale notices on Sun City AZ properties ended at 30 and properties owned by lending institutions decreased to 7.

## Project Updates

### Building and Infrastructure:

#### Fairway Center

#### Repaint Fairway Center

- Bids from two contractors have been received for this project and waiting for response from the third. Scheduling of work dependent upon approval and contractor selected. Contractor: TBD (Budget \$95,000)

#### Bell Center

#### Pool Deck Replacement

- Work scheduled for late June through July 2019. Working on contract documents and material color selections in preparation of work completion. Contractor: Rubcorp, AZ Safety Surfacing (Cost \$225,000)

#### Lap Pool Pebble Sheen Replacement

- Work scheduled for June 2019. Includes the chip out of the existing finish, replacement of pebble sheen surface, waterline tile, depth markers, new drain covers, and LED retrofit kits for lights. Contractor: CDC Pools, RCSC Skilled Trades (Budget \$60,740)

#### Walking Pool Pebble Sheen Replacement

- Work scheduled for June 2019. Includes the chip out of the existing finish, repair of broken bench, repair of 2" water supply line, replacement of pebble sheen surface, waterline tile, depth markers, new drain covers, and LED retrofit kits for lights. Contractor: CDC Pools, RCSC Skilled Trades (Budget \$57,585)

#### Outdoor Spa Pebble Sheen Replacement

- Work scheduled for June 2019. Includes the chip out of the existing finish, replacement of pebble sheen surface, waterline tile, depth markers, new drain covers, and LED retrofit kits for lights. Contractor: CDC Pools, RCSC Skilled Trades (Budget \$8,327)

#### Pool Filter and Pump Replacement

- Replacement of the cartridge filters with sand filters for the walking pool and outdoor spa will be completed during the closure for the interior refinishing and deck replacement. This change will save considerable time and expense for the ongoing cleaning of the cartridge filters. The pump for the walking pool will also be replaced at this time. Contractor: Superior Pool Products (Budget \$16,000)

(continued on next page)

## Financial Report

Period Ending - March 2019  
For a more detailed financial statement, please visit [www.suncityaz.org/financials](http://www.suncityaz.org/financials)

### BALANCE SHEET

For the Period Ending March 31, 2019

	Current Y-T-D	Prior Y-T-D
<b>Unrestricted Funds:</b>		
Cash Invested/On Hand/In Bank	13,763,591	12,160,002
Cash Reserves	2,500,000	2,500,000
<i>Sub-Total Unrestricted</i>	16,263,591	14,660,002
<b>Restricted Funds:</b>		
PIF/Capital Reserve	17,773,080	24,116,249
<i>Total Cash &amp; Investments</i>	34,036,671	38,776,251
<b>Other Current Assets:</b>		
Accounts Receivable	2,863,547	2,910,992
Deposits & Prepaids	(39,652)	1,563,676
Inventory	123,496	112,725
<i>Total Current Assets</i>	36,984,062	43,363,644
<b>Fixed Assets:</b>		
Land, Improvements, Buildings	114,726,877	105,350,150
F, F & E and Vehicles	31,531,750	29,278,100
Less: Accumulated Depreciation	(74,811,001)	(70,516,868)
Work In Progress	11,160,894	6,910,611
<i>Total Fixed Assets</i>	82,608,520	71,021,993
<b>TOTAL ASSETS</b>	<b>\$119,592,582</b>	<b>\$114,385,637</b>
<b>Current Liabilities:</b>		
Accounts Payable and Other	1,465,655	2,923,674
Deferred Income	7,088,969	6,978,164
Pre Billed Assessments	2,507,827	2,467,352
<i>Total Current Liabilities</i>	11,062,451	12,369,190
<b>Other Liabilities:</b>		
Lease Purchase	0	0
<i>Total Liabilities</i>	11,062,451	12,369,190
<b>Net Worth:</b>		
Current Net Worth	108,530,131	102,016,447
<b>TOTAL LIABILITIES and NET WORTH</b>	<b>\$119,592,582</b>	<b>\$114,385,637</b>

### STATEMENT OF INCOME AND EXPENSES

For the Period of March 31, 2019

	Current Y-T-D	Prior Y-T-D
<b>Operating Income:</b>		
Property Assessments	3,091,415	3,040,417
Transfer & Access Fees	174,000	185,872
Privilege & Guest Cards	314,296	320,671
Food / Liquor Sales	220,041	252,725
Bowling Fees	251,383	254,705
Golf Fees	2,107,182	2,198,753
Cart Rentals	94,066	85,744
Merchandise Sales	62,105	86,087
Activities Income	234,244	279,715
Rental Income	87,425	78,190
Contributions	10,020	11,025
Miscellaneous Income	5,598	6,043
<i>Total Operating Income</i>	6,651,775	6,799,947
<b>Cost of Sales:</b>		
Total Cost of Sales	186,160	271,363
<i>Gross Income</i>	\$6,465,615	\$6,528,584
<b>Operating Expenses:</b>		
Salaries and Wages	2,292,699	2,272,463
Payroll Taxes and Benefits	567,569	539,516
Repairs and Maintenance	380,333	446,234
Utilities Expense	573,670	667,379
General Operating Expenses	412,149	400,872
<i>Total Operating Expenses</i>	4,226,420	4,326,464
<i>Net Operating Income</i>	\$2,239,195	\$2,202,120
<b>Other Income:</b>		
	40,112	38,465
<b>Other Expenses:</b>		
Property Taxes	37,356	38,170
Insurance	149,073	131,073
Other	2,405	2,019
<i>Net Income Before Depreciation</i>	2,090,473	2,069,323
<b>Depreciation:</b>		
	1,039,381	1,131,632
<b>NET INCOME / (LOSS)</b>	<b>\$1,051,092</b>	<b>\$937,691</b>

The RCSC Management Report in its entirety is now distributed prior to the second RCSC Board of Directors meeting each month with the Agenda (except July and August), posted on the website at [www.suncityaz.org](http://www.suncityaz.org) (under the RCSC tab) and are sent via email to those RCSC Cardholders who have signed up to receive RCSC News Email Alerts. This report was distributed on April 18, 2019 and has been edited for publication due to space restrictions.



## Project Updates

(continued from previous page)

### Repaint Bell Center

- Bids from contractors have been received for this project and are currently being evaluated. Scheduling of work dependent upon approval and contractor selected. Anticipate work to be coordinated with the pool work so those areas around the pool are done during the pool closure. Contractor: TBD (Budget \$125,000)

### Library Book Drop

- This project is the design and construction of a book drop on a center island within the access road to the north of the library. A civil engineer was contracted to ensure the grading, drainage and roadway modifications were adequately designed to ensure the selected contractor had specifications to construct from. The civil engineering work was completed as of 4/17/2019. The architectural drawings will integrate these drawings and be used for soliciting bid from contractors. We anticipate architectural drawings to be received by 4/19/2019 and solicitation of bids without delay. The costs of this project are to be reimbursed by the Friends of the Library. Contractor: To Be Determined (Cost – To Be Determined)

### Sewer Pipe Relining

- A 4" cast iron sewer pipe under the foundation and runs under the shuffleboard and adjacent restrooms is deteriorated. This pipe will be relined with the Nuflow liner product to prevent the disruption of a traditional excavation and replacement. The restrooms on the Hutton side of Bell Lanes will be partially affected for 2-3 days while this work is completed. Contractor: Sunland Plumbing (Cost \$7,800)

### Grand Center

- Resubmission of the building permit package completed on 04/16/2019. Pending receipt of building permit before requesting bids for the project. Bid and material specifications completed so the bid process will begin without delay upon permit issuance.
- The permit for the deceleration lane from ADOT is still pending.
- Board approval of the space allocation for the second building to be requested at the April 25, 2019 board meeting. Upon approval of the space allocation we will begin working with the assigned clubs on the detailed use of the assigned space.

### Lakeview Center

#### Upper Restroom Remodel

- Final updated specifications provided to architectural firm for updating design documents and material specifications as of 4/17/2019. Bid Commission approval expected to be requested by 04/30/2019. Contractor: TBD (Budget \$110,000)

#### Center Upper Roof Recoat

- The upper roof on the Center building will have an elastomeric recoating applied. This project is approved by the bid commission based upon the size and lead time for the project it is to be completed in July. Contractor: Lyons Roofing (Cost \$46,900)

#### Mini Golf Building Roof Replacement and Restroom Repairs

- This project includes the replacement of the roof on the Lakeview mini golf building and the repairs to the restrooms from the water leaks. This project is approved by the bid commission and scheduled for roofing repair on 5/13/2019 and bathroom repair immediately following. Contractor: Lyons Roofing, Spray Systems, KAW Construction (Cost \$16,345)

### Marinette Center

#### Pool Deck Replacement

- Work scheduled for late July through August 2019. Working on contract documents and material color selections in preparation of work completion. Contractor: Rubcorp, AZ Safety Surfacing (Cost \$125,000)

#### Pickleball Pavilion Lighting

- Met with the Musco lighting representative to review the pavilion and lighting needs. Revised proposal from Musco is pending. Ephesus Lighting, a division of Eaton, provides sporting venue lighting but has declined to participate in providing a proposal and recommended that the Cooper Division of Eaton may be a better fit. Continuing to seek additional bids on this project. Contractor: TBD



# Sun City Foundation

“Neighbors Helping Neighbors”

The next meeting of the Sun City Foundation will be held on Thursday, September 12, 2019 at 1:00pm in the Lakeview Center Board Room.

The mission of the Sun City Foundation is to assist those in financial need. It is our privilege to serve RCSC members who need assistance with their annual RCSC property assessment. In order to qualify, applicants must:

- Be a homeowner and resident for at least five (5) years
- The Sun City AZ home is their sole residence
- Be at least 70 years of age
- Income does not exceed 150% of the current Federal Poverty Level

The Sun City Foundation continues to assist those members in the community who have outlived their resources by offering assistance to those in need for a better Sun City! If you are in need of help and are an RCSC qualifying member, please call 623-561-4600 for more information.

The Sun City Foundation acknowledges with sincere gratitude those of you who have donated or made provisions in your estate planning to include The Foundation as a beneficiary.

**Are you experienced?  
Check out the  
Sun City AZ Experience  
for yourself!  
Centers, Clubs, Golf,  
Bowling & More!  
[www.suncityaz.org](http://www.suncityaz.org)**



# June Bribe

In the May Friends of the Sun City Libraries SunViews article, nine volunteer opportunities were offered. This month, eight more options are presented for how one can give time in the rewarding job as a Friends volunteer. The reward (June bribe) isn't money or a special deal. The reward is the joy of sharing one's talent, and seeing the benefit of it to others in our community. Plus, it is also fun. Working with others, feeling needed, loving books, making friends, and supporting libraries are what our 100 volunteers like most about their jobs. Take our June bribe, and join them.

Interested? Questions? Need more information? Contact Ruth Polansky, the Friends Volunteer Coordinator, 415-264-1117 or [Coordinatefriends@gmail.com](mailto:Coordinatefriends@gmail.com).

Title	Skills/Experience	Duties
Email Blaster	Familiar with email blast programs like Chimp Mail	Send out email blasts, like monthly book sales, etc.
Event Management Chair Assistant	Social event skills	Assist Event Management Chair as needed
Event Call Person	Telephone Etiquette	Make volunteer call reminders as requested
Outreach Assistant	Knowledge of Friends, passionate for libraries, at ease meeting people, and enjoy sharing information	Supplement Board members at presentations and booth events to promote Friends
Volunteer Coordinator Assistant	Computer and record keeping skills	Assist Volunteer Coordinator as needed
Computer Research Assistant	Computer research skills	Research library/ Friends programs and trends
Computer Web Master Assistant	Web development skills using interface programs like Weebly	Assist Web and Records Chair as needed
Writer/Editor Back Up	Writing and editing skills	Assist Writer/Editor in Chief as needed with photos, etc.



## Water Conservation

### How to Drink Your 8 X 8 Everyday & Save Water

We all know that drinking water is good for us and most health professionals recommend eight 8-ounce glasses of water each day. Some call this the "8 X 8" rule. But here in the desert, especially in the summer, we may be required to drink even more depending upon our activity. This is one of only a few circumstances where water saving should be too much of a consideration.

However, you can still do your part while consuming the necessary amount of water you should for proper hydration AND yet stay mindful of your personal water conservation efforts.



First of all, using a refillable container for your water is essential. While there are some instances when grabbing a bottle of water to go is convenient or perhaps even necessary, just remember that it takes about 1.5 gallons of water to simply manufacture one single plastic bottle plus the fact that plastic bottles are always made from new plastic material. On top of that, recycled plastic bottles are never refilled with water. Yikes!

The second "drink your water-water saving tip" is to keep a pitcher of water in the refrigerator. Don't let the tap run to get a cool drink; simply pour yourself a cool one and not waste a single drop. If you have neglected to refill your pitcher, put water straight from the faucet directly into a glass of ice cubes.

Simple enough, eh? Drink up and stay hydrated. Your life depends upon it – literally!

## Uncertain about Pool Drainage?

### Seek Assistance from Maricopa County

Property owners with swimming pools in Sun City are advised that there are very strict Maricopa County regulations regarding stormwater and the draining of pools, backwashing, and filter cleaning. Many residents are under the misconception that they can drain onto golf courses after business hours. Be advised that this practice is not permissible. If you are uncertain how to proceed with the care and upkeep of your pool, please contact a pool maintenance professional if necessary. Otherwise, please refer to the information below and seek further assistance from the Maricopa County Environmental Services Department at 602-506-5557 or online at [www.maricopa.gov/stormwater](http://www.maricopa.gov/stormwater).

### Stormwater Management Best Practices

**Swimming pools must be maintained properly to ensure that chemicals do not enter the street or storm drain system where they can be discharged directly into our rivers and lakes. Products such as chlorine and bromine that control pH, bacteria, and algae can also pollute water and harm wildlife.**

#### What Can I Do?

Drain pool using one of these methods:

1. Drain into sanitary sewer cleanout.
2. Drain onto your property making sure no water leaves the property.
3. Drain freshwater swimming pool water into street or gutter making sure the water has been de-chlorinated/de-brominated.

Filter Maintenance:

- Do NOT discharge filter backwash water into street or storm drain; use the sanitary sewer cleanout or maintain discharge on your property.
- Do NOT clean or rinse filter or cartridges into street or storm drain.

#### Did You Know?

Each municipality and even some HOAs have different rules for pool discharge. Consult your local municipality and/or HOA prior to draining your pool.



For additional information or questions, please contact:  
 Maricopa County Environmental Services Department  
 Stormwater Quality Program  
 1 001 N Central Ave, Ste 300  
 Phoenix, AZ 85004  
 602-506-5557  
[www.maricopa.gov/stormwater](http://www.maricopa.gov/stormwater)



Sun City Gives Back

# Easter Celebrations Enhanced by Volunteer Efforts



One thing's for certain in Sun City AZ, we love our traditions. And the annual Easter Egg Hunt at the Sun Bowl seems to host more and more children each year. Praise and worship on Easter Sunday morning at the Sun Bowl has become standard practice for many as well. Donations collected at this service went to Benevilla, who offers services to older adults and their caregivers, families.



The fun began early on when volunteers stepped forward to help stuff the 6,000 eggs needed for the festivities.



Special thanks to Sun City Calligraphy Society members who helped with face painting. What fun we had!

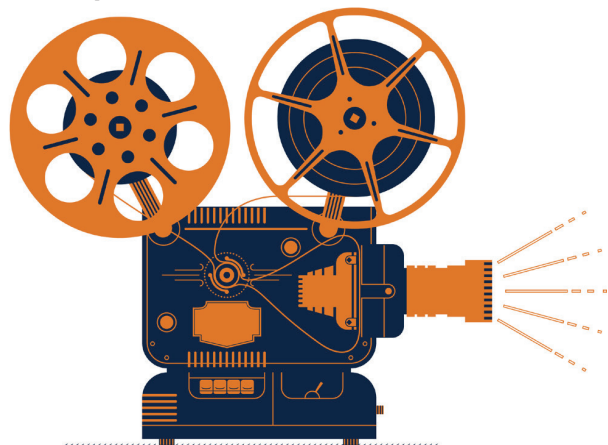


Above: Easter bonnets seemed to favor buckets and bunny ears. Top right: All of the age groups wait so patiently and then the race is on! There were plenty of eggs and prizes for all. Left: The petting zoo is always great fun along with the pony rides. Right: Approximately 800 gathered Easter morning back at the Sun Bowl for Sunrise Service presented by United Church of Christ. He is risen! Allelujah!



## FREE MOVIES\*

Wednesdays @ Marinette;  
Saturdays @ Mountain View  
2pm & 7pm



To find out "What's Playing?" 1) Sign up for Movies & Events emails at [suncityaz.org](http://suncityaz.org) & a list will be sent to you on the last Wednesday of each month; 2) Log onto the RCSC Web Portal; or 3) Pick up a flyer from the Lakeview Clubs Office (please be prepared to show your RCSC Card). All movies are projected onto a screen from a DVD.

\*FREE\* RCSC Events are paid for by RCSC Cardholders & are therefore intended for RCSC Cardholders & their escorted guests only. Your cooperation and understanding is greatly appreciated!

Now with FM Transmission at all locations!  
Tune your device to 99.1 FM.

Always  
FREE  
Popcorn

Now  
serving  
BOTH

Salted &  
Unsalted

Sun City Gives Back

## Duplicate Bridge Hosts "The Longest Day"

The Sun City Duplicate Bridge Club will host a special bridge game on Friday, June 21, "The Longest Day" to support the Alzheimer's Association.

The game will be held at the Lakeview Recreation Center at the corner of Del Webb and Thunderbird Blvd in Social Halls One and Two.

In addition to the regular game, players are welcome to come at 11:30a.m. for a special "lunch box" lunch and to participate in a silent auction. The silent auction will include donations from several Sun City Clubs in addition to local merchants.

The game will be \$5.00 for members and \$7.00 for guests. Everyone is welcome!

The Alzheimer's Association, formed in 1980, is the leading voluntary health organization in Alzheimer's care, support and research. "Every day is the longest day when you are dealing with an Alzheimer's patient."

All donations to this organization are tax deductible and all of the proceeds of the game will be donated to the Alzheimer's Association. Your participation and support is greatly appreciated.



Last year, the Sun City Duplicate Bridge Club raised nearly \$1,500 and hope to exceed that amount this year.



alzheimer's association

The Longest Day is the day with the most light — the summer solstice. On June 21, thousands of participants from across the world come together to fight the darkness of Alzheimer's through an activity of their choice. Together, they use their creativity and passion to raise funds and awareness for the care, support and research efforts of the Alzheimer's Association.

Thanks for giving back, supporting this great annual event and representing Sun City AZ, Duplicate Bridge Club! Great job!

# The Cover Ups



Wednesday,  
July 17, 2019

Show @ 7pm;  
Doors Open 6pm

Sundial Auditorium



We'll have  
the A/C  
cold & the  
music hot!  
So let's  
dance!

Free for RCSC Cardholders & their escorted guests only!

You must present your RCSC Photo Member or  
Privilege Card for entry; no key fobs accepted.

General Admission Seating

**SUN CITY**  
ARIZONA  
RECREATION CENTERS  
OF SUN CITY

Sun City AZ Visitors Center  
needs your help socializing!

Send your photos for posting on  
social media that highlight what  
makes Sun City AZ special to you!  
Send emails to [scvc@suncityaz.org](mailto:scvc@suncityaz.org)



NOTE: Not all photos will be published.

## Get on the RCSC Web Portal today!

From the RCSC Web Portal, Cardholders can easily make assessment payments, manage email subscriptions, book and edit golf tee times, vote in RCSC Board of Directors Elections and so much more!

Just follow these simply steps and you'll be on your way!

1. Notify Cardholder Services of your email address for your RCSC Cardholder number. Go to <https://login.suncityaz.org/AddEmail.aspx> to securely provide the necessary information to update your email address.
2. Go to [www.suncityaz.org](http://www.suncityaz.org) and click on Login (right side, top of page).
3. Welcome to the RCSC Web Portal page will display. There is a link from this page to general web portal information, including the Web Portal Instruction Manual.
4. First time users MUST click on the New User Retrieval Password link at the top of the page.
5. Enter your RCSC Cardholder number in the User-name field.
6. Click on "Send Password" and in a few minutes, check your email for your password. If you do not receive this email, contact Cardholder Services to confirm the email address that is on file.
7. Return to the RCSC Web Portal Login page and enter both User Name (RCSC Cardholder number) and Password.

Now you're all set to start using the web portal, sign up for RCSC News Email Alerts and more!

Should you forget you password, simply go to the Portal Welcome page and click on "forgot your password?" and enter your User Name (RCSC Cardholder number) then click the Send Reset Link button. You will receive an email with a link to reset your password.

On the RCSC Web Portal you can:

- Pay Your Assessment
- Book & Edit Your Tee Times
- Manage Your News Email Alert Subscriptions
- Vote in the RCSC Board of Directors Election

Anywhere, Anytime - All from your own  
computer or device!

## WANTED

Must be Alive & Willing to Serve  
on the RCSC Board of Directors

Requirements to become a RCSC Board candidate:

- Must be at least fifty-five (55) years of age;
- Must not reside with or be related by marriage or birth to any other member of the Board, Senior Management Staff, or Board Candidate;
- Must be a Deeded Real Estate Owner of property in Sun City, Maricopa County, Arizona;
- Must be a RCSC Member in good standing;
- Must reside in Sun City, Arizona and be available at least ten (10) months of the year;
- Must meet the requirements to hold an Arizona liquor license (RCSC holds liquor licenses which require Board Officers to be included on the licensing);
- Must be eligible and available to serve a three (3) year term; and
- Should be available to attend Board Candidate Orientation(s).
- Board Directors cannot serve on any board of a Chartered Club or green committee or golf association affiliated with RCSC golf courses.
- Candidates must also submit a fully completed RCSC petition, signed by 100 or more RCSC Members in good standing, along with all other forms provided in the RCSC Candidate Packet.

Candidate Packets are available starting  
Monday, June 3, 2019  
at the Lakeview Corporate/Board Office  
FMIC 623-561-4620

**SUN CITY**  
ARIZONA  
RECREATION CENTERS  
OF SUN CITY

## Welcome to RCSC Club Events

The Clubs Events & Announcements Section in SunViews helps you easily find the activities you're looking for. Clubs are welcome to submit information to this section every month and should include the date, time & location of the event along with cost & contact information.

Page 13	General & New Interest, Hobbies, Political Clubs
Page 14	Cards, Games and Social Clubs
Page 15	Performing Arts; Monitored Activities
Page 16-17	Club Directory
Page 18-19	Fitness, Health
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### To Start or Stop delivery of the Sun City Independent Newspaper/SunViews:

Phone: 623-455-2831 or email: [WVCirculation@newszap.com](mailto:WVCirculation@newszap.com)

## General Interest/Museums

### Sun City Rockhounds Mineral Museum @ Sundial

**Hours of Operation: May thru September:** Saturdays only 10am-1pm

October thru April: 10am-1pm; Closed Thursday and Sunday

FMI email [scrockmuseum@gmail.com](mailto:scrockmuseum@gmail.com) or call 623-428-6442

during museum hours. Check out our fluorescent room!

### Model Railroad Museum at Fairway

Located in the Fairway Recreation Center at 107th and Peoria.

Open: **May - Sept:** Wed 9a-12p; 2nd & 4th Sa 10a-2p

October - April: Tues/Th 9am-noon; Sa 10am-2pm

FMI Tony: 239-207-7314



### Del Webb Sun Cities Museum



**Museum Closed for the summer; Reopens Monday, Sept 16.**

Fall Hours: Mondays 1- 4pm; Wednesdays & Fridays 10am -4pm.

Admission: **Free!** Donations gladly accepted & appreciated! Private tours available (groups of 6 or more). We also have speakers available for your event. We look forward to your visit! Next to Oakmont Center. FMIC 623-974-2568.

## New Interest Groups

Any new interest group who has (at a minimum) 25 potential members may complete the Application for Club Charter (FORM BP:12-15) & submit to the Clubs & Activities Office. Applications found at [www.suncityaz.org](http://www.suncityaz.org) or pick one up in the Clubs & Activities Office located at the Lakeview Recreation Center.

## Political Clubs



### Sun City Republican Club

Club does not meet June, July or August; instead, Get Involved and volunteer at West Valley GOP Headquarters, 10050 W. Bell Ste. 150 (at 99th Ave.) 623-977-4532. LD21 meets the 3rd Thursday of the month at 630pm.



### Sun City Democratic Club

Next Meeting: June 6; Guest Speaker is a representative from the Secretary of State's office to discuss human trafficking. July meeting is canceled as it falls on July 4th. At every monthly meeting, we collect can goods, cereal, oatmeal, etc. for Valley View Community Food Bank, which serves residents of Sun City and surrounding areas. Club meets 6pm every first Thursday at Fairway; 6pm refreshments, 6:30 meeting. All RCSC cardholders and their escorted guests welcome. If Starbucks (99th & Bell) is open, SCDC meets there 9am Mondays. Join our convivial group & start your Mondays with coffee and conversation. FMI email [commsSCDCAZ@gmail.com](mailto:commsSCDCAZ@gmail.com)

## Hobbies/Other Interests

### Sun City Community Garden

Open House every 3rd Sat Oct - May, 9-11am at Community Garden located in EPCOR water plant (NW corner of 91st Ave/Greenway). Come learn about vegetable gardening in AZ & leasing a plot, available to RCSC cardholders who are Garden Club members. Rose lovers learn about roses both at our Community Garden rose garden &/or volunteering to maintain the Sun Bowl Rose Garden. FMIC 623-875-5921 or visit [gardenclubofsuncity.org](http://gardenclubofsuncity.org) or join our monthly meeting the 1st Tues, 8:30am, Sundial East Hall.

### Sun City Birding Club

Specializing in field trips to: identify birds, raise community awareness & enjoy nature. Our club holds fun, educational classes with ornithological themes. Beginning to advanced birders welcome. No experience needed! You will love discovering the joys of birding! FMIC Tom Locascio at 623-977-4992 or [locascio2000@hotmail.com](mailto:locascio2000@hotmail.com)

### Fairway Readers

Club meets 1pm 2nd Friday monthly (year round), Fairway Rm 217. No dues, must show RCSC Card at 1st session. Refreshments served Dec & April. Moderator Sue Blechl prepares questions/keeps members on track during discussions w/mic so members can hear (also passed between those sharing thoughts). Books chosen by consensus in advance, reserved a month in advance (Fairway Library) for those w/MC library cards. Newsletter available. FMIC 623-972-3409

### Armchair Travelers Club

We meet Oct-May 1, every Wed, Fairway AZ RM 1. Show: 7pm: doors at 6:30. Arrive early to sign in & be seated before show. Club open to all RCSC cardholders; annual dues: \$3. Cardholders welcome to attend 3 times before joining. Escorted guests welcome, \$2 each visit. Coffee & Cookies served first Wed of month. FMIC Ron Yankowski 623-476-2811. Join our adventures!

### Model Railroad Club



All train lovers invited to share the fun of model train railroading. Come play with us as trains travel through cities, rural areas, mountains & valleys. Feel the excitement when the trains whistle as they approach crossings. Join the club & learn how to create/develop your own layout. Membership open to all RCSC cardholders. Open Oct-April: Tues/Th 9am-12p; Sat 10am-2pm. May-Sept: Wed 9am-12pm; 2nd & 4th Sat 10am-2pm. FMI: Tony 239-207-7314

### Sun City RV Club

Members enjoy potlucks, games, day trips, RV rallies & caravans; for RCSC cardholders & their guests only. Monthly meetings/activities held Oct-April. Oct Potluck & Business meeting on Tu 10/22, 5:30pm Sundial West Hall. Entertainment: Danny Mac & Doug McKee, Western Music duo (bring a dish for 10-12, your utensils, plates & beverage); Monthly board meeting also 10/22, 9a in club's office (SD WH) Caravan meetings provide latest info on planned outings, Doughnuts & coffee supplied; next Caravan 10/25, 9:30a, Sundial WH. Club hosts card games at Bell Center Multi-Purpose Room B, 5-9 pm, 1st Wed & 3rd Tue Oct - April. Come join the fun & fellowship. FMI visit [www.scazrvclub.com](http://www.scazrvclub.com) or call Judy 623-444-4224.

### Sun City Stamp Club

Currently closed for summer; beginning September, we meet 7pm 1st Monday every month in Marinette Social Hall. Set up/inspection of auction stamps: 6:30pm. All RCSC Cardholders & escorted guests welcome. New & old stamps from all countries available at auctions; books & albums at excellent values, 50% or less of current catalogue prices. Join us to start/improve your collection. FMIC Gene Gyger (Pres) 623-974-9943 ([ggyger@yahoo.com](mailto:ggyger@yahoo.com)); Bernard Heath (Treas) 623-977-2332 ([BCstamps@cox.net](mailto:BCstamps@cox.net)); or Mike O'Neill (VP) 623- 974-9943 ([mshane2009@prodigy.net](mailto:mshane2009@prodigy.net))

### Vintage Vehicle Club of Sun City

Our club is functional during the summer months; however, shop hours are reduced as temperatures rise.

#### Ongoing events:

Every Tuesday from 7am breakfast at Mercer's Restaurant.  
Every Wednesday from 4pm Car Cruise at Sun City McDonald's (Bell Rd)  
The first Monday of every month is Ladies Luncheon. RSVP Lynn at 231-633-2872 or [Lynn.is59@yahoo.com](mailto:Lynn.is59@yahoo.com). Venues change.  
We invite all RCSC Cardholders to visit our wonderful shop located at 13430 N 105th Ave., Bldg 17. Call 623-215-8312 or visit [vintagevehiclesofsuncity.com](http://vintagevehiclesofsuncity.com) for updated hours.



## Cards & Games

### Mixed Cribbage Club

Every Tu 1-4pm & W 6:30-9:30pm LV SH3. No Partner needed. Open to all RCSC Cardholders. Cost \$5/join & 50¢ play. Cardholders may play 3 times as visitor. Arrive 12:45pm (sign in & find table). FMIC Pat 623-933-7044

### Backgammon Club of Sun City

Every Sa 1-5pm at LVSH #3; Also Tu & Th 1pm at Bobbie's Cafe. Tourney every 1st Sa. All Skill Levels invited, instruction available. Visitors & Escorted Guests welcome. FMIC Bob 219-229-1870/Nancy 585-314-7184

### Euchre Club

Meets every Tu 5:15pm, 6:15pm start time at Fairway. Group also meets 1st & 3rd Tu at Marinette; 1pm start time. Instruction for new members arranged by appointment at 623-533-5705. FMIC 480-238-7454.

### Kachina Bridge

Don't let duplicate bridge scare you! Our non-sanctioned club meets M & Th (Play once/twice a wk) at Sundial 12:15-4pm. Annual dues: \$5 RCSC Cardholders plus \$2 each play. Come see how duplicate bridge is played. No partner, no worries. FMIC Sharon 651-592-5939; Velda 623-262-1360

### Monday Night Card Sharks Bridge

Meets M 6:45-9:30pm Lakeview SH #1 for social contract bridge. Partner Required. FMIC Andy (623) 933-7972. \$3 & RCSC card required to join. 50¢ each night for prize fund. Visiting Cardholders pay \$1 plus 50¢ to evening's prize fund. We have fun.

### Oakmont Pinochle Club

Meets Tu & Sa 12-4p. Arrive no later than 11:45am; play at 12pm. Annual Dues: \$5; 50¢ per play day. Open to all RCSC Cardholders. Guests welcome but must be escorted by Pinochle Club Member & pay additional Guest Fees. We are a single deck club. FMIC 623-876-1895

### One Partner Bridge

Meets Th, LV SH #1. Doors 6:30pm; play 7pm; arrive by 6:55pm. Partners Required! Annual dues: \$3. Cost \$1/couple for evening's prize fund. All grand slams rewarded & designated small slams paid. If you wish to come for an evening, cost is \$1 (RCSC Cardholders); \$3 escorted guests, plus \$1 prize fund. FMIC 623-466-6567

### Mah Jongg

Club plays games at Sundial West Hall on Tu, 12-4pm. Also at Marinette Social Hall, Thur 6-9pm & Su 12-4pm. Open to RCSC cardholders & escorted guests. Escorted Guests: \$2.50. Annual dues:\$5. FMIC: Sue 623-933-4823/480-369-4441 or Ila 602-332-4045

### Oakmont Mixed Cards

We need Pinochle players! Club meets every Sat, 6:15 pm. Plays Pinochle, Bid Euchre & Hand & Foot. Play starts 6:15pm promptly; concludes 9:30 pm. BYO refreshments &/or to share. Weekly fee: .50¢ annual dues: \$3. FMIC Lil 614-787-5885.

### Sun City Duplicate Bridge (ACBL)

Special games: June 3, 14 & 27 North American Pairs; World-Wide Bridge Contest: 6/7. Unit Wide championship: 6/13. Inter-club Championship: 6/24. Cost \$1 extra per player. 6/21 is "Longest Day" charity event to benefit the Alzheimer's Association; extra charge that day is donated in entirety to Association. All other games regular price: \$3/\$5. We are a fragrance-free club. Partner required. Doors 12:15; arrive by 12:45. FMIC Dan 623-518-7916 or visit suncitydbc.com. If handicapped & need N/S table or require scoring changes, use scdbc.directors.net.

### Thursday Afternoon Bridge

Play Contract Bridge every Th at Oakmont Aud 12:30-4:30; arrive by 12:15. No partner needed. FMIC Mary Ann 623-933-9671

### Sheepshead

Mondays at 6pm, Talisman Hall. Open to all RCSC Cardholder Sheepshead players. FMIC Pat 623 933-7044/Sue 623 999-4965.

### Hand and Foot Club

#### June: A month to honor all Fathers!

Game is a variation of Canasta played w/4-6 standards deck, ideally designed for 4; 6 can play by forming teams. Usually, number of decks used is 1 more than number of players but it is not standard. Like they say hand up & foot down. After joining (\$5) it costs 50¢/week to play. Huge Winnings! (\$1) A fun time! Singles welcome, you don't need a partner. R&Rs, & Rules of Play must always be followed. **June Schedule:** Lakeview Social Hall 1&2, Weds; Sign in by 5:50pm; Play 6 pm. Annual Dues: \$5. Open to all RCSC Cardholders and their escorted guests. FMIE: Edith, etkylady178@gmail.com

### Hospitality Club

All RCSC cardholders welcome. Saturday Card group meets at Marinette. Bridge returns October. Cards/Games group meets on Saturdays starting at 11am. If you live in north Sun City this may be closer to home for you than other chartered groups. Come check us out. You may play 3 times before we ask you join. Annual Dues: \$6; includes various other monthly activities, including Pizza, Potluck and Breakfast. FMI or an emailed newsletter call 623-933-5158.

### Monday Night Pinochle

Like pinochle? Come to Oakmont, M 6pm (register), play 6:15pm. Singles welcome! Play single/double deck. Annual dues: \$3; plus 50¢ nightly. Escorted guests: \$3.50; visitors: \$1. Prizes awarded. After 6 hands, individual scores added, winners advance. Losers stay but do not play each other. This allows playing games w/new partners & a great social time. FMIC 623-972-3263.

### Bunco Broncos

Meet at FW AZ Rms 1-2, 4th Mon every month. Join us for an afternoon of fun! Doors open 11:45am, play 12:30pm. Open to all RCSC Cardholders. Annual dues: \$3; \$2 to play. FMIC602-526-3495/623-698-3002

## Social

### Duffeeland Dog Park Club

We help make a safe, clean & enjoyable experience for dogs, handlers & RCSC Cardholders (& escorted guests). Potlucks, cookouts & social events & more. Annual Dues: \$5. FMIC Dorothy 928-221-6052 or email duffeeland@gmail.com or more info.



### LGBT Club of Sun City

Social Events only in June, July & August at various Sun City Locations. Open to RCSC Cardholders & their escorted guests. FMI visit LGBT Club of Sun City Facebook page or email lgbtclubofsuncity@gmail.com

### Sun City Hospitality Club

Pizza/Bunco & Potluck/Bunco closed in June, July, & Aug; return Sept. Breakfast 9:30am, first Mon monthly. Friendship Corner meets year round 11am Sat for various cards/games. FMIC 623-933-5158.

### NextGen

Open to all RCSC Cardholders. Activities include golf scrambles, happy hours, hikes, bike rides, bowling, concerts, dart, shuffleboard, card games, more. Designed to bring people together, foster friendship & social connections Meetings 6:30pm on 1st & 3rd Mon (Sept-May) & 1st Mon (June & Aug) at Fairway (no meeting in July). FMI on NextGen & how you can become a member of this fun, dynamic social club, visit www.nextgensuncity.org

### Illinois Club of Sun City

A fun, friendly club open to all RCSC cardholders, especially those with some connection to Illinois. The club meets 4th Thursday year round at Talisman Hall (Lakes Golf Course.) Meetings include social hour, Illinois trivia, 50/50 raffles, light refreshments and/or some card/board games. The June regular club meeting is Thursday, 6/27, 6:30pm with an ice cream social. Escorted Guests & Visitors welcome. Annual dues: \$5. FMIC Barbara 623-875-5376 or email bjplona@yahoo.com. Visit the Illinois Club of Sun City on Facebook.

### Best Friends Dog Club of Sun City

Does your BFF (best furry friend) want more time with you? Do you want to learn more about canine companions? Join our club & meet other dog lovers. Fun activities for you & Fido include group walks, brunches, yappy hours & picnics! Meetings (for people & service dogs only) share tips, ideas, info & have goodies! Become a member at any meeting. Open to all RCSC cardholders. FMI visit www.bestfriendsdogclub.org or call 480 524-6893.



### Michigan Friends in Sun City Club

**Happy Hour Social returns in October**, 4-6pm, Bell Lawn Bowl Building (aka Bell MPR); BYOB & snack to

share. No RSVP needed! 2019 Dates: 10/16, 11/20 & 12/18. Annual Christmas Lunch 12/7, 11:30-2:30, FW AZ Rm 3. We have had excellent participation on 3rd Wed! We have a short demonstration, secret greeter & door prize. Come join our fun. Members get email updates when additional activities/events (restaurants, theater, plays, etc) are planned/booked. SunViews. Know any Michiganders interested in joining us? Have them pick up a brochure/application at the Sun City Visitors Center at Bell ctr & send it in. Annual dues: \$5pp, by12/31. Pay dues at any event or send check to Michigan Friends in Sun City Club c/o Bell Center 16820 N. 99th Ave, Sun City, AZ 85351. Club Email: michigan2arizonaclub@gmail.com. 2019 Officers & BoD: Pres:Jude Ruch, VP:Jerry Burnham, Sec:Gwen McMichael, Treas:Carole Alexander. BoD: Jo Allen, Larry Aiello, Glenda Burnham & Margaret Bosker

### Sun City Women's Social Club

Place for fun & friendship, on Lakeview's upper level 7 days/wk, 9am-4:30pm, for Poker, Bridge, Hand & Foot, Mexican Train, Canasta, etc. Substitutes needed; members encouraged to set up own games/activities. Annual Dues \$10; open to women w/RCSC membership. FMIC JoAnn 623-977-5606/Evie 480-466-6059.

### Sun City Singles Social Club

Club welcomes single RCSC cardholders. Annual dues: \$6. Escorted guests must be single.

**Monthly Activities:** 1st Fri Pot Luck 5:45pm, Bring food for 10-12 people. 3rd Fri Game Night 5:45pm, may bring snacks to share. BYO drink for each activity. Location: Fairway, Room #4.

**Weekly activities:** Every Sat, breakfast at Brother's Family Restaurant at 8:45am. Every Wed, billiards at Lakeview Lanes, 1pm.

### June Activities:

**Th 6/6:** Bocce ball, Sundial Ctr, 7pm;

**Th 6/13:** Mini Golf, Bell Ctr 7pm;

**F 6/14:** Lunch, Pacific Seafood Buffet, 8172 W Bell Rd, 11:30am;

**M 6/17:** Dinner, Rio Mirage Café, 12245 Santa Fe Dr, 4:30pm;

**Th 6/20:** Bocce Ball, Sundial Ctr, 7pm;

**Su 6/23:** Team Trivia/Dinner, Irish Wolfhound, 16811 N Litchfield Rd, 6pm;

**Th 6/27:** Mini Golf, Sundial Ctr, 7pm;

**F 6/28:** Dinner, George's at Bell Ctr, 5pm;

**F 6/28:** Darts, Bell Ctr, 6:30pm;

FMI Check website: www.simplesite.com/myclub or contact Dawn 623-999-2777

## Performing Arts

### Handbell Ringers of Sun City

Handbells are most commonly associated with church music, but the Handbell Ringers of Sun City take it to a whole new level, playing a wide variety of music to entertain, including selections from Broadway show tunes, swing, calypso, and oldies, to classical. They perform two concerts a year, one in the spring and another at Christmas time. The club celebrated its 50th anniversary last year. The ringers come from a wide variety of musical and non-musical backgrounds; from accounting to child rearing, from a small business owner, to music teachers, choir directors, ministers, an airline stewardess, the military, medical fields and many more. All share a love for the uniqueness of handbell music. This year a smaller group of ringers was organized to meet a need for small group entertainment. Ramblin' Ringers is a six on twelve ensemble; six ringers, on twelve bells. Their goal is to bring a fun interactive program to retirement centers, club parties, social and church gatherings. Because the group is small, they are able to accommodate smaller venues with their 'up close and personal style' programs. Handbell Ringers of Sun City is open to RCSC Cardholders and invited guests. The twenty-two to twenty-six member choir rehearses at Fairway on Fridays from 9 - 11:30am. Their season runs from September - April. For more information email Doreen Chereb, President, at doreenc4488@gmail.com.

### Choraliers of Sun City

The Choraliers are an accomplished SATB choir that sings a variety of music from classical to jazz. The Choraliers perform at social functions, churches, healthcare facilities, and retirement communities. They perform at up to 10 concerts a season, including some public concerts. Rehearsals will resume after the summer on September 16th every Monday from 8:30-11:00 am in the Sun City Fairway Rec Center music room (second floor). If you are interested in singing in a quality choir, sit in on a Monday rehearsal and you can decide if we are right for you. See our website at [www.suncitychoraliers.com](http://www.suncitychoraliers.com) for more information.

### Sun City Womens Chorus

After a successful year, the Sun City Women's Chorus is on hiatus, resuming their practice Thursday, September 5th, 8:45-11am. The Chorus will still be under the direction of well-known musician Jane Higgs. Any Sun City woman with a valid RCSC card who loves singing four part harmony, is welcome to join. Rehearsals are in Fairway Music Room. For more information call Diane at 602-918-0919.

### Piano Club of Sun City

The Piano Club of Sun City is closed for the summer, but join us for more great music in the fall. We have an annual evening concert in January, monthly music programs from October through April, affordable piano lessons, free sheet music and club members volunteer at charity events. You don't have to play or perform, just enjoy the music, treats and companionship. RCSC cardholders and escorted guests are welcome. Call 507-213-6141



**Planning to Take Children to the Pool? Don't Forget!** Proof of age for 4 and 5 year olds (birth certificate or passport) is required for access to swimming pools. Photo copies or electronic images are acceptable.

### Sun City Players Community Theater

**Fall 2019: "Gladys in Wonderland."** When Death himself comes knocking on 87-year-old Gladys Overmeyer's door, the cheerful grim reaper is startled by her stubborn refusal to expire. To encourage Gladys' journey, he ushers in a parade of obnoxious friends & relatives & gives a preview of nursing home life that convinces Gladys the afterlife doesn't look so bad. Jim McConnell Directing ; plays Oct 25, 26, 27, 31; Nov 1, 2, 3. **January 2020: "Revival at Possum Kingdom Community Church"** directed by Mary Harrison. Buddy & Alvo are down-on-their-luck con men, stranded in 1950s small-town Possum Kingdom on a hot July day. They convince kindly Ella Faye & her friend Iris they are the preaching team that Possum Kingdom's community church needs. Can the boys pull off a rip-roaring revival & make it out of town with some cash in their pockets, or will the mid-hymn arrival of a stranger change their outlook? On-stage Jan. 10, 11, 12; 16, 17, 18, 19. **Spring 2020 "Broadway Comes to 107th Avenue;"** an original musical tribute. One of the oldest Sun City chartered clubs, Players has produced Broadway musicals since 1963. This special program features well-known music from past shows complete with solos, duets, trios, ensemble numbers, dance features & full company musical numbers. This show will bring back fond memories & timeless music. Season tickets (all 3 shows) available on-line, starting Aug 1 at [suncityplayerscommunitytheater.org](http://suncityplayerscommunitytheater.org), with VISA or MC. All seats reserved at purchase. FMI on ticket availability visit Players website. All shows at Mt View, 9749 N. 107th Avenue, Sun City, AZ 85351

## Monitored Activities

<b>Basketball</b>		<b>Jogging / Walking Track</b>		<b>Swimming Pools - Open Swim Hours</b>
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Indoor		<b>Bell Center - 18+ only:</b>
<b>Billiard Tables</b>		Fairway Center	M-Sa 5a-9p; Su: 8a-8p	<b>All Bell Outdoor Aquatic Facilities - Closed as of 6/3/2019 thru July (Dependent upon weather permitting repair completion)</b>
Bell Lanes	M-Sa: 8a-8p; Su: Noon-7p	Sundial Center	M-Sa only: 6a-8a	<b>Fairway Center</b>
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p	Outdoor		Lap Pool: M-Sa: 5a-9p; Su 8a-8p; <b>Closed for class: M-F 7-9a</b>
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p	Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Walking Pool: M-Sa: 5a-9p; Su 8a-8p;
<b>Bingo</b>		Sun Bowl	Dawn to Dusk	<b>Lakeview Center</b>
Sundial Center	Last Games 5/30 then Closed for Summer; Returns 9/5/19	<b>Library (602) 652-3000</b>		M-Sa: 6a-8p; Su 8a-7p <b>Closed for class: M, W, F 8-10a</b>
<b>Boating/ Fishing</b>		Bell Center	M: 9a-7p; Tu-Sa: 9a-5p	Children's Pool Hours for Ages 4-15 yrs: Daily 4p - Close;
Lakeview Center	M-Sa: 6a-8p; Su: 8a-7p (or Dusk)	Fairway Center	M-F 9a-4p; Sat 8a-12p	<b>Marinette Center</b>
<b>Bocce Courts</b>		<b>Mini Golf</b>		M-Sa: 6a-9p, Su: 8a-8p; <b>Closed for Class: Every M 8-9a;</b>
Sundial Center	M-Sa: 6a-9p; Su: 8a-8p	Bell Center	M-Sa: 6a-9p; Su: 8a-8p	<b>Every Tu 8-9a; Every Th 8-9a; Every F 8-9a</b>
<b>Bowling Lanes</b>		Lakeview Center	M-Sa: 6a-8p; Su 8a-7p	Children's Pool Hours for Ages 4-15 yrs Daily 1p - 4p
Bell Lanes	M-Sa: 8a-8p; Su: Noon-7p	Mountain View Center	M-Sa: 6a-8p; Su 8a-7p	<b>Mountain View Center</b>
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p	Sundial Center	M-Sa: 6a-9p; Su: 8a-8p	M-Sa: 6a-8p; Su 8a-7p; <b>Closed for Class: Every M 8-10a; Every Tu 8-9a</b>
<b>Dog Parks</b>		<b>Pickleball</b>		<b>Every Th 8-10a; Every F 8-9a</b>
Duffeeland	May - September 6am-8pm Closed last Wed/month for Maintenance	Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Children's Pool Hours for Ages 4-15 yrs - Daily 10a-1p
<b>Darts</b>		Mountain View: Outdoor	M-Sa: 6a-8p; Su 8a-7p	<b>Oakmont Center</b>
Bell Center	M-Sa: 8a-8p; Su: Noon-7p	<b>Racquetball</b>		M-Sa: 6a-8p; Su 8a-7p <b>Closed for class: Every Su 12-3p; Every M: 9-10a</b>
<b>Fitness Centers</b>		Bell Center Courts A & B	M-Sa: 6a-9p; Su: 8a-8p; <b>Closed for Class: Every M 11a-5p; Every Tu 1:30-3:30p &amp; 5:30-7:30p; Every W 11a-5p</b>	<b>Every M: 12-3p; Every Tu: 9-10a; Every W: 12-3p; Every Th: 9-10a</b>
Bell Center - 18+ only	M-Sa: 5a-9p; Su: 8a-8p	<b>Every Th 1:30-3:30p &amp; 5:30-7:30p; Every F 11a-5p; Every Sa 11a-1p</b>		<b>Every F: 9-10 &amp; 12-3p</b>
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p	<b>Shuffleboard</b>		<b>Sundial Center - 18+ only</b>
Lakeview Center	M-Sa: 6a-8p; Su 8a-7p	Bell Lanes: Indoor	M-Sa: 8a-8p; Su: Noon-7p	<b>Large Pool: M-Sa: 6a-9p; Su: 8a-8p; Closed for Class: Every M: 9-10a;</b>
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Lakeview: Outdoor	M-Sa: 6a-8p; Su 8a-7p	<b>Every Tu 8-9a; Every Th 9-10a; Every F: 8-9a</b>
Mountain View Center	M-Sa: 6a-8p; Su 8a-7p	<b>Spas</b>		<b>Warm Water Pool: M-Sa: 6a-9p; Su 8a-8p Closed for Class: Every M 10a-12p &amp; 4:30-6:30p; Every Tu 10a-2p &amp; 4:30-6:30p; Every Th: 10a-12p</b>
Oakmont Center	M-Sa: 6a-8p; Su 8a-7p	Bell Center - 18+ only	M-Sa: 5a-9p; Su: 8a-8p	<b>Every Th: 4:30-6:30p; Every F: 10a-12p &amp; 4:30-6:30p</b>
Sundial Center - 18+ only	M-Sa: 6a-9p; Su: 8a-8p	Fairway Center	M-Sa: 5a-9p; Su: 8a-8p	<b>Table Tennis</b>
<b>Horseshoe Courts</b>		Lakeview Center	M-Sa: 6a-8p; Su 8a-7p	Bell Center: <b>Every M W F: 10a-3p; Every Tu &amp; Sa : 10a-12p</b>
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	<b>Tennis</b>
Mountain View Center	M-Sa: 6a-8p; Su 8a-7p	Mountain View Center	M-Sa: 6a-8p; Su 8a-7p	Bell Center: 623-977-3325 M-Sa: 6a-9p; Su: 8a-8p
		Oakmont Center	See Pool Hours	Lakeview Center: 623-561-4676 M-Sa: 6a-7p; Su 8a-7p
		Sundial Center - 18+ only	M-Sa: 6a-9p; Su: 8a-8p	Mountain View: 623-876-3042 M-Sa: 6a-7p; Su 8a-7p





## Fitness & Fitness Classes

### Sun City Tai Chi Club

Would you like better balance, flexibility & memory? How about improving your all-around athletic abilities including golf, pickle ball & tennis skills? Do you need to rehab or just want to get on your feet more easily? Have you been looking for a proven way to release tension & ease your mind? The Sun City Tai Chi Club invites you to join our classes. They are doctor, chiropractor & physical therapist recommended to help reach your goals. No special equipment required. Wear comfortable clothes & soft soled shoes like tennis/athletic shoes. All one hour classes: \$3 for cardholders & \$5.50 for escorted guests. Yearly club membership: \$10. Please join the club after attending 2 classes. FMI visit [sctaichi.wixsite.com/sc-tai-chi-club](http://sctaichi.wixsite.com/sc-tai-chi-club), call Elisa 480-710-8497 or [taichiqigongaz@gmail.com](mailto:taichiqigongaz@gmail.com) (Before starting a class, please, check on start times. They may be subject to change due to summer hours)

#### Beginners Classes at Bell Social Hall 2 on Thursdays:

Balance & Tai Chi Basics: at 09:30am

Tai Chi Pure & Simple: Learning 108 Form Set One at 12pm

**Beginner Class at Lakeview on Tuesdays:** Qi Gong: at 6pm

#### Intermediate & Advanced Tai Chi at BSH2 on Thursdays:

Intermediate Tai Chi: Learning 108 Form Set 2 & Refining Set 1 at 10:45am

Advanced Tai Chi & Special Interest: Refining Sets 1, 2, 3 & exploring Special Interest 1:15pm

Advanced Tai Chi: Learning 108 Form Set 3 & Refining Sets 1 & 2 at 2:30 PM

### Hatha Yoga

Club meets in the Yoga room at Sundial. Classes are multi-level; no previous experience is needed. Classes are taught by certified instructors. Arrive 20-25 minutes before class begins. Bring a mat, small blanket or beach towel, current RCSC card with your picture on it, \$3 class fee & \$5 yearly membership. Wear loose, comfortable clothes, layers, for our warm environment. Refer to website for winter & summer schedule times: <http://hathayogaclub.org>.



Mat Classes: 6 days a week, & 3 evenings ; Chair Classes: 4 days a week; FMIC Carlyn 623-972-9602

### Oakmont Ladies Exercise Club

Join us for low-impact exercises designed for women over 50 at Oakmont on Tuesdays & Fridays 8-9am. Annual Dues: \$3, 3 free trial visits. FMIC Helen 715-222-9519

### Aqua Fitness Club

You can still sign up for classes in Summer I Session, which ends F 06/28. Classes meet M/Th or T/F at Sundial, Oakmont, Mountain View & Marinette pools. No swimming involved; members stand in waist/chest deep water. Instructors teach 3 classes of varying intensities: Free Standing, Poolside & Aqua Stretches. For information on class exercises, times, days of the week & pools, visit [www.aquafitnessuncity.com](http://www.aquafitnessuncity.com). Annual Dues: \$5; \$15 for each 8 week session; 5 Sessions annually. FMIC Terry 619-818-4380 or Annie 602-359-1057 Summer II Class Registration: Sa 06/22 at 8:30a in Sundial Auditorium; doors at 8a. Summer II Session: M 07/15 - F 09/06. Not sure whether you can do the exercises? Try them during 'Try It Before You Buy It' week, beginning 06/17. All classes co-ed; must be an RCSC Cardholder to join or attend any classes.

## No matter how smart & well behaved the dog, they're still not allowed on RCSC Properties!

NOTE: Household Pets are not allowed on RCSC properties nor in RCSC facilities (please refer to Board Policy #10 for more info).

Exceptions: Duffeland Dog Park, Best Friends Dog Club training arena, dogs trained as service animals.

NOTE: Emotional support animals are not an exception!



### Swim Club

Swim lessons held in Lakeview pool, Mon, Wed, Fri 8:30-10am. Both beginning lessons and intermediate classes available. Annual fee: \$5 for any RCSC cardholder. FMIC Tere Kearney 623-583-5894.

### Zumba Fitness Club

Zumba fuses Latin rhythms & easy to follow fitness moves to create a dynamic full body workout. It keeps you moving & grooving & makes fitness fun. The hour includes a warm-up, cardio workout & cool-down.

**Mon:** 11:30a-12:30p Bell Social Hall (**Zumba Gold**; instructor Debbie Reiss)

**Tues:** 10:30-11:30a; Marinette Aud (**Zumba Fitness**; instructor Magda Twidt)\*\*

**Tues:** 6:30-7p; Sundial West Hall (**Chair Zumba**; instructor Debbie Reiss)\*\*

**Tues:** 7-7:30p; Sundial West hall (**Zumba Gold**; instructor Debbie Reiss)

**Wed:** 11:30a-12:30p; Bell Social Hall (**Zumba Gold**; instructor Debbie Reiss)

**Thurs:** 6:30-7:30p; Marinette Aud (**Zumba Fitness**; instructor Julie Chaney)

**Fri:** 11:30a-12p; Bell Social Hall (**Chair Zumba Class**; instructor Debbie Reiss) \*\*

**Fri:** 12-12:30p; Bell Social Hall (**Zumba Gold**; instructor Debbie Reiss) \*\*

**Sat:** 8:30-9:30a; Marinette Aud (**Zumba Fitness**; instructor Julie Chaney)

\*\* **NOTE:** Immediately following Chair Zumba is regular Zumba Gold. To attend regular Zumba Gold you must check in prior to the Chair Zumba. You can either attend chair class or warm up in Social Hall while waiting, as class monitors must have both classes checked in prior to start of Zumba Chair. Cost: Members: \$2/class; Visitors \$4/class; Escorted Guests \$5/Class. Annual Membership: \$8 FMIC AI 847-376-1863 or 847-682-9399

### Aqua Suns

Do you love the water but walking & lap swimming isn't for you? Come try synchronized swimming & learn things you never thought you could do - dolphins, spearfish, catalinas, kips, surface dives & more. Join in the fun M-W-F from 8-10am at Lakeview Pool. FMIC Nancy at 623-238-8608. Swim Club membership: \$5/Year

### Dance for Fitness

With a current RCSC Membership you may enjoy three free sessions. Annual membership fee is \$5. Come once, twice, or three times a week, whatever fits your schedule. Class is in the Bell Social Halls on Tuesdays, Sundial Auditorium on Wednesdays, and at Mountain View on Fridays. All Classes are 9-10 am. FMIC Penny at 623-933-7021 or Jerry at 253-820-5453.

### Bell Aerobics

Come join this friendly group for a complete 45-minute workout of gentle stretching on Mon, Wed & Fri at 8, 9 or 10am at Bell Social Hall. Membership \$3/year with valid RCSC card; no class fees. There will a holiday potluck social in December for all members. We meet year-round & are looking forward to having you join us. FMIC Evelyn 907-229-6952 or Eleanor 623-933-1486.

### Stretch & Slim

No matter your fitness level, have a blast in our DVD-led classes! We offer classes Mon- Sa at 0645, 0800, 0900 & 1015 am. At least two members must be present to hold a class. The relative intensity varies with each class, so visit & inquire for details. Classes are limited in size, held in our room at Bell Center right next to indoor spa. The Stretch & Slim Club allows you to experience a variety of exercises: cardio (both low & high impact), strength training (using provided handheld weights & fitness bands), & stretching for a well-rounded exercise. You are welcome to try us out for free for three classes. After that the annual fee for RSCS cardholders is \$5. Guests pay \$2.50 per class & must be escorted by an active club member. For more information, visit a class or call Deb at 253-225-3370.

### Handicapables

Whether your physical limitations are chronic or temporary, Handi-capables invites you to benefit from the fitness & social programs our club offers to enhance your enjoyment of life!

Pool exercises are offered on Tuesdays and Thursdays at Sundial. Two classes at 12 noon are available – one standing, one sitting down. Assistance is available should you need help. Another class is held at 1pm for those able to do stand-up exercises with no assistance. Remember: An on-site shower is required before entering the pool (Maricopa County regulation).

Monthly social meetings with entertainment & snacks are held on the 1st Monday at 12:30pm in Fairway Arizona Rooms 1 & 2. Annual membership is \$15; open to all RCSC Cardholders. Personal caregivers may be allowed with physician verification (BP 9-1). FMIC Paul Hipp at 623-972-2853 or email [epravens@yahoo.com](mailto:epravens@yahoo.com).



Tips from Get Fit for Life -

## Engage Your Core

Have you ever been involved in exercise and heard the instructor say, "Engage your core," but had no idea what that meant, or actually how to engage it? "Don't worry," states Jane Fortier, fitness specialist with Get Fit for Life, "we've all been there." "Learning to activate core muscles can be confusing, but when you do it properly, you will be able to recruit more muscle activity to actually feel your muscles working and ultimately see more results."

The term "engage your core" typically refers to the activation or engagement of muscles that form a stabilizing girdle deep within the torso of the body, the transverse abdominis muscles. The quickest way to do this is to pull the navel back toward the spine. This action tilts the pelvis and stabilizes the spine.



*A "Full Plank" is just one of the many core-specific exercises that help to improve balance, stability and overall movement, as active adults begin to age.*

The complete CORE is comprised of all of the muscles that connect to the hips, spine and pelvis. That would include the Rectus Abdominis, External and Internal Obliques, Transverse Abdominis, muscles of the Pelvic Floor, the Diaphragm, and Spinal muscles (Erector Spinae and Multifidus). All of these muscles work together to create a strong, stable environment for the spine and internal organs.

- Rectus Abdominis –this sheet of muscle, running from the sternum to the pelvis, is used to flex the torso and stabilize the pelvis. You'll feel this muscle working in exercises like Crunches and V-Ups.
- External and Internal Obliques – these are the muscles that run along the sides of your torso and work to rotate the torso and bend sideways. You'll feel these muscles work during twisting movements and ab exercises, like Side Bends and Abdominal Peddle-Pushes
- Transverse Abdominis (TVA) – this is the deepest abdominal muscle group, and it works with the pelvic floor to stabilize the lower back and pelvis. You'll feel these muscles working during exercises like a Plank or Bridge.
- Pelvic Floor - these muscles support the pelvic organs, and give us control over the bladder and bowel. Engagement of the pelvic floor can be felt when you squeeze, as if stopping a stream of urine.
- Diaphragm - this muscle sits at the bottom of the ribs, separating the chest cavity from the abdominal cavity. Conscious breathing can bring awareness to the diaphragm and help to stabilize the spine.
- Erector Spinae/Multifidus - these groups of muscles run up and down both sides of the spine and assist with spinal flexion, extension and good posture You will feel these muscles working during exercises like Supermans, Back Extension or Fitness Ball Leg Lifts.

Get Fit for Life personal trainers are experts at creating core workouts for people who need to enhance their basic strength routine. Proper breathing, form, technique, cadence and exercise variations are provided for core exercises like Birddog, Supermans, Russian Twist, Bridge, Front Plank, and Side Plank. In addition, trainers can design complete workout programs for people who are new to exercising. Areas covered are aerobic exercise, strength training and stretching. To find out more about working with a personal trainer, call 623-696-6820 or visit Get Fit for Life Sun City on Facebook.

LaTouch Wellness Massage Therapy Shares...

## Reflexology: Put Your Feet Up & Relax

The practice of Reflexology is a perfect complimentary therapy that when utilized regularly enriches your health and well-being. Similar to acupuncture, reflexology works with the body's vital energy or meridians through the stimulation of points on the body. Different from massage in that the client may remain fully clothed during Reflexology treatment sessions; however, there is also the option of incorporating reflexology techniques into a full body massage which will enhance the experience of the therapy session.

Reflexology uses unique micro-movement techniques such as thumb and finger walking and a finger technique called hooking and backup to create a response throughout the body. Plus the addition of the appropriate amount pressure to specific points and areas on the feet, hands or ears. It is believed that these areas and reflex points correspond to different body organs and systems, and that pressing them has a beneficial effect the person's general health.



We live in a holographic universe. Physicists are discovering just how interrelated the cosmos really is, the feet is a perfect microcosm or mini-map of the whole body. All the organs, glands and body parts represented in the foot are laid out in the same arrangements as in the body.

Reflexology is an ancient practice, its origin and history difficult to track. Reflexology is thought to have been passed down through verbal traditions. In the United States, William H. Fitzgerald, MD, is frequently referred to as the father of reflexology. He wrote in 1917 about ten vertical zones that correspond to the location of an injury could serve to relieve pain when implemented over a period of time. Each zone can be considered a channel for the intangible life energy, called chi or qi in oriental medicine. Stimulating or "working" any zone in the foot by applying pressure with the thumbs and fingers affects the entire zone throughout the body.

Whatever the approach, reflexology relieves stress on the nervous system and assists in balancing the body's energy. In addition to your regular massage therapy or as a stand-alone treatment, reflexology is a perfect complimentary therapy to promote health and well-being in the body.

*Massage helps us to manage stress and can also be used to address a number of health issues. A full complement of massage services are offered at Fairway, Sundial and Bell Recreation Centers (as noted below) for RCSC Cardholders and their escorted guests. If you would like to experience the benefits that massage may have for you, call and schedule an appointment today!*

## Group Equipment Demos are on hiatus in June, July & August

Get Fit for Life personal trainers remain available during the summer. Call 623-696-6820 or visit Get Fit for Life Sun City on Facebook for more info.

### Member Fitness & Massage Services



**Fitness Training**  
623-696-6820

**Sundial Center**  
Free Spirit Massage  
623-225-8582

**Bell Center**  
Jan Dias  
623-521-0771  
Lisa McCoy  
623-210-2707

**Fairway Center**  
Laura Moore  
623-201-0378  
latouchwellness@  
massagetherapy.com

## Arts & Crafts

### Camera Guild

During summer, CGSC meetings take place 1st Sat monthly, 9-11am, second floor clubroom at Sundial. Watch for Monday Discovery Labs, 6-8pm. Members' Photo Gallery continues & in July Club hosts quarterly First Friday Gallery Opening with "Sun City on Parade." These all new photos from Sun City area remain up for 3 months. Club computers fully loaded with the latest Adobe photo-editing software, connected to a high resolution film scanner & 24" wide Canon printer. Supplies & equipment available to mount, matte & frame printed images. Grab & Goes (organized photo shoots) continue throughout the summer. June 5- Mogollon Rim, June 17-18 Flagstaff, June 27 Night Shots, destination TBA. Stop in clubroom or check cameraguildsuncity.com for specifics. Summer hours: Tues -Thur, 9am-noon. Membership open to all RCSC cardholders: \$20/first family member & \$5 for second. FMI call 314- 882-6951.

### Fairway Ceramics & Porcelain Club

Begin creating for autumn/winter holidays; gifts for friends, family & you. All Guests & Visitors invited to enter a FREE monthly drawing for an awesome door prize. Fun, low-cost classes: airbrushing, clay lifting, glazing, brushstrokes, decorating w/ translucent, Zentangle, underglaze pencil, clay building, overglaze & stoneware. All skill levels welcome. Annual Dues (Jan-Dec) \$10 per RCSC cardholder; family (2 at same address)\$15. Orientation helps new members begin in a friendly environment. Greenware, tools & supplies available for purchase. New molds recently acquired. Hours: M-F 9a-3p; Sa 9a-1p. FMIC (623) 972-5818, or Dott (623) 748-3313. Fairway, 2nd floor.

### Bell Metal Club

Come see our beautiful Metal crafts! Members share info & experiences about all forms of metal working. Tap into your creativity & make something wonderful. Tour our shop to see many beautiful Metal crafts! Mon-Sat, 8am-4pm. Membership open to all RCSC Cardholders. Annual Dues: \$20. FMI regarding possible metal repairs, call 623.974.8206

### Creative Quilters

Club mission: to teach & inspire w/classes for all levels. We do all forms of quilting; Sewing & quilting machines available. Well stocked workroom: rulers, cutters, Accuquilt (complete w/dies), high cutting & basting tables, large: mats, design wall & ironing boards. Meet M-W-F 8am-4pm. Meeting/announcement every Fri morning w/ Show & Tell, Featured Quilter or special guest. After that, we sew! Early spring & late summer quilt camps, and bi-annual quilt show; Bring a project, your lunch & check us out. FMIC Red 602-622-5913 or Margaret 623-208-3386.

### Oakmont Ceramics

If you need something to do, come to our club! All RCSC cardholders welcome to join our friendly & talented members. No excuses; beginner classes make learning fun. Also classes on different techniques (free to members) & a variety of paints & supplies available at nice discounts. Learn ceramic art from pouring to painting to finishing. Summer Hours: M-Tu-Th-F 8a-12p; W 8a-3p; & Tu 5:30-9pm. Tues group is a wild bunch & lots of fun! Please visit with us. Coffee is always on & the conversation snappy! FMIC 480-356-6871

### Sundial Craft Club

We now offer Quilling! A favorite crafting pastime that has existed since the invention of paper. It is the art of cutting paper into long thin strips, rolling & pinching pieces into different shapes; then gluing shapes together to form decorative art. Projects can be used to decorate cards, boxes, gift bags, picture frames - even stand-alone 3D art pieces. Your imagination only limits the possibilities. Pieces can be simple or complex, but paper quilling can be mastered in an hour or two. It is the perfect craft for beginners. Easy for a novice paper crafter to get good results & this craft costs almost nothing to make. Classes are 2nd & 4th Monday 6-8pm in the Sundial Craft Club (SD upper level). FMIC 815-315-2387 or sdcraftclub@yahoo.com

### Handweavers & Spinners Guild

Do you like to stitch or have a needlework project in progress? If so, join us on Thurs morning. Hardanger group is expanding to include all types of fine stitching. Have a passion for Blackwork? Is Pulled Thread something you want to try? How about Sashiko, Huckweaving, Bargello, Romanian Point Lace, Ukrainian White work, etc. Learn something new, share a favorite technique or sit & stitch with others on Th 9-noon. FMIC Jeri Hauff, 623-444-9160. All skill levels welcome. Hours M-F 9am-3pm Oct-May. Summer hours vary. Beautiful handcrafted items for sale during club hours. Members participate in holiday fairs & craft events throughout the year. FMI visit suncityaz.org/handweavers-spinners-guild or call 623-933-0397

### Bell Silver Craft Club

Visit our professionally equipped silver craft workshop & sales room. Classes in basic silver work, introducing students to fundamentals. We also offer classes in lost wax casting, chainmaille for stunning bracelets & necklaces. Other specialty classes/demos offered throughout the year. Come tour our club during open hours. Jewelry Sales: Mon-Sat 9am-3 pm. Silvercrafting hours: Mon-Sat 8am-3:30pm. Located around corner from Bell Visitors Center. FMIC 623-933-8442.

### Bell Stitchers

Like to sew? Share new & fresh ideas as we create outfits for charity & craft items to raise money for accessories & supplies. Have a tour & a cup of coffee. Annual Dues \$3; membership open to RCSC Cardholders.

### Fairway Sterling & Stones

Visit our workshop & browse our jewelry store. Tour lost wax casting, glass fusion areas & lapidary room where members work on stones & glass for rings, necklaces, bracelets in silver, copper & brass. RCSC members who join can enroll in beginner or advanced classes in silver craft, lapidary, lost wax casting, glass fusion, chain making, Viking knit, reticulation et. al. Small classes taught by experienced member-instructors who try to accommodate your schedule. Free workshops available to club members. Summer hours for club, jewelry store and craft sales room are T-Th 10a-2p. Located in Fairway Rm 136, "next door to the trains." FMIC 623-977-2208

### Artistic Stained Glass

Have fun & meet new friends! Only RCSC club devoted to glass creations; specializing in all types of glass art & projects including "came" & more current methods w/foil & solder. Techniques introduced in beginning class; Expert teaches fused & slumped glass; classes in large fused glass flowers, sand-blast etching & more. We're a social group that likes potlucks. Drop in & see what we do! We meet at Bell; New Hours! M-Sa: 8a-3p; plus M-Th 5-8:30p Year-round!

### Leather Craft

Open to all RCSC Cardholders. Annual Dues: \$10. Beginner classes Tues/Thurs, 8am. Learn carving, stamping, garment & construction. Lessons, patterns & tools furnished. We meet at Marinette. Hours: 8am-12pm; Mon-Fri. Learn to make leather belts, purses, holsters, even mini saddles. A great group of people & a wonderful craft. FMIC 623-594-6591 or 623-933-8831.

### Bell Craft Club

Open M-F 9am-3pm; Sat 10am-2pm; M, W, Th 6-9pm. Classes in: Bead weaving, Greeting Cards, Copper Enameling, Placemats, Candle making, Quilling & Cross Stitch, Painting, Plastic Canvas, Knitting, Crocheting, Silk Flowers, Craft Beading, Polymer Clay, Parchment Craft, Card Embroidery & Brazilian Dimensional Embroidery; taught by members. Think others would enjoy your craft? Become a member & teach. Boutique offers unique handcrafted gifts. Mtgs 2nd Thurs, Sept-May. Annual Dues: \$10. New members joining July 1-Dec 31: \$5. All regular classes free to club members. Membership open to RCSC Cardholders. FMIC 623-974-3497.

### Fairway Knitters

Knit & crochet items for military, care centers, school children, the homeless of Phoenix & other charities. Join us any Fri between 8:30am-1pm. Work on your own projects using your yarn or work on Club projects using club yarn (**yarn donations always welcome**). We have items for sale if you like to shop. We meet in Fairway AZ Rooms 3 & 4. Annual dues: \$5 (must be RCSC Cardholder). FMIC 602-469-2505.

### Marinette Clay Corner

Club excels in creative art, pottery making w/seasonal themes, dishware, gifts, designer pieces & our famous Yard Art. Meetings every 2nd Wed; 8:30am social (coffee & treats), 9am general meeting. Orientation classes monthly. Fun, creative classes. hours: M-Sat 7:30am-9pm; Sun 10am-6pm. Need a special gift? Check our gift/display & Yard Art. FMIC 623-977-3167. RCSC membership required.

### Jewelry at Oakmont

Stop by our workshop/showroom where members will show you around. Classes in: Lapidary, Silver craft, Glass Fusion, Faceting, Beading, Wire Warping, Scrimshaw, & now Stained Glass. Summer shop (& store) hours: Wed-Sa 8am-12pm for Lapidary, silver, fusion & beading; classes limited. Stained Glass on M & Tu 9a-12p; FMIC John Schmidt at 623-322-4595 or 262-993-4873 or stop by club!

### Sundial Silverstones

No experience necessary! Membership open to all RCSC Cardholders. Beginning classes offered (minimal fees) in basic silver, glass fusion, mold making, lost wax/casting, lapidary, chain making, wire wrapping & faceting. Well-equipped club open M-F 8am-3pm & Sat 8am-noon. Jewelry store open to all; selling member-crafted items, M-F 8am-3pm & Sat 8am-noon.

### Sun City Clay Club at Lakeview

We miss our Winter residents but Sun City Clay Club offers classes & workshops all summer. Now open Sunday to keep creativity flowing. As the Farmers Market closes, come create pieces for next year's Market, Fall Festival & Premier Pottery Show. Visitors always welcome. Stop by our club on Lakeview's second level; we'll show you the whole process. Club hours: M-Th 8:30am-8:30pm; F, Sa & Sunday 8:30am-4:30pm. Monthly member meeting 1st Wed monthly. FMIC 933-0899.

### Fairway China Painting

Need a way to express your creativity? Try china painting. Can't draw? We have many ways to apply designs on the beautiful array of decorative & functional china blanks the club has in stock. We are on 2nd floor at Fairway, room 217 with all supplies & equipment needed. Club offers 3 **free** Beginner classes, Tues, 10am-noon, Oct-May; technique classes taught throughout the year. Teachers available for individual aid. More than painting flowers, different art styles help achieve breathtaking portraits, landscapes, seasonal designs, & realistic animal pieces; kiln fired for permanency. Classes in pen work, textures, white velvet carving, lusters, gold, stamping, sponging & zentangle can help enhance projects. All lessons are free; you purchase your supplies. We offer fun general meetings, potlucks, pizza parties, games, prizes, a Christmas luncheon, and participate in the annual Arts And Crafts Fair. Come to room 217, check out what the club offers, meet wonderful painters & become part of a great way to express your artistic self. FMI email suncitychinapainting@gmail.com.

## Arts &amp; Crafts (continued)

**SewNsew Club**

Membership open to all RCSC cardholders: \$10 annual dues. Boutique Sales, Sewing & Donations Tu, Th & Sa 9:30am; open during these times. Boutique sales include doll clothes to fit the American Girl Doll. Fabric donations that help us serve Luke AFB and our community are gladly accepted during open sew times. **Mending at Olive Branch Senior Center:** Mondays 8:30-10:30 when OBSC is open. **Certification required for all Machine use.** Sign up in club room for Classes: Brother sewing machine, Baby Lock Imagine; Jet Threading Serger; Baby Lock Embroidery; Cover stitch machine and heavy duty machine.

**June Events:** 6/4 Embroidery SIG 9:30a; 6/5 Show/Tell & potluck 9:30a; 6/8 Stuffed Bear SIG 9:30a; 6/11 BEST Basic Embroidery SIG Technique Doll clothes SIG 12:30p; 6/18 Luke Workshop 9:30a; 6/25 Doll clothes SIG 12:30 Reference materials, club patterns & embroidery designs available to members during open sew hours. FMI visit <http://www.sewnsew.info/>

**Sun City Calligraphy Society**

Sundial clubroom hours: Mon 1-3pm; Th & Fri. 9-11am. Weekly "Love Card" workshops & practice sessions during club hours. Club Orientation, 9-11am, first Th each month. We sell beautiful & creative handmade greeting cards & magnets to the public during regular club hours. Card samples & calendar of events can be viewed in club window anytime; come see what our artistic members create! Membership open to all RCSC cardholders. FMI stop by during club hours or call Trudy Bryson 623-594-6591.

**Lakeview Woodworkers**

Come see beautiful wood crafts! Men & women welcome; tap into your creativity & make something with your hands. It's a wonderful feeling. Our club is a fun, happy place; members willing to help. Open M-F 8a-4p, Sa 8a-12p. Summer hours: M-Sa 8a-2p. Annual Dues: \$20. FMIC 623-933-2355

**Friendship Quilters**

Club built on friendship & the common interests of quilting/creating projects w/fabric for several charities & to sell in our Boutique. New members welcome. Stop by the Bell Craft Village Quilting room during club hours. Enjoy our contemporary version of the "Quilting Bee". Hours: Mon - Wed 9am-8pm & Sat 9am-3pm. Annual dues: \$10. Membership/participation open to all RCSC Cardholders.

**Sun City Wood Carvers**

Fun Club where you decide what to carve. Master Carvers to beginners, members offer encouragement & guidance. Classes on all types of carving, gourd decorating, wood burning, tool care & a complete library covering all wood-carving aspects. If you'd like to try your hand at "whittling," do it here then quickly move on to carving & the satisfaction you get from making creations for yourself, relatives/friends, carving show competitions, displays or to sell. Club has many Blue Ribbon holders. Fifty plus members, male & female, meet Thurs & Sat, 8am-12pm at Lakeview SH #3. Wood, tools & instruction available. Annual Dues: \$5; membership open to all RCSC Cardholders. Coffee & cookies provided. Come visit during club hours. You'll be glad!

**Oakmont Needle Arts & Crafts**

Knit, crochet, needlepoint, embroidery, counted cross-stitch, felting, tatting, scrapbooking & other crafts you enjoy. Meetings: Thurs 8-11:30am, in Aud. Events include: breakfast/snacks, potlucks, ice cream socials, pizza parties, semi-annual white elephant sales, holiday parties, guest speakers & open houses. Work on current or new projects. Members donate projects to charitable organizations such as Hospice of the Valley, veterans' orgs & homeless shelters. Yarn & craft supply donations, including greeting card covers, gladly accepted. We participate in the annual Sun City Arts & Craft Festival (November). New members welcome. Call Sue to sign up for "Loom Knitting" classes held 6/7 & 6/14. Open House & Ice Cream Social to help welcome new members on 6/20, 9-11am. Annual Dues: \$3. RCSC cardholders only. FMIC Sue 480-577-3430. Try before you buy!

**Bell Ceramics**

Sign up for Beginner Classes & learn this craft from our talented instructor. Then move on to monthly classes to learn a wide range of techniques in stains, oils, glazes, underglazes, carving & more. Depending on technique, fees range from \$5-20. We have 1300 molds & all the supplies you need to get started. Annual dues: \$7. Club hours: 9am-3pm Mon-Fri; 9am-noon Sa. FMIC 623-974-6750.

**Artists by the Lake**

Meets 1st Tu monthly at Lakeview SH1: 12p potluck, brief meeting & art-related demonstration. LV Art Studio (upper level) offers classes in Oil, Watercolor, Pastels, Acrylics, Drawing; Open painting available at no charge to members; Thurs 9-noon. Check our art studio, gallery walls & friendly members. Annual Dues: \$10 RCSC cardholders; Class fees apply. Visit [www.suncity.org](http://www.suncity.org) (under Clubs) for current newsletter & class schedules. FMIC Deb Dahlin 315-491-9650

**Lakeview Fired Arts**

Offering techniques in Cuerda Seca, gilding & silk screening on poured & handbuilt earthenware, porcelain & stoneware. Chalks, dry brushing, Faux leather & antique pewter, glazing, majolica, overglaze & translucent classes offered. Take your pieces to the next level with in your ceramic adventure. Fired arts offers a mentoring program for 1-on-1 learning. Annual Dues: \$5; ez to join! Start your ceramic hobby with like-minded people. FMI visit clubroom or call 623-974-5979.

**Artistic Weavers/Fiber Artists**

Coil Basketry lessons Mon; Basket Weaving class Fri; Spinning instruction Wed. Next Step mentoring sessions being scheduled to help guide new weavers w/individual projects & use of club's floor looms. Stop by Oakmont to sign up for classes, shop or learn more. Annual dues: \$12/open to all RCSC cardholders; we'd love to have you join us!

**Happy Hearts at Bell Craft**

Happy Hearts at Bell Craft donate their time on Fri 12-3pm to make afghans for veterans. **All yarn donations greatly appreciated;** call 480-299-3316 for donation location.

## Sports &amp; Outdoors

**Indoor Volleyball Club**

Play at Villanueva Community Ctr (15660 N Hollyhock St, Surprise) W & F 8-10:30am & Rio Vista Rec Ctr (8866A W Thunderbird, Peoria) most Th 9-11a & most Sa 5-6:30p. Call ahead as they sometimes have gym rented. FMI membership (RCSC Cardholders only) call Dawn 623-271-8511

**Sun City Basketball Club**

Play at Villanueva Community Ctr, 15660 N. Hollyhock, Surprise: 4on4/5on5 full court or come shoot around M & W 3:30-5pm mid-Oct-April. Planning 1/2 court outdoor games Fri 9-11am at Marinette. FMIC Charlie 206-459-3242; charlespeterson@comcast.net or Peter 604-313-3190; peter-macleod1000@gmail.com

**Sun City Pickleball Club**

June marks the start of summer & rising Arizona temperatures, yet Club members continue to be active on our top-level courts; 20 (8 covered) at Marinette & 7 at Mt. View. Free introductory lessons available much of the year. Clinics for all skill levels; ladder, league and round robin play available, primarily from Nov-March. See our website for details. This skilled, fun, court-and-paddle sport has similarities to tennis, badminton, racquetball & table tennis. RCSC cardholders are eligible to join club & participate in a fast-growing activity. Drop-in play is a good time to get acquainted, which attracts most players on Mon, Wed, Fri, 6-10am during the summer, primarily at Marinette. All courts are lighted for evening play. Annual dues: \$15. Everything about the club, including membership payment information, is at [suncitypickleballclub.org](http://suncitypickleballclub.org)

**Racquetball Club of Sun City**

Requirements: clean court shoes only (no street shoes); protective eyewear a must. RCSC Cardholder & escorted guest only. Play M-W-F, 3-5pm. Fun cardio workout. Open to RCSC Cardholders who belong to Racquetball Club. \$5 annual fee. FMI visit [www.racquetballclubofsuncity.com](http://www.racquetballclubofsuncity.com).

**Whisperball Club of Sun City**

Invitation to Sun City women. We are organizing a ladies group to play Whisperball. May play among themselves or with the men. Introduc-

tion to the sport on: Tu & Th, 1:30p, Bell Center, Bldg F/G concourse area Racquetball courts. Bring clean court shoes, safety glasses & racquet. If you don't have a racquet, the monitor station can provide one. RCSC cardholders in good standing invited. FMIC Rick Steiner 412-419-9578.

**Sun City Senior Softball Club**

Play slow-pitch softball several days a week (mixed men/women) at Sun Bowl softball field. Several Leagues: American w/12 teams/10 players, Central-12/11, National-12/12, Co-ed-6/12, 70s-6/11 (age requirement) & tournament teams & Women's. Players placed according to ability. Five separate sessions allow year-round opportunity to play w/short commitments to 1/more sessions. Tryouts: Mon 8:30am. RCSC Cardholders, Snow Birds, welcome to join. FMIC Dan 520-404-2909

**Bocce Club of Sun City**

Bocce organized play during the summer months is always limited and this year is no exception. However, if you have your own set of balls or wish to use those provided by RCSC, you know you can always go up to the courts and throw a few just to stay in shape. Also note there is no Open Play on Sundays but there is on Tuesdays.

**To finish May:**

Open Play: Tues, 5/28 & Thurs, 5/30; 8:30a  
Fri Night 25c play: Fri, 5/31 7p

**For June:**

Open Play: Tues & Thurs, 8:30a  
Fri Night 25c Play: Fri, 7p

**Special Event:**

Father's Day: 6/16

RCSC visitors & guests are welcome to participate in Open Play and Friday Night play. Club Rules of Play should always be followed.

Questions - contact Dennis 623-693-2881 or FMI contact Edith 623-271-0092

**Sun City Sportsmen Club**

Hunting/Fishing/Shooting Weds: 8am, Trap & Skeet, Ben Avery (Les: 623-876-8714) Fri: 8am, Rifle & Pistol Shooting (Ben Avery). Open to all RCSC Cardholders; New members welcome. FMIC Tony 847-207-1948

**Dart Club at Bell Lanes**

5 leading-edge, soft-tip, electronic dart boards, preset games, 1-8 players. House darts available/use your own. All skill levels welcome. Membership open to all RCSC Cardholders.

**Club Play: M:** Game Night, 5:30-8p; **Tu:** Count-Up 5:30-8p; **W:** Monitor's Choice 5:30-8p; **Th:** Ladies 2-4pm. Arrive 15 min early to sign in & form team. FMIC Janet Berkowicz 773-802-2084; Sarah Crashell 209-620-1967 Shari Jones 802-999-5470

**Bell Shuffleboard Club**

Play every M, Tu & F 1-3:30pm. Arrive early to sign in (assigned court & starting position). Play 3 games; new partner each game. Fast courts w/slight curve make it a challenge. Instructors available to help learn rules. FMIC Dennis 623-972-3169, or stop by & check us out during regular play.

## Dances

**Sun City Line Dance Club at Sundial**

Dance on a beautiful wooden floor every Tues & Thurs 10am-1pm in Sundial ballroom/auditorium. **Exceptions:** 6/27 dance at Fairway, 9:45am-1pm in Fairway AZ rooms 1-4. Free dance lessons 15 minutes prior to each dance. **Saturday dance 6/29; 1:30-4:30** at Sundial. Serving cookies,



pretzels, mints, coffee, and water. Members, visitors, and escorted guests welcome. Annual Club membership \$5. Daily dance is \$2 members, \$4 visitors, & \$6 escorted guests. FMIC Walter 623-972-5127. [suncitylinedanceclub.facebook](https://www.suncitylinedanceclub.facebook) has links to teaching sessions for our dances; website: [www.suncitylinedanceclub.com](http://www.suncitylinedanceclub.com)

**House of Dance**

Join us at House of Dance in Fairway. We dance second, fourth, & fifth Fridays each month, when it's time to get on board with our DJ, Bill. He'll take you back in time with sounds from yesterday & keep you rockin with today's hits. Doors open: 6pm; dance 6:30-9:30pm. Cups, napkins & ice provided; BYO favorite snacks & drinks. Admission: \$3/members, (\$4 annual membership-RCSC Cardholders only), \$5/RCSC Visitors, \$6/escorted guests. Open to all RCSC cardholders & their escorted guests. FMIC Bill 209-380-8029.

**Sun City Ballroom Dance Club at Bell**

Club meets at Bell Social Hall every Sunday throughout the year except Christmas, New Year & Easter Sundays. Dance open to all RCSC cardholders & escorted guests. Join us for a fun social evening of music & dance. Singles, couples & dancers of all accomplishment levels welcome; free lessons by Csaba Valdez w/pd admission: 6:15pm. Dance: 7-9:30pm. Annual membership: \$3; admission: members \$5; escorted guest \$8. Coffee, ice & cups provided or bring your own favorite refreshments & snacks. **June Dances: 6/2 Michael Carollo; 6/9 Manuel Dorantes, 6/16 Michael Carollo, 6/23 Manuel Dorantes** FMIC Simone (602) 292-3175 Julie (623) 533-6236 or Arlene (623) 214-0594 Or visit: [suncityballroomdanceclub.com](http://suncityballroomdanceclub.com)

**Country Dance Club at Sundial**

Dance with us 1st & 3rd Sat each month at Sundial, 6:30-9:30pm. Something for everyone; good mix for couples free-style, pattern & line dancing; even a dedicated dance floor for line dancers! Free dance lessons Oct-April 6pm w/paid admission (lessons suspended for summer months). Cups, Ice, Cookies provided as usual, BYOB & snacks. Admission: Members \$3 Non-Club Members \$6. Annual dues: \$5 (RCSC Cardholders) Visit [www.countrydanceclubsuncity.com](http://www.countrydanceclubsuncity.com) or our Facebook Page; FMIC 623-972-5127 or 231-557-6555

**Bell Tea Dance**

All dances on Wednesday afternoon from 2-4 pm at Bell Social Hall. Music provided by local artists. Dances consist of Foxtrots, Waltzes, Latin, Swing & Rock. Two mixers included. Coffee, tea & cookies provided. Singles welcome. Admission: \$4/Club Members, \$6/Escorted Guests. FMIC 623-842-3917. **June Dances: 6/5 Michael Carollo; 6/12 Manuel Dorantes; 6/19 Bobby Freeman; 6/26 Manuel Dorantes.** See you in the Fall.

**Rhythm Ramblers**

The Ramblers are on hiatus for the summer. The band has evolved into an 18 piece big band, playing concerts & ballroom dances featuring sounds of Glenn Miller, Harry James, Artie Shaw, Count Basie, & Duke Ellington & vocal stylings of Sinatra, Buble, Bobby Darin, & Tony Bennett. Ballroom dances include swing, foxtrot, waltz, Latin, R&R & line dances. Dances on the 1st Tues every month, Oct-April at Sundial. BYO beverages & snacks; cups & ice provided. Admission: \$5 RCSC Cardholders, \$7 escorted guests. FMIC Barry Dale, (623)322-4134.

**Classic Rock Dance Club**

Join Us For A Rockin Good Time at Fairway  
**June 1 DJ Ron West June 15 DJ Alma Mattingly**  
Doors open at 6pm, dancing 6:30-9:30pm; Cups, ice & napkins are provided. Bring snacks & your own beverage.  
Classic Rock members \$3/ escorted guests \$6  
<https://www.facebook.com/suncityclassicrockdanceclub>

**Sun City Squares**

Closed for the Season - 4/23 to 11/5

Tues 6:30-7pm Pre-Rounds; 7-9pm Mainstream/Plus Square Dance  
Dee Dee Dougherty, Caller; Larry & Susan Sperry, Wayne & Barbara Blackford, CuersFMI: email: [djkraus](mailto:djkraus) or call: 623-694-7194 Marilyn; 330-336-9929 Dan. Dances open to RCSC Cardholders; Visitors & Escorted Guests always welcome.

**Rockin' Thru the Years – Saturday Nite Fever**

The only dance club dedicated to Classic Rock & Roll, Disco, DooWop & Country Rock. We have our own sound system & use 2 different DJs to play music from the 50s thru today. Will play requests as long as they fall in the R&R genre. Singles & couples welcome; no dress code! We furnish cups & ice; bring your own snacks & favorite beverage. Admission: \$3/members; \$6/escorted guests. Annual RTTY membership \$3 w/ RCSC card. You don't need a partner or to take dance lessons to enjoy dancing to R&R & Disco. **We dance at Sundial!** Doors at 6:30pm; dance 7-10pm. FMIC 623-332-7894 or visit [Rockinthrutheyears.com](http://Rockinthrutheyears.com).

**Saturday, 6/8 – DJ Ryan Blair; Saturday, 6/22 – DJ Jamee Soulz; Saturday, 6/29 – DJ Jamee Soulz**

We have 8 drawings at every dance worth \$175 plus 4 video screens for your enjoyment!

**Friday Night Ballroom Dance Club**

**Singles & couples** invited to social & ballroom dancing at Sundial, Fridays 7-9:45pm. Whether you love to slow dance, are an accomplished ballroom dancer, or somewhere in between, you'll enjoy dancing to some of the best live music in the Valley. Free dance lesson w/paid admission: 6:15pm. No partner required for lesson; Students rotate so everyone has an opportunity to dance. We also have a couple "Mixers" & "Line Dances." Admission: \$5/members; \$8/escorted guests. Enjoy socializing & making new friends. Be comfortable, but please: no jeans, shorts, hats, tennis shoes or flip flops. Coffee, ice & cups provided. FMIC Bob (623) 215-8718 or visit: [www.suncitysingledanceclub.com](http://www.suncitysingledanceclub.com). Open to all RCSC Cardholders, visitors & escorted guests.



**June Dates: 6/7 The Breeze; 6/14 Manuel Dorantes; 6/21 Mike Carollo; 6/28 The Breeze**

## Dances Lessons

**Tip Top Dance Club**

Have fun & burn calories! Bonus: Improved physical strength, circulation & balance, increased stamina, a healthier heart & new friendships. Men & women, novice to advanced all welcome. Annual Dues: \$10 plus \$12-24 per month, depending on classes. Visitors pay \$2.50 extra/class.

**Class Schedule at Marinette SH: Mon:** 8:15a Intro to Tap (by appt w/ Denise 623-875-1255); 9a Inter Variety Tap w/Jackie; 10:15a Tap 2 w/ Denise. **Tu:** 8:15a Intro to Tap (by appt w/Denise 623-875-1255); 9a Tap 1 w/Denise; 10:15a Adv Tap w/Dallas. **Wed:** 8:15a Intro to Tap (by appt w/Denise 623-875-1255); **Fri:** 9a Inter Variety Tap w/Jackie; 10:15a Adv Tap w/Dallas. **Moving To The Beat (low impact aerobics at Marinette):** Tues/Thurs 1 pm; Members \$3/class; Visitors +\$2.50/class. **Pilates Classes at Bell Aerobics Rm:** Mon/Fri 1 pm; Members \$4/class; Visitors +\$2.50/class. Open to all RCSC Cardholders. Tip Top Dancers is available for dance performances! FMIC Christine 623-322-3138.

**Sun City Ballroom Dance Lessons**

**Mon : Instructors-Paul & Julianne Daniells**

6-7 pm Beginner Tango  
7-8 pm Intermediate I Cha Cha  
8-9 pm Intermediate II Waltz

**Thurs: Instructor-Paul Jack**

6-7 pm Beginner West Coast Swing  
7-8 pm Intermediate East Coast Swing  
8-9 pm Intermediate II Tango

No Dance Classes on Thursday, 5/30; Cost per lesson: \$5/members; \$8/escorted guests. FMIC Simone (602) 292-3175, Julie (623) 533-6236 or Arlene (623) 214-0594 or visit: [www.suncityballroomdanceclub.com](http://www.suncityballroomdanceclub.com). Dance & Classes at Bell Social Halls

## Educational Classes

### Computer Club of Sun City

Our members come to our Club in the Fairway Recreation Center to share computer knowledge and experiences, including current Microsoft Operating Systems, Chromebooks, Android. Smartphones and tablets in a fun and social environment. This includes using these devices to explore the Internet, photos, repair, home, office and social. Members of the Club can come anytime that we are open and use the computers in the Member's Lab to check email, read the news and visit favorite websites. They can use our scanner to scan their important documents or convert precious old pictures, prints, slides and negatives into image files. Classes, special interest group discussions, workshops and presentations are both interesting and educational.



We have three rooms equipped with Windows 10 computers. Many classes using Microsoft 10 and Google are scheduled, and you can use our computers. Classes are usually announced at least two weeks before and require club membership. You'll need to come to the club to register for some classes.

Sign up early as they do fill up fast. Workshop and sigs are open to all no registration nec.

Our Workshops are focused, informal, hands on, and with smaller groups. Membership is required. Topics of the Workshops are targeted to a specific topic and will be related to PCs or Android Devices. Workshop rooms are arranged for members to use with their own laptop, Chromebook, tablet, or phone. If you do not have a laptop, you can use one of our computers. We also have classes and workshops on Smartphones and android devices. All RCSC cardholders are welcome to join the fun! In June, you can join our Club by attending a short "Join Us" presentation in our Club on any Monday, Wednesday or Friday, anytime between 9a to 10:30a. It only takes a few minutes to join! For more information, call 623-933-8953 or visit our Website: and or Facebook [www.facebook.com/ComputerClubofSunCity/](http://www.facebook.com/ComputerClubofSunCity/)

The Computer Club of Sun City is on the 2nd floor of the Fairway Recreation Center.

June Clubs Hours: Mon - Fri: 8a to 12p, Sat: 8a to Noon

**June Schedule** (at time of printing). Check club calendar on our website often for any changes.

#### First Week 3rd-6th

Android Devices SIG June 3rd at 9am  
Join us new members June 5th at 9am  
Round table Discussion June 37th at 9am

#### Second Week 10th-14th

Internet/ Email Sig June 10th at 9am  
Genealogy Sig June 12th at 9am  
Google Photos June 12th at 9am  
Join us new members June 12th at 9am  
Windows 10 Workshop June 13th at 9am  
Round table discussion June 14th at 9am

#### Third Week 17th-21st

Androids for Beginners Sig June 17th at 9am  
Windows 10 Workshop June 18th at 9am  
Android Clinic June 19th at 9am  
Join us new members June 19th at 9am  
Comp Backup and Recovery June 20th at 9am  
Round table discussion June 21st at 9am

#### Fourth Week 24th-28th

Windows Sig June 24th at 9am  
Join us new members June 26th at 9am  
Round Table June 28th at 9am

Visit the club website for more info and class descriptions click on class title for class description  
[/www.computerclubofsuncity.com/](http://www.computerclubofsuncity.com/) HYPERLINK "<http://www.computerclubofsuncity.com/>" "[www.firstsuncity.com](http://www.firstsuncity.com/)" or on Facebook

### SunMacs (Apple Macintosh) Computer Club

Our Summer Hours, Tuesday and Thursday only, 8:30-10:30a are observed May through October. We are closed from August 1 through September 13.

Our 2019 officers are: President, Isaac Bonifas; First Vice President, Agnes Holub; Second Vice President, Pat Always; Secretary, Barb Swintek; and Treasurer, Judy Anne Wright. Our next General Meeting will take place on Saturday, November 2, 8:30 – 10:30a in the Sundial West Hall. Coffee and treats are available before the 9a program. The program topic for this meeting will be announced at a later date. You can renew your membership for 2020 at this time. Election of officers for 2020 will take place before the program.

We specialize in assisting our members with Apple Products and Software. Located at Sundial; RCSC card required for membership. Annual dues: \$20 single/\$30 couple at same address. We offer classes, Round Tables and Socials, free to club members. Some classes require pre-registration. For more information about the Club and a calendar schedule of classes offered, visit [www.sunmacs.org](http://www.sunmacs.org) or our club room (933-5300).



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### Life Long Learning

Classes return October 2019. Lifelong Learning Club of Sun City Members are RCSC cardholders. Learners may choose up to 10 classes per semester due to the limited amount of classroom space available to us. FMIC President Brian Callahan at 623-533-5756



### Spanish Club - El Circulo Español

The Sun City Spanish club is one of the originals; having celebrated our 40th anniversary last year. We are a vibrant, dynamic and ever growing club. Our goals: having fun, making friends and learning. We have been quite successful!

Starting 6/5 from 1-2:30pm is an all-levels practice session in Fairway room #133. This is an informal session enhanced with games, music, folklore and culture. All members welcome; new members may join prior to class. All handouts provided by instructors. Registration is not necessary. Annual dues: \$10.

Our opening event on 10/17 is a potluck dinner, membership renewal and class registration event, held in Fairway AZ rooms 1&2 at 5:30pm. Everyone is requested to bring a dish to share.

Tentative Fall Schedule is as follows:  
(We will provide more details as we approach these dates)

#### Monday:

Beginner Level 2: 9-11am, starting 10/28  
Intermediate Conversation: 11am-1pm, starting 10/28  
Beginner Level 2: 1-3pm, "Destinos" a video watching class, starting 10/21  
Beginner Level 1: 3-5pm, starting 10/28

#### Wednesday:

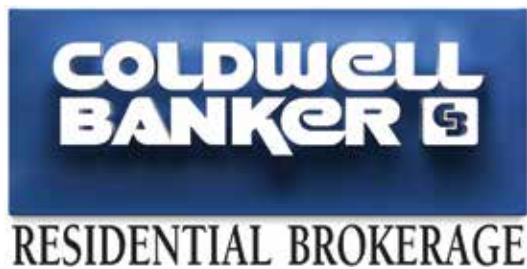
Beginner Level 3: 8-10am, starts 10/23  
Beginner Level 1: 10am-noon, starts 10/23  
Beginner Conversation: 10-11:30am, starts 10/23  
Advanced Conversation: 12-2pm, starts 10/23  
Beginner Level 1: 2-3:30pm, starts 10/30  
**Italian for Spanish Speakers:** 3:30-5pm, starts 10/30

All classes are held at Fairway. FMI email us at [SunCitySpanishClub@gmail.com](mailto:SunCitySpanishClub@gmail.com) Or visit [suncityazorg/recreation/clubs/spanish-club/](http://suncityazorg/recreation/clubs/spanish-club/)



### Italian Class

Italian class (for any level Spanish proficiency) meets again this fall. No textbook needed, handouts will be distributed. This is an innovative class illustrating the similarities of how any knowledge of Spanish can help with learning Italian.



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**Services:**

<b>Sunday</b> 9:00 am Bible Study 10:30 am Worship Service	<b>Wednesday</b> 4:00 pm Bible Study & Prayer
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 Model 8355-7

**7' 1/2 HP Belt Drive Garage Door Opener**

**NOW ONLY! \$379** Installed. Plus tax.

Must present coupon. Can't combine with other advertised offers. Prices subject to change after 6/28/19.

**16 x 7 Garage Doors**

Starting at **\$875** Installed. Plus tax.

Includes removing existing door & reconnecting existing opener.

Must present coupon. Can't combine with other advertised offers. Prices subject to change after 6/28/19.

**SUMMER MAINTENANCE SPECIAL**

**\$59** **Garage Door Tune-Up**

Tighten hinges, lube and/or adjust door springs and opener.

Includes 16 point safety inspection.

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Residential & Commercial  
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Jere A. Martynotte  
480-747-7617

**Sundays**  
9am Bible Study  
10am Worship  
5pm Worship /  
Discipleship

**Wednesdays**  
5pm Bible Study

Come .....For the *Curiosity* of it  
Stay .....For the *Commitment* to it

## The Shepherd's Gate

Community Church SBC  
(Southern Baptist)

### Currently Meeting in the Chapel

On the Campus of  
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16000 North Del Webb Boulevard  
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<b>Baja Mexico - 10 Days</b> October 4, 2019	<b>South Pacific - 28 Days</b> February 1, 2020 (Hawaii and Tahiti)

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## 11 AM – 4 PM

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Refreshments

Raffles

**ALL DAY!**

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**Need a helping hand with meals?  
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We can help. No qualifications are necessary except that you live in Sun City or Youngtown. You may have meals as many days as you want them. You do not have to be low income or have medical issues.

- We deliver meals **EVERY** day, even holidays!
- Two healthy meals a day
- Affordable price—only \$8.50 per day (low income subsidy is available to those eligible)
- Food allergy? Diabetic? Other special diets? No problem!

MOW is happy to speak about our service to your group or club.

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[www.suncitymealsonwheels.org](http://www.suncitymealsonwheels.org)

Sun City Meals on Wheels, Inc.  
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# Welcome to Sunshine Service

People, meeting needs of people is what Sunshine Service is all about. Sunshine Service lends medical and children's equipment to residents of Sun City and we have been doing so for over 54 years. We are a charitable non-profit Arizona corporation and are funded by voluntary contributions and memorial gifts.

While the equipment is available for the use of all residents or visitors staying with residents, the equipment must not be taken out of Sun City on a permanent basis. As a matter of control, equipment is loaned only to Sun City residents.

Records show that as the population of Sun City grew, so did use of our medical equipment. Savings for Sun City residents have been calculated periodically; in 2015, it was estimated that residents saved over two million dollars in cost of equipment for that year alone.

Sunshine Service, Inc has received local, state and national recognition. Awards received include the George Washington Honor Medal for services to the sick and hand-capped from the Freedoms Foundation of Valley Forge in Pennsylvania.

***"The Cleanest and Most Sanitized Equipment Around"***



**New  
Knee  
Scooters  
Arrived!**

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# RING THAT BELL

*“A True Sun City AZ 4th of July Tradition”*

**Thursday, July 4, 2019**  
**Bell Center Social Hall**  
**Presentation & Video at 9am**

Then join us outdoors to “Ring That Bell” with Uncle Sam!

**Picnic with DJ Music & Dancing in Bell Lanes at 11am**

**Free Bowling, Darts, Billiards & Shuffleboard from 11am-2pm**

**BBQ Pork Sandwich, Chips & Water for \$6**

*Donations from this event will benefit the Sun City Foundation*

*“Neighbors Helping Neighbors”*

Free for RCSC Cardholders & their escorted guests  
Be prepared to show RCSC Member or Privilege Card; no key fobs.

**Red, White & Blue clothing encouraged!**

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ARIZONA  
RECREATION CENTERS  
OF SUN CITY