# SUNVIEWS

ISSUE #227 · OCTOBER 2020 · A PUBLICATION OF THE RECREATION CENTERS OF SUN CITY, INC.



# Countdown to the 2020 RCSC Election Begins

While there may still be a few days to complete and submit a candidate packet for the 2020 RCSC Board of Directors Election (packet submittal deadline is Friday, October 2 at noon), it is likely that those interested have already completed this task. The number of candidates over the years has varied widely and with four vacancies needing to be filled this year, the Elections Committee has worked hard during this very difficult period to provide a full slate of candidates for your consideration.

So how and when will candidates be announced? Once signatures have been validated, a press release will be issued naming those RCSC



Members who will appear on the ballot in November. This release will be sent to the local media, posted on the RCSC website (www. suncityaz.org) and emailed to Cardholders who have enrolled to receive RCSC News Email Alerts.

RCSC Directors typically serve three-year terms and each year, elections are held to fill the three upcoming vacancies. The three directors whose terms on the Board are expiring at the end of the year are: President Dan Schroeder, Vice President Dale Lehrer and Treasurer Sue Wilson. In addition, two other seats on the Board need to be filled during this election cycle. The top three candidates with the most votes will serve three-year terms; the fourth vote-getter will serve a two-year term and the fifth place candidate will serve for only one year. All candidates must receive a minimum of 100 votes in order to win a seat on the Board. Should there not be five eligible winners, the Board will appoint another Member to complete the term(s).

Those wishing to meet the candidates once they have been announced will have the opportunity at all upcoming Board Meetings on October 12 and 29 and November 9 and 19. Due to COVID-19 sanitation restrictions, there will be no candidate literature placed at the various centers this election. Candidate biography information will be available in upcoming editions of the SunViews newsletter and via the RCSC Web Portal once online voting begins on Monday, November 9, 2020.

In addition, two "Candidate Forums" are scheduled where RCSC Members will have the opportunity to hear those seeking to be elected answer questions presented by both the forum moderator and members of the audience. There will be both an afternoon and an evening session so that those with daytime commitments will also have an opportunity to meet the candidate. Both sessions will be held in the Sundial Auditorium – the first one on Monday, November 2 from 2 to 4pm and an evening session on Thursday,

November 5 from 6 to 8pm. Members are welcome to arrive onehalf hour early for social time and to meet the candidates. Please note that physical distancing will be observed and sanitation, face masks will be required; no refreshments will be served.

Should neither forum session convenient, video recordings will also be posted on RCSC's YouTube channel for Members to view at their leisure. Reminder notices will be sent via RCSC News Email Alerts when this information and documentation becomes available

In addition to online voting, Members may request Absentee Ballots (if necessary) by calling the Corporate Office at 623-561-4600 anytime between November 10 and no later than December 1 if needing to be mailed. All absentee ballots must be received by Election Day (Tuesday, December 8, 2020) which is when in-person voting will occur at Lakeview Center Social Hall #2 only from 8am to 4pm.

#### Changes are Coming to SunViews

Starting in January 2021, SunViews will have a new look and layout. We will continue to have the news and information you need, but much of it will be a slimmer format and in a more timely fashion. Due to skyrocketing printing costs, SunViews will no longer be distributed directly to homes within Sun City AZ. Copies of this publication will continue to be available at RCSC offices, recreation centers, golf pro shops and bowling centers in addition to online access.

While we realize it is difficult for many clubs at this time who are yet unable to meet due to continued COVID-19 virus concerns and restrictions, we'll be revamping the information that is provided to Cardholders each month within the Club Directory (based upon submitted schedules approved by the Chartered Club Office) but will be eliminating the Club Event section.

Chartered Clubs will continue to receive space for an annual article per the established rotating schedule (Form BP 12-17 (b)) where they can include details about their club that make them unique and special. We're also excited to work with Clubs who might wish to enhance their RCSC webpages with more information. And as always, submittals for "Sun City Gives Back," highlighting the good deeds done by RCSC Clubs both here in the community and beyond may be submitted at any time for publication consideration.

Club Presidents will be receiving additional information soon providing more details regarding this transition. We're excited about these changes and look forward to improving RCSC's online presence and communication with Cardholders.

# Stay in the loop! Get RCSC News Alert Emails, sign up at: www.suncityaz.org

Email addresses remain confidential

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#### Connect with Sun City AZ

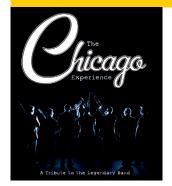




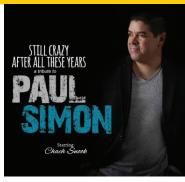




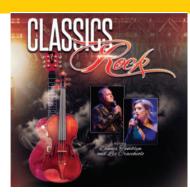
# 2021 Sundial Winter/Spring Concert Series



January 6, 2021 The Chicago Experience

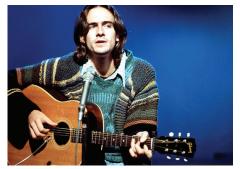


January 13, 2021 Still Crazy After All These Years A Tribute to Paul Simon



January 27, 2021 Classics Rock





February 10, 2021 James Taylor Tribute



February 17, 2021 Linda Ronstadt – the tribute concert starring Laura Berger



February 24, 2021 One More Night – The Phil Collins Experience



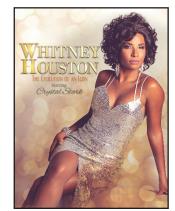
March 3, 2021 The Broadway Concert Experience



March 10, 2021 Tennessee River – A Tribute to Alabama



March 17, 2021 MJ DejaVu Michael Jackson Tribute



March 24, 2020 Whitney Houston The Evolution of an Icon starring Crystal Stark



One of These Nights – The Ultimate Eagles Tribute



## 11 Great Concerts with 2 Show Times (3pm & 7pm)

Series Ticket Sales\* - November 30 thru December 18 \$198/pp or \$220/pp for Premium Seating - RCSC Cardholders only

\$18 or \$20/show; all tickets must be for same performance time

Individual Ticket Sales\* start Monday, December 21 \$20/pp RCSC Cardholders and \$25/pp non-RCSC Cardholders/Guests

\* Tickets may be purchased online via the RCSC Web Portal, at the Sundial Events & Entertainment Office (if in Phase 3) or by calling 623-561-4680 (must speak with live agent)

# Getting onto the RCSC Web Portal

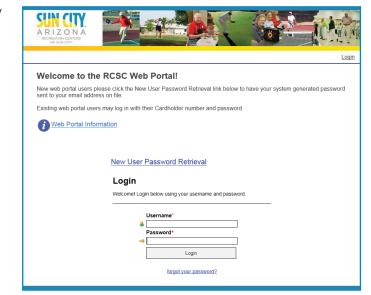
From the RCSC Web Portal, Cardholders can easily make assessment payments, manage email subscriptions, book and edit golf tee times, vote in RCSC Board of Directors Elections and so much more!

Just follow these simply steps and you'll be on your way!

- Notify Cardholder Services of your email address for your RCSC Cardholder number. Go to https://login.suncityaz.org/ AddEmail.aspx to securely provide the necessary information to update your email address.
- 2. Go to www.suncityaz.org and click on Login (right side, top of page).
- 3. Welcome to the RCSC Web Portal page will display. There is a link from this page to general web portal information, including the Web Portal Instruction Manual.
- 4. First time users MUST click on the New User Retrieval Password link at the top of the page.
- 5. Enter your RCSC Cardholder number in the Username field.
- Click on "Send Password" and in a few minutes, check your email for your password. If you do not receive this email, contact Cardholder Services to confirm the email address that is on file.
- 7. Return to the RCSC Web Portal Login page and enter both User Name (RCSC Cardholder number) and Password.

Now you're all set to start using the web portal, sign up for RCSC News Email Alerts and more!

Should you forget you password, simply go to the Portal Welcome page and click on "forgot your password?" and enter your User Name (RCSC Cardholder number) then click the Send Reset Link button. You will receive an email with a link to reset your password.



#### Vote online in the RCSC Board of Directions Elections starting Monday, November 9

#### Sun City Gives Back

# Marinette Clay Corner Provices "Empty Bowls" to Feed the Hungry

In conjunction with the Arizona Clay Association, members of Marinette Clay Corner are participating in the annual Empty Bowls project which is being held this year outdoors at the Arizona Center (455 N. 3rd Street in downtown Phoenix) on Friday, October 16, 2020 from 10:30am to 1:30pm.

While many club members have donated pieces to this cause in previous years, this is the first time Clay Corner has participated formally as a club, donating over 100 bowls of various shapes and sizes. When participants purchase a hand-crafted bowl for \$20 during this event (which includes a take-out lunch), Waste Not is able to provide 100 meals to those in need.

For more information, visit https://www.wastenotaz.org/emptybowls



Clay Club members display just a sampling of their donation to the Empty Bowls project (left to right) - Diane Beauchamp, Sylvia Pinto, Donna Kraft, Sharon Olson (Project Leader) and Carol Ann Kunz











#### **RCSC Corporate Office**

Lakeview Center 10626 W. Thunderbird Blvd. 623-561-4600

Hours: Monday - Friday 7:30am to 4pm

#### www.suncityaz.org

#### **Cardholder Services Office**

Lakeview Center • 623-561-4603 Hours: Monday - Friday 8:30am to 4pm 1st Saturday each month: 9am to noon

#### **Chartered Clubs Office**

Lakeview Center • 623-561-4660 Hours: Monday - Friday 8:30am to 4pm

#### **Events & Entertainment Office**

Sundial Center • 623-561-4680 14801 N. 103rd Ave. Hours: Monday - Friday 8:30am to 4pm

#### **Recreation Centers**

**Bell Center:** 623-876-3040 16820 N. 99th Ave.

**Fairway Center:** 623-876-3044 10600 W. Peoria Ave.

#### **Grand Center**

10415 W. Grand Ave.

**Lakeview Center:** 623-561-4675 10626 W. Thunderbird Blvd.

Marinette Center: 623-876-3054 9860 W. Union Hills Dr.

**Mt. View Center:** 623-876-3042 9749 N. 107th Ave.

**Oakmont Center:** 623-876-3046 10725 W. Oakmont Dr.

**Sundial Center:** 623-876-3048 14801 N. 103rd Ave.

#### **Sun Bowl Amphitheatre**

10220 N. 107th Ave. (weather recording) 623-972-6014

#### **Softball Field**

10220 N. 107th Ave.

#### **Duffeeland Dog Park** 14610 N. Del Webb Blvd.

**Sun City Visitors Center** 

1-844-4 SUN CITY or 623-977-5000 Located in the Bell Center at 16824 N. 99th Ave.

#### **Golf & Grounds Report**

#### **Pro Shops**

Golf rounds in July increased by 4,825 over prior and represent the most rounds played since 2006. For the year, Riverview has played 34,205 rounds, followed by Lakes West (33,238 rounds), South (32,639 rounds), Willowcreek (31,692 rounds) and North (27,545 rounds). For the month, 59% of rounds played were played by Annual No-Fee and Annual Surcharge Fee Golf Passes.

On September 4 we will be hosting a fundraising event to support Patriot Golf Day and the Folds of Honor Foundation. Due to ongoing COVID-19 restrictions, the format will be a straight sheet start beginning at 7am, results will be announced via email with no formal lunch following play. Entry forms are available in all pro shops, entry fees may be paid by credit card or off the cardholder's account. Winners of skins will have the money deposited into their Advanced Deposit account. We currently have 61 participants registered to play, slightly ahead of last year's total at this time.

#### **Snack Shops**

Snack shop closing time is now 1pm (3pm starting October 1), after the snack shops close, snacks and beverages are available in the pro shop.

#### **Golf Courses**

All major summer agronomic procedures have been completed and overseeding is a month away. Overseeding will begin on September 28 for South, Lakes East, Willowcreek and Riverview. These courses will re-open on October 17 with cart path restrictions in place until November 6. The remaining courses will close October 19 and re-open November 7 with cart path restrictions in place until November 20. We are currently not planning an overlap period during which all courses will be closed; however, we will be monitoring long range forecasts as we near the September 28 start date. Should forecast temperatures prove problematic for overseeding, we will move the start date for the first wave of course closures to October 5. Should this change prove necessary, it will result in an overlap period of course closures as we will not move the second wave of course closures back.

#### Lawn Bowling/Grounds

Bowlers may have noticed the strong discoloring of the greens recently. Unfortunately, a growth regulator was over applied and resulted in the browning of the green surface. This misapplication will not result in any long-term issues and the greens have already begun to get their color back. We have increased watering to aid in the recovery process.

Green speeds and moisture readings are as follows:

Lakeview East	10.6 seconds	18.5 MQ
Lakeview West	10.0 seconds	20.2 MQ
Bell North	9.8 seconds	19.9 MQ
Bell South	9.2 seconds	15.6 MQ
Mountainview	8.9 seconds	13.5 MQ
Oakmont	9.0 seconds	999 27.5 MQ

The lack of monsoon activity has resulted in less cleanup work than most summers. However, the lack of moisture has also placed increased stress on plants. To help offset the lack of rain and higher than normal temperatures, watering times in landscaped areas have been increased. The softball field will be closed towards the end of September for overseeding, a definitive date has not been selected.

#### 2020 Course Maintenance Schedule



Courses are closed during maintenance!

Please plan your play accordingly.

#### **2020 Overseed Schedule**

#### South | Lakes East | Willowcreek | Riverview

- Closes September 28 | Opens October 17
- · Cart Path Only Until November 6

#### North | Lakes West | Willowbrook | Quail Run

- Closes October 19 | Opens November 7
- Cart Path Only Until November 20

# Best Burger in Sun City AZ?

Any of the Golf Course Snack Shops!

Try it for lunch!



# Do your part to help stop the spread!



Practice physical distancing and keep at least 6 feet away from others both on <u>and</u> off the course!



#### RCSC's 8 Golf Courses

Lakes East: (623) 876-3023 Lakes West: (623) 876-3020 10433 Talisman Rd

> North: (623) 876-3010 12650 N. 107th Ave.

> South: (623) 876-3015 11000 N. 103rd Ave.

Willowbrook: (623) 876-3033 Willowcreek: (623) 876-3030 10600 W. Boswell Blvd.

Quail Run: (623) 876-3035 9774 W. Alabama Ave.

Riverview: (623) 876-3025 16401 N. Del Webb Blvd.

#### RCSC's 5 Snack Shops Menu Available at suncityaz.org/golf/snack-shops/

October Snack Shop Hours Open Daily 6am - 3pm



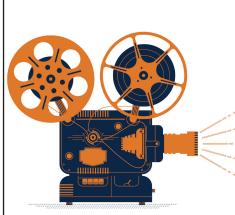
#### Volunteer Ranger Program

For more information about joining our program, please contact Chris Linam, Pro Shop Manager, at 623-876-8419 or email clinam@suncityaz.org. No meetings are scheduled until at Phase Three in the RCSC re-opening process.

# Bowling Centers Now Open Phase 2 Restrictions & Requirements

Prior to entering RCSC facilities, RCSC has implemented COVID-19 symptom screening with signage. Please read and evaluate whether you meet the criteria to enter RCSC facilities. Anyone with potential symptoms may not enter RCSC facilities. High-risk individuals should remain at home.

- Hand sanitizer is required upon entry to all RCSC facilities and offices. Users may
  utilize the sanitizer provided by RCSC.
- Bowling Centers will be CLOSED for sanitation daily from 2pm 3pm.
- No guests or visitors are allowed. All customers MUST individually display their RCSC Member or Privilege Cards to verify eligibility (ABSOLUTLEY NO EXCEPTIONS; KEY FOBS NOT ACCEPTED).
- · No league play at this time.
- A limited number of users may be permitted at one time, once capacity has been reached you may be asked to return later as no congregating is allowed.
- Face masks are required. Face masks are required to be cloth, fabric or other permeable material and must be worn over the mouth and nose, affixed either over the ears or tied around the head.
- Every other lane open with only 3 bowlers allowed per lane.
- Always requires a minimum of 6 feet of physical distancing, regardless if in same family, excluding an occasional situation when such is not possible.
- No use of concourse tables and chairs is allowed.
- Cardholders are required to sanitize before and after use of every RCSC piece of equipment, including seating, counters and tables, utilizing the sanitation method provided by RCSC.
- All Games must be prepaid (maximum 3 games per person).
- Credit Cards only no cash accepted for payment.



# FREE MOVIES ARE BACK!

Starting in October

Wednesdays at Marinette Saturdays at Mountain View Show Times: 2pm & 7pm

Physical Distancing & Face Masks Required
Audience Limitations: 36 at Marinette; 40 at Mountain View
There will be No Popcorn Served
Sign up for RCSC News Email Alerts or
visit the RCSC Web Portal for the movie listings

# RCSC Bowling Centers are currently closed and are scheduled to re-open in Phase 2

#### **Lakeview Lanes**

10502 W. Thunderbird Blvd. 623-876-3055 **Bell Lanes** 16810 N. 99th Ave. 623-876-3050

Monday-Saturday: 8am-8pm Sunday: Noon-6pm

Monday-Saturday: 8am-9pm Sunday: Noon–7pm

Billliards at Lakeview Lanes, too! Darts, Shuffleboard & Billiards at Bell Lanes!

Year-Round Bowling Rates - Cardholders: \$2.65 | Guests: \$2.90 (per Game)

# Same great food now at two Sun City AZ locations!



Stop by & check out our Daily Specials

#### Breakfast Special \$6.49

2 Eggs, Bacon or Sausage, Hash Browns & Toast M-S 7-11a; Sun 7a-noon

#### **Walleye 'n Chips** \$11.99 9 Oz. Walleye,

9 Oz. Walleye, Coleslaw & Potato Wednesday & Friday Fish 'n Chips \$11.99 9 Oz. Cod, Coleslaw & Potato Wednesday & Friday

## George's Lakeview Cafe

**Inside Lakeview Lanes** 

Phone: 623-876-3057

# George's Cafe at Bell Center

Inside Bell Lanes
Phone: 623-518-4525

Hours: Mon-Sat 7am-8pm; Sun 7am-6pm

Sundial Mens Club Thursday Night Bingo remains on hiatus!

Play will resume subject to the RCSC Phased Reopening Plan (Phase 3) provided that specific changes in operations can be met based upon the environment and requirements at that time. Hope to see you in 2021.



#### Annual Club Article

#### Sun City Pickleball Club

Sun City residents are blessed with great amenities and that includes 20 pickleball courts at Marinette (eight under cover), and seven courts at Mountain View! More courts might be added at Mountain View when that center is renovated in the future. Sun City Pickleball Club has 742 members as of September 1, 2020 and continues to grow.

Throughout our Club season, typically September through April, our Club offers many different activities and internal Club tournaments. The "Pickleball Rodeo" is a favorite for many where members try their pickleball skills at different tasks. We organize several internal Club tournaments, weekly ladders, women's league, clinics, and modified pickleball for those with physical limitations. We also have a friendly rivalry with Sun City West's pickleball Club meeting six times for reciprocal play. Proud to say that this last reciprocal season our Club won all 6 meets!

Our Club hosts three external tournament each year - Sun City Round Up, Sun City SSIPA and Sun City Spring Slam. Last season these tournaments brought 1,320 players from all over the U.S. & Canada to Marinette. These tournaments help fund our Club; special thanks to those Club members who volunteer to help these run smoothly. We'd like to thank the Posse who help to man the parking lots during these events; they do a great job! We are one of the few tournament facilities that have onsite volunteer EMTs from the Sun City Fire Department to attend to any injuries, a huge thank you to those folks. And special thanks to all of the RCSC workers at Marinette who helped with everything, i.e. setting up chairs, hanging banners, clean-up and making it a safe place for all attendees.

With some of the tournament proceeds this year we purchased two sets of bleachers which are on the north courts at Marinette, which will be used for clinic instruction and demonstrations as well as tournament seating. Two ball machines known as "The Lobster" were also purchased, on for each site.

Club activities were cut short by the COVID-19 pandemic and while it's been a trying time for all, we are thankful that RCSC took direction from the CDC and closed down to keep us all safe. Some die hard pickleball players were up in arms, so a couple of ladies got together and diligently set up portable nets at a church parking lot every morning at 7am. There was a small group of players that showed up every day to play. Social distancing was practiced and pickleballs were sanitized after each use. We are very happy that RCSC courts have re-opened for doubles play.

For more club info, visit us on the web at www.suncitypickleballclub.org or on our Facebook page www.facebook.com/suncitypickleballclub/





Don't risk it. Stay home when you are sick, whether you think you have COVID-19 or not. Most people with COVID-19 recover at home with rest and fluids.



It's a countywide requirement, and it's also proven to work. Remember: my mask protects you and your mask protects me.



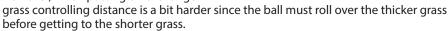
Find a testing site at maricopa.gov/COVID19Testing if you think you may have been exposed or are showing any symptoms.



#### Thoughts from a Pro Chip Like You Putt

# The easiest way to get the ball onto

the green when you are close is to use your putter. Why? Because the ball stays on the ground and so it is easier to control the direction. However, when putting off the longer



So, the other option is to use an iron (in the same way you would the putter) and putt! This is called a "chip" but referring to It as a putt with an iron may give you a better sense of what the mechanics of the shot should be. Putting with an iron gives the ball a little hop before it rolls which will get the ball up and over the thicker grass. Unlike a putter which is flat, the iron has a lofted face which means you do not have to help it with the hop, but it will do it automatically if you simply putt!

Putting with an iron is a simple concept and it will make it a bit easier if you adjust the set up as If you were putting. In other words, stand over the ball like you do with your putter, choke down a bit to make the iron more the length of a putter and even use your putting grip.

Lastly experiment with different irons to see which ones work best for you. The more loft of the iron you choose the more it hops and the less it rolls. Most people find it helpful to have two clubs to use for chipping...one the does a little hop and a bigger roll like a 7 iron and perhaps one that does a bigger hop and a lesser roll like a pitching

Chipping can be fun and easy if you keep it simple. It also can save you lots of extra shots around the green if you practice and become consistent and confident.

Robin Eichten is a Life Member of the LPGA and Certified Teacher. She has been teaching golf in the Sun City area since 1994 and gives lessons by appointment. For info or scheduling call/text Robin at 623-322-6300 or email to golfinwithrobin@aol.com

# RCSC Golf Pros are here to help!



**Bob Day** Phone: 602-818-1470 Email: 1day2bettergolf @cox.net

Robin Eichten Phone: 623-322-6300 Email: golfinwithrobin@aol.com



Mike Wegner Phone: 623-225-8546 Email: mikewegnergolf@gmail.com





Whether you're just starting to play or want to improve your game! Schedule an appointment today!

#### A Moment with President Schroeder

# Looking Towards the Future

Let's take a moment and think about all we have that's good and look ahead to when everything gets back to normal. This has been a rocky road for everybody - one way or another. Lots of people have expressed their concerns and disappointments, approvals and appreciation for what has happened over the last six months. And I'm sure there will be plenty more exchanges as we head into the future.

I would like to ask you one simple question - Did you move to Sun City AZ because it was a great value? For many, the answer is yes. The recreational facilities and activities offered to cardholders here can't be beat at the price we pay. Every other Sun City community in the nation and similar age-restricted developments, no matter where they are located throughout the country, cost far more. Things here will get back to the way they were - I promise.

Another reason some folks mention for locating here is the cleanliness and safety of the community. Do you realize that's the result of volunteers who join the Prides and the Posse to make it so? Other issues of concern for residents may be addressed by various community organizations but ultimately, many of these issues must be taken up with the proper governmental agencies who oversee this area of non-incorporated Maricopa County.

Though the Posse does a great job in providing services to the community such as vacation watch and the RUOK program, the ultimate policing authority for the area is the Maricopa County Sheriff's Office. Face it - Crime is everywhere. We all have a responsibility to live by the golden rule, watch out for our neighbors and report any suspicious activities and incidents that may occur to the agency responsible.

The Sun City Prides work tirelessly to pick up trash and keep much of the roadside vegetation on the major arterials throughout the community neat and trimmed. However, the streets, signs and traffic controls are overseen by the Maricopa County Department of Transportation. Through the Sun City Home Owners Association's Road and Transportation Committee, acting as a liaison to relay resident's concerns, the bottom line is that decisions on these matters happen elsewhere.

Complaints and concerns about bars and rehab facilities and vacant storefronts fall under Maricopa County zoning, permitting and licensing agencies. Neither RCSC nor SCHOA have any jurisdiction over what happens with commercial properties.

Some feel there may have been too many restrictions over the last few months. Still others want it all but seem unwilling to listen, consider the consequences or pony up the additional costs that would be required. But the past is the past.



**Dan Schroeder RCSC Board President** 

So how do we start looking toward the future and make sure things happen for the good of all? Some might suggest that if you think you can do better, why not run for the Board? Well... if you've not committed yourself by now it is too late for this year.

And while being on the Board might not be everyone's cup of tea, learning, understanding and participating in all aspects of Sun City AZ life is something everyone in the community ought to consider. Start by getting involved; be a part of the solution by becoming a volunteer if you're willing and able.

Another way to improve what lies ahead might be to research and find the answers to your questions. While RCSC provides Cardholders with a wealth of information in a variety of ways, some wish to be spoon-fed only the details for which they are concerned - unwilling or unable to help themselves, consider the full picture or how their issues and wishes might affect everyone else.

Now is the time to get prepared for the future. In the words of Fleetwood Mac: Don't stop thinking about tomorrow, Don't stop, it'll soon be here; It'll be here, better than before; Yesterday's gone, yesterday's gone!

# **SUN CITY** ARIZONA

#### **2020 RCSC Board of Directors**

Phone: 623-561-4620 email: boardoffice@suncityaz.org

Dan Schroeder, President email: dschroeder@suncityaz.org

**Dale Lehrer, Vice President** email: dlehrer@suncityaz.org

**Darla Akins, Secretary** email: dakins@suncityaz.org

**Sue Wilson, Treasurer** email: swilson@suncityaz.org

**Michael Ege, Director** email: mege@suncityaz.org

**Rich Hoffer, Director** email: rhoffer@suncityaz.org

**Michael Kennedy, Director** email: mkennedy@suncityaz.org

**Ron Jesse, Director** email: rjesse@suncityaz.org

# This Month @ The Board

#### **RCSC Board Meetings:**

Board Meeting #1 Board Meeting #2

Committee Meetings:

**Bowling Committee** 

Lawn Bowling Committee Finance & Budget Committee

Outreach & Communication Committee

Club Organization Committee (COC)

**Golf Advisory Committee** 

Long Range Planning Committee

**Elections Committee** 

Monday, October 12, 2020 @ 9am

Thursday, October 29, 2020 @ 9am

Thursday, October 1, 2020 @ 9am Tuesday, October 6, 2020 @ 1pm

Monday, October 12, 2020 @ 2pm Tuesday, October 13, 2020 @ 9am

Wednesday, October 14, 2020 @ 10am Thursday, October 15, 2020 @ 8:30am

Monday, October 19, 2020 @ 7:30am Wednesday, October 28, 2020 @ 1pm Lakeview Social Hall #2 Lakeview Social Hall #2 Lakeview Social Hall #2 Lakeview Social Hall #2

Sundial Auditorium

Sundial Auditorium

Lakeview Social Hall #2

Lakeview Social Hall #2

Lakeview Social Hall #2

Lakeview Social Hall #2

The following committee(s) do not have meetings scheduled this month: Insurance, Properties



#### "Neighbors Helping Neighbors"

The next Sun City Foundation meeting will be held on Thursday, October 8, 2020 at 1:00pm in the Lakeview Social Hall #2.

## **Management Report**

#### **Financial Report:**

The Recreation Centers of Sun City, Inc. (RCSC) has ended July 2020 within its operating and capital budget year to date. All Divisions, with the exception of Bowling and Food Service, have met or exceeded their net operating budget projections year to date with total operating income \$60k (~1%) favorable to budget and operating expenses \$896k (9%) favorable to budget. Bowling and Food Service declines are driven by the COVID-19 closure and restrictions with Bowling remaining closed until Phase II of the reopen plan. Income favorability is driven by higher than budgeted income in the Building & Infrastructure and Golf Divisions. Operating expense favorability is primarily driven by lower payroll, utility and general operating expenses across multiple Divisions. Year to date operating excess without projects favorability is \$928k (38%) favorable to budget. RCSC is continuing to see the effect of the COVID-19 related shutdown with July monthly operating income shortfalls in Bowling and Food Service totaling \$56k. However, Golf operating income excess of \$77k in July offset the shortfall.

Since there is no monthly Board meeting in the month of August, the following Treasurer's Report is included in this management report. The balance of unrestricted funds as of July 31, 2020 was \$15,558,984 which includes a \$2.5M cash reserve. Restricted funds include the Preservation and Improvement Fund ("PIF") and the Capital Reserve Fund. As of July 31, 2020, PIF had a balance of \$17,708,892 plus \$612,914 collected in July that was transferred into the PIF account the first part of August 2020. The Capital Reserve Fund had a balance of \$5,373,119 as of month end. The corporation operated within its budget year to date 2020.

#### **Cardholder Services:**

Payments on past due assessments in July were 6.4% of past due balances. Overall accounts receivable increased in July by 1.1% and is up 10.9% from the beginning of the year. Overall accounts receivable past due balances have decreased in July by 1.2%. June assessments went 30 days past due at a 4.6% rate and May assessments went 60 days past due at a 1.6% rate.

Payments from our third-party collections firm totaled \$25,013 in July. Year to date payments through our third-party collections firm total \$73,354. Payments made in July through the online RCSC Web Portal totaled \$147,301 from 323 property owners. Year to date web portal payments total \$1,250,033 from 3,057 property owners.

In July property transfer balances increased by 7.9%. Outstanding balances related to property transfers represent 52% of all receivables and 51% of past due balances. At the end of July trustee sale notices on Sun City AZ properties ended at 24 and properties owned by lending institutions decreased to 3.

#### **Project Updates**

#### **WiFi Upgrades**

Additional delays on the scheduling of cabling occurred. Completion of the required cabling and equipment installation is scheduled for the week of 8/31/2020.

#### **Bell Center**

Social Hall Restroom Renovation

This project includes the full renovation of the social hall restrooms including the inclusion of accessible facilities. Bids from contractors were received and the bid packet has been approved by the Board bid commission. The demolition work will begin on 8/26/2020. The work is projected to be completed in 9 weeks. Contractor: K.L. McIntyre (Cost: \$160,487)

Social Hall Kitchen Renovation

This project includes the full renovation of the social hall kitchen will replace flooring, lighting and cabinetry in the kitchen and the trash receptacle areas. Bids from contractors were received and the bid packet has been approved by the Board bid commission. The demolition work will begin on 8/26/2020. The work is projected to be completed in 12 weeks. Contractor: K.L. McIntyre (Cost: \$126,926)

#### **Grand Center – Building I**

- Clubs have moved into Grand Center and are operating on revised summer hours of 8:00AM-4:30PM daily.
- Most pending items have been completed within the club rooms with several minor items remaining.
- The RCSC Grounds Department is working on the landscaping on the site and is expected to complete this work in September.
- Pending is the 103rd Ave monument sign and building signage. Final signage design has not yet been completed.

#### Grand Center - Building II

- The bids from contractors were reviewed and the bid packet presented to the Board bid commission for review and approval. The bid commission has approved the selection of Robert E. Porter Construction, Inc. to complete this project.
- A letter of intent has been provided to the general contractor to allow the engagement of subcontractors while the construction contract is finalized. The contract is expected to be fully executed by the end of the month with general contractor mobilization beginning shortly thereafter.

#### **Lakes East/West Maintenance Yard**

No changes during the month of August.

#### **Mountain View Center**

No planning or design work completed since the last report.

*(continued on next page)* 

The RCSC Management Report in its entirety is distributed prior to the second RCSC Board of Directors meeting each month with the Agenda (except July and August), posted on the website at www.suncityaz.org (under the RCSC tab) and sent via email to those RCSC Cardholders who have signed up to receive RCSC News Email Alerts. This report was distributed on August 27, 2020 and may have been edited for publication due to space restrictions.

#### **Financial Report**

Period Ending - July 2020 For a more detailed financial statement, please visit w.suncityaz.org/financials

BALANCE SHEET		
For the Period Ending July 31, 2020		
, , , , , , , , , , , , , , , , , , ,	Current	Prio
	Y-T-D	Y-T-
Unrestricted Funds:		
Cash Invested/On Hand/In Bank	13,058,984	13,580,928
Cash Reserves	2,500,000	2,500,000
Sub-Total Unrestricted	15,558,984	16,080,928
Restricted Funds:		
PIF/Capital Reserve	23,694,925	19,946,542
Total Cash & Investments	39,253,909	36,027,470
Other Current Assets:		
Accounts Receivable	2,371,756	2,251,682
Deposits & Prepaids	354,044	43,919
Inventory	210,390	135,604
Total Current Assets	42,190,099	38,458,675
Fixed Assets:		
Land, Improvements, Buildings	128,893,409	114,793,720
F, F & E and Vehicles	32,660,736	32,121,020
Less: Accumulated Depreciation	(81,277,987)	(76,323,010
Work In Progress	5,749,814	12,113,94
Total Fixed Assets	86,025,972	82,705,673
TOTAL ASSETS	\$128,216,071	\$121,164,346
Current Liabilities:		
Accounts Payable and Other	1,749,469	1,456,658
Deferred Income	7,160,924	8,096,819
Pre Billed Assessments	1,847,790	1,697,064
Total Current Liabilities	10,758,183	11,250,542
Other Liabilities:		
Lease Purchase	0	(
Total Liabilities	10,758,183	11,250,542
Net Worth:		
Current Net Worth	117,457,888	109,913,805
TOTAL LIABILITIES and NET WORTH	\$128,216,071	\$121,164,346

#### STATEMENT OF INCOME AND EXPENSES

For the Period of July 31, 2020		
	Current	Prio
	Y-T-D	Y-T-
Operating Income:		
Property Assessments	7,380,616	7,246,292
Transfer & Access Fees	388,550	457,200
Privilege & Guest Cards	454,246	575,528
Food / Liquor Sales	315,408	418,477
Bowling Fees	213,771	422,288
Golf Fees	4,027,558	3,627,145
Cart Rentals	226,995	144,846
Merchandise Sales	107,913	109,001
Activities Income	248,944	240,026
Rental Income	124,933	172,444
Contributions	17,300	27,783
Miscellaneous Income	8,994	9,168
Total Operating Income	13,515,228	13,450,198
Cost of Sales:		
Total Cost of Sales	290,040	304,118
Gross Income	\$13,225,188	\$13,146,080
Operating Expenses:		
Salaries and Wages	5,303,252	4,908,641
Payroll Taxes and Benefits	1,285,025	1,256,231
Repairs and Maintenance	1,529,244	1,309,197
Utilities Expense	1,047,688	1,284,079
General Operating Expenses	1,130,088	1,034,672
Total Operating Expenses	10,295,297	9,792,820
Net Operating Income	\$2,929,891	\$3,353,260
Other Income:	144,710	101,570
Other Expenses:		
Property Taxes	85,182	83,724
Insurance	417,796	360,115
Other	7,616	7,421
Net Income Before Depreciation	2,564,007	3,003,570
Depreciation:	2,956,891	2,551,391
NET INCOME / (LOSS)	(\$392,884)	\$452,179

#### **Project Updates**

(continued from previous page)

Solar:

#### **New Issues:**

#### Mountain View – # 14

Inverter had a clock failure. 7/13/2020 B&I reset, tested battery (3.0 volts), set date and time, issue resolved.

#### **Issues Resolved:**

#### Fairway Center – # 10

On 8/24/2020 an ABB inverter from the Lakeview Lanes site was moved to Fairway Center and installed to replace this damaged inverter. Because this site uses ABB inverters throughout, an ABB inverter is required to maintain the production data communication. New ABB inverters are no longer provided by the manufacturer, so a relation of an inverter is necessary. A replacement SMA inverter will be placed at the Lakeview Lanes site and will integrate with the other SMA inverters at this site for communications. This inverter has been received and is pending an electrical transformer replacement before it can be installed. This is projected to be completed the week of 8/31/2020.

#### **Open Issues:**

#### Oakmont Rec Center – # 01/02/03/04/05/06

The inverters at Oakmont Center are not reporting production data. This has been an outstanding issue since July 2018. The production meter shows overall production data for the site, but the individual inverters are not reporting production to the Also Energy aggregation reporting site.

The Kortman technician has been working with both Also Energy and Fronius to resolve the communication issues after the replacement of the data logger. Both Also Energy and Fronius indicate the configurations are correct and the data logger should be communicating. The physical wiring has been verified to be good. This is being escalated at both Also Energy and Fronuis for a resolution.

#### Lakeview Rear – # 01/02/03/04

Similar to the Oakmont site the inverters at the Lakeview Rear site stopped communicating with the Also Energy data logger and thus the Also Energy aggregation reporting site. The Lakeview Rear inverters are Fronius models similar to Oakmont Center with these two sites being the only Fronius inverters in the RCSC Solar environment.

Pending confirmation of restored functionality at Oakmont Center.

#### Lakeview Lanes – # 01/02/03/04/05/06/07/08/09

Production results significantly lower than expected for this group of inverters. Four of the replacement SMA inverters were installed at this location and the production output was similar to the PowerOne/ABB models removed. DC voltages from the solar panels were field tested and did not indicate significant under supply of voltages. Additional investigation needed on these inverters to identify a cause of the under production and if preventative maintenance tasks positively affect performance.

The transformer at this location will be replaced the week of 8/31/2020 to resolve several issues at this site. After this replacement additional work on the under production can continue.

#### **Production Data:**

After including June production data, the lifetime to date production versus expected went down again slightly and is over expected by 5.44%. The percentage of inverters producing above expected reduced by 3 inverters to 79%. Two of these inverters had small reductions of less than 0.06% that moved the overall inverter production from just over even to expected production to just under expected production.

# VOTE

2020

RCSC Board of Directors Election

# Candidate Forums

Monday, November 2, 2020 • 2 to 4pm - AND -

Thursday, November 5, 2020 • 6 to 8pm

**Sundial Auditorium** 

Social/Meet & Greet • Half hour prior to each session

# Be involved & informed!

Find out where the candidates stand on the issues that matter to you!

Are you experienced?
Check out the
Sun City AZ Experience
for yourself!
Centers, Clubs, Golf,
Bowling & More!
www.suncityaz.org



# **Best Sellers**

In these times of home isolation, many are doing a lot of reading. What a great excuse it is to do something we would like to do more of anyway. Unless we had a big stash of unread books, we are looking for something to read. One source is best seller lists.

There are many, among them New York Times (widely considered the preeminent list), Amazon, Publishers Weekly, Barnes and Noble, and USA Today, all of which differ based on their clientele. Furthermore, these lists often have different criteria for making their choices complicating matters. What is comes down to is a list that will get us to what we want to read. Here are some which might help.

#### 10 best-selling non-religious books of all time (according to India Today)

- 1. Don Quixote by Miguel de Cervantes, 1612, 500 million copies world wide
- 2. A Tale of Two Cities by Charles Dickens, 1859
- 3. Lord of the Rings by J. R. R. Tolkien
- 4. The Little Prince by Antoine de Saint-Exupery, 1943
- 5. Harry Potter and the Philosopher's Stone by J. K. Rowling, 1997
- 6. And Then There Were None by Agatha Christie, 1939
- 7. The Hobbit by J. R. R. Tolkien, 1937
- 8. Alice's Adventures in Wonderland by Lewis Carroll, 1865
- 9. The Lion, The Witch, and the Wardrobe by C.S. Lewis, 1950
- 10. She: A History of Adventure by H. Rider Haggard, 1887

#### Best-selling book of all time (according to Guinness World Records)

Bible, 5 billion copies sold as of 1995

#### 10 best-selling book series (according to Wikipedia)

- 1. Harry Potter, J, K. Rowling, 7 installments, 1997-2007
- 2. Goosebumps, R. L. Stine, 62 installments + spin-off series, 1992-present
- 3. Perry Mason, Erle Stanley Gardner, 82 installments 4 short stories, 1933-1973
- 4. Berenstain Bears, Stan and Jan Berenstain, over 300 installments, 1962-present
- 5. Choose Your Own Adventure, various authors, 185 installments, 1979-1998
- 6. Sweet Valley High, Francine Pascal & ghostwriters, 400 installments, 1983-2003
- 7. Noddy, Enid Blyton, 24 installments, 1949-present
- 8. Nancy Drew, various authors as Carolyn Keene, 175 installments, 1930-present
- 9. The Railway Series, Rev. W. & Christopher Awdry, 42 installments, 1945-2011
- 10. San Antonio (French), Frederic Dard, 173 installments, 1949-2001

#### Washington Post recommended great books coming out through this fall

- 1. Life of a Klansman: A family History in White Supremacy, by Edward Ball
- 2. On Corruption in America: And What is at Stake, by Sarah Chayes
- 3. Black Bottom Saints: A Novel, by Alice Randall
- 4. Luster: A Novel, by Raven Leilani
- 5. The New Wilderness: A Novel, by Diane Cooke
- 6. Winter Counts: A Novel, by David Heska Wanbli Weiden
- 7. Caste: The Origins of Our Discontents, by Isabel Wilkerson
- 8. Reaganland: America's Right Turn 1976-1980, by Rick Peristein
- 9. Squeeze Me: A Novel, by Carl Hiaasen

To keep up with the latest information on our Libraries, get on the library email list by signing up at https://apps.mcldaz.org/subscribe/. To determine the latest information on Books Around the Corner, go to the Friends of the Sun City Libraries, Inc. web site https://www.suncitylibraryfriends.org/.

#### **Water Conservation**

#### Fall is a Great Time to Check Your Irrigation Times

You can literally save thousands of gallons of water by properly setting your irrigation controller. Now that the hot, dry summer is over, this is the perfect time to change your watering schedule. Here are some easy steps to take and get the job done quickly.

#### **Basic Controller Features**

- Stations control the valves that release the water to the irrigation Zones in your yard or garden. Put plants with similar water needs on the same station or zone. This allows for more efficient watering since all emitters and/or sprinklers on a single valve will run for the same amount of time. Multiple stations or zones allow you to customize watering amounts for different types of plants by allowing for different run times for different valves.
- The **Start Time** is the time at which a specific valve will open to irrigate a station or zone.
- The Run Time or Station Duration is the time, in minutes, a specific valve will stay
  open and therefore water a zone.
- Semi-Auto lets you run through an entire program (A, B, or C) whenever you want a supplemental watering.
- Off or Stop will stop programs from running until you toggle back to 'Run'. Your programs will be saved. This is great during rainy periods.
- The **Manual** button allows you to run a single valve for the amount of time you select. This is helpful when you want to tune-up your irrigation system and check for leaks, misaligned sprinkler heads or clogged drip emitters.
- A Program is where you store all of your settings. It consists of a set of stations set
  to specific start times and run times. Here, multiple programs A, B, & C allow you to
  run different valves on different days with different run times. Make sure each program runs stations with similar plant water needs to maximize irrigation efficiency.

#### **Programming Your Controller**

- For easy programming, first slide the "Set Program" (1) toggle to the middle, and then start in the upper left corner of your controller and move clockwise through the settings. Start with program A (2).
- 2. Set the dial to current time and use the +/- buttons to locate the current time of day. Turn the dial one click to the left and use the +/- buttons to locate the day of the week. You only have to do this once (3).
- 3. Turn the dial to the "valve run times" to select a station and use the +/- buttons to enter the amount of watering time for that valve, which sends water to a particular zone in your yard or garden (4).
- Turn the dial to start times and use the +/- buttons to select time you'd like your irrigation to begin. You can have three different start times per day, but typically you only need one (5).



- 5. Now turn the dial to "schedule" the days you want your irrigation to run or the numbers of days to skip in between watering. Use the +/- buttons to enter this information (6).
- Now repeat steps 3, 4 & 5 for each station/valve you are controlling, and program
  A is complete. Use programs B & C for other zones that require difference frequencies of watering, such as turf, Xeriscape, vegetable gardens, etc.

@WaterUseItWisely

# Phase Two of RCSC Reopening Plan

On August 27, 2020, Maricopa County met Moderate Reopening Status in the following three metrics: 1) Cases per 100,000 individuals, 2) Percent positivity, and 3) Hospital Visits for COVID-like illnesses in the region allowing RCSC Fitness Centers to re-open with limited capacity on Friday, August 28, 2020 and Recreation Centers of Sun City, Inc. ("RCSC") to move into Phase Two of its re-opening plan. The following is the criteria for use of RCSC facilities:

#### REQUIREMENTS FOR USE OF ALL RCSC FACILITIES

- Prior to entering RCSC facilities, RCSC has implemented COVID-19 symptom screening with signage. Please read and evaluate whether you meet the criteria to enter RCSC facilities. Anyone with potential symptoms may not enter or use RCSC facilities. High-risk individuals should remain at home.
- Hand sanitizer is required upon entry to all RCSC facilities and offices. Users may utilize the sanitizer provided by RCSC.
- A limited number of users may be permitted at one time, once capacity has been reached you may be asked to return later as no congregating is allowed.
- Face masks are always required while indoors except in showers, indoor pools and indoor spas. Outdoors face masks are required in the walking pool. Face masks are required to be cloth, fabric or other permeable material and must be worn over the mouth and nose, affixed either over the ears or tied around the head.
- Strict 6 feet of physical distancing is required while in the fitness centers, indoor walking
  track, locker rooms and restrooms regardless if in same family. All other RCSC facilities
  require a minimum of 6 feet of physical distancing, regardless if in same family, excluding an
  occasional situation when such is not possible.
- Required to sanitize before and after use of every RCSC piece of equipment, including seating, counters and tables, utilizing the sanitation method provided by RCSC.
- · No cash accepted for payment.

#### **BASKETBALL - CLOSED UNTIL PHASE 3**

#### BILLIARDS - Reopened 9/4/2020

- Billiards will be CLOSED for sanitation daily from 2pm 3pm. Face masks are required. Only 2 players per table. Use of only every other table allowed. No guests allowed.
- Always requires a minimum of 6 feet of physical distancing, regardless if in same family, excluding an occasional situation when such is not possible.
- Cardholders are required to sanitize before and after use of every RCSC piece of equipment (pool sticks, cue ball, pool balls, etc.), including table railing, seating, counters and side tables, utilizing the sanitation method provided by RCSC.

#### BOATING, PADDLE BOATS - CLOSED UNTIL PHASE 3

#### **BOATING, ROW BOATS**

- Only 1 person per boat. No guests allowed.
- Always requires a minimum of 6 feet of physical distancing while on RCSC property, regardless if in same family, excluding an occasional situation when such is not possible.
- · RCSC will sanitize life vest, oars and cushion after each use.
- Cardholders are required to sanitize before and after use of every RCSC piece of equipment not sanitized by RCSC (see above), including seating, counters and tables, utilizing the sanitation method provided by RCSC.

#### **BOCCE**

- Use of every other rink with only 3 bowlers allowed at end of each rink in use. No guests allowed.
- Always requires a minimum of 6 feet of physical distancing, regardless if in same family, excluding an occasional situation when such is not possible.
- Limited use of tables and chairs always requiring 6 feet of physical distancing regardless if in same family.
- Cardholders are required to sanitize before and after use of every RCSC piece of equipment, including seating, counters and tables, utilizing the sanitation method provided by RCSC.

#### BOWLING - Reopened 9/4/2020

- Bowling Centers will be CLOSED for sanitation daily from 2pm 3pm.
- Face masks are required. Every other lane open with only 3 bowlers allowed per lane.
- Always requires a minimum of 6 feet of physical distancing, regardless if in same family, excluding an occasional situation when such is not possible.
- No use of concourse tables and chairs is allowed.
- Cardholders are required to sanitize before and after use of every RCSC piece of equipment, including seating, counters and tables, utilizing the sanitation method provided by RCSC.

#### DARTS - Reopened 9/4/2020

- Darts will be CLOSED for sanitation daily from 2pm 3pm.
- Face masks are required. Only 2 players and 1 table and 2 chairs per machine allowed. No guests allowed.
- Always requires a minimum of 6 feet of physical distancing, regardless if in same family, excluding an occasional situation when such is not possible.
- Cardholders are required to sanitize before and after use of every RCSC piece of equipment, including seating, counters and tables, utilizing the sanitation method provided by RCSC.

#### DOG PARI

- Hand sanitizer required upon entry. Only 1 person per bench. No guests allowed.
- Always requires a minimum of 6 feet of physical distancing, regardless if in same family, excluding an occasional situation when such is not possible.
- Limited use of tables and chairs with maximum of 2 chairs per table and always requiring 6 feet of physical distancing regardless if in same family.
- Cardholders are required to sanitize before and after use of every RCSC piece of equipment, including seating and tables, utilizing the sanitation method provided by RCSC.

#### **FISHING**

- Only 1 person per bench. No use of gazebos. No guests allowed.
- Always requires a minimum of 6 feet of physical distancing, regardless if in same family, excluding an occasional situation when such is not possible.
- Cardholders are required to sanitize before and after use of every RCSC piece of equipment, including seating and tables, utilizing the sanitation method provided by RCSC.

#### FITNESS INCLUDING INDOOR TRACK

- All Fitness including the Indoor Track at Fairway will be CLOSED for sanitation daily from 12pm – 1pm.
- No guests allowed.
- Face masks are required. Each fitness center will allow 25% capacity at one time. Once
  capacity has been reached, you will be asked to return later as no congregating is allowed.
- Cardholders must go directly to Fitness Area OR Track at time of check in and must check out with the Facility Attendant prior to leaving or using any other amenity.
- Strict 6 feet of physical distancing is required while using fitness, indoor walking track, locker rooms and restrooms regardless if in same family.
- Cardholders are required to sanitize before and after use of every RCSC piece of equipment, including seating, counters and tables, utilizing the sanitation method provided by RCSC.
- Every other piece of cardio equipment will be turned off to maintain at least 6 feet of space between users.
- When using strength machines or other equipment, users are required to maintain strict physical distancing of 6 feet or more.
- No outside equipment allowed into the facility, including but not limited to, mats, exercise balls, weights, and foam rollers.
- · Cardholders are encouraged to bring their own water with secure lids to rehydrate.
- No use of auditoriums, social halls, hallways or other indoor RCSC facilities for walking.

#### GOLF COURSES, PRO SHOPS, SNACK SHOPS

- Face masks required inside Pro Shops and Snack Shops.
- Always requires a minimum of 6 feet of physical distancing, regardless if in same family
  unless riding in same golf cart, excluding an occasional situation when such is not possible.
- Limited use of tables and chairs always requiring 6 feet of physical distancing regardless if in same family.
- Chairs may not be moved from one table to the other.
- RCSC will sanitize rental carts, snack shop tables and chairs and patio tables and chairs after each use.
- Cardholders are required to sanitize before and after use of every RCSC piece of equipment except that sanitized by RCSC (see above), including seating, counters and tables, utilizing the sanitation method provided by RCSC.

#### HILLSIDE PARK

- Only 1 person per bench. No use of gazebos allowed. No guests allowed.
- Always requires a minimum of 6 feet of physical distancing, regardless if in same family,

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- excluding an occasional situation when such is not possible.
- Cardholders are required to sanitize before and after use of every RCSC piece of equipment, including seating, utilizing the sanitation method provided by RCSC.

#### **HORSESHOES**

- Only 3 players (effective 9/1/2020) at end of each court in use. No guests allowed.
- Always requires a minimum of 6 feet of physical distancing, regardless if in same family, excluding an occasional situation when such is not possible.
- Cardholders are required to sanitize before and after use of every RCSC piece of equipment, including seating and tables, utilizing the sanitation method provided by RCSC.

#### LAWN BOWLING

- Use of every other rink with 4 bowlers allowed at end of each rink in use. No guests allowed.
- Always requires a minimum of 6 feet of physical distancing, regardless if in same family, excluding an occasional situation when such is not possible.
- Limited use of tables and chairs always requiring 6 feet of physical distancing regardless if in same family.
- Cardholders are required to sanitize before and after use of every RCSC piece of equipment, including seating, counters and tables, utilizing the sanitation method provided by RCSC.

#### LOCKER ROOMS, LOCKERS, CHANGING STALLS, SHOWERS, RESTROOMS

- No guests allowed.
- Always requires a strict minimum of 6 feet of physical distancing.
- Face masks are required while indoors except in showers, indoor pools and indoor spas.
- Lockers are not available, consider limiting personal belongings.
- Reduced number of changing stalls and benches available.
- Cardholders are required to sanitize before and after use of every RCSC piece of equipment, including seating, counters and tables, utilizing the sanitation method provided by RCSC.
- Thorough hand washing strongly encouraged.

#### MINIATURE GOLF

- Only 3 golfers (effective 9/1/2020) allowed per hole. No guests allowed.
- Always requires a minimum of 6 feet of physical distancing, regardless if in same family, excluding an occasional situation when such is not possible.
- RCSC to sanitize putters, balls, and scoring pencil after each use.
- Cardholders are required to sanitize before and after use of every RCSC piece of equipment not sanitized by RCSC (see above), including seating, counters and tables, utilizing the sanitation method provided by RCSC.

#### PICKLEBALL

- Four players per court (effective 9/1/2020). No use of ball machine(s). No guests allowed.
- Always requires a minimum of 6 feet of physical distancing, regardless if in same family, excluding an occasional situation when such is not possible.
- Limited use of seating, benches, tables and chairs with required 6 feet physical distancing regardless if in same family.
- Cardholders are required to sanitize before and after use of every RCSC piece of equipment, including seating, counters and tables, utilizing the sanitation method provided by RCSC.

#### POOL, LAP OR SWIMMING

- No guests allowed. If lanes are provided, only one swimmer/user per lane. Sign up required to use lap lane(s) with 30-minute time limit.
- Always requires a minimum of 6 feet of physical distancing, regardless if in same family, excluding an occasional situation when such is not possible.
- Limited use of pool lounge chairs and patio tables with maximum of 2 chairs per table and required 6 feet physical distancing regardless if in same family.
- No pool towels, sitting or lying allowed directly on pool deck.
- Cardholders are required to sanitize before and after use of every RCSC piece of equipment, including seating, counters and tables, utilizing the sanitation method provided by RCSC.

#### POOL, WALKING

- No guests allowed.
- Masks are required in walking pool. Face masks are required to be cloth, fabric or other
  permeable material and must be worn over the mouth and nose, affixed either over the ears
  or tied around the head.
- Always requires a minimum of 6 feet of physical distancing, regardless if in same family, excluding an occasional situation when such is not possible.
- Limited use of pool lounge chairs and patio tables with maximum of 2 chairs per table and required 6 feet physical distancing regardless if in same family.

- No pool towels, sitting or lying allowed directly on pool deck.
- Cardholders are required to sanitize before and after use of every RCSC piece of equipment, including seating, counters and tables, utilizing the sanitation method provided by RCSC.

#### RACQUETBALL, HANDBALL, WHISPERBALL

- Only 1 player per court. No guests allowed.
- Cardholders are required to sanitize before and after use of every RCSC piece of equipment, including seating, counters and tables, utilizing the sanitation method provided by RCSC.

#### SHUFFLEBOARD – Reopened 9/4/2020

- No guests allowed.
- Face masks are required at indoor courts. Only 2 players allowed at end of every other court.
- Always requires a minimum of 6 feet of physical distancing, regardless if in same family, excluding an occasional situation when such is not possible.
- Cardholders are required to sanitize before and after use of every RCSC piece of equipment (cues, disks, pins, etc.), including seating, counters and tables, utilizing the sanitation method provided by RCSC.

#### SOFTBALL & OUTDOOR TRACK

- Limited use of softball for batting practice only. No guests allowed.
- Always requires a minimum of 6 feet of physical distancing, regardless if in same family, excluding an occasional situation when such is not possible.
- Limited use of stadium seating, tables and chairs with required 6 feet physical distancing regardless if in same family.
- Cardholders are required to sanitize before and after use of every RCSC piece of equipment, including seating, counters and tables, utilizing the sanitation method provided by RCSC.

#### **SPAS**

- No guests allowed.
- Always requires a minimum of 6 feet of physical distancing, regardless if in same family, excluding an occasional situation when such is not possible.
- Limited use of pool lounge chairs and patio tables with maximum of 2 chairs per table and required 6 feet physical distancing regardless if in same family.
- No pool towels, sitting or lying allowed directly on pool or spa deck.
- Cardholders are required to sanitize before and after use of every RCSC piece of equipment, including seating, counters and tables, utilizing the sanitation method provided by RCSC.

#### TABLE TENNIS

- Face masks are required. Only 2 players per table. No use of ball machine(s). No guests allowed
- Always requires a minimum of 6 feet of physical distancing, regardless if in same family, excluding an occasional situation when such is not possible.
- Limited use of chairs with required 6 feet physical distancing regardless if in same family.
- Cardholders are required to sanitize before and after use of every RCSC piece of equipment, including seating, counters and tables, utilizing the sanitation method provided by RCSC.

#### **TENNIS**

- Four players per court (effective 9/1/2020). No use of ball machine(s). No guests allowed.
- Always requires a minimum of 6 feet of physical distancing, regardless if in same family, excluding an occasional situation when such is not possible.
- Limited use of pavilion seating, benches, tables and chairs with required 6 feet physical distancing regardless if in same family.
- Cardholders are required to sanitize before and after use of every RCSC piece of equipment, including seating, counters and tables, utilizing the sanitation method provided by RCSC.

#### TRACK - OUTDOORS

- No guests allowed. Only 1 person per bench.
- Always requires a minimum of 6 feet of physical distancing, regardless if in same family, excluding an occasional situation when such is not possible.
- Cardholders are required to sanitize before and after use of every RCSC piece of equipment, including seating, counters and tables, utilizing the sanitation method provided by RCSC.

#### WALKING

- All indoor walking allowed only at the indoor walking track at the Fairway Center. No guests allowed.
- No use of auditoriums, social halls, hallways or other indoor RCSC facilities for walking is allowed

#### **Welcome to RCSC Club Events**

The Clubs Events & Annoucements Section in SunViews helps you easily find the activities you're looking for. Clubs are welcome to submit information to this section every month and should include the date, time & location of the event along with cost & contact information.

Page 13 General & New Interest, Hobbies, Political Clubs

Page 14-15 Club Directory

Page 16 Cards, Games and Social Clubs

Page 17 Performing Arts; Monitored Activities

Page 18-19 Fitness, Health

Page 20-21 Arts & Crafts, Sports & Outdoors

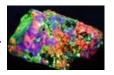
Page 22 Dance

Page 23 Educational Classes

#### **General Interest/Museums**

#### Sun City Rockhounds Mineral Museum @ Sundial

Closed until furthe notice due to COVID-19 concerns and restrictions. FMI email scrockmuseum@gmail.com



#### **Model Railroad Museum at Fairway**

Located in the Fairway Recreation Center at 107th and Peoria Open: May - September: Wed 9a-12p; 2nd & 4th Sa 10a-2p October - April: Tues/Th 9am-noon; Sa 10am-2pm FMI Tony: 239-207-7314 (leave message)





#### **Del Webb Sun Cities Museum**

Located next to Oakmont Center Closed due to COVID-19 concerns until further notice. FMIC 623-974-2568 or visit https://delwebbsuncitiesmuseum.org/

#### **New Interest Groups**

Any new interest group who has (at a minimum) 25 potential members may complete the Application for Club Charter (FORM BP:12-15) & submit to the Clubs & Activities Office. Applications found at www.suncityaz.org or pick one up in the Clubs & Activities Office located at the Lakeview Recreation Center.

#### **Political Clubs**

#### **Sun City Republican Club**

All meetings at RCSC facilities have been suspended by until further notice. For event information and to Volunteer, contact the West Valley Republican Headquarters, 10050 W. Bell Ste. 50, Sun City 85351. Contact: HQ 623-977-4532 Ted Farmer: 360-271-6974



Donate to Valley View Community Food Bank and Thrift Stores, 10771 W. Peoria, Sun City, AZ 85351. Food distribution weekdays 9am-1pm Mon-Sat. Phone: 623-583-3663

For Club info, email suncitygopclub@gmail.com or call Patti at 713-557-5800. Be safe. Be kind.

#### **Sun City Democratic Club**

Meets every first Thursday at Fairway. We will not be having meetings until Phase 3. Please follow the news from the RCSC regarding opening up for each phase. Visit https://suncitydems.com for virtual monthly meetings information. These can be viewed at anytime. We continue to collect donations of canned and boxed goods for the Valley View Community Food Bank at every monthly meeting. Until our meetings resume, please bring any donations to the Valley View Thrift Store/Food Bank on 107th and Peoria. When our meetings resume, they will begin at 6:30pm. All RCSC Cardholders and their escorted guests are welcome.



#### **Hobbies/Other Interests**

#### **Sun City Community Garden**

Fall gardening revs back up at the Community Garden located in EPCOR water plant (NW corner of 91st Ave/Greenway). Learn about vegetable gardening in AZ & leasing a plot, available to RCSC Cardholders who are Garden Club members. Office now at Grand Center; Hours M W F 9am-noon. FMIC 623-875-5921 or visit gardenclubofsuncity.org, Monthly meeting the 1st Tues, 8:30am, Grand Sonoran Room only if requirements for physical distancing can be met.

#### **Birding Club of Sun City**

No information about bird outings available. Meetings will resume when COVID-19 restrictions and requirements can be met. Contact the club for more details. Club welcomes beginning to advanced birders. No experience needed! FMI email BirdPeepersSC@gmail.com or view our monthly newsletter at https://suncityaz.org/birding-club-suncity/ or call 325-201-5099 (leave message).

#### **Fairway Readers**

Club currently on hiatus due to COVID-19 restrictions. Meetings are at 1pm 2nd Friday year-round, Fairway Rm 217. No dues; new members must show RCSC Card at first session. Facilitator conducts lively discussions representing many viewpoints. Books chosen in advance (see club webpage) & reserved a month in advance (Fairway Library) for those w/MC library cards. Members may purchases books, read on electronic devices, etc. FMIC Sue Blechl 623-972-3409 or sueblechl@gmail.com

#### **Armchair Travelers Club**

No meetings at this time; hope to resume in 2021. Meets every Wed, Fairway AZ RM 1. Show 7pm: doors open 6:30. Arrive early to sign in. Open to all RCSC Cardholders; annual dues: \$3. May attend 3 times before joining. Escorted guests welcome, \$2 each. Coffee & Cookies served first Wed. FMIC Ron Yankowski 623-476-2811.

#### **Model Railroad Club**

Club room currently open to existing members only due to COVID-19 restructions; other activities will return once Phase 3 is reached. All train lovers invited to share the fun of model train railroading. Come play with us as trains travel through cities, rural areas, mountains & valleys. Feel the excitement when the trains whistle as they approach crossings. Join the club & learn how to create/develop your own layout. Membership open to all RCSC Cardholders. Open Oct-April: Tues/Th 9am-12p; Sat 10am-2pm. May-Sept: Wed 9am-12pm; 2nd & 4th Sat 10am-2pm. FMI: Tony 239-207-7314 (leave message)

#### **Sun City RV Club**

Meetings and activites remain on hiatus this fall due to COVID-19 restrictions and requirements. Contact the club directly for more information & whether trips will take place. Members enjoy potlucks, games, day trips, RV rallies & caravans; for RCSC Cardholders & their guests. Meetings/activities held Oct-April. Trips planned include Tucson, Buckskin Mtn SP on Lake Havasu, Lake Pleasant & Albuquerque in Oct for the Balloon Festival; Day trips to The Duttons show & Turf Paradise. We host card games at Bell Multi-Purpose Room B, 5-9 pm, 1st W & 3rd Tue Oct-April. Come join the fun. FMI vsit www.scazrvclub.com or call Judy 623-444-4224.

#### **Sun City Stamp Club**

Club remains closed at this time due to COVID-19 restrictions and requirements. Call club directly for more details. Meetings at 7pm 1st Monday every month in Marinette Social Hall. Set up/inspection of auction stamps: 6:30pm. Open to all RCSC Cardholders & escorted guests. New & old stamps from all countries available at auctions; books & albums at excellent values, 50% or less of current catalogue prices. Join us to start/improve your collection. FMIC Gene Gyger (Pres) 602-329-8905 (ggyger@yahoo.com)

#### **Vintage Vehicle Club of Sun City**

Our shop is open & going strong. Hours: 8-noon, M-Sat. We will follow RCSC guide-lines regarding social distancing, wearing masks & more. Please refer to the RCSC website regarding details.

Recurring events:

First Monday of each month is the ladies luncheon, RSVP at lynn.is59@yahoo.com. Venues change each month. Every Tuesday is breakfast at Mercer's from 7am. Each Wednesday is McDonald's car cruise from 4pm. Every Thursday is breakfast at George's from 7am. Our shop is located at 13430 N 105th Ave. Bldg 17 FMIC 623-215-8312 or visit vintagevehiclesofsuncity.com

PAGE 14 **SUNVIEWS • OCTOBER 2020** PAGE 15

Art and Craft Clubs	Many are open; call to confirm.  Meetings are likely cancelled.	Stitchers: BC	Tu 9a-8p; Th 9a-3p; F 9a-3p	Classic Rock Dance (
Artists by the Lake: LV	M-F 9a-4p	480-578-8871 (leave message)	Mem Mtg 2nd Tu, 10a	(623) 628-4401
(623) 877-9366; (315) 491-9650	Mem Mtg 10a 1st Tu LV SH 1	2019bellstitchers@gmail.com		Country Dance Club: (480) 431-8278; (62
Artistic Stained Glass: BC	M-Sa 8a-3p; M-Th 5-8:30p	Woodworking: BC	M Th F 8a-4p; Tu W 8a-8p; Sa 8a-12p	(400) 431-0270, (02
(623) 974-4765	Mem Mtg: 2nd Th 9a Clubroom	(623) 974-6058	Mem Mtg 4th Tu, 8a	House of Dance: FW
Artistic Weavers & Fiber	M-Sa 9a-3p	Woodworking: FW	M-F 8a-4p; Sa 8a-12p	(209)380-8029
Artists: OM (623) 974-6108 Calligraphy: SD	Mem Mtg Th 10/22 10a M 1-3p; Th & F 9-11a	(623) 972-4385	Mem Mtg 2nd Tu 12p	Friday Night Ballroon
(623) 594-6591	Mem Mtg 3rd Th 9-11a	Woodworking: LV	M-F 8a-4p; Sa 8a-12p	(623) 215-8718 Line Dance: SD
Camera Guild: GR	M-F 9a-12p	(623) 933-2355	Mem Mtg 1st Tu, 9a	623-972-5127 or 231-5
cameraguildsuncity.com	Mem Mtg 1st & 3rd Sa 8a GR Sonoran Rm	Card and Game Clubs	No Meetings/Play at this time	suncitylinedanceclub
Carvers: LV	Th & Sa 7:30a-12p	F00. FM		Rockin' Thru The Yea
		500: FW	Mon 6:15-9:30p FW AZ Rm 3-4	(623) 332-7894
Ceramics & Porcelain: FW	M-F 9a-3p; Sa 9a-1p	Lois (608) 345-3252	No Play 10/12	Squares: BC (623) 694-7194
(623) 972-5818 (602) 821-1197	Mem Mtg 1st Mon 9a FW AZ #3	All Board Games (ABG) Club: LV	Mon, Fri 1-5p; Sat 2-5p LV SH #3	djkraus433@gmail.co
Ceramics: BC	Currently Closed - M-F 9a-3p, Sa 9a-12p	Alan (717) 744-8816	4H- M 12 2-20- FM A7 Day 1 0 2	Sun City Poms: MC
(623) 974-6750	Mem Mtg 2nd F 9a	Bunco Broncos: FW	4th M 12-3:30p FW AZ Rm 1 & 2	(602) 392-4242
Ceramics: OM	M-Th 8a-3p; Tu 5:30-9p; F 8a-12p	(602) 526-3495/(623) 698-3002	540 2 044 1	scpoms@yahoo.com
(480) 356-6871	Mem Mtg 2nd Tu 10a	Canasta: OM	F 10a-3p OM Aud	Tip-Top Dance: MC
China Painting: FW	M-F 9a-12p	Geri (916) 225-9895		(253) 381-1542
suncitychinapainting@gmail.com		Euchre: FW	Tu 5-9:30p FW AZ 3-4	<b>Educational Clu</b>
Clay Club: GR	M-Th 8:30a-8:30p; F-Su 8:30a-4:30p	(623) 693-2881; (623) 533-5705	1st & 3rd Th 1:30-4:3p LV SH 3	Apple Macintosh: SD
(623) 933-0899 Clay Corner: MC	Mem Mtgs postponed until later date M-Sa 7:30a-9p; Su 10a-6p	Hand & Foot Club: LV	W 4-9:30p LV SH 1 & 2	(623) 933-5300
(623) 977-3167	Mem Mtg 2nd W 9a	(623) 680-8276/(972) 838-7512		sunmacs.org
(,	Yard Art/Lunch 3rd W 8a-9p	Mah Jongg: MC	Tu 11:30a-4p SD WH; Th 5:30-9p MC SH	Life Long Learning: I
Crafts: BC	M-Sa 9a-3p	Sandy 623-399-6337	Su 11:30a-4p MC SH	(623) 977-4081
(623) 974-3497	Mem Mtg 2nd Th 11a BC SH1		C	scazlifelong@gmail.c Computer Club: FW
Crafts: SD	Open Craft M, Th 8a-1p; Paper Quill M 6-8p	Mixed Cards: OM	Sa 6-9:30p OM Aud	(623) 933-8953
503-502-3151	Card Making Tu 5:30-8p; Card Embroidery	614-787-5885 Lil	Potluck Sa 10/17	Spanish Club: FW
sdcraftclub@yahoo.com	F 1-3:30p; Scrapbooking W 10a-6p F 4:30-8p & Sa 9a-4p;	Mixed Cribbage: LV	Tu 1-4p; W 6:30-9p LV SH3	SunCitySpanishClub@gr
or spunkywen@gmail.com	F 4.30-ор & 3а 9а-чр, Mem Mtg M 10/5, 9:30a SD Aud	Pat (623) 933-7044		(505) 301-3155
Creative Quilters: LV	M-W-F 8a-4p; Mem Mtg 2nd F 9:30a	Monday Night Pinochle: OM	M Start time 6p OM Aud	
(909) 744-0642; (970) 261-1798	,,	(623) 972-3263	Mem Mtg M 10/5	Fitness Clubs
Fired Arts: LV	M-Sa 9a-1p	Pinochle: OM	Tu 11:30a-4p, Sa 11:30a-4p OM Aud	Aerobic: BC
(623) 933-8118	Mem Mtg 10/8	Tommie (623) 876-1895		(907) 229-6952 Evel
Friendship Quilters: BC	Open Quilting M, W 9a-8p; Sa 9a-3p	Cheryl (209) 524-7358		(623) 933-1486 Elea
(623) 523-7661	2nd Sa Boutique Quilt; 4th Sa Charity Quilt	· ·	M 6-9p Talisman Hall	Aqua Fitness Club: S
Handweavers / Spinners: SD	M-F 9a-3p; Mem Mtg 1st M 1p	(623) 933-7044;(623) 999-4965		aquafitnesssuncity.co FMIC Terry (619) 81
(623) 933-0397 Jewelry, Stained Glass & More: GR	M-F 8a-1pm; Sat 8a-12p	Contract Bridge Clubs	No Meetings/Play at this time	THIC TELLY (019) 01
262-993-4873; 623-322-4595	Mem Mtg Tu 10/6, 9a			
Knitters: FW	F 8:30a-1p FW AZ Rms 3 & 4	Lakeview Evening Bridge: LV	M, Th - Doors open 6:15p, Play 6:50p	Dance for Fitness: SI
602-469-2505		(623) 478-2159	LV SH #1; Must arrive by 6:45p	(623) 933-7021; (51
Lapidary: BC	M-T-Th-F-S 8a-3p; W 8a-12p; M, W 5-8:30p	Wednesday Afternoon: OM	W 12:30-4:30p OM Aud	Funtastic Fitness: Mo
(623) 977-1803	Mem Mtg Tu 10/13 BC Team Rm	(623) 249-9169	Please arrive by 12:15pm	623-476-5230 donnaschelin@yaho
Leathercraft: MC	M-F 8a-12p	Thursday Afternoon: OM	Th 12:30-4p OM Aud	Handi-Capables: SD
(623) 594-6591	M 0- 0- 4-	(623) 933-9671	Please arrive by 12:15pm	602-369-3819
Metal: BC (520) 235-0179 Alan	M-Sa 8a-4p Mem Mtg 2nd M 9a BC MPR	Friday Afternoon: FW	F 12:30-4:30p FW AZ Rm2	handicapablesaz@gr
alan.ruda@yahoo.com	Well Mig 2nd W 3a DC WFT	(623) 933-9671	Please arrive by 12:15pm	Hatha Yoga: SD
Needle Arts & Crafts: OM	Th 8-11:30a OM Aud	Duplicate Bridge Clubs	No Meetings/Play at this time	www.hathayogaclub
(314) 488-8828; (480) 577-3430		Dapindate Dirage Class	no mootingon lay at tino timo	MAT Inquiries: HathaYogaClub@gm
Palo Verde Artist: SD	Su-Sa 8a-5p	Duplicate (ACBL): LV	M Th F 12:45-4:30p LV SH 1 & 2	Ladies Exercise: OM
(915) 227-7710	Mem Mtg M 10/5, 12p SD EH	(623) 518-7916	Doors open 12:15p; Game time 1p	(573) 579-5320
eamoore70@outlook.com		suncitydbc.com		So Grand Exercise: F
Sew-n-Sew: LV	Boutique Sales/Sewing/Donations	Kachina: SD	M 12-4p SD WH Only	(623) 933-0214
www.sewnsew.info	Tu Th Sa 9:30a-3p	Velda (623)262-1360		Stretch and Slim: BC
Silver Stones: SD	Mem Mtg 1st Th 9-30a M-F 8a-3p; Sa 8a-12p	Sharon (651) 592-5939		(253) 225-3370
Circle Otolics. OD	м-г ба-эр, за ба-тұр Mem Mtg 1st M 9a SD EH	Dance Clubs	No Dances/Meetings at this time	Tai Chi: BC, LV & FV
Silvercraft: BC	Tues-Thurs 9a-2p		no Danosomosango at ano ame	Phone: Elisa (480) 7
(623) 933-8442	Mem Mtg F 10/16, 9:30a	Ballroom Dance: BC	Su 6:15p Dance; Lessons M 6p BC SH1-2	email:taichiqigongaz
Sterling & Stones: FW	Club Hours/Store: Tu-Th 10a-2p	(602) 292-3175; (623) 533-6236		sctaichi.wix.com/sc-t
(623) 977-2208		Bell Tea: BC	W 2-4p BC SH 1&2	Zumba Fitness: SD
		(623) 933-8873		508-527-4535

	Club Dire	ectory
Classic Rock Dance Club: BC (623) 628-4401	1st & 3rd Sa; Doors 6p; Dance 6:30-9:30p	Hobby Clubs
Country Dance Club: SD	1st & 3rd Sa 6-9:30p SD Aud	Armchair Travel Club: FW
(480) 431-8278; (623) 972-5127	Couples/Partners Lessons W 6:30-9p BC SH	(623) 476-2811
House of Dancer FW	Line Dance 10/10, 9a-12:30p FW	Birding Club of Sun City: BC BirdPeepersSC@gmail.com
House of Dance: FW (209)380-8029	2nd, 4th & 5th F 6:30-10p FW AZ 1-3	325-201-5099 Leave Message
Friday Night Ballroom Dance: SD	F 7-10p SD Aud	Duffeeland Dog Park: Talisman
(623) 215-8718	4	360-789-9815
Line Dance: SD	Tu & Th: 10a-1p; SD Aud	Garden: GR
623-972-5127 or 231-557-6555	No dance Th 10/29;	(623) 875-5921
suncitylinedanceclub.facebook Rockin' Thru The Years: SD	Special Dance Sa 10/31 12:30-4:30p SD 2nd, 4th & 5th Sa: 6:30-10p; SD Aud	Model Railroad: FW
(623) 332-7894	211d, 4th & 3th 3a. 0.30-10p, 3D Add	(239) 207-7314 - Leave message
Squares: BC	No dances at this time	Model Pailroad Museum, EW
(623) 694-7194		Model Railroad Museum: FW (239) 207-7314 - Leave message
djkraus433@gmail.com	M 7 11:20- MC A. J. Th 7- 11:20- MC CI	Rockhounds: SD
Sun City Poms: MC (602) 392-4242	M 7-11:30a MC Aud; Th 7a-11:30s MC SH	srockmuseum@gmail.com
scpoms@yahoo.com		Mineral Museum: SD
Tip-Top Dance: MC	M T F 8a-12p; W 8a-11a MC SH	(623) 428-6442
(253) 381-1542	Mem Mtg T 10/14 MC SH	RV Club: SD
Educational Clubs		litlamos@gmail.com
Apple Macintosh: SD	Tu & Th 8:30-10:30a	Stamp Club: MC
(623) 933-5300	Next Mem Mtg 11/14 SD WH	(602)329-8905
sunmacs.org		Sun City Yacht Club: LV
Life Long Learning: FW	No Classes until 2021	(480) 492-3477
(623) 977-4081 scazlifelong@gmail.com		Vintage Vehicles: LV
Computer Club: FW	M-F 8a-4p; Sa 8a-12p	(509) 430-1625
(623) 933-8953		
Spanish Club: FW	No in-person Classes thru 2020	Performing Arts Clubs
SunCitySpanishClub@gmail.com (505) 301-3155	See club webpage for sign-up info M 9a-5p, Tu 9a-12p, W 8a-5:30p; Th 10:30a-	Sun Cities Community
(303) 301 3133	12p FW Rm 129; Th 9a-10:30a FW Rm 133	Orchestra: FW
Fitness Clubs	No Mostings/Sossions at this time	(623) 582-9964
Fittless Clubs	No Meetings/Sessions at this time	Choraliers: FW
Aerobic: BC	M W F 8-11a BC SH 1&2	(623) 933-7202 (Carol)
(907) 229-6952 Evelyn	M W F 8-11a BC SH 1&2	Concert Band: FW
(907) 229-6952 Evelyn (623) 933-1486 Eleanor		
(907) 229-6952 Evelyn	M W F 8-11a BC SH 1&2  Classes at MV, OM, SD  Fall Session ends F 11/13	Concert Band: FW 602-625-5211
(907) 229-6952 Evelyn (623) 933-1486 Eleanor Aqua Fitness Club: SD	Classes at MV, OM, SD	Concert Band: FW 602-625-5211 Handbell Ringers: FW
(907) 229-6952 Evelyn (623) 933-1486 Eleanor Aqua Fitness Club: SD aquafitnesssuncity.com	Classes at MV, OM, SD Fall Session ends F 11/13 Try It Before You Buy It - 11/2-11/6 Winter Session starts M 11/30; Registation	Concert Band: FW 602-625-5211 Handbell Ringers: FW (602) 799-1947 doreenC4488@gmail.com Piano: SD
(907) 229-6952 Evelyn (623) 933-1486 Eleanor Aqua Fitness Club: SD aquafitnesssuncity.com FMIC Terry (619) 818-4380	Classes at MV, OM, SD Fall Session ends F 11/13 Try It Before You Buy It - 11/2-11/6 Winter Session starts M 11/30; Registation Sa 11/7 SD Aud; Door 8a; Meet 8:30am	Concert Band: FW 602-625-5211 Handbell Ringers: FW (602) 799-1947 doreenC4488@gmail.com Piano: SD (507) 213-6141
(907) 229-6952 Evelyn (623) 933-1486 Eleanor Aqua Fitness Club: SD aquafitnesssuncity.com FMIC Terry (619) 818-4380 Dance for Fitness: SD	Classes at MV, OM, SD Fall Session ends F 11/13 Try It Before You Buy It - 11/2-11/6 Winter Session starts M 11/30; Registation Sa 11/7 SD Aud; Door 8a; Meet 8:30am Tu 9-10a BC SH 1&2; W 9-10a SD Aud;	Concert Band: FW 602-625-5211 Handbell Ringers: FW (602) 799-1947 doreenC4488@gmail.com Piano: SD (507) 213-6141 Sun City Players Community
(907) 229-6952 Evelyn (623) 933-1486 Eleanor Aqua Fitness Club: SD aquafitnesssuncity.com FMIC Terry (619) 818-4380	Classes at MV, OM, SD Fall Session ends F 11/13 Try It Before You Buy It - 11/2-11/6 Winter Session starts M 11/30; Registation Sa 11/7 SD Aud; Door 8a; Meet 8:30am	Concert Band: FW 602-625-5211 Handbell Ringers: FW (602) 799-1947 doreenC4488@gmail.com Piano: SD (507) 213-6141 Sun City Players Community Theater: MV
(907) 229-6952 Evelyn (623) 933-1486 Eleanor Aqua Fitness Club: SD aquafitnesssuncity.com FMIC Terry (619) 818-4380 Dance for Fitness: SD (623) 933-7021; (515) 975-1683	Classes at MV, OM, SD Fall Session ends F 11/13 Try It Before You Buy It - 11/2-11/6 Winter Session starts M 11/30; Registation Sa 11/7 SD Aud; Door 8a; Meet 8:30am Tu 9-10a BC SH 1&2; W 9-10a SD Aud; F 9-10a MV Aud; Aerobics Tu, Th 1-2pm MC Strength Training Tu, Th 2:10-3p MC	Concert Band: FW 602-625-5211 Handbell Ringers: FW (602) 799-1947 doreenC4488@gmail.com Piano: SD (507) 213-6141 Sun City Players Community
(907) 229-6952 Evelyn (623) 933-1486 Eleanor Aqua Fitness Club: SD aquafitnesssuncity.com FMIC Terry (619) 818-4380  Dance for Fitness: SD (623) 933-7021; (515) 975-1683 Funtastic Fitness: MC 623-476-5230 donnaschelin@yahoo.com	Classes at MV, OM, SD Fall Session ends F 11/13 Try It Before You Buy It - 11/2-11/6 Winter Session starts M 11/30; Registation Sa 11/7 SD Aud; Door 8a; Meet 8:30am Tu 9-10a BC SH 182; W 9-10a SD Aud; F 9-10a MV Aud; Aerobics Tu, Th 1-2pm MC Strength Training Tu, Th 2:10-3p MC Pilates M, F 1-2p BC Aerobics Rm	Concert Band: FW 602-625-5211 Handbell Ringers: FW (602) 799-1947 doreenC4488@gmail.com Piano: SD (507) 213-6141 Sun City Players Community Theater: MV Writeonjoy@gmail.com
(907) 229-6952 Evelyn (623) 933-1486 Eleanor Aqua Fitness Club: SD aquafitnesssuncity.com FMIC Terry (619) 818-4380  Dance for Fitness: SD (623) 933-7021; (515) 975-1683 Funtastic Fitness: MC 623-476-5230 donnaschelin@yahoo.com Handi-Capables: SD	Classes at MV, OM, SD Fall Session ends F 11/13 Try It Before You Buy It - 11/2-11/6 Winter Session starts M 11/30; Registation Sa 11/7 SD Aud; Door 8a; Meet 8:30am Tu 9-10a BC SH 182; W 9-10a SD Aud; F 9-10a MV Aud; Aerobics Tu, Th 1-2pm MC Strength Training Tu, Th 2:10-3p MC Pilates M, F 1-2p BC Aerobics Rm T/Th 12-2p SD Warm Water Pool	Concert Band: FW 602-625-5211 Handbell Ringers: FW (602) 799-1947 doreenC4488@gmail.com Piano: SD (507) 213-6141 Sun City Players Community Theater: MV Writeonjoy@gmail.com Info (623) 500-2949
(907) 229-6952 Evelyn (623) 933-1486 Eleanor Aqua Fitness Club: SD aquafitnesssuncity.com FMIC Terry (619) 818-4380  Dance for Fitness: SD (623) 933-7021; (515) 975-1683 Funtastic Fitness: MC 623-476-5230 donnaschelin@yahoo.com Handi-Capables: SD 602-369-3819	Classes at MV, OM, SD Fall Session ends F 11/13 Try It Before You Buy It - 11/2-11/6 Winter Session starts M 11/30; Registation Sa 11/7 SD Aud; Door 8a; Meet 8:30am Tu 9-10a BC SH 182; W 9-10a SD Aud; F 9-10a MV Aud; Aerobics Tu, Th 1-2pm MC Strength Training Tu, Th 2:10-3p MC Pilates M, F 1-2p BC Aerobics Rm	Concert Band: FW 602-625-5211 Handbell Ringers: FW (602) 799-1947 doreenC4488@gmail.com Piano: SD (507) 213-6141 Sun City Players Community Theater: MV Writeonjoy@gmail.com Info (623) 500-2949 Suncityplayerscommunitytheater.org
(907) 229-6952 Evelyn (623) 933-1486 Eleanor Aqua Fitness Club: SD aquafitnesssuncity.com FMIC Terry (619) 818-4380  Dance for Fitness: SD (623) 933-7021; (515) 975-1683 Funtastic Fitness: MC 623-476-5230 donnaschelin@yahoo.com Handi-Capables: SD	Classes at MV, OM, SD Fall Session ends F 11/13 Try It Before You Buy It - 11/2-11/6 Winter Session starts M 11/30; Registation Sa 11/7 SD Aud; Door 8a; Meet 8:30am Tu 9-10a BC SH 182; W 9-10a SD Aud; F 9-10a MV Aud; Aerobics Tu, Th 1-2pm MC Strength Training Tu, Th 2:10-3p MC Pilates M, F 1-2p BC Aerobics Rm T/Th 12-2p SD Warm Water Pool	Concert Band: FW 602-625-5211 Handbell Ringers: FW (602) 799-1947 doreenC4488@gmail.com Piano: SD (507) 213-6141 Sun City Players Community Theater: MV Writeonjoy@gmail.com Info (623) 500-2949 Suncityplayerscommunitytheater.org Rhythm Ramblers: FW (623) 876-2063
(907) 229-6952 Evelyn (623) 933-1486 Eleanor Aqua Fitness Club: SD aquafitnesssuncity.com FMIC Terry (619) 818-4380  Dance for Fitness: SD (623) 933-7021; (515) 975-1683 Funtastic Fitness: MC 623-476-5230 donnaschelin@yahoo.com Handi-Capables: SD 602-369-3819 handicapablesaz@gmail.com Hatha Yoga: SD www.hathayogaclub.org	Classes at MV, OM, SD Fall Session ends F 11/13 Try It Before You Buy It - 11/2-11/6 Winter Session starts M 11/30; Registation Sa 11/7 SD Aud; Door 8a; Meet 8:30am Tu 9-10a BC SH 182; W 9-10a SD Aud; F 9-10a MV Aud; Aerobics Tu, Th 1-2pm MC Strength Training Tu, Th 2:10-3p MC Pilates M, F 1-2p BC Aerobics Rm T/Th 12-2p SD Warm Water Pool Mem Mtg 1st M 12p FW AZ 182  MAT & Chair - Various Times on M W Th 8a-6:30p; T F Sa 8a-12p SD	Concert Band: FW 602-625-5211 Handbell Ringers: FW (602) 799-1947 doreenC4488@gmail.com Piano: SD (507) 213-6141 Sun City Players Community Theater: MV Writeonjoy@gmail.com Info (623) 500-2949 Suncityplayerscommunitytheater.org Rhythm Ramblers: FW (623) 876-2063 Ukulele: FW
(907) 229-6952 Evelyn (623) 933-1486 Eleanor Aqua Fitness Club: SD aquafitnesssuncity.com FMIC Terry (619) 818-4380  Dance for Fitness: SD (623) 933-7021; (515) 975-1683 Funtastic Fitness: MC 623-476-5230 donnaschelin@yahoo.com Handi-Capables: SD 602-369-3819 handicapablesaz@gmail.com Hatha Yoga: SD www.hathayogaclub.org MAT Inquiries:	Classes at MV, OM, SD Fall Session ends F 11/13 Try It Before You Buy It - 11/2-11/6 Winter Session starts M 11/30; Registation Sa 11/7 SD Aud; Door 8a; Meet 8:30am Tu 9-10a BC SH 182; W 9-10a SD Aud; F 9-10a MV Aud; Aerobics Tu, Th 1-2pm MC Strength Training Tu, Th 2:10-3p MC Pilates M, F 1-2p BC Aerobics Rm T/Th 12-2p SD Warm Water Pool Mem Mtg 1st M 12p FW AZ 182  MAT & Chair - Various Times on M W Th 8a-6:30p; T F Sa 8a-12p SD Chair Only Pre-Registration - Call Carlyn	Concert Band: FW 602-625-5211 Handbell Ringers: FW (602) 799-1947 doreenC4488@gmail.com Piano: SD (507) 213-6141 Sun City Players Community Theater: MV Writeonjoy@gmail.com Info (623) 500-2949 Suncityplayerscommunitytheater.org Rhythm Ramblers: FW (623) 876-2063  Ukulele: FW (623) 594-6591 Sept-June
(907) 229-6952 Evelyn (623) 933-1486 Eleanor Aqua Fitness Club: SD aquafitnesssuncity.com FMIC Terry (619) 818-4380  Dance for Fitness: SD (623) 933-7021; (515) 975-1683 Funtastic Fitness: MC 623-476-5230 donnaschelin@yahoo.com Handi-Capables: SD 602-369-3819 handicapablesaz@gmail.com Hatha Yoga: SD www.hathayogaclub.org MAT Inquiries: HathaYogaClub@gmail.com	Classes at MV, OM, SD Fall Session ends F 11/13 Try It Before You Buy It - 11/2-11/6 Winter Session starts M 11/30; Registation Sa 11/7 SD Aud; Door 8a; Meet 8:30am Tu 9-10a BC SH 18:2; W 9-10a SD Aud; F 9-10a MV Aud; Aerobics Tu, Th 1-2pm MC Strength Training Tu, Th 2:10-3p MC Pilates M, F 1-2p BC Aerobics Rm T/Th 12-2p SD Warm Water Pool Mem Mtg 1st M 12p FW AZ 18:2  MAT & Chair - Various Times on M W Th 8a-6:30p; T F Sa 8a-12p SD Chair Only Pre-Registration - Call Carlyn 623-972-9602	Concert Band: FW 602-625-5211 Handbell Ringers: FW (602) 799-1947 doreenC4488@gmail.com Piano: SD (507) 213-6141 Sun City Players Community Theater: MV Writeonjoy@gmail.com Info (623) 500-2949 Suncityplayerscommunitytheater.org Rhythm Ramblers: FW (623) 876-2063 Ukulele: FW
(907) 229-6952 Evelyn (623) 933-1486 Eleanor Aqua Fitness Club: SD aquafitnesssuncity.com FMIC Terry (619) 818-4380  Dance for Fitness: SD (623) 933-7021; (515) 975-1683 Funtastic Fitness: MC 623-476-5230 donnaschelin@yahoo.com Handi-Capables: SD 602-369-3819 handicapablesaz@gmail.com Hatha Yoga: SD www.hathayogaclub.org MAT Inquiries: HathaYogaClub@gmail.com Ladies Exercise: OM	Classes at MV, OM, SD Fall Session ends F 11/13 Try It Before You Buy It - 11/2-11/6 Winter Session starts M 11/30; Registation Sa 11/7 SD Aud; Door 8a; Meet 8:30am Tu 9-10a BC SH 182; W 9-10a SD Aud; F 9-10a MV Aud; Aerobics Tu, Th 1-2pm MC Strength Training Tu, Th 2:10-3p MC Pilates M, F 1-2p BC Aerobics Rm T/Th 12-2p SD Warm Water Pool Mem Mtg 1st M 12p FW AZ 182  MAT & Chair - Various Times on M W Th 8a-6:30p; T F Sa 8a-12p SD Chair Only Pre-Registration - Call Carlyn 623-972-9602 Tu & F 8-9a OM Aud	Concert Band: FW 602-625-5211 Handbell Ringers: FW (602) 799-1947 doreenC4488@gmail.com Piano: SD (507) 213-6141 Sun City Players Community Theater: MV Writeonjoy@gmail.com Info (623) 500-2949 Suncityplayerscommunitytheater.org Rhythm Ramblers: FW (623) 876-2063  Ukulele: FW (623) 594-6591 Sept-June (623) 398-0483 June-Sept
(907) 229-6952 Evelyn (623) 933-1486 Eleanor Aqua Fitness Club: SD aquafitnesssuncity.com FMIC Terry (619) 818-4380  Dance for Fitness: SD (623) 933-7021; (515) 975-1683 Funtastic Fitness: MC 623-476-5230 donnaschelin@yahoo.com Handi-Capables: SD 602-369-3819 handicapablesaz@gmail.com Hatha Yoga: SD www.hathayogaclub.org MAT Inquiries: HathaYogaClub@gmail.com	Classes at MV, OM, SD Fall Session ends F 11/13 Try It Before You Buy It - 11/2-11/6 Winter Session starts M 11/30; Registation Sa 11/7 SD Aud; Door 8a; Meet 8:30am Tu 9-10a BC SH 18:2; W 9-10a SD Aud; F 9-10a MV Aud; Aerobics Tu, Th 1-2pm MC Strength Training Tu, Th 2:10-3p MC Pilates M, F 1-2p BC Aerobics Rm T/Th 12-2p SD Warm Water Pool Mem Mtg 1st M 12p FW AZ 18:2  MAT & Chair - Various Times on M W Th 8a-6:30p; T F Sa 8a-12p SD Chair Only Pre-Registration - Call Carlyn 623-972-9602	Concert Band: FW 602-625-5211 Handbell Ringers: FW (602) 799-1947 doreenC4488@gmail.com Piano: SD (507) 213-6141 Sun City Players Community Theater: MV Writeonjoy@gmail.com Info (623) 500-2949 Suncityplayerscommunitytheater.org Rhythm Ramblers: FW (623) 876-2063  Ukulele: FW (623) 594-6591 Sept-June (623) 398-0483 June-Sept Women's Chorus: FW (623) 308-4643 Annette
(907) 229-6952 Evelyn (623) 933-1486 Eleanor Aqua Fitness Club: SD aquafitnesssuncity.com FMIC Terry (619) 818-4380  Dance for Fitness: SD (623) 933-7021; (515) 975-1683 Funtastic Fitness: MC 623-476-5230 donnaschelin@yahoo.com Handi-Capables: SD 602-369-3819 handicapablesaz@gmail.com Hatha Yoga: SD www.hathayogaclub.org MAT Inquiries: HathaYogaClub@gmail.com Ladies Exercise: OM (573) 579-5320	Classes at MV, OM, SD Fall Session ends F 11/13 Try It Before You Buy It - 11/2-11/6 Winter Session starts M 11/30; Registation Sa 11/7 SD Aud; Door 8a; Meet 8:30am Tu 9-10a BC SH 182; W 9-10a SD Aud; F 9-10a MV Aud; Aerobics Tu, Th 1-2pm MC Strength Training Tu, Th 2:10-3p MC Pilates M, F 1-2p BC Aerobics Rm T/Th 12-2p SD Warm Water Pool Mem Mtg 1st M 12p FW AZ 182  MAT & Chair - Various Times on M W Th 8a-6:30p; T F Sa 8a-12p SD Chair Only Pre-Registration - Call Carlyn 623-972-9602 Tu & F 8-9a OM Aud Mem Mtg/Potluck F 10/30, 9-11a OM Patio	Concert Band: FW 602-625-5211 Handbell Ringers: FW (602) 799-1947 doreenC4488@gmail.com Piano: SD (507) 213-6141 Sun City Players Community Theater: MV Writeonjoy@gmail.com Info (623) 500-2949 Suncityplayerscommunitytheater.org Rhythm Ramblers: FW (623) 876-2063  Ukulele: FW (623) 594-6591 Sept-June (623) 398-0483 June-Sept Women's Chorus: FW (623) 308-4643 Annette
(907) 229-6952 Evelyn (623) 933-1486 Eleanor Aqua Fitness Club: SD aquafitnesssuncity.com FMIC Terry (619) 818-4380  Dance for Fitness: SD (623) 933-7021; (515) 975-1683 Funtastic Fitness: MC 623-476-5230 donnaschelin@yahoo.com Handi-Capables: SD 602-369-3819 handicapablesaz@gmail.com Hatha Yoga: SD www.hathayogaclub.org MAT Inquiries: HathaYogaClub@gmail.com Ladies Exercise: OM (573) 579-5320 So Grand Exercise: FW (623) 933-0214 Stretch and Slim: BC	Classes at MV, OM, SD Fall Session ends F 11/13 Try It Before You Buy It - 11/2-11/6 Winter Session starts M 11/30; Registation Sa 11/7 SD Aud; Door 8a; Meet 8:30am Tu 9-10a BC SH 182; W 9-10a SD Aud; F 9-10a MV Aud; Aerobics Tu, Th 1-2pm MC Strength Training Tu, Th 2:10-3p MC Pilates M, F 1-2p BC Aerobics Rm T/Th 12-2p SD Warm Water Pool Mem Mtg 1st M 12p FW AZ 182  MAT & Chair - Various Times on M W Th 8a-6:30p; T F Sa 8a-12p SD Chair Only Pre-Registration - Call Carlyn 623-972-9602 Tu & F 8-9a OM Aud Mem Mtg/Potluck F 10/30, 9-11a OM Patio M W F 7-9a FW AZ 182  M-Sa 6:45-11:30a BC Aerobics Rm	Concert Band: FW 602-625-5211 Handbell Ringers: FW (602) 799-1947 doreenC4488@gmail.com Piano: SD (507) 213-6141 Sun City Players Community Theater: MV Writeonjoy@gmail.com Info (623) 500-2949 Suncityplayerscommunitytheater.org Rhythm Ramblers: FW (623) 876-2063  Ukulele: FW (623) 594-6591 Sept-June (623) 398-0483 June-Sept Women's Chorus: FW (623) 308-4643 Annette  Political Clubs Democratic: FW
(907) 229-6952 Evelyn (623) 933-1486 Eleanor Aqua Fitness Club: SD aquafitnesssuncity.com FMIC Terry (619) 818-4380  Dance for Fitness: SD (623) 933-7021; (515) 975-1683 Funtastic Fitness: MC 623-476-5230 donnaschelin@yahoo.com Handi-Capables: SD 602-369-3819 handicapablesaz@gmail.com Hatha Yoga: SD www.hathayogaclub.org MAT Inquiries: HathaYogaClub@gmail.com Ladies Exercise: OM (573) 579-5320 So Grand Exercise: FW (623) 933-0214	Classes at MV, OM, SD Fall Session ends F 11/13 Try It Before You Buy It - 11/2-11/6 Winter Session starts M 11/30; Registation Sa 11/7 SD Aud; Door 8a; Meet 8:30am Tu 9-10a BC SH 182; W 9-10a SD Aud; F 9-10a MV Aud; Aerobics Tu, Th 1-2pm MC Strength Training Tu, Th 2:10-3p MC Pilates M, F 1-2p BC Aerobics Rm T/Th 12-2p SD Warm Water Pool Mem Mtg 1st M 12p FW AZ 182  MAT & Chair - Various Times on M W Th 8a-6:30p; T F Sa 8a-12p SD Chair Only Pre-Registration - Call Carlyn 623-972-9602 Tu & F 8-9a OM Aud Mem Mtg/Potluck F 10/30, 9-11a OM Patio M W F 7-9a FW AZ 182  M-Sa 6:45-11:30a BC Aerobics Rm T W Th Sa 1-2p BC Aerobics Rm	Concert Band: FW 602-625-5211 Handbell Ringers: FW (602) 799-1947 doreenC4488@gmail.com Piano: SD (507) 213-6141 Sun City Players Community Theater: MV Writeonjoy@gmail.com Info (623) 500-2949 Suncityplayerscommunitytheater.org Rhythm Ramblers: FW (623) 876-2063  Ukulele: FW (623) 594-6591 Sept-June (623) 398-0483 June-Sept Women's Chorus: FW (623) 308-4643 Annette  Political Clubs  Democratic: FW (623) 977-4660
(907) 229-6952 Evelyn (623) 933-1486 Eleanor Aqua Fitness Club: SD aquafitnesssuncity.com FMIC Terry (619) 818-4380  Dance for Fitness: SD (623) 933-7021; (515) 975-1683 Funtastic Fitness: MC 623-476-5230 donnaschelin@yahoo.com Handi-Capables: SD 602-369-3819 handicapablesaz@gmail.com Hatha Yoga: SD www.hathayogaclub.org MAT Inquiries: HathaYogaClub@gmail.com Ladies Exercise: OM (573) 579-5320 So Grand Exercise: FW (623) 933-0214 Stretch and Slim: BC (253) 225-3370	Classes at MV, OM, SD Fall Session ends F 11/13 Try It Before You Buy It - 11/2-11/6 Winter Session starts M 11/30; Registation Sa 11/7 SD Aud; Door 8a; Meet 8:30am Tu 9-10a BC SH 182; W 9-10a SD Aud; F 9-10a MV Aud; Aerobics Tu, Th 1-2pm MC Strength Training Tu, Th 2:10-3p MC Pilates M, F 1-2p BC Aerobics Rm T/Th 12-2p SD Warm Water Pool Mem Mtg 1st M 12p FW AZ 182  MAT & Chair - Various Times on M W Th 8a-6:30p; T F Sa 8a-12p SD Chair Only Pre-Registration - Call Carlyn 623-972-9602 Tu & F 8-90 M Aud Mem Mtg/Potluck F 10/30, 9-11a OM Patio M W F 7-9a FW AZ 18.2  M-Sa 6:45-11:30a BC Aerobics Rm T W Th Sa 1-2p BC Aerobics Rm M & W 5-7p BC Aerobics Rm	Concert Band: FW 602-625-5211 Handbell Ringers: FW (602) 799-1947 doreenC4488@gmail.com Piano: SD (507) 213-6141 Sun City Players Community Theater: MV Writeonjoy@gmail.com Info (623) 500-2949 Suncityplayerscommunitytheater.org Rhythm Ramblers: FW (623) 876-2063  Ukulele: FW (623) 594-6591 Sept-June (623) 398-0483 June-Sept Women's Chorus: FW (623) 308-4643 Annette  Political Clubs  Democratic: FW (623) 977-4660 Republican: SD
(907) 229-6952 Evelyn (623) 933-1486 Eleanor Aqua Fitness Club: SD aquafitnesssuncity.com FMIC Terry (619) 818-4380  Dance for Fitness: SD (623) 933-7021; (515) 975-1683 Funtastic Fitness: MC 623-476-5230 donnaschelin@yahoo.com Handi-Capables: SD 602-369-3819 handicapablesaz@gmail.com Hatha Yoga: SD www.hathayogaclub.org MAT Inquiries: HathaYogaClub@gmail.com Ladies Exercise: OM (573) 579-5320 So Grand Exercise: FW (623) 933-0214 Stretch and Slim: BC	Classes at MV, OM, SD Fall Session ends F 11/13 Try It Before You Buy It - 11/2-11/6 Winter Session starts M 11/30; Registation Sa 11/7 SD Aud; Door 8a; Meet 8:30am Tu 9-10a BC SH 182; W 9-10a SD Aud; F 9-10a MV Aud; Aerobics Tu, Th 1-2pm MC Strength Training Tu, Th 2:10-3p MC Pilates M, F 1-2p BC Aerobics Rm T/Th 12-2p SD Warm Water Pool Mem Mtg 1st M 12p FW AZ 182  MAT & Chair - Various Times on M W Th 8a-6:30p; T F Sa 8a-12p SD Chair Only Pre-Registration - Call Carlyn 623-972-9602 Tu & F 8-9a OM Aud Mem Mtg/Potluck F 10/30, 9-11a OM Patio M W F 7-9a FW AZ 182  M-Sa 6:45-11:30a BC Aerobics Rm T W Th Sa 1-2p BC Aerobics Rm	Concert Band: FW 602-625-5211 Handbell Ringers: FW (602) 799-1947 doreenC4488@gmail.com Piano: SD (507) 213-6141 Sun City Players Community Theater: MV Writeonjoy@gmail.com Info (623) 500-2949 Suncityplayerscommunitytheater.org Rhythm Ramblers: FW (623) 876-2063  Ukulele: FW (623) 594-6591 Sept-June (623) 398-0483 June-Sept Women's Chorus: FW (623) 308-4643 Annette  Political Clubs Democratic: FW (623) 977-4660 Republican: SD suncitygopclub@gmail.com
(907) 229-6952 Evelyn (623) 933-1486 Eleanor Aqua Fitness Club: SD aquafitnesssuncity.com FMIC Terry (619) 818-4380  Dance for Fitness: SD (623) 933-7021; (515) 975-1683 Funtastic Fitness: MC 623-476-5230 donnaschelin@yahoo.com Handi-Capables: SD 602-369-3819 handicapablesaz@gmail.com Hatha Yoga: SD www.hathayogaclub.org MAT Inquiries: HathaYogaClub@gmail.com Ladies Exercise: OM (573) 579-5320 So Grand Exercise: FW (623) 933-0214 Stretch and Slim: BC (253) 225-3370  Tai Chi: BC, LV & FW Phone: Elisa (480) 710-8497 email:taichiqigongaz@gmail.com	Classes at MV, OM, SD Fall Session ends F 11/13 Try It Before You Buy It - 11/2-11/6 Winter Session starts M 11/30; Registation Sa 11/7 SD Aud; Door 8a; Meet 8:30am Tu 9-10a BC SH 18:2; W 9-10a SD Aud; F 9-10a MV Aud; Aerobics Tu, Th 1-2pm MC Strength Training Tu, Th 2:10-3p MC Pilates M, F 1-2p BC Aerobics Rm T/Th 12-2p SD Warm Water Pool Mem Mtg 1st M 12p FW AZ 18:2  MAT & Chair - Various Times on M W Th 8a-6:30p; T F Sa 8a-12p SD Chair Only Pre-Registration - Call Carlyn 623-972-9602 Tu & F 8-9a OM Aud Mem Mtg/Potluck F 10/30, 9-11a OM Patio M W F 7-9a FW AZ 18:2  M-Sa 6:45-11:30a BC Aerobics Rm T W Th Sa 1-2p BC Aerobics Rm M & W 5-7p BC Aerobics Rm M & W 5-7p BC Aerobics Rm	Concert Band: FW 602-625-5211 Handbell Ringers: FW (602) 799-1947 doreenC4488@gmail.com Piano: SD (507) 213-6141 Sun City Players Community Theater: MV Writeonjoy@gmail.com Info (623) 500-2949 Suncityplayerscommunitytheater.org Rhythm Ramblers: FW (623) 876-2063  Ukulele: FW (623) 594-6591 Sept-June (623) 398-0483 June-Sept Women's Chorus: FW (623) 308-4643 Annette  Political Clubs  Democratic: FW (623) 977-4660 Republican: SD
(907) 229-6952 Evelyn (623) 933-1486 Eleanor Aqua Fitness Club: SD aquafitnesssuncity.com FMIC Terry (619) 818-4380  Dance for Fitness: SD (623) 933-7021; (515) 975-1683 Funtastic Fitness: MC 623-476-5230 donnaschelin@yahoo.com Handi-Capables: SD 602-369-3819 handicapablesaz@gmail.com Hatha Yoga: SD www.hathayogaclub.org MAT Inquiries: HathaYogaClub@gmail.com Ladies Exercise: OM (573) 579-5320 So Grand Exercise: FW (623) 933-0214 Stretch and Slim: BC (253) 225-3370  Tai Chi: BC, LV & FW Phone: Elisa (480) 710-8497 email:taichiqigongaz@gmail.com sctaichi.wix.com/sc-tai-chi-club	Classes at MV, OM, SD Fall Session ends F 11/13 Try It Before You Buy It - 11/2-11/6 Winter Session starts M 11/30; Registation Sa 11/7 SD Aud; Door 8a; Meet 8:30am Tu 9-10a BC SH 182; W 9-10a SD Aud; F 9-10a MV Aud; Aerobics Tu, Th 1-2pm MC Strength Training Tu, Th 2:10-3p MC Pilates M, F 1-2p BC Aerobics Rm T/Th 12-2p SD Warm Water Pool Mem Mtg 1st M 12p FW AZ 182  MAT & Chair - Various Times on M W Th 8a-6:30p; T F Sa 8a-12p SD Chair Only Pre-Registration - Call Carlyn 623-972-9602 Tu & F 8-9a OM Aud Mem Mtg/Potluck F 10/30, 9-11a OM Patio M W F 7-9a FW AZ 18.2  M-Sa 6:45-11:30a BC Aerobics Rm T W Th Sa 1-2p BC Aerobics Rm M W S 7-7p BC Aerobics Rm M 9a-12:30p FW AZ 3; Tu 6-7p LV SH 3 Th 9:30a-12:30p BC SH 2	Concert Band: FW 602-625-5211 Handbell Ringers: FW (602) 799-1947 doreenC4488@gmail.com Piano: SD (507) 213-6141 Sun City Players Community Theater: MV Writeonjoy@gmail.com Info (623) 500-2949 Suncityplayerscommunitytheater.org Rhythm Ramblers: FW (623) 876-2063  Ukulele: FW (623) 594-6591 Sept-June (623) 398-0483 June-Sept Women's Chorus: FW (623) 308-4643 Annette  Political Clubs  Democratic: FW (623) 977-4660 Republican: SD suncitygopclub@gmail.com  Social Clubs  Best Friends Dog Club: FW
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ше	ectory				
30p	Hobby Clubs	No Meetings/Sessions at this time	Fairway Readers: FW	2nd F 1-2:30p FW Rm 217	Shuffleboard Bell: BC
. al	Armchair Travel Club: FW	No meetings for remainder of 2020	(623) 972-3409		623-999-0362 - Dennis
ud SH	(623) 476-2811	No meetings for remainder of 2020	Illinois Club: FW	Social Mtg 4th Th 6:30pm FW AZ #3	Shuffleboard Outdoor: LV 623-688-6026
FW	Birding Club of Sun City: BC	No meetings at this time		Mem Mtg 10/22 6:30p in FW AZ #3	Shuffleboard Sundial: BC
1-3	BirdPeepersSC@gmail.com		LGBT of Sun City: OM Aud	Meet 2nd Th & 4th W 6pm OM Aud	623-208-9921
	325-201-5099 Leave Message				Softball (Senior): Sun Bowl
Aud	Duffeeland Dog Park: Talisman		Men's: SD	M-Sa 7a-4p; Poker M 4-9p	623-444-9402 or 503-351-2036 www.azsrsoftball.com
lud	360-789-9815 Garden: GR	Office Hours M W F 9a-12p GR	(623) 977-5116 Michigan Friends in Sun City	3rd W 4-6p; Last M 2:30-5p BC MPR	www.azsrsortball.com
9;	(623) 875-5921	Office flours in W 1 9a-12p GK	michigan2arizona@cox.net	310 W 4-0p, Last M 2.30-3p BC MPR	Sportsmen: LV
SD	Model Railroad: FW	Club Hours M-Sa 8a-4p			Dave 612-202-4803
Aud	(239) 207-7314 - Leave message		New England: LV (623) 215-3637; (623) 328-9878	Sa 10/10 LV SH 3	Swim Lessons: LV 602-373-0646
me	Model Railroad Museum: FW	Currently closed	NextGen: FW	1st & 3rd M FW AZ 1&2	Swimmers Master: BC
	(239) 207-7314 - Leave message		(763)234-6231	3rd M & Every Th Cards 1p BC MPR	602-373-0646
SH	Rockhounds: SD	Curretly closed	nextgensuncity.org/	Wine Sharing 2nd F 5-8p OM Aud/Patio	Table Tennis: BC
	srockmuseum@gmail.com	2nd Th 5p FW AZ 1 & 2		Halloween Party M 10/26, 4-9:30p SD Aud	623-234-4743
<b></b>	Mineral Museum: SD (623) 428-6442	Currently closed	Sun City Hospitality: MC	2nd F Pizza/Bunco 5p MC Aud	480-390-5232
SH	RV Club: SD	No meetings/activities at this time	(623) 933-5158	Last F Potluck/Bunco 5p MC Aud Friendship Corner Sa 11a MC SH	Tennis: BC
511	litlamos@gmail.com	1st W, 3rd Tu 5-9p Games at BCMP Bldg		Bridge W 12p MC SH	608-792-1957
		Caravan Mtg 4th F 9-11:30a SD EH	Singles Social Club: FW	1st F Potluck 6p FW AZ 3&4	melvinhaus@mail.com
30a	Stamp Club: MC	No meetings/activities at this time	Ellen (623) 583-2307	3rd F Game Night 6p FW AZ 3&4	Volleyball: 206-459-3242
٧H	(602)329-8905			Darts 4th F 6:30p BC	charlespeterson@comcast.net
021	Sun City Yacht Club: LV	Su, Tu, Th 12p-3p	Wisconsin Club: SB		Water Volleyball Club of SC: OM
J21	(480) 492-3477 Vintage Vehicles: LV	General Mtg 3rd Tu 1pm LV SH 1	(623)242-6318		WVCofSC@gmail.com
	(509) 430-1625	Car Show F 10/15, 2-5p SD N/E Lot	Women's: LV 623-977-5605	M-Su 9:30a-4:30p	
2p	(11)	TH Breakfast at Mercers 7am	023-977-3003		Whisperball of Sun City: BC 480-678-1622
020	Performing Arts Clubs	No Meetings/Sessions at this time	Sport Clubs	Sport may be available but not club	100-070-1022
info			Basketball: MC	Pick Up Games in Villanueva	Club Directory Key:
0a-	Sun Cities Community	W 8:30a-12p FW Music Room	(206)459-3242; (604)313-3190	Community Center M&W 3:30-5p Oct - April	M = Monday
133	Orchestra: FW (623) 582-9964		charlespeterson@comcast.net		Tu = Tuesday
ne	Choraliers: FW	M 8:30-11a FW Music Rm	Billiards: Bell Billiards Room	Billiards available but no club activities	W = Wednesday
.&2	(623) 933-7202 (Carol)		(315) 806-0067	W 7a-1p; Sa 12-5p; Tu & F 11a-4p Instruction F 8-11a	Th = Thursday
.02	Concert Band: FW	Tu 9-11a FW Music Rm	Billiards: LV Billiards Room	Ladies M & Sa 8:45-11:45a	F = Friday
	602-625-5211		(602) 319-0783	Th 9:45-11:30a; Couples W 6-7:30p	Sa = Saturday Su = Sunday
SD	Handbell Ringers: FW	F 8a-12p FW Music Rm	Billiards available but no club	Men/Wmn Singles 8-ball M 8a-12p;	a = A.M. & p = P.M.
/13	(602) 799-1947 doreenC4488@gmail.com	Mem Mtg F 10/23	activities	Dbls 8-ball Tu & Th 8a-12p	Area codes 623 unless noted.
1/6 ion	Piano: SD	3rd F 9:30-11a SD Aud		Men/Wmn Singles 9-Ball Th 1-4p& F 8a-12p	
am	(507) 213-6141		D 60	10-Ball W 9a-1p	
ud;	Sun City Players Community	Clubhouse workshop W 9:30-11:30a	Bocce: SD (623) 693-2881	F 5-9p; Su 1-5p; Games M-F 9a-12p Playoffs Sa 10/17 9a	
	Theater: MV	Gen Mem Mtg/entertainment 3rd M 7p	(023) 033-2001	1 layon 3 3a 10/17 3a	Important Dates
MC MC	Writeonjoy@gmail.com				important bates
Rm	Info (623) 500-2949 Suncityplayerscommunitytheater.org		Dart Club: BC	Darts available but no club activities	
ool	Rhythm Ramblers: FW	Rehearsal Tu 1-5p(except 10/6) FW Music Rm	(773) 802-2084	M T W 5:30p; Th 2p; 1st Sa 1p	October
.&2	(623) 876-2063	Dance Tu 10/6 2:30p SD Aud	Lawn Bowls: BC	M W F 7-9a; Su M W F 7-9p	1 Club Membersh
on			(623) 972-3248 Lawn Bowls: FW & MV		5 SunViews subm
on SD	Ukulele: FW	Virtual Meetings -Th 3-4:30p FW Music Rm	(623)933-5066		10 Guest Attendar
lyn	(623) 594-6591 Sept-June	Mentorship 1st/3rdTh1:30-2:30p FWMusic Rm	Lawn Bowls:LV (Sun City Club)	Mondays 12-5p starting 10/12	To Guest Attendar
502	(623) 398-0483 June-Sept	Mem Mtg Th 10/15	(623)583-0625	3 4,	November
Aud	Women's Chorus: FW (623) 308-4643 Annette	Th 8:45-11a FW Music Rm Potluck Th 10/15 FW AZ Rm 1	Lawn Bowls: LV	Tu W Sa 7:30-10a	5 SunViews subm
oitio			(623)974-3214		10 Guest Attendar
.&2	Political Clubs	No Meetings/Sessions at this time	Lawn Bowls: OM	M W F 8:45-11:30a; Su 1:45-3:15p	To Guest Attendar
Rm	Democratic: FW	1st Th 6p FW AZ Rms 1&2	(623)792-5202		December
Rm	(623) 977-4660		Mini-Golf: LV	Golf 10/14 9a MV; 10/28 9a BC	5 SunViews subm
Rm	Republican: SD	3rd Tu 6p SD EH	(317)508-5959 (623)300-4461	Mem Mtg Tu before 2nd Wed 9a LV SH 1	10 Guest Attendar
H 3	suncitygopclub@gmail.com			October Lunch W 10/28 10a Bell Pation	31 RCSC Chartered
12	Social Clubs	No Meetings/Sessions at this time	Pickleball: MC, MV	Contact Club for Times & Activities	J. HOSE CHARLETCE
	Best Friends Dog Club: FW	Meet-Greet/Reg Th 10/15 4-8p FW AZ 1-2	pickleball.suncity@gmail.com		
VH;	(480) 524-6893	Regis/Mem Mtg Tu 10/20, 1p FW AZ 1-2	Racquetball Club: BC	M-W-F 11a-2p; T-Th 5:30-7:30p	
Aud	bfdcsuncity@gmail.com		623-986-1754	Sa 11a-1p	Charte
					62
					UZ

7	Shuffleboard Bell: BC	M-Tu-W-F 12-3:30p BC Ct
	623-999-0362 - Dennis	
	Shuffleboard Outdoor: LV	M W F 1-4p L
±3	623-688-6026	
±3	Shuffleboard Sundial: BC	Th 5:30-9p BC Ct
bı	623-208-9921	
	Softball (Senior): Sun Bowl	Open Practice Su 7a-1p; New players M 7a-1
9p	623-444-9402 or 503-351-2036	League Play Tu-Th-F 8a-5p; Sa 8a-1
	www.azsrsoftball.com	
PR		
	Sportsmen: LV	All meetings & socials cancelle
	Dave 612-202-4803	until further notic
3	Swim Lessons: LV	W 8:30-10a L
	602-373-0646	M F 7 Oo DC Lon Doo
ι2	Swimmers Master: BC 602-373-0646	M-F 7-9a BC Lap Poo
PR	602-373-0646	Pizza/Mini Golf F 10/23 4:30p Be
io	Table Tennis: BC	M W E 102 22 To C2 102 12
bı	623-234-4743	M W F 10a-2p; Tu Sa 10a-12
bı	480-390-5232	
bı	Tennis: BC	
Н	608-792-1957	
Н	melvinhaus@mail.com	
k4	Volleyball:	Closed for Summe
44	206-459-3242	Closed for Summe
3C	charlespeterson@comcast.net	
	Water Volleyball Club of SC: OM	Closed at this tim
	WVCofSC@gmail.com	3,555 4, 6,15 4,11
)p	2012 0C g	
	Whisperball of Sun City: BC	M W F 3-5pm; T Th 1:30-3:30
h	480-678-1622	BC Racquetball Court
b		
а	Club Directory Key:	
ril		DO D 110 1
	M = Monday	BC = Bell Center
es	Tu = Tuesday	FW = Fairway Center
р	W = Wednesday	GR = Grand Center
la	Th = Thursday	LV = Lakeview Center
ā	F = Friday	MC = Marinette Center  MV = Mountain View Center
)p	Sa = Saturday	MV = Mountain View Center  OM = Oakmont Center
	Su = Sunday	Oivi = Oakmont Center

#### Important Dates for Clubs to Remember!

SD = Sundial Center SB = Sun Bowl

- 1 Club Membership Roster due
- 5 SunViews submissions due for November
- 10 Guest Attendance Register & guest fees due

#### November

- 5 SunViews submissions due for December
- 10 Guest Attendance Register & guest fees due

#### December

- 5 SunViews submissions due for January
- 10 Guest Attendance Register & guest fees due
- 31 RCSC Chartered Club Officers FORM BP:12-3

**Chartered Clubs Office** 623-561-4660 email: clubs@suncityaz.org Office Hours: Monday-Friday 8:30am to 4pm

\*\* Due to the current health crisis situation, some clubs may remain closed until restrictions are lifted. Contact club for specific info!

#### **Cards & Games**

ALL Card & Game Clubs are on hiatus due to COVID-19 requirements & restrictions.

#### **Sun City Duplicate Bridge (ACBL)**

Meets MTh F 12:45-4:30p LV SH 1 & 2. Fragrance & smoke-free. Partner required. Doors open 12:15; arrive by 12:45pm. FMIC Dan 623-518-7916 or www.suncitydbc.com. If handicapped, need N/S table or require scoring changes, email to scdbc.directors. net

#### Kachina Bridge

Don't let duplicate bridge scare you! Our non-sanctioned club meets M & Th (Play once/twice a wk) at Sundial 12:15-4pm. Annual dues: \$5 RCSC Cardholders plus \$2 each play. See how duplicate bridge is played. No partner? No worries! FMIC Sharon 651-592-5939; Velda 623-262-1360

#### **Thursday Afternoon Bridge**

Play Contract Bridge every Th at Oakmont Aud 12:30-4:30; arrive by 12:15. No partner needed. FMIC Mary Ann 623-933-9671

#### **Oakmont Pinochle Club**

Meets Tu & Sa 12-4p. Arrive by 11:45am; play at 12pm. Annual Dues: \$5; 50¢ per play day. Open to all RCSC Cardholders. Guests welcome but must be escorted by Club Member & pay Guest Fees. We're a single deck club. FMIC 623-876-1895

#### **Monday Night Pinochle**

Like pinochle? Come to Oakmont, M 5:45pm (register), play 6pm. Singles welcome! Play single/double deck. Annual dues \$3; plus 50¢ nightly. Escorted guests \$3.50; visitors \$1. Prizes awarded. After 6 hands, individual scores added, winners advance. Losers stay but don't play each other. This allows playing games w/new partners & a great social time. FMIC 623-972-3263.

#### **Sheepshead**

Play on Mondays at 6pm Talisman Hall; no play 4/6. Open to all RCSC Cardholders. FMIC Pat 623 933-7044, Sue 623 999-4965

#### **Mah Jongg**

Mah Jongg is a fascinating, rummy-like game played with tiles rather than cards, requiring strategy, mental agility & old-fashioned luck. Play as individual (no partners) against 1-4 other opponents, making runs, pairs & even/odd numbered combos. Interesting, challenging & FUN!

Club plays Tu 11:30am-4pm Sundial WH; & Th 5:30-9pm & Su 11:30am-4pm Marinette SH. Open to RCSC Cardholders. Annual dues \$5; Escorted guest \$2.50/day. FMIC: Sandy 623-399-6337 or Ila 602-332-4045

#### **Bunco Broncos**

Meet at FW AZ Rms 1-2, 4th Mon every month. Join us for an afternoon of fun! Doors open 11:45am, play 12:30pm. Open to all RCSC Cardholders. Dues: \$3; \$2 to play. FMIC602-526-3495/623-698-3002

#### **Mixed Cribbage Club**

Every Tu 1-4pm & W 6:30-9:30pm LV SH3. No Partner needed. Open to all RCSC Cardholders. Cost \$5/join & 50¢ play. Cardholders may play 3X as visitor. Arrive by 12:45pm. FMIC Pat 623-933-7044

#### **Euchre Club**

Every Tu 5:15pm, 6:15pm start at Fairway. Group now meets 1st & 3rd Thu in Lakeview SH #3; 1pm start time. Instruction for new members by appointment at 623-533-5705. FMIC 623-693-2881

#### **ABG Club (All Board Games Club)**

Meets Monday & Friday 1-5p & Saturday 2-5pm in Lakeview SH #3. Open to all RCSC Cardholders. Bring your RCSC card (with photo) & your favorite board games. Join others & play a variety of games, especially for those which there is not already an established club. FMIC Alan (717) 744-8816 or email alandocrock@gmail.com

#### **Hand & Foot Club**

If you like playing cards for hours, Hand & Foot might be your game. After joining for \$5, it only costs 50¢ a week to play. Winnings are huge (\$1). It's fun! Singles welcome; no partner needed. R & R & Rules of play must be followed. Every Wed at Lakeview SH1&2: Sign in by 5:50pm; Play at 6pm. \$5 Annual Dues. Open to all RCSC Cardholders & escorted guests. Can play 3X then you're required to join the club. FMIE: cwpastored@gmail.com; phone Ed 623-680-8276 or Tom 972-838-7512

#### **Hospitality Club**

All RCSC Cardholders welcome. Saturday Cards/Games at Marinette starts at 11am. If you live in north Sun City this may be closer to home than other chartered groups. Play 3 times before joining. Annual Dues: \$6; includes various other monthly activities, including Pizza, Potluck & Breakfast. FMI or an emailed newsletter call 623-933-5158.

#### **Oakmont Mixed Cards**

We need Pinochle players! Club meets Sat 6:15 pm. Play Pinochle, Bid Euchre & Hand & Foot. Play starts 6:15pm promptly; concludes 9:30 pm. BYO refreshments &/or to share. Weekly Fee: 50¢ Annual dues: \$3. FMIC Lil 614-787-5885.

#### **Lakeview Evening Bridge Club**

Card Sharks Bridge & One Partner Bridge have merged! Now meet on M & Th, LV SH #1. Doors open 6:15pm; play 6:50pm; arrive by 6:45pm. Partners required! Annual dues: \$5. Cost \$1/couple for evening's prize fund. All grand slams rewarded & designated slam paid. If you wish to come for an evening, cost is \$1 (RCSC Cardholders); \$2.50 escorted guests plus 50 cents per visitor/guest for prize fund. FMIC 623-478-2156.

#### Social

ALL Social Clubs are closed due to COVID-19 requirements & restrictions.

These activities will resume when all requirements & restrictions for RCSC phased re-opening plan can be met. Contact clubs directly for more info.

#### **LGBT Club of Sun City**

Meetings 2nd Thursday (Sept-May), Oakmont Center. Meeting 6-7pm; Social 7-8:30pm. See LGBT Club of Sun City Facebook page, club newsletter or email: lgbtclubofsuncity@

gmail.com for more info. Cardholders & their quests.



#### **Sun City Hospitality Club**

All RCSC Cardholder welcome. Meetings at Marinette. Pizza/Bunco 5pm 2nd Friday, RSVP required. Potluck/Bunco last Friday 5pm. Bridge meets Weds @ noon; we have openings! Breakfast 1st Monday 9:30am. Friendship Corner meets 11am Sat for cards/ games. FMIC 623-933-5158.

#### NextGen

Club open to all RCSC Cardholders. NextGen is a great place to meet new friends & enjoy a variety of social activities. Membership is \$10/year. FMI visit www.nextgenclubofsuncity to join online.

#### Illinois Club of Sun City

All activities are currently suspended due to the COVID-19 pandemic.

A fun, friendly club open to all RCSC cardholders, especially those with some connection to Illinois. Meetings include social hour, Illinois trivia, 50/50 raffles, refreshments & card/board games at 6:30pm 4th Thursday of month (except holidays) in Fairway Arizona Room #3. Annual dues \$5.

FMIC Betse 630-768-5206 or email booksandme@aol.com

#### Michigan Friends in Sun City Club

All activities are currently suspended due to the COVID-19 pandemic.

The Board of the Michigan Friends in Sun City Club will review the safety of meeting prior to the 10/21 meeting date and communicate plans to members.

Monthly Happy Hour: 3rd Wed (excluding summer) from 4-6pm, Bell Lawn Bowl (aka MPR); BYOB & snack to share.

Interested in joining our club? Pick up a brochure/application at the Visitors Center at Bell. Annual dues: \$5. Pay at any event or mail to Michigan Friends in Sun City c/o Bell Center 16820 N. 99th Ave, Sun City, AZ

#### **New England Club**

All activities are currently suspended due to the COVID-19 pandemic. Meeting at 5pm; Dinner at 5:30pm. FMIC Carol 623-215-3637 or Sheila 623-328-9878

#### **Sun City Women's Social Club**

All activities are currently suspended due to the COVID-19 pandemic.

Place for fun & friendship at Lakeview. Everyday 9am-4:30pm. Poker, Bridge, Hand & Foot, Mexican Train, Canasta, etc. Subs needed; members encouraged to set up own games/ activities. Annual Dues \$10; open to women w/RCSC membership. FMIC 623-977-5605

#### **Duffeeland Dog Park Club**

Join us as we help make a safe, clean & enjoyable experience for dogs, handlers & RCSC Cardholders (& escorted quests). Potlucks, cookouts & social events & more. Annual Dues: \$5. FMIC Tracy 360-789-9815 or email duffeeland@gmail.com or more info. **NOTE: Duffeeland Dog Park is OPEN!** 

#### **Best Friends Dog Club of Sun City**

Go to Best Friends Dog Club website for descriptions & times of training classes offered at https://www.bestfriendsdogclub.org. We also host fun activities for you & Fido - walks, brunches, yappy hours & picnics! Join the club at any of our meetings (for people & ser-



vice dogs only) where we share tips, ideas, info & goodies! Meets in Fairwa AZ 1-2. FMIC 480 524-6893.

#### **Sun City Singles Social Club**

All activities are currently suspended due to the COVID-19 pandemic.

Club welcomes single RCSC cardholders. Annual dues: \$6. Escorted guests must be single.

Monthly Activities: 1st Fri Potluck 5:45pm at Fairway. Bring ready-to-serve food for 10-12 people. 3rd Fri Game Night 5:45pm, may bring snacks to share. BYO drink/activity

Weekly activities: Every Sat, breakfast at Brother's Family Restaurant at 8:45am. Every Wed, billiards at Lakeview Lanes,1pm.

FMI Check website: www.simplesite.com/ myclub or contact Ellen 623-583-2307

#### **Performing Arts**

#### **Handbell Ringers of Sun City**

The Handbell Ringers of Sun City will remain on hiatus until Phase 3 of the RCSC Reopening Plan. When it is safe for ringers to rehearse, observing the distancing and masking restrictions, plans will be developed for the return of members and their guests. When we resume rehearsals, Membership is open to RCSC Cardholders & invited guests. FMI contact Doreen at doreenc4488@gmail.com.

#### Sun City Concert Band

Rehearsals remain on hiatus until requirements & restrictions with regards to COVID-19 can be met.

Dust off you instruments & join the Sun City Concert Band under the direction of Ken Jaeger, well known Arizona Band Master & clinician. Charles Musgraves joins us as Associate Conductor, SCCB rehearses Tuesdays from 9-11am September through April at Fairway. Annual dues are \$5; membership is open to all RCSC Cardholders.

Visit the band's website at sccband.org for more information. To be placed on our Notification E-mail List, contact band President Jim Wise at 602-625-5211 or request online at https://suncityaz.org/ recreation/clubs/sun-city-concert-band/

#### **Piano Club of Sun City**

Piano Club is currently on summer hiatus. Meetings will resume in the fall provided that requirements & restrictions for re-opening at that time can be met.

The Piano Club meets 9:30am the third Friday of each month, October through April, in the Sundial Auditorium. You do not have to play or perform to become a member. Just enjoy the music, treats, and companionship. Annual membership is \$10 per person or \$15 per household for RCSC cardholders only. RCSC cardholders and escorted guests are always welcome.

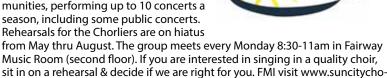
We will be closing for the summer after this music program. Look for more great music next fall.

#### **Choraliers of Sun City**

raliers.com

The Choraliers are on hiatus through the rest of 2020 and are hoping to resume rehearsals on January 4 presuming that requirements & restrictions in place at that time can be met.

The Choraliers are an accomplished SATB choir that sings a variety of music from classical to jazz. The Choraliers perform at social functions, churches, healthcare facilities & retirement communities, performing up to 10 concerts a season, including some public concerts. Rehearsals for the Chorliers are on hiatus



#### **Sun City Womens Chorus**

The Sun City Women's Chorus takes the health and well-being of all participants seriously.

With this in mind, we have determined it to be appropriate to cancel our Holiday Concert typically

held in the month of December. Therefore, we will not have rehearsals this fall. We do expect to resume rehearsals on Thursday, January 7, 2021 at 8:45 a.m. at the Fairway provided all requirements and restrictions at that time can be met.



All women with current RCSC membership are welcome to join us. We plan to perform our Spring Concert on Sunday, April 11. Many people purchased tickets for our cancelled concert this past March. We will honor those tickets at our Spring Concert. Thank you for your understanding during these difficult times. We look forward to seeing you then. If you have any questions, please contact Annette (623) 308-4643. The Chorus always welcomes new members who enjoy singing four-part harmony with a current RCSC card. No audition is required. FMIC Annette 623-308-4643.

#### **Monitored Activities**

Basketball	Not available until Phase 3
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Billiard Tables	
Bell Lanes	M-Sa: 8a-9p; Su: Noon-8p
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p
Bingo	Closed until at least Jan 2021
Sundial Center	Thursdays: Doors Open 4:30p; Bingo 6:15p
	\$9 all 18 games w/3 special games
	Everyone welcome.
Boating/ Fishing	
Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p (or Dusk)
Bocce Courts	
Sundial Center	M-Sa: 6a-9p; Su: 8a-8p
<b>Bowling Lanes</b>	
Bell Lanes	M-Sa 8a-9p; Su 12-8p
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p
Dog Parks	
Duffeeland	October - April: 7am-6pm
	Closed last Wed/month for Maintenance
Darts	
Bell Center	M-Sa: 8a-9p; Su: Noon-8p
Fitness Centers	Open w/ limited occupancy, restrictions
Bell Center - 18+ only	M-Sa: 5a-9p; Su: 8a-8p
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p
Lakeview Center	M-Sa: 6a-7p; Su 8a-7p
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Mountain View Center	M-Sa: 6a-7p; Su 8a-7p
Oakmont Center	M-Sa: 6a-7p; Su 8a-7p
Sundial Center - 18+ only	M-Sa: 6a-9p; Su: 8a-8p
Horseshoe Courts	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Mountain View Center	M-Sa: 6a-7p; Su 8a-7p

	Indoor	
	Fairway Center	M-Sa 5a-9p; Su: 8a-8p
	Sundial Center Outdoor	
	Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
	Sun Bowl	Dawn to Dusk
1	Library (602) 652-3000	Call to confirm hours
	Bell Center	M: 9a-7p; Tu-Sa: 9a-5p
ı	Fairway Center	M-F 9a-4p; Sat 8a-12p
	Mini Golf	
	Bell Center	M-Sa: 6a-9p; Su: 8a-8p
	Lakeview Center	M-Sa: 6a-7p; Su 8a-7p
	Mountain View Center	M-Sa: 6a-7p; Su 8a-7p
	Sundial Center	M-Sa: 6a-9p; Su: 8a-8p
	Pickleball	
	Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
	Mountain View: Outdoor	M-Sa: 6a-7p; Su 8a-7p
	Racquetball	
	Bell Center Courts A & B	M-Sa: 6a-9p; Su: 8a-8p;
	Shuffleboard	M C 0- 0 C N 7-
	Bell Lanes: Indoor	M-Sa: 8a-8p; Su: Noon-7p
	Lakeview: Outdoor  Spas	M-Sa: 6a-7p; Su 8a-7p
	Bell Center - 18+ only	M-Sa: 5a-9p; Su: 8a-8p
	Fairway Center	M-Sa: 5a-9p; Su: 8a-8p
	Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p
	Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
	Mountain View Center	M-Sa: 6a-7p; Su: 8a-7p
	Oakmont Center	See Pool Hours
	Sundial Center - 18+ only	M-Sa: 6a-9p: Su: 8a-8p

Jogging / Walking Track	Open w/ limited occupancy, restrictions	Swimming Pools - Open Swim Hours
Indoor		Bell Center - 18+ only
Fairway Center	M-Sa 5a-9p; Su: 8a-8p	Lap Pool: M-Sa: 5a-9p; Su 8a-8p; Closed for Club/Class: M-F 7-9a
Sundial Center		Walking Pool: M-Sa: 5a-9p; Su 8a-8p
Outdoor		Fairway Center
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Lap Pool: M-Sa: 5a-9p;Su 8a-8p
Sun Bowl	Dawn to Dusk	Walking Pool: M-Sa: 5a-9p;Su 8a-8p
Library (602) 652-3000	Call to confirm hours	Lakeview Center
Bell Center	M: 9a-7p; Tu-Sa: 9a-5p	M-Sa: 6a-7p; Su 8a-7p
Fairway Center	M-F 9a-4p; Sat 8a-12p	Children's Pool Hours - Ages 4-15 yrs: Daily 4p-Close
Mini Golf		Marinette Center
Bell Center	M-Sa: 6a-9p; Su: 8a-8p	M-Sa: 6a-9p, Su: 8a-8p
Lakeview Center	M-Sa: 6a-7p; Su 8a-7p	Children's Pool Hours - Ages 4-15 yrs Daily 1-4p
Mountain View Center	M-Sa: 6a-7p; Su 8a-7p	Mountain View Center
Sundial Center	M-Sa: 6a-9p; Su: 8a-8p	M-Sa: 6a-7p; Su 8a-7p
Pickleball		Children's Pool Hours for Ages 4-15 yrs - Daily 10a-1p
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Oakmont Center

Sundial Center - 18+ only Large Pool: M-Sa: 6a-9p; Su: 8a-8p;

Warm Water Pool: M-Sa: 6a-9p; Su 8a-8P

M-Sa: 6a-7p; Su 8a-7p

Bell Center: M-Sa: 6a-9p; Su: 8a-8p;

Closed for Club Activity: M W F: 10a-3p; Tu & Sa: 10a-12p

Bell Center: 623-977-3325 M-Sa: 6a-9p; Su: 8a-8p Lakeview Center: 623-561-4676 M-Sa: 6a-7p; Su 8a-7p Mountain View: 623-876-3042 M-Sa: 6a-7p; Su 8a-7p

#### Fitness & Fitness Classes - ALL FITNESS CLUB ACTIVITIES ARE ON HIATUS DUE TO COVID-19 RESTRICTIONS



#### **Sun City Tai Chi Club**

Start tai chi now for a peaceful soul, a calm mind, and a stronger body with better balance and flexibility. Classes on Mondays, Tuesdays, Thursdays, and Fridays are led by certified instructors, & are suitable for the beginner unless specified as Intermediate or Advanced. "Tai Chi Essentials" on Mondays, "Balance & Tai Chi Basics" on Thursdays, and "Pure & Simple" on Fridays are great introductions to Tai Chi benefits. Call if you have questions about which class is best for you. Before paying the \$10 annual membership dues, RCSC cardhold-

ers can try two classes for \$3 each. Escorted guests (non-cardholders) pay \$5.50. For more information: Elisa McArthur 480-710-8497, email:taichiqigongaz@gmail.com, website: sctai. wixsite.com/sc-tai-chi-club.

Class Schedule - Mondays: Fairway AZ #3 - Tai Chi Essentials 10:15am; Tai Chi Yang 24 11:30am; Tuesdays: Lakeview SH #2 - QI Gong 6pm; Thursdays: Bell Social Hall #2 - Balance & Tai Chi Basics 9:30am; Beginner Tai Chi 108 Set One 10:45am; Intermediate Tai Chi 108 Set Two 12pm; Advanced Tai Chi Set Three 1:15pm. Fridays: Bell Social Hall #2 - Pure & Simple Tai Chi 1:15pm. Check the website calendar, email or call for details.

#### Hatha Yoga at Sundial

- All Classes in Yoga Room at Sundial (2nd floor)
- Multi-level classes taught by certified instructors & students work at their own level.
- Visitors may attend one session prior to joining (\$3 class fee, \$5 yearly membership).
- Bring a mat, small blanket or towel & current RCSC photo card.
- Wear loose, comfortable clothing for easy movement.
- Arrive 30 minutes prior to class start.
- 90 minute MAT classes: 6 days a week more information & schedules visit hathayogaclub.org (MAT inquiries - HathaYogaClub@gmail.com).
- 75 minute CHAIR classes: 4 days a week preregister with Carlyn at 623-972-9602 (phone is for CHAIR only) other info at hathayogaclub.org

#### **Oakmont Ladies Exercise Club**

Join us for low-impact exercises designed for women over 50 at Oakmont on Tuesdays & Fridays 8-9am. Annual Dues: \$3, 3 free trial visits. FMIC Helen 715-222-9519

#### **Agua Fitness Club**

Due to the current COVID-19 crisis, AZ Executive Orders and RCSC Phased Reopening plan will determine when Aqua Fitness classes can resume. There will be no Fall Session and Winter Session is pending. Classes on M/Th or T/F at Sundial, Oakmont, Marinette & Mt. View. No swimming involved;members stand in waist/chest deep water. Instructors teach three classes of varying intensities: Free Standing, Poolside & Aqua Stretches. Annual Dues \$5; \$15 for each 8 week session; 5 Sessions annually. All classes are co-ed; must be RCSC Cardholder to attend any classes or join the Club. FMI on the latest class info, visit www.aquafitnesssuncity.com or call Terry @ 619-818-4380.

# Even if they are wearing a face mask, pets are still not allowed on RCSC Properties!

Household Pets are not allowed on RCSC properties nor in RCSC facilities (please refer to Board Policy #10 for more info).

Exceptions: Duffeeland Dog Park, Best Friends Dog Club training arena at Fairway, dogs trained as service animals.

NOTE: There is NO expection for Emotional Support Animals!



#### Swim Club

Swim lessons are currently indoors at Sundial on Wed 8:30-10am. Both beginning lessons & intermediate classes available. Annual fee: \$5 for any RCSC Cardholder. FMIC Armando Barnett 602-373-0646 or 602-451-0649

#### **Zumba Fitness Club**

Zumba fuses Latin rhythms & easy to follow fitness moves to create a dynamic full body workout. It keeps you moving & grooving & makes fitness fun. The hour includes a warm-up, cardio workout & cool-down.

Mon: 11:30a-12:30p Bell Social Hall (**Zumba Gold**; instructor Debbie Reiss) **Tues:** 6:30-7p; Sundial West Hall (**Chair Zumba**; instructor Debbie Reiss) \*\* **Tues:** 7-7:30p; Sundial West hall (**Zumba Gold**; instructor Debbie Reiss) **Wed:** 11:30a-12:30p; Bell Social Hall (**Zumba Gold**; instructor Debbie Reiss) **Thurs:** 6:30-7:30p; Marinette Aud (**Zumba Fitness**; instructor Julie Chaney) **Fri:** 11:30a-12p; Bell Social Hall (**Chair Zumba Class**; instructor Debbie Reiss) \*\* **Fri:** 12-12:30p; Bell Social Hall (**Zumba Gold**; instructor Debbie Reiss) **Sat:** 8:30-9:30a; Marinette Aud (**Zumba Fitness**; instructor Julie Chaney)

\*\* NOTE: Immediately following Chair Zumba is regular Zumba Gold. To attend regular Zumba Gold you must check in prior to the Chair Zumba. You can either attend chair class or warm up in Social Hall while waiting as class monitors must have both classes checked in prior to start of Zumba Chair. Cost: Members: \$2/class; Visitors \$4/class; Escorted Guests \$5/Class. Annual Membership: \$8 FMIC Deb Dutton at 508-527-4535.



#### **Dance for Fitness**

With a current RCSC Membership you may enjoy three free sessions. Annual membership fee \$5. Come one, two, or three times a week, whatever fits your schedule. Tuesday at Bell Social Halls, Wednesday at Sundial Auditorium & Friday at Mt. View. All Classes 9-10am. FMIC Penny at 623-933-7021 or Jerry at 253-820-5453.

#### **Bell Aerobics**

Come join this friendly group for a complete 45-minute workout of gentle stretching on Mon, Wed & Fri at 8, 9 or 10am at Bell Social Hall. Annual Membership \$5 with valid RCSC card; no class fees. There will a holiday potluck social in December for all members. We meet year-round & are looking forward to having you join us. FMIC Evelyn 902-229-6952 or Eleanor 623-933-1486.

#### Stretch & Slim

No matter your fitness level, have a blast in our DVD-led classes! We offer classes Mon-Sa at 6:45, 8, 9 & 10:15am. Two members must be present to hold class. Intensity varies, so visit & inquire for details. Classes are limited in size, held in our room at Bell Center next to indoor spa. S&S Club allows you to experience a variety of exercises: cardio (both low & high impact), strength training (handheld weights & fitness bands) & stretching for a well-rounded routine. Try three classes for free. Annual fee for RSCS Cardholders \$5. Guests \$2.50 per class & must be escorted by a club member. FMI visit a class or call Deb at 253-225-3370.

#### **FUNtastic Fitness**

Low Impact Aerobics - T & Th 1-2pm Marinette Social Hall. Cost \$3/class Functional Strenght Training - T & Th 2:10-3pm Marinette Social Hall. Cost \$3/class Mat Pilates - M & F 1-2pm Bell Aerobics Room. Cost \$4/class Our name says it all; 1st class is free! FMIC Donna 623-476-5230 or donnaschelin@yahoo.com

#### Handicapables

Whether your physical limitations are chronic or temporary, Handi-capables invites you to benefit from the fitness & social programs our club offers to enhance your enjoyment of life!

Pool exercises are offered on Tuesdays & Thursdays at Sundial. Two classes at 12 noon are available – one standing, one sitting down. Assistance is available if you need help. Another class at 1pm is for those able to do stand-up exercises with no assistance. Remember: An onsite shower is required before entering the pool (Maricopa County regulation).

Monthly social meetings with entertainment & snacks are held on the 1st Monday at 12:30pm in Fairway AZ Rooms 1 & 2. Annual membership \$15; open to all RCSC Cardholders. Personal caregivers may be allowed with physician verification (BP 9-1). FMIC 602-369-3819 or email handicapablesaz@gmail.com

Tips from Get Fit for Life -

## Struggling With Body-Image

"No matter how much you exercise or how carefully you watch what you eat, everyone suffers body-image issues, from time to time", states fitness professional Jane Fortier. "As someone who has battled weight more than 55 years, I have dealt with this first-hand. Occasionally, we all need a little boost in our "exercise self-esteem." Perhaps one of the following mantras will give you the boost you need, when discouragement sets in, and those exercise efforts seem in vane"

"When life throws you curves, embrace them!" Whether your current body curves are the result of being overweight, thin, or somewhere in between, embrace the body you

have right now. Bird legs or thunder thighs, your legs take you where you want to go. Skinny arms or bat wings, your arms allow you to hug your kids and grandkids. Love your body, it's a gift! You CAN improve how you look and how your body functions, through exercise - be patient, be diligent, stay committed. But above all, be thankful for the body you have.

"Happiness isn't size specific." Contrary to what the media might lead us to believe, happiness doesn't come from having a perfect looking body. Happiness is a choice, not a condition. We need to choose to be happy with life as it presents itself right now, and stay positive as we work to make our level of physical fitness better. Happiness is not dependent on how you look, but on how successfully you deal with life each day.



Being "married to the scale" can sometimes sabotage a healthy body-image and exercise

"You are so much more than the number you see on the scale." The scale measures the effect of gravity on your body. That's it! The scale can't tell you how good you feel. The scale can't tell you how much you're loved. The scale can't tell you how much you should love yourself. It can't even tell you how strong you are. As you exercise, the number on the scale will eventually drop. If you need to chart something numeric in your quest to get fit, track inches lost. This is a much more accurate measurement of body composition changes. If you are married to the scale, get a divorce!

"Exercise because you love your body, not because you hate it." Exercise should never be punishment for something you eat. It's the reward for caring about your body. Exercise should make you feel good and strong and energized. Exercise for overall body improvement, rather than focusing just on calories burned and specific body areas you want to change. We're all human. We all have flaws. Your body is yours - you should respect it for what it can do, and its potential for improvement. Exercise allows you to unfold the full potential of your body. Embrace that opportunity, and take pride in what your body can accomplish.

"Don't say anything about yourself that you wouldn't say about your best friend." Would you tell your best friend she is lazy, worthless and out-of-shape. Would you tell her that you hate her and wish she would change the way she looks. Would you talk down about her, day-in and day-out. Of course not! You respect that friend and care too much about her, to say such things. So STOP saying hateful things to yourself! Make being in your own skin a joy, rather than a misery. Simply accept where you are in live, focus on the moment, enjoy all the good things your body can accomplish, and push forward with an exercise program that will improve your situation. Think IT, Say IT, Become IT.

Get Fit for Life personal trainers are experts at helping Sun City residents get started with a safe, effective exercise program. For more information, call 623-696-6820 or visit Get Fit for Life, Sun City on Facebook.



aTouch Wellness Massage Therany Shares

## How Your Body Speaks to You

The mind is reflected in every part of the human body. Through the body we can get in touch with emotional issues that we have been repressing, denying or ignoring. As I sit and type this paper, I feel tension in my shoulders, I often experience this when I'm on the computer composing material. Feeling tension in the shoulders, it's like experiencing the weight of the world on your shoulders. I keep reaching back giving myself a massage, stretching my neck and repeating my affirmations.

Our bodies speak to us; the question is are we listening, and if we're not it begins to scream. This can be in the form of chronic and consistent pain, a body disorder or dysfunction and eventually disease. The role of the mind and emotions affect our state of health. This is only a part of the overall picture, but it's the part that is invariably overlooked. By understanding this relationship, we can gain insight, and can play a greater role in our own health and well-being. There have been great contributions made in this area of health care, by individuals such as Dr. Andrew Weil, founder and director of The Center for Integrative Medicine at University of Arizona. Dr. Weil practices integrative medicine - which considers the whole person, not just the symptoms. He makes this practice completely mainstream through his books and CDs.

Most of us tend to think of our bodies and minds as separate systems and believe they function independently for the most part. Our thoughts and feelings get translated into chemicals that fire off throughout our body, altering the chemical composition and behavior of the cells. If we are aware of which area of our body is painful, we can begin to focus on that area, possibly give our self a self-massage and start to work with some of the emotional components related to that area.

One of my main reference books, is by Louise L. Hay "Heal Your Body" which states if you tend to carry a lot of tension in your shoulders, the emotional component is related to our ability to carry our experiences in life joyously. It can also represent, carrying the weight of the world on your shoulders. We can begin to improve our emotional state by implementing positive affirmations for the shoulder, for example that would be, "I choose to allow all my experiences to be joyous and loving." Another possible affirmation is "I relax and release my perceived burdens."

Implementing this complimentary self-care practice can be beneficial in reducing stress and improving overall health and well-being. Additional practices could include guided meditation, and a simple acupressure technique called EFT, Emotional Freedom Technique. In betweenmassage sessions, such self-care tools and techniques can be implemented.

Massage helps us to manage stress and can also be used to address a number of health issues. A full complement of massage services are offered at Fairway, Sundial and Bell Recreation Centers (as noted below) for RCSC Cardholders and their escorted guests. If you would like to experience the benefits that massage may have for yourself, call and schedule an appointment today!

# **Group Equipment Demos** remain on hiatus at this time

## **Member Fitness & Massage Services**

Please show your support as these services return!

Call & schedule an appointment today!



Fitness Training 623-696-6820

**Sundial Center** Free Spirit Massage 623-225-8582

**Bell Center** 

Jan Dias 623-521-0771 Lisa McCoy 623-210-2707 Fairway Center Laura Moore 623-201-0378 latouchwellness@ massagetherapy.com

#### **Arts & Crafts**

#### **Camera Guild of Sun City**

We've officially now located at the new Grand Center! Members may work on projects during center hours Mon-Fri 8am-4:30pm up to 25 members max. Club hours with monitors are Mon-Fri 9am-noon & all

Phase 2 standards & requirements must be followed (masks, no visitors, etc). Classes & meetings will not take place until Phase 3.



Check the website for info on Grab-and-Go's, contests, zoom meetings & classes. We now have abundant space to expand our photographic skills. Photo studio, dark-room, ample space for projects using creative & scientific apparatus, photo lab with the current Photoshop-Lightroom software, large format Canon printer & all the tools to mount & frame your images.

Open to all RCSC members in good standing for a yearly fee of \$20/first, \$5 second family member.

Normally we meet October through April on the 1st & 3rd Saturdays from 9-11am in the Grand Sonoran Room. FMI please visit www.cameraguildsuncity.com

#### **Fairway Ceramics & Porcelain Club**

Open! Stop by Fairway Ceramics located on the 2nd floor of Fairway Center. We offer classes in various techniques and partner you with someone for orientation & completion of first piece. Annual dues (January-December) \$10/person; \$15/couple (same address). Greenware, tools, and supplies available for purchase on site. Hours: M-F 9a-3p; Sa, Su 9a-1p. FMIC 623-972-5818 or 602-821-1197.

#### **Bell Metal Club**

We are open! Members share info & experiences about all forms of metal working. Tap into your creativity & make something wonderful. Tour our shop - Mon-Sat 8am-4pm. Open to all RCSC Cardholders. Annual Dues: \$20. FMI about club, possible repairs, call 623-974-8206

#### **Creative Quilters**

Open! Mission: to teach & inspire w/classes for all levels. All forms of quilting; Sewing & quilting machines available. Well stocked workroom: rulers, cutters, Accuquilt (complete w/dies), high cutting & basting tables, large mats, design wall & ironing boards. Hours M-W-F 8am-4pm at Lakeview. Meeting every Fri morning w/ Show & Tell, Featured Quilter or special guest. After that, we sew! Early Spring, late summer quilt camps & bi-annual quilt show. FMIC Susan 909-744-0642 or Joann 970-261-1798.

#### **Oakmont Ceramics**

Open - All RCSC Cardholders welcome. No excuses; beginner classes make learning fun. Also classes on different techniques (free to members) & a variety of paints & supplies available for purchse. Learn ceramics from pouring to painting to finishing. Hours: M-Th 8a-3p; Tu 5:30-9p; F 9:30a-2p. Coffee is always on & the conversation snappy! FMIC 480-356-6871

#### **Bell Stitchers**

Open - Like to sew? Share new & fresh ideas as we create outfits for charity & craft items to raise money for accessories & supplies. Have a tour & a cup of coffee. Annual Dues \$3; membership open to RCSC cardholders.

#### **Sundial Craft Club**

Currently closed - As of press time, this club had not requested to open.

Club hours: Mon 8am-1pm & Th 8-11am. Club accepts craft donations of all kinds - yarn, cardstock, cutting dies, scrapbook supplies, etc. Boutique open to all offering handmade items. Gen Mtg 1st Mon (Sept-May) 9:30am. Annual Due \$7. FMIC 503-502-3151 or email sundialcraftclub@gmail.com

#### **Friendship Quilters & Fabric Artists**

Currently closed - As of press time, this club had not requested to open.

Our club was built on friendship & the common interests of quilting/creating projects with fabric for charities We sell items in our Boutique. New members always welcome. Stop by the Bell Quilting room on one of our meeting days. Hours: Mon - Wed 9am-8pm & Sat 9am-3pm. Annual dues \$10. Membership/participation open to all RCSC Cardholders. FMIC (623) 523-7661

#### **Handweavers & Spinners Guild**

Club room at Sundial currently open. Hours 9am-3pm Mon-Fri. FMI visit suncityaz.org/handweaversspinners-guild or call 623-933-0397

#### **Bell Silver Craft Club**

Open! Visit our well-equipped workshop & sales room. Classes in basic silver work, introducing students to fundamentals. We also offer classes in lost wax casting, chainmaille for stunning bracelets & necklaces. Other specialty classes/demos throughout the year. Jewelry Sales: Mon-Sat 9am-3 pm. Crafting hours: Mon-Sat 8am-3:30pm. Located around corner from Visitors Center. FMIC 623-933-8442.

#### **Artists by the Lake**

Club room at Lakeview is now open Monday-Friday from 9am to 4pm. There are currently no classess or events scheduled. FMI email debdahlinart@yahoo.com or call 315-491-9650 www.artistbythelake.com

#### **Fairway Sterling & Stones**

Open - If you're heading home soon, or if you live here year-round, don't forget those summer & fall birthdays for your special ones. Now is a great time to stop in to see beautiful hand-crafted creations in our jewelry showroom located in the Fairway Center. We're happy to show you how we make pieces from metal, stone & glass - rings, necklaces, bracelets & more using hand & power tools. We welcome new members; sign up for workshops offered to learn a new technique, or delve deeper into silver, lapidary, lost wax casting, chain making, Viking knit & more, Teachers are experienced member-instructors who try to accommodate your schedule. Hours M-F 9a-4p & Th 6-8pm. Craft Supply Room open 9a-2p. Located in room 136, "next door to the trains." FMIC 623-977-2208

#### **Bell Artistic Stained Glass**

Open - Have fun & meet new friends! Specializing in all types of glass art & projects including "came" & more current methods w/foil & solder. Techniques introduced in beginning class. Expert teaches fused & slumped glass; classes in large fused glass flowers, sandblast etching & more. We like potlucks. Drop in & see what we do! M-Sa: 8a-3p; plus M-Th 5-8:30p Year-round!

#### **Leather Craft**

Currently closed - As of press time, this club had not requested to open.

Open to all RCSC Cardholders. Annual Dues: \$10. Beginner classes Tues/Thurs, 8am. Learn carving, stamping, garment & construction. Lessons, patterns & tools furnished. We meet at Marinette. Hours: Mon-Fri 8am-12pm. Learn to make leather belts, purses, holsters, even mini saddles. A great group of people & a wonderful craft. FMIC 623-594-6591 or 623-933-8831.

#### **Bell Craft Club**

Currently closed - As of press time, this club had not requested to open.

Open M-F 9am-3pm; Sat 10am-2pm; M, W, Th 6-9pm, Classes in nearly every craft imaginable, taught by club members. Boutique offers unique handcrafted gifts. Mtgs 2nd Thurs, Sept-May. Annual Dues: \$10. New members joining July 1-Dec 31: \$5. All regular classes free to club members. Open to RCSC Cardholders. FMIC 623-974-3497.

#### **Jewelry Stained Glass & More**

Located at Grand Center; formerly Jewelry@ Oakmot. New look, New address with over 2K sf of work space. Hours: Mon-Fri 8a-1p; Sat 8a-12p. Casses for beginners to advanced classes in Lapidary, Glass Fusion, Wire Wrapping & Beading. Also new stained glass room where you can learn how to cut, copper foil & solder. FMIC John Schmidt at 623-322-4595.

#### **Fairway Knitters**

Currently closed - As of press time, this club had decided not to open until fall.
Knit & crochet items for military, care centers, school children, homeless & other charities.
Join us any Friday between 8:30am-1pm in Fairway AZ Rooms 3-4. Work on your own projects using your yarn or Club projects using club yarn. Yarn donations always welcome. We have items for sale if you like to shop & we always participate in the annual Arts & Crafts Festival in November. Annual dues: \$5. Memberhship open to all RCSC Cardholders. FMIC Denise 602-469-2505.

#### **Marinette Clay Corner**

Open! Club excels in creative art, pottery making w/seasonal themes, dishware, gifts, designer pieces & our famous Yard Art. Meetings every 2nd Wed; 8:30am social (coffee & treats), 9am general meeting. Orientation classes monthly. Fun, creative classes. Hours: M-Sat 7:30am-9pm; Sun10am-6pm. Need a special gift? Check our gift/display & Yard Art. FMIC 623-977-3167. RCSC membership required.

#### **Sundial Silverstones**

Open! No experience necessary! Membership open to all RCSC Cardholders. Beginning classes offered (minimal fees) in basic silver, glass fusion, mold making, lost wax/casting, lapidary, chain making, wire wrapping & faceting. Well-equipped club open M-F 8am-3pm, Sat 8a-12p. Jewelry store open to all; selling member-crafted items, M-F 8a-3p & Sat 8a-12p.

#### **Sun City Clay Club**

Now located at Grand Center. Create pieces for the Farmers Market at Bell, Fall Festival & Premier Pottery Show. Visitors always welcome. Stop by our club; we'll show you the whole process. Club Hours: M-Th 8:30am-8:30pm; F, Sa & Sun 8:30am-4:30pm. Monthly member meeting 1st Wed 9am. FMIC 623-933-0899.



#### **Fairway China Painting**

Try a different kind of art! Stop by room #217 (second floor) at Fairway to learn about a free beginner' class painting on porcelain. All supplies are provided for the lessons with membership. Once your item has been fired in our kiln you can take it home to enjoy or present it as a gift. China painting is one of the oldest forms of art. Dry mineral paints are mixed with oil & patterns are traced or free hand painted on glazed porcelain, made permanent when fired. You can paint useful or artistic items with modern or ancient designs. We are open M-F 9a-3p. Club membership is open to all RCSC Cardholders. FMI email suncitychinapainting@gmail.com or call Arleta at 623-810-9863

#### **Arts & Crafts (continued)**

#### SewNSew Club

Membership open to all RCSC Cardholders; \$10 annual dues. Boutique Sales, Sewing & Donations Tu, Th & Sa 9:30am open during these times. Boutique sales include doll clothes to fit the American Girl Doll. Fabric donations that help us serve our community are gladly accepted during open sew times.

Mending at Olive Branch Senior Center: Mon 8:30-10:30a when OBSC is open. Certification required for all Machine use. Sign up in club room for Classes: Brother sewing machine, Baby Lock Imagine; Jet Threading Serger; Baby Lock Embroidery; Cover stitch machine & heavy duty machine.

#### **October Events:**

10/1 Show & Tell, Membership 9:30am 10/8 Open Sewing 9am 10/6 Sewing 9am Adv Embroidery SIG 9:30am

10/13 Sewing 9am; Beg Embroidery SIG 9:30am; Dolls Workshop 12:30 pm

10/15 Open Sewing 9am; Garment Techniques 10am

10/20 Sewing 9am Luke Workshop 9:30am 10/22 Open Sewing 9am

10/27 Sewing 9 am; Doll Clothes SIG 12:30pm 10/29 Open Sewing 9 am

FMI visit http://www.sewnsew.info/

#### **Sun City Calligraphy Society**

Currently closed.

Sundial Clubroom Hours: M 1-3pm, Th & F 9-11am; General meeting, 4/16, 9-11am.

Bring your "favorite card" to share with others after the meeting! Club members & their guests are invited. Join the club & sign up for a class! New member orientation, 4/2, 9am. Weekly "Love Card" workshops & practice during club hours. Open to all RCSC Cardholders. Card samples & calendar of events available for viewing in club window anytime; come see what our artistic members create! Membership open to all RCSC Cardholders. FMI stop by during club hours or call Trudy Bryson 623-594-6591.

#### **Lakeview Woodworkers**

Open - Come see beautiful wood crafts! Men & women welcome; tap into your creativity & make something with your hands. It's a wonderful feeling. Our club is a fun place w/members willing to help. Open M-F 8a-4p, Sa 8a-12p. Annual Dues: \$20. FMIC 623-933-2355.

#### **Sun City Wood Carvers**

Open - Fun Club where you decide what to carve. Beginners to Masters, members offer encouragement & guidance. Classes on carving, gourd decorating, wood burning, tool care; library covers all aspects of carving. Try your hand at "whittling" then quickly move to carving & the satisfaction you get from making creations for yourself, relatives/friends, competitions, displays or to sell. Club has over 50 members, male & female. Meet Thurs & Sat 8am-12pm at Lakeview SH #3. Wood, tools & instruction available. Annual Dues: \$5; open to all RCSC Cardholders.

#### **Oakmont Needle Arts & Crafts**

Currently closed - As of press time, this club had decided not to open until fall.

If you enjoy knitting, crocheting, needlepoint, embroidery, scrapbooking, card making or any other arts & crafts, you are welcome at our club. Classes 1st & 2nd Thursday (except April & October when we hold our semi-annual White Elephant Sales). Meetings are Thurs 8-11:30am w/ class from 9-11am in Oakmont Auditorium. Events include: light breakfasts/snacks, guest speakers, pizza parties, ice cream socials, potlucks, holiday parties & open houses for new members. We participate in the Arts & Crafts Festival each Novembers. We also donate some of our goods to local charities. Membership \$3/year. Open to RCSC Cardholders only. FMIC Sue at 480-577-3430.

#### **Lakeview Fired Arts**

Currently closed - As of press time, this club had not requested to open.

Offering techniques in Cuerda Seca, gilding & silk screening on poured & handbuilt earthenware, procelain & stoneware. Chalks, dry brushing, Faux leather & antique pewter, glazing, majolica, overglaze & translucent classes offered. Take your pieces to the next level with in your ceramic adventrue. Fired arts offers a mentoriung program for 1-on-1 learning. Annual Dues: \$5; ez to join! Start your ceramic hobby with like-minded people. FMI visit clubroom or call 623-974-5979.



#### **Artistic Weavers/Fiber Artists**

Open - Hours Mon-Fri 9am-3pm. Classes currently in session: Beginning loom, 9amnoon on Tu, Th & Sat (Fee \$40); Tapestry Loom Wed afternoons (Fee \$20). Group Mtgs: Rigid Heddle weavers return to Tues mornings in February. Spinners (Wed mornings.) Coiled Basket makers (Mon at 9am) & Basket Weavers (Fri at 9am.) All these groups offer classes & instruction to any member interested in learning a technique or honing their skills. Membership meetings are on the 4th Thurs each month at 1pm. We host guest speakers, special workshops & field trips throughout the year. Annual membership \$12; open to all RCSC Cardholders. FMI & to sign up for classes, please stop by the club room at Oakmont.

#### Sports & Outdoors - Sport may be available but not club activity

#### **Indoor Volleyball Club**

Play at Villanueva Community Ctr (15660 N Hollyhock St, Surprise) W & F 8-10:30am & Rio Vista Rec Ctr (8866A W Thunderbird, Peoria) most Th 9-11a & most Sa 5-6:30p. Call ahead as they sometimes have gym rented. FMI membership (RCSC Cardholders only) call Dawn 623-271-8511

#### **Sun City Basketball Club**

Play at Villanueva Community Ctr, 15660 N. Hollyhock, Surprise: 4on4/5on5 full court or shoot around M & W 3:30-5pm mid-Oct-April. Planning 1/2 court outdoor games Fri 9-11am at Marinette. FMIC Charlie 206-459-3242; charlespeterson@comcast.net or Peter 604-313-3190; petermacleod1000@ amail.com



Courts now open for doubles! Sanatizing rules posted & must be followed. Play at eith Marinette (20 courts, 8 covered) & Mt View (7 courts); all open at 6am. "Club" activities are still on hold as the Club has not "re-opened," but the courts are open for rec play. Courts are lighted for evening play. Open to all RCSC Cardholders.

View our Clubs webpage for the latest information at: https://suncitypickleballclub.org/

#### **Racquetball Club at Bell**

One player per court only. Clean court shoes (no street shoes) & protective eyewear required. Open to RCSC Cardholders & escorted guests. Play M-W-F 11a-2p, Sat 11a-1p. Fun cardio workout. \$5 annual fee. FMI www.racquetballclubofsuncity.com.

#### **Whisperball Club of Sun City**

Currently closed - As of press time, this club had not requested to open.

Intro to the sport of Whisperball on Tu & Th 1:30p, Bell Center, Bldg F/G concourse area Racquetball courts. Bring clean court shoes, safety glasses & racquet. If you don't have a racquet, the monitor station can provide one. RCSC Cardholders in good standing invited. FMIC Rick Steiner 480-678-1622.

#### **Bell Shuffleboard Club**

Shuffleboard open but no club play at this time

Play every M, Tu W & F 12-3:30pm. Arrive early to sign in (assigned court & starting position). Play 3 games; new partner each game. Fast courts w/slight curve make it a challenge. Instructors available to help learn rules. FMIC Dennis 623-972-3169, or stop by & check us out during regular play.

#### **Bocce Club of Sun City**

October Schdule of Events:
Open play Tues & Thurs 10 am, Fri 6 pm.
Due to the restrictions, limit of 24 players.
All teams will consist of 2 players on alternating courts. Each player will throw all 4 balls. Friday night will be open play only, no quarters. Guidelines posted outside the clubhouse. Only monitors are allowed in the clubhouse & everything will be sanitized. Masks and gloves are optional.

Dues are \$10 per person per year.
All RCSC Cardholders & escorted guests may play in all Open Play. Only Club members may play in Tourney Play. Club rules of play are to be followed for all play. Appropriate attire should always be worn to the courts.

#### **Lessons by appointment:**

Dennis 623-693-2881; Jack 618-328-8816 FMIC Teresa 608-756-9364 or email to bocceclubsc@hotmail.com

#### **Sun City Senior Softball Club**

Game play to resume after overseeding (approx 10/19). NO guests, visitors allowed. Play slow-pitch softball several days a week (mixed men/women) at Sun Bowl field. Several Leagues: American w/12 teams/10 players, Central-12/11, National-12/12, Co-ed-6/12, 70s-6/11 (age requirement) & tournament teams & Women's. Players placed according to ability. Five separate sessions allow year-round play w/short commitments to 1/more sessions. Tryouts: Mon 8:30am. RCSC Cardholders, Snow Birds, welcome to join. FMIC Dan 520-404-2909

#### **Dart Club at Bell Lanes**

No Club functions until Phase 3 5 leading-edge, soft-tip, electronic dart boards, preset games, 1-8 players. House darts available/use your own. All skill levels welcome. Open to all RCSC Cardholders.

Club Play: M: Game Night, 5:30-8p; Tu: Count-Up 5:30-8p; W: Monitor's Choice 5:30-8p; Th: Ladies 2-4pm. Arrive 15 min early to sign in & form team.

FMIC Janet Berkowicz 773-802-2084 or email to suncitydartclub@gmail.com

#### **Sun City Sportsmen Club**

No meetings until further notice.
3rd Thurs from Sept-May Lakeview SH #1
at 8:30 am. Guest speakers on subjects of
interest to our members. Dues are \$15 a
year per family for calendar year ending
December 31. Variety of activities: fishing,
hunting, trap, skeet, sporting clays, rifle,
pistol, black powder & archery. Various trips
& contests during the year. Social dinners 2nd Wed at various restaurants Sept
thru May. Also fish fry, Christmas party &
potlucks during the year. FMIC Dave Arnold
612-202-4803 or email profcp@q.com

#### Dances - ALL DANCES & DANCE LESSONS ARE ON HIATUS DUE TO COVID-19 RESTRICTIONS

#### **House of Dance**

Currently closed; will not re-open until safe to do so. Come dance at Fairway on the 2nd, 4th & 5th Fridays each month year-round. DJ Bill will take you back in time with sounds from yesterday & keep you rockin with today's hits. Doors open 6pm; Dance 6:30-9:30pm. Cups, napkins & ice provided; BYO snacks & drinks. Admission: \$3/members (\$4 annual membership), \$5/RCSC Visitors, \$6/escorted guests. Club membership is open to all RCSC cardholders

#### **Sun City Ballroom Dance Club**

Currently closed; will not re-open until safe to do so. Dances open to all RCSC Cardholders & escorted guests. Join us for a fun social evening of music & dance at Bell Center. Singles, couples & dancers of all levels welcome; free lessons by Csaba Valdez w/pd admission: 6:15pm. Dance: 7-9:30pm. Annual membership: \$3; admission: members \$5; escorted guest \$8. Coffee, ice & cups provided or bring your own favorite refreshments & snacks. FMIC Simone (602) 292-3175, Julie (623) 533-6236 or Arlene (623) 214-0594 OR visit: suncityballroomdanceclub.com



#### **Country Dance Club at Sundial**

Currently closed; will not re-open until safe to do so. **Couples & Line Dancing:** 1st & 3rd Sat each month at Sundial, 6:30-9:30pm. Something for everyone; good mix for couples freestyle, pattern, ballroom & line dancing; we have a dedicated dance floor for line dancers! Free dance lessons 6pm w/paid admission. Cups, Ice, provided, BYOB & snacks. Admission: Members \$3; Non-Club Members \$6.

Admission: Members \$3; Non-Club Members \$6. Annual dues: \$5 (RCSC Cardholders) Visit www.countrydanceclubsuncity.com FMIC 623-972-5127 or 231-557-6555

#### **Bell Tea Dance**

Currently closed; will not re-open until safe to do so.

All dances on Wednesday afternoon from 2-4 pm at Bell Social Hall. Music provided by local artists. Dances consist of Foxtrots, Waltzes, Latin, Swing & Rock. Two mixers included. Coffee, tea & cookies provided. Singles welcome. Admission: \$4/Club Members, \$6/Escorted Guests. FMIC 623-842-3917.





#### **Classic Rock Dance Club**

Currently closed; will not re-open until safe to do so.

Bell Social Halls, 16820 N 99th Ave in Sun City.
Doors open at 6pm, dancing 6:30-9:30pm.
Cookies, popcorn, cups, ice and napkins are provided
Popcorn, cups, ice and napkins are provided, BYOB
Classic Rock membership \$3; Classic Rock members \$3 / guests \$6

#### **Rhythm Ramblers**

On summer hiatus! Rhythm Rambler has evolved into an 18 piece big band, playing concerts & ballroom dances featuring sounds of Glenn Miller, Harry James, Artie Shaw, Count Basie, & Duke Ellington & vocal stylings of Sinatra, Buble, Bobby Darin, & Tony Bennett. Ballroom dances include swing, foxtrot, waltz, Latin, R&R & line dances. Dances on the 1st Tues every month from 2:30-4:30pm, Oct-April at Sundial. BYO beverages & snacks; cups & ice provided. Admission: \$5 RCSC Cardholders, \$7 escorted guests. FMIC Barry Dale (623)322-4131

#### Friday Night Ballroom Dance Club

We will not be meeting for our weekly dances until further notice. We hope to resume our weekly dances in September.

Singles & couples invited. Social & ballroom dancing at Sundial, Fridays 7-9:45pm. Whether you love to slow dance, are an accomplished ballroom dancer, or somewhere in between, you'll enjoy dancing to some of the best live music in the Valley. Free dance lesson w/paid admission: 6:15pm. No partner required for lesson; Students rotate so all have an opportunity to dance. We also have a "Mixer" & a few "Line Dances." Admission: \$5/members; \$8/escorted guests. Enjoy making new friends. Please be comfortable, but no



jeans, shorts, hats, tennis shoes or flip flops. Coffee, ice & cups provided. FMIC Bob (623) 215-8718 or visit: www.suncitysinglesdanceclub.com. Open to all RCSC Cardholders, visitors & escorted quests.

#### **Sun City Line Dance Club at Sundial**

Currently closed; will not re-open until safe to do so. Dance on a beautiful wooden dance floor every Tuesday & Thursday 10am-1pm in Sundial Ballroom/Auditorium. Free dance lessons at 9:45am prior to each dance.

Members, visitors & escorted guests welcome. Annual Club membership \$5. Daily dance \$2 members, \$4 visitors & \$6 escorted guests. FMIC Walter 623-972-5127. SUNCITYLINE-DANCECLUB.FACEBOOK containing links to teaching sessions for our dances; website: WWW. SUNCITYLINEDANCECLUB.COM

#### **Sun City Squares**

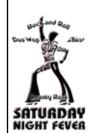
Currently closed; will not re-open until safe to do so. Tuesdays at Bell Social Hall 6:30-7pm Pre-Rounds; 7-9pm Mainstream/Plus Square Dance

Dee Dee Dougherty, Caller; Larry Speery, Cuer

FMI: email: djkraus433@gmail.com or call: Marilyn 623-694-7194 or Dan 330-336-9929

**Sun City Poms** Currently closed; will not re-open until safe to do so.

The Sun City Poms is a performing club comprising of two troupes; Performing Poms & Marching Poms. Female RCSC Cardholders, 55 & older, are welcome to join. however, before performing or marching, members must meet the dance standards of rhythm, agility, energy, showmanship, poise & sharpness. The Marching Poms practice Monday at 7:20 a.m. at Marinette; Performing Poms practice Mondays at 9am & Thursdays at 8:15am at Marinette. View the Poms performing or marching schedule by visiting https://suncityaz.org/recreation/clubs/sun-city-poms/



#### Rockin' Thru the Years – Saturday Nite Fever

Currently closed; will not re-open until safe to do so. The only dance club dedicated to Classic Rock & Roll, Disco, DooWop & Country Rock. We have our own sound system & use 2 different DJs to play music from the 50s thru today. We play requests as long as they fall in the R&R genre. Singles & couples welcome; no dress code! We furnish cups & ice; bring your own snacks & beverages. Admission: \$3/members; \$6/escorted guests. Annual RTTY membership \$3 w/RCSC card. You don't need a partner or to take dance lessons to enjoy dancing to R&R & Disco. **We dance at Sundial!** Doors at 6:30pm; Dance 7-10pm. FMIC 623-332-7894 or visit Rockinthrutheyears. com. We have 8 drawings at each dance worth - \$175 + 4 video screens for your enjoyment!

#### Dances Lessons - NO lessons are being offered at this time!

#### **Tip Top Dance Club**

Have fun, improve coordination, balance & make new friends. Women, men, novice to advanced are welcome. Annual Dues: \$10 plus \$12 per month. Visitors pay \$2.50 extra/class.

**Mon, Tues, Fri 8am-12pm; Wed 8-11am at Marinette SH.** Open to all RCSC Cardholders. Tip Top Dancers is available for dance performances! FMIC Lynne at mfwandrey@ymail.com

#### **Sun City Ballroom Dance Lessons at Bell**

Group classes; partner not required! Instructor rotates partners so everyone has an opportunity meet others in the class as well as to dance with partners with different skill levels.

#### Monday Lessons - 6 to 9pm w/ professional instructor Paul Daniells

6-7pm Beginning West Coast Swing; 7-8pm Intermediate Rumba; 8-9pm – Intermediate & Advanced Foxtrot

#### Thursday Lessons are no longer offered!

Cost per lesson: \$5/members; \$8/escorted guests. FMIC Simone (602) 292-3175, Julie (623) 533-6236 or Arlene (623) 214-0594 or visit: www.suncityballroomdanceclub.com.

#### **Sun City Squares - Lessons**

Fridays at Bell Center Social Hall; Lessons are now in session thru April 24 Mainstream lessons from 7 to 9 pm; Instructor: Dennis Farrar FMI: email: suncitysquares@q.com or call Marilyn at 623-694-7194 or Dan at 330-336-9929. Lessons open to RCSC Cardholders, their guests & visitors



#### House of Dance • Dance Lessons

West Coast & East Coast Swing at Oakmont - 1st & 3rd Fridays (no sessions 11/6, 12/4). Line Dance Lessons at Fairway - 1st Friday.

Doors open at 5:30pm; Lessons 6-8pm for all House of Dance Lessons at both locations. Cost per lesson: \$2 for club members; \$5/escorted guests. FMIC Bill at 209-380-8029.

#### **Educational Classes**

## **Computer Club of Sun City** *CURRENTLY CLOSED*

Since 1981, the Computer Club of Sun City is an active Personal Computer club serving Sun City. Visit Our Website: www.ComputerClubOfSunCity.com

Clubroom located in Fairway Center Room 219 (Access 2nd floor via stairs, elevator or ramp)

New Club Hours (due to COVID-19 restrictions): Monday-Friday 9am to noon - Face masks required at all times!

The Computer Club of Sun City is the meeting place for members to gather, acquire and share computer knowledge and experiences while having fun in a social environment. We welcome members of all skill levels. All RCSC Cardholder are eligible to join.

#### **CLUB OFFERS:**

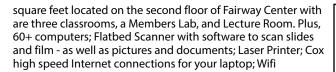
- Cox Internet access and WIFI.
- 2 classrooms with 16 student computers in each room.
- A workshop room with 12 student computers OR where you can bring your own laptop to use.
- A Members Lab with Windows 7, Windows 10, and Linux computers, and a scanner, for use by Club Members.
- A Lecture Room for Special Interest Groups & Presentations.
- If you enjoy working with software and/or tech support, we can offer you a great opportunity to keep up with the current technology.

technology.

www.ComputerClubOfSunCity.com will bring up the Computer Club of Sun City's website where you can view Class, SIG, and Workshop schedules, as well as other Club offerings.

Computer Co

FACILITIES
The Club has approximately 3,500



#### CLASSES

Classes include various Windows subjects, from basic operating system classes to specific program classes. Classes are usually 3 to 4 day sessions of 2 hours each. All classes are \$5.00 regardless of number of sessions. Students use CCSC computers for most classes. Classes are for Computer Club Members only. You must enroll at the Club. Classes require a flash drive. Flash drives are sold at the Club if you don't have one.

#### **WORKSHOPS**

Workshops are typically 2 hour sessions offered on a regular schedule. They are similar to classes, as attendees are using computers, either CCSC computers, or their personal devices. Workshop subjects include: Windows operating system, Windows programs, Chromebook, and Android/Google based subjects, limited Apple

#### SPECIAL INTEREST GROUPS (SIGS)

These lecture/discussion activities are offered on a regular schedule:

Round Table Discussion, Backup and Restore, Android Devices (Smartphones, tablets); Email/Internet; Genealogy; Investors; Windows Operating System; And much more.

NOTE: WORKSHOPS AND SIGS ARE FREE TO MEMBERS

Check the website calendar for dates and times to enroll. www.ComputerClubOfSunCity.com Phone: 623-933-8953





#### **SunMacs (Apple Macintosh) Computer Club**

Currently closed - As of press time, this club had not requested to open.

Club Hours: Monday-Thursday, 8:30-10:30am & noon-2:30pm. Check Calendar for Friday Sessions.

Our 2020 Officers are: President Isaac Bonifas; First Vice President Agnes Holub; Second Vice President Pat Always; Secretary Barb Swintek; and Treasurer Judy Wright.

We specialize in assisting our members with Apple Products & Software. Located at Sundial; RCSC card required for membership. Annual dues: \$20 single/\$30 couple at same address.

We offer classes, Round Tables and Socials, free to club members. Some classes require preregistration. For more information about the Club and a calendar schedule of classes offered, visit www.sunmacs.org or phone our club room (623-933-5300).

## LIFELONG LEARNING SUN CITY AZ



Open to all RCSC Cardholders. Choose up to 10 classes per semester for one low fee; restriction is due to the limited amount of classroom space available. FMI email scazlifelong@gmail.com or visit https://suncityaz.org/recreation/clubs/lifelong-learning-club/

As everyone knows and understands, the COVID-19 pandemic has not waned. Because our members are in a highrisk group, the number of cases in Arizona is not declining and physical distancing cannot be practiced for registration and classes, we regret to inform members that the Executive Board of the Lifelong Learning Club has decided to cancel the Fall Semester.

We are hoping to resume for the Spring semester in 2021. In the meantime, everyone please stay safe.

#### Spanish Club - El Circulo Español

Spanish Club - El Circulo Español. Whether you are new to the Spanish language, want to re-awaken skills learned long ago that are now dormant, or are a moderately advanced student looking to improve your conversational chops, you've found a home with El Círculo Español, the Sun City Spanish Club.

In response to the pandemic, the Club has decided not to resume in-person classes at Fairway through the end of 2020. No October registration nor annual meeting will be held as planned. Alternative plans for 2021 are not available at this time.

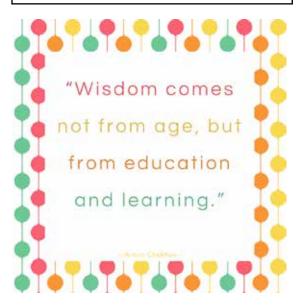
In lieu of in person classes, the Club's Board decided to offer a limited number of classes this fall (likely starting in October) using Zoom. At the time of this writing, details for the Zoom classes were still being finalized. Updated Zoom course information will be distributed and registration conducted via email. Space in Zoom classes will be limited.

Here's what you need to do to find out more about Spanish Zoom classes and to register:

- 1. If you are currently a Club member PLEASE make sure the Club has your correct email. If you have changed your email address since May, or have not been receiving the Club's regular informational emails please send your new or corrected email to suncityspanishclub@gmail.com. And then check your emails REGULARLY for more information from us.
- 2. If you are NOT a Club member, go to our website at https://suncityaz.org/recreation/clubs/spanish-club/, download the membership form and mail it to our Treasurer whose address is on the form, along with a check for \$10 for your Club membership dues. We'll add you to our membership list and you will then begin receiving our informational emails. Your new membership will be valid through 2021.

Also, CHECK THE CLUB'S website (use the link above) for updates that may have taken place AFTER Sunviews publication date. Stay safe and healthy until we see you again either in person or via Zoom!

Cuidate y mantente bien!



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Workers from several industries and trades were unfairly and unknowingly exposed to asbestos throughout their careers. This exposure, no matter how small, can lead to a devastating diagnosis of mesothelioma or lung cancer.

The attorneys at SWMW Law have been fighting for victims and their families for decades, recovering more than \$500 million on their behalf. We are committed to giving a voice to those harmed by corporate wrongdoing and securing them the justice they deserve.



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PAGE 25 **A Community Newsletter** 



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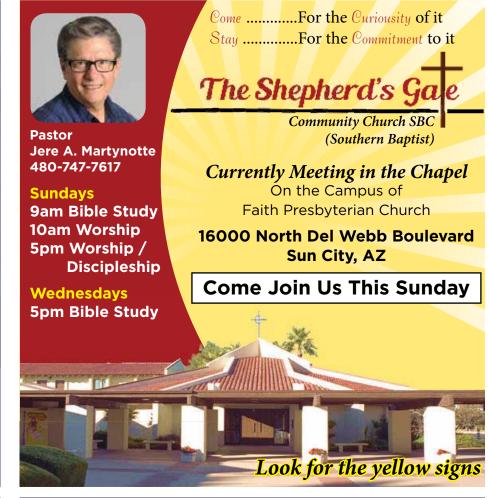
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A Community Newsletter PAGE 27



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# **Welcome to Sunshine Service**

People, meeting needs of people is what Sunshine Service is all about. Sunshine Service lends medical and children's equipment to residents of Sun City and we have been doing so for over 57 years. We are a charitable non-profit Arizona corporation and are funded by voluntary contributions and memorial gifts.

While the equipment is available for the use of all residents or visitors staying with residents, the equipment must not be taken out of Sun City on a permanent basis. As a matter of control, equipment is loaned only to Sun City residents.

Records show that as the population of Sun City grew, so did use of our medical equipment. Savings for Sun City residents have been calculated periodically; in 2019, it was estimated that residents saved over two million dollars in cost of equipment for that year alone.



Sunshine Service, Inc has received local, state and national recognition. Awards received include the George Washington Honor Medal for services to the sick and handicapped from the Freedoms Foundation of Valley Forge in Pennsylvania.

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