

SUN VIEWS

ISSUE #241 • DECEMBER 2021 • A PUBLICATION OF THE RECREATION CENTERS OF SUN CITY, INC.

SUN CITY
ARIZONA
RECREATION CENTERS
OF SUN CITY

Elections, Holiday Fun & Much, Much More

As we enter the final month of 2021, we welcome everyone back with fewer restrictions and more freedoms. Gatherings with friends, family and loved ones will take center stage this season, but there is still much to be accomplished before the new year arrives.

RCSC Board of Directors Elections

Voting in the RCSC Board of Directors Elections continues through Tuesday, December 14, 2021 at 4pm. Seven candidates are vying for four positions (three 3-year terms and one 2-year term). Candidates must receive a minimum of 100 votes in order to be elected. Should there not be four eligible winners, the Board will appoint another Member to complete the term(s) which remain unfilled.

Candidate Introductions and video recordings of the Candidate Forums are available on the RCSC YouTube channel. You will also have one final opportunity to meet those candidates who are in attendance at the Board Meeting on Monday, December 6 at 9am in the Sundial Auditorium.

VOTE 2021

RCSC Board of Directors Election
Tuesday, December 14, 2021

Candidate biographies can be found on pages 5 and 8 in this edition of SunViews. Copies are also at the Corporate Office at Lakeview Center and via the RCSC Web Portal where Members are encouraged to cast their ballots online (see page 8 for sign-up instructions). Members may also vote in-person on Election Day from 8am to 4pm in the Lakeview Social Hall #2. Absentee ballots may be requested by calling 623-561-4600; the last day to request an absentee ballot is Friday, December 3. Members may also pick up an absentee ballot at the Corporate Office and all must be received by December 14. Those elected will be sworn in at the Board Meeting on Thursday, December 16 at 9am in the Sundial Auditorium.

Annual RCSC Membership Meeting

The 2021 Annual RCSC Membership Meeting is Monday, December 13, 2021 at 9am in the Sundial Auditorium. There will be a presentation on the 2022 Budget and other business will be conducted as appropriate should a quorum of at least 1,250 Members be in attendance. Registration begins at 8:30am and Members must present their RCSC Card with photo for verification purposes.

Sun City AZ Holiday Celebration

As holiday festivities return to normal, excitement and joy will fill the air at the Sun City AZ Holiday Celebration on Friday, December 10 at

Lakeview Center starting at 3pm. This community celebration welcomes all to rejoice in the season and help to raise funds for those less fortunate, with all proceeds benefitting the Sun City Foundation.

RCSC Management Team is looking to “mix things up” a bit and we’re hoping for lots of festive attire from those attending this year’s event. There will be new games such as Reindeer Yahtzee (Pie Walk) and Tic Tac Mistle-Toe in addition to the traditional Mini-Golf Ho-Ho-Hole-in-One Contest. Some lucky winner will take home the Money Tree and there’s nothing better than cheering on the rubber ducks as they make their way over the waterfall as part of the Amazing Duck Race. Duck Bucks can still be purchased on the day of the event (winners need not be present). Several gift baskets with values of \$300+ will also be a “chance” worth taking; thanks to clubs, businesses and local organizations for their generous donations.



Nobody is too old to have their picture taken with Santa (bring your camera or smart phone). He’s sure to know if you’ve been naughty or nice so recreate a childhood memory or start a new tradition with an annual photo featuring family, friends, grandchildren, and others.

The Social Halls and Patio will provide some space to sit and relax for a spell. There will be coffee, cocoa and hot cider available for purchase, along with a sweet treat if you wish to indulge. Should you find yourself needing more nourishment, we’ll have food trucks on hand, too. Stop by and talk with Directors at the Sun City Foundation information table to learn more about this organization who helps the less fortunate right here in our community. Then plan to stay until the very end for the Lighted Boat Parade on Viewpoint Lake at dusk (boats leave Cameo Drive bridge at approximately 6:15pm).

RCSC has one last gift for this season: The “In The Mood” Holiday Music Spectacular on Tuesday, December 14 at 7pm in the Sundial Auditorium. Free for RCSC Cardholders and their escorted guests, you won’t want to miss this stupendous stocking stuffer of musical delight!

There is much to celebrate as we continue to move forward into the holiday season and the new year. Mark your calendar now and plan to attend Discover Sun City AZ on Wednesday, January 19, 2022 in the Sundial Auditorium where you can find out more about the clubs and organizations that help make Sun City such a great place - all in one location!

Stay in the loop!
Get RCSC News Alert
Emails, sign up at:
www.suncityaz.org

Email addresses
remain confidential

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NOTE: The Sun City Visitors Center at Bell is now open the first Saturday of each month from 8:30am until 12 noon.

2022 Sundial Concert Series

Individual Performance Tickets on sale now at the
Sundial Events & Entertainment Office • 623-561-4680
\$20/pp for RCSC Cardholders & \$25/pp for Guests of Cardholders
See page 10 for more details or visit <https://suncityaz.org/recreation/concerts/>



Connect with Sun City AZ





2021 RCSC Board of Directors

Phone: 623-561-4620

email: boardoffice@suncityaz.org

Sue Wilson, President

email: swilson@suncityaz.org

Michael Ege, Vice President

email: mege@suncityaz.org

Dale Lehrer, Secretary

email: dlehrer@suncityaz.org

Sheila Rooney, Treasurer

email: srooney@suncityaz.org

Darla Akins, Director

email: dakins@suncityaz.org

Steve Collins, Director

email: scollins@suncityaz.org

Rich Hoffer, Director

email: rhoffer@suncityaz.org

Dan Schroeder, Director

email: dschroeder@suncityaz.org

Gene Westemeier, Director

email: gwestmeier@suncityaz.org



“Neighbors Helping Neighbors”

The next Sun City Foundation meeting will be held on Thursday, December 9, 2021 at 1:00pm in the Lakeview Social Hall #1.

A Message from Board President Sue Wilson

Giving Thanks and Appreciation

A custom at many dinner tables during the holidays is to list all the reasons you are thankful. I thought I would adopt that idea in my article this month. I feel we have many things to be thankful for in Sun City.

This year our General Manager Jan Ek is retiring after serving RCSC and our residents for the last 15 years. She not only served as our general manager but also as a neighbor as Jan has lived in Sun City for the last 16 years. Jan started her career at the RCSC after serving as the CEO for Glacier Park Incorporated in Montana. It has not always been smooth sailing as just before she started the roof at Sundial collapsed into the pool. Luckily it happened in the middle of the night, so no one was injured. Unfortunately, at that time, there was no Preservation and Improvement Fund that could be used to fix the situation. Jan had to make as many financial cuts as she could in order to be able to fix it while the RCSC sued our insurance carrier to pay the claim.

Since that time Jan has worked with past Board of Directors to budget the Preservation and Improvement Fund that is used for projects over \$300,000 with a depreciable life span of at least 15 years. This vision of what was needed will help us in fixing our lake, making our golf courses compliant with the Arizona Department of Water Resources 5th Management Plan, and redoing our Mountain View Recreation Center. Jan now leaves us with projects planned and knowing that we are debt free.

A current Board of Directors stated that you cannot find a more hardworking, intelligent individual and the rest of us could not agree more. Jan has always been accessible, responding to Board questions and taking care of RCSC responsibilities even when she is on vacation. We are thankful that Jan found and employed Bill Cook as our Director of Finance who was then hired as our new general manager. She has spent the last six months helping Bill learn the ropes which is providing us with a very smooth transition. Thank you, Jan Ek for all the hard work you have done for RCSC and our Sun City Residents. Enjoy your retirement as you have more than earned it.

I know all of us are thankful for our sunshine and beautiful fall, winter and spring temperatures. We know that we are now envied

by a large portion of the United States as they dig out their ice scrapers and snow shovels. We all are thankful that our winter residents are returning this year and all our outside activities are picking up and can be played all day. Our clubs are once again flourishing, and we can enjoy socializing with our friends.

I am also be thankful for my fellow Board of Director Members. You have volunteered hundreds of hours this year serving our Cardholders and the RCSC. I know it has been a difficult year and I truly appreciate each and every one of you. I would also like to thank our residents and especially the ones who are willing to suggest solutions to issues instead of just complaints as that has been very helpful.

As we begin to move into the Christmas Season, take the time to enjoy all the things Sun City has to offer and be thankful you are not having to dig out your ice scrapers and snow shovels.



Sue Wilson
RCSC Board President

There's still plenty of time!



Sun City Foundation
501(c)(3) - Federal ID #86-0571093
10626 W Thunderbird Blvd
Sun City, AZ 85351
(623) 561-4600

Take a tag from a tree at either Bell Fitness/Pool or the Fairway Center lobby & return it to the RCSC Corporate Office at Lakeview Center no later than Friday, December 10, 2021 with a \$25 gift card (Fry's, Safeway, Walmart, etc.) & we'll share your generosity with those less fortunate.

Thank you for caring and sharing with others in the Sun City AZ community.

This Month @ The Board

RCSC Board Meetings:

Board Meeting #1

Monday, December 6, 2021 @ 9am

Sundial Auditorium

Board Meeting #2

Thursday, December 16, 2021 @ 9am

Sundial Auditorium

Committee Meetings:

Bowling Committee

Thursday, December 2, 2021 @ 9am

Lakeview Board Room

Club Organization (COC) Committee

Wednesday, December 8, 2021 @ 10am

Lakeview Board Room

Golf Advisory Committee

Thursday, December 9, 2021 @ 8:30am

Lakeview Social Hall #2

Communication Through Technology

Tuesday, December 14, 2021 @ 9am

Lakeview Board Room

Technology Committee

Tuesday, December 14, 2021 @ 11am

Lakeview Board Room

Lawn Bowling Committee

Tuesday, December 14, 2021 @ 1pm

Lakeview Board Room

Long Range Planning Committee

Monday, December 20, 2021 @ 8:30am

Lakeview Board Room

The following committee(s) do not have meetings scheduled this month: Elections, Finance & Budget, Insurance, Properties



Christmas/New Year's Holiday Schedule

Friday, December 24 - Christmas Eve
 All RCSC Offices - Close at noon. Corporate/Board, Cardholder Services, Clubs, Human Resources at Lakeview; Events & Entertainment at Sundial & Sun City AZ Visitors Center at Bell.
 All Recreation Centers - Close at 4pm.
 All Golf Courses - Open.
 Snack Shops - Close 3pm; Pro Shops - Close at 5pm.
 Bowling Centers (including George's Cafés) - Close 3pm.

Saturday, December 25 - Christmas Day
 All RCSC Offices & Recreation Centers - Closed (except Bell and Fairway)
 All Golf Courses and Snack Shops - Closed.
 Bowling Centers (including George's Cafés) - Closed.

Christmas Day - Bell & Fairway Centers
 Open 8am to 4pm.
 Children may swim at Fairway only (ID required for 4-5 YO)

Monday, December 27
 All RCSC Offices - Closed. Corporate/Board, Cardholder Services, Clubs, Human Resources at Lakeview; Events & Entertainment at Sundial; Sun City AZ Visitors Center at Bell.

Duffield Dog Park
 Open all holidays, normal hours of 7am to 6pm.

Pickleball Courts
 Mountain View Pickleball Courts will be open 8am to 4pm on both Christmas Day and New Year's Day.

Friday, December 31 - New Year's Eve
 All RCSC Offices - Close at noon. Corporate/Board, Cardholder Services, Clubs, Human Resources at Lakeview; Events & Entertainment at Sundial & Sun City AZ Visitors Center at Bell.
 All Recreation Centers - Close at 4pm.
 All Golf Courses - Open.
 Golf Snack Shops - Close at 3pm; Pro Shops - Close at 5pm.
 Bowling Centers - Close at 4pm.
 George's Cafés at Bell & Lakeview - Close at 3pm.

Saturday, January 1 - New Year's Day
 All RCSC Offices & Recreation Centers - Closed (except Bell & Fairway)
 All Golf Courses - Open.
 Snack Shops - Close at 3pm; Pro Shops - Close at 5pm.
 George's Café at Bell & George's Lakeview Café - Closed.

New Year's Day - Bell and Fairway Centers
 Open 8am to 4pm.
 Children may swim at Fairway only (ID required for 4-5 YO)

Monday, January 3
 All RCSC Offices - Closed. Corporate/Board, Cardholder Services, Clubs, Human Resources at Lakeview; Events & Entertainment at Sundial; Sun City AZ Visitors Center at Bell.

Wishing everyone a very merry & safe holiday season!




FREE MOVIES

Wednesdays at Marinette
 Saturdays at Mountain View
 Show Times: 2pm & 7pm

Popcorn is no longer being served but you may bring your own beverages & snacks.

Get the monthly movie listings directly by either signing up to receive RCSC News Email Alerts or via the RCSC Web Portal.



2021

RCSC Annual Membership Meeting

Monday, December 13, 2021

Sundial Auditorium

14801 N 103rd Ave (at Boswell Blvd), Sun City AZ

8:30am | Registration & Refreshments

9:00am | 2022 Budget Presentation & Membership Meeting

RCSC Member Cards (with photo) MUST be presented at time of registration



Because of you, life doesn't stop. #VitalToLife

Sun City AZ Visitors Center
BLOOD DRIVE

Thursday, December 16 & Friday, December 17
 8:00 am - noon
 Bloodmobile in Loading Zone

To schedule an appointment, call the Visitors Center at 623-677-5000 or visit donors.vitalant.org (Blood Drive Code: suncity)

The Streets of New York would like to thank you for giving blood with a voucher for a complimentary 12" cheese pizza in appreciation for building holiday blood supplies.

12/16/21 12/17/21

DONATE BLOOD vitalant.org | 1-877-35-VITAL

Discover SUN CITY ARIZONA

RECREATION CENTERS OF SUN CITY

Wednesday, January 19, 2022

Sundial Auditorium

Two Sessions: 9am & 6pm

Learn about the Clubs & Organizations that make our community special!



Sun City AZ Holiday Celebration

A Community Celebration for All Returns to Sun City

Friday, December 10, 2021

Lakeview Center • 3 to 6:30pm

- NEW GAMES & FUN IN 2021 • Yahtzee • Tic Tac Mistletoe • Money Tree Raffle • Hole-in-One Mini-Golf Contest • Holiday Music & Food Trucks • Lots of Merry & Festive Fun • Photos with Santa • Bring camera, tablet or smart phone • Exciting Duck Races • Buy Duck Bucks in Advance or Day of Event • Lighted Boat Parade Begins at Dusk (approximately 6:30pm) •

All proceeds benefit the Sun City Foundation



In the Christmas Mood

Tuesday, December 14, 2021
 Sundial Auditorium
 Show at 7pm; Doors Open 6pm



Free for RCSC Cardholders & their escorted guests
 RCSC Member or Privilege Card with photo required for entry
 ** Complimentary Hot Cider & Cocoa will be served **

Get into the holiday spirit with "In the Christmas Mood: A Holiday Music Spectacular" - an evening filled with singing, dancing, live music & holiday magic in a show that pays homage to the classic Andy Williams & Bing Crosby Christmas specials. "In the Christmas Mood" features timeless treasures such as "Sleigh Ride," "Here Comes Santa Claus," "Have Yourself a Merry Little Christmas," "I'll Be Home for Christmas" & many more. Come celebrate with season with this joyous performance.

** MANDATORY **

Club Officer Training

January 2022

Choose the day, session and location that works best for you!

- Friday 1/7 @ Sundial - 9-11am or 1-3pm
- Wed 1/12 @ Fairway - 9-11am or 1-3pm
- ALL Club Board Officers are required to attend one of these sessions



RCSC Corporate Office

Lakeview Center
 10626 W. Thunderbird Blvd.
 623-561-4600
 Hours: Monday - Friday 7:30am to 4pm
www.suncityaz.org

Cardholder Services Office

Lakeview Center • 623-561-4603
 Hours: Monday - Friday 8:30am to 4pm
 1st Saturday each month: 9am to noon

Chartered Clubs Office

Lakeview Center • 623-561-4660
 Hours: Monday - Friday 8:30am to 4pm

Events & Entertainment Office

Sundial Center • 623-561-4680
 14801 N. 103rd Ave.
 Hours: Monday - Friday 8am to 4pm

Recreation Centers

Bell Center: 623-876-3040
 16820 N. 99th Ave.

Fairway Center: 623-876-3044
 10600 W. Peoria Ave.

Grand Center
 10415 W. Grand Ave.

Lakeview Center: 623-561-4675
 10626 W. Thunderbird Blvd.

Marinette Center: 623-876-3054
 9860 W. Union Hills Dr.

Mt. View Center: 623-876-3042
 9749 N. 107th Ave.

Oakmont Center: 623-876-3046
 10725 W. Oakmont Dr.

Sundial Center: 623-876-3048
 14801 N. 103rd Ave.

Sun Bowl Amphitheatre
 10220 N. 107th Ave.
 (weather recording)
 623-972-6014

Softball Field
 10220 N. 107th Ave.

Duffield Dog Park
 14610 N. Del Webb Blvd.

Sun City Visitors Center
 1-844-4 SUN CITY or 623-977-5000
 Located in the Bell Center at 16820th N. 99th Ave.

Help Keep Sun City Pools Healthy!

Showers are required by everyone prior to entering any RCSC Swimming Pool or Spa facility

Thoughts from a Pro

Make golf more fun and set your own "par"

Depending on your skill level your "par" on any given hole may be different than what the scorecard says! In other words, unless you are a low handicapper, expecting a par on every hole will most likely leave you feeling frustrated. To make the game more fun and to match the scorecard to your ability level, try the following:

High handicappers or new golfers: Your goal may not even be scoring, at least initially. Instead, it might be to find a few clubs that you have some confidence and consistency with and stick with those, get comfortable being on the course, learn to play ready golf and keep up with your group and learn the etiquette. However, once you are focused more on scoring start by keeping track of just your putts (keeping in mind that two is always the goal)! Then start to see if you can get to the green in the number of shots "par" is. Example, on a par 3 hole, your goal might be to get to the green in three shots, on a par four challenge yourself to get to the green in four shots and on a par 5 see if you can get to the green in 5 shots. If you add your goal of two putts to those numbers that becomes your goal "par". As you begin to improve adjust your goal!

Bogey golfers: Your goal is to make a bogey, or one over par on every hole on the course. On a regulation course that would give you a score of 90. (The majority of golfers cannot break 100)! Think of anything less than a bogey as a bonus! For instance, on a Par 4 attempt to get the ball on the green within 3 shots and then in the hole in 2 putts. This alone can make the game seem easier and help the score to come down! Another way to think about it is playing the game of 5's. On a regulation course if you have a 5 on every hole you will shoot 90, which is bogey golf. Every time you do better than a 5 (for example a 4 on a par 3) think of yourself as 1 under your goal "par"

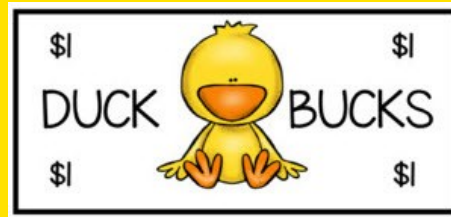
Remember that keeping your "par" in mind helps you to approach each hole with a realistic strategy. Once you have mastered where you're at it's always fun to set new goals and a new "par" score to match. Enjoy!

Robin Eichten has been teaching professionally in the Sun City area since 1994 and is an LPGA Life Member and Certified Teacher. For info or signup call/text 623-322-6300 or email to golfinwithrobin@aol.com



Visit <https://suncityaz.org/golf-courses-pro-shops/lessons/> for schedule of upcoming sessions or contact Chris Linam at 623-876-8419 for more info

\$130 includes 4 group lessons, with the 5th lesson being a round of golf. Lessons held at Willowcreek/Willowbrook Golf Course (unless otherwise noted**). There will a variety of days and times, so you can pick the class that best fits your schedule. Sessions are limited to six students for each group, so be sure to sign up early!



Get Your Duck Before It's Too Late

Amazing Duck Races @ Sun City Holiday Celebration
Friday, December 10 at Lakeview

** Winners need not be present **

COST: Only \$1 Buck per Duck

Duck Bucks available for purchase at all RCSC Offices, Facilities Attendant Stations, Pro Shops, Bowling Centers, etc.

All proceeds benefit the Sun City Foundation

RCSC Bowling Centers

Lakeview Lanes

10502 W. Thunderbird Blvd.
623-876-3055

Monday-Saturday: 8am-8pm
Sunday: Noon-6pm

Billiards at Lakeview Lanes, too!

Bell Lanes

16810 N. 99th Ave.
623-876-3050

Monday-Saturday: 8am-9pm
Sunday: Noon-8pm

Darts, Shuffleboard & Billiards at Bell Lanes!



Year-Round Bowling Rates - Cardholders: \$2.65 | Guests: \$2.90 (per Game)

Same great food now at two Sun City AZ locations!



Stop by & check out our Daily Specials

Breakfast Special

2 Eggs, Bacon or Sausage, Hash Browns & Toast
M-Sat 7-11a; Sun 7a-noon

Walleye 'n Chips

9 Oz. Walleye, Coleslaw & Potato
Wednesday & Friday

Fish 'n Chips

9 Oz. Cod, Coleslaw & Potato
Wednesday & Friday

George's Lakeview Cafe
Inside Lakeview Lanes
Phone: 623-876-3057

George's Cafe at Bell Center
Inside Bell Lanes
Phone: 623-518-4525

Hours: Mon-Sat 7am-8pm; Sun 7am-6pm



RCSC's 8 Golf Courses

Lakes East: (623) 876-3023
Lakes West: (623) 876-3020
10433 Talisman Rd

North: (623) 876-3010
12650 N. 107th Ave.

South: (623) 876-3015
11000 N. 103rd Ave.

Riverview: (623) 876-3025
16401 N. Del Webb Blvd.

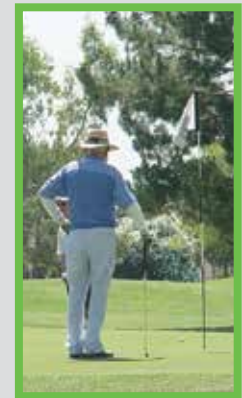
Willowbrook: (623) 876-3033
Willowcreek: (623) 876-3030
10600 W. Boswell Blvd.

Quail Run: (623) 876-3035
9774 W. Alabama Ave.

RCSC's 5 Snack Shops

Menu Available at suncityaz.org/golf/snack-shops/

December Snack Shop Hours
Open Daily 6am - 5pm



Volunteer Ranger Program

For more information about joining our program, please contact Chris Linam, Pro Shop Manager, at 623-876-8419 or email clinam@suncityaz.org. Next meeting is Thursday, December 16, 2021 at 1pm in Talisman Hall.

Now is a great time to improve your game with the help of RCSC Golf Professionals!

Whether you're just learning or want to improve your game, the following golf instructors can be contacted directly to schedule an appointment:

- Mike Wenger - 623-225-8546 or email mikewegnergolf@gmail.com
- Bob Jennings - 602-463-4533 or email bob@jenningsgolf.net
- Bob Day - 602-818-1470 or email 1day2bettergolf@cox.net
- Robin Eichten - 623-322-6300 or email golfinwithrobin@gmail.com

VOTE 2021

RCSC Board of Directors Election
Tuesday, December 14, 2021

**Candidates
in the
2021 RCSC
Board of Directors
Election**

Three 3-year positions &
one 1-year position

(Find more candidates on Page 8)

DATES TO REMEMBER

- On-going Voting on the RCSC Web Portal continues
- 12/3 Last day to request Absentee Ballot be mailed; all must be returned by 12/14
- 12/14 Election Day Lakeview Social Hall #2 8am to 4pm
- 12/15 Election Results Announced to Members & Press
- 12/16 Candidates Sworn at Board Meeting - 9am Sundial Auditorium



Stella Van Ness

Experience

Over 30 years of experience in healthcare and healthcare administration; Nurse Manager workers compensation; President/COO/BOD of a national medical consulting firm; Graduated from SUNY Adirondack in New York; Critical Care Registered Nurse; Certified Professional in Healthcare Quality and Certified Case Manager.

SC/Community Involvement

- Classic Rock Dance Club
- Rocking Thru the Years Dance Club
- SC Hand & Foot Club
- 500 Cards Club
- Past President Oakmont Ceramics
- Past Treasurer Lakeview Ceramics
- RCSC Board of Directors 3 years
- Sun City Foundation BOD 4 1/2 years, President 2 years
- Club Organization Committee (COC) 4 years
- Chair and Co-Chair Bowling & Elections Committee
- RCSC Liaison Sun City Can (SCCAN)
- RCSC Liaison SCHOA
- RCSC Liaison Sun City Fire Dept.
- Volunteer Triage/first aid for RCSC events and select club activities

Goals

1. Continue to update facilities to meet the needs of current and future generations while keeping assessment fees low.
2. Strong strategic plan with long and short-term goals.
3. Strong and effective financial management.
4. Assist to improve technology.



Frank Thorwald

Experience

Former senior advisor to U.S. Presidents Reagan & Bush, 2 U.S. Attorney Generals, Secretary of Education, Presidential & Attorney Generals Task Forces, Commissions, two Presidential Inaugurals; Liaised between Cabinet members, dept. heads, foreign leaders, Ambassadors, fortune 1,000 CEOs/ Presidents & news media; Press Secretary to members of President family, U.S. Attorney General, Presidential Commissions, Acting Deputy Assistant Secretary for Public Affairs & Legislation at the U.S. Dept. of Education; Consultant to the Inspector General; Advised Director of Office of Review & Oversight at Dept. of Defense, Represented White House & Justice Dept. in more than 67 countries; Worked with senior corp. executives creating solutions to political, legislation, internal communications, media campaigns, international relations, technology, transportation, regulatory, economic/business development issues; Corp. President, COO in several business sectors.

AZ/Community Involvement

- AZ Governor's official rep to the Interstate Oil & Gas Compact Commission
- Chairman, AZ Oil & Gas Conservation Commission
- Council member, Governor's Regulatory Review Council
- Council member, The Council on Workforce Policy
- Member, Transportation Vision 21 Task Force
- Commissioner, Commerce and Economic Development Commission
- Chairman, Employers Advisory Council

Goal

To speak with as many RCSC members as possible to find out what their concerns & needs are, work to implement solutions for them in a way that maintains the financial integrity of the RCSC.



Candace Ruggerio

Experience

15 years State Licensing Instructor for Pennsylvania and Arizona; 23 years Registered Representative of FINRA (Series 6, Series 63 and Series 26 Licensed); On Staff for IBM; Executive Staff for Marsh & McLennan Insurance Brokerage; Quality Assurance Auditor in Pharmaceuticals; 7 years Small Retail Business owner; 15 years Library front desk and fund-raising support.

23 years Financial Services: Licensed in Arizona, Pennsylvania & New Jersey - Life Insurance - Investment - Personal Lines (Home & Auto Insurances) - Variable & FIA Annuities; Certified by the States of Arizona & Pennsylvania to teach Required Producer License Pre-Licensing Course

SC/Community Involvement

- Committee Member: Properties
- Committee Member: Long Range Planning
- Interested in joining both of these committees

Goals

1. To contribute my abilities and life-experience in this position as an RCSC Board member to give back to the Sun City community.
2. As a Liaison to some of the organizations in Sun City, keep lines of communication open between these vital organizations and the residents of Sun City.
3. As a member of the Properties Committee and the Long-Range Planning Committee, be an advocate in maintaining and expanding our recreational facilities and activities for our valued members.



Karen McAdam

Experience

Undergraduate degree, Princeton 1981

Teacher certification NJ and AZ
Secondary and adult educator, IL, CO, Bavaria, AZ

19 yrs. board experience with non-profits

Extensive volunteer church work

SC/Community Involvement

- 8 yrs. Pickleball Club
- 2 yrs. Bell Woodworking Club
- Avid user of fitness facilities
- Hospice volunteer
- 8 yrs. intensive caregiving for aging parents
- RCSC Board
- Elections Committee
- Bowling Committee
- Board liaison, SCHOA and SCCAN

Goals

1. To provide the broadest range of recreational and social facilities possible to enhance the active lifestyle and well-being of Sun City residents.
2. To represent the interests of Sun City community members in a friendly, fair, and courteous manner.
3. To uphold the values of:
 - Quality
 - Service
 - Communication
 - Cooperation
 - Integrity
 - Fiscal responsibility



John Nowakowski

Experience

18 years Knight AEP - Project Manager/Resident Engineer for Hwy & Special building construction for various governmental agencies including IDOT, Will County, Cook County, IL tollway system, META, DuPage County & USPS; 4 years URS Corporation - Project Manager Hwy Construction; 2 years AZ Dept of Transportation Flagstaff AZ; 10 years city of Flagstaff building assessment Program/helped refine & complete a building review & assessment program.

SC/Community Involvement

- Pickleball Player
- Racquetball Player
- Secretary of Brookview Condominiums Inc. COA

Goal

The Mission and Agreement between the RCSC and the Members is to provide services for the "benefit of the members." Over the years the Boards have established rules under which the members have less input. The Staff & Board have the fiduciary requirement to operate 7 golf courses and 11 other facilities at service levels which most of the members expect and relocated to Sun City for. It is my hope that across time the Members can regain their input levels and the Board will be willing to accept the changes just as the Members accepted the increased Board control.



Allan Lenefsky

Experience

40+ years legal career; Served as a State of California Administrative Law Judge; Deputy Attorney representing a County Government and Attorney Founder of a Private Law Practice; Adjunct Faculty Member of a University and Community Colleges; Chair of City of Imperial Planning Commission; Chair of City of Vistas Crime & Substance Abuse Prevention Commission; Executive Board Member of California Developmental Disabilities Board Area XIII; Vice President & Treasurer of California County Councils Association Mental Health Section; President Robinwood Condo Association

SC/Community Involvement

- SC Long Range Planning Committee
- Avid SC Golfer
- Avid SC Bowler
- Lifelong Learning Club Member
- Computer Club Member
- Member of numerous Dance Clubs

Goals

1. Maintaining and increasing the opportunities for recreation including indoor and outdoor activities throughout the year.
2. Strong and effective financial planning and management.
3. Keeping assessment fees low.
4. Keep all RCSC property in excellent condition.
5. Have a Strategic Plan with long and short-term goals with benchmarks to measure the progress for achieving them.
6. Improve RCSC Technology to be more state of the art.



Kat Fimmel

Experience

27+ years of contract and finance experience with the Department of Veterans Affairs; Served as a Certified Senior Contracting Officer at the Unlimited level authorized to acquire all types of products, and services (Construction, Architect-Engineer, IT hardware/software, maintenance agreements, etc.) Founding member of VA's Electronic Commerce Business Solutions Office

Master's in Public Administration from Central Michigan University

Bachelor's in Health Services Administration from Florida International University

Bachelor's in Political Science from Florida International University

Have lived in Sun City for 9 years

SC/Community Involvement

- Member of the Long-Range Planning Committee
- Member of the Technology Committee

Goals

1. To keep Sun City affordable, safe, and competitive in the marketplace.
2. To bring data-driven decision making to RCSC to strengthen the community today and for generations to come.

VOTE 2021

RCSC Board of Directors Election
Tuesday, December 14, 2021

Candidates in the 2021 RCSC
Board of Directors Election
for Three 3-year positions & one 1-year position
(Find more candidates on Page 5)

RCSC Web Portal Sign-Up Instructions

From the RCSC Web Portal, Cardholders can easily cast their ballot in the RCSC Board of Directors Elections in addition to making annual assessment payments, manage email subscriptions, view the current movie schedule, book and edit golf tee times and so much more!

Just follow these simple steps and you'll be on your way!

1. Notify Cardholder Services of your email address for your RCSC Cardholder number. Go to <https://login.suncityaz.org/AddEmail.aspx> to securely provide the necessary information to update your email address.
2. Go to www.suncityaz.org and click on Login (right side, top of page).
3. Welcome to the RCSC Web Portal page will display. There is a link from this page to general web portal information, including the Web Portal Instruction Manual.
4. First time users MUST click on the New User Password Retrieval link.
5. Enter your RCSC Cardholder number in the Username field. Your Member or Privilege Card number will always be your User Name (not able to change).
6. Click on "Send Password" and in a few minutes, check your email for your password. If you do not receive this email, contact Cardholder Services to confirm that the email address is on file and correct.
7. Return to the RCSC Web Portal Login page and enter both User Name (RCSC Cardholder number) and Password.

Now you're all set to start using the web portal, sign up for RCSC News Email Alerts and more!

Should you forget your password, simply go to the Portal Welcome page and click on "forgot your password?" and enter your User Name (RCSC Cardholder number) then click the Send Reset Link button. You will receive an email with a link to reset your password.

Garden Club of Sun City

Do you love gardening? Whether you're an expert, hobby gardener, beginner, or are new to Arizona and have no idea how to garden in the desert, this club is for you! Visit our website at gardenclubofsuncity.org.

Meetings are the first Tuesday each month (September through May) at 8:30am at Sundial. In addition to Club business, we have presentations by experts on fertilization, micro greens, rose care, gardening tips for vegetables (specifically for the desert), citrus care and more. Get answers to gardening questions. We are always having fun - attending classes, field trips and our "not to be beat" potlucks.



The club sponsors a Community Garden at 91st and Greenway Avenues, where members can rent a bed. Visit the Community Garden during an Open House on the 3rd Saturday of the month from 9 to 11 am. We also have a commercial grade greenhouse at our Grand Center location where we are starting flowers and vegetables and experimenting in hydroponics and orchids. If you love roses, the Club maintains the gorgeous Sun Bowl Rose Garden. Check it out!

Visit the office on Monday, Wednesday and Friday from 9am to noon or call 623-875-5921 for more information. Membership in the Garden Club of Sun City is open to RCSC Cardholders only.

Mah Jongg Club

Mah jongg is as fascinating as its name; a rummy-like game played with tiles instead of cards, based on an ancient Chinese game that takes you into a world - complete with the four directions of the wind, dragons, flowers, bamboos and Chinese characters.

Each player is competing against one, two or three other players. There are no partners. The idea of mah jongg is to make runs, sets of pairs and even- and odd-numbered combinations from the equivalent of three suits - but instead of clubs, diamonds, hearts and spades, these suits are Chinese characters, bamboo shoots and dots.

Regular play is every Tuesday, 11:30am to 4:00pm at Sundial West; every Thursday from 5:30 to 9:00pm and every Sunday from 11:30am to 4:00pm at Marinette Social Hall. Annual membership is \$5.00 for RCSC Cardholders. Invited guests of club members are also welcome for a fee of \$2.50 per day. For more information, call Sandy Ryan at 623-399-6337.

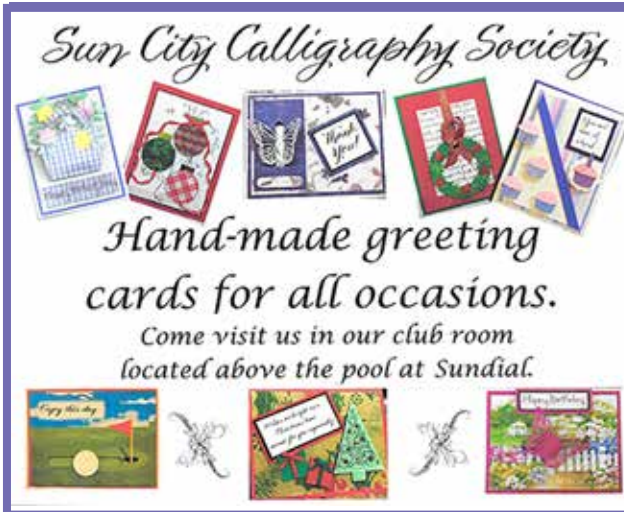
Classes will also be available in January. These will be offered for \$10 over three weeks on January 7, 14, and 21, from 1:00 to 4:00pm. For more information about the classes, contact Janis Stiewing, 623-261-2621.



Beginners and experienced players enjoy mah jongg. From l to r: Betty Rodgers, Pat Pourchez, Bob Adams and Pat Alleman

So Grand Exercise Club

Join us, SO GRAND EXERCISE CLUB, for a low-impact aerobics experience and get your day started right. Our club meets at 7:45am on Monday /Wednesday/Friday at the Fairway Center in the Arizona Rooms. The class lasts until approximately 9:00am and consists of standing stretching, followed by gentle aerobics and session of floor stretches. Please bring a yoga mat if you plan to participate in the floor stretch portion. Annual club dues are \$3.00 with no daily fee. All RCSC Cardholders are welcome to join our group. For more information, call 623-933-0214.



Come join the fun at the Sun City Calligraphy Society. We host an annual Open House in October in our Sundial club room. For 38 years, we have been dedicated to promoting the art of beautiful writing. General meetings are held the third Thursday of each month at 9:00am in our club room.

Classes are available in the Fall and Winter to learn different calligraphy styles from our experienced teach-

ers, including Modern Brush, Italic, Blackletter, Uncial, Foundational, Copperplate and Informal Pointed Pen. There are also many "fun-shops" held throughout the year, where you can learn how to make beautiful and unique greeting cards or learn new "tips and tricks" with your calligraphy. We have die-cutting and stamping equipment available for our members' use.

You can help others experience the joy of receiving a handmade card by joining in on our community project making "Love Cards" for our local nursing homes. Opportunities are also available to make cards to sell in our club boutique and at the Fall Arts & Crafts Festival. Our club room is open Monday and Friday from 1-3pm, and Thursdays and Fridays from 9-12pm to practice your writing, make Love Cards, or work on your own projects. If you would like to participate in any of our events, club membership is open to all RCSC Cardholders. For more info, call Trudy Bryson at (623) 594-6591.

Piano Club

There's so much that's new with the Piano Club. For the first time, we have year-round monthly music performances. This past summer's performances were enjoyed by all. Every month, you can listen to live piano music played in a variety of styles and genres at Sundial Auditorium. We meet at 9:30am. on the third Friday of the month. Next summer's performance day and time has yet to be determined. Another bonus, the board has decided to waive fees for 2022, so there is no cost to join!



We have a spacious new studio at Sundial with plenty of room for two grand pianos, a console piano, the classroom keyboards, and the donated sheet music library that is free to members. If you've never played on a grand piano, or you need somewhere to practice duets - this is the place. The space also gives us room for small groups and we have instituted "In the Studio," a monthly music lecture

which includes performances. The inaugural lecture covered the blues. Who knows what will happen next?

If you like live piano music, then you will love the Piano Club. It's as simple as that. People think that you must perform or play the piano, but that isn't true. Most members either don't play the piano or don't play for the club. They just listen and enjoy. If you do wish to learn to play or improve your playing, we offer affordable lessons from caring teachers.

Additionally, once a year, our club presents an evening concert entitled "An Evening to Remember," open to all. The variety of talent and variation of music contribute to an exciting and dynamic program. The next concert will be held Monday, January 24, 2022 at 7pm in the Sundial Auditorium. We hope you will join us.



Vintage Vehicles of Sun City is now open in the Grand Recreation Center. The beautiful new facility is the pride of the auto hobby enthusiast. With 8,000 sq. ft. inside plus outside work-space, we can accommodate many projects simultaneously. The shop has four 4-post lifts and a well-stocked tool room. A welding shop and clean room are also available for members to use.

Cars, trucks, tractors, motorcycles, golf carts, etc. That means antiques, classics, customs, hot rods, rat rods, daily drivers or whatever else you can think of for restoration, preservation, maintenance or modification.

Whether you're a professional or amateur, or perhaps you simply like to socialize and talk about cars with others we would love to have you join us. Vehicle shows, cruise-ins, tours, and charitable work are just a few of the interesting things we do. Someone is always willing to lend a hand or give advice when requested. How-to classes are held monthly. Membership/Participation is open to all RCSC Cardholders. Stop by the shop at 10411 W Grand Ave. for a tour. For more information visit the club's website at www.vintagevehiclesofsuncity.com or phone 602-609-0973. *NOTE: Stay tuned for details of the Grand Center Open House scheduled for Friday, January 14 starting at 10am that will include all clubs at this location.*



Rhythm Ramblers

The Rhythm Ramblers is a big band style dance band that rehearses every Tuesday from 1 to 3pm in the Fairway Music Room from 1-3pm. RCSC Cardholders are welcome to come and listen. The band puts on a Tea Dance the first Tuesday of every month in the Sundial Auditorium from 2:30 to 4:30pm, performing swing, line dance, waltzes, tango, and other styles. Singer Barry Dale croons tunes in the style of Frank Sinatra and other big band songsters. The band provides ice and cups, and dancers and listeners are welcome to bring their beverage of choice. The cost for each dance is \$5 per person for RCSC Cardholders and the guest fee is \$7. For more information, please call 623-322-4131.



AFTERNOON



Afternoon Bridge Clubs meet Wednesday and Thursday at Oakmont Center and Friday at Fairway Center. All play is from 12:30 pm until 4:30 pm. Everyone is encouraged to arrive by 12:15 pm. Annual dues are \$5 for each club plus .50 cents per day for prize money. Slams are rewarded and paid from the treasury. A partner is not required and you will be paired with another player when you arrive. We play contract bridge, 4 rounds of 6 hands each, changing partners after each round. Club membership is open to all RCSC Cardholders who have a basic knowledge of bridge. Visitors (those having an RCSC card) are welcome to play for \$1 each day with a maximum of 2 visits. Accompanied guests of Afternoon Bridge club members are welcome to play any time for a fee of \$3 per day. Visitors and guests will not displace members if there are too many players. Come for an afternoon of intellectual stimulation in a friendly environment. For more information, please call 623-249-9169 (Wednesday), 623-933-9671 (Thursday, Friday).

2022 Sundial Ticketed Concert Series

All Shows • Two Performances • 3pm & 7pm
Reserved Seating • Doors open 1 hour prior to shows

Tickets: \$20 for RCSC Cardholders/\$25 for Guests, non-Cardholders

Purchase at the Sundial Events & Entertainment Office or phone 623-561-4680
Visit <https://suncityaz.org/recreation/concerts/> for more information, full show descriptions & links



The Chicago Experience
Wednesday, January 5, 2022



December 63' Tribute to Frankie Valli
Wednesday, February 2, 2022



Blood, Sweat & Tears Tribute
Wednesday, February 23, 2022



Britain's Finest - The Complete Beatles Experience
Wednesday, March 16, 2022



Bobby Wilson, Son of Jackie Wilson
Wednesday, January 12, 2022



Rock Me Gently
Wednesday, February 9, 2022



The Broadway Concert Experience
Wednesday, March 2, 2022



One of These Nights Eagles Tribute
Wednesday, March 23, 2022



Aretha, The Queen of Soul
Wednesday, January 26, 2022



Manilow & Streisand
Wednesday, February 16, 2022



Linda Ronstadt starring Laura Berger
Wednesday, March 9, 2022



MJ DeJa vu Michael Jackson Tribute
Wednesday, March 30, 2022



BOOKS AROUND THE CORNER

SUN CITY LIBRARY at the BELL RECREATION CENTER



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OF DECEMBER
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- Children's books for the grandkids
- A cozy mystery for a cozy corner
- Large Print books for eye relievers
- Wishing HAPPY HOLIDAYS to all!



Water Conservation

Water Saving Tips Worth Repeating

Here are some great water saving tips for around your home that are worth repeating:

- On average, 10 gallons per day of your water footprint (or 14% of your indoor use) is lost to leaks. Short of installing new water-efficient fixtures, one of the easiest, most effective ways to cut your footprint is by repairing leaky faucets and toilets.
- If you use a low-flow showerhead, you can save 15 gallons of water during a 10-minute shower.
- Every time you shave minutes off your use of hot water, you also save energy and keep dollars in your pocket.
- It takes about 70 gallons of water to fill a bathtub, so showers are generally the more water-efficient way to bathe.
- All of those flushes can add up to nearly 20 gallons a day down the toilet. If you still have a standard toilet, which uses close to 3.5 gallons a flush, you can save by retrofitting or filling your tank with something that will displace some of that water, such as a brick.
- Most front-loading washing machines are energy- and water-efficient, using just over 20 gallons a load, while most top-loading machines, unless they are energy-efficient, use 40 gallons per load.
- Nearly 22% of indoor home water use comes from doing laundry. Save water by making sure to adjust the settings on your machine to the proper load size.
- Dishwashing is a relatively small part of your water footprint—less than 2% of indoor use—but there are always ways to conserve. Using a machine is actually more water efficient than hand washing, especially if you run full loads.
- Energy Star dishwashers use about 4 gallons of water per load, and even standard machines use only about 6 gallons. Hand washing generally uses about 20 gallons of water each time.



Performing Arts Clubs Share Holiday Performances

- Sun City Women's Chorus Winter Concert - Sunday, December 5, 2021 at 2pm in the Sundial Auditorium. Tickets: \$5 from any chorus member or at the door. Previously purchased tickets will be honored.
- Sun City Concert Band Christmas Concert - Sunday, December 12, 2021 at 1pm in the Sundial Auditorium. Free for RCSC Cardholders and guests.
- Handbells for the Holidays presented by the Sun City Handbell Ringers on Sunday, December 12, 2021 at 3pm in the Fairway Music Room. All are welcome!
- Piano Club presents Sounds of the Season - Friday, December 17, 2021 at 9:30am in the Sundial Auditorium. All RCSC Cardholders & guests are welcome.

Looking for work? RCSC is looking for YOU!

Are you looking for a job working for a GREAT company with GREAT people? Positions are available at RCSC recreation centers and golf courses.

Learn how to apply, locations of available positions with job descriptions, and hourly pay rate at the link below. Please direct all questions regarding employment to the RCSC Human Resources Department online at:

<https://suncityaz.org/rcsc/employment/>

Tips from Get Fit for Life

Four Cardio Machine Myths

“The old saying goes, What You Don’t Know Can’t Hurt You. But that saying is a bit misleading when it comes to cardio machines,” states Jane Fortier, fitness specialist for Get Fit for Life. “What you don’t know about the treadmill, elliptical, rowing machine or stationary bike may not cause physical pain, but it may significantly hamper fitness and weight-loss goals. It’s time to set the cardio-machine record straight! Beware of the following myths.”

Myth #1: The Fat-Burning Program Helps You Burn More Fat and Lose Weight

The fat-burning program is designed to keep your heart rate low. Research shows that working at a lower heart rate burns a higher percentage of fat. But the amount of fat burned will be minimal. Because the intensity level is less, the calorie burn is less. A 30-minute fat-burn program might consume 200 calories. While a more intense workout could burn 300+ calories. When it comes to weight loss, it’s all about calories-in vs. calories-out. So don’t be fooled by alluring programs. The harder you work on a cardio machine, the more calories you burn. It might be smarter to use the Manual Mode, and control the speed of the belt and the level of incline yourself. This allows you the ability to challenge yourself, if a predesigned program isn’t getting the job done. Action tip: Add intervals. Interval workouts, created by you or a trainer, will always give the most bang for your calorie-burning buck.

Myth #2: The Calories Burned Displayed on Machine is Important to Workout Results

It’s exciting to see the number of calories-burned after a workout. But that number is never accurate, and usually inflated. Even when a machine allows you to enter your gender, weight and age, your estimate of calories burned could be off by 10s or 100s. The majority of cardio machine manufacturers test their equipment with muscular individuals who are in excellent shape. Because of this, the estimated calorie burn that is programmed into the machine is not realistic for the average person. Just remember that the harder you work, the more calories you will burn, in the moment. If you spend a fourth of your aerobic time at the 85th percentile of your heartrate, or above, you will experience EPOC after the workout, thus burning more calories later. Action tip: Be cautious about calories burned. Invest in a good heart rate monitor that estimates calories burned based on your actual workout intensity

Myth #3: Running or Walking on the Treadmill is as Good as Being Outside

Treadmills allow you to run or walk at a variety of paces and inclines, while avoiding nasty weather. The treadmill, however, does not challenge the body as much as being outside. The motion of the treadmill belt can slightly help pull feet back, thereby allowing a stride to shorten. That shortened stride could use less energy, which means fewer calories burned. With no added incline, the treadmill is totally flat or slightly declined, which might make things easier than walking outdoors. The advantage, however, is your pace may stay more consistent on the treadmill, and there is no slowing for traffic, curbs and stop lights. Action tip: Change things up. Occasionally trade your indoor workout for a power walk or jog outside. Or add an incline to your treadmill to help offset the momentum of that treadmill belt. The incline will help to elevate heartrate, thus improving aerobic capacity.

Myth #4: Rely on the Heart Rate Display

Heartrate information is great to monitor, but it may not always be accurate on a machine. The reading is taken from your fingertips and hands! Pulse rates are generally not as strong or accurate, when measured from the hands. The displays rely on sporadic data, which is only available when you hold on to the console or handles. Sensors may be worn out and need replacement. If an individual takes Beta Blockers, the heart rate information from a machine will be skewed. Action tip: Listen to your body. Use the Rate of Perceived Exertion or the Talk Test to measure your exercise intensity. After all, you know yourself best—and that’s no myth!

Get Fit for Life personal trainers are available in all Sun City Fitness Centers and are experts at giving guidance with Cardio Workouts. They create exercise programs based on needs, goals and medical issues. To find out more about Personal Training Services, call 623-696-6820 or visit Get Fit for Life Sun City on Facebook. Gift Certificates are available for Holiday giving.

MONITORED ACTIVITIES

Basketball	Minimum Age: 8	Pickleball	Minimum Age: 8
Marinette Center	M-Sa: 6a-8p; Su: 8a-8p	Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Billiard Tables	Minimum Age: 14	Mountain View: Outdoor	M-Sa: 6a-7p; Su 8a-7p
Bell Lanes	M-Sa: 8a-9p; Su: Noon-8p	Racquetball/Whisperball	Minimum Age: 8
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p	Bell Center Courts A & B	M-Sa: 6a-9p; Su: 8a-8p;
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p	Shuffleboard	Minimum Age: 8
Bingo	Minimum Age: 18	Bell Lanes: Indoor	M-Sa: 8a-8p; Su: Noon-7p
Sundial Center	Thursdays: Doors Open 4:30p; Bingo 6:15p \$9 all 18 games w/3 special games Everyone welcome.	Lakeview: Outdoor	M-Sa: 6a-7p; Su 8a-7p
Boating/ Fishing	Minimum Age: 6/NA	Spas	Minimum Age: 16/18*
Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p (or Dusk)	Bell Center - 18+ only*	M-Sa: 5a-9p; Su: 8a-8p
Bocce Courts	Minimum Age: 8	Fairway Center	M-Sa: 5a-9p; Su: 8a-8p
Sundial Center	M-Sa: 6a-9p; Su: 8a-8p	Lakeview Center	M-Sa: 6a-7p; Su: 8a-7p
Bowling Lanes	Minimum Age: 4	Marinette Center	M-Sa: 6a-9p; Su: 8a-8p
Bell Lanes	M-Sa 8a-9p; Su 12-8p	Mountain View Center	M-Sa: 6a-7p; Su: 8a-7p
Lakeview Lanes	M-Sa: 8a-8p; Su: Noon-6p	Oakmont Center	M-Sa: 6a-7p; Su 8a-7p
Dog Parks	Minimum Age: NA	Sundial Center - 18+ only*	M-Sa: 6a-9p; Su: 8a-8p
Duffeeland	October - April: 7am-6pm Closed last Wed/month for Maintenance	Swimming Pools - Open Swim Hours	
Darts	Minimum Age: 8	Bell Center - 18+ only	Minimum Age: 18
Bell Center	M-Sa: 8a-9p; Su: Noon-7p	Lap Pool: M-Sa: 5a-9p; Su 8a-8p; Closed for Club/Class: M-F 7-9a	
Fitness Centers	Minimum Age: 14*	Walking Pool: M-Sa: 5a-9p; Su 8a-8p	
Bell Center - 18+ only*	M-Sa: 5a-9p; Su: 8a-8p	Fairway Center	Minimum Age: 16
Fairway Center	M-Sa: 5a-9p; Su: 8a-8p	Lap Pool: M-Sa: 5a-9p; Su 8a-8p	
Lakeview Center	M-Sa: 6a-7p; Su 8a-7p	Walking Pool: M-Sa: 5a-9p; Su 8a-8p	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Lakeview Center	Minimum Age: 4-15*/16
Mountain View Center	M-Sa: 6a-7p; Su 8a-7p	M-Sa: 6a-7p; Su 8a-7p; Closed for Club/Class: W 8-10a	
Oakmont Center	M-Sa: 6a-7p; Su 8a-7p	Children's Pool Hours - Ages 4-15 yrs: Daily 4p-Close*	
Sundial Center - 18+ only*	M-Sa: 6a-9p; Su: 8a-8p	Marinette Center	Minimum Age: 4-15*/16
Horseshoe Courts	Minimum Age: 12	M-Sa: 6a-9p, Su: 8a-8p; Closed for Club/Class: Tu, F 9-10a thru 12/17	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Children's Pool Hours - Ages 4-15 yrs Daily 1-4p*	
Mountain View Center	M-Sa: 6a-7p; Su 8a-7p	Mountain View Center	Minimum Age: 4-15*/16
Jogging / Walking Track		M-Sa: 6a-7p; Su 8a-7p; Closed Club/Class: M, Th 9-10a thru 12/17	
Indoor	Minimum Age: 14	Children's Pool Hours for Ages 4-15 yrs - Daily 10a-1p*	
Fairway Center	M-Sa 5a-9p; Su: 8a-8p	Oakmont Center	Minimum Age: 16
Sundial Center	M-Sa only: 6a-8a	M-Sa: 6a-7p; Su 8a-7p	
Outdoor	Minimum Age: 8	Closed for Club: Every Su M W F 12-3p; Spa, Swim Lanes remain open	
Marinette Center	M-Sa: 6a-9p; Su: 8a-8p	Closed for Class: M Tu Th F 9-10a thru 12/17, Swim Lanes closed	
Sun Bowl	Dawn to Dusk	Sundial Center - 18+ only	Minimum Age: 18
Library (602) 652-3000	Call to confirm hours	Large Pool: M-Sa: 6a-9p; Su: 8a-8p; Closed for Class: M Tu, Th F 8-9a thru 12/17; W 8-10am for Swim Lessons Nov-Mar	
Bell Center	M: 9a-7p; Tu-Sa: 9a-5p	Warm Water Pool: M-Sa: 6a-9p; Su 8a-8p; Closed for Class: T/Th 12-2p; Closed for Class M Tu, Th F 10a-12p, 4:30-6:30p thru 12/17	
Fairway Center	M-F 9a-4p; Sat 8a-12p	Table Tennis	Minimum Age: 8
Mini Golf	Minimum Age: 6	Bell Center: M-Sa: 6a-9p; Su: 8a-8p;	
Bell Center	M-Sa: 6a-9p; Su: 8a-8p	Closed for Club Activity: M W F: 10a-3p; Tu & Sa: 10a-12p	
Lakeview Center	M-Sa: 6a-7p; Su 8a-7p	Tennis	Minimum Age: 8
Mountain View Center	M-Sa: 6a-7p; Su 8a-7p	Bell Center: 623-977-3325 M-Sa: 6a-9p; Su: 8a-8p	
Sundial Center	M-Sa: 6a-9p; Su: 8a-8p	Lakeview Center: 623-561-4676 M-Sa: 6a-7p; Su 8a-7p	

Strength Machine Demonstrations

** Wednesdays in December @ 11:30am **

12/1 @ Bell w/ Dick; 12/8 @ Marinette w/ Dick; 12/15 @ Fairway w/ Jane
Space is limited; advanced sign-up at front/welcome desk at each specific center is required.

Member Fitness & Massage Services

Show your support for these local services; schedule an appointment today!



Fitness Training
623-696-6820

Personal Training Sessions
are available at all
RCSC Fitness Centers

Massage Services

Fairway Center
Laura Moore
623-201-0378
latouchwellness@
massagetherapy.com



Bell Center
Lisa McCoy
623-210-2707
Massage by Julie
602-689-0802